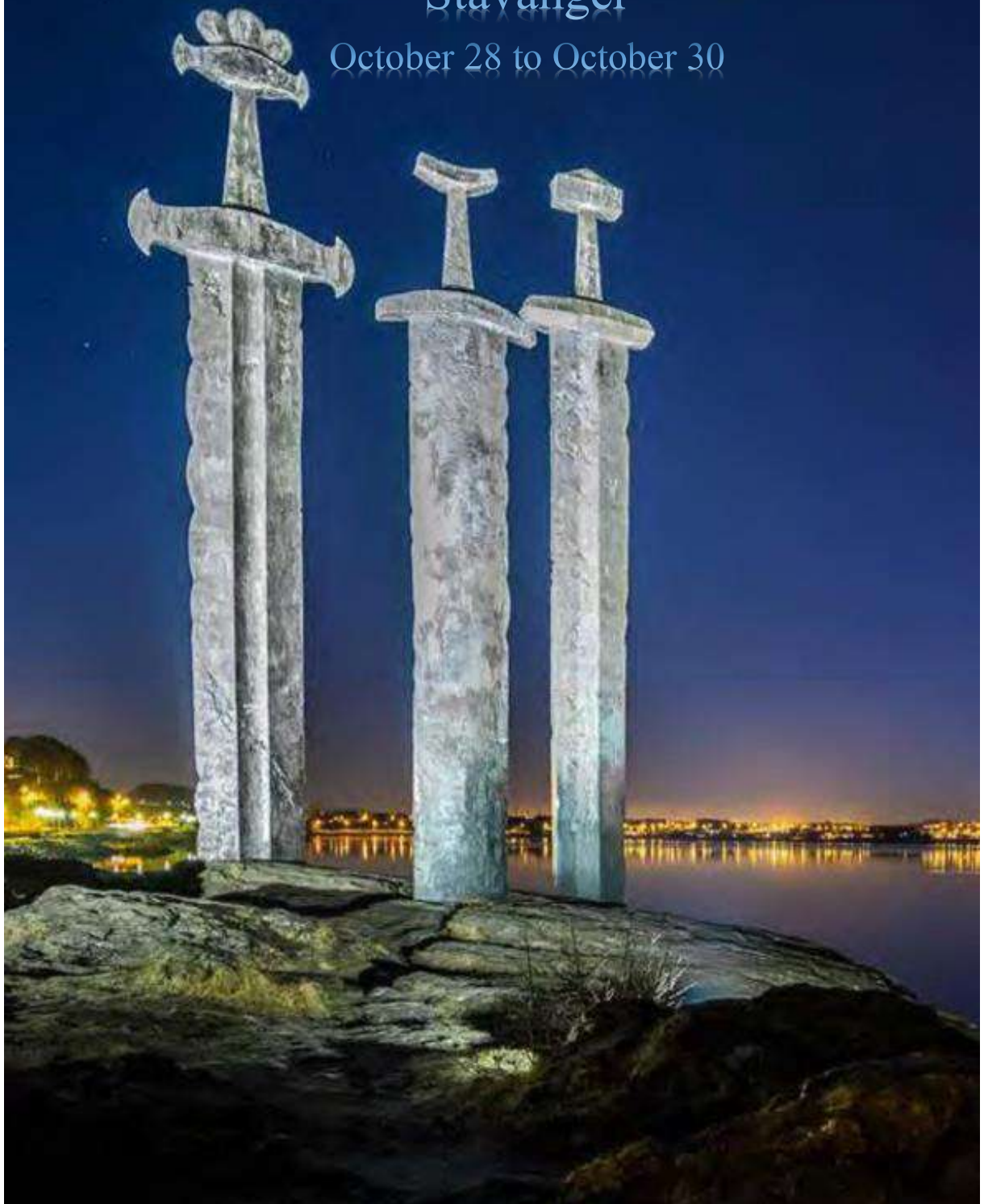


The North Sea Swim Meet 2022

Stavanger

October 28 to October 30



City of Stavanger



It is a great pleasure to welcome all participants, coaches and guests to Stavanger and to the North Sea Swim Meet 2022!



You have come to the fourth largest city in Norway with a population of 145,000. Stavanger is a multicultural and multinational city; 20 percent of our citizens have their origin in another country than Norway. I am proud that almost every country in the world is represented in our city. Very much has to do with the natural energy sources in the North Sea; also for this specific competition.

