



Göteborg Sim has the pleasure to invite you to the 44th edition of

ULLBERGSTROFÉN

24-26 april (Friday-Sunday) 2026

The competition takes place over 3 days in Valhallabadet, Goteborg, Sweden
The competitions have heats and finals in the 50 meter 10 lane pool
and finals in the 25 meter 8 lane pool.

- Entries:** Entries should be made at the latest on the 30th of mars, at 23:59, to tavling@goteborgsim.se and sorted in chronological order regardless of pool length. We reserve the right to limit the number of heats in each event. Entry times must have been done during 2025 – 2026.
- Late entries:** Can not be made.
- Entry fee:** 110 SEK / individual start and 140 SEK / relay. Start fees must be payed in SEK, before the competition.
Bank: Swedbank
SWIFT: SWEDSESS
IBAN: SE66 8000 0810 5900 3297 6862
Address: Göteborg Sim
Åvägen 17 A, 2 tr.
412 51 Goteborg
Sweden
- The start list:** Will be published in week 14, on <https://live.swimify.com/>
- Scratches:** Scratches for Friday's heats should be made at the latest on Friday 24th may, at 12:00, to tavling@goteborgsim.se or through the **Swimify coach app. download it through Apple store or Google play**, send a request to tavling@goteborgsim.se for the emailaddress you want to have registered.
- Scoring:** Points are counted in the finals, 9,7,6,5,4,3,2,1. Double points in the relay.
- Prizes:** Medals to the top three in each event, 12 000 SEK to the best club
8000 SEK for second best club and 4000 SEK for the third best club in the Scoring by gift vouchers. Awards to the best individual score according to Fina list in each age group, during the trial or finals.

Competition times:	Friday Session 1 heats and finals	Warm up 14.00-15.15 competition starts 15.30
	Saturday Session 2 heats and finals	Warm up 07.00-08.15 competition starts 08.30
	Saturday Session 3 finals	Warm up 13.00-14.15 Competition starts 14.30
	Sunday Session 4 heats and finals	Warm up 07.00-08.15 competition starts 08.30
	Sunday Session 5 finals	Warm up 13.00-14.15 Competition starts 14.30

Ullberg Office: Located at the entrance in Valhallabadet. Opening hours: Friday from 13:00, Saturday and Sunday from 07.00

Information: Göteborg Sim
Åvägen 17 A, 2 tr.
412 51 Goteborg, Sweden
E-mail tavling@goteborgsim.se
Homepage www.goteborgsim.se

Age groups: A: 18 years and older; B: 16-17 years, C: 14-15 years, D: 13 years.
Age groups are the age of the swimmer at 31 december 2026.

Welcome to Goteborg and the 44th edition of Ullbergstrofén 2026



Friday 24 April 15.30-18.30					50 m
Event					
3	200 m	Free	Women	Direct Finals	
4	100 m	Free	Men	Heats	
5	100 m	Breast	Women	Heats	
6	50 m	Breast	Men	Heats	
7	100 m	Fly	Women	Heats	
8	100 m	Back	Men	Heats	
1	4*50 m	Medley	Mixed	Direct Finals	



Saturday 25 April 8.30-12.00					50 m	Sunday 26 April 8.30-12.00					50 m
Event						Event					
11	50 m	Back	Women	Heats		21	100 m	Back	Women	Heats	
12	200 m	Fly	Men	Direct Finals		22	100 m	Fly	Men	Heats	
13	200 m	Medley	Women	Heats		23	50 m	Breast	Women	Heats	
14	200 m	Breast	Men	Direct Finals		24	50 m	Back	Men	Heats	
15	50 m	Free	Women	Heats		25	200 m	Fly	Women	Direct Finals	
16	50 m	Fly	Men	Heats		26	200 m	Medley	Men	Heats	
17	200 m	Back	Women	Direct Finals		27	200 m	Breast	Women	Direct Finals	
18	200 m	Free	Men	Direct Finals		28	50 m	Free	Men	Heats	
19	100 m	Free	Women	Heats		29	50 m	Fly	Women	Heats	
20	100 m	Breast	Men	Heats		30	200 m	Back	Men	Direct Finals	

Saturday 25 April 14.30-17.15 Final						25 m	Sunday 26 April 14.30-17.15 Final						25 m
Event							Event						
4	100 m	Free	Men	Finals	A-D		19	100 m	Free	Women	Finals	A-D	
5	100 m	Breast	Women	Finals	A-D		20	100 m	Breast	Men	Finals	A-D	
6	50 m	Breast	Men	Finals	A-D		21	100 m	Back	Women	Finals	A-D	
7	100 m	Fly	Women	Finals	A-D		22	100 m	Fly	Men	Finals	A-D	
8	100 m	Back	Men	Finals	A-D		23	50 m	Breast	Women	Finals	A-D	
11	50 m	Back	Women	Finals	A-D		24	50 m	Back	Men	Finals	A-D	
131	100 m	Medley	Women	Finals			261	100 m	Medley	Men	Finals		
16	50 m	Fly	Men	Finals	A-D		29	50 m	Fly	Women	Finals	A-D	
15	50 m	Free	Women	Finals	A-D		28	50 m	Free	Men	Finals	A-D	
2	4*50 m	Medley	Mixed	Direct Finals			10	4*50 m	Free	Mixed	Direct Finals		

All heats are swum in a 50 m pool on 10 lanes with mixed age classes.

All 200m and 100m IM are swum in an open class (200m IM is swum in heats then 100m IM in finals).

All finals that are swum in the 25m pool on 8 lanes, are swum in age groups (not IM).

The relays are swum in at least four heats, where we will primarily bring one team from each club.

Mixed = 2 ladies and 2 men open class.

Age groups: A=18 years and older, B=16-17 years, C=14-15 years, D=13 years.