

Torsdag 1. mars kl 09.00

Øvelse 1. 4*50m lag medley, damer - Forsøk

Senior

1	Bergensv. J1 sr.	SR	Bergensvømmerne	(0,83)	1.58,88	781
	Margrete Nyhus Ulvestad:	30,60(30,60)				
	Ann-Helen Pridesis:	1.02,27(31,67)				
	Tove Fludal Haugan:	1.31,48(29,21)				
	Elisabeth Jarland:	1.58,88(27,40)				
2	Lambertseter SK J1 sr.	SR	Lambertseter SK	(0,68)	1.59,29	773
	Anu Koivisto:	28,79(28,79)				
	Charlotte Thorsen:	1.03,20(34,41)				
	Sara Nordenstam:	1.31,99(28,79)				
	Merete Løvberg:	1.59,29(27,30)				
3	Team Stavanger J1 sr.	SR	Team Stavanger	(0,63)	1.59,86	762
	Karen Stødle:	30,54(30,54)				
	Stine Haferkamp:	1.03,43(32,89)				
	Christine Ørland:	1.32,46(29,03)				
	Linn Mari Høgalmen:	1.59,86(27,40)				
4	Vestkantsv. J1 sr.	SR	Vestkantsvømmerne	(0,72)	2.00,88	743
	Iwonka Vik:	31,37(31,37)				
	Henriette Brekke:	1.04,51(33,14)				
	Anne Lene Klingberg:	1.34,60(30,09)				
	Lise Fådnes:	2.00,88(26,28)				
5	Team Stavanger J2 sr.	SR	Team Stavanger	(0,68)	2.00,95	742
	Ida Nordbø:	32,22(32,22)				
	Mari Ask Rasmussen:	1.04,23(32,01)				
	Anne Haugvaldstad:	1.34,09(29,86)				
	Vibeke Brigg:	2.00,95(26,86)				
6	IL Varg J1 sr.	SR	IL Varg	(0,82)	2.02,31	717
	Anette Fidjeland:	31,69(31,69)				
	Annelin Stenersen Nordbø:	1.06,19(34,50)				
	Rebecca Calder:	1.34,78(28,59)				
	Kari Flottorp:	2.02,31(27,53)				
7	Bærumsv J1 sr.	SR	Bærumsvømmerne	(0,70)	2.03,08	704
	Vibeke Browne:	33,00(33,00)				
	Anne-Mari Gulbrandsen:	1.04,71(31,71)				
	Karolina Orleanski:	1.34,78(30,07)				
	Kristine Mella:	2.03,08(28,30)				
8	Bergensv. J2 sr.	SR	Bergensvømmerne	(0,66)	2.04,67	677
	Katja Heinänen:	33,05(33,05)				
	Celinn Daviknes:	1.05,98(32,93)				
	Rebecca Johnsen:	1.37,18(31,20)				
	Monica Finnøy:	2.04,67(27,49)				
9	Team Stavanger J3 sr.	SR	Team Stavanger	(0,67)	2.04,86	674
	33,18(33,18)	1.06,69(33,51)	2.04,86(58,17)			
	Siri Møllerop, Mai Linn Hanslien, Elisabeth Førland, Ingrid Marie Rytter					
10	Lambertseter SK J2 sr.	SR	Lambertseter SK	(0,64)	2.07,61	631
	Mina-Louise Bekk Berggren:	34,41(34,41)				
	Tonje Lillebo Johnsen:	1.09,74(35,33)				
	Line Løvberg:	1.39,31(29,57)				
	Emilie Hellerud:	2.07,61(28,30)				
11	Moss SK J1 sr.	SR	Moss SK	(0,67)	2.08,31	621
	Thea Pedersen:	33,55(33,55)				
	Maria Dahli:	1.10,47(36,92)				
	Marte E. Brinchmann:	1.42,23(31,76)				
	Ina Kr. Pedersen:	2.08,31(26,08)				
12	Asker SK J1 sr.	SR	Asker SK	(0,71)	2.09,44	605
	Sofie Gjæmmestad:	32,90(32,90)				
	Nora Kathrine Guthe:	1.10,40(37,50)				
	Gøril Jahrsengene:	1.41,38(30,98)				
	Hilde Sund:	2.09,44(28,06)				
13	Arna SLK J1 sr.	SR	Arna SLK	(0,63)	2.09,80	600
	Seline Vike Holm:	33,82(33,82)				
	Marina Rasmussen:	1.10,03(36,21)				
	Oda J. Midtun:	1.41,76(31,73)				
	Ane J. Midtun:	2.09,80(28,04)				

14	Øvre Eiker SK J1 sr.	SR	Øvre Eiker SK	(0,74)	2.11,07	583
	Siri Anette Sønju:	33,53(33,53)				
	Guro Bjørk Sørby:	1.10,76(37,23)				
	Guro Knutsen:	1.41,83(31,07)				
	Stine Lise Stenseth:	2.11,07(29,24)				
15	Elverum IL J1 sr.	SR	Elverum Svømming	(0,65)	2.16,92	511
	Oona Ovesen:	33,39(33,39)				
	Andrea V. Skirbekk:	1.13,87(40,48)				
	Cathrine Olsen:	1.47,32(33,45)				
	Siri Ovesen:	2.16,92(29,60)				
16	Sandnes SLK J1 sr.	SR	Sandnes SLK	(0,72)	2.18,93	489
	Nicole Egeland:	33,78(33,78)				
	Tonje Immerstein:	1.17,82(44,04)				
	Bente Wathne:	1.49,58(31,76)				
	Unn Elin Kleppa Øvestad:	2.18,93(29,35)				

Øvelse 2. 800m fri, herrer - Direkte finale – Foreløpig før siste heat

Senior

1	Stian With Bjørnstad	87	Ski SK	8.32,05	709
	28,94(28,94)	1.00,47(31,53)	1.32,40(31,93)	2.04,50(32,10)	
	2.36,76(32,26)	3.08,56(31,80)	3.40,55(31,99)	4.12,88(32,33)	
	4.44,75(31,87)	5.16,85(32,10)	5.49,17(32,32)	6.21,91(32,74)	
	6.54,62(32,71)	7.27,42(32,80)	8.00,08(32,66)	8.32,05(31,97)	
2	Christer Koch Kvam	90	Bærum/NTG	8.36,15	693
	28,74(28,74)	1.00,76(32,02)	1.33,25(32,49)	2.05,64(32,39)	
	2.38,50(32,86)	3.11,20(32,70)	3.44,25(33,05)	4.16,77(32,52)	
	4.49,18(32,41)	5.21,87(32,69)	5.54,51(32,64)	6.27,20(32,69)	
	6.59,67(32,47)	7.32,41(32,74)	8.04,57(32,16)	8.36,15(31,58)	
3	Elias Damman	89	Bærum/NTG	8.39,21	680
	29,78(29,78)	1.01,73(31,95)	1.34,33(32,60)	2.07,28(32,95)	
	2.39,91(32,63)	3.12,66(32,75)	3.45,41(32,75)	4.18,57(33,16)	
	4.51,18(32,61)	5.23,99(32,81)	5.56,77(32,78)	6.29,50(32,73)	
	7.02,44(32,94)	7.35,28(32,84)	8.07,75(32,47)	8.39,21(31,46)	
4	Thor Kristian Østenå Larsen	86	Bergens SC	8.44,16	661
	29,13(29,13)	1.00,59(31,46)	1.32,80(32,21)	2.05,11(32,31)	
	2.37,56(32,45)	3.10,23(32,67)	3.43,02(32,79)	4.15,99(32,97)	
	4.49,28(33,29)	5.22,58(33,30)	5.56,11(33,53)	6.29,66(33,55)	
	7.03,45(33,79)	7.37,24(33,79)	8.10,50(33,26)	8.44,16(33,66)	
5	Daniel Berenett	91	IL Varg	8.50,25	639
	28,67(28,67)	1.00,65(31,98)	1.33,40(32,75)	2.06,18(32,78)	
	2.39,08(32,90)	3.12,46(33,38)	3.45,95(33,49)	4.19,88(33,93)	
	4.52,79(32,91)	5.26,98(34,19)	6.00,76(33,78)	6.35,05(34,29)	
	7.09,08(34,03)	7.43,58(34,50)	8.17,07(33,49)	8.50,25(33,18)	
6	Håvard Melle	88	BS/Bergen SLK	9.08,03	579
	30,41(30,41)	1.03,37(32,96)	1.36,86(33,49)	2.10,97(34,11)	
	2.45,38(34,41)	3.19,85(34,47)	3.54,41(34,56)	4.29,03(34,62)	
	5.04,19(35,16)	5.39,36(35,17)	6.13,89(34,53)	6.49,14(35,25)	
	7.24,22(35,08)	7.58,92(34,70)	8.33,81(34,89)	9.08,03(34,22)	

Øvelse 3. 400m fri, damer - Forsøk

Senior

1	Elise Utne	89	Narvik SK	4.23,31	774
	30,72(30,72)	1.03,83(33,11)	1.37,29(33,46)	2.10,66(33,37)	
	2.43,76(33,10)	3.16,86(33,10)	3.50,48(33,62)	4.23,31(32,83)	
2	Elin Slaatmo	92	Hamar IL	4.24,44	764
	30,40(30,40)	1.03,26(32,86)	1.36,74(33,48)	2.10,58(33,84)	
	2.44,29(33,71)	3.18,25(33,96)	3.52,06(33,81)	4.24,44(32,38)	
3	Siri Løvold Magnussen	86	Hamar IL	4.26,56	746
	30,97(30,97)	1.04,44(33,47)	1.38,40(33,96)	2.12,08(33,68)	
	2.45,78(33,70)	3.19,48(33,70)	3.53,34(33,86)	4.26,56(33,22)	

4	Elisabeth Jarland	85	BS/Delfana	4.27,21	741
	31,70(31,70)	1.05,49(33,79)	1.39,61(34,12)	2.13,92(34,31)	
	2.47,41(33,49)	3.20,48(33,07)	3.53,83(33,35)	4.27,21(33,38)	
5	Ingrid N. Knutzen	91	Lambertseter SK	4.28,03	734
	31,22(31,22)	1.04,29(33,07)	1.38,48(34,19)	2.12,56(34,08)	
	2.46,60(34,04)	3.20,90(34,30)	3.55,03(34,13)	4.28,03(33,00)	
6	Cecilie Johannessen	90	Karmøy SK	4.29,44	722
	30,43(30,43)	1.03,54(33,11)	1.37,86(34,32)	2.12,30(34,44)	
	2.46,00(33,70)	3.20,29(34,29)	3.55,38(35,09)	4.29,44(34,06)	
7	Oda Martine Reiertsen	89	Hamar IL	4.31,92	703
	31,63(31,63)	1.05,01(33,38)	1.39,42(34,41)	2.13,52(34,10)	
	2.47,66(34,14)	3.22,76(35,10)	3.57,69(34,93)	4.31,92(34,23)	
8	Clarissa van Rheenen	91	Skjetten Svømming	4.32,34	700
	31,46(31,46)	1.05,70(34,24)	1.40,33(34,63)	2.14,70(34,37)	
	2.48,56(33,86)	3.23,17(34,61)	3.58,00(34,83)	4.32,34(34,34)	
9	Siri N. Andersen	92	Haldens SK	4.33,29	692
	31,98(31,98)	1.05,88(33,90)	1.40,24(34,36)	2.14,57(34,33)	
	2.49,28(34,71)	3.24,12(34,84)	3.59,12(35,00)	4.33,29(34,17)	
10	Stine K. Jansen	90	Moss SK	4.34,15	686
	31,74(31,74)	1.05,61(33,87)	1.40,11(34,50)	2.15,04(34,93)	
	2.49,71(34,67)	3.24,73(35,02)	3.59,81(35,08)	4.34,15(34,34)	
11	Charlotte Thorsen	89	Lambertseter SK	4.35,09	679
	31,56(31,56)	1.05,06(33,50)	1.39,35(34,29)	2.14,60(35,25)	
	2.49,75(35,15)	3.24,68(34,93)	3.59,97(35,29)	4.35,09(35,12)	
12	Monica Johannessen	90	Karmøy SK	4.36,71	667
	31,47(31,47)	1.05,77(34,30)	1.40,75(34,98)	2.15,84(35,09)	
	2.50,55(34,71)	3.26,27(35,72)	4.01,68(35,41)	4.36,71(35,03)	
13	Emma Isdahl	92	Kolbotn IL	4.38,39	655
	31,86(31,86)	1.06,17(34,31)	1.41,20(35,03)	2.16,73(35,53)	
	2.52,15(35,42)	3.28,44(36,29)	4.04,27(35,83)	4.38,39(34,12)	
14	Helene Lybak	90	Delfana	4.40,20	642
	32,62(32,62)	1.07,58(34,96)	1.43,46(35,88)	2.19,12(35,66)	
	2.54,40(35,28)	3.30,06(35,66)	4.05,36(35,30)	4.40,20(34,84)	
15	Ingrid Marie Rytter	91	TS/Madla SK	4.40,36	641
	32,30(32,30)	1.07,54(35,24)	1.43,52(35,98)	2.19,08(35,56)	
	2.55,11(36,03)	3.30,97(35,86)	4.06,88(35,91)	4.40,36(33,48)	
16	Rebecca Johnsen	88	BS/Åstveit	4.44,85	611
	32,45(32,45)	1.07,83(35,38)	1.44,11(36,28)	2.20,67(36,56)	
	2.56,05(35,38)	3.32,72(36,67)	4.09,11(36,39)	4.44,85(35,74)	

Funksjonshemmede

1	Linn Haugen	87	Vestkantsvømmerne	5.36,65	370	S9	127,54 %
	37,91(37,91)	1.18,28(40,37)	2.00,88(42,60)	2.43,49(42,61)			
	4.54,25(2.10,76)	5.36,65(42,40)					
2	Ingvill S. Hilleren	90	Vestkantsvømmerne	7.45,50	140	S6	133,31 %
	52,51(52,51)	1.50,16(57,65)	2.48,67(58,51)	3.47,96(59,29)			
	4.47,07(59,11)	5.47,28(1.00,21)	6.46,89(59,61)	7.45,50(58,61)			

Øvelse 4. 50m bryst, herrer - Forsøk

Senior

1	Alexander Dale Oen	85	Vestkantsvømmerne	29,17	749
2	Robin Dale Oen	80	Vestkantsvømmerne	29,48	726
3	Anders Wold	81	IL Varg	29,69	711
4	Thomas Breivoll	78	IL Varg	29,84	700
5	Marcus Tesdal	90	BS/Åstveit	29,89	696
6	Ole Fjørtoft	79	Bærumsvømmerne	29,90	696
6	Lars Erik Dæhli	82	IL Varg	29,90	696
8	Mattis Saghaug	90	IL Varg/NTG	30,09	683
9	Øyvind Nyhus	69	Molde SLK	30,19	676
10	Morten Jarland	80	Vestkantsvømmerne	30,34	666
11	Ole-Wilhelm Norseng	88	Hamar IL	30,67	645

11	Robin Palm	88	Sarpsborg IL	30,67	645
13	Martin Steffensen	89	Arna SLK	30,70	643
14	Alexander Mokkelbost	87	Vestbyen IL	30,82	635
14	Thomas W. Kristiansen	89	Ski SK	30,82	635
16	Johannes Grov Framnes	89	Arna SLK	30,84	634
17	Anders Kristensen	84	Trondheim SLK	30,98	625
18	Tommy Godø	85	BS/Delfana	31,04	622
19	Martin Åsheim	90	Lørenskog/Rælingen	31,19	613
20	Bernt M. Seyffarth	89	Mandal SK	31,21	612
21	Pål Pedersen	82	Trondheim SLK	31,31	606
22	Espen Singstad	87	Vestbyen IL	31,35	603
23	Sindre Söderlund	91	Vestbyen IL	31,40	601
24	Christoffer Johansen	85	Team Stavanger	31,45	598
25	Odd Roar Kaspersen	71	Lambertseter SK	31,47	597
26	Christoffer Sørstrand Æsøy	88	Asker SK	31,48	596
27	Håkon Skårud Karlsen	79	IL Varg	31,61	589
28	Tor Arne Pedersen	65	Vadsø SK	31,76	580
29	Martin-Al. Steffensen	86	Bergens SC	31,78	579

Øvelse 201. 50m bryst, herrer - Omsvøm

Senior

1	Ole Fjørtoft	79	Bærumsvømmerne	29,55	721
2	Lars Erik Dæhli	82	IL Varg	29,72	708

Øvelse 5. 50m rygg, damer - Forsøk

Senior

1	Katharina Stiberg	88	Bjerkvik SK	(0,64)	29,02	822
2	Ingvild Snildal	88	Asker SK	(0,80)	29,37	793
3	Karen Stødle	87	Team Stavanger	(0,61)	30,26	725
4	Iwonka Vik	81	Vestkantsvømmerne	(0,66)	30,79	688
5	Margrete Nyhus Ulvestad	88	BS/Åstveit	(0,82)	30,89	681
6	Ina Kr. Pedersen	89	Moss SK	(0,73)	31,27	657
7	Cecilie Johannessen	90	Karmøy SK	(0,68)	31,74	628
8	Rebecca Calder	87	IL Varg	(0,77)	31,79	625
9	Anne Lene Klingberg	86	Vestkantsvømmerne	(0,66)	31,83	623
10	Tove Fludal Haugan	86	BS/Delfana	(0,81)	31,88	620
11	Martine Andersen	90	Skien SK	(0,74)	31,98	614
12	Anne Haugvaldstad	89	TS/Randaberg	(0,65)	32,05	610
13	Seline Vike Holm	92	Arna SLK	(0,61)	32,17	603 DF
14	Vibeke Brigg	89	TS/Madla SK	(0,86)	32,17	603 DE
15	Paulien Mulder	86	Trondheim SLK	(0,71)	32,34	594
16	Elisabeth H. Svensson	91	Ski SK	(0,73)	32,59	580
17	Vibeke Browne	89	Bærumsvømmerne	(0,70)	32,82	568
18	Katja Heinänen	90	BS/Bergen SLK	(0,68)	32,98	560
19	Cecilie Lorgen Lübbe	90	Aalesund SLK	(0,63)	33,11	553
20	Siri Møllerop	90	TS/Madla SK	(0,66)	33,28	545
21	Maren Allum	90	Bergens SC	(0,79)	33,46	536
22	Rebecca Johnsen	88	BS/Åstveit	(0,73)	34,20	502

Øvelse 6. 200m individuell medley, herrer - Forsøk**Senior**

1	Eirik Ravnan	89	Hamar IL	2.05,55	785
	27,12(27,12)	58,42(31,30)	1.35,36(36,94)	2.05,55(30,19)	
2	Gard Kvale	84	Bergens SC	2.08,35	734
	27,70(27,70)	1.00,37(32,67)	1.37,34(36,97)	2.08,35(31,01)	
3	Alexander Broberg Skeltved	87	Tromsø SK	2.08,60	730
	27,99(27,99)	1.01,28(33,29)	1.37,93(36,65)	2.08,60(30,67)	
4	Jørgen Møllerop	88	TS/Madla SK	2.09,62	713
	26,85(26,85)	58,71(31,86)	1.38,29(39,58)	2.09,62(31,33)	
5	Gard Myrme Sæle	87	Bergens SC	2.12,41	669
	29,58(29,58)	1.03,21(33,63)	1.40,95(37,74)	2.12,41(31,46)	
6	Mattis Saghaug	90	IL Varg/NTG	2.13,58	651
	29,52(29,52)	1.04,96(35,44)	1.42,44(37,48)	2.13,58(31,14)	
7	Øivind A. S. Reinertsen	88	Kristiansand SA	2.14,03	645
	28,03(28,03)	1.03,29(35,26)	1.43,22(39,93)	2.14,03(30,81)	
8	Eirik Lund	78	Asker SK	2.14,32	641
	29,55(29,55)	1.05,74(36,19)	1.43,89(38,15)	2.14,32(30,43)	
9	Christer Koch Kvam	90	Bærum/NTG	2.14,37	640
	28,09(28,09)	1.02,98(34,89)	1.42,77(39,79)	2.14,37(31,60)	
10	Sebastian Wigstrøm	91	Bærumsvømmerne	2.14,61	636
	30,39(30,39)	1.04,90(34,51)	1.42,72(37,82)	2.14,61(31,89)	
11	Lars E Borsheim	80	TS/Madla SK	2.14,98	631
	28,82(28,82)	1.04,21(35,39)	1.42,92(38,71)	2.14,98(32,06)	
12	Mikael Bergene	91	Kolbotn IL	2.15,38	626
	29,19(29,19)	1.02,40(33,21)	1.42,38(39,98)	2.15,38(33,00)	
13	Tim K. Nilo	88	Sandefjord SK/NTG	2.15,95	618
	29,04(29,04)	1.04,64(35,60)	1.43,13(38,49)	2.15,95(32,82)	
14	Lars Kristian Allum	87	Bergens SC	2.16,63	609
	29,23(29,23)	1.05,12(35,89)	1.44,46(39,34)	2.16,63(32,17)	
15	Christian Thorsen	91	Lambertseter SK	2.17,03	603
	30,45(30,45)	1.05,98(35,53)	1.45,21(39,23)	2.17,03(31,82)	
16	Christoffer Sørstrand Æsøy	88	Asker SK	2.18,13	589
	29,46(29,46)	1.06,72(37,26)	1.44,69(37,97)	2.18,13(33,44)	
	Robert Aronsen	86	Bærumsvømmerne	DISK	
	Mats Andre Fredriksen	85	Lambertseter SK	DISK	

Øvelse 7. 100m butterfly, damer - Forsøk**Senior**

1	Victoria S. Løken	91	Aalesund SLK	1.02,67	765
	29,64(29,64)	1.02,67(33,03)			
2	Ingvild Snildal	88	Asker SK	1.03,15	748
	29,95(29,95)	1.03,15(33,20)			
3	Anette Fidjeland	80	IL Varg	1.04,74	694
	30,23(30,23)	1.04,74(34,51)			
4	Sara Pettersen	91	Fauske SK	1.04,96	687
	30,65(30,65)	1.04,96(34,31)			
5	Elisabeth H. Svensson	91	Ski SK	1.05,42	672
	30,71(30,71)	1.05,42(34,71)			
6	Christine Ørland	88	TS/Madla SK	1.05,56	668
	30,85(30,85)	1.05,56(34,71)			
7	Monica Martinsen	83	Stavanger SC	1.06,11	652
	30,99(30,99)	1.06,11(35,12)			
8	Monica Johannessen	90	Karmøy SK	1.06,14	651
	31,70(31,70)	1.06,14(34,44)			
9	Line Løvberg	91	Lambertseter SK	1.06,16	650
	30,97(30,97)	1.06,16(35,19)			

10	Karen Stødle	87	Team Stavanger	1.06,23	648
	30,76(30,76)	1.06,23(35,47)			
11	Karolina Orleanski	86	Bærumsvømmerne	1.06,63	636
	31,40(31,40)	1.06,63(35,23)			
12	Elise Strømsvik	87	Vestbyen IL	1.07,53	611
	31,24(31,24)	1.07,53(36,29)			
13	Ellen Magnussen	84	Sarpsborg IL	1.08,19	594
	31,90(31,90)	1.08,19(36,29)			

Funksjonshemmede

1	Anne Ask Rasmussen	89	TS/Madla SK	1.31,05	249	S9	135,35 %
	42,06(42,06)	1.31,05(48,99)					

Øvelse 8. 200m rygg, herrer - Forsøk

Senior

1	Lars Andre Tolås	88	Stavanger SC/NTG	(0,64)	2.05,57	715
	29,51(29,51)	1.00,87(31,36)	1.32,90(32,03)	2.05,57(32,67)		
2	Dominik Borkowski	90	Skjetten Svømming	(0,70)	2.07,45	683
	29,33(29,33)	1.01,03(31,70)	1.34,33(33,30)	2.07,45(33,12)		
3	Kim Torry Simmenes	82	Vestkantsvømmerne	(0,81)	2.09,62	650
	30,66(30,66)	1.03,46(32,80)	1.36,20(32,74)	2.09,62(33,42)		
4	Joar Skien Grannes	90	Sandnes SLK	(0,73)	2.09,71	648
	29,35(29,35)	1.01,78(32,43)	1.35,65(33,87)	2.09,71(34,06)		
5	Njål Falch	87	Kolbotn IL	(0,60)	2.09,74	648
	30,11(30,11)	1.02,09(31,98)	1.35,56(33,47)	2.09,74(34,18)		
6	Maxim Christensen	89	Vågsbygd SLK	(0,58)	2.09,96	645
	29,42(29,42)	1.01,97(32,55)	1.35,74(33,77)	2.09,96(34,22)		
7	Sindre Nilo	90	Sandefjord SK/NTG	(0,72)	2.12,23	612
	31,32(31,32)	1.04,37(33,05)	1.38,14(33,77)	2.12,23(34,09)		
8	Vegard Løvberg	91	Bærumsvømmerne	(0,66)	2.12,90	603
	31,49(31,49)	1.05,68(34,19)	1.39,42(33,74)	2.12,90(33,48)		
9	Martin Robertsen	88	Sarpsborg IL	(0,65)	2.13,46	595
	30,79(30,79)	1.04,43(33,64)	1.38,84(34,41)	2.13,46(34,62)		
10	Even Vike Holm	90	Arna SLK	(0,75)	2.14,44	582
	31,06(31,06)	1.04,43(33,37)	1.39,40(34,97)	2.14,44(35,04)		
11	Emil Brennløkken	89	Vestbyen IL	(0,72)	2.15,96	563
	31,92(31,92)	1.06,19(34,27)	1.41,27(35,08)	2.15,96(34,69)		
12	Jan Aleksander Bakke	91	Asker SK	(0,82)	2.17,48	544
	33,59(33,59)	1.08,27(34,68)	1.42,64(34,37)	2.17,48(34,84)		
13	Tore Skauge Bysting	92	Lørenskog/Rælingen	(0,67)	2.18,08	537
	33,00(33,00)	1.07,85(34,85)	1.43,07(35,22)	2.18,08(35,01)		
14	Lars E Borsheim	80	TS/Madla SK	(0,62)	2.23,79	476
	33,04(33,04)	1.08,52(35,48)	1.46,00(37,48)	2.23,79(37,79)		
15	Mats Andre Fredriksen	85	Lambertseter SK	(0,79)	2.24,49	469
	32,69(32,69)	1.08,53(35,84)	1.46,20(37,67)	2.24,49(38,29)		
16	Mikael Bergene	91	Kolbotn IL	(0,62)	2.26,09	454
	33,99(33,99)	1.10,71(36,72)	1.48,31(37,60)	2.26,09(37,78)		

Øvelse 9. 200m bryst, damer - Forsøk**Senior**

1	Anne-Mari Gulbrandsen	84	Bærumsvømmerne	2.31,15	815
	34,97(34,97)	1.13,17(38,20)	1.52,02(38,85)	2.31,15(39,13)	
2	Sara Nordenstam	83	Lambertseter SK	2.34,62	761
	35,25(35,25)	1.14,05(38,80)	1.53,80(39,75)	2.34,62(40,82)	
3	Katharina Stiberg	88	Bjerkvik SK	2.35,08	754
	34,76(34,76)	1.14,31(39,55)	1.54,13(39,82)	2.35,08(40,95)	
4	Celinn Daviknes	86	BS/Delfana	2.35,79	744
	34,09(34,09)	1.12,81(38,72)	1.53,67(40,86)	2.35,79(42,12)	
5	Trine A. Olsen	90	Fauske SK	2.37,75	716
	36,95(36,95)	1.16,56(39,61)	1.56,76(40,20)	2.37,75(40,99)	
6	Monica Finnøy	88	BS/Bergen SLK	2.38,22	710
	35,92(35,92)	1.15,72(39,80)	1.56,59(40,87)	2.38,22(41,63)	
7	Ine Charlotte Hagen	89	Lørenskog/Rælingen	2.39,36	695
	36,26(36,26)	1.16,34(40,08)	1.57,29(40,95)	2.39,36(42,07)	
8	Iselin Meisler	90	Tverlandet IL	2.40,14	685
	35,88(35,88)	1.16,30(40,42)	1.57,85(41,55)	2.40,14(42,29)	
9	Karoline Bergene	89	Kolbotn IL	2.41,43	669
	36,35(36,35)	1.17,50(41,15)	1.58,94(41,44)	2.41,43(42,49)	
10	Karin Ekholt	89	Bærumsvømmerne	2.41,48	668
	35,88(35,88)	1.16,22(40,34)	1.58,71(42,49)	2.41,48(42,77)	
11	Maria Farestvedt	90	BS/Åstveit	2.43,28	646
	36,47(36,47)	1.18,09(41,62)	2.00,68(42,59)	2.43,28(42,60)	
12	Charlotte Kausland	89	Vestkantsvømmerne	2.44,79	628
	37,69(37,69)	1.19,22(41,53)	2.01,71(42,49)	2.44,79(43,08)	
13	Mari Singstad	91	Vestbyen IL	2.45,62	619
	36,98(36,98)	1.19,45(42,47)	2.02,30(42,85)	2.45,62(43,32)	
14	Benedicte Kausland	92	Vestkantsvømmerne	2.46,02	615
	36,98(36,98)	1.19,07(42,09)	2.02,38(43,31)	2.46,02(43,64)	

Øvelse 10. 50m butterfly, herrer - Forsøk**Senior**

1	Petter Solberg	85	BS/Delfana	25,42	727
2	Bjørnar Gaasvik	79	IL Varg	25,66	707
3	Dan Magnus Skibrek	87	Øvre Eiker SK	25,69	704
4	Pål Gunnar Normann	81	Vestkantsvømmerne	25,92	685
5	Thomas Robson	88	BS/Bergen SLK	26,01	678
6	Jonas Noreng Ravn	83	IL Varg	26,10	671
7	Marius Eidsaa	86	Trondheim SLK	26,18	665
8	Tor Joachim Bjørnstad	84	Hamar IL	26,19	665
9	Tor Mæhlum Karlsen	85	Trondheim SLK	26,23	661
10	Karl Otto Bratt	78	IL Varg	26,28	658
11	Sander Smørdal	85	BS/Arna	26,39	649
12	Øystein R. Hetland	89	Bærum/NTG	26,45	645
13	Alexander B. Havre	90	Mandal SK	26,48	643
14	Marcus Tesdal	90	BS/Åstveit	26,53	639
15	Andreas D. Johnsen	87	BS/Delfana	26,68	629
16	Maxim Christensen	89	Vågsbygd SLK	26,73	625
17	Øyvind K. Røsland	68	Hamar IL	26,83	618
18	Jens Petter Loe	89	Øvre Eiker SK	26,93	611
19	Øystein Gaasvik	82	Vestbyen IL	27,73	560
20	Christoffer Johansen	85	Team Stavanger	27,94	547

Øvelse 11. 4*200m fri, damer - Direkte finale – Foreløpig før siste heat**Senior**

1	Lambertseter SK J1 sr.	SR	Lambertseter SK	8.50,77	703
	Line Løvberg:	31,45(31,45)	1.05,21(33,76)		
		1.39,95(34,74)	2.14,94(34,99)		
	Sara Nordenstam:	2.45,79(30,85)	3.19,82(34,03)		
		3.54,02(34,20)	4.28,14(34,12)		
	Ingrid N. Knutzen:	4.57,40(29,26)	5.30,27(32,87)		
		6.04,24(33,97)	6.37,74(33,50)		
	Charlotte Thorsen:	7.07,59(29,85)	7.41,25(33,66)		
		8.16,02(34,77)	8.50,77(34,75)		
2	Moss SK J1 sr.	SR	Moss SK	8.59,28	670
	Marte E. Brinchmann:	31,86(31,86)	1.07,36(35,50)		
		1.44,37(37,01)	2.20,16(35,79)		
	Ina Kr. Pedersen:	2.49,07(28,91)	3.20,01(30,94)		
		3.52,20(32,19)	4.24,88(32,68)		
	Thea Pedersen:	4.57,17(32,29)	5.32,95(35,78)		
		6.09,89(36,94)	6.46,54(36,65)		
	Stine K. Jansen:	7.16,54(30,00)	7.50,25(33,71)		
		8.24,92(34,67)	8.59,28(34,36)		
3	Øvre Eiker SK J1 sr.	SR	Øvre Eiker SK	9.08,39	637
	Siri Anette Sønju:	31,06(31,06)	1.05,14(34,08)		
		1.40,27(35,13)	2.14,88(34,61)		
	Inger-Cathrine Wium:	2.46,00(31,12)	3.20,62(34,62)		
		3.55,78(35,16)	4.31,12(35,34)		
	Line Cecilie Stenseth:	5.02,84(31,72)	5.37,58(34,74)		
		6.13,95(36,37)	6.51,15(37,20)		
	Guro Knutsen:	7.21,58(30,43)	7.56,32(34,74)		
		8.32,56(36,24)	9.08,39(35,83)		
4	Arna SLK J1 sr.	SR	Arna SLK	9.32,21	561
	Seline Vike Holm:	30,94(30,94)	1.06,34(35,40)		
		1.42,57(36,23)	2.17,80(35,23)		
	Oda J. Midtun:	2.48,82(31,02)	3.26,19(37,37)		
		4.05,62(39,43)	4.45,50(39,88)		
	Ane J. Midtun:	5.17,28(31,78)	5.54,38(37,10)		
		6.32,20(37,82)	7.09,97(37,77)		
	Marina Rasmussen:	7.42,04(32,07)	8.18,48(36,44)		
		8.55,71(37,23)	9.32,21(36,50)		

Øvelse 12. 4*100m fri, herrer - Direkte finale – Foreløpig før siste heat**Senior**

1	Bergensv. G2 sr.	SR	Bergensvømmerne	3.34,60	705
	Anders Espeland Seljeflot:	25,76(25,76)			
		54,19(28,43)			
	Marcus Tesdal:	1.19,65(25,46)			
		1.47,64(27,99)			
	Kim Henriksen:	2.12,78(25,14)			
		2.40,38(27,60)			
	Tommy Godø:	3.05,93(25,55)			
		3.34,60(28,67)			
2	Asker SK G1 sr.	SR	Asker SK	3.38,21	670
	Eirik Lund:	26,19(26,19)			
		54,08(27,89)			
	Christian Aaserud:	1.19,67(25,59)			
		1.46,37(26,70)			
	Christoffer Sørstrand Æsøy:	2.12,79(26,42)			
		2.41,58(28,79)			
	Magnus Bru:	3.09,08(27,50)			
		3.38,21(29,13)			
3	IL Varg G2 sr.	SR	IL Varg	3.38,35	669
	Mattis Saghaug:	26,28(26,28)			
		55,22(28,94)			
	Bjørnar Gaasvik:	1.20,38(25,16)			
		1.48,33(27,95)			
	Håkon Skårud Karlsen:	2.14,67(26,34)			
		2.43,92(29,25)			
	Lars Erik Dæhli:	3.09,53(25,61)			
		3.38,35(28,82)			

