

Torsdag 10. juli 2008 kl 09.00

Øvelse 1. 400m individuell medley, damer - Direkte finale – Foreløpig før siste heat

Junior

1	Andrea Hestdal	94	Åstveit SK	5.23,84	618
	34,24(34,24)	1.13,81(39,57)	1.56,56(42,75)	2.38,56(42,00)	
	3.22,82(44,26)	4.08,92(46,10)	4.47,47(38,55)	5.23,84(36,37)	
2	Jacqueline Knutsson	93	Kongstensvømmerne	5.27,26	599
	33,93(33,93)	1.14,02(40,09)	1.57,38(43,36)	2.39,12(41,74)	
	3.24,65(45,53)	4.12,60(47,95)	4.51,21(38,61)	5.27,26(36,05)	
3	Victoria T. Solberg	89	Horten/NTG	5.28,22	594
	33,93(33,93)	1.15,92(41,99)	1.58,48(42,56)	2.40,13(41,65)	
	3.27,03(46,90)	4.15,98(48,95)	4.52,14(36,16)	5.28,22(36,08)	
4	Terese Langlo	89	Skjetten Svømming	5.30,35	583
	35,17(35,17)	1.16,27(41,10)	1.58,88(42,61)	2.41,03(42,15)	
	3.26,95(45,92)	4.14,77(47,82)	4.52,46(37,69)	5.30,35(37,89)	
5	Lise Sand Syversen	95	Delfana	5.31,28	578
	33,39(33,39)	1.12,72(39,33)	1.56,11(43,39)	2.39,33(43,22)	
	3.27,09(47,76)	4.18,37(51,28)	4.56,41(38,04)	5.31,28(34,87)	
6	Thea Pedersen	91	Moss SK	5.31,77	575
	35,18(35,18)	1.15,41(40,23)	1.59,15(43,74)	2.40,60(41,45)	
	3.28,94(48,34)	4.18,18(49,24)	4.55,65(37,47)	5.31,77(36,12)	
7	Susann Bjørnsen	93	Setermoen SK	5.32,86	569
	36,18(36,18)	1.16,59(40,41)	2.00,74(44,15)	2.43,22(42,48)	
	3.31,28(48,06)	4.20,00(48,72)	4.57,09(37,09)	5.32,86(35,77)	
8	Andrea Haugstad	92	Vestkantsvømmerne	5.33,94	564
	34,18(34,18)	1.13,89(39,71)	1.58,47(44,58)	2.42,51(44,04)	
	3.30,11(47,60)	4.18,81(48,70)	4.56,49(37,68)	5.33,94(37,45)	
9	Katrine Ekstang	92	Setermoen SK	5.36,45	551
	34,19(34,19)	1.11,59(37,40)	1.57,65(46,06)	2.43,07(45,42)	
	3.32,09(49,02)	4.21,59(49,50)	5.00,60(39,01)	5.36,45(35,85)	
10	Ingse Bergh Monsen	92	Bergens SC	5.39,34	537
	35,15(35,15)	1.14,94(39,79)	1.58,68(43,74)	2.41,83(43,15)	
	3.32,17(50,34)	4.21,33(49,16)	5.01,17(39,84)	5.39,34(38,17)	
11	Stine Lise Stenseth	94	Øvre Eiker SK	5.39,63	536
	35,38(35,38)	1.18,36(42,98)	2.02,38(44,02)	2.45,82(43,44)	
	3.32,11(46,29)	4.20,92(48,81)	5.00,81(39,89)	5.39,63(38,82)	

Senior

1	Andrea Hestdal	94	Åstveit SK	5.23,84	618
	34,24(34,24)	1.13,81(39,57)	1.56,56(42,75)	2.38,56(42,00)	
	3.22,82(44,26)	4.08,92(46,10)	4.47,47(38,55)	5.23,84(36,37)	
2	Jacqueline Knutsson	93	Kongstensvømmerne	5.27,26	599
	33,93(33,93)	1.14,02(40,09)	1.57,38(43,36)	2.39,12(41,74)	
	3.24,65(45,53)	4.12,60(47,95)	4.51,21(38,61)	5.27,26(36,05)	
3	Victoria T. Solberg	89	Horten/NTG	5.28,22	594
	33,93(33,93)	1.15,92(41,99)	1.58,48(42,56)	2.40,13(41,65)	
	3.27,03(46,90)	4.15,98(48,95)	4.52,14(36,16)	5.28,22(36,08)	
4	Terese Langlo	89	Skjetten Svømming	5.30,35	583
	35,17(35,17)	1.16,27(41,10)	1.58,88(42,61)	2.41,03(42,15)	
	3.26,95(45,92)	4.14,77(47,82)	4.52,46(37,69)	5.30,35(37,89)	
5	Lise Sand Syversen	95	Delfana	5.31,28	578
	33,39(33,39)	1.12,72(39,33)	1.56,11(43,39)	2.39,33(43,22)	
	3.27,09(47,76)	4.18,37(51,28)	4.56,41(38,04)	5.31,28(34,87)	
6	Thea Pedersen	91	Moss SK	5.31,77	575
	35,18(35,18)	1.15,41(40,23)	1.59,15(43,74)	2.40,60(41,45)	
	3.28,94(48,34)	4.18,18(49,24)	4.55,65(37,47)	5.31,77(36,12)	
7	Susann Bjørnsen	93	Setermoen SK	5.32,86	569
	36,18(36,18)	1.16,59(40,41)	2.00,74(44,15)	2.43,22(42,48)	
	3.31,28(48,06)	4.20,00(48,72)	4.57,09(37,09)	5.32,86(35,77)	
8	Andrea Haugstad	92	Vestkantsvømmerne	5.33,94	564
	34,18(34,18)	1.13,89(39,71)	1.58,47(44,58)	2.42,51(44,04)	
	3.30,11(47,60)	4.18,81(48,70)	4.56,49(37,68)	5.33,94(37,45)	

9	Katrine Ekstang	92	Setermoen SK	5.36,45	551
	34,19(34,19)	1.11,59(37,40)	1.57,65(46,06)	2.43,07(45,42)	
	3.32,09(49,02)	4.21,59(49,50)	5.00,60(39,01)	5.36,45(35,85)	
10	Ingse Bergh Mosen	92	Bergens SC	5.39,34	537
	35,15(35,15)	1.14,94(39,79)	1.58,68(43,74)	2.41,83(43,15)	
	3.32,17(50,34)	4.21,33(49,16)	5.01,17(39,84)	5.39,34(38,17)	
11	Stine Lise Stenseth	94	Øvre Eiker SK	5.39,63	536
	35,38(35,38)	1.18,36(42,98)	2.02,38(44,02)	2.45,82(43,44)	
	3.32,11(46,29)	4.20,92(48,81)	5.00,81(39,89)	5.39,63(38,82)	

Øvelse 2. 400m fri, herrer - Forsøk**Sponsor: Elverum Sport Bilsalg****Senior**

1	Robert Aronsen	86	Bærumsvømmerne	4.13,64	690
	28,47(28,47)	59,32(30,85)	1.31,50(32,18)	2.03,99(32,49)	
	2.36,80(32,81)	3.09,55(32,75)	3.42,22(32,67)	4.13,64(31,42)	
2	Magnus Bru	87	Asker SK	4.20,75	635
	30,18(30,18)	1.02,30(32,12)	1.35,24(32,94)	2.08,19(32,95)	
	2.41,34(33,15)	3.15,09(33,75)	3.48,48(33,39)	4.20,75(32,27)	

Junior

1	Stian Werner Erichsen	90	Bærumsvømmerne	4.10,10	720
	28,93(28,93)	1.00,16(31,23)	1.32,69(32,53)	2.05,00(32,31)	
	2.36,87(31,87)	3.08,99(32,12)	3.40,36(31,37)	4.10,10(29,74)	
2	Tor Hafnor	91	Bærumsvømmerne	4.11,79	705
	28,77(28,77)	1.00,38(31,61)	1.31,95(31,57)	2.04,83(32,88)	
	2.36,81(31,98)	3.08,62(31,81)	3.39,96(31,34)	4.11,79(31,83)	
3	Christer Koch Kvam	90	Bærum/NTG	4.13,41	692
	28,19(28,19)	59,52(31,33)	1.31,54(32,02)	2.03,79(32,25)	
	2.35,92(32,13)	3.08,81(32,89)	3.40,79(31,98)	4.13,41(32,62)	
4	Jørn Nygård	92	Stavanger SC	4.15,78	673
		1.00,43(1.00,43)	1.31,79(31,36)	2.04,29(32,50)	
	2.37,12(32,83)	3.10,47(33,35)	3.43,93(33,46)	4.15,78(31,85)	
5	Mikkel Tørud Lang	90	Ullensakersv	4.15,87	672
	29,79(29,79)	1.01,05(31,26)	1.33,70(32,65)	2.06,39(32,69)	
	2.39,38(32,99)	3.12,00(32,62)	3.44,83(32,83)	4.15,87(31,04)	
6	Zoltan Csernai	93	Åstveit SK	4.18,66	651
	28,32(28,32)	1.00,44(32,12)	1.33,60(33,16)	2.07,33(33,73)	
	2.40,15(32,82)	3.13,30(33,15)	3.46,75(33,45)	4.18,66(31,91)	
7	Elias Damman	89	Bærum/NTG	4.19,39	645
	29,32(29,32)	1.01,02(31,70)	1.33,66(32,64)	2.06,98(33,32)	
	2.40,44(33,46)	3.14,34(33,90)	3.47,79(33,45)	4.19,39(31,60)	
8	Sindre Nilo	90	Sandefjord SK/NTG	4.21,21	632
	29,17(29,17)	1.01,25(32,08)	1.33,69(32,44)	2.06,77(33,08)	
	2.39,34(32,57)	3.13,12(33,78)	3.47,39(34,27)	4.21,21(33,82)	
9	Eivind Johannesen	92	Åstveit SK	4.21,39	631
	29,53(29,53)	1.01,49(31,96)	1.34,32(32,83)	2.08,19(33,87)	
	2.41,43(33,24)	3.15,39(33,96)	3.48,63(33,24)	4.21,39(32,76)	
10	Ole Martin Ree	92	TS/Sola SK	4.21,66	629
	28,84(28,84)	1.00,24(31,40)	1.32,90(32,66)	2.06,33(33,43)	
	2.40,45(34,12)	3.14,30(33,85)	3.48,03(33,73)	4.21,66(33,63)	
11	Daniel Berenett	91	IL Varg/NTG	4.21,86	627
	29,21(29,21)	1.01,29(32,08)	1.33,98(32,69)	2.07,41(33,43)	
	2.40,32(32,91)	3.14,45(34,13)	3.48,29(33,84)	4.21,86(33,57)	
12	Henning S. Pryde	92	Stavanger SC	4.23,31	617
	30,71(30,71)	1.03,32(32,61)	1.36,88(33,56)	2.10,57(33,69)	
	2.44,28(33,71)	3.18,37(34,09)	3.52,07(33,70)	4.23,31(31,24)	
13	Mikael Bergene	91	Lambertseter SK	4.23,96	612
	28,32(28,32)	59,98(31,66)	1.32,76(32,78)	2.06,49(33,73)	
	2.40,56(34,07)	3.15,02(34,46)	3.49,51(34,49)	4.23,96(34,45)	
14	Odin Spangen Normann	92	IL Varg	4.24,65	607
	29,20(29,20)	1.01,54(32,34)	1.34,90(33,36)	2.09,02(34,12)	
	2.42,92(33,90)	3.17,21(34,29)	3.51,79(34,58)	4.24,65(32,86)	

15	Gunnar V. Skirbekk	91	Elverum Svømming	4.24,68	607
	30,10(30,10)	1.03,03(32,93)	1.37,21(34,18)	2.11,33(34,12)	
	2.45,30(33,97)	3.18,91(33,61)	3.52,17(33,26)	4.24,68(32,51)	
16	Kristoffer D. Birkeland	94	Florø SLK	4.30,43	569
	30,51(30,51)	1.03,70(33,19)	1.38,36(34,66)	2.12,45(34,09)	
	2.47,61(35,16)	3.22,19(34,58)	3.56,86(34,67)	4.30,43(33,57)	
17	Sigvart Evjen	91	Vestbyen IL	4.30,89	566
	29,84(29,84)	1.02,90(33,06)	1.36,57(33,67)	2.10,80(34,23)	
	2.45,15(34,35)	3.20,16(35,01)	3.56,17(36,01)	4.30,89(34,72)	
18	Øyvind Gevelt	91	Øvre Eiker SK	4.31,13	565
	30,38(30,38)	1.04,30(33,92)	1.38,65(34,35)	2.13,49(34,84)	
	2.47,04(33,55)	3.21,69(34,65)	3.57,07(35,38)	4.31,13(34,06)	
19	Hans Andre Pedersen	92	Sandefjord SK	4.31,88	560
	30,25(30,25)	1.03,69(33,44)	1.37,88(34,19)	2.12,84(34,96)	
	2.48,04(35,20)	3.23,48(35,44)	3.59,03(35,55)	4.31,88(32,85)	
20	Vegard Løvberg	91	Bærumsvømmerne	4.32,13	559
	29,47(29,47)	1.01,89(32,42)	1.35,38(33,49)	2.09,75(34,37)	
	2.44,59(34,84)	3.20,33(35,74)	3.56,94(36,61)	4.32,13(35,19)	
21	Martin Hammer	93	Kongstensvømmerne	4.36,06	535
	29,76(29,76)	1.02,84(33,08)	1.36,72(33,88)	2.11,64(34,92)	
	2.46,59(34,95)	3.22,84(36,25)	3.59,50(36,66)	4.36,06(36,56)	
	Espen Halhjem	92	Delfana	BRUTT	

Funksjonshemmede

1	Stian I Helgeland	86	Skjetten Svømming	5.45,14	274	S6	118,41 %
	39,50(39,50)	1.23,15(43,65)	2.06,75(43,60)	2.50,71(43,96)			
	3.34,19(43,48)	4.18,60(44,41)	5.02,37(43,77)	5.45,14(42,77)			
2	Jørgen Tadvin	83	Kolbotn IL	6.08,95	224	S6	126,57 %
	40,45(40,45)	1.25,77(45,32)	2.12,90(47,13)	2.59,18(46,28)			
	3.45,93(46,75)	4.34,57(48,64)	5.22,63(48,06)	6.08,95(46,32)			

Øvelse 3. 100m bryst, damer - Forsøk

Sponsor: Elverum Sport Bilsalg

Senior

1	Anne-Mari Gulbrandsen	84	Bærumsvømmerne	1.11,97	817
	34,32(34,32)	1.11,97(37,65)			
2	Henriette Martinsen	85	Trondheim SLK	1.13,17	778
	34,01(34,01)	1.13,17(39,16)			
3	Mari Ask Rasmussen	86	TS/Stavanger VPK	1.13,50	767
	34,29(34,29)	1.13,50(39,21)			
4	Katharina Stiberg	88	Bjerkvik SK	1.13,88	755
	34,82(34,82)	1.13,88(39,06)			
5	Sara Nordenstam	83	Lambertseter SK	1.14,13	748
	35,15(35,15)	1.14,13(38,98)			
6	Celinn Daviknes	86	BS/Delfana	1.16,09	691
	35,71(35,71)	1.16,09(40,38)			

Junior

1	Trine Austrøne Olsen	90	Fauske SK	1.15,02	721
	35,88(35,88)	1.15,02(39,14)			
2	Iselin Meisler	90	Tverlandet IL	1.15,80	699
	35,96(35,96)	1.15,80(39,84)			
3	Ine Charlotte Hagen	89	Lørenskog/Rælingen	1.15,90	697
	35,69(35,69)	1.15,90(40,21)			
4	Karoline Bergene	89	Lambertseter SK	1.16,62	677
	35,21(35,21)	1.16,62(41,41)			

5	Stina Kajsa Colleou 36,80(36,80)	93	Lambertseter SK	1.16,69	675
6	Bitte Fagermo 36,89(36,89)	93	Narvik SK	1.17,37	658
7	Maria Farestvedt 36,58(36,58)	90	BS/Åstveit	1.17,38	657
8	Mari Singstad 36,42(36,42)	91	Vestbyen IL	1.17,59	652
9	Lene Lykke Erichsen 36,16(36,16)	92	Bærumsvømmerne	1.17,66	650
10	Karin Ekholt 36,56(36,56)	89	Bærumsvømmerne	1.18,25	636
11	Luna Elisabeth Sjøgaard 36,92(36,92)	94	Lambertseter SK	1.18,66	626
12	Katrine Jensen 37,41(37,41)	92	Åstveit SK	1.18,70	625
13	Sophia Broberg Skeltved 36,95(36,95)	92	Tromsø SK	1.18,81	622
14	Stine Vindenes 37,15(37,15)	93	Vestkantsvømmerne	1.19,45	607
15	Tonje Stæhr Petersen 37,05(37,05)	93	Moss SK	1.19,78	600
16	Maren Kristine Jansen 36,97(36,97)	90	TS/Randaberg	1.19,88	598
17	Benedicte Kausland 37,74(37,74)	92	Vestkantsvømmerne	1.19,98	595
18	Pia Cornelia Braarud 37,32(37,32)	93	Lambertseter SK	1.20,54	583
19	Maren Teige 37,19(37,19)	90	Bergens SLK	1.20,75	578
20	Siren Bergslid 38,27(38,27)	93	Stavanger SC	1.21,02	573
21	Andrea Hestdal 39,16(39,16)	94	Åstveit SK	1.21,13	570
22	Stine Tveit 38,41(38,41)	93	Trondheim SLK	1.21,37	565
23	Hege Omdal 37,96(37,96)	89	Kristiansand SA	1.22,05	551
	Siri Eva Kristiansen	93	Asker SK	BRUTT	

Funksjonshemmede

1	Marianne Mæland 58,09(58,09)	86	Vågsbygd SLK	2.04,46	158	SB6	123,44 %
2	Hanne Farestvedt 48,59(48,59)	93	Åstveit SK	1.42,87	280	SB14	126,13 %
3	Tonje Immerstein 48,04(48,04)	89	Sandnes SLK	1.41,18	294	SB9	131,52 %
4	Anne Ask Rasmussen 48,54(48,54)	89	TS/Madla SK	1.43,70	273	SB9	134,8 %

Øvelse 4. 100m butterfly, herrer - Forsøk**Sponsor: Sperre Støperi, Elverum****Senior**

1	Jørgen Møllerop	88	TS/Madla SK	58,08	727
	26,89(26,89)	58,08(31,19)			
2	Alexander Broberg Skeltved	87	Vestkantsvømmerne	58,33	718
	26,85(26,85)	58,33(31,48)			
3	Alexander Hetland	82	Bærumsvømmerne	58,52	711
	27,13(27,13)	58,52(31,39)			
4	Bjørnar Gaasvik	79	IL Varg	59,14	689
	27,72(27,72)	59,14(31,42)			
5	Øystein Gaasvik	82	Vestbyen IL	59,19	687
	27,49(27,49)	59,19(31,70)			
6	Robin Palm	88	Sarpsborg IL	59,82	665
	28,26(28,26)	59,82(31,56)			
7	Thor Kristian Østenå Larsen	86	Bergens SC	1.02,42	586
	28,27(28,27)	1.02,42(34,15)			

Junior

1	Øystein R. Hetland	89	Bærum/NTG	57,51	749
	26,27(26,27)	57,51(31,24)			
2	Sindri T. Jakobsson	91	BS/Delfana	58,14	725
	27,05(27,05)	58,14(31,09)			
3	Stian S. Langeland	89	Bergens SC	58,37	716
	27,24(27,24)	58,37(31,13)			
4	Christer Koch Kvam	90	Bærum/NTG	58,77	702
	27,58(27,58)	58,77(31,19)			
5	Tor Hafnor	91	Bærumsvømmerne	1.00,24	652
	28,23(28,23)	1.00,24(32,01)			
6	Stian Andreas Evja	90	Lambertseter SK	1.00,32	649
	28,34(28,34)	1.00,32(31,98)			
7	Sebastian Stordal	91	BS/Delfana	1.00,48	644
	28,03(28,03)	1.00,48(32,45)			
8	Ole Martin Ree	92	TS/Sola SK	1.00,89	631
	28,01(28,01)	1.00,89(32,88)			
9	Alexander B. Havre	90	Mandal SK	1.00,98	628
	27,69(27,69)	1.00,98(33,29)			
10	Martin P. Sletbakken	92	Sortland SLK	1.01,93	600
	28,35(28,35)	1.01,93(33,58)			
11	Lavrans Veierø Solli	92	Bergens SC	1.02,05	596
	28,54(28,54)	1.02,05(33,51)			
11	Carl Andreas Wathne	91	Asker SK	1.02,05	596
	28,61(28,61)	1.02,05(33,44)			
13	Sindre Eilertsen	90	Lambertseter SK	1.02,45	585
	28,43(28,43)	1.02,45(34,02)			
14	Marius Lund	91	Tromsø SK	1.02,53	583
	28,29(28,29)	1.02,53(34,24)			
15	Jan Aleksander Bakke	91	Asker SK	1.02,54	582
	29,38(29,38)	1.02,54(33,16)			
16	Jan-Tore Jessen Eikrem	91	IL Varg	1.03,34	561
	28,76(28,76)	1.03,34(34,58)			
17	Preben Robstad	93	Vågsbygd SLK	1.03,51	556
	28,58(28,58)	1.03,51(34,93)			
18	Geir T. Kristiansen	90	Larvik SK	1.03,53	555
	28,53(28,53)	1.03,53(35,00)			
19	Markus Jonassen	92	Setermoen SK	1.04,40	533
	30,49(30,49)	1.04,40(33,91)			
19	Aksel B. Lindhjem	91	Larvik SK	1.04,40	533
	28,81(28,81)	1.04,40(35,59)			
21	Sindre Mowatt Gruben	92	Bergens SC	1.04,51	531
	28,89(28,89)	1.04,51(35,62)			

22	Erlend Ulveseter 28,68(28,68)	92	Åstveit SK	1.04,63	528
23	Kjetil Berg 29,67(29,67)	91	Vennesla SK	1.04,75	525
24	Jon Erik Sønning 29,35(29,35)	91	Oslo IL	1.05,32	511
	Christian Juvik	93	Stavanger SC	DISK	

Funksjonshemmede

1	Jørgen Tadvin 46,01(46,01)	83	Kolbotn IL	1.40,11	142 S6	131,65 %
				1.40,11(54,10)		

Øvelse 5. 200m fri, damer - Forsøk

Sponsor: Veksthuset rekruttering AS, Elverum

Senior

1	Henriette Brekke 29,31(29,31)	88	Vestkantsvømmerne	2.07,61	777
				2.07,61(32,76)	
2	Elisabeth Jarland 30,31(30,31)	85	Bærumsvømmerne	2.07,69	776
				2.07,69(32,20)	
3	Ingvild Snildal 29,86(29,86)	88	Asker SK	2.08,05	769
				2.08,05(32,79)	
4	Siri Løvold Magnussen 30,72(30,72)	86	Hamar IL	2.11,21	715
				2.11,21(33,52)	
5	Lauren Fuyssoux 30,22(30,22)	85	Team Stavanger	2.11,82	705
				2.11,82(35,30)	
6	Monica Finnøy 30,80(30,80)	88	BS/Bergen SLK	2.14,38	666
				2.14,38(35,36)	
7	Ellen Magnussen 32,00(32,00)	84	Sarpsborg IL	2.17,66	619
				2.17,66(35,10)	
8	Monica Martinsen 31,92(31,92)	83	Trondheim SLK	2.19,43	596
				2.19,43(35,65)	

Junior

1	Monica W. Johannessen 30,37(30,37)	90	Karmøy SK	2.05,92	809
				2.05,92(31,36)	
2	Cecilie W. Johannessen 29,62(29,62)	90	Karmøy SK	2.07,01	788
				2.07,01(31,96)	
3	Elise Utne 29,80(29,80)	89	Narvik SK	2.07,02	788
				2.07,02(32,38)	
4	Victoria S. Løken 29,68(29,68)	91	Team Stavanger	2.08,59	760
				2.08,59(33,78)	
4	Elin Slaatmo 30,78(30,78)	92	Hamar IL	2.08,59	760
				2.08,59(31,45)	
6	Siri Eva Kristiansen 30,30(30,30)	93	Asker SK	2.08,73	757
				2.08,73(33,81)	
7	Ingrid N. Knutzen 30,55(30,55)	91	Lambertseter SK/NTG	2.10,23	731
				2.10,23(33,52)	
8	Karoline Pedersen 30,45(30,45)	94	Bergens SLK	2.10,75	723
				2.10,75(33,89)	
9	Gina B. Andersen 30,77(30,77)	90	Skjetten Svømming/NTG	2.11,56	709
				2.11,56(33,38)	
10	Sofie Gjemmestad 30,54(30,54)	89	Asker SK	2.12,33	697
				2.12,33(34,19)	
11	Pia Cornelia Braarud 30,94(30,94)	93	Lambertseter SK	2.12,53	694
				2.12,53(33,49)	

12	Eva Marie W. Østerhus	94	TS/Madla SK	2.12,60	693
	31,25(31,25)	1.04,81(33,56)	1.38,58(33,77)	2.12,60(34,02)	
13	Victoria Rung	92	TS/Frisinn	2.13,21	683
	30,90(30,90)	1.04,59(33,69)	1.39,21(34,62)	2.13,21(34,00)	
14	Line W. Lund	91	Askimsvømmerne	2.13,68	676
	31,60(31,60)	1.05,72(34,12)	1.39,62(33,90)	2.13,68(34,06)	
15	Emilie Hellerud	92	Lambertseter SK	2.13,76	675
	31,05(31,05)	1.05,28(34,23)	1.39,97(34,69)	2.13,76(33,79)	
16	Martine Bremer	90	Bergens SLK	2.13,84	674
	30,12(30,12)	1.03,91(33,79)	1.38,71(34,80)	2.13,84(35,13)	
17	Aslaug Marie Hjelmaas	95	Bergens SLK	2.14,38	666
	30,68(30,68)	1.04,82(34,14)	1.40,16(35,34)	2.14,38(34,22)	
18	Siri Anette Sønju	92	Øvre Eiker SK	2.14,50	664
	31,45(31,45)	1.05,59(34,14)	1.40,71(35,12)	2.14,50(33,79)	
19	Siri N. Andersen	92	Haldens SK	2.14,52	664
	31,85(31,85)	1.05,86(34,01)	1.40,56(34,70)	2.14,52(33,96)	
20	Stine K. Jansen	90	Moss SK	2.14,96	657
	31,75(31,75)	1.05,97(34,22)	1.40,47(34,50)	2.14,96(34,49)	
21	Nora Kathrine Guthe	91	Asker SK	2.15,19	654
	31,17(31,17)	1.04,71(33,54)	1.39,59(34,88)	2.15,19(35,60)	
22	Ingrid Marie Rytter	91	Vestbyen IL	2.15,71	646
	31,22(31,22)	1.04,91(33,69)	1.40,11(35,20)	2.15,71(35,60)	
23	Emma Isdahl	92	Lambertseter SK	2.15,95	643
	30,67(30,67)	1.04,75(34,08)	1.40,27(35,52)	2.15,95(35,68)	
24	Maria Gullvåg Aasen	92	Kristiansand SA	2.16,47	635
	31,76(31,76)	1.06,43(34,67)	1.42,05(35,62)	2.16,47(34,42)	
25	Elisabeth H. Svensson	91	Ski SK	2.16,63	633
	30,59(30,59)	1.05,22(34,63)	1.41,21(35,99)	2.16,63(35,42)	
26	Sara Pettersen	91	Fauske SK	2.16,68	633
	30,93(30,93)	1.05,05(34,12)	1.40,38(35,33)	2.16,68(36,30)	
27	Guro Knutsen	91	Øvre Eiker SK	2.18,70	605
	31,71(31,71)	1.06,93(35,22)	1.42,72(35,79)	2.18,70(35,98)	
28	Susann Bjørnsen	93	Setermoen SK	2.19,23	598
	31,56(31,56)	1.06,92(35,36)	1.43,88(36,96)	2.19,23(35,35)	
29	Katrine Ekstang	92	Setermoen SK	2.24,64	534
	33,29(33,29)	1.10,29(37,00)	1.47,91(37,62)	2.24,64(36,73)	

Øvelse 6. 200m individuell medley, herrer - Forsøk

Sponsor: Veksthuset rekruttering AS, Elverum

Senior

1	Gard Kvale	84	Bergens SC	2.10,02	779
	27,26(27,26)	1.00,13(32,87)	1.37,64(37,51)	2.10,02(32,38)	
2	Alexander Dale Oen	85	Vestkantvømmerne	2.12,15	742
	27,99(27,99)	1.04,76(36,77)	1.40,27(35,51)	2.12,15(31,88)	
3	Alexander Broberg Skeltved	87	Vestkantvømmerne	2.13,36	722
	27,87(27,87)	1.03,59(35,72)	1.42,02(38,43)	2.13,36(31,34)	
4	Lars Andre Tolås	88	Bærumsvømmerne	2.13,41	721
	27,86(27,86)	1.00,86(33,00)	1.40,76(39,90)	2.13,41(32,65)	
5	Eirik Lund	78	Lambertseter SK	2.20,06	623
	29,49(29,49)	1.06,85(37,36)	1.47,18(40,33)	2.20,06(32,88)	
6	Mats Andre Fredriksen	85	Lambertseter SK	2.25,52	556
	29,73(29,73)	1.05,53(35,80)	1.47,42(41,89)	2.25,52(38,10)	

Junior

1	Eirik Ravnan	89	Hamar IL	2.08,83	801
	28,32(28,32)	1.01,68(33,36)	1.38,42(36,74)	2.08,83(30,41)	
2	Sverre Næss	92	Sarpsborg IL	2.10,37	773
	28,22(28,22)	1.03,55(35,33)	1.39,53(35,98)	2.10,37(30,84)	
3	Aleksander Rayward	91	Kongstensvømmerne	2.13,60	718
	28,81(28,81)	1.04,05(35,24)	1.43,68(39,63)	2.13,60(29,92)	
4	Mattis Saghaug	90	IL Varg/NTG	2.14,85	698
	27,03(27,03)	1.03,91(36,88)	1.42,54(38,63)	2.14,85(32,31)	
5	Kristoffer Meisler	90	Tverlandet IL	2.16,33	676
	29,34(29,34)	1.05,26(35,92)	1.43,68(38,42)	2.16,33(32,65)	
6	Sebastian Wigstrøm	91	Bærumsvømmerne	2.17,30	661
	29,33(29,33)	1.05,94(36,61)	1.43,77(37,83)	2.17,30(33,53)	
7	Vegard Løvberg	91	Bærumsvømmerne	2.17,41	660
	29,10(29,10)	1.02,86(33,76)	1.45,73(42,87)	2.17,41(31,68)	
8	Jonas Kirkeberg Jostad	92	Hamar IL	2.17,78	655
	29,19(29,19)	1.03,82(34,63)	1.44,69(40,87)	2.17,78(33,09)	
9	Martin Hals	91	Øvre Eiker SK	2.18,19	649
	29,44(29,44)	1.06,01(36,57)	1.45,43(39,42)	2.18,19(32,76)	
10	Hans Østerdal	93	Stavanger SC	2.19,69	628
	29,02(29,02)	1.07,57(38,55)	1.46,95(39,38)	2.19,69(32,74)	
11	Hans Kristian Andersen	93	Florø SLK	2.20,29	620
	30,41(30,41)	1.07,70(37,29)	1.47,63(39,93)	2.20,29(32,66)	
12	Simen Dale	91	BS/Delfana	2.20,47	618
	29,27(29,27)	1.07,06(37,79)	1.46,32(39,26)	2.20,47(34,15)	
13	Zoltan Csernai	93	Åstveit SK	2.21,34	606
	28,93(28,93)	1.06,23(37,30)	1.49,70(43,47)	2.21,34(31,64)	
14	Carl Andreas Wathne	91	Asker SK	2.21,54	604
	29,22(29,22)	1.08,13(38,91)	1.49,99(41,86)	2.21,54(31,55)	
15	Elias Damman	89	Bærum/NTG	2.24,49	567
	30,16(30,16)	1.09,64(39,48)	1.50,43(40,79)	2.24,49(34,06)	

Øvelse 7. 50m rygg, damer - Forsøk
Sponsor: Tor Løkken AS, Elverum

Senior

1	Katharina Stiberg	88	Bjerkvik SK	(0,66)	30,69	792
2	Heidi Vainio Gjøen	88	Lambertseter SK	(0,67)	31,61	725
3	Ingvild Snildal	88	Asker SK	(0,74)	31,90	705
4	Margrete Nyhus Ulvestad	88	Molde SLK	(0,75)	32,12	691
5	Karen Stødle	87	Team Stavanger	(0,59)	32,34	677
6	Monica Martinsen	83	Trondheim SLK	(0,76)	33,61	603

Junior

1	Elise Utne	89	Narvik SK	(0,66)	31,87	707
2	Cecilie W. Johannessen	90	Karmøy SK	(0,59)	31,89	706
3	Seline Vike Holm	92	Arna SLK	(0,60)	32,07	694
4	Iselin Mjøllner Dahlen	92	Skjetten Svømming	(0,80)	32,73	653
5	Elisabeth H. Svensson	91	Ski SK	(0,77)	32,87	644
6	Marthe Helene Haganes	93	Vestkantsvømmerne	(0,71)	32,99	637
7	Maria Gullvåg Aasen	92	Kristiansand SA	(0,70)	33,20	625 DF
8	Trine Hovda	90	TS/Madla SK	(0,63)	33,20	625 DE
9	Aslaug Marie Hjelmaas	95	Bergens SLK	(0,59)	33,24	623
10	Oda Marie Siljan	92	Poseidon	(0,73)	33,38	615
11	Ida Nordbø	89	TS/Madla SK	(0,71)	33,45	612
11	Katja Heinänen	90	BS/Bergen SLK	(0,61)	33,45	612
13	Elisabeth Kristiansen	92	Haugesund SK	(0,60)	33,51	608

14	Nicole T. Næsheim	91	Stavanger SC	(0,70)	33,63	602	
15	Lotte Thommesen	94	Poseidon	(0,80)	33,64	601	
16	Vibeke Browne	89	Bærumsvømmerne	(0,67)	33,88	589	
17	Vibeke Brigg	89	TS/Madla SK	(0,83)	33,98	583	
18	Malin Frestad	91	Kristiansand SA		33,99	583	
19	Helene Eikeskog Burger	92	Kolbotn IL	(0,36)	34,00	582	
20	Maren Allum	90	Bergens SC	(0,68)	34,06	579	
21	Jacqueline Knutsson	93	Kongstensvømmerne	(0,66)	34,10	577	
22	Thea Pedersen	91	Moss SK	(0,72)	34,12	576	
23	Victoria T. Solberg	89	Horten/NTG	(0,79)	34,14	575	
24	Katinka Kvant	89	Arna SLK	(0,63)	34,15	575	
25	Camilla Moe	92	Ås IL	(0,82)	34,52	556	
25	Sophia Broberg Skeltved	92	Tromsø SK	(0,57)	34,52	556	
27	Julie Borgen	91	Sarpsborg IL	(0,82)	34,95	536	
28	Siri Anette Sønju	92	Øvre Eiker SK	(1,03)	35,08	530	DF
29	Stine Mjølhus Kristoffersen	93	TS/Frisinn	(0,56)	35,08	530	DE
30	Cecilie Lorgen Lübbe	90	Aalesund SLK	(0,61)	35,17	526	

Øvelse 8. 50m bryst, herrer - Forsøk**Sponsor: Sykkel og Motor Elverum AS****Senior**

1	Alexander Hetland	82	Bærumsvømmerne		29,48	817	
2	Alexander Dale Oen	85	Vestkantsvømmerne		29,74	795	
3	Erik Dorch	83	BS/Bergen SLK		30,06	770	
4	Lars Erik Dæhli	82	Hamar IL		30,24	756	
5	Alexander Mokkelbost	87	BS/Delfana		30,32	751	
6	Thomas Breivoll	77	IL Varg		31,02	701	
7	Robin Palm	88	Sarpsborg IL		31,07	697	
8	Ole-Wilhelm Norseng	88	Hamar IL		31,21	688	
9	Jonatan Saghaug	84	IL Varg		31,23	687	
10	Bjørn Harald Olstad	74	Lambertseter SK		31,86	647	
11	Robert Aronsen	86	Bærumsvømmerne		32,06	635	
12	Eirik Lund	78	Lambertseter SK		32,48	610	
13	Robert Nilsen	84	Ullensakersv		33,13	575	
14	Pål Henriksen Spjelkavik	88	Vestbyen IL		33,18	573	

Junior

1	Mattis Saghaug	90	IL Varg/NTG		30,32	751	
2	Sverre Næss	92	Sarpsborg IL		30,37	747	
3	Marcus Tesdal	90	BS/Åstveit		30,55	734	
4	Sindre Søderlund	91	Trondheim SLK/NTG		30,95	706	
4	Martin Steffensen	89	BS/Arna		30,95	706	
6	Sebastian Wigstrøm	91	Bærumsvømmerne		31,02	701	
7	Bernt M. Seyffarth	89	Mandal SK		31,14	693	
8	Erling Mjøs Brattelid	91	TS/Sola SK		31,23	687	
9	Kristoffer Meisler	90	Tverlandet IL		31,33	680	
10	Aleksander Rayward	91	Kongstensvømmerne		31,68	658	
11	Thomas W. Kristiansen	89	Ski SK		31,72	655	
12	Mikael Bergene	91	Lambertseter SK		31,79	651	
13	John Lekhmus	91	Tromsø SK		31,96	641	
14	Hans Østerdal	93	Stavanger SC		31,97	640	
15	André Eide	89	Narvik SK		32,38	616	
16	Sten Marius Holmen	89	IL Varg/NTG		32,46	612	
17	Joachim Jakobsen	91	Vestkantsvømmerne		32,47	611	

18	Bjørnar Salvesen	90	Mandal SK	32,59	604
19	Mathias Sørstrand Æsøy	90	Florø SLK	32,61	603
20	Hans Kristian Andersen	93	Florø SLK	32,89	588
21	Christian Sunde	89	Elverum Svømming	33,04	580
22	Aleksander Sire	93	Modum SK	33,15	574
23	Adrian A. Skogvold	91	Tverlandet IL	33,69	547
24	Stian Bjørklund	90	Sørreisa SK	34,24	521

Øvelse 9. 4*100m fri, damer - Junior

Junior

1	Team Stavanger J1 jr.	JR	Team Stavanger	4.02,62	737
	Victoria S. Løken:	27,99(27,99)	58,19(30,20)	58,19	
	Vibeke Brigg:	1.26,63(28,44)	1.59,39(32,76)	1.01,20	
	Victoria Rung:	2.28,63(29,24)	3.00,73(32,10)	1.01,34	
	Trine Hovda:	3.29,47(28,74)	4.02,62(33,15)	1.01,89	
2	Asker SK J1 jr.	JR	Asker SK	4.06,80	700
	Siri Eva Kristiansen:	29,53(29,53)	1.00,34(30,81)	1.00,34	
	Nora Kathrine Guthe:	1.29,73(29,39)	2.02,30(32,57)	1.01,96	
	Marte K. Bolstad:	2.33,01(30,71)	3.07,40(34,39)	1.05,10	
	Sofie Gjemmestad:	3.35,60(28,20)	4.06,80(31,20)	59,40	
3	Bærumsv J1 jr.	JR	Bærumsvømmerne	4.11,63	661
	Vibeke Browne:	31,02(31,02)	1.05,89(34,87)	1.05,89	
	Maria Bølgen:	1.34,82(28,93)	2.07,45(32,63)	1.01,56	
	Karin Ekholt:	2.36,56(29,11)	3.10,05(33,49)	1.02,60	
	Emilie N. Løvberg:	3.38,90(28,85)	4.11,63(32,73)	1.01,58	
4	Skjetten Svømming J1 jr.	JR	Skjetten Svømming	4.12,95	651
	Terese Langlo:	30,03(30,03)	1.03,03(33,00)	1.03,03	
	Helene Solberg:	1.33,16(30,13)	2.07,04(33,88)	1.04,01	
	Iselin Mjøllner Dahlen:	2.37,86(30,82)	3.11,79(33,93)	1.04,75	
	Gina B. Andersen:	3.41,66(29,87)	4.12,95(31,29)	1.01,16	
5	Team Stavanger J2 jr.	JR	Team Stavanger	4.13,60	646
	Marthe Berg Sørensen:	30,88(30,88)	1.04,11(33,23)	1.04,11	
	Eva Marie W. Østerhus:	1.33,87(29,76)	2.06,37(32,50)	1.02,26	
	Ida Nordbø:	2.36,22(29,85)	3.10,71(34,49)	1.04,34	
	Maren Kristine Jansen:	3.40,50(29,79)	4.13,60(33,10)	1.02,89	
6	Arna SLK J1 jr.	JR	Arna SLK	4.14,08	642
	Katinka Kvant:	30,45(30,45)	1.05,17(34,72)	1.05,17	
	Oda J. Midtun:	1.33,90(28,73)	2.06,61(32,71)	1.01,44	
	Seline Vike Holm:	2.36,01(29,40)	3.10,07(34,06)	1.03,46	
	Ane J. Midtun:	3.39,38(29,31)	4.14,08(34,70)	1.04,01	
7	Bergen SLK J1 jr.	JR	Bergens SLK	4.16,46	624
	Martine Bremer:	29,57(29,57)	1.02,28(32,71)	1.02,28	
	Aslaug Marie Hjelmaas:	1.31,92(29,64)	2.05,46(33,54)	1.03,18	
	Karoline Pedersen:	2.34,97(29,51)	3.07,30(32,33)	1.01,84	
	Maren Teige:	3.39,21(31,91)	4.16,46(37,25)	1.09,16	
8	Bærumsv J2 jr.	JR	Bærumsvømmerne	4.17,71	615
	Kristine Mella:	30,34(30,34)	1.02,68(32,34)	1.02,68	
	Emilie Vora:	1.33,21(30,53)	2.06,64(33,43)	1.03,96	
	Andrea Westbye:	2.36,74(30,10)	3.10,43(33,69)	1.03,79	
	Lene Lykke Erichsen:	3.41,89(31,46)	4.17,71(35,82)	1.07,28	
9	Vestkantensv. J1 jr.	JR	Vestkantensvømmerne	4.17,95	613
	Juni Rugland:	30,53(30,53)	1.04,63(34,10)	1.04,63	
	Benedicte Kausland:	1.35,71(31,08)	2.09,19(33,48)	1.04,56	
	Andrea Haugstad:	2.40,09(30,90)	3.14,49(34,40)	1.05,30	
	Stine Vindenes:	3.45,13(30,64)	4.17,95(32,82)	1.03,46	
10	Øvre Eiker SK J1 jr.	JR	Øvre Eiker SK	4.18,44	610
	Guro Knutsen:	31,55(31,55)	1.05,18(33,63)	1.05,18	
	Siri Anette Sønju:	1.35,91(30,73)	2.09,22(33,31)	1.04,04	
	Stine Lise Stenseth:	2.39,85(30,63)	3.12,83(32,98)	1.03,61	
	Ida Johansen:	3.43,89(31,06)	4.18,44(34,55)	1.05,61	
11	Kristiansand SA J1 jr.	JR	Kristiansand SA	4.18,67	608
	Maria Gullvåg Aasen:	30,40(30,40)	1.03,34(32,94)	1.03,34	
	Hege Omdal:	1.34,68(31,34)	2.09,21(34,53)	1.05,87	
	Malin Frestad:	2.40,93(31,72)	3.14,68(33,75)	1.05,47	
	Linn Hege Laudal:	3.44,87(30,19)	4.18,67(33,80)	1.03,99	

12	Tromsø SK J1 jr.	JR	Tromsø SK	4.19,70	601
	Hanne Lockertsen:	31,38(31,38)	1.05,06(33,68)	1.05,06	
	Siv Fiske:	1.33,69(28,63)	2.06,43(32,74)	1.01,37	
	Marte Tollefsen:	2.38,59(32,16)	3.14,62(36,03)	1.08,19	
	Sophia Broberg Skeltved:	3.46,03(31,41)	4.19,70(33,67)	1.05,08	
13	Moss SK J1 jr.	JR	Moss SK	4.20,07	599
	Marte Elise Brinchmann:	30,70(30,70)	1.03,99(33,29)	1.03,99	
	Stine K. Jansen:	1.34,19(30,20)	2.07,39(33,20)	1.03,40	
	Cathrine Brevik:	2.38,22(30,83)	3.15,10(36,88)	1.07,71	
	Thea Pedersen:	3.46,20(31,10)	4.20,07(33,87)	1.04,97	
14	Stavanger SC J1 jr.	JR	Stavanger SC	4.22,82	580
	Ane Nygård:	30,50(30,50)	1.04,26(33,76)	1.04,26	
	Siren Bergslid:	1.36,33(32,07)	2.11,56(35,23)	1.07,30	
	Caroline M. Mork:	2.43,05(31,49)	3.17,91(34,86)	1.06,35	
	Nicole T. Næsheim:	3.49,30(31,39)	4.22,82(33,52)	1.04,91	
15	Bergens SC J1 jr.	JR	Bergens SC	4.24,04	572
	Kaya Haugland Færøvik:	32,00(32,00)	1.06,62(34,62)	1.06,62	
	Ingse Bergh Monsen:	1.39,12(32,50)	2.13,75(34,63)	1.07,13	
	Eirin Arnesen:	2.43,66(29,91)	3.17,89(34,23)	1.04,14	
	Maren Allum:	3.48,84(30,95)	4.24,04(35,20)	1.06,15	
16	Vestkantv. J2 jr.	JR	Vestkantsvømmerne	4.25,07	565
	Marthe Helene Haganen:	31,47(31,47)	1.05,17(33,70)	1.05,17	
	Marie Øverland:	1.35,43(30,26)	2.10,19(34,76)	1.05,02	
	Marie Reinertsen:	2.40,26(30,07)	3.14,71(34,45)	1.04,52	
	Sara N. Gjelsvik:	3.46,80(32,09)	4.25,07(38,27)	1.10,36	
17	Løren/Rælingen J1 jr.	JR	Lørenskog/Rælingen	4.25,86	560
	Jeanette Erlandsen:	30,47(30,47)	1.04,28(33,81)	1.04,28	
	Ida Arnøy:	1.36,50(32,22)	2.12,64(36,14)	1.08,36	
	Ine Charlotte Hagen:	2.44,54(31,90)	3.19,55(35,01)	1.06,91	
	Aurora Brandtzæg:	3.50,89(31,34)	4.25,86(34,97)	1.06,31	
18	Elverum IL J1 jr.	JR	Elverum Svømming	4.28,46	544
	Oona Ovesen:	30,07(30,07)	1.02,74(32,67)	1.02,74	
	Lene Ådlandsvik:	1.34,61(31,87)	2.10,17(35,56)	1.07,43	
	Hanne Strand:	2.42,76(32,59)	3.19,89(37,13)	1.09,72	
	Siri Ovesen:	3.52,16(32,27)	4.28,46(36,30)	1.08,57	
19	Ski SK J1 jr.	JR	Ski SK	4.28,59	543
	Elisabeth H. Svensson:	30,59(30,59)	1.03,30(32,71)	1.03,30	
	Henriette With Bjørnstad:	1.33,83(30,53)	2.08,09(34,26)	1.04,79	
	Camilla W. Kristiansen:	2.40,73(32,64)	3.18,34(37,61)	1.10,25	
	Veronica B. Lundsten:	3.50,84(32,50)	4.28,59(37,75)	1.10,25	
20	Hamar IL J1 jr.	JR	Hamar IL	4.29,23	539
	Mari Lystad Karlsen:	32,07(32,07)	1.07,53(35,46)	1.07,53	
	Julie Torgersen Nilsen:	1.38,88(31,35)	2.12,93(34,05)	1.05,40	
	Kristiane L. Buholt:	2.45,40(32,47)	3.22,22(36,82)	1.09,29	
	Ingrid Kvaal:	3.52,29(30,07)	4.29,23(36,94)	1.07,01	
21	Trondheim SLK J1 jr.	JR	Trondheim SLK	4.30,05	535
	Christiana Bjørkli:	31,76(31,76)	1.05,59(33,83)	1.05,59	
	Stine Tveit:	1.37,47(31,88)	2.13,03(35,56)	1.07,44	
	Malin Tømmervik:	2.45,59(32,56)	3.22,91(37,32)	1.09,88	
	Julie Hegvik:	3.54,08(31,17)	4.30,05(35,97)	1.07,14	
22	Bergens SC J2 jr.	JR	Bergens SC	4.34,84	507
	Ragnhild Søfteland:	33,33(33,33)	1.09,82(36,49)	1.09,82	
	Hedvig Hjertaker:	1.40,85(31,03)	2.16,33(35,48)	1.06,51	
	Martha Maria Songstad:	2.48,84(32,51)	3.25,41(36,57)	1.09,08	
	Eli Kristin Ølmheim:	3.58,53(33,12)	4.34,84(36,31)	1.09,43	
23	Skjetten Svømming J2 jr.	JR	Skjetten Svømming	4.36,59	497
	Christina Dahl:	32,93(32,93)	1.08,39(35,46)	1.08,39	
	Christiane Sandbye:	1.40,00(31,61)			
	Marie Svensson:	2.48,09(1.08,09)	3.23,90(35,81)		
	Mischa van der Linden:	3.57,62(33,72)	4.36,59(38,97)	1.12,69	
24	Hamar IL J2 jr.	JR	Hamar IL	4.56,96	402
	Maren Melvold:	32,83(32,83)	1.08,68(35,85)	1.08,68	
	Eirin Røen Martinsen:	1.41,72(33,04)	2.17,13(35,41)	1.08,45	
	Anita Lundby:	2.56,12(38,99)	3.41,44(45,32)	1.24,31	
	Marte Tangen:	4.17,29(35,85)	4.56,96(39,67)	1.15,52	

25	Gjøvik SK J1 jr.	JR	Gjøvik SK	5.20,87	318
	Ane Mathea Foss:	34,43(34,43)	1.12,47(38,04)	1.12,47	
	Sigrid Røstø Grøtberg:	1.50,86(38,39)	2.33,71(42,85)	1.21,24	
	Ada A. Langerud:	3.16,91(43,20)	4.04,17(47,26)	1.30,46	
	Katrine Andresen:	4.40,11(35,94)	5.20,87(40,76)	1.16,70	
	Lambertseter SK J1 jr.	JR	Lambertseter SK	DISK	
	Emilie Hellerud:				
	Emma Isdahl:				
	Ingrid N. Knutzen:				
	Pia Cornelia Braarud:				

Øvelse 10. 4*200m fri, herrer - Junior

Junior

1	Bærumsv G1 jr.	JR	Bærumsvømmerne	7.51,56	764	NJR
	Øystein R. Hetland:	26,49(26,49)	55,94(29,45)	1.57,21		
		1.26,35(30,41)	1.57,21(30,86)	2.23,92(26,71)		
	Christer Koch Kvam:	3.23,90(30,26)	3.54,54(30,64)	1.57,33		
		4.20,97(26,43)	4.50,72(29,75)			
	Tor Hafnor:	5.21,84(31,12)	5.52,90(31,06)	1.58,36		
		6.20,62(27,72)	6.50,97(30,35)			
	Stian Werner Erichsen:	7.21,09(30,12)	7.51,56(30,47)	1.58,66		
2	Hamar IL G1 jr.	JR	Hamar IL	8.07,28	693	
		27,83(27,83)	58,65(30,82)			
	Martin Skramstad:	1.30,22(31,57)	2.01,87(31,65)	2.01,87		
		2.30,52(28,65)	3.01,60(31,08)			
	Jonas Kirkeberg Jostad:	3.33,21(31,61)	4.05,21(32,00)	2.03,34		
			5.06,43(1.01,22)			
	Oscar Slaatmo:	5.40,41(33,98)	6.12,41(32,00)	2.07,20		
		6.38,64(26,23)	7.07,44(28,80)			
	Eirik Ravnan:	7.36,90(29,46)	8.07,28(30,38)	1.54,87		
3	IL Varg G1 jr.	JR	IL Varg	8.10,04	681	
		26,80(26,80)	56,28(29,48)			
	Mattis Saghaug:	1.26,76(30,48)	1.56,74(29,98)	1.56,74		
		2.24,10(27,36)	2.55,43(31,33)			
	Daniel Berenett:	3.27,45(32,02)	3.59,72(32,27)	2.02,98		
		4.27,17(27,45)	4.58,37(31,20)			
	Odin Spangen Normann:	5.30,68(32,31)	6.03,77(33,09)	2.04,05		
		6.31,82(28,05)	7.03,50(31,68)			
	Jan-Tore Jessen Eikrem:	7.36,83(33,33)	8.10,04(33,21)	2.06,27		
4	Bærumsv G2 jr.	JR	Bærumsvømmerne	8.14,37	663	
		28,44(28,44)	59,91(31,47)			
	Elias Damman:	1.31,36(31,45)	2.02,83(31,47)	2.02,83		
		2.31,45(28,62)	3.02,25(30,80)			
	Sebastian Wigstrøm:	3.34,04(31,79)	4.05,50(31,46)	2.02,67		
		4.33,04(27,54)	5.04,03(30,99)			
	Vegard Løvberg:	5.35,49(31,46)	6.07,40(31,91)	2.01,90		
		6.35,59(28,19)	7.07,35(31,76)			
	Henry Emil Nordhagen:	7.40,64(33,29)	8.14,37(33,73)	2.06,97		
5	Bergensv. G1 jr.	JR	Bergensvømmerne	8.15,37	659	
		27,87(27,87)	59,05(31,18)			
	Sindri T. Jakobsson:	1.30,95(31,90)	2.02,17(31,22)	2.02,17		
		2.30,09(27,92)	3.01,68(31,59)			
	Even Vike Holm:	3.33,73(32,05)	4.05,51(31,78)	2.03,34		
		4.33,62(28,11)	5.05,31(31,69)			
	Marcus Tesdal:	5.38,38(33,07)	6.10,68(32,30)	2.05,17		
		6.39,12(28,44)	7.10,91(31,79)			
	Sebastian Stordal:	7.42,99(32,08)	8.15,37(32,38)	2.04,69		
6	Team Stavanger G1 jr.	JR	Team Stavanger	8.19,31	644	
		28,01(28,01)	58,16(30,15)			
	Ole Martin Ree:	1.29,73(31,57)	2.00,98(31,25)	2.00,98		
		2.27,61(26,63)	2.59,29(31,68)			
	Bjarte Ravndal:	3.31,71(32,42)	4.03,63(31,92)	2.02,65		
		4.32,50(28,87)	5.04,61(32,11)			
	Erling Mjøs Brattelid:	5.38,26(33,65)	6.11,44(33,18)	2.07,81		
		6.40,36(28,92)	7.12,68(32,32)			
	Eirik Ramstad:	7.46,65(33,97)	8.19,31(32,66)	2.07,87		

7	Lambertseter SK G1 jr.	JR	Lambertseter SK	8.24,96	622
		27,67(27,67)	57,98(30,31)		
	Mikael Bergene:	1.29,52(31,54)	2.01,77(32,25)	2.01,77	
		2.30,03(28,26)	3.02,38(32,35)		
	Stian Andreas Evja:	3.35,27(32,89)	4.08,36(33,09)	2.06,59	
		4.36,81(28,45)	5.08,95(32,14)		
	Sindre Eilertsen:	5.41,13(32,18)	6.13,47(32,34)	2.05,11	
		6.42,78(29,31)	7.16,08(33,30)		
	David Evja:	7.50,54(34,46)	8.24,96(34,42)	2.11,49	
8	Stavanger SC G1 jr.	JR	Stavanger SC	8.31,52	599
		27,88(27,88)	58,93(31,05)		
	Jørn Nygård:	1.31,30(32,37)	2.03,26(31,96)	2.03,26	
		2.32,67(29,41)	3.05,54(32,87)		
	Henning S. Pryde:	3.38,97(33,43)	4.11,20(32,23)	2.07,94	
		4.39,15(27,95)	5.12,78(33,63)		
	Per Øystein Turøy:	5.47,07(34,29)	6.20,96(33,89)	2.09,76	
		6.49,00(28,04)	7.22,20(33,20)		
	Hans Østerdal:	7.56,83(34,63)	8.31,52(34,69)	2.10,56	
9	Elverum IL G1 jr.	JR	Elverum Svømming	8.37,11	580
		28,43(28,43)	59,71(31,28)		
	Christian Sunde:	1.31,51(31,80)	2.03,11(31,60)	2.03,11	
		2.32,12(29,01)	3.04,65(32,53)		
	Ingvar V. Skirbekk:	3.39,64(34,99)	4.15,12(35,48)	2.12,01	
		4.44,47(29,35)	5.19,35(34,88)		
	Eirik B. Lund:	5.55,44(36,09)	6.31,27(35,83)	2.16,15	
		6.59,84(28,57)	7.32,00(32,16)		
	Gunnar V. Skirbekk:	8.04,75(32,75)	8.37,11(32,36)	2.05,84	
10	Asker SK G1 jr.	JR	Asker SK	8.38,14	576
		28,29(28,29)	59,43(31,14)		
	Carl Andreas Wathne:	1.33,08(33,65)	2.05,23(32,15)	2.05,23	
		2.35,38(30,15)	3.07,30(31,92)		
	Jan Aleksander Bakke:	3.40,22(32,92)	4.11,69(31,47)	2.06,46	
		4.41,87(30,18)	5.15,31(33,44)		
	Eirik Standal Thoresen:	5.50,75(35,44)	6.24,72(33,97)	2.13,03	
		6.54,37(29,65)	7.28,39(34,02)		
	Henrik Wathne:	8.03,70(35,31)	8.38,14(34,44)	2.13,42	
11	Vestbyen IL G1 jr.	JR	Vestbyen IL	8.38,73	574
		28,44(28,44)	59,58(31,14)		
	Emil Brennløkken:	1.32,24(32,66)	2.02,31(30,07)	2.02,31	
		2.31,22(28,91)	3.03,18(31,96)		
	Sigvart Evjen:	3.36,73(33,55)	4.10,38(33,65)	2.08,07	
		4.41,05(30,67)	5.15,52(34,47)		
	Christopher Wolf:	5.51,80(36,28)	6.25,49(33,69)	2.15,11	
		6.56,50(31,01)	7.30,43(33,93)		
	Gunnar Evjen:	8.05,01(34,58)	8.38,73(33,72)	2.13,24	
12	Tromsø SK G1 jr.	JR	Tromsø SK	8.40,30	569
		28,90(28,90)	1.01,76(32,86)		
	Magnus Klæboe Nordgård:	1.34,96(33,20)	2.08,52(33,56)	2.08,52	
		2.38,02(29,50)	3.11,28(33,26)		
	John Lekhmus:	3.44,60(33,32)	4.18,61(34,01)	2.10,09	
		4.49,78(31,17)	5.26,70(36,92)		
	Eigil Aandahl:	6.03,63(36,93)	6.38,52(34,89)	2.19,91	
		7.05,54(27,02)	7.36,31(30,77)		
	Marius Lund:	8.07,66(31,35)	8.40,30(32,64)	2.01,78	
13	Vestkantv. G1 jr.	JR	Vestkantsvømmerne	9.02,33	502
		29,14(29,14)	1.02,84(33,70)		
	Joachim Jakobsen:	1.36,19(33,35)	2.07,79(31,60)	2.07,79	
		2.36,91(29,12)	3.10,84(33,93)		
	Markus Vindenes:	3.45,70(34,86)	4.19,40(33,70)	2.11,61	
		4.49,89(30,49)	5.24,32(34,43)		
	Kristoffer Brekke:	6.00,26(35,94)	6.35,47(35,21)	2.16,07	
		7.08,14(32,67)	7.46,06(37,92)		
	Kristian Blummenfelt:	8.24,79(38,73)	9.02,33(37,54)	2.26,86	
14	Løren/Rælingen G1 jr.	JR	Lørenskog/Rælingen	9.02,48	502
		31,79(31,79)	1.08,34(36,55)		
	Kjetil Flatland:	1.45,13(36,79)	2.22,02(36,89)	2.22,02	
		2.49,68(27,66)	3.22,16(32,48)		
	John Hage Gaarder:	3.56,43(34,27)	4.30,10(33,67)	2.08,08	
		5.00,20(30,10)	5.34,04(33,84)		
	Tore Skauge Bysting:	6.08,62(34,58)	6.42,05(33,43)	2.11,95	
		7.14,19(32,14)	7.50,49(36,30)		
	Vebjørn Lindhjem:	8.27,00(36,51)	9.02,48(35,48)	2.20,43	

