



Rangeringslister

Jenter

2002

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|----------|----------------------------------|----------------------|-------------|
| 1 | Aleksandra Liverød | Sandefjord SK | 2733 |
| | 400m fri | 4.42,81 570p | |
| | 200m rygg | 2.28,64 516p | |
| | 200m bryst | 2.56,11 446p | |
| | 100m butterfly | 1.03,37 639p | |
| | 200m IM | 2.27,58 562p | |
| 2 | Cathrine Emilie Fagge | SK Team Sør | 2402 |
| | 400m fri | 4.48,97 534p | |
| | 200m rygg | 2.29,74 504p | |
| | 200m bryst | 2.51,88 479p | |
| | 100m butterfly | 1.14,20 398p | |
| | 200m IM | 2.40,24 487p | |
| 3 | Frøya Karlsen Dallago | Larvik SK | 2268 |
| | 400m fri | 4.47,25 544p | |
| | 200m rygg | 2.36,49 442p | |
| | 200m bryst | 3.07,53 369p | |
| | 100m butterfly | 1.10,50 464p | |
| | 200m IM | 2.39,11 449p | |
| 4 | Francesca Karlsen Dallago | Larvik SK | 2250 |
| | 400m fri | 4.49,39 532p | |
| | 200m rygg | 2.36,00 446p | |
| | 200m bryst | 3.04,18 390p | |
| | 100m butterfly | 1.13,14 416p | |
| | 200m IM | 2.37,14 466p | |
| 5 | Julie Jespersen Hansen | Farsund SK | 2192 |
| | 400m fri | 4.50,54 525p | |
| | 200m rygg | 2.35,28 452p | |
| | 200m bryst | 3.02,89 398p | |
| | 100m butterfly | 1.16,16 368p | |
| | 200m IM | 2.39,08 449p | |
| 6 | Maria Seim | Varodd SK | 2063 |
| | 400m fri | 5.04,20 458p | |
| | 200m rygg | 2.46,27 368p | |
| | 200m bryst | 3.03,36 395p | |
| | 100m butterfly | 1.13,73 406p | |
| | 200m IM | 2.40,62 436p | |
| 7 | Malin Larsen Syvertsen | Mandal SK | 1908 |
| | 400m fri | 5.08,80 438p | |
| | 200m rygg | 2.40,71 408p | |
| | 200m bryst | 3.14,49 331p | |
| | 100m butterfly | 1.18,08 342p | |
| | 200m IM | 2.46,84 389p | |

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| 8 | Annie Mushom | Farsund SK | 1880 |
| | 400m fri | 5.31,83 370p | |
| | 200m rygg | 2.52,42 372p | |
| | 200m bryst | 3.07,15 410p | |
| | 100m butterfly | 1.23,33 297p | |
| | 200m IM | 2.46,95 431p | |
| 9 | Amalie Kvan Fadum | Sandefjord SK | 1760 |
| | 400m fri | 5.15,65 410p | |
| | 200m rygg | 2.53,30 325p | |
| | 200m bryst | 3.11,07 349p | |
| | 100m butterfly | 1.20,11 316p | |
| | 200m IM | 2.51,29 360p | |
| 10 | Marte Vike | Sandefjord SK | 1668 |
| | 400m fri | 5.26,35 371p | |
| | 200m rygg | 2.44,03 384p | |
| | 200m bryst | 3.21,01 300p | |
| | 100m butterfly | 1.22,43 290p | |
| | 200m IM | 2.57,51 323p | |
| 11 | Rebekka H. Plagge Rist-Larsen | Lier SK | 1610 |
| | 400m fri | 5.02,15 467p | |
| | 200m rygg | 3.17,36 220p | |
| | 200m bryst | 3.38,72 232p | |
| | 100m butterfly | 1.16,94 357p | |
| | 200m IM | 2.55,49 334p | |
| 12 | Anette Kleven | Flekkefjord SK | 1590 |
| | 400m fri | 5.21,40 388p | |
| | 200m rygg | 2.54,35 319p | |
| | 200m bryst | 3.18,09 313p | |
| | 100m butterfly | 1.25,78 258p | |
| | 200m IM | 2.59,50 312p | |
| 13 | Lea Adalia Bauer Strømman | Kristiansand SA | 1580 |
| | 400m fri | 5.23,12 382p | |
| | 200m rygg | 3.00,31 289p | |
| | 200m bryst | 3.28,65 268p | |
| | 100m butterfly | 1.19,97 318p | |
| | 200m IM | 2.57,53 323p | |
| 14 | Serena Phuong-My Nguyen | Nedre Eiker SK | 1570 |
| | 400m fri | 5.39,80 328p | |
| | 200m rygg | 2.57,16 304p | |
| | 200m bryst | 3.17,54 316p | |
| | 100m butterfly | 1.23,07 284p | |
| | 200m IM | 2.54,84 338p | |

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| 15 Ada Vollebæk | Drammen SK | 1546 |
| 400m fri | 5.14,96 412p | |
| 200m rygg | 2.55,85 311p | |
| 200m bryst | 3.29,60 264p | |
| 100m butterfly | 1.27,02 247p | |
| 200m IM | 2.59,54 312p | |
| 16 Lone Østmo Halfdansen | Nedre Eiker SK | 1503 |
| 400m fri | 5.27,41 367p | |
| 200m rygg | 2.57,83 301p | |
| 200m bryst | 3.21,94 295p | |
| 100m butterfly | 1.30,02 223p | |
| 200m IM | 2.58,57 317p | |
| 17 Henriette Nordaas | Horten SK | 1305 |
| 400m fri | 5.45,89 311p | |
| 200m rygg | 2.59,26 294p | |
| 200m bryst | 3.47,30 207p | |
| 100m butterfly | 1.29,47 227p | |
| 200m IM | 3.09,27 266p | |
| 18 Hedda Hildebrandt | Lillesand IL | 1208 |
| 400m fri | 5.50,82 298p | |
| 200m rygg | 3.09,42 249p | |
| 200m bryst | 3.32,11 255p | |
| 100m butterfly | 1.37,15 177p | |
| 200m IM | 3.19,05 229p | |

2003

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| 1 Adina Lønseth Ringsbu | Varodd SK | 2326 |
| 400m fri | 4.47,20 544p | |
| 200m rygg | 2.28,69 515p | |
| 200m bryst | 3.04,69 386p | |
| 100m butterfly | 1.13,60 408p | |
| 200m IM | 2.36,35 473p | |
| 2 Tirill Konstanse Hammerstrøm SK Team Sør | | 2304 |
| 400m fri | 4.48,77 535p | |
| 200m rygg | 2.32,78 475p | |
| 200m bryst | 3.03,64 393p | |
| 100m butterfly | 1.12,13 433p | |
| 200m IM | 2.36,86 468p | |
| 3 Sanna Sembsmoen-Schleis | Glitre SK | 2244 |
| 400m fri | 4.58,06 487p | |
| 200m rygg | 2.33,10 472p | |
| 200m bryst | 2.59,38 422p | |
| 100m butterfly | 1.13,77 405p | |
| 200m IM | 2.37,98 458p | |

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| 4 | Maja Arndal | Glitre SK | 2212 |
| | 400m fri | 4.50,77 524p | |
| | 200m rygg | 2.41,80 400p | |
| | 200m bryst | 2.52,06 478p | |
| | 100m butterfly | 1.17,74 346p | |
| | 200m IM | 2.37,36 464p | |
| 5 | Linnea Tuulia Rieger | Glitre SK | 2208 |
| | 400m fri | 4.52,80 513p | |
| | 200m rygg | 2.56,24 348p | |
| | 200m bryst | 2.56,74 441p | |
| | 100m butterfly | 1.11,82 439p | |
| | 200m IM | 2.37,00 467p | |
| 6 | Zoé Helen Sivertsen | Glitre SK | 2198 |
| | 400m fri | 4.50,98 523p | |
| | 200m rygg | 2.41,90 399p | |
| | 200m bryst | 3.06,13 377p | |
| | 100m butterfly | 1.12,18 433p | |
| | 200m IM | 2.37,17 466p | |
| 7 | Marthine Strædet Helmundsen | Vågsbygd SLK | 2110 |
| | 400m fri | 4.59,20 481p | |
| | 200m rygg | 2.42,84 392p | |
| | 200m bryst | 3.06,55 375p | |
| | 100m butterfly | 1.12,58 425p | |
| | 200m IM | 2.40,48 437p | |
| 8 | Silje Katrine Tveitan Waddell | Sandefjord SK | 2028 |
| | 400m fri | 5.07,50 443p | |
| | 200m rygg | 2.44,71 379p | |
| | 200m bryst | 2.51,06 486p | |
| | 100m butterfly | 1.21,24 303p | |
| | 200m IM | 2.43,04 417p | |
| 9 | Terese Sindholt Syvertsen | Varodd SK | 1986 |
| | 400m fri | 4.45,41 554p | |
| | 200m rygg | 2.42,75 442p | |
| | 200m bryst | 3.22,11 295p | |
| | 100m butterfly | 1.22,79 287p | |
| | 200m IM | 2.44,30 408p | |
| 10 | Anne Linnea Vilhelmsen | Vågsbygd SLK | 1903 |
| | 400m fri | 5.16,68 406p | |
| | 200m rygg | 2.50,27 343p | |
| | 200m bryst | 3.06,44 376p | |
| | 100m butterfly | 1.16,67 361p | |
| | 200m IM | 2.43,06 417p | |

