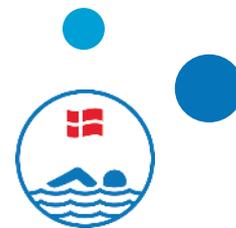




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DANISH OPEN 2026

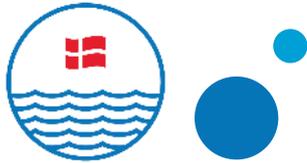
Bellahøj Svømmestadion
Bellahøjvej 1-3
2700 Brønshøj

April 16 to 19, 2026

It is with great pleasure that The Danish Swimming Federation invites you to Danish Open April 16 to 19, 2026 competition will take place at Bellahøj Svømmestadion in Copenhagen in a 50m, 8 lane pool.

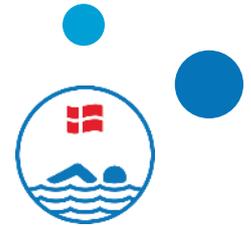
- Location:** Bellahøj Svømmestadion, Bellahøjvej 1-3, DK-2700 Brønshøj
- Swimmers:** Danish Open is open to all swimmers. Danish Open is a long course championship. Non-Danish swimmers participate on equal terms with Danish swimmers.
- Rules:** The Competition will be conducted under World Aquatics rules and is approved as a qualifying event for the 2026 World Championships and 2026 European Championships.
- Entries:** Closing date for entries is Wednesday, March 25, 2026
Entries after March 25 are not accepted.
- Qualifying Period:** January 1, 2025 to March 25, 2026
Entry times must be achieved on long course or may be adjusted short course times (see last page). Long course times takes precedence.
- Qualifying Times:** A swimmer qualified in one event will be given the opportunity to compete in up to two additional events, if space allows.
- Entry Fee:** Entry fee is DKK 127,00 per swimmer per individual event.
In addition, a one-time entry fee of DKK 200,00 per team, club or national federation will be charged regardless of the number of entries and participants.
The entry fee will not be returned under any circumstance. The entry fee must be received no later than **Monday, March 30, 2026**





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Payment to: Please pay entry fee to:
Bank: Danske Bank
IBAN: DK05 3000 0006 4577 70
SWIFT-BIC: DABADKKK

Please mark your payment with DO2026 and club/country name.

COMPETITION PROGRAMME AND QUALIFICATION TIMES (50m):

Day 1 - Morning session: Thursday April, 16, 2026

A-flights kl. 09.30 B-flights starts 30 minutes after A-flight has finished

Event	Event Name	Gender	Time Standards	
1	100 m backstroke	Women	1:07,50	
2	100 m butterfly	Men	0:59,21	
3	400 m freestyle	Women	4:34,37	
4	200 m breaststroke	Men	2:32,36	
5	100 m breaststroke	Women	1:16,41	
6	200 m backstroke	Men	2:15,02	
7	200 m indiv. Medley	Women	2:29,13	
8	50 m freestyle	Men	0:25,48	
9	50 m butterfly	Women	0:29,29	
10	800 m freestyle	Men	8:55,33	Will be swum in B-flights

Day 1 – Evening session: Thursday April 16 - C, B and A finals – 17.00

	Event name	Gender	Heats	
1	100 m backstroke	Women	3	
2	100 m butterfly	Men	3	
3	400 m freestyle	Women	2	B & A-finals
10	800 m freestyle	Men	1	Fastest heat
4	200 m breaststroke	Men	3	
5	100 m breaststroke	Women	3	
6	200 m backstroke	Men	3	
7	200 m indiv. Medley	Women	3	
8	50 m freestyle	Men	3	
9	50 m butterfly	Women	3	

06-11-2025



TrygFonden

CRAFT

Swim
King



Rejsechefen



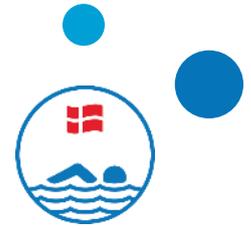
Side 2 af 8





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Day 2 - Morning session Friday April 17, 2026

A-flights kl. 09.30

B-flights starts 30 minutes after A-flight has finished

Event	Event Name	Gender	Time Standards	
11	400 m indiv. Medley	Men	4:47,81	
12	200 m butterfly	Women	2:27,41	
13	50 m backstroke	Men	0:28,72	
14	100 m freestyle	Women	0:59,96	
15	50 m breaststroke	Men	0:31,74	
16	200 m freestyle	Men	2:00,43	
17	1500 m freestyle	Women	18:09,89	Will be swum in B-flights

Day 2 – Evening session: Friday April 17 - C, B and A finals – 17.00

Event name	Gender	Heats	
11 400 m indiv. Medley	Men	2	B & A-finals
12 200 m butterfly	Women	3	
13 50 m backstroke	Men	3	
17 1500 m freestyle	Women	1	Fastest heat
14 100 m freestyle	Women	3	
15 50 m breaststroke	Men	3	
16 200 m freestyle	Men	3	