Torsdag 10. juli 2008 kl 17.00 – Seniorfinaler

Øvelse 1. 400m individuell medley, damer - Direkte finale

Junior

1	Karoline Brudvik Sanderud	89	Hamar IL	4.58,00	794
	30,54(30,54)	1.04,99(34,45)	1.44,63(39,64)	2.23,56(38,93)	
	3.05,15(41,59)	3.48,23(43,08)	4.23,66(35,43)	4.58,00(34,34)	
2	Trine Austrøne Olsen	90	Fauske SK	5.04,40	745
	32,75(32,75)	1.10,44(37,69)	1.49,46(39,02)	2.28,17(38,71)	
	3.09,76(41,59)	3.52,33(42,57)	4.29,49(37,16)	5.04,40(34,91)	
3	Line Løvberg	91	Lambertseter SK/NTG	5.16,04	665
	31,90(31,90)	1.09,36(37,46)	1.49,57(40,21)	2.29,74(40,17)	
	3.17,38(47,64)	4.05,37(47,99)	4.40,86(35,49)	5.16,04(35,18)	
4	Siri N. Andersen	92	Haldens SK	5.19,20	646
	33,94(33,94)	1.11,45(37,51)	1.53,95(42,50)	2.34,70(40,75)	
	3.20,99(46,29)	4.07,23(46,24)	4.44,12(36,89)	5.19,20(35,08)	
5	Andrea Hestdal	94	Åstveit SK	5.23,84	618
	34,24(34,24)	1.13,81(39,57)	1.56,56(42,75)	2.38,56(42,00)	
	3.22,82(44,26)	4.08,92(46,10)	4.47,47(38,55)	5.23,84(36,37)	
6	Oona Ovesen	92	Elverum Svømming	5.24,66	614
	32,29(32,29)	1.10,98(38,69)	1.52,54(41,56)	2.34,94(42,40)	
	3.22,69(47,75)	4.12,58(49,89)	4.49,14(36,56)	5.24,66(35,52)	
7	Bitte Fagermo	93	Narvik SK	5.26,00	606
	35,43(35,43)	1.14,86(39,43)	1.58,99(44,13)	2.40,46(41,47)	
	3.26,00(45,54)	4.10,48(44,48)	4.49,78(39,30)	5.26,00(36,22)	
8	Jacqueline Knutsson	93	Kongstensvømmerne	5.27,26	599
	33,93(33,93)	1.14,02(40,09)	1.57,38(43,36)	2.39,12(41,74)	
	3.24,65(45,53)	4.12,60(47,95)	4.51,21(38,61)	5.27,26(36,05)	
9	Victoria T. Solberg	89	Horten/NTG	5.28,22	594
	33,93(33,93)	1.15,92(41,99)	1.58,48(42,56)	2.40,13(41,65)	
	3.27,03(46,90)	4.15,98(48,95)	4.52,14(36,16)	5.28,22(36,08)	
10	Terese Langlo	89	Skjetten Svømming	5.30,35	583
	35,17(35,17)	1.16,27(41,10)	1.58,88(42,61)	2.41,03(42,15)	
	3.26,95(45,92)	4.14,77(47,82)	4.52,46(37,69)	5.30,35(37,89)	
11	Lise Sand Syversen	95	Delfana	5.31,28	578
	33,39(33,39)	1.12,72(39,33)	1.56,11(43,39)	2.39,33(43,22)	
	3.27,09(47,76)	4.18,37(51,28)	4.56,41(38,04)	5.31,28(34,87)	
12	Thea Pedersen	91	Moss SK	5.31,77	575
	35,18(35,18)	1.15,41(40,23)	1.59,15(43,74)	2.40,60(41,45)	
	3.28,94(48,34)	4.18,18(49,24)	4.55,65(37,47)	5.31,77(36,12)	
13	Susann Bjørnsen	93	Setermoen SK	5.32,86	569
	36,18(36,18)	1.16,59(40,41)	2.00,74(44,15)	2.43,22(42,48)	
	3.31,28(48,06)	4.20,00(48,72)	4.57,09(37,09)	5.32,86(35,77)	
14	Andrea Haugstad	92	Vestkantsvømmerne	5.33,94	564
	34,18(34,18)	1.13,89(39,71)	1.58,47(44,58)	2.42,51(44,04)	
	3.30,11(47,60)	4.18,81(48,70)	4.56,49(37,68)	5.33,94(37,45)	
15	Katrine Ekstang	92	Setermoen SK	5.36,45	551
	34,19(34,19)	1.11,59(37,40)	1.57,65(46,06)	2.43,07(45,42)	
	3.32,09(49,02)	4.21,59(49,50)	5.00,60(39,01)	5.36,45(35,85)	
16	Ingse Bergh Monsen	92	Bergens SC	5.39,34	537
	35,15(35,15)	1.14,94(39,79)	1.58,68(43,74)	2.41,83(43,15)	
	3.32,17(50,34)	4.21,33(49,16)	5.01,17(39,84)	5.39,34(38,17)	
17	Stine Lise Stenseth	94	Øvre Eiker SK	5.39,63	536
	35,38(35,38)	1.18,36(42,98)	2.02,38(44,02)	2.45,82(43,44)	
	3.32,11(46,29)	4.20,92(48,81)	5.00,81(39,89)	5.39,63(38,82)	

Senior

1	Sara Nordenstam	83	Lambertseter SK	4.48,72	873
	30,81(30,81)	1.05,21(34,40)	1.44,24(39,03)	2.21,60(37,36)	
	3.00,19(38,59)	3.39,70(39,51)	4.15,04(35,34)	4.48,72(33,68)	
2	Karoline Brudvik Sanderud	89	Hamar IL	4.58,00	794
	30,54(30,54)	1.04,99(34,45)	1.44,63(39,64)	2.23,56(38,93)	
	3.05,15(41,59)	3.48,23(43,08)	4.23,66(35,43)	4.58,00(34,34)	

3	Elisabeth Jarland	85	Bærumsvømmerne	5.00,99	770
	32,31(32,31)	1.08,94(36,63)	1.47,35(38,41)	2.26,40(39,05)	
	3.08,09(41,69)	3.51,19(43,10)	4.26,23(35,04)	5.00,99(34,76)	
4	Trine Austrøne Olsen	90	Fauske SK	5.04,40	745
	32,75(32,75)	1.10,44(37,69)	1.49,46(39,02)	2.28,17(38,71)	
	3.09,76(41,59)	3.52,33(42,57)	4.29,49(37,16)	5.04,40(34,91)	
5	Line Løvberg	91	Lambertseter SK/NTG	5.16,04	665
	31,90(31,90)	1.09,36(37,46)	1.49,57(40,21)	2.29,74(40,17)	
	3.17,38(47,64)	4.05,37(47,99)	4.40,86(35,49)	5.16,04(35,18)	
6	Siri N. Andersen	92	Haldens SK	5.19,20	646
	33,94(33,94)	1.11,45(37,51)	1.53,95(42,50)	2.34,70(40,75)	
	3.20,99(46,29)	4.07,23(46,24)	4.44,12(36,89)	5.19,20(35,08)	
7	Andrea Hestdal	94	Åstveit SK	5.23,84	618
	34,24(34,24)	1.13,81(39,57)	1.56,56(42,75)	2.38,56(42,00)	
	3.22,82(44,26)	4.08,92(46,10)	4.47,47(38,55)	5.23,84(36,37)	
8	Oona Ovesen	92	Elverum Svømming	5.24,66	614
	32,29(32,29)	1.10,98(38,69)	1.52,54(41,56)	2.34,94(42,40)	
	3.22,69(47,75)	4.12,58(49,89)	4.49,14(36,56)	5.24,66(35,52)	
9	Bitte Fagermo	93	Narvik SK	5.26,00	606
	35,43(35,43)	1.14,86(39,43)	1.58,99(44,13)	2.40,46(41,47)	
	3.26,00(45,54)	4.10,48(44,48)	4.49,78(39,30)	5.26,00(36,22)	
10	Jacqueline Knutsson	93	Kongstensvømmerne	5.27,26	599
	33,93(33,93)	1.14,02(40,09)	1.57,38(43,36)	2.39,12(41,74)	
	3.24,65(45,53)	4.12,60(47,95)	4.51,21(38,61)	5.27,26(36,05)	
11	Victoria T. Solberg	89	Horten/NTG	5.28,22	594
	33,93(33,93)	1.15,92(41,99)	1.58,48(42,56)	2.40,13(41,65)	
	3.27,03(46,90)	4.15,98(48,95)	4.52,14(36,16)	5.28,22(36,08)	
12	Terese Langlo	89	Skjetten Svømming	5.30,35	583
	35,17(35,17)	1.16,27(41,10)	1.58,88(42,61)	2.41,03(42,15)	
	3.26,95(45,92)	4.14,77(47,82)	4.52,46(37,69)	5.30,35(37,89)	
13	Lise Sand Syversen	95	Delfana	5.31,28	578
	33,39(33,39)	1.12,72(39,33)	1.56,11(43,39)	2.39,33(43,22)	
	3.27,09(47,76)	4.18,37(51,28)	4.56,41(38,04)	5.31,28(34,87)	
14	Thea Pedersen	91	Moss SK	5.31,77	575
	35,18(35,18)	1.15,41(40,23)	1.59,15(43,74)	2.40,60(41,45)	
	3.28,94(48,34)	4.18,18(49,24)	4.55,65(37,47)	5.31,77(36,12)	
15	Susann Bjørnsen	93	Setermoen SK	5.32,86	569
	36,18(36,18)	1.16,59(40,41)	2.00,74(44,15)	2.43,22(42,48)	
	3.31,28(48,06)	4.20,00(48,72)	4.57,09(37,09)	5.32,86(35,77)	
16	Andrea Haugstad	92	Vestkantsvømmerne	5.33,94	564
	34,18(34,18)	1.13,89(39,71)	1.58,47(44,58)	2.42,51(44,04)	
	3.30,11(47,60)	4.18,81(48,70)	4.56,49(37,68)	5.33,94(37,45)	
17	Katrine Ekstang	92	Setermoen SK	5.36,45	551
	34,19(34,19)	1.11,59(37,40)	1.57,65(46,06)	2.43,07(45,42)	
	3.32,09(49,02)	4.21,59(49,50)	5.00,60(39,01)	5.36,45(35,85)	
18	Ingse Bergh Monsen	92	Bergens SC	5.39,34	537
	35,15(35,15)	1.14,94(39,79)	1.58,68(43,74)	2.41,83(43,15)	
	3.32,17(50,34)	4.21,33(49,16)	5.01,17(39,84)	5.39,34(38,17)	
19	Stine Lise Stenseth	94	Øvre Eiker SK	5.39,63	536
	35,38(35,38)	1.18,36(42,98)	2.02,38(44,02)	2.45,82(43,44)	
	3.32,11(46,29)	4.20,92(48,81)	5.00,81(39,89)	5.39,63(38,82)	

Øvelse 2. 400m fri, herrer - Finale

Sponsor: Elverum Sport Bilsalg

Senior

1	Robert Aronsen	86	Bærumsvømmerne	4.11,66	707
	28,60(28,60)	59,89(31,29)	1.32,61(32,72)	2.03,40(30,79)	
	2.35,93(32,53)	3.08,41(32,48)	3.40,59(32,18)	4.11,66(31,07)	
2	Tor Hafnor	91	Bærumsvømmerne	4.12,11	703
	29,22(29,22)	1.01,27(32,05)	1.34,04(32,77)	2.06,40(32,36)	
	2.39,46(33,06)	3.11,84(32,38)	3.43,34(31,50)	4.12,11(28,77)	
3	Christer Koch Kvam	90	Bærum/NTG	4.12,91	696
	28,70(28,70)	1.00,71(32,01)	1.33,00(32,29)	2.06,08(33,08)	
	2.38,64(32,56)	3.10,89(32,25)	3.42,56(31,67)	4.12,91(30,35)	

4	Mikkel Tørud Lang	90	Ullensakersv	4.13,44	692
	29,53(29,53)	1.01,11(31,58)	1.33,72(32,61)	2.05,92(32,20)	
	2.38,61(32,69)	3.10,63(32,02)	3.42,85(32,22)	4.13,44(30,59)	
5	Zoltan Csernai	93	Åstveit SK	4.14,43	684
	27,73(27,73)	59,46(31,73)	1.32,20(32,74)	2.05,32(33,12)	
	2.37,83(32,51)	3.11,06(33,23)	3.43,42(32,36)	4.14,43(31,01)	
6	Stian Werner Erichsen	90	Bærumsvømmerne	4.14,59	682
	29,11(29,11)	1.00,94(31,83)	1.33,47(32,53)	2.06,87(33,40)	
	2.39,23(32,36)	3.12,44(33,21)	3.44,32(31,88)	4.14,59(30,27)	
7	Jørn Nygård	92	Stavanger SC	4.18,75	650
	28,83(28,83)	1.00,54(31,71)	1.33,30(32,76)	2.06,18(32,88)	
	2.39,67(33,49)	3.13,16(33,49)		4.18,75(1.05,59)	
8	Elias Damman	89	Bærum/NTG	4.22,19	625
	29,56(29,56)	1.01,32(31,76)	1.34,91(33,59)	2.08,11(33,20)	
	2.41,77(33,66)	3.15,33(33,56)	3.49,40(34,07)	4.22,19(32,79)	

Øvelse 3. 100m bryst, damer - Finale**Sponsor: Elverum Sport Bilsalg****Senior**

1	Anne-Mari Gulbrandsen	84	Bærumsvømmerne	1.10,74	861
	33,72(33,72)	1.10,74(37,02)			
2	Sara Nordenstam	83	Lambertseter SK	1.11,09	848
	33,73(33,73)	1.11,09(37,36)			
3	Henriette Martinsen	85	Trondheim SLK	1.12,57	797
	33,56(33,56)	1.12,57(39,01)			
4	Katharina Stüberg	88	Bjerkvik SK	1.12,96	784
	34,86(34,86)	1.12,96(38,10)			
5	Mari Ask Rasmussen	86	TS/Stavanger VPK	1.14,01	751
	34,59(34,59)	1.14,01(39,42)			
6	Trine Austrøne Olsen	90	Fauske SK	1.15,07	720
	35,72(35,72)	1.15,07(39,35)			
7	Ine Charlotte Hagen	89	Lørenskog/Rælingen	1.16,57	678
	36,24(36,24)	1.16,57(40,33)			
8	Iselin Meisler	90	Tverlandet IL	1.19,07	616
	36,95(36,95)	1.19,07(42,12)			

Øvelse 4. 100m butterfly, herrer - Finale**Sponsor: Sperre Støperi, Elverum****Senior**

1	Alexander Hetland	82	Bærumsvømmerne	56,27	800
	25,33(25,33)	56,27(30,94)			
2	Øystein R. Hetland	89	Bærum/NTG	57,10	765
	26,11(26,11)	57,10(30,99)			
3	Jørgen Møllerop	88	TS/Madla SK	57,48	750
	26,72(26,72)	57,48(30,76)			
4	Sindri T. Jakobsson	91	BS/Delfana	57,75	740
	26,62(26,62)	57,75(31,13)			
5	Stian S. Langeland	89	Bergens SC	58,36	717
	27,36(27,36)	58,36(31,00)			
5	Bjørnar Gaasvik	79	IL Varg	58,36	717
	26,97(26,97)	58,36(31,39)			
7	Christer Koch Kvam	90	Bærum/NTG	58,64	707
	26,87(26,87)	58,64(31,77)			
8	Øystein Gaasvik	82	Vestbyen IL	58,80	701
	27,75(27,75)	58,80(31,05)			

Øvelse 5. 200m fri, damer - Finale**Sponsor: Veksthuset rekruttering AS, Elverum****Senior**

1	Ingvild Snildal	88	Asker SK	2.06,05	807
	29,69(29,69)	1.01,73(32,04)	1.34,22(32,49)	2.06,05(31,83)	
2	Victoria S. Løken	91	Team Stavanger	2.06,56	797
	29,42(29,42)	1.01,23(31,81)	1.33,74(32,51)	2.06,56(32,82)	
3	Cecilie W. Johannessen	90	Karmøy SK	2.06,85	791
	29,56(29,56)	1.02,31(32,75)	1.34,75(32,44)	2.06,85(32,10)	
4	Elin Slaatmo	92	Hamar IL	2.07,25	784
	31,15(31,15)	1.03,19(32,04)	1.36,37(33,18)	2.07,25(30,88)	
5	Monica W. Johannessen	90	Karmøy SK	2.08,34	764
	30,03(30,03)	1.02,66(32,63)	1.35,85(33,19)	2.08,34(32,49)	
6	Elise Utne	89	Narvik SK	2.08,55	760
	30,51(30,51)	1.03,21(32,70)	1.36,10(32,89)	2.08,55(32,45)	
7	Henriette Brekke	88	Vestkantsvømmerne	2.08,98	753
	29,33(29,33)	1.01,94(32,61)	1.35,52(33,58)	2.08,98(33,46)	
8	Elisabeth Jarland	85	Bærumsvømmerne	2.10,35	729
	30,91(30,91)	1.03,98(33,07)	1.37,01(33,03)	2.10,35(33,34)	

Øvelse 6. 200m individuell medley, herrer - Finale**Sponsor: Veksthuset rekruttering AS, Elverum****Senior**

1	Gard Kvale	84	Bergens SC	2.02,26	937	NR
	26,43(26,43)	57,65(31,22)	1.33,09(35,44)	2.02,26(29,17)		
2	Eirik Ravnan	89	Hamar IL	2.08,28	811	
	27,89(27,89)	1.01,38(33,49)	1.38,01(36,63)	2.08,28(30,27)		
3	Alexander Broberg Skeltved	87	Vestkantsvømmerne	2.11,51	753	
	27,64(27,64)	1.01,84(34,20)	1.40,21(38,37)	2.11,51(31,30)		
4	Aleksander Rayward	91	Kongstensvømmerne	2.13,32	723	
	28,54(28,54)	1.04,37(35,83)	1.43,17(38,80)	2.13,32(30,15)		
5	Lars Andre Tolås	88	Bærumsvømmerne	2.15,04	695	
	28,07(28,07)	1.01,59(33,52)	1.42,89(41,30)	2.15,04(32,15)		
6	Sebastian Wigstrøm	91	Bærumsvømmerne	2.16,42	674	
	30,38(30,38)	1.07,75(37,37)	1.44,51(36,76)	2.16,42(31,91)		
7	Kristoffer Meisler	90	Tverlandet IL	2.17,22	663	
	28,89(28,89)	1.04,69(35,80)	1.45,07(40,38)	2.17,22(32,15)		
8	Vegard Løvberg	91	Bærumsvømmerne	2.17,45	659	
	29,28(29,28)	1.03,03(33,75)	1.46,20(43,17)	2.17,45(31,25)		

Øvelse 7. 50m rygg, damer - Finale**Sponsor: Tor Løkken AS, Elverum****Senior**

1	Ingvild Snildal	88	Asker SK	(0,67)	29,52	890
2	Heidi Vainio Gjøen	88	Lambertseter SK	(0,70)	31,17	756
3	Cecilie W. Johannessen	90	Karmøy SK	(0,57)	31,33	744
4	Elise Utne	89	Narvik SK	(0,70)	31,87	707
5	Margrete Nyhus Ulvestad	88	Molde SLK	(0,79)	32,10	692
6	Seline Vike Holm	92	Arna SLK	(0,57)	32,32	678
7	Karen Stødle	87	Team Stavanger	(0,98)	32,95	640

Funksjonshemmede

1	Mariann Vestbøstad	84	Vestkantsvømmerne	(0,68)	37,74	426	S8	101,42 %
2	Tonje Immerstein	89	Sandnes SLK	(0,68)	42,05	308	S10	119,16 %
3	Linn Haugen	87	Vestkantsvømmerne		43,74	273	S9	128,87 %
4	Anne Ask Rasmussen	89	TS/Madla SK	(0,76)	45,45	243	S9	133,91 %
5	Ingrid Djupskås	89	Asker SK	(0,83)	46,19	232	S9	136,09 %
6	Hanne Farestvedt	93	Åstveit SK	(0,77)	45,84	237	S14	140,79 %
7	Linn Kristoffersen	84	Øvre Eiker SK	(1,39)	1.02,66	93	S7	157,2 %

Øvelse 8. 50m bryst, herrer - Finale

Sponsor: Sykkel og Motor Elverum AS

Senior

1	Alexander Dale Oen	85	Vestkantsvømmerne		27,83	971	
2	Alexander Hetland	82	Bærumsvømmerne		28,73	882	
3	Erik Dorch	83	BS/Bergen SLK		29,54	812	
4	Mattis Saghaug	90	IL Varg/NTG		30,32	751	
5	Sverre Næss	92	Sarpsborg IL		30,47	739	
5	Alexander Mokkelbost	87	BS/Delfana		30,47	739	
7	Lars Erik Dæhli	82	Hamar IL		30,60	730	
8	Marcus Tesdal	90	BS/Åstveit		30,61	729	

Øvelse 9. 4*100m fri, damer - Senior

Senior

1	Team Stavanger J1 sr.	SR	Team Stavanger		3.57,95	782	
	Victoria S. Løken:	28,01(28,01)	58,12(30,11)	58,12			
	Karen Stødle:	1.26,46(28,34)	1.58,93(32,47)	1.00,81			
	Mari Ask Rasmussen:	2.26,74(27,81)	2.58,68(31,94)	59,75			
	Lauren Fuysoux:	3.26,66(27,98)	3.57,95(31,29)	59,27			
2	Asker SK J1 sr.	SR	Asker SK		3.58,06	780	
	Ingvild Snildal:	28,74(28,74)	58,32(29,58)	58,32			
	Sofie Gjemmestad:	1.26,44(28,12)	1.57,77(31,33)	59,45			
	Nora Kathrine Guthe:	2.27,24(29,47)	2.59,63(32,39)	1.01,86			
	Siri Eva Kristiansen:	3.27,62(27,99)	3.58,06(30,44)	58,43			
3	Hamar IL J1 sr.	SR	Hamar IL		4.01,69	746	
	Kristine Johansen:	28,85(28,85)	59,86(31,01)	59,86			
	Siri Løvold Magnussen:	1.28,55(28,69)	2.00,39(31,84)	1.00,53			
	Elin Slaatmo:	2.30,18(29,79)	3.01,39(31,21)	1.01,00			
	Karoline Brudvik Sanderud:	3.30,05(28,66)	4.01,69(31,64)	1.00,30			
4	Lambertseter SK J1 sr.	SR	Lambertseter SK		4.05,07	715	
	Emilie Hellerud:	29,86(29,86)	1.01,92(32,06)	1.01,92			
	Emma Isdahl:	1.30,84(28,92)	2.02,67(31,83)	1.00,75			
	Ingrid N. Knutzen:	2.31,62(28,95)	3.03,39(31,77)	1.00,72			
	Pia Cornelia Braarud:	3.32,20(28,81)	4.05,07(32,87)	1.01,68			
5	Skjetten Svømming J1 sr.	SR	Skjetten Svømming		4.10,44	670	
	Terese Langlo:	30,36(30,36)	1.02,91(32,55)	1.02,91			
	Helene Solberg:	1.32,80(29,89)	2.06,50(33,70)	1.03,59			
	Iselin Mjøllner Dahlen:	2.36,38(29,88)	3.09,55(33,17)	1.03,05			
	Gina B. Andersen:	3.39,20(29,65)	4.10,44(31,24)	1.00,89			
6	Bærumsv J2 sr.	SR	Bærumsvømmerne		4.12,80	652	
	Emilie N. Løvberg:	30,44(30,44)	1.02,86(32,42)	1.02,86			
	Kristine Mella:	1.32,64(29,78)	2.05,05(32,41)	1.02,19			
	Karin Ekholt:	2.35,41(30,36)	3.08,94(33,53)	1.03,89			
	Andrea Westbye:	3.39,36(30,42)	4.12,80(33,44)	1.03,86			
7	Vestkantsv. J1 sr.	SR	Vestkantsvømmerne		4.12,86	651	
	Henriette Brekke:	27,88(27,88)	58,42(30,54)	58,42			
	Stine Vindenes:	1.28,77(30,35)	2.02,09(33,32)	1.03,67			
	Juni Rugland:	2.32,68(30,59)	3.07,55(34,87)	1.05,46			
	Marie Reinertsen:	3.38,80(31,25)	4.12,86(34,06)	1.05,31			

8	Vestbyen IL J1 sr.	SR	Vestbyen IL	4.16,18	626
	Elise Strømsvik:	29,43(29,43)	1.01,70(32,27)	1.01,70	
	Ingrid Marie Rytter:	1.31,43(29,73)	2.04,42(32,99)	1.02,72	
	Randi Gaasvik:	2.35,54(31,12)	3.10,77(35,23)	1.06,35	
	Mari Singstad:	3.41,67(30,90)	4.16,18(34,51)	1.05,41	
9	Vestkantsv. J2 sr.	SR	Vestkantsvømmerne	4.19,48	603
	Marie Øverland:	31,04(31,04)	1.04,51(33,47)	1.04,51	
	Marthe Helene Haganes:	1.34,20(29,69)	2.08,33(34,13)	1.03,82	
	Benedicte Kausland:	2.39,58(31,25)	3.14,19(34,61)	1.05,86	
	Andrea Haugstad:	3.45,03(30,84)	4.19,48(34,45)	1.05,29	
10	Bergens SC J1 sr.	SR	Bergens SC	4.22,92	579
	Eirin Arnesen:	30,70(30,70)	1.04,68(33,98)	1.04,68	
	Hedvig Hjertaker:	1.35,79(31,11)	2.11,25(35,46)	1.06,57	
	Maren Allum:	2.42,24(30,99)	3.16,43(34,19)	1.05,18	
	Kaya Haugland Færøvik:	3.47,73(31,30)	4.22,92(35,19)	1.06,49	
11	Tromsø SK J1 sr.	SR	Tromsø SK	4.28,68	543
	Hanne Lockertsen:	31,58(31,58)	1.05,05(33,47)	1.05,05	
	Siv Fiske:	1.34,94(29,89)	2.07,59(32,65)	1.02,54	
	Marte Tollefsen:	2.39,54(31,95)	3.14,81(35,27)	1.07,22	
	Kristine Nergaard:	3.49,79(34,98)	4.28,68(38,89)	1.13,87	
12	Ski SK J1 sr.	SR	Ski SK	4.28,91	541
	Camilla W. Kristiansen:	30,76(30,76)	1.04,91(34,15)	1.04,91	
	Trine-Marie Fjeldstad:	1.35,64(30,73)	2.09,65(34,01)	1.04,74	
	Veronica B. Lundsten:	2.42,58(32,93)	3.20,15(37,57)	1.10,50	
	Henriette With Bjørnstad:	3.52,66(32,51)	4.28,91(36,25)	1.08,76	
13	Hamar IL J2 sr.	SR	Hamar IL	4.32,97	518
	Julie Torgersen Nilsen:	31,64(31,64)	1.05,94(34,30)	1.05,94	
	Kristiane L. Buholt:	1.39,90(33,96)	2.17,27(37,37)	1.11,33	
	Maren Melvold:	2.49,20(31,93)	3.25,53(36,33)	1.08,26	
	Mari Lystad Karlsen:	3.57,03(31,50)	4.32,97(35,94)	1.07,44	
	Team Stavanger J2 sr.	SR	Team Stavanger	DISK	
	Victoria Rung:	29,84(29,84)	1.01,83(31,99)	1.01,83	
	Vibeke Brigg:	1.30,52(28,69)	2.03,52(33,00)	1.01,69	
	Christine Ørland:				
	Trine Hovda:				
	Bærumsv J1 sr.	SR	Bærumsvømmerne	DISK	
	Maria Bølgen:	30,03(30,03)	1.02,21(32,18)	1.02,21	
	Elisabeth Jarland:	1.30,60(28,39)	2.01,42(30,82)	59,21	
	Anne-Mari Gulbrandsen:	2.30,55(29,13)	3.01,73(31,18)	1.00,31	
	Karolina Orleanski:				

Øvelse 10. 4*200m fri, herrer - Senior

Senior

1	Bærumsv G1 sr.	SR	Bærumsvømmerne	7.56,81	739
		27,53(27,53)	57,82(30,29)		
	Christer Koch Kvam:	1.28,37(30,55)	1.58,57(30,20)	1.58,57	
		2.25,17(26,60)	2.55,41(30,24)		
	Øystein R. Hetland:	3.26,32(30,91)	3.56,48(30,16)	1.57,91	
		4.23,48(27,00)	4.53,13(29,65)		
	Lars Andre Tolås:	5.24,05(30,92)	5.54,69(30,64)	1.58,21	
		6.21,91(27,22)	6.52,63(30,72)		
	Stian Werner Erichsen:	7.25,06(32,43)	7.56,81(31,75)	2.02,12	
2	Bergens SC G1 sr.	SR	Bergens SC	7.59,44	727
		26,52(26,52)	54,87(28,35)		
	Gard Kvale:	1.23,38(28,51)	1.51,24(27,86)	1.51,24	
		2.19,06(27,82)	2.49,67(30,61)		
	Stian S. Langeland:	3.21,54(31,87)	3.52,25(30,71)	2.01,01	
		4.19,23(26,98)	4.49,77(30,54)		
	Lavrans Veierø Solli:	5.22,05(32,28)	5.54,94(32,89)	2.02,69	
		6.22,84(27,90)	6.53,88(31,04)		
	Thor Kristian Østenå Larsen:	7.26,76(32,88)	7.59,44(32,68)	2.04,50	

3	Bergensv. G1 sr.	SR	Bergensvømmerne	8.00,07	724
		26,38(26,38)	55,23(28,85)		
	Sander Smørdal:	1.24,88(29,65)	1.55,66(30,78)	1.55,66	
		2.23,18(27,52)	2.53,58(30,40)		
	Alexander Mokkalbost:	3.25,30(31,72)	3.56,81(31,51)	2.01,15	
		4.24,40(27,59)	4.55,51(31,11)		
	Even Vike Holm:	5.27,81(32,30)	6.00,61(32,80)	2.03,80	
		6.27,77(27,16)	6.58,61(30,84)		
	Sindri T. Jakobsson:	7.30,04(31,43)	8.00,07(30,03)	1.59,46	
4	Team Stavanger G1 sr.	SR	Team Stavanger	8.03,00	711
		27,38(27,38)	57,22(29,84)		
	Jørgen Møllerop:	1.27,97(30,75)	1.58,08(30,11)	1.58,08	
		2.25,29(27,21)	2.55,68(30,39)		
	Ole Martin Ree:	3.26,54(30,86)	3.57,61(31,07)	1.59,53	
		4.25,21(27,60)	4.56,54(31,33)		
	Bjarte Ravndal:	5.27,68(31,14)	5.58,29(30,61)	2.00,68	
		6.26,80(28,51)	6.58,39(31,59)		
	Erling Mjøs Brattelid:	7.30,97(32,58)	8.03,00(32,03)	2.04,71	
5	Bærumsv G2 sr.	SR	Bærumsvømmerne	8.03,53	709
		28,05(28,05)	58,83(30,78)		
	Tor Hafnor:	1.29,88(31,05)	2.00,48(30,60)	2.00,48	
		2.27,62(27,14)	2.57,41(29,79)		
	Robert Aronsen:	3.28,01(30,60)	3.59,75(31,74)	1.59,27	
		4.27,43(27,68)	4.58,82(31,39)		
	Elias Damman:	5.30,21(31,39)	6.01,37(31,16)	2.01,62	
		6.28,99(27,62)	6.59,89(30,90)		
	Vegard Løvberg:	7.31,41(31,52)	8.03,53(32,12)	2.02,16	
6	Asker SK G1 sr.	SR	Asker SK	8.21,60	635
		28,51(28,51)	59,13(30,62)		
	Carl Andreas Wathne:	1.31,16(32,03)	2.03,08(31,92)	2.03,08	
		2.32,45(29,37)	3.04,66(32,21)		
	Jan Aleksander Bakke:	3.36,87(32,21)	4.08,53(31,66)	2.05,45	
		4.37,60(29,07)	5.11,29(33,69)		
	Eirik Standal Thoresen:	5.45,44(34,15)	6.19,36(33,92)	2.10,83	
		6.48,16(28,80)	7.18,84(30,68)		
	Magnus Bru:		8.21,60(1.02,76)	2.02,24	
7	Larvik SK G1 sr.	SR	Larvik SK	8.39,10	573
		29,75(29,75)	1.02,27(32,52)		
	Aksel B. Lindhjem:	1.35,30(33,03)	2.07,72(32,42)	2.07,72	
		2.35,64(27,92)	3.07,38(31,74)		
	Geir T. Kristiansen:	3.40,09(32,71)	4.12,53(32,44)	2.04,81	
		4.41,72(29,19)	5.15,05(33,33)		
	Jørgen Aagaard-Nilsen Wiik:	5.49,17(34,12)	6.22,23(33,06)	2.09,70	
		6.51,33(29,10)	7.24,17(32,84)		
	Tommy Pedersen:	8.00,49(36,32)	8.39,10(38,61)	2.16,87	
8	Løren/Rælingen G1 sr.	SR	Lørenskog/Rælingen	9.00,25	508
		30,29(30,29)	1.03,79(33,50)		
	Tore Skauge Bysting:	1.37,77(33,98)	2.10,98(33,21)	2.10,98	
		2.39,32(28,34)	3.11,77(32,45)		
	John Hage Gaarder:	3.45,27(33,50)	4.18,10(32,83)	2.07,12	
		4.50,15(32,05)	5.26,30(36,15)		
	Kjetil Flatland:	6.02,57(36,27)	6.37,38(34,81)	2.19,28	
		7.10,30(32,92)	7.46,55(36,25)		
	Vebjørn Lindhjem:	8.23,74(37,19)	9.00,25(36,51)	2.22,87	
9	Vestkantsv. G1 sr.	SR	Vestkantsvømmerne	9.04,87	495
		34,80(34,80)	1.13,10(38,30)		
	Kristian Blummenfelt:	1.51,74(38,64)	2.29,48(37,74)	2.29,48	
		2.58,95(29,47)	3.33,30(34,35)		
	Joachim Jakobsen:	4.06,50(33,20)	4.38,50(32,00)	2.09,02	
		5.07,72(29,22)	5.41,66(33,94)		
	Markus Vindenes:	6.15,60(33,94)	6.49,31(33,71)	2.10,81	
		7.20,03(30,72)	7.54,97(34,94)		
	Kristoffer Brekke:	8.30,10(35,13)	9.04,87(34,77)	2.15,56	
	Hamar IL G1 sr.	SR	Hamar IL	DISK	
		28,30(28,30)	1.00,10(31,80)		
	Lars Erik Dæhli:	1.32,46(32,36)	2.05,58(33,12)	2.05,58	
		2.33,68(28,10)	3.06,18(32,50)		
	Steen Frenk Johansen:	3.40,51(34,33)	4.15,43(34,92)	2.09,85	
	Tor Joachim Bjørnstad:				
	Øyvind K. Røsland:				

Fredag 11. juli 2008 kl 09.00**Øvelse 11. 200m rygg, herrer - Forsøk****Sponsor: Kremmertorget, Elverum****Senior**

1	Lars Andre Tolås	88	Bærumsvømmerne	(0,72)	2.13,57	676
	30,49(30,49)	1.04,31(33,82)	1.38,43(34,12)		2.13,57(35,14)	
2	Steen Frenk Johansen	86	Hamar IL	(0,77)	2.19,11	599
	32,49(32,49)	1.06,89(34,40)	1.42,74(35,85)		2.19,11(36,37)	

Junior

1	Eirik Ravnan	89	Hamar IL	(0,69)	2.12,88	687
	31,53(31,53)	1.04,35(32,82)	1.39,26(34,91)		2.12,88(33,62)	
2	Lavrans Veierø Solli	92	Bergens SC	(0,72)	2.13,99	670
	31,75(31,75)	1.06,09(34,34)	1.41,10(35,01)		2.13,99(32,89)	
3	Vegard Løvberg	91	Bærumsvømmerne	(0,66)	2.14,63	661
	31,20(31,20)	1.05,29(34,09)	1.40,15(34,86)		2.14,63(34,48)	
4	Sindre Nilo	90	Sandefjord SK/NTG	(1,02)	2.14,88	657
	32,10(32,10)	1.05,99(33,89)	1.40,64(34,65)		2.14,88(34,24)	
5	Stian S. Langeland	89	Bergens SC	(0,70)	2.15,87	643
	31,84(31,84)	1.06,42(34,58)	1.41,60(35,18)		2.15,87(34,27)	
6	Tor Hafnor	91	Bærumsvømmerne	(0,79)	2.18,17	611
	32,34(32,34)	1.07,22(34,88)	1.42,41(35,19)		2.18,17(35,76)	
7	Joar Skien Grannes	90	Sandnes SLK	(0,66)	2.18,28	610
	31,58(31,58)	1.06,30(34,72)	1.42,63(36,33)		2.18,28(35,65)	
8	Emil Brennløkken	89	Vestbyen IL	(1,01)	2.18,58	606
	31,56(31,56)	1.06,52(34,96)	1.42,78(36,26)		2.18,58(35,80)	
9	Even Vike Holm	90	BS/Arna		2.19,05	600
	32,04(32,04)	1.07,13(35,09)	1.42,87(35,74)		2.19,05(36,18)	
10	Julian Åsheim Mikkelsen	93	Ås IL	(0,71)	2.20,13	586
	31,92(31,92)	1.07,33(35,41)	1.44,02(36,69)		2.20,13(36,11)	
11	Jan Aleksander Bakke	91	Asker SK	(0,80)	2.23,67	543
	32,71(32,71)	1.08,62(35,91)	1.45,86(37,24)		2.23,67(37,81)	
12	Tore Skauge Bysting	92	Lørenskog/Rælingen	(0,75)	2.24,78	531
	34,72(34,72)	1.11,28(36,56)	1.47,88(36,60)		2.24,78(36,90)	
13	Eirik Runningen	90	BS/Delfana		2.26,04	517
	32,76(32,76)	1.09,00(36,24)	1.46,31(37,31)		2.26,04(39,73)	
14	Joakim I. Larsen	92	Trondheim SLK	(0,74)	2.26,22	516
	34,01(34,01)	1.10,68(36,67)	1.48,57(37,89)		2.26,22(37,65)	
15	Sebastian Stordal	91	BS/Delfana	(0,67)	2.26,62	511
	34,21(34,21)	1.10,87(36,66)	1.49,12(38,25)		2.26,62(37,50)	
16	Øyvind Gevelt	91	Øvre Eiker SK	(0,76)	2.27,91	498
	34,43(34,43)	1.11,21(36,78)	1.49,73(38,52)		2.27,91(38,18)	
17	Henry Emil Nordhagen	93	Bærumsvømmerne	(0,67)	2.28,27	494
	33,97(33,97)	1.10,86(36,89)	1.49,40(38,54)		2.28,27(38,87)	
18	Henning Kaland	92	Oslo IL	(0,73)	2.28,45	493
	35,04(35,04)	1.11,71(36,67)	1.50,75(39,04)		2.28,45(37,70)	
19	Hans Andre Pedersen	92	Sandefjord SK		2.29,50	482
	34,29(34,29)	1.12,56(38,27)	1.52,44(39,88)		2.29,50(37,06)	

Øvelse 12. 50m fri, damer - Forsøk

Sponsor: Kremmertorget, Elverum

Senior

1	Henriette Brekke	88	Vestkantsvømmerne	26,66	785
2	Kristine Johansen	77	Hamar IL	27,20	739
3	Siri Løvold Magnussen	86	Hamar IL	27,39	724
4	Katharina Stiberg	88	Bjerkvik SK	27,81	692
5	Elise Strømsvik	87	Vestbyen IL	28,08	672
6	Henriette Martinsen	85	Trondheim SLK	28,17	665
7	Mari Ask Rasmussen	86	TS/Stavanger VPK	28,41	649
8	Monica Finnøy	88	BS/Bergen SLK	28,95	613

Junior

1	Cecilie W. Johannessen	90	Karmøy SK	26,50	799
2	Victoria S. Løken	91	Team Stavanger	26,74	778
3	Monica W. Johannessen	90	Karmøy SK	27,65	704
4	Martine Bremer	90	Bergens SLK	27,73	698
5	Siri Eva Kristiansen	93	Asker SK	27,87	687
6	Sofie Gjemmestad	89	Asker SK	27,95	681
7	Hanne Sjøfteland	92	Delfana	28,05	674
8	Susann Bjørnsen	93	Setermoen SK	28,27	658
9	Maria Bølgen	93	Bærumsvømmerne	28,43	647
10	Aslaug Marie Hjelmaas	95	Bergens SLK	28,49	643
11	Oda J. Midtun	91	Arna SLK	28,50	643
12	Kristine Mella	90	Bærumsvømmerne	28,64	633
13	Vibeke Brigg	89	TS/Madla SK	28,65	633
14	Line W. Lund	91	Askimsvømmerne	28,67	631
15	Emma Isdahl	92	Lambertseter SK	28,70	629
16	Siv Fiske	92	Tromsø SK	28,71	629
17	Ida Johansen	94	Øvre Eiker SK	28,90	616
18	Ingrid Marie Rytter	91	Vestbyen IL	28,96	612
19	Katinka Kvant	89	Arna SLK	28,97	612
20	Pia Cornelia Braarud	93	Lambertseter SK	29,00	610
21	Elisabeth H. Svensson	91	Ski SK	29,04	607
22	Trine Hovda	90	TS/Madla SK	29,17	599
22	Karin Ekholt	89	Bærumsvømmerne	29,17	599
24	Emilie Hellerud	92	Lambertseter SK	29,29	592
25	Ane J. Midtun	91	Arna SLK	29,67	569

Øvelse 13. 100m fri, herrer - Forsøk

Sponsor: Jotunheimen Eiendom

Senior

1	Thomas Ole Fadnes	87	Stavanger SC	51,63	822
	24,57(24,57)	51,63(27,06)			
2	Sander Smørdal	85	BS/Arna	52,24	794
	25,20(25,20)	52,24(27,04)			
3	Gard Kvale	84	Bergens SC	52,44	785
	25,47(25,47)	52,44(26,97)			
4	Jørgen Møllerop	88	TS/Madla SK	53,80	727
	25,59(25,59)	53,80(28,21)			
5	Raymond Dybvik	88	Kolbotn IL	54,89	684
	26,23(26,23)	54,89(28,66)			

Junior

1	Øystein R. Hetland 25,01(25,01)	89	Bærum/NTG	52,43	785
2	Eirik Ravnán 26,51(26,51)	89	Hamar IL	53,78	728
3	Christer Koch Kvam 25,50(25,50)	90	Bærum/NTG	53,97	720
4	Mats Gøran Høgenhaug 26,06(26,06)	93	Namsos SK	54,40	703
5	Stian Werner Erichsen 26,39(26,39)	90	Bærumsvømmerne	54,74	690
6	Mikkel Tørud Lang 26,50(26,50)	90	Ullensakersv	54,84	686
7	Mikael Bergene 26,38(26,38)	91	Lambertseter SK	55,00	680
8	Aleksander Rayward 26,61(26,61)	91	Kongstensvømmerne	55,15	675
9	Christian Sunde 26,25(26,25)	89	Elverum Svømming	55,22	672
10	Elias Damman 27,48(27,48)	89	Bærum/NTG	55,43	664
11	Martin Skramstad 27,05(27,05)	89	Hamar IL	55,63	657
12	Zoltan Csernai 26,83(26,83)	93	Åstveit SK	55,77	652
13	Bjarte Ravndal 26,82(26,82)	91	TS/Sola SK	55,82	651
14	Alexander B. Havre 26,74(26,74)	90	Mandal SK	55,90	648
15	Ole Martin Ree 26,86(26,86)	92	TS/Sola SK	56,01	644
16	Bernt M. Seyffarth 26,35(26,35)	89	Mandal SK	56,24	636
17	Per Sondre Sodeland 26,18(26,18)	91	Mandal SK	56,34	633
18	Jonas Kirkeberg Jostad 26,94(26,94)	92	Hamar IL	56,50	627
19	Marius Lund 26,73(26,73)	91	Tromsø SK	56,85	616
20	Geir T. Kristiansen 27,42(27,42)	90	Larvik SK	56,97	612
21	Sindre Eilertsen 27,83(27,83)	90	Lambertseter SK	57,53	594
22	Martin Hammer 27,14(27,14)	93	Kongstensvømmerne	57,59	592
23	Carl Andreas Wathne 27,24(27,24)	91	Asker SK	57,60	592
24	Rune Johansen 27,63(27,63)	89	Andøya SLK	58,61	562

Funksjonshemmede

1	Stian I Helgeland 37,86(37,86)	86	Skjetten Svømming	1.18,44	234	S6	118,7 %
2	Jørgen Tadvin 38,04(38,04)	83	Kolbotn IL	1.18,72	232	S6	119,13 %

Øvelse 14. 200m butterfly, damer - Forsøk

Sponsor: Sparebanken Hedmark

Senior

1	Ingvild Snildal	88	Asker SK	2.17,89	775
	30,29(30,29)	1.04,74(34,45)	1.40,40(35,66)	2.17,89(37,49)	
2	Sara Nordenstam	83	Lambertseter SK	2.21,94	711
	32,23(32,23)	1.08,54(36,31)	1.45,25(36,71)	2.21,94(36,69)	
3	Karolina Orleanski	86	Bærumsvømmerne	2.27,29	636
	32,52(32,52)	1.08,94(36,42)	1.47,26(38,32)	2.27,29(40,03)	
4	Christine Ørland	88	TS/Madla SK	2.31,89	580
	32,59(32,59)	1.09,92(37,33)	1.49,67(39,75)	2.31,89(42,22)	
	Ellen Magnussen	84	Sarpsborg IL	BRUTT	

Junior

1	Karoline Brudvik Sanderud	89	Hamar IL	2.20,17	738
	31,37(31,37)	1.06,37(35,00)	1.42,60(36,23)	2.20,17(37,57)	
2	Line Løvberg	91	Lambertseter SK/NTG	2.23,21	692
	32,00(32,00)	1.08,08(36,08)	1.44,35(36,27)	2.23,21(38,86)	
3	Julie Borgen	91	Sarpsborg IL	2.28,16	625
	30,91(30,91)	1.07,30(36,39)	1.47,72(40,42)	2.28,16(40,44)	
4	Oona Ovesen	92	Elverum Svømming	2.28,21	624
	32,79(32,79)	1.10,35(37,56)	1.50,02(39,67)	2.28,21(38,19)	
5	Siri N. Andersen	92	Haldens SK	2.28,35	623
	33,79(33,79)	1.11,15(37,36)	1.49,56(38,41)	2.28,35(38,79)	
6	Monica W. Johannessen	90	Karmøy SK	2.28,91	616
	32,46(32,46)	1.09,38(36,92)	1.48,76(39,38)	2.28,91(40,15)	
7	Sara Pettersen	91	Fauske SK	2.29,49	608
	32,97(32,97)	1.10,03(37,06)	1.48,63(38,60)	2.29,49(40,86)	
8	Katrine Ekstang	92	Setermoen SK	2.30,60	595
	34,23(34,23)	1.12,98(38,75)	1.52,17(39,19)	2.30,60(38,43)	
9	Victoria Rung	92	TS/Frisinn	2.31,51	584
	32,89(32,89)	1.10,26(37,37)	1.50,47(40,21)	2.31,51(41,04)	
10	Nora Næss	93	Haldens SK	2.31,68	582
	33,62(33,62)	1.12,29(38,67)	1.51,83(39,54)	2.31,68(39,85)	
11	Stine Vindenes	93	Vestkantsvømmerne	2.32,44	574
	32,29(32,29)	1.10,48(38,19)	1.50,11(39,63)	2.32,44(42,33)	
12	Jacqueline Knutsson	93	Kongstensvømmerne	2.33,06	567
	33,52(33,52)	1.13,12(39,60)	1.53,02(39,90)	2.33,06(40,04)	
13	Maren Gramvik	90	Vågsbygd SLK	2.33,92	557
	33,15(33,15)	1.11,57(38,42)	1.51,72(40,15)	2.33,92(42,20)	
14	Emilie N. Løvberg	95	Bærumsvømmerne	2.34,07	556
	33,83(33,83)	1.12,80(38,97)	1.53,46(40,66)	2.34,07(40,61)	
15	Terese Langlo	89	Skjetten Svømming	2.35,42	541
	33,99(33,99)	1.12,14(38,15)	1.52,55(40,41)	2.35,42(42,87)	
16	Guro Knutsen	91	Øvre Eiker SK	2.36,68	528
	33,62(33,62)	1.12,12(38,50)	1.54,04(41,92)	2.36,68(42,64)	
17	Kristin Blyverket	92	Oslo IL	2.37,54	520
	34,18(34,18)	1.14,72(40,54)	1.56,85(42,13)	2.37,54(40,69)	
18	Pernille Thorstensen	89	Vågsbygd SLK	2.38,33	512
	33,61(33,61)	1.13,81(40,20)	1.54,99(41,18)	2.38,33(43,34)	
19	Karoline Eriksen	92	Stavanger SC	2.38,44	511
	32,90(32,90)	1.11,98(39,08)	1.54,14(42,16)	2.38,44(44,30)	
20	Mina Berggren	92	Lambertseter SK	2.41,43	483
	34,20(34,20)	1.14,26(40,06)	1.57,75(43,49)	2.41,43(43,68)	
21	Thea Pedersen	91	Moss SK	2.41,68	481
	35,58(35,58)	1.16,67(41,09)	1.59,28(42,61)	2.41,68(42,40)	
22	Ingse Bergh Monsen	92	Bergens SC	2.41,74	480
	35,51(35,51)	1.16,10(40,59)	1.59,67(43,57)	2.41,74(42,07)	
23	Marina Rasmussen	89	Arna SLK	2.44,30	458
	34,76(34,76)	1.14,74(39,98)	1.58,31(43,57)	2.44,30(45,99)	
24	Ane Nygård	95	Stavanger SC	2.44,60	456
	33,15(33,15)	1.14,98(41,83)	1.58,97(43,99)	2.44,60(45,63)	
25	Caroline M. Mork	93	Stavanger SC	2.48,93	421
	35,37(35,37)	1.17,44(42,07)	2.01,51(44,07)	2.48,93(47,42)	

Øvelse 15. 200m bryst, herrer - Forsøk

Sponsor: Norsk Tipping

Senior

1	Alexander Dale Oen	85	Vestkantsvømmerne	2.26,64	711
	31,76(31,76)	1.08,86(37,10)	1.46,96(38,10)	2.26,64(39,68)	
2	Robin Palm	88	Sarpsborg IL	2.29,76	667
	32,77(32,77)	1.10,63(37,86)	1.49,34(38,71)	2.29,76(40,42)	
3	Alexander Broberg Skeltved	87	Vestkantsvømmerne	2.29,82	667
	33,49(33,49)	1.10,85(37,36)	1.49,51(38,66)	2.29,82(40,31)	
4	Robert Aronsen	86	Bærumsvømmerne	2.31,73	642
	34,20(34,20)	1.11,94(37,74)	1.50,77(38,83)	2.31,73(40,96)	
5	Daniel Aronsen	86	Bærumsvømmerne	2.33,28	622
	34,55(34,55)	1.13,81(39,26)	1.53,56(39,75)	2.33,28(39,72)	
6	Alexander Møkkelbost	87	BS/Delfana	2.34,15	612
	32,85(32,85)	1.10,96(38,11)	1.51,95(40,99)	2.34,15(42,20)	

Junior

1	Sverre Næss	92	Sarpsborg IL	2.23,68	756
	31,85(31,85)	1.09,16(37,31)	1.46,59(37,43)	2.23,68(37,09)	
2	Sebastian Wigstrøm	91	Bærumsvømmerne	2.26,41	714
	32,25(32,25)	1.08,49(36,24)	1.46,30(37,81)	2.26,41(40,11)	
3	Mattis Saghaug	90	IL Varg/NTG	2.28,17	689
	32,47(32,47)	1.09,43(36,96)	1.48,20(38,77)	2.28,17(39,97)	
4	Sindre Söderlund	91	Trondheim SLK/NTG	2.30,38	659
	33,14(33,14)	1.10,79(37,65)	1.50,67(39,88)	2.30,38(39,71)	
5	Kristoffer Meisler	90	Tverlandet IL	2.30,98	651
	34,38(34,38)	1.12,94(38,56)	1.51,36(38,42)	2.30,98(39,62)	
6	Erling Mjøs Brattelid	91	TS/Sola SK	2.31,42	646
	33,58(33,58)	1.12,14(38,56)	1.51,97(39,83)	2.31,42(39,45)	
7	Espen Halhjem	92	Delfana	2.34,20	611
	34,95(34,95)	1.13,95(39,00)	1.54,24(40,29)	2.34,20(39,96)	
8	Hans Østerdal	93	Stavanger SC	2.34,61	607
	34,22(34,22)	1.13,59(39,37)	1.54,29(40,70)	2.34,61(40,32)	
9	Hans Kristian Andersen	93	Florø SLK	2.35,26	599
	35,04(35,04)	1.15,28(40,24)	1.54,58(39,30)	2.35,26(40,68)	
10	John Lekhmus	91	Tromsø SK	2.35,51	596
	35,24(35,24)	1.15,15(39,91)	1.54,80(39,65)	2.35,51(40,71)	
11	Sigurd Ravnán	91	Hamar IL	2.35,62	595
	35,10(35,10)	1.14,58(39,48)	1.55,20(40,62)	2.35,62(40,42)	
12	Andreas Mathingsdal Pedersen	92	Farsund SK	2.36,86	581
	36,18(36,18)	1.16,52(40,34)	1.56,80(40,28)	2.36,86(40,06)	
13	Martin Hals	91	Øvre Eiker SK	2.37,70	572
	35,36(35,36)	1.15,61(40,25)	1.56,34(40,73)	2.37,70(41,36)	
14	Joachim Jakobsen	91	Vestkantsvømmerne	2.37,88	570
	35,53(35,53)	1.15,81(40,28)	1.57,23(41,42)	2.37,88(40,65)	
15	Magnus Klæboe Nordgård	89	Tromsø SK	2.38,50	563
	36,35(36,35)	1.17,01(40,66)	1.57,52(40,51)	2.38,50(40,98)	
16	Martin Steffensen	89	BS/Arna	2.38,91	559
	33,10(33,10)	1.11,98(38,88)	1.54,58(42,60)	2.38,91(44,33)	
17	Martin Lygre Eriksen	90	Bergens SC	2.39,61	551
	34,85(34,85)	1.14,81(39,96)	1.55,90(41,09)	2.39,61(43,71)	
18	Simen Dale	91	BS/Delfana	2.39,77	550
	34,56(34,56)	1.15,03(40,47)	1.56,89(41,86)	2.39,77(42,88)	
19	Markus Vindenes	94	Vestkantsvømmerne	2.39,90	548
	36,79(36,79)	1.18,16(41,37)	1.59,05(40,89)	2.39,90(40,85)	
20	André Eide	89	Narvik SK	2.40,60	541
	34,86(34,86)	1.15,24(40,38)	1.56,34(41,10)	2.40,60(44,26)	
21	Adrian A. Skogvold	91	Tverlandet IL	2.41,08	536
	35,86(35,86)	1.16,45(40,59)	1.58,29(41,84)	2.41,08(42,79)	
22	Erik Vassøy Olsen	91	Stavanger SC	2.41,80	529
	35,23(35,23)	1.15,39(40,16)	1.57,99(42,60)	2.41,80(43,81)	

23	Aleksander Sire	93	Modum SK	2.46,78	483
	35,95(35,95)	1.18,47(42,52)	2.02,21(43,74)	2.46,78(44,57)	
24	Markus Jonassen	92	Setermoen SK	2.47,31	479
	38,04(38,04)	1.21,90(43,86)	2.05,72(43,82)	2.47,31(41,59)	
25	Martin Gundersen	93	IL Varg	2.47,38	478
	36,04(36,04)	1.18,96(42,92)	2.03,48(44,52)	2.47,38(43,90)	
26	Stian Bjørklund	90	Sørreisa SK	2.51,46	445
	37,54(37,54)	1.20,78(43,24)	2.06,44(45,66)	2.51,46(45,02)	

Øvelse 16. 100m rygg, damer - Forsøk

Sponsor: Utstillingsplassen

Senior

1	Ingvild Snildal	88	Asker SK	(0,78)	1.05,32	790
	32,02(32,02)	1.05,32(33,30)				
2	Elisabeth Jarland	85	Bærumsvømmerne	(1,00)	1.07,37	720
	33,05(33,05)	1.07,37(34,32)				
3	Heidi Vainio Gjøn	88	Lambertseter SK	(0,70)	1.07,54	714
	32,44(32,44)	1.07,54(35,10)				
4	Margrete Nyhus Ulvestad	88	Molde SLK	(0,75)	1.09,66	651
	33,70(33,70)	1.09,66(35,96)				
5	Karen Stødle	87	Team Stavanger	(0,62)	1.10,42	630
	33,45(33,45)	1.10,42(36,97)				
6	Monica Martinsen	83	Trondheim SLK	(0,82)	1.10,86	619
	34,63(34,63)	1.10,86(36,23)				

Junior

1	Gina B. Andersen	90	Skjetten Svømming/NTG(0,71)	1.08,27	692	
	33,66(33,66)	1.08,27(34,61)				
2	Cecilie W. Johannessen	90	Karmøy SK	(0,58)	1.08,57	683
	33,86(33,86)	1.08,57(34,71)				
3	Elisabeth H. Svensson	91	Ski SK	(0,70)	1.09,12	666
	33,40(33,40)	1.09,12(35,72)				
4	Iselin Mjøllner Dahlen	92	Skjetten Svømming	(0,65)	1.09,33	660
	33,71(33,71)	1.09,33(35,62)				
5	Seline Vike Holm	92	Arna SLK	(0,14)	1.09,40	658
	33,48(33,48)	1.09,40(35,92)				
6	Trine Hovda	90	TS/Madla SK	(0,74)	1.10,51	628
	34,22(34,22)	1.10,51(36,29)				
7	Oda Marie Siljan	92	Poseidon	(0,29)	1.10,97	616
	34,47(34,47)	1.10,97(36,50)				
8	Elisabeth Kristiansen	92	Haugesund SK	(0,62)	1.11,16	611
	35,13(35,13)	1.11,16(36,03)				
9	Katja Heinänen	90	BS/Bergen SLK	(0,66)	1.11,48	603
	34,60(34,60)	1.11,48(36,88)				
10	Trine Austrøne Olsen	90	Fauske SK	(0,89)	1.11,61	599
	35,06(35,06)	1.11,61(36,55)				
11	Maria Gullvåg Aasen	92	Kristiansand SA	(0,34)	1.11,88	593
	34,65(34,65)	1.11,88(37,23)				
12	Thea Pedersen	91	Moss SK	(0,74)	1.12,15	586
	35,12(35,12)	1.12,15(37,03)				
13	Malin Frestad	91	Kristiansand SA	(0,64)	1.12,83	570
	35,12(35,12)	1.12,83(37,71)				
14	Helene Eikeskog Burger	92	Kolbotn IL	(1,06)	1.13,01	565
	34,95(34,95)	1.13,01(38,06)				
15	Maren Allum	90	Bergens SC	(0,68)	1.13,24	560
	35,47(35,47)	1.13,24(37,77)				
16	Bitte Fagermo	93	Narvik SK	(0,81)	1.13,47	555
	36,20(36,20)	1.13,47(37,27)				
17	Vibeke Browne	89	Bærumsvømmerne	(0,71)	1.13,51	554
	35,42(35,42)	1.13,51(38,09)				