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| 11 Kristine Refstie | Vågsbygd SLK | 1900 |
| 400m fri | 5.17,49 403p | |
| 200m rygg | 2.46,51 367p | |
| 200m bryst | 3.04,65 387p | |
| 100m butterfly | 1.17,38 351p | |
| 200m IM | 2.46,37 392p | |
| 12 Maya Madsen | Kristiansand SA | 1862 |
| 400m fri | 5.26,94 387p | |
| 200m rygg | 2.59,77 328p | |
| 200m bryst | 2.54,55 458p | |
| 100m butterfly | 1.20,32 314p | |
| 200m IM | 2.48,94 375p | |
| 13 Andrea Wågbø | Farsund SK | 1779 |
| 400m fri | 5.16,65 406p | |
| 200m rygg | 2.50,05 344p | |
| 200m bryst | 3.12,29 342p | |
| 100m butterfly | 1.19,33 326p | |
| 200m IM | 2.51,08 361p | |
| 14 Cecilie Farmen-Hall | Tønsberg SK | 1774 |
| 400m fri | 5.10,53 430p | |
| 200m rygg | 2.46,95 364p | |
| 200m bryst | 3.21,58 297p | |
| 100m butterfly | 1.22,60 288p | |
| 200m IM | 2.45,97 395p | |
| 15 Nicoleta Pavelescu | Kristiansand SA | 1705 |
| 400m fri | 5.23,63 380p | |
| 200m rygg | 2.40,72 408p | |
| 200m bryst | 3.12,61 341p | |
| 100m butterfly | 1.30,93 216p | |
| 200m IM | 2.51,21 360p | |
| 16 Malin Olsen | Drammen SK | 1686 |
| 400m fri | 5.23,77 380p | |
| 200m rygg | 2.59,96 290p | |
| 200m bryst | 3.13,69 335p | |
| 100m butterfly | 1.17,98 343p | |
| 200m IM | 2.54,86 338p | |
| 17 Maja Sofie Rypestøl | Varodd SK | 1673 |
| 400m fri | 4.59,06 482p | |
| 200m rygg | 2.58,28 299p | |
| 200m bryst | 3.16,93 319p | |
| 100m butterfly | 1.28,57 234p | |
| 200m IM | 2.54,68 339p | |

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| 18 Hedda Kjeldsen | Lier SK | 1603 |
| 400m fri | 5.40,75 326p | |
| 200m rygg | 2.58,37 298p | |
| 200m bryst | 3.11,84 381p | |
| 100m butterfly | 1.26,66 250p | |
| 200m IM | 2.53,15 348p | |
| 19 Charlotte Hennum Steenberg | Nedre Eiker SK | 1526 |
| 400m fri | 5.27,11 368p | |
| 200m rygg | 3.08,75 283p | |
| 200m bryst | 3.25,60 280p | |
| 100m butterfly | 1.23,15 283p | |
| 200m IM | 2.59,50 312p | |
| 20 Helene Hodnebrog | Lillesand IL | 1493 |
| 400m fri | 5.41,14 324p | |
| 200m rygg | 2.56,39 308p | |
| 200m bryst | 3.20,45 302p | |
| 100m butterfly | 1.28,41 235p | |
| 200m IM | 2.57,39 324p | |
| 21 Emma Maria W. Hen Wijnans | Bergkameratene | 1453 |
| 400m fri | 5.41,63 323p | |
| 200m rygg | 2.58,30 299p | |
| 200m bryst | 3.27,12 274p | |
| 100m butterfly | 1.27,65 241p | |
| 200m IM | 2.58,78 316p | |
| 22 Victoria Vår Grytten Dahle | Vågsbygd SLK | 1417 |
| 400m fri | 5.37,48 335p | |
| 200m rygg | 2.53,29 325p | |
| 200m bryst | 3.32,18 255p | |
| 100m butterfly | 1.32,40 206p | |
| 200m IM | 3.02,81 296p | |
| 23 Hedvig Eline Thorkildsen | Horten SK | 1407 |
| 400m fri | 5.44,22 316p | |
| 200m rygg | 3.04,73 268p | |
| 200m bryst | 3.17,34 350p | |
| 100m butterfly | 1.36,12 183p | |
| 200m IM | 3.04,09 290p | |
| 24 Kristine Kvaal Marthinsen | Tønsberg SK | 1392 |
| 400m fri | 5.25,83 372p | |
| 200m rygg | 3.00,72 287p | |
| 200m bryst | 3.27,73 271p | |
| 100m butterfly | 1.36,22 182p | |
| 200m IM | 3.06,12 280p | |

2004

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| 1 Aurora Nordal Berg | Larvik SK | 2375 |
| 400m fri | 4.46,75 547p | |
| 200m rygg | 2.28,10 521p | |
| 200m bryst | 2.58,21 430p | |
| 100m butterfly | 1.14,79 389p | |
| 200m IM | 2.34,71 488p | |
| 2 Tiril Rørvik | Mandal SK | 2085 |
| 400m fri | 5.04,86 455p | |
| 200m rygg | 2.43,32 389p | |
| 200m bryst | 3.09,24 359p | |
| 100m butterfly | 1.10,17 471p | |
| 200m IM | 2.43,78 411p | |
| 3 Maiken Rinnan Pedersen | Glitre SK | 1875 |
| 400m fri | 5.06,53 447p | |
| 200m rygg | 2.35,21 453p | |
| 200m bryst | 3.22,63 292p | |
| 100m butterfly | 1.21,03 306p | |
| 200m IM | 2.48,65 377p | |
| 4 Marie Hovda Kristensen | Varodd SK | 1803 |
| 400m fri | 5.02,19 467p | |
| 200m rygg | 2.49,69 346p | |
| 200m bryst | 3.10,03 355p | |
| 100m butterfly | 1.24,68 268p | |
| 200m IM | 2.50,15 367p | |
| 5 Ida Leirvik | Bergkameratene | 1799 |
| 400m fri | 5.05,98 450p | |
| 200m rygg | 2.43,78 385p | |
| 200m bryst | 3.19,81 305p | |
| 100m butterfly | 1.21,39 302p | |
| 200m IM | 2.51,70 357p | |
| 6 Elin Birkeland Le-Viet | Bergkameratene | 1777 |
| 400m fri | 5.12,52 422p | |
| 200m rygg | 3.01,04 285p | |
| 200m bryst | 3.08,00 366p | |
| 100m butterfly | 1.17,42 350p | |
| 200m IM | 2.52,25 354p | |
| 7 Kaisa Helmet Dalene | Poseidon | 1745 |
| 400m fri | 5.16,92 405p | |
| 200m rygg | 2.49,00 351p | |
| 200m bryst | 3.14,09 333p | |
| 100m butterfly | 1.22,40 291p | |
| 200m IM | 2.50,39 365p | |

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| 8 Amalie Dunseth Gilje | Flekkefjord SK | 1680 |
| 400m fri | 5.21,12 389p | |
| 200m rygg | 2.52,36 331p | |
| 200m bryst | 3.28,58 268p | |
| 100m butterfly | 1.19,00 330p | |
| 200m IM | 2.50,91 362p | |
| 9 Emilie Furuborg | Vågsbygd SLK | 1658 |
| 400m fri | 5.09,43 435p | |
| 200m rygg | 2.52,95 327p | |
| 200m bryst | 3.18,49 311p | |
| 100m butterfly | 1.28,33 236p | |
| 200m IM | 2.52,95 349p | |
| 10 Kaia Rua | Ringerike SK | 1655 |
| 400m fri | 5.26,50 370p | |
| 200m rygg | 2.56,76 306p | |
| 200m bryst | 3.10,69 351p | |
| 100m butterfly | 1.22,07 294p | |
| 200m IM | 2.55,59 334p | |
| 11 Andrea Lehre Hjartholm | Tønsberg SK | 1537 |
| 400m fri | 5.48,44 304p | |
| 200m rygg | 2.55,76 312p | |
| 200m bryst | 3.11,99 344p | |
| 100m butterfly | 1.24,18 273p | |
| 200m IM | 3.01,07 304p | |
| 12 Tuva Bjørkhaugen Bjørnstad | Farsund SK | 1530 |
| 400m fri | 5.32,40 368p | |
| 200m rygg | 2.55,90 311p | |
| 200m bryst | 3.26,38 277p | |
| 100m butterfly | 1.26,09 255p | |
| 200m IM | 2.58,20 319p | |
| 13 Camilla Bauer Lohne | Kristiansand SA | 1474 |
| 400m fri | 5.45,20 313p | |
| 200m rygg | 2.51,33 337p | |
| 200m bryst | 3.21,95 295p | |
| 100m butterfly | 1.34,04 207p | |
| 200m IM | 3.03,94 322p | |
| 14 Frida Lilletveit Vollen | Mandal SK | 1459 |
| 400m fri | 5.45,81 311p | |
| 200m rygg | 3.07,29 257p | |
| 200m bryst | 3.08,63 363p | |
| 100m butterfly | 1.33,15 201p | |
| 200m IM | 2.56,85 327p | |

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| 15 Anne Cecilie Nygaard | Sandefjord SK | 1454 |
| 400m fri | 5.49,10 303p | |
| 200m rygg | 3.01,44 283p | |
| 200m bryst | 3.12,90 339p | |
| 100m butterfly | 1.30,21 221p | |
| 200m IM | 3.00,30 308p | |
| 16 Juni Rustad | Nedre Eiker SK | 1416 |
| 400m fri | 5.40,34 327p | |
| 200m rygg | 3.05,76 264p | |
| 200m bryst | 3.17,23 317p | |
| 100m butterfly | 1.32,24 207p | |
| 200m IM | 3.01,79 301p | |
| 17 Martine Todal Brynildsen | Horten SK | 1313 |
| 400m fri | 5.48,03 305p | |
| 200m rygg | 3.18,35 217p | |
| 200m bryst | 3.13,83 334p | |
| 100m butterfly | 1.36,87 179p | |
| 200m IM | 3.06,50 278p | |
| 18 Helene Josefine B. Helgaker | Larvik SK | 1142 |
| 400m fri | 5.48,02 306p | |
| 200m rygg | 3.08,45 253p | |
| 200m bryst | 3.47,77 206p | |
| 100m butterfly | 1.45,16 140p | |
| 200m IM | 3.16,69 237p | |
| 19 Selma Netland Fuglestveit | Mandal SK | 1140 |
| 400m fri | 6.15,97 242p | |
| 200m rygg | 3.16,64 222p | |
| 200m bryst | 3.30,24 262p | |
| 100m butterfly | 1.39,68 164p | |
| 200m IM | 3.13,44 250p | |
| 20 Anna Berg Brandbu | Nedre Eiker SK | 1116 |
| 400m fri | 6.00,31 275p | |
| 200m rygg | 3.16,92 250p | |
| 200m bryst | 3.51,22 197p | |
| 100m butterfly | 1.43,04 148p | |
| 200m IM | 3.14,35 246p | |
| 21 Martine Skarvang Engstrøm | Larvik SK | 1081 |
| 400m fri | 5.56,75 284p | |
| 200m rygg | 3.28,33 187p | |
| 200m bryst | 3.46,28 210p | |
| 100m butterfly | 1.35,70 185p | |
| 200m IM | 3.23,20 215p | |