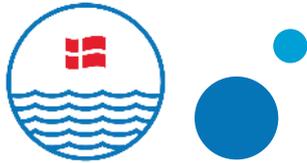
Day 3 - Morning session Saturday April 18, 2026

A-flights kl. 09.30

B-flights starts 30 minutes after A-flight has finished

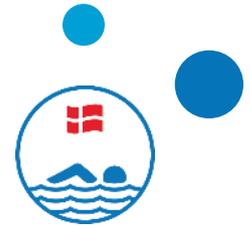
Event	Event Name	Gender	Time Standards	
18	400 m indiv. Medley	Women	5:19,21	
19	200 m butterfly	Men	2:18,12	
20	50 m backstroke	Women	0:31,54	
21	100 m freestyle	Men	0:54,62	
22	50 m breaststroke	Women	0:34,71	
23	200 m freestyle	Women	2:09,15	
24	1500 m freestyle	Men	17:02,06	Will be swum in B-flights





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Day 3 – Evening session: Saturday April 18 - C, B and A finals – 17.00

Event name	Gender	Heats	
18 400 m indiv. Medley	Women	2	B & A-finals
19 200 m butterfly	Men	3	
20 50 m backstroke	Women	3	
24 1500 m freestyle	Men	1	Fastest heat
21 100 m freestyle	Men	3	
22 50 m breaststroke	Women	3	
23 200 m freestyle	Women	3	

Day 4 - Morning session: Sunday April 19, 2026

A-flights kl. 09.30

B-flights starts 30 minutes after A-flight has finished

Event	Event Name	Gender	Time Standards	
25	100 m backstroke	Men	1:01,49	
26	100 m butterfly	Women	1:06,92	
27	400 m freestyle	Men	4:17,70	
28	200 m breaststroke	Women	2:46,96	
29	100 m breaststroke	Men	1:10,66	
30	200 m backstroke	Women	2:23,56	
31	200 m indiv. Medley	Men	2:17,54	
32	50 m freestyle	Women	0:27,68	
33	50 m butterfly	Men	0:26,87	
34	800 m freestyle	Women	9:22,28	Will be swum in B-flights

Day 4 – Evening session: Sunday April 19 - C, B and A finals – 17.00

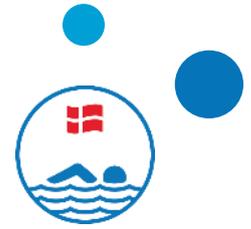
Event	Event Name	Gender	Heats	
25	100 m backstroke	Men	3	
26	100 m butterfly	Women	3	
27	400 m freestyle	Men	2	B & A-finals
28	200 m breaststroke	Women	3	
34	800 m freestyle	Women	1	Fastest heat
29	100 m breaststroke	Men	3	





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30	200 m backstroke	Women	3
31	200 m indiv. Medley	Men	3
32	50 m freestyle	Women	3
33	50 m butterfly	Men	3

GENERAL PROCEDURES DANISH OPEN:

- ◆ If the preliminary sessions can be conducted in less than 2½ hours (excluding the 800 free and 1500 free), a combined preliminary session will be conducted. Otherwise, the preliminary sessions are divided into two parts, A- and B-flight. B-flights start no later than 30 minutes after the last heat in the A-flights. The decision on A- and B-flight is made and published at the same time as psyche sheets are published (normally less than eight days after the entry deadline). Start lists are published immediately after the deadline for the withdrawals on www.svoemmetider.dk and <https://live.swimify.com>. A-flights will have 6 heat in 50, 100 and 200m events and 4 heats in 400m events.
- ◆ All individual races of 50m, 100m and 200m will be held with C-, B- and A-finals. The A-final consists of the eight fastest swimmers. The B-final consists of the next eight swimmers. The C-final of the next 8 swimmers.
- ◆ All individual races of 400m will be held with B- and A-final. The A-final consists of the eight fastest swimmers. The B-final consists of the next eight swimmers.
- ◆ All individual races of 800m and 1500m will be swum as a direct final. The slowest heats will be swum in the B-flight. The fastest heat is placed in the evening session starting at 17:00.
- ◆ If two or more swimmers have achieved the same time in the A- or B-final, their individual placement will be solved by drawing lots.
- ◆ If two or more swimmers are tied for the last place in either A- or B-final, a swim off will be held to determine who advances to the final. The swim off will normally be held according to normal rules for swim off.

WITHDRAWALS PRELIMINARY HEATS

Withdrawals from **preliminary** heats must be handed in, in writing, at the **latest 19:30 the day before**.

