

SKAGERRAK SWIM 2024

KRISTIANSAND JANUARY 26th-28th





Kristiansand Svømmeallianse is once again delighted to invite you to a national swim meet with international participation. This is the 38th iteration of the event, featuring swimmers from all over Norway. Throughout the years, we've also welcomed participants from Finland, Sweden, Denmark, the Netherlands, Iceland, Switzerland, Germany, Hong Kong, and India. The event will take place in the capital of Southern Norway, Kristiansand, which offers excellent transportation options including by air, sea, train, car, and bus.

The event follows the rules and guidelines set by Norges Svømmeforbund.

Pool specifications are: freshwater pool; length: 50 meters; number of lanes: 10; temperature: 27°C. Best entry time in qualification period: 12.01.2023 - 11.01.2024 will be used. Omega starting blocks and backstroke starters are used during the swim meet.

Competition Categories:

Senior M	Boys 05-07	Boys 08-09	Boys 10-11	Boys 12-13
Senior W	Girls 06-07	Girls 08-09	Girls 10-11	Girls 12-13

Masters: Specific categories as per NSF's regulations.

Parasvømmere: Classes for both men and women, ranked based on the Australian model.

Categories 2012/2013 can only participate in 50 and/or 100 meter events.

Minimum age: 11 years for participants from clubs in Norway, the Nordic countries, and the Barents region. For other international clubs, the minimum age is 13 years.

Age determination date: 31.12.2024

Please send your registrations to Marcus Olsen **no later than 11th January 2024** via email at macus@ksa.no

Fees

- Individual starts: 100 NOK
- Team events: 200 NOK
- Late registration: Additional fees apply



We also reserve the right to change the start time on the 3rd Saturday.

Swim meet office:

The swim meet office is located on the 3rd floor with the following operating hours.

	Opens	Closes
Freestyleday	12:00 hrs	Aprox. 30 min after last heat in event 10
Saturday	07:00 hrs	Aprox. 30 min after last heat in event 30
Sunday	07:00 hrs	Aprox 1 hour after last heat in event 38

Access bands

Required for entry into the swimming hall. Access bands are to be collected and returned in bulk at the swim meet office. Unreturned bands will incur a fee of 400 NOK per band which will be invoiced after the swim meet. All clubs will receive one access bank per swimmer, and one access band per trainer.

Team leaders meeting

Scheduled for Freestyleday, 26th January at 13:15 in Aquarama, 3rd floor.

HEAT SETUP

Heats are arranged based on the best times regardless of category. Please note that event 9- and 10 (800-meter freestyle men and women) are limited to maximum 2 heat per event.

EVENT SCHEDULE

1. event: Freestyleday – start 14:30 hrs (warmup 13:00-14:15 hrs)

Event	Distance	Gender	Categories
Nr. 1	200m Breaststroke	Men	Categories senior – 11
Nr. 2	200m Breaststroke	Women	Categories senior – 11
Nr. 3	50m Freestyle	Men	All
Nr. 4	50m Freestyle	Women	All
Nr. 5	50m Backstroke	Men	All
Nr. 6	50m Backstroke	Women	All
Nr. 7	100m Butterfly	Men	All
Nr. 8	100 m Butterfly	Women	All
Nr. 9	800 m Freestyle	Men	Heatbegrensning
Nr. 10	800 m Freestyle	Women	Heatbegrensning



2. event: Saturday - start 09:00 hrs (warmup 07:00-08:45 hrs)

Event	Distance	Gender	Categories
Nr. 11	200m Ind. Medley	Men	Categories senior – 11
Nr. 12	200m Ind. Medley	Women	Categories senior – 11
Nr. 13	50m Breaststroke	Men	All
Nr. 14	50m Breaststroke	Women	All
Nr. 15	50m Butterfly	Men	All
Nr. 16	50m Butterfly	Women	All
Nr. 17	200m Freestyle	Men	Categories senior – 11
Nr. 18	200m Freestyle	Women	Categories senior – 11
Nr. 19	100m Backstroke	Men	All
Nr. 20	100m Backstroke	Women	All

3. event: Saturday – Relays and superfinals 16:00 hrs (warmup until 15:45 hrs)