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| 22 Alvilde Løvaas | Nedre Eiker SK | 1077 |
| 400m fri | 6.21,75 231p | |
| 200m rygg | 3.04,23 271p | |
| 200m bryst | 3.37,97 235p | |
| 100m butterfly | 1.46,94 133p | |
| 200m IM | 3.32,99 207p | |
| 23 Solveig Victoria Haveland | Grimstad SK | 1067 |
| 400m fri | 5.36,67 338p | |
| 200m rygg | 3.14,56 230p | |
| 200m bryst | 3.54,29 189p | |
| 100m butterfly | 1.56,88 101p | |
| 200m IM | 3.25,18 209p | |
| 24 Synne Frigstad | Mandal SK | 1031 |
| 400m fri | 6.17,77 239p | |
| 200m rygg | 3.33,53 174p | |
| 200m bryst | 3.38,90 232p | |
| 100m butterfly | 1.39,26 166p | |
| 200m IM | 3.21,71 220p | |
| Reserver | | |
| 25 Kaja Tverås Kristoffersen | Sandefjord SK | 948 |
| 400m fri | 6.36,79 206p | |
| 200m rygg | 3.35,73 168p | |
| 200m bryst | 3.29,69 264p | |
| 100m butterfly | 1.48,12 128p | |
| 200m IM | 3.35,03 182p | |
| 26 Stine Aasmundsen Wagener | Bergkameratene | 900 |
| 400m fri | 6.11,48 251p | |
| 200m rygg | 3.30,04 182p | |
| 200m bryst | 4.01,34 173p | |
| 100m butterfly | 1.52,63 113p | |
| 200m IM | 3.35,32 181p | |
| 27 Cynthia Hassan Samaha | Sandefjord SK | 836 |
| 400m fri | 6.55,00 180p | |
| 200m rygg | 3.25,29 195p | |
| 200m bryst | 4.00,94 174p | |
| 100m butterfly | 1.54,32 109p | |
| 200m IM | 3.36,48 178p | |



2005

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|----------|--------------------------------|-----------------------|-------------|
| 1 | Samantha Adele Pepevnik | Poseidon | 2195 |
| | 400m fri | 4.51,61 | 520p |
| | 200m rygg | 2.37,74 | 431p |
| | 200m bryst | 3.01,67 | 406p |
| | 100m butterfly | 1.15,48 | 378p |
| | 200m IM | 2.37,86 | 460p |
| 2 | Amanda Dahl Kjendlie | Tønsberg SK | 1690 |
| | 400m fri | 5.24,71 | 376p |
| | 200m rygg | 2.45,41 | 374p |
| | 200m bryst | 3.18,75 | 310p |
| | 100m butterfly | 1.21,42 | 301p |
| | 200m IM | 2.56,43 | 329p |
| 3 | Christine Mach | Nedre Eiker SK | 1647 |
| | 400m fri | 5.28,17 | 364p |
| | 200m rygg | 2.53,95 | 322p |
| | 200m bryst | 3.17,71 | 348p |
| | 100m butterfly | 1.23,27 | 282p |
| | 200m IM | 2.55,99 | 331p |
| 4 | Selma Sembsmoen-Schleis | Bergkameratene | 1645 |
| | 400m fri | 5.18,77 | 398p |
| | 200m rygg | 2.56,28 | 309p |
| | 200m bryst | 3.14,93 | 329p |
| | 100m butterfly | 1.25,24 | 262p |
| | 200m IM | 2.53,41 | 347p |
| 5 | Michelle Nagy | Flekkfjord SK | 1494 |
| | 400m fri | 5.37,31 | 336p |
| | 200m rygg | 3.03,53 | 274p |
| | 200m bryst | 3.20,26 | 303p |
| | 100m butterfly | 1.27,44 | 243p |
| | 200m IM | 2.54,91 | 338p |
| 6 | Ingvild Maria Boldvik | Nedre Eiker SK | 1447 |
| | 400m fri | 5.46,45 | 310p |
| | 200m rygg | 2.56,13 | 310p |
| | 200m bryst | 3.29,23 | 266p |
| | 100m butterfly | 1.31,34 | 226p |
| | 200m IM | 2.55,40 | 335p |
| 7 | Hannah Nygård | Sandefjord SK | 1365 |
| | 400m fri | 5.55,44 | 287p |
| | 200m rygg | 3.08,00 | 255p |
| | 200m bryst | 3.14,07 | 333p |
| | 100m butterfly | 1.31,65 | 211p |
| | 200m IM | 3.06,31 | 279p |

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| 8 Szofia Taszity | Drammen SK | 1348 |
| 400m fri | 5.38,82 331p | |
| 200m rygg | 3.02,28 279p | |
| 200m bryst | 3.17,74 315p | |
| 100m butterfly | 1.46,21 135p | |
| 200m IM | 3.04,37 288p | |
| 9 Sunniva Pedersen | Bergkameratene | 1339 |
| 400m fri | 5.48,95 303p | |
| 200m rygg | 3.07,44 257p | |
| 200m bryst | 3.41,99 222p | |
| 100m butterfly | 1.28,58 234p | |
| 200m IM | 2.57,55 323p | |
| 10 Maren Andersen | Sandefjord SK | 1320 |
| 400m fri | 5.57,54 282p | |
| 200m rygg | 3.08,72 252p | |
| 200m bryst | 3.19,88 305p | |
| 100m butterfly | 1.33,77 197p | |
| 200m IM | 3.05,32 284p | |
| 11 Lea Mathilde Krapp | Sandefjord SK | 1292 |
| 400m fri | 6.05,92 263p | |
| 200m rygg | 3.08,02 255p | |
| 200m bryst | 3.32,84 252p | |
| 100m butterfly | 1.28,09 238p | |
| 200m IM | 3.05,35 284p | |
| 12 Alvilde Glomsrud Pedersen | Drammen SK | 1220 |
| 400m fri | 5.50,07 300p | |
| 200m rygg | 3.17,06 221p | |
| 200m bryst | 3.22,85 291p | |
| 100m butterfly | 1.44,18 144p | |
| 200m IM | 3.09,84 264p | |
| 13 Matilde Olaussen | Vågsbygd SLK | 1159 |
| 400m fri | 5.53,21 292p | |
| 200m rygg | 3.16,91 222p | |
| 200m bryst | 3.49,05 202p | |
| 100m butterfly | 1.35,06 189p | |
| 200m IM | 3.12,30 254p | |
| 14 Emma Stiansen | Sandefjord SK | 1148 |
| 400m fri | 6.06,59 261p | |
| 200m rygg | 3.14,76 229p | |
| 200m bryst | 3.33,53 250p | |
| 100m butterfly | 1.39,79 163p | |
| 200m IM | 3.14,71 245p | |

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|--------------------------------------|----------------------|-------------|
| 15 Sofie Horverak | Vågsbygd SLK | 1120 |
| 400m fri | 5.59,01 278p | |
| 200m rygg | 3.29,11 185p | |
| 200m bryst | 3.18,83 310p | |
| 100m butterfly | 1.51,18 118p | |
| 200m IM | 3.19,11 229p | |
| 16 Hennie Netland Fuglestveit | Mandal SK | 1117 |
| 400m fri | 6.35,26 208p | |
| 200m rygg | 3.26,57 192p | |
| 200m bryst | 3.15,55 325p | |
| 100m butterfly | 1.41,23 156p | |
| 200m IM | 3.17,07 236p | |
| 17 Noor Gilhuus-Kiani | Drammen SK | 1108 |
| 400m fri | 6.18,60 237p | |
| 200m rygg | 3.22,49 204p | |
| 200m bryst | 3.29,76 264p | |
| 100m butterfly | 1.42,54 151p | |
| 200m IM | 3.12,78 252p | |
| 18 Julia Michelsen Tangen | Tønsberg SK | 1061 |
| 400m fri | 6.12,53 249p | |
| 200m rygg | 3.18,43 216p | |
| 200m bryst | 3.42,94 219p | |
| 100m butterfly | 1.41,81 154p | |
| 200m IM | 3.20,78 223p | |
| 19 Alma van der Hagen | Farsund SK | 1046 |
| 400m fri | 6.15,61 243p | |
| 200m rygg | 3.31,58 178p | |
| 200m bryst | 3.30,18 262p | |
| 100m butterfly | 1.45,25 139p | |
| 200m IM | 3.20,40 224p | |
| 20 Hedda Lindkjenn | Poseidon | 1000 |
| 400m fri | 6.28,97 219p | |
| 200m rygg | 3.40,65 177p | |
| 200m bryst | 3.45,10 213p | |
| 100m butterfly | 1.36,64 180p | |
| 200m IM | 3.24,62 211p | |
| 20 Tina Paulsen Liverød | Sandefjord SK | 1000 |
| 400m fri | 6.24,25 227p | |
| 200m rygg | 3.30,59 181p | |
| 200m bryst | 3.23,95 287p | |
| 100m butterfly | 1.59,95 94p | |
| 200m IM | 3.24,59 211p | |

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|-----------------|-----------------------------------|----------------------|------------|
| 22 | Karoline Wilhelmsen Vedvik | Horten SK | 999 |
| | 400m fri | 6.24,12 227p | |
| | 200m rygg | 3.17,09 221p | |
| | 200m bryst | 3.35,31 244p | |
| | 100m butterfly | 1.55,58 105p | |
| | 200m IM | 3.27,53 202p | |
| 23 | Alva Marie Byman | Tønsberg SK | 977 |
| | 400m fri | 6.21,43 232p | |
| | 200m rygg | 3.19,99 211p | |
| | 200m bryst | 3.42,37 221p | |
| | 100m butterfly | 1.55,68 105p | |
| | 200m IM | 3.25,45 208p | |
| 24 | Elén Marie Elise Busland | Øvre Eiker SK | 942 |
| | 400m fri | 6.19,53 235p | |
| | 200m rygg | 3.37,15 165p | |
| | 200m bryst | 3.57,83 181p | |
| | 100m butterfly | 1.41,01 158p | |
| | 200m IM | 3.27,03 203p | |
| Reserver | | | |
| 25 | Leni Kratzsch | Øvre Eiker SK | 860 |
| | 400m fri | 6.58,98 175p | |
| | 200m rygg | 3.32,39 176p | |
| | 200m bryst | 3.45,15 213p | |
| | 100m butterfly | 1.52,72 113p | |
| | 200m IM | 3.34,39 183p | |
| 26 | Aurora Aune Halvorsen | Tønsberg SK | 845 |
| | 400m fri | 6.26,06 224p | |
| | 200m rygg | 3.23,84 200p | |
| | 200m bryst | 4.16,82 143p | |
| | 100m butterfly | 1.54,23 109p | |
| | 200m IM | 3.40,38 169p | |
| 27 | Michelle Angelina Flåt | Varodd SK | 829 |
| | 400m fri | 6.54,21 181p | |
| | 200m rygg | 3.25,32 195p | |
| | 200m bryst | 3.56,40 184p | |
| | 100m butterfly | 1.57,44 100p | |
| | 200m IM | 3.40,36 169p | |
| 28 | Thea Staar | Varodd SK | 809 |
| | 400m fri | 6.49,59 187p | |
| | 200m rygg | 3.34,73 171p | |
| | 200m bryst | 3.59,15 178p | |
| | 100m butterfly | 1.54,44 108p | |
| | 200m IM | 3.42,06 165p | |