18	Jacqueline Knutsson	93	Kongstensvømmerne	(0,70)	1.13,55	553
	35,16(35,16)	1.13,55(38,39)				
19	Victoria T. Solberg	89	Horten/NTG		1.13,93	545
	35,95(35,95)	1.13,93(37,98)				
20	Eva Marie W. Østerhus	94	TS/Madla SK	(0,80)	1.14,00	543
	36,29(36,29)	1.14,00(37,71)				
21	Ida Nordbø	89	TS/Madla SK	(0,68)	1.14,62	530
	35,05(35,05)	1.14,62(39,57)				
22	Ragnhild Søfteland	92	Bergens SC	(0,66)	1.14,79	526
	36,25(36,25)	1.14,79(38,54)				
23	Sophia Broberg Skeltved	92	Tromsø SK	(0,71)	1.16,07	500
	35,77(35,77)	1.16,07(40,30)				
24	Camilla Moe	92	Ås IL	(0,80)	1.17,41	474
	36,30(36,30)	1.17,41(41,11)				

Funksjonshemmede

1	Mariann Vestbøstad	84	Vestkantsvømmerne	(0,67)	1.22,23	396	S8	104,62 %
	39,63(39,63)	1.22,23(42,60)						
2	Ingvill S. Hilleren	90	Vestkantsvømmerne	(1,29)	1.44,19	194	S7	121,77 %
	50,94(50,94)	1.44,19(53,25)						
3	Tonje Immerstein	89	Sandnes SLK	(0,66)	1.31,04	291	S10	126,01 %
		1.31,04(1.31,04)						
4	Linn Haugen	87	Vestkantsvømmerne	(0,98)	1.34,01	265	S9	135,05 %
	45,75(45,75)	1.34,01(48,26)						
5	Ingrid Djupskås	89	Asker SK	(0,84)	1.38,58	229	S9	141,62 %
	47,16(47,16)	1.38,58(51,42)						
6	Linn Kristoffersen	84	Øvre Eiker SK		2.11,49	96	S7	153,68 %
	1.02,85(1.02,85)	2.11,49(1.08,64)						

Øvelse 17. 50m butterfly, herrer - Forsøk

Sponsor: Eidsiva Energi

Senior

1	Erik Dorch	83	BS/Bergen SLK		24,73	867
2	Alexander Hetland	82	Bærumsvømmerne		24,86	854
3	Bjørnar Gaasvik	79	IL Varg		25,94	752
4	Dan Magnus Skibrek	87	Øvre Eiker SK		26,31	720
5	Alexander Dale Oen	85	Vestkantsvømmerne		26,45	709
6	Ole-Wilhelm Norseng	88	Hamar IL		27,01	666
7	Tor Joachim Bjørnstad	84	Hamar IL		27,07	661
8	Thor Kristian Østenå Larsen	86	Bergens SC		27,32	643
9	Øystein Gaasvik	82	Vestbyen IL		27,42	636
10	Kim Torry Simmenes	82	Vestkantsvømmerne		27,85	607

Junior

1	Øystein R. Hetland	89	Bærum/NTG		25,79	765
2	Alexander B. Havre	90	Mandal SK		26,00	746
3	Marcus Tesdal	90	BS/Åstveit		26,10	738
4	Christer Koch Kvam	90	Bærum/NTG		26,23	727
5	John Hage Gaarder	89	Lørenskog/Rælingen		26,31	720
6	Mattis Saghaug	90	IL Varg/NTG		26,36	716
7	Sindri T. Jakobsson	91	BS/Delfana		26,49	706

8	Stian S. Langeland	89	Bergens SC	26,50	705
9	Aleksander Rayward	91	Kongstensvømmerne	26,92	672
10	Tor Hafnor	91	Bærumsvømmerne	26,96	669
11	Mathias Sørstrand Æsøy	90	Florø SLK	27,24	649
12	Jan Aleksander Bakke	91	Asker SK	27,25	648
13	Sverre Næss	92	Sarpsborg IL	27,34	642
14	Stian Andreas Evja	90	Lambertseter SK	27,35	641
15	Carl Andreas Wathne	91	Asker SK	27,47	633
16	Martin Skramstad	89	Hamar IL	27,49	631
17	Ole Martin Ree	92	TS/Sola SK	27,63	622
18	Sebastian Stordal	91	BS/Delfana	27,69	618
19	Thomas W. Kristiansen	89	Ski SK	27,70	617
20	Marius Lund	91	Tromsø SK	27,73	615
21	Sindre Eilertsen	90	Lambertseter SK	27,78	612
22	Christian Juvik	93	Stavanger SC	27,84	608
23	Jens Petter Loe	89	Øvre Eiker SK	27,88	605
24	Martin P. Sletbakken	92	Sortland SLK	27,92	603
25	Kjetil Berg	91	Vennesla SK	28,06	594
26	Preben Robstad	93	Vågsbygd SLK	28,11	591
27	Geir T. Kristiansen	90	Larvik SK	28,12	590
28	Martin Hals	91	Øvre Eiker SK	28,14	589
29	Rune Johansen	89	Andøya SLK	28,17	587
30	Jan-Tore Jessen Eikrem	91	IL Varg	28,29	579
31	Tom Ivar Persen	90	Lakselv SK	28,49	567
32	Sindre Mowatt Gruben	92	Bergens SC	28,51	566
33	Aksel B. Lindhjem	91	Larvik SK	28,52	565
34	David Evja	92	Lambertseter SK	28,74	552
35	Lavrans Veierø Solli	92	Bergens SC	28,92	542

Øvelse 18. 800m fri, damer - Direkte finale – Foreløpig før siste heat

Junior

1	Karoline Pedersen	94	Bergens SLK	9.28,30	687
	31,85(31,85)	1.07,10(35,25)	1.42,78(35,68)	2.18,71(35,93)	
	2.54,01(35,30)	3.29,62(35,61)	4.05,31(35,69)	4.41,31(36,00)	
	5.17,38(36,07)	5.53,70(36,32)	6.29,86(36,16)	7.06,30(36,44)	
	7.42,42(36,12)	8.18,48(36,06)	8.54,15(35,67)	9.28,30(34,15)	
2	Siri Anette Sønju	92	Øvre Eiker SK	9.35,71	661
	32,18(32,18)	1.07,30(35,12)	1.43,14(35,84)	2.19,20(36,06)	
	2.55,45(36,25)	3.31,50(36,05)	4.07,99(36,49)	4.44,71(36,72)	
	5.20,92(36,21)	5.57,73(36,81)	6.34,30(36,57)	7.11,00(36,70)	
	7.47,20(36,20)	8.23,99(36,79)	8.59,64(35,65)	9.35,71(36,07)	
3	Lise Sand Syversen	95	Delfana	9.37,53	655
	32,14(32,14)	1.07,84(35,70)	1.44,64(36,80)	2.21,59(36,95)	
	2.58,34(36,75)	3.35,15(36,81)	4.12,02(36,87)	4.48,93(36,91)	
	5.26,37(37,44)	6.02,30(35,93)	6.39,26(36,96)	7.15,49(36,23)	
	7.51,57(36,08)	8.27,67(36,10)	9.03,51(35,84)	9.37,53(34,02)	
4	Katrine Ekstang	92	Setermoen SK	9.38,25	652
	32,96(32,96)	1.08,63(35,67)	1.44,19(35,56)	2.20,42(36,23)	
	2.56,54(36,12)	3.33,01(36,47)	4.09,46(36,45)	4.46,31(36,85)	
	5.22,58(36,27)	5.59,50(36,92)	6.36,66(37,16)	7.13,97(37,31)	
	7.50,95(36,98)	8.27,30(36,35)	9.03,73(36,43)	9.38,25(34,52)	
5	Pia Cornelia Braarud	93	Lambertseter SK	9.43,69	634
	32,88(32,88)	1.09,46(36,58)	1.45,49(36,03)	2.22,50(37,01)	
	2.58,62(36,12)	3.35,31(36,69)	4.11,16(35,85)	4.48,48(37,32)	
	5.24,86(36,38)	6.02,11(37,25)	6.39,12(37,01)	7.16,52(37,40)	
	7.53,76(37,24)	8.31,26(37,50)	9.07,84(36,58)	9.43,69(35,85)	
6	Hanne Lockertsen	94	Tromsø SK	9.46,02	627
	32,97(32,97)	1.10,01(37,04)	1.46,63(36,62)	2.24,05(37,42)	
	3.00,91(36,86)	3.38,54(37,63)	4.15,62(37,08)	4.52,96(37,34)	
	5.29,62(36,66)	6.06,87(37,25)	6.43,49(36,62)	7.20,77(37,28)	
	7.57,13(36,36)	8.34,13(37,00)	9.10,17(36,04)	9.46,02(35,85)	

7	Stine K. Jansen	90	Moss SK	9.47,34	622
	33,01(33,01)	1.07,77(34,76)	1.43,80(36,03)	2.20,72(36,92)	
	2.57,93(37,21)	3.35,29(37,36)	4.12,40(37,11)	4.49,92(37,52)	
	5.27,50(37,58)	6.05,16(37,66)	6.42,89(37,73)	7.20,57(37,68)	
	7.58,05(37,48)	8.35,47(37,42)	9.12,33(36,86)	9.47,34(35,01)	
8	Marthe Berg Sørensen	92	TS/Frisinn	9.52,53	606
	32,32(32,32)	1.08,38(36,06)	1.45,36(36,98)	2.22,65(37,29)	
	2.59,88(37,23)		4.14,99(1.15,11)		
	5.30,15(1.15,16)	6.07,74(37,59)	6.45,33(37,59)	7.23,27(37,94)	
	8.00,99(37,72)		9.16,15(1.15,16)	9.52,53(36,38)	
9	Veronica Orheim Bjørlykke	94	Aalesund SLK	9.54,58	600
	31,90(31,90)	1.07,90(36,00)	1.45,36(37,46)	2.22,51(37,15)	
	3.00,39(37,88)	3.38,00(37,61)	4.15,88(37,88)	4.53,78(37,90)	
	5.31,92(38,14)	6.10,03(38,11)	6.48,25(38,22)	7.26,10(37,85)	
	8.03,87(37,77)	8.41,92(38,05)	9.19,45(37,53)	9.54,58(35,13)	
10	Susann Bjørnsen	93	Setermoen SK	9.55,16	598
	32,54(32,54)	1.08,90(36,36)	1.45,01(36,11)	2.22,17(37,16)	
	2.59,63(37,46)	3.37,54(37,91)	4.15,23(37,69)	4.53,45(38,22)	
	5.31,21(37,76)	6.09,35(38,14)	6.47,54(38,19)	7.25,40(37,86)	
	8.03,67(38,27)	8.41,22(37,55)	9.18,45(37,23)	9.55,16(36,71)	
11	Andrea Haugstad	92	Vestkantvømmerne	9.57,20	592
	33,59(33,59)	1.10,53(36,94)	1.49,10(38,57)	2.26,73(37,63)	
	3.04,64(37,91)	3.41,87(37,23)	4.19,94(38,07)	4.57,37(37,43)	
	5.35,37(38,00)	6.12,77(37,40)	6.50,68(37,91)	7.28,02(37,34)	
	8.06,06(38,04)	8.43,53(37,47)	9.21,77(38,24)	9.57,20(35,43)	
12	Stine Lise Stenseth	94	Øvre Eiker SK	9.59,36	586
	33,02(33,02)	1.09,48(36,46)	1.46,84(37,36)	2.24,91(38,07)	
	3.02,86(37,95)	3.41,03(38,17)	4.19,32(38,29)	4.57,95(38,63)	
	5.35,70(37,75)	6.13,80(38,10)	6.51,61(37,81)	7.29,63(38,02)	
	8.07,10(37,47)	8.45,00(37,90)	9.22,68(37,68)	9.59,36(36,68)	
13	Christiana Bjørkli	93	Trondheim SLK	10.01,72	579
	33,97(33,97)	1.11,11(37,14)	1.48,28(37,17)	2.25,85(37,57)	
	3.03,25(37,40)	3.41,17(37,92)	4.18,37(37,20)	4.56,67(38,30)	
	5.34,54(37,87)	6.12,80(38,26)	6.50,79(37,99)	7.29,43(38,64)	
	8.07,65(38,22)	8.46,28(38,63)	9.24,43(38,15)	10.01,72(37,29)	
14	Emilie Vora	91	Bærumsvømmerne	10.01,88	578
	33,19(33,19)	1.09,16(35,97)	1.46,13(36,97)	2.23,47(37,34)	
	3.01,15(37,68)	3.39,54(38,39)	4.17,39(37,85)	4.55,14(37,75)	
	5.33,31(38,17)	6.12,09(38,78)	6.50,13(38,04)	7.28,57(38,44)	
	8.07,06(38,49)	8.45,43(38,37)	9.24,15(38,72)	10.01,88(37,73)	
15	Inger-Cathrine Wium	92	Øvre Eiker SK	10.03,87	573
	32,84(32,84)	1.09,47(36,63)	1.47,36(37,89)	2.25,52(38,16)	
	3.03,39(37,87)	3.42,41(39,02)	4.20,89(38,48)	4.59,90(39,01)	
	5.37,97(38,07)	6.16,46(38,49)	6.54,42(37,96)	7.32,94(38,52)	
	8.10,83(37,89)	8.49,15(38,32)	9.26,85(37,70)	10.03,87(37,02)	
16	Guro Knutsen	91	Øvre Eiker SK	10.18,01	534
	33,93(33,93)	1.11,37(37,44)	1.49,40(38,03)	2.28,09(38,69)	
	3.07,08(38,99)	3.46,06(38,98)	4.25,46(39,40)	5.04,66(39,20)	
	5.43,78(39,12)	6.22,95(39,17)	7.02,47(39,52)	7.42,01(39,54)	
	8.21,66(39,65)	9.00,74(39,08)	9.39,70(38,96)	10.18,01(38,31)	
	Marte Elise Brinchmann	91	Moss SK	BRUTT	

Senior

1	Karoline Pedersen	94	Bergens SLK	9.28,30	687
	31,85(31,85)	1.07,10(35,25)	1.42,78(35,68)	2.18,71(35,93)	
	2.54,01(35,30)	3.29,62(35,61)	4.05,31(35,69)	4.41,31(36,00)	
	5.17,38(36,07)	5.53,70(36,32)	6.29,86(36,16)	7.06,30(36,44)	
	7.42,42(36,12)	8.18,48(36,06)	8.54,15(35,67)	9.28,30(34,15)	
2	Siri Anette Sønju	92	Øvre Eiker SK	9.35,71	661
	32,18(32,18)	1.07,30(35,12)	1.43,14(35,84)	2.19,20(36,06)	
	2.55,45(36,25)	3.31,50(36,05)	4.07,99(36,49)	4.44,71(36,72)	
	5.20,92(36,21)	5.57,73(36,81)	6.34,30(36,57)	7.11,00(36,70)	
	7.47,20(36,20)	8.23,99(36,79)	8.59,64(35,65)	9.35,71(36,07)	
3	Lise Sand Syversen	95	Delfana	9.37,53	655
	32,14(32,14)	1.07,84(35,70)	1.44,64(36,80)	2.21,59(36,95)	
	2.58,34(36,75)	3.35,15(36,81)	4.12,02(36,87)	4.48,93(36,91)	
	5.26,37(37,44)	6.02,30(35,93)	6.39,26(36,96)	7.15,49(36,23)	
	7.51,57(36,08)	8.27,67(36,10)	9.03,51(35,84)	9.37,53(34,02)	

4	Katrine Ekstang	92	Setermoen SK	9.38,25	652
	32,96(32,96)	1.08,63(35,67)	1.44,19(35,56)	2.20,42(36,23)	
	2.56,54(36,12)	3.33,01(36,47)	4.09,46(36,45)	4.46,31(36,85)	
	5.22,58(36,27)	5.59,50(36,92)	6.36,66(37,16)	7.13,97(37,31)	
	7.50,95(36,98)	8.27,30(36,35)	9.03,73(36,43)	9.38,25(34,52)	
5	Pia Cornelia Braarud	93	Lambertseter SK	9.43,69	634
	32,88(32,88)	1.09,46(36,58)	1.45,49(36,03)	2.22,50(37,01)	
	2.58,62(36,12)	3.35,31(36,69)	4.11,16(35,85)	4.48,48(37,32)	
	5.24,86(36,38)	6.02,11(37,25)	6.39,12(37,01)	7.16,52(37,40)	
	7.53,76(37,24)	8.31,26(37,50)	9.07,84(36,58)	9.43,69(35,85)	
6	Hanne Lockertsen	94	Tromsø SK	9.46,02	627
	32,97(32,97)	1.10,01(37,04)	1.46,63(36,62)	2.24,05(37,42)	
	3.00,91(36,86)	3.38,54(37,63)	4.15,62(37,08)	4.52,96(37,34)	
	5.29,62(36,66)	6.06,87(37,25)	6.43,49(36,62)	7.20,77(37,28)	
	7.57,13(36,36)	8.34,13(37,00)	9.10,17(36,04)	9.46,02(35,85)	
7	Stine K. Jansen	90	Moss SK	9.47,34	622
	33,01(33,01)	1.07,77(34,76)	1.43,80(36,03)	2.20,72(36,92)	
	2.57,93(37,21)	3.35,29(37,36)	4.12,40(37,11)	4.49,92(37,52)	
	5.27,50(37,58)	6.05,16(37,66)	6.42,89(37,73)	7.20,57(37,68)	
	7.58,05(37,48)	8.35,47(37,42)	9.12,33(36,86)	9.47,34(35,01)	
8	Marthe Berg Sørensen	92	TS/Frisinn	9.52,53	606
	32,32(32,32)	1.08,38(36,06)	1.45,36(36,98)	2.22,65(37,29)	
	2.59,88(37,23)		4.14,99(1.15,11)		
	5.30,15(1.15,16)	6.07,74(37,59)	6.45,33(37,59)	7.23,27(37,94)	
	8.00,99(37,72)		9.16,15(1.15,16)	9.52,53(36,38)	
9	Veronica Orheim Bjørlykke	94	Aalesund SLK	9.54,58	600
	31,90(31,90)	1.07,90(36,00)	1.45,36(37,46)	2.22,51(37,15)	
	3.00,39(37,88)	3.38,00(37,61)	4.15,88(37,88)	4.53,78(37,90)	
	5.31,92(38,14)	6.10,03(38,11)	6.48,25(38,22)	7.26,10(37,85)	
	8.03,87(37,77)	8.41,92(38,05)	9.19,45(37,53)	9.54,58(35,13)	
10	Susann Bjørnsen	93	Setermoen SK	9.55,16	598
	32,54(32,54)	1.08,90(36,36)	1.45,01(36,11)	2.22,17(37,16)	
	2.59,63(37,46)	3.37,54(37,91)	4.15,23(37,69)	4.53,45(38,22)	
	5.31,21(37,76)	6.09,35(38,14)	6.47,54(38,19)	7.25,40(37,86)	
	8.03,67(38,27)	8.41,22(37,55)	9.18,45(37,23)	9.55,16(36,71)	
11	Andrea Haugstad	92	Vestkantsvømmerne	9.57,20	592
	33,59(33,59)	1.10,53(36,94)	1.49,10(38,57)	2.26,73(37,63)	
	3.04,64(37,91)	3.41,87(37,23)	4.19,94(38,07)	4.57,37(37,43)	
	5.35,37(38,00)	6.12,77(37,40)	6.50,68(37,91)	7.28,02(37,34)	
	8.06,06(38,04)	8.43,53(37,47)	9.21,77(38,24)	9.57,20(35,43)	
12	Stine Lise Stenseth	94	Øvre Eiker SK	9.59,36	586
	33,02(33,02)	1.09,48(36,46)	1.46,84(37,36)	2.24,91(38,07)	
	3.02,86(37,95)	3.41,03(38,17)	4.19,32(38,29)	4.57,95(38,63)	
	5.35,70(37,75)	6.13,80(38,10)	6.51,61(37,81)	7.29,63(38,02)	
	8.07,10(37,47)	8.45,00(37,90)	9.22,68(37,68)	9.59,36(36,68)	
13	Christiana Bjørkli	93	Trondheim SLK	10.01,72	579
	33,97(33,97)	1.11,11(37,14)	1.48,28(37,17)	2.25,85(37,57)	
	3.03,25(37,40)	3.41,17(37,92)	4.18,37(37,20)	4.56,67(38,30)	
	5.34,54(37,87)	6.12,80(38,26)	6.50,79(37,99)	7.29,43(38,64)	
	8.07,65(38,22)	8.46,28(38,63)	9.24,43(38,15)	10.01,72(37,29)	
14	Emilie Vora	91	Bærumsvømmerne	10.01,88	578
	33,19(33,19)	1.09,16(35,97)	1.46,13(36,97)	2.23,47(37,34)	
	3.01,15(37,68)	3.39,54(38,39)	4.17,39(37,85)	4.55,14(37,75)	
	5.33,31(38,17)	6.12,09(38,78)	6.50,13(38,04)	7.28,57(38,44)	
	8.07,06(38,49)	8.45,43(38,37)	9.24,15(38,72)	10.01,88(37,73)	
15	Inger-Cathrine Wium	92	Øvre Eiker SK	10.03,87	573
	32,84(32,84)	1.09,47(36,63)	1.47,36(37,89)	2.25,52(38,16)	
	3.03,39(37,87)	3.42,41(39,02)	4.20,89(38,48)	4.59,90(39,01)	
	5.37,97(38,07)	6.16,46(38,49)	6.54,42(37,96)	7.32,94(38,52)	
	8.10,83(37,89)	8.49,15(38,32)	9.26,85(37,70)	10.03,87(37,02)	
16	Guro Knutsen	91	Øvre Eiker SK	10.18,01	534
	33,93(33,93)	1.11,37(37,44)	1.49,40(38,03)	2.28,09(38,69)	
	3.07,08(38,99)	3.46,06(38,98)	4.25,46(39,40)	5.04,66(39,20)	
	5.43,78(39,12)	6.22,95(39,17)	7.02,47(39,52)	7.42,01(39,54)	
	8.21,66(39,65)	9.00,74(39,08)	9.39,70(38,96)	10.18,01(38,31)	
	Marte Elise Brinchmann	91	Moss SK	BRUTT	

Øvelse 19. 1500m fri, herrer - Direkte finale

Junior

1	Eivind Johannesen	92	Åstveit SK	17.05,79	654
	30,54(30,54)	1.03,39(32,85)	1.37,10(33,71)	2.10,90(33,80)	
	2.45,01(34,11)	3.19,10(34,09)	3.53,90(34,80)	4.28,25(34,35)	
	5.02,38(34,13)	5.36,09(33,71)	6.10,75(34,66)	6.45,36(34,61)	
	7.19,80(34,44)	7.54,13(34,33)	8.28,53(34,40)	9.03,49(34,96)	
	9.38,26(34,77)	10.13,19(34,93)	10.48,12(34,93)	11.23,00(34,88)	
	11.57,19(34,19)	12.31,58(34,39)	13.05,66(34,08)	13.40,09(34,43)	
	14.15,10(35,01)	14.49,64(34,54)	15.24,63(34,99)	15.59,27(34,64)	
	16.33,31(34,04)	17.05,79(32,48)			
2	Oscar Slaatmo	94	Hamar IL	17.28,24	613
	31,10(31,10)	1.04,82(33,72)	1.39,51(34,69)	2.14,65(35,14)	
	2.49,71(35,06)	3.24,39(34,68)	3.59,94(35,55)	4.34,85(34,91)	
		5.45,18(1.10,33)	6.21,04(35,86)	6.55,87(34,83)	
	7.31,50(35,63)	8.06,99(35,49)	8.42,93(35,94)	9.18,03(35,10)	
	9.53,26(35,23)	10.28,40(35,14)	11.04,03(35,63)	11.39,53(35,50)	
	12.14,75(35,22)	12.49,51(34,76)	13.25,33(35,82)	14.00,58(35,25)	
	14.35,92(35,34)	15.10,82(34,90)	15.45,49(34,67)	16.20,27(34,78)	
	16.55,14(34,87)	17.28,24(33,10)			
3	Øyvind Gevelt	91	Øvre Eiker SK	17.29,16	611
	31,41(31,41)	1.04,49(33,08)	1.37,83(33,34)	2.11,69(33,86)	
	2.45,87(34,18)	3.20,62(34,75)	3.54,78(34,16)	4.29,63(34,85)	
	5.04,68(35,05)	5.40,07(35,39)	6.15,84(35,77)	6.51,89(36,05)	
	7.27,81(35,92)	8.03,61(35,80)	8.39,64(36,03)	9.15,48(35,84)	
	9.51,49(36,01)	10.27,23(35,74)	11.03,02(35,79)	11.39,11(36,09)	
	12.13,97(34,86)	12.49,16(35,19)	13.24,66(35,50)	14.00,15(35,49)	
	14.35,67(35,52)	15.11,62(35,95)	15.46,96(35,34)	16.23,06(36,10)	
	16.58,08(35,02)	17.29,16(31,08)			
4	Odin Spangen Normann	92	IL Varg	17.35,55	600
	30,52(30,52)	1.05,57(35,05)	1.40,55(34,98)	2.16,21(35,66)	
	2.51,57(35,36)	3.27,15(35,58)	4.02,68(35,53)	4.37,83(35,15)	
	5.13,02(35,19)	5.48,36(35,34)	6.23,74(35,38)	6.58,94(35,20)	
	7.34,18(35,24)	8.09,80(35,62)	8.45,02(35,22)	9.20,64(35,62)	
	9.56,13(35,49)	10.31,59(35,46)	11.07,01(35,42)	11.42,78(35,77)	
	12.18,34(35,56)	12.53,79(35,45)	13.29,16(35,37)	14.05,02(35,86)	
	14.40,57(35,55)	15.16,00(35,43)	15.51,19(35,19)	16.26,82(35,63)	
	17.01,91(35,09)	17.35,55(33,64)			
5	Henning S. Pryde	92	Stavanger SC	17.36,10	599
	31,52(31,52)	1.06,14(34,62)	1.41,38(35,24)	2.17,11(35,73)	
	2.52,33(35,22)	3.27,76(35,43)	4.03,07(35,31)	4.38,60(35,53)	
	5.14,05(35,45)	5.49,74(35,69)	6.25,63(35,89)	7.01,19(35,56)	
	7.36,87(35,68)	8.12,60(35,73)	8.48,07(35,47)	9.23,68(35,61)	
	9.59,67(35,99)	10.35,63(35,96)	11.11,32(35,69)	11.46,87(35,55)	
	12.22,32(35,45)	12.57,80(35,48)	13.32,94(35,14)	14.08,28(35,34)	
	14.43,56(35,28)	15.18,72(35,16)	15.53,24(34,52)	16.27,95(34,71)	
	17.03,13(35,18)	17.36,10(32,97)			
6	Christer M. Hagen	91	Fauske SK	17.46,39	582
	31,55(31,55)	1.05,51(33,96)	1.39,42(33,91)	2.14,62(35,20)	
	2.49,43(34,81)	3.24,47(35,04)	3.59,34(34,87)	4.34,73(35,39)	
	5.10,09(35,36)	5.45,96(35,87)	6.21,29(35,33)	6.56,54(35,25)	
	7.31,97(35,43)	8.07,06(35,09)	8.42,72(35,66)	9.18,69(35,97)	
	9.54,08(35,39)	10.29,86(35,78)	11.05,52(35,66)	11.41,88(36,36)	
	12.17,61(35,73)	12.53,99(36,38)	13.29,93(35,94)	14.06,94(37,01)	
	14.43,54(36,60)	15.20,47(36,93)	15.57,60(37,13)	16.34,21(36,61)	
	17.10,87(36,66)	17.46,39(35,52)			
7	Kristian Evensen	90	Kristiansand SA	17.50,71	575
	31,33(31,33)	1.06,64(35,31)	1.42,49(35,85)	2.18,49(36,00)	
	2.54,26(35,77)	3.30,21(35,95)	4.06,19(35,98)	4.41,96(35,77)	
	5.17,82(35,86)	5.53,72(35,90)	6.29,42(35,70)	7.05,16(35,74)	
	7.40,82(35,66)	8.16,14(35,32)	8.51,71(35,57)	9.27,72(36,01)	
	10.03,32(35,60)	10.39,18(35,86)	11.14,96(35,78)	11.50,77(35,81)	
	12.26,47(35,70)	13.02,36(35,89)	13.38,48(36,12)	14.14,94(36,46)	
	14.51,38(36,44)	15.27,91(36,53)	16.04,40(36,49)	16.40,93(36,53)	
	17.16,67(35,74)	17.50,71(34,04)			
8	Sven Berg	92	Bergens SLK	17.59,63	561
	32,07(32,07)	1.06,32(34,25)	1.41,16(34,84)	2.15,57(34,41)	
	2.51,26(35,69)	3.26,90(35,64)	4.03,56(36,66)	4.39,39(35,83)	
	5.15,98(36,59)	5.52,07(36,09)	6.29,24(37,17)	7.05,39(36,15)	
	7.42,53(37,14)	8.18,71(36,18)	8.56,15(37,44)	9.32,45(36,30)	

	10.09,38(36,93)	10.45,89(36,51)	11.23,13(37,24)	11.59,30(36,17)	
	12.36,01(36,71)	13.12,33(36,32)	13.49,53(37,20)	14.25,36(35,83)	
	15.02,33(36,97)	15.38,62(36,29)	16.15,54(36,92)	16.51,57(36,03)	
	17.27,15(35,58)	17.59,63(32,48)			
9	Morten Bordervich	94	Sola SK	18.00,16	560
	31.60(31,60)	1.05,88(34,28)	1.40,64(34,76)	2.16,16(35,52)	
	2.52,47(36,31)	3.28,49(36,02)	4.05,20(36,71)	4.41,56(36,36)	
	5.18,40(36,84)	5.54,71(36,31)	6.31,52(36,81)	7.08,12(36,60)	
	7.45,30(37,18)	8.21,56(36,26)	8.58,23(36,67)	9.34,58(36,35)	
	10.10,83(36,25)	10.46,65(35,82)	11.23,09(36,44)	11.59,38(36,29)	
	12.35,44(36,06)	13.11,54(36,10)	13.48,35(36,81)	14.25,04(36,69)	
	15.01,78(36,74)	15.38,32(36,54)	16.15,16(36,84)	16.51,76(36,60)	
	17.27,41(35,65)	18.00,16(32,75)			
10	Gunnar Evjen	93	Vestbyen IL	18.12,32	541
	32.26(32,26)	1.07,91(35,65)	1.44,28(36,37)	2.20,95(36,67)	
	2.57,92(36,97)	3.34,89(36,97)	4.11,75(36,86)	4.48,42(36,67)	
	5.24,46(36,04)	6.01,40(36,94)	6.38,46(37,06)	7.14,77(36,31)	
	7.51,73(36,96)	8.28,36(36,63)	9.04,70(36,34)	9.41,65(36,95)	
	10.18,47(36,82)	10.55,15(36,68)	11.31,74(36,59)	12.08,60(36,86)	
	12.45,10(36,50)	13.21,19(36,09)	13.58,13(36,94)	14.35,08(36,95)	
	15.11,87(36,79)	15.48,31(36,44)	16.25,17(36,86)	17.01,69(36,52)	
	17.37,18(35,49)	18.12,32(35,14)			
11	Robin H. Kleiven	93	Aalesund SLK	18.22,30	527
	32.81(32,81)	1.09,87(37,06)	1.46,50(36,63)	2.22,86(36,36)	
	2.59,43(36,57)	3.36,46(37,03)	4.13,24(36,78)	4.50,90(37,66)	
	5.27,53(36,63)	6.04,81(37,28)	6.41,49(36,68)	7.18,68(37,19)	
	7.55,20(36,52)	8.32,20(37,00)	9.09,08(36,88)	9.46,16(37,08)	
	10.23,25(37,09)	11.00,66(37,41)	11.37,56(36,90)	12.14,97(37,41)	
	12.51,75(36,78)	13.29,31(37,56)	14.05,91(36,60)	14.43,37(37,46)	
	15.19,89(36,52)	15.57,40(37,51)	16.34,40(37,00)	17.11,79(37,39)	
	17.47,69(35,90)	18.22,30(34,61)			
12	Stein Osen	91	Oslo IL	18.25,09	523
	32.58(32,58)	1.08,31(35,73)	1.43,62(35,31)	2.19,67(36,05)	
	2.55,05(35,38)	3.31,22(36,17)	4.07,26(36,04)	4.43,87(36,61)	
	5.19,76(35,89)	5.56,52(36,76)	6.33,34(36,82)	7.10,44(37,10)	
	7.47,42(36,98)	8.24,87(37,45)	9.01,97(37,10)	9.39,51(37,54)	
	10.16,47(36,96)	10.54,24(37,77)	11.31,51(37,27)	12.09,07(37,56)	
	12.46,35(37,28)	13.23,68(37,33)	14.00,77(37,09)	14.38,87(38,10)	
	15.16,50(37,63)	15.55,05(38,55)	16.33,07(38,02)	17.11,24(38,17)	
	17.48,52(37,28)	18.25,09(36,57)			
13	Ingvar V. Skirbekk	93	Elverum Svømming	18.34,66	510
	32.62(32,62)	1.08,43(35,81)	1.44,86(36,43)	2.21,50(36,64)	
	2.58,47(36,97)	3.36,07(37,60)	4.13,55(37,48)	4.51,01(37,46)	
	5.28,55(37,54)	6.06,17(37,62)	6.43,54(37,37)	7.21,28(37,74)	
	7.58,70(37,42)	8.36,11(37,41)	9.12,75(36,64)	9.49,71(36,96)	
	10.26,54(36,83)	11.03,83(37,29)	11.41,09(37,26)	12.18,29(37,20)	
	12.55,62(37,33)	13.33,32(37,70)	14.11,23(37,91)	14.49,20(37,97)	
	15.26,79(37,59)	16.04,75(37,96)	16.42,60(37,85)	17.20,36(37,76)	
	17.58,26(37,90)	18.34,66(36,40)			
14	Per Solibakke	93	Aalesund SLK	18.40,04	502
	34.28(34,28)	1.10,93(36,65)	1.48,04(37,11)	2.25,41(37,37)	
	3.02,60(37,19)	3.39,94(37,34)	4.17,06(37,12)	4.53,99(36,93)	
	5.31,21(37,22)	6.08,63(37,42)	6.45,34(36,71)	7.22,66(37,32)	
	7.59,95(37,29)	8.37,26(37,31)	9.14,56(37,30)	9.51,80(37,24)	
	10.28,83(37,03)	11.06,63(37,80)	11.44,61(37,98)	12.22,11(37,50)	
	12.59,23(37,12)	13.37,14(37,91)	14.14,87(37,73)	14.52,67(37,80)	
	15.30,67(38,00)	16.08,79(38,12)	16.46,40(37,61)	17.24,56(38,16)	
	18.02,45(37,89)	18.40,04(37,59)			

Senior

1	Eivind Johannesen	92	Åstveit SK	17.05,79	654
	30.54(30,54)	1.03,39(32,85)	1.37,10(33,71)	2.10,90(33,80)	
	2.45,01(34,11)	3.19,10(34,09)	3.53,90(34,80)	4.28,25(34,35)	
	5.02,38(34,13)	5.36,09(33,71)	6.10,75(34,66)	6.45,36(34,61)	
	7.19,80(34,44)	7.54,13(34,33)	8.28,53(34,40)	9.03,49(34,96)	
	9.38,26(34,77)	10.13,19(34,93)	10.48,12(34,93)	11.23,00(34,88)	
	11.57,19(34,19)	12.31,58(34,39)	13.05,66(34,08)	13.40,09(34,43)	
	14.15,10(35,01)	14.49,64(34,54)	15.24,63(34,99)	15.59,27(34,64)	
	16.33,31(34,04)	17.05,79(32,48)			
2	Oscar Slaatmo	94	Hamar IL	17.28,24	613
	31.10(31,10)	1.04,82(33,72)	1.39,51(34,69)	2.14,65(35,14)	

	2.49,71(35,06)	3.24,39(34,68)	3.59,94(35,55)	4.34,85(34,91)	
	7.31,50(35,63)	5.45,18(1.10,33)	6.21,04(35,86)	6.55,87(34,83)	
	9.53,26(35,23)	8.06,99(35,49)	8.42,93(35,94)	9.18,03(35,10)	
	12.14,75(35,22)	10.28,40(35,14)	11.04,03(35,63)	11.39,53(35,50)	
	14.35,92(35,34)	12.49,51(34,76)	13.25,33(35,82)	14.00,58(35,25)	
	16.55,14(34,87)	15.10,82(34,90)	15.45,49(34,67)	16.20,27(34,78)	
3	Øyvind Gevelt	91	Øvre Eiker SK	17.29,16	611
	31.41(31,41)	1.04,49(33,08)	1.37,83(33,34)	2.11,69(33,86)	
	2.45,87(34,18)	3.20,62(34,75)	3.54,78(34,16)	4.29,63(34,85)	
	5.04,68(35,05)	5.40,07(35,39)	6.15,84(35,77)	6.51,89(36,05)	
	7.27,81(35,92)	8.03,61(35,80)	8.39,64(36,03)	9.15,48(35,84)	
	9.51,49(36,01)	10.27,23(35,74)	11.03,02(35,79)	11.39,11(36,09)	
	12.13,97(34,86)	12.49,16(35,19)	13.24,66(35,50)	14.00,15(35,49)	
	14.35,67(35,52)	15.11,62(35,95)	15.46,96(35,34)	16.23,06(36,10)	
	16.58,08(35,02)	17.29,16(31,08)			
4	Odin Spangen Normann	92	IL Varg	17.35,55	600
	30.52(30,52)	1.05,57(35,05)	1.40,55(34,98)	2.16,21(35,66)	
	2.51,57(35,36)	3.27,15(35,58)	4.02,68(35,53)	4.37,83(35,15)	
	5.13,02(35,19)	5.48,36(35,34)	6.23,74(35,38)	6.58,94(35,20)	
	7.34,18(35,24)	8.09,80(35,62)	8.45,02(35,22)	9.20,64(35,62)	
	9.56,13(35,49)	10.31,59(35,46)	11.07,01(35,42)	11.42,78(35,77)	
	12.18,34(35,56)	12.53,79(35,45)	13.29,16(35,37)	14.05,02(35,86)	
	14.40,57(35,55)	15.16,00(35,43)	15.51,19(35,19)	16.26,82(35,63)	
	17.01,91(35,09)	17.35,55(33,64)			
5	Henning S. Pryde	92	Stavanger SC	17.36,10	599
	31.52(31,52)	1.06,14(34,62)	1.41,38(35,24)	2.17,11(35,73)	
	2.52,33(35,22)	3.27,76(35,43)	4.03,07(35,31)	4.38,60(35,53)	
	5.14,05(35,45)	5.49,74(35,69)	6.25,63(35,89)	7.01,19(35,56)	
	7.36,87(35,68)	8.12,60(35,73)	8.48,07(35,47)	9.23,68(35,61)	
	9.59,67(35,99)	10.35,63(35,96)	11.11,32(35,69)	11.46,87(35,55)	
	12.22,32(35,45)	12.57,80(35,48)	13.32,94(35,14)	14.08,28(35,34)	
	14.43,56(35,28)	15.18,72(35,16)	15.53,24(34,52)	16.27,95(34,71)	
	17.03,13(35,18)	17.36,10(32,97)			
6	Christer M. Hagen	91	Fauske SK	17.46,39	582
	31.55(31,55)	1.05,51(33,96)	1.39,42(33,91)	2.14,62(35,20)	
	2.49,43(34,81)	3.24,47(35,04)	3.59,34(34,87)	4.34,73(35,39)	
	5.10,09(35,36)	5.45,96(35,87)	6.21,29(35,33)	6.56,54(35,25)	
	7.31,97(35,43)	8.07,06(35,09)	8.42,72(35,66)	9.18,69(35,97)	
	9.54,08(35,39)	10.29,86(35,78)	11.05,52(35,66)	11.41,88(36,36)	
	12.17,61(35,73)	12.53,99(36,38)	13.29,93(35,94)	14.06,94(37,01)	
	14.43,54(36,60)	15.20,47(36,93)	15.57,60(37,13)	16.34,21(36,61)	
	17.10,87(36,66)	17.46,39(35,52)			
7	Kristian Evensen	90	Kristiansand SA	17.50,71	575
	31.33(31,33)	1.06,64(35,31)	1.42,49(35,85)	2.18,49(36,00)	
	2.54,26(35,77)	3.30,21(35,95)	4.06,19(35,98)	4.41,96(35,77)	
	5.17,82(35,86)	5.53,72(35,90)	6.29,42(35,70)	7.05,16(35,74)	
	7.40,82(35,66)	8.16,14(35,32)	8.51,71(35,57)	9.27,72(36,01)	
	10.03,32(35,60)	10.39,18(35,86)	11.14,96(35,78)	11.50,77(35,81)	
	12.26,47(35,70)	13.02,36(35,89)	13.38,48(36,12)	14.14,94(36,46)	
	14.51,38(36,44)	15.27,91(36,53)	16.04,40(36,49)	16.40,93(36,53)	
	17.16,67(35,74)	17.50,71(34,04)			
8	Sven Berg	92	Bergens SLK	17.59,63	561
	32.07(32,07)	1.06,32(34,25)	1.41,16(34,84)	2.15,57(34,41)	
	2.51,26(35,69)	3.26,90(35,64)	4.03,56(36,66)	4.39,39(35,83)	
	5.15,98(36,59)	5.52,07(36,09)	6.29,24(37,17)	7.05,39(36,15)	
	7.42,53(37,14)	8.18,71(36,18)	8.56,15(37,44)	9.32,45(36,30)	
	10.09,38(36,93)	10.45,89(36,51)	11.23,13(37,24)	11.59,30(36,17)	
	12.36,01(36,71)	13.12,33(36,32)	13.49,53(37,20)	14.25,36(35,83)	
	15.02,33(36,97)	15.38,62(36,29)	16.15,54(36,92)	16.51,57(36,03)	
	17.27,15(35,58)	17.59,63(32,48)			
9	Morten Bordervich	94	Sola SK	18.00,16	560
	31.60(31,60)	1.05,88(34,28)	1.40,64(34,76)	2.16,16(35,52)	
	2.52,47(36,31)	3.28,49(36,02)	4.05,20(36,71)	4.41,56(36,36)	
	5.18,40(36,84)	5.54,71(36,31)	6.31,52(36,81)	7.08,12(36,60)	
	7.45,30(37,18)	8.21,56(36,26)	8.58,23(36,67)	9.34,58(36,35)	
	10.10,83(36,25)	10.46,65(35,82)	11.23,09(36,44)	11.59,38(36,29)	
	12.35,44(36,06)	13.11,54(36,10)	13.48,35(36,81)	14.25,04(36,69)	
	15.01,78(36,74)	15.38,32(36,54)	16.15,16(36,84)	16.51,76(36,60)	
	17.27,41(35,65)	18.00,16(32,75)			
10	Gunnar Evjen	93	Vestbyen IL	18.12,32	541
	32.26(32,26)	1.07,91(35,65)	1.44,28(36,37)	2.20,95(36,67)	
	2.57,92(36,97)	3.34,89(36,97)	4.11,75(36,86)	4.48,42(36,67)	

	5.24,46(36,04)	6.01,40(36,94)	6.38,46(37,06)	7.14,77(36,31)	
	7.51,73(36,96)	8.28,36(36,63)	9.04,70(36,34)	9.41,65(36,95)	
	10.18,47(36,82)	10.55,15(36,68)	11.31,74(36,59)	12.08,60(36,86)	
	12.45,10(36,50)	13.21,19(36,09)	13.58,13(36,94)	14.35,08(36,95)	
	15.11,87(36,79)	15.48,31(36,44)	16.25,17(36,86)	17.01,69(36,52)	
	17.37,18(35,49)	18.12,32(35,14)			
11	Robin H. Kleiven	93	Aalesund SLK	18.22,30	527
	32,81(32,81)	1.09,87(37,06)	1.46,50(36,63)	2.22,86(36,36)	
	2.59,43(36,57)	3.36,46(37,03)	4.13,24(36,78)	4.50,90(37,66)	
	5.27,53(36,63)	6.04,81(37,28)	6.41,49(36,68)	7.18,68(37,19)	
	7.55,20(36,52)	8.32,20(37,00)	9.09,08(36,88)	9.46,16(37,08)	
	10.23,25(37,09)	11.00,66(37,41)	11.37,56(36,90)	12.14,97(37,41)	
	12.51,75(36,78)	13.29,31(37,56)	14.05,91(36,60)	14.43,37(37,46)	
	15.19,89(36,52)	15.57,40(37,51)	16.34,40(37,00)	17.11,79(37,39)	
	17.47,69(35,90)	18.22,30(34,61)			
12	Stein Osen	91	Oslo IL	18.25,09	523
	32,58(32,58)	1.08,31(35,73)	1.43,62(35,31)	2.19,67(36,05)	
	2.55,05(35,38)	3.31,22(36,17)	4.07,26(36,04)	4.43,87(36,61)	
	5.19,76(35,89)	5.56,52(36,76)	6.33,34(36,82)	7.10,44(37,10)	
	7.47,42(36,98)	8.24,87(37,45)	9.01,97(37,10)	9.39,51(37,54)	
	10.16,47(36,96)	10.54,24(37,77)	11.31,51(37,27)	12.09,07(37,56)	
	12.46,35(37,28)	13.23,68(37,33)	14.00,77(37,09)	14.38,87(38,10)	
	15.16,50(37,63)	15.55,05(38,55)	16.33,07(38,02)	17.11,24(38,17)	
	17.48,52(37,28)	18.25,09(36,57)			
13	Ingvar V. Skirbekk	93	Elverum Svømming	18.34,66	510
	32,62(32,62)	1.08,43(35,81)	1.44,86(36,43)	2.21,50(36,64)	
	2.58,47(36,97)	3.36,07(37,60)	4.13,55(37,48)	4.51,01(37,46)	
	5.28,55(37,54)	6.06,17(37,62)	6.43,54(37,37)	7.21,28(37,74)	
	7.58,70(37,42)	8.36,11(37,41)	9.12,75(36,64)	9.49,71(36,96)	
	10.26,54(36,83)	11.03,83(37,29)	11.41,09(37,26)	12.18,29(37,20)	
	12.55,62(37,33)	13.33,32(37,70)	14.11,23(37,91)	14.49,20(37,97)	
	15.26,79(37,59)	16.04,75(37,96)	16.42,60(37,85)	17.20,36(37,76)	
	17.58,26(37,90)	18.34,66(36,40)			
14	Per Solibakke	93	Aalesund SLK	18.40,04	502
	34,28(34,28)	1.10,93(36,65)	1.48,04(37,11)	2.25,41(37,37)	
	3.02,60(37,19)	3.39,94(37,34)	4.17,06(37,12)	4.53,99(36,93)	
	5.31,21(37,22)	6.08,63(37,42)	6.45,34(36,71)	7.22,66(37,32)	
	7.59,95(37,29)	8.37,26(37,31)	9.14,56(37,30)	9.51,80(37,24)	
	10.28,83(37,03)	11.06,63(37,80)	11.44,61(37,98)	12.22,11(37,50)	
	12.59,23(37,12)	13.37,14(37,91)	14.14,87(37,73)	14.52,67(37,80)	
	15.30,67(38,00)	16.08,79(38,12)	16.46,40(37,61)	17.24,56(38,16)	
	18.02,45(37,89)	18.40,04(37,59)			

Øvelse 20. 4*100m lag medley, damer - Junior

Junior

1	Bærumsv J1 jr.	JR	Bærumsvømmerne	(0,66)	4.38,56	653
	Vibeke Browne:	35,43(35,43)	1.12,99(37,56)	1.12,99		
	Lene Lykke Erichsen:	1.48,35(35,36)	2.29,89(41,54)	1.16,90		
	Kristine Mella:	3.00,67(30,78)	3.38,08(37,41)	1.08,19		
	Maria Bølgen:	4.06,70(28,62)	4.38,56(31,86)	1.00,48		
2	Skjetten Svømming J1 jr.	JR	Skjetten Svømming	(0,65)	4.39,47	647
	Gina B. Andersen:	33,95(33,95)	1.08,58(34,63)	1.08,58		
	Terese Langlo:	1.45,42(36,84)	2.27,08(41,66)	1.18,50		
	Iselin Mjøllner Dahlen:	2.58,32(31,24)	3.35,98(37,66)	1.08,90		
	Helene Solberg:	4.05,95(29,97)	4.39,47(33,52)	1.03,49		
3	Team Stavanger J2 jr.	JR	Team Stavanger	(0,73)	4.44,67	612
	Ida Nordbø:	35,82(35,82)	1.14,66(38,84)	1.14,66		
	Stine Mjøllhus Kristoffersen:	1.51,20(36,54)	2.34,31(43,11)	1.19,65		
	Victoria Rung:	3.05,20(30,89)	3.42,31(37,11)	1.08,00		
	Eva Marie W. Østerhus:	4.12,29(29,98)	4.44,67(32,38)	1.02,36		
4	Kristiansand SA J1 jr.	JR	Kristiansand SA	(0,64)	4.44,86	611
	Malin Frestad:	35,24(35,24)	1.11,89(36,65)	1.11,89		
	Hege Omdal:	1.47,94(36,05)	2.31,30(43,36)	1.19,41		
	Maria Gullvåg Aasen:	3.02,81(31,51)	3.41,16(38,35)	1.09,86		
	Linn Hege Laudal:	4.11,33(30,17)	4.44,86(33,53)	1.03,70		

5	Vestkantsv. J1 jr.	JR	Vestkantsvømmerne	(0,73)	4.45,17	609
	Marthe Helene Haganes:	34,78(34,78)	1.12,63(37,85)	1.12,63		
	Benedicte Kausland:	1.49,91(37,28)	2.32,71(42,80)	1.20,08		
	Stine Vindenes:	3.04,33(31,62)	3.41,29(36,96)	1.08,58		
	Marie Øverland:	4.11,63(30,34)	4.45,17(33,54)	1.03,88		
6	Moss SK J1 jr.	JR	Moss SK	(0,69)	4.45,58	606
	Thea Pedersen:	35,14(35,14)	1.12,36(37,22)	1.12,36		
	Tonje Stæhr Petersen:	1.48,24(35,88)	2.30,21(41,97)	1.17,85		
	Marte Elise Brinchmann:	3.02,86(32,65)	3.42,69(39,83)	1.12,48		
	Stine K. Jansen:	4.13,02(30,33)	4.45,58(32,56)	1.02,89		
7	Bergen SLK J1 jr.	JR	Bergens SLK	(0,69)	4.46,75	599
	Aslaug Marie Hjelmaas:	33,98(33,98)	1.11,23(37,25)	1.11,23		
	Maren Teige:	1.47,98(36,75)	2.31,10(43,12)	1.19,87		
	Martine Bremer:	3.04,42(33,32)	3.44,80(40,38)	1.13,70		
	Karoline Pedersen:	4.14,73(29,93)	4.46,75(32,02)	1.01,95		
8	Stavanger SC J1 jr.	JR	Stavanger SC	(0,75)	4.48,33	589
	Nicole T. Næsheim:	35,52(35,52)	1.13,85(38,33)	1.13,85		
	Siren Bergslid:	1.51,40(37,55)	2.34,23(42,83)	1.20,38		
	Karoline Eriksen:	3.06,34(32,11)	3.43,31(36,97)	1.09,08		
	Caroline M. Mork:	4.13,80(30,49)	4.48,33(34,53)	1.05,02		
9	Bærumsv J2 jr.	JR	Bærumsvømmerne	(0,79)	4.49,43	582
	Emilie Voraas:	38,05(38,05)	1.19,80(41,75)	1.19,80		
	Karin Ekholt:	1.55,37(35,57)	2.37,19(41,82)	1.17,39		
	Emilie N. Løvberg:	3.08,88(31,69)	3.46,35(37,47)	1.09,16		
	Andrea Westbye:	4.16,41(30,06)	4.49,43(33,02)	1.03,08		
10	Øvre Eiker SK J1 jr.	JR	Øvre Eiker SK	(0,67)	4.53,86	556
	Siri Anette Sønju:	35,68(35,68)	1.13,80(38,12)	1.13,80		
	Stine Lise Stenseth:	1.51,50(37,70)	2.38,04(46,54)	1.24,24		
	Guro Knutsen:	3.10,19(32,15)	3.48,81(38,62)	1.10,77		
	Ida Johansen:	4.18,33(29,52)	4.53,86(35,53)	1.05,05		
11	Asker SK J1 jr.	JR	Asker SK	(0,72)	4.55,36	548
	Sofie Gjemmestad:	35,89(35,89)	1.14,19(38,30)	1.14,19		
	Nora Kathrine Guthe:	1.51,79(37,60)	2.35,03(43,24)	1.20,84		
	Marte K. Bolstad:	3.07,49(32,46)	3.47,39(39,90)	1.12,36		
	Vilde Sødem Karlsen:	4.18,92(31,53)	4.55,36(36,44)	1.07,97		
12	Løren/Rælingen J1 jr.	JR	Lørenskog/Rælingen	(0,73)	4.57,50	536
	Ida Arnøy:	36,86(36,86)	1.15,88(39,02)	1.15,88		
	Ine Charlotte Hagen:	1.51,95(36,07)	2.33,24(41,29)	1.17,36		
	Aurora Brandtzæg:	3.08,97(35,73)	3.53,99(45,02)	1.20,75		
	Jeanette Erlandsen:	4.23,97(29,98)	4.57,50(33,53)	1.03,51		
13	Bergens SC J2 jr.	JR	Bergens SC	(0,68)	4.59,73	524
	Ragnhild Søfteland:	37,28(37,28)	1.15,41(38,13)	1.15,41		
	Eli Kristin Ølmheim:	1.55,82(40,41)	2.42,68(46,86)	1.27,27		
	Ingse Bergh Monsen:	3.15,85(33,17)	3.53,71(37,86)	1.11,03		
	Kaya Haugland Færøvik:	4.24,98(31,27)	4.59,73(34,75)	1.06,02		
14	Vestkantsv. J2 jr.	JR	Vestkantsvømmerne	(0,61)	5.05,16	497
	Juni Rugland:	36,90(36,90)	1.16,36(39,46)	1.16,36		
	Sara N. Gjelsvik:	1.56,15(39,79)	2.42,60(46,45)	1.26,24		
	Marie Reinertsen:	3.16,15(33,55)	3.57,68(41,53)	1.15,08		
	Andrea Haugstad:	4.29,06(31,38)	5.05,16(36,10)	1.07,48		
15	Elverum IL J1 jr.	JR	Elverum Svømming	(0,72)	5.05,22	496
	Lene Ådlandsvik:	38,47(38,47)	1.18,79(40,32)	1.18,79		
	Hanne Strand:	2.00,21(41,42)	2.48,22(48,01)	1.29,43		
	Oona Ovesen:	3.19,27(31,05)	3.55,43(36,16)	1.07,21		
	Siri Ovesen:	4.28,37(32,94)	5.05,22(36,85)	1.09,79		
16	Tromsø SK J1 jr.	JR	Tromsø SK	(0,70)	5.06,06	492
	Kristine Nergaard:	39,46(39,46)	1.23,83(44,37)	1.23,83		
	Marte Tollefsen:	2.03,16(39,33)	2.50,01(46,85)	1.26,18		
	Hanne Lockertsen:	3.23,09(33,08)	4.03,73(40,64)	1.13,72		
	Siv Fiske:	4.33,00(29,27)	5.06,06(33,06)	1.02,33		
17	Ski SK J1 jr.	JR	Ski SK	(0,71)	5.06,53	490
	Elisabeth H. Svensson:	34,41(34,41)	1.11,93(37,52)	1.11,93		
	Camilla W. Kristiansen:	1.52,19(40,26)	2.39,23(47,04)	1.27,30		
	Henriette With Bjørnstad:	3.13,35(34,12)	3.56,84(43,49)	1.17,61		
	Veronica B. Lundsten:	4.29,71(32,87)	5.06,53(36,82)	1.09,69		
18	Skjetten Svømming J2 jr.	JR	Skjetten Svømming	(0,64)	5.15,06	451
	Mischa van der Linden:	39,91(39,91)	1.23,94(44,03)	1.23,94		
	Marie Svensson:	2.04,64(40,70)	2.51,02(46,38)	1.27,08		
	Christina Dahl:	3.24,97(33,95)	4.07,56(42,59)	1.16,54		
	Christiane Sandbye:	4.39,08(31,52)	5.15,06(35,98)	1.07,50		

Team Stavanger J1 jr.	JR	Team Stavanger	(0,62)	DISK
Trine Hovda:	34,22(34,22)	1.11,03(36,81)	1.11,03	
Maren Kristine Jansen:	1.46,65(35,62)	2.29,86(43,21)	1.18,83	
Victoria S. Løken:				
Vibeke Brigg:				
Lambertseter SK J1 jr.	JR	Lambertseter SK	(0,70)	DISK
Emma Isdahl:	34,71(34,71)	1.12,37(37,66)	1.12,37	
Karoline Bergene:	1.46,66(34,29)	2.26,97(40,31)	1.14,60	
Line Løvberg:				
Ingrid N. Knutzen:				
Bergens SC J1 jr.	JR	Bergens SC	(0,73)	DISK
Maren Allum:	36,46(36,46)	1.15,25(38,79)	1.15,25	
Martha Maria Songstad:	1.54,08(38,83)	2.40,86(46,78)	1.25,61	
Eirin Arnesen:				
Hedvig Hjertaker:				
Hamar IL J2 jr.	JR	Hamar IL	(0,61)	DISK
Anita Lundby:	47,59(47,59)	1.37,19(49,60)	1.37,19	
Maren Melvold:				
Eirin Røen Martinsen:				
Marte Tangen:				
Hamar IL J1 jr.	JR	Hamar IL	(0,77)	DISK
Julie Torgersen Nilsen:	38,63(38,63)	1.19,19(40,56)	1.19,19	
Kristiane L. Buholt:	2.00,14(40,95)	2.48,08(47,94)	1.28,89	
Mari Lystad Karlsen:				
Ingrid Kvaal:				

Fredag 11. juli 2008 kl 17.00 – Seniorfinaler**Øvelse 11. 200m rygg, herrer - Finale****Sponsor: Kremmertorget, Elverum****Senior**