The first North Sea Swim Meet was arranged in 1973 as a result of the cooperation between Rogaland Swimming District and Phillips Petroleum Company. Since then, the North Sea Swim Meet has been a big event for both the Norwegian and international swimming elite, and I am sure that this year the level of participants is high.

This competition, together with Stavanger Swimming Pool, that opened in 1971, has provided the swimming community in Rogaland and Norway a fantastic opportunity to develop swimming towards an international level. Indeed, swimmers in Rogaland have used this opportunity well, as we over the years have seen local swimmers achieving excellent national and international results.

I wish you all an enjoyable stay and hope you will find some time to explore what the city has to offer. Welcome to Stavanger and good luck with the competitions!

Kari Nessa Nordtun

Mayor City of Stavanger



North Sea Swim Meet



**With the approval of the Norwegian Swimming Federation,
Rogaland Swimming District hereby invites to the
49th edition of the North Sea Swim Meet in Stavanger
28 - 30 October 2022**





NORTHSEA SWIM MEET

The watchmaker Thv. Thorbjørnsen and the Swiss watch company Oris will together be awarding the three best participants in the female, male and para events with an exclusive Oris Aquis Date watch worth NOK 21,700.



URMAKER THV. THORBJØRNSEN

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WWW.URMAKER.NO

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Stavanger Swimming Pool

The pool has 6 lanes.

It will be a short course (25m) competition and the water temperature is 26°C/78,8°F.

Direct finals and Super finals

The meet will have both direct and super finals, with participation limited by qualification. Superfinals in all individual and relay events, except 800m freestyle, 1500m freestyle and 400m individual medley for both genders. Direct finals in those three events will take place as part of the super finale program.

A-finals for each event irrespective of age group; B finals for 50m and 100m events only.

Heat limitation

The meet organizer reserves the right to change the start time for the direct finals and apply heat limitations, if necessary, to ensure good conditions for the swimmers.

800m and 1500m events are limited to two (2) heats.

Para swimmers

Super finals in the 50m events, one heat in each event irrespective of class. If heat limitations do not apply, para swimmers may swim in age class heats for non-para events. Swimmers will be ranked according to the Australian model for multi disability meets, based on relative proximity to the world record in the respective classes. This procedure applies to selection for participation and for awards. The official long course world records by 1 January 2022 will be used as the basis for the selection.

Price money and awards

Direct finals:

Medals for 1st– 3rd place, individuals.

Super finals and direct finals in 800m freestyle, 1500 freestyle and 400m individual medley both genders:

1st place is awarded **€100**

2nd place is awarded **€50**

3rd place is awarded **€25**

Gift awards for 4th to 6th place.

In case of a tie in any race, the prize money will be shared (e.g. if there are two 1st places, then no 2nd place prize money will be awarded. The total of €150 will be equally shared between the two winners).

Relay teams

King Harald Haarfagre Challenge trophy, 4x100m freestyle Super finals. Inspired by King Harald Haarfagre, Rogaland Swimming District would like to acknowledge the fastest teams at North Sea Swim Meet. The trophy is given to inspire and focus on common goals, development and growth in their own teams and clubs.

Medals for 1st– 3rd place.

Best female and best male swimmer

The best female and male swimmer, combined in two events will be awarded €1000 using the FINA 2021-point table.

Best junior swimmer

Best junior swimmer, regardless of gender, combined in two events using the FINA 2021-point table will be awarded a prize.

The third-best score is used in case of a tie, then fourth and so on. Swimmers under the age of 15 are not eligible.

Awards para class

Direct finals: Medals for 1st– 3rd place, individuals.

Super finals:

1st place is awarded **€100**

2nd place is awarded **€50**

3rd place is awarded **€25**.

Gift awards for 4th to 6th place.

Best performance in para class in direct or super final, irrespective of gender, will be awarded €1000.

At least five (5) participants must participate in the competition for the prize money for the best para swimmer shall be paid. The second-best score is used in case of a tie, then third and so on. Swimmers under the age of 15 are not eligible.

Competition

Swimmers will compete in five different classes; both genders.

Women	2009	2008- 2007	2006 – 2005	Seniors	Para
Men	2009 -2008	2007 - 2006	2005 – 2004	Seniors	Para

Heats will start with the 2 oldest classes, para and the relays, followed by the 2 youngest classes.

