

## WELCOME

With the approval of NSF, and in compliance with NSF's rules and laws, all the swimming clubs in Bergen invite you to participate in BSF – Bergen Swim Festival 2014, a national competition with international participation, May 23<sup>rd</sup> – 25<sup>th</sup> 2014.

## THE POOL - SENTRALBADET

25m long with 7 lanes and the temperature is 27°C. Electronic time recording with internet livetiming.

## CLASSES

**Seniors:** Women born in 1997 and older  
Men born in 1995 and older

**Juniors:** Girls born in 1998 - 2001  
Boys born in 1996 - 2001

**Disabled swimmers:** will compete according to the Australian model for multi disability based on relative proximity to the world record in the respective classes.

## EVENTS

See the following page.

## ENTRIES

Entries must be received by

**Monday May 05<sup>th</sup> 2013, 1200 at midnight**

Late entries will be accepted against double registration fee subject to heat availability. Entry time should be best times achieved during the period from May 06<sup>th</sup> 2013 until May 05<sup>th</sup> 2014.

If a swimmer has no registered time during this period, stipulated time is accepted. If there is a heat limitation the swimmer will be listed in the last heat.

Entries should be sent, preferably in Word or Excel format, send to: [jech@medley.no](mailto:jech@medley.no)

## ENTRY FEE

NOK 100,- per individual entry, paid in one total amount from your club by May 05<sup>th</sup> to:

### Bergen Swim Festival

**Account no.:** 9521.34.41257

**IBAN no.:** NO1595213441257

**SWIFT Code:** HANDNOKK

**Bank:** Handelsbanken

Postboks 1342, Vika

0113 Oslo

## ACCOMMODATION

BSF has an agreement with

Scandic Hotel Bergen City.

Thon hotel Rosenkranz

More information at [www.bsf.no](http://www.bsf.no)

## MEALS

Lunches must be prebooked by May 05<sup>th</sup>. Please check our website for details.

## HEAT LISTINGS

Will be made as per best times, irrespective of classes in trials. Finals will take place in classes, except 200meters and 400m free which will take place as open classes with Super finals.

**Disabled swimmers:** All the events will take place as Direct finals during trials. The 100 m's will include both trials and finals. If less than 7 participants in 100m take **only final!**.

**The 50m sprints are organized as "knock-out" events. The 7 best in each event are qualified for a final.** The finalists will swim three heats. After first heat the 2 losers will be eliminated. After second heat 2 more losers are eliminated. Then the Grand final will decide the first, second and third place. The heats will run with 3 minutes intervals.

**NOTE: Heat limitations, see the events listings!**

## PRIZES

### Super-finals:

1<sup>st</sup> place NOK 3.000, 2<sup>nd</sup> NOK 1.250, 3<sup>rd</sup> NOK 750 in cash

**Seniors:** 1<sup>st</sup> NOK 3.000, 2<sup>nd</sup> NOK 1.250, 3<sup>rd</sup> NOK 750 in cash

### Juniors and disabled:

1<sup>st</sup> NOK 500, 2<sup>nd</sup> NOK 300, 3<sup>rd</sup> NOK 200 in reward cards.

**Best swimmers overall**, male and female, according to FINA's international table (only one prize per swimmer).

1<sup>st</sup> prize NOK 10.000,-

2<sup>nd</sup> prize NOK 5.000,-

3<sup>rd</sup> prize NOK 2.500,-

**TRIAL TIMES WILL NOT COUNT!!**

## TEAM LEADERS MEETING

Friday at 1300 hours in the gym at Sentralbadet (2nd floor)

## WARM UP PERIODS

Friday 1200-1445 hours

Saturday 0730-0845 and 1530-1630 hours

Sunday 0730-0845 and 1330-1445 hours

## OFFICIAL OPENING CEREMONY

Saturday 1630 hours

## COMPETITION START-UP TIMES

Friday 1500 hours

Saturday 0900 and 1700 hours

Sunday 0900 and 1500 hours

## INFO and COMPETITION OFFICE

The office will be open Friday through Sunday. Information and results will be on: [www.BSF.no](http://www.BSF.no)

## CONTACT PERSONS

**Event Manager: Rolf Godø**, Mob: +47 900 23 045,

E-mail: [rogod@online.no](mailto:rogod@online.no)

**Entry Manager: John Erlend Christiansen**,

Mob: +47 909 73 709, E-mail: [jech@medley.no](mailto:jech@medley.no)

**Welcome to Bergen and BSF 2013**