



**Drammen svømmeklubb and Nedre Eiker
svømmeklubb invites you to**

Marienlyst  Open

May 5th to May 7th

The 50m freshwater pool consists of 8 lanes. The water temperature is kept at approximately 27 °C.

The meet will follow the Norwegian Swimming Federation's rules and guidelines. All timing will be done electronically.

The different age groups will be:

Swimmers born in 2011/2012 can only participate in 50 an 100m events.

Senior Male	Male 04/06	Male 07/08	Male 09/10	Male 11/12 (only Nordic participants)
Senior Female	Female 05/06	Female 07/08	Female 09/10	Female 11/12 (only Nordic participants)

The meet is for swimmers born in 2012 or older, masters and athletes with disabilities.

The meet is open to Masters as well as Sr. and Jr. swimmers. Those who wish to participate as Masters must indicate this in the sign-up.

All swimmers must have valid licenses in order to participate in the meet.

<u>Meet start</u>		<u>Warm-up</u>	<u>Coach meeting</u>
Friday	16.00	15.00 – 15.45	
Saturday	09.00	07.00 – 08.45	08.00
Sunday	09.00	07.00 – 08.45	

We reserve the right to limit participation and shift the start time of the meet.

Entries

Entries for international swimmers are done through e-mail (lenex-file preferred). Please send swimmer's name, birth year, events and entry times. Entry time should be the swimmers best result during the qualification period regardless of pool-length. There will be no conversion. If the swimmer has no results from the qualification period, stipulated entry times are allowed.

The qualification period is from 27.04.2022 to 26.04.2023.

Send the entries within **midnight 26.04.2023**, to: jech@medley.no

Late-entry swimmers will swim in vacant lanes and will be charged double entry fee, which must be paid in cash at the meet office. We encourage everyone to send any late entries or cancellations from races to our e-mail as soon as the decision is made.

Entry Fee

The entry fee is 100 NOK per individual event, and 200 NOK per relay team.
Please pay the fee to:

MARIENLYST OPEN
v/Drammen Svømmeklubb
Postboks 2090,
3003 Drammen

Account number: 1503 60 47299.
Label the payment "Marienlyst Open 2023".
IBAN NO8915036047299
BIC/SWIFT DNBBANOKKXXX
Payment due on 04.05.2023

Seedtime

Heats will be organized by seedtime, regardless of age group, and regardless of pool length. In all events that are preliminaries (the relays), the last 3 heats will be seeded as preliminary heats. Remaining events will be swum as timed finals, and the last heat will be marching in together.

Start sheets, heat sheets, and results will be uploaded to: <http://www.livetiming.no>

Schedule

We will be following a fixed time schedule.

Awards

The different age groups will be 11/12, 09/10, 07/08, 04/06 (Female 05-06), Senior, disabled athletes, and masters.

1/3 awards in preliminaries for all events.

For athletes with disabilities, we will use the Australian model.

Reward to overall high point scorers based on the highest sum of two individual races

Best female swimmer is rewarded an item worth NOK 2.500,-

Best male swimmer is rewarded an item worth NOK 2.500,-

HC Female swimmer is rewarded an item worth NOK 2.500,-

HC male swimmer is rewarded an item worth NOK 2.500,-

Regardless of age group:

50 Free receives a gift certificate worth 750, 500, 250 NOK for 1., 2., and 3. place

50 Breast receives a gift certificate worth 750, 500, 250 NOK for 1., 2., and 3. place

50 Free receives a gift certificate worth 750, 500, 250 NOK for 1., 2., and 3. place

50 Breast receives a gift certificate worth 750, 500, 250 NOK for 1., 2., and 3. place

Relays:

Rewards for top three teams.

JUDGES:

We ask for travelling judges who will be present during the competition and who would like to judge a portion of the meet, to please contact:

dommer@drammensvommeklubb.no

Events			
Friday 5. mai			
Day	Eventnr.	Event	Age group
Friday	1	50m free, female	All
Friday	2	50m free, male	All
Friday	3	100m b-fly, female	All
Friday	4	100m b-fly, male	All
Friday	5	1500m free, female	Senior - 10
Friday	6	1500m free, male	Senior - 10
Saturday 6. mai			
Saturday	7	4*100m lag medley, female	Alle (1 klasse)
Saturday	8	4*100m lag medley, male	Alle (1 klasse)
Saturday	9	400m free, female	Senior - 10
Saturday	10	400m free, male	Senior - 10
Saturday	11	100m back, female	All
Saturday	12	100m back, male	All
Saturday	13	200m breast, female	Senior - 10
Saturday	14	200m breast, male	Senior - 10
PAUSE 45 min			
Saturday	15	4*100m team medley, female, Finale	Kvalifiserte
Saturday	16	4*100m team medley, male, Finale	Kvalifiserte
Saturday	17	50m B-fly, female	All
Saturday	18	50m B-fly, male	All
Saturday	19	200m individuell medley, female	Senior - 10
Saturday	20	200m individuell medley, male	Senior - 10
Saturday	21	100m free, female	All
Saturday	22	100m free, male	All
Sunday 7.mai			
Sunday	23	4*100m free, female	Alle (1 klasse)
Sunday	24	4*100m free, male	Alle (1 klasse)
Sunday	25	100m breast, female	Alle
Sunday	26	100m breast, male	Alle
Sunday	27	200m B-fly, female	Senior - 10
Sunday	28	200m B-fly, male	Senior - 10
Sunday	29	800m free, female	Senior - 10
Sunday	30	800m free, male	Senior - 10
PAUSE 45 min			
Sunday	31	50m Back, female	All
Sunday	32	50m Back, male	All
Sunday	33	50m breast, female	All
Sunday	34	50m breast, male	All
Sunday	35	4*100m free, female Finale	Kvalifiserte
Sunday	36	4*100m free, male Finale	Kvalifiserte

Sunday	37	200m free, female	Senior - 10
Sunday	38	200m free, male	Senior - 10
Sunday	39	200m back, female	Senior - 10
Sunday	40	200m back, male	Senior - 10

Accommodations and meals:

We have made arrangements with nearby hotels. Clubs are asked to contact the hotels by themselves.

Comfort Hotel Union Brygge: MO 2023

Single room: 1149,- pr natt

Twin room: 1249,- pr natt

Prisen inkluderer frokost

Quality Hotel River Station: MO 2023

Single room: 1199,- pr natt

Twin room: 1349,- pr natt

Triple room: 1799,- pr natt

Prisen inkluderer frokost

Clarion Collection Hotel Tollboden: MO 2023

Single room: 1295,- pr natt

Twin room: 1495,- pr natt

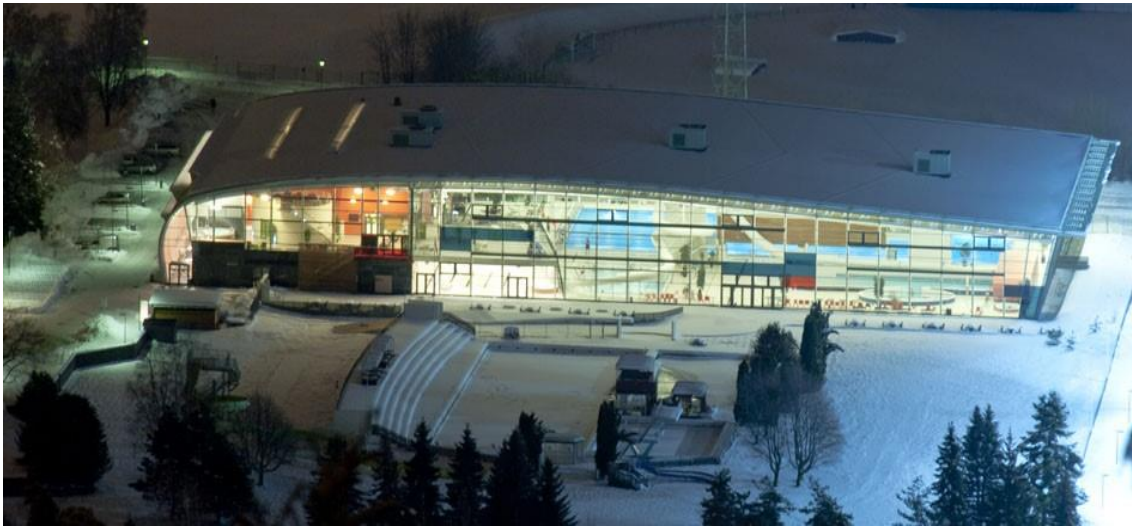
Triple room: 1995,- pr natt

Prices incl. evening buffet.

All prices per room, per night including breakfast.

Questions regarding the meet can be sent to:

Rolle	Tlf	Epost
Meet leader Lars Erik Olsen	419 00 097	leo.lars.erik.olsen@gmail.com
Deputy meet leader Børre Hilden	924 63 654	borre@drammensvommeklubb.no
Economy Tonje S. Bergmann	466 62 264	kasserer@drammensvommeklubb.no



The English invitation has been translated from Norwegian and in case of ambiguities, the Norwegian invitation applies.

For more information about the meet, see DSK's webpages
[Drammen svømmeklubb](#)

WELCOME