1	Eirik Ravnán	89	Hamar IL	(0,67)	2.11,53	708
	31,33(31,33)	1.04,69(33,36)	1.38,20(33,51)	2.11,53(33,33)		
2	Lavrans Veierø Solli	92	Bergens SC		2.11,76	705
	31,24(31,24)	1.04,46(33,22)	1.38,28(33,82)	2.11,76(33,48)		
3	Lars Andre Tolås	88	Bærumsvømmerne	(0,68)	2.12,35	695
	30,30(30,30)	1.03,15(32,85)	1.37,00(33,85)	2.12,35(35,35)		
4	Vegard Løvberg	91	Bærumsvømmerne	(0,69)	2.14,31	665
	31,17(31,17)	1.05,12(33,95)	1.40,07(34,95)	2.14,31(34,24)		
5	Stian S. Langeland	89	Bergens SC	(0,70)	2.16,65	632
	31,63(31,63)	1.06,00(34,37)	1.40,48(34,48)	2.16,65(36,17)		
6	Emil Brennløkken	89	Vestbyen IL	(0,73)	2.17,43	621
	31,56(31,56)	1.07,00(35,44)	1.42,27(35,27)	2.17,43(35,16)		
7	Joar Skien Grannes	90	Sandnes SLK	(0,75)	2.17,95	614
	31,66(31,66)	1.06,22(34,56)	1.42,35(36,13)	2.17,95(35,60)		
8	Even Vike Holm	90	BS/Arna	(0,78)	2.18,30	609
	32,34(32,34)	1.06,63(34,29)	1.42,80(36,17)	2.18,30(35,50)		

Øvelse 12. 50m fri, damer - Finale**Sponsor: Kremmertorget, Elverum****Senior**

1	Henriette Brekke	88	Vestkantsvømmerne	26,15	832
2	Victoria S. Løken	91	Team Stavanger	26,50	799
3	Cecilie W. Johannessen	90	Karmøy SK	26,62	789
4	Kristine Johansen	77	Hamar IL	27,06	751
5	Siri Løvold Magnussen	86	Hamar IL	27,39	724
6	Monica W. Johannessen	90	Karmøy SK	27,57	710
7	Katharina Stiberg	88	Bjerkvik SK	27,78	694
8	Martine Bremer	90	Bergens SLK	27,94	682

Funksjonshemmede

1	Cecilie Drabsch Norland	78	Stavanger Haik	32,00	454	S8	101,56 %
2	Mariann Vestbøstad	84	Vestkantsvømmerne	35,38	336	S8	112,28 %
3	Linn Haugen	87	Vestkantsvømmerne	35,37	336	S9	121,8 %
4	Tonje Immerstein	89	Sandnes SLK	36,47	306	S10	128,23 %
5	Hanne Farestvedt	93	Åstveit SK	37,64	279	S14	130,02 %
6	Ingvill S. Hilleren	90	Vestkantsvømmerne	44,05	174	S7	131,37 %
7	Ingrid Djupskås	89	Asker SK	40,64	221	S9	139,94 %

Øvelse 13. 100m fri, herrer - Finale**Sponsor: Jotunheimen Eiendom****Senior**

1	Gard Kvale	84	Bergens SC	50,93	857
	24,84(24,84)	50,93(26,09)			
2	Thomas Ole Fadnes	87	Stavanger SC	51,93	808
	24,74(24,74)	51,93(27,19)			
3	Sander Smørdal	85	BS/Arna	52,13	799
	25,03(25,03)	52,13(27,10)			
4	Øystein R. Hetland	89	Bærum/NTG	53,33	746
	25,24(25,24)	53,33(28,09)			
5	Jørgen Møllerop	88	TS/Madla SK	53,40	743
	25,66(25,66)	53,40(27,74)			
6	Stian Werner Erichsen	90	Bærumsvømmerne	54,38	704
	26,99(26,99)	54,38(27,39)			
7	Mats Gøran Høgenhaug	93	Namsos SK	54,46	701
	26,05(26,05)	54,46(28,41)			
8	Christer Koch Kvam	90	Bærum/NTG	55,07	678
	26,25(26,25)	55,07(28,82)			

Øvelse 14. 200m butterfly, damer - Finale**Sponsor: Sparebanken Hedmark****Senior**

1	Sara Nordenstam	83	Lambertseter SK	2.15,37	820
	30,85(30,85)	1.05,64(34,79)	1.40,36(34,72)	2.15,37(35,01)	
2	Karoline Brudvik Sanderud	89	Hamar IL	2.17,14	788
	30,56(30,56)	1.04,93(34,37)	1.41,35(36,42)	2.17,14(35,79)	
3	Ingvild Snildal	88	Asker SK	2.17,56	781
	29,76(29,76)	1.03,66(33,90)	1.39,20(35,54)	2.17,56(38,36)	
4	Line Løvberg	91	Lambertseter SK/NTG	2.23,51	688
	31,61(31,61)	1.07,77(36,16)	1.45,63(37,86)	2.23,51(37,88)	
5	Karolina Orleanski	86	Bærumsvømmerne	2.24,38	675
	32,19(32,19)	1.08,54(36,35)	1.45,85(37,31)	2.24,38(38,53)	
6	Julie Borgen	91	Sarpsborg IL	2.28,04	627
	31,11(31,11)	1.08,69(37,58)	1.47,97(39,28)	2.28,04(40,07)	
7	Siri N. Andersen	92	Haldens SK	2.29,53	608
	33,60(33,60)	1.11,80(38,20)	1.50,21(38,41)	2.29,53(39,32)	
8	Katrine Ekstang	92	Setermoen SK	2.30,29	599
	34,04(34,04)	1.11,77(37,73)	1.52,48(40,71)	2.30,29(37,81)	

Øvelse 15. 200m bryst, herrer - Finale**Sponsor: Norsk Tipping****Senior**

1	Alexander Dale Oen	85	Vestkantsvømmerne	2.15,99	892
	30,66(30,66)	1.05,44(34,78)	1.40,45(35,01)	2.15,99(35,54)	
2	Sverre Næss	92	Sarpsborg IL	2.24,46	744
	32,47(32,47)	1.09,90(37,43)	1.47,45(37,55)	2.24,46(37,01)	
3	Sebastian Wigstrøm	91	Bærumsvømmerne	2.24,63	741
	32,83(32,83)	1.09,96(37,13)	1.46,95(36,99)	2.24,63(37,68)	
4	Robin Palm	88	Sarpsborg IL	2.27,64	697
	32,88(32,88)	1.10,43(37,55)	1.49,03(38,60)	2.27,64(38,61)	
5	Alexander Broberg Skeltved	87	Vestkantsvømmerne	2.28,44	685
	33,62(33,62)	1.10,80(37,18)	1.48,79(37,99)	2.28,44(39,65)	
6	Sindre Søderlund	91	Trondheim SLK/NTG	2.32,27	635
	32,80(32,80)	1.11,25(38,45)	1.51,23(39,98)	2.32,27(41,04)	
7	Mattis Saghaug	90	IL Varg/NTG	2.34,04	613
	32,86(32,86)	1.10,86(38,00)	1.51,76(40,90)	2.34,04(42,28)	
8	Kristoffer Meisler	90	Tverlandet IL	2.34,96	602
	33,25(33,25)	1.11,49(38,24)	1.53,24(41,75)	2.34,96(41,72)	

Øvelse 16. 100m rygg, damer - Finale**Sponsor: Utstillingsplassen****Senior**

1	Ingvild Snildal	88	Asker SK	(0,76)	1.05,82	772
	32,33(32,33)	1.05,82(33,49)				
2	Elisabeth Jarland	85	Bærumsvømmerne	(0,74)	1.06,83	737
	32,97(32,97)	1.06,83(33,86)				
3	Heidi Vainio Gjøen	88	Lambertseter SK	(0,82)	1.07,30	722
	32,65(32,65)	1.07,30(34,65)				
4	Margrete Nyhus Ulvestad	88	Molde SLK	(1,04)	1.08,50	685
	33,60(33,60)	1.08,50(34,90)				
5	Gina B. Andersen	90	Skjetten Svømming/NTG(0,63)		1.08,78	676
	34,09(34,09)	1.08,78(34,69)				
6	Iselin Mjøllner Dahlen	92	Skjetten Svømming	(0,61)	1.09,28	662
	33,85(33,85)	1.09,28(35,43)				
7	Seline Vike Holm	92	Arna SLK		1.09,63	652
	33,48(33,48)	1.09,63(36,15)				
8	Elisabeth H. Svensson	91	Ski SK		1.10,98	615
	33,92(33,92)	1.10,98(37,06)				

Øvelse 17. 50m butterfly, herrer - Finale**Sponsor: Eidsiva Energi****Senior**

1	Erik Dorch	83	BS/Bergen SLK	24,48	894
2	Alexander Hetland	82	Bærumsvømmerne	24,62	879 NR
3	Bjørnar Gaasvik	79	IL Varg	25,97	749
4	Alexander B. Havre	90	Mandal SK	26,03	744
5	Øystein R. Hetland	89	Bærum/NTG	26,17	732
6	Christer Koch Kvam	90	Bærum/NTG	26,47	707
7	Dan Magnus Skibrek	87	Øvre Eiker SK	26,60	697
8	Marcus Tesdal	90	BS/Åstveit	26,88	675

Funksjonshemmede

1	Stian I Helgeland	86	Skjetten Svømming	37,38	251 S6	115,12 %
2	Jørgen Tadvin	83	Kolbotn IL	41,28	186 S6	127,13 %

Øvelse 18. 800m fri, damer - Direkte finale**Junior**

1	Elin Slaatmo	92	Hamar IL	8.56,14	818
	30,77(30,77)	1.03,62(32,85)	1.37,11(33,49)	2.10,77(33,66)	
	2.44,56(33,79)	3.18,49(33,93)	3.52,13(33,64)	4.26,23(34,10)	
	5.00,36(34,13)	5.34,30(33,94)	6.08,33(34,03)	6.42,74(34,41)	
	7.16,95(34,21)	7.51,16(34,21)	8.24,78(33,62)	8.56,14(31,36)	
2	Elise Utne	89	Narvik SK	9.14,18	741
	31,68(31,68)	1.06,00(34,32)	1.40,57(34,57)	2.15,29(34,72)	
	2.50,23(34,94)	3.25,38(35,15)	4.00,28(34,90)	4.35,51(35,23)	
	5.10,57(35,06)	5.45,72(35,15)	6.20,75(35,03)	6.55,83(35,08)	
	7.30,74(34,91)	8.05,90(35,16)	8.40,58(34,68)	9.14,18(33,60)	
3	Cecilie W. Johannessen	90	Karmøy SK	9.20,27	717
	30,64(30,64)	1.04,26(33,62)	1.39,25(34,99)	2.14,98(35,73)	
	2.50,68(35,70)	3.27,05(36,37)	4.01,33(34,28)	4.36,80(35,47)	
	5.11,70(34,90)	5.47,52(35,82)	6.22,02(34,50)	6.58,01(35,99)	
	7.33,47(35,46)	8.09,94(36,47)	8.45,34(35,40)	9.20,27(34,93)	

4	Ingrid N. Knutzen	91	Lambertseter SK/NTG	9.22,41	709
	32,08(32,08)	1.06,84(34,76)	1.41,66(34,82)	2.17,07(35,41)	
	2.52,16(35,09)	3.28,02(35,86)	4.03,00(34,98)	4.38,21(35,21)	
	5.13,75(35,54)	5.49,69(35,94)	6.24,91(35,22)	7.01,14(36,23)	
	7.36,63(35,49)	8.12,51(35,88)	8.48,02(35,51)	9.22,41(34,39)	
5	Karoline Pedersen	94	Bergens SLK	9.28,30	687
	31,85(31,85)	1.07,10(35,25)	1.42,78(35,68)	2.18,71(35,93)	
	2.54,01(35,30)	3.29,62(35,61)	4.05,31(35,69)	4.41,31(36,00)	
	5.17,38(36,07)	5.53,70(36,32)	6.29,86(36,16)	7.06,30(36,44)	
	7.42,42(36,12)	8.18,48(36,06)	8.54,15(35,67)	9.28,30(34,15)	
6	Eva Marie W. Østerhus	94	TS/Madla SK	9.30,12	681
	32,45(32,45)	1.08,22(35,77)	1.43,53(35,31)	2.20,12(36,59)	
	2.55,98(35,86)	3.32,65(36,67)	4.08,57(35,92)	4.44,94(36,37)	
	5.20,61(35,67)	5.57,02(36,41)	6.32,89(35,87)	7.09,04(36,15)	
	7.44,76(35,72)	8.20,97(36,21)	8.55,93(34,96)	9.30,12(34,19)	
7	Siri Anette Sønju	92	Øvre Eiker SK	9.35,71	661
	32,18(32,18)	1.07,30(35,12)	1.43,14(35,84)	2.19,20(36,06)	
	2.55,45(36,25)	3.31,50(36,05)	4.07,99(36,49)	4.44,71(36,72)	
	5.20,92(36,21)	5.57,73(36,81)	6.34,30(36,57)	7.11,00(36,70)	
	7.47,20(36,20)	8.23,99(36,79)	8.59,64(35,65)	9.35,71(36,07)	
8	Siri N. Andersen	92	Haldens SK	9.35,84	660
	33,28(33,28)	1.09,32(36,04)	1.45,27(35,95)	2.21,78(36,51)	
	2.57,94(36,16)	3.34,02(36,08)	4.10,24(36,22)	4.46,35(36,11)	
	5.22,52(36,17)	5.58,55(36,03)	6.34,95(36,40)	7.11,46(36,51)	
	7.47,91(36,45)	8.24,58(36,67)	9.00,89(36,31)	9.35,84(34,95)	
9	Lise Sand Syversen	95	Delfana	9.37,53	655
	32,14(32,14)	1.07,84(35,70)	1.44,64(36,80)	2.21,59(36,95)	
	2.58,34(36,75)	3.35,15(36,81)	4.12,02(36,87)	4.48,93(36,91)	
	5.26,37(37,44)	6.02,30(35,93)	6.39,26(36,96)	7.15,49(36,23)	
	7.51,57(36,08)	8.27,67(36,10)	9.03,51(35,84)	9.37,53(34,02)	
10	Katrine Ekstang	92	Setermoen SK	9.38,25	652
	32,96(32,96)	1.08,63(35,67)	1.44,19(35,56)	2.20,42(36,23)	
	2.56,54(36,12)	3.33,01(36,47)	4.09,46(36,45)	4.46,31(36,85)	
	5.22,58(36,27)	5.59,50(36,92)	6.36,66(37,16)	7.13,97(37,31)	
	7.50,95(36,98)	8.27,30(36,35)	9.03,73(36,43)	9.38,25(34,52)	
11	Gina B. Andersen	90	Skjetten Svømming/NTG	9.40,56	644
	32,72(32,72)	1.07,75(35,03)	1.43,88(36,13)	2.19,93(36,05)	
	2.56,46(36,53)	3.32,94(36,48)	4.09,92(36,98)	4.46,26(36,34)	
	5.23,50(37,24)	6.00,06(36,56)	6.37,21(37,15)	7.13,69(36,48)	
	7.51,14(37,45)	8.27,85(36,71)	9.05,16(37,31)	9.40,56(35,40)	
12	Pia Cornelia Braarud	93	Lambertseter SK	9.43,69	634
	32,88(32,88)	1.09,46(36,58)	1.45,49(36,03)	2.22,50(37,01)	
	2.58,62(36,12)	3.35,31(36,69)	4.11,16(35,85)	4.48,48(37,32)	
	5.24,86(36,38)	6.02,11(37,25)	6.39,12(37,01)	7.16,52(37,40)	
	7.53,76(37,24)	8.31,26(37,50)	9.07,84(36,58)	9.43,69(35,85)	
13	Hanne Lockertsen	94	Tromsø SK	9.46,02	627
	32,97(32,97)	1.10,01(37,04)	1.46,63(36,62)	2.24,05(37,42)	
	3.00,91(36,86)	3.38,54(37,63)	4.15,62(37,08)	4.52,96(37,34)	
	5.29,62(36,66)	6.06,87(37,25)	6.43,49(36,62)	7.20,77(37,28)	
	7.57,13(36,36)	8.34,13(37,00)	9.10,17(36,04)	9.46,02(35,85)	
14	Stine K. Jansen	90	Moss SK	9.47,34	622
	33,01(33,01)	1.07,77(34,76)	1.43,80(36,03)	2.20,72(36,92)	
	2.57,93(37,21)	3.35,29(37,36)	4.12,40(37,11)	4.49,92(37,52)	
	5.27,50(37,58)	6.05,16(37,66)	6.42,89(37,73)	7.20,57(37,68)	
	7.58,05(37,48)	8.35,47(37,42)	9.12,33(36,86)	9.47,34(35,01)	
15	Marthe Berg Sørensen	92	TS/Frisinn	9.52,53	606
	32,32(32,32)	1.08,38(36,06)	1.45,36(36,98)	2.22,65(37,29)	
	2.59,88(37,23)		4.14,99(1.15,11)		
	5.30,15(1.15,16)	6.07,74(37,59)	6.45,33(37,59)	7.23,27(37,94)	
	8.00,99(37,72)		9.16,15(1.15,16)	9.52,53(36,38)	
16	Veronica Orheim Bjørlykke	94	Aalesund SLK	9.54,58	600
	31,90(31,90)	1.07,90(36,00)	1.45,36(37,46)	2.22,51(37,15)	
	3.00,39(37,88)	3.38,00(37,61)	4.15,88(37,88)	4.53,78(37,90)	
	5.31,92(38,14)	6.10,03(38,11)	6.48,25(38,22)	7.26,10(37,85)	
	8.03,87(37,77)	8.41,92(38,05)	9.19,45(37,53)	9.54,58(35,13)	
17	Susann Bjørnsen	93	Setermoen SK	9.55,16	598
	32,54(32,54)	1.08,90(36,36)	1.45,01(36,11)	2.22,17(37,16)	
	2.59,63(37,46)	3.37,54(37,91)	4.15,23(37,69)	4.53,45(38,22)	
	5.31,21(37,76)	6.09,35(38,14)	6.47,54(38,19)	7.25,40(37,86)	
	8.03,67(38,27)	8.41,22(37,55)	9.18,45(37,23)	9.55,16(36,71)	

18	Andrea Haugstad	92	Vestkantsvømmerne	9.57,20	592
	33,59(33,59)	1.10,53(36,94)	1.49,10(38,57)	2.26,73(37,63)	
	3.04,64(37,91)	3.41,87(37,23)	4.19,94(38,07)	4.57,37(37,43)	
	5.35,37(38,00)	6.12,77(37,40)	6.50,68(37,91)	7.28,02(37,34)	
	8.06,06(38,04)	8.43,53(37,47)	9.21,77(38,24)	9.57,20(35,43)	
19	Stine Lise Stenseth	94	Øvre Eiker SK	9.59,36	586
	33,02(33,02)	1.09,48(36,46)	1.46,84(37,36)	2.24,91(38,07)	
	3.02,86(37,95)	3.41,03(38,17)	4.19,32(38,29)	4.57,95(38,63)	
	5.35,70(37,75)	6.13,80(38,10)	6.51,61(37,81)	7.29,63(38,02)	
	8.07,10(37,47)	8.45,00(37,90)	9.22,68(37,68)	9.59,36(36,68)	
20	Christiana Bjørkli	93	Trondheim SLK	10.01,72	579
	33,97(33,97)	1.11,11(37,14)	1.48,28(37,17)	2.25,85(37,57)	
	3.03,25(37,40)	3.41,17(37,92)	4.18,37(37,20)	4.56,67(38,30)	
	5.34,54(37,87)	6.12,80(38,26)	6.50,79(37,99)	7.29,43(38,64)	
	8.07,65(38,22)	8.46,28(38,63)	9.24,43(38,15)	10.01,72(37,29)	
21	Emilie Vora	91	Bærumsvømmerne	10.01,88	578
	33,19(33,19)	1.09,16(35,97)	1.46,13(36,97)	2.23,47(37,34)	
	3.01,15(37,68)	3.39,54(38,39)	4.17,39(37,85)	4.55,14(37,75)	
	5.33,31(38,17)	6.12,09(38,78)	6.50,13(38,04)	7.28,57(38,44)	
	8.07,06(38,49)	8.45,43(38,37)	9.24,15(38,72)	10.01,88(37,73)	
22	Inger-Cathrine Wium	92	Øvre Eiker SK	10.03,87	573
	32,84(32,84)	1.09,47(36,63)	1.47,36(37,89)	2.25,52(38,16)	
	3.03,39(37,87)	3.42,41(39,02)	4.20,89(38,48)	4.59,90(39,01)	
	5.37,97(38,07)	6.16,46(38,49)	6.54,42(37,96)	7.32,94(38,52)	
	8.10,83(37,89)	8.49,15(38,32)	9.26,85(37,70)	10.03,87(37,02)	
23	Guro Knutsen	91	Øvre Eiker SK	10.18,01	534
	33,93(33,93)	1.11,37(37,44)	1.49,40(38,03)	2.28,09(38,69)	
	3.07,08(38,99)	3.46,06(38,98)	4.25,46(39,40)	5.04,66(39,20)	
	5.43,78(39,12)	6.22,95(39,17)	7.02,47(39,52)	7.42,01(39,54)	
	8.21,66(39,65)	9.00,74(39,08)	9.39,70(38,96)	10.18,01(38,31)	
	Marte Elise Brinchmann	91	Moss SK	BRUTT	

Senior

1	Elin Slaatmo	92	Hamar IL	8.56,14	818
	30,77(30,77)	1.03,62(32,85)	1.37,11(33,49)	2.10,77(33,66)	
	2.44,56(33,79)	3.18,49(33,93)	3.52,13(33,64)	4.26,23(34,10)	
	5.00,36(34,13)	5.34,30(33,94)	6.08,33(34,03)	6.42,74(34,41)	
	7.16,95(34,21)	7.51,16(34,21)	8.24,78(33,62)	8.56,14(31,36)	
2	Elise Utne	89	Narvik SK	9.14,18	741
	31,68(31,68)	1.06,00(34,32)	1.40,57(34,57)	2.15,29(34,72)	
	2.50,23(34,94)	3.25,38(35,15)	4.00,28(34,90)	4.35,51(35,23)	
	5.10,57(35,06)	5.45,72(35,15)	6.20,75(35,03)	6.55,83(35,08)	
	7.30,74(34,91)	8.05,90(35,16)	8.40,58(34,68)	9.14,18(33,60)	
3	Cecilie W. Johannessen	90	Karmøy SK	9.20,27	717
	30,64(30,64)	1.04,26(33,62)	1.39,25(34,99)	2.14,98(35,73)	
	2.50,68(35,70)	3.27,05(36,37)	4.01,33(34,28)	4.36,80(35,47)	
	5.11,70(34,90)	5.47,52(35,82)	6.22,02(34,50)	6.58,01(35,99)	
	7.33,47(35,46)	8.09,94(36,47)	8.45,34(35,40)	9.20,27(34,93)	
4	Ingrid N. Knutzen	91	Lambertseter SK/NTG	9.22,41	709
	32,08(32,08)	1.06,84(34,76)	1.41,66(34,82)	2.17,07(35,41)	
	2.52,16(35,09)	3.28,02(35,86)	4.03,00(34,98)	4.38,21(35,21)	
	5.13,75(35,54)	5.49,69(35,94)	6.24,91(35,22)	7.01,14(36,23)	
	7.36,63(35,49)	8.12,51(35,88)	8.48,02(35,51)	9.22,41(34,39)	
5	Karoline Pedersen	94	Bergens SLK	9.28,30	687
	31,85(31,85)	1.07,10(35,25)	1.42,78(35,68)	2.18,71(35,93)	
	2.54,01(35,30)	3.29,62(35,61)	4.05,31(35,69)	4.41,31(36,00)	
	5.17,38(36,07)	5.53,70(36,32)	6.29,86(36,16)	7.06,30(36,44)	
	7.42,42(36,12)	8.18,48(36,06)	8.54,15(35,67)	9.28,30(34,15)	
6	Eva Marie W. Østerhus	94	TS/Madla SK	9.30,12	681
	32,45(32,45)	1.08,22(35,77)	1.43,53(35,31)	2.20,12(36,59)	
	2.55,98(35,86)	3.32,65(36,67)	4.08,57(35,92)	4.44,94(36,37)	
	5.20,61(35,67)	5.57,02(36,41)	6.32,89(35,87)	7.09,04(36,15)	
	7.44,76(35,72)	8.20,97(36,21)	8.55,93(34,96)	9.30,12(34,19)	
7	Monica Finnøy	88	BS/Bergen SLK	9.35,47	662
	31,97(31,97)	1.06,71(34,74)	1.42,30(35,59)	2.18,04(35,74)	
	2.54,00(35,96)	3.30,15(36,15)	4.06,84(36,69)	4.43,84(37,00)	
	5.20,65(36,81)	5.57,67(37,02)	6.34,44(36,77)	7.10,77(36,33)	
	7.47,61(36,84)	8.24,76(37,15)	9.01,26(36,50)	9.35,47(34,21)	

8	Siri Anette Sønju	92	Øvre Eiker SK	9.35,71	661
	32,18(32,18)	1.07,30(35,12)	1.43,14(35,84)	2.19,20(36,06)	
	2.55,45(36,25)	3.31,50(36,05)	4.07,99(36,49)	4.44,71(36,72)	
	5.20,92(36,21)	5.57,73(36,81)	6.34,30(36,57)	7.11,00(36,70)	
	7.47,20(36,20)	8.23,99(36,79)	8.59,64(35,65)	9.35,71(36,07)	
9	Siri N. Andersen	92	Haldens SK	9.35,84	660
	33,28(33,28)	1.09,32(36,04)	1.45,27(35,95)	2.21,78(36,51)	
	2.57,94(36,16)	3.34,02(36,08)	4.10,24(36,22)	4.46,35(36,11)	
	5.22,52(36,17)	5.58,55(36,03)	6.34,95(36,40)	7.11,46(36,51)	
	7.47,91(36,45)	8.24,58(36,67)	9.00,89(36,31)	9.35,84(34,95)	
10	Lise Sand Syversen	95	Delfana	9.37,53	655
	32,14(32,14)	1.07,84(35,70)	1.44,64(36,80)	2.21,59(36,95)	
	2.58,34(36,75)	3.35,15(36,81)	4.12,02(36,87)	4.48,93(36,91)	
	5.26,37(37,44)	6.02,30(35,93)	6.39,26(36,96)	7.15,49(36,23)	
	7.51,57(36,08)	8.27,67(36,10)	9.03,51(35,84)	9.37,53(34,02)	
11	Katrine Ekstang	92	Setermoen SK	9.38,25	652
	32,96(32,96)	1.08,63(35,67)	1.44,19(35,56)	2.20,42(36,23)	
	2.56,54(36,12)	3.33,01(36,47)	4.09,46(36,45)	4.46,31(36,85)	
	5.22,58(36,27)	5.59,50(36,92)	6.36,66(37,16)	7.13,97(37,31)	
	7.50,95(36,98)	8.27,30(36,35)	9.03,73(36,43)	9.38,25(34,52)	
12	Gina B. Andersen	90	Skjetten Svømming/NTG	9.40,56	644
	32,72(32,72)	1.07,75(35,03)	1.43,88(36,13)	2.19,93(36,05)	
	2.56,46(36,53)	3.32,94(36,48)	4.09,92(36,98)	4.46,26(36,34)	
	5.23,50(37,24)	6.00,06(36,56)	6.37,21(37,15)	7.13,69(36,48)	
	7.51,14(37,45)	8.27,85(36,71)	9.05,16(37,31)	9.40,56(35,40)	
13	Pia Cornelia Braarud	93	Lambertseter SK	9.43,69	634
	32,88(32,88)	1.09,46(36,58)	1.45,49(36,03)	2.22,50(37,01)	
	2.58,62(36,12)	3.35,31(36,69)	4.11,16(35,85)	4.48,48(37,32)	
	5.24,86(36,38)	6.02,11(37,25)	6.39,12(37,01)	7.16,52(37,40)	
	7.53,76(37,24)	8.31,26(37,50)	9.07,84(36,58)	9.43,69(35,85)	
14	Hanne Lockertsen	94	Tromsø SK	9.46,02	627
	32,97(32,97)	1.10,01(37,04)	1.46,63(36,62)	2.24,05(37,42)	
	3.00,91(36,86)	3.38,54(37,63)	4.15,62(37,08)	4.52,96(37,34)	
	5.29,62(36,66)	6.06,87(37,25)	6.43,49(36,62)	7.20,77(37,28)	
	7.57,13(36,36)	8.34,13(37,00)	9.10,17(36,04)	9.46,02(35,85)	
15	Stine K. Jansen	90	Moss SK	9.47,34	622
	33,01(33,01)	1.07,77(34,76)	1.43,80(36,03)	2.20,72(36,92)	
	2.57,93(37,21)	3.35,29(37,36)	4.12,40(37,11)	4.49,92(37,52)	
	5.27,50(37,58)	6.05,16(37,66)	6.42,89(37,73)	7.20,57(37,68)	
	7.58,05(37,48)	8.35,47(37,42)	9.12,33(36,86)	9.47,34(35,01)	
16	Marthe Berg Sørensen	92	TS/Frisinn	9.52,53	606
	32,32(32,32)	1.08,38(36,06)	1.45,36(36,98)	2.22,65(37,29)	
	2.59,88(37,23)		4.14,99(1.15,11)		
	5.30,15(1.15,16)	6.07,74(37,59)	6.45,33(37,59)	7.23,27(37,94)	
	8.00,99(37,72)		9.16,15(1.15,16)	9.52,53(36,38)	
17	Veronica Orheim Bjørlykke	94	Aalesund SLK	9.54,58	600
	31,90(31,90)	1.07,90(36,00)	1.45,36(37,46)	2.22,51(37,15)	
	3.00,39(37,88)	3.38,00(37,61)	4.15,88(37,88)	4.53,78(37,90)	
	5.31,92(38,14)	6.10,03(38,11)	6.48,25(38,22)	7.26,10(37,85)	
	8.03,87(37,77)	8.41,92(38,05)	9.19,45(37,53)	9.54,58(35,13)	
18	Susann Bjørnsen	93	Setermoen SK	9.55,16	598
	32,54(32,54)	1.08,90(36,36)	1.45,01(36,11)	2.22,17(37,16)	
	2.59,63(37,46)	3.37,54(37,91)	4.15,23(37,69)	4.53,45(38,22)	
	5.31,21(37,76)	6.09,35(38,14)	6.47,54(38,19)	7.25,40(37,86)	
	8.03,67(38,27)	8.41,22(37,55)	9.18,45(37,23)	9.55,16(36,71)	
19	Andrea Haugstad	92	Vestkantsvømmerne	9.57,20	592
	33,59(33,59)	1.10,53(36,94)	1.49,10(38,57)	2.26,73(37,63)	
	3.04,64(37,91)	3.41,87(37,23)	4.19,94(38,07)	4.57,37(37,43)	
	5.35,37(38,00)	6.12,77(37,40)	6.50,68(37,91)	7.28,02(37,34)	
	8.06,06(38,04)	8.43,53(37,47)	9.21,77(38,24)	9.57,20(35,43)	
20	Stine Lise Stenseth	94	Øvre Eiker SK	9.59,36	586
	33,02(33,02)	1.09,48(36,46)	1.46,84(37,36)	2.24,91(38,07)	
	3.02,86(37,95)	3.41,03(38,17)	4.19,32(38,29)	4.57,95(38,63)	
	5.35,70(37,75)	6.13,80(38,10)	6.51,61(37,81)	7.29,63(38,02)	
	8.07,10(37,47)	8.45,00(37,90)	9.22,68(37,68)	9.59,36(36,68)	
21	Christiana Bjørkli	93	Trondheim SLK	10.01,72	579
	33,97(33,97)	1.11,11(37,14)	1.48,28(37,17)	2.25,85(37,57)	
	3.03,25(37,40)	3.41,17(37,92)	4.18,37(37,20)	4.56,67(38,30)	
	5.34,54(37,87)	6.12,80(38,26)	6.50,79(37,99)	7.29,43(38,64)	
	8.07,65(38,22)	8.46,28(38,63)	9.24,43(38,15)	10.01,72(37,29)	

22	Emilie Voraa	91	Bærumsvømmerne	10.01,88	578
	33,19(33,19)	1.09,16(35,97)	1.46,13(36,97)	2.23,47(37,34)	
	3.01,15(37,68)	3.39,54(38,39)	4.17,39(37,85)	4.55,14(37,75)	
	5.33,31(38,17)	6.12,09(38,78)	6.50,13(38,04)	7.28,57(38,44)	
	8.07,06(38,49)	8.45,43(38,37)	9.24,15(38,72)	10.01,88(37,73)	
23	Inger-Cathrine Wium	92	Øvre Eiker SK	10.03,87	573
	32,84(32,84)	1.09,47(36,63)	1.47,36(37,89)	2.25,52(38,16)	
	3.03,39(37,87)	3.42,41(39,02)	4.20,89(38,48)	4.59,90(39,01)	
	5.37,97(38,07)	6.16,46(38,49)	6.54,42(37,96)	7.32,94(38,52)	
	8.10,83(37,89)	8.49,15(38,32)	9.26,85(37,70)	10.03,87(37,02)	
24	Guro Knutsen	91	Øvre Eiker SK	10.18,01	534
	33,93(33,93)	1.11,37(37,44)	1.49,40(38,03)	2.28,09(38,69)	
	3.07,08(38,99)	3.46,06(38,98)	4.25,46(39,40)	5.04,66(39,20)	
	5.43,78(39,12)	6.22,95(39,17)	7.02,47(39,52)	7.42,01(39,54)	
	8.21,66(39,65)	9.00,74(39,08)	9.39,70(38,96)	10.18,01(38,31)	
	Marte Elise Brinchmann	91	Moss SK	BRUTT	

Øvelse 19. 1500m fri, herrer - Direkte finale

Junior

1	Sindri T. Jakobsson	91	BS/Delfana	16.34,99	717
	29,22(29,22)	1.01,46(32,24)	1.34,77(33,31)	2.07,82(33,05)	
	2.41,35(33,53)	3.14,78(33,43)	3.48,22(33,44)	4.21,93(33,71)	
	4.55,60(33,67)	5.29,73(34,13)	6.02,87(33,14)	6.36,58(33,71)	
	7.10,07(33,49)	7.43,73(33,66)	8.17,24(33,51)	8.50,88(33,64)	
	9.24,16(33,28)	9.57,64(33,48)	10.31,22(33,58)	11.04,54(33,32)	
	11.37,81(33,27)	12.11,50(33,69)	12.44,86(33,36)	13.18,45(33,59)	
	13.51,56(33,11)	14.25,32(33,76)	14.58,50(33,18)	15.31,72(33,22)	
	16.03,58(31,86)	16.34,99(31,41)			
2	Daniel Berenett	91	IL Varg/NTG	16.50,90	683
	29,67(29,67)	1.01,97(32,30)	1.34,87(32,90)	2.08,33(33,46)	
	2.41,98(33,65)	3.15,20(33,22)	3.48,21(33,01)	4.21,94(33,73)	
	4.55,65(33,71)	5.29,85(34,20)	6.02,55(32,70)	6.36,46(33,91)	
	7.10,39(33,93)	7.44,21(33,82)	8.18,20(33,99)	8.52,28(34,08)	
	9.26,65(34,37)	10.00,74(34,09)	10.34,68(33,94)	11.08,64(33,96)	
	11.42,53(33,89)	12.16,80(34,27)	12.50,53(33,73)	13.24,94(34,41)	
	13.59,28(34,34)	14.33,97(34,69)	15.07,99(34,02)	15.42,53(34,54)	
	16.16,77(34,24)	16.50,90(34,13)			
3	Zoltan Csernai	93	Åstveit SK	16.56,69	672
	29,38(29,38)	1.01,33(31,95)	1.35,11(33,78)	2.08,53(33,42)	
	2.42,60(34,07)	3.15,90(33,30)	3.49,59(33,69)	4.23,16(33,57)	
	4.57,60(34,44)	5.31,01(33,41)	6.05,97(34,96)	6.39,49(33,52)	
	7.14,27(34,78)	7.48,12(33,85)	8.23,45(35,33)	8.57,01(33,56)	
	9.31,92(34,91)	10.05,68(33,76)	10.41,01(35,33)	11.15,14(34,13)	
	11.50,07(34,93)	12.24,54(34,47)	12.59,44(34,90)	13.33,41(33,97)	
	14.08,45(35,04)	14.42,68(34,23)	15.17,43(34,75)	15.50,65(33,22)	
	16.24,84(34,19)	16.56,69(31,85)			
4	Jørn Nygård	92	Stavanger SC	16.59,61	666
	28,93(28,93)	1.00,90(31,97)	1.33,76(32,86)		
	2.40,87(1.07,11)	3.14,87(34,00)	3.48,87(34,00)		
	4.57,30(1.08,43)	5.32,10(34,80)	6.05,93(33,83)	6.40,39(34,46)	
	7.14,22(33,83)	7.49,06(34,84)		8.57,70(1.08,64)	
	9.31,70(34,00)	10.06,91(35,21)	10.40,88(33,97)	11.15,94(35,06)	
	11.50,02(34,08)	12.25,27(35,25)	12.59,87(34,60)	13.34,47(34,60)	
	14.08,75(34,28)	14.43,69(34,94)	15.17,72(34,03)		
	16.26,60(1.08,88)	16.59,61(33,01)			
5	Eivind Johannesen	92	Åstveit SK	17.05,79	654
	30,54(30,54)	1.03,39(32,85)	1.37,10(33,71)	2.10,90(33,80)	
	2.45,01(34,11)	3.19,10(34,09)	3.53,90(34,80)	4.28,25(34,35)	
	5.02,38(34,13)	5.36,09(33,71)	6.10,75(34,66)	6.45,36(34,61)	
	7.19,80(34,44)	7.54,13(34,33)	8.28,53(34,40)	9.03,49(34,96)	
	9.38,26(34,77)	10.13,19(34,93)	10.48,12(34,93)	11.23,00(34,88)	
	11.57,19(34,19)	12.31,58(34,39)	13.05,66(34,08)	13.40,09(34,43)	
	14.15,10(35,01)	14.49,64(34,54)	15.24,63(34,99)	15.59,27(34,64)	
	16.33,31(34,04)	17.05,79(32,48)			

6	Sindre Nilo	90	Sandefjord SK/NTG	17.11,80	643
	29,93(29,93)	1.02,91(32,98)	1.35,70(32,79)	2.09,55(33,85)	
	2.42,57(33,02)	3.16,45(33,88)	3.49,87(33,42)	4.23,47(33,60)	
	4.57,06(33,59)	5.31,13(34,07)	6.04,92(33,79)	6.39,60(34,68)	
	7.14,03(34,43)	7.48,65(34,62)	8.22,92(34,27)	8.57,76(34,84)	
	9.32,19(34,43)	10.07,09(34,90)	10.41,68(34,59)	11.16,91(35,23)	
	11.51,95(35,04)	12.27,60(35,65)	13.02,56(34,96)	13.38,29(35,73)	
	14.13,70(35,41)	14.49,63(35,93)	15.25,19(35,56)	16.01,25(36,06)	
	16.36,59(35,34)	17.11,80(35,21)			
7	Elias Damman	89	Bærum/NTG	17.22,41	623
	29,68(29,68)	1.01,96(32,28)	1.35,40(33,44)	2.09,30(33,90)	
	2.43,22(33,92)	3.17,53(34,31)	3.51,77(34,24)	4.26,29(34,52)	
	5.00,95(34,66)	5.36,10(35,15)	6.10,79(34,69)	6.45,94(35,15)	
	7.21,00(35,06)	7.56,10(35,10)	8.30,99(34,89)	9.06,15(35,16)	
	9.41,15(35,00)	10.16,44(35,29)	10.51,94(35,50)	11.27,18(35,24)	
	12.02,29(35,11)	12.38,49(36,20)	13.14,03(35,54)	13.50,19(36,16)	
	14.25,38(35,19)	15.01,38(36,00)	15.37,14(35,76)	16.12,99(35,85)	
	16.48,18(35,19)	17.22,41(34,23)			
8	Oscar Slaatmo	94	Hamar IL	17.28,24	613
	31,10(31,10)	1.04,82(33,72)	1.39,51(34,69)	2.14,65(35,14)	
	2.49,71(35,06)	3.24,39(34,68)	3.59,94(35,55)	4.34,85(34,91)	
		5.45,18(1.10,33)	6.21,04(35,86)	6.55,87(34,83)	
	7.31,50(35,63)	8.06,99(35,49)	8.42,93(35,94)	9.18,03(35,10)	
	9.53,26(35,23)	10.28,40(35,14)	11.04,03(35,63)	11.39,53(35,50)	
	12.14,75(35,22)	12.49,51(34,76)	13.25,33(35,82)	14.00,58(35,25)	
	14.35,92(35,34)	15.10,82(34,90)	15.45,49(34,67)	16.20,27(34,78)	
	16.55,14(34,87)	17.28,24(33,10)			
9	Øyvind Gevelt	91	Øvre Eiker SK	17.29,16	611
	31,41(31,41)	1.04,49(33,08)	1.37,83(33,34)	2.11,69(33,86)	
	2.45,87(34,18)	3.20,62(34,75)	3.54,78(34,16)	4.29,63(34,85)	
	5.04,68(35,05)	5.40,07(35,39)	6.15,84(35,77)	6.51,89(36,05)	
	7.27,81(35,92)	8.03,61(35,80)	8.39,64(36,03)	9.15,48(35,84)	
	9.51,49(36,01)	10.27,23(35,74)	11.03,02(35,79)	11.39,11(36,09)	
	12.13,97(34,86)	12.49,16(35,19)	13.24,66(35,50)	14.00,15(35,49)	
	14.35,67(35,52)	15.11,62(35,95)	15.46,96(35,34)	16.23,06(36,10)	
	16.58,08(35,02)	17.29,16(31,08)			
10	Odin Spangen Normann	92	IL Varg	17.35,55	600
	30,52(30,52)	1.05,57(35,05)	1.40,55(34,98)	2.16,21(35,66)	
	2.51,57(35,36)	3.27,15(35,58)	4.02,68(35,53)	4.37,83(35,15)	
	5.13,02(35,19)	5.48,36(35,34)	6.23,74(35,38)	6.58,94(35,20)	
	7.34,18(35,24)	8.09,80(35,62)	8.45,02(35,22)	9.20,64(35,62)	
	9.56,13(35,49)	10.31,59(35,46)	11.07,01(35,42)	11.42,78(35,77)	
	12.18,34(35,56)	12.53,79(35,45)	13.29,16(35,37)	14.05,02(35,86)	
	14.40,57(35,55)	15.16,00(35,43)	15.51,19(35,19)	16.26,82(35,63)	
	17.01,91(35,09)	17.35,55(33,64)			
11	Henning S. Pryde	92	Stavanger SC	17.36,10	599
	31,52(31,52)	1.06,14(34,62)	1.41,38(35,24)	2.17,11(35,73)	
	2.52,33(35,22)	3.27,76(35,43)	4.03,07(35,31)	4.38,60(35,53)	
	5.14,05(35,45)	5.49,74(35,69)	6.25,63(35,89)	7.01,19(35,56)	
	7.36,87(35,68)	8.12,60(35,73)	8.48,07(35,47)	9.23,68(35,61)	
	9.59,67(35,99)	10.35,63(35,96)	11.11,32(35,69)	11.46,87(35,55)	
	12.22,32(35,45)	12.57,80(35,48)	13.32,94(35,14)	14.08,28(35,34)	
	14.43,56(35,28)	15.18,72(35,16)	15.53,24(34,52)	16.27,95(34,71)	
	17.03,13(35,18)	17.36,10(32,97)			
12	Christer M. Hagen	91	Fauske SK	17.46,39	582
	31,55(31,55)	1.05,51(33,96)	1.39,42(33,91)	2.14,62(35,20)	
	2.49,43(34,81)	3.24,47(35,04)	3.59,34(34,87)	4.34,73(35,39)	
	5.10,09(35,36)	5.45,96(35,87)	6.21,29(35,33)	6.56,54(35,25)	
	7.31,97(35,43)	8.07,06(35,09)	8.42,72(35,66)	9.18,69(35,97)	
	9.54,08(35,39)	10.29,86(35,78)	11.05,52(35,66)	11.41,88(36,36)	
	12.17,61(35,73)	12.53,99(36,38)	13.29,93(35,94)	14.06,94(37,01)	
	14.43,54(36,60)	15.20,47(36,93)	15.57,60(37,13)	16.34,21(36,61)	
	17.10,87(36,66)	17.46,39(35,52)			
13	Kristian Evensen	90	Kristiansand SA	17.50,71	575
	31,33(31,33)	1.06,64(35,31)	1.42,49(35,85)	2.18,49(36,00)	
	2.54,26(35,77)	3.30,21(35,95)	4.06,19(35,98)	4.41,96(35,77)	
	5.17,82(35,86)	5.53,72(35,90)	6.29,42(35,70)	7.05,16(35,74)	
	7.40,82(35,66)	8.16,14(35,32)	8.51,71(35,57)	9.27,72(36,01)	
	10.03,32(35,60)	10.39,18(35,86)	11.14,96(35,78)	11.50,77(35,81)	
	12.26,47(35,70)	13.02,36(35,89)	13.38,48(36,12)	14.14,94(36,46)	
	14.51,38(36,44)	15.27,91(36,53)	16.04,40(36,49)	16.40,93(36,53)	
	17.16,67(35,74)	17.50,71(34,04)			

14	Sven Berg	92	Bergens SLK	17.59,63	561
	32,07(32,07)	1.06,32(34,25)	1.41,16(34,84)	2.15,57(34,41)	
	2.51,26(35,69)	3.26,90(35,64)	4.03,56(36,66)	4.39,39(35,83)	
	5.15,98(36,59)	5.52,07(36,09)	6.29,24(37,17)	7.05,39(36,15)	
	7.42,53(37,14)	8.18,71(36,18)	8.56,15(37,44)	9.32,45(36,30)	
	10.09,38(36,93)	10.45,89(36,51)	11.23,13(37,24)	11.59,30(36,17)	
	12.36,01(36,71)	13.12,33(36,32)	13.49,53(37,20)	14.25,36(35,83)	
	15.02,33(36,97)	15.38,62(36,29)	16.15,54(36,92)	16.51,57(36,03)	
	17.27,15(35,58)	17.59,63(32,48)			
15	Morten Bordervich	94	Sola SK	18.00,16	560
	31,60(31,60)	1.05,88(34,28)	1.40,64(34,76)	2.16,16(35,52)	
	2.52,47(36,31)	3.28,49(36,02)	4.05,20(36,71)	4.41,56(36,36)	
	5.18,40(36,84)	5.54,71(36,31)	6.31,52(36,81)	7.08,12(36,60)	
	7.45,30(37,18)	8.21,56(36,26)	8.58,23(36,67)	9.34,58(36,35)	
	10.10,83(36,25)	10.46,65(35,82)	11.23,09(36,44)	11.59,38(36,29)	
	12.35,44(36,06)	13.11,54(36,10)	13.48,35(36,81)	14.25,04(36,69)	
	15.01,78(36,74)	15.38,32(36,54)	16.15,16(36,84)	16.51,76(36,60)	
	17.27,41(35,65)	18.00,16(32,75)			
16	Gunnar Evjen	93	Vestbyen IL	18.12,32	541
	32,26(32,26)	1.07,91(35,65)	1.44,28(36,37)	2.20,95(36,67)	
	2.57,92(36,97)	3.34,89(36,97)	4.11,75(36,86)	4.48,42(36,67)	
	5.24,46(36,04)	6.01,40(36,94)	6.38,46(37,06)	7.14,77(36,31)	
	7.51,73(36,96)	8.28,36(36,63)	9.04,70(36,34)	9.41,65(36,95)	
	10.18,47(36,82)	10.55,15(36,68)	11.31,74(36,59)	12.08,60(36,86)	
	12.45,10(36,50)	13.21,19(36,09)	13.58,13(36,94)	14.35,08(36,95)	
	15.11,87(36,79)	15.48,31(36,44)	16.25,17(36,86)	17.01,69(36,52)	
	17.37,18(35,49)	18.12,32(35,14)			
17	Robin H. Kleiven	93	Aalesund SLK	18.22,30	527
	32,81(32,81)	1.09,87(37,06)	1.46,50(36,63)	2.22,86(36,36)	
	2.59,43(36,57)	3.36,46(37,03)	4.13,24(36,78)	4.50,90(37,66)	
	5.27,53(36,63)	6.04,81(37,28)	6.41,49(36,68)	7.18,68(37,19)	
	7.55,20(36,52)	8.32,20(37,00)	9.09,08(36,88)	9.46,16(37,08)	
	10.23,25(37,09)	11.00,66(37,41)	11.37,56(36,90)	12.14,97(37,41)	
	12.51,75(36,78)	13.29,31(37,56)	14.05,91(36,60)	14.43,37(37,46)	
	15.19,89(36,52)	15.57,40(37,51)	16.34,40(37,00)	17.11,79(37,39)	
	17.47,69(35,90)	18.22,30(34,61)			
18	Stein Osen	91	Oslo IL	18.25,09	523
	32,58(32,58)	1.08,31(35,73)	1.43,62(35,31)	2.19,67(36,05)	
	2.55,05(35,38)	3.31,22(36,17)	4.07,26(36,04)	4.43,87(36,61)	
	5.19,76(35,89)	5.56,52(36,76)	6.33,34(36,82)	7.10,44(37,10)	
	7.47,42(36,98)	8.24,87(37,45)	9.01,97(37,10)	9.39,51(37,54)	
	10.16,47(36,96)	10.54,24(37,77)	11.31,51(37,27)	12.09,07(37,56)	
	12.46,35(37,28)	13.23,68(37,33)	14.00,77(37,09)	14.38,87(38,10)	
	15.16,50(37,63)	15.55,05(38,55)	16.33,07(38,02)	17.11,24(38,17)	
	17.48,52(37,28)	18.25,09(36,57)			
19	Ingvar V. Skirbekk	93	Elverum Svømming	18.34,66	510
	32,62(32,62)	1.08,43(35,81)	1.44,86(36,43)	2.21,50(36,64)	
	2.58,47(36,97)	3.36,07(37,60)	4.13,55(37,48)	4.51,01(37,46)	
	5.28,55(37,54)	6.06,17(37,62)	6.43,54(37,37)	7.21,28(37,74)	
	7.58,70(37,42)	8.36,11(37,41)	9.12,75(36,64)	9.49,71(36,96)	
	10.26,54(36,83)	11.03,83(37,29)	11.41,09(37,26)	12.18,29(37,20)	
	12.55,62(37,33)	13.33,32(37,70)	14.11,23(37,91)	14.49,20(37,97)	
	15.26,79(37,59)	16.04,75(37,96)	16.42,60(37,85)	17.20,36(37,76)	
	17.58,26(37,90)	18.34,66(36,40)			
20	Per Solibakke	93	Aalesund SLK	18.40,04	502
	34,28(34,28)	1.10,93(36,65)	1.48,04(37,11)	2.25,41(37,37)	
	3.02,60(37,19)	3.39,94(37,34)	4.17,06(37,12)	4.53,99(36,93)	
	5.31,21(37,22)	6.08,63(37,42)	6.45,34(36,71)	7.22,66(37,32)	
	7.59,95(37,29)	8.37,26(37,31)	9.14,56(37,30)	9.51,80(37,24)	
	10.28,83(37,03)	11.06,63(37,80)	11.44,61(37,98)	12.22,11(37,50)	
	12.59,23(37,12)	13.37,14(37,91)	14.14,87(37,73)	14.52,67(37,80)	
	15.30,67(38,00)	16.08,79(38,12)	16.46,40(37,61)	17.24,56(38,16)	
	18.02,45(37,89)	18.40,04(37,59)			

Senior

1	Mikkel Brudvik Sanderud	87	Hamar IL	16.33,82	719
	29,94(29,94)	1.02,10(32,16)	1.35,01(32,91)	2.08,29(33,28)	
	2.41,98(33,69)	3.15,71(33,73)	3.49,21(33,50)	4.22,58(33,37)	
	4.56,23(33,65)	5.29,62(33,39)	6.03,06(33,44)	6.36,73(33,67)	
	7.10,47(33,74)	7.44,34(33,87)	8.18,03(33,69)	8.51,64(33,61)	
	9.25,06(33,42)	9.58,24(33,18)	10.31,75(33,51)	11.04,94(33,19)	
	11.38,59(33,65)	12.11,80(33,21)	12.45,19(33,39)	13.18,10(32,91)	
	13.51,62(33,52)	14.25,22(33,60)	14.58,92(33,70)	15.32,33(33,41)	
	16.04,48(32,15)	16.33,82(29,34)			
2	Sindri T. Jakobsson	91	BS/Delfana	16.34,99	717
	29,22(29,22)	1.01,46(32,24)	1.34,77(33,31)	2.07,82(33,05)	
	2.41,35(33,53)	3.14,78(33,43)	3.48,22(33,44)	4.21,93(33,71)	
	4.55,60(33,67)	5.29,73(34,13)	6.02,87(33,14)	6.36,58(33,71)	
	7.10,07(33,49)	7.43,73(33,66)	8.17,24(33,51)	8.50,88(33,64)	
	9.24,16(33,28)	9.57,64(33,48)	10.31,22(33,58)	11.04,54(33,32)	
	11.37,81(33,27)	12.11,50(33,69)	12.44,86(33,36)	13.18,45(33,59)	
	13.51,56(33,11)	14.25,32(33,76)	14.58,50(33,18)	15.31,72(33,22)	
	16.03,58(31,86)	16.34,99(31,41)			
3	Magnus Bru	87	Asker SK	16.46,77	692
	30,81(30,81)	1.03,32(32,51)	1.36,45(33,13)	2.10,40(33,95)	
	2.43,53(33,13)	3.17,30(33,77)	3.50,70(33,40)	4.24,75(34,05)	
	4.58,12(33,37)	5.32,19(34,07)	6.05,71(33,52)	6.39,60(33,89)	
	7.13,19(33,59)	7.47,56(34,37)	8.21,21(33,65)	8.55,42(34,21)	
	9.28,83(33,41)	10.03,20(34,37)	10.36,72(33,52)	11.10,95(34,23)	
	11.44,47(33,52)	12.18,73(34,26)	12.52,21(33,48)	13.26,26(34,05)	
	13.59,68(33,42)	14.33,88(34,20)	15.07,39(33,51)	15.41,54(34,15)	
	16.14,34(32,80)	16.46,77(32,43)			
4	Daniel Berenett	91	IL Varg/NTG	16.50,90	683
	29,67(29,67)	1.01,97(32,30)	1.34,87(32,90)	2.08,33(33,46)	
	2.41,98(33,65)	3.15,20(33,22)	3.48,21(33,01)	4.21,94(33,73)	
	4.55,65(33,71)	5.29,85(34,20)	6.02,55(32,70)	6.36,46(33,91)	
	7.10,39(33,93)	7.44,21(33,82)	8.18,20(33,99)	8.52,28(34,08)	
	9.26,65(34,37)	10.00,74(34,09)	10.34,68(33,94)	11.08,64(33,96)	
	11.42,53(33,89)	12.16,80(34,27)	12.50,53(33,73)	13.24,94(34,41)	
	13.59,28(34,34)	14.33,97(34,69)	15.07,99(34,02)	15.42,53(34,54)	
	16.16,77(34,24)	16.50,90(34,13)			
5	Zoltan Csernai	93	Åstveit SK	16.56,69	672
	29,38(29,38)	1.01,33(31,95)	1.35,11(33,78)	2.08,53(33,42)	
	2.42,60(34,07)	3.15,90(33,30)	3.49,59(33,69)	4.23,16(33,57)	
	4.57,60(34,44)	5.31,01(33,41)	6.05,97(34,96)	6.39,49(33,52)	
	7.14,27(34,78)	7.48,12(33,85)	8.23,45(35,33)	8.57,01(33,56)	
	9.31,92(34,91)	10.05,68(33,76)	10.41,01(35,33)	11.15,14(34,13)	
	11.50,07(34,93)	12.24,54(34,47)	12.59,44(34,90)	13.33,41(33,97)	
	14.08,45(35,04)	14.42,68(34,23)	15.17,43(34,75)	15.50,65(33,22)	
	16.24,84(34,19)	16.56,69(31,85)			
6	Jørn Nygård	92	Stavanger SC	16.59,61	666
	28,93(28,93)	1.00,90(31,97)	1.33,76(32,86)		
	2.40,87(1.07,11)	3.14,87(34,00)	3.48,87(34,00)		
	4.57,30(1.08,43)	5.32,10(34,80)	6.05,93(33,83)	6.40,39(34,46)	
	7.14,22(33,83)	7.49,06(34,84)		8.57,70(1.08,64)	
	9.31,70(34,00)	10.06,91(35,21)	10.40,88(33,97)	11.15,94(35,06)	
	11.50,02(34,08)	12.25,27(35,25)	12.59,87(34,60)	13.34,47(34,60)	
	14.08,75(34,28)	14.43,69(34,94)	15.17,72(34,03)		
	16.26,60(1.08,88)	16.59,61(33,01)			
7	Eivind Johannesen	92	Åstveit SK	17.05,79	654
	30,54(30,54)	1.03,39(32,85)	1.37,10(33,71)	2.10,90(33,80)	
	2.45,01(34,11)	3.19,10(34,09)	3.53,90(34,80)	4.28,25(34,35)	
	5.02,38(34,13)	5.36,09(33,71)	6.10,75(34,66)	6.45,36(34,61)	
	7.19,80(34,44)	7.54,13(34,33)	8.28,53(34,40)	9.03,49(34,96)	
	9.38,26(34,77)	10.13,19(34,93)	10.48,12(34,93)	11.23,00(34,88)	
	11.57,19(34,19)	12.31,58(34,39)	13.05,66(34,08)	13.40,09(34,43)	
	14.15,10(35,01)	14.49,64(34,54)	15.24,63(34,99)	15.59,27(34,64)	
	16.33,31(34,04)	17.05,79(32,48)			