Entry fee

NOK 100,- each event start and NOK 200,- per relay payable to:

Domestic payments to bank account: **3201.28.82059**

International payments to bank account: **IBAN NO51 3201 2882 059, SWIFT SPRONO22**
(bank address to be sent on request).

Payment details will be sent by email as soon as starting list is verified.

Late entries against double entry fee will be accepted, subject to heat limitations.

Entries

Entries must be received by 2400 hours on 18 October 2022.

E-mail for entries: jech@medley.no All entries will be confirmed at receipt.

Qualification period is 19 October 2021 - 18 October 2022. Withdrawals must be entered into livetiming.no before and no later than one hour prior to the session start. Password will be provided at the meet office on arrival. Non-Norwegian teams may submit withdrawals directly to the time manager/officials. Anyone who retires from the super finals must retire no later than 30 minutes after prelims ends.

Start lists

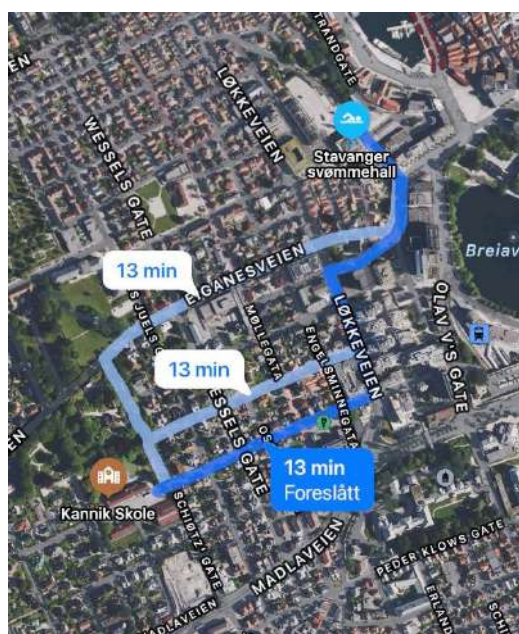
Start lists will be published at <https://livetiming.medley.no/stevnedetaljer.aspx?stevnenr=3934>

Authentication for pool access

All swimmers and coaches must have bracelets and/or accreditation for access control. One representative of each team must pick up all the team's bracelets/accreditation at the meet office. No one will be able to access the pool and changing area without a bracelet/accreditation. Authentication procedure will be available at www.northseaswimmeet.com during Autumn 2022.

Warm up

There will be warm up in the competition pool and in the Kannik pool. The accreditation must be shown for access to the Stavanger Swimming Pool for warm up in the morning. Stavanger will be open for warm up/cool down after prelims up to 15 minutes before super finals. Kannik can also be used for cool down, until closure. This is to ensure good warm up conditions are provided, that are not too crowded, which we hope everyone will appreciate.



Pool	Thursday	Friday	Saturday	Sunday
Stavanger Swimming Pool	17:00-20:00	07:00-08:45	07:00-08:45	07:00-08:45
Kannik	N/A	08:00-12:00	08:00-12:00	08:00-12:00

Sessions

	Friday	Saturday	Sunday
Morning	09.00	09.00	09.00
Finals	17.00	17.00	16.00

Call Room

All swimmers must meet in the call room minimum 10 minutes prior to scheduled race time for registration and check. There will be no access without accreditation. Further information will be given at the info meeting.

Meet office

Opens Thursday 27 October 17:00–19:00 hours in the lobby of Stavanger Swim hall. The Meet office is open throughout the competition, and will close within 30 minutes after the last heat in every session is done.

Meet information:

Thursday 27 October 20:00 hours at the meet office in Stavanger Swimming Pool.