4	Trondheim SLK G1 sr.	SR	Trondheim SLK	3.38,38	669
			26,17(26,17)		
	Pål Pedersen:		56,19(30,02)		
			1.22,71(26,52)		
	Marius Eidsaa:		1.51,66(28,95)		
			2.16,89(25,23)		
	Bjørnar Evensen:		2.45,44(28,55)		
			3.11,07(25,63)		
	Tor Mæhlum Karlsen:		3.38,38(27,31)		
5	Team Stavanger G1 sr.	SR	Team Stavanger	3.40,06	653
			26,06(26,06)		
	Fredrik Nordbø:		54,19(28,13)		
			1.18,30(24,11)		
	Jørgen Møllerop:		1.45,30(27,00)		
			2.12,09(26,79)		
	Lars E Borsheim:		2.41,52(29,43)		
			3.09,62(28,10)		
	Christoffer Johansen:		3.40,06(30,44)		
6	Bærumsv G2 sr.	SR	Bærumsvømmerne	3.41,00	645
			26,59(26,59)		
	Stian Werner Erichsen:		54,56(27,97)		
			1.21,03(26,47)		
	Elias Damman:		1.49,42(28,39)		
			2.15,81(26,39)		
	Daniel Aronsen:		2.45,32(29,51)		
			3.11,85(26,53)		
	Tor Hafnor:		3.41,00(29,15)		
7	Vestbyen IL G1 sr.	SR	Vestbyen IL	3.42,20	635
			26,22(26,22)		
	Erlend Alvestad:		56,54(30,32)		
			1.23,67(27,13)		
	Emil Brennløkken:		1.52,82(29,15)		
			2.18,89(26,07)		
	Espen Singstad:		2.47,73(28,84)		
			3.13,21(25,48)		
	Alexander Mokkelbost:		3.42,20(28,99)		
8	Sandnes SLK G1 sr.	SR	Sandnes SLK	3.42,27	634
			25,86(25,86)		
	Joar Skien Grannes:		53,81(27,95)		
			1.20,49(26,68)		
	Rune Skien Grannes:		1.50,14(29,65)		
			2.16,36(26,22)		
	Thor Helge Billington:		2.46,17(29,81)		
			3.12,26(26,09)		
	Ivar Idsø Flaten:		3.42,27(30,01)		
9	Mandal SK G1 sr.	SR	Mandal SK	3.43,23	626
			26,13(26,13)		
	Alexander B. Havre:		56,13(30,00)		
			1.22,34(26,21)		
	Per Sondre Sodeland:		1.52,37(30,03)		
			2.18,27(25,90)		
	Bjørnar Salvesen:		2.48,54(30,27)		
			3.14,55(26,01)		
	Bernt M. Seyffarth:		3.43,23(28,68)		
10	Øvre Eiker SK G1 sr.	SR	Øvre Eiker SK	3.45,28	609
			26,55(26,55)		
	Jens Petter Loe:		55,78(29,23)		
			1.21,59(25,81)		
	Dan Magnus Skibrek:		1.49,88(28,29)		
			2.17,99(28,11)		
	Øyvind Gevelt:		2.48,33(30,34)		
			3.15,46(27,13)		
	Martin Hals:		3.45,28(29,82)		
11	Arna SLK G1 sr.	SR	Arna SLK	3.49,69	575
			26,65(26,65)		
	Even Vike Holm:		56,04(29,39)		
			1.22,55(26,51)		
	Martin Steffensen:		1.52,97(30,42)		
			2.20,28(27,31)		
	Johannes Grov Framnes:		2.51,48(31,20)		
			3.18,37(26,89)		
	Ørjan Knutli:		3.49,69(31,32)		

Torsdag 1. mars kl 17.00

Øvelse 1. 4*50m lag medley, damer - Finale

Senior

1	Bergensv. J1 sr. Margrete Nyhus Ulvestad: Ann-Helen Pridesis: Tove Fludal Haugan: Elisabeth Jarland:	SR	Bergensvømmerne	(0,77)	1.56,94	821
2	Team Stavanger J1 sr. Karen Stødle: Mari Ask Rasmussen: Christine Ørland: Vibeke Brigg:	SR	Team Stavanger	(0,57)	1.57,38	811
3	Vestkantsv. J1 sr. Iwonka Vik: Henriette Brekke: Anne Lene Klingberg: Lise Fådnes:	SR	Vestkantsvømmerne	(0,67)	1.57,93	800
4	Lambertseter SK J1 sr. Anu Koivisto: Charlotte Thorsen: Sara Nordenstam: Merete Løvberg:	SR	Lambertseter SK	(0,66)	1.58,78	783
5	IL Varg J1 sr. Anette Fidjeland: Annelin Stenersen Nordbø: Rebecca Calder: Kari Flottorp:	SR	IL Varg	(0,75)	2.01,23	736
	Team Stavanger J2 sr. 32,16(32,16) Ida Nordbø, Stine Haferkamp, Anne Haugvaldstad, Linn Mari Høgalmen	SR	Team Stavanger	(0,67)	DISK	

Øvelse 2. 800m fri, herrer - Direkte finale

Senior

1	Mikkel Brudvik Sanderud 28,74(28,74) 2.30,42(30,55) 4.33,37(30,71) 6.38,08(31,03)	87	Hamar IL	8.10,77	806
	59,20(30,46) 3.01,23(30,81) 5.04,45(31,08) 7.09,29(31,21)		1.29,28(30,08) 3.32,07(30,84) 5.35,41(30,96) 7.40,98(31,69)	1.59,87(30,59) 4.02,66(30,59) 6.07,05(31,64) 8.10,77(29,79)	
2	Christian Aaserud 29,09(29,09) 2.34,91(31,76) 4.42,45(31,52) 6.50,56(31,55)	88	Asker SK	8.22,93	749
	1.00,23(31,14) 3.06,74(31,83) 5.14,76(32,31) 7.22,52(31,96)		1.31,51(31,28) 3.38,82(32,08) 5.46,60(31,84) 7.53,84(31,32)	2.03,15(31,64) 4.10,93(32,11) 6.19,01(32,41) 8.22,93(29,09)	
3	Øystein R. Hetland 27,70(27,70) 2.33,00(31,93) 4.40,83(31,66) 6.48,57(32,02)	89	Bærum/NTG	8.24,19	743
	58,36(30,66) 3.05,09(32,09) 5.12,56(31,73) 7.20,87(32,30)		1.29,37(31,01) 3.37,00(31,91) 5.44,73(32,17) 7.53,17(32,30)	2.01,07(31,70) 4.09,17(32,17) 6.16,55(31,82) 8.24,19(31,02)	
4	Robert Aronsen 29,17(29,17) 2.32,95(31,16) 4.39,50(31,63) 6.50,73(32,92)	86	Bærumsvømmerne	8.24,41	742
	59,92(30,75) 3.04,34(31,39) 5.12,07(32,57) 7.23,42(32,69)		1.30,71(30,79) 3.35,86(31,52) 5.45,18(33,11) 7.55,82(32,40)	2.01,79(31,08) 4.07,87(32,01) 6.17,81(32,63) 8.24,41(28,59)	
5	Stian With Bjørnstad 28,94(28,94) 2.36,76(32,26) 4.44,75(31,87) 6.54,62(32,71)	87	Ski SK	8.32,05	709
	1.00,47(31,53) 3.08,56(31,80) 5.16,85(32,10) 7.27,42(32,80)		1.32,40(31,93) 3.40,55(31,99) 5.49,17(32,32) 8.00,08(32,66)	2.04,50(32,10) 4.12,88(32,33) 6.21,91(32,74) 8.32,05(31,97)	

6	Petter Fagelund	88	Bærum/NTG	8.32,17	709
	28,61(28,61)	59,17(30,56)	1.30,19(31,02)	2.01,50(31,31)	
	2.33,67(32,17)	3.06,13(32,46)	3.38,71(32,58)	4.11,45(32,74)	
	4.44,15(32,70)	5.16,78(32,63)	5.48,95(32,17)	6.21,42(32,47)	
	6.53,80(32,38)	7.26,80(33,00)	7.59,41(32,61)	8.32,17(32,76)	
7	Christer Koch Kvam	90	Bærum/NTG	8.36,15	693
	28,74(28,74)	1.00,76(32,02)	1.33,25(32,49)	2.05,64(32,39)	
	2.36,27(32,86)	3.11,20(32,70)	3.44,25(33,05)	4.16,77(32,52)	
	4.49,18(32,41)	5.21,87(32,69)	5.54,51(32,64)	6.27,20(32,69)	
	6.59,67(32,47)	7.32,41(32,74)	8.04,57(32,16)	8.36,15(31,58)	
8	Sindre Nilo	90	Sandefjord SK/NTG	8.37,53	687
	28,89(28,89)	1.00,35(31,46)	1.32,30(31,95)	2.04,20(31,90)	
	2.36,27(32,07)	3.08,64(32,37)	3.41,25(32,61)	4.13,89(32,64)	
	4.46,58(32,69)	5.19,51(32,93)	5.52,56(33,05)	6.25,69(33,13)	
	6.58,88(33,19)	7.32,02(33,14)	8.05,34(33,32)	8.37,53(32,19)	
9	Elias Damman	89	Bærum/NTG	8.39,21	680
	29,78(29,78)	1.01,73(31,95)	1.34,33(32,60)	2.07,28(32,95)	
	2.39,91(32,63)	3.12,66(32,75)	3.45,41(32,75)	4.18,57(33,16)	
	4.51,18(32,61)	5.23,99(32,81)	5.56,77(32,78)	6.29,50(32,73)	
	7.02,44(32,94)	7.35,28(32,84)	8.07,75(32,47)	8.39,21(31,46)	
10	Thor Kristian Østenå Larsen	86	Bergens SC	8.44,16	661
	29,13(29,13)	1.00,59(31,46)	1.32,80(32,21)	2.05,11(32,31)	
	2.37,56(32,45)	3.10,23(32,67)	3.43,02(32,79)	4.15,99(32,97)	
	4.49,28(33,29)	5.22,58(33,30)	5.56,11(33,53)	6.29,66(33,55)	
	7.03,45(33,79)	7.37,24(33,79)	8.10,50(33,26)	8.44,16(33,66)	
11	Daniel Berenett	91	IL Varg	8.50,25	639
	28,67(28,67)	1.00,65(31,98)	1.33,40(32,75)	2.06,18(32,78)	
	2.39,08(32,90)	3.12,46(33,38)	3.45,95(33,49)	4.19,88(33,93)	
	4.52,79(32,91)	5.26,98(34,19)	6.00,76(33,78)	6.35,05(34,29)	
	7.09,08(34,03)	7.43,58(34,50)	8.17,07(33,49)	8.50,25(33,18)	
12	Håvard Melle	88	BS/Bergen SLK	9.08,03	579
	30,41(30,41)	1.03,37(32,96)	1.36,86(33,49)	2.10,97(34,11)	
	2.45,38(34,41)	3.19,85(34,47)	3.54,41(34,56)	4.29,03(34,62)	
	5.04,19(35,16)	5.39,36(35,17)	6.13,89(34,53)	6.49,14(35,25)	
	7.24,22(35,08)	7.58,92(34,70)	8.33,81(34,89)	9.08,03(34,22)	

Øvelse 3. 400m fri,damer - Finale

Senior

1	Elisabeth Jarland	85	BS/Delfana	4.20,60	799
	30,61(30,61)	1.03,64(33,03)	1.36,56(32,92)	2.09,43(32,87)	
	2.42,46(33,03)	3.15,24(32,78)	3.48,48(33,24)	4.20,60(32,12)	
2	Cecilie Johannessen	90	Karmøy SK	4.21,25	793
	30,58(30,58)	1.03,51(32,93)	1.35,85(32,34)	2.08,95(33,10)	
	2.41,59(32,64)	3.15,38(33,79)	3.48,58(33,20)	4.21,25(32,67)	
3	Elise Utne	89	Narvik SK	4.21,81	787
	30,64(30,64)	1.03,56(32,92)	1.36,74(33,18)	2.10,29(33,55)	
	2.43,68(33,39)	3.16,88(33,20)	3.50,06(33,18)	4.21,81(31,75)	
4	Elin Slaatmo	92	Hamar IL	4.22,96	777
	30,60(30,60)	1.03,75(33,15)	1.36,97(33,22)	2.10,08(33,11)	
	2.43,89(33,81)	3.17,82(33,93)	3.50,75(32,93)	4.22,96(32,21)	
5	Siri Løvold Magnussen	86	Hamar IL	4.27,06	742
	30,96(30,96)	1.04,45(33,49)	1.38,53(34,08)	2.12,44(33,91)	
	2.46,56(34,12)	3.20,83(34,27)	3.54,71(33,88)	4.27,06(32,35)	
6	Ingrid N. Knutzen	91	Lambertseter SK	4.27,41	739
	31,15(31,15)	1.04,68(33,53)	1.38,64(33,96)	2.12,68(34,04)	
	2.46,62(33,94)	3.20,90(34,28)	3.54,88(33,98)	4.27,41(32,53)	

Øvelse 4. 50m bryst, herrer - Finale**Senior**

1	Alexander Dale Oen	85	Vestkantsvømmerne	27,56	888
2	Thomas Breivoll	78	IL Varg	29,35	736
3	Robin Dale Oen	80	Vestkantsvømmerne	29,46	727
4	Anders Wold	81	IL Varg	29,50	724
5	Ole Fjørtoft	79	Bærumsvømmerne	29,55	721
6	Marcus Tesdal	90	BS/Åstveit	29,68	711

Funksjonshemmede

1	Roar Mellemseier	92	Sunndal SLK	50,47	144	SB8	147,88 %
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Øvelse 5. 50m rygg, damer - Finale**Senior**

1	Katharina Stiberg	88	Bjerkvik SK	(0,66)	28,89	833
2	Ingvild Snildal	88	Asker SK	(0,75)	29,15	811
3	Margrete Nyhus Ulvestad	88	BS/Åstveit	(0,74)	30,19	730
4	Karen Stødle	87	Team Stavanger	(0,56)	30,68	696
5	Ina Kr. Pedersen	89	Moss SK	(0,72)	30,97	676
6	Iwonka Vik	81	Vestkantsvømmerne	(0,69)	31,01	674

Funksjonshemmede

1	Ingvill S. Hilleren	90	Vestkantsvømmerne	(1,07)	52,01	142	S6	115,37 %
2	Tonje Immerstein	89	Sandnes SLK	(0,69)	41,15	288	S10	116,61 %
3	Linn Haugen	87	Vestkantsvømmerne	(1,08)	43,28	247	S9	127,52 %
4	Ingrid Djupskås	89	Asker SK	(0,86)	49,99	160	S10	141,65 %
5	Linn Blummenfelt	88	Vestkantsvømmerne	(1,22)	1.01,17	87	S7	153,46 %
6	Linn Kristoffersen	84	Øvre Eiker SK	(1,26)	1.03,85	77	S7	160,19 %

Øvelse 6. 200m individuell medley, herrer - Finale**Senior**

1	Gard Kvale	84	Bergens SC	2.01,69	862
	26,99(26,99)	57,80(30,81)	1.32,76(34,96)	2.01,69(28,93)	
2	Alexander Broberg Skeltved	87	Tromsø SK	2.05,33	789
	26,90(26,90)	1.00,11(33,21)	1.35,08(34,97)	2.05,33(30,25)	
3	Eirik Ravnan	89	Hamar IL	2.06,48	767
	27,44(27,44)	59,11(31,67)	1.36,31(37,20)	2.06,48(30,17)	
4	Jørgen Møllerop	88	TS/Madla SK	2.07,25	754
	27,32(27,32)	59,51(32,19)	1.37,79(38,28)	2.07,25(29,46)	
5	Gard Myrnel Sæle	87	Bergens SC	2.12,41	669
	29,13(29,13)	1.02,73(33,60)	1.40,38(37,65)	2.12,41(32,03)	
6	Mattis Saghaug	90	IL Varg/NTG	2.13,06	659
	28,33(28,33)	1.03,49(35,16)	1.41,27(37,78)	2.13,06(31,79)	

Øvelse 7. 100m butterfly,damer - Finale

Senior

1	Ingvild Snildal	88	Asker SK	1.02,58	768
	29,62(29,62)	1.02,58(32,96)			
2	Victoria S. Løken	91	Aalesund SLK	1.02,86	758
	29,16(29,16)	1.02,86(33,70)			
3	Anette Fidjeland	80	IL Varg	1.03,55	734
	29,83(29,83)	1.03,55(33,72)			
4	Sara Pettersen	91	Fauske SK	1.04,73	694
	30,61(30,61)	1.04,73(34,12)			
5	Elisabeth H. Svensson	91	Ski SK	1.05,86	659
	30,52(30,52)	1.05,86(35,34)			
6	Christine Ørland	88	TS/Madla SK	1.06,35	645
	31,12(31,12)	1.06,35(35,23)			

Øvelse 8. 200m rygg, herrer - Finale

Senior

1	Lars Andre Tolås	88	Stavanger SC/NTG	(0,67)	2.03,23	756	NJR
	29,22(29,22)	1.00,66(31,44)	1.32,01(31,35)		2.03,23(31,22)		
2	Kim Torry Simmenes	82	Vestkantsvømmerne	(0,82)	2.05,70	712	
	28,73(28,73)	59,90(31,17)	1.32,31(32,41)		2.05,70(33,39)		
3	Dominik Borkowski	90	Skjetten Svømming	(0,65)	2.06,00	707	
	29,60(29,60)	1.01,46(31,86)	1.33,73(32,27)		2.06,00(32,27)		
4	Maxim Christensen	89	Vågsbygd SLK	(0,63)	2.06,24	703	
	28,68(28,68)	1.00,58(31,90)	1.33,38(32,80)		2.06,24(32,86)		
5	Njål Falch	87	Kolbotn IL	(0,64)	2.09,20	656	
	30,51(30,51)	1.02,84(32,33)	1.35,93(33,09)		2.09,20(33,27)		
6	Joar Skien Grannes	90	Sandnes SLK	(0,73)	2.11,98	615	
	29,29(29,29)	1.02,31(33,02)	1.36,98(34,67)		2.11,98(35,00)		

Øvelse 9. 200m bryst, damer - Finale

Senior

1	Anne-Mari Gulbrandsen	84	Bærumsvømmerne	2.29,42	843
	34,11(34,11)	1.11,98(37,87)	1.50,41(38,43)	2.29,42(39,01)	
2	Celinn Daviknes	86	BS/Delfana	2.33,03	785
	34,72(34,72)	1.14,13(39,41)	1.53,78(39,65)	2.33,03(39,25)	
3	Sara Nordenstam	83	Lambertseter SK	2.33,05	785
	35,07(35,07)	1.13,92(38,85)	1.53,56(39,64)	2.33,05(39,49)	
4	Trine A. Olsen	90	Fauske SK	2.35,63	746
	36,03(36,03)	1.14,76(38,73)	1.54,61(39,85)	2.35,63(41,02)	
5	Monica Finnøy	88	BS/Bergen SLK	2.39,94	687
	35,94(35,94)	1.16,83(40,89)	1.58,24(41,41)	2.39,94(41,70)	
6	Ine Charlotte Hagen	89	Lørenskog/Rælingen	2.41,05	673
	36,08(36,08)	1.16,44(40,36)	1.58,28(41,84)	2.41,05(42,77)	

Øvelse 10. 50m butterfly, herrer - Finale

Senior

1	Bjørnar Gaasvik	79	IL Varg	25,34	734
2	Petter Solberg	85	BS/Delfana	25,52	718
3	Dan Magnus Skibrek	87	Øvre Eiker SK	25,78	697
4	Pål Gunnar Normann	81	Vestkantsvømmerne	25,91	686
5	Marius Eidsaa	86	Trondheim SLK	26,13	669
6	Thomas Robson	88	BS/Bergen SLK	26,23	661

Funksjonshemmede

1	Jørgen Tadvin	83	Kolbotn IL	40,27	182	S6	124,02 %
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Øvelse 11. 4*200m fri, damer - Direkte finale

Senior

1	Hamar IL J1 sr.	SR	Hamar IL	8.27,32	805
		29,50(29,50)	1.01,52(32,02)		
	Siri Løvold Magnussen:	1.34,12(32,60)	2.06,90(32,78)		
		2.36,39(29,49)	3.09,04(32,65)		
	Elin Slaatmo:	3.42,75(33,71)	4.14,84(32,09)		
		4.44,93(30,09)	5.17,31(32,38)		
	Oda Martine Reiertsen:	5.50,85(33,54)	6.24,36(33,51)		
		6.52,93(28,57)	7.24,01(31,08)		
	Karoline Brudvik Sanderud:	7.55,82(31,81)	8.27,32(31,50)		
2	Bergensv. J1 sr.	SR	Bergensvømmerne	8.30,66	789
		29,82(29,82)	1.02,14(32,32)		
	Margrete Nyhus Ulvestad:	1.34,88(32,74)	2.07,66(32,78)		
		2.36,53(28,87)	3.08,22(31,69)		
	Elisabeth Jarland:	3.40,55(32,33)	4.13,02(32,47)		
		4.43,02(30,00)	5.15,86(32,84)		
	Monica Finnøy:	5.49,19(33,33)	6.22,23(33,04)		
		6.51,34(29,11)	7.23,29(31,95)		
	Ann-Helen Pridesis:	7.56,80(33,51)	8.30,66(33,86)		
3	Team Stavanger J1 sr.	SR	Team Stavanger	8.37,20	760
		29,34(29,34)	1.01,71(32,37)		
	Karen Stødle:	1.35,19(33,48)	2.08,34(33,15)		
		2.37,33(28,99)	3.10,31(32,98)		
	Mari Ask Rasmussen:	3.44,40(34,09)	4.19,34(34,94)		
		4.48,35(29,01)	5.21,09(32,74)		
	Linn Mari Høgalmen:	5.54,58(33,49)	6.28,46(33,88)		
		6.58,77(30,31)	7.31,83(33,06)		
	Ingrid Marie Rytter:	8.05,11(33,28)	8.37,20(32,09)		
4	Skjetten Svømming J1 sr.	SR	Skjetten Svømming	8.37,53	758
		30,39(30,39)	1.02,97(32,58)		
	Clarissa van Rheenen:	1.34,98(32,01)	2.06,77(31,79)		
		2.36,50(29,73)	3.09,50(33,00)		
	Ingrid Honerød Antonsen:	3.42,99(33,49)	4.16,28(33,29)		
		4.45,89(29,61)	5.19,26(33,37)		
	Terese Langlo:	5.53,99(34,73)	6.30,05(36,06)		
		6.59,26(29,21)	7.32,20(32,94)		
	Gina B. Andersen:	8.06,05(33,85)	8.37,53(31,48)		
5	Asker SK J1 sr.	SR	Asker SK	8.41,63	740
		29,83(29,83)	1.02,23(32,40)		
	Sofie Gjemmestad:	1.36,42(34,19)	2.10,96(34,54)		
		2.42,64(31,68)	3.15,34(32,70)		
	Hilde Sund:	3.49,31(33,97)	4.23,25(33,94)		
		4.53,98(30,73)	5.27,43(33,45)		
	Nora Kathrine Guthe:	6.01,12(33,69)	6.34,69(33,57)		
		7.04,07(29,38)	7.36,34(32,27)		
	Ingvild Snildal:	8.09,13(32,79)	8.41,63(32,50)		

6	Bærumsv J1 sr.	SR	Bærumsvømmerne	8.47,00	718
		30,56(30,56)	1.03,92(33,36)		
	Vibeke Browne:	1.37,99(34,07)	2.12,44(34,45)		
		2.42,91(30,47)	3.15,80(32,89)		
	Anne-Mari Gulbrandsen:	3.49,10(33,30)	4.21,72(32,62)		
		4.51,97(30,25)	5.25,45(33,48)		
	Karolina Orleanski:	5.59,37(33,92)	6.33,23(33,86)		
		7.03,39(30,16)	7.37,50(34,11)		
	Kristine Mella:	8.12,19(34,69)	8.47,00(34,81)		
7	Lambertseter SK J1 sr.	SR	Lambertseter SK	8.50,77	703
		31,45(31,45)	1.05,21(33,76)		
	Line Løvberg:	1.39,95(34,74)	2.14,94(34,99)		
		2.45,79(30,85)	3.19,82(34,03)		
	Sara Nordenstam:	3.54,02(34,20)	4.28,14(34,12)		
		4.57,40(29,26)	5.30,27(32,87)		
	Ingrid N. Knutzen:	6.04,24(33,97)	6.37,74(33,50)		
		7.07,59(29,85)	7.41,25(33,66)		
	Charlotte Thorsen:	8.16,02(34,77)	8.50,77(34,75)		
8	Moss SK J1 sr.	SR	Moss SK	8.59,28	670
		31,86(31,86)	1.07,36(35,50)		
	Marte E. Brinchmann:	1.44,37(37,01)	2.20,16(35,79)		
		2.49,07(28,91)	3.20,01(30,94)		
	Ina Kr. Pedersen:	3.52,20(32,19)	4.24,88(32,68)		
		4.57,17(32,29)	5.32,95(35,78)		
	Thea Pedersen:	6.09,89(36,94)	6.46,54(36,65)		
		7.16,54(30,00)	7.50,25(33,71)		
	Stine K. Jansen:	8.24,92(34,67)	8.59,28(34,36)		
9	Øvre Eiker SK J1 sr.	SR	Øvre Eiker SK	9.08,39	637
		31,06(31,06)	1.05,14(34,08)		
	Siri Anette Sønju:	1.40,27(35,13)	2.14,88(34,61)		
		2.46,00(31,12)	3.20,62(34,62)		
	Inger-Cathrine Wium:	3.55,78(35,16)	4.31,12(35,34)		
		5.02,84(31,72)	5.37,58(34,74)		
	Line Cecilie Stenseth:	6.13,95(36,37)	6.51,15(37,20)		
		7.21,58(30,43)	7.56,32(34,74)		
	Guro Knutsen:	8.32,56(36,24)	9.08,39(35,83)		
10	Arna SLK J1 sr.	SR	Arna SLK	9.32,21	561
		30,94(30,94)	1.06,34(35,40)		
	Seline Vike Holm:	1.42,57(36,23)	2.17,80(35,23)		
		2.48,82(31,02)	3.26,19(37,37)		
	Oda J. Midtun:	4.05,62(39,43)	4.45,50(39,88)		
		5.17,28(31,78)	5.54,38(37,10)		
	Ane J. Midtun:	6.32,20(37,82)	7.09,97(37,77)		
		7.42,04(32,07)	8.18,48(36,44)		
	Marina Rasmussen:	8.55,71(37,23)	9.32,21(36,50)		

Øvelse 12. 4*100m fri, herrer - Direkte finale

Senior

1	Hamar IL G1 sr.	SR	Hamar IL	3.28,20	772
		24,90(24,90)			
	Lasse Hoel:	51,48(26,58)			
		1.16,77(25,29)			
	Mikkel Brudvik Sanderud:	1.43,98(27,21)			
		2.08,96(24,98)			
	Martin Skramstad:	2.36,78(27,82)			
		3.01,42(24,64)			
	Eirik Ravnan:	3.28,20(26,78)			
2	Bergensv. G1 sr.	SR	Bergensvømmerne	3.28,32	770
		24,76(24,76)			
	Sander Smørdal:	51,27(26,51)			
		1.16,48(25,21)			
	Ørjan Cato Johnsen:	1.43,85(27,37)			
		2.08,85(25,00)			
	Andreas D. Johnsen:	2.36,34(27,49)			
		3.01,64(25,30)			
	Petter Solberg:	3.28,32(26,68)			

Rank	Team	SR	Swimmer	Time	Points
3	Vestkantsv. G1 sr.	SR	Vestkantsvømmerne	3.28,49	768
			25,44(25,44)		
	Robin Dale Oen:		51,97(26,53)		
	Alexander Dale Oen:		1.16,40(24,43)		
	Pål Gunnar Normann:		1.43,30(26,90)		
	Kim Torry Simmenes:		2.08,42(25,12)		
			2.36,40(27,98)		
			3.01,32(24,92)		
			3.28,49(27,17)		
4	IL Varg G1 sr.	SR	IL Varg	3.29,37	759
			24,84(24,84)		
	Jonas Noreng Ravn:		51,99(27,15)		
	Thomas Breivoll:		1.16,93(24,94)		
	Børje Edvardsen:		1.45,29(28,36)		
	Rune Christensen:		2.09,66(24,37)		
			2.35,88(26,22)		
			3.00,84(24,96)		
			3.29,37(28,53)		
5	Bærumsv G1 sr.	SR	Bærumsvømmerne	3.33,73	713
			25,08(25,08)		
	Øystein R. Hetland:		52,70(27,62)		
	Petter Fagelund:		1.18,17(25,47)		
	Robert Aronsen:		1.46,84(28,67)		
	Christer Koch Kvam:		2.12,25(25,41)		
			2.40,47(28,22)		
			3.05,32(24,85)		
			3.33,73(28,41)		
6	Bergens SC G1 sr.	SR	Bergens SC	3.33,76	713
			25,47(25,47)		
	Gard Kvale:		51,66(26,19)		
	Stian S. Langeland:		1.17,19(25,53)		
	Lars Kristian Allum:		1.45,59(28,40)		
	Gard Myrmed Sæle:		2.11,07(25,48)		
			2.39,30(28,23)		
			3.05,18(25,88)		
			3.33,76(28,58)		
7	Bergensv. G2 sr.	SR	Bergensvømmerne	3.34,60	705
			25,76(25,76)		
	Anders Espeland Seljeflot:		54,19(28,43)		
	Marcus Tesdal:		1.19,65(25,46)		
	Kim Henriksen:		1.47,64(27,99)		
	Tommy Godø:		2.12,78(25,14)		
			2.40,38(27,60)		
			3.05,93(25,55)		
			3.34,60(28,67)		
8	Asker SK G1 sr.	SR	Asker SK	3.38,21	670
			26,19(26,19)		
	Eirik Lund:		54,08(27,89)		
	Christian Aaserud:		1.19,67(25,59)		
	Christoffer Sørstrand Æsøy:		1.46,37(26,70)		
	Magnus Bru:		2.12,79(26,42)		
			2.41,58(28,79)		
			3.09,08(27,50)		
			3.38,21(29,13)		
9	IL Varg G2 sr.	SR	IL Varg	3.38,35	669
			26,28(26,28)		
	Mattis Saghaug:		55,22(28,94)		
	Bjørnar Gaasvik:		1.20,38(25,16)		
	Håkon Skårud Karlsen:		1.48,33(27,95)		
	Lars Erik Dæhli:		2.14,67(26,34)		
			2.43,92(29,25)		
			3.09,53(25,61)		
			3.38,35(28,82)		
10	Trondheim SLK G1 sr.	SR	Trondheim SLK	3.38,38	669
			26,17(26,17)		
	Pål Pedersen:		56,19(30,02)		
	Marius Eidsaa:		1.22,71(26,52)		
	Bjørnar Evensen:		1.51,66(28,95)		
	Tor Mæhlum Karlsen:		2.16,89(25,23)		
			2.45,44(28,55)		
			3.11,07(25,63)		
			3.38,38(27,31)		

11	Team Stavanger G1 sr.	SR	Team Stavanger	3.40,06	653
		26,06(26,06)			
	Fredrik Nordbø:	54,19(28,13)			
		1.18,30(24,11)			
	Jørgen Møllerop:	1.45,30(27,00)			
		2.12,09(26,79)			
	Lars E Borsheim:	2.41,52(29,43)			
		3.09,62(28,10)			
	Christoffer Johansen:	3.40,06(30,44)			
12	Bærumsv G2 sr.	SR	Bærumsvømmerne	3.41,00	645
		26,59(26,59)			
	Stian Werner Erichsen:	54,56(27,97)			
		1.21,03(26,47)			
	Elias Damman:	1.49,42(28,39)			
		2.15,81(26,39)			
	Daniel Aronsen:	2.45,32(29,51)			
		3.11,85(26,53)			
	Tor Hafnor:	3.41,00(29,15)			
13	Vestbyen IL G1 sr.	SR	Vestbyen IL	3.42,20	635
		26,22(26,22)			
	Erlend Alvestad:	56,54(30,32)			
		1.23,67(27,13)			
	Emil Brennløkken:	1.52,82(29,15)			
		2.18,89(26,07)			
	Espen Singstad:	2.47,73(28,84)			
		3.13,21(25,48)			
	Alexander Mokkelbost:	3.42,20(28,99)			
14	Sandnes SLK G1 sr.	SR	Sandnes SLK	3.42,27	634
		25,86(25,86)			
	Joar Skien Grannes:	53,81(27,95)			
		1.20,49(26,68)			
	Rune Skien Grannes:	1.50,14(29,65)			
		2.16,36(26,22)			
	Thor Helge Billington:	2.46,17(29,81)			
		3.12,26(26,09)			
	Ivar Idsø Flaten:	3.42,27(30,01)			
15	Mandal SK G1 sr.	SR	Mandal SK	3.43,23	626
		26,13(26,13)			
	Alexander B. Havre:	56,13(30,00)			
		1.22,34(26,21)			
	Per Sondre Sodeland:	1.52,37(30,03)			
		2.18,27(25,90)			
	Bjørnar Salvesen:	2.48,54(30,27)			
		3.14,55(26,01)			
	Bernt M. Seyffarth:	3.43,23(28,68)			
16	Øvre Eiker SK G1 sr.	SR	Øvre Eiker SK	3.45,28	609
		26,55(26,55)			
	Jens Petter Loe:	55,78(29,23)			
		1.21,59(25,81)			
	Dan Magnus Skibrek:	1.49,88(28,29)			
		2.17,99(28,11)			
	Øyvind Gevelt:	2.48,33(30,34)			
		3.15,46(27,13)			
	Martin Hals:	3.45,28(29,82)			
17	Arna SLK G1 sr.	SR	Arna SLK	3.49,69	575
		26,65(26,65)			
	Even Vike Holm:	56,04(29,39)			
		1.22,55(26,51)			
	Martin Steffensen:	1.52,97(30,42)			
		2.20,28(27,31)			
	Johannes Grov Framnes:	2.51,48(31,20)			
		3.18,37(26,89)			
	Ørjan Knutli:	3.49,69(31,32)			