8	Sindre Nilo	90	Sandefjord SK/NTG	17.11,80	643
	29,93(29,93)	1.02,91(32,98)	1.35,70(32,79)	2.09,55(33,85)	
	2.42,57(33,02)	3.16,45(33,88)	3.49,87(33,42)	4.23,47(33,60)	
	4.57,06(33,59)	5.31,13(34,07)	6.04,92(33,79)	6.39,60(34,68)	
	7.14,03(34,43)	7.48,65(34,62)	8.22,92(34,27)	8.57,76(34,84)	
	9.32,19(34,43)	10.07,09(34,90)	10.41,68(34,59)	11.16,91(35,23)	
	11.51,95(35,04)	12.27,60(35,65)	13.02,56(34,96)	13.38,29(35,73)	
	14.13,70(35,41)	14.49,63(35,93)	15.25,19(35,56)	16.01,25(36,06)	
	16.36,59(35,34)	17.11,80(35,21)			
9	Elias Damman	89	Bærum/NTG	17.22,41	623
	29,68(29,68)	1.01,96(32,28)	1.35,40(33,44)	2.09,30(33,90)	
	2.43,22(33,92)	3.17,53(34,31)	3.51,77(34,24)	4.26,29(34,52)	
	5.00,95(34,66)	5.36,10(35,15)	6.10,79(34,69)	6.45,94(35,15)	
	7.21,00(35,06)	7.56,10(35,10)	8.30,99(34,89)	9.06,15(35,16)	
	9.41,15(35,00)	10.16,44(35,29)	10.51,94(35,50)	11.27,18(35,24)	
	12.02,29(35,11)	12.38,49(36,20)	13.14,03(35,54)	13.50,19(36,16)	
	14.25,38(35,19)	15.01,38(36,00)	15.37,14(35,76)	16.12,99(35,85)	
	16.48,18(35,19)	17.22,41(34,23)			
10	Oscar Slaatmo	94	Hamar IL	17.28,24	613
	31,10(31,10)	1.04,82(33,72)	1.39,51(34,69)	2.14,65(35,14)	
	2.49,71(35,06)	3.24,39(34,68)	3.59,94(35,55)	4.34,85(34,91)	
		5.45,18(1.10,33)	6.21,04(35,86)	6.55,87(34,83)	
	7.31,50(35,63)	8.06,99(35,49)	8.42,93(35,94)	9.18,03(35,10)	
	9.53,26(35,23)	10.28,40(35,14)	11.04,03(35,63)	11.39,53(35,50)	
	12.14,75(35,22)	12.49,51(34,76)	13.25,33(35,82)	14.00,58(35,25)	
	14.35,92(35,34)	15.10,82(34,90)	15.45,49(34,67)	16.20,27(34,78)	
	16.55,14(34,87)	17.28,24(33,10)			
11	Øyvind Gevelt	91	Øvre Eiker SK	17.29,16	611
	31,41(31,41)	1.04,49(33,08)	1.37,83(33,34)	2.11,69(33,86)	
	2.45,87(34,18)	3.20,62(34,75)	3.54,78(34,16)	4.29,63(34,85)	
	5.04,68(35,05)	5.40,07(35,39)	6.15,84(35,77)	6.51,89(36,05)	
	7.27,81(35,92)	8.03,61(35,80)	8.39,64(36,03)	9.15,48(35,84)	
	9.51,49(36,01)	10.27,23(35,74)	11.03,02(35,79)	11.39,11(36,09)	
	12.13,97(34,86)	12.49,16(35,19)	13.24,66(35,50)	14.00,15(35,49)	
	14.35,67(35,52)	15.11,62(35,95)	15.46,96(35,34)	16.23,06(36,10)	
	16.58,08(35,02)	17.29,16(31,08)			
12	Odin Spangen Normann	92	IL Varg	17.35,55	600
	30,52(30,52)	1.05,57(35,05)	1.40,55(34,98)	2.16,21(35,66)	
	2.51,57(35,36)	3.27,15(35,58)	4.02,68(35,53)	4.37,83(35,15)	
	5.13,02(35,19)	5.48,36(35,34)	6.23,74(35,38)	6.58,94(35,20)	
	7.34,18(35,24)	8.09,80(35,62)	8.45,02(35,22)	9.20,64(35,62)	
	9.56,13(35,49)	10.31,59(35,46)	11.07,01(35,42)	11.42,78(35,77)	
	12.18,34(35,56)	12.53,79(35,45)	13.29,16(35,37)	14.05,02(35,86)	
	14.40,57(35,55)	15.16,00(35,43)	15.51,19(35,19)	16.26,82(35,63)	
	17.01,91(35,09)	17.35,55(33,64)			
13	Henning S. Pryde	92	Stavanger SC	17.36,10	599
	31,52(31,52)	1.06,14(34,62)	1.41,38(35,24)	2.17,11(35,73)	
	2.52,33(35,22)	3.27,76(35,43)	4.03,07(35,31)	4.38,60(35,53)	
	5.14,05(35,45)	5.49,74(35,69)	6.25,63(35,89)	7.01,19(35,56)	
	7.36,87(35,68)	8.12,60(35,73)	8.48,07(35,47)	9.23,68(35,61)	
	9.59,67(35,99)	10.35,63(35,96)	11.11,32(35,69)	11.46,87(35,55)	
	12.22,32(35,45)	12.57,80(35,48)	13.32,94(35,14)	14.08,28(35,34)	
	14.43,56(35,28)	15.18,72(35,16)	15.53,24(34,52)	16.27,95(34,71)	
	17.03,13(35,18)	17.36,10(32,97)			
14	Christer M. Hagen	91	Fauske SK	17.46,39	582
	31,55(31,55)	1.05,51(33,96)	1.39,42(33,91)	2.14,62(35,20)	
	2.49,43(34,81)	3.24,47(35,04)	3.59,34(34,87)	4.34,73(35,39)	
	5.10,09(35,36)	5.45,96(35,87)	6.21,29(35,33)	6.56,54(35,25)	
	7.31,97(35,43)	8.07,06(35,09)	8.42,72(35,66)	9.18,69(35,97)	
	9.54,08(35,39)	10.29,86(35,78)	11.05,52(35,66)	11.41,88(36,36)	
	12.17,61(35,73)	12.53,99(36,38)	13.29,93(35,94)	14.06,94(37,01)	
	14.43,54(36,60)	15.20,47(36,93)	15.57,60(37,13)	16.34,21(36,61)	
	17.10,87(36,66)	17.46,39(35,52)			
15	Kristian Evensen	90	Kristiansand SA	17.50,71	575
	31,33(31,33)	1.06,64(35,31)	1.42,49(35,85)	2.18,49(36,00)	
	2.54,26(35,77)	3.30,21(35,95)	4.06,19(35,98)	4.41,96(35,77)	
	5.17,82(35,86)	5.53,72(35,90)	6.29,42(35,70)	7.05,16(35,74)	
	7.40,82(35,66)	8.16,14(35,32)	8.51,71(35,57)	9.27,72(36,01)	
	10.03,32(35,60)	10.39,18(35,86)	11.14,96(35,78)	11.50,77(35,81)	
	12.26,47(35,70)	13.02,36(35,89)	13.38,48(36,12)	14.14,94(36,46)	
	14.51,38(36,44)	15.27,91(36,53)	16.04,40(36,49)	16.40,93(36,53)	
	17.16,67(35,74)	17.50,71(34,04)			

16	Sven Berg	92	Bergens SLK	17.59,63	561
	32,07(32,07)	1.06,32(34,25)	1.41,16(34,84)	2.15,57(34,41)	
	2.51,26(35,69)	3.26,90(35,64)	4.03,56(36,66)	4.39,39(35,83)	
	5.15,98(36,59)	5.52,07(36,09)	6.29,24(37,17)	7.05,39(36,15)	
	7.42,53(37,14)	8.18,71(36,18)	8.56,15(37,44)	9.32,45(36,30)	
	10.09,38(36,93)	10.45,89(36,51)	11.23,13(37,24)	11.59,30(36,17)	
	12.36,01(36,71)	13.12,33(36,32)	13.49,53(37,20)	14.25,36(35,83)	
	15.02,33(36,97)	15.38,62(36,29)	16.15,54(36,92)	16.51,57(36,03)	
	17.27,15(35,58)	17.59,63(32,48)			
17	Morten Bordervich	94	Sola SK	18.00,16	560
	31,60(31,60)	1.05,88(34,28)	1.40,64(34,76)	2.16,16(35,52)	
	2.52,47(36,31)	3.28,49(36,02)	4.05,20(36,71)	4.41,56(36,36)	
	5.18,40(36,84)	5.54,71(36,31)	6.31,52(36,81)	7.08,12(36,60)	
	7.45,30(37,18)	8.21,56(36,26)	8.58,23(36,67)	9.34,58(36,35)	
	10.10,83(36,25)	10.46,65(35,82)	11.23,09(36,44)	11.59,38(36,29)	
	12.35,44(36,06)	13.11,54(36,10)	13.48,35(36,81)	14.25,04(36,69)	
	15.01,78(36,74)	15.38,32(36,54)	16.15,16(36,84)	16.51,76(36,60)	
	17.27,41(35,65)	18.00,16(32,75)			
18	Gunnar Evjen	93	Vestbyen IL	18.12,32	541
	32,26(32,26)	1.07,91(35,65)	1.44,28(36,37)	2.20,95(36,67)	
	2.57,92(36,97)	3.34,89(36,97)	4.11,75(36,86)	4.48,42(36,67)	
	5.24,46(36,04)	6.01,40(36,94)	6.38,46(37,06)	7.14,77(36,31)	
	7.51,73(36,96)	8.28,36(36,63)	9.04,70(36,34)	9.41,65(36,95)	
	10.18,47(36,82)	10.55,15(36,68)	11.31,74(36,59)	12.08,60(36,86)	
	12.45,10(36,50)	13.21,19(36,09)	13.58,13(36,94)	14.35,08(36,95)	
	15.11,87(36,79)	15.48,31(36,44)	16.25,17(36,86)	17.01,69(36,52)	
	17.37,18(35,49)	18.12,32(35,14)			
19	Robin H. Kleiven	93	Aalesund SLK	18.22,30	527
	32,81(32,81)	1.09,87(37,06)	1.46,50(36,63)	2.22,86(36,36)	
	2.59,43(36,57)	3.36,46(37,03)	4.13,24(36,78)	4.50,90(37,66)	
	5.27,53(36,63)	6.04,81(37,28)	6.41,49(36,68)	7.18,68(37,19)	
	7.55,20(36,52)	8.32,20(37,00)	9.09,08(36,88)	9.46,16(37,08)	
	10.23,25(37,09)	11.00,66(37,41)	11.37,56(36,90)	12.14,97(37,41)	
	12.51,75(36,78)	13.29,31(37,56)	14.05,91(36,60)	14.43,37(37,46)	
	15.19,89(36,52)	15.57,40(37,51)	16.34,40(37,00)	17.11,79(37,39)	
	17.47,69(35,90)	18.22,30(34,61)			
20	Stein Osen	91	Oslo IL	18.25,09	523
	32,58(32,58)	1.08,31(35,73)	1.43,62(35,31)	2.19,67(36,05)	
	2.55,05(35,38)	3.31,22(36,17)	4.07,26(36,04)	4.43,87(36,61)	
	5.19,76(35,89)	5.56,52(36,76)	6.33,34(36,82)	7.10,44(37,10)	
	7.47,42(36,98)	8.24,87(37,45)	9.01,97(37,10)	9.39,51(37,54)	
	10.16,47(36,96)	10.54,24(37,77)	11.31,51(37,27)	12.09,07(37,56)	
	12.46,35(37,28)	13.23,68(37,33)	14.00,77(37,09)	14.38,87(38,10)	
	15.16,50(37,63)	15.55,05(38,55)	16.33,07(38,02)	17.11,24(38,17)	
	17.48,52(37,28)	18.25,09(36,57)			
21	Ingvar V. Skirbekk	93	Elverum Svømming	18.34,66	510
	32,62(32,62)	1.08,43(35,81)	1.44,86(36,43)	2.21,50(36,64)	
	2.58,47(36,97)	3.36,07(37,60)	4.13,55(37,48)	4.51,01(37,46)	
	5.28,55(37,54)	6.06,17(37,62)	6.43,54(37,37)	7.21,28(37,74)	
	7.58,70(37,42)	8.36,11(37,41)	9.12,75(36,64)	9.49,71(36,96)	
	10.26,54(36,83)	11.03,83(37,29)	11.41,09(37,26)	12.18,29(37,20)	
	12.55,62(37,33)	13.33,32(37,70)	14.11,23(37,91)	14.49,20(37,97)	
	15.26,79(37,59)	16.04,75(37,96)	16.42,60(37,85)	17.20,36(37,76)	
	17.58,26(37,90)	18.34,66(36,40)			
22	Per Solibakke	93	Aalesund SLK	18.40,04	502
	34,28(34,28)	1.10,93(36,65)	1.48,04(37,11)	2.25,41(37,37)	
	3.02,60(37,19)	3.39,94(37,34)	4.17,06(37,12)	4.53,99(36,93)	
	5.31,21(37,22)	6.08,63(37,42)	6.45,34(36,71)	7.22,66(37,32)	
	7.59,95(37,29)	8.37,26(37,31)	9.14,56(37,30)	9.51,80(37,24)	
	10.28,83(37,03)	11.06,63(37,80)	11.44,61(37,98)	12.22,11(37,50)	
	12.59,23(37,12)	13.37,14(37,91)	14.14,87(37,73)	14.52,67(37,80)	
	15.30,67(38,00)	16.08,79(38,12)	16.46,40(37,61)	17.24,56(38,16)	
	18.02,45(37,89)	18.40,04(37,59)			

Øvelse 20. 4*100m lag medley, damer - Senior

Senior

1	Lambertseter SK J1 sr.	SR	Lambertseter SK	(0,72)	4.22,73	778	NR
	Heidi Vainio Gjøen:	32,76(32,76)	1.07,52(34,76)	1.07,52			
	Sara Nordenstam:	1.40,37(32,85)	2.17,78(37,41)	1.10,26			
	Line Løvberg:	2.47,38(29,60)	3.22,24(34,86)	1.04,46			
	Ingrid N. Knutzen:	3.51,30(29,06)	4.22,73(31,43)	1.00,49			
2	Bærumsv J1 sr.	SR	Bærumsvømmerne	(0,77)	4.23,04	776	
	Elisabeth Jarland:	32,85(32,85)	1.06,93(34,08)	1.06,93			
	Anne-Mari Gulbrandsen:	1.39,87(32,94)	2.17,86(37,99)	1.10,93			
	Karolina Orleanski:	2.47,99(30,13)	3.22,99(35,00)	1.05,13			
	Maria Bølgen:	3.51,38(28,39)	4.23,04(31,66)	1.00,05			
3	Team Stavanger J1 sr.	SR	Team Stavanger	(0,57)	4.24,15	766	
	Karen Støde:	33,18(33,18)	1.09,43(36,25)	1.09,43			
	Mari Ask Rasmussen:	1.43,14(33,71)	2.23,33(40,19)	1.13,90			
	Victoria S. Løken:	2.52,15(28,82)	3.24,43(32,28)	1.01,10			
	Lauren Fuysoux:	3.53,05(28,62)	4.24,15(31,10)	59,72			
4	Team Stavanger J2 sr.	SR	Team Stavanger	(0,67)	4.37,84	658	
	Trine Hovda:	34,05(34,05)	1.11,26(37,21)	1.11,26			
	Maren Kristine Jansen:	1.48,01(36,75)	2.30,55(42,54)	1.19,29			
	Christine Ørland:	3.00,74(30,19)	3.36,12(35,38)	1.05,57			
	Vibeke Brigg:	4.04,78(28,66)	4.37,84(33,06)	1.01,72			
5	Vestkantv. J1 sr.	SR	Vestkantvømmerne	(0,73)	4.39,17	649	
	Marthe Helene Haganes:	35,54(35,54)	1.13,77(38,23)	1.13,77			
	Benedicte Kausland:	1.50,51(36,74)	2.33,23(42,72)	1.19,46			
	Stine Vindenes:	3.04,45(31,22)	3.41,59(37,14)	1.08,36			
	Henriette Brekke:	4.09,15(27,56)	4.39,17(30,02)	57,58			
6	Bergensv. J1 sr.	SR	Bergensvømmerne	(0,68)	4.39,88	644	
	Katja Heinänen:	34,96(34,96)	1.11,81(36,85)	1.11,81			
	Maria Farestvedt:	1.47,59(35,78)	2.28,40(40,81)	1.16,59			
	Celinn Daviknes:	3.00,18(31,78)	3.38,04(37,86)	1.09,64			
	Monica Finnøy:	4.07,63(29,59)	4.39,88(32,25)	1.01,84			
7	Bærumsv J2 sr.	SR	Bærumsvømmerne	(0,62)	4.41,17	635	
	Vibeke Browne:	35,25(35,25)	1.13,27(38,02)	1.13,27			
	Lene Lykke Erichsen:	1.48,88(35,61)	2.30,94(42,06)	1.17,67			
	Kristine Mella:	3.01,78(30,84)	3.38,00(36,22)	1.07,06			
	Emilie N. Løvberg:	4.07,69(29,69)	4.41,17(33,48)	1.03,17			
8	Vestbyen IL J1 sr.	SR	Vestbyen IL	(0,65)	4.46,84	598	
	Elise Strømsvik:	34,42(34,42)	1.13,19(38,77)	1.13,19			
	Mari Singstad:	1.48,69(35,50)	2.30,85(42,16)	1.17,66			
	Randi Gaasvik:	3.03,34(32,49)	3.44,22(40,88)	1.13,37			
	Ingrid Marie Rytter:	4.13,89(29,67)	4.46,84(32,95)	1.02,62			
9	Arna SLK J1 sr.	SR	Arna SLK		4.48,42	588	
	Seline Vike Holm:	33,35(33,35)	1.09,73(36,38)	1.09,73			
	Katinka Kvant:	1.45,29(35,56)	2.30,10(44,81)	1.20,37			
	Marina Rasmussen:	3.03,42(33,32)	3.46,00(42,58)	1.15,90			
	Oda J. Midtun:	4.14,91(28,91)	4.48,42(33,51)	1.02,42			
10	Moss SK J1 sr.	SR	Moss SK	(0,74)	4.48,50	588	
	Stine K. Jansen:	35,64(35,64)	1.13,50(37,86)	1.13,50			
	Tonje Stæhr Petersen:	1.50,57(37,07)	2.33,91(43,34)	1.20,41			
	Thea Pedersen:	3.06,71(32,80)	3.45,16(38,45)	1.11,25			
	Marte Elise Brinchmann:	4.15,09(29,93)	4.48,50(33,41)	1.03,34			
11	Tromsø SK J1 sr.	SR	Tromsø SK	(0,79)	4.51,64	569	
	Hanne Lockertsen:	36,89(36,89)	1.15,38(38,49)	1.15,38			
	Sophia Broberg Skeltved:	1.51,58(36,20)	2.34,19(42,61)	1.18,81			
	Siv Fiske:	3.06,01(31,82)	3.43,66(37,65)	1.09,47			
	Marte Tollefsen:	4.15,88(32,22)	4.51,64(35,76)	1.07,98			
12	Bergens SC J1 sr.	SR	Bergens SC	(0,65)	4.56,37	542	
	Ragnhild Søfteland:	35,46(35,46)	1.14,21(38,75)	1.14,21			
	Martha Maria Songstad:	1.53,66(39,45)	2.39,96(46,30)	1.25,75			
	Eirin Arnesen:	3.11,18(31,22)	3.49,17(37,99)	1.09,21			
	Kaya Haugland Færøvik:	4.20,93(31,76)	4.56,37(35,44)	1.07,20			
13	Vestkantv. J2 sr.	SR	Vestkantvømmerne	(0,69)	5.00,42	521	
	Marie Øverland:	37,28(37,28)	1.16,75(39,47)	1.16,75			
	Andrea Haugstad:	1.56,41(39,66)	2.41,51(45,10)	1.24,76			
	Marie Reinertsen:	3.15,19(33,68)	3.55,98(40,79)	1.14,47			
	Juni Rugland:	4.27,23(31,25)	5.00,42(33,19)	1.04,44			

14	Løren/Rælingen J1 sr.	SR	Lørenskog/Rælingen	(0,84)	5.03,58	504
	Ida Arnøy:	36,10(36,10)	1.13,92(37,82)	1.13,92		
	Mette Aas:	1.53,76(39,84)	2.39,93(46,17)	1.26,01		
	Aurora Brandtzæg:	3.16,35(36,42)	4.00,06(43,71)	1.20,13		
	Jeanette Erlandsen:	4.30,04(29,98)	5.03,58(33,54)	1.03,52		
15	Ski SK J1 sr.	SR	Ski SK	(0,76)	5.14,14	455
	Henriette With Bjørnstad:	38,87(38,87)	1.19,91(41,04)	1.19,91		
	Camilla W. Kristiansen:	2.01,69(41,78)	2.48,75(47,06)	1.28,84		
	Trine-Marie Fjeldstad:	3.23,27(34,52)	4.04,49(41,22)	1.15,74		
	Veronica B. Lundsten:	4.37,62(33,13)	5.14,14(36,52)	1.09,65		
16	Hamar IL J1 sr.	SR	Hamar IL	(0,87)	5.15,74	448
	Åsa K. Finstad:	37,34(37,34)	1.19,28(41,94)	1.19,28		
	Kristiane L. Buholt:	2.00,64(41,36)	2.48,71(48,07)	1.29,43		
	Mari Lystad Karlsen:	3.25,66(36,95)	4.09,82(44,16)	1.21,11		
	Julie Torgersen Nilsen:	4.40,79(30,97)	5.15,74(34,95)	1.05,92		

Lørdag 12. juli 2008 kl 09.00

Øvelse 21. 400m individuell medley, herrer - Direkte finale

Junior

1	Kristoffer Meisler	90	Tverlandet IL	4.54,41	638
	30,36(30,36)	1.07,19(36,83)	1.45,78(38,59)	2.23,49(37,71)	
	3.04,23(40,74)	3.45,88(41,65)	4.21,57(35,69)	4.54,41(32,84)	
2	Vegard Løvberg	91	Bærumsvømmerne	4.56,61	624
	30,35(30,35)	1.05,30(34,95)	1.43,36(38,06)	2.20,70(37,34)	
	3.05,09(44,39)	3.50,57(45,48)	4.23,94(33,37)	4.56,61(32,67)	
3	Sebastian Stordal	91	BS/Delfana	4.59,40	606
	29,29(29,29)	1.03,84(34,55)	1.43,80(39,96)	2.22,40(38,60)	
	3.05,70(43,30)	3.50,01(44,31)	4.25,25(35,24)	4.59,40(34,15)	
4	Carl Andreas Wathne	91	Asker SK	4.59,53	605
	30,49(30,49)	1.05,43(34,94)	1.45,43(40,00)	2.24,68(39,25)	
	3.08,44(43,76)	3.53,16(44,72)	4.27,77(34,61)	4.59,53(31,76)	
5	Hans Østerdal	93	Stavanger SC	5.00,69	598
	29,88(29,88)	1.05,82(35,94)	1.46,78(40,96)	2.27,68(40,90)	
	3.08,50(40,82)	3.51,94(43,44)	4.27,33(35,39)	5.00,69(33,36)	
6	Kristoffer D. Birkeland	94	Florø SLK	5.05,46	571
	30,96(30,96)	1.05,91(34,95)	1.48,19(42,28)	2.27,94(39,75)	
	3.11,83(43,89)	3.56,61(44,78)	4.32,74(36,13)	5.05,46(32,72)	
7	Joachim Jakobsen	91	Vestkantsvømmerne	5.05,49	571
	31,99(31,99)	1.11,05(39,06)	1.53,66(42,61)	2.34,39(40,73)	
	3.14,99(40,60)	3.56,81(41,82)	4.33,46(36,65)	5.05,49(32,03)	
8	Christer M. Hagen	91	Fauske SK	5.07,21	561
	30,22(30,22)	1.04,19(33,97)	1.45,90(41,71)	2.27,43(41,53)	
	3.11,89(44,46)	3.57,86(45,97)	4.33,19(35,33)	5.07,21(34,02)	
9	Gunnar V. Skirbekk	91	Elverum Svømming	5.07,41	560
	32,15(32,15)	1.07,94(35,79)	1.50,12(42,18)	2.31,36(41,24)	
	3.14,06(42,70)	3.57,76(43,70)	4.33,33(35,57)	5.07,41(34,08)	
10	Andreas Mathingsdal Pedersen	92	Farsund SK	5.07,43	560
	33,43(33,43)	1.12,40(38,97)	1.53,28(40,88)	2.35,14(41,86)	
	3.15,88(40,74)	3.58,80(42,92)	4.32,76(33,96)	5.07,43(34,67)	
11	Tore Skaug Bysting	92	Lørenskog/Rælingen	5.10,31	544
	33,06(33,06)	1.12,69(39,63)	1.53,69(41,00)	2.32,72(39,03)	
	3.16,02(43,30)	4.00,17(44,15)	4.37,02(36,85)	5.10,31(33,29)	
12	Joakim I. Larsen	92	Trondheim SLK	5.12,80	532
	34,00(34,00)	1.14,36(40,36)	1.52,69(38,33)	2.32,02(39,33)	
	3.15,74(43,72)	4.02,40(46,66)	4.38,43(36,03)	5.12,80(34,37)	
13	Hans Andre Pedersen	92	Sandefjord SK	5.14,58	523
	32,79(32,79)	1.11,87(39,08)	1.52,18(40,31)	2.32,52(40,34)	
	3.18,51(45,99)	4.04,94(46,43)	4.41,09(36,15)	5.14,58(33,49)	

Senior

1	Kristoffer Meisler	90	Tverlandet IL	4.54,41	638
	30,36(30,36)	1.07,19(36,83)	1.45,78(38,59)	2.23,49(37,71)	
	3.04,23(40,74)	3.45,88(41,65)	4.21,57(35,69)	4.54,41(32,84)	
2	Vegard Løvberg	91	Bærumsvømmerne	4.56,61	624
	30,35(30,35)	1.05,30(34,95)	1.43,36(38,06)	2.20,70(37,34)	
	3.05,09(44,39)	3.50,57(45,48)	4.23,94(33,37)	4.56,61(32,67)	
3	Sebastian Stordal	91	BS/Delfana	4.59,40	606
	29,29(29,29)	1.03,84(34,55)	1.43,80(39,96)	2.22,40(38,60)	
	3.05,70(43,30)	3.50,01(44,31)	4.25,25(35,24)	4.59,40(34,15)	
4	Carl Andreas Wathne	91	Asker SK	4.59,53	605
	30,49(30,49)	1.05,43(34,94)	1.45,43(40,00)	2.24,68(39,25)	
	3.08,44(43,76)	3.53,16(44,72)	4.27,77(34,61)	4.59,53(31,76)	
5	Hans Østerdal	93	Stavanger SC	5.00,69	598
	29,88(29,88)	1.05,82(35,94)	1.46,78(40,96)	2.27,68(40,90)	
	3.08,50(40,82)	3.51,94(43,44)	4.27,33(35,39)	5.00,69(33,36)	
6	Kristoffer D. Birkeland	94	Florø SLK	5.05,46	571
	30,96(30,96)	1.05,91(34,95)	1.48,19(42,28)	2.27,94(39,75)	
	3.11,83(43,89)	3.56,61(44,78)	4.32,74(36,13)	5.05,46(32,72)	

7	Joachim Jakobsen	91	Vestkantsvømmerne	5.05,49	571
	31,99(31,99)	1.11,05(39,06)	1.53,66(42,61)	2.34,39(40,73)	
	3.14,99(40,60)	3.56,81(41,82)	4.33,46(36,65)	5.05,49(32,03)	
8	Christer M. Hagen	91	Fauske SK	5.07,21	561
	30,22(30,22)	1.04,19(33,97)	1.45,90(41,71)	2.27,43(41,53)	
	3.11,89(44,46)	3.57,86(45,97)	4.33,19(35,33)	5.07,21(34,02)	
9	Gunnar V. Skirbekk	91	Elverum Svømming	5.07,41	560
	32,15(32,15)	1.07,94(35,79)	1.50,12(42,18)	2.31,36(41,24)	
	3.14,06(42,70)	3.57,76(43,70)	4.33,33(35,57)	5.07,41(34,08)	
10	Andreas Mathingsdal Pedersen	92	Farsund SK	5.07,43	560
	33,43(33,43)	1.12,40(38,97)	1.53,28(40,88)	2.35,14(41,86)	
	3.15,88(40,74)	3.58,80(42,92)	4.32,76(33,96)	5.07,43(34,67)	
11	Tore Skauge Bysting	92	Lørenskog/Rælingen	5.10,31	544
	33,06(33,06)	1.12,69(39,63)	1.53,69(41,00)	2.32,72(39,03)	
	3.16,02(43,30)	4.00,17(44,15)	4.37,02(36,85)	5.10,31(33,29)	
12	Joakim I. Larsen	92	Trondheim SLK	5.12,80	532
	34,00(34,00)	1.14,36(40,36)	1.52,69(38,33)	2.32,02(39,33)	
	3.15,74(43,72)	4.02,40(46,66)	4.38,43(36,03)	5.12,80(34,37)	
13	Hans Andre Pedersen	92	Sandefjord SK	5.14,58	523
	32,79(32,79)	1.11,87(39,08)	1.52,18(40,31)	2.32,52(40,34)	
	3.18,51(45,99)	4.04,94(46,43)	4.41,09(36,15)	5.14,58(33,49)	

Øvelse 22. 400m fri, damer - Forsøk

Sponsor: Konica Minolta

Senior

1	Elisabeth Jarland	85	Bærumsvømmerne	4.31,24	744
	30,81(30,81)	1.04,56(33,75)	1.38,61(34,05)	2.13,02(34,41)	
	2.47,48(34,46)	3.22,13(34,65)	3.56,81(34,68)	4.31,24(34,43)	
2	Ingvild Snildal	88	Asker SK	4.42,18	661
	31,67(31,67)	1.06,28(34,61)	1.41,18(34,90)	2.17,35(36,17)	
	2.52,59(35,24)	3.29,27(36,68)	4.05,54(36,27)	4.42,18(36,64)	
3	Monica Finnøy	88	BS/Bergen SLK	4.47,45	625
		1.05,49(1.05,49)	1.40,97(35,48)	2.17,65(36,68)	
	2.54,99(37,34)	3.32,68(37,69)		4.47,45(1.14,77)	

Junior

1	Elin Slaatmo	92	Hamar IL	4.26,88	781
	31,26(31,26)	1.04,72(33,46)	1.39,11(34,39)	2.13,30(34,19)	
	2.47,59(34,29)	3.22,12(34,53)	3.55,56(33,44)	4.26,88(31,32)	
2	Elise Utne	89	Narvik SK	4.27,88	772
	31,16(31,16)	1.05,63(34,47)	1.39,63(34,00)	2.14,04(34,41)	
	2.47,84(33,80)	3.22,11(34,27)	3.55,56(33,45)	4.27,88(32,32)	
3	Gina B. Andersen	90	Skjetten Svømming/NTG	4.34,32	719
	31,55(31,55)	1.05,68(34,13)	1.40,88(35,20)	2.15,93(35,05)	
	2.51,33(35,40)	3.26,31(34,98)	4.01,24(34,93)	4.34,32(33,08)	
4	Cecilie W. Johannessen	90	Karmøy SK	4.34,35	719
	30,84(30,84)	1.05,29(34,45)	1.39,80(34,51)	2.15,57(35,77)	
	2.50,66(35,09)	3.26,68(36,02)	4.01,48(34,80)	4.34,35(32,87)	
5	Ingrid N. Knutzen	91	Lambertseter SK/NTG	4.34,87	715
	31,95(31,95)	1.06,06(34,11)	1.40,91(34,85)	2.16,22(35,31)	
	2.51,45(35,23)	3.26,62(35,17)	4.01,79(35,17)	4.34,87(33,08)	
6	Karoline Pedersen	94	Bergens SLK	4.36,29	704
	31,86(31,86)	1.06,51(34,65)	1.41,73(35,22)	2.16,81(35,08)	
	2.52,08(35,27)	3.27,17(35,09)	4.02,41(35,24)	4.36,29(33,88)	
7	Eva Marie W. Østerhus	94	TS/Madla SK	4.36,84	700
	32,39(32,39)	1.07,23(34,84)	1.42,71(35,48)	2.18,40(35,69)	
	2.53,08(34,68)	3.28,39(35,31)	4.03,38(34,99)	4.36,84(33,46)	
8	Susann Bjørnsen	93	Setermoen SK	4.39,81	677
	31,42(31,42)	1.06,44(35,02)	1.42,12(35,68)	2.18,24(36,12)	
	2.53,81(35,57)	3.29,28(35,47)	4.05,22(35,94)	4.39,81(34,59)	
9	Siri Anette Sønju	92	Øvre Eiker SK	4.42,02	662
	31,92(31,92)	1.07,09(35,17)	1.42,79(35,70)	2.19,43(36,64)	
	2.55,48(36,05)	3.32,01(36,53)	4.07,88(35,87)	4.42,02(34,14)	

10	Siri N. Andersen	92	Haldens SK	4.42,55	658
	32,58(32,58)	1.08,13(35,55)	1.43,65(35,52)	2.19,51(35,86)	
	2.55,45(35,94)	3.31,86(36,41)	4.08,12(36,26)	4.42,55(34,43)	
11	Emilie Hellerud	92	Lambertseter SK	4.43,18	654
	32,17(32,17)	1.06,71(34,54)	1.42,57(35,86)	2.18,60(36,03)	
	2.55,18(36,58)	3.31,72(36,54)	4.08,45(36,73)	4.43,18(34,73)	
12	Stine K. Jansen	90	Moss SK	4.43,35	652
	32,34(32,34)	1.07,33(34,99)	1.42,86(35,53)	2.19,17(36,31)	
	2.55,19(36,02)	3.32,15(36,96)	4.08,40(36,25)	4.43,35(34,95)	
13	Pia Cornelia Braarud	93	Lambertseter SK	4.44,01	648
	31,01(31,01)	1.05,54(34,53)	1.41,22(35,68)	2.17,53(36,31)	
	2.54,17(36,64)	3.31,45(37,28)	4.08,35(36,90)	4.44,01(35,66)	
14	Line W. Lund	91	Askimsvømmerne	4.45,40	638
	33,12(33,12)	1.09,35(36,23)	1.45,34(35,99)	2.22,25(36,91)	
	2.58,26(36,01)	3.35,03(36,77)	4.11,15(36,12)	4.45,40(34,25)	
15	Aslaug Marie Hjelmaas	95	Bergens SLK	4.45,60	637
	31,78(31,78)	1.07,57(35,79)	1.43,93(36,36)	2.21,50(37,57)	
	2.57,74(36,24)	3.33,99(36,25)	4.10,78(36,79)	4.45,60(34,82)	
16	Lise Sand Syversen	95	Delfana	4.47,33	626
	33,00(33,00)	1.08,54(35,54)	1.45,30(36,76)	2.21,64(36,34)	
	2.58,71(37,07)	3.35,60(36,89)	4.13,24(37,64)	4.47,33(34,09)	
17	Katrine Ekstang	92	Setermoen SK	4.50,02	608
	32,98(32,98)	1.09,88(36,90)	1.47,04(37,16)	2.23,50(36,46)	
	3.00,15(36,65)	3.38,30(38,15)	4.14,07(35,77)	4.50,02(35,95)	
18	Stine Lise Stenseth	94	Øvre Eiker SK	4.51,18	601
	32,20(32,20)	1.07,10(34,90)	1.43,31(36,21)	2.20,56(37,25)	
	2.58,18(37,62)	3.36,26(38,08)	4.14,14(37,88)	4.51,18(37,04)	
19	Christiana Bjørkli	93	Trondheim SLK	4.51,21	601
	33,45(33,45)	1.09,14(35,69)	1.45,86(36,72)	2.23,10(37,24)	
	3.00,32(37,22)	3.37,28(36,96)	4.14,88(37,60)	4.51,21(36,33)	
20	Martine Bremer	90	Bergens SLK	4.51,79	597
	32,25(32,25)	1.08,16(35,91)	1.44,60(36,44)	2.21,86(37,26)	
	2.58,90(37,04)	3.36,90(38,00)	4.14,34(37,44)	4.51,79(37,45)	
21	Emilie Voraa	91	Bærumsvømmerne	4.55,07	578
	32,59(32,59)	1.09,65(37,06)	1.46,26(36,61)	2.24,59(38,33)	
	3.02,10(37,51)	3.40,15(38,05)	4.17,76(37,61)	4.55,07(37,31)	

Funksjonshemmede

1	Mariann Vestbøstad	84	Vestkantsvømmerne	5.49,10	349	S8	119,09 %
	39,69(39,69)	1.22,00(42,31)	2.05,34(43,34)	2.50,09(44,75)			
	3.34,86(44,77)	4.19,61(44,75)	5.05,12(45,51)	5.49,10(43,98)			
2	Ingvill S. Hilleren	90	Vestkantsvømmerne	6.40,84	230	S7	126,42 %
	45,71(45,71)	1.35,86(50,15)	2.26,56(50,70)	3.17,74(51,18)			
	4.08,62(50,88)	4.59,71(51,09)	5.50,49(50,78)	6.40,84(50,35)			
3	Linn Haugen	87	Vestkantsvømmerne	5.35,72	392	S9	127,19 %
		1.19,64(1.19,64)	2.01,82(42,18)				
			4.53,44(2.51,62)	5.35,72(42,28)			
4	Hanne Farestvedt	93	Åstveit SK	6.11,85	288	S14	130,35 %
	38,49(38,49)	1.25,00(46,51)	2.12,76(47,76)	3.00,48(47,72)			
	3.48,24(47,76)	4.36,94(48,70)	5.25,06(48,12)	6.11,85(46,79)			

Øvelse 23. 100m bryst, herrer - Forsøk

Sponsor: Swimshop

Senior

1	Alexander Dale Oen	85	Vestkantsvømmerne	1.05,01	808
	31,30(31,30)	1.05,01(33,71)			
2	Alexander Hetland	82	Bærumsvømmerne	1.06,10	769
	30,69(30,69)	1.06,10(35,41)			
3	Lars Erik Dæhli	82	Hamar IL	1.06,76	746
	31,47(31,47)	1.06,76(35,29)			
4	Alexander Møkkelbost	87	BS/Delfana	1.07,60	719
	31,14(31,14)	1.07,60(36,46)			
5	Robin Palm	88	Sarpsborg IL	1.08,84	681
	32,20(32,20)	1.08,84(36,64)			
5	Alexander Broberg Skeltved	87	Vestkantsvømmerne	1.08,84	681
	32,09(32,09)	1.08,84(36,75)			
7	Ole-Wilhelm Norseng	88	Hamar IL	1.11,08	618
	33,05(33,05)	1.11,08(38,03)			
8	Daniel Aronsen	86	Bærumsvømmerne	1.11,22	615
	33,08(33,08)	1.11,22(38,14)			
9	Bjørn Harald Olstad	74	Lambertseter SK	1.11,72	602
	33,67(33,67)	1.11,72(38,05)			
10	Pål Henriksen Spjelkavik	88	Vestbyen IL	1.14,75	532
	33,18(33,18)	1.14,75(41,57)			

Junior

1	Sverre Næss	92	Sarpsborg IL	1.06,22	765
	31,28(31,28)	1.06,22(34,94)			
2	Sindre Søderlund	91	Trondheim SLK/NTG	1.07,12	734
	31,85(31,85)	1.07,12(35,27)			
3	Mattis Saghaug	90	IL Varg/NTG	1.07,42	725
	30,67(30,67)	1.07,42(36,75)			
4	Sebastian Wigstrøm	91	Bærumsvømmerne	1.08,48	691
	32,53(32,53)	1.08,48(35,95)			
5	Erling Mjøs Brattelid	91	TS/Sola SK	1.08,57	689
	31,67(31,67)	1.08,57(36,90)			
6	Kristoffer Meisler	90	Tverlandet IL	1.08,91	679
	31,78(31,78)	1.08,91(37,13)			
7	Martin Steffensen	89	BS/Arna	1.10,11	644
	30,82(30,82)	1.10,11(39,29)			
8	John Lekhmus	91	Tromsø SK	1.10,32	639
	32,40(32,40)	1.10,32(37,92)			
9	Bernt M. Seyffarth	89	Mandal SK	1.10,78	626
	31,61(31,61)	1.10,78(39,17)			
10	Christian Sunde	89	Elverum Svømming	1.11,19	615
	32,70(32,70)	1.11,19(38,49)			
11	Hans Kristian Andersen	93	Florø SLK	1.11,21	615
	33,37(33,37)	1.11,21(37,84)			
12	Aleksander Rayward	91	Kongstensvømmerne	1.11,40	610
	33,38(33,38)	1.11,40(38,02)			
13	André Eide	89	Narvik SK	1.11,68	603
	33,42(33,42)	1.11,68(38,26)			
14	Martin Lygre Eriksen	90	Bergens SC	1.11,72	602
	33,61(33,61)	1.11,72(38,11)			
15	Joachim Jakobsen	91	Vestkantsvømmerne	1.12,65	579
	34,54(34,54)	1.12,65(38,11)			
16	Thomas W. Kristiansen	89	Ski SK	1.12,73	577
	33,32(33,32)	1.12,73(39,41)			
17	Simen Dale	91	BS/Delfana	1.12,99	571
	33,55(33,55)	1.12,99(39,44)			
18	Magnus Klæboe Nordgård	89	Tromsø SK	1.13,51	559
	35,07(35,07)	1.13,51(38,44)			

Hamar/Elverum		NM Langbane 2008		Resultater	
19	Espen Halhjem 34,15(34,15)	92	Delfana	1.13,57	558
20	Aleksander Sire 33,56(33,56)	93	Modum SK	1.13,65	556
21	Sten Marius Holmen 33,43(33,43)	89	IL Varg/NTG	1.14,04	547
22	Adrian A. Skogvold 34,59(34,59)	91	Tverlandet IL	1.15,15	523

Øvelse 24. 100m butterfly, damer - Forsøk
Sponsor: Hagen Sport, Elverum

Senior

1	Ingvild Snildal 28,80(28,80)	88	Asker SK	1.01,27	842
2	Karen Stødle 30,42(30,42)	87	Team Stavanger	1.06,48	659
3	Christine Ørland 30,94(30,94)	88	TS/Madla SK	1.07,52	629
4	Karolina Orleanski 31,48(31,48)	86	Bærumsvømmerne	1.07,58	627
5	Ellen Magnussen 31,33(31,33)	84	Sarpsborg IL	1.07,99	616
6	Monica Martinsen 31,86(31,86)	83	Trondheim SLK	1.09,42	579

Junior

1	Victoria S. Løken 28,39(28,39)	91	Team Stavanger	1.02,16	806
2	Monica W. Johannessen 30,45(30,45)	90	Karmøy SK	1.04,99	705
3	Sara Pettersen 30,48(30,48)	91	Fauske SK	1.05,11	701
4	Julie Borgen 30,53(30,53)	91	Sarpsborg IL	1.05,78	680
5	Line Løvberg 31,01(31,01)	91	Lambertseter SK/NTG	1.05,80	679
6	Oona Ovesen 31,24(31,24)	92	Elverum Svømming	1.07,54	628
7	Victoria Rung 31,67(31,67)	92	TS/Frisinn	1.08,09	613
8	Stine Vindenes 31,69(31,69)	93	Vestkantsvømmerne	1.08,42	604
9	Maren Kristine Jansen 31,20(31,20)	90	TS/Randaberg	1.08,54	601
10	Ingrid N. Knutzen 33,04(33,04)	91	Lambertseter SK/NTG	1.08,97	590
11	Kristine Mella 32,23(32,23)	90	Bærumsvømmerne	1.08,99	589
12	Jacqueline Knutsson 31,84(31,84)	93	Kongstensvømmerne	1.09,04	588
13	Emilie N. Løvberg 32,14(32,14)	95	Bærumsvømmerne	1.09,17	585
14	Guro Knutsen 31,45(31,45)	91	Øvre Eiker SK	1.09,73	571
15	Karoline Eriksen 32,61(32,61)	92	Stavanger SC	1.09,84	568
16	Marthe Berg Sørensen 32,63(32,63)	92	TS/Frisinn	1.09,98	565
16	Elisabeth H. Svensson 32,36(32,36)	91	Ski SK	1.09,98	565

18	Nora Næss	93	Haldens SK	1.10,02	564
	32,58(32,58)	1.10,02(37,44)			
19	Maria Gullvåg Aasen	92	Kristiansand SA	1.10,26	558
	32,23(32,23)	1.10,26(38,03)			
20	Eirin Arnesen	93	Bergens SC	1.10,37	555
	31,83(31,83)	1.10,37(38,54)			
21	Iselin Mjøllner Dahlen	92	Skjetten Svømming	1.10,50	552
	32,43(32,43)	1.10,50(38,07)			
22	Maren Gramvik	90	Vågsbygd SLK	1.10,54	551
	32,24(32,24)	1.10,54(38,30)			
23	Seline Vike Holm	92	Arna SLK	1.10,57	551
	32,09(32,09)	1.10,57(38,48)			
24	Katrine Ekstang	92	Setermoen SK	1.10,70	548
	33,06(33,06)	1.10,70(37,64)			
25	Siv Fiske	92	Tromsø SK	1.10,92	543
	32,72(32,72)	1.10,92(38,20)			
26	Kristin Blyverket	92	Oslo IL	1.11,16	537
	32,96(32,96)	1.11,16(38,20)			
27	Birgitte Elise Søfteland	94	Sarpsborg IL	1.12,16	515
	33,93(33,93)	1.12,16(38,23)			
28	Marte Elise Brinchmann	91	Moss SK	1.12,45	509
	33,87(33,87)	1.12,45(38,58)			
29	Mina Berggren	92	Lambertseter SK	1.13,02	497
	32,80(32,80)	1.13,02(40,22)			
30	Katinka Kvant	89	Arna SLK	1.13,59	486
	31,80(31,80)	1.13,59(41,79)			
31	Pernille Thorstensen	89	Vågsbygd SLK	1.13,68	484
	33,78(33,78)	1.13,68(39,90)			

Funksjonshemmede

1	Hanne Farestvedt	93	Åstveit SK	1.29,94	266	S14	129,11 %
	41,64(41,64)	1.29,94(48,30)					
2	Anne Ask Rasmussen	89	TS/Madla SK	1.34,18	231	S9	141,01 %
	43,31(43,31)	1.34,18(50,87)					

Øvelse 25. 200m fri, herrer - Forsøk

Sponsor: Presis Media, Elverum

Senior

1	Gard Kvale	84	Bergens SC	1.57,33	740
	27,21(27,21)	56,70(29,49)	1.27,00(30,30)	1.57,33(30,33)	
2	Jørgen Møllerop	88	TS/Madla SK	1.57,79	731
	26,99(26,99)	57,11(30,12)	1.27,26(30,15)	1.57,79(30,53)	
3	Sander Smørdal	85	BS/Arna	1.58,71	714
	27,29(27,29)	56,96(29,67)	1.27,43(30,47)	1.58,71(31,28)	
4	Lars Andre Tolås	88	Bærumsvømmerne	1.59,20	706
	27,21(27,21)	56,75(29,54)	1.27,96(31,21)	1.59,20(31,24)	
5	Robert Aronsen	86	Bærumsvømmerne	2.00,97	675
	27,35(27,35)	57,45(30,10)	1.29,14(31,69)	2.00,97(31,83)	
6	Magnus Bru	87	Asker SK	2.02,79	646
	28,53(28,53)	59,24(30,71)	1.30,84(31,60)	2.02,79(31,95)	
7	Eirik Lund	78	Lambertseter SK	2.05,02	612
	28,87(28,87)	1.00,02(31,15)	1.32,13(32,11)	2.05,02(32,89)	
8	Stian With Bjørnstad	87	Ski SK	2.08,84	559
	28,70(28,70)	1.00,15(31,45)	1.34,78(34,63)	2.08,84(34,06)	

Junior

1	Eirik Ravnan	89	Hamar IL	1.56,14	763
	26,83(26,83)	55,52(28,69)	1.25,40(29,88)	1.56,14(30,74)	
2	Mattis Saghaug	90	IL Varg/NTG	1.56,18	762
	26,83(26,83)	55,96(29,13)	1.26,26(30,30)	1.56,18(29,92)	
3	Stian Werner Erichsen	90	Bærumsvømmerne	1.58,03	727
	27,83(27,83)	57,90(30,07)	1.28,06(30,16)	1.58,03(29,97)	
4	Øystein R. Hetland	89	Bærum/NTG	1.58,92	711
	27,06(27,06)	56,94(29,88)	1.27,21(30,27)	1.58,92(31,71)	
5	Tor Hafnor	91	Bærumsvømmerne	1.59,01	709
	27,86(27,86)	58,57(30,71)	1.28,84(30,27)	1.59,01(30,17)	
6	Mikkel Tørud Lang	90	Ullensakersv	1.59,10	707
	27,77(27,77)	56,99(29,22)	1.28,23(31,24)	1.59,10(30,87)	
7	Christer Koch Kvam	90	Bærum/NTG	1.59,11	707
	27,02(27,02)	56,52(29,50)	1.27,34(30,82)	1.59,11(31,77)	
8	Emil Brennløkken	89	Vestbyen IL	2.01,15	672
	28,11(28,11)	59,52(31,41)	1.30,85(31,33)	2.01,15(30,30)	
9	Elias Damman	89	Bærum/NTG	2.01,18	672
	28,63(28,63)	59,40(30,77)	1.30,43(31,03)	2.01,18(30,75)	
10	Sindre Nilo	90	Sandefjord SK/NTG	2.01,65	664
	28,65(28,65)	59,18(30,53)	1.30,84(31,66)	2.01,65(30,81)	
11	Ole Martin Ree	92	TS/Sola SK	2.02,02	658
	27,85(27,85)	57,64(29,79)	1.29,56(31,92)	2.02,02(32,46)	
12	Aleksander Rayward	91	Kongstensvømmerne	2.02,23	654
	28,53(28,53)	59,47(30,94)	1.31,22(31,75)	2.02,23(31,01)	
13	Martin Skramstad	89	Hamar IL	2.02,88	644
	28,28(28,28)	59,67(31,39)	1.31,29(31,62)	2.02,88(31,59)	
14	Christian Sunde	89	Elverum Svømming	2.02,97	643
	28,50(28,50)	1.00,20(31,70)	1.31,76(31,56)	2.02,97(31,21)	
15	Martin P. Sletbakken	92	Sortland SLK	2.04,12	625
	28,30(28,30)	1.00,14(31,84)	1.32,44(32,30)	2.04,12(31,68)	
16	Daniel Berenett	91	IL Varg/NTG	2.04,24	623
	28,95(28,95)	1.00,80(31,85)	1.32,69(31,89)	2.04,24(31,55)	
17	Geir T. Kristiansen	90	Larvik SK	2.04,65	617
	28,56(28,56)	1.00,03(31,47)	1.32,56(32,53)	2.04,65(32,09)	
18	Henning S. Pryde	92	Stavanger SC	2.05,13	610
	29,85(29,85)	1.01,34(31,49)	1.34,05(32,71)	2.05,13(31,08)	
19	Carl Andreas Wathne	91	Asker SK	2.06,31	593
	28,45(28,45)	59,95(31,50)	1.33,27(33,32)	2.06,31(33,04)	
20	Martin Hammer	93	Kongstensvømmerne	2.09,97	544
	28,78(28,78)	1.01,40(32,62)	1.34,67(33,27)	2.09,97(35,30)	
21	Rune Johansen	89	Andøya SLK	2.10,67	536
	29,02(29,02)	1.01,05(32,03)	1.35,29(34,24)	2.10,67(35,38)	

Øvelse 26. 200m individuell medley, damer - Forsøk

Sponsor: Østbye AS

Senior

1	Sara Nordenstam	83	Lambertseter SK	2.26,55	721
	32,13(32,13)	1.11,12(38,99)	1.50,81(39,69)	2.26,55(35,74)	
2	Margrete Nyhus Ulvestad	88	Molde SLK	2.27,95	700
	31,11(31,11)	1.08,92(37,81)	1.52,58(43,66)	2.27,95(35,37)	
3	Karolina Orleanski	86	Bærumsvømmerne	2.29,31	681
	31,81(31,81)	1.10,80(38,99)	1.54,23(43,43)	2.29,31(35,08)	
4	Christine Ørland	88	TS/Madla SK	2.34,04	620
	31,90(31,90)	1.14,88(42,98)	1.58,50(43,62)	2.34,04(35,54)	
	Elisabeth Jarland	85	Bærumsvømmerne	BRUTT	

Junior

1	Karoline Brudvik Sanderud	89	Hamar IL	2.23,04	775
	30,40(30,40)	1.07,83(37,43)	1.49,14(41,31)	2.23,04(33,90)	
2	Trine Austrøne Olsen	90	Fauske SK	2.23,59	766
	31,32(31,32)	1.08,25(36,93)	1.49,76(41,51)	2.23,59(33,83)	
3	Terese Langlo	89	Skjetten Svømming	2.28,91	687
	33,35(33,35)	1.11,61(38,26)	1.53,48(41,87)	2.28,91(35,43)	
4	Nora Kathrine Guthe	91	Asker SK	2.29,93	673
	33,33(33,33)	1.11,48(38,15)	1.54,77(43,29)	2.29,93(35,16)	
5	Bitte Fagermo	93	Narvik SK	2.32,14	644
	33,24(33,24)	1.14,17(40,93)	1.55,67(41,50)	2.32,14(36,47)	
6	Oona Ovesen	92	Elverum Svømming	2.32,43	640
	31,13(31,13)	1.11,93(40,80)	1.57,77(45,84)	2.32,43(34,66)	
7	Jacqueline Knutsson	93	Kongstensvømmerne	2.32,74	636
	32,89(32,89)	1.13,12(40,23)	1.57,56(44,44)	2.32,74(35,18)	
8	Martine Bremer	90	Bergens SLK	2.33,15	631
	34,08(34,08)	1.13,89(39,81)	1.59,66(45,77)	2.33,15(33,49)	
9	Victoria T. Solberg	89	Horten/NTG	2.33,30	630
	33,27(33,27)	1.12,43(39,16)	1.58,14(45,71)	2.33,30(35,16)	
10	Andrea Hestdal	94	Åstveit SK	2.33,34	629
	34,81(34,81)	1.16,28(41,47)	1.57,92(41,64)	2.33,34(35,42)	
11	Maria Gullvåg Aasen	92	Kristiansand SA	2.33,48	627
	33,12(33,12)	1.10,86(37,74)	1.57,53(46,67)	2.33,48(35,95)	
12	Susann Bjørnsen	93	Setermoen SK	2.34,23	618
	33,58(33,58)	1.15,54(41,96)	2.00,98(45,44)	2.34,23(33,25)	
13	Stina Kajsa Colleou	93	Lambertseter SK	2.34,58	614
	34,58(34,58)	1.17,14(42,56)	1.57,80(40,66)	2.34,58(36,78)	
14	Line W. Lund	91	Askimsvømmerne	2.34,99	609
	33,26(33,26)	1.14,89(41,63)	2.00,95(46,06)	2.34,99(34,04)	
15	Elisabeth H. Svensson	91	Ski SK	2.35,90	599
	33,24(33,24)	1.13,89(40,65)	1.59,68(45,79)	2.35,90(36,22)	
16	Trine Hovda	90	TS/Madla SK	2.36,16	596
	33,87(33,87)	1.14,19(40,32)	1.59,99(45,80)	2.36,16(36,17)	
17	Siri N. Andersen	92	Haldens SK	2.36,83	588
	34,12(34,12)	1.16,24(42,12)	2.02,16(45,92)	2.36,83(34,67)	
18	Luna Elisabeth Sjøgaard	94	Lambertseter SK	2.37,13	585
	34,66(34,66)	1.16,44(41,78)	2.00,11(43,67)	2.37,13(37,02)	
19	Emilie Hellerud	92	Lambertseter SK	2.37,37	582
	34,82(34,82)	1.16,80(41,98)	2.04,57(47,77)	2.37,37(32,80)	
20	Aslaug Marie Hjelmaas	95	Bergens SLK	2.38,15	573
	35,00(35,00)	1.14,30(39,30)	2.03,28(48,98)	2.38,15(34,87)	
21	Benedicte Kausland	92	Vestkantsvømmerne	2.38,17	573
	34,58(34,58)	1.17,50(42,92)	2.01,02(43,52)	2.38,17(37,15)	
22	Stine Mjølhus Kristoffersen	93	TS/Frisinn	2.38,36	571
	32,61(32,61)	1.13,46(40,85)	1.59,43(45,97)	2.38,36(38,93)	
23	Marte Elise Brinchmann	91	Moss SK	2.39,01	564
	34,60(34,60)	1.17,22(42,62)	2.03,29(46,07)	2.39,01(35,72)	
24	Stine Lise Stenseth	94	Øvre Eiker SK	2.39,21	562
	35,86(35,86)	1.18,30(42,44)	2.03,69(45,39)	2.39,21(35,52)	

Øvelse 27. 50m rygg, herrer - Forsøk

Sponsor: Monter Elverum

Senior

1	Kim Torry Simmenes	82	Vestkantsvømmerne	(0,85)	27,40	786
2	Lars Andre Tolås	88	Bærumsvømmerne	(0,66)	28,69	684
3	Mats Andre Fredriksen	85	Lambertseter SK	(0,76)	30,17	589

Junior

1	Sverre Næss	92	Sarpsborg IL	(0,72)	27,91	743	NJR
2	John Hage Gaarder	89	Lørenskog/Rælingen	(0,59)	28,14	725	
3	Mikael Bergene	91	Lambertseter SK	(0,68)	28,59	692	
4	Lavrans Veierø Solli	92	Bergens SC	(0,76)	28,81	676	
5	Stian S. Langeland	89	Bergens SC	(0,67)	29,23	647	
6	Alexander B. Havre	90	Mandal SK	(0,71)	29,36	639	
7	Marcus Tesdal	90	BS/Åstveit	(0,84)	29,39	637	
8	Julian Åsheim Mikkelsen	93	Ås IL	(0,61)	29,43	634	
9	Martin Skramstad	89	Hamar IL	(0,64)	29,62	622	
10	Sindri T. Jakobsson	91	BS/Delfana	(0,68)	29,94	602	
11	Joar Skien Grannes	90	Sandnes SLK	(0,72)	30,04	596	
12	Vegard Løvberg	91	Bærumsvømmerne	(0,65)	30,06	595	
13	Stian Andreas Evja	90	Lambertseter SK	(0,69)	30,17	589	DF
14	Marius Lund	91	Tromsø SK	(0,79)	30,17	589	DE
15	Jan Aleksander Bakke	91	Asker SK	(0,73)	30,19	587	
16	Mathias Sørstrand Æsøy	90	Florø SLK	(0,76)	30,40	575	
17	Eirik Ramstad	91	TS/Madla SK	(0,63)	30,55	567	
18	Even Vike Holm	90	BS/Arna	(0,71)	30,73	557	
19	Jørn Nygård	92	Stavanger SC	(0,55)	30,76	555	
20	Geir T. Kristiansen	90	Larvik SK	(0,80)	30,79	554	
21	Kjetil Berg	91	Vennesla SK	(1,75)	30,81	553	
22	Christian Juvik	93	Stavanger SC	(0,70)	30,92	547	
23	Sindre Eilertsen	90	Lambertseter SK	(0,66)	30,94	546	
24	Åsmund Karlsen	92	Eid SK	(0,70)	30,96	545	
25	Erlend Tveteraas	91	Madla SK	(0,52)	31,22	531	
26	Henry Emil Nordhagen	93	Bærumsvømmerne	(0,66)	31,26	529	
27	Mikkel Tørud Lang	90	Ullensakersv		31,30	527	
28	Eirik Runningen	90	BS/Delfana	(0,55)	31,44	520	
29	Sindre Mowatt Gruben	92	Bergens SC	(0,68)	31,52	516	
30	Lars Nymoen	90	Oslo IL	(0,70)	31,63	511	
31	Olav Ommedal	89	Eid SK	(0,66)	32,13	487	

Øvelse 28. 50m bryst, damer - Forsøk
Sponsor: Svensgaard Installasjon AS

Senior

1	Anne-Mari Gulbrandsen	84	Bærumsvømmerne		32,61	863	
2	Henriette Martinsen	85	Trondheim SLK		33,04	829	
3	Mari Ask Rasmussen	86	TS/Stavanger VPK		33,64	786	
4	Katharina Stiberg	88	Bjerkvik SK		33,77	777	
5	Sara Nordenstam	83	Lambertseter SK		34,14	752	
6	Celinn Daviknes	86	BS/Delfana		34,56	725	
7	Monica Finnøy	88	BS/Bergen SLK		35,62	662	

Junior

1	Karoline Bergene	89	Lambertseter SK		34,02	760	
2	Siri Eva Kristiansen	93	Asker SK		34,48	730	
3	Iselin Meisler	90	Tverlandet IL		34,77	712	
4	Mari Singstad	91	Vestbyen IL		35,37	676	
5	Ine Charlotte Hagen	89	Lørenskog/Rælingen		35,38	675	
6	Maria Farestvedt	90	BS/Åstveit		35,45	671	
7	Karin Ekholt	89	Bærumsvømmerne		35,54	666	
8	Stine Vindenes	93	Vestkantsvømmerne		35,70	657	

