

Malmsten SWIM OPEN STOCKHOLM

10
YEARS
2026
GOLDEN
EDITION

€ 38 000
prize money

APRIL 9-12, 2026

Sweden Aquatics and Malmsten proudly invites you to the 10 y anniversary of Europe's fastest swim event - MALMSTEN SWIM OPEN STOCKHOLM. The competition will take place at Eriksdals-badet in Stockholm, in a 50 m 10 lane pool. This four-day meet offers a full competition program which gives all competitors a good opportunity to prepare for the upcoming European Junior Championship, European Championships in Paris and Youth Olympic Games in Dakar.

Compete with top swimmers worldwide with the total prize money of € 38 000. And on top of that - each Swim Open record premieres with an extra €1000!

Visit www.swimopenstockholm.se where you find more information and all documents. For questions contact management@swimopenstockholm.se



The Swedish Swimming Federation has the honor to invite you to the 10 y anniversary of Malmsten SWIM OPEN STOCKHOLM

Location: Eriksdalsbadet, 50 m pool, 10 lanes (finals 8 lanes)

Rules: The competition will be conducted under World Aquatics rules and is approved as a qualifying event to the international championships events including European Championships in Paris.

Prel. competition times: Heats: 9:30, B- & C-finals: 16:30, A-finals: 18:00.

Warm up: 08.00 – 09.15 and 14.30 – 16.15 in the competition pool 25 m pool from 08.00 – end of competition, in selected lanes.

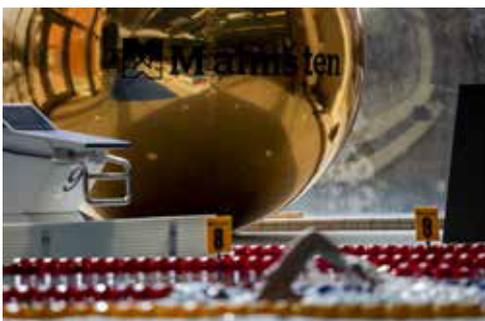
Entries: Closing date for entries is 18th of March 2026.

Qualification period: 2025-01-01 to 2026-03-15 in 25m or 50m pool. Entry times from 50 m pools will be seeded ahead of times from 25 m pools. In the 800 & 1500 freestyle 25 m times will be converted to 50 m times.

Qualifying times: A swimmer qualified in one event will be given the opportunity to compete in more events if space allows. Foreign participants will be prioritized.

Entry fee: € 14/event. International payments to bank account IBAN: SE90 9500 0099 6026 2124 8307 Swift/Bic code: NDEASESS

Late entries: Late entries will be accepted up until the team leader meeting at the cost of € 40/event and only if heat limitations do not apply.



Withdrawals:

Withdrawals for prelims and timed finals Friday should be made Wednesday 8 of April 8 pm at the latest. All other days no later than 30 minutes after the end of the finals of the previous day. Withdrawals to finals no later than 30 minutes after end of the event in the prelims.

Accreditation:

€20/accreditation, all swimmers and team staff need accreditation. Applications will be found at www.swimopenstockholm.se

Prize money:

Prize money in each event is as follows: First place € 400, Second place € 200, Third place € 100. The top three female and male performances, (counted on the three best results from World Aquatics table) gets prize money: First place € 4 000 Second place € 2 000 Third place € 1 000. Total prize money for the competition is €38 000

And on top of that – Each Swim Open record set in A-final premiers with €1000!

Tickets:

Tickets can be purchased online from 15 of January 2026 at www.swimopenstockholm.se

Information:

Contact manager Dennis Fredriksson, +46708 74 95 03, dennis.fredriksson@svensksimidrott.se



Full World Aquatics Event Program

Thursday 9th
Friday 10th
Saturday 11th
Sunday 12th

HEATS

200m Breast M
 200m Free W
 400m Free M
 50m Back W
 200m Back M
 50m Butterfly W
 50m Butterfly M
 1500m Free W

200m Free M
 100m Butterfly W
 100m Breast M
 400m IM W 100m
 Butterfly M 100m
 Back W
 50m Back M
 50m Breast W
 1500m Free M

400m Free W
 100m Free M
 200m Back W
 Butterfly M 200m
 Breast W 400m IM
 M
 200m IM W
 100m Back M
 50m Free W

200m IM M
 200m Butterfly W
 50m Free M
 100m Breast W
 Breast M 100m
 Free W
 800m Free M
 800m Free W

The fastest five heats of each event will be swum at the start of the morning session. After completion of all fastest heats, other heats of each event will be conducted in usual order. All heats except the final heat in 800 and 1500 freestyle will be swum at the end of the morning session. All 100/200 events in the morning session will start with a swedish junior team qualifying heat.

B and C FINALS

200m Breast M C/B
 200m Free W C/B
 400m Free M B
 50m Back W C/B
 200m Back M C/B
 50m Butterfly W C/B
 50m Butterfly M C/B

200m Free M C/B
 100m Butterfly W C/B
 100m Breast M C/B
 400m IM W B
 100m Butterfly M C/B
 100m Back W C/B
 50m Back M C/B
 50m Breast W C/B

400m Free W B
 100m Free M C/B
 200m Back W C/B
 200m Butterfly M C/B
 200m Breast W C/B
 400m IM M B
 200m IM W C/B
 100m Back M C/B
 50m Free W C/B

200m IM M C/B
 200m Butterfly W C/B
 50m Free M C/B
 100m Breast W C/B
 50m Breast M C/B
 100m Free W C/B

C-finals = junior/youth finals are reserved for girls and boys born 2010 and later.
 Youth/junior swimmers qualified for A- or B-finals compete in the final they have qualified to.