Fredag 2. mars kl 09.00

Øvelse 13. 4*50m lag medley, herrer - Forsøk

Senior

1	Vestkantsv. G1 sr. Kim Torry Simmenes: Alexander Dale Oen: Pål Gunnar Normann: Ørjan Bekken:	SR	Vestkantsvømmerne	(0,80)	1.44,18	758
		27,53(27,53) 55,55(28,02) 1.20,87(25,32) 1.44,18(23,31)				
2	Bergensv. G1 sr. Per Osland: Marcus Tesdal: Petter Solberg: Sander Smørdal:	SR	Bergensvømmerne	(0,60)	1.44,22	757
		27,24(27,24) 56,69(29,45) 1.21,49(24,80) 1.44,22(22,73)				
3	IL Varg G2 sr. Jonas Noreng Ravn: Anders Wold: Karl Otto Bratt: Rune Christensen:	SR	IL Varg	(0,72)	1.45,27	734
		27,33(27,33) 56,02(28,69) 1.21,43(25,41) 1.45,27(23,84)				
4	IL Varg G1 sr. Børje Edvardsen: Thomas Breivoll: Bjørnar Gaasvik: Håkon Skårud Karlsen:	SR	IL Varg	(0,63)	1.45,60	728
		26,95(26,95) 55,87(28,92) 1.21,12(25,25) 1.45,60(24,48)				
5	Trondheim SLK G1 sr. Anders Kristensen: Pål Pedersen: Marius Eidsaa: Tor Mæhlum Karlsen:	SR	Trondheim SLK	(0,60)	1.47,70	686
		28,43(28,43) 58,54(30,11) 1.23,87(25,33) 1.47,70(23,83)				
6	Bærumsv G1 sr. Christer Koch Kvam: Ole Fjørtoft: Øystein R. Hetland: Petter Fagelund:	SR	Bærumsvømmerne	(0,74)	1.47,95	681
		28,66(28,66) 58,10(29,44) 1.23,99(25,89) 1.47,95(23,96)				
7	Hamar IL G1 sr. Martin Skramstad: Ole-Wilhelm Norseng: Tor Joachim Bjørnstad: Øyvind K. Røslund:	SR	Hamar IL	(0,64)	1.49,16	659
		28,77(28,77) 58,98(30,21) 1.24,57(25,59) 1.49,16(24,59)				
8	Bergensv. G2 sr. Andreas D. Johnsen: Tommy Godø: Thomas Robson: Anders Espeland Seljeflot:	SR	Bergensvømmerne	(0,75)	1.49,48	653
		29,65(29,65) 59,79(30,14) 1.25,62(25,83) 1.49,48(23,86)				
9	Vestbyen IL G1 sr. Espen Singstad: Alexander Mokkelbost: Øystein Gaasvik: Erlend Alvestad:	SR	Vestbyen IL	(0,68)	1.50,29	639
		29,05(29,05) 59,51(30,46) 1.25,62(26,11) 1.50,29(24,67)				
10	Bergens SC G1 sr. Stian S. Langeland: Martin-Al. Steffensen: Gard Myrmel Sæle: Lars Kristian Allum:	SR	Bergens SC	(0,70)	1.50,98	627
		28,87(28,87) 59,68(30,81) 1.26,34(26,66) 1.50,98(24,64)				
11	Mandal SK G1 sr. Alexander B. Havre: Bernt M. Seyffarth: Bjørnar Salvesen: Per Sondre Sodeland:	SR	Mandal SK	(0,68)	1.51,21	623
		28,11(28,11) 58,82(30,71) 1.26,81(27,99) 1.51,21(24,40)				
12	Sandnes SLK G1 sr. Joar Skien Grannes: Petter Ledsaak: Thor Helge Billington: Rune Skien Grannes:	SR	Sandnes SLK	(0,72)	1.51,60	616
		28,33(28,33) 1.00,19(31,86) 1.27,38(27,19) 1.51,60(24,22)				

Asker SK **NM Kortbane 2007** **Resultater**

13	IL Varg G3 sr.	SR	IL Varg	(0,70)	1.51,85	612
	Mattis Saghaug:	29,05(29,05)				
	Lars Erik Dæhli:	58,01(28,96)				
	Jan-Tore Jessen Eikrem:	1.26,68(28,67)				
	Ronny Skaalien:	1.51,85(25,17)				
14	Bærumsv G2 sr.	SR	Bærumsvømmerne	(0,78)	1.52,33	604
	Tor Hafnor:	29,35(29,35)				
	Daniel Aronsen:	1.00,76(31,41)				
	Robert Aronsen:	1.27,73(26,97)				
	Elias Damman:	1.52,33(24,60)				
15	Asker SK G1 sr.	SR	Asker SK	(0,82)	1.53,25	590
	Jan Aleksander Bakke:	30,11(30,11)				
	Christoffer Sørstrand Æsøy:	1.01,35(31,24)				
	Carl Andreas Wathne:	1.29,05(27,70)				
	Eirik Lund:	1.53,25(24,20)				
16	Arna SLK G1 sr.	SR	Arna SLK	(0,77)	1.53,41	587
	Even Vike Holm:	29,18(29,18)				
	Johannes Grov Framnes:	59,92(30,74)				
	Ørjan Knutli:	1.28,19(28,27)				
	Martin Steffensen:	1.53,41(25,22)				
17	Øvre Eiker SK G1 sr.	SR	Øvre Eiker SK	(0,69)	1.55,55	555
	Øyvind Gevelt:	31,31(31,31)				
	Martin Hals:	1.04,45(33,14)				
	Jens Petter Loe:	1.31,54(27,09)				
	Dan Magnus Skibrek:	1.55,55(24,01)				
18	Drammen SK G1 sr.	SR	Drammen SK	(0,70)	1.57,05	534
	Halvor Ekeland:	29,08(29,08)				
	Sondre Eide :	1.03,60(34,52)				
	Torfinn Kristensen:	1.30,38(26,78)				
	Thomas Johansen:	1.57,05(26,67)				
	Team Stavanger G1 sr.	SR	Team Stavanger	(0,68)	DISK	
	27,44(27,44)	58,32(30,88)	1.25,44(27,12)			
	Jørgen Møllerop, Christoffer Johansen, Lars E Borsheim, Fredrik Nordbø					

Øvelse 14. 800m fri, damer - Direkte finale – Foreløpig før siste heat

Senior

1	Oda Martine Reiertsen	89	Hamar IL	9.17,64	708
	32,30(32,30)	1.06,65(34,35)	1.41,31(34,66)	2.16,33(35,02)	
	2.51,83(35,50)	3.27,31(35,48)	4.03,01(35,70)	4.38,12(35,11)	
	5.13,42(35,30)	5.48,81(35,39)	6.24,14(35,33)	6.59,07(34,93)	
	7.34,42(35,35)	8.09,38(34,96)	8.43,92(34,54)	9.17,64(33,72)	
2	Helene Lybak	90	Delfana	9.21,06	695
	31,89(31,89)	1.06,32(34,43)	1.41,35(35,03)	2.16,69(35,34)	
	2.51,93(35,24)	3.27,39(35,46)	4.02,99(35,60)	4.38,69(35,70)	
	5.13,66(34,97)	5.49,39(35,73)	6.25,17(35,78)	7.00,71(35,54)	
	7.36,18(35,47)	8.12,15(35,97)	8.48,07(35,92)	9.21,06(32,99)	
3	Clarissa van Rheenen	91	Skjetten Svømming	9.22,02	691
	31,51(31,51)	1.06,15(34,64)	1.41,22(35,07)	2.16,50(35,28)	
	2.51,93(35,43)	3.27,32(35,39)	4.03,00(35,68)	4.38,39(35,39)	
	5.13,93(35,54)	5.49,45(35,52)	6.25,06(35,61)	7.00,40(35,34)	
	7.35,95(35,55)	8.12,03(36,08)	8.47,93(35,90)	9.22,02(34,09)	
4	Stine K. Jansen	90	Moss SK	9.25,82	678
	32,07(32,07)	1.06,52(34,45)	1.41,73(35,21)	2.17,31(35,58)	
	2.52,83(35,52)	3.28,38(35,55)	4.04,17(35,79)	4.40,03(35,86)	
	5.15,77(35,74)	5.51,60(35,83)	6.27,78(36,18)	7.03,90(36,12)	
	7.39,68(35,78)	8.15,27(35,59)	8.51,07(35,80)	9.25,82(34,75)	
5	Ingrid Marie Rytter	91	TS/Madla SK	9.29,16	666
	31,86(31,86)	1.06,63(34,77)	1.42,02(35,39)	2.17,29(35,27)	
	2.52,49(35,20)	3.28,19(35,70)	4.03,91(35,72)	4.39,70(35,79)	
	5.15,59(35,89)	5.51,64(36,05)	6.28,38(36,74)	7.04,80(36,42)	
	7.41,30(36,50)	8.18,22(36,92)	8.54,41(36,19)	9.29,16(34,75)	
6	Charlotte Thorsen	89	Lambertseter SK	9.30,01	663
	31,87(31,87)	1.06,41(34,54)	1.41,61(35,20)	2.17,12(35,51)	
	2.52,45(35,33)	3.28,08(35,63)	4.03,85(35,77)	4.39,57(35,72)	
	5.15,30(35,73)	5.51,64(36,34)	6.28,04(36,40)	7.04,41(36,37)	
	7.40,93(36,52)	8.17,60(36,67)	8.54,28(36,68)	9.30,01(35,73)	

7	June J. Kristiansen	90	Delfana	9.43,12	619
	32,73(32,73)	1.08,49(35,76)	1.45,39(36,90)	2.22,17(36,78)	
	2.59,40(37,23)	3.36,27(36,87)	4.13,15(36,88)	4.50,14(36,99)	
	5.26,68(36,54)	6.03,69(37,01)	6.40,82(37,13)	7.17,70(36,88)	
	7.54,87(37,17)	8.32,16(37,29)	9.08,79(36,63)	9.43,12(34,33)	
8	Seline Vike Holm	92	Arna SLK	9.43,82	617
	32,46(32,46)	1.08,81(36,35)	1.45,84(37,03)	2.22,45(36,61)	
	2.59,37(36,92)	3.36,49(37,12)	4.13,30(36,81)	4.50,39(37,09)	
	5.26,86(36,47)	6.03,69(36,83)	6.40,99(37,30)	7.18,26(37,27)	
	7.55,35(37,09)	8.32,02(36,67)	9.08,78(36,76)	9.43,82(35,04)	
9	Emma Isdahl	92	Kolbotn IL	9.46,12	610
	32,73(32,73)	1.08,70(35,97)	1.45,93(37,23)	2.23,22(37,29)	
	3.00,91(37,69)	3.38,41(37,50)	4.15,95(37,54)	4.53,29(37,34)	
	5.30,75(37,46)	6.08,06(37,31)	6.45,74(37,68)	7.23,02(37,28)	
	7.59,58(36,56)	8.36,08(36,50)	9.12,61(36,53)	9.46,12(33,51)	
10	Andrea V. Skirbekk	88	Elverum Svømming	9.59,56	569
	33,15(33,15)	1.09,63(36,48)	1.46,33(36,70)	2.24,01(37,68)	
	3.01,34(37,33)	3.38,91(37,57)	4.16,82(37,91)	4.55,17(38,35)	
	5.33,12(37,95)	6.11,04(37,92)	6.49,23(38,19)	7.27,65(38,42)	
	8.05,50(37,85)	8.43,98(38,48)	9.22,44(38,46)	9.59,56(37,12)	

Øvelse 15. 400m fri, herrer - Forsøk

Senior

1	Lasse Hoel	84	Hamar IL	3.57,78	782
	27,26(27,26)	57,04(29,78)	1.27,40(30,36)	1.57,62(30,22)	
	2.27,76(30,14)	2.57,91(30,15)	3.28,09(30,18)	3.57,78(29,69)	
2	Mikkel Brudvik Sanderud	87	Hamar IL	3.59,68	764
	28,55(28,55)	59,02(30,47)	1.29,94(30,92)	1.59,99(30,05)	
	2.30,12(30,13)	3.00,41(30,29)	3.30,54(30,13)	3.59,68(29,14)	
3	Eirik Ravnan	89	Hamar IL	4.00,74	754
	27,20(27,20)	57,13(29,93)	1.27,03(29,90)	1.57,09(30,06)	
	2.27,74(30,65)	2.58,52(30,78)	3.29,71(31,19)	4.00,74(31,03)	
4	Christian Aaserud	88	Asker SK	4.01,53	746
	28,36(28,36)	58,69(30,33)	1.29,45(30,76)	2.00,26(30,81)	
	2.31,06(30,80)	3.02,24(31,18)	3.32,44(30,20)	4.01,53(29,09)	
5	Gard Kvale	84	Bergens SC	4.03,36	729
	28,27(28,27)	58,64(30,37)	1.29,78(31,14)	2.00,77(30,99)	
	2.31,31(30,54)	3.02,20(30,89)	3.33,16(30,96)	4.03,36(30,20)	
6	Robert Aronsen	86	Bærumsvømmerne	4.03,81	725
	29,28(29,28)	1.00,47(31,19)	1.31,23(30,76)	2.01,72(30,49)	
	2.31,93(30,21)	3.02,81(30,88)	3.34,22(31,41)	4.03,81(29,59)	
7	Jørgen Møllerop	88	TS/Madla SK	4.04,32	721
	28,18(28,18)	58,64(30,46)	1.29,63(30,99)	2.00,68(31,05)	
	2.31,67(30,99)	3.03,01(31,34)	3.34,76(31,75)	4.04,32(29,56)	
8	Lars Andre Tolås	88	Stavanger SC/NTG	4.06,91	698
	27,93(27,93)	58,58(30,65)	1.30,12(31,54)	2.01,41(31,29)	
	2.32,60(31,19)	3.04,03(31,43)	3.35,78(31,75)	4.06,91(31,13)	
9	Øystein R. Hetland	89	Bærum/NTG	4.07,70	692
	28,49(28,49)	59,67(31,18)	1.31,02(31,35)	2.02,70(31,68)	
	2.33,50(30,80)	3.04,55(31,05)	3.36,09(31,54)	4.07,70(31,61)	
10	Petter Fagelund	88	Bærum/NTG	4.08,80	683
	28,24(28,24)	58,39(30,15)	1.29,23(30,84)	2.01,03(31,80)	
	2.32,41(31,38)	3.04,64(32,23)	3.37,08(32,44)	4.08,80(31,72)	
11	Stian With Bjørnstad	87	Ski SK	4.09,97	673
	28,64(28,64)	59,40(30,76)	1.30,21(30,81)	2.01,75(31,54)	
	2.33,51(31,76)	3.05,86(32,35)	3.38,26(32,40)	4.09,97(31,71)	
12	Christer Koch Kvam	90	Bærum/NTG	4.10,91	666
	29,04(29,04)	1.00,93(31,89)	1.32,22(31,29)	2.04,16(31,94)	
	2.35,90(31,74)	3.07,60(31,70)	3.39,45(31,85)	4.10,91(31,46)	
13	Elias Damman	89	Bærum/NTG	4.12,05	657
	29,00(29,00)	59,80(30,80)	1.31,46(31,66)	2.03,15(31,69)	
	2.35,20(32,05)	3.07,52(32,32)	3.40,11(32,59)	4.12,05(31,94)	
14	Thor Kristian Østenå Larsen	86	Bergens SC	4.14,41	638
	29,41(29,41)	1.01,26(31,85)	1.33,05(31,79)	2.05,28(32,23)	
	2.37,59(32,31)	3.09,88(32,29)	3.42,54(32,66)	4.14,41(31,87)	

15	Øivind A. S. Reinertsen	88	Kristiansand SA	4.14,80	635
	29,34(29,34)	1.01,26(31,92)	1.33,11(31,85)	2.05,70(32,59)	
	2.38,28(32,58)	3.11,00(32,72)	3.43,85(32,85)	4.14,80(30,95)	
16	Daniel Berenett	91	IL Varg	4.15,29	632
	28,34(28,34)	59,62(31,28)	1.31,59(31,97)	2.04,67(33,08)	
	2.37,23(32,56)	3.10,64(33,41)	3.43,60(32,96)	4.15,29(31,69)	
17	Stian Werner Erichsen	90	Bærumsvømmerne	4.17,38	617
	29,48(29,48)	1.01,12(31,64)	1.33,46(32,34)	2.05,78(32,32)	
	2.38,24(32,46)	3.10,96(32,72)	3.44,45(33,49)	4.17,38(32,93)	

Funksjonshemmede

1	Jørgen Tadvin	83	Kolbotn IL	6.07,79	211	S6	125,5 %
	39,80(39,80)	1.24,54(44,74)	2.11,14(46,60)	2.59,18(48,04)			
	3.46,41(47,23)	4.34,94(48,53)	5.22,08(47,14)	6.07,79(45,71)			

Øvelse 16. 50m bryst, damer - Forsøk

Senior

1	Katharina Stiberg	88	Bjerkvik SK	31,87	860
2	Anne-Mari Gulbrandsen	84	Bærumsvømmerne	32,48	812
3	Ann-Helen Pridesis	87	BS/Bergen SLK	32,53	808
4	Henriette Martinsen	85	Trondheim SLK	32,55	807
5	Mari Ask Rasmussen	86	TS/Stavanger VPK	33,05	771
6	Henriette Brekke	88	Vestkantsvømmerne	33,69	728
7	Kristine Mella	90	Bærumsvømmerne	33,73	725
8	Celinn Daviknes	86	BS/Delfana	33,93	712
9	Mai Linn Hanslien	90	TS/Stavanger VPK	33,95	711
10	Stine Haferkamp	83	TS/Madla SK	33,99	709
11	Monica Finnøy	88	BS/Bergen SLK	34,21	695
12	Iselin Meisler	90	Tverlandet IL	34,36	686
13	Karin Ekholt	89	Bærumsvømmerne	34,51	677
14	Hege Omdal	89	Kristiansand SA	35,24	636
15	Ine Charlotte Hagen	89	Lørenskog/Rælingen	35,46	624
16	Tonje Lillebo Johnsen	89	Lambertseter SK	35,54	620
17	Maria Farestvedt	90	BS/Åstveit	35,61	616
18	Mari Singstad	91	Vestbyen IL	35,65	614
	Karoline Bergene	89	Kolbotn IL	DISK	

Øvelse 17. 50m rygg, herrer - Forsøk

Senior

1	Børje Edvardsen	77	IL Varg	(0,65)	26,72	693
2	Kim Torry Simmenes	82	Vestkantsvømmerne	(0,77)	27,14	661
3	Maxim Christensen	89	Vågsbygd SLK	(0,56)	27,23	655
4	Per Osland	81	BS/Delfana	(0,57)	27,46	638
5	Lars Andre Tolås	88	Stavanger SC/NTG	(0,61)	27,68	623
6	Ørjan Bekken	78	Vestkantsvømmerne	(0,71)	27,79	616
7	Alexander B. Havre	90	Mandal SK	(0,65)	28,04	600
8	Mikael Bergene	91	Kolbotn IL	(0,55)	28,07	598
9	Joar Skien Grannes	90	Sandnes SLK	(0,72)	28,24	587
10	John Hage Gaarder	89	Lørenskog/Rælingen	(0,60)	28,25	586
11	Njål Falch	87	Kolbotn IL	(0,64)	28,41	576
12	Dominik Borkowski	90	Skjetten Svømming	(0,66)	28,44	575
13	Marcus Tesdal	90	BS/Åstveit	(0,79)	28,53	569

14	Martin Robertsen	88	Sarpsborg IL	(0,63)	28,56	567
15	Anders Kristensen	84	Trondheim SLK	(0,60)	28,67	561
16	Martin Skramstad	89	Hamar IL	(0,69)	28,94	545
17	Ole-Wilhelm Norseng	88	Hamar IL	(0,70)	29,02	541
18	Even Vike Holm	90	Arna SLK	(0,75)	29,16	533
19	Mats Andre Fredriksen	85	Lambertseter SK	(0,79)	29,21	530
20	Espen Singstad	87	Vestbyen IL	(0,67)	29,31	525
21	Erlend Alvestad	88	Vestbyen IL	(0,59)	29,33	524
22	Halvor Ekeland	89	Bragmen SK	(0,64)	29,42	519
	Stian S. Langeland	89	Bergens SC	(0,72)	BRUTT	

Øvelse 18. 200m individuell medley, damer - Forsøk

Senior

1	Elise Utne	89	Narvik SK	2.21,02	771
	31,49(31,49)	1.07,41(35,92)	1.47,54(40,13)	2.21,02(33,48)	
2	Karoline Brudvik Sanderud	89	Hamar IL	2.21,66	760
	30,74(30,74)	1.08,06(37,32)	1.48,51(40,45)	2.21,66(33,15)	
3	Sara Nordenstam	83	Lambertseter SK	2.22,35	749
	31,68(31,68)	1.09,34(37,66)	1.48,20(38,86)	2.22,35(34,15)	
4	Anne-Mari Gulbrandsen	84	Bærumsvømmerne	2.22,46	748
	31,42(31,42)	1.08,84(37,42)	1.47,46(38,62)	2.22,46(35,00)	
5	Elisabeth Jarland	85	BS/Delfana	2.22,88	741
	31,62(31,62)	1.07,27(35,65)	1.49,08(41,81)	2.22,88(33,80)	
6	Trine A. Olsen	90	Fauske SK	2.23,87	726
	31,63(31,63)	1.07,92(36,29)	1.49,07(41,15)	2.23,87(34,80)	
7	Monica Johannessen	90	Karmøy SK	2.26,19	692
	31,67(31,67)	1.09,63(37,96)	1.53,57(43,94)	2.26,19(32,62)	
8	Line Løvberg	91	Lambertseter SK	2.26,76	684
	31,88(31,88)	1.09,10(37,22)	1.53,28(44,18)	2.26,76(33,48)	
9	Karolina Orleanski	86	Bærumsvømmerne	2.27,02	680
	31,76(31,76)	1.10,28(38,52)	1.53,27(42,99)	2.27,02(33,75)	
10	Ingrid Honerød Antonsen	90	Skjetten Svømming	2.27,82	669
	31,48(31,48)	1.09,94(38,46)	1.53,93(43,99)	2.27,82(33,89)	
11	Ine Charlotte Hagen	89	Lørenskog/Rælingen	2.29,50	647
	33,44(33,44)	1.13,35(39,91)	1.53,64(40,29)	2.29,50(35,86)	
12	Sara Pettersen	91	Fauske SK	2.29,76	644
	32,18(32,18)	1.10,34(38,16)	1.55,09(44,75)	2.29,76(34,67)	
13	Ellen Magnussen	84	Sarpsborg IL	2.29,96	641
	32,51(32,51)	1.12,15(39,64)	1.55,33(43,18)	2.29,96(34,63)	
14	Terese Langlo	89	Skjetten Svømming	2.33,13	602
	33,71(33,71)	1.12,33(38,62)	1.56,37(44,04)	2.33,13(36,76)	
15	Elisabeth H. Svensson	91	Ski SK	2.33,67	596
	31,77(31,77)	1.11,20(39,43)	1.57,69(46,49)	2.33,67(35,98)	

Øvelse 19. 100m butterfly, herrer - Forsøk

Senior

1	Kim Henriksen	79	BS/Delfana	56,28	739
	26,53(26,53)	56,28(29,75)			
2	Petter Solberg	85	BS/Delfana	56,53	729
	26,47(26,47)	56,53(30,06)			
3	Alexander Broberg Skeltved	87	Tromsø SK	56,71	722
	26,18(26,18)	56,71(30,53)			
4	Gard Kvale	84	Bergens SC	57,08	708
	27,02(27,02)	57,08(30,06)			
5	Jørgen Møllerop	88	TS/Madla SK	57,22	703
	26,54(26,54)	57,22(30,68)			

Asker SK **NM Kortbane 2007** **Resultater**

6	Jonas Noreng Ravn 26,64(26,64)	57,37(30,73)	83	IL Varg	57,37	697
7	Maxim Christensen 26,92(26,92)	58,17(31,25)	89	Vågsbygd SLK	58,17	669
8	Øystein Gaasvik 27,37(27,37)	58,36(30,99)	82	Vestbyen IL	58,36	663
9	Pål Gunnar Normann 26,68(26,68)	58,37(31,69)	81	Vestkantsvømmerne	58,37	662
10	Øivind A. S. Reinertsen 27,42(27,42)	58,52(31,10)	88	Kristiansand SA	58,52	657
11	Bjørnar Gaasvik 27,35(27,35)	58,61(31,26)	79	IL Varg	58,61	654
12	Andreas D. Johnsen 27,03(27,03)	59,07(32,04)	87	BS/Delfana	59,07	639
13	Gard Myrmed Sæle 28,06(28,06)	59,21(31,15)	87	Bergens SC	59,21	634
14	Stian S. Langeland 28,24(28,24)	59,38(31,14)	89	Bergens SC	59,38	629
15	Jens Petter Loe 27,54(27,54)	59,64(32,10)	89	Øvre Eiker SK	59,64	621
16	Dan Magnus Skibrek 27,25(27,25)	59,65(32,40)	87	Øvre Eiker SK	59,65	620
17	Robin Palm 28,19(28,19)	59,78(31,59)	88	Sarpsborg IL	59,78	616
18	Thomas Robson 27,98(27,98)	1.00,43(32,45)	88	BS/Bergen SLK	1.00,43	597
19	Marius Eidsaa 27,67(27,67)	1.00,59(32,92)	86	Trondheim SLK	1.00,59	592
20	Rune Johansen 27,49(27,49)	1.00,66(33,17)	89	Andøya SLK	1.00,66	590
21	Christer Koch Kvam 28,16(28,16)	1.01,17(33,01)	90	Bærum/NTG	1.01,17	575
22	Bertrand Maugain 28,96(28,96)	1.01,41(32,45)	81	Poseidon	1.01,41	569
23	Øystein R. Hetland 28,17(28,17)	1.02,99(34,82)	89	Bærum/NTG	1.02,99	527

Funksjonshemmede

1	Jørgen Tadvin 43,12(43,12)	1.34,63(51,51)	83	Kolbotn IL	1.34,63	155 S6	124,45 %
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Øvelse 20. 200m rygg, damer - Forsøk

Senior

1	Ina Kr. Pedersen 33,51(33,51)	1.09,08(35,57)	89	Moss SK	(0,74) 2.21,53	696
2	Margrete Nyhus Ulvestad 32,54(32,54)	1.08,31(35,77)	88	BS/Åstveit	(0,78) 2.21,72	693
3	Karen Stødle 33,39(33,39)	1.08,83(35,44)	87	Team Stavanger	(0,58) 2.23,60	666
4	Ingvild Snildal 33,26(33,26)	1.09,77(36,51)	88	Asker SK	(0,76) 2.23,91	662
5	Gina B. Andersen 34,55(34,55)	1.11,08(36,53)	90	Skjetten Svømming/NTG	(0,81) 2.24,86	649
6	Vibeke Browne 35,11(35,11)	1.12,10(36,99)	89	Bærumsvømmerne	(0,66) 2.25,85	636
7	Siri Løvold Magnussen 35,44(35,44)	1.11,72(36,28)	86	Hamar IL	(0,77) 2.26,18	631
8	Victoria T. Solberg 33,65(33,65)	1.09,69(36,04)	89	Horten/NTG	(0,73) 2.26,34	629

9	Maren Allum	90	Bergens SC	(0,69)	2.28,67	600
	35,01(35,01)	1.11,96(36,95)	1.50,39(38,43)		2.28,67(38,28)	
10	Siri Anette Sønju	92	Øvre Eiker SK	(0,73)	2.28,86	598
	35,13(35,13)	1.12,65(37,52)	1.50,63(37,98)		2.28,86(38,23)	
11	Katja Heinänen	90	BS/Bergen SLK	(0,69)	2.32,61	555
	35,35(35,35)	1.13,48(38,13)	1.52,41(38,93)		2.32,61(40,20)	
12	Iselin Mjøllner Dahlen	92	Skjetten Svømming	(0,75)	2.33,93	541
	35,20(35,20)	1.13,89(38,69)	1.53,72(39,83)		2.33,93(40,21)	
13	Siri Møllerop	90	TS/Madla SK	(0,75)	2.39,65	484
	35,52(35,52)	1.14,87(39,35)	1.57,23(42,36)		2.39,65(42,42)	

Øvelse 21. 200m bryst, herrer - Forsøk

Senior

1	Lars Erik Dæhli	82	IL Varg		2.21,76	717
	31,13(31,13)	1.06,73(35,60)	1.43,83(37,10)		2.21,76(37,93)	
2	Alexander Dale Oen	85	Vestkantsvømmerne		2.23,65	689
	32,70(32,70)	1.09,44(36,74)	1.47,36(37,92)		2.23,65(36,29)	
3	Mattis Saghaug	90	IL Varg/NTG		2.24,03	683
	32,15(32,15)	1.08,67(36,52)	1.46,45(37,78)		2.24,03(37,58)	
4	Robert Aronsen	86	Bærumsvømmerne		2.24,74	673
	33,93(33,93)	1.10,95(37,02)	1.47,50(36,55)		2.24,74(37,24)	
5	Ronnie Anstensen	88	Skjetten Svømming		2.26,83	645
	32,47(32,47)	1.09,71(37,24)	1.47,88(38,17)		2.26,83(38,95)	
6	Martin Åsheim	90	Lørenskog/Rælingen		2.27,67	634
	32,14(32,14)	1.09,16(37,02)	1.47,86(38,70)		2.27,67(39,81)	
7	Sten Marius Holmen	89	Ski SK/NTG		2.27,78	633
	33,10(33,10)	1.10,55(37,45)	1.49,02(38,47)		2.27,78(38,76)	
8	Daniel Aronsen	86	Bærumsvømmerne		2.27,85	632
	33,34(33,34)	1.10,91(37,57)	1.49,17(38,26)		2.27,85(38,68)	
9	Martin Steffensen	89	Arna SLK		2.27,89	631
	32,48(32,48)	1.10,07(37,59)	1.48,50(38,43)		2.27,89(39,39)	
10	Øyvind Nyhus	69	Molde SLK		2.28,35	625
	32,87(32,87)	1.09,96(37,09)	1.48,51(38,55)		2.28,35(39,84)	
11	Alexander Mokkelbost	87	Vestbyen IL		2.28,65	621
	32,94(32,94)	1.11,16(38,22)	1.50,69(39,53)		2.28,65(37,96)	
12	Sindre Søderlund	91	Vestbyen IL		2.29,05	617
	33,41(33,41)	1.11,67(38,26)	1.51,10(39,43)		2.29,05(37,95)	
13	Sebastian Wigstrøm	91	Bærumsvømmerne		2.29,27	614
	33,52(33,52)	1.11,25(37,73)	1.49,71(38,46)		2.29,27(39,56)	
14	Tim K. Nilo	88	Sandefjord SK/NTG		2.30,09	604
	32,98(32,98)	1.10,25(37,27)	1.49,24(38,99)		2.30,09(40,85)	
15	Christoffer Sørstrand Æsøy	88	Asker SK		2.31,27	590
	34,06(34,06)	1.12,53(38,47)	1.52,08(39,55)		2.31,27(39,19)	
16	Morten Jarland	80	Vestkantsvømmerne		2.31,66	585
	32,58(32,58)	1.09,85(37,27)	1.49,55(39,70)		2.31,66(42,11)	
17	Martin-Al. Steffensen	86	Bergens SC		2.31,68	585
	33,04(33,04)	1.11,86(38,82)	1.51,68(39,82)		2.31,68(40,00)	
18	Haakon Walderhaug	88	Molde SLK		2.33,84	561
	33,88(33,88)	1.13,04(39,16)	1.53,25(40,21)		2.33,84(40,59)	
	Lars E Borsheim	80	TS/Madla SK		DISK	

Øvelse 22. 50m butterfly, damer - Forsøk

Senior

1	Katharina Stiberg	88	Bjerkvik SK	27,24	831	NR
2	Anette Fidjeland	80	IL Varg	28,57	721	
3	Henriette Brekke	88	Vestkantsvømmerne	28,69	712	
4	Rebecca Calder	87	IL Varg	28,73	709	
5	Victoria S. Løken	91	Aalesund SLK	28,78	705	
6	Monica Johannessen	90	Karmøy SK	29,43	659	
7	Tove Fludal Haugan	86	BS/Delfana	29,50	655	
8	Siri Løvold Magnussen	86	Hamar IL	29,52	653	
9	Cecilie Johannessen	90	Karmøy SK	29,53	653	
10	Ingvild Snildal	88	Asker SK	29,94	626	
11	Christine Ørland	88	TS/Madla SK	30,01	622	
12	Elise Strømsvik	87	Vestbyen IL	30,02	621	
13	Mai Linn Hanslien	90	TS/Stavanger VPK	30,05	619	
14	Elisabeth Førland	88	TS/Madla SK	30,30	604	
15	Henriette Martinsen	85	Trondheim SLK	30,39	599	
16	Anne Lene Klingberg	86	Vestkantsvømmerne	30,46	595	
17	Vibeke Brigg	89	TS/Madla SK	30,49	593	
18	Anne Haugvaldstad	89	TS/Randaberg	30,60	586	
19	Sara Pettersen	91	Fauske SK	30,76	577	
20	Karolina Orleanski	86	Bærumsvømmerne	31,09	559	
21	Kristine Mella	90	Bærumsvømmerne	31,27	549	

Øvelse 23. 4*200m fri, herrer - Direkte finale – Foreløpig før siste heat

Senior

1	Asker SK G1 sr.	SR	Asker SK	7.53,73	714
		27,70(27,70)	56,92(29,22)		
	Eirik Lund:	1.26,74(29,82)	1.56,65(29,91)		
		2.23,52(26,87)	2.53,33(29,81)		
	Christian Aaserud:	3.22,95(29,62)	3.51,79(28,84)		
		4.19,10(27,31)	4.49,67(30,57)		
	Christoffer Sørstrand Æsøy:	5.22,27(32,60)	5.53,62(31,35)		
		6.21,61(27,99)	6.51,78(30,17)		
	Magnus Bru:	7.22,86(31,08)	7.53,73(30,87)		
2	Bærumsv G2 sr.	SR	Bærumsvømmerne	8.08,25	652
		28,55(28,55)	58,41(29,86)		
	Stian Werner Erichsen:	1.29,21(30,80)	2.00,11(30,90)		
		2.28,43(28,32)	2.59,82(31,39)		
	Daniel Aronsen:	3.32,42(32,60)	4.04,57(32,15)		
		4.31,75(27,18)	5.02,69(30,94)		
	Elias Damman:	5.33,84(31,15)	6.04,22(30,38)		
		6.32,55(28,33)	7.03,41(30,86)		
	Sebastian Wigstrøm:	7.35,83(32,42)	8.08,25(32,42)		
	Sandnes SLK G1 sr.	SR	Sandnes SLK	BRUTT	
		29,60(29,60)	1.02,02(32,42)	1.35,16(33,14)	2.07,84(32,68)
		2.34,93(27,09)	3.05,60(30,67)	3.37,82(32,22)	4.08,91(31,09)
		4.37,67(28,76)	5.10,63(32,96)	5.46,27(35,64)	6.21,74(35,47)
	Ivar Idsø Flaten, Joar Skien Grannes, Rune Skien Grannes, Petter Ledsaak				