9	Maren Kristine Jansen	90	TS/Randaberg	35,93	645
10	Bitte Fagermo	93	Narvik SK	36,26	627
11	Sophia Broberg Skeltved	92	Tromsø SK	36,28	626
12	Stina Kajsa Colleou	93	Lambertseter SK	36,29	626
13	Lene Lykke Erichsen	92	Bærumsvømmerne	36,32	624
14	Katinka Kvant	89	Arna SLK	36,47	617
15	Tonje Stæhr Petersen	93	Moss SK	36,52	614
16	Hege Omdal	89	Kristiansand SA	36,87	597
17	Stine Tveit	93	Trondheim SLK	36,91	595
18	Benedicte Kausland	92	Vestkantsvømmerne	37,10	586
19	Maren Teige	90	Bergens SLK	37,20	581
20	Maren Larsen	94	Madla SK	37,22	580
21	Emma Isdahl	92	Lambertseter SK	37,26	578
22	Camilla Thoreby	90	Madla SK	37,47	569
23	Elisabeth Kristiansen	92	Haugesund SK	39,01	504
	Katrine Jensen	92	Åstveit SK	DISK	

Øvelse 29. 4*100m fri, herrer - Junior

Junior

1	Bærumsv G1 jr.	JR	Bærumsvømmerne	3.34,23	757	NJR
	Øystein R. Hetland:	24,75(24,75)	52,14(27,39)	52,14		
	Christer Koch Kvam:	1.17,34(25,20)	1.45,24(27,90)	53,10		
	Elias Damman:	2.11,57(26,33)	2.40,35(28,78)	55,11		
	Stian Werner Erichsen:	3.06,34(25,99)	3.34,23(27,89)	53,88		
2	Hamar IL G1 jr.	JR	Hamar IL	3.39,18	707	
	Martin Skramstad:	26,91(26,91)	55,46(28,55)	55,46		
	Jonas Kirkeberg Jostad:	1.21,39(25,93)	1.50,52(29,13)	55,06		
	Daniel Stokke Pettersen:	2.16,82(26,30)	2.46,24(29,42)	55,72		
	Eirik Ravnan:	3.11,60(25,36)	3.39,18(27,58)	52,94		
3	Mandal SK G1 jr.	JR	Mandal SK	3.44,47	658	
	Per Sondre Sodeland:	26,96(26,96)	56,75(29,79)	56,75		
	Bjørnar Salvesen:	1.23,50(26,75)	1.54,79(31,29)	58,04		
	Alexander B. Havre:	2.20,66(25,87)	2.49,55(28,89)	54,76		
	Bernt M. Seyffarth:	3.15,57(26,02)	3.44,47(28,90)	54,92		
4	Bergensv. G1 jr.	JR	Bergensvømmerne	3.45,46	649	
	Sindri T. Jakobsson:	26,95(26,95)	57,06(30,11)	57,06		
	Marcus Tesdal:	1.23,10(26,04)	1.52,84(29,74)	55,78		
	Even Vike Holm:	2.19,19(26,35)	2.48,91(29,72)	56,07		
	Sebastian Stordal:	3.15,78(26,87)	3.45,46(29,68)	56,55		
5	Team Stavanger G1 jr.	JR	Team Stavanger	3.45,81	646	
	Bjarte Ravndal:	26,85(26,85)	55,63(28,78)	55,63		
	Ole Martin Ree:	1.21,97(26,34)	1.51,22(29,25)	55,59		
	Eirik Ramstad:	2.18,83(27,61)	2.48,60(29,77)	57,38		
	Erling Mjøs Brattelid:	3.15,82(27,22)	3.45,81(29,99)	57,21		
6	Bærumsv G2 jr.	JR	Bærumsvømmerne	3.47,20	635	
	Tor Hafnor:	26,72(26,72)	55,37(28,65)	55,37		
	Sebastian Wigstrøm:	1.21,86(26,49)	1.52,38(30,52)	57,01		
	Vegard Løvberg:	2.19,25(26,87)	2.48,85(29,60)	56,47		
	Henry Emil Nordhagen:	3.15,88(27,03)	3.47,20(31,32)	58,35		
7	IL Varg G1 jr.	JR	IL Varg	3.47,79	630	
	Mattis Saghaug:	25,76(25,76)	53,47(27,71)	53,47		
	Daniel Berenett:	1.20,58(27,11)	1.50,94(30,36)	57,47		
	Sten Marius Holmen:	2.18,94(28,00)	2.50,24(31,30)	59,30		
	Jan-Tore Jessen Eikrem:	3.17,11(26,87)	3.47,79(30,68)	57,55		
8	Lambertseter SK G1 jr.	JR	Lambertseter SK	3.48,81	621	
	Mikael Bergene:	27,73(27,73)	56,57(28,84)	56,57		
	Stian Andreas Evja:	1.23,19(26,62)	1.53,87(30,68)	57,30		
	Sindre Eilertsen:	2.21,17(27,30)	2.50,57(29,40)	56,70		
	David Evja:	3.18,40(27,83)	3.48,81(30,41)	58,24		
9	Elverum IL G1 jr.	JR	Elverum Svømming	3.52,16	595	
	Christian Sunde:	26,17(26,17)	55,24(29,07)	55,24		
	Ingvar V. Skirbekk:	1.23,52(28,28)	1.54,30(30,78)	59,06		
	Eirik B. Lund:	2.21,98(27,68)	2.53,81(31,83)	59,51		
	Gunnar V. Skirbekk:	3.21,25(27,44)	3.52,16(30,91)	58,35		

10	Tromsø SK G1 jr.	JR	Tromsø SK	3.53,13	587
	Magnus Klæboe Nordgård:	28,27(28,27)	58,43(30,16)	58,43	
	John Lekhmus:	1.26,39(27,96)	1.58,08(31,69)	59,65	
	Eigil Aandahl:	2.27,01(28,93)	2.58,34(31,33)	1.00,26	
	Marius Lund:	3.24,27(25,93)	3.53,13(28,86)	54,79	
11	Asker SK G1 jr.	JR	Asker SK	3.54,84	575
	Carl Andreas Wathne:	27,07(27,07)	57,15(30,08)	57,15	
	Jan Aleksander Bakke:	1.25,10(27,95)	1.55,17(30,07)	58,02	
	Eirik Standal Thoresen:	2.22,95(27,78)	2.53,75(30,80)	58,58	
	Henrik Wathne:	3.22,24(28,49)	3.54,84(32,60)	1.01,09	
12	Vestbyen IL G1 jr.	JR	Vestbyen IL	3.57,40	556
	Emil Brennløkken:	26,58(26,58)	55,42(28,84)	55,42	
	Sigvart Evjen:	1.22,98(27,56)	1.54,22(31,24)	58,80	
	Gunnar Evjen:	2.23,91(29,69)	2.56,00(32,09)	1.01,78	
	Christopher Wolf:	3.25,29(29,29)	3.57,40(32,11)	1.01,40	
13	Oslo IL G1 jr.	JR	Oslo IL	4.02,96	519
	Lars Nymoen:	29,06(29,06)	1.01,08(32,02)	1.01,08	
	Stein Osen:	1.30,75(29,67)	2.03,85(33,10)	1.02,77	
	Henning Kaland:	2.31,94(28,09)	3.03,26(31,32)	59,41	
	Jon Erik Sønning:	3.31,63(28,37)	4.02,96(31,33)	59,70	
14	Vestkantv. G1 jr.	JR	Vestkantvømmerne	4.05,56	502
	Markus Vindenes:	28,56(28,56)	59,41(30,85)	59,41	
	Joachim Jakobsen:	1.27,08(27,67)	1.56,42(29,34)	57,01	
	Kristoffer Brekke:	2.26,20(29,78)	2.57,93(31,73)	1.01,51	
	Kristian Blummenfelt:	3.30,19(32,26)	4.05,56(35,37)	1.07,63	
15	Eid SK G1 jr.	JR	Eid SK	4.08,42	485
	Åsmund Karlsen:	28,84(28,84)	59,80(30,96)	59,80	
	Olav Ommedal:	1.28,61(28,81)	2.00,06(31,45)	1.00,26	
	Daniel Ommedal:	2.28,61(28,55)	3.01,03(32,42)	1.00,97	
	Marius Bjørke:	3.32,30(31,27)	4.08,42(36,12)	1.07,39	
16	Løren/Rælingen G1 jr.	JR	Lørenskog/Rælingen	4.13,94	454
	Kjetil Flatland:	29,69(29,69)	1.02,85(33,16)	1.02,85	
	John Hage Gaarder:	1.33,34(30,49)	2.07,52(34,18)	1.04,67	
	Tore Skauge Bysting:	2.36,36(28,84)	3.08,06(31,70)	1.00,54	
	Vebjørn Lindhjem:	3.39,75(31,69)	4.13,94(34,19)	1.05,88	
	Stavanger SC G1 jr.	JR	Stavanger SC	DISK	
	Jørn Nygård:				
	Hans Østerdal:				
	Henning S. Pryde:				
	Per Øystein Turøy:				

Øvelse 30. 4*200m fri, damer - Junior

Junior

1	Team Stavanger J1 jr.	JR	Team Stavanger	8.48,11	740
	Victoria S. Løken:	29,64(29,64)	1.01,71(32,07)	2.07,68	
		1.34,73(33,02)	2.07,68(32,95)		
		2.38,60(30,92)	3.12,63(34,03)		
	Victoria Rung:	3.47,71(35,08)	4.21,85(34,14)	2.14,17	
		4.51,85(30,00)	5.25,43(33,58)		
	Eva Marie W. Østerhus:	6.00,07(34,64)	6.34,07(34,00)	2.12,22	
		7.03,82(29,75)	7.37,65(33,83)		
	Trine Hovda:	8.13,40(35,75)	8.48,11(34,71)	2.14,04	
2	Lambertseter SK J1 jr.	JR	Lambertseter SK	8.53,86	717
	Emma Isdahl:	31,02(31,02)	1.05,29(34,27)	2.15,30	
		1.39,98(34,69)	2.15,30(35,32)		
		2.45,08(29,78)	3.18,84(33,76)		
	Pia Cornelia Braarud:	3.53,10(34,26)	4.27,07(33,97)	2.11,77	
		4.57,12(30,05)	5.31,38(34,26)		
	Emilie Hellerud:	6.06,65(35,27)	6.41,20(34,55)	2.14,13	
		7.10,95(29,75)	7.44,63(33,68)		
	Ingrid N. Knutzen:	8.19,41(34,78)	8.53,86(34,45)	2.12,66	

3	Skjetten Svømming J1 jr.	JR	Skjetten Svømming	9.04,80	674
		30,78(30,78)	1.03,54(32,76)		
	Gina B. Andersen:	1.37,56(34,02)	2.10,58(33,02)	2.10,58	
		2.41,71(31,13)	3.16,53(34,82)		
	Iselin Mjøllner Dahlen:	3.52,34(35,81)	4.28,96(36,62)	2.18,38	
		5.00,56(31,60)	5.35,03(34,47)		
	Terese Langlo:	6.10,26(35,23)	6.45,75(35,49)	2.16,79	
		7.16,87(31,12)	7.51,50(34,63)		
	Helene Solberg:	8.27,66(36,16)	9.04,80(37,14)	2.19,05	
4	Hamar IL J1 jr.	JR	Hamar IL	9.06,18	669
		31,23(31,23)	1.04,64(33,41)		
	Elin Slaatmo:	1.39,08(34,44)	2.11,89(32,81)	2.11,89	
		2.43,64(31,75)	3.20,11(36,47)		
	Julie Torgersen Nilsen:	3.55,85(35,74)	4.31,24(35,39)	2.19,35	
		5.04,05(32,81)	5.40,44(36,39)		
	Mari Lystad Karlsen:	6.17,96(37,52)	6.55,98(38,02)	2.24,74	
		7.25,69(29,71)	7.58,62(32,93)		
	Karoline Brudvik Sanderud:	8.32,63(34,01)	9.06,18(33,55)	2.10,20	
5	Asker SK J1 jr.	JR	Asker SK	9.06,82	667
		31,68(31,68)	1.05,73(34,05)		
	Nora Kathrine Guthe:	1.41,06(35,33)	2.16,37(35,31)	2.16,37	
		2.46,67(30,30)	3.20,23(33,56)		
	Siri Eva Kristiansen:	3.54,58(34,35)	4.28,25(33,67)	2.11,88	
		5.01,01(32,76)	5.37,81(36,80)		
	Marte K. Bolstad:	6.16,17(38,36)	6.54,47(38,30)	2.26,22	
		7.24,37(29,90)	7.57,90(33,53)		
	Sofie Gjemmestad:	8.32,89(34,99)	9.06,82(33,93)	2.12,35	
6	Øvre Eiker SK J1 jr.	JR	Øvre Eiker SK	9.11,63	650
		31,73(31,73)	1.06,49(34,76)		
	Stine Lise Stenseth:	1.42,50(36,01)	2.17,88(35,38)	2.17,88	
		2.49,54(31,66)	3.24,70(35,16)		
	Guro Knutsen:	4.01,02(36,32)	4.36,20(35,18)	2.18,32	
		5.07,73(31,53)	5.42,85(35,12)		
	Inger-Cathrine Wium:	6.19,01(36,16)	6.55,26(36,25)	2.19,06	
		7.25,79(30,53)	8.00,11(34,32)		
	Siri Anette Sønju:	8.36,18(36,07)	9.11,63(35,45)	2.16,37	
7	Bærumsv J1 jr.	JR	Bærumsvømmerne	9.12,41	647
		31,37(31,37)	1.06,77(35,40)		
	Emilie Voraa:	1.43,05(36,28)	2.18,68(35,63)	2.18,68	
		2.48,98(30,30)	3.24,75(35,77)		
	Maria Bølgen:		4.36,79(1.12,04)	2.18,11	
		5.07,72(30,93)	5.43,96(36,24)		
	Emilie N. Løvberg:	6.20,10(36,14)	6.54,19(34,09)	2.17,40	
		7.24,92(30,73)	8.00,06(35,14)		
	Karin Ekholt:	8.36,15(36,09)	9.12,41(36,26)	2.18,22	
8	Kristiansand SA J1 jr.	JR	Kristiansand SA	9.20,16	620
		31,99(31,99)	1.06,38(34,39)		
	Maria Gullvåg Aasen:	1.42,54(36,16)	2.16,47(33,93)	2.16,47	
		2.48,58(32,11)	3.23,69(35,11)		
	Linn Hege Laudal:	4.00,95(37,26)	4.37,01(36,06)	2.20,54	
		5.09,82(32,81)	5.46,33(36,51)		
	Hege Omdal:	6.23,83(37,50)	7.00,23(36,40)	2.23,22	
		7.31,52(31,29)	8.06,36(34,84)		
	Malin Frestad:	8.43,46(37,10)	9.20,16(36,70)	2.19,93	
9	Bærumsv J2 jr.	JR	Bærumsvømmerne	9.20,70	619
		31,66(31,66)	1.06,97(35,31)		
	Andrea Westbye:	1.43,17(36,20)	2.18,89(35,72)	2.18,89	
		2.49,85(30,96)	3.24,90(35,05)		
	Kristine Mella:	4.00,25(35,35)	4.36,02(35,77)	2.17,13	
		5.08,34(32,32)	5.45,27(36,93)		
	Lene Lykke Erichsen:	6.22,15(36,88)	6.58,69(36,54)	2.22,67	
		7.29,99(31,30)	8.06,12(36,13)		
	Vibeke Browne:	8.43,17(37,05)	9.20,70(37,53)	2.22,01	
10	Moss SK J1 jr.	JR	Moss SK	9.23,61	609
		31,96(31,96)	1.07,28(35,32)		
	Thea Pedersen:	1.44,22(36,94)	2.20,32(36,10)	2.20,32	
		2.52,36(32,04)	3.27,25(34,89)		
	Marte Elise Brinchmann:	4.03,37(36,12)	4.37,66(34,29)	2.17,34	
		5.08,89(31,23)	5.46,71(37,82)		
	Cathrine Brevik:	6.26,42(39,71)	7.05,94(39,52)	2.28,28	
		7.37,21(31,27)	8.12,29(35,08)		
	Stine K. Jansen:	8.48,79(36,50)	9.23,61(34,82)	2.17,67	

11	Vestkantsv. J1 jr.	JR	Vestkantsvømmerne	9.26,34	600
			31.88(31,88)	1.08,13(36,25)	
	Andrea Haugstad:		1.45,35(37,22)	2.21,76(36,41)	2.21,76
			2.53,35(31,59)	3.29,56(36,21)	
	Marie Reinertsen:		4.07,64(38,08)	4.44,79(37,15)	2.23,03
			5.16,94(32,15)	5.52,94(36,00)	
	Stine Vindenes:		6.29,08(36,14)	7.03,65(34,57)	2.18,86
			7.36,93(33,28)	8.14,26(37,33)	
	Juni Rugland:		8.51,45(37,19)	9.26,34(34,89)	2.22,69
12	Ski SK J1 jr.	JR	Ski SK	9.27,40	597
			31.65(31,65)	1.07,17(35,52)	
	Camilla W. Kristiansen:		1.43,53(36,36)	2.18,72(35,19)	2.18,72
			2.52,19(33,47)	3.29,53(37,34)	
	Veronica B. Lundsten:		4.08,18(38,65)	4.46,85(38,67)	2.28,13
			5.19,95(33,10)	5.56,22(36,27)	
	Henriette With Bjørnstad:		6.33,81(37,59)	7.11,25(37,44)	2.24,40
			7.41,41(30,16)	8.16,74(35,33)	
	Elisabeth H. Svensson:		8.53,75(37,01)	9.27,40(33,65)	2.16,15
13	Bergens SC J1 jr.	JR	Bergens SC	9.31,51	584
			32.83(32,83)	1.08,30(35,47)	
	Kaya Haugland Færøvik:		1.45,08(36,78)	2.21,48(36,40)	2.21,48
			2.55,04(33,56)	3.32,36(37,32)	
	Eirin Arnesen:		4.11,52(39,16)	4.49,43(37,91)	2.27,95
			5.21,57(32,14)	5.57,15(35,58)	
	Ingse Bergh Monsen:		6.34,34(37,19)	7.09,98(35,64)	2.20,55
			7.41,24(31,26)	8.15,81(34,57)	
	Maren Allum:		8.52,71(36,90)	9.31,51(38,80)	2.21,53
14	Vestkantsv. J2 jr.	JR	Vestkantsvømmerne	9.35,87	571
			32.59(32,59)	1.09,70(37,11)	
	Sara N. Gjelsvik:		1.48,04(38,34)	2.25,85(37,81)	2.25,85
			2.58,97(33,12)	3.36,82(37,85)	
	Benedicte Kausland:		4.14,11(37,29)	4.51,06(36,95)	2.25,21
			5.22,94(31,88)	6.00,58(37,64)	
	Marthe Helene Haganen:		6.38,19(37,61)	7.14,91(36,72)	2.23,85
			7.47,21(32,30)	8.23,44(36,23)	
	Marie Øverland:		9.00,16(36,72)	9.35,87(35,71)	2.20,96
15	Trondheim SLK J1 jr.	JR	Trondheim SLK	9.37,40	566
			32.65(32,65)	1.08,06(35,41)	
	Christiana Bjørkli:		1.43,49(35,43)	2.19,03(35,54)	2.19,03
			2.52,18(33,15)	3.30,01(37,83)	
	Malin Tømmervik:		4.08,35(38,34)	4.46,12(37,77)	2.27,09
			5.19,12(33,00)	5.56,41(37,29)	
	Stine Tveit:		6.33,85(37,44)	7.10,13(36,28)	2.24,01
			7.42,94(32,81)	8.20,85(37,91)	
	Julie Hegvik:		8.59,02(38,17)	9.37,40(38,38)	2.27,27
16	Løren/Rælingen J1 jr.	JR	Lørenskog/Rælingen	9.37,82	565
			33.47(33,47)	1.10,36(36,89)	
	Aurora Brandtzæg:		1.46,93(36,57)	2.24,72(37,79)	2.24,72
			2.56,44(31,72)	3.32,06(35,62)	
	Jeanette Erlandsen:		4.09,15(37,09)	4.45,88(36,73)	2.21,16
			5.20,12(34,24)	5.58,23(38,11)	
	Ida Armøy:		6.36,72(38,49)	7.15,33(38,61)	2.29,45
			7.48,00(32,67)	8.24,62(36,62)	
	Ine Charlotte Hagen:		9.01,76(37,14)	9.37,82(36,06)	2.22,49
17	Tromsø SK J1 jr.	JR	Tromsø SK	9.41,88	553
			32.59(32,59)	1.07,66(35,07)	
	Hanne Lockertsen:		1.43,68(36,02)	2.19,21(35,53)	2.19,21
			2.53,76(34,55)	3.34,49(40,73)	
	Kristine Nergaard:		4.16,56(42,07)	4.58,31(41,75)	2.39,10
			5.31,14(32,83)	6.07,77(36,63)	
	Sophia Broberg Skeltved:		6.45,41(37,64)	7.22,71(37,30)	2.24,40
			7.54,31(31,60)	8.29,60(35,29)	
	Siv Fiske:		9.06,06(36,46)	9.41,88(35,82)	2.19,17
18	Skjetten Svømming J2 jr.	JR	Skjetten Svømming	9.58,32	509
			33.27(33,27)	1.09,23(35,96)	
	Christiane Sandbye:		1.45,64(36,41)	2.22,94(37,30)	2.22,94
			2.56,29(33,35)	3.32,63(36,34)	
	Marie Svensson:		4.10,94(38,31)	4.47,50(36,56)	2.24,56
			5.22,31(34,81)	6.00,51(38,20)	
	Christina Dahl:		6.39,81(39,30)	7.19,62(39,81)	2.32,12
			7.54,56(34,94)	8.34,84(40,28)	
	Mischa van der Linden:		9.16,78(41,94)	9.58,32(41,54)	2.38,70

19	Hamar IL J2 jr.	JR	Hamar IL		10.24,54	448
		35,15(35,15)	1.13,80(38,65)			
	Maren Melvold:	1.53,06(39,26)	2.32,10(39,04)	2.32,10		
		3.05,34(33,24)	3.43,27(37,93)			
	Eirin Røen Martinsen:	4.23,09(39,82)	5.01,14(38,05)	2.29,04		
		5.38,79(37,65)	6.23,25(44,46)			
	Marte Tangen:	7.08,46(45,21)	7.51,99(43,53)	2.50,85		
		8.24,91(32,92)	9.04,62(39,71)			
	Ingrid Kvaal:	9.46,06(41,44)	10.24,54(38,48)	2.32,55		
	Bergens SC J2 jr.	JR	Bergens SC		DISK	
		34,87(34,87)	1.14,01(39,14)			
	Eli Kristin Ølmheim:	1.55,34(41,33)	2.35,13(39,79)	2.35,13		
	Hedvig Hjertaker:					
	Ragnhild Søfteland:					
	Martha Maria Songstad:					

Lørdag 12. juli 2008 kl 17.00 – Seniorfinaler

Øvelse 21. 400m individuell medley, herrer - Direkte finale

Junior

1	Eirik Ravnan	89	Hamar IL	4.36,98	766
	28,80(28,80)	1.02,50(33,70)	1.38,88(36,38)	2.14,95(36,07)	
	2.54,18(39,23)	3.33,94(39,76)	4.05,85(31,91)	4.36,98(31,13)	
2	Aleksander Rayward	91	Kongstensvømmerne	4.44,42	707
	29,53(29,53)	1.03,24(33,71)	1.41,37(38,13)	2.20,24(38,87)	
	3.01,46(41,22)	3.42,95(41,49)	4.14,88(31,93)	4.44,42(29,54)	
3	Sindri T. Jakobsson	91	BS/Delfana	4.44,88	704
	29,15(29,15)	1.03,41(34,26)	1.39,83(36,42)	2.16,84(37,01)	
	2.57,60(40,76)	3.39,70(42,10)	4.13,56(33,86)	4.44,88(31,32)	
4	Kristoffer Meisler	90	Tverlandet IL	4.54,41	638
	30,36(30,36)	1.07,19(36,83)	1.45,78(38,59)	2.23,49(37,71)	
	3.04,23(40,74)	3.45,88(41,65)	4.21,57(35,69)	4.54,41(32,84)	
5	Martin Hals	91	Øvre Eiker SK	4.55,48	631
	30,04(30,04)	1.05,87(35,83)	1.43,84(37,97)	2.22,44(38,60)	
	3.03,37(40,93)	3.45,63(42,26)	4.20,81(35,18)	4.55,48(34,67)	
6	Sebastian Wigstrøm	91	Bærumsvømmerne	4.55,55	630
	31,97(31,97)	1.08,50(36,53)	1.47,64(39,14)	2.25,44(37,80)	
	3.05,85(40,41)	3.47,30(41,45)	4.21,72(34,42)	4.55,55(33,83)	
7	Vegard Løvberg	91	Bærumsvømmerne	4.56,61	624
	30,35(30,35)	1.05,30(34,95)	1.43,36(38,06)	2.20,70(37,34)	
	3.05,09(44,39)	3.50,57(45,48)	4.23,94(33,37)	4.56,61(32,67)	
8	Sebastian Stordal	91	BS/Delfana	4.59,40	606
	29,29(29,29)	1.03,84(34,55)	1.43,80(39,96)	2.22,40(38,60)	
	3.05,70(43,30)	3.50,01(44,31)	4.25,25(35,24)	4.59,40(34,15)	
9	Carl Andreas Wathne	91	Asker SK	4.59,53	605
	30,49(30,49)	1.05,43(34,94)	1.45,43(40,00)	2.24,68(39,25)	
	3.08,44(43,76)	3.53,16(44,72)	4.27,77(34,61)	4.59,53(31,76)	
10	Hans Østerdal	93	Stavanger SC	5.00,69	598
	29,88(29,88)	1.05,82(35,94)	1.46,78(40,96)	2.27,68(40,90)	
	3.08,50(40,82)	3.51,94(43,44)	4.27,33(35,39)	5.00,69(33,36)	
11	Jonas Kirkeberg Jostad	92	Hamar IL	5.01,27	595
	29,95(29,95)	1.04,83(34,88)	1.43,62(38,79)	2.21,44(37,82)	
	3.05,95(44,51)	3.49,65(43,70)	4.25,24(35,59)	5.01,27(36,03)	
12	Kristoffer D. Birkeland	94	Florø SLK	5.05,46	571
	30,96(30,96)	1.05,91(34,95)	1.48,19(42,28)	2.27,94(39,75)	
	3.11,83(43,89)	3.56,61(44,78)	4.32,74(36,13)	5.05,46(32,72)	
13	Joachim Jakobsen	91	Vestkantsvømmerne	5.05,49	571
	31,99(31,99)	1.11,05(39,06)	1.53,66(42,61)	2.34,39(40,73)	
	3.14,99(40,60)	3.56,81(41,82)	4.33,46(36,65)	5.05,49(32,03)	
14	Christer M. Hagen	91	Fauske SK	5.07,21	561
	30,22(30,22)	1.04,19(33,97)	1.45,90(41,71)	2.27,43(41,53)	
	3.11,89(44,46)	3.57,86(45,97)	4.33,19(35,33)	5.07,21(34,02)	
15	Gunnar V. Skirbekk	91	Elverum Svømming	5.07,41	560
	32,15(32,15)	1.07,94(35,79)	1.50,12(42,18)	2.31,36(41,24)	
	3.14,06(42,70)	3.57,76(43,70)	4.33,33(35,57)	5.07,41(34,08)	
16	Andreas Mathingsdal Pedersen	92	Farsund SK	5.07,43	560
	33,43(33,43)	1.12,40(38,97)	1.53,28(40,88)	2.35,14(41,86)	
	3.15,88(40,74)	3.58,80(42,92)	4.32,76(33,96)	5.07,43(34,67)	
17	Tore Skauge Bysting	92	Lørenskog/Rælingen	5.10,31	544
	33,06(33,06)	1.12,69(39,63)	1.53,69(41,00)	2.32,72(39,03)	
	3.16,02(43,30)	4.00,17(44,15)	4.37,02(36,85)	5.10,31(33,29)	
18	Joakim I. Larsen	92	Trondheim SLK	5.12,80	532
	34,00(34,00)	1.14,36(40,36)	1.52,69(38,33)	2.32,02(39,33)	
	3.15,74(43,72)	4.02,40(46,66)	4.38,43(36,03)	5.12,80(34,37)	
19	Hans Andre Pedersen	92	Sandefjord SK	5.14,58	523
	32,79(32,79)	1.11,87(39,08)	1.52,18(40,31)	2.32,52(40,34)	
	3.18,51(45,99)	4.04,94(46,43)	4.41,09(36,15)	5.14,58(33,49)	

Senior

1	Eirik Ravnán	89	Hamar IL	4.36,98	766
	28,80(28,80)	1.02,50(33,70)	1.38,88(36,38)	2.14,95(36,07)	
	2.54,18(39,23)	3.33,94(39,76)	4.05,85(31,91)	4.36,98(31,13)	
2	Alexander Broberg Skeltved	87	Vestkant svømmerne	4.42,20	724
	28,69(28,69)	1.01,77(33,08)	1.39,55(37,78)	2.17,40(37,85)	
	2.57,23(39,83)	3.37,06(39,83)	4.10,09(33,03)	4.42,20(32,11)	
3	Robert Aronsen	86	Bærums svømmerne	4.42,68	720
	29,08(29,08)	1.02,15(33,07)	1.41,35(39,20)	2.18,91(37,56)	
	2.57,86(38,95)	3.38,05(40,19)	4.12,89(34,84)	4.42,68(29,79)	
4	Aleksander Rayward	91	Kongstens svømmerne	4.44,42	707
	29,53(29,53)	1.03,24(33,71)	1.41,37(38,13)	2.20,24(38,87)	
	3.01,46(41,22)	3.42,95(41,49)	4.14,88(31,93)	4.44,42(29,54)	
5	Sindri T. Jakobsson	91	BS/Delfana	4.44,88	704
	29,15(29,15)	1.03,41(34,26)	1.39,83(36,42)	2.16,84(37,01)	
	2.57,60(40,76)	3.39,70(42,10)	4.13,56(33,86)	4.44,88(31,32)	
6	Kristoffer Meisler	90	Tverlandet IL	4.54,41	638
	30,36(30,36)	1.07,19(36,83)	1.45,78(38,59)	2.23,49(37,71)	
	3.04,23(40,74)	3.45,88(41,65)	4.21,57(35,69)	4.54,41(32,84)	
7	Martin Hals	91	Øvre Eiker SK	4.55,48	631
	30,04(30,04)	1.05,87(35,83)	1.43,84(37,97)	2.22,44(38,60)	
	3.03,37(40,93)	3.45,63(42,26)	4.20,81(35,18)	4.55,48(34,67)	
8	Sebastian Wigstrøm	91	Bærums svømmerne	4.55,55	630
	31,97(31,97)	1.08,50(36,53)	1.47,64(39,14)	2.25,44(37,80)	
	3.05,85(40,41)	3.47,30(41,45)	4.21,72(34,42)	4.55,55(33,83)	
9	Vegard Løvberg	91	Bærums svømmerne	4.56,61	624
	30,35(30,35)	1.05,30(34,95)	1.43,36(38,06)	2.20,70(37,34)	
	3.05,09(44,39)	3.50,57(45,48)	4.23,94(33,37)	4.56,61(32,67)	
10	Sebastian Stordal	91	BS/Delfana	4.59,40	606
	29,29(29,29)	1.03,84(34,55)	1.43,80(39,96)	2.22,40(38,60)	
	3.05,70(43,30)	3.50,01(44,31)	4.25,25(35,24)	4.59,40(34,15)	
11	Carl Andreas Wathne	91	Asker SK	4.59,53	605
	30,49(30,49)	1.05,43(34,94)	1.45,43(40,00)	2.24,68(39,25)	
	3.08,44(43,76)	3.53,16(44,72)	4.27,77(34,61)	4.59,53(31,76)	
12	Hans Østerdal	93	Stavanger SC	5.00,69	598
	29,88(29,88)	1.05,82(35,94)	1.46,78(40,96)	2.27,68(40,90)	
	3.08,50(40,82)	3.51,94(43,44)	4.27,33(35,39)	5.00,69(33,36)	
13	Jonas Kirkeberg Jostad	92	Hamar IL	5.01,27	595
	29,95(29,95)	1.04,83(34,88)	1.43,62(38,79)	2.21,44(37,82)	
	3.05,95(44,51)	3.49,65(43,70)	4.25,24(35,59)	5.01,27(36,03)	
14	Kristoffer D. Birkeland	94	Florø SLK	5.05,46	571
	30,96(30,96)	1.05,91(34,95)	1.48,19(42,28)	2.27,94(39,75)	
	3.11,83(43,89)	3.56,61(44,78)	4.32,74(36,13)	5.05,46(32,72)	
15	Joachim Jakobsen	91	Vestkant svømmerne	5.05,49	571
	31,99(31,99)	1.11,05(39,06)	1.53,66(42,61)	2.34,39(40,73)	
	3.14,99(40,60)	3.56,81(41,82)	4.33,46(36,65)	5.05,49(32,03)	
16	Christer M. Hagen	91	Fauske SK	5.07,21	561
	30,22(30,22)	1.04,19(33,97)	1.45,90(41,71)	2.27,43(41,53)	
	3.11,89(44,46)	3.57,86(45,97)	4.33,19(35,33)	5.07,21(34,02)	
17	Gunnar V. Skirbekk	91	Elverum Svømming	5.07,41	560
	32,15(32,15)	1.07,94(35,79)	1.50,12(42,18)	2.31,36(41,24)	
	3.14,06(42,70)	3.57,76(43,70)	4.33,33(35,57)	5.07,41(34,08)	
18	Andreas Mathingsdal Pedersen	92	Farsund SK	5.07,43	560
	33,43(33,43)	1.12,40(38,97)	1.53,28(40,88)	2.35,14(41,86)	
	3.15,88(40,74)	3.58,80(42,92)	4.32,76(33,96)	5.07,43(34,67)	
19	Tore Skauge Bysting	92	Lørenskog/Rælingen	5.10,31	544
	33,06(33,06)	1.12,69(39,63)	1.53,69(41,00)	2.32,72(39,03)	
	3.16,02(43,30)	4.00,17(44,15)	4.37,02(36,85)	5.10,31(33,29)	
20	Joakim I. Larsen	92	Trondheim SLK	5.12,80	532
	34,00(34,00)	1.14,36(40,36)	1.52,69(38,33)	2.32,02(39,33)	
	3.15,74(43,72)	4.02,40(46,66)	4.38,43(36,03)	5.12,80(34,37)	
21	Hans Andre Pedersen	92	Sandefjord SK	5.14,58	523
	32,79(32,79)	1.11,87(39,08)	1.52,18(40,31)	2.32,52(40,34)	
	3.18,51(45,99)	4.04,94(46,43)	4.41,09(36,15)	5.14,58(33,49)	

Øvelse 22. 400m fri, damer - Finale**Sponsor: Konica Minolta****Senior**

1	Elisabeth Jarland	85	Bærumsvømmerne	4.23,59	810
	31,11(31,11)	1.04,38(33,27)	1.38,03(33,65)	2.11,37(33,34)	
	2.44,46(33,09)	3.17,46(33,00)	3.50,61(33,15)	4.23,59(32,98)	
2	Elise Utne	89	Narvik SK	4.29,60	757
	31,45(31,45)	1.05,34(33,89)	1.39,31(33,97)	2.13,88(34,57)	
	2.48,17(34,29)	3.22,75(34,58)	3.56,78(34,03)	4.29,60(32,82)	
3	Cecilie W. Johannessen	90	Karmøy SK	4.32,52	733
	30,45(30,45)	1.04,12(33,67)	1.38,59(34,47)	2.13,79(35,20)	
	2.48,52(34,73)	3.23,75(35,23)	3.59,02(35,27)	4.32,52(33,50)	
4	Karoline Pedersen	94	Bergens SLK	4.33,83	723
	31,50(31,50)	1.05,45(33,95)	1.40,41(34,96)	2.15,21(34,80)	
	2.50,20(34,99)	3.25,38(35,18)	4.00,39(35,01)	4.33,83(33,44)	
5	Ingrid N. Knutzen	91	Lambertseter SK/NTG	4.34,18	720
	32,24(32,24)	1.06,96(34,72)	1.41,58(34,62)	2.16,92(35,34)	
	2.51,39(34,47)	3.26,06(34,67)	4.00,58(34,52)	4.34,18(33,60)	
6	Eva Marie W. Østerhus	94	TS/Madla SK	4.37,47	695
	32,25(32,25)	1.07,66(35,41)	1.42,63(34,97)	2.18,25(35,62)	
	2.53,32(35,07)	3.28,84(35,52)	4.03,65(34,81)	4.37,47(33,82)	
7	Susann Bjørnsen	93	Setermoen SK	4.39,08	683
	31,59(31,59)	1.06,47(34,88)	1.42,16(35,69)	2.17,32(35,16)	
	2.53,29(35,97)	3.28,79(35,50)	4.05,19(36,40)	4.39,08(33,89)	
8	Gina B. Andersen	90	Skjetten Svømming/NTG	4.39,23	682
	32,09(32,09)	1.06,37(34,28)	1.41,37(35,00)	2.16,93(35,56)	
	2.52,47(35,54)	3.28,35(35,88)	4.04,22(35,87)	4.39,23(35,01)	

Øvelse 23. 100m bryst, herrer - Finale**Sponsor: Swimshop****Senior**

1	Alexander Dale Oen	85	Vestkantsvømmerne	1.00,10	1023
	28,20(28,20)	1.00,10(31,90)			
2	Alexander Hetland	82	Bærumsvømmerne	1.03,24	878
	29,19(29,19)	1.03,24(34,05)			
3	Sverre Næss	92	Sarpsborg IL	1.06,31	762
	30,86(30,86)	1.06,31(35,45)			
4	Lars Erik Dæhli	82	Hamar IL	1.07,04	737
	31,16(31,16)	1.07,04(35,88)			
5	Sindre Søderlund	91	Trondheim SLK/NTG	1.07,72	715
	31,74(31,74)	1.07,72(35,98)			
6	Alexander Møkkelbost	87	BS/Delfana	1.07,86	711
	31,40(31,40)	1.07,86(36,46)			
7	Sebastian Wigstrøm	91	Bærumsvømmerne	1.08,48	691
	33,08(33,08)	1.08,48(35,40)			
8	Erling Mjøs Brattelid	91	TS/Sola SK	1.08,52	690
	32,14(32,14)	1.08,52(36,38)			

Øvelse 24. 100m butterfly, damer - Finale**Sponsor: Hagen Sport, Elverum****Senior**

1	Ingvild Snildal	88	Asker SK	1.00,77	863
	28,98(28,98)	1.00,77(31,79)			
2	Victoria S. Løken	91	Team Stavanger	1.02,38	797
	28,80(28,80)	1.02,38(33,58)			
3	Monica W. Johannessen	90	Karmøy SK	1.04,88	709
	30,73(30,73)	1.04,88(34,15)			
4	Sara Pettersen	91	Fauske SK	1.05,45	690
	30,92(30,92)	1.05,45(34,53)			
5	Julie Borgen	91	Sarpsborg IL	1.05,85	678
	30,52(30,52)	1.05,85(35,33)			
6	Karen Stødle	87	Team Stavanger	1.06,46	659
	30,17(30,17)	1.06,46(36,29)			
7	Line Løvberg	91	Lambertseter SK/NTG	1.06,60	655
	31,37(31,37)	1.06,60(35,23)			
8	Christine Ørland	88	TS/Madla SK	1.07,00	644
	31,80(31,80)	1.07,00(35,20)			

Øvelse 25. 200m fri, herrer - Finale**Sponsor: Presis Media, Elverum****Senior**

1	Gard Kvale	84	Bergens SC	1.49,40	913	NR
	25,78(25,78)	53,33(27,55)	1.21,40(28,07)	1.49,40(28,00)		
2	Sander Smørdal	85	BS/Arna	1.55,23	781	
	26,24(26,24)	54,84(28,60)	1.24,38(29,54)	1.55,23(30,85)		
3	Mattis Saghaug	90	IL Varg/NTG	1.56,28	760	
	26,49(26,49)	55,40(28,91)	1.26,07(30,67)	1.56,28(30,21)		
4	Jørgen Møllerop	88	TS/Madla SK	1.56,53	755	
	26,81(26,81)	56,50(29,69)	1.26,38(29,88)	1.56,53(30,15)		
5	Mikkel Tørud Lang	90	Ullensakersv	1.58,59	717	
	27,78(27,78)	57,43(29,65)	1.27,80(30,37)	1.58,59(30,79)		
6	Tor Hafnør	91	Bærumsvømmerne	1.58,75	714	
	28,22(28,22)	58,54(30,32)	1.29,11(30,57)	1.58,75(29,64)		
7	Stian Werner Erichsen	90	Bærumsvømmerne	1.59,55	700	
	27,89(27,89)	57,73(29,84)	1.28,81(31,08)	1.59,55(30,74)		
8	Christer Koch Kvam	90	Bærum/NTG	2.01,49	667	
	27,69(27,69)	57,67(29,98)	1.30,10(32,43)	2.01,49(31,39)		

Øvelse 26. 200m individuell medley, damer - Finale**Sponsor: Østbye AS****Senior**

1	Sara Nordenstam	83	Lambertseter SK	2.18,25	858
	28,97(28,97)	1.06,56(37,59)	1.43,84(37,28)	2.18,25(34,41)	
2	Karoline Brudvik Sanderud	89	Hamar IL	2.23,44	769
	30,26(30,26)	1.08,36(38,10)	1.48,89(40,53)	2.23,44(34,55)	
3	Trine Austrøne Olsen	90	Fauske SK	2.24,43	753
	31,55(31,55)	1.08,47(36,92)	1.50,53(42,06)	2.24,43(33,90)	
4	Margrete Nyhus Ulvestad	88	Molde SLK	2.26,52	721
	31,34(31,34)	1.08,69(37,35)	1.51,84(43,15)	2.26,52(34,68)	
5	Karolina Orleanski	86	Bærumsvømmerne	2.27,71	704
	32,17(32,17)	1.10,25(38,08)	1.53,55(43,30)	2.27,71(34,16)	
6	Nora Kathrine Guthe	91	Asker SK	2.30,29	668
	32,92(32,92)	1.11,94(39,02)	1.55,51(43,57)	2.30,29(34,78)	
7	Bitte Fagermo	93	Narvik SK	2.32,15	644
	34,08(34,08)	1.13,98(39,90)	1.56,61(42,63)	2.32,15(35,54)	
8	Terese Langlo	89	Skjetten Svømming	2.32,57	639
	33,62(33,62)	1.13,19(39,57)	1.56,26(43,07)	2.32,57(36,31)	

Øvelse 27. 50m rygg, herrer - Finale**Sponsor: Monter Elverum****Senior**

1	Kim Torry Simmenes	82	Vestkantsvømmerne	(0,81)	27,33	792	
2	Sverre Næss	92	Sarpsborg IL	(0,70)	27,78	754	NJR
3	John Hage Gaarder	89	Lørenskog/Rælingen	(0,59)	28,27	715	
4	Lars Andre Tolås	88	Bærumsvømmerne	(0,66)	28,28	715	
5	Mikael Bergene	91	Lambertseter SK	(0,63)	28,35	709	
6	Stian S. Langeland	89	Bergens SC	(0,72)	29,07	658	DF
7	Lavrans Veierø Solli	92	Bergens SC	(0,64)	29,07	658	DE
8	Alexander B. Havre	90	Mandal SK	(0,84)	29,18	651	

Funksjonshemmede

1	Jørgen Tadvin	83	Kolbotn IL	(0,85)	47,88	147	S6	130,89 %
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Øvelse 28. 50m bryst, damer - Finale**Sponsor: Svensgaard Installasjon AS****Senior**

1	Sara Nordenstam	83	Lambertseter SK	32,80	848
2	Anne-Mari Gulbrandsen	84	Bærumsvømmerne	32,81	847
3	Henriette Martinsen	85	Trondheim SLK	33,47	798
4	Katharina Stiberg	88	Bjerkvik SK	33,56	791
5	Mari Ask Rasmussen	86	TS/Stavanger VPK	33,91	767
6	Karoline Bergene	89	Lambertseter SK	34,09	755
7	Celinn Daviknes	86	BS/Delfana	34,61	722
8	Siri Eva Kristiansen	93	Asker SK	34,69	717

Funksjonshemmede

1	Cecilie Drabsch Norland	78	Stavanger Haik	46,31	301	SB8	118,2 %
2	Tonje Immerstein	89	Sandnes SLK	46,04	306	SB9	119,34 %
3	Marianne Mæland	86	Vågsbygd SLK	56,41	166	SB6	120,15 %
4	Anne Ask Rasmussen	89	TS/Madla SK	46,40	299	SB9	120,27 %
5	Hanne Farestvedt	93	Åstveit SK	49,08	253	SB14	133,33 %
6	Ingrid Djupskås	89	Asker SK	1.05,72	105	SB7	148,45 %

Øvelse 29. 4*100m fri, herrer - Senior

Senior

1	Bærumsv G1 sr.	SR	Bærumsvømmerne	3.31,41	788
	Øystein R. Hetland:	24,99(24,99)	52,41(27,42)	52,41	
	Alexander Hetland:	1.17,31(24,90)	1.44,64(27,33)	52,23	
	Christer Koch Kvam:	2.09,69(25,05)	2.37,58(27,89)	52,94	
	Stian Werner Erichsen:	3.03,49(25,91)	3.31,41(27,92)	53,83	
2	Bergensv. G1 sr.	SR	Bergensvømmerne	3.34,69	752
	Sander Smørdal:	25,34(25,34)	52,19(26,85)	52,19	
	Alexander Møkelbost:	1.18,44(26,25)	1.46,90(28,46)	54,71	
	Erik Dorch:	2.11,19(24,29)	2.38,75(27,56)	51,85	
	Even Vike Holm:	3.05,13(26,38)	3.34,69(29,56)	55,94	
3	Vestkantsv. G1 sr.	SR	Vestkantsvømmerne	3.37,01	728
	Alexander Dale Oen:	25,66(25,66)	52,73(27,07)	52,73	
	Alexander Broberg Skeltved:	1.18,36(25,63)	1.46,53(28,17)	53,80	
	Kim Torry Simmenes:	2.11,68(25,15)	2.40,69(29,01)	54,16	
	Joachim Jakobsen:	3.07,60(26,91)	3.37,01(29,41)	56,32	
4	Bergens SC G1 sr.	SR	Bergens SC	3.38,01	718
	Gard Kvale:	25,28(25,28)	51,64(26,36)	51,64	
	Stian S. Langeland:	1.17,79(26,15)	1.46,37(28,58)	54,73	
	Lavrans Veierø Solli:	2.12,85(26,48)	2.41,99(29,14)	55,62	
	Thor Kristian Østenå Larsen:	3.08,52(26,53)	3.38,01(29,49)	56,02	
5	Bærumsv G2 sr.	SR	Bærumsvømmerne	3.38,34	715
	Lars Andre Tolås:	25,93(25,93)	54,29(28,36)	54,29	
	Tor Hafnor:	1.20,16(25,87)	1.48,55(28,39)	54,26	
	Robert Aronsen:	2.15,05(26,50)	2.43,59(28,54)	55,04	
	Elias Damman:	3.09,98(26,39)	3.38,34(28,36)	54,75	
6	Stavanger SC G1 sr.	SR	Stavanger SC	3.40,15	698
	Thomas Ole Fadnes:	24,63(24,63)	51,63(27,00)	51,63	
	Jørn Nygård:	1.18,22(26,59)	1.46,84(28,62)	55,21	
	Henning S. Pryde:	2.14,52(27,68)	2.43,67(29,15)	56,83	
	Hans Østerdal:	3.10,20(26,53)	3.40,15(29,95)	56,48	
7	Hamar IL G1 sr.	SR	Hamar IL	3.40,24	697
	Martin Skramstad:	26,33(26,33)	55,33(29,00)	55,33	
	Jonas Kirkeberg Jostad:	1.21,24(25,91)	1.50,08(28,84)	54,75	
	Daniel Stokke Pettersen:	2.16,29(26,21)	2.46,23(29,94)	56,15	
	Eirik Ravnan:	3.11,98(25,75)	3.40,24(28,26)	54,01	
8	IL Varg G1 sr.	SR	IL Varg	3.40,85	691
	Mattis Saghaug:	25,85(25,85)	54,15(28,30)	54,15	
	Jonas Noreng Ravn:	1.19,54(25,39)	1.48,62(29,08)	54,47	
	Håkon Skårud Karlsen:	2.14,77(26,15)	2.43,82(29,05)	55,20	
	Bjørnar Gaasvik:	3.11,04(27,22)	3.40,85(29,81)	57,03	
9	Team Stavanger G1 sr.	SR	Team Stavanger	3.42,62	675
	Jørgen Møllerop:	25,61(25,61)	54,22(28,61)	54,22	
	Bjarte Ravndal:	1.19,11(24,89)	1.49,04(29,93)	54,82	
	Ole Martin Ree:	2.15,09(26,05)	2.44,75(29,66)	55,71	
	Erling Mjøs Brattelid:	3.12,46(27,71)	3.42,62(30,16)	57,87	
10	Asker SK G1 sr.	SR	Asker SK	3.48,55	623
	Carl Andreas Wathne:	27,60(27,60)	57,29(29,69)	57,29	
	Jan Aleksander Bakke:	1.24,34(27,05)	1.54,05(29,71)	56,76	
	Eirik Standal Thoresen:	2.21,98(27,93)	2.52,37(30,39)	58,32	
	Magnus Bru:	3.19,89(27,52)	3.48,55(28,66)	56,18	

11	IL Varg G2 sr.	SR	IL Varg	3.49,87	613
	Odin Spangen Normann:	27,90(27,90)	58,03(30,13)	58,03	
	Thomas Breivoll:	1.24,54(26,51)	1.54,91(30,37)	56,88	
	Daniel Berenett:	2.22,18(27,27)	2.52,25(30,07)	57,34	
	Jonatan Saghaug:	3.18,93(26,68)	3.49,87(30,94)	57,62	
12	Larvik SK G1 sr.	SR	Larvik SK	3.52,54	592
	Jørgen Aagaard-Nilsen Wiik:	27,80(27,80)	59,13(31,33)	59,13	
	Aksel B. Lindhjem:	1.26,52(27,39)	1.56,82(30,30)	57,69	
	Geir T. Kristiansen:	2.23,56(26,74)	2.53,39(29,83)	56,57	
	Tommy Pedersen:	3.21,27(27,88)	3.52,54(31,27)	59,15	
13	Vestbyen IL G1 sr.	SR	Vestbyen IL	3.52,80	590
	Øystein Gaasvik:	27,98(27,98)	58,63(30,65)	58,63	
	Sigvart Evjen:	1.26,21(27,58)	1.57,22(31,01)	58,59	
	Pål Henriksen Spjelkavik:	2.25,33(28,11)	2.55,00(29,67)	57,78	
	Erlend Wærnes:	3.22,10(27,10)	3.52,80(30,70)	57,80	
14	Tromsø SK G1 sr.	SR	Tromsø SK	3.58,37	549
	Magnus Klæboe Nordgård:	27,40(27,40)	57,20(29,80)	57,20	
	John Lekhmus:	1.24,91(27,71)	1.56,14(31,23)	58,94	
	Eigil Aandahl:	2.24,70(28,56)	2.56,44(31,74)	1.00,30	
	Tom Eirik Olsen:	3.25,12(28,68)	3.58,37(33,25)	1.01,93	
15	Hamar IL G2 sr.	SR	Hamar IL	4.00,68	534
	Lars Erik Dæhli:	27,64(27,64)	57,35(29,71)	57,35	
	Tor Joachim Bjørnstad:	1.24,72(27,37)	1.55,37(30,65)	58,02	
	Andre Kroglund:	2.27,07(31,70)	3.01,06(33,99)	1.05,69	
	Alexander Wilson Mills:	3.28,97(27,91)	4.00,68(31,71)	59,62	
16	Skjetten Svømming G1 sr.	SR	Skjetten Svømming	4.02,38	523
	William Dahl:	28,45(28,45)	1.00,88(32,43)	1.00,88	
	Håkon Brennhagen:	1.29,72(28,84)	2.01,91(32,19)	1.01,03	
	Ronnie Anstensen:	2.28,12(26,21)	2.57,51(29,39)	55,60	
	Sindre S. Løbersli:	3.28,52(31,01)	4.02,38(33,86)	1.04,87	
17	Løren/Rælingen G1 sr.	SR	Lørenskog/Rælingen	4.03,95	513
	Vebjørn Lindhjem:	30,73(30,73)	1.03,70(32,97)	1.03,70	
	Kristian Thorsvald:	1.31,22(27,52)	2.01,18(29,96)	57,48	
	Tore Skauge Bysting:	2.29,98(28,80)	3.00,97(30,99)	59,79	
	Kjetil Flatland:	3.31,11(30,14)	4.03,95(32,84)	1.02,98	

Øvelse 30. 4*200m fri, damer - Senior

Senior

1	Hamar IL J1 sr.	SR	Hamar IL	8.39,66	777
	Kristine Johansen:	30,15(30,15)	1.04,03(33,88)	2.13,06	
	Elin Slaatmo:	1.39,37(35,34)	2.13,06(33,69)	2.06,80	
	Siri Løvold Magnussen:	2.42,58(29,52)	3.15,32(32,74)	2.10,91	
	Karoline Brudvik Sanderud:	3.48,08(32,76)	4.19,86(31,78)	2.08,89	
		4.49,49(29,63)	5.22,51(33,02)		
		5.56,15(33,64)	6.30,77(34,62)		
		6.59,72(28,95)	7.31,74(32,02)		
		8.05,27(33,53)	8.39,66(34,39)		
2	Asker SK J1 sr.	SR	Asker SK	8.45,78	750
	Sofie Gjermestad:	30,50(30,50)	1.04,28(33,78)	2.13,61	
	Ingvild Snildal:	1.39,58(35,30)	2.13,61(34,03)	2.04,85	
	Nora Kathrine Guthe:	2.41,88(28,27)	3.13,89(32,01)	2.17,02	
	Siri Eva Kristiansen:	3.46,20(32,31)	4.18,46(32,26)	2.10,30	
		4.48,71(30,25)	5.23,76(35,05)		
		5.59,71(35,95)	6.35,48(35,77)		
		7.06,07(30,59)	7.39,14(33,07)		
		8.13,16(34,02)	8.45,78(32,62)		
3	Lambertseter SK J1 sr.	SR	Lambertseter SK	8.45,84	750
	Pia Cornelia Braarud:	30,70(30,70)	1.04,33(33,63)	2.12,57	
	Heidi Vainio Gjøen:	1.38,90(34,57)	2.12,57(33,67)	2.14,14	
	Ingrid N. Knutzen:	2.42,55(29,98)	3.15,89(33,34)	2.12,07	
	Sara Nordenstam:	3.51,22(35,33)	4.26,71(35,49)	2.07,06	
		4.57,31(30,60)	5.30,54(33,23)		
		6.05,35(34,81)	6.38,78(33,43)		
		7.08,45(29,67)	7.40,89(32,44)		
		8.14,14(33,25)	8.45,84(31,70)		

4	Bærumsv J1 sr.	SR	Bærumsvømmerne	8.46,58	747
			29,71(29,71)	1.01,89(32,18)	
	Elisabeth Jarland:		1.34,91(33,02)	2.07,70(32,79)	2.07,70
			2.37,88(30,18)	3.10,46(32,58)	
	Anne-Mari Gulbrandsen:		3.44,17(33,71)	4.17,35(33,18)	2.09,65
			4.47,89(30,54)	5.21,86(33,97)	
	Karolina Orleanski:		5.57,55(35,69)	6.32,58(35,03)	2.15,23
			7.02,33(29,75)	7.36,55(34,22)	
	Maria Bølgen:		8.11,87(35,32)	8.46,58(34,71)	2.14,00
5	Team Stavanger J1 sr.	SR	Team Stavanger	8.51,83	725
			29,87(29,87)	1.02,18(32,31)	
	Victoria S. Løken:		1.35,37(33,19)	2.09,64(34,27)	2.09,64
			2.39,67(30,03)	3.13,20(33,53)	
	Mari Ask Rasmussen:		3.48,52(35,32)	4.25,30(36,78)	2.15,66
			4.56,11(30,81)	5.30,41(34,30)	
	Christine Ørland:		6.05,45(35,04)	6.40,36(34,91)	2.15,06
			7.09,85(29,49)	7.42,24(32,39)	
	Lauren Fuysoux:		8.16,47(34,23)	8.51,83(35,36)	2.11,47
6	Skjetten Svømming J1 sr.	SR	Skjetten Svømming	9.11,59	650
			31,15(31,15)	1.05,64(34,49)	
	Gina B. Andersen:		1.40,79(35,15)	2.15,49(34,70)	2.15,49
			2.47,13(31,64)	3.21,92(34,79)	
	Iselin Mjøllner Dahlen:		3.57,89(35,97)	4.32,74(34,85)	2.17,25
			5.05,55(32,81)	5.41,12(35,57)	
	Terese Langlo:		6.16,21(35,09)	6.51,37(35,16)	2.18,63
			7.22,80(31,43)	7.58,02(35,22)	
	Helene Solberg:		8.34,67(36,65)	9.11,59(36,92)	2.20,22
7	Vestkantsv. J1 sr.	SR	Vestkantsvømmerne	9.14,49	640
			28,31(28,31)	1.00,36(32,05)	
	Henriette Brekke:		1.33,79(33,43)	2.07,35(33,56)	2.07,35
			2.37,91(30,56)	3.13,75(35,84)	
	Marie Øverland:		3.51,59(37,84)	4.29,89(38,30)	2.22,54
			5.01,22(31,33)	5.37,07(35,85)	
	Andrea Haugstad:		6.13,89(36,82)	6.50,57(36,68)	2.20,68
			7.22,57(32,00)	8.00,66(38,09)	
	Juni Rugland:		8.38,27(37,61)	9.14,49(36,22)	2.23,92
8	Bærumsv J2 sr.	SR	Bærumsvømmerne	9.15,56	636
			31,13(31,13)	1.06,63(35,50)	
	Andrea Westbye:		1.42,86(36,23)	2.19,32(36,46)	2.19,32
			2.50,22(30,90)	3.24,81(34,59)	
	Kristine Mella:		3.59,64(34,83)	4.34,33(34,69)	2.15,01
			5.05,61(31,28)	5.41,94(36,33)	
	Emilie N. Løvberg:		6.18,01(36,07)	6.53,49(35,48)	2.19,16
			7.25,56(32,07)	8.01,66(36,10)	
	Vibeke Browne:		8.38,56(36,90)	9.15,56(37,00)	2.22,07
9	Vestkantsv. J2 sr.	SR	Vestkantsvømmerne	9.29,93	589
			31,97(31,97)	1.07,58(35,61)	
	Marie Reinertsen:		1.44,25(36,67)	2.19,63(35,38)	2.19,63
			2.52,20(32,57)	3.29,18(36,98)	
	Marthe Helene Haganes:		4.06,94(37,76)	4.42,40(35,46)	2.22,77
			5.15,53(33,13)	5.52,26(36,73)	
	Sara N. Gjelsvik:		6.30,12(37,86)	7.07,34(37,22)	2.24,94
			7.40,44(33,10)	8.17,41(36,97)	
	Benedicte Kausland:		8.54,23(36,82)	9.29,93(35,70)	2.22,59
10	Ski SK J1 sr.	SR	Ski SK	9.32,32	582
			31,64(31,64)	1.07,14(35,50)	
	Camilla W. Kristiansen:		1.43,82(36,68)	2.18,83(35,01)	2.18,83
			2.50,72(31,89)	3.26,16(35,44)	
	Trine-Marie Fjeldstad:		4.02,37(36,21)	4.38,87(36,50)	2.20,04
			5.12,49(33,62)	5.49,76(37,27)	
	Veronica B. Lundsten:		6.28,59(38,83)	7.07,00(38,41)	2.28,13
			7.39,17(32,17)	8.15,72(36,55)	
	Henriette With Bjørnstad:		8.53,84(38,12)	9.32,32(38,48)	2.25,32
11	Tromsø SK J1 sr.	SR	Tromsø SK	9.45,65	543
			32,32(32,32)	1.07,46(35,14)	
	Hanne Lockertsen:		1.42,12(34,66)	2.16,62(34,50)	2.16,62
			2.51,27(34,65)	3.32,75(41,48)	
	Kristine Nergaard:		4.13,73(40,98)	4.55,02(41,29)	2.38,40
			5.28,01(32,99)	6.05,65(37,64)	
	Marte Tollefsen:		6.43,95(38,30)	7.22,39(38,44)	2.27,37
			7.54,87(32,48)	8.31,65(36,78)	
	Sophia Broberg Skeltved:		9.08,44(36,79)	9.45,65(37,21)	2.23,26