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| 29 | Thea Løkebø | Sandefjord SK | 720 |
| | 400m fri | 7.11,47 160p | |
| | 200m rygg | 3.47,32 144p | |
| | 200m bryst | 4.18,11 141p | |
| | 100m butterfly | 1.55,36 106p | |
| | 200m IM | 3.40,41 169p | |

2006

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|----------|----------------------------------|------------------------|-------------|
| 1 | Mari Riiser Javenes | Vågsbygd SLK | 1326 |
| | 400m fri | 5.55,52 287p | |
| | 200m rygg | 3.06,96 259p | |
| | 200m bryst | 3.11,05 349p | |
| | 100m butterfly | 1.43,07 148p | |
| | 200m IM | 3.05,57 283p | |
| 2 | Julia Askland Raanes | Vågsbygd SLK | 1205 |
| | 400m fri | 5.56,02 285p | |
| | 200m rygg | 3.11,40 241p | |
| | 200m bryst | 3.57,15 182p | |
| | 100m butterfly | 1.28,08 238p | |
| | 200m IM | 3.11,17 259p | |
| 3 | Kaja Eftang Vådal | Larvik SK | 1172 |
| | 400m fri | 6.05,25 264p | |
| | 200m rygg | 3.09,71 248p | |
| | 200m bryst | 3.34,10 248p | |
| | 100m butterfly | 1.39,66 164p | |
| | 200m IM | 3.13,75 248p | |
| 4 | Helene Halvorsen Vestberg | Vågsbygd SLK | 1170 |
| | 400m fri | 5.49,71 301p | |
| | 200m rygg | 3.18,81 242p | |
| | 200m bryst | 3.48,45 204p | |
| | 100m butterfly | 1.37,72 174p | |
| | 200m IM | 3.13,62 249p | |
| 5 | Elise Farmen-Hall | Tønsberg SK | 1127 |
| | 400m fri | 6.06,70 261p | |
| | 200m rygg | 3.18,48 216p | |
| | 200m bryst | 3.31,58 257p | |
| | 100m butterfly | 1.46,33 135p | |
| | 200m IM | 3.11,27 258p | |
| 6 | Sarah Alexandra Trøite | Kristiansand SA | 1067 |
| | 400m fri | 6.27,85 232p | |
| | 200m rygg | 3.18,20 245p | |
| | 200m bryst | 3.47,82 227p | |
| | 100m butterfly | 1.50,42 127p | |
| | 200m IM | 3.17,15 236p | |

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| 7 Ine Hetland | Flekkefjord SK | 1046 |
| 400m fri | 6.18,13 238p | |
| 200m rygg | 3.27,04 190p | |
| 200m bryst | 3.39,81 229p | |
| 100m butterfly | 1.40,38 161p | |
| 200m IM | 3.19,26 228p | |
| 8 Camilla Vataker Liverød | Sandefjord SK | 1037 |
| 400m fri | 6.32,77 212p | |
| 200m rygg | 3.16,26 224p | |
| 200m bryst | 3.26,84 275p | |
| 100m butterfly | 1.54,06 116p | |
| 200m IM | 3.31,90 210p | |
| 9 Luca Elvira Olsen | Drammen SK | 1008 |
| 400m fri | 6.18,98 236p | |
| 200m rygg | 3.13,70 233p | |
| 200m bryst | 3.49,45 201p | |
| 100m butterfly | 1.53,25 112p | |
| 200m IM | 3.19,81 226p | |
| 10 Vilde Bratland Sagstuen | Vågsbygd SLK | 1006 |
| 400m fri | 6.15,96 242p | |
| 200m rygg | 3.26,44 192p | |
| 200m bryst | 3.49,94 200p | |
| 100m butterfly | 1.42,87 149p | |
| 200m IM | 3.20,74 223p | |
| 11 Tuva Arndal | Bergkameratene | 993 |
| 400m fri | 6.13,14 248p | |
| 200m rygg | 3.41,35 156p | |
| 200m bryst | 3.31,22 258p | |
| 100m butterfly | 1.47,55 130p | |
| 200m IM | 3.27,77 201p | |
| 12 Maria Paulsen Liverød | Sandefjord SK | 980 |
| 400m fri | 6.45,75 193p | |
| 200m rygg | 3.34,15 172p | |
| 200m bryst | 3.31,88 256p | |
| 100m butterfly | 1.42,68 150p | |
| 200m IM | 3.25,28 209p | |
| 13 Hanna Seim | Varodd SK | 959 |
| 400m fri | 6.26,46 223p | |
| 200m rygg | 3.21,29 207p | |
| 200m bryst | 4.00,74 174p | |
| 100m butterfly | 1.44,17 144p | |
| 200m IM | 3.24,43 211p | |

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| 14 Kaja Lier Steen | Nedre Eiker SK | 942 |
| 400m fri | 6.44,77 194p | |
| 200m rygg | 3.22,49 204p | |
| 200m bryst | 3.47,62 206p | |
| 100m butterfly | 1.47,47 131p | |
| 200m IM | 3.25,90 207p | |
| 15 Synne Eikenes Sørensen | Larvik SK | 902 |
| 400m fri | 6.35,87 207p | |
| 200m rygg | 3.39,53 160p | |
| 200m bryst | 3.38,07 234p | |
| 100m butterfly | 1.51,73 116p | |
| 200m IM | 3.33,59 185p | |
| 16 Frida Stiansen | Sandefjord SK | 871 |
| 400m fri | 6.45,27 193p | |
| 200m rygg | 3.35,38 169p | |
| 200m bryst | 3.59,14 178p | |
| 100m butterfly | 1.45,29 139p | |
| 200m IM | 3.30,88 192p | |
| 17 Ane Vinje Olsen | Poseidon | 858 |
| 400m fri | 6.29,29 218p | |
| 200m rygg | 3.27,39 190p | |
| 200m bryst | 3.55,11 187p | |
| 100m butterfly | 2.02,66 88p | |
| 200m IM | 3.37,78 175p | |
| 18 Tuva Mari Berthling | Sandefjord SK | 850 |
| 400m fri | 6.53,01 183p | |
| 200m rygg | 3.52,12 135p | |
| 200m bryst | 3.46,98 208p | |
| 100m butterfly | 1.46,65 134p | |
| 200m IM | 3.31,65 190p | |
| 19 Miriam Eriksen | Nedre Eiker SK | 848 |
| 400m fri | 6.36,82 206p | |
| 200m rygg | 3.27,41 189p | |
| 200m bryst | 4.01,31 173p | |
| 100m butterfly | 1.44,99 140p | |
| 200m IM | 3.54,50 140p | |
| 20 Vilde Egidius Krakstad | Grimstad SK | 832 |
| 400m fri | 6.51,99 184p | |
| 200m rygg | 3.34,75 171p | |
| 200m bryst | 3.48,00 205p | |
| 100m butterfly | 1.56,88 101p | |
| 200m IM | 3.39,21 171p | |

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| 21 Alice Bakke Nilsen | Larvik SK | 809 |
| 400m fri | 7.04,41 168p | |
| 200m rygg | 3.35,38 169p | |
| 200m bryst | 3.47,34 207p | |
| 100m butterfly | 2.00,79 92p | |
| 200m IM | 3.38,64 173p | |
| 22 Jessie Ann Nilsen | Farsund SK | 760 |
| 400m fri | 6.52,48 183p | |
| 200m rygg | 3.50,42 138p | |
| 200m bryst | 4.04,51 166p | |
| 100m butterfly | 1.51,68 116p | |
| 200m IM | 3.45,54 157p | |
| 23 Hannah Fosen | Tønsberg SK | 746 |
| 400m fri | 7.00,60 173p | |
| 200m rygg | 3.50,96 137p | |
| 200m bryst | 3.50,83 198p | |
| 100m butterfly | 2.11,74 71p | |
| 200m IM | 3.40,99 167p | |
| 24 Oda Baugerød | Sandefjord SK | 721 |
| 400m fri | 7.07,74 164p | |
| 200m rygg | 3.29,45 184p | |
| 200m bryst | 4.34,88 117p | |
| 100m butterfly | 1.55,50 105p | |
| 200m IM | 3.56,48 151p | |
| 25 Tuva Lie Lantz | Drammen SK | 600 |
| 400m fri | 7.19,06 152p | |
| 200m rygg | 3.55,67 129p | |
| 200m bryst | 4.38,45 112p | |
| 100m butterfly | 2.03,83 85p | |
| 200m IM | 4.05,39 122p | |
| 26 Mia Schmidt Heggenhaugen | Drammen SK | 558 |
| 400m fri | 7.11,75 160p | |
| 200m rygg | 4.10,67 107p | |
| 200m bryst | 5.02,75 87p | |
| 100m butterfly | 1.59,12 96p | |
| 200m IM | 4.15,51 108p | |