Information

For further information and inquiries, please contact Meet Director

Andrika Hagfjäll-Lande, +47 92259404,

andrika.lande@rogsk.no

Qualification times 2022

Women/girls					
Event	2009	2008- 2007	2006- 2005	2004 a. o.	Para
50m freestyle	31,44	29,50	29,00	28,75	150% of WR
100m freestyle	01.09,67	01.03,00	01.01,50	01.01,00	150% of WR
200m freestyle	02.31,74	02.17,20	02.14,00	02.11,50	NA
400m freestyle	05.01,53	04.47,00	04.43,00	04.38,00	NA
800m freestyle 1500m freestyle			9.26,00 18.15,00		NA NA
50m backstroke	37,67	34,75	33,75	32,75	150% of WR
100m backstroke	01.22,01	01.12,00	01.10,00	01.09,00	150% of WR
200m backstroke	02.45,94	02.33,00	02.31,00	02.29,00	NA
50m breaststroke	40,97	38,00	36,00	35,40	150% of WR
100m breaststroke	01.30,30	01.21,00	01.19,00	01.17,00	150% of WR

200m breaststroke	03.07,66	02.54,50	02.51,00	02.47,00	NA
50m butterfly	35,56	32,00	31,50	30,00	150% of WR
100m butterfly	01.20,45	01.11,00	01:09,50	01.07,50	150% of WR
200m butterfly	03.34,36	02.46,33	02.38,20	02.37,00	NA
100m medley	01.20,30	01.12,50	01.11,00	01.10,00	150% of WR
200m medley	02.46,36	02.33,00	02.31,00	02.30,00	NA
400m medley	05:30,00				NA

Qualification times 2022

Men/boys					
Event	2009-2008	2007-2006	2005-2004	2003 a. o.	Para
50m freestyle	28,80	26,60	25,80	24,80	150% of WR
100m freestyle	01.02,00	57,15	55,00	53,30	150% of WR
200m freestyle	02.15,49	02.05,47	02.00,50	01.58,00	NA
400m freestyle	4.38,43	04.27,00	04.18,00	04.13,00	NA
800m freestyle 1500m freestyle	8.40,00 16.45,00				NA NA
50m backstroke	33,50	31,70	30,20	28,70	150% of WR
100m backstroke	01.12,00	01.06,00	01.05,00	01.02,00	150% of WR
200m backstroke	02.30,00	02.22,50	02.21,00	02.19,00	NA
50m breaststroke	37,00	34,50	33,00	31,50	150% of WR
100m breaststroke	01.19,00	01.15,00	01.12,00	01.09,00	150% of WR
200m breaststroke	02.53,00	02.37,00	02.35,00	02.34,00	NA
50m butterfly	32,00	29,00	28,00	27,00	150% of WR
100m butterfly	01.10,00	01.04,25	01.02,50	01.00,25	150% of WR

Men/boys					
200m butterfly	02.53,17*	02.32,50	02.20,50	02.17,00	NA
100m medley	01.11,00	01.06,20	01.03,50	01.02,00	150% of WR
200m medley	02.30,00	02.22,00	02.17,00	02.14,00	NA
400m medley	04.51,00				NA

List of events

Friday @09.00	Event	
1	200m Medley	Women
2	200m Medley	Men
3	50m Freestyle	Women
4	50m Freestyle	Men
5	100m Breaststroke	Women
6	100m Breaststroke	Men
7	50m Backstroke	Women
8	50m Backstroke	Men
9	200m Butterfly	Women
10	200m Butterfly	Men
11	1500m Freestyle	Women
12	1500m Freestyle	Men

Saturday @ 09.00	Event	
13	400m Freestyle	Men
14	400m Freestyle	Women
15	100m Backstroke	Men
16	100m Backstroke	Women
17	50m Butterfly	Men
18	50m Butterfly	Women
19	100m Free	Men
20	100m Free	Women
21	200m Breaststroke	Men
22	200m Breaststroke	Women
23	4 x 50m Medley	Mixed
24	4 x 50m Freestyle	Mixed

Sunday @09.00	Event	
25	400m Medley	Women
26	400m Medley	Men
27	100m Butterfly	Women
28	100m Butterfly	Men
29	200m Backstroke	Women
30	200m Backstroke	Men
31	50m Breaststroke	Women
32	50m Breaststroke	Men
33	200m Freestyle	Women
34	200m Freestyle	Men
35	100m Medley	Women
36	100m Medley	Men
37	800m Freestyle	Women
38	800m Freestyle	Men
39	4 x 100m Freestyle	Women
40	4 x 100m Freestyle	Men

North Sea Swim Meet Records

Records, Women - SC

Event	Time	Record Holder	Club/team	Date
50m freestyle	24,25	Jeanette Ottesen	Denmark	07.11.2014
100m freestyle	52,71	Kum Busch	Netherland	03.11.2018
200m freestyle	1.55,78	Petra Granlund	Sweden	14.11.2010
400m freestyle	4.03,41	Sarah Köhler	SG Frankfurt	03.11.2019