Event	Distance	Gender	Categories
Nr. 21	4 x 100 m Medley	Men	All (only one category)
Nr. 22	4 x 100 m Medley	Women	All (only one category)
Nr. 23	50m Butterfly Finals	Men	Qualifications
Nr. 24	50m Butterfly Finals	Women	Qualifications
Nr. 25	50m Backstroke Finals	Men	Qualifications
Nr. 26	50m Backstroke Finals	Women	Qualifications
Nr. 27	50m Breaststroke Finals	Men	Qualifications
Nr. 28	50m Breaststroke Finals	Women	Qualifications
Nr. 29	50m Freestyle Finals	Men	Qualifications
Nr. 30	50m Freestyle Finals	Women	Qualifications

4. event: Sunday – start 09:00 hrs (warmup 07:00 – 08:45 hrs)

Event	Distance	Gender	Categories
Nr. 31	200m Backstroke	Men	Categories senior – 11
Nr. 32	200m Backstroke	Women	Categories senior – 11
Nr. 33	100m Freestyle	Men	All
Nr. 34	100m Freestyle	Women	All
Nr. 35	100m Breaststroke	Men	All
Nr. 36	100m Breaststroke	Women	All
Nr. 37	400m Freestyle	Men	Categories senior – 11
Nr. 38	400m Freestyle	Women	Categories senior – 11



TIME SCHEDULE

There will be set up a time schedule. Please note that this time schedule is indicative and might be subject to change. Please also note that startup time for 3. Event on Saturday might be subject to change. Participants are advised to keep an eye on Livetiming for updated time schedule.

START AND WARMUP TIMES

	Warmup	Start
Friday – 1. event	13:00 – 14:15 hrs	14:30 hrs
Saturday – 2. event	07:00 – 08:45 hrs	09:00 hrs
Saturday – 3. event	until 15:45hrs	16:00 hrs
Sunday – 4. event	07:00 – 08:45 hrs	09:00 hrs

An additional warm-up pool is available throughout the event. Opening hours will be announced during the team leaders' meeting.

SUPERFINALS

Featured for specific 50m events with categories mentioned.

Senior M	Boys 05-07	Boys 08-09	Boys 10-11	Para M
Senior W	Girls 06-07	Girls 08-09	Girls 10-11	Para W

Categories 2012/2013 cannot participate in the finals. During the finals only 8 lanes are used.

AWARDS

Best Club Overall

The top 3 Clubs overall will receive the following cash awards:

1st prize NOK 10.000, 2nd prize NOK 5.000, 3rd prize NOK 2.500.

The best club is calculated according to the table: 7, 5, 4, 3, 2, 1 in each event class (finals are not included).

Double points for relays.

Best Swimmer

Best swimmer award is awarded to the best swimmer according to FINA2023 – points in a single event. Best male: NOK 5.000, Best female: NOK 5.000, Best para athlete:



NOK 5.000. A minimum of 5 participants are required for the Best Swimmer prize to be awarded.

Best swimmer per category, per event:

NOK 500 is given to the best swimmer per category, per event.

Other prizes per category:

1st – 3rd place per event per category

Senior H	Gutter 05-07	Gutter 08-09	Gutter 10-11	Para
Senior D	Jenter 05-07	Jenter 08-09	Jenter 10-11	Para

Participant award

Participant award to all swimmers in the categories 12-13.

Relay prizes:

1st – 3rd place for team relays. There is only one category per relay (Senior).

REFEREE

If you are a referee and wish to officiate, please contact our Referee Coordinator, Cecilie Gundersen at: dommeransvarlig@ksa.no or mobile +47 970 94 365 if you can assist for one session or more.

FOOD / CATERING

The following arrangements are offered during the meet:

Radisson Blu Caledonien Hotel offers a buffet of pasta/pizza/lasagna with sides at NOK 295 per person on Friday 26th and Saturday 27th January 2024. Orders should be made club-wise with the number of people and time to guest.kristiansand@radissonblu.com or phone (+47) 381 12 100) before 06.12.23. Use the code Skagerrak Swim 2024.