2007

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|----------|---------------------------------|-----------------------|------------|
| 1 | Vilde Engene | Bergkameratene | 936 |
| | 400m fri | 6.29,47 218p | |
| | 100m rygg | 1.40,44 164p | |
| | 100m bryst | 1.59,01 143p | |
| | 50m butterfly | 41,10 208p | |
| | 200m IM | 3.27,23 203p | |
| 2 | Ella Tjønso Olsen | Vågsbygd SLK | 927 |
| | 400m fri | 6.39,02 203p | |
| | 100m rygg | 1.36,21 187p | |
| | 100m bryst | 1.52,73 169p | |
| | 50m butterfly | 46,00 148p | |
| | 200m IM | 3.21,64 220p | |
| 3 | Rugile Silgalyte | Horten SK | 767 |
| | 400m fri | 7.10,58 161p | |
| | 100m rygg | 1.38,84 172p | |
| | 100m bryst | 1.53,81 164p | |
| | 50m butterfly | 50,88 110p | |
| | 200m IM | 3.44,45 160p | |
| 4 | Eva Regine Dahl Kjendlie | Tønsberg SK | 636 |
| | 400m fri | 7.46,51 127p | |
| | 100m rygg | 1.47,01 135p | |
| | 100m bryst | 1.57,71 148p | |
| | 50m butterfly | 53,54 94p | |
| | 200m IM | 3.59,18 132p | |
| 5 | Tiril Havelin Magnæs | Tønsberg SK | 498 |
| | 400m fri | 7.45,93 127p | |
| | 100m rygg | 1.50,51 123p | |
| | 100m bryst | 2.22,70 83p | |
| | 50m butterfly | 1.00,80 64p | |
| | 200m IM | 4.21,46 101p | |
| 6 | Kamile Silgalyte | Horten SK | 488 |
| | 400m fri | 8.17,87 104p | |
| | 100m rygg | 1.57,60 102p | |
| | 100m bryst | 2.03,45 128p | |
| | 50m butterfly | 1.03,11 57p | |
| | 200m IM | 4.24,33 97p | |
| 7 | Ava Gilhuus-Kiani | Drammen SK | 470 |
| | 400m fri | 8.04,17 113p | |
| | 100m rygg | 2.02,35 90p | |
| | 100m bryst | 2.18,99 90p | |
| | 50m butterfly | 1.03,63 56p | |
| | 200m IM | 4.05,86 121p | |

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| 8 | Othilie Fosen | Tønsberg SK | 463 |
| | 400m fri | 8.28,51 98p | |
| | 100m rygg | 1.53,25 114p | |
| | 100m bryst | 2.18,42 91p | |
| | 50m butterfly | 1.00,62 65p | |
| | 200m IM | 4.26,19 95p | |
| 9 | Mia Eri Reggestad | Horten SK | 414 |
| | 400m fri | 9.12,21 76p | |
| | 100m rygg | 2.03,26 88p | |
| | 100m bryst | 2.18,12 92p | |
| | 50m butterfly | 58,59 72p | |
| | 200m IM | 4.36,05 86p | |
| 10 | Saga Opedal | Horten SK | 368 |
| | 400m fri | 9.09,73 77p | |
| | 100m rygg | 2.13,23 70p | |
| | 100m bryst | 2.16,80 94p | |
| | 50m butterfly | 1.05,52 51p | |
| | 200m IM | 4.46,83 76p | |
| 11 | Nora Elise Langøy | Horten SK | 352 |
| | 400m fri | 9.12,25 76p | |
| | 100m rygg | 2.13,38 70p | |
| | 100m bryst | 2.16,22 95p | |
| | 50m butterfly | 1.07,51 47p | |
| | 200m IM | 5.03,49 64p | |



Gutter

2002

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|----------|----------------------------------|------------------------|-------------|
| 1 | Andreas Håbesland Klausen | SK Team Sør | 2368 |
| | 400m fri | 4.12,71 592p | |
| | 200m rygg | 2.20,63 423p | |
| | 200m bryst | 2.40,38 423p | |
| | 100m butterfly | 1.03,42 445p | |
| | 200m IM | 2.19,46 485p | |
| 2 | Lucas Rennesund | Poseidon | 2341 |
| | 400m fri | 4.18,91 550p | |
| | 200m rygg | 2.16,57 462p | |
| | 200m bryst | 2.39,57 430p | |
| | 100m butterfly | 1.03,90 435p | |
| | 200m IM | 2.21,51 464p | |
| 3 | Titus Victor Phillipson | SK Team Sør | 2287 |
| | 400m fri | 4.17,95 557p | |
| | 200m rygg | 2.25,13 385p | |
| | 200m bryst | 2.43,66 398p | |
| | 100m butterfly | 1.00,61 510p | |
| | 200m IM | 2.24,45 437p | |
| 4 | Didrik Næss | Larvik SK | 2157 |
| | 400m fri | 4.23,40 523p | |
| | 200m rygg | 2.15,94 469p | |
| | 200m bryst | 3.02,35 288p | |
| | 100m butterfly | 1.03,71 439p | |
| | 200m IM | 2.24,34 438p | |
| 5 | Joakim Luktvasli Pedersen | Varodd SK | 2022 |
| | 400m fri | 4.33,72 466p | |
| | 200m rygg | 2.21,18 418p | |
| | 200m bryst | 2.43,99 396p | |
| | 100m butterfly | 1.09,15 343p | |
| | 200m IM | 2.28,84 399p | |
| 6 | Birk Lee Johansen | Kristiansand SA | 1914 |
| | 400m fri | 4.24,48 516p | |
| | 200m rygg | 2.29,16 355p | |
| | 200m bryst | 2.46,82 376p | |
| | 100m butterfly | 1.15,04 268p | |
| | 200m IM | 2.34,84 399p | |
| 7 | Rune Vigdal Hæg | Øvre Eiker SK | 1885 |
| | 400m fri | 4.32,44 472p | |
| | 200m rygg | 2.34,49 319p | |
| | 200m bryst | 2.44,72 391p | |
| | 100m butterfly | 1.11,53 310p | |
| | 200m IM | 2.29,61 393p | |

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| 8 | Oskar Ingemann Løken | Sandefjord SK | 1855 |
| | 400m fri | 4.44,26 416p | |
| | 200m rygg | 2.20,66 423p | |
| | 200m bryst | 2.53,61 334p | |
| | 100m butterfly | 1.15,67 285p | |
| | 200m IM | 2.29,04 397p | |
| 9 | Erlend Tregde | Farsund SK | 1853 |
| | 400m fri | 4.51,09 387p | |
| | 200m rygg | 2.30,66 344p | |
| | 200m bryst | 2.45,05 388p | |
| | 100m butterfly | 1.08,96 346p | |
| | 200m IM | 2.30,24 388p | |
| 10 | Herman Bjørndal Christensen | Tønsberg SK | 1735 |
| | 400m fri | 5.00,19 353p | |
| | 200m rygg | 2.59,11 205p | |
| | 200m bryst | 2.50,94 410p | |
| | 100m butterfly | 1.05,84 398p | |
| | 200m IM | 2.32,74 369p | |
| 11 | Max William Magnusson | Poseidon | 1572 |
| | 400m fri | 4.57,79 362p | |
| | 200m rygg | 2.36,58 307p | |
| | 200m bryst | 2.57,67 311p | |
| | 100m butterfly | 1.16,08 258p | |
| | 200m IM | 2.37,92 334p | |
| 12 | Andreas Soma Haugen | Gol IL | 1269 |
| | 400m fri | 5.28,14 270p | |
| | 200m rygg | 2.45,93 257p | |
| | 200m bryst | 3.10,69 252p | |
| | 100m butterfly | 1.20,22 220p | |
| | 200m IM | 2.49,56 270p | |
| 13 | Allan Hellenen | Mandal SK | 1186 |
| | 400m fri | 5.36,92 250p | |
| | 200m rygg | 2.58,12 208p | |
| | 200m bryst | 3.09,16 258p | |
| | 100m butterfly | 1.23,03 198p | |
| | 200m IM | 2.49,09 272p | |
| 14 | Alexander M. Mitrokhin | Sandefjord SK | 1096 |
| | 400m fri | 5.59,05 206p | |
| | 200m rygg | 3.17,56 152p | |
| | 200m bryst | 3.10,98 294p | |
| | 100m butterfly | 1.20,97 214p | |
| | 200m IM | 2.58,71 230p | |

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| 14 Sondre Eftestøl | Lillesand IL | 1096 |
| 400m fri | 5.37,03 249p | |
| 200m rygg | 3.02,62 193p | |
| 200m bryst | 3.14,83 236p | |
| 100m butterfly | 1.27,47 169p | |
| 200m IM | 2.54,06 249p | |
| 16 Pawel Margielewski | Tønsberg SK | 1088 |
| 400m fri | 5.51,05 221p | |
| 200m rygg | 2.53,09 227p | |
| 200m bryst | 3.12,97 243p | |
| 100m butterfly | 1.28,89 161p | |
| 200m IM | 2.57,16 236p | |
| 17 Tor Jakob H. Vatnedal | Sandefjord SK | 1034 |
| 400m fri | 5.39,87 243p | |
| 200m rygg | 3.01,02 198p | |
| 200m bryst | 3.32,62 181p | |
| 100m butterfly | 1.22,96 199p | |
| 200m IM | 3.03,56 213p | |
| 18 Elvir Cehajic | Larvik SK | 1031 |
| 400m fri | 5.40,09 243p | |
| 200m rygg | 3.10,06 171p | |
| 200m bryst | 3.33,31 180p | |
| 100m butterfly | 1.22,48 202p | |
| 200m IM | 2.57,51 235p | |
| 19 Alexander Teng Kristiansen | Larvik SK | 860 |
| 400m fri | 5.43,83 235p | |
| 200m rygg | 3.10,60 170p | |
| 200m bryst | 3.37,09 170p | |
| 100m butterfly | 1.38,17 120p | |
| 200m IM | 3.19,57 165p | |
| 20 Jan Harald H. Møllevoid | Gol IL | 721 |
| 400m fri | 5.54,83 214p | |
| 200m rygg | 3.21,22 144p | |
| 200m bryst | 3.43,52 156p | |
| 100m butterfly | 1.59,38 66p | |
| 200m IM | 3.30,45 141p | |