Øvelse 24. 4*100m fri, damer - Direkte finale – Foreløpig før siste heat

Senior

1	Bærumsv J1 sr.	SR	Bærumsvømmerne	4.03,47	698
	Kristine Mella:	30,00(30,00)			
		1.03,01(33,01)			
	Karolina Orleanski:	1.32,11(29,10)			
		2.03,76(31,65)			
	Vibeke Browne:	2.32,72(28,96)			
		3.04,82(32,10)			
	Anne-Mari Gulbrandsen:	3.33,29(28,47)			
		4.03,47(30,18)			
2	Lambertseter SK J1 sr.	SR	Lambertseter SK	4.04,17	692
	Emilie Hellerud:	30,02(30,02)			
		1.02,03(32,01)			
	Merete Løvberg:	1.31,11(29,08)			
		2.02,56(31,45)			
	Ingrid N. Knutzen:	2.31,59(29,03)			
		3.02,91(31,32)			
	Charlotte Thorsen:	3.32,29(29,38)			
		4.04,17(31,88)			
3	Moss SK J1 sr.	SR	Moss SK	4.07,00	668
	Stine K. Jansen:	30,06(30,06)			
		1.02,41(32,35)			
	Ina Kr. Pedersen:	1.29,24(26,83)			
		1.58,60(29,36)			
	Marte E. Brinchmann:	2.28,88(30,28)			
		3.03,01(34,13)			
	Thea Pedersen:	3.33,38(30,37)			
		4.07,00(33,62)			
4	Team Stavanger J2 sr.	SR	Team Stavanger	4.09,54	648
	Christine Ørland:	29,87(29,87)			
		1.01,65(31,78)			
	Ingrid Marie Rytter:	1.31,43(29,78)			
		2.04,11(32,68)			
	Mai Linn Hanslien:	2.33,93(29,82)			
		3.07,40(33,47)			
	Ida Nordbø:	3.36,34(28,94)			
		4.09,54(33,20)			
5	Arna SLK J1 sr.	SR	Arna SLK	4.13,04	622
	Ane J. Midtun:	29,40(29,40)			
		1.02,67(33,27)			
	Oda J. Midtun:	1.31,57(28,90)			
		2.04,67(33,10)			
	Seline Vike Holm:	2.34,08(29,41)			
		3.07,70(33,62)			
	Marina Rasmussen:	3.38,05(30,35)			
		4.13,04(34,99)			
6	Øvre Eiker SK J1 sr.	SR	Øvre Eiker SK	4.15,01	607
	Stine Lise Stenseth:	30,71(30,71)			
		1.04,05(33,34)			
	Guro Knutsen:	1.34,86(30,81)			
		2.08,01(33,15)			
	Guro Bjørk Sørby:	2.38,14(30,13)			
		3.11,80(33,66)			
	Siri Anette Sønju:	3.41,77(29,97)			
		4.15,01(33,24)			
7	Elverum IL J1 sr.	SR	Elverum Svømming	4.19,26	578
	Oona Ovesen:	30,25(30,25)			
		1.03,24(32,99)			
	Siri Ovesen:	1.34,09(30,85)			
		2.08,68(34,59)			
	Cathrine Olsen:	2.40,11(31,43)			
		3.14,76(34,65)			
	Andrea V. Skirbekk:	3.45,58(30,82)			
		4.19,26(33,68)			
	Sandnes SLK J1 sr.	SR	Sandnes SLK	DISK	

Bente Wathne, Inger Lise Kittelsen, Unn Elin Kleppa Øvestad, Nicole Egeland

Fredag 2. mars kl 17.00

Øvelse 13. 4*50m lag medley, herrer - Finale

Senior

1	Vestkantsv. G1 sr.	SR	Vestkantsvømmerne	(0,75)	1.39,76	863	NR
	Kim Torry Simmenes:	26,48(26,48)					
	Alexander Dale Oen:	52,77(26,29)					
	Pål Gunnar Normann:	1.17,60(24,83)					
	Robin Dale Oen:	1.39,76(22,16)					
2	IL Varg G1 sr.	SR	IL Varg	(0,60)	1.41,91	810	
	Børje Edvardsen:	26,42(26,42)					
	Thomas Breivoll:	54,61(28,19)					
	Bjørnar Gaasvik:	1.18,97(24,36)					
	Jonas Noreng Ravn:	1.41,91(22,94)					
3	Bergensv. G1 sr.	SR	Bergensvømmerne	(0,58)	1.43,05	783	
	Per Osland:	26,98(26,98)					
	Marcus Tesdal:	56,26(29,28)					
	Petter Solberg:	1.20,68(24,42)					
	Sander Smørdal:	1.43,05(22,37)					
4	Bærumsv G1 sr.	SR	Bærumsvømmerne	(0,72)	1.46,19	716	
	Christer Koch Kvam:	28,10(28,10)					
	Ole Fjørtoft:	56,59(28,49)					
	Øystein R. Hetland:	1.22,27(25,68)					
	Petter Fagelund:	1.46,19(23,92)					
5	IL Varg G2 sr.	SR	IL Varg	(0,78)	1.47,34	693	
	Rune Christensen:	28,79(28,79)					
	Lars Erik Dæhli:	57,97(29,18)					
	Karl Otto Bratt:	1.23,25(25,28)					
	Håkon Skårud Karlsen:	1.47,34(24,09)					
6	Trondheim SLK G1 sr.	SR	Trondheim SLK	(0,61)	1.48,44	672	
	Anders Kristensen:	28,39(28,39)					
	Pål Pedersen:	58,95(30,56)					
	Marius Eidsaa:	1.24,51(25,56)					
	Tor Mæhlum Karlsen:	1.48,44(23,93)					

Øvelse 14. 800m fri, damer - Direkte finale

Senior

1	Elin Slaatmo	92	Hamar IL	8.54,16	805
	30,51(30,51)	1.03,26(32,75)	1.36,52(33,26)	2.10,07(33,55)	
	2.43,59(33,52)	3.17,35(33,76)	3.51,42(34,07)	4.25,40(33,98)	
	4.59,25(33,85)	5.33,32(34,07)	6.07,53(34,21)	6.41,62(34,09)	
	7.15,38(33,76)	7.49,47(34,09)	8.22,96(33,49)	8.54,16(31,20)	
2	Elisabeth Jarland	85	BS/Delfana	8.54,90	802
	30,75(30,75)	1.03,88(33,13)	1.37,11(33,23)	2.10,32(33,21)	
	2.43,78(33,46)	3.17,48(33,70)	3.51,13(33,65)	4.25,11(33,98)	
	4.58,85(33,74)	5.32,80(33,95)	6.06,82(34,02)	6.40,85(34,03)	
	7.14,94(34,09)	7.49,01(34,07)	8.22,36(33,35)	8.54,90(32,54)	
3	Cecilie Johannessen	90	Karmøy SK	8.59,65	781
	30,61(30,61)	1.04,19(33,58)	1.37,74(33,55)	2.12,37(34,63)	
	2.45,80(33,43)	3.19,30(33,50)	3.53,14(33,84)	4.27,85(34,71)	
	5.01,51(33,66)	5.35,62(34,11)	6.10,08(34,46)	6.45,06(34,98)	
	7.19,20(34,14)	7.52,93(33,73)	8.26,92(33,99)	8.59,65(32,73)	
4	Ingrid N. Knutzen	91	Lambertseter SK	8.59,92	780
	31,57(31,57)	1.04,64(33,07)	1.38,30(33,66)	2.12,31(34,01)	
	2.46,46(34,15)	3.20,79(34,33)	3.55,21(34,42)	4.29,58(34,37)	
	5.03,54(33,96)	5.37,80(34,26)	6.12,09(34,29)	6.46,58(34,49)	
	7.20,22(33,64)	7.54,30(34,08)	8.27,98(33,68)	8.59,92(31,94)	
5	Gina B. Andersen	90	Skjetten Svømming/NTG	9.11,71	731
	31,22(31,22)	1.04,90(33,68)	1.39,47(34,57)	2.14,00(34,53)	
	2.48,41(34,41)	3.23,33(34,92)	3.57,82(34,49)	4.33,07(35,25)	
	5.07,81(34,74)	5.42,71(34,90)	6.18,06(35,35)	6.53,10(35,04)	
	7.28,40(35,30)	8.03,56(35,16)	8.37,96(34,40)	9.11,71(33,75)	

6	Siri N. Andersen	92	Haldens SK	9.16,98	710
	31,67(31,67)	1.05,23(33,56)	1.39,24(34,01)	2.13,51(34,27)	
	2.48,01(34,50)	3.22,73(34,72)	3.57,67(34,94)	4.32,98(35,31)	
	5.08,37(35,39)	5.43,71(35,34)	6.19,46(35,75)	6.54,99(35,53)	
	7.30,44(35,45)	8.06,36(35,92)	8.41,90(35,54)	9.16,98(35,08)	
7	Oda Martine Reiertsen	89	Hamar IL	9.17,64	708
	32,30(32,30)	1.06,65(34,35)	1.41,31(34,66)	2.16,33(35,02)	
	2.51,83(35,50)	3.27,31(35,48)	4.03,01(35,70)	4.38,12(35,11)	
	5.13,42(35,30)	5.48,81(35,39)	6.24,14(35,33)	6.59,07(34,93)	
	7.34,42(35,35)	8.09,38(34,96)	8.43,92(34,54)	9.17,64(33,72)	
8	Helene Lybak	90	Delfana	9.21,06	695
	31,89(31,89)	1.06,32(34,43)	1.41,35(35,03)	2.16,69(35,34)	
	2.51,93(35,24)	3.27,39(35,46)	4.02,99(35,60)	4.38,69(35,70)	
	5.13,66(34,97)	5.49,39(35,73)	6.25,17(35,78)	7.00,71(35,54)	
	7.36,18(35,47)	8.12,15(35,97)	8.48,07(35,92)	9.21,06(32,99)	
9	Clarissa van Rheenen	91	Skjetten Svømming	9.22,02	691
	31,51(31,51)	1.06,15(34,64)	1.41,22(35,07)	2.16,50(35,28)	
	2.51,93(35,43)	3.27,32(35,39)	4.03,00(35,68)	4.38,39(35,39)	
	5.13,93(35,54)	5.49,45(35,52)	6.25,06(35,61)	7.00,40(35,34)	
	7.35,95(35,55)	8.12,03(36,08)	8.47,93(35,90)	9.22,02(34,09)	
10	Stine K. Jansen	90	Moss SK	9.25,82	678
	32,07(32,07)	1.06,52(34,45)	1.41,73(35,21)	2.17,31(35,58)	
	2.52,83(35,52)	3.28,38(35,55)	4.04,17(35,79)	4.40,03(35,86)	
	5.15,77(35,74)	5.51,60(35,83)	6.27,78(36,18)	7.03,90(36,12)	
	7.39,68(35,78)	8.15,27(35,59)	8.51,07(35,80)	9.25,82(34,75)	
11	Ingrid Marie Rytter	91	TS/Madla SK	9.29,16	666
	31,86(31,86)	1.06,63(34,77)	1.42,02(35,39)	2.17,29(35,27)	
	2.52,49(35,20)	3.28,19(35,70)	4.03,91(35,72)	4.39,70(35,79)	
	5.15,59(35,89)	5.51,64(36,05)	6.28,38(36,74)	7.04,80(36,42)	
	7.41,30(36,50)	8.18,22(36,92)	8.54,41(36,19)	9.29,16(34,75)	
12	Charlotte Thorsen	89	Lambertseter SK	9.30,01	663
	31,87(31,87)	1.06,41(34,54)	1.41,61(35,20)	2.17,12(35,51)	
	2.52,45(35,33)	3.28,08(35,63)	4.03,85(35,77)	4.39,57(35,72)	
	5.15,30(35,73)	5.51,64(36,34)	6.28,04(36,40)	7.04,41(36,37)	
	7.40,93(36,52)	8.17,60(36,67)	8.54,28(36,68)	9.30,01(35,73)	
13	June J. Kristiansen	90	Delfana	9.43,12	619
	32,73(32,73)	1.08,49(35,76)	1.45,39(36,90)	2.22,17(36,78)	
	2.59,40(37,23)	3.36,27(36,87)	4.13,15(36,88)	4.50,14(36,99)	
	5.26,68(36,54)	6.03,69(37,01)	6.40,82(37,13)	7.17,70(36,88)	
	7.54,87(37,17)	8.32,16(37,29)	9.08,79(36,63)	9.43,12(34,33)	
14	Seline Vike Holm	92	Arna SLK	9.43,82	617
	32,46(32,46)	1.08,81(36,35)	1.45,84(37,03)	2.22,45(36,61)	
	2.59,37(36,92)	3.36,49(37,12)	4.13,30(36,81)	4.50,39(37,09)	
	5.26,86(36,47)	6.03,69(36,83)	6.40,99(37,30)	7.18,26(37,27)	
	7.55,35(37,09)	8.32,02(36,67)	9.08,78(36,76)	9.43,82(35,04)	
15	Emma Isdahl	92	Kolbotn IL	9.46,12	610
	32,73(32,73)	1.08,70(35,97)	1.45,93(37,23)	2.23,22(37,29)	
	3.00,91(37,69)	3.38,41(37,50)	4.15,95(37,54)	4.53,29(37,34)	
	5.30,75(37,46)	6.08,06(37,31)	6.45,74(37,68)	7.23,02(37,28)	
	7.59,58(36,56)	8.36,08(36,50)	9.12,61(36,53)	9.46,12(33,51)	
16	Andrea V. Skirbekk	88	Elverum Svømming	9.59,56	569
	33,15(33,15)	1.09,63(36,48)	1.46,33(36,70)	2.24,01(37,68)	
	3.01,34(37,33)	3.38,91(37,57)	4.16,82(37,91)	4.55,17(38,35)	
	5.33,12(37,95)	6.11,04(37,92)	6.49,23(38,19)	7.27,65(38,42)	
	8.05,50(37,85)	8.43,98(38,48)	9.22,44(38,46)	9.59,56(37,12)	

Øvelse 15. 400m fri, herrer - Finale

Senior

1	Lasse Hoel	84	Hamar IL	3.49,92	865
	26,87(26,87)	55,45(28,58)	1.24,37(28,92)	1.53,57(29,20)	
	2.22,70(29,13)	2.51,94(29,24)	3.21,07(29,13)	3.49,92(28,85)	
2	Gard Kvale	84	Bergens SC	3.52,75	834
	27,26(27,26)	56,23(28,97)	1.25,46(29,23)	1.55,03(29,57)	
	2.24,63(29,60)	2.54,34(29,71)	3.23,55(29,21)	3.52,75(29,20)	
3	Mikkel Brudvik Sanderud	87	Hamar IL	3.58,41	776
	27,86(27,86)	57,05(29,19)	1.26,95(29,90)	1.57,38(30,43)	
	2.27,65(30,27)	2.58,44(30,79)	3.28,81(30,37)	3.58,41(29,60)	
4	Robert Aronsen	86	Bærumsvømmerne	4.05,38	712
	27,36(27,36)	56,80(29,44)	1.27,79(30,99)	1.59,37(31,58)	
	2.31,29(31,92)	3.03,43(32,14)	3.36,00(32,57)	4.05,38(29,38)	

Øvelse 16. 50m bryst, damer - Finale

Senior

1	Katharina Stiberg	88	Bjerkvik SK	31,85	861
2	Anne-Mari Gulbrandsen	84	Bærumsvømmerne	32,25	830
3	Henriette Martinsen	85	Trondheim SLK	32,30	826
4	Ann-Helen Pridesis	87	BS/Bergen SLK	32,43	816
5	Mari Ask Rasmussen	86	TS/Stavanger VPK	32,75	792
6	Henriette Brekke	88	Vestkantvømmerne	32,84	786

Funksjonshemmede

1	Tonje Immerstein	89	Sandnes SLK	44,85	308	SB9	116,25 %
2	Anne Ask Rasmussen	89	TS/Madla SK	45,57	294	SB9	118,12 %
3	Ingvill S. Hilleren	90	Vestkantvømmerne	1.09,34	83	SB6	147,69 %

Øvelse 17. 50m rygg, herrer - Finale

Senior

1	Børje Edvardsen	77	IL Varg	(0,60)	26,47	713
2	Kim Torry Simmenes	82	Vestkantvømmerne	(0,78)	26,72	693
3	Maxim Christensen	89	Vågsbygd SLK	(0,64)	26,85	683
4	Lars Andre Tolås	88	Stavanger SC/NTG	(0,59)	27,39	643
5	Per Osland	81	BS/Delfana	(0,56)	27,53	633
6	Ørjan Bekken	78	Vestkantvømmerne	(0,65)	27,62	627

Funksjonshemmede

1	Jørgen Tadvin	83	Kolbotn IL	(0,78)	43,03	166	S6	117,63 %
2	Ola Riise	77	Asker SK	(0,94)	41,56	184	S14	138,95 %

Øvelse 18. 200m individuell medley, damer - Finale**Senior**

1	Karoline Brudvik Sanderud	89	Hamar IL	2.16,26	855
	29,53(29,53)	1.04,72(35,19)	1.43,38(38,66)	2.16,26(32,88)	
2	Anne-Mari Gulbrandsen	84	Bærumsvømmerne	2.18,22	819
	31,21(31,21)	1.08,34(37,13)	1.45,81(37,47)	2.18,22(32,41)	
3	Elise Utne	89	Narvik SK	2.18,31	817
	31,28(31,28)	1.06,60(35,32)	1.45,93(39,33)	2.18,31(32,38)	
4	Sara Nordenstam	83	Lambertseter SK	2.22,49	747
	31,50(31,50)	1.08,84(37,34)	1.47,92(39,08)	2.22,49(34,57)	
5	Trine A. Olsen	90	Fauske SK	2.23,11	738
	32,26(32,26)	1.08,58(36,32)	1.49,10(40,52)	2.23,11(34,01)	
6	Elisabeth Jarland	85	BS/Delfana	2.24,36	719
	31,90(31,90)	1.08,49(36,59)	1.49,71(41,22)	2.24,36(34,65)	

Øvelse 19. 100m butterfly, herrer - Finale**Senior**

1	Kim Henriksen	79	BS/Delfana	56,04	748
	26,34(26,34)	56,04(29,70)			
2	Alexander Broberg Skeltved	87	Tromsø SK	56,23	741
	26,40(26,40)	56,23(29,83)			
3	Jonas Noreng Ravn	83	IL Varg	56,45	732
	26,42(26,42)	56,45(30,03)			
4	Petter Solberg	85	BS/Delfana	56,67	724
	26,68(26,68)	56,67(29,99)			
5	Jørgen Møllerop	88	TS/Madla SK	57,39	697
	26,14(26,14)	57,39(31,25)			
6	Maxim Christensen	89	Vågsbygd SLK	58,02	674
	26,53(26,53)	58,02(31,49)			

Øvelse 20. 200m rygg, damer - Finale**Senior**

1	Ingvild Snildal	88	Asker SK	(0,70) 2.16,08	783
	31,80(31,80)	1.06,10(34,30)	1.40,97(34,87)	2.16,08(35,11)	
2	Margrete Nyhus Ulvestad	88	BS/Åstveit	(0,72) 2.19,52	726
	32,10(32,10)	1.07,10(35,00)	1.43,14(36,04)	2.19,52(36,38)	
3	Ina Kr. Pedersen	89	Moss SK	(0,72) 2.20,41	712
	32,94(32,94)	1.08,31(35,37)	1.44,88(36,57)	2.20,41(35,53)	
4	Gina B. Andersen	90	Skjetten Svømming/NTG(0,80)	2.20,71	708
	33,32(33,32)	1.09,29(35,97)	1.45,52(36,23)	2.20,71(35,19)	
5	Karen Stødle	87	Team Stavanger	(0,58) 2.22,08	688
	32,22(32,22)	1.07,95(35,73)	1.44,60(36,65)	2.22,08(37,48)	
6	Vibeke Browne	89	Bærumsvømmerne	(0,69) 2.25,44	641
	34,73(34,73)	1.11,42(36,69)	1.48,53(37,11)	2.25,44(36,91)	

Øvelse 21. 200m bryst, herrer - Finale

Senior

1	Alexander Dale Oen	85	Vestkantsvømmerne	2.11,07	907
	29,30(29,30)	1.03,17(33,87)	1.37,88(34,71)	2.11,07(33,19)	
2	Mattis Saghaug	90	IL Varg/NTG	2.21,00	728
	32,00(32,00)	1.07,52(35,52)	1.44,32(36,80)	2.21,00(36,68)	
3	Lars Erik Dæhli	82	IL Varg	2.23,09	697
	31,23(31,23)	1.07,25(36,02)	1.44,31(37,06)	2.23,09(38,78)	
4	Ronnie Anstensen	88	Skjetten Svømming	2.25,58	662
	31,69(31,69)	1.07,88(36,19)	1.45,97(38,09)	2.25,58(39,61)	
5	Robert Aronsen	86	Bærumsvømmerne	2.26,28	652
	33,88(33,88)	1.11,12(37,24)	1.48,25(37,13)	2.26,28(38,03)	
6	Martin Åsheim	90	Lørenskog/Rælingen	2.27,30	639
	32,74(32,74)	1.10,41(37,67)	1.47,96(37,55)	2.27,30(39,34)	

Øvelse 22. 50m butterfly, damer - Finale

Senior

1	Katharina Stiberg	88	Bjerkvik SK	27,26	830
2	Henriette Brekke	88	Vestkantsvømmerne	27,93	771
3	Anette Fidjeland	80	IL Varg	28,18	751
4	Rebecca Calder	87	IL Varg	28,47	728
5	Monica Johannessen	90	Karmøy SK	28,51	725
6	Victoria S. Løken	91	Aalesund SLK	28,63	716

Funksjonshemmede

1	Anne Ask Rasmussen	89	TS/Madla SK	38,91	285	S9	115,6 %
2	Linn Haugen	87	Vestkantsvømmerne	40,03	262	S9	118,92 %

Øvelse 23. 4*200m fri, herrer - Direkte finale

Senior

1	Hamar IL G1 sr.	SR	Hamar IL	7.32,46	820
	Eirik Ravnan:	26,11(26,11)	54,03(27,92)		
		1.23,30(29,27)	1.53,20(29,90)		
	Mikkel Brudvik Sanderud:	2.18,84(25,64)	2.47,86(29,02)		
		3.17,82(29,96)	3.47,21(29,39)		
		4.12,84(25,63)	4.41,91(29,07)		
	Martin Skramstad:	5.12,65(30,74)	5.44,34(31,69)		
		6.09,47(25,13)	6.36,73(27,26)		
	Lasse Hoel:	7.04,58(27,85)	7.32,46(27,88)		
2	Bergensv. G1 sr.	SR	Bergensvømmerne	7.36,71	797
	Sander Smørdal:	25,71(25,71)	53,33(27,62)		
		1.21,31(27,98)	1.49,94(28,63)		
		2.16,05(26,11)	2.45,09(29,04)		
	Ørjan Cato Johnsen:	3.14,32(29,23)	3.43,82(29,50)		
		4.10,33(26,51)	4.39,77(29,44)		
	Kim Henriksen:	5.09,93(30,16)	5.40,81(30,88)		
		6.07,00(26,19)	6.35,70(28,70)		
	Marcus Tesdal:	7.05,89(30,19)	7.36,71(30,82)		
3	Bærumsv G1 sr.	SR	Bærumsvømmerne	7.42,60	767
	Øystein R. Hetland:	26,07(26,07)	55,11(29,04)		
		1.24,66(29,55)	1.55,24(30,58)		
		2.22,48(27,24)	2.52,44(29,96)		
	Robert Aronsen:	3.23,20(30,76)	3.51,82(28,62)		
		4.18,01(26,19)	4.47,10(29,09)		
	Christer Koch Kvam:	5.17,01(29,91)	5.47,48(30,47)		
		6.14,68(27,20)	6.43,59(28,91)		
	Petter Fagelund:	7.12,96(29,37)	7.42,60(29,64)		

4	Vestkantsv. G1 sr.	SR	Vestkantsvømmerne	7.49,65	733
	25,92(25,92)	54,10(28,18)	1.24,05(29,95)	1.54,47(30,42)	
	2.21,41(26,94)	3.23,93(1.02,52)	3.54,56(30,63)	4.20,20(25,64)	
	5.20,66(1.00,46)	5.52,40(31,74)	6.19,10(26,70)	6.49,41(30,31)	
	7.19,93(30,52)	7.49,65(29,72)			
	Robin Dale Oen, Pål Gunnar Normann, Alexander Dale Oen, Kim Torry Simmenes				
5	Asker SK G1 sr.	SR	Asker SK	7.53,73	714
		27,70(27,70)	56,92(29,22)		
	Eirik Lund:	1.26,74(29,82)	1.56,65(29,91)		
		2.23,52(26,87)	2.53,33(29,81)		
	Christian Aaserud:	3.22,95(29,62)	3.51,79(28,84)		
		4.19,10(27,31)	4.49,67(30,57)		
	Christoffer Sørstrand Æsøy:	5.22,27(32,60)	5.53,62(31,35)		
		6.21,61(27,99)	6.51,78(30,17)		
	Magnus Bru:	7.22,86(31,08)	7.53,73(30,87)		
6	Bærumsv G2 sr.	SR	Bærumsvømmerne	8.08,25	652
		28,55(28,55)	58,41(29,86)		
	Stian Werner Erichsen:	1.29,21(30,80)	2.00,11(30,90)		
		2.28,43(28,32)	2.59,82(31,39)		
	Daniel Aronsen:	3.32,42(32,60)	4.04,57(32,15)		
		4.31,75(27,18)	5.02,69(30,94)		
	Elias Damman:	5.33,84(31,15)	6.04,22(30,38)		
		6.32,55(28,33)	7.03,41(30,86)		
	Sebastian Wigstrøm:	7.35,83(32,42)	8.08,25(32,42)		
	Sandnes SLK G1 sr.	SR	Sandnes SLK	BRUTT	
	29,60(29,60)	1.02,02(32,42)	1.35,16(33,14)	2.07,84(32,68)	
	2.34,93(27,09)	3.05,60(30,67)	3.37,82(32,22)	4.08,91(31,09)	
	4.37,67(28,76)	5.10,63(32,96)	5.46,27(35,64)	6.21,74(35,47)	
	Ivar Idsø Flaten, Joar Skien Grannes, Rune Skien Grannes, Petter Ledsaak				
	IL Varg G1 sr.	SR	IL Varg	DISK	
	27,64(27,64)	57,88(30,24)	1.29,25(31,37)	1.59,72(30,47)	
	2.25,72(26,00)	2.55,27(29,55)	3.26,13(30,86)	3.57,43(31,30)	
	Matis Saghaug, Jonas Noreng Ravn, Håkon Skårud Karlsen, Daniel Berenett				
	Bergens SC G1 sr.	SR	Bergens SC	DISK	
	26,13(26,13)	53,68(27,55)	1.21,59(27,91)	1.49,30(27,71)	
	2.16,42(27,12)	2.46,47(30,05)	3.18,03(31,56)	3.50,76(32,73)	
	Gard Kvale, Thor Kristian Østenå Larsen, Lars Kristian Allum, Stian S. Langeland				

Øvelse 24. 4*100m fri, damer - Direkte finale

Senior

1	Vestkantsv. J1 sr.	SR	Vestkantsvømmerne	3.47,92	851	NR
		26,54(26,54)				
	Henriette Brekke:	55,13(28,59)	NJR			
		1.22,38(27,25)				
	Line Møllerop:	1.53,27(30,89)				
		2.20,41(27,14)				
	Iwonka Vik:	2.50,87(30,46)				
		3.17,90(27,03)				
	Lise Fadnes:	3.47,92(30,02)				
2	Skjetten Svømming J1 sr.	SR	Skjetten Svømming	3.56,66	760	
		28,88(28,88)				
	Clarissa van Rheenen:	58,82(29,94)				
		1.26,51(27,69)				
	Ingrid Honerød Antonsen:	1.57,27(30,76)				
		2.26,16(28,89)				
	Terese Langlo:	2.57,92(31,76)				
		3.26,44(28,52)				
	Gina B. Andersen:	3.56,66(30,22)				
3	Bergensv. J1 sr.	SR	Bergensvømmerne	3.57,49	752	
		28,65(28,65)				
	Margrete Nyhus Ulvestad:	59,96(31,31)				
		1.27,86(27,90)				
	Monica Finnøy:	1.59,23(31,37)				
		2.27,47(28,24)				
	Ann-Helen Pridesis:	2.58,34(30,87)				
		3.26,91(28,57)				
	Elisabeth Jarland:	3.57,49(30,58)				

4	Team Stavanger J1 sr.	SR	Team Stavanger	3.57,92	748
			28,30(28,30)		
	Mari Ask Rasmussen:		1.00,05(31,75)		
			1.27,86(27,81)		
	Karen Stødle:		1.58,62(30,76)		
			2.26,87(28,25)		
	Linn Mari Høgalmen:		2.58,64(31,77)		
			3.25,85(27,21)		
	Vibeke Brigg:		3.57,92(32,07)		
5	Asker SK J1 sr.	SR	Asker SK	3.58,21	745
			28,64(28,64)		
	Ingvild Snildal:		59,01(30,37)		
			1.27,82(28,81)		
	Nora Kathrine Guthe:		1.59,83(32,01)		
			2.28,80(28,97)		
	Hilde Sund:		3.00,07(31,27)		
			3.27,79(27,72)		
	Sofie Gjemmestad:		3.58,21(30,42)		
6	Bærumsv J1 sr.	SR	Bærumsvømmerne	4.03,47	698
			30,00(30,00)		
	Kristine Mella:		1.03,01(33,01)		
			1.32,11(29,10)		
	Karolina Orleanski:		2.03,76(31,65)		
			2.32,72(28,96)		
	Vibeke Browne:		3.04,82(32,10)		
			3.33,29(28,47)		
	Anne-Mari Gulbrandsen:		4.03,47(30,18)		
7	Lambertseter SK J1 sr.	SR	Lambertseter SK	4.04,17	692
			30,02(30,02)		
	Emilie Hellerud:		1.02,03(32,01)		
			1.31,11(29,08)		
	Merete Løvberg:		2.02,56(31,45)		
			2.31,59(29,03)		
	Ingrid N. Knutzen:		3.02,91(31,32)		
			3.32,29(29,38)		
	Charlotte Thorsen:		4.04,17(31,88)		
8	IL Varg J1 sr.	SR	IL Varg	4.04,76	687
			28,73(28,73)		
	Rebecca Calder:		1.00,08(31,35)		
			1.28,40(28,32)		
	Anette Fidjeland:		1.58,99(30,59)		
			2.27,64(28,65)		
	Kari Flottorp:		2.59,76(32,12)		
			3.30,21(30,45)		
	Annelin Stenersen Nordbø:		4.04,76(34,55)		
9	Moss SK J1 sr.	SR	Moss SK	4.07,00	668
			30,06(30,06)		
	Stine K. Jansen:		1.02,41(32,35)		
			1.29,24(26,83)		
	Ina Kr. Pedersen:		1.58,60(29,36)		
			2.28,88(30,28)		
	Marte E. Brinchmann:		3.03,01(34,13)		
			3.33,38(30,37)		
	Thea Pedersen:		4.07,00(33,62)		
10	Team Stavanger J2 sr.	SR	Team Stavanger	4.09,54	648
			29,87(29,87)		
	Christine Ørland:		1.01,65(31,78)		
			1.31,43(29,78)		
	Ingrid Marie Rytter:		2.04,11(32,68)		
			2.33,93(29,82)		
	Mai Linn Hanslien:		3.07,40(33,47)		
			3.36,34(28,94)		
	Ida Nordbø:		4.09,54(33,20)		
11	Arna SLK J1 sr.	SR	Arna SLK	4.13,04	622
			29,40(29,40)		
	Ane J. Midtun:		1.02,67(33,27)		
			1.31,57(28,90)		
	Oda J. Midtun:		2.04,67(33,10)		
			2.34,08(29,41)		
	Seline Vike Holm:		3.07,70(33,62)		
			3.38,05(30,35)		
	Marina Rasmussen:		4.13,04(34,99)		

12	Øvre Eiker SK J1 sr.	SR	Øvre Eiker SK	4.15,01	607
		30,71(30,71)			
	Stine Lise Stenseth:	1.04,05(33,34)			
		1.34,86(30,81)			
	Guro Knutsen:	2.08,01(33,15)			
		2.38,14(30,13)			
	Guro Bjørk Sørby:	3.11,80(33,66)			
		3.41,77(29,97)			
	Siri Anette Sønju:	4.15,01(33,24)			
13	Elverum IL J1 sr.	SR	Elverum Svømming	4.19,26	578
		30,25(30,25)			
	Oona Ovesen:	1.03,24(32,99)			
		1.34,09(30,85)			
	Siri Ovesen:	2.08,68(34,59)			
		2.40,11(31,43)			
	Cathrine Olsen:	3.14,76(34,65)			
		3.45,58(30,82)			
	Andrea V. Skirbekk:	4.19,26(33,68)			
	Sandnes SLK J1 sr.	SR	Sandnes SLK	DISK	

Bente Wathne, Inger Lise Kittelsen, Unn Elin Kleppa Øvestad, Nicole Egeland

Lørdag 3. mars kl 09.00

Øvelse 25. 400m individuell medley, damer - Direkte finale – Foreløpig før siste heat

