

## Øvelsesoppsettet BSF 2017.

	<b>Forsøk Fredag/Prelims Friday</b>	
	<b>Oppvarming kl 0800/Warm up at 0800.</b>	
	<b>Stevnestart kl 1000/Competition starts at 1000</b>	
1	400 IM	Kvinner/Women
2	400 IM	Herrer/Men
3	50 Rygg/backstroke	Kvinner/Women
4	50 Rygg/backstroke	Herrer/Men
5	100 Bryst/Breaststroke	Kvinner/Women
6	100 Bryst/Breaststroke	Herrer/Men
7	200 Fly/Butterfly	Kvinner/Women
8	200 Fly/Butterfly	Herrer/Men
9	100 Fri/Freestyle	Kvinner/Women
10	100 Fri/Freestyle	Herrer/Men
	<b>Finaler Fredag/Finals Friday</b>	
	<b>Oppvarming kl 1530/Warm up at 1530.</b>	
	<b>Stevnestart kl 1700/Competition starts at 1700</b>	
	400 IM	Kvinner/Women
	400 IM	Herrer/Men
	50 Rygg/backstroke(Knock-out)	Kvinner/Women
	50 Rygg/backstroke(Knock-out)	Herrer/Men
	100 Bryst/Breaststroke	Kvinner/Women
	100 Bryst/Breaststroke	Herrer/Men
	200 Fly/Butterfly	Kvinner/Women
	200 Fly/Butterfly	Herrer/Men
	100 Fri/Freestyle	Kvinner/Women
	100 Fri/Freestyle	Herrer/Men
	<i>1 juniorfinal and seniorfinal in each event</i>	
	<b>Forsøk Lørdag/Prelims Saturday</b>	
	<b>Oppvarming kl 0800/Warm up at 0800.</b>	
	<b>Stevnestart kl 1000/Competition starts at 1000</b>	
11	200 Fri/freestyle	Herrer/Men
12	200 Fri/freestyle	Kvinner/Women
13	50 Fly/Butterfly	Herrer/Men

14	50 Fly/Butterfly	Kvinner/Women
15	200 Bryst/Breaststroke	Herrer/Men
16	200 Bryst/Breaststroke	Kvinner/Women
17	100 Rygg/Backstroke	Herrer/Men
18	100 Rygg/Backstroke	Kvinner/Women
19	200 IM	Herrer/Men
20	200 IM	Kvinner/Women
	<b>Finaler Lørdag/Finals Saturday</b>	
	<b>Oppvarming kl 1530/Warm up at 1530.</b>	
	<b>Stevnestart kl 1700/Competition starts at 1700</b>	
	200 Fri/freestyle	Herrer/Men
	200 Fri/freestyle	Kvinner/Women
	50 Fly/Butterfly(Knock-out)	Herrer/Men
	50 Fly/Butterfly(Knock-out)	Kvinner/Women
	200 Bryst/Breaststroke	Herrer/Men
	200 Bryst/Breaststroke	Kvinner/Women
	100 Rygg/Backstroke	Herrer/Men
	100 Rygg/Backstroke	Kvinner/Women
	200 IM	Herrer/Men
	200 IM	Kvinner/Women
21	1500 Fri/Freestyle(1 heat only, 8 swimmers)	Herrer/Men
22	800 Fri/Freestyle(1 heat only/8 swimmers)	Kvinner/Women
	<i>1 juniorfinal and seniorfinal in each event</i>	
	<b>Forsøk Søndag/Prelims Sunday</b>	
	<b>Oppvarming kl 0700/Warm up at 0700.</b>	
	<b>Stevnestart kl 0900/Competition starts at 0900</b>	
23	400 Fri/Freestyle	Kvinner/Women
24	400 Fri/Freestyle	Herrer/Men
25	50 Bryst/Breastroke	Kvinner/Women
26	50 Bryst/Breastroke	Herrer/Men
27	100 Fly/Butterfly	Kvinner/Women
28	100 Fly/Butterfly	Herrer/Men
29	200 Rygg/Backstroke	Kvinner/Women
30	200 Rygg/Backstroke	Herrer/Men
31	50 Fri/Freestyle	Kvinner/Women
32	50 Fri/Freestyle	Herrer/Men
	<b>Finaler Søndag/Finals Sunday</b>	

	<b>Oppvarming kl 1430/Warm up at 1430.</b>	
	<b>Stevnestart kl 1600/Competition starts at 1600</b>	
	50 Fri/Freestyle(Semifinals)	Kvinner/Women
	50 Fri/Freestyle(Semifinals)	Herrer/Men
	400 Fri/Freestyle	Kvinner/Women
	400 Fri/Freestyle	Herrer/Men
	50 Bryst/Breastroke(Knock-out)	Kvinner/Women
	50 Bryst/Breastroke(Knock-out)	Herrer/Men
	100 Fly/Butterfly	Kvinner/Women
	100 Fly/Butterfly	Herrer/Men
	200 Rygg/Backstroke	Kvinner/Women
	200 Rygg/Backstroke	Herrer/Men
	50 Fri/Freestyle(Final)	Kvinner/Women
	50 Fri/Freestyle(Final)	Herrer/Men
	<i>1 juniorfinal and seniorfinal in each event</i>	

	Klasseinndeling/classes	
	Junior Kvinner/Women	
	2000-2004	
	Junior Herrer/Men	
	1999-2004	
	Senior Kvinner/Women	
	1999 og eldre/and older	
	Senior Herrer/Men	
	1998 og eldre/and older	

Vi forbeholder oss retten til å foreta heatbegrensing på enkelte øvelser.  
We reserve the right to limit the number of heats in each event

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