ACCOMODATION

We can offer good rates at the following hotel:



Single room	NOK 995	NOK 1090
Double room	NOK 1295	NOK 1290
3 persons room	NOK 1495	NOK 1470
4 persons room	NOK 1695	NOK 1648

Full board (two meals in addition to breakfast – lunch and dinner)

Single room	NOK 1790
Double room	NOK 2690
3 persons room	NOK 3570
4 persons room	NOK 4480

All prices are per room per night, including breakfast.

There is a limited number of rooms reserved at a favorable price, so it pays to book early. HC-rooms are also available. For room reservations:

- Reservation at **Radisson Blu Caledonien Hotel** can be made directly to the hotel via email guest.kristiansand@radissonblu.com or phone: (+47) 381 12 100. Mention the code: **Skagerrak Swim 2024** to get the agreement prices mentioned above. **They want reservations by 06.12.23** and cannot guarantee the agreement price for reservations made after this date.
- Reservation at **Thon Hotel Parken** can be made directly to the hotel via email: parken.resepsjon@olavthon.no or phone: (+47) 381 72 040. Use customer code: **Skagerrak Swim 2024** to get the agreement prices mentioned above.

INVOICING

Events will be invoiced after the registration deadline and before the meet.

Boat travel can be booked via booking@ksa.no and will be invoiced before the start of the meet.

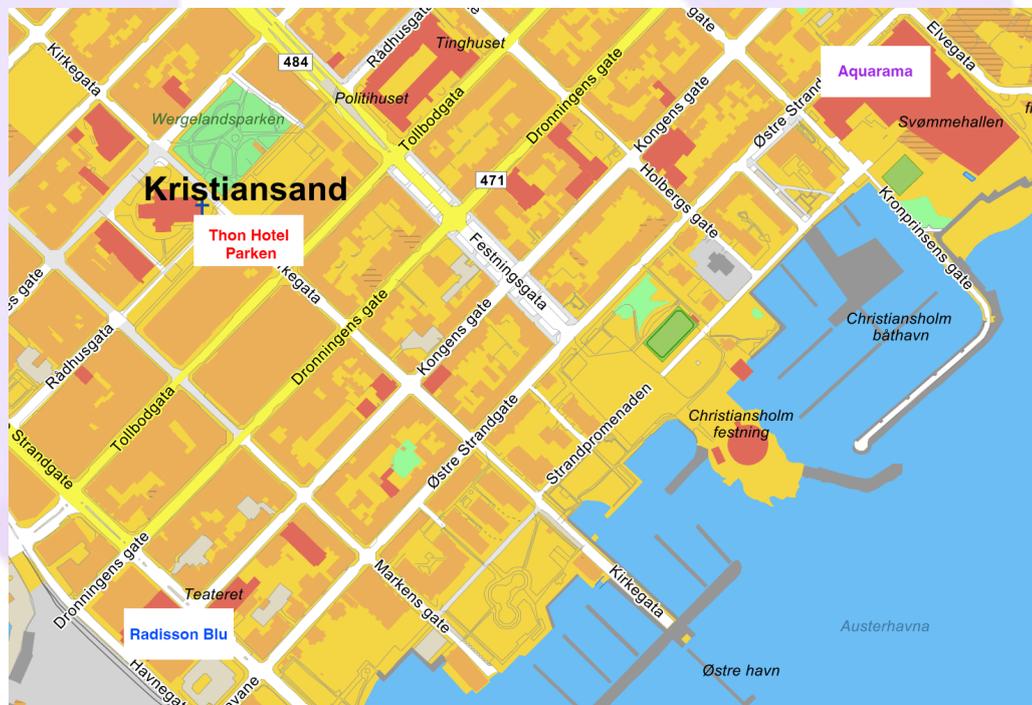
Late registrations, forgotten return of admission bands, and any other additional costs will be invoiced afterward.

CONTACT PERSONS

Event registrations are to be sent by email to Marcus Olsen: marcus@ksa.no

For other inquiries, please contact the swim meet leader:

Ann-Karin Horni - email: stevneleder@ksa.no or phone +47 915 41 557



Welcome to a great swimming weekend in Kristiansand!