Senior

1	Ine Charlotte Hagen	89	Lørenskog/Rælingen	5.09,81	671
	33,25(33,25)	1.10,43(37,18)	1.51,69(41,26)	2.32,43(40,74)	
	3.13,36(40,93)	3.55,36(42,00)	4.33,37(38,01)	5.09,81(36,44)	
2	Siri N. Andersen	92	Haldens SK	5.13,89	645
	33,59(33,59)	1.11,19(37,60)	1.51,29(40,10)	2.30,72(39,43)	
	3.17,28(46,56)	4.03,55(46,27)	4.39,38(35,83)	5.13,89(34,51)	
3	Elisabeth H. Svensson	91	Ski SK	5.15,20	637
	31,55(31,55)	1.10,23(38,68)	1.51,34(41,11)	2.30,71(39,37)	
	3.16,92(46,21)	4.04,24(47,32)	4.40,95(36,71)	5.15,20(34,25)	
4	Oda Martine Reiertsen	89	Hamar IL	5.15,90	633
	33,01(33,01)	1.11,00(37,99)	1.54,27(43,27)	2.37,25(42,98)	
	3.21,07(43,82)	4.06,59(45,52)	4.42,41(35,82)	5.15,90(33,49)	
5	Terese Langlo	89	Skjetten Svømming	5.21,39	601
	34,98(34,98)	1.13,74(38,76)	1.54,40(40,66)	2.35,65(41,25)	
	3.21,03(45,38)	4.07,06(46,03)	4.44,75(37,69)	5.21,39(36,64)	
6	Kristiane L. Buholt	90	Hamar IL	5.27,05	571
	33,94(33,94)	1.13,48(39,54)	1.56,24(42,76)	2.37,33(41,09)	
	3.24,36(47,03)	4.10,77(46,41)	4.49,69(38,92)	5.27,05(37,36)	

Øvelse 26. 4*50m fri, herrer - Forsøk

Senior

1	Bergensv. G1 sr.	SR	Bergensvømmerne	1.34,74	747
	Sander Smørdal:	23,14(23,14)			
	Ørjan Cato Johnsen:	47,01(23,87)			
	Petter Solberg:	1.10,74(23,73)			
	Andreas D. Johnsen:	1.34,74(24,00)			
2	IL Varg G1 sr.	SR	IL Varg	1.35,46	731
	Jonas Noreng Ravn:	23,87(23,87)			
	Thomas Breivoll:	47,41(23,54)			
	Karl Otto Bratt:	1.11,21(23,80)			
	Håkon Skårud Karlsen:	1.35,46(24,25)			
3	IL Varg G2 sr.	SR	IL Varg	1.35,86	722
	Børje Edvardsen:	23,54(23,54)			
	Bjørnar Gaasvik:	47,37(23,83)			
	Rune Christensen:	1.11,38(24,01)			
	Mattis Saghaug:	1.35,86(24,48)			
4	Bærumsv G1 sr.	SR	Bærumsvømmerne	1.36,41	709
	Øystein R. Hetland:	24,16(24,16)			
	Petter Fagelund:	48,18(24,02)			
	André Bratgjerd:	1.12,69(24,51)			
	Ole Fjortoft:	1.36,41(23,72)			
5	Bergensv. G2 sr.	SR	Bergensvømmerne	1.37,48	686
	Tommy Godø:	24,76(24,76)			
	Kim Henriksen:	48,92(24,16)			
	Marcus Tesdal:	1.13,43(24,51)			
	Anders Espeland Seljeflot:	1.37,48(24,05)			
6	Trondheim SLK G1 sr.	SR	Trondheim SLK	1.37,58	684
	Bjørnar Evensen:	24,65(24,65)			
	Tor Mæhlum Karlsen:	48,79(24,14)			
	Pål Pedersen:	1.13,47(24,68)			
	Marius Eidsaa:	1.37,58(24,11)			
7	Mandal SK G1 sr.	SR	Mandal SK	1.37,67	682
	Per Sondre Sodeland:	24,81(24,81)			
	Bjørnar Salvesen:	49,25(24,44)			
	Alexander B. Havre:	1.13,36(24,11)			
	Bernt M. Seyffarth:	1.37,67(24,31)			

Asker SK		NM Kortbane 2007		Resultater	
8	Hamar IL G1 sr. Martin Skramstad: Ole-Wilhelm Norseng: Tor Joachim Bjørnstad: Øyvind K. Røsland:	SR	Hamar IL	1.38,69	661
		25,05(25,05) 49,24(24,19) 1.14,11(24,87) 1.38,69(24,58)			
9	Team Stavanger G1 sr. Jørgen Møllerop: Fredrik Nordbø: Christoffer Johansen: Lars E Borsheim:	SR	Team Stavanger	1.39,69	642
		23,84(23,84) 48,33(24,49) 1.14,21(25,88) 1.39,69(25,48)			
10	Sandnes SLK G1 sr. Joar Skien Grannes: Rune Skien Grannes: Thor Helge Billington: Ivar Idsø Flaten:	SR	Sandnes SLK	1.39,87	638
		24,78(24,78) 49,04(24,26) 1.14,05(25,01) 1.39,87(25,82)			
11	Bærumsv G2 sr. Robert Aronsen: Christer Koch Kvam: Daniel Aronsen: Stian Werner Erichsen:	SR	Bærumsvømmerne	1.39,98	636
		25,30(25,30) 49,60(24,30) 1.15,09(25,49) 1.39,98(24,89)			
12	Vestbyen IL G1 sr. Alexander Mokkelbost: Erlend Alvestad: Emil Brennløkken: Espen Singstad:	SR	Vestbyen IL	1.40,06	634
		25,05(25,05) 49,90(24,85) 1.15,51(25,61) 1.40,06(24,55)			
13	Drammen SK G1 sr. Sondre Eide : Torfinn Kristensen: Haakon Hansen: Halvor Ekeland:	SR	Drammen SK	1.40,66	623
		26,72(26,72) 51,04(24,32) 1.16,94(25,90) 1.40,66(23,72)			
14	IL Varg G3 sr. Jari K. Mikkelsen: Lars Erik Dæhli: Ronny Skaalien: Jan-Tore Jessen Eikrem:	SR	IL Varg	1.41,88	601
		25,67(25,67) 50,74(25,07) 1.15,77(25,03) 1.41,88(26,11)			
15	Arna SLK G1 sr. Even Vike Holm: Martin Steffensen: Johannes Grov Framnes: Ørjan Knutli:	SR	Arna SLK	1.43,85	567
		26,07(26,07) 51,48(25,41) 1.17,54(26,06) 1.43,85(26,31)			
16	Asker SK G1 sr. Carl Andreas Watne: Jan Aleksander Bakke: Christoffer Sørstrand Æsøy: Magnus Bru:	SR	Asker SK	1.43,86	567
		26,42(26,42) 52,24(25,82) 1.17,44(25,20) 1.43,86(26,42)			
	Løren/Rælingen G1 sr. 25,13(25,13)	SR	Lørenskog/Rælingen	DISK	
	Martin Åsheim, John Hage Gaarder, Tore Skauge Bysting, Eirik Lindhjem				
	Vestkantsv. G1 sr. 24,20(24,20)	SR	Vestkantsvømmerne	DISK	
	47,26(23,06)				
	Alexander Dale Oen, Ørjan Bekken, Robin Dale Oen, Kim Torry Simmenes				

Øvelse 27. 200m fri, damer - Forsøk

Senior

1	Ina Kr. Pedersen 29,62(29,62)	89	Moss SK	2.05,49	773
	1.00,57(30,95)		1.32,80(32,23)	2.05,49(32,69)	
2	Cecilie Johannessen 30,28(30,28)	90	Karmøy SK	2.06,46	755
	1.02,42(32,14)		1.34,83(32,41)	2.06,46(31,63)	
2	Elise Utne 29,91(29,91)	89	Narvik SK	2.06,46	755
	1.01,92(32,01)		1.34,40(32,48)	2.06,46(32,06)	
4	Anne-Mari Gulbrandsen 30,13(30,13)	84	Bærumsvømmerne	2.06,84	749
	1.02,33(32,20)		1.35,02(32,69)	2.06,84(31,82)	
5	Siri Løvold Magnussen 30,29(30,29)	86	Hamar IL	2.07,32	740
	1.02,47(32,18)		1.35,24(32,77)	2.07,32(32,08)	
6	Clarissa van Rheenen 30,59(30,59)	91	Skjetten Svømming	2.07,71	733
	1.02,92(32,33)		1.35,15(32,23)	2.07,71(32,56)	

7	Henriette Brekke	88	Vestkantsvømmerne	2.07,84	731
	29,71(29,71)	1.02,02(32,31)	1.35,01(32,99)	2.07,84(32,83)	
8	Elin Slaatmo	92	Hamar IL	2.10,03	695
	30,67(30,67)	1.03,98(33,31)	1.37,68(33,70)	2.10,03(32,35)	
9	Linn Mari Høgalmen	87	TS/Madla SK	2.10,27	691
	30,58(30,58)	1.03,89(33,31)	1.37,08(33,19)	2.10,27(33,19)	
10	Ingrid Honerød Antonsen	90	Skjetten Svømming	2.10,98	680
	31,12(31,12)	1.04,11(32,99)	1.37,50(33,39)	2.10,98(33,48)	
11	Monica Finnøy	88	BS/Bergen SLK	2.11,07	678
	30,82(30,82)	1.03,67(32,85)	1.37,28(33,61)	2.11,07(33,79)	
12	Ingrid N. Knutzen	91	Lambertseter SK	2.11,13	678
	31,08(31,08)	1.04,53(33,45)	1.38,30(33,77)	2.11,13(32,83)	
13	Stine K. Jansen	90	Moss SK	2.11,82	667
	31,11(31,11)	1.04,55(33,44)	1.38,44(33,89)	2.11,82(33,38)	
14	Emma Isdahl	92	Kolbotn IL	2.11,96	665
	30,32(30,32)	1.03,04(32,72)	1.37,32(34,28)	2.11,96(34,64)	
15	Helene Lybak	90	Delfana	2.12,50	657
	30,74(30,74)	1.04,18(33,44)	1.38,25(34,07)	2.12,50(34,25)	
16	Charlotte Thorsen	89	Lambertseter SK	2.13,51	642
	30,50(30,50)	1.03,67(33,17)	1.38,49(34,82)	2.13,51(35,02)	
17	Karolina Orleanski	86	Bærumsvømmerne	2.13,57	641
	30,89(30,89)	1.04,37(33,48)	1.38,78(34,41)	2.13,57(34,79)	
18	Sara Pettersen	91	Fauske SK	2.13,61	640
	31,95(31,95)	1.05,77(33,82)	1.39,53(33,76)	2.13,61(34,08)	
19	Ingrid Marie Rytter	91	TS/Madla SK	2.13,87	637
	30,88(30,88)	1.04,93(34,05)	1.39,49(34,56)	2.13,87(34,38)	
20	Rebecca Johnsen	88	BS/Åstveit	2.14,41	629
	30,41(30,41)	1.04,15(33,74)	1.39,38(35,23)	2.14,41(35,03)	
21	Karin Ekholt	89	Bærumsvømmerne	2.15,06	620
	30,81(30,81)	1.04,29(33,48)	1.39,45(35,16)	2.15,06(35,61)	

Øvelse 28. 200m butterfly, herrer - Forsøk

Senior

1	Alexander Broberg Skeltved	87	Tromsø SK	2.05,98	714
	28,71(28,71)	1.00,51(31,80)	1.32,89(32,38)	2.05,98(33,09)	
2	Jørgen Møllerop	88	TS/Madla SK	2.06,03	713
	28,10(28,10)	1.00,29(32,19)	1.33,03(32,74)	2.06,03(33,00)	
3	Øystein Gaasvik	82	Vestbyen IL	2.07,20	693
	27,48(27,48)	59,76(32,28)	1.33,20(33,44)	2.07,20(34,00)	
4	Øivind A. S. Reinertsen	88	Kristiansand SA	2.07,22	693
	28,73(28,73)	1.01,51(32,78)	1.34,69(33,18)	2.07,22(32,53)	
5	Sindri T. Jakobsson	91	Delfana	2.09,55	656
	28,91(28,91)	1.01,60(32,69)	1.35,30(33,70)	2.09,55(34,25)	
6	Stian S. Langeland	89	Bergens SC	2.09,59	655
	28,62(28,62)	1.01,45(32,83)	1.35,47(34,02)	2.09,59(34,12)	
7	Gard Myrmel Sæle	87	Bergens SC	2.13,68	597
	30,51(30,51)	1.03,65(33,14)	1.37,78(34,13)	2.13,68(35,90)	
8	Christian Juvik	93	Stavanger SC	2.16,09	566
	29,38(29,38)	1.03,19(33,81)	1.38,50(35,31)	2.16,09(37,59)	
9	Lars Kristian Allum	87	Bergens SC	2.16,17	565
	29,53(29,53)	1.03,93(34,40)	1.38,33(34,40)	2.16,17(37,84)	
10	Antonis Xepapadakis	90	IL Varg	2.16,88	556
	29,71(29,71)	1.04,02(34,31)	1.39,48(35,46)	2.16,88(37,40)	
11	Lars E Borsheim	80	TS/Madla SK	2.17,19	552
	29,17(29,17)	1.02,96(33,79)	1.38,87(35,91)	2.17,19(38,32)	
12	Fredrik Nordbø	87	TS/Madla SK	2.18,78	534
	30,45(30,45)	1.05,52(35,07)	1.41,41(35,89)	2.18,78(37,37)	
13	Tor Hafnor	91	Bærumsvømmerne	2.19,25	528
	30,67(30,67)	1.05,98(35,31)	1.42,20(36,22)	2.19,25(37,05)	
14	Christer Koch Kvam	90	Bærum/NTG	2.20,64	513
	30,47(30,47)	1.04,63(34,16)	1.42,22(37,59)	2.20,64(38,42)	
15	Emil Brennløkken	89	Vestbyen IL	2.24,62	471
	32,06(32,06)	1.07,36(35,30)	1.45,87(38,51)	2.24,62(38,75)	
	Christian Thorsen	91	Lambertseter SK	BRUTT	

Øvelse 29. 100m rygg, damer - Forsøk**Senior**

1	Katharina Stiberg 30,41(30,41)	88	Bjerkvik SK	(0,66)	1.02,91	798
2	Ingvild Snildal 30,95(30,95)	88	Asker SK	(0,77)	1.03,53	775
3	Margrete Nyhus Ulvestad 31,35(31,35)	88	BS/Åstveit	(0,74)	1.04,57	738
4	Karen Stødle 31,99(31,99)	87	Team Stavanger	(0,57)	1.06,33	681
5	Monica Martinsen 33,24(33,24)	83	Stavanger SC	(0,87)	1.07,94	633
6	Siri Anette Sønju 34,49(34,49)	92	Øvre Eiker SK	(0,71)	1.09,29	597
7	Anne Lene Klingberg 33,97(33,97)	86	Vestkantsvømmerne	(0,62)	1.09,37	595
8	Vibeke Browne 34,27(34,27)	89	Bærumsvømmerne	(0,68)	1.09,81	584
9	Maren Allum 34,18(34,18)	90	Bergens SC	(0,76)	1.10,20	574
10	Katja Heinänen 34,10(34,10)	90	BS/Bergen SLK	(0,70)	1.10,26	573
11	Anne Haugvaldstad 34,24(34,24)	89	TS/Randaberg	(0,71)	1.10,31	571
12	Gina B. Andersen 34,86(34,86)	90	Skjetten Svømming/NTG(0,78)		1.11,10	553
13	Siri Møllerop 34,96(34,96)	90	TS/Madla SK	(0,70)	1.13,05	509

Funksjonshemmede

1	Ingvill S. Hilleren 54,05(54,05)	90	Vestkantsvømmerne	(1,06)	1.52,27	140	S6	127,86 %
2	Linn Haugen 45,57(45,57)	87	Vestkantsvømmerne	(1,05)	1.32,44	251	S9	132,8 %
3	Ingrid Djupskås 51,77(51,77)	89	Asker SK	(0,87)	1.45,82	167	S10	146,46 %
4	Linn Blummenfelt Tonje Immerstein	88 89	Vestkantsvømmerne Sandnes SLK	(1,11)	2.13,33 DISK	83	S7 S10	155,83 %

Øvelse 30. 100m fri, herrer - Forsøk**Senior**

1	Sander Smørdal 24,41(24,41)	85	BS/Arna		49,89	836
2	Gard Kvale 25,10(25,10)	84	Bergens SC		51,38	765
3	Robin Dale Oen 24,87(24,87)	80	Vestkantsvømmerne		51,50	760
4	Jørgen Møllerop 24,92(24,92)	88	TS/Madla SK		51,65	753
5	Jonas Noreng Ravn 24,87(24,87)	83	IL Varg		51,81	746
6	Lasse Hoel 25,38(25,38)	84	Hamar IL		52,03	737
7	Øystein R. Hetland 25,35(25,35)	89	Bærum/NTG		52,61	712
8	Petter Solberg 25,73(25,73)	85	BS/Delfana		52,68	710

Asker SK		NM Kortbane 2007		Resultater	
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9	Lars Andre Tolås 25,69(25,69)	88	Stavanger SC/NTG	52,73	708
10	Ørjan Cato Johnsen 26,06(26,06)	85	BS/Bergen SLK	53,36	683
10	Eirik Ravnan 25,80(25,80)	89	Hamar IL	53,36	683
12	Petter Fagelund 25,30(25,30)	88	Bærum/NTG	53,52	677
13	Andreas D. Johnsen 26,10(26,10)	87	BS/Delfana	53,54	676
14	Joar Skien Grannes 25,96(25,96)	90	Sandnes SLK	54,09	656
15	Dan Magnus Skibrek 25,62(25,62)	87	Øvre Eiker SK	54,19	652
16	Martin Skramstad 26,18(26,18)	89	Hamar IL	54,52	640
17	Halvor Ekeland 26,62(26,62)	89	Drammen SK	55,06	621
	Espen Singstad	87	Vestbyen IL	BRUTT	

Funksjonshemmede

1	Jørgen Tadvin 36,62(36,62)	83	Kolbotn IL	1.17,38	224	S6	117,1 %
2	Ola Riise 35,74(35,74)	77	Asker SK	1.17,24	225	S14	139,57 %
3	Roar Mellemseter 47,54(47,54)	92	Sunddal SLK	1.44,86	90	S8	175,26 %

Øvelse 31. 50m fri, damer - Forsøk

Senior

1	Iwonka Vik	81	Vestkantsvømmerne	26,22	796
2	Henriette Brekke	88	Vestkantsvømmerne	26,35	784
3	Victoria S. Løken	91	Aalesund SLK	26,37	782
4	Siri Løvold Magnussen	86	Hamar IL	26,64	758
5	Cecilie Johannessen	90	Karmøy SK	26,82	743
6	Lise Fadnes	83	Vestkantsvømmerne	26,84	742
7	Clarissa van Rheenen	91	Skjetten Svømming	26,91	736
8	Ina Kr. Pedersen	89	Moss SK	27,00	729
9	Line Møllerop	87	Vestkantsvømmerne	27,04	725
10	Elise Strømsvik	87	Vestbyen IL	27,27	707
11	Rebecca Calder	87	IL Varg	27,33	702
12	Ingrid Honerød Antonsen	90	Skjetten Svømming	27,41	696
13	Sofie Gjemmestad	89	Asker SK	27,65	678
14	Vibeke Brigg	89	TS/Madla SK	27,67	677
15	Mari Ask Rasmussen	86	TS/Stavanger VPK	27,69	675
16	Paulien Mulder	86	Trondheim SLK	27,76	670
17	Tove Fludal Haugan	86	BS/Delfana	27,77	670
18	Monica Johannessen	90	Karmøy SK	28,03	651
19	Merete Løvberg	67	Lambertseter SK	28,07	648
20	Ane J. Midtun	91	Arna SLK	28,13	644
21	Karolina Orleanski	86	Bærumsvømmerne	28,24	637
22	Kristine Mella	90	Bærumsvømmerne	29,47	560

Øvelse 32. 100m bryst, herrer - Forsøk

Senior

1	Anders Wold 30,19(30,19)	81	IL Varg	1.04,16	756
2	Alexander Dale Oen 31,12(31,12)	85	Vestkantsvømmerne	1.04,18	755
3	Lars Erik Dæhli 30,46(30,46)	82	IL Varg	1.04,60	741
4	Marcus Tesdal 30,34(30,34)	90	BS/Åstveit	1.05,42	713
5	Alexander Møkkelbost 31,02(31,02)	87	Vestbyen IL	1.06,03	693
6	Morten Jarland 31,05(31,05)	80	Vestkantsvømmerne	1.06,24	687
7	Robin Palm 31,14(31,14)	88	Sarpsborg IL	1.06,29	685
8	Mattis Saghaug 30,89(30,89)	90	IL Varg/NTG	1.06,30	685
9	Øyvind Nyhus 30,55(30,55)	69	Molde SLK	1.06,78	670
10	Martin Steffensen 30,51(30,51)	89	Arna SLK	1.06,86	668
11	Martin Åsheim 31,53(31,53)	90	Lørenskog/Rælingen	1.07,14	660
12	Ole-Wilhelm Norseng 31,49(31,49)	88	Hamar IL	1.07,26	656
13	Odd Roar Kaspersen 31,72(31,72)	71	Lambertseter SK	1.07,49	649
14	Sindre Søderlund 31,91(31,91)	91	Vestbyen IL	1.07,59	647
15	Robert Aronsen 31,53(31,53)	86	Bærumsvømmerne	1.07,63	645
16	Martin-Al. Steffensen 31,67(31,67)	86	Bergens SC	1.07,81	640
17	Johannes Grov Framnes 31,87(31,87)	89	Arna SLK	1.07,98	635
18	Haakon Walderhaug 30,99(30,99)	88	Molde SLK	1.08,18	630
19	Daniel Aronsen 32,46(32,46)	86	Bærumsvømmerne	1.08,34	625
20	Thomas W. Kristiansen 31,33(31,33)	89	Ski SK	1.08,37	625
21	Sten Marius Holmen 32,05(32,05)	89	Ski SK/NTG	1.08,49	621
22	Christoffer Johansen 32,05(32,05)	85	Team Stavanger	1.09,18	603
22	Christoffer Sørstrand Æsøy 32,93(32,93)	88	Asker SK	1.09,18	603
24	Bernt M. Seyffarth 32,39(32,39)	89	Mandal SK	1.09,63	591
25	Robert Nilsen 33,15(33,15)	84	SK Speed	1.11,90	537

Funksjonshemmede

1	Roar Mellemseter 50,89(50,89)	92	Sunndal SLK	1.47,39	161	SB8	152,54 %
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Øvelse 33. 100m individuell medley, damer - Forsøk**Senior**

1	Katharina Stiberg	88	Bjerkvik SK	1.03,22	854
	28,91(28,91)	1.03,22(34,31)			
2	Ann-Helen Pridesis	87	BS/Bergen SLK	1.04,80	793
	30,98(30,98)	1.04,80(33,82)			
3	Henriette Martinsen	85	Trondheim SLK	1.06,61	730
	31,09(31,09)	1.06,61(35,52)			
4	Karen Stødle	87	Team Stavanger	1.07,56	700
	30,77(30,77)	1.07,56(36,79)			
5	Trine A. Olsen	90	Fauske SK	1.08,01	686
	31,62(31,62)	1.08,01(36,39)			
6	Ellen Magnussen	84	Sarpsborg IL	1.08,88	660
	32,48(32,48)	1.08,88(36,40)			
7	Linn Mari Høggalmen	87	TS/Madla SK	1.09,22	650
	32,36(32,36)	1.09,22(36,86)			
8	Karolina Orleanski	86	Bærumsvømmerne	1.09,26	649
	32,55(32,55)	1.09,26(36,71)			
9	Monica Johannessen	90	Karmøy SK	1.09,40	645
	32,15(32,15)	1.09,40(37,25)			
10	Karin Ekholt	89	Bærumsvømmerne	1.10,05	628
	34,38(34,38)	1.10,05(35,67)			
	Kristine Mella	90	Bærumsvømmerne	BRUTT	

Funksjonshemmede

1	Anne Ask Rasmussen	89	TS/Madla SK	1.30,63	290	SM9	117,73 %
	41,97(41,97)	1.30,63(48,66)					
2	Linn Blumenfelt	88	Vestkantsvømmerne	2.13,50	90	SM7	148,27 %
	1.03,68(1.03,68)	2.13,50(1.09,82)					

Øvelse 34. 1500m fri, herrer - Direkte finale – Foreløpig før siste heat**Senior**

1	Øystein R. Hetland	89	Bærum/NTG	16.26,11	691
	29,07(29,07)	1.01,77(32,70)	1.35,09(33,32)	2.08,58(33,49)	
	2.42,36(33,78)	3.15,87(33,51)	3.49,28(33,41)	4.22,82(33,54)	
	4.56,39(33,57)	5.29,78(33,39)	6.02,83(33,05)	6.36,15(33,32)	
	7.09,20(33,05)	7.41,73(32,53)	8.14,07(32,34)	8.46,84(32,77)	
	9.19,55(32,71)	9.52,30(32,75)	10.25,31(33,01)	10.58,10(32,79)	
	11.30,89(32,79)	12.04,03(33,14)	12.36,90(32,87)	13.09,81(32,91)	
	13.42,75(32,94)	14.15,76(33,01)	14.48,46(32,70)	15.21,50(33,04)	
	15.54,45(32,95)	16.26,11(31,66)			
2	Elias Damman	89	Bærum/NTG	16.31,81	679
	30,52(30,52)	1.03,34(32,82)	1.36,60(33,26)	2.09,93(33,33)	
	2.43,66(33,73)	3.17,21(33,55)	3.50,52(33,31)	4.24,01(33,49)	
	4.57,19(33,18)	5.30,37(33,18)	6.03,52(33,15)	6.36,51(32,99)	
	7.09,93(33,42)	7.43,36(33,43)	8.16,54(33,18)	8.49,96(33,42)	
	9.22,99(33,03)	9.55,95(32,96)	10.28,93(32,98)	11.01,96(33,03)	
	11.35,28(33,32)	12.08,47(33,19)	12.41,44(32,97)	13.14,97(33,53)	
	13.48,17(33,20)	14.21,44(33,27)	14.54,45(33,01)	15.27,76(33,31)	
	16.00,67(32,91)	16.31,81(31,14)			
3	Thor Kristian Østenå Larsen	86	Bergens SC	16.35,67	671
	29,88(29,88)	1.02,67(32,79)	1.35,90(33,23)	2.09,18(33,28)	
	2.42,36(33,18)	3.15,94(33,58)	3.49,49(33,55)	4.22,95(33,46)	
	4.55,93(32,98)	5.29,66(33,73)	6.03,19(33,53)	6.36,93(33,74)	
	7.10,12(33,19)	7.43,39(33,27)	8.16,82(33,43)	8.50,24(33,42)	
	9.23,71(33,47)	9.57,22(33,51)	10.30,48(33,26)	11.04,07(33,59)	
	11.37,37(33,30)	12.10,98(33,61)	12.44,47(33,49)	13.17,73(33,26)	
	13.50,99(33,26)	14.24,11(33,12)	14.57,48(33,37)	15.30,89(33,41)	
	16.04,11(33,22)	16.35,67(31,56)			

4	Magnus Bru	87	Asker SK	16.36,33	670
	29,91(29,91)	1.01,82(31,91)	1.34,50(32,68)	2.07,48(32,98)	
	2.40,55(33,07)	3.13,67(33,12)	3.47,14(33,47)	4.20,25(33,11)	
	4.53,68(33,43)	5.26,78(33,10)	6.00,07(33,29)	6.33,37(33,30)	
	7.06,73(33,36)	7.40,42(33,69)	8.13,70(33,28)	8.46,98(33,28)	
	9.20,56(33,58)	9.54,00(33,44)	10.27,44(33,44)	11.01,00(33,56)	
	11.34,48(33,48)	12.08,27(33,79)	12.41,83(33,56)	13.15,64(33,81)	
	13.49,20(33,56)	14.22,85(33,65)	14.56,48(33,63)	15.30,38(33,90)	
	16.03,85(33,47)	16.36,33(32,48)			
5	Christian Thorsen	91	Lambertseter SK	16.40,61	661
	29,92(29,92)	1.02,64(32,72)	1.35,21(32,57)	2.07,71(32,50)	
	2.40,50(32,79)	3.13,45(32,95)	3.46,34(32,89)	4.19,47(33,13)	
	4.53,02(33,55)	5.26,55(33,53)	6.00,15(33,60)	6.34,05(33,90)	
	7.07,98(33,93)	7.41,52(33,54)	8.14,95(33,43)	8.48,21(33,26)	
	9.22,36(34,15)	9.56,00(33,64)	10.29,94(33,94)	11.03,95(34,01)	
	11.37,96(34,01)	12.11,73(33,77)	12.45,41(33,68)	13.19,20(33,79)	
	13.52,55(33,35)	14.27,03(34,48)	15.01,27(34,24)	15.34,88(33,61)	
	16.08,53(33,65)	16.40,61(32,08)			
6	Stian With Bjørnstad	87	Ski SK	16.42,00	659
	30,58(30,58)	1.03,75(33,17)	1.37,34(33,59)	2.10,63(33,29)	
	2.43,84(33,21)	3.17,24(33,40)	3.50,50(33,26)	4.23,77(33,27)	
	4.56,58(32,81)	5.29,55(32,97)	6.02,69(33,14)	6.35,92(33,23)	
	7.09,54(33,62)	7.43,30(33,76)	8.17,03(33,73)	8.50,44(33,41)	
	9.24,20(33,76)	9.57,66(33,46)	10.32,07(34,41)	11.06,07(34,00)	
	11.39,83(33,76)	12.13,25(33,42)	12.46,92(33,67)	13.20,65(33,73)	
	13.54,39(33,74)	14.28,40(34,01)	15.02,57(34,17)	15.36,37(33,80)	
	16.09,51(33,14)	16.42,00(32,49)			
7	Jørn Nygård	92	Stavanger SC	17.03,47	618
	29,31(29,31)	1.02,14(32,83)	1.35,60(33,46)	2.09,46(33,86)	
	2.43,23(33,77)	3.17,10(33,87)	3.51,44(34,34)	4.25,75(34,31)	
	5.00,59(34,84)	5.35,03(34,44)	6.09,53(34,50)	6.44,16(34,63)	
	7.18,49(34,33)	7.52,96(34,47)	8.27,58(34,62)	9.02,47(34,89)	
	9.37,60(35,13)	10.12,00(34,40)	10.46,42(34,42)	11.21,33(34,91)	
	11.55,58(34,25)	12.30,26(34,68)	13.04,97(34,71)	13.39,52(34,55)	
	14.14,17(34,65)	14.48,61(34,44)	15.22,74(34,13)	15.57,23(34,49)	
	16.30,91(33,68)	17.03,47(32,56)			
8	Espen Urdahl	89	Bærumsvømmerne	17.09,74	607
	29,95(29,95)	1.02,08(32,13)	1.35,31(33,23)	2.08,95(33,64)	
	2.42,86(33,91)	3.16,96(34,10)	3.51,30(34,34)	4.25,99(34,69)	
	5.00,61(34,62)	5.35,38(34,77)	6.10,20(34,82)	6.45,16(34,96)	
	7.19,79(34,63)	7.54,73(34,94)	8.29,32(34,59)	9.04,27(34,95)	
	9.39,08(34,81)	10.13,64(34,56)	10.48,46(34,82)	11.23,36(34,90)	
	11.58,10(34,74)	12.32,59(34,49)	13.07,19(34,60)	13.41,88(34,69)	
	14.16,86(34,98)	14.51,71(34,85)	15.26,33(34,62)	16.01,02(34,69)	
	16.35,56(34,54)	17.09,74(34,18)			
9	Sebastian Wigstrøm	91	Bærumsvømmerne	17.16,14	595
	30,84(30,84)	1.04,82(33,98)	1.37,89(33,07)	2.10,68(32,79)	
	2.44,12(33,44)	3.18,32(34,20)	3.52,02(33,70)	4.25,86(33,84)	
	5.00,17(34,31)	5.34,34(34,17)	6.08,87(34,53)	6.43,39(34,52)	
	7.17,99(34,60)	7.52,98(34,99)	8.27,56(34,58)	9.02,55(34,99)	
	9.37,52(34,97)	10.12,59(35,07)	10.48,11(35,52)	11.23,18(35,07)	
	11.58,87(35,69)	12.34,32(35,45)	13.09,71(35,39)	13.45,61(35,90)	
	14.21,27(35,66)	14.56,98(35,71)	15.32,39(35,41)	16.07,87(35,48)	
	16.42,68(34,81)	17.16,14(33,46)			

Øvelse 35. 4*100m lag medley, damer - Direkte finale – Foreløpig før siste heat

Senior

1	Vestkantsv. J1 sr.	SR	Vestkantsvømmerne	(0,62)	4.25,99	718
		32,30(32,30)				
	Iwonka Vik:	1.05,71(33,41)				
		1.40,28(34,57)				
	Henriette Brekke:	2.20,14(39,86)				
		2.50,54(30,40)				
	Anne Lene Klingberg:	3.27,23(36,69)				
		3.55,19(27,96)				
	Lise Fadnes:	4.25,99(30,80)				