Hamar IL J2 sr.	SR	Hamar IL	DISK
	33,29(33,29)	1.10,16(36,87)	
Julie Torgersen Nilsen:	1.47,46(37,30)	2.23,09(35,63)	2.23,09
	2.58,16(35,07)	3.36,08(37,92)	
Maren Melvold:	4.14,39(38,31)	4.52,09(37,70)	2.29,00
	5.25,84(33,75)	6.05,42(39,58)	
Ingrid Kvaal:	6.47,01(41,59)	7.23,52(36,51)	2.31,43
Mari Lystad Karlsen:			

Søndag 13. juli 2008 kl 09.00**Øvelse 31. 200m rygg, damer - Forsøk****Sponsor: A. & K. Nilsen AS****Senior**

1	Elisabeth Jarland	85	Bærumsvømmerne	(0,76)	2.25,52	687
	34,54(34,54)	1.10,95(36,41)	1.48,21(37,26)	2.25,52(37,31)		
2	Heidi Vainio Gjøen	88	Lambertseter SK	(0,67)	2.31,17	613
	34,38(34,38)	1.12,89(38,51)	1.52,00(39,11)	2.31,17(39,17)		
3	Margrete Nyhus Ulvestad	88	Molde SLK	(0,80)	2.31,33	611
	35,03(35,03)	1.12,69(37,66)	1.51,97(39,28)	2.31,33(39,36)		
4	Monica Martinsen	83	Trondheim SLK	(1,09)	2.32,60	596
	36,73(36,73)	1.15,30(38,57)	1.54,64(39,34)	2.32,60(37,96)		

Junior

1	Gina B. Andersen	90	Skjetten Svømming/NTG	(0,69)	2.25,57	687
	35,05(35,05)	1.11,94(36,89)	1.48,97(37,03)	2.25,57(36,60)		
2	Iselin Mjøllner Dahlen	92	Skjetten Svømming	(0,66)	2.27,45	661
	35,33(35,33)	1.12,48(37,15)	1.49,82(37,34)	2.27,45(37,63)		
3	Seline Vike Holm	92	Arna SLK		2.30,21	625
	34,62(34,62)	1.12,72(38,10)	1.52,31(39,59)	2.30,21(37,90)		
4	Cecilie W. Johannessen	90	Karmøy SK	(0,64)	2.30,85	617
	35,20(35,20)	1.13,49(38,29)	1.52,58(39,09)	2.30,85(38,27)		
5	Elisabeth H. Svensson	91	Ski SK	(0,76)	2.31,09	614
	36,10(36,10)	1.15,42(39,32)	1.54,48(39,06)	2.31,09(36,61)		
6	Malin Frestad	91	Kristiansand SA	(0,59)	2.31,23	612
	35,54(35,54)	1.13,64(38,10)	1.52,31(38,67)	2.31,23(38,92)		
7	Oona Ovesen	92	Elverum Svømming	(0,60)	2.31,64	607
	36,59(36,59)	1.15,26(38,67)	1.54,04(38,78)	2.31,64(37,60)		
8	Eva Marie W. Østerhus	94	TS/Madla SK	(0,84)	2.32,87	593
	36,29(36,29)	1.14,88(38,59)	1.54,72(39,84)	2.32,87(38,15)		
9	Elisabeth Kristiansen	92	Haugesund SK	(0,74)	2.32,88	593
	35,89(35,89)	1.14,93(39,04)	1.54,40(39,47)	2.32,88(38,48)		
10	Trine Hovda	90	TS/Madla SK	(0,68)	2.32,98	592
	35,35(35,35)	1.13,91(38,56)	1.53,86(39,95)	2.32,98(39,12)		
11	Oda Marie Siljan	92	Poseidon	(0,80)	2.33,28	588
	35,21(35,21)	1.14,42(39,21)	1.54,06(39,64)	2.33,28(39,22)		
12	Katja Heinänen	90	BS/Bergen SLK	(0,67)	2.33,49	586
	35,55(35,55)	1.14,04(38,49)	1.54,37(40,33)	2.33,49(39,12)		
13	Maria Gullvåg Aasen	92	Kristiansand SA	(0,66)	2.34,83	571
	35,37(35,37)	1.14,14(38,77)	1.53,99(39,85)	2.34,83(40,84)		
14	Jacqueline Knutsson	93	Kongstensvømmerne	(0,70)	2.34,85	570
	35,85(35,85)	1.15,70(39,85)	1.55,93(40,23)	2.34,85(38,92)		
15	Stine K. Jansen	90	Moss SK	(0,74)	2.34,90	570
	35,90(35,90)	1.14,80(38,90)	1.55,36(40,56)	2.34,90(39,54)		
16	Vibeke Browne	89	Bærumsvømmerne	(0,68)	2.35,15	567
	36,37(36,37)		1.55,35(1.18,98)	2.35,15(39,80)		
17	Siri Anette Sønju	92	Øvre Eiker SK	(0,73)	2.36,14	556
	35,70(35,70)	1.15,44(39,74)	1.55,54(40,10)	2.36,14(40,60)		
18	Thea Pedersen	91	Moss SK	(0,78)	2.36,36	554
	36,10(36,10)	1.15,49(39,39)	1.56,31(40,82)	2.36,36(40,05)		
19	Veronica Orheim Bjørlykke	94	Aalesund SLK	(0,67)	2.37,70	540
	36,43(36,43)	1.16,06(39,63)	1.57,20(41,14)	2.37,70(40,50)		
20	Hanne Lockertsen	94	Tromsø SK	(0,79)	2.38,53	532
	37,97(37,97)	1.17,77(39,80)	1.58,51(40,74)	2.38,53(40,02)		
21	Aslaug Marie Hjelmaas	95	Bergens SLK	(0,71)	2.38,75	529
	36,70(36,70)	1.16,85(40,15)	1.58,28(41,43)	2.38,75(40,47)		
22	Helene Eikeskog Burger	92	Kolbotn IL	(0,77)	2.39,14	525
	35,77(35,77)	1.15,82(40,05)	1.56,95(41,13)	2.39,14(42,19)		
23	Helene Thunes Truyen	93	Delfana	(0,73)	2.39,46	522
	37,19(37,19)	1.16,45(39,26)	1.58,61(42,16)	2.39,46(40,85)		

24	Maren Allum	90	Bergens SC	(0,76)	2.39,68	520
	37,23(37,23)	1.16,05(38,82)	1.58,02(41,97)		2.39,68(41,66)	
25	Ragnhild Søfteland	92	Bergens SC	(0,68)	2.40,06	516
	37,03(37,03)	1.17,83(40,80)	1.58,85(41,02)		2.40,06(41,21)	
26	Ingse Bergh Monsen	92	Bergens SC	(0,67)	2.40,64	511
	38,72(38,72)	1.18,37(39,65)	2.00,55(42,18)		2.40,64(40,09)	
27	Stine Mjølhus Kristoffersen	93	TS/Frisinn	(0,79)	2.42,64	492
	36,98(36,98)	1.16,98(40,00)	2.00,12(43,14)		2.42,64(42,52)	
28	Camilla Moe	92	Ås IL	(0,78)	2.42,94	490
	37,26(37,26)	1.19,22(41,96)	2.01,96(42,74)		2.42,94(40,98)	
29	Anine Dannemark	90	Ås IL	(0,72)	2.46,92	455
	37,85(37,85)	1.19,56(41,71)	2.03,45(43,89)		2.46,92(43,47)	

Øvelse 32. 50m fri, herrer - Forsøk

Sponsor: Hamar Kommune

Senior

1	Sander Smørdal	85	BS/Arna		23,53	802
2	Alexander Hetland	82	Bærumsvømmerne		23,58	797
3	Thomas Ole Fadnes	87	Stavanger SC		23,62	793
4	Alexander Dale Oen	85	Vestkantsvømmerne		24,68	695
5	Erlend Alvestad	88	Vestbyen IL		24,85	681
6	Ole-Wilhelm Norseng	88	Hamar IL		25,16	656
7	Jonas Noreng Ravn	83	IL Varg		25,21	652
8	Dan Magnus Skibrek	87	Øvre Eiker SK		25,29	646
9	Erlend Wærnes	86	Vestbyen IL		25,37	640
10	Raymond Dybvik	88	Kolbotn IL		25,64	620
11	Håkon Skårud Karlsen	79	IL Varg		25,67	618

Junior

1	Øystein R. Hetland	89	Bærum/NTG		23,95	761	NJR
2	Sverre Næss	92	Sarpsborg IL		24,85	681	
3	Christer Koch Kvam	90	Bærum/NTG		24,91	676	DF
4	Mattis Saghaug	90	IL Varg/NTG		24,91	676	DE
5	Mathias Sørstrand Æsøy	90	Florø SLK		25,01	668	
6	Per Sondre Sodeland	91	Mandal SK		25,12	659	
7	Alexander B. Havre	90	Mandal SK		25,22	652	
8	Martin Skramstad	89	Hamar IL		25,28	647	
9	Zoltan Csernai	93	Åstveit SK		25,50	630	
10	Bernt M. Seyffarth	89	Mandal SK		25,52	629	
11	Elias Damman	89	Bærum/NTG		25,53	628	
12	Mikkel Tørud Lang	90	Ullensakersv		25,61	622	
12	Bjarte Ravndal	91	TS/Sola SK		25,61	622	
14	Christian Sunde	89	Elverum Svømming		25,71	615	
15	Joar Skien Grannes	90	Sandnes SLK		25,78	610	
16	Jonas Kirkeberg Jostad	92	Hamar IL		25,93	599	
17	Jens Petter Loe	89	Øvre Eiker SK		25,98	596	
18	Per Alexander Fladvad	90	Vestbyen IL		25,99	595	
19	Carl Andreas Wathne	91	Asker SK		26,16	584	
20	Jørn Nygård	92	Stavanger SC		26,29	575	
21	Rune Johansen	89	Andøya SLK		26,37	570	
22	Martin Åsheim	90	Lørenskog/Rælingen		26,39	569	
23	Bjørnar Salvesen	90	Mandal SK		26,50	562	
	Lavrans Veierø Solli	92	Bergens SC		BRUTT		

Øvelse 33. 100m fri, damer - Forsøk

Sponsor: Elverum Kommune

Senior

1	Henriette Brekke	88	Vestkantsvømmerne	58,97	776
	28,53(28,53)	58,97(30,44)			
2	Lauren Fuyssoux	85	Team Stavanger	1.00,70	711
	29,60(29,60)	1.00,70(31,10)			
3	Kristine Johansen	77	Hamar IL	1.00,77	709
	29,11(29,11)	1.00,77(31,66)			
4	Margrete Nyhus Ulvestad	88	Molde SLK	1.01,65	679
	29,56(29,56)	1.01,65(32,09)			
5	Henriette Martinsen	85	Trondheim SLK	1.01,81	674
	29,60(29,60)	1.01,81(32,21)			
6	Monica Finnøy	88	BS/Bergen SLK	1.02,27	659
	29,52(29,52)	1.02,27(32,75)			
7	Elise Strømsvik	87	Vestbyen IL	1.02,38	655
	28,99(28,99)	1.02,38(33,39)			

Junior

1	Victoria S. Løken	91	Team Stavanger	58,51	794
	27,82(27,82)	58,51(30,69)			
2	Monica W. Johannessen	90	Karmøy SK	59,64	750
	29,15(29,15)	59,64(30,49)			
3	Sofie Gjemmestad	89	Asker SK	1.00,11	733
	28,72(28,72)	1.00,11(31,39)			
4	Cecilie W. Johannessen	90	Karmøy SK	1.00,14	731
	28,64(28,64)	1.00,14(31,50)			
5	Siri Eva Kristiansen	93	Asker SK	1.00,94	703
	29,64(29,64)	1.00,94(31,30)			
6	Emma Isdahl	92	Lambertseter SK	1.01,24	693
	29,59(29,59)	1.01,24(31,65)			
7	Maria Bølgen	93	Bærumsvømmerne	1.01,27	692
	29,44(29,44)	1.01,27(31,83)			
8	Martine Bremer	90	Bergens SLK	1.01,50	684
	29,57(29,57)	1.01,50(31,93)			
9	Line W. Lund	91	Askimsvømmerne	1.01,65	679
	29,66(29,66)	1.01,65(31,99)			
10	Aslaug Marie Hjelmaas	95	Bergens SLK	1.01,76	675
		1.01,76(1.01,76)			
11	Karoline Pedersen	94	Bergens SLK	1.01,83	673
	30,70(30,70)	1.01,83(31,13)			
12	Ingrid N. Knutzen	91	Lambertseter SK/NTG	1.01,95	669
	30,01(30,01)	1.01,95(31,94)			
13	Susann Bjørnsen	93	Setermoen SK	1.02,05	666
	30,03(30,03)	1.02,05(32,02)			
14	Emilie Hellerud	92	Lambertseter SK	1.02,07	665
	29,90(29,90)	1.02,07(32,17)			
15	Oda J. Midtun	91	Arna SLK	1.02,37	656
	29,33(29,33)	1.02,37(33,04)			
16	Vibeke Brigg	89	TS/Madla SK	1.02,41	654
	29,11(29,11)	1.02,41(33,30)			
17	Hanne Søfteland	92	Delfana	1.02,44	654
	29,89(29,89)	1.02,44(32,55)			
18	Pia Cornelia Braarud	93	Lambertseter SK	1.02,45	653
	29,87(29,87)	1.02,45(32,58)			
19	Victoria Rung	92	TS/Frisinn	1.02,63	648
	29,82(29,82)	1.02,63(32,81)			
20	Siv Fiske	92	Tromsø SK	1.02,71	645
	29,63(29,63)	1.02,71(33,08)			
21	Ingrid Marie Rytter	91	Vestbyen IL	1.02,83	641
	30,26(30,26)	1.02,83(32,57)			

22	Eva Marie W. Østerhus	94	TS/Madla SK	1.02,88	640
	30,51(30,51)	1.02,88(32,37)			
23	Nora Kathrine Guthe	91	Asker SK	1.03,92	609
	30,35(30,35)	1.03,92(33,57)			
24	Karoline Bergene	89	Lambertseter SK	1.04,13	603
	30,51(30,51)	1.04,13(33,62)			
25	Julie Borgen	91	Sarpsborg IL	1.04,25	600
	30,60(30,60)	1.04,25(33,65)			
26	Nicole T. Næsheim	91	Stavanger SC	1.04,33	598
	30,49(30,49)	1.04,33(33,84)			
27	Linn Hege Laudal	89	Kristiansand SA	1.04,45	594
	30,83(30,83)	1.04,45(33,62)			

Funksjonshemmede

1	Cecilie Drabsch Norland	78	Stavanger Haik	1.14,48	385	S8	111,11 %
	35,44(35,44)	1.14,48(39,04)					
2	Mariann Vestbøstad	84	Vestkantsvømmerne	1.16,57	354	S8	114,23 %
	36,49(36,49)	1.16,57(40,08)					
3	Linn Haugen	87	Vestkantsvømmerne	1.16,38	357	S9	125,05 %
	36,81(36,81)	1.16,38(39,57)					
4	Ingvill S. Hilleren	90	Vestkantsvømmerne	1.33,38	195	S7	130,4 %
	45,72(45,72)	1.33,38(47,66)					
5	Tonje Immerstein	89	Sandnes SLK	1.20,46	305	S10	130,47 %
	38,35(38,35)	1.20,46(42,11)					
6	Hanne Farestvedt	93	Åstveit SK	1.24,34	265	S14	135,14 %
	39,20(39,20)	1.24,34(45,14)					
7	Ingrid Djupskås	89	Asker SK	1.31,96	204	S9	150,56 %
	43,09(43,09)	1.31,96(48,87)					

Øvelse 34. 200m butterfly, herrer - Forsøk

Sponsor: Hedmark Fylkeskommune

Senior

1	Jørgen Møllerop	88	TS/Madla SK	2.09,83	702
	28,51(28,51)	1.01,07(32,56)	1.35,26(34,19)	2.09,83(34,57)	
2	Øystein Gaasvik	82	Vestbyen IL	2.09,91	700
	28,46(28,46)	1.00,88(32,42)	1.35,15(34,27)	2.09,91(34,76)	
3	Alexander Broberg Skeltved	87	Vestkantsvømmerne	2.11,05	682
	28,54(28,54)	1.01,11(32,57)	1.35,02(33,91)	2.11,05(36,03)	
4	Robert Aronsen	86	Bærumsvømmerne	2.13,64	643
	29,35(29,35)	1.02,29(32,94)	1.36,72(34,43)	2.13,64(36,92)	
5	Robin Palm	88	Sarpsborg IL	2.15,33	619
	28,60(28,60)	1.02,38(33,78)	1.37,45(35,07)	2.15,33(37,88)	
6	Thor Kristian Østenå Larsen	86	Bergens SC	2.32,15	436
	29,52(29,52)	1.04,67(35,15)	1.44,80(40,13)	2.32,15(47,35)	

Junior

1	Aleksander Rayward	91	Kongstensvømmerne	2.08,40	725
	28,99(28,99)	1.01,28(32,29)	1.34,20(32,92)	2.08,40(34,20)	
2	Eirik Ravnán	89	Hamar IL	2.11,35	677
	29,10(29,10)	1.02,05(32,95)	1.36,24(34,19)	2.11,35(35,11)	
3	Sindri T. Jakobsson	91	BS/Delfana	2.11,37	677
	28,77(28,77)	1.02,63(33,86)	1.36,95(34,32)	2.11,37(34,42)	
4	Stian S. Langeland	89	Bergens SC	2.12,45	661
	28,44(28,44)	1.01,35(32,91)	1.35,92(34,57)	2.12,45(36,53)	
5	Ole Martin Ree	92	TS/Sola SK	2.14,19	635
	29,61(29,61)	1.03,68(34,07)	1.38,34(34,66)	2.14,19(35,85)	
6	Sebastian Stordal	91	BS/Delfana	2.14,74	628
	29,56(29,56)	1.03,49(33,93)	1.39,06(35,57)	2.14,74(35,68)	

7	Stian Andreas Evja 29,37(29,37)	90	Lambertseter SK 1.39,04(36,11)	2.17,51 2.17,51(38,47)	590
8	Tor Hafnor 29,88(29,88)	91	Bærumsvømmerne 1.41,45(37,03)	2.18,13 2.18,13(36,68)	582
9	Simen Andreassen 31,15(31,15)	92	Florø SLK 1.43,64(36,87)	2.20,92 2.20,92(37,28)	549
10	Kristoffer Meisler 30,40(30,40)	90	Tverlandet IL 1.44,25(37,98)	2.22,75 2.22,75(38,50)	528
11	Erling Mjøs Brattelid 29,88(29,88)	91	TS/Sola SK 1.44,63(39,28)	2.22,79 2.22,79(38,16)	527
12	Sindre Eilertsen 30,41(30,41)	90	Lambertseter SK 1.43,17(37,95)	2.23,28 2.23,28(40,11)	522
13	Fredrik K Hegdal 31,04(31,04)	94	Stavanger SC 1.44,96(38,49)	2.23,72 2.23,72(38,76)	517
14	Simen Dale 30,48(30,48)	91	BS/Delfana 1.45,27(38,40)	2.24,17 2.24,17(38,90)	512
15	Jan Aleksander Bakke 30,49(30,49)	91	Asker SK 1.44,06(38,84)	2.25,28 2.25,28(41,22)	501
16	Erlend Ulveseter 31,04(31,04)	92	Åstveit SK 1.46,79(38,45)	2.25,50 2.25,50(38,71)	498
17	Sindre Mowatt Gruben 30,30(30,30)	92	Bergens SC 1.43,02(38,18)	2.25,71 2.25,71(42,69)	496
18	Christian Juvik 30,19(30,19)	93	Stavanger SC 1.45,21(39,03)	2.25,94 2.25,94(40,73)	494
19	Carl Andreas Wathne 30,50(30,50)	91	Asker SK 1.44,97(38,44)	2.25,96 2.25,96(40,99)	494
20	Kristian Evensen 31,84(31,84)	90	Kristiansand SA 1.46,97(38,50)	2.26,69 2.26,69(39,72)	486
21	Eirik Ramstad 32,30(32,30)	91	TS/Madla SK 1.48,53(38,72)	2.27,53 2.27,53(39,00)	478
22	Øyvind L. Styrmoe 32,03(32,03)	93	Delfana 1.47,66(38,44)	2.28,01 2.28,01(40,35)	473
23	Markus Jonassen 32,15(32,15)	92	Setermoen SK 1.49,91(40,07)	2.28,52 2.28,52(38,61)	468
24	Andreas Mathingsdal Pedersen 33,38(33,38)	92	Farsund SK 1.50,73(39,06)	2.28,65 2.28,65(37,92)	467
25	Henning Kaland 32,44(32,44)	92	Oslo IL 1.49,95(39,66)	2.29,16 2.29,16(39,21)	462
26	Martin Gundersen 32,15(32,15)	93	IL Varg 1.50,65(39,58)	2.30,36 2.30,36(39,71)	451
27	Martin P. Sletbakken 29,57(29,57)	92	Sortland SLK 1.45,18(40,68)	2.30,58 2.30,58(45,40)	449
28	Thomas Myhrer 31,65(31,65)	94	Sarpsborg IL 1.50,92(41,26)	2.31,87 2.31,87(40,95)	438
29	Jon Erik Sønning 32,64(32,64)	91	Oslo IL 1.50,79(40,03)	2.32,28 2.32,28(41,49)	435
30	Kjetil Berg 30,72(30,72)	91	Vennesla SK 1.47,78(40,83)	2.33,36 2.33,36(45,58)	425

Øvelse 35. 200m bryst, damer - Forsøk

Sponsor: Ankerskogen Svømmehall

Senior

1	Sara Nordenstam 36,52(36,52)	83	Lambertseter SK 1.59,21(41,44)	2.41,46 2.41,46(42,25)	713
2	Celinn Daviknes 36,62(36,62)	86	BS/Delfana 2.01,46(42,91)	2.45,40 2.45,40(43,94)	663
3	Mari Ask Rasmussen 36,61(36,61)	86	TS/Stavanger VPK 2.01,13(43,13)	2.47,13 2.47,13(46,00)	643

Junior

1	Trine Austrøne Olsen	90	Fauske SK	2.39,08	745
	36,78(36,78)	1.17,34(40,56)	1.58,37(41,03)	2.39,08(40,71)	
2	Stina Kajsa Colleou	93	Lambertseter SK	2.39,23	743
	36,22(36,22)	1.17,09(40,87)	1.58,25(41,16)	2.39,23(40,98)	
3	Ine Charlotte Hagen	89	Lørenskog/Rælingen	2.42,03	705
	36,73(36,73)	1.17,56(40,83)	1.59,41(41,85)	2.42,03(42,62)	
4	Karoline Brudvik Sanderud	89	Hamar IL	2.43,61	685
	37,79(37,79)	1.19,12(41,33)	2.01,13(42,01)	2.43,61(42,48)	
5	Mari Singstad	91	Vestbyen IL	2.45,47	662
	37,40(37,40)	1.19,40(42,00)	2.01,63(42,23)	2.45,47(43,84)	
6	Iselin Meisler	90	Tverlandet IL	2.46,49	650
	37,25(37,25)	1.20,26(43,01)	2.04,42(44,16)	2.46,49(42,07)	
7	Maria Farestvedt	90	BS/Åstveit	2.46,73	647
	37,69(37,69)	1.20,16(42,47)	2.03,56(43,40)	2.46,73(43,17)	
8	Karoline Bergene	89	Lambertseter SK	2.46,87	646
	38,16(38,16)	1.21,27(43,11)	2.04,20(42,93)	2.46,87(42,67)	
9	Karin Ekholt	89	Bærumsvømmerne	2.47,41	639
	36,81(36,81)	1.19,03(42,22)	2.03,21(44,18)	2.47,41(44,20)	
10	Bitte Fagermo	93	Narvik SK	2.48,49	627
	38,46(38,46)	1.21,39(42,93)	2.05,54(44,15)	2.48,49(42,95)	
11	Lene Lykke Erichsen	92	Bærumsvømmerne	2.49,54	616
	38,42(38,42)	1.22,04(43,62)	2.05,46(43,42)	2.49,54(44,08)	
12	Luna Elisabeth Sjøgaard	94	Lambertseter SK	2.50,66	604
	38,47(38,47)	1.21,83(43,36)	2.06,07(44,24)	2.50,66(44,59)	
13	Katrine Jensen	92	Åstveit SK	2.50,82	602
	39,44(39,44)	1.21,44(42,00)	2.06,31(44,87)	2.50,82(44,51)	
14	Ingalill Urrang Naustvik	95	Karmøy SK	2.50,95	600
	37,98(37,98)	1.20,23(42,25)	2.05,08(44,85)	2.50,95(45,87)	
15	Sophia Broberg Skeltved	92	Tromsø SK	2.51,18	598
	37,62(37,62)	1.21,03(43,41)	2.06,36(45,33)	2.51,18(44,82)	
16	Andrea Hestdal	94	Åstveit SK	2.51,70	593
	40,01(40,01)	1.22,03(42,02)	2.07,39(45,36)	2.51,70(44,31)	
17	Terese Langlo	89	Skjetten Svømming	2.52,50	584
	38,67(38,67)	1.22,04(43,37)	2.06,43(44,39)	2.52,50(46,07)	
18	Maren Teige	90	Bergens SLK	2.53,10	578
	39,00(39,00)	1.22,78(43,78)	2.07,52(44,74)	2.53,10(45,58)	
19	Benedicte Kausland	92	Vestkantsvømmerne	2.53,25	577
	38,53(38,53)	1.22,19(43,66)	2.07,34(45,15)	2.53,25(45,91)	
20	Stine Mjøhus Kristoffersen	93	TS/Frisinn	2.54,58	564
	37,87(37,87)	1.21,77(43,90)	2.07,56(45,79)	2.54,58(47,02)	
20	Elin Roscher	90	IL Varg	2.54,58	564
	38,86(38,86)	1.22,72(43,86)	2.07,83(45,11)	2.54,58(46,75)	
22	Stine Tveit	93	Trondheim SLK	2.55,25	557
	38,98(38,98)	1.23,08(44,10)	2.08,63(45,55)	2.55,25(46,62)	
23	Hilde Kringlen	91	Kristiansand SA	2.56,52	545
	40,50(40,50)	1.24,37(43,87)	2.09,91(45,54)	2.56,52(46,61)	
24	Siren Bergslid	93	Stavanger SC	2.56,79	543
	40,14(40,14)	1.24,70(44,56)	2.11,17(46,47)	2.56,79(45,62)	
25	Hege Omdal	89	Kristiansand SA	2.57,72	534
	39,06(39,06)	1.23,56(44,50)	2.09,85(46,29)	2.57,72(47,87)	
26	Marte Elise Brinchmann	91	Moss SK	3.02,11	497
	38,63(38,63)	1.25,68(47,05)	2.13,19(47,51)	3.02,11(48,92)	

Øvelse 36. 100m rygg, herrer - Forsøk**Sponsor: Julesvøm, Elverum 13. des 2008****Senior**

1	Kim Torry Simmenes 29,63(29,63)	82	Vestkantsvømmerne	(0,80)	1.00,69	713
		1.00,69(31,06)				
2	Lars Andre Tolås 29,27(29,27)	88	Bærumsvømmerne	(0,71)	1.01,21	695
		1.01,21(31,94)				
3	Steen Frenk Johansen 30,46(30,46)	86	Hamar IL	(0,78)	1.02,93	639
		1.02,93(32,47)				
4	Mats Andre Fredriksen 30,78(30,78)	85	Lambertseter SK	(0,80)	1.04,42	596
		1.04,42(33,64)				
5	Raymond Dybvik 32,13(32,13)	88	Kolbotn IL	(0,68)	1.08,19	502
		1.08,19(36,06)				
6	Alexander Møkkelbost 32,62(32,62)	87	BS/Delfana	(0,68)	1.09,01	485
		1.09,01(36,39)				

Junior

1	Sverre Næss 30,05(30,05)	92	Sarpsborg IL	(0,69)	1.00,79	709
		1.00,79(30,74)				
2	Mikael Bergene 30,37(30,37)	91	Lambertseter SK	(0,62)	1.01,53	684
		1.01,53(31,16)				
3	Lavrans Veierø Solli 30,30(30,30)	92	Bergens SC	(0,68)	1.01,74	677
		1.01,74(31,44)				
4	John Hage Gaarder 30,88(30,88)	89	Lørenskog/Rælingen	(0,62)	1.02,15	663
		1.02,15(31,27)				
5	Vegard Løvberg 30,28(30,28)	91	Bærumsvømmerne	(0,67)	1.02,64	648
		1.02,64(32,36)				
6	Emil Brennløkken 30,31(30,31)	89	Vestbyen IL	(1,00)	1.03,07	635
		1.03,07(32,76)				
7	Tor Hafnør 30,96(30,96)	91	Bærumsvømmerne	(0,72)	1.03,63	618
		1.03,63(32,67)				
8	Julian Åsheim Mikkelsen 30,16(30,16)	93	Ås IL	(0,55)	1.03,70	616
		1.03,70(33,54)				
9	Joar Skien Grannes 30,60(30,60)	90	Sandnes SLK	(0,74)	1.04,04	606
		1.04,04(33,44)				
10	Even Vike Holm 31,04(31,04)	90	BS/Arna	(0,72)	1.04,37	597
		1.04,37(33,33)				
11	Alexander B. Havre 30,22(30,22)	90	Mandal SK	(0,62)	1.04,81	585
		1.04,81(34,59)				
12	Eirik Runningen 32,20(32,20)	90	BS/Delfana	(0,52)	1.07,47	518
		1.07,47(35,27)				
13	Øyvind L. Styrmo 32,88(32,88)	93	Delfana	(0,67)	1.08,31	500
		1.08,31(35,43)				

Funksjonshemmede

1	Jørgen Tadvin 48,91(48,91)	83	Kolbotn IL		1.41,12	154	S6	136,67 %
		1.41,12(52,21)						

Øvelse 37. 50m butterfly, damer - Forsøk
Sponsor: Mjøs-Svøm 2009

Senior

1	Ingvild Snildal	88	Asker SK	27,40	846
2	Katharina Stiberg	88	Bjerkvik SK	28,09	785
3	Henriette Brekke	88	Vestkant svømmerne	28,39	761
4	Sara Nordenstam	83	Lambertseter SK	29,35	688
5	Siri Løvold Magnussen	86	Hamar IL	29,60	671
6	Karen Stødle	87	Team Stavanger	29,64	668
7	Anne-Mari Gulbrandsen	84	Bærums svømmerne	29,87	653
8	Henriette Martinsen	85	Trondheim SLK	30,24	629
9	Karolina Orleanski	86	Bærums svømmerne	30,30	626
10	Christine Ørland	88	TS/Madla SK	30,37	621
11	Elise Strømsvik	87	Vestbyen IL	30,53	611

Junior

1	Victoria S. Løken	91	Team Stavanger	28,27	770
2	Karoline Brudvik Sanderud	89	Hamar IL	28,98	715
3	Monica W. Johannessen	90	Karmøy SK	29,19	700
4	Julie Borgen	91	Sarpsborg IL	29,84	655
5	Sara Pettersen	91	Fauske SK	29,91	650
6	Kristine Mella	90	Bærums svømmerne	29,98	646
7	Maren Kristine Jansen	90	TS/Randaberg	30,08	639
8	Oona Ovesen	92	Elverum Svømming	30,17	634
9	Guro Knutsen	91	Øvre Eiker SK	30,29	626
10	Hanne Søfteland	92	Delfana	30,35	622
11	Elisabeth Kristiansen	92	Haugesund SK	30,64	605
12	Line Løvberg	91	Lambertseter SK/NTG	30,73	600
13	Iselin Mjøllner Dahlen	92	Skjetten Svømming	30,78	597
14	Maria Gullvåg Aasen	92	Kristiansand SA	30,94	587
15	Lotte Thommesen	94	Poseidon	30,98	585
16	Eirin Arnesen	93	Bergens SC	31,11	578
17	Elisabeth H. Svensson	91	Ski SK	31,13	577
17	Helene Eikeskog Burger	92	Kolbotn IL	31,13	577
19	Emilie N. Løvberg	95	Bærums svømmerne	31,20	573
20	Katinka Kvant	89	Arna SLK	31,26	570
21	Ingrid Hystad	92	Stord IL	31,45	559
22	Siv Fiske	92	Tromsø SK	31,72	545
23	Celine Kløvstad Farsund	91	IL Varg	31,83	540
24	Stine Vindenes	93	Vestkant svømmerne	32,22	520

Øvelse 38. 800m fri, herrer - Direkte finale – Foreløpig før siste heat

Junior

1	Jørn Nygård	92	Stavanger SC	8.52,24	679
	28,91(28,91)	1.00,72(31,81)	1.33,86(33,14)	2.07,08(33,22)	
	2.40,43(33,35)	3.14,47(34,04)	3.48,37(33,90)	4.22,27(33,90)	
	4.55,98(33,71)	5.29,85(33,87)	6.04,01(34,16)	6.37,97(33,96)	
	7.12,37(34,40)	7.46,40(34,03)	8.20,05(33,65)	8.52,24(32,19)	
2	Eivind Johannesen	92	Åstveit SK	8.59,36	653
	29,92(29,92)	1.02,93(33,01)	1.35,82(32,89)	2.09,77(33,95)	
	2.43,16(33,39)	3.17,67(34,51)	3.51,59(33,92)	4.26,06(34,47)	
	5.00,15(34,09)	5.34,84(34,69)	6.08,89(34,05)	6.43,73(34,84)	
	7.17,66(33,93)	7.52,28(34,62)	8.26,21(33,93)	8.59,36(33,15)	
3	Sebastian Wigstrøm	91	Bærumsvømmerne	9.02,48	641
	30,26(30,26)	1.04,03(33,77)	1.37,81(33,78)	2.12,65(34,84)	
	2.47,22(34,57)	3.21,95(34,73)	3.55,93(33,98)	4.30,19(34,26)	
	5.04,09(33,90)	5.38,04(33,95)	6.11,84(33,80)	6.46,09(34,25)	
	7.20,25(34,16)	7.54,95(34,70)	8.28,91(33,96)	9.02,48(33,57)	
4	Martin Berger Oterholm	93	Kolbotn IL	9.04,71	634
	31,00(31,00)	1.04,53(33,53)	1.38,51(33,98)	2.12,18(33,67)	
	2.46,39(34,21)	3.20,59(34,20)	3.54,83(34,24)	4.29,47(34,64)	
	5.04,23(34,76)	5.39,19(34,96)	6.13,08(33,89)	6.47,58(34,50)	
	7.22,03(34,45)	7.57,01(34,98)	8.30,92(33,91)	9.04,71(33,79)	
5	Øyvind Gevelt	91	Øvre Eiker SK	9.06,00	629
	31,02(31,02)	1.04,52(33,50)	1.38,41(33,89)	2.12,66(34,25)	
	2.46,98(34,32)	3.21,22(34,24)	3.55,64(34,42)	4.30,14(34,50)	
	5.04,48(34,34)	5.38,85(34,37)	6.13,68(34,83)	6.48,85(35,17)	
	7.23,93(35,08)	7.59,07(35,14)	8.34,21(35,14)	9.06,00(31,79)	
6	Odin Spangen Normann	92	IL Varg	9.06,75	627
	30,86(30,86)	1.05,20(34,34)	1.39,83(34,63)	2.14,39(34,56)	
	2.49,48(35,09)	3.24,03(34,55)	3.58,82(34,79)	4.33,62(34,80)	
	5.08,47(34,85)	5.43,11(34,64)	6.17,58(34,47)	6.52,24(34,66)	
	7.26,60(34,36)	8.00,79(34,19)	8.34,22(33,43)	9.06,75(32,53)	
7	Stian Werner Erichsen	90	Bærumsvømmerne	9.08,05	622
	30,18(30,18)	1.03,63(33,45)	1.36,56(32,93)	2.10,88(34,32)	
	2.44,92(34,04)	3.19,59(34,67)	3.54,19(34,60)	4.29,13(34,94)	
	5.03,26(34,13)	5.38,18(34,92)	6.12,82(34,64)	6.48,28(35,46)	
	7.23,34(35,06)	7.58,64(35,30)	8.33,44(34,80)	9.08,05(34,61)	
8	Espen Halhjem	92	Delfana	9.08,25	621
	30,88(30,88)	1.03,83(32,95)	1.38,73(34,90)	2.12,57(33,84)	
	2.47,89(35,32)	3.22,06(34,17)	3.57,10(35,04)	4.31,24(34,14)	
	5.06,21(34,97)	5.40,65(34,44)	6.16,39(35,74)	6.51,48(35,09)	
	7.26,45(34,97)	8.00,42(33,97)	8.35,74(35,32)	9.08,25(32,51)	
9	Henning S. Pryde	92	Stavanger SC	9.08,51	621
	31,04(31,04)	1.04,31(33,27)	1.38,92(34,61)	2.13,75(34,83)	
	2.48,49(34,74)	3.23,61(35,12)	3.58,53(34,92)	4.33,38(34,85)	
	5.07,94(34,56)	5.42,76(34,82)	6.17,66(34,90)	6.53,29(35,63)	
	7.27,47(34,18)	8.02,04(34,57)	8.36,18(34,14)	9.08,51(32,33)	
10	Oscar Slaatmo	94	Hamar IL	9.11,46	611
	30,99(30,99)	1.05,30(34,31)	1.40,10(34,80)	2.14,87(34,77)	
	2.49,54(34,67)	3.24,36(34,82)	3.59,71(35,35)	4.34,88(35,17)	
	5.09,52(34,64)	5.44,63(35,11)	6.19,56(34,93)	6.54,72(35,16)	
	7.29,62(34,90)	8.04,78(35,16)	8.38,61(33,83)	9.11,46(32,85)	
11	Christer M. Hagen	91	Fauske SK	9.15,82	596
	31,11(31,11)	1.04,67(33,56)	1.38,35(33,68)	2.13,16(34,81)	
	2.47,57(34,41)	3.22,73(35,16)	3.57,39(34,66)	4.32,65(35,26)	
	5.07,27(34,62)	5.43,01(35,74)	6.18,23(35,22)	6.54,30(36,07)	
	7.29,85(35,55)	8.05,54(35,69)	8.40,96(35,42)	9.15,82(34,86)	
12	Hans Andre Pedersen	92	Sandefjord SK	9.25,53	566
	31,19(31,19)	1.05,59(34,40)	1.40,52(34,93)	2.16,05(35,53)	
	2.51,49(35,44)	3.27,24(35,75)	4.03,32(36,08)	4.39,20(35,88)	
	5.14,42(35,22)	5.50,76(36,34)	6.26,60(35,84)	7.02,40(35,80)	
	7.38,44(36,04)	8.14,46(36,02)	8.50,54(36,08)	9.25,53(34,99)	

Senior

1	Magnus Bru	87	Asker SK	8.49,42	690
	30,41(30,41)	1.02,54(32,13)	1.35,37(32,83)	2.08,76(33,39)	
	2.41,81(33,05)	3.15,25(33,44)	3.48,58(33,33)	4.22,20(33,62)	
	4.55,42(33,22)	5.29,19(33,77)	6.02,66(33,47)	6.36,53(33,87)	
	7.10,04(33,51)	7.44,01(33,97)	8.17,10(33,09)	8.49,42(32,32)	
2	Jørn Nygård	92	Stavanger SC	8.52,24	679
	28,91(28,91)	1.00,72(31,81)	1.33,86(33,14)	2.07,08(33,22)	
	2.40,43(33,35)	3.14,47(34,04)	3.48,37(33,90)	4.22,27(33,90)	
	4.55,98(33,71)	5.29,85(33,87)	6.04,01(34,16)	6.37,97(33,96)	
	7.12,37(34,40)	7.46,40(34,03)	8.20,05(33,65)	8.52,24(32,19)	
3	Eivind Johannesen	92	Åstveit SK	8.59,36	653
	29,92(29,92)	1.02,93(33,01)	1.35,82(32,89)	2.09,77(33,95)	
	2.43,16(33,39)	3.17,67(34,51)	3.51,59(33,92)	4.26,06(34,47)	
	5.00,15(34,09)	5.34,84(34,69)	6.08,89(34,05)	6.43,73(34,84)	
	7.17,66(33,93)	7.52,28(34,62)	8.26,21(33,93)	8.59,36(33,15)	
4	Sebastian Wigstrøm	91	Bærumsvømmerne	9.02,48	641
	30,26(30,26)	1.04,03(33,77)	1.37,81(33,78)	2.12,65(34,84)	
	2.47,22(34,57)	3.21,95(34,73)	3.55,93(33,98)	4.30,19(34,26)	
	5.04,09(33,90)	5.38,04(33,95)	6.11,84(33,80)	6.46,09(34,25)	
	7.20,25(34,16)	7.54,95(34,70)	8.28,91(33,96)	9.02,48(33,57)	
5	Martin Berger Oterholm	93	Kolbotn IL	9.04,71	634
	31,00(31,00)	1.04,53(33,53)	1.38,51(33,98)	2.12,18(33,67)	
	2.46,39(34,21)	3.20,59(34,20)	3.54,83(34,24)	4.29,47(34,64)	
	5.04,23(34,76)	5.39,19(34,96)	6.13,08(33,89)	6.47,58(34,50)	
	7.22,03(34,45)	7.57,01(34,98)	8.30,92(33,91)	9.04,71(33,79)	
6	Øyvind Gevelt	91	Øvre Eiker SK	9.06,00	629
	31,02(31,02)	1.04,52(33,50)	1.38,41(33,89)	2.12,66(34,25)	
	2.46,98(34,32)	3.21,22(34,24)	3.55,64(34,42)	4.30,14(34,50)	
	5.04,48(34,34)	5.38,85(34,37)	6.13,68(34,83)	6.48,85(35,17)	
	7.23,93(35,08)	7.59,07(35,14)	8.34,21(35,14)	9.06,00(31,79)	
7	Odin Spangen Normann	92	IL Varg	9.06,75	627
	30,86(30,86)	1.05,20(34,34)	1.39,83(34,63)	2.14,39(34,56)	
	2.49,48(35,09)	3.24,03(34,55)	3.58,82(34,79)	4.33,62(34,80)	
	5.08,47(34,85)	5.43,11(34,64)	6.17,58(34,47)	6.52,24(34,66)	
	7.26,60(34,36)	8.00,79(34,19)	8.34,22(33,43)	9.06,75(32,53)	
8	Stian Werner Erichsen	90	Bærumsvømmerne	9.08,05	622
	30,18(30,18)	1.03,63(33,45)	1.36,56(32,93)	2.10,88(34,32)	
	2.44,92(34,04)	3.19,59(34,67)	3.54,19(34,60)	4.29,13(34,94)	
	5.03,26(34,13)	5.38,18(34,92)	6.12,82(34,64)	6.48,28(35,46)	
	7.23,34(35,06)	7.58,64(35,30)	8.33,44(34,80)	9.08,05(34,61)	
9	Espen Halhjem	92	Delfana	9.08,25	621
	30,88(30,88)	1.03,83(32,95)	1.38,73(34,90)	2.12,57(33,84)	
	2.47,89(35,32)	3.22,06(34,17)	3.57,10(35,04)	4.31,24(34,14)	
	5.06,21(34,97)	5.40,65(34,44)	6.16,39(35,74)	6.51,48(35,09)	
	7.26,45(34,97)	8.00,42(33,97)	8.35,74(35,32)	9.08,25(32,51)	
10	Henning S. Pryde	92	Stavanger SC	9.08,51	621
	31,04(31,04)	1.04,31(33,27)	1.38,92(34,61)	2.13,75(34,83)	
	2.48,49(34,74)	3.23,61(35,12)	3.58,53(34,92)	4.33,38(34,85)	
	5.07,94(34,56)	5.42,76(34,82)	6.17,66(34,90)	6.53,29(35,63)	
	7.27,47(34,18)	8.02,04(34,57)	8.36,18(34,14)	9.08,51(32,33)	
11	Oscar Slaatmo	94	Hamar IL	9.11,46	611
	30,99(30,99)	1.05,30(34,31)	1.40,10(34,80)	2.14,87(34,77)	
	2.49,54(34,67)	3.24,36(34,82)	3.59,71(35,35)	4.34,88(35,17)	
	5.09,52(34,64)	5.44,63(35,11)	6.19,56(34,93)	6.54,72(35,16)	
	7.29,62(34,90)	8.04,78(35,16)	8.38,61(33,83)	9.11,46(32,85)	
12	Christer M. Hagen	91	Fauske SK	9.15,82	596
	31,11(31,11)	1.04,67(33,56)	1.38,35(33,68)	2.13,16(34,81)	
	2.47,57(34,41)	3.22,73(35,16)	3.57,39(34,66)	4.32,65(35,26)	
	5.07,27(34,62)	5.43,01(35,74)	6.18,23(35,22)	6.54,30(36,07)	
	7.29,85(35,55)	8.05,54(35,69)	8.40,96(35,42)	9.15,82(34,86)	
13	Stian With Bjørnstad	87	Ski SK	9.21,35	579
	31,24(31,24)	1.05,60(34,36)	1.40,58(34,98)	2.15,47(34,89)	
	2.49,79(34,32)	3.25,32(35,53)	3.59,32(34,00)	4.34,32(35,00)	
	5.08,59(34,27)	5.43,53(34,94)	6.18,70(35,17)	6.54,72(36,02)	
	7.30,85(36,13)	8.08,23(37,38)	8.45,30(37,07)	9.21,35(36,05)	
14	Hans Andre Pedersen	92	Sandefjord SK	9.25,53	566
	31,19(31,19)	1.05,59(34,40)	1.40,52(34,93)	2.16,05(35,53)	
	2.51,49(35,44)	3.27,24(35,75)	4.03,32(36,08)	4.39,20(35,88)	
	5.14,42(35,22)	5.50,76(36,34)	6.26,60(35,84)	7.02,40(35,80)	
	7.38,44(36,04)	8.14,46(36,02)	8.50,54(36,08)	9.25,53(34,99)	

Øvelse 39. 1500m fri, damer - Direkte finale

Junior

1	Karoline Pedersen	94	Bergens SLK	18.07,85	687
	33,19(33,19)	1.08,84(35,65)	1.45,63(36,79)	2.22,14(36,51)	
	2.59,07(36,93)	3.35,90(36,83)	4.12,53(36,63)	4.48,63(36,10)	
	5.25,38(36,75)	6.01,86(36,48)	6.38,30(36,44)	7.14,63(36,33)	
	7.51,07(36,44)	8.26,99(35,92)	9.03,54(36,55)	9.39,69(36,15)	
	10.16,21(36,52)	10.52,45(36,24)	11.29,11(36,66)	12.05,41(36,30)	
	12.41,82(36,41)	13.18,57(36,75)	13.55,16(36,59)	14.31,97(36,81)	
	15.08,68(36,71)	15.45,20(36,52)	16.21,66(36,46)	16.57,95(36,29)	
	17.33,63(35,68)	18.07,85(34,22)			
2	Lise Sand Syversen	95	Delfana	18.34,75	639
	32,72(32,72)	1.09,08(36,36)	1.45,67(36,59)	2.22,64(36,97)	
	2.59,13(36,49)	3.36,25(37,12)	4.12,84(36,59)	4.49,26(36,42)	
	5.26,19(36,93)	6.02,88(36,69)	6.40,53(37,65)	7.17,31(36,78)	
	7.54,27(36,96)	8.31,90(37,63)	9.09,42(37,52)	9.46,77(37,35)	
	10.24,25(37,48)	11.02,90(38,65)	11.41,00(38,10)	12.18,32(37,32)	
	12.56,30(37,98)	13.33,64(37,34)	14.11,74(38,10)	14.49,28(37,54)	
	15.27,11(37,83)	16.05,23(38,12)	16.43,35(38,12)	17.20,78(37,43)	
	17.58,68(37,90)	18.34,75(36,07)			
3	Stine K. Jansen	90	Moss SK	18.43,76	624
	33,97(33,97)	1.09,80(35,83)	1.47,15(37,35)	2.24,25(37,10)	
	3.01,98(37,73)	3.39,41(37,43)	4.17,18(37,77)	4.54,83(37,65)	
	5.32,87(38,04)	6.10,19(37,32)	6.48,00(37,81)	7.25,56(37,56)	
	8.03,43(37,87)	8.41,26(37,83)	9.19,51(38,25)	9.57,15(37,64)	
	10.35,29(38,14)	11.13,34(38,05)	11.51,61(38,27)	12.29,09(37,48)	
	13.07,32(38,23)	13.44,97(37,65)	14.22,99(38,02)	15.00,44(37,45)	
	15.38,50(38,06)	16.16,20(37,70)	16.54,63(38,43)	17.32,08(37,45)	
	18.08,75(36,67)	18.43,76(35,01)			
4	Marthe Berg Sørensen	92	TS/Frisinn	18.49,66	614
	32,87(32,87)	1.10,26(37,39)	1.47,16(36,90)	2.24,83(37,67)	
	3.01,89(37,06)	3.39,81(37,92)	4.16,66(36,85)		
	5.31,30(1.14,64)		6.46,45(1.15,15)	7.24,83(38,38)	
	8.02,35(37,52)	8.40,97(38,62)	9.18,02(37,05)	9.56,85(38,83)	
	10.33,99(37,14)		11.50,60(1.16,61)		
	13.07,45(1.16,85)		14.25,26(1.17,81)	15.04,23(38,97)	
	15.42,27(38,04)		16.59,12(1.16,85)	17.37,78(38,66)	
	18.13,70(35,92)	18.49,66(35,96)			
5	Inger-Cathrine Wiium	92	Øvre Eiker SK	18.57,31	602
	33,41(33,41)	1.09,61(36,20)	1.46,81(37,20)	2.24,46(37,65)	
	3.02,62(38,16)	3.41,19(38,57)	4.19,56(38,37)	4.58,06(38,50)	
	5.36,41(38,35)	6.14,54(38,13)	6.52,84(38,30)	7.31,61(38,77)	
	8.10,31(38,70)	8.49,23(38,92)	9.27,82(38,59)	10.06,33(38,51)	
	10.44,70(38,37)	11.23,06(38,36)	12.01,38(38,32)	12.39,46(38,08)	
	13.17,32(37,86)	13.55,06(37,74)	14.32,75(37,69)	15.10,50(37,75)	
	15.48,59(38,09)	16.26,29(37,70)	17.04,11(37,82)	17.42,33(38,22)	
	18.20,11(37,78)	18.57,31(37,20)			
6	Emilie N. Løvberg	95	Bærumsvømmerne	18.57,90	601
	34,66(34,66)	1.13,57(38,91)	1.52,29(38,72)	2.31,32(39,03)	
	3.10,35(39,03)	3.49,46(39,11)	4.27,97(38,51)	5.06,66(38,69)	
	5.45,41(38,75)	6.24,12(38,71)	7.02,47(38,35)	7.40,75(38,28)	
	8.18,76(38,01)	8.57,02(38,26)	9.35,01(37,99)	10.13,06(38,05)	
	10.50,88(37,82)	11.28,96(38,08)	12.06,78(37,82)	12.44,72(37,94)	
	13.22,18(37,46)	14.00,08(37,90)	14.37,51(37,43)	15.15,39(37,88)	
	15.52,75(37,36)	16.30,28(37,53)	17.07,52(37,24)	17.45,04(37,52)	
	18.21,83(36,79)	18.57,90(36,07)			
7	Andrea Westbye	95	Bærumsvømmerne	19.03,76	591
	34,19(34,19)	1.12,29(38,10)	1.50,52(38,23)	2.29,16(38,64)	
	3.07,39(38,23)	3.46,27(38,88)	4.24,71(38,44)	5.03,53(38,82)	
	5.41,83(38,30)	6.20,13(38,30)	6.58,50(38,37)	7.37,42(38,92)	
	8.15,82(38,40)	8.54,15(38,33)	9.32,01(37,86)	10.10,47(38,46)	
	10.48,68(38,21)	11.27,07(38,39)	12.04,33(37,26)	12.42,99(38,66)	
	13.20,34(37,35)	13.58,34(38,00)	14.36,07(37,73)	15.14,50(38,43)	
	15.52,38(37,88)	16.30,98(38,60)	17.08,77(37,79)	17.47,41(38,64)	
	18.25,29(37,88)	19.03,76(38,47)			

8	Veronica Orheim Bjørlykke	94	Aalesund SLK	19.04,91	590
	33.23(33,23)	1.10,01(36,78)	1.47,40(37,39)	2.25,45(38,05)	
	3.03,54(38,09)	3.41,63(38,09)	4.19,34(37,71)	4.58,00(38,66)	
	5.35,61(37,61)	6.13,94(38,33)	6.51,68(37,74)	7.30,06(38,38)	
	8.08,11(38,05)	8.46,46(38,35)	9.24,64(38,18)	10.03,41(38,77)	
	10.41,73(38,32)	11.20,44(38,71)	11.59,38(38,94)	12.38,35(38,97)	
	13.16,77(38,42)	13.55,84(39,07)	14.34,59(38,75)	15.14,01(39,42)	
	15.53,08(39,07)	16.31,66(38,58)	17.10,78(39,12)	17.49,93(39,15)	
	18.28,41(38,48)	19.04,91(36,50)			
9	Christine Svaland	92	Vågsbygd SLK	19.11,66	579
	34,65(34,65)	1.13,64(38,99)	1.52,05(38,41)	2.31,06(39,01)	
	3.09,57(38,51)	3.48,87(39,30)	4.28,15(39,28)	5.06,60(38,45)	
	5.45,61(39,01)	6.24,67(39,06)	7.02,85(38,18)	7.41,86(39,01)	
	8.20,44(38,58)	8.58,90(38,46)	9.37,27(38,37)	10.15,95(38,68)	
	10.54,56(38,61)	11.33,20(38,64)	12.11,96(38,76)	12.50,51(38,55)	
	13.29,38(38,87)	14.08,13(38,75)	14.46,57(38,44)	15.24,89(38,32)	
	16.03,02(38,13)	16.41,53(38,51)	17.19,73(38,20)	17.58,09(38,36)	
	18.35,65(37,56)	19.11,66(36,01)			
10	Christiana Bjørkli	93	Trondheim SLK	19.21,06	565
	34,62(34,62)	1.11,53(36,91)	1.48,98(37,45)	2.27,27(38,29)	
	3.05,05(37,78)	3.43,60(38,55)	4.21,85(38,25)	5.00,54(38,69)	
	5.39,28(38,74)		6.56,72(1.17,44)	7.36,22(39,50)	
	8.14,82(38,60)	8.53,65(38,83)	9.32,24(38,59)	10.11,88(39,64)	
	10.50,52(38,64)	11.30,37(39,85)	12.08,84(38,47)	12.48,29(39,45)	
	13.27,67(39,38)	14.07,40(39,73)	14.46,44(39,04)	15.26,24(39,80)	
	16.05,78(39,54)	16.45,35(39,57)	17.24,69(39,34)	18.03,98(39,29)	
	18.42,89(38,91)	19.21,06(38,17)			
11	Julie Rønningsen	94	Lambertseter SK	19.26,36	558
	33,23(33,23)	1.11,05(37,82)	1.49,02(37,97)	2.27,39(38,37)	
	3.06,17(38,78)	3.44,75(38,58)	4.23,20(38,45)	5.01,72(38,52)	
	5.40,05(38,33)	6.19,36(39,31)	6.58,38(39,02)	7.37,84(39,46)	
	8.16,77(38,93)	8.56,62(39,85)	9.36,10(39,48)	10.15,44(39,34)	
	10.54,69(39,25)	11.34,29(39,60)	12.13,71(39,42)	12.53,53(39,82)	
	13.32,84(39,31)	14.13,09(40,25)	14.52,48(39,39)	15.31,83(39,35)	
	16.10,87(39,04)	16.50,56(39,69)	17.29,59(39,03)	18.09,48(39,89)	
	18.48,32(38,84)	19.26,36(38,04)			
12	Malin Tømmervik	94	Trondheim SLK	19.33,46	548
	35,70(35,70)	1.13,92(38,22)	1.53,01(39,09)	2.32,16(39,15)	
	3.11,76(39,60)	3.51,27(39,51)	4.30,48(39,21)	5.09,91(39,43)	
	5.49,09(39,18)	6.27,59(38,50)	7.07,54(39,95)	7.46,18(38,64)	
	8.25,72(39,54)	9.04,99(39,27)	9.44,19(39,20)	10.24,07(39,88)	
	11.03,64(39,57)	11.42,90(39,26)	12.22,61(39,71)	13.01,67(39,06)	
	13.40,95(39,28)	14.20,34(39,39)	14.59,69(39,35)	15.39,02(39,33)	
	16.18,98(39,96)	16.58,71(39,73)	17.37,65(38,94)	18.16,29(38,64)	
	18.55,91(39,62)	19.33,46(37,55)			
13	Siv Flatås Hoddø	91	Namsos SK	19.37,18	542
	33,39(33,39)	1.10,37(36,98)	1.47,91(37,54)	2.26,51(38,60)	
	3.05,12(38,61)		4.23,38(1.18,26)	5.02,70(39,32)	
	5.41,86(39,16)	6.21,21(39,35)	7.00,38(39,17)	7.39,96(39,58)	
	8.19,67(39,71)	8.59,81(40,14)	9.39,17(39,36)		
	10.58,49(1.19,32)	11.38,22(39,73)	12.17,85(39,63)	12.57,66(39,81)	
	13.37,28(39,62)	14.17,41(40,13)	14.57,64(40,23)	15.37,93(40,29)	
	16.18,16(40,23)	16.58,42(40,26)	17.38,07(39,65)	18.19,02(40,95)	
	18.58,25(39,23)	19.37,18(38,93)			
14	Julie Hegvik	93	Trondheim SLK	19.56,66	516
	34,81(34,81)	1.13,44(38,63)	1.52,21(38,77)	2.31,58(39,37)	
	3.10,86(39,28)	3.50,60(39,74)	4.30,22(39,62)	5.09,89(39,67)	
	5.49,69(39,80)	6.29,97(40,28)	7.09,41(39,44)	7.50,00(40,59)	
	8.30,28(40,28)	9.10,75(40,47)	9.50,51(39,76)	10.30,94(40,43)	
	11.11,52(40,58)	11.52,12(40,60)	12.31,98(39,86)	13.12,59(40,61)	
	13.52,38(39,79)	14.33,36(40,98)	15.13,95(40,59)	15.54,64(40,69)	
	16.34,59(39,95)	17.15,47(40,88)	17.56,09(40,62)	18.37,13(41,04)	
	19.16,86(39,73)	19.56,66(39,80)			
15	Line Cecilie Stenseth	90	Øvre Eiker SK	20.01,12	511
	34,82(34,82)	1.12,67(37,85)	1.51,38(38,71)	2.30,44(39,06)	
	3.10,18(39,74)	3.49,91(39,73)	4.29,66(39,75)	5.09,99(40,33)	
	5.50,31(40,32)	6.30,69(40,38)	7.11,21(40,52)	7.51,95(40,74)	
	8.32,89(40,94)	9.13,83(40,94)	9.54,48(40,65)	10.35,10(40,62)	
	11.15,22(40,12)	11.55,41(40,19)	12.35,65(40,24)	13.15,44(39,79)	
	13.55,46(40,02)	14.35,30(39,84)	15.15,35(40,05)	15.56,05(40,70)	
	16.37,18(41,13)	17.18,66(41,48)	17.59,90(41,24)	18.40,65(40,75)	
	19.21,49(40,84)	20.01,12(39,63)			