2003

| | | |
|--------------------------------------|-----------------------|-------------|
| 1 Ole Einar Pettersen Ueland | SK Team Sør | 2401 |
| 400m fri | 4.19,79 | 545p |
| 200m rygg | 2.12,01 | 512p |
| 200m bryst | 2.41,83 | 412p |
| 100m butterfly | 1.03,63 | 441p |
| 200m IM | 2.18,94 | 491p |
| 2 Sebastian Furan Markussen | Glitre SK | 2218 |
| 400m fri | 4.15,92 | 570p |
| 200m rygg | 2.24,32 | 392p |
| 200m bryst | 2.43,48 | 400p |
| 100m butterfly | 1.07,58 | 400p |
| 200m IM | 2.22,34 | 456p |
| 3 Martin Holteberg | Farsund SK | 2152 |
| 400m fri | 4.27,72 | 498p |
| 200m rygg | 2.27,68 | 365p |
| 200m bryst | 2.41,68 | 413p |
| 100m butterfly | 1.04,45 | 424p |
| 200m IM | 2.22,80 | 452p |
| 4 August Heggenhougen Leikvam | Glitre SK | 2013 |
| 400m fri | 4.37,99 | 445p |
| 200m rygg | 2.24,98 | 386p |
| 200m bryst | 2.57,80 | 311p |
| 100m butterfly | 1.06,18 | 426p |
| 200m IM | 2.23,52 | 445p |
| 5 Eirik Olsen | Poseidon | 1851 |
| 400m fri | 4.40,99 | 430p |
| 200m rygg | 2.28,66 | 358p |
| 200m bryst | 2.48,29 | 366p |
| 100m butterfly | 1.12,43 | 299p |
| 200m IM | 2.29,01 | 398p |
| 6 Ivar Mosqueira Forbord | Bergkameratene | 1801 |
| 400m fri | 4.48,77 | 397p |
| 200m rygg | 2.31,27 | 340p |
| 200m bryst | 2.52,21 | 342p |
| 100m butterfly | 1.08,87 | 347p |
| 200m IM | 2.38,07 | 375p |
| 7 Andreas Imislund Aamodt | Poseidon | 1757 |
| 400m fri | 4.42,86 | 422p |
| 200m rygg | 2.28,79 | 357p |
| 200m bryst | 2.53,12 | 337p |
| 100m butterfly | 1.15,73 | 261p |
| 200m IM | 2.31,26 | 380p |

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| 8 Vetle Leander A. Øksendal | Varodd SK | 1755 |
| 400m fri | 4.44,98 413p | |
| 200m rygg | 2.25,25 384p | |
| 200m bryst | 2.55,86 321p | |
| 100m butterfly | 1.15,76 261p | |
| 200m IM | 2.31,81 376p | |
| 9 Celian Cadet | Bergkameratene | 1661 |
| 400m fri | 4.55,44 370p | |
| 200m rygg | 2.40,98 282p | |
| 200m bryst | 2.52,28 342p | |
| 100m butterfly | 1.12,14 302p | |
| 200m IM | 2.33,37 365p | |
| 10 Kristoffer Syvertsen | Mandal SK | 1631 |
| 400m fri | 4.53,22 379p | |
| 200m rygg | 2.39,38 291p | |
| 200m bryst | 2.51,56 346p | |
| 100m butterfly | 1.14,68 272p | |
| 200m IM | 2.36,47 343p | |
| 11 Edgaras Bujanauskas | Lillesand IL | 1617 |
| 400m fri | 4.56,88 365p | |
| 200m rygg | 2.42,16 276p | |
| 200m bryst | 3.06,89 267p | |
| 100m butterfly | 1.08,80 349p | |
| 200m IM | 2.34,09 360p | |
| 12 Simen Ingebretsen | Poseidon | 1527 |
| 400m fri | 4.55,67 369p | |
| 200m rygg | 2.33,45 326p | |
| 200m bryst | 3.05,64 273p | |
| 100m butterfly | 1.17,24 246p | |
| 200m IM | 2.41,44 313p | |
| 13 Kristian Magnus Øen | Varodd SK | 1445 |
| 400m fri | 4.52,89 380p | |
| 200m rygg | 2.43,34 270p | |
| 200m bryst | 2.59,83 300p | |
| 100m butterfly | 1.22,15 205p | |
| 200m IM | 2.45,52 290p | |
| 14 Mads Herland Kristiansen | Varodd SK | 1413 |
| 400m fri | 5.15,61 304p | |
| 200m rygg | 2.49,61 287p | |
| 200m bryst | 3.04,50 278p | |
| 100m butterfly | 1.19,01 250p | |
| 200m IM | 2.44,79 294p | |

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| 15 Tim Bakk-Kristiansen | Lier SK | 1406 |
| 400m fri | 4.55,61 370p | |
| 200m rygg | 2.48,01 295p | |
| 200m bryst | 3.06,18 317p | |
| 100m butterfly | 1.30,92 151p | |
| 200m IM | 2.48,92 273p | |
| 16 Kasper Morseth Hallerud | Bergkameratene | 1404 |
| 400m fri | 5.14,22 308p | |
| 200m rygg | 2.44,98 262p | |
| 200m bryst | 3.04,57 278p | |
| 100m butterfly | 1.15,87 260p | |
| 200m IM | 2.44,33 296p | |
| 17 Martin Kratzsch | Øvre Eiker SK | 1331 |
| 400m fri | 5.07,54 328p | |
| 200m rygg | 2.38,73 294p | |
| 200m bryst | 3.02,21 289p | |
| 100m butterfly | 1.30,36 154p | |
| 200m IM | 2.50,36 266p | |
| 18 Sondre Skuland Haugen | Varodd SK | 1326 |
| 400m fri | 5.05,17 336p | |
| 200m rygg | 2.43,12 271p | |
| 200m bryst | 3.14,14 239p | |
| 100m butterfly | 1.23,56 194p | |
| 200m IM | 2.52,93 286p | |
| 19 Theo Munz-Kløve | Bergkameratene | 1323 |
| 400m fri | 5.03,21 343p | |
| 200m rygg | 2.47,20 252p | |
| 200m bryst | 3.18,52 223p | |
| 100m butterfly | 1.16,90 249p | |
| 200m IM | 2.52,60 256p | |
| 20 Georg N. Geheb-Danielsen | Varodd SK | 1318 |
| 400m fri | 5.01,96 347p | |
| 200m rygg | 2.44,74 263p | |
| 200m bryst | 3.24,31 205p | |
| 100m butterfly | 1.19,52 226p | |
| 200m IM | 2.48,10 277p | |
| 21 Sturla Lindland | Mandal SK | 1292 |
| 400m fri | 5.23,21 283p | |
| 200m rygg | 2.51,13 235p | |
| 200m bryst | 3.05,39 274p | |
| 100m butterfly | 1.18,68 233p | |
| 200m IM | 2.50,08 267p | |

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|-----------------|-------------------------------------|-----------------------|-------------|
| 22 | Theodor W. Jarvaag-Thorsen | Tønsberg SK | 1262 |
| | 400m fri | 5.08,80 324p | |
| | 200m rygg | 2.51,74 232p | |
| | 200m bryst | 3.23,90 206p | |
| | 100m butterfly | 1.18,00 239p | |
| | 200m IM | 2.51,36 261p | |
| 23 | Andreas Wallevik Cruickshank | Varodd SK | 1258 |
| | 400m fri | 5.07,41 329p | |
| | 200m rygg | 2.40,17 286p | |
| | 200m bryst | 3.23,63 207p | |
| | 100m butterfly | 1.25,65 180p | |
| | 200m IM | 2.52,59 256p | |
| 24 | Eivind André Wetting | Skien SK | 1224 |
| | 400m fri | 5.09,90 321p | |
| | 200m rygg | 2.42,69 273p | |
| | 200m bryst | 3.31,74 184p | |
| | 100m butterfly | 1.25,97 178p | |
| | 200m IM | 2.49,97 268p | |
| Reserver | | | |
| 25 | Luka Krstic | Bergkameratene | 1199 |
| | 400m fri | 5.14,51 307p | |
| | 200m rygg | 2.51,83 232p | |
| | 200m bryst | 3.16,63 230p | |
| | 100m butterfly | 1.25,62 181p | |
| | 200m IM | 2.54,25 249p | |
| 26 | Sander Jølstad | Varodd SK | 1067 |
| | 400m fri | 5.25,82 276p | |
| | 200m rygg | 2.54,50 221p | |
| | 200m bryst | 3.22,56 210p | |
| | 100m butterfly | 1.32,40 144p | |
| | 200m IM | 3.02,51 216p | |
| 27 | Alf Araya Valdes | Sandefjord SK | 1063 |
| | 400m fri | 5.22,06 286p | |
| | 200m rygg | 2.59,46 203p | |
| | 200m bryst | 3.29,74 189p | |
| | 100m butterfly | 1.28,87 161p | |
| | 200m IM | 3.00,29 224p | |
| 28 | Matias Solvik | Horten SK | 1023 |
| | 400m fri | 5.49,30 224p | |
| | 200m rygg | 2.59,73 203p | |
| | 200m bryst | 3.32,21 182p | |
| | 100m butterfly | 1.24,90 185p | |
| | 200m IM | 2.59,05 229p | |

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| 29 Jørgen Berggren | Sandefjord SK | 1001 |
| 400m fri | 5.52,91 217p | |
| 200m rygg | 3.07,10 179p | |
| 200m bryst | 3.01,01 294p | |
| 100m butterfly | 1.41,80 107p | |
| 200m IM | 3.06,19 204p | |
| 30 Birk Bue | Varodd SK | 919 |
| 400m fri | 5.46,86 229p | |
| 200m rygg | 3.06,28 182p | |
| 200m bryst | 3.33,16 180p | |
| 100m butterfly | 1.35,84 129p | |
| 200m IM | 3.07,61 199p | |
| 31 Halvor Bråten | Tønsberg SK | 894 |
| 400m fri | 6.08,08 191p | |
| 200m rygg | 3.07,53 178p | |
| 200m bryst | 3.25,29 202p | |
| 100m butterfly | 1.36,46 126p | |
| 200m IM | 3.08,38 197p | |

2004

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|--------------------------------|---------------------|-------------|
| 1 Jonas Oudalstøl | Vågsbygd SLK | 1835 |
| 400m fri | 4.34,08 464p | |
| 200m rygg | 2.42,12 276p | |
| 200m bryst | 2.39,85 428p | |
| 100m butterfly | 1.11,25 314p | |
| 200m IM | 2.35,00 353p | |
| 2 Julian Rennesund | Poseidon | 1791 |
| 400m fri | 4.37,05 449p | |
| 200m rygg | 2.39,09 348p | |
| 200m bryst | 3.04,33 327p | |
| 100m butterfly | 1.11,45 311p | |
| 200m IM | 2.34,56 356p | |
| 3 Håkon Walsø Finnøen | Ringerike SK | 1709 |
| 400m fri | 4.45,79 409p | |
| 200m rygg | 2.41,77 278p | |
| 200m bryst | 3.03,38 283p | |
| 100m butterfly | 1.07,41 371p | |
| 200m IM | 2.32,98 368p | |
| 4 Mats-André Andreassen | Grimstad SK | 1665 |
| 400m fri | 4.49,59 393p | |
| 200m rygg | 2.38,59 295p | |
| 200m bryst | 2.59,73 301p | |
| 100m butterfly | 1.10,46 324p | |
| 200m IM | 2.35,21 352p | |