2	Bergensv. J2 sr.	SR	Bergensvømmerne	(0,60)	4.31,75	673
		34,73(34,73)				
	Katja Heinänen:	1.11,87(37,14)				
		1.46,12(34,25)				
	Maria Farestvedt:	2.25,91(39,79)				
		2.55,48(29,57)				
	Tove Fludal Haugan:	3.31,75(36,27)				
		4.00,23(28,48)				
	Monica Finnøy:	4.31,75(31,52)				
3	Team Stavanger J2 sr.	SR	Team Stavanger	(0,60)	4.35,43	647
		33,20(33,20)				
	Ida Nordbø:	1.10,16(36,96)				
		1.43,80(33,64)				
	Stine Haferkamp:	2.23,35(39,55)				
		2.55,17(31,82)				
	Anne Haugvaldstad:	3.34,20(39,03)				
		4.03,19(28,99)				
	Linn Mari Høgalmen:	4.35,43(32,24)				
4	Team Stavanger J3 sr.	SR	Team Stavanger	(0,69)	4.40,77	611
		34,62(34,62)				
	Siri Møllerop:	1.12,61(37,99)				
		1.46,72(34,11)				
	Mai Linn Hanslien:	2.26,98(40,26)				
		2.59,58(32,60)				
	Sarah Bøgh Meling:	3.38,36(38,78)				
		4.07,98(29,62)				
	Ingrid Marie Rytter:	4.40,77(32,79)				
5	Moss SK J1 sr.	SR	Moss SK	(0,64)	4.41,13	608
		33,85(33,85)				
	Thea Pedersen:	1.10,05(36,20)				
		1.47,12(37,07)				
	Maria Dahli:	2.31,39(44,27)				
		3.03,55(32,16)				
	Marte E. Brinchmann:	3.44,16(40,61)				
		4.11,05(26,89)				
	Ina Kr. Pedersen:	4.41,13(30,08)				
6	Lambertseter SK J2 sr.	SR	Lambertseter SK	(0,68)	4.41,28	607
		34,60(34,60)				
	Heidi Vainio Gjøen:	1.11,07(36,47)				
		1.47,23(36,16)				
	Charlotte Thorsen:	2.29,50(42,27)				
		3.02,25(32,75)				
	Mina-Louise Bekk Berggren:	3.39,67(37,42)				
		4.09,25(29,58)				
	Emilie Hellerud:	4.41,28(32,03)				
7	Arna SLK J1 sr.	SR	Arna SLK	(0,59)	4.45,74	579
		33,86(33,86)				
	Seline Vike Holm:	1.10,47(36,61)				
		1.47,22(36,75)				
	Marina Rasmussen:	2.31,56(44,34)				
		3.03,49(31,93)				
	Oda J. Midtun:	3.42,91(39,42)				
		4.11,94(29,03)				
	Ane J. Midtun:	4.45,74(33,80)				
8	Øvre Eiker SK J1 sr.	SR	Øvre Eiker SK	(0,58)	4.46,53	574
		34,82(34,82)				
	Siri Anette Sønju:	1.11,52(36,70)				
		1.47,62(36,10)				
	Guro Bjørk Sørby:	2.29,87(42,25)				
		3.02,84(32,97)				
	Guro Knutsen:	3.40,87(38,03)				
		4.11,85(30,98)				
	Fanny Moen Pettersen:	4.46,53(34,68)				
9	Løren/Rælingen J1 sr.	SR	Lørenskog/Rælingen	(0,79)	4.58,82	506
		36,18(36,18)				
	Ida Arnøy:	1.14,93(38,75)				
		1.50,75(35,82)				
	Ine Charlotte Hagen:	2.31,00(40,25)				
		3.06,50(35,50)				
	Mette Aas:	3.51,02(44,52)				
		4.22,93(31,91)				
	Elin Rasmussen:	4.58,82(35,89)				

10	Sandnes SLK J1 sr.	SR	Sandnes SLK	(0,74)	4.59,68	502
		36,19(36,19)				
	Nicole Egeland:	1.16,43(40,24)				
		1.54,37(37,94)				
	Bente Wathne:	2.39,60(45,23)				
		3.15,02(35,42)				
	Inger Lise Kittelsen:	3.55,08(40,06)				
		4.25,65(30,57)				
	Unn Elin Kleppa Øvestad:	4.59,68(34,03)				
11	Elverum IL J1 sr.	SR	Elverum Svømming	(0,76)	5.02,26	489
		37,15(37,15)				
	Andrea V. Skirbekk:	1.15,89(38,74)				
		1.56,63(40,74)				
	Hanne Strand:	2.44,35(47,72)				
		3.17,23(32,88)				
	Oona Ovesen:	3.56,48(39,25)				
		4.27,72(31,24)				
	Siri Ovesen:	5.02,26(34,54)				
12	IL Varg J2 sr.	SR	IL Varg	(0,74)	5.06,26	470
		36,97(36,97)				
	Elin Roscher:	1.17,64(40,67)				
		1.56,98(39,34)				
	Beate Hansen:	2.41,94(44,96)				
		3.15,16(33,22)				
	Celine Kløvstad Farsund:	3.56,24(41,08)				
		4.28,39(32,15)				
	Karoline Eriksen:	5.06,26(37,87)				

Lørdag 3. mars kl 17.00

Øvelse 25. 400m individuell medley, damer - Direkte finale

Senior

1	Karoline Brudvik Sanderud	89	Hamar IL	4.48,01	836
	30,24(30,24)	1.04,51(34,27)	1.41,80(37,29)	2.19,41(37,61)	
	2.58,92(39,51)	3.40,22(41,30)	4.14,13(33,91)	4.48,01(33,88)	
2	Sara Nordenstam	83	Lambertseter SK	4.52,46	798
	32,19(32,19)	1.08,32(36,13)	1.47,78(39,46)	2.25,60(37,82)	
	3.05,09(39,49)	3.45,06(39,97)	4.19,71(34,65)	4.52,46(32,75)	
3	Elise Utne	89	Narvik SK	4.52,94	794
	31,82(31,82)	1.08,99(37,17)	1.47,12(38,13)	2.24,04(36,92)	
	3.05,55(41,51)	3.46,52(40,97)	4.20,66(34,14)	4.52,94(32,28)	
4	Trine A. Olsen	90	Fauske SK	4.58,29	752
	32,18(32,18)	1.09,33(37,15)	1.47,26(37,93)	2.24,80(37,54)	
	3.05,83(41,03)	3.47,21(41,38)	4.23,53(36,32)	4.58,29(34,76)	
5	Line Løvberg	91	Lambertseter SK	5.07,12	689
	32,08(32,08)	1.08,37(36,29)	1.47,36(38,99)	2.25,74(38,38)	
	3.11,80(46,06)	3.57,55(45,75)	4.32,89(35,34)	5.07,12(34,23)	
6	Ine Charlotte Hagen	89	Lørenskog/Rælingen	5.09,81	671
	33,25(33,25)	1.10,43(37,18)	1.51,69(41,26)	2.32,43(40,74)	
	3.13,36(40,93)	3.55,36(42,00)	4.33,37(38,01)	5.09,81(36,44)	
7	Siri N. Andersen	92	Haldens SK	5.13,89	645
	33,59(33,59)	1.11,19(37,60)	1.51,29(40,10)	2.30,72(39,43)	
	3.17,28(46,56)	4.03,55(46,27)	4.39,38(35,83)	5.13,89(34,51)	
8	Elisabeth H. Svensson	91	Ski SK	5.15,20	637
	31,55(31,55)	1.10,23(38,68)	1.51,34(41,11)	2.30,71(39,37)	
	3.16,92(46,21)	4.04,24(47,32)	4.40,95(36,71)	5.15,20(34,25)	
9	Monica Johannessen	90	Karmøy SK	5.15,48	636
	31,95(31,95)	1.08,85(36,90)	1.49,42(40,57)	2.29,89(40,47)	
	3.15,74(45,85)	4.02,52(46,78)	4.39,37(36,85)	5.15,48(36,11)	
10	Oda Martine Reiertsen	89	Hamar IL	5.15,90	633
	33,01(33,01)	1.11,00(37,99)	1.54,27(43,27)	2.37,25(42,98)	
	3.21,07(43,82)	4.06,59(45,52)	4.42,41(35,82)	5.15,90(33,49)	
11	Terese Langlo	89	Skjetten Svømming	5.21,39	601
	34,98(34,98)	1.13,74(38,76)	1.54,40(40,66)	2.35,65(41,25)	
	3.21,03(45,38)	4.07,06(46,03)	4.44,75(37,69)	5.21,39(36,64)	
12	Kristiane L. Buholt	90	Hamar IL	5.27,05	571
	33,94(33,94)	1.13,48(39,54)	1.56,24(42,76)	2.37,33(41,09)	
	3.24,36(47,03)	4.10,77(46,41)	4.49,69(38,92)	5.27,05(37,36)	

Øvelse 26. 4*50m fri, herrer - Finale

Senior

1	IL Varg G1 sr.	SR	IL Varg	1.33,06	789
	Børje Edvardsen:	23,47(23,47)			
	Thomas Breivoll:	46,81(23,34)			
	Karl Otto Bratt:	1.10,23(23,42)			
	Jonas Noreng Ravn:	1.33,06(22,83)			
2	Bergensv. G1 sr.	SR	Bergensvømmerne	1.33,30	783
	Sander Smørdal:	23,05(23,05)			
	Petter Solberg:	46,48(23,43)			
	Ørjan Cato Johnsen:	1.09,79(23,31)			
	Andreas D. Johnsen:	1.33,30(23,51)			
3	Bærumsv G1 sr.	SR	Bærumsvømmerne	1.35,44	731
	Øystein R. Hetland:	24,00(24,00)			
	Ole Fjørtoft:	48,13(24,13)			
	Petter Fagelund:	1.11,78(23,65)			
	Christer Koch Kvam:	1.35,44(23,66)			
4	Trondheim SLK G1 sr.	SR	Trondheim SLK	1.37,19	692
	Bjørnar Evensen:	24,70(24,70)			
	Tor Mæhlum Karlsen:	48,70(24,00)			

	Pål Pedersen:	1.13,31(24,61)			
	Marius Eidsaa:	1.37,19(23,88)			
5	Bergensv. G2 sr.	SR	Bergensvømmerne	1.37,43	687
	Anders Espeland Seljeflot:	24,93(24,93)			
	Kim Henriksen:	49,03(24,10)			
	Thomas Robson:	1.13,31(24,28)			
	Tommy Godø:	1.37,43(24,12)			
6	IL Varg G2 sr.	SR	IL Varg	1.37,44	687
	Håkon Skårud Karlsen:	24,99(24,99)			
	Bjørnar Gaasvik:	48,53(23,54)			
	Rune Christensen:	1.12,75(24,22)			
	Mattis Saghaug:	1.37,44(24,69)			

Øvelse 27. 200m fri, damer - Finale

Senior

1	Henriette Brekke	88	Vestkantsvømmerne	2.00,94	864
	27,73(27,73)	58,29(30,56)	1.30,04(31,75)	2.00,94(30,90)	
2	Cecilie Johannessen	90	Karmøy SK	2.04,67	788
	28,98(28,98)	59,89(30,91)	1.32,28(32,39)	2.04,67(32,39)	
2	Anne-Mari Gulbrandsen	84	Bærumsvømmerne	2.04,67	788
	30,11(30,11)	1.01,91(31,80)	1.33,85(31,94)	2.04,67(30,82)	
4	Ina Kr. Pedersen	89	Moss SK	2.05,78	768
	29,53(29,53)	1.00,82(31,29)	1.33,30(32,48)	2.05,78(32,48)	
5	Siri Løvold Magnussen	86	Hamar IL	2.06,91	747
	29,87(29,87)	1.02,02(32,15)	1.34,65(32,63)	2.06,91(32,26)	
6	Clarissa van Rheenen	91	Skjetten Svømming	2.08,83	715
	30,34(30,34)	1.02,77(32,43)	1.35,47(32,70)	2.08,83(33,36)	

Øvelse 28. 200m butterfly, herrer - Finale

Senior

1	Øivind A. S. Reinertsen	88	Kristiansand SA	2.04,21	744
	28,27(28,27)	59,85(31,58)	1.31,71(31,86)	2.04,21(32,50)	
2	Alexander Broberg Skeltved	87	Tromsø SK	2.04,40	741
	28,07(28,07)	59,62(31,55)	1.31,71(32,09)	2.04,40(32,69)	
3	Jørgen Møllerop	88	TS/Madla SK	2.07,37	690
	28,34(28,34)	1.00,98(32,64)	1.34,00(33,02)	2.07,37(33,37)	
4	Øystein Gaasvik	82	Vestbyen IL	2.07,43	689
	27,66(27,66)	59,53(31,87)	1.32,31(32,78)	2.07,43(35,12)	
5	Sindri T. Jakobsson	91	Delfana	2.10,13	647
	28,78(28,78)	1.01,96(33,18)	1.35,83(33,87)	2.10,13(34,30)	
6	Stian S. Langeland	89	Bergens SC	2.11,06	634
	28,88(28,88)	1.01,84(32,96)	1.35,42(33,58)	2.11,06(35,64)	

Øvelse 29. 100m rygg, damer - Finale

Senior

1	Ingvild Snildal	88	Asker SK	(0,72)	1.02,59	810
	30,61(30,61)	1.02,59(31,98)				
2	Katharina Stiberg	88	Bjerkvik SK	(0,66)	1.03,45	778
	30,32(30,32)	1.03,45(33,13)				
3	Margrete Nyhus Ulvestad	88	BS/Åstveit	(0,68)	1.04,41	743
	31,23(31,23)	1.04,41(33,18)				
4	Anne Lene Klingberg	86	Vestkantsvømmerne	(0,59)	1.08,90	607
	33,04(33,04)	1.08,90(35,86)				
5	Monica Martinsen	83	Stavanger SC	(0,81)	1.08,99	605
	33,21(33,21)	1.08,99(35,78)				
6	Siri Anette Sønju	92	Øvre Eiker SK	(0,75)	1.09,29	597
	34,04(34,04)	1.09,29(35,25)				

Øvelse 30. 100m fri, herrer - Finale**Senior**

1	Sander Smørdal	85	BS/Arna	49,26	868
	23,74(23,74)	49,26(25,52)			
2	Gard Kvale	84	Bergens SC	50,88	788
	24,80(24,80)	50,88(26,08)			
3	Robin Dale Oen	80	Vestkantsvømmerne	50,93	785
	24,48(24,48)	50,93(26,45)			
4	Lasse Hoel	84	Hamar IL	51,27	770
	24,81(24,81)	51,27(26,46)			
5	Jonas Noreng Ravn	83	IL Varg	51,84	745
	24,51(24,51)	51,84(27,33)			
6	Jørgen Møllerop	88	TS/Madla SK	51,98	739
	25,00(25,00)	51,98(26,98)			

Øvelse 31. 50m fri, damer - Finale**Senior**

1	Henriette Brekke	88	Vestkantsvømmerne	25,58	857
2	Iwonka Vik	81	Vestkantsvømmerne	26,17	800
3	Victoria S. Løken	91	Aalesund SLK	26,29	789
4	Lise Fadnes	83	Vestkantsvømmerne	26,48	772
5	Siri Løvold Magnussen	86	Hamar IL	26,78	747
6	Cecilie Johannessen	90	Karmøy SK	26,89	737

Funksjonshemmede

1	Linn Haugen	87	Vestkantsvømmerne	34,64	345	S9	119,28 %
2	Anne Ask Rasmussen	89	TS/Madla SK	36,15	303	S9	124,48 %
3	Tonje Immerstein	89	Sandes SLK	36,63	291	S10	128,8 %
4	Ingvill S. Hilleren	90	Vestkantsvømmerne	50,65	110	S6	140,62 %
5	Linn Blummenfelt	88	Vestkantsvømmerne	48,37	126	S7	144,26 %
6	Ingrid Djupskås	89	Asker SK	42,54	186	S10	149,58 %

Øvelse 32. 100m bryst, herrer - Finale**Senior**

1	Alexander Dale Oen	85	Vestkantsvømmerne	58,82	981
	27,47(27,47)	58,82(31,35)			
2	Anders Wold	81	IL Varg	1.03,77	770
	29,87(29,87)	1.03,77(33,90)			
3	Marcus Tesdal	90	BS/Åstveit	1.04,42	747
	29,52(29,52)	1.04,42(34,90)			
4	Lars Erik Dæhli	82	IL Varg	1.04,81	733
	30,28(30,28)	1.04,81(34,53)			
5	Alexander Mokkelbost	87	Vestbyen IL	1.06,00	694
	30,87(30,87)	1.06,00(35,13)			
6	Morten Jarland	80	Vestkantsvømmerne	1.06,18	689
	30,75(30,75)	1.06,18(35,43)			

Øvelse 33. 100m individuell medley, damer - Finale

Senior

1	Katharina Stiberg	88	Bjerkvik SK	1.03,37	848
	29,39(29,39)	1.03,37(33,98)			
2	Ann-Helen Pridesis	87	BS/Bergen SLK	1.04,33	810
	31,28(31,28)	1.04,33(33,05)			
3	Henriette Martinsen	85	Trondheim SLK	1.04,98	786
	31,10(31,10)	1.04,98(33,88)			
4	Karen Stødle	87	Team Stavanger	1.06,31	740
	30,46(30,46)	1.06,31(35,85)			
5	Karolina Orleanski	86	Bærumsvømmerne	1.08,11	683
	31,54(31,54)	1.08,11(36,57)			
6	Linn Mari Høgalmen	87	TS/Madla SK	1.08,67	666
	31,79(31,79)	1.08,67(36,88)			

Øvelse 34. 1500m fri, herrer - Direkte finale

Senior

1	Gard Kvale	84	Bergens SC	15.23,10	842
	28,49(28,49)	58,78(30,29)	1.29,34(30,56)	2.00,42(31,08)	
	2.31,71(31,29)	3.02,91(31,20)	3.34,47(31,56)	4.06,09(31,62)	
	4.37,46(31,37)	5.08,37(30,91)	5.39,39(31,02)	6.10,48(31,09)	
	6.41,41(30,93)	7.12,33(30,92)	7.43,16(30,83)	8.13,96(30,80)	
	8.44,85(30,89)	9.15,96(31,11)	9.47,60(31,64)	10.18,91(31,31)	
	10.49,15(30,24)	11.19,14(29,99)	11.49,33(30,19)	12.19,87(30,54)	
	12.50,53(30,66)	13.20,98(30,45)	13.51,61(30,63)	14.22,22(30,61)	
	14.53,00(30,78)	15.23,10(30,10)			
2	Mikkel Brudvik Sanderud	87	Hamar IL	15.27,82	830
	29,27(29,27)	59,99(30,72)	1.30,90(30,91)	2.01,79(30,89)	
	2.32,86(31,07)	3.03,81(30,95)	3.34,78(30,97)	4.05,81(31,03)	
	4.36,72(30,91)	5.07,62(30,90)	5.38,58(30,96)	6.09,62(31,04)	
	6.40,53(30,91)	7.42,36(1.01,83)	8.13,22(30,86)	8.44,26(31,04)	
	9.15,73(31,47)	9.47,37(31,64)	10.19,00(31,63)	10.49,97(30,97)	
	11.20,90(30,93)	11.52,25(31,35)	12.23,51(31,26)	12.54,46(30,95)	
	13.25,64(31,18)	13.56,68(31,04)	14.27,84(31,16)	14.58,59(30,75)	
	15.27,82(29,23)				
3	Ronnie Anstensen	88	Skjetten Svømming	15.55,49	759
	29,49(29,49)	1.00,64(31,15)	1.32,53(31,89)	2.04,97(32,44)	
	2.37,36(32,39)	3.09,97(32,61)	3.42,58(32,61)	4.14,95(32,37)	
	4.47,38(32,43)	5.19,82(32,44)	5.52,36(32,54)	6.24,40(32,04)	
	6.56,73(32,33)	7.28,88(32,15)	8.00,97(32,09)	8.33,21(32,24)	
	9.04,80(31,59)	9.36,58(31,78)	10.08,13(31,55)	10.39,73(31,60)	
	11.11,22(31,49)	11.42,83(31,61)	12.14,42(31,59)	12.46,13(31,71)	
	13.17,89(31,76)	13.49,99(32,10)	14.21,75(31,76)	14.53,55(31,80)	
	15.25,17(31,62)	15.55,49(30,32)			
4	Robert Aronsen	86	Bærumsvømmerne	15.58,94	751
	30,47(30,47)	1.02,50(32,03)	1.34,94(32,44)	2.07,06(32,12)	
	2.39,07(32,01)	3.11,23(32,16)	3.43,48(32,25)	4.15,66(32,18)	
	4.47,84(32,18)	5.19,84(32,00)	5.51,97(32,13)	6.24,09(32,12)	
	6.56,17(32,08)	7.27,99(31,82)	8.00,12(32,13)	8.32,32(32,20)	
	9.04,56(32,24)	9.36,69(32,13)	10.08,72(32,03)	10.40,93(32,21)	
	11.12,98(32,05)	11.44,74(31,76)	12.16,95(32,21)	12.49,08(32,13)	
	13.21,47(32,39)	13.53,74(32,27)	14.25,82(32,08)	14.57,98(32,16)	
	15.30,03(32,05)	15.58,94(28,91)			
5	Christian Aaserud	88	Asker SK	15.59,73	749
	29,25(29,25)	1.00,95(31,70)	1.32,92(31,97)	2.04,95(32,03)	
	2.36,93(31,98)	3.09,11(32,18)	3.41,56(32,45)	4.13,83(32,27)	
	4.46,28(32,45)	5.18,47(32,19)	5.50,46(31,99)	6.22,70(32,24)	
	6.55,20(32,50)	7.27,65(32,45)	7.59,80(32,15)	8.32,04(32,24)	
	9.04,44(32,40)	9.36,64(32,20)	10.09,03(32,39)	10.40,98(31,95)	
	11.12,44(31,46)	11.44,38(31,94)	12.16,61(32,23)	12.48,93(32,32)	
	13.21,28(32,35)	13.53,80(32,52)	14.25,63(31,83)	14.58,26(32,63)	
	15.30,35(32,09)	15.59,73(29,38)			

6	Øystein R. Hetland	89	Bærum/NTG	16.26,11	691
	29,07(29,07)	1.01,77(32,70)	1.35,09(33,32)	2.08,58(33,49)	
	2.42,36(33,78)	3.15,87(33,51)	3.49,28(33,41)	4.22,82(33,54)	
	4.56,39(33,57)	5.29,78(33,39)	6.02,83(33,05)	6.36,15(33,32)	
	7.09,20(33,05)	7.41,73(32,53)	8.14,07(32,34)	8.46,84(32,77)	
	9.19,55(32,71)	9.52,30(32,75)	10.25,31(33,01)	10.58,10(32,79)	
	11.30,89(32,79)	12.04,03(33,14)	12.36,90(32,87)	13.09,81(32,91)	
	13.42,75(32,94)	14.15,76(33,01)	14.48,46(32,70)	15.21,50(33,04)	
	15.54,45(32,95)	16.26,11(31,66)			
7	Daniel Berenett	91	IL Varg	16.31,14	680
	28,92(28,92)	1.00,92(32,00)	1.32,99(32,07)	2.05,76(32,77)	
	2.37,90(32,14)	3.10,78(32,88)	3.43,58(32,80)	4.16,48(32,90)	
	4.49,27(32,79)	5.22,41(33,14)	5.55,58(33,17)	6.28,62(33,04)	
	7.02,30(33,68)	7.35,55(33,25)	8.08,69(33,14)	8.42,03(33,34)	
	9.15,39(33,36)	9.48,82(33,43)	10.22,35(33,53)	10.55,75(33,40)	
	11.29,32(33,57)	12.03,03(33,71)	12.36,38(33,35)	13.10,19(33,81)	
	13.44,08(33,89)	14.17,27(33,19)	14.51,06(33,79)	15.24,81(33,75)	
	15.58,32(33,51)	16.31,14(32,82)			
8	Elias Damman	89	Bærum/NTG	16.31,81	679
	30,52(30,52)	1.03,34(32,82)	1.36,60(33,26)	2.09,93(33,33)	
	2.43,66(33,73)	3.17,21(33,55)	3.50,52(33,31)	4.24,01(33,49)	
	4.57,19(33,18)	5.30,37(33,18)	6.03,52(33,15)	6.36,51(32,99)	
	7.09,93(33,42)	7.43,36(33,43)	8.16,54(33,18)	8.49,96(33,42)	
	9.22,99(33,03)	9.55,95(32,96)	10.28,93(32,98)	11.01,96(33,03)	
	11.35,28(33,32)	12.08,47(33,19)	12.41,44(32,97)	13.14,97(33,53)	
	13.48,17(33,20)	14.21,44(33,27)	14.54,45(33,01)	15.27,76(33,31)	
	16.00,67(32,91)	16.31,81(31,14)			
9	Thor Kristian Østenå Larsen	86	Bergens SC	16.35,67	671
	29,88(29,88)	1.02,67(32,79)	1.35,90(33,23)	2.09,18(33,28)	
	2.42,36(33,18)	3.15,94(33,58)	3.49,49(33,55)	4.22,95(33,46)	
	4.55,93(32,98)	5.29,66(33,73)	6.03,19(33,53)	6.36,93(33,74)	
	7.10,12(33,19)	7.43,39(33,27)	8.16,82(33,43)	8.50,24(33,42)	
	9.23,71(33,47)	9.57,22(33,51)	10.30,48(33,26)	11.04,07(33,59)	
	11.37,37(33,30)	12.10,98(33,61)	12.44,47(33,49)	13.17,73(33,26)	
	13.50,99(33,26)	14.24,11(33,12)	14.57,48(33,37)	15.30,89(33,41)	
	16.04,11(33,22)	16.35,67(31,56)			
10	Magnus Bru	87	Asker SK	16.36,33	670
	29,91(29,91)	1.01,82(31,91)	1.34,50(32,68)	2.07,48(32,98)	
	2.40,55(33,07)	3.13,67(33,12)	3.47,14(33,47)	4.20,25(33,11)	
	4.53,68(33,43)	5.26,78(33,10)	6.00,07(33,29)	6.33,37(33,30)	
	7.06,73(33,36)	7.40,42(33,69)	8.13,70(33,28)	8.46,98(33,28)	
	9.20,56(33,58)	9.54,00(33,44)	10.27,44(33,44)	11.01,00(33,56)	
	11.34,48(33,48)	12.08,27(33,79)	12.41,83(33,56)	13.15,64(33,81)	
	13.49,20(33,56)	14.22,85(33,65)	14.56,48(33,63)	15.30,38(33,90)	
	16.03,85(33,47)	16.36,33(32,48)			
11	Christian Thorsen	91	Lambertseter SK	16.40,61	661
	29,92(29,92)	1.02,64(32,72)	1.35,21(32,57)	2.07,71(32,50)	
	2.40,50(32,79)	3.13,45(32,95)	3.46,34(32,89)	4.19,47(33,13)	
	4.53,02(33,55)	5.26,55(33,53)	6.00,15(33,60)	6.34,05(33,90)	
	7.07,98(33,93)	7.41,52(33,54)	8.14,95(33,43)	8.48,21(33,26)	
	9.22,36(34,15)	9.56,00(33,64)	10.29,94(33,94)	11.03,95(34,01)	
	11.37,96(34,01)	12.11,73(33,77)	12.45,41(33,68)	13.19,20(33,79)	
	13.52,55(33,35)	14.27,03(34,48)	15.01,27(34,24)	15.34,88(33,61)	
	16.08,53(33,65)	16.40,61(32,08)			
12	Stian With Bjørnstad	87	Ski SK	16.42,00	659
	30,58(30,58)	1.03,75(33,17)	1.37,34(33,59)	2.10,63(33,29)	
	2.43,84(33,21)	3.17,24(33,40)	3.50,50(33,26)	4.23,77(33,27)	
	4.56,58(32,81)	5.29,55(32,97)	6.02,69(33,14)	6.35,92(33,23)	
	7.09,54(33,62)	7.43,30(33,76)	8.17,03(33,73)	8.50,44(33,41)	
	9.24,20(33,76)	9.57,66(33,46)	10.32,07(34,41)	11.06,07(34,00)	
	11.39,83(33,76)	12.13,25(33,42)	12.46,92(33,67)	13.20,65(33,73)	
	13.54,39(33,74)	14.28,40(34,01)	15.02,57(34,17)	15.36,37(33,80)	
	16.09,51(33,14)	16.42,00(32,49)			
13	Jørn Nygård	92	Stavanger SC	17.03,47	618
	29,31(29,31)	1.02,14(32,83)	1.35,60(33,46)	2.09,46(33,86)	
	2.43,23(33,77)	3.17,10(33,87)	3.51,44(34,34)	4.25,75(34,31)	
	5.00,59(34,84)	5.35,03(34,44)	6.09,53(34,50)	6.44,16(34,63)	
	7.18,49(34,33)	7.52,96(34,47)	8.27,58(34,62)	9.02,47(34,89)	
	9.37,60(35,13)	10.12,00(34,40)	10.46,42(34,42)	11.21,33(34,91)	
	11.55,58(34,25)	12.30,26(34,68)	13.04,97(34,71)	13.39,52(34,55)	
	14.14,17(34,65)	14.48,61(34,44)	15.22,74(34,13)	15.57,23(34,49)	
	16.30,91(33,68)	17.03,47(32,56)			

14	Espen Urdahl	89	Bærumsvømmerne	17.09,74	607
	29,95(29,95)	1.02,08(32,13)	1.35,31(33,23)	2.08,95(33,64)	
	2.42,86(33,91)	3.16,96(34,10)	3.51,30(34,34)	4.25,99(34,69)	
	5.00,61(34,62)	5.35,38(34,77)	6.10,20(34,82)	6.45,16(34,96)	
	7.19,79(34,63)	7.54,73(34,94)	8.29,32(34,59)	9.04,27(34,95)	
	9.39,08(34,81)	10.13,64(34,56)	10.48,46(34,82)	11.23,36(34,90)	
	11.58,10(34,74)	12.32,59(34,49)	13.07,19(34,60)	13.41,88(34,69)	
	14.16,86(34,98)	14.51,71(34,85)	15.26,33(34,62)	16.01,02(34,69)	
	16.35,56(34,54)	17.09,74(34,18)			
15	Sebastian Wigstrøm	91	Bærumsvømmerne	17.16,14	595
	30,84(30,84)	1.04,82(33,98)	1.37,89(33,07)	2.10,68(32,79)	
	2.44,12(33,44)	3.18,32(34,20)	3.52,02(33,70)	4.25,86(33,84)	
	5.00,17(34,31)	5.34,34(34,17)	6.08,87(34,53)	6.43,39(34,52)	
	7.17,99(34,60)	7.52,98(34,99)	8.27,56(34,58)	9.02,55(34,99)	
	9.37,52(34,97)	10.12,59(35,07)	10.48,11(35,52)	11.23,18(35,07)	
	11.58,87(35,69)	12.34,32(35,45)	13.09,71(35,39)	13.45,61(35,90)	
	14.21,27(35,66)	14.56,98(35,71)	15.32,39(35,41)	16.07,87(35,48)	
	16.42,68(34,81)	17.16,14(33,46)			

Øvelse 35. 4*100m lag medley, damer - Direkte finale

Senior

1	Lambertseter SK J1 sr.	SR	Lambertseter SK	(0,66)	4.16,15	804
	Anu Koivisto:	29,18(29,18)				
		1.01,26(32,08)				
		1.34,61(33,35)				
	Sara Nordenstam:	2.12,29(37,68)				
		2.41,93(29,64)				
	Line Løvberg:	3.15,74(33,81)				
		3.43,91(28,17)				
	Merete Løvberg:	4.16,15(32,24)				
2	Bergensv. J1 sr.	SR	Bergensvømmerne	(0,68)	4.16,56	800
	Margrete Nyhus Ulvestad:	31,44(31,44)				
		1.04,92(33,48)				
		1.37,29(32,37)				
	Celinn Daviknes:	2.14,96(37,67)				
		2.44,14(29,18)				
	Ann-Helen Pridesis:	3.19,12(34,98)				
		3.46,68(27,56)				
	Elisabeth Jarland:	4.16,56(29,88)				
3	Team Stavanger J1 sr.	SR	Team Stavanger	(0,61)	4.21,31	757
	Karen Stødle:	32,41(32,41)				
		1.07,29(34,88)				
		1.39,73(32,44)				
	Mari Ask Rasmussen:	2.17,80(38,07)				
		2.47,30(29,50)				
	Christine Ørland:	3.22,38(35,08)				
		3.49,74(27,36)				
	Vibeke Brigg:	4.21,31(31,57)				
4	Bærumsv J1 sr.	SR	Bærumsvømmerne	(0,63)	4.24,53	730
	Vibeke Browne:	33,28(33,28)				
		1.08,42(35,14)				
		1.40,54(32,12)				
	Anne-Mari Gulbrandsen:	2.17,01(36,47)				
		2.47,21(30,20)				
	Karolina Orleanski:	3.22,38(35,17)				
		3.51,47(29,09)				
	Karin Ekholt:	4.24,53(33,06)				
5	Vestkantsv. J1 sr.	SR	Vestkantsvømmerne	(0,62)	4.25,99	718
	Iwonka Vik:	32,30(32,30)				
		1.05,71(33,41)				
		1.40,28(34,57)				
	Henriette Brekke:	2.20,14(39,86)				
		2.50,54(30,40)				
	Anne Lene Klingberg:	3.27,23(36,69)				
		3.55,19(27,96)				
	Lise Fadnes:	4.25,99(30,80)				

6	IL Varg J1 sr.	SR	IL Varg	(0,76)	4.26,19	717
			32,64(32,64)			
	Rebecca Calder:		1.08,12(35,48)			
			1.42,72(34,60)			
	Annelin Stenersen Nordbø:		2.22,86(40,14)			
			2.51,09(28,23)			
	Anette Fidjeland:		3.25,11(34,02)			
			3.54,08(28,97)			
	Kari Flottorp:		4.26,19(32,11)			
7	Asker SK J1 sr.	SR	Asker SK	(0,69)	4.27,29	708
			34,34(34,34)			
	Nora Kathrine Guthe:		1.11,15(36,81)			
			1.45,74(34,59)			
	Siri Eva Kristiansen:		2.24,59(38,85)			
			2.54,35(29,76)			
	Ingvild Snildal:		3.28,57(34,22)			
			3.56,22(27,65)			
	Sofie Gjemmestad:		4.27,29(31,07)			
8	Bergensv. J2 sr.	SR	Bergensvømmerne	(0,60)	4.31,75	673
			34,73(34,73)			
	Katja Heinänen:		1.11,87(37,14)			
			1.46,12(34,25)			
	Maria Farestvedt:		2.25,91(39,79)			
			2.55,48(29,57)			
	Tove Fludal Haugan:		3.31,75(36,27)			
			4.00,23(28,48)			
	Monica Finnøy:		4.31,75(31,52)			
9	Team Stavanger J2 sr.	SR	Team Stavanger	(0,60)	4.35,43	647
			33,20(33,20)			
	Ida Nordbø:		1.10,16(36,96)			
			1.43,80(33,64)			
	Stine Haferkamp:		2.23,35(39,55)			
			2.55,17(31,82)			
	Anne Haugvaldstad:		3.34,20(39,03)			
			4.03,19(28,99)			
	Linn Mari Høgalmen:		4.35,43(32,24)			
10	Team Stavanger J3 sr.	SR	Team Stavanger	(0,69)	4.40,77	611
			34,62(34,62)			
	Siri Møllerop:		1.12,61(37,99)			
			1.46,72(34,11)			
	Mai Linn Hanslien:		2.26,98(40,26)			
			2.59,58(32,60)			
	Sarah Bøgh Meling:		3.38,36(38,78)			
			4.07,98(29,62)			
	Ingrid Marie Rytter:		4.40,77(32,79)			
11	Moss SK J1 sr.	SR	Moss SK	(0,64)	4.41,13	608
			33,85(33,85)			
	Thea Pedersen:		1.10,05(36,20)			
			1.47,12(37,07)			
	Maria Dahli:		2.31,39(44,27)			
			3.03,55(32,16)			
	Marte E. Brinchmann:		3.44,16(40,61)			
			4.11,05(26,89)			
	Ina Kr. Pedersen:		4.41,13(30,08)			
12	Lambertseter SK J2 sr.	SR	Lambertseter SK	(0,68)	4.41,28	607
			34,60(34,60)			
	Heidi Vainio Gjøen:		1.11,07(36,47)			
			1.47,23(36,16)			
	Charlotte Thorsen:		2.29,50(42,27)			
			3.02,25(32,75)			
	Mina-Louise Bekk Berggren:		3.39,67(37,42)			
			4.09,25(29,58)			
	Emilie Hellerud:		4.41,28(32,03)			
13	Arna SLK J1 sr.	SR	Arna SLK	(0,59)	4.45,74	579
			33,86(33,86)			
	Seline Vike Holm:		1.10,47(36,61)			
			1.47,22(36,75)			
	Marina Rasmussen:		2.31,56(44,34)			
			3.03,49(31,93)			
	Oda J. Midtun:		3.42,91(39,42)			
			4.11,94(29,03)			
	Ane J. Midtun:		4.45,74(33,80)			