Withdrawals must be handed in at the Competition Office. The withdrawals can be emailed to: lise.m@dadlnet.dk

. You can also use the Swimify Coach app.

WITHDRAWALS FINALS

Withdrawals from finals must be made by e-mail or in writing on the withdrawals form to Danish Swimming Federations Meet Director no later than 15 minutes after the list of results for the last preliminary event in each session has been published. Please email to: lise.m@dadlnet.dk

FINAL CALL ROOM

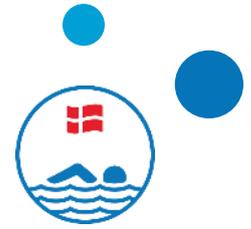
15 minutes before the start of the heat, in both preliminary heats and finals, each competitor shall appear in the final call room located close to the pool and stay there until notified to move to the pool deck. Failing to appear in





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time, in the final call room, will result in a warning the first time, and may result in exclusion from the event should the swimmer repeatedly fail to meet on time.

VICTORY CEREMONY

The victory ceremony will be held in the evening session. Victory ceremonies will be announced in the time table.

TECHNICAL MEETING

Tuesday April 14th, 2026 at 20.00 online on Teams. Approval of the participant list and any changes as per the invitation will be announced here. Your contact person will receive the invite for the meeting.

ENTRIES AND FURTHER QUESTIONS:

Should be mailed to the Meet Director:

Lise Møller
Mobile phone: +45 20 13 71 60
E-mail: lise.m@dadlnet.dk

We ask you to please send your entries in Lenex file format and/or the entry form together with the application form.

Both forms and **Lenex** file can be found at this link: <https://svoem.org/DanishOpen>

After having registered for the event by e-mail you will receive an acknowledgement of receipt within 48 hours. This acknowledgement is *the confirmation* that your entry has been received and confirmed by the Danish Swimming Federation.

OFFICIALS:

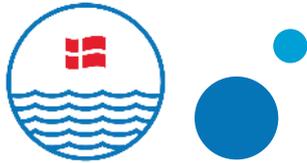
Referees: Charlotte Kert (R – Bronze)
Lone Lagerbon
Morten Blemholt

Starters: Claus V. Sørensen (S – Bronze)
Per Dideriksen (S – Bronze)

Control Room: Jens Ellebæk (R - Bronze)

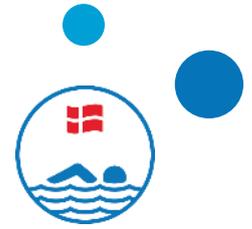
TIMING SYSTEM: Omega Quantum





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Concluding remark

The Federation Board reserves the right to bring about changes, if circumstances require these.

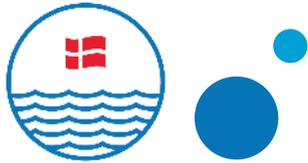
Contact persons at the Danish Swimming Federation:

Meet information and entries: Meet director: Lise Møller, e-mail: lise.m@dadlnet.dk

Accommodation and general information: Sports coordinator: Martin Karup, e-mail: mak@svoem.dk

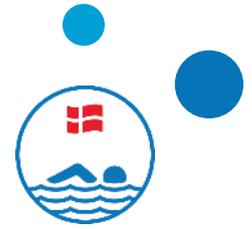
Website: <https://svoem.org/DanishOpen>





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CONVERT SHORT COURSE TO LONG COURSE

ADDITIONAL TO SHORT COURSE

MEN	EVENT NAME	WOMEN
0.90 SEC.	50 M FREESTYLE	0.80 SEC.
1.70 SEC.	100 M FREESTYLE	1.50 SEC.
3.20 SEC.	200 M FREESTYLE	2.90 SEC.
6.10 SEC.	400 M FREESTYLE	5.50 SEC.
12.00 SEC.	800 M FREESTYLE	11.10 SEC.
22.50 SEC.	1500 M FREESTYLE	20.60 SEC.
0.80 SEC.	50 M BUTTERFLY	0.70 SEC.
1.40 SEC.	100 M BUTTERFLY	1.30 SEC.
2.70 SEC.	200 M BUTTERFLY	2.40 SEC.
0.80 SEC.	50 M BACKSTROKE	0.70 SEC.
1.40 SEC.	100 M BACKSTROKE	1.30 SEC.
2.70 SEC.	200 M BACKSTROKE	2.50 SEC.
1.10 SEC.	50 M BREASTSTROKE	1.00 SEC.
2.10 SEC.	100 M BREASTSTROKE	1.80 SEC.
4.00 SEC.	200 M BREASTSTROKE	3.60 SEC.
3.30 SEC.	200 M INDIVIDUAL MEDLEY	2.90 SEC.
6.80 SEC.	400 M INDIVIDUAL MEDLEY	6.00 SEC.