800m freestyle	8.24,43	Malene Rypestøl	Norway	30.10.2020
50m backstroke	26,47	Ingeborg Vassbakk Løyning	Norway	30.10.2020
100m backstroke	57,86	Ingeborg Vassbakk Løyning	Norway	31.10.2020
200m backstroke	2.06,61	Ingeborg Vassbakk Løyning	Norway	01.11.2020
50m breaststroke	29,96	Susann Bjørnsen	Norway	05.11.2017
100m breaststroke	1.05,48	Rikke Møller Pedersen	Denmark	07.11.2014
200m breaststroke	2.18,76	Rikke Møller Pedersen	Denmark	08.11.2014
50m butterfly	25,12	Jeanette Ottesen	Denmark	08.11.2014
100m butterfly	57,09	Kim Busch	Netherland	04.11.2018
200m butterfly	2.05,06	Franziska Hentke	SC Magdeburg	02.11.2018
100m IM	59,30	Marrit Steenbergen	Netherland	05.11.2017
200m IM	2.10,49	Petra Granlund	Sweden	11.11.2011
400m IM	4.35,56	Franziska Hentke	SC Magdeburg	04.11.2018

North Sea Swim Meet Records

Records, Men – SC

Event	Time	Record Holder	Club/team	Date
50m freestyle	21,31	Ari-Pekka Liukkonen	Cetus	03.11.2017
100m freestyle	47,20	Kyle Stolk	Netherland	03.11.2018
200m freestyle	1.44,41	Kyle Stolk	Netherland	04.11.2018
400m freestyle	3.41,53	Henrik Christiansen	Skjetten	04.11.2017
800m freestyle	7.46,62	Pál Joensen	Faroe Islands	07.11.2014
1500m freestyle	14.29,27	Florian Wellbrock	SC Magdeburg	02.12.2018
50m backstroke	23,78	Robert Glinta	Romania	04.11.2016
100m backstroke	51,12	Robert Glinta	Romania	05.11.2016
200m backstroke	1.52,28	Robert Glinta	Romania	06.11.2016
50m breaststroke	26,57	Tobias B. Bjerg	Thisted SK	31.10.2021
100m breaststroke	58,70	Alexander Dale Oen	Norway	10.11.2007

200m breaststroke	2.07,49	Tomoe Zenimoto Hvas	Norway	03.11.2017
50m butterfly	23,04	Niksja Stojkovski	Norway	31.10.2020
100m butterfly	52,05	Niksja Stojkovski	Norway	01.11.2020
200m butterfly	1.53,02	Tomoe Zenimoto Hvas	Norway	03.11.2017
100m IM	53,59	Philip Heintz	SV Nikar Heidelberg	08.11.2015
100m IM	52,86	Kyle Stolk	Netherland	04.11.2018
200m IM	1.55,52	Tomoe Zenimoto Hvas	Norway	03.11.2017
400m IM	4.09,10	Tomoe Zenimoto Hvas	Norway	05.11.2017

Hotels & Accommodations

Thon Hotels



Both hotels are located in the middle of Stavanger City, only a short walk from everything that the city has to offer, including the swinging pool.

Thon Hotel Stavanger

TH Stavanger has:

18 single room each day Thursday/Friday/Saturday.
75 double room each day Thursday/Friday/Saturday.
7 triple room each day Thursday/Friday/Saturday.



Breakfast and WiFi are included, indicative prices for each room per night, bookings made for 3 nights;

Single room per night NOK 916,-

Double room per night NOK 1.076,-

Triple room per night NOK 1.476,-

If you like you can make your self a lunch “to go” from the breakfast buffe, for NOK 95,-. There are possibilities to book lunch and dinner at the hotel, reservation must be made 1 month before arrival.

Lunch; NOK 235 per person (served at 12:00 and 14.00 hours)

Dinner NOK 265 per person (served at 18:00 and 20.00 hours)

For bookings follow the link; <https://www.thonhotels.no/thon-sport/#forbund>

For ordering lunch, lunch “to go” or dinner send email to: stavanger.booking@olavthon.no

Thon Hotel Maritim

TH Maritim has:

25 single room each day Thursday/Friday/Saturday.
48 double room each day Thursday/Friday/Saturday.
4 triple room each day Thursday/Friday/Saturday.
6 family room for 4 persons each day Thursday/Friday/Saturday.