14	Øvre Eiker SK J1 sr.	SR	Øvre Eiker SK	(0,58)	4.46,53	574
		34,82(34,82)				
	Siri Anette Sønju:	1.11,52(36,70)				
	Guro Bjørk Sørby:	1.47,62(36,10)				
		2.29,87(42,25)				
	Guro Knutsen:	3.02,84(32,97)				
		3.40,87(38,03)				
	Fanny Moen Pettersen:	4.11,85(30,98)				
		4.46,53(34,68)				
15	Løren/Rælingen J1 sr.	SR	Lørenskog/Rælingen	(0,79)	4.58,82	506
		36,18(36,18)				
	Ida Arnøy:	1.14,93(38,75)				
		1.50,75(35,82)				
	Ine Charlotte Hagen:	2.31,00(40,25)				
		3.06,50(35,50)				
	Mette Aas:	3.51,02(44,52)				
		4.22,93(31,91)				
	Elin Rasmussen:	4.58,82(35,89)				
16	Sandnes SLK J1 sr.	SR	Sandnes SLK	(0,74)	4.59,68	502
		36,19(36,19)				
	Nicole Egeland:	1.16,43(40,24)				
		1.54,37(37,94)				
	Bente Wathne:	2.39,60(45,23)				
		3.15,02(35,42)				
	Inger Lise Kittelsen:	3.55,08(40,06)				
		4.25,65(30,57)				
	Unn Elin Kleppa Øvestad:	4.59,68(34,03)				
17	Elverum IL J1 sr.	SR	Elverum Svømming	(0,76)	5.02,26	489
		37,15(37,15)				
	Andrea V. Skirbekk:	1.15,89(38,74)				
		1.56,63(40,74)				
	Hanne Strand:	2.44,35(47,72)				
		3.17,23(32,88)				
	Oona Ovesen:	3.56,48(39,25)				
		4.27,72(31,24)				
	Siri Ovesen:	5.02,26(34,54)				
18	IL Varg J2 sr.	SR	IL Varg	(0,74)	5.06,26	470
		36,97(36,97)				
	Elin Roscher:	1.17,64(40,67)				
		1.56,98(39,34)				
	Beate Hansen:	2.41,94(44,96)				
		3.15,16(33,22)				
	Celine Kløvstad Farsund:	3.56,24(41,08)				
		4.28,39(32,15)				
	Karoline Eriksen:	5.06,26(37,87)				

Søndag 4. mars kl 09.00

Øvelse 36. 400m individuell medley, herrer - Direkte finale – Foreløpig før siste heat

Senior

1	Alexander Broberg Skeltved	87	Tromsø SK	4.31,95	741
	29,14(29,14)	1.01,72(32,58)	1.37,58(35,86)	2.13,68(36,10)	
	2.50,96(37,28)	3.29,36(38,40)	4.01,25(31,89)	4.31,95(30,70)	
2	Christian Thorsen	91	Lambertseter SK	4.41,96	665
	30,71(30,71)	1.06,74(36,03)	1.43,44(36,70)	2.19,98(36,54)	
	2.59,66(39,68)	3.39,72(40,06)	4.11,23(31,51)	4.41,96(30,73)	
3	Mattis Saghaug	90	IL Varg/NTG	4.45,08	643
	29,98(29,98)	1.04,93(34,95)	1.43,30(38,37)	2.20,52(37,22)	
	2.59,09(38,57)	3.39,03(39,94)	4.12,92(33,89)	4.45,08(32,16)	
4	Stian With Bjørnstad	87	Ski SK	4.45,28	642
	31,33(31,33)	1.06,24(34,91)	1.43,96(37,72)	2.20,62(36,66)	
	3.00,35(39,73)	3.40,52(40,17)	4.14,79(34,27)	4.45,28(30,49)	
5	Øystein Gaasvik	82	Vestbyen IL	4.45,36	641
	28,79(28,79)	1.01,61(32,82)	1.38,86(37,25)	2.15,51(36,65)	
	2.57,24(41,73)	3.37,72(40,48)	4.13,12(35,40)	4.45,36(32,24)	
6	Lars E Borsheim	80	TS/Madla SK	4.45,97	637
	29,36(29,36)	1.03,97(34,61)	1.41,69(37,72)	2.18,99(37,30)	
	2.58,75(39,76)	3.39,42(40,67)	4.12,59(33,17)	4.45,97(33,38)	
7	Sindre Nilo	90	Sandefjord SK/NTG	4.46,00	637
	30,89(30,89)	1.06,13(35,24)	1.41,73(35,60)	2.16,14(34,41)	
	2.57,71(41,57)	3.39,76(42,05)	4.13,96(34,20)	4.46,00(32,04)	
8	Sebastian Wigstrøm	91	Bærumsvømmerne	4.47,72	626
	32,14(32,14)	1.09,46(37,32)	1.46,16(36,70)	2.22,52(36,36)	
	3.01,46(38,94)	3.41,15(39,69)	4.15,52(34,37)	4.47,72(32,20)	
9	Sindri T. Jakobsson	91	Delfana	4.48,60	620
	29,55(29,55)	1.04,21(34,66)	1.42,23(38,02)	2.20,20(37,97)	
	3.01,60(41,40)	3.42,40(40,80)	4.16,06(33,66)	4.48,60(32,54)	
10	Thor Kristian Østenå Larsen	86	Bergens SC	4.49,41	615
	30,06(30,06)	1.04,16(34,10)	1.43,08(38,92)	2.20,47(37,39)	
	3.01,78(41,31)	3.43,90(42,12)	4.17,41(33,51)	4.49,41(32,00)	
11	Magnus Bru	87	Asker SK	4.51,78	600
	30,24(30,24)	1.04,91(34,67)	1.43,15(38,24)	2.20,38(37,23)	
	3.02,88(42,50)	3.45,87(42,99)	4.19,63(33,76)	4.51,78(32,15)	
12	Tor Hafnør	91	Bærumsvømmerne	4.52,33	597
	30,12(30,12)	1.05,38(35,26)	1.41,45(36,07)	2.16,96(35,51)	
	2.59,42(42,46)	3.43,39(43,97)	4.18,58(35,19)	4.52,33(33,75)	
	Carl Andreas Wathne	91	Asker SK	DISK	

Øvelse 37. 4*50m fri, damer - Forsøk

Senior

1	Vestkantsv. J1 sr.	SR	Vestkantsvømmerne	1.48,65	768
	Iwonka Vik:	27,25(27,25)			
	Lise Fadnes:	53,73(26,48)			
	Anne Lene Klingberg:	1.22,13(28,40)			
	Line Møllerop:	1.48,65(26,52)			
2	Team Stavanger J1 sr.	SR	Team Stavanger	1.48,83	764
	Mari Ask Rasmussen:	27,70(27,70)			
	Karen Stødle:	54,01(26,31)			
	Linn Mari Høgalmen:	1.21,73(27,72)			
	Vibeke Brigg:	1.48,83(27,10)			
3	Asker SK J1 sr.	SR	Asker SK	1.49,09	758
	Hilde Sund:	28,35(28,35)			
	Sofie Gjemmestad:	55,64(27,29)			
	Siri Eva Kristiansen:	1.22,70(27,06)			
	Ingvild Snildal:	1.49,09(26,39)			

4	Bergensv. J1 sr.	SR	Bergensvømmerne	1.49,80	744
	Tove Fludal Haugan:	27,45(27,45)			
	Elisabeth Jarland:	55,26(27,81)			
	Monica Finnøy:	1.23,05(27,79)			
	Margrete Nyhus Ulvestad:	1.49,80(26,75)			
5	IL Varg J1 sr.	SR	IL Varg	1.50,93	721
	Kari Flottorp:	28,65(28,65)			
	Anette Fidjeland:	55,58(26,93)			
	Rebecca Calder:	1.22,11(26,53)			
	Annelin Stenersen Nordbø:	1.50,93(28,82)			
6	Bærumsv J1 sr.	SR	Bærumsvømmerne	1.50,94	721
	Vibeke Browne:	28,31(28,31)			
	Anne-Mari Gulbrandsen:	55,58(27,27)			
	Karolina Orleanski:	1.23,44(27,86)			
	Karin Ekholt:	1.50,94(27,50)			
7	Skjetten Svømming J1 sr.	SR	Skjetten Svømming	1.51,25	715
	Ingrid Honerød Antonsen:	27,42(27,42)			
	Clarissa van Rheenen:	53,75(26,33)			
	Gina B. Andersen:	1.22,48(28,73)			
	Terese Langlo:	1.51,25(28,77)			
8	Lambertseter SK J1 sr.	SR	Lambertseter SK	1.52,48	692
	28,19(28,19)	1.24,18(55,99)	1.52,48(28,30)		
	Emilie Hellerud, Merete Løvberg, Charlotte Thorsen, Ingrid N. Knutzen				
9	Team Stavanger J2 sr.	SR	Team Stavanger	1.52,98	683
	Ida Nordbø:	28,49(28,49)			
	Christine Ørland:	56,20(27,71)			
	Mai Linn Hanslien:	1.24,89(28,69)			
	Ingrid Marie Rytter:	1.52,98(28,09)			
10	Bergensv. J2 sr.	SR	Bergensvømmerne	1.53,71	669
	Celinn Daviknes:	28,56(28,56)			
	Rebecca Johnsen:	57,22(28,66)			
	Ann-Helen Pridesis:	1.24,85(27,63)			
	Maria Farestvedt:	1.53,71(28,86)			
11	Moss SK J1 sr.	SR	Moss SK	1.54,38	658
	Stine K. Jansen:	29,26(29,26)			
	Ina Kr. Pedersen:	55,47(26,21)			
	Marte E. Brinchmann:	1.24,80(29,33)			
	Thea Pedersen:	1.54,38(29,58)			
12	Arna SLK J1 sr.	SR	Arna SLK	1.55,47	639
	Oda J. Midtun:	28,49(28,49)			
	Ane J. Midtun:	57,36(28,87)			
	Marina Rasmussen:	1.27,22(29,86)			
	Seline Vike Holm:	1.55,47(28,25)			
13	Sandnes SLK J1 sr.	SR	Sandnes SLK	1.56,29	626
	Unn Elin Kleppa Øvestad:	29,27(29,27)			
	Bente Wathne:	58,57(29,30)			
	Inger Lise Kittelsen:	1.26,94(28,37)			
	Nicole Egeland:	1.56,29(29,35)			
14	Elverum IL J1 sr.	SR	Elverum Svømming	1.58,88	586
	Siri Ovesen:	30,19(30,19)			
	Cathrine Olsen:	1.00,59(30,40)			
	Andrea V. Skirbekk:	1.29,91(29,32)			
	Oona Ovesen:	1.58,88(28,97)			
15	IL Varg J2 sr.	SR	IL Varg	2.06,71	484
	Elin Roscher:	31,45(31,45)			
	Celine Kløvstad Farsund:	1.02,84(31,39)			
	Karoline Eriksen:	1.34,54(31,70)			
	Beate Hansen:	2.06,71(32,17)			
	Team Stavanger J3 sr.	SR	Team Stavanger	DISK	
	28,61(28,61)				
	Anne Haugvaldstad, Siri Møllerop, Elisabeth Førland, Sarah Bøgh Meling				

Øvelse 38. 200m fri, herrer - Forsøk**Senior**

1	Sander Smørdal	85	BS/Arna	1.54,18	741
	25,57(25,57)	53,53(27,96)	1.23,69(30,16)	1.54,18(30,49)	
2	Øystein R. Hetland	89	Bærum/NTG	1.54,63	732
	25,72(25,72)	54,85(29,13)	1.25,35(30,50)	1.54,63(29,28)	
3	Lasse Hoel	84	Hamar IL	1.54,95	726
	26,85(26,85)	56,06(29,21)	1.25,90(29,84)	1.54,95(29,05)	
4	Jørgen Møllerop	88	TS/Madla SK	1.55,47	717
	26,79(26,79)	56,16(29,37)	1.25,87(29,71)	1.55,47(29,60)	
5	Ørjan Cato Johnsen	85	BS/Bergen SLK	1.55,83	710
	27,56(27,56)	57,00(29,44)	1.26,82(29,82)	1.55,83(29,01)	
6	Christian Aaserud	88	Asker SK	1.55,91	708
	27,15(27,15)	56,76(29,61)	1.27,14(30,38)	1.55,91(28,77)	
7	Stian Werner Erichsen	90	Bærumsvømmerne	1.57,77	675
	27,72(27,72)	56,97(29,25)	1.27,25(30,28)	1.57,77(30,52)	
8	Christer Koch Kvam	90	Bærum/NTG	1.58,07	670
	26,57(26,57)	56,00(29,43)	1.26,69(30,69)	1.58,07(31,38)	
9	Øivind A. S. Reinertsen	88	Kristiansand SA	1.59,17	652
	27,55(27,55)	57,56(30,01)	1.28,46(30,90)	1.59,17(30,71)	
10	Martin Skramstad	89	Hamar IL	1.59,76	642
	27,34(27,34)	57,16(29,82)	1.28,12(30,96)	1.59,76(31,64)	
11	Mikkel Tørud Lang	90	Ullensakersv	2.00,98	623
	28,30(28,30)	58,61(30,31)	1.29,76(31,15)	2.00,98(31,22)	
12	Stian With Bjørnstad	87	Ski SK	2.02,90	594
	28,01(28,01)	59,00(30,99)	1.31,34(32,34)	2.02,90(31,56)	

Øvelse 39. 200m butterfly, damer - Forsøk**Senior**

1	Sara Nordenstam	83	Lambertseter SK	2.18,48	741
	31,33(31,33)	1.06,28(34,95)	1.41,76(35,48)	2.18,48(36,72)	
2	Karoline Brudvik Sanderud	89	Hamar IL	2.21,85	690
	31,52(31,52)	1.07,38(35,86)	1.44,29(36,91)	2.21,85(37,56)	
3	Line Løvberg	91	Lambertseter SK	2.22,58	679
	31,90(31,90)	1.08,25(36,35)	1.45,08(36,83)	2.22,58(37,50)	
4	Elisabeth H. Svensson	91	Ski SK	2.25,66	637
	31,85(31,85)	1.10,23(38,38)	1.48,39(38,16)	2.25,66(37,27)	
5	Monica Martinsen	83	Stavanger SC	2.25,99	633
	32,06(32,06)	1.09,06(37,00)	1.48,34(39,28)	2.25,99(37,65)	
6	Sara Pettersen	91	Fauske SK	2.26,93	621
	32,32(32,32)	1.08,23(35,91)	1.45,88(37,65)	2.26,93(41,05)	
7	Siri N. Andersen	92	Haldens SK	2.27,12	618
	33,13(33,13)	1.10,68(37,55)	1.48,74(38,06)	2.27,12(38,38)	
8	Karolina Orleanski	86	Bærumsvømmerne	2.28,13	606
	32,50(32,50)	1.09,28(36,78)	1.48,34(39,06)	2.28,13(39,79)	
9	Oda Martine Reiertsen	89	Hamar IL	2.28,65	599
	32,93(32,93)	1.10,94(38,01)	1.49,45(38,51)	2.28,65(39,20)	
10	Terese Langlo	89	Skjetten Svømming	2.30,87	573
	34,63(34,63)	1.12,59(37,96)	1.51,87(39,28)	2.30,87(39,00)	
11	Helene Lybak	90	Delfana	2.30,97	572
	32,10(32,10)	1.09,48(37,38)	1.49,55(40,07)	2.30,97(41,42)	
12	Maren Gramvik	90	Vågsbygd SLK	2.32,12	559
	33,70(33,70)	1.11,18(37,48)	1.49,99(38,81)	2.32,12(42,13)	
13	Pernille Thorstensen	89	Vågsbygd SLK	2.33,07	549
	33,59(33,59)	1.11,69(38,10)	1.51,55(39,86)	2.33,07(41,52)	
14	Marina Rasmussen	89	Arna SLK	2.34,43	534
	33,80(33,80)	1.12,58(38,78)	1.53,29(40,71)	2.34,43(41,14)	
15	Camilla Borchgrevink	90	Ski SK	2.35,81	520
	34,22(34,22)	1.12,52(38,30)	1.53,87(41,35)	2.35,81(41,94)	
16	Sarah Bøgh Meling	87	TS/Madla SK	2.36,10	517
	34,80(34,80)	1.13,78(38,98)	1.54,41(40,63)	2.36,10(41,69)	
17	Mina-Louise Bekk Berggren	92	Lambertseter SK	2.37,77	501
	33,16(33,16)	1.12,01(38,85)	1.53,33(41,32)	2.37,77(44,44)	

Øvelse 40. 100m rygg, herrer - Forsøk**Senior**

1	Maxim Christensen 27,24(27,24)	89	Vågsbygd SLK	(0,63)	57,41	715	NJR
2	Lars Andre Tolås 28,08(28,08)	88	Stavanger SC/NTG	(0,61)	57,78	701	
3	Kim Torry Simmenes 29,08(29,08)	82	Vestkantsvømmerne	(0,76)	58,98	659	
4	Dominik Borkowski 28,57(28,57)	90	Skjetten Svømming	(0,67)	59,07	656	
5	Gard Kvale 29,10(29,10)	84	Bergens SC	(0,74)	59,26	650	
6	Njål Falch 29,55(29,55)	87	Kolbotn IL	(0,62)	59,82	632	
7	Martin Robertsen 29,39(29,39)	88	Sarpsborg IL	(0,63)	59,89	629	
8	Mikael Bergene 29,17(29,17)	91	Kolbotn IL	(0,59)	1.00,56	609	
9	Mats Andre Fredriksen 29,30(29,30)	85	Lambertseter SK	(0,80)	1.00,57	608	
10	Joar Skien Grannes 29,22(29,22)	90	Sandnes SLK	(0,72)	1.00,70	605	
11	Alexander B. Havre 29,68(29,68)	90	Mandal SK	(0,69)	1.00,80	602	
12	Even Vike Holm 30,07(30,07)	90	Arna SLK	(0,78)	1.02,35	558	

Funksjonshemmede

1	Jørgen Tadvin 48,41(48,41)	83	Kolbotn IL	(0,76)	1.39,91	135	S6	135,03 %
2	Ola Riise 46,18(46,18)	77	Asker SK	(0,88)	1.34,50	160	S14	148,12 %

Øvelse 41. 100m fri, damer - Forsøk**Senior**

1	Victoria S. Løken 27,84(27,84)	91	Aalesund SLK		57,41	781	
2	Henriette Brekke 27,59(27,59)	88	Vestkantsvømmerne		57,67	771	
3	Cecilie Johannessen 28,47(28,47)	90	Karmøy SK		57,94	760	
4	Ina Kr. Pedersen 28,33(28,33)	89	Moss SK		58,14	752	
5	Siri Løvold Magnussen 28,57(28,57)	86	Hamar IL		58,70	731	
6	Line Møllerop 28,35(28,35)	87	Vestkantsvømmerne		58,72	730	
7	Karen Stødle 28,22(28,22)	87	Team Stavanger		58,80	727	
8	Rebecca Calder 28,34(28,34)	87	IL Varg		58,91	723	
9	Monica Johannessen 28,97(28,97)	90	Karmøy SK		59,28	710	
10	Ingvild Snildal 28,73(28,73)	88	Asker SK		59,53	701	
11	Anette Fidjeland 28,86(28,86)	80	IL Varg		59,66	696	

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12	Clarissa van Rheenen	91	Skjetten Svømming	59,87	689
	29,03(29,03)	59,87(30,84)			
13	Sofie Gjemmestad	89	Asker SK	1.00,09	681
	28,74(28,74)	1.00,09(31,35)			
14	Ingrid Honerød Antonsen	90	Skjetten Svømming	1.00,15	679
	28,95(28,95)	1.00,15(31,20)			
15	Elise Strømsvik	87	Vestbyen IL	1.00,27	675
	28,65(28,65)	1.00,27(31,62)			
16	Paulien Mulder	86	Trondheim SLK	1.00,40	671
	28,81(28,81)	1.00,40(31,59)			
17	Monica Finnøy	88	BS/Bergen SLK	1.00,53	667
	29,25(29,25)	1.00,53(31,28)			
18	Margrete Nyhus Ulvestad	88	BS/Åstveit	1.00,55	666
	28,85(28,85)	1.00,55(31,70)			
19	Vibeke Brigg	89	TS/Madla SK	1.00,82	657
	28,77(28,77)	1.00,82(32,05)			
20	Emma Isdahl	92	Kolbotn IL	1.00,92	654
	29,43(29,43)	1.00,92(31,49)			
21	Linn Mari Høgalmen	87	TS/Madla SK	1.00,94	653
	29,37(29,37)	1.00,94(31,57)			
22	Vibeke Browne	89	Bærumsvømmerne	1.02,66	601
	29,71(29,71)	1.02,66(32,95)			

Funksjonshemmede

1	Linn Haugen	87	Vestkantsvømmerne	1.15,97	337	S9	124,38 %
	36,80(36,80)	1.15,97(39,17)					
2	Tonje Immerstein	89	Sandnes SLK	1.20,72	281	S10	130,89 %
	38,70(38,70)	1.20,72(42,02)					
3	Anne Ask Rasmussen	89	TS/Madla SK	1.20,23	286	S9	131,35 %
	38,99(38,99)	1.20,23(41,24)					
4	Ingvill S. Hilleren	90	Vestkantsvømmerne	1.48,00	117	S6	139,48 %

Øvelse 42. 50m fri, herrer - Forsøk**Senior**

1	Sander Smørdal	85	BS/Arna	22,88	805
2	Robin Dale Oen	80	Vestkantsvømmerne	23,33	759
3	Børje Edvardsen	77	IL Varg	23,39	754
4	Ivar-Jo Theien	79	Oslo IL	23,58	736
5	Jonas Noreng Ravn	83	IL Varg	23,63	731
6	Dan Magnus Skibrek	87	Øvre Eiker SK	23,94	703
7	Ørjan Bekken	78	Vestkantsvømmerne	23,99	698
8	Alexander Dale Oen	85	Vestkantsvømmerne	24,12	687
9	Tor Mæhlum Karlsen	85	Trondheim SLK	24,16	684
10	Karl Otto Bratt	78	IL Varg	24,28	674
11	Øystein R. Hetland	89	Bærum/NTG	24,37	666
12	Ørjan Cato Johnsen	85	BS/Bergen SLK	24,39	665
13	Thomas Breivoll	78	IL Varg	24,42	662
14	Halvor Ekeland	89	Drammen SK	24,55	652
15	Pål Gunnar Normann	81	Vestkantsvømmerne	24,61	647
16	Erlend Alvestad	88	Vestbyen IL	24,66	643
17	Petter Fagelund	88	Bærum/NTG	24,68	641
18	Bjørnar Gaasvik	79	IL Varg	24,72	638
18	Lars Andre Tolås	88	Stavanger SC/NTG	24,72	638
20	Rune Skien Grannes	88	Sandnes SLK	24,75	636
21	Fredrik Nordbø	87	TS/Madla SK	24,76	635
22	Bernt M. Seyffarth	89	Mandal SK	24,81	631
23	Tommy Godø	85	BS/Delfana	24,82	631

24	Torfinn Kristensen	81	Drammen SK	24,85	628
25	Alexander B. Havre	90	Mandal SK	24,87	627
26	Thomas Robson	88	BS/Bergen SLK	24,99	618
27	Martin Skramstad	89	Hamar IL	25,26	598
28	Joar Skien Grannes	90	Sandnes SLK	25,35	592

Øvelse 43. 100m bryst, damer - Forsøk

Senior

1	Katharina Stiberg 32,39(32,39)	88	Bjerkvik SK	1.09,38	857
2	Henriette Martinsen 33,14(33,14)	85	Trondheim SLK	1.10,85	805
3	Anne-Mari Gulbrandsen 33,94(33,94)	84	Bærumsvømmerne	1.11,48	783
4	Ann-Helen Pridesis 33,77(33,77)	87	BS/Bergen SLK	1.11,49	783
5	Mari Ask Rasmussen 34,03(34,03)	86	TS/Stavanger VPK	1.12,13	762
6	Elise Utne 34,36(34,36)	89	Narvik SK	1.12,62	747
7	Celinn Daviknes 33,99(33,99)	86	BS/Delfana	1.13,20	729
8	Karoline Bergene 33,90(33,90)	89	Kolbotn IL	1.13,31	726
9	Stine Haferkamp 34,58(34,58)	83	TS/Madla SK	1.13,62	717
10	Kristine Mella 34,61(34,61)	90	Bærumsvømmerne	1.14,02	706
11	Trine A. Olsen 35,14(35,14)	90	Fauske SK	1.14,55	691
12	Mai Linn Hanslien 34,74(34,74)	90	TS/Stavanger VPK	1.14,67	687
13	Karin Ekholt 35,23(35,23)	89	Bærumsvømmerne	1.14,83	683
14	Ine Charlotte Hagen 35,95(35,95)	89	Lørenskog/Rælingen	1.15,55	663
15	Monica Finnøy 36,31(36,31)	88	BS/Bergen SLK	1.16,20	647
16	Maria Farestvedt 35,76(35,76)	90	BS/Åstveit	1.16,39	642
17	Mari Singstad 35,79(35,79)	91	Vestbyen IL	1.17,17	623

Funksjonshemmede

1	Tonje Immerstein 46,53(46,53)	89	Sandnes SLK	1.38,03	303	SB9	127,43 %
2	Anne Ask Rasmussen 46,87(46,87)	89	TS/Madla SK	1.38,49	299	SB9	128,03 %

Øvelse 44. 100m individuell medley, herrer - Forsøk

Senior

1	Alexander Broberg Skeltved	87	Tromsø SK	58,53	741
	27,02(27,02)	58,53(31,51)			
2	Petter Solberg	85	BS/Delfana	58,90	727
	27,13(27,13)	58,90(31,77)			
3	Jørgen Møllerop	88	TS/Madla SK	59,14	718
	26,66(26,66)	59,14(32,48)			
4	Kim Henriksen	79	BS/Delfana	59,42	708
	27,51(27,51)	59,42(31,91)			
5	Ole-Wilhelm Norseng	88	Hamar IL	59,45	707
	27,71(27,71)	59,45(31,74)			
6	Marcus Tesdal	90	BS/Åstveit	59,56	703
	27,43(27,43)	59,56(32,13)			
7	Robert Aronsen	86	Bærumsvømmerne	1.00,77	662
	28,59(28,59)	1.00,77(32,18)			
7	Martin Åsheim	90	Lørenskog/Rælingen	1.00,77	662
	27,91(27,91)	1.00,77(32,86)			
9	Alexander Mokkelbost	87	Vestbyen IL	1.00,84	659
	28,81(28,81)	1.00,84(32,03)			
10	Håkon Skårud Karlsen	79	IL Varg	1.01,15	649
	29,14(29,14)	1.01,15(32,01)			
11	Mats Andre Fredriksen	85	Lambertseter SK	1.01,42	641
	28,70(28,70)	1.01,42(32,72)			
12	Øyvind Nyhus	69	Molde SLK	1.01,75	631
	29,76(29,76)	1.01,75(31,99)			
13	Mikael Bergene	91	Kolbotn IL	1.01,88	627
	27,88(27,88)	1.01,88(34,00)			
14	Christer Koch Kvam	90	Bærum/NTG	1.02,02	623
	28,18(28,18)	1.02,02(33,84)			
15	Christoffer Sørstrand Æsøy	88	Asker SK	1.02,14	619
	29,62(29,62)	1.02,14(32,52)			
16	Espen Singstad	87	Vestbyen IL	1.02,22	617
	28,10(28,10)	1.02,22(34,12)			
17	Gard Myrmel Sæle	87	Bergens SC	1.02,62	605
	28,35(28,35)	1.02,62(34,27)			
18	Martin Skramstad	89	Hamar IL	1.03,46	581
	29,42(29,42)	1.03,46(34,04)			
19	Mattis Saghaug	90	IL Varg/NTG	1.03,70	575
	29,41(29,41)	1.03,70(34,29)			

Funksjonshemmede

1	Jørgen Tadvin	83	Kolbotn IL	1.35,02	173	SM6	121,42 %
	44,57(44,57)	1.35,02(50,45)					

Øvelse 45. 1500m fri, damer - Direkte finale – Foreløpig før siste heat

Senior

1	Siri Anette Sønju	92	Øvre Eiker SK	18.19,94	654
	31,66(31,66)	1.07,05(35,39)	1.43,57(36,52)	2.20,10(36,53)	
	2.57,21(37,11)	3.33,98(36,77)	4.10,65(36,67)	4.47,41(36,76)	
	5.24,20(36,79)	6.01,02(36,82)	6.38,25(37,23)	7.15,22(36,97)	
	7.52,38(37,16)	8.29,38(37,00)	9.06,47(37,09)	9.43,32(36,85)	
	10.20,29(36,97)	10.56,96(36,67)	11.33,74(36,78)	12.10,47(36,73)	
	12.47,44(36,97)	13.24,28(36,84)	14.01,16(36,88)	14.38,09(36,93)	
	15.15,31(37,22)	15.52,27(36,96)	16.29,49(37,22)	17.06,56(37,07)	
	17.44,10(37,54)	18.19,94(35,84)			
2	Seline Vike Holm	92	Arna SLK	18.35,38	628
	32,43(32,43)	1.08,85(36,42)	1.46,35(37,50)	2.24,16(37,81)	
	3.02,30(38,14)	3.40,31(38,01)	4.18,47(38,16)	4.56,51(38,04)	
	5.34,61(38,10)	6.12,37(37,76)	6.50,31(37,94)	7.28,55(38,24)	
	8.06,42(37,87)	8.44,27(37,85)	9.22,06(37,79)	9.59,69(37,63)	
	10.37,61(37,92)	11.15,21(37,60)	11.51,62(36,41)	12.28,12(36,50)	
	13.05,38(37,26)	13.42,38(37,00)	14.19,78(37,40)	14.56,77(36,99)	
	15.33,78(37,01)	16.11,02(37,24)	16.47,76(36,74)	17.24,53(36,77)	
	18.00,67(36,14)	18.35,38(34,71)			
3	June J. Kristiansen	90	Delfana	18.38,56	622
	32,43(32,43)	1.07,81(35,38)	1.44,07(36,26)	2.20,10(36,03)	
	2.57,01(36,91)	3.33,61(36,60)	4.10,35(36,74)	4.47,07(36,72)	
	5.23,41(36,34)	6.00,16(36,75)	6.36,87(36,71)	7.13,89(37,02)	
	7.51,07(37,18)	8.28,62(37,55)	9.06,71(38,09)	9.44,97(38,26)	
	10.23,10(38,13)	11.01,13(38,03)	11.39,78(38,65)	12.18,65(38,87)	
	12.56,68(38,03)	13.35,19(38,51)	14.13,40(38,21)	14.51,71(38,31)	
	15.29,50(37,79)	16.07,76(38,26)	16.46,17(38,41)	17.24,10(37,93)	
	18.02,00(37,90)	18.38,56(36,56)			
4	Emilie Hellerud	92	Lambertseter SK	18.42,27	616
	32,61(32,61)	1.09,16(36,55)	1.46,63(37,47)	2.24,56(37,93)	
	3.02,59(38,03)	3.40,38(37,79)	4.18,56(38,18)	4.56,48(37,92)	
	5.34,64(38,16)	6.12,48(37,84)	6.50,56(38,08)	7.28,43(37,87)	
	8.06,47(38,04)	8.44,21(37,74)	9.21,72(37,51)	9.59,46(37,74)	
	10.37,50(38,04)	11.15,40(37,90)	11.52,44(37,04)	12.30,06(37,62)	
	13.07,53(37,47)	13.45,04(37,51)	14.22,21(37,17)	14.59,75(37,54)	
	15.36,83(37,08)	16.13,89(37,06)	16.50,68(36,79)	17.27,54(36,86)	
	18.04,95(37,41)	18.42,27(37,32)			
5	Ingse Bergh Monsen	92	Bergens SC	18.54,23	597
	33,89(33,89)	1.10,08(36,19)	1.47,24(37,16)	2.24,89(37,65)	
	3.02,29(37,40)	3.39,94(37,65)	4.17,66(37,72)	4.55,24(37,58)	
	5.32,85(37,61)	6.10,64(37,79)	6.48,34(37,70)	7.26,15(37,81)	
	8.04,30(38,15)	8.42,38(38,08)	9.20,61(38,23)	9.59,15(38,54)	
	10.37,06(37,91)	11.15,43(38,37)	11.53,32(37,89)	12.31,62(38,30)	
	13.09,88(38,26)	13.48,16(38,28)	14.26,83(38,67)	15.05,10(38,27)	
	15.43,51(38,41)	16.21,84(38,33)	17.00,46(38,62)	17.38,66(38,20)	
	18.17,18(38,52)	18.54,23(37,05)			

Øvelse 46. 4*100m lag medley, herrer - Direkte finale – Foreløpig før siste heat

Senior

1	Trondheim SLK G1 sr.	SR	Trondheim SLK	(0,59)	3.59,64	672
		29,38(29,38)				
	Anders Kristensen:	1.01,65(32,27)				
		1.32,71(31,06)				
	Pål Pedersen:	2.09,90(37,19)				
		2.35,80(25,90)				
	Marius Eidsaa:	3.07,66(31,86)				
		3.32,51(24,85)				
	Tor Mæhlum Karlsen:	3.59,64(27,13)				
2	Team Stavanger G1 sr.	SR	Team Stavanger	(0,69)	3.59,89	670
		28,43(28,43)				
	Jørgen Møllerop:	58,95(30,52)				
		1.28,93(29,98)				
	Christoffer Johansen:	2.05,70(36,77)				
		2.32,93(27,23)				
	Lars E Borsheim:	3.06,06(33,13)				
		3.31,46(25,40)				
	Fredrik Nordbø:	3.59,89(28,43)				