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| 5 | Amund Helleren Haugstad | Mandal SK | 1595 |
| | 400m fri | 5.05,27 336p | |
| | 200m rygg | 2.39,16 292p | |
| | 200m bryst | 2.45,41 386p | |
| | 100m butterfly | 1.17,52 243p | |
| | 200m IM | 2.37,35 338p | |
| 6 | Lucas Setekleiv Paturel | Farsund SK | 1561 |
| | 400m fri | 4.55,17 371p | |
| | 200m rygg | 2.42,46 326p | |
| | 200m bryst | 3.00,05 299p | |
| | 100m butterfly | 1.19,76 224p | |
| | 200m IM | 2.36,86 341p | |
| 7 | Karsten Hernæss | Sandefjord SK | 1528 |
| | 400m fri | 4.49,37 394p | |
| | 200m rygg | 2.38,34 296p | |
| | 200m bryst | 3.03,29 284p | |
| | 100m butterfly | 1.18,92 231p | |
| | 200m IM | 2.39,63 323p | |
| 8 | Johan Wågbo | Farsund SK | 1479 |
| | 400m fri | 5.05,66 334p | |
| | 200m rygg | 2.47,49 250p | |
| | 200m bryst | 3.07,21 266p | |
| | 100m butterfly | 1.13,46 286p | |
| | 200m IM | 2.36,58 343p | |
| 9 | Jardar Lyngsaunet Iversen | Bergkameratene | 1398 |
| | 400m fri | 5.03,30 342p | |
| | 200m rygg | 2.50,34 238p | |
| | 200m bryst | 3.06,35 270p | |
| | 100m butterfly | 1.16,25 256p | |
| | 200m IM | 2.45,11 292p | |
| 10 | Neo Elias Maudal | Nedre Eiker SK | 1255 |
| | 400m fri | 5.23,60 282p | |
| | 200m rygg | 2.53,62 225p | |
| | 200m bryst | 3.13,45 241p | |
| | 100m butterfly | 1.18,41 235p | |
| | 200m IM | 2.49,16 272p | |
| 11 | Marius Steinhaug | Flekkefjord SK | 1229 |
| | 400m fri | 5.23,77 281p | |
| | 200m rygg | 2.53,77 224p | |
| | 200m bryst | 3.13,68 240p | |
| | 100m butterfly | 1.20,50 217p | |
| | 200m IM | 2.50,08 267p | |

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| 12 Oliver Arntsen Mosand | Tønsberg SK | 1115 |
| 400m fri | 5.29,91 266p | |
| 200m rygg | 2.57,46 210p | |
| 200m bryst | 3.23,08 208p | |
| 100m butterfly | 1.25,48 181p | |
| 200m IM | 2.53,98 250p | |
| 13 Even Askjer Kjær | Tønsberg SK | 1089 |
| 400m fri | 5.35,75 252p | |
| 200m rygg | 3.05,68 184p | |
| 200m bryst | 3.14,28 238p | |
| 100m butterfly | 1.27,69 168p | |
| 200m IM | 2.54,50 247p | |
| 14 Sander Spetland | Mandal SK | 1083 |
| 400m fri | 5.45,00 232p | |
| 200m rygg | 3.01,54 196p | |
| 200m bryst | 3.23,93 206p | |
| 100m butterfly | 1.24,63 187p | |
| 200m IM | 2.51,29 262p | |
| 15 Teodor Bakk-Kristiansen | Lier SK | 1078 |
| 400m fri | 5.52,26 218p | |
| 200m rygg | 2.57,25 211p | |
| 200m bryst | 3.09,62 256p | |
| 100m butterfly | 1.31,15 150p | |
| 200m IM | 2.55,66 243p | |
| 16 Eirik Karlsen | Bergkameratene | 1070 |
| 400m fri | 5.42,50 237p | |
| 200m rygg | 3.17,26 182p | |
| 200m bryst | 3.16,64 230p | |
| 100m butterfly | 1.21,28 211p | |
| 200m IM | 3.04,30 210p | |
| 17 Melker August Bergan | Modum SK | 1036 |
| 400m fri | 5.30,56 264p | |
| 200m rygg | 3.07,11 179p | |
| 200m bryst | 3.23,79 206p | |
| 100m butterfly | 1.27,57 169p | |
| 200m IM | 3.02,11 218p | |
| 18 Christoffer J. J. Bamrud | Nedre Eiker SK | 1029 |
| 400m fri | 5.16,59 301p | |
| 200m rygg | 2.58,49 246p | |
| 200m bryst | 3.36,03 173p | |
| 100m butterfly | 1.39,51 115p | |
| 200m IM | 3.09,12 194p | |

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| 19 Albert Brandal | Lillesand IL | 987 |
| 400m fri | 5.36,57 250p | |
| 200m rygg | 3.03,38 191p | |
| 200m bryst | 3.27,90 194p | |
| 100m butterfly | 1.30,31 154p | |
| 200m IM | 3.07,84 198p | |
| 20 Sebastian Bjørge Dividal | Nedre Eiker SK | 978 |
| 400m fri | 5.40,78 241p | |
| 200m rygg | 2.53,70 224p | |
| 200m bryst | 3.34,50 177p | |
| 100m butterfly | 1.34,80 133p | |
| 200m IM | 3.06,49 203p | |
| 21 Sondre B. Karlsen-Middleton | Tønsberg SK | 893 |
| 400m fri | 5.38,59 246p | |
| 200m rygg | 3.01,95 195p | |
| 200m bryst | 3.36,07 173p | |
| 100m butterfly | 1.36,82 125p | |
| 200m IM | 3.24,31 154p | |
| 22 Aleksander Hille | Vågsbygd SLK | 856 |
| 400m fri | 5.51,08 220p | |
| 200m rygg | 3.16,41 155p | |
| 200m bryst | 3.36,02 173p | |
| 100m butterfly | 1.35,41 130p | |
| 200m IM | 3.14,53 178p | |
| 23 Theodor Einmo Plavac | Tønsberg SK | 847 |
| 400m fri | 5.54,41 214p | |
| 200m rygg | 3.15,96 156p | |
| 200m bryst | 3.33,66 179p | |
| 100m butterfly | 1.39,14 116p | |
| 200m IM | 3.13,21 182p | |
| 24 Sindre Blikra-Karlsen | Sandefjord SK | 828 |
| 400m fri | 6.11,39 186p | |
| 200m rygg | 3.18,32 151p | |
| 200m bryst | 3.17,09 228p | |
| 100m butterfly | 1.46,32 94p | |
| 200m IM | 3.17,98 169p | |

2005

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|----------|------------------------------|-----------------------|-------------|
| 1 | Oskar Erklev | Vågsbygd SLK | 1435 |
| | 400m fri | 5.01,96 347p | |
| | 200m rygg | 2.44,36 265p | |
| | 200m bryst | 3.17,31 227p | |
| | 100m butterfly | 1.14,66 273p | |
| | 200m IM | 2.39,68 323p | |
| 2 | Anton Karl Mårtensson | Grimstad SK | 1322 |
| | 400m fri | 5.13,78 309p | |
| | 200m rygg | 2.39,00 293p | |
| | 200m bryst | 3.15,24 234p | |
| | 100m butterfly | 1.21,15 212p | |
| | 200m IM | 2.48,74 274p | |
| 3 | Sebastian Pedersen | Bergkameratene | 1129 |
| | 400m fri | 5.25,16 278p | |
| | 200m rygg | 2.55,99 216p | |
| | 200m bryst | 3.25,80 200p | |
| | 100m butterfly | 1.23,51 195p | |
| | 200m IM | 2.56,18 240p | |
| 4 | Erlend Linde-Nielsen | Tønsberg SK | 1128 |
| | 400m fri | 5.25,41 277p | |
| | 200m rygg | 3.00,65 199p | |
| | 200m bryst | 3.16,72 229p | |
| | 100m butterfly | 1.27,44 170p | |
| | 200m IM | 2.53,16 253p | |
| 5 | David Ommundsen | Vågsbygd SLK | 1073 |
| | 400m fri | 5.25,82 276p | |
| | 200m rygg | 3.03,37 191p | |
| | 200m bryst | 3.11,69 248p | |
| | 100m butterfly | 1.36,96 124p | |
| | 200m IM | 2.57,75 234p | |
| 6 | August Ottesen | Sandefjord SK | 1019 |
| | 400m fri | 5.39,99 243p | |
| | 200m rygg | 3.08,42 209p | |
| | 200m bryst | 3.34,62 176p | |
| | 100m butterfly | 1.26,00 178p | |
| | 200m IM | 3.03,37 213p | |
| 7 | Oliver Kjøniksen | Bergkameratene | 945 |
| | 400m fri | 5.39,10 245p | |
| | 200m rygg | 3.03,61 190p | |
| | 200m bryst | 3.32,89 181p | |
| | 100m butterfly | 1.38,73 118p | |
| | 200m IM | 3.04,06 211p | |