A FINALS

200m Breast M
 200m Free W
 400m Free M
 50m Back W
 200m Back M
 1500m Free W (fastest heat)
 50m Butterfly M
 50m Butterfly W

200m Free M
 100m Butterfly W
 100m Breast M
 400m IM W
 1500m Free M (fastest heat)
 100m Back W
 100m Butterfly M
 50m Breast W
 50m Back M

400m Free W
 100m Free M
 200m Back W
 200m Butterfly M
 200m Breast W
 400m IM M
 200m IM W
 100m Back M
 50m Free W

200m IM M
 200m Butterfly W
 800m Free M (fastest heat)
 100m Breast W
 50m Free M
 800m Free W (fastest heat)
 50m Breast M
 100m Free W

Qualification times

Grenar	Standard Times											
	Women		Men		Girls 17-18		Boys 17-18		Girls - 13-16		Boys - 13-16	
	25m	50m	25m	50m	25m	50m	25m	50m	25m	50m	25m	50m
50m Freestyle	00:27,19	00:28,06	00:24,11	00:25,15	00:27,94	00:28,81	00:25,11	00:26,15	00:28,44	00:29,31	00:25,61	00:26,65
100m Freestyle	00:58,88	01:00,52	00:52,38	00:54,43	00:59,80	01:01,72	00:53,93	00:55,89	01:01,90	01:04,29	00:56,79	00:58,99
200m Freestyle	02:08,34	02:12,28	01:55,07	02:00,29	02:10,35	02:14,19	01:58,54	02:03,00	02:15,58	02:17,93	02:03,78	02:08,89
400m Freestyle	04:30,68	04:36,68	04:06,77	04:13,02	04:30,68	04:36,68	04:13,12	04:19,99	04:40,14	04:45,78	04:26,89	04:32,91
800m Freestyle	09:06,64	09:16,67	08:28,53	08:38,03	09:21,95	09:30,35	08:33,53	08:43,03	09:23,96	09:33,33	08:50,80	08:59,98
1500m Freestyle	18:00,67	18:10,40	16:42,27	17:02,79	18:20,81	18:44,84	16:42,98	17:03,19	18:30,80	18:50,97	17:11,28	17:31,84
50m Breaststroke	00:34,60	00:35,57	00:30,72	00:31,88	00:35,35	00:36,32	00:31,72	00:32,88	00:35,85	00:36,82	00:32,22	00:33,38
100m Breaststroke	01:14,51	01:17,82	01:06,73	01:10,20	01:16,74	01:20,12	01:08,52	01:11,88	01:19,56	01:23,61	01:13,10	01:17,07
200m Breaststroke	02:42,48	02:50,71	02:27,52	02:35,10	02:47,25	02:54,10	02:30,94	02:39,56	02:52,05	02:56,09	02:37,47	02:47,99
50m Backstroke	00:30,89	00:32,46	00:27,73	00:29,35	00:31,64	00:33,21	00:28,73	00:30,35	00:32,14	00:33,71	00:29,23	00:30,85
100m Backstroke	01:06,22	01:09,50	00:59,33	01:03,31	01:07,67	01:11,00	01:01,28	01:04,87	01:10,39	01:14,11	01:05,65	01:09,70
200m Backstroke	02:24,22	02:31,20	02:10,68	02:19,70	02:27,33	02:34,58	02:14,45	02:22,71	02:28,94	02:37,42	02:19,40	02:29,59
50m Butterfly	00:29,40	00:29,81	00:26,37	00:26,90	00:30,15	00:30,56	00:27,37	00:27,90	00:30,65	00:31,06	00:27,87	00:28,40
100m Butterfly	01:05,41	01:07,13	00:57,95	00:59,96	01:06,68	01:08,58	00:59,71	01:01,82	01:10,19	01:12,66	01:04,38	01:06,54
200m Butterfly	02:28,86	02:33,73	02:13,13	02:20,47	02:32,45	02:38,36	02:16,63	02:23,81	02:42,26	02:44,85	02:26,19	02:34,29
200m IM	02:25,44	02:30,68	02:10,97	02:16,99	02:28,26	02:33,45	02:14,85	02:21,59	02:33,30	02:39,95	02:23,19	02:29,16
400m IM	05:12,19	05:25,68	04:45,11	05:01,24	05:17,01	05:31,86	04:47,61	05:02,29	05:21,54	05:36,26	04:58,49	05:15,31

The organizer reserves the right to limit the numbers of heats in all events and agegroups.

Accommodation

In cooperation with our partner Strawberry we offer attractive full accommodation packages.

Clarion Hotel Stockholm



Singleroom € 190/person/night
Double room € 160/person/night
Triple room € 145/person/night
Fourbed room € 130/person/night

A fantastic 4-star hotel, two minutes walking from the Eriksdalsbadet. An art inspired hotel with a great service. Servicecenter for the competition is provided.

All prices includes full accommodation with buffé for breakfast, lunch and dinner at each hotel. Also free transport from Arlanda Airport to Clarion Hotel Stockholm and back.

Reservation:

Use the preliminary entry form you find at swimopenstockholm.se and mail to management@swimopenstockholm.se. There are a limited numbers of rooms at each hotel. At the time of reservation an advance payment of 50% will be charged by invoice payed latest the 7 of January 2026. The rest of the payment will be charged by invoice payed latest the 18th of March 2026.

Cancellation policy:

When cancelling before 7th of January 2026 100% of the rooms can be cancelled without charge. When cancelling before 18th of March 2026, 25% of the remaining rooms can be cancelled without charge. without charge.