Senior

1	Karoline Pedersen	94	Bergens SLK	18.07,85	687
	33,19(33,19)	1.08,84(35,65)	1.45,63(36,79)	2.22,14(36,51)	
	2.59,07(36,93)	3.35,90(36,83)	4.12,53(36,63)	4.48,63(36,10)	
	5.25,38(36,75)	6.01,86(36,48)	6.38,30(36,44)	7.14,63(36,33)	
	7.51,07(36,44)	8.26,99(35,92)	9.03,54(36,55)	9.39,69(36,15)	
	10.16,21(36,52)	10.52,45(36,24)	11.29,11(36,66)	12.05,41(36,30)	
	12.41,82(36,41)	13.18,57(36,75)	13.55,16(36,59)	14.31,97(36,81)	
	15.08,68(36,71)	15.45,20(36,52)	16.21,66(36,46)	16.57,95(36,29)	
	17.33,63(35,68)	18.07,85(34,22)			
2	Lise Sand Syversen	95	Delfana	18.34,75	639
	32,72(32,72)	1.09,08(36,36)	1.45,67(36,59)	2.22,64(36,97)	
	2.59,13(36,49)	3.36,25(37,12)	4.12,84(36,59)	4.49,26(36,42)	
	5.26,19(36,93)	6.02,88(36,69)	6.40,53(37,65)	7.17,31(36,78)	
	7.54,27(36,96)	8.31,90(37,63)	9.09,42(37,52)	9.46,77(37,35)	
	10.24,25(37,48)	11.02,90(38,65)	11.41,00(38,10)	12.18,32(37,32)	
	12.56,30(37,98)	13.33,64(37,34)	14.11,74(38,10)	14.49,28(37,54)	
	15.27,11(37,83)	16.05,23(38,12)	16.43,35(38,12)	17.20,78(37,43)	
	17.58,68(37,90)	18.34,75(36,07)			
3	Stine K. Jansen	90	Moss SK	18.43,76	624
	33,97(33,97)	1.09,80(35,83)	1.47,15(37,35)	2.24,25(37,10)	
	3.01,98(37,73)	3.39,41(37,43)	4.17,18(37,77)	4.54,83(37,65)	
	5.32,87(38,04)	6.10,19(37,32)	6.48,00(37,81)	7.25,56(37,56)	
	8.03,43(37,87)	8.41,26(37,83)	9.19,51(38,25)	9.57,15(37,64)	
	10.35,29(38,14)	11.13,34(38,05)	11.51,61(38,27)	12.29,09(37,48)	
	13.07,32(38,23)	13.44,97(37,65)	14.22,99(38,02)	15.00,44(37,45)	
	15.38,50(38,06)	16.16,20(37,70)	16.54,63(38,43)	17.32,08(37,45)	
	18.08,75(36,67)	18.43,76(35,01)			
4	Marthe Berg Sørensen	92	TS/Frisinn	18.49,66	614
	32,87(32,87)	1.10,26(37,39)	1.47,16(36,90)	2.24,83(37,67)	
	3.01,89(37,06)	3.39,81(37,92)	4.16,66(36,85)		
	5.31,30(1.14,64)		6.46,45(1.15,15)	7.24,83(38,38)	
	8.02,35(37,52)	8.40,97(38,62)	9.18,02(37,05)	9.56,85(38,83)	
	10.33,99(37,14)		11.50,60(1.16,61)		
	13.07,45(1.16,85)		14.25,26(1.17,81)	15.04,23(38,97)	
	15.42,27(38,04)		16.59,12(1.16,85)	17.37,78(38,66)	
	18.13,70(35,92)	18.49,66(35,96)			
5	Inger-Cathrine Wium	92	Øvre Eiker SK	18.57,31	602
	33,41(33,41)	1.09,61(36,20)	1.46,81(37,20)	2.24,46(37,65)	
	3.02,62(38,16)	3.41,19(38,57)	4.19,56(38,37)	4.58,06(38,50)	
	5.36,41(38,35)	6.14,54(38,13)	6.52,84(38,30)	7.31,61(38,77)	
	8.10,31(38,70)	8.49,23(38,92)	9.27,82(38,59)	10.06,33(38,51)	
	10.44,70(38,37)	11.23,06(38,36)	12.01,38(38,32)	12.39,46(38,08)	
	13.17,32(37,86)	13.55,06(37,74)	14.32,75(37,69)	15.10,50(37,75)	
	15.48,59(38,09)	16.26,29(37,70)	17.04,11(37,82)	17.42,33(38,22)	
	18.20,11(37,78)	18.57,31(37,20)			
6	Emilie N. Løvberg	95	Bærumsvømmerne	18.57,90	601
	34,66(34,66)	1.13,57(38,91)	1.52,29(38,72)	2.31,32(39,03)	
	3.10,35(39,03)	3.49,46(39,11)	4.27,97(38,51)	5.06,66(38,69)	
	5.45,41(38,75)	6.24,12(38,71)	7.02,47(38,35)	7.40,75(38,28)	
	8.18,76(38,01)	8.57,02(38,26)	9.35,01(37,99)	10.13,06(38,05)	
	10.50,88(37,82)	11.28,96(38,08)	12.06,78(37,82)	12.44,72(37,94)	
	13.22,18(37,46)	14.00,08(37,90)	14.37,51(37,43)	15.15,39(37,88)	
	15.52,75(37,36)	16.30,28(37,53)	17.07,52(37,24)	17.45,04(37,52)	
	18.21,83(36,79)	18.57,90(36,07)			
7	Andrea Westbye	95	Bærumsvømmerne	19.03,76	591
	34,19(34,19)	1.12,29(38,10)	1.50,52(38,23)	2.29,16(38,64)	
	3.07,39(38,23)	3.46,27(38,88)	4.24,71(38,44)	5.03,53(38,82)	
	5.41,83(38,30)	6.20,13(38,30)	6.58,50(38,37)	7.37,42(38,92)	
	8.15,82(38,40)	8.54,15(38,33)	9.32,01(37,86)	10.10,47(38,46)	
	10.48,68(38,21)	11.27,07(38,39)	12.04,33(37,26)	12.42,99(38,66)	
	13.20,34(37,35)	13.58,34(38,00)	14.36,07(37,73)	15.14,50(38,43)	
	15.52,38(37,88)	16.30,98(38,60)	17.08,77(37,79)	17.47,41(38,64)	
	18.25,29(37,88)	19.03,76(38,47)			

8	Veronica Orheim Bjørlykke	94	Aalesund SLK	19.04,91	590
	33.23(33,23)	1.10,01(36,78)	1.47,40(37,39)	2.25,45(38,05)	
	3.03,54(38,09)	3.41,63(38,09)	4.19,34(37,71)	4.58,00(38,66)	
	5.35,61(37,61)	6.13,94(38,33)	6.51,68(37,74)	7.30,06(38,38)	
	8.08,11(38,05)	8.46,46(38,35)	9.24,64(38,18)	10.03,41(38,77)	
	10.41,73(38,32)	11.20,44(38,71)	11.59,38(38,94)	12.38,35(38,97)	
	13.16,77(38,42)	13.55,84(39,07)	14.34,59(38,75)	15.14,01(39,42)	
	15.53,08(39,07)	16.31,66(38,58)	17.10,78(39,12)	17.49,93(39,15)	
	18.28,41(38,48)	19.04,91(36,50)			
9	Christine Svaland	92	Vågsbygd SLK	19.11,66	579
	34,65(34,65)	1.13,64(38,99)	1.52,05(38,41)	2.31,06(39,01)	
	3.09,57(38,51)	3.48,87(39,30)	4.28,15(39,28)	5.06,60(38,45)	
	5.45,61(39,01)	6.24,67(39,06)	7.02,85(38,18)	7.41,86(39,01)	
	8.20,44(38,58)	8.58,90(38,46)	9.37,27(38,37)	10.15,95(38,68)	
	10.54,56(38,61)	11.33,20(38,64)	12.11,96(38,76)	12.50,51(38,55)	
	13.29,38(38,87)	14.08,13(38,75)	14.46,57(38,44)	15.24,89(38,32)	
	16.03,02(38,13)	16.41,53(38,51)	17.19,73(38,20)	17.58,09(38,36)	
	18.35,65(37,56)	19.11,66(36,01)			
10	Christiana Bjørkli	93	Trondheim SLK	19.21,06	565
	34,62(34,62)	1.11,53(36,91)	1.48,98(37,45)	2.27,27(38,29)	
	3.05,05(37,78)	3.43,60(38,55)	4.21,85(38,25)	5.00,54(38,69)	
	5.39,28(38,74)		6.56,72(1.17,44)	7.36,22(39,50)	
	8.14,82(38,60)	8.53,65(38,83)	9.32,24(38,59)	10.11,88(39,64)	
	10.50,52(38,64)	11.30,37(39,85)	12.08,84(38,47)	12.48,29(39,45)	
	13.27,67(39,38)	14.07,40(39,73)	14.46,44(39,04)	15.26,24(39,80)	
	16.05,78(39,54)	16.45,35(39,57)	17.24,69(39,34)	18.03,98(39,29)	
	18.42,89(38,91)	19.21,06(38,17)			
11	Julie Rønningsen	94	Lambertseter SK	19.26,36	558
	33,23(33,23)	1.11,05(37,82)	1.49,02(37,97)	2.27,39(38,37)	
	3.06,17(38,78)	3.44,75(38,58)	4.23,20(38,45)	5.01,72(38,52)	
	5.40,05(38,33)	6.19,36(39,31)	6.58,38(39,02)	7.37,84(39,46)	
	8.16,77(38,93)	8.56,62(39,85)	9.36,10(39,48)	10.15,44(39,34)	
	10.54,69(39,25)	11.34,29(39,60)	12.13,71(39,42)	12.53,53(39,82)	
	13.32,84(39,31)	14.13,09(40,25)	14.52,48(39,39)	15.31,83(39,35)	
	16.10,87(39,04)	16.50,56(39,69)	17.29,59(39,03)	18.09,48(39,89)	
	18.48,32(38,84)	19.26,36(38,04)			
12	Malin Tømmervik	94	Trondheim SLK	19.33,46	548
	35,70(35,70)	1.13,92(38,22)	1.53,01(39,09)	2.32,16(39,15)	
	3.11,76(39,60)	3.51,27(39,51)	4.30,48(39,21)	5.09,91(39,43)	
	5.49,09(39,18)	6.27,59(38,50)	7.07,54(39,95)	7.46,18(38,64)	
	8.25,72(39,54)	9.04,99(39,27)	9.44,19(39,20)	10.24,07(39,88)	
	11.03,64(39,57)	11.42,90(39,26)	12.22,61(39,71)	13.01,67(39,06)	
	13.40,95(39,28)	14.20,34(39,39)	14.59,69(39,35)	15.39,02(39,33)	
	16.18,98(39,96)	16.58,71(39,73)	17.37,65(38,94)	18.16,29(38,64)	
	18.55,91(39,62)	19.33,46(37,55)			
13	Siv Flatås Hoddø	91	Namsos SK	19.37,18	542
	33,39(33,39)	1.10,37(36,98)	1.47,91(37,54)	2.26,51(38,60)	
	3.05,12(38,61)		4.23,38(1.18,26)	5.02,70(39,32)	
	5.41,86(39,16)	6.21,21(39,35)	7.00,38(39,17)	7.39,96(39,58)	
	8.19,67(39,71)	8.59,81(40,14)	9.39,17(39,36)		
	10.58,49(1.19,32)	11.38,22(39,73)	12.17,85(39,63)	12.57,66(39,81)	
	13.37,28(39,62)	14.17,41(40,13)	14.57,64(40,23)	15.37,93(40,29)	
	16.18,16(40,23)	16.58,42(40,26)	17.38,07(39,65)	18.19,02(40,95)	
	18.58,25(39,23)	19.37,18(38,93)			
14	Julie Hegvik	93	Trondheim SLK	19.56,66	516
	34,81(34,81)	1.13,44(38,63)	1.52,21(38,77)	2.31,58(39,37)	
	3.10,86(39,28)	3.50,60(39,74)	4.30,22(39,62)	5.09,89(39,67)	
	5.49,69(39,80)	6.29,97(40,28)	7.09,41(39,44)	7.50,00(40,59)	
	8.30,28(40,28)	9.10,75(40,47)	9.50,51(39,76)	10.30,94(40,43)	
	11.11,52(40,58)	11.52,12(40,60)	12.31,98(39,86)	13.12,59(40,61)	
	13.52,38(39,79)	14.33,36(40,98)	15.13,95(40,59)	15.54,64(40,69)	
	16.34,59(39,95)	17.15,47(40,88)	17.56,09(40,62)	18.37,13(41,04)	
	19.16,86(39,73)	19.56,66(39,80)			
15	Line Cecilie Stenseth	90	Øvre Eiker SK	20.01,12	511
	34,82(34,82)	1.12,67(37,85)	1.51,38(38,71)	2.30,44(39,06)	
	3.10,18(39,74)	3.49,91(39,73)	4.29,66(39,75)	5.09,99(40,33)	
	5.50,31(40,32)	6.30,69(40,38)	7.11,21(40,52)	7.51,95(40,74)	
	8.32,89(40,94)	9.13,83(40,94)	9.54,48(40,65)	10.35,10(40,62)	
	11.15,22(40,12)	11.55,41(40,19)	12.35,65(40,24)	13.15,44(39,79)	
	13.55,46(40,02)	14.35,30(39,84)	15.15,35(40,05)	15.56,05(40,70)	
	16.37,18(41,13)	17.18,66(41,48)	17.59,90(41,24)	18.40,65(40,75)	
	19.21,49(40,84)	20.01,12(39,63)			

Øvelse 40. 4*100m lag medley, herrer - Junior

Junior

1	Bærumsv G1 jr.	JR	Bærumsvømmerne	(0,70)	4.00,18	725	NJR
	Vegard Løvberg:	30,26(30,26)	1.01,90(31,64)	1.01,90			
	Sebastian Wigstrøm:	1.33,15(31,25)	2.09,33(36,18)	1.07,43			
	Christer Koch Kvam:	2.35,43(26,10)	3.07,17(31,74)	57,84			
	Øystein R. Hetland:	3.32,08(24,91)	4.00,18(28,10)	53,01			
2	Hamar IL G1 jr.	JR	Hamar IL	(0,65)	4.08,15	658	
	Martin Skramstad:	31,22(31,22)	1.03,94(32,72)	1.03,94			
	Sigurd Ravnan:	1.36,95(33,01)	2.15,17(38,22)	1.11,23			
	Eirik Ravnan:	2.42,35(27,18)	3.13,89(31,54)	58,72			
	Jonas Kirkeberg Jostad:	3.39,31(25,42)	4.08,15(28,84)	54,26			
3	Bergensv. G1 jr.	JR	Bergensvømmerne	(0,77)	4.08,25	657	
	Even Vike Holm:	31,67(31,67)	1.04,95(33,28)	1.04,95			
	Martin Steffensen:	1.35,83(30,88)	2.13,40(37,57)	1.08,45			
	Sindri T. Jakobsson:	2.40,25(26,85)	3.11,77(31,52)	58,37			
	Sebastian Stordal:	3.38,76(26,99)	4.08,25(29,49)	56,48			
4	Bergens SC G1 jr.	JR	Bergens SC	(0,72)	4.10,62	638	
	Lavrans Veierø Solli:	30,95(30,95)	1.02,90(31,95)	1.02,90			
	Martin Lygre Eriksen:	1.34,90(32,00)	2.13,91(39,01)	1.11,01			
	Stian S. Langeland:	2.40,71(26,80)	3.12,91(32,20)	59,00			
	Sindre Mowatt Gruben:	3.39,75(26,84)	4.10,62(30,87)	57,71			
5	Stavanger SC G1 jr.	JR	Stavanger SC		4.11,91	629	
	Per Øystein Turøy:	32,25(32,25)	1.07,15(34,90)	1.07,15			
	Hans Østerdal:	1.38,66(31,51)	2.15,59(36,93)	1.08,44			
	Christian Juvik:	2.43,15(27,56)	3.17,04(33,89)	1.01,45			
	Jørn Nygård:	3.43,47(26,43)	4.11,91(28,44)	54,87			
6	Lambertseter SK G1 jr.	JR	Lambertseter SK	(0,71)	4.13,01	621	
	Sindre Eilertsen:	31,89(31,89)	1.06,28(34,39)	1.06,28			
	Mikael Bergene:	1.37,46(31,18)	2.14,65(37,19)	1.08,37			
	Stian Andreas Evja:	2.41,83(27,18)	3.14,95(33,12)	1.00,30			
	David Evja:	3.42,57(27,62)	4.13,01(30,44)	58,06			
7	Bærumsv G2 jr.	JR	Bærumsvømmerne	(0,62)	4.16,52	595	
	Henry Emil Nordhagen:	32,50(32,50)	1.07,60(35,10)	1.07,60			
	Elias Damman:	1.41,23(33,63)	2.21,51(40,28)	1.13,91			
	Tor Hafnor:	2.48,63(27,12)	3.20,89(32,26)	59,38			
	Stian Werner Erichsen:	3.47,46(26,57)	4.16,52(29,06)	55,63			
8	IL Varg G1 jr.	JR	IL Varg	(0,60)	4.21,20	564	
	Mattis Saghaug:	32,03(32,03)	1.08,37(36,34)	1.08,37			
	Sten Marius Holmen:	1.41,81(33,44)	2.20,61(38,80)	1.12,24			
	Jan-Tore Jessen Eikrem:	2.48,90(28,29)	3.23,21(34,31)	1.02,60			
	Odin Spangen Normann:	3.50,94(27,73)	4.21,20(30,26)	57,99			
9	Asker SK G1 jr.	JR	Asker SK	(0,77)	4.24,26	545	
	Henrik Wathne:	33,89(33,89)	1.10,15(36,26)	1.10,15			
	Carl Andreas Wathne:	1.44,21(34,06)	2.24,63(40,42)	1.14,48			
	Jan Aleksander Bakke:	2.52,84(28,21)	3.25,59(32,75)	1.00,96			
	Eirik Standal Thoresen:	3.53,66(28,07)	4.24,26(30,60)	58,67			
10	Elverum IL G1 jr.	JR	Elverum Svømming	(0,62)	4.26,93	528	
	Eirik B. Lund:	33,49(33,49)	1.10,14(36,65)	1.10,14			
	Christian Sunde:	1.43,26(33,12)	2.20,91(37,65)	1.10,77			
	Gunnar V. Skirbekk:	2.51,76(30,85)	3.27,32(35,56)	1.06,41			
	Ingvar V. Skirbekk:	3.55,34(28,02)	4.26,93(31,59)	59,61			
11	Vestbyen IL G1 jr.	JR	Vestbyen IL	(1,15)	4.29,04	516	
	Emil Brennløkken:	31,49(31,49)	1.04,17(32,68)	1.04,17			
	Christopher Wolf:	1.39,47(35,30)	2.19,92(40,45)	1.15,75			
	Gunnar Evjen:	2.51,79(31,87)	3.30,03(38,24)	1.10,11			
	Sigvart Evjen:	3.58,19(28,16)	4.29,04(30,85)	59,01			
12	Oslo IL G1 jr.	JR	Oslo IL	(0,74)	4.34,33	487	
	Stein Osen:	34,05(34,05)	1.10,60(36,55)	1.10,60			
	Jon Erik Sønning:	1.46,85(36,25)	2.28,18(41,33)	1.17,58			
	Henning Kaland:	2.57,62(29,44)	3.33,37(35,75)	1.05,19			
	Lars Nymoen:	4.01,63(28,26)	4.34,33(32,70)	1.00,96			
13	Vestkantsv. G1 jr.	JR	Vestkantsvømmerne	(1,20)	4.37,34	471	
	Kristoffer Brekke:	34,35(34,35)	1.10,17(35,82)	1.10,17			
	Markus Vindenes:	1.43,90(33,73)	2.23,06(39,16)	1.12,89			
	Joachim Jakobsen:	2.53,58(30,52)	3.28,79(35,21)	1.05,73			
	Kristian Blummenfelt:	4.01,92(33,13)	4.37,34(35,42)	1.08,55			

14	Eid SK G1 jr.	JR	Eid SK	(0,72)	4.44,45	437
	Olav Ommedal:	33,78(33,78)	1.10,07(36,29)	1.10,07		
	Daniel Ommedal:	1.44,62(34,55)	2.27,78(43,16)	1.17,71		
	Åsmund Karlsen:	2.58,27(30,49)	3.36,41(38,14)	1.08,63		
	Marius Bjørke:	4.08,21(31,80)	4.44,45(36,24)	1.08,04		
15	Løren/Rælingen G1 jr.	JR	Lørenskog/Rælingen	(0,78)	4.44,96	434
	Kjetil Flatland:	36,92(36,92)	1.15,86(38,94)	1.15,86		
	Martin Åsheim:	1.49,00(33,14)	2.30,34(41,34)	1.14,48		
	Vebjørn Lindhjem:	3.05,20(34,86)	3.44,70(39,50)	1.14,36		
	Tore Skauge Bysting:	4.13,41(28,71)	4.44,96(31,55)	1.00,26		
	Team Stavanger G1 jr.	JR	Team Stavanger	(0,63)	DISK	
	Eirik Ramstad:	32,65(32,65)	1.07,18(34,53)	1.07,18		
	Erling Mjøs Brattelid:	1.40,01(32,83)	2.17,65(37,64)	1.10,47		
	Ole Martin Ree:	2.45,15(27,50)	3.17,88(32,73)	1.00,23		
	Bjarte Ravndal:					

Søndag 13. juli 2008 kl 16.00 – Seniorfinaler

Øvelse 31. 200m rygg, damer - Finale

Sponsor: A. & K. Nilsen AS

Senior

1	Elisabeth Jarland	85	Bærumsvømmerne	(0,70)	2.21,32	751
	33,51(33,51)	1.08,74(35,23)	1.44,70(35,96)	2.21,32(36,62)		
2	Gina B. Andersen	90	Skjetten Svømming/NTG(0,74)		2.24,53	702
	34,66(34,66)	1.10,91(36,25)	1.48,18(37,27)	2.24,53(36,35)		
3	Heidi Vainio Gjøen	88	Lambertseter SK	(0,66)	2.28,29	650
	34,64(34,64)	1.12,12(37,48)	1.51,03(38,91)	2.28,29(37,26)		
4	Iselin Mjøllner Dahlen	92	Skjetten Svømming		2.28,60	646
	34,88(34,88)	1.12,74(37,86)	1.51,13(38,39)	2.28,60(37,47)		
5	Elisabeth H. Svensson	91	Ski SK	(0,71)	2.31,40	610
	35,31(35,31)	1.14,27(38,96)	1.53,42(39,15)	2.31,40(37,98)		
6	Seline Vike Holm	92	Arna SLK	(0,61)	2.31,89	604
	35,08(35,08)	1.14,00(38,92)	1.53,50(39,50)	2.31,89(38,39)		
7	Malin Frestad	91	Kristiansand SA	(0,62)	2.32,57	596
	35,91(35,91)	1.14,72(38,81)	1.53,70(38,98)	2.32,57(38,87)		
8	Oona Ovesen	92	Elverum Svømming	(0,63)	2.33,02	591
	36,20(36,20)	1.14,47(38,27)	1.54,41(39,94)	2.33,02(38,61)		

Øvelse 32. 50m fri, herrer - Finale

Sponsor: Hamar Kommune

Senior

1	Thomas Ole Fadnes	87	Stavanger SC		23,37	819
2	Sander Smørdal	85	BS/Arna		23,53	802
3	Alexander Hetland	82	Bærumsvømmerne		23,54	801
4	Alexander Dale Oen	85	Vestkantsvømmerne		24,14	743
5	Øystein R. Hetland	89	Bærum/NTG		24,30	729
6	Christer Koch Kvam	90	Bærum/NTG		24,94	674
7	Erlend Alvestad	88	Vestbyen IL		24,95	673
8	Per Sondre Sodeland	91	Mandal SK		25,04	666

Funksjonshemmede

1	Jørgen Tadvin	83	Kolbotn IL		35,02	243	S6	115,2 %
2	Stian I Helgeland	86	Skjetten Svømming		36,01	224	S6	118,45 %

Øvelse 33. 100m fri, damer - Finale**Sponsor: Elverum Kommune****Senior**

1	Henriette Brekke	88	Vestkantsvømmerne	57,22	849
	27,72(27,72)	57,22(29,50)			
2	Victoria S. Løken	91	Team Stavanger	58,75	785
	28,18(28,18)	58,75(30,57)			
3	Cecilie W. Johannessen	90	Karmøy SK	58,80	783
	28,60(28,60)	58,80(30,20)			
4	Monica W. Johannessen	90	Karmøy SK	59,06	772
	28,53(28,53)	59,06(30,53)			
5	Siri Eva Kristiansen	93	Asker SK	59,51	755
	29,10(29,10)	59,51(30,41)			
6	Sofie Gjermestad	89	Asker SK	59,87	741
	28,75(28,75)	59,87(31,12)			
7	Kristine Johansen	77	Hamar IL	1.00,52	718
	28,77(28,77)	1.00,52(31,75)			
8	Lauren Fuyssoux	85	Team Stavanger	1.00,70	711
	29,46(29,46)	1.00,70(31,24)			

Øvelse 34. 200m butterfly, herrer - Finale**Sponsor: Hedmark Fylkeskommune****Senior**

1	Aleksander Rayward	91	Kongstensvømmerne	2.07,51	741	NJR
	28,93(28,93)	1.01,60(32,67)	1.34,64(33,04)	2.07,51(32,87)		
2	Jørgen Møllerop	88	TS/Madla SK	2.08,91	717	
	28,54(28,54)	1.01,57(33,03)	1.35,31(33,74)	2.08,91(33,60)		
3	Alexander Broberg Skeltved	87	Vestkantsvømmerne	2.09,84	701	
	28,87(28,87)	1.01,10(32,23)	1.34,98(33,88)	2.09,84(34,86)		
4	Øystein Gaasvik	82	Vestbyen IL	2.10,02	698	
	28,21(28,21)	1.01,00(32,79)	1.34,57(33,57)	2.10,02(35,45)		
5	Sindri T. Jakobsson	91	BS/Delfana	2.11,45	676	
	29,13(29,13)	1.02,35(33,22)	1.36,79(34,44)	2.11,45(34,66)		
6	Sebastian Stordal	91	BS/Delfana	2.13,53	645	
	28,82(28,82)	1.03,06(34,24)	1.37,35(34,29)	2.13,53(36,18)		
7	Ole Martin Ree	92	TS/Sola SK	2.13,88	640	
	29,44(29,44)	1.03,13(33,69)	1.38,17(35,04)	2.13,88(35,71)		
8	Kristoffer Meisler	90	Tverlandet IL	2.24,55	508	
	31,20(31,20)	1.05,83(34,63)	1.44,73(38,90)	2.24,55(39,82)		

Øvelse 35. 200m bryst, damer - Finale**Sponsor: Ankerskogen Svømmehall****Senior**

1	Sara Nordenstam	83	Lambertseter SK	2.27,83	929
	33,22(33,22)	1.10,88(37,66)	1.48,77(37,89)	2.27,83(39,06)	
2	Trine Austrøne Olsen	90	Fauske SK	2.39,16	744
	36,83(36,83)	1.17,14(40,31)	1.58,35(41,21)	2.39,16(40,81)	
3	Stina Kajsa Colleou	93	Lambertseter SK	2.39,23	743
	36,44(36,44)	1.16,82(40,38)	1.58,30(41,48)	2.39,23(40,93)	
4	Celinn Daviknes	86	BS/Delfana	2.41,80	708
	36,55(36,55)	1.17,48(40,93)	1.59,71(42,23)	2.41,80(42,09)	
5	Ine Charlotte Hagen	89	Lørenskog/Rælingen	2.42,96	693
	36,78(36,78)	1.18,11(41,33)	2.00,45(42,34)	2.42,96(42,51)	
6	Karoline Brudvik Sanderud	89	Hamar IL	2.43,73	683
	36,60(36,60)	1.18,39(41,79)	2.00,52(42,13)	2.43,73(43,21)	
7	Mari Singstad	91	Vestbyen IL	2.44,44	675
	38,08(38,08)	1.20,38(42,30)	2.01,85(41,47)	2.44,44(42,59)	
8	Iselin Meisler	90	Tverlandet IL	2.48,71	625
	37,28(37,28)	1.19,57(42,29)	2.04,17(44,60)	2.48,71(44,54)	

Øvelse 36. 100m rygg, herrer - Finale**Sponsor: Julesvøm, Elverum 13. des 2008****Senior**

1	Kim Torry Simmenes	82	Vestkantsvømmerne	(0,76)	1.00,36	724
	29,14(29,14)	1.00,36(31,22)				
2	Lars Andre Tolås	88	Bærumsvømmerne	(0,66)	1.00,75	710
	29,49(29,49)	1.00,75(31,26)				
3	Lavrans Veierø Solli	92	Bergens SC	(0,72)	1.01,43	687
	30,29(30,29)	1.01,43(31,14)				
4	Mikael Bergene	91	Lambertseter SK	(0,63)	1.01,91	671
	30,32(30,32)	1.01,91(31,59)				
5	John Hage Gaarder	89	Lørenskog/Rælingen	(0,61)	1.02,61	649
	31,29(31,29)	1.02,61(31,32)				
5	Vegard Løvberg	91	Bærumsvømmerne	(0,64)	1.02,61	649
	30,21(30,21)	1.02,61(32,40)				
7	Emil Brennløkken	89	Vestbyen IL	(0,71)	1.04,06	606
	30,97(30,97)	1.04,06(33,09)				
8	Tor Hafnor	91	Bærumsvømmerne	(0,84)	1.04,50	594
	31,68(31,68)	1.04,50(32,82)				

Øvelse 37. 50m butterfly, damer - Finale**Sponsor: Mjøs-Svøm 2009****Senior**

1	Ingvild Snildal	88	Asker SK	27,05	879	NR
2	Katharina Stiberg	88	Bjerkvik SK	27,71	818	
3	Victoria S. Løken	91	Team Stavanger	28,28	769	
4	Sara Nordenstam	83	Lambertseter SK	28,53	749	
5	Henriette Brekke	88	Vestkantsvømmerne	28,56	747	
6	Karoline Brudvik Sanderud	89	Hamar IL	28,82	727	
7	Siri Løvold Magnussen	86	Hamar IL	29,87	653	
8	Monica W. Johannessen	90	Karmøy SK	30,03	643	

Funksjonshemmede

1	Mariann Vestbøstad	84	Vestkantssvømmerne	37,52	329	S8	111,37 %
2	Anne Ask Rasmussen	89	TS/Madla SK	41,06	251	S9	121,98 %
3	Hanne Farestvedt	93	Åstveit SK	39,14	290	S14	126,05 %

Øvelse 38. 800m fri, herrer - Direkte finale

Junior

1	Eirik Ravnan	89	Hamar IL	8.40,68	726		
	28,84(28,84)	1.00,24(31,40)	1.32,20(31,96)	2.04,66(32,46)			
	2.37,28(32,62)	3.10,63(33,35)	3.44,17(33,54)	4.18,30(34,13)			
	4.51,62(33,32)	5.25,59(33,97)	5.58,88(33,29)	6.32,93(34,05)			
	7.06,05(33,12)	7.39,82(33,77)	8.11,07(31,25)	8.40,68(29,61)			
2	Daniel Berenett	91	IL Varg/NTG	8.46,28	703		
	29,57(29,57)	1.01,23(31,66)	1.34,07(32,84)	2.07,23(33,16)			
	2.40,01(32,78)	3.13,69(33,68)	3.47,11(33,42)	4.21,17(34,06)			
	4.55,18(34,01)	5.28,81(33,63)	6.02,88(34,07)	6.36,76(33,88)			
	7.09,84(33,08)	7.43,49(33,65)	8.16,15(32,66)	8.46,28(30,13)			
3	Christer Koch Kvam	90	Bærum/NTG	8.46,60	701		
	30,12(30,12)	1.03,21(33,09)	1.35,99(32,78)	2.09,55(33,56)			
	2.43,66(34,11)	3.17,80(34,14)	3.51,81(34,01)	4.25,48(33,67)			
	4.58,26(32,78)	5.31,35(33,09)	6.04,70(33,35)	6.38,13(33,43)			
	7.11,39(33,26)	7.44,74(33,35)	8.17,55(32,81)	8.46,60(29,05)			
4	Jørn Nygård	92	Stavanger SC	8.52,24	679		
	28,91(28,91)	1.00,72(31,81)	1.33,86(33,14)	2.07,08(33,22)			
	2.40,43(33,35)	3.14,47(34,04)	3.48,37(33,90)	4.22,27(33,90)			
	4.55,98(33,71)	5.29,85(33,87)	6.04,01(34,16)	6.37,97(33,96)			
	7.12,37(34,40)	7.46,40(34,03)	8.20,05(33,65)	8.52,24(32,19)			
5	Eivind Johannesen	92	Åstveit SK	8.59,36	653		
	29,92(29,92)	1.02,93(33,01)	1.35,82(32,89)	2.09,77(33,95)			
	2.43,16(33,39)	3.17,67(34,51)	3.51,59(33,92)	4.26,06(34,47)			
	5.00,15(34,09)	5.34,84(34,69)	6.08,89(34,05)	6.43,73(34,84)			
	7.17,66(33,93)	7.52,28(34,62)	8.26,21(33,93)	8.59,36(33,15)			
6	Sindre Nilo	90	Sandefjord SK/NTG	9.01,40	645		
	29,06(29,06)	1.00,95(31,89)	1.33,28(32,33)	2.06,41(33,13)			
	2.39,55(33,14)	3.13,13(33,58)	3.46,91(33,78)	4.21,23(34,32)			
	4.55,57(34,34)	5.30,37(34,80)	6.04,79(34,42)	6.39,54(34,75)			
	7.14,32(34,78)	7.50,09(35,77)	8.25,99(35,90)	9.01,40(35,41)			
7	Sebastian Wigstrøm	91	Bærumsvømmerne	9.02,48	641		
	30,26(30,26)	1.04,03(33,77)	1.37,81(33,78)	2.12,65(34,84)			
	2.47,22(34,57)	3.21,95(34,73)	3.55,93(33,98)	4.30,19(34,26)			
	5.04,09(33,90)	5.38,04(33,95)	6.11,84(33,80)	6.46,09(34,25)			
	7.20,25(34,16)	7.54,95(34,70)	8.28,91(33,96)	9.02,48(33,57)			
8	Elias Damman	89	Bærum/NTG	9.04,69	634		
	30,06(30,06)	1.02,21(32,15)	1.35,75(33,54)	2.09,32(33,57)			
	2.43,76(34,44)	3.17,92(34,16)	3.52,77(34,85)	4.27,14(34,37)			
	5.02,27(35,13)	5.36,88(34,61)	6.12,05(35,17)	6.47,01(34,96)			
	7.22,24(35,23)	7.57,15(34,91)	8.31,85(34,70)	9.04,69(32,84)			
9	Martin Berger Oterholm	93	Kolbotn IL	9.04,71	634		
	31,00(31,00)	1.04,53(33,53)	1.38,51(33,98)	2.12,18(33,67)			
	2.46,39(34,21)	3.20,59(34,20)	3.54,83(34,24)	4.29,47(34,64)			
	5.04,23(34,76)	5.39,19(34,96)	6.13,08(33,89)	6.47,58(34,50)			
	7.22,03(34,45)	7.57,01(34,98)	8.30,92(33,91)	9.04,71(33,79)			
10	Øyvind Gevelt	91	Øvre Eiker SK	9.06,00	629		
	31,02(31,02)	1.04,52(33,50)	1.38,41(33,89)	2.12,66(34,25)			
	2.46,98(34,32)	3.21,22(34,24)	3.55,64(34,42)	4.30,14(34,50)			
	5.04,48(34,34)	5.38,85(34,37)	6.13,68(34,83)	6.48,85(35,17)			
	7.23,93(35,08)	7.59,07(35,14)	8.34,21(35,14)	9.06,00(31,79)			
11	Odin Spangen Normann	92	IL Varg	9.06,75	627		
	30,86(30,86)	1.05,20(34,34)	1.39,83(34,63)	2.14,39(34,56)			
	2.49,48(35,09)	3.24,03(34,55)	3.58,82(34,79)	4.33,62(34,80)			
	5.08,47(34,85)	5.43,11(34,64)	6.17,58(34,47)	6.52,24(34,66)			
	7.26,60(34,36)	8.00,79(34,19)	8.34,22(33,43)	9.06,75(32,53)			

12	Stian Werner Erichsen	90	Bærumsvømmerne	9.08,05	622
	30,18(30,18)	1.03,63(33,45)	1.36,56(32,93)	2.10,88(34,32)	
	2.44,92(34,04)	3.19,59(34,67)	3.54,19(34,60)	4.29,13(34,94)	
	5.03,26(34,13)	5.38,18(34,92)	6.12,82(34,64)	6.48,28(35,46)	
	7.23,34(35,06)	7.58,64(35,30)	8.33,44(34,80)	9.08,05(34,61)	
13	Espen Halhjem	92	Delfana	9.08,25	621
	30,88(30,88)	1.03,83(32,95)	1.38,73(34,90)	2.12,57(33,84)	
	2.47,89(35,32)	3.22,06(34,17)	3.57,10(35,04)	4.31,24(34,14)	
	5.06,21(34,97)	5.40,65(34,44)	6.16,39(35,74)	6.51,48(35,09)	
	7.26,45(34,97)	8.00,42(33,97)	8.35,74(35,32)	9.08,25(32,51)	
14	Henning S. Pryde	92	Stavanger SC	9.08,51	621
	31,04(31,04)	1.04,31(33,27)	1.38,92(34,61)	2.13,75(34,83)	
	2.48,49(34,74)	3.23,61(35,12)	3.58,53(34,92)	4.33,38(34,85)	
	5.07,94(34,56)	5.42,76(34,82)	6.17,66(34,90)	6.53,29(35,63)	
	7.27,47(34,18)	8.02,04(34,57)	8.36,18(34,14)	9.08,51(32,33)	
15	Oscar Slaatto	94	Hamar IL	9.11,46	611
	30,99(30,99)	1.05,30(34,31)	1.40,10(34,80)	2.14,87(34,77)	
	2.49,54(34,67)	3.24,36(34,82)	3.59,71(35,35)	4.34,88(35,17)	
	5.09,52(34,64)	5.44,63(35,11)	6.19,56(34,93)	6.54,72(35,16)	
	7.29,62(34,90)	8.04,78(35,16)	8.38,61(33,83)	9.11,46(32,85)	
16	Christer M. Hagen	91	Fauske SK	9.15,82	596
	31,11(31,11)	1.04,67(33,56)	1.38,35(33,68)	2.13,16(34,81)	
	2.47,57(34,41)	3.22,73(35,16)	3.57,39(34,66)	4.32,65(35,26)	
	5.07,27(34,62)	5.43,01(35,74)	6.18,23(35,22)	6.54,30(36,07)	
	7.29,85(35,55)	8.05,54(35,69)	8.40,96(35,42)	9.15,82(34,86)	
17	Hans Andre Pedersen	92	Sandefjord SK	9.25,53	566
	31,19(31,19)	1.05,59(34,40)	1.40,52(34,93)	2.16,05(35,53)	
	2.51,49(35,44)	3.27,24(35,75)	4.03,32(36,08)	4.39,20(35,88)	
	5.14,42(35,22)	5.50,76(36,34)	6.26,60(35,84)	7.02,40(35,80)	
	7.38,44(36,04)	8.14,46(36,02)	8.50,54(36,08)	9.25,53(34,99)	

Senior

1	Gard Kvale	84	Bergens SC	8.40,37	727
	25,60(25,60)	53,36(27,76)	1.21,78(28,42)	1.50,22(28,44)	
	2.33,15(42,93)	3.07,96(34,81)	3.42,12(34,16)	4.16,13(34,01)	
	4.49,70(33,57)	5.23,50(33,80)	5.56,96(33,46)	6.30,69(33,73)	
	7.04,03(33,34)	7.37,46(33,43)	8.10,31(32,85)	8.40,37(30,06)	
2	Robert Aronsen	86	Bærumsvømmerne	8.40,63	726
	29,38(29,38)	1.01,63(32,25)	1.33,32(31,69)	2.06,26(32,94)	
	2.38,38(32,12)	3.11,57(33,19)	3.44,50(32,93)	4.18,19(33,69)	
	4.51,75(33,56)	5.25,58(33,83)	5.59,08(33,50)	6.32,95(33,87)	
	7.06,25(33,30)	7.39,85(33,60)	8.11,84(31,99)	8.40,63(28,79)	
3	Eirik Ravnann	89	Hamar IL	8.40,68	726
	28,84(28,84)	1.00,24(31,40)	1.32,20(31,96)	2.04,66(32,46)	
	2.37,28(32,62)	3.10,63(33,35)	3.44,17(33,54)	4.18,30(34,13)	
	4.51,62(33,32)	5.25,59(33,97)	5.58,88(33,29)	6.32,93(34,05)	
	7.06,05(33,12)	7.39,82(33,77)	8.11,07(31,25)	8.40,68(29,61)	
4	Jørgen Møllerop	88	TS/Madla SK	8.44,73	709
	29,33(29,33)	1.01,00(31,67)	1.33,63(32,63)	2.06,61(32,98)	
	2.39,68(33,07)	3.12,92(33,24)	3.46,17(33,25)	4.19,47(33,30)	
	4.52,97(33,50)	5.26,48(33,51)	6.00,22(33,74)	6.33,92(33,70)	
	7.07,57(33,65)	7.41,19(33,62)	8.14,55(33,36)	8.44,73(30,18)	
5	Daniel Berenett	91	IL Varg/NTG	8.46,28	703
	29,57(29,57)	1.01,23(31,66)	1.34,07(32,84)	2.07,23(33,16)	
	2.40,01(32,78)	3.13,69(33,68)	3.47,11(33,42)	4.21,17(34,06)	
	4.55,18(34,01)	5.28,81(33,63)	6.02,88(34,07)	6.36,76(33,88)	
	7.09,84(33,08)	7.43,49(33,65)	8.16,15(32,66)	8.46,28(30,13)	
6	Christer Koch Kvam	90	Bærum/NTG	8.46,60	701
	30,12(30,12)	1.03,21(33,09)	1.35,99(32,78)	2.09,55(33,56)	
	2.43,66(34,11)	3.17,80(34,14)	3.51,81(34,01)	4.25,48(33,67)	
	4.58,26(32,78)	5.31,35(33,09)	6.04,70(33,35)	6.38,13(33,43)	
	7.11,39(33,26)	7.44,74(33,35)	8.17,55(32,81)	8.46,60(29,05)	
7	Magnus Bru	87	Asker SK	8.49,42	690
	30,41(30,41)	1.02,54(32,13)	1.35,37(32,83)	2.08,76(33,39)	
	2.41,81(33,05)	3.15,25(33,44)	3.48,58(33,33)	4.22,20(33,62)	
	4.55,42(33,22)	5.29,19(33,77)	6.02,66(33,47)	6.36,53(33,87)	
	7.10,04(33,51)	7.44,01(33,97)	8.17,10(33,09)	8.49,42(32,32)	

8	Jørn Nygård	92	Stavanger SC	8.52,24	679
	28,91(28,91)	1.00,72(31,81)	1.33,86(33,14)	2.07,08(33,22)	
	2.40,43(33,35)	3.14,47(34,04)	3.48,37(33,90)	4.22,27(33,90)	
	4.55,98(33,71)	5.29,85(33,87)	6.04,01(34,16)	6.37,97(33,96)	
	7.12,37(34,40)	7.46,40(34,03)	8.20,05(33,65)	8.52,24(32,19)	
9	Eivind Johannesen	92	Åstveit SK	8.59,36	653
	29,92(29,92)	1.02,93(33,01)	1.35,82(32,89)	2.09,77(33,95)	
	2.43,16(33,39)	3.17,67(34,51)	3.51,59(33,92)	4.26,06(34,47)	
	5.00,15(34,09)	5.34,84(34,69)	6.08,89(34,05)	6.43,73(34,84)	
	7.17,66(33,93)	7.52,28(34,62)	8.26,21(33,93)	8.59,36(33,15)	
10	Sindre Nilo	90	Sandefjord SK/NTG	9.01,40	645
	29,06(29,06)	1.00,95(31,89)	1.33,28(32,33)	2.06,41(33,13)	
	2.39,55(33,14)	3.13,13(33,58)	3.46,91(33,78)	4.21,23(34,32)	
	4.55,57(34,34)	5.30,37(34,80)	6.04,79(34,42)	6.39,54(34,75)	
	7.14,32(34,78)	7.50,09(35,77)	8.25,99(35,90)	9.01,40(35,41)	
11	Sebastian Wigstrøm	91	Bærumsvømmerne	9.02,48	641
	30,26(30,26)	1.04,03(33,77)	1.37,81(33,78)	2.12,65(34,84)	
	2.47,22(34,57)	3.21,95(34,73)	3.55,93(33,98)	4.30,19(34,26)	
	5.04,09(33,90)	5.38,04(33,95)	6.11,84(33,80)	6.46,09(34,25)	
	7.20,25(34,16)	7.54,95(34,70)	8.28,91(33,96)	9.02,48(33,57)	
12	Elias Damman	89	Bærum/NTG	9.04,69	634
	30,06(30,06)	1.02,21(32,15)	1.35,75(33,54)	2.09,32(33,57)	
	2.43,76(34,44)	3.17,92(34,16)	3.52,77(34,85)	4.27,14(34,37)	
	5.02,27(35,13)	5.36,88(34,61)	6.12,05(35,17)	6.47,01(34,96)	
	7.22,24(35,23)	7.57,15(34,91)	8.31,85(34,70)	9.04,69(32,84)	
13	Martin Berger Oterholm	93	Kolbotn IL	9.04,71	634
	31,00(31,00)	1.04,53(33,53)	1.38,51(33,98)	2.12,18(33,67)	
	2.46,39(34,21)	3.20,59(34,20)	3.54,83(34,24)	4.29,47(34,64)	
	5.04,23(34,76)	5.39,19(34,96)	6.13,08(33,89)	6.47,58(34,50)	
	7.22,03(34,45)	7.57,01(34,98)	8.30,92(33,91)	9.04,71(33,79)	
14	Øyvind Gevelt	91	Øvre Eiker SK	9.06,00	629
	31,02(31,02)	1.04,52(33,50)	1.38,41(33,89)	2.12,66(34,25)	
	2.46,98(34,32)	3.21,22(34,24)	3.55,64(34,42)	4.30,14(34,50)	
	5.04,48(34,34)	5.38,85(34,37)	6.13,68(34,83)	6.48,85(35,17)	
	7.23,93(35,08)	7.59,07(35,14)	8.34,21(35,14)	9.06,00(31,79)	
15	Odin Spangen Normann	92	IL Varg	9.06,75	627
	30,86(30,86)	1.05,20(34,34)	1.39,83(34,63)	2.14,39(34,56)	
	2.49,48(35,09)	3.24,03(34,55)	3.58,82(34,79)	4.33,62(34,80)	
	5.08,47(34,85)	5.43,11(34,64)	6.17,58(34,47)	6.52,24(34,66)	
	7.26,60(34,36)	8.00,79(34,19)	8.34,22(33,43)	9.06,75(32,53)	
16	Stian Werner Erichsen	90	Bærumsvømmerne	9.08,05	622
	30,18(30,18)	1.03,63(33,45)	1.36,56(32,93)	2.10,88(34,32)	
	2.44,92(34,04)	3.19,59(34,67)	3.54,19(34,60)	4.29,13(34,94)	
	5.03,26(34,13)	5.38,18(34,92)	6.12,82(34,64)	6.48,28(35,46)	
	7.23,34(35,06)	7.58,64(35,30)	8.33,44(34,80)	9.08,05(34,61)	
17	Espen Halhjem	92	Delfana	9.08,25	621
	30,88(30,88)	1.03,83(32,95)	1.38,73(34,90)	2.12,57(33,84)	
	2.47,89(35,32)	3.22,06(34,17)	3.57,10(35,04)	4.31,24(34,14)	
	5.06,21(34,97)	5.40,65(34,44)	6.16,39(35,74)	6.51,48(35,09)	
	7.26,45(34,97)	8.00,42(33,97)	8.35,74(35,32)	9.08,25(32,51)	
18	Henning S. Pryde	92	Stavanger SC	9.08,51	621
	31,04(31,04)	1.04,31(33,27)	1.38,92(34,61)	2.13,75(34,83)	
	2.48,49(34,74)	3.23,61(35,12)	3.58,53(34,92)	4.33,38(34,85)	
	5.07,94(34,56)	5.42,76(34,82)	6.17,66(34,90)	6.53,29(35,63)	
	7.27,47(34,18)	8.02,04(34,57)	8.36,18(34,14)	9.08,51(32,33)	
19	Oscar Slaatmo	94	Hamar IL	9.11,46	611
	30,99(30,99)	1.05,30(34,31)	1.40,10(34,80)	2.14,87(34,77)	
	2.49,54(34,67)	3.24,36(34,82)	3.59,71(35,35)	4.34,88(35,17)	
	5.09,52(34,64)	5.44,63(35,11)	6.19,56(34,93)	6.54,72(35,16)	
	7.29,62(34,90)	8.04,78(35,16)	8.38,61(33,83)	9.11,46(32,85)	
20	Christer M. Hagen	91	Fauske SK	9.15,82	596
	31,11(31,11)	1.04,67(33,56)	1.38,35(33,68)	2.13,16(34,81)	
	2.47,57(34,41)	3.22,73(35,16)	3.57,39(34,66)	4.32,65(35,26)	
	5.07,27(34,62)	5.43,01(35,74)	6.18,23(35,22)	6.54,30(36,07)	
	7.29,85(35,55)	8.05,54(35,69)	8.40,96(35,42)	9.15,82(34,86)	
21	Stian With Bjørnstad	87	Ski SK	9.21,35	579
	31,24(31,24)	1.05,60(34,36)	1.40,58(34,98)	2.15,47(34,89)	
	2.49,79(34,32)	3.25,32(35,53)	3.59,32(34,00)	4.34,32(35,00)	
	5.08,59(34,27)	5.43,53(34,94)	6.18,70(35,17)	6.54,72(36,02)	
	7.30,85(36,13)	8.08,23(37,38)	8.45,30(37,07)	9.21,35(36,05)	

22	Hans Andre Pedersen	92	Sandefjord SK	9.25,53	566
	31,19(31,19)	1.05,59(34,40)	1.40,52(34,93)	2.16,05(35,53)	
	2.51,49(35,44)	3.27,24(35,75)	4.03,32(36,08)	4.39,20(35,88)	
	5.14,42(35,22)	5.50,76(36,34)	6.26,60(35,84)	7.02,40(35,80)	
	7.38,44(36,04)	8.14,46(36,02)	8.50,54(36,08)	9.25,53(34,99)	

Øvelse 40. 4*100m lag medley, herrer - Senior

Senior

1	Bærumsv G1 sr.	SR	Bærumsvømmerne	(0,66)	3.52,92	795
	Lars Andre Tolås:	29,35(29,35)	1.00,42(31,07)	1.00,42		
	Alexander Hetland:	1.29,22(28,80)	2.02,85(33,63)	1.02,43		
	Christer Koch Kvam:	2.29,05(26,20)	3.00,91(31,86)	58,06		
	Øystein R. Hetland:	3.25,50(24,59)	3.52,92(27,42)	52,01		
2	Vestkantv. G1 sr.	SR	Vestkantvømmerne	(0,77)	3.54,06	784
	Kim Torry Simmenes:	28,25(28,25)	59,81(31,56)	59,81		
	Alexander Dale Oen:	1.27,74(27,93)	2.00,54(32,80)	1.00,73		
	Alexander Broberg Skeltved:	2.26,85(26,31)	2.57,65(30,80)	57,11		
	Joachim Jakobsen:	3.24,43(26,78)	3.54,06(29,63)	56,41		
3	Bergensv SC G1 sr.	SR	Bergens SC	(0,72)	4.02,01	709
	Lavrans Veierø Solli:	31,02(31,02)	1.03,09(32,07)	1.03,09		
	Gard Kvale:	1.33,51(30,42)	2.08,50(34,99)	1.05,41		
	Stian S. Langeland:	2.34,78(26,28)	3.05,70(30,92)	57,20		
	Thor Kristian Østenå Larsen:	3.32,54(26,84)	4.02,01(29,47)	56,31		
4	Bergensv. G1 sr.	SR	Bergensvømmerne	(0,76)	4.02,41	706
	Even Vike Holm:	31,25(31,25)	1.04,42(33,17)	1.04,42		
	Alexander Møkkelbost:	1.35,65(31,23)	2.12,00(36,35)	1.07,58		
	Sindri T. Jakobsson:	2.39,44(27,44)	3.10,93(31,49)	58,93		
	Sander Smørdal:	3.35,69(24,76)	4.02,41(26,72)	51,48		
5	Hamar IL G1 sr.	SR	Hamar IL	(0,72)	4.02,76	703
	Steen Frenk Johansen:	30,05(30,05)	1.02,90(32,85)	1.02,90		
	Lars Erik Dæhli:	1.32,93(30,03)	2.09,55(36,62)	1.06,65		
	Eirik Ravnan:	2.36,68(27,13)	3.08,18(31,50)	58,63		
	Martin Skramstad:	3.33,67(25,49)	4.02,76(29,09)	54,58		
6	Bærumsv G2 sr.	SR	Bærumsvømmerne	(0,66)	4.05,13	682
	Vegard Løvberg:	30,66(30,66)	1.03,18(32,52)	1.03,18		
	Sebastian Wigstrøm:	1.35,29(32,11)	2.12,02(36,73)	1.08,84		
	Tor Hafnor:	2.39,02(27,00)	3.11,19(32,17)	59,17		
	Stian Werner Erichsen:	3.36,85(25,66)	4.05,13(28,28)	53,94		
7	Team Stavanger G1 sr.	SR	Team Stavanger	(0,68)	4.06,78	669
	Jørgen Møllerop:	30,20(30,20)	1.03,62(33,42)	1.03,62		
	Erling Mjøs Brattelid:	1.34,17(30,55)	2.11,39(37,22)	1.07,77		
	Ole Martin Ree:	2.38,66(27,27)	3.11,61(32,95)	1.00,22		
	Bjarte Ravndal:	3.37,54(25,93)	4.06,78(29,24)	55,17		
8	Lambertseter SK G1 sr.	SR	Lambertseter SK	(0,62)	4.11,12	635
	Mikael Bergene:	30,52(30,52)	1.02,55(32,03)	1.02,55		
	Bjørn Harald Olstad:	1.35,34(32,79)	2.14,07(38,73)	1.11,52		
	Mats Andre Fredriksen:	2.41,60(27,53)	3.15,47(33,87)	1.01,40		
	Eirik Lund:	3.41,76(26,29)	4.11,12(29,36)	55,65		
9	IL Varg G1 sr.	SR	IL Varg	(0,66)	4.11,66	631
	Mattis Saghaug:	32,03(32,03)	1.07,31(35,28)	1.07,31		
	Thomas Breivoll:	1.39,31(32,00)	2.17,73(38,42)	1.10,42		
	Bjørnar Gaasvik:	2.44,33(26,60)	3.17,22(32,89)	59,49		
	Jonas Noreng Ravn:	3.42,03(24,81)	4.11,66(29,63)	54,44		
10	Hamar IL G2 sr.	SR	Hamar IL		4.14,90	607
	Jonas Kirkeberg Jostad:	31,77(31,77)	1.06,07(34,30)	1.06,07		
	Ole-Wilhelm Norseng:	1.38,15(32,08)	2.16,65(38,50)	1.10,58		
	Tor Joachim Bjørnstad:	2.44,66(28,01)	3.19,00(34,34)	1.02,35		
	Daniel Stokke Pettersen:	3.45,10(26,10)	4.14,90(29,80)	55,90		
11	Vestbyen IL G1 sr.	SR	Vestbyen IL	(1,00)	4.18,57	581
	Emil Brennløkken:	31,94(31,94)	1.06,35(34,41)	1.06,35		
	Pål Henriksen Spjellkavik:	1.42,91(36,56)	2.22,78(39,87)	1.16,43		
	Øystein Gaasvik:	2.49,69(26,91)	3.22,47(32,78)	59,69		
	Erlend Wærnes:	3.48,99(26,52)	4.18,57(29,58)	56,10		
12	Asker SK G1 sr.	SR	Asker SK	(0,72)	4.21,34	563
	Henrik Wathne:	33,99(33,99)	1.09,72(35,73)	1.09,72		
	Carl Andreas Wathne:	1.43,75(34,03)	2.24,21(40,46)	1.14,49		
	Jan Aleksander Bakke:	2.51,99(27,78)	3.25,14(33,15)	1.00,93		
	Magnus Bru:	3.52,15(27,01)	4.21,34(29,19)	56,20		

13	Larvik SK G1 sr.	SR	Larvik SK	(0,65)	4.26,52	531
	Jørgen Aagaard-Nilsen Wiik:	32,53(32,53)	1.08,29(35,76)	1.08,29		
	Geir T. Kristiansen:	1.42,58(34,29)	2.23,55(40,97)	1.15,26		
	Aksel B. Lindhjem:	2.52,40(28,85)	3.27,51(35,11)	1.03,96		
	Tommy Pedersen:	3.55,26(27,75)	4.26,52(31,26)	59,01		
14	Skjetten Svømming G1 sr.	SR	Skjetten Svømming	(0,69)	4.32,18	498
	Håkon Brennhagen:	34,32(34,32)	1.11,32(37,00)	1.11,32		
	William Dahl:	1.46,60(35,28)	2.27,18(40,58)	1.15,86		
	Sindre S. Løbersli:	2.59,37(32,19)	3.36,44(37,07)	1.09,26		
	Ronnie Anstensen:	4.02,82(26,38)	4.32,18(29,36)	55,74		
15	Løren/Rælingen G1 sr.	SR	Lørenskog/Rælingen	(0,64)	4.44,15	438
	Tore Skauge Bysting:	33,98(33,98)	1.09,10(35,12)	1.09,10		
	Kristian Thorsvald:	1.43,41(34,31)	2.26,03(42,62)	1.16,93		
	Vebjørn Lindhjem:	3.00,68(34,65)	3.40,08(39,40)	1.14,05		
	Kjetil Flatland:	4.10,12(30,04)	4.44,15(34,03)	1.04,07		
	IL Varg G2 sr.	SR	IL Varg	(0,73)	DISK	
	Håkon Skårud Karlsen:	32,85(32,85)	1.08,02(35,17)	1.08,02		
	Sten Marius Holmen:	1.42,80(34,78)	2.22,70(39,90)	1.14,68		
	Jan-Tore Jessen Eikrem:	2.51,42(28,72)	3.25,80(34,38)	1.03,10		
	Daniel Berenett:					