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| 8 Ole Christian Nygaard | Sandefjord SK | 919 |
| 400m fri | 6.03,48 199p | |
| 200m rygg | 3.07,12 179p | |
| 200m bryst | 3.29,18 191p | |
| 100m butterfly | 1.32,55 143p | |
| 200m IM | 3.05,12 207p | |
| 9 Oscar Nilsen Hostvedt | Bergkameratene | 881 |
| 400m fri | 5.51,69 219p | |
| 200m rygg | 3.24,14 138p | |
| 200m bryst | 3.40,29 163p | |
| 100m butterfly | 1.30,40 153p | |
| 200m IM | 3.04,87 208p | |
| 10 Carl Leon Magnusson | Poseidon | 872 |
| 400m fri | 5.54,44 214p | |
| 200m rygg | 3.05,97 183p | |
| 200m bryst | 3.46,18 151p | |
| 100m butterfly | 1.33,61 138p | |
| 200m IM | 3.12,05 186p | |
| 11 Oscar Skjoldhorne | Øvre Eiker SK | 805 |
| 400m fri | 5.52,19 218p | |
| 200m rygg | 3.20,46 146p | |
| 200m bryst | 3.45,75 152p | |
| 100m butterfly | 1.46,67 93p | |
| 200m IM | 3.08,68 196p | |
| 12 Felix Stålstrøm | Horten SK | 783 |
| 400m fri | 6.20,85 173p | |
| 200m rygg | 3.06,86 180p | |
| 200m bryst | 3.41,93 159p | |
| 100m butterfly | 1.46,29 94p | |
| 200m IM | 3.15,05 177p | |
| 13 Markus Halvorsen | Grimstad SK | 761 |
| 400m fri | 6.18,45 176p | |
| 200m rygg | 3.15,25 158p | |
| 200m bryst | 3.44,72 180p | |
| 100m butterfly | 1.49,68 86p | |
| 200m IM | 3.21,29 161p | |
| 14 Nicolai Willassen Jørgensen | Nedre Eiker SK | 699 |
| 400m fri | 6.27,10 164p | |
| 200m rygg | 3.35,95 139p | |
| 200m bryst | 3.50,55 167p | |
| 100m butterfly | 1.50,83 83p | |
| 200m IM | 3.28,10 146p | |

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| 15 Magnus Bjørndal Christensen | Tønsberg SK | 687 |
| 400m fri | 6.33,59 | 156p |
| 200m rygg | 3.24,26 | 138p |
| 200m bryst | 3.45,27 | 152p |
| 100m butterfly | 1.50,02 | 85p |
| 200m IM | 3.23,27 | 156p |
| 16 Tormod Blikra-Karlsen | Sandefjord SK | 663 |
| 400m fri | 6.28,87 | 162p |
| 200m rygg | 3.14,42 | 160p |
| 200m bryst | 3.58,86 | 128p |
| 100m butterfly | 1.55,35 | 74p |
| 200m IM | 3.31,26 | 139p |
| 17 Sindre Aleksander H. Søfting | Sandefjord SK | 661 |
| 400m fri | 6.30,77 | 160p |
| 200m rygg | 3.23,24 | 140p |
| 200m bryst | 3.54,89 | 134p |
| 100m butterfly | 1.49,49 | 86p |
| 200m IM | 3.30,53 | 141p |
| 18 Mathias Høyland | Horten SK | 643 |
| 400m fri | 6.51,50 | 137p |
| 200m rygg | 3.38,98 | 112p |
| 200m bryst | 3.54,57 | 135p |
| 100m butterfly | 1.41,08 | 110p |
| 200m IM | 3.26,41 | 149p |
| 19 Marius Sørbøe | Mandal SK | 632 |
| 400m fri | 6.48,70 | 140p |
| 200m rygg | 3.24,29 | 138p |
| 200m bryst | 3.53,32 | 137p |
| 100m butterfly | 1.51,00 | 83p |
| 200m IM | 3.33,99 | 134p |
| 20 Noah Taylor Hemsborg Skar | Mandal SK | 609 |
| 400m fri | 6.25,68 | 166p |
| 200m rygg | 3.25,62 | 135p |
| 200m bryst | 4.08,82 | 113p |
| 100m butterfly | 1.54,54 | 75p |
| 200m IM | 3.41,69 | 120p |
| 21 Lasse Solvik | Horten SK | 599 |
| 400m fri | 6.47,95 | 140p |
| 200m rygg | 3.18,49 | 150p |
| 200m bryst | 4.08,60 | 113p |
| 100m butterfly | 1.57,45 | 70p |
| 200m IM | 3.38,64 | 126p |

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| 22 William Gregori Martin | Tønsberg SK | 591 |
| 400m fri | 6.44,90 144p | |
| 200m rygg | 3.32,75 122p | |
| 200m bryst | 4.11,69 109p | |
| 100m butterfly | 1.53,11 78p | |
| 200m IM | 3.31,64 138p | |
| 23 Dimitrije Calic | Grimstad SK | 589 |
| 400m fri | 6.34,39 155p | |
| 200m rygg | 3.45,84 102p | |
| 200m bryst | 4.16,63 103p | |
| 100m butterfly | 1.44,37 99p | |
| 200m IM | 3.35,88 130p | |

2006

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|-----------------------------------|------------------------|------------|
| 1 Lucas Cadet | Bergkameratene | 922 |
| 400m fri | 5.54,15 215p | |
| 200m rygg | 3.03,52 190p | |
| 200m bryst | 3.24,46 204p | |
| 100m butterfly | 1.34,57 134p | |
| 200m IM | 3.14,34 179p | |
| 2 Øystein Gulbrandsen | Larvik SK | 893 |
| 400m fri | 5.38,77 245p | |
| 200m rygg | 3.06,94 180p | |
| 200m bryst | 3.34,16 178p | |
| 100m butterfly | 1.44,70 99p | |
| 200m IM | 3.10,26 191p | |
| 3 Aleksander Rustad | Nedre Eiker SK | 853 |
| 400m fri | 6.00,99 203p | |
| 200m rygg | 3.14,48 160p | |
| 200m bryst | 3.27,88 194p | |
| 100m butterfly | 1.40,89 120p | |
| 200m IM | 3.15,50 176p | |
| 4 Kay Sander Karsch Myrdam | Larvik SK | 721 |
| 400m fri | 6.16,02 200p | |
| 200m rygg | 3.16,33 155p | |
| 200m bryst | 3.58,46 128p | |
| 100m butterfly | 1.51,48 82p | |
| 200m IM | 3.23,26 156p | |
| 5 Elias Madsen | Kristiansand SA | 702 |
| 400m fri | 5.41,59 239p | |
| 200m rygg | 3.52,83 93p | |
| 200m bryst | 4.13,65 107p | |
| 100m butterfly | 1.48,58 96p | |
| 200m IM | 3.18,85 167p | |

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| 6 | Jonas Emil Andreassen | Grimstad SK | 630 |
| | 400m fri | 6.27,76 164p | |
| | 200m rygg | 3.29,47 128p | |
| | 200m bryst | 3.55,58 133p | |
| | 100m butterfly | 2.01,17 63p | |
| | 200m IM | 3.30,01 142p | |
| 7 | Kristoffer Skarvang Engstrøm | Larvik SK | 596 |
| | 400m fri | 6.48,49 140p | |
| | 200m rygg | 3.35,68 117p | |
| | 200m bryst | 4.03,59 120p | |
| | 100m butterfly | 1.50,84 83p | |
| | 200m IM | 3.32,81 136p | |
| 8 | Truls Olsen Ugelstad | Nedre Eiker SK | 493 |
| | 400m fri | 7.31,08 104p | |
| | 200m rygg | 4.09,66 75p | |
| | 200m bryst | 4.00,42 125p | |
| | 100m butterfly | 2.07,23 55p | |
| | 200m IM | 3.34,16 134p | |
| 9 | Sander Andreassen Solvoll | Nedre Eiker SK | 464 |
| | 400m fri | 7.06,64 123p | |
| | 200m rygg | 3.27,41 132p | |
| | 200m bryst | 4.33,69 85p | |
| | 100m butterfly | 2.21,94 39p | |
| | 200m IM | 4.09,30 85p | |
| 10 | Simen Larsen Syvertsen | Mandal SK | 459 |
| | 400m fri | 7.11,53 118p | |
| | 200m rygg | 3.52,54 93p | |
| | 200m bryst | 4.14,09 106p | |
| | 100m butterfly | 2.11,66 49p | |
| | 200m IM | 4.01,42 93p | |
| 11 | Andreas Mortensen | Skien SK | 427 |
| | 400m fri | 7.47,59 93p | |
| | 200m rygg | 3.51,54 94p | |
| | 200m bryst | 4.25,79 93p | |
| | 100m butterfly | 2.13,33 47p | |
| | 200m IM | 3.55,86 100p | |



2007

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| 1 | Ulrik Berge Kittilsen | Skien SK | 604 |
| | 400m fri | 6.57,67 | 131p |
| | 100m rygg | 1.34,53 | 138p |
| | 100m bryst | 1.54,55 | 114p |
| | 50m butterfly | 49,01 | 88p |
| | 200m IM | 3.34,73 | 133p |
| 2 | Herman Nygård | Sandefjord SK | 599 |
| | 400m fri | 7.06,94 | 122p |
| | 100m rygg | 1.44,12 | 103p |
| | 100m bryst | 1.51,11 | 125p |
| | 50m butterfly | 43,94 | 122p |
| | 200m IM | 3.37,54 | 127p |
| 3 | Linus Aleksander A. Øksendal | Varodd SK | 463 |
| | 400m fri | 7.37,71 | 99p |
| | 100m rygg | 1.48,13 | 92p |
| | 100m bryst | 2.03,74 | 90p |
| | 50m butterfly | 51,00 | 78p |
| | 200m IM | 3.52,41 | 104p |
| 4 | Noah Kristensen | Vågsbygd SLK | 432 |
| | 400m fri | 7.17,12 | 114p |
| | 100m rygg | 1.57,22 | 72p |
| | 100m bryst | 2.01,87 | 95p |
| | 50m butterfly | 54,82 | 62p |
| | 200m IM | 4.05,29 | 89p |
| 5 | Storm Larsen Sand | Mandal SK | 394 |
| | 400m fri | 8.05,32 | 83p |
| | 100m rygg | 1.50,38 | 87p |
| | 100m bryst | 2.08,59 | 80p |
| | 50m butterfly | 57,34 | 54p |
| | 200m IM | 4.04,43 | 90p |
| 6 | David Dalehaug Aasland | Mandal SK | 385 |
| | 400m fri | 7.37,66 | 99p |
| | 100m rygg | 1.50,09 | 87p |
| | 100m bryst | 2.35,86 | 45p |
| | 50m butterfly | 51,33 | 76p |
| | 200m IM | 4.15,58 | 78p |
| 7 | Peder Grønås Jensen | Farsund SK | 375 |
| | 400m fri | 7.49,97 | 92p |
| | 100m rygg | 2.05,35 | 59p |
| | 100m bryst | 2.01,77 | 95p |
| | 50m butterfly | 58,98 | 50p |
| | 200m IM | 4.14,93 | 79p |