3	Bergens SC G1 sr.	SR	Bergens SC	(0,70)	4.01,10	660
			29,37(29,37)			
	Stian S. Langeland:		1.01,31(31,94)			
			1.32,08(30,77)			
	Martin-Al. Steffensen:		2.08,07(35,99)			
			2.35,47(27,40)			
	Gard Myrmed Sæle:		3.07,74(32,27)			
			3.33,35(25,61)			
	Lars Kristian Allum:		4.01,10(27,75)			
4	Bergensv. G2 sr.	SR	Bergensvømmerne	(0,72)	4.02,46	649
			29,62(29,62)			
	Andreas D. Johnsen:		1.01,29(31,67)			
			1.32,52(31,23)			
	Tommy Godø:		2.09,97(37,45)			
			2.36,67(26,70)			
	Thomas Robson:		3.08,95(32,28)			
			3.34,19(25,24)			
	Anders Espeland Seljeflot:		4.02,46(28,27)			
5	Vestbyen IL G1 sr.	SR	Vestbyen IL	(0,79)	4.04,22	635
			30,45(30,45)			
	Emil Brennløkken:		1.03,67(33,22)			
			1.35,30(31,63)			
	Sindre Søderlund:		2.12,34(37,04)			
			2.38,22(25,88)			
	Øystein Gaasvik:		3.08,92(30,70)			
			3.34,30(25,38)			
	Erlend Alvestad:		4.04,22(29,92)			
6	Bærumsv G2 sr.	SR	Bærumsvømmerne	(0,72)	4.06,00	622
			30,62(30,62)			
	Tor Hafnor:		1.02,25(31,63)			
			1.33,88(31,63)			
	Daniel Aronsen:		2.10,31(36,43)			
			2.38,13(27,82)			
	Robert Aronsen:		3.10,73(32,60)			
			3.37,21(26,48)			
	Stian Werner Erichsen:		4.06,00(28,79)			
7	Mandal SK G1 sr.	SR	Mandal SK	(0,70)	4.09,99	592
			29,82(29,82)			
	Alexander B. Havre:		1.00,82(31,00)			
			1.32,21(31,39)			
	Bernt M. Seyffarth:		2.09,78(37,57)			
			2.39,27(29,49)			
	Bjørnar Salvesen:		3.14,79(35,52)			
			3.40,38(25,59)			
	Per Sondre Sodeland:		4.09,99(29,61)			
8	Asker SK G1 sr.	SR	Asker SK	(0,81)	4.12,28	576
			31,04(31,04)			
	Jan Aleksander Bakke:		1.04,30(33,26)			
			1.36,76(32,46)			
	Christoffer Sørstrand Æsøy:		2.13,79(37,03)			
			2.42,35(28,56)			
	Carl Andreas Wathne:		3.17,97(35,62)			
			3.44,30(26,33)			
	Christian Aaserud:		4.12,28(27,98)			
9	Arna SLK G1 sr.	SR	Arna SLK	(0,79)	4.12,54	574
			30,77(30,77)			
	Even Vike Holm:		1.03,30(32,53)			
			1.34,16(30,86)			
	Johannes Grov Framnes:		2.11,14(36,98)			
			2.39,24(28,10)			
	Martin Steffensen:		3.13,73(34,49)			
			3.40,78(27,05)			
	Ørjan Knutli:		4.12,54(31,76)			
	Sandnes SLK G1 sr.	SR	Sandnes SLK	(0,75)	DISK	
	29,75(29,75)		1.01,46(31,71)			
			1.33,97(32,51)			
			2.11,97(38,00)			
			Joar Skien Grannes, Petter Ledsaak, Thor Helge Billington, Rune Skien Grannes			

Søndag 4. mars kl 16.00

Øvelse 36. 400m individuell medley, herrer - Direkte finale

Senior

1	Gard Kvale	84	Bergens SC	4.23,33	816
	28,18(28,18)	1.00,25(32,07)	1.34,93(34,68)	2.09,18(34,25)	
	2.46,56(37,38)	3.23,46(36,90)	3.53,46(30,00)	4.23,33(29,87)	
2	Eirik Ravnan	89	Hamar IL	4.26,29	789
	28,22(28,22)	1.01,32(33,10)	1.34,72(33,40)	2.08,60(33,88)	
	2.46,51(37,91)	3.24,96(38,45)	3.55,65(30,69)	4.26,29(30,64)	
3	Alexander Broberg Skeltved	87	Tromsø SK	4.31,95	741
	29,14(29,14)	1.01,72(32,58)	1.37,58(35,86)	2.13,68(36,10)	
	2.50,96(37,28)	3.29,36(38,40)	4.01,25(31,89)	4.31,95(30,70)	
4	Ronnie Anstensen	88	Skjetten Svømming	4.32,27	738
	29,25(29,25)	1.03,20(33,95)	1.38,31(35,11)	2.12,12(33,81)	
	2.50,59(38,47)	3.29,76(39,17)	4.01,94(32,18)	4.32,27(30,33)	
5	Robert Aronsen	86	Bærumsvømmerne	4.34,46	721
	29,26(29,26)	1.01,96(32,70)	1.38,08(36,12)	2.14,85(36,77)	
	2.53,40(38,55)	3.32,19(38,79)	4.05,32(33,13)	4.34,46(29,14)	
6	Mikkel Brudvik Sanderud	87	Hamar IL	4.34,89	717
	29,20(29,20)	1.02,33(33,13)	1.38,85(36,52)	2.13,93(35,08)	
	2.52,98(39,05)	3.32,59(39,61)	4.05,35(32,76)	4.34,89(29,54)	
7	Christian Thorsen	91	Lambertseter SK	4.41,96	665
	30,71(30,71)	1.06,74(36,03)	1.43,44(36,70)	2.19,98(36,54)	
	2.59,66(39,68)	3.39,72(40,06)	4.11,23(31,51)	4.41,96(30,73)	
8	Petter Fagelund	88	Bærum/NTG	4.42,86	658
	30,62(30,62)	1.05,30(34,68)	1.41,59(36,29)	2.16,56(34,97)	
	2.56,92(40,36)	3.38,16(41,24)	4.11,29(33,13)	4.42,86(31,57)	
9	Mattis Saghaug	90	IL Varg/NTG	4.45,08	643
	29,98(29,98)	1.04,93(34,95)	1.43,30(38,37)	2.20,52(37,22)	
	2.59,09(38,57)	3.39,03(39,94)	4.12,92(33,89)	4.45,08(32,16)	
10	Stian With Bjørnstad	87	Ski SK	4.45,28	642
	31,33(31,33)	1.06,24(34,91)	1.43,96(37,72)	2.20,62(36,66)	
	3.00,35(39,73)	3.40,52(40,17)	4.14,79(34,27)	4.45,28(30,49)	
11	Øystein Gaasvik	82	Vestbyen IL	4.45,36	641
	28,79(28,79)	1.01,61(32,82)	1.38,86(37,25)	2.15,51(36,65)	
	2.57,24(41,73)	3.37,72(40,48)	4.13,12(35,40)	4.45,36(32,24)	
12	Lars E Borsheim	80	TS/Madla SK	4.45,97	637
	29,36(29,36)	1.03,97(34,61)	1.41,69(37,72)	2.18,99(37,30)	
	2.58,75(39,76)	3.39,42(40,67)	4.12,59(33,17)	4.45,97(33,38)	
13	Sindre Nilo	90	Sandefjord SK/NTG	4.46,00	637
	30,89(30,89)	1.06,13(35,24)	1.41,73(35,60)	2.16,14(34,41)	
	2.57,71(41,57)	3.39,76(42,05)	4.13,96(34,20)	4.46,00(32,04)	
14	Sebastian Wigstrøm	91	Bærumsvømmerne	4.47,72	626
	32,14(32,14)	1.09,46(37,32)	1.46,16(36,70)	2.22,52(36,36)	
	3.01,46(38,94)	3.41,15(39,69)	4.15,52(34,37)	4.47,72(32,20)	
15	Sindri T. Jakobsson	91	Delfana	4.48,60	620
	29,55(29,55)	1.04,21(34,66)	1.42,23(38,02)	2.20,20(37,97)	
	3.01,60(41,40)	3.42,40(40,80)	4.16,06(33,66)	4.48,60(32,54)	
16	Thor Kristian Østenå Larsen	86	Bergens SC	4.49,41	615
	30,06(30,06)	1.04,16(34,10)	1.43,08(38,92)	2.20,47(37,39)	
	3.01,78(41,31)	3.43,90(42,12)	4.17,41(33,51)	4.49,41(32,00)	
17	Magnus Bru	87	Asker SK	4.51,78	600
	30,24(30,24)	1.04,91(34,67)	1.43,15(38,24)	2.20,38(37,23)	
	3.02,88(42,50)	3.45,87(42,99)	4.19,63(33,76)	4.51,78(32,15)	
18	Tor Hafnør	91	Bærumsvømmerne	4.52,33	597
	30,12(30,12)	1.05,38(35,26)	1.41,45(36,07)	2.16,96(35,51)	
	2.59,42(42,46)	3.43,39(43,97)	4.18,58(35,19)	4.52,33(33,75)	
	Carl Andreas Wathne	91	Asker SK	DISK	

Øvelse 37. 4*50m fri, damer - Finale

Senior

1	Vestkantsv. J1 sr.	SR	Vestkantsvømmerne	1.43,04	900	NR
	Henriette Brekke:	25,33(25,33)	NJR			
	Iwonka Vik:	51,17(25,84)				
	Line Møllerop:	1.17,55(26,38)				
	Lise Fadnes:	1.43,04(25,49)				
2	Asker SK J1 sr.	SR	Asker SK	1.48,28	775	
	Siri Eva Kristiansen:	27,57(27,57)				
	Sofie Gjermestad:	54,45(26,88)				
	Hilde Sund:	1.22,11(27,66)				
	Ingvild Snildal:	1.48,28(26,17)				
3	Team Stavanger J1 sr.	SR	Team Stavanger	1.48,78	765	
	Vibeke Brigg:	27,68(27,68)				
	Karen Stødle:	54,20(26,52)				
	Linn Mari Høgalmen:	1.21,94(27,74)				
	Mari Ask Rasmussen:	1.48,78(26,84)				
4	Bergensv. J1 sr.	SR	Bergensvømmerne	1.48,82	764	
	Tove Fludal Haugan:	27,49(27,49)				
	Elisabeth Jarland:	54,58(27,09)				
	Monica Finnøy:	1.22,14(27,56)				
	Margrete Nyhus Ulvestad:	1.48,82(26,68)				
5	IL Varg J1 sr.	SR	IL Varg	1.50,91	722	
	Rebecca Calder:	27,16(27,16)				
	Anette Fidjeland:	54,16(27,00)				
	Kari Flottorp:	1.22,17(28,01)				
	Annelin Stenersen Nordbø:	1.50,91(28,74)				
6	Bærumsv J1 sr.	SR	Bærumsvømmerne	1.51,01	720	
	Vibeke Browne:	28,42(28,42)				
	Anne-Mari Gulbrandsen:	55,73(27,31)				
	Karolina Orleanski:	1.23,43(27,70)				
	Karin Ekholt:	1.51,01(27,58)				

Øvelse 38. 200m fri, herrer - Finale

Senior

1	Lasse Hoel	84	Hamar IL	1.49,01	852
	25,64(25,64)	52,92(27,28)	1.20,85(27,93)	1.49,01(28,16)	
2	Sander Smørdal	85	BS/Arna	1.49,96	830
	25,52(25,52)	53,18(27,66)	1.21,51(28,33)	1.49,96(28,45)	
3	Jørgen Møllerop	88	TS/Madla SK	1.53,49	755
	25,98(25,98)	54,79(28,81)	1.24,19(29,40)	1.53,49(29,30)	
4	Øystein R. Hetland	89	Bærum/NTG	1.54,50	735
	25,95(25,95)	54,86(28,91)	1.24,78(29,92)	1.54,50(29,72)	
5	Ørjan Cato Johnsen	85	BS/Bergen SLK	1.57,47	681
	27,18(27,18)	56,64(29,46)	1.26,75(30,11)	1.57,47(30,72)	
6	Stian Werner Erichsen	90	Bærumsvømmerne	1.59,74	643
	27,47(27,47)	57,34(29,87)	1.28,48(31,14)	1.59,74(31,26)	

Øvelse 39. 200m butterfly, damer - Finale**Senior**

1	Karoline Brudvik Sanderud	89	Hamar IL	2.16,48	774
	30,97(30,97)	1.05,40(34,43)	1.40,81(35,41)	2.16,48(35,67)	
2	Sara Nordenstam	83	Lambertseter SK	2.17,23	762
	31,46(31,46)	1.06,17(34,71)	1.41,12(34,95)	2.17,23(36,11)	
3	Line Løvberg	91	Lambertseter SK	2.20,81	705
	31,68(31,68)	1.07,06(35,38)	1.43,64(36,58)	2.20,81(37,17)	
4	Monica Martinsen	83	Stavanger SC	2.25,90	634
	32,07(32,07)	1.09,36(37,29)	1.47,44(38,08)	2.25,90(38,46)	
5	Sara Pettersen	91	Fauske SK	2.25,94	633
	32,20(32,20)	1.08,64(36,44)	1.47,13(38,49)	2.25,94(38,81)	
6	Elisabeth H. Svensson	91	Ski SK	2.31,26	569
	31,58(31,58)	1.09,31(37,73)	1.50,05(40,74)	2.31,26(41,21)	

Øvelse 40. 100m rygg, herrer - Finale**Senior**

1	Kim Torry Simmenes	82	Vestkantsvømmerne	(0,76)	56,60	746
	27,19(27,19)	56,60(29,41)				
2	Maxim Christensen	89	Vågsbygd SLK	(0,62)	57,06	728 NJR
	27,16(27,16)	57,06(29,90)				
3	Lars Andre Tolås	88	Stavanger SC/NTG	(0,63)	57,51	711
	28,04(28,04)	57,51(29,47)				
4	Gard Kvale	84	Bergens SC	(0,68)	57,53	710
	28,44(28,44)	57,53(29,09)				
5	Dominik Borkowski	90	Skjetten Svømming	(0,67)	59,08	656
	28,58(28,58)	59,08(30,50)				
6	Njål Falch	87	Kolbotn IL	(0,58)	59,44	644
	29,46(29,46)	59,44(29,98)				

Øvelse 41. 100m fri, damer - Finale**Senior**

1	Henriette Brekke	88	Vestkantsvømmerne	55,29	875
	26,69(26,69)	55,29(28,60)			
2	Cecilie Johannessen	90	Karmøy SK	56,78	808
	27,35(27,35)	56,78(29,43)			
3	Victoria S. Løken	91	Aalesund SLK	56,96	800
	27,53(27,53)	56,96(29,43)			
4	Ina Kr. Pedersen	89	Moss SK	57,86	763
	27,76(27,76)	57,86(30,10)			
5	Siri Løvold Magnussen	86	Hamar IL	58,68	732
	28,48(28,48)	58,68(30,20)			
6	Line Møllerop	87	Vestkantsvømmerne	58,88	724
	28,52(28,52)	58,88(30,36)			

Øvelse 42. 50m fri, herrer - Finale**Senior**

1	Sander Smørdal	85	BS/Arna	22,94	799
2	Robin Dale Oen	80	Vestkantsvømmerne	23,07	785
3	Børje Edvardsen	77	IL Varg	23,50	743
4	Jonas Noreng Ravn	83	IL Varg	23,57	736
5	Ivar-Jo Theien	79	Oslo IL	23,65	729
6	Dan Magnus Skibrek	87	Øvre Eiker SK	23,87	709

Funksjonshemmede

1	Jørgen Tadvin	83	Kolbotn IL	34,69	231	S6	114,11 %
2	Ola Riise	77	Asker SK	33,62	253	S14	132,94 %
3	Roar Mellemseeter	92	Sunddal SLK	42,47	125	S8	158,29 %

Øvelse 43. 100m bryst, damer - Finale

Senior

1	Anne-Mari Gulbrandsen	84	Bærumsvømmerne	1.09,14	866
	33,06(33,06)	1.09,14(36,08)			
2	Katharina Stiberg	88	Bjerkvik SK	1.09,49	853
	32,55(32,55)	1.09,49(36,94)			
3	Henriette Martinsen	85	Trondheim SLK	1.09,91	837
	32,54(32,54)	1.09,91(37,37)			
4	Ann-Helen Pridesis	87	BS/Bergen SLK	1.10,75	808
	33,27(33,27)	1.10,75(37,48)			
5	Mari Ask Rasmussen	86	TS/Stavanger VPK	1.11,64	778
	33,37(33,37)	1.11,64(38,27)			
6	Elise Utne	89	Narvik SK	1.12,55	749
	34,35(34,35)	1.12,55(38,20)			

Øvelse 44. 100m individuell medley, herrer - Finale

Senior

1	Petter Solberg	85	BS/Delfana	58,59	738
	27,12(27,12)	58,59(31,47)			
2	Kim Henriksen	79	BS/Delfana	58,65	736
	27,47(27,47)	58,65(31,18)			
3	Alexander Broberg Skeltved	87	Tromsø SK	58,80	731
	26,78(26,78)	58,80(32,02)			
4	Jørgen Møllerop	88	TS/Madla SK	59,06	721
	26,70(26,70)	59,06(32,36)			
5	Ole-Wilhelm Norseng	88	Hamar IL	59,13	718
	27,81(27,81)	59,13(31,32)			
6	Marcus Tesdal	90	BS/Åstveit	59,29	713
	27,74(27,74)	59,29(31,55)			

Øvelse 45. 1500m fri, damer - Direkte finale

Senior

1	Elin Slaatmo	92	Hamar IL	16.54,27	835
	30,43(30,43)	1.02,94(32,51)	1.36,27(33,33)	2.09,79(33,52)	
	2.43,34(33,55)	3.17,35(34,01)	3.51,20(33,85)	4.25,17(33,97)	
	4.59,20(34,03)	5.33,06(33,86)	6.07,18(34,12)	6.41,13(33,95)	
	7.15,37(34,24)	7.49,42(34,05)	8.23,36(33,94)	8.57,50(34,14)	
	9.31,40(33,90)	10.05,43(34,03)	10.39,60(34,17)	11.13,82(34,22)	
	11.48,32(34,50)	12.22,90(34,58)	12.56,98(34,08)	13.31,40(34,42)	
	14.05,65(34,25)	14.40,10(34,45)	15.14,55(34,45)	15.49,11(34,56)	
	16.22,52(33,41)	16.54,27(31,75)			
2	Ingrid N. Knutzen	91	Lambertseter SK	17.27,75	757
	31,67(31,67)	1.05,63(33,96)	1.39,89(34,26)	2.14,67(34,78)	
	2.49,35(34,68)	3.24,03(34,68)	3.58,65(34,62)	4.33,51(34,86)	
	5.08,46(34,95)	5.43,23(34,77)	6.18,34(35,11)	6.53,44(35,10)	
	7.28,73(35,29)	8.03,96(35,23)	8.39,06(35,10)	9.14,00(34,94)	
	9.49,47(35,47)	10.24,71(35,24)	11.00,46(35,75)	11.35,91(35,45)	
	12.11,14(35,23)	12.46,48(35,34)	13.21,80(35,32)	13.57,40(35,60)	
	14.32,73(35,33)	15.08,06(35,33)	15.43,17(35,11)	16.18,40(35,23)	
	16.53,48(35,08)	17.27,75(34,27)			

3	Gina B. Andersen	90	Skjetten Svømming/NTG	17.33,63	745
	31,10(31,10)	1.05,84(34,74)	1.40,58(34,74)	2.15,50(34,92)	
	2.50,41(34,91)	3.25,42(35,01)	4.00,64(35,22)	4.35,70(35,06)	
	5.11,55(35,85)	5.46,72(35,17)	6.21,76(35,04)	6.57,12(35,36)	
	7.33,06(35,94)	8.08,61(35,55)	8.44,08(35,47)	9.20,14(36,06)	
	9.54,77(34,63)	10.30,57(35,80)	11.06,42(35,85)	11.42,19(35,77)	
	12.17,70(35,51)	12.53,35(35,65)	13.29,08(35,73)	14.04,79(35,71)	
	14.39,09(34,30)	15.14,31(35,22)	15.48,88(34,57)	16.24,11(35,23)	
	16.59,76(35,65)	17.33,63(33,87)			
4	Helene Lybak	90	Delfana	17.43,65	724
	31,84(31,84)	1.06,27(34,43)	1.41,61(35,34)	2.16,73(35,12)	
	2.52,09(35,36)	3.27,36(35,27)	4.03,14(35,78)	4.38,47(35,33)	
	5.13,82(35,35)	5.49,08(35,26)	6.24,44(35,36)	7.00,58(36,14)	
	7.36,03(35,45)	8.11,92(35,89)	8.47,19(35,27)	9.22,91(35,72)	
	9.58,32(35,41)	10.33,93(35,61)	11.09,81(35,88)	11.45,67(35,86)	
	12.21,26(35,59)	12.56,55(35,29)	13.31,76(35,21)	14.06,91(35,15)	
	14.42,98(36,07)	15.19,09(36,11)	15.54,79(35,70)	16.30,61(35,82)	
	17.07,87(37,26)	17.43,65(35,78)			
5	Stine K. Jansen	90	Moss SK	17.59,06	693
	32,39(32,39)	1.07,55(35,16)	1.43,53(35,98)	2.19,75(36,22)	
	2.55,83(36,08)	3.32,09(36,26)	4.08,65(36,56)	4.44,69(36,04)	
	5.20,57(35,88)	5.56,36(35,79)	6.32,54(36,18)	7.08,62(36,08)	
	7.44,94(36,32)	8.21,43(36,49)	8.57,99(36,56)	9.34,58(36,59)	
	10.10,89(36,31)	10.47,12(36,23)	11.23,35(36,23)	11.59,91(36,56)	
	12.36,58(36,67)	13.13,01(36,43)	13.49,20(36,19)	14.25,32(36,12)	
	15.01,22(35,90)	15.37,32(36,10)	16.13,41(36,09)	16.48,85(35,44)	
	17.24,56(35,71)	17.59,06(34,50)			
6	Clarissa van Rheenen	91	Skjetten Svømming	18.03,87	684
	32,17(32,17)	1.07,53(35,36)	1.43,32(35,79)	2.19,52(36,20)	
	2.55,76(36,24)	3.32,22(36,46)	4.08,76(36,54)	4.44,83(36,07)	
	5.20,11(35,28)	5.56,36(36,25)	6.32,85(36,49)	7.08,83(35,98)	
	7.45,16(36,33)	8.21,68(36,52)	8.58,20(36,52)	9.34,85(36,65)	
	10.11,14(36,29)	10.47,65(36,51)	11.23,42(35,77)	12.00,00(36,58)	
	12.36,78(36,78)	13.13,17(36,39)	13.49,65(36,48)	14.26,04(36,39)	
	15.01,48(35,44)	15.37,50(36,02)	16.14,28(36,78)	16.50,99(36,71)	
	17.27,75(36,76)	18.03,87(36,12)			
7	Siri Anette Sønju	92	Øvre Eiker SK	18.19,94	654
	31,66(31,66)	1.07,05(35,39)	1.43,57(36,52)	2.20,10(36,53)	
	2.57,21(37,11)	3.33,98(36,77)	4.10,65(36,67)	4.47,41(36,76)	
	5.24,20(36,79)	6.01,02(36,82)	6.38,25(37,23)	7.15,22(36,97)	
	7.52,38(37,16)	8.29,38(37,00)	9.06,47(37,09)	9.43,32(36,85)	
	10.20,29(36,97)	10.56,96(36,67)	11.33,74(36,78)	12.10,47(36,73)	
	12.47,44(36,97)	13.24,28(36,84)	14.01,16(36,88)	14.38,09(36,93)	
	15.15,31(37,22)	15.52,27(36,96)	16.29,49(37,22)	17.06,56(37,07)	
	17.44,10(37,54)	18.19,94(35,84)			
8	Seline Vike Holm	92	Arna SLK	18.35,38	628
	32,43(32,43)	1.08,85(36,42)	1.46,35(37,50)	2.24,16(37,81)	
	3.02,30(38,14)	3.40,31(38,01)	4.18,47(38,16)	4.56,51(38,04)	
	5.34,61(38,10)	6.12,37(37,76)	6.50,31(37,94)	7.28,55(38,24)	
	8.06,42(37,87)	8.44,27(37,85)	9.22,06(37,79)	9.59,69(37,63)	
	10.37,61(37,92)	11.15,21(37,60)	11.51,62(36,41)	12.28,12(36,50)	
	13.05,38(37,26)	13.42,38(37,00)	14.19,78(37,40)	14.56,77(36,99)	
	15.33,78(37,01)	16.11,02(37,24)	16.47,76(36,74)	17.24,53(36,77)	
	18.00,67(36,14)	18.35,38(34,71)			
9	June J. Kristiansen	90	Delfana	18.38,56	622
	32,43(32,43)	1.07,81(35,38)	1.44,07(36,26)	2.20,10(36,03)	
	2.57,01(36,91)	3.33,61(36,60)	4.10,35(36,74)	4.47,07(36,72)	
	5.23,41(36,34)	6.00,16(36,75)	6.36,87(36,71)	7.13,89(37,02)	
	7.51,07(37,18)	8.28,62(37,55)	9.06,71(38,09)	9.44,97(38,26)	
	10.23,10(38,13)	11.01,13(38,03)	11.39,78(38,65)	12.18,65(38,87)	
	12.56,68(38,03)	13.35,19(38,51)	14.13,40(38,21)	14.51,71(38,31)	
	15.29,50(37,79)	16.07,76(38,26)	16.46,17(38,41)	17.24,10(37,93)	
	18.02,00(37,90)	18.38,56(36,56)			
10	Emilie Hellerud	92	Lambertseter SK	18.42,27	616
	32,61(32,61)	1.09,16(36,55)	1.46,63(37,47)	2.24,56(37,93)	
	3.02,59(38,03)	3.40,38(37,79)	4.18,56(38,18)	4.56,48(37,92)	
	5.34,64(38,16)	6.12,48(37,84)	6.50,56(38,08)	7.28,43(37,87)	
	8.06,47(38,04)	8.44,21(37,74)	9.21,72(37,51)	9.59,46(37,74)	
	10.37,50(38,04)	11.15,40(37,90)	11.52,44(37,04)	12.30,06(37,62)	
	13.07,53(37,47)	13.45,04(37,51)	14.22,21(37,17)	14.59,75(37,54)	
	15.36,83(37,08)	16.13,89(37,06)	16.50,68(36,79)	17.27,54(36,86)	
	18.04,95(37,41)	18.42,27(37,32)			

11	Ingse Bergh Monsen	92	Bergens SC	18.54,23	597
	33,89(33,89)	1.10,08(36,19)	1.47,24(37,16)	2.24,89(37,65)	
	3.02,29(37,40)	3.39,94(37,65)	4.17,66(37,72)	4.55,24(37,58)	
	5.32,85(37,61)	6.10,64(37,79)	6.48,34(37,70)	7.26,15(37,81)	
	8.04,30(38,15)	8.42,38(38,08)	9.20,61(38,23)	9.59,15(38,54)	
	10.37,06(37,91)	11.15,43(38,37)	11.53,32(37,89)	12.31,62(38,30)	
	13.09,88(38,26)	13.48,16(38,28)	14.26,83(38,67)	15.05,10(38,27)	
	15.43,51(38,41)	16.21,84(38,33)	17.00,46(38,62)	17.38,66(38,20)	
	18.17,18(38,52)	18.54,23(37,05)			

Øvelse 46. 4*100m lag medley, herrer - Direkte finale

Senior

1	Vestkantsv. G1 sr.	SR	Vestkantsvømmerne	(0,78)	3.42,05	845
	Kim Torry Simmenes:	27,24(27,24)				
		56,20(28,96)				
	Alexander Dale Oen:	1.22,68(26,48)				
		1.54,38(31,70)				
	Pål Gunnar Normann:	2.20,20(25,82)				
		2.51,63(31,43)				
	Robin Dale Oen:	3.15,11(23,48)				
		3.42,05(26,94)				
2	IL Varg G1 sr.	SR	IL Varg	(0,65)	3.46,64	795
		28,00(28,00)				
	Børje Edvardsen:	57,68(29,68)				
		1.26,75(29,07)				
	Anders Wold:	2.01,11(34,36)				
		2.26,38(25,27)				
	Bjørnar Gaasvik:	2.56,75(30,37)				
		3.20,35(23,60)				
	Jonas Noreng Ravn:	3.46,64(26,29)				
3	Bergensv. G1 sr.	SR	Bergensvømmerne	(0,61)	3.50,56	755
		28,31(28,31)				
	Per Osland:	59,12(30,81)				
		1.28,88(29,76)				
	Marcus Tesdal:	2.04,14(35,26)				
		2.30,19(26,05)				
	Kim Henriksen:	3.00,88(30,69)				
		3.24,35(23,47)				
	Sander Smørdal:	3.50,56(26,21)				
4	Bærumsv G1 sr.	SR	Bærumsvømmerne	(0,69)	3.56,09	703
		29,48(29,48)				
	Christer Koch Kvam:	1.01,43(31,95)				
		1.29,60(28,17)				
	Ole Fjørtoft:	2.04,98(35,38)				
		2.31,03(26,05)				
	Øystein R. Hetland:	3.02,73(31,70)				
		3.28,32(25,59)				
	Petter Fagelund:	3.56,09(27,77)				
5	Trondheim SLK G1 sr.	SR	Trondheim SLK	(0,59)	3.59,64	672
		29,38(29,38)				
	Anders Kristensen:	1.01,65(32,27)				
		1.32,71(31,06)				
	Pål Pedersen:	2.09,90(37,19)				
		2.35,80(25,90)				
	Marius Eidsaa:	3.07,66(31,86)				
		3.32,51(24,85)				
	Tor Mæhlum Karlsen:	3.59,64(27,13)				
6	Team Stavanger G1 sr.	SR	Team Stavanger	(0,69)	3.59,89	670
		28,43(28,43)				
	Jørgen Møllerop:	58,95(30,52)				
		1.28,93(29,98)				
	Christoffer Johansen:	2.05,70(36,77)				
		2.32,93(27,23)				
	Lars E Borsheim:	3.06,06(33,13)				
		3.31,46(25,40)				
	Fredrik Nordbø:	3.59,89(28,43)				

7	Hamar IL G1 sr.	SR	Hamar IL	(0,66)	4.00,51	665
			29,77(29,77)			
	Martin Skramstad:		1.01,65(31,88)			
			1.33,57(31,92)			
	Ole-Wilhelm Norseng:		2.10,26(36,69)			
			2.36,61(26,35)			
	Tor Joachim Bjørnstad:		3.09,03(32,42)			
			3.33,94(24,91)			
	Lasse Hoel:		4.00,51(26,57)			
8	IL Varg G2 sr.	SR	IL Varg	(0,72)	4.00,58	665
			30,36(30,36)			
	Mattis Saghaug:		1.02,89(32,53)			
			1.32,10(29,21)			
	Lars Erik Dæhli:		2.07,13(35,03)			
			2.34,62(27,49)			
	Håkon Skårud Karlsen:		3.07,25(32,63)			
			3.32,34(25,09)			
	Thomas Breivoll:		4.00,58(28,24)			
9	Bergens SC G1 sr.	SR	Bergens SC	(0,70)	4.01,10	660
			29,37(29,37)			
	Stian S. Langeland:		1.01,31(31,94)			
			1.32,08(30,77)			
	Martin-Al. Steffensen:		2.08,07(35,99)			
			2.35,47(27,40)			
	Gard Myrmel Sæle:		3.07,74(32,27)			
			3.33,35(25,61)			
	Lars Kristian Allum:		4.01,10(27,75)			
10	Bergensv. G2 sr.	SR	Bergensvømmerne	(0,72)	4.02,46	649
			29,62(29,62)			
	Andreas D. Johnsen:		1.01,29(31,67)			
			1.32,52(31,23)			
	Tommy Godø:		2.09,97(37,45)			
			2.36,67(26,70)			
	Thomas Robson:		3.08,95(32,28)			
			3.34,19(25,24)			
	Anders Espeland Seljeflot:		4.02,46(28,27)			
11	Vestbyen IL G1 sr.	SR	Vestbyen IL	(0,79)	4.04,22	635
			30,45(30,45)			
	Emil Brennløkken:		1.03,67(33,22)			
			1.35,30(31,63)			
	Sindre Söderlund:		2.12,34(37,04)			
			2.38,22(25,88)			
	Øystein Gaasvik:		3.08,92(30,70)			
			3.34,30(25,38)			
	Erlend Alvestad:		4.04,22(29,92)			
12	Bærumsv G2 sr.	SR	Bærumsvømmerne	(0,72)	4.06,00	622
			30,62(30,62)			
	Tor Hafnor:		1.02,25(31,63)			
			1.33,88(31,63)			
	Daniel Aronsen:		2.10,31(36,43)			
			2.38,13(27,82)			
	Robert Aronsen:		3.10,73(32,60)			
			3.37,21(26,48)			
	Stian Werner Erichsen:		4.06,00(28,79)			
13	Mandal SK G1 sr.	SR	Mandal SK	(0,70)	4.09,99	592
			29,82(29,82)			
	Alexander B. Havre:		1.00,82(31,00)			
			1.32,21(31,39)			
	Bernt M. Seyffarth:		2.09,78(37,57)			
			2.39,27(29,49)			
	Bjørnar Salvesen:		3.14,79(35,52)			
			3.40,38(25,59)			
	Per Sondre Sodeland:		4.09,99(29,61)			
14	Asker SK G1 sr.	SR	Asker SK	(0,81)	4.12,28	576
			31,04(31,04)			
	Jan Aleksander Bakke:		1.04,30(33,26)			
			1.36,76(32,46)			
	Christoffer Sørstrand Æsøy:		2.13,79(37,03)			
			2.42,35(28,56)			
	Carl Andreas Wathne:		3.17,97(35,62)			
			3.44,30(26,33)			
	Christian Aaserud:		4.12,28(27,98)			