Breakfast and WiFi are included, indicative prices for each room per night, bookings made for 3 nights;

Single room per night NOK 934,-
Double room per night NOK 1.084,-
Triple room per night NOK 1.309,-
Family room NOK 1.384,-



If you like you can make yourself a lunch “to go” from the breakfast buffe, for NOK 95,-. There are possibilities to book lunch and dinner at the hotel, reservation must be made 1 month before arrival.

Lunch; NOK 235 per person (served at 12:00 and 14.00 hours)
Dinner; NOK 265 per person (served at 18:00 and 20.00 hours)

For bookings follow the link; <https://www.thonhotels.no/thon-sport/#forbund>

For ordering lunch, lunch “to go” or dinner send email to: maritim.konferanse@olavthon.no

Nordic Choise Hotels

Clarion Hotel Stavanger and Comfort Hotel Square offer special rates on accommodation and meals during the North Sea Swim Meeting. Both hotels are located in the hub of Stavanger, approximately a 3 minute walk from Stavanger Swimming Area.



Clarion Hotel Stavanger

Clarion has:

40 rooms Wednesday.
100 room each day Thursday/Friday/Saturday.
40 rooms Sunday.

Wednesday 26. October 2022;
Single room per night NOK 1.190,-
Double room per night NOK 1.390,-
Triple room per night NOK 1.590,-

Thursday 27. - Sunday 30. October 2022;
Single room per night NOK 970,-
Double room per night NOK 1.090,-
Triple room per night NOK 1.310,-



Breakfast buffe and WiFi is included in the room rate, along with access to our gym.
Lunch; NOK 215,- per person

Dinner; NOK kr 275,- per person

Bookingkode; GR017039.

Send e-mail to sven.olav.bjerga@choice.no for booking.

Comfort Hotel Square

Comfort Square has:

150 room each day Thursday/Friday/Saturday.

40 rooms Sunday.

Thursday 27. - Sunday 30. October 2022;

Single room per night NOK 870,-

Double room per night NOK 990,-

Triple room per night NOK 1.210,-



Breakfast buffe and WiFi is included in the room rate, Comfort Hotel Square dose not offer meals beyond breakfast.

Bookingkode; GR010160

Send e-post til co.square@choice.no for booking.

King Harald Haarfagre Challenge Trophy, “Together we are better”

Statues

Inspired by King Harald Haarfagre, Rogaland Swimming District would like to acknowledge the fastest female and male team at North Sea Swim Meet. The trophy is awarded to inspire and focus on common goals, development and growth in their own team and clubs.

Statues are owned and managed by the Board of Rogaland Swimming District.

The Challenge Trophy is awarded to the winning female and male 4x100 freestyle team in the super final. In case of a tie, it is the best time in qualifying that will determine the winner. If there is still a tie, it is the best time in the first leg which determines the winner of the trophy.

King Harald Challenge Trophy can only be won by a qualified team in the super final at the annual North Sea Swim Meet, no matter where the swim meet takes place. Each winning team will get their team's name engraved on the trophy.

To inherit the trophy permanently, the same team must win the trophy three times during a decade

Harald Halfdansson (Old Norse: Haraldr Hálfðanarson; c. 850 – c. 932), better known as Harald Hårfagre English: Harald Fairhair, was remembered by medieval historians as the first King of Norway. According to traditions current in Norway and Iceland in the twelfth and thirteenth centuries, he reigned from c. 872 to 930.

The unification of Norway is something of a love story. It begins with a marriage proposal that resulted in rejection and scorn from Gyda, the daughter of Eirik, king of Hordaland. She said she refused to marry Harald "before he was king over all of Norway". Harald was therefore induced to take a vow not to cut nor comb his hair until he was sole king of Norway, and when he was justified in trimming it ten years later, he exchanged the epithet "Shockhead" or "Tanglehair" (Haraldr lúfa) for the one by which he is usually known. In 866, Harald made the first of a series of conquests over the many petty kingdoms which would compose all of Norway, including Värmland county in Sweden, which had sworn allegiance to the Swedish king Erik Eymundsson. In 872, after a great victory at Hafrsford near Stavanger, Harald found himself king over the whole country.

