

Torsdag 8. juli kl 10.00**Øvelse 1. 400m individuell medley, damer - Direkte finale - Foreløpig før siste heat****Junior**

1	Ellen Camilla Hansen	95	Øvre Eiker SK	5.21,29	590
	34,25(34,25)	1.14,87(40,62)	1.55,96(41,09)	2.36,45(40,49)	
	3.21,22(44,77)	4.08,46(47,24)	4.45,46(37,00)	5.21,29(35,83)	
2	Vilde Stordal	95	Delfana	5.24,50	573
	32,99(32,99)	1.12,56(39,57)	1.55,55(42,99)	2.37,33(41,78)	
	3.24,81(47,48)	4.13,00(48,19)	4.48,99(35,99)	5.24,50(35,51)	
3	Tone Lill Evanger	96	Delfana	5.26,94	560
	34,59(34,59)	1.16,77(42,18)	1.58,55(41,78)	2.40,49(41,94)	
	3.25,43(44,94)	4.12,30(46,87)	4.50,16(37,86)	5.26,94(36,78)	
4	Maren E.J. Bakke	94	Setermoen SK	5.31,98	535
	34,96(34,96)	1.14,73(39,77)	2.00,54(45,81)	2.44,90(44,36)	
	3.29,04(44,14)	4.15,50(46,46)	4.55,44(39,94)	5.31,98(36,54)	
5	Oda Emilie Haagensen	94	Sarpsborg IL	5.34,14	524
	33,00(33,00)	1.12,43(39,43)	1.56,92(44,49)	2.40,65(43,73)	
	3.26,43(45,78)	4.14,49(48,06)	4.56,52(42,03)	5.34,14(37,62)	
6	Sara N. Gjelsvik	93	Vestkantsvømmerne	5.34,79	521
	35,33(35,33)	1.16,58(41,25)	1.59,85(43,27)	2.42,62(42,77)	
	3.31,25(48,63)	4.20,32(49,07)	4.58,37(38,05)	5.34,79(36,42)	
7	Irja Gravdahl	94	Trondhjem SLK	5.39,27	501
	36,50(36,50)	1.20,73(44,23)	2.05,54(44,81)	2.49,60(44,06)	
	3.34,93(45,33)	4.20,98(46,05)	5.00,91(39,93)	5.39,27(38,36)	
8	Elida Hole	96	Vestkantsvømmerne	5.41,20	493
	33,18(33,18)	1.13,25(40,07)	1.57,30(44,05)	2.42,82(45,52)	
	3.31,90(49,08)	4.22,83(50,93)	5.02,98(40,15)	5.41,20(38,22)	
	Stine Lise Stenseth	94	Øvre Eiker SK	DISK	

Senior

1	Ellen Camilla Hansen	95	Øvre Eiker SK	5.21,29	590
	34,25(34,25)	1.14,87(40,62)	1.55,96(41,09)	2.36,45(40,49)	
	3.21,22(44,77)	4.08,46(47,24)	4.45,46(37,00)	5.21,29(35,83)	
2	Vilde Stordal	95	Delfana	5.24,50	573
	32,99(32,99)	1.12,56(39,57)	1.55,55(42,99)	2.37,33(41,78)	
	3.24,81(47,48)	4.13,00(48,19)	4.48,99(35,99)	5.24,50(35,51)	
3	Tone Lill Evanger	96	Delfana	5.26,94	560
	34,59(34,59)	1.16,77(42,18)	1.58,55(41,78)	2.40,49(41,94)	
	3.25,43(44,94)	4.12,30(46,87)	4.50,16(37,86)	5.26,94(36,78)	
4	Maren E.J. Bakke	94	Setermoen SK	5.31,98	535
	34,96(34,96)	1.14,73(39,77)	2.00,54(45,81)	2.44,90(44,36)	
	3.29,04(44,14)	4.15,50(46,46)	4.55,44(39,94)	5.31,98(36,54)	
5	Oda Emilie Haagensen	94	Sarpsborg IL	5.34,14	524
	33,00(33,00)	1.12,43(39,43)	1.56,92(44,49)	2.40,65(43,73)	
	3.26,43(45,78)	4.14,49(48,06)	4.56,52(42,03)	5.34,14(37,62)	
6	Sara N. Gjelsvik	93	Vestkantsvømmerne	5.34,79	521
	35,33(35,33)	1.16,58(41,25)	1.59,85(43,27)	2.42,62(42,77)	
	3.31,25(48,63)	4.20,32(49,07)	4.58,37(38,05)	5.34,79(36,42)	
7	Irja Gravdahl	94	Trondhjem SLK	5.39,27	501
	36,50(36,50)	1.20,73(44,23)	2.05,54(44,81)	2.49,60(44,06)	
	3.34,93(45,33)	4.20,98(46,05)	5.00,91(39,93)	5.39,27(38,36)	
8	Elida Hole	96	Vestkantsvømmerne	5.41,20	493
	33,18(33,18)	1.13,25(40,07)	1.57,30(44,05)	2.42,82(45,52)	
	3.31,90(49,08)	4.22,83(50,93)	5.02,98(40,15)	5.41,20(38,22)	
	Stine Lise Stenseth	94	Øvre Eiker SK	DISK	

Øvelse 2. 400m fri, herrer - Forsøk

Senior

1	Gard Kvale	84	Bergens SC	4.10,09	681
	28,96(28,96)	59,46(30,50)	1.31,05(31,59)	2.02,86(31,81)	
	2.34,94(32,08)	3.06,85(31,91)	3.39,06(32,21)	4.10,09(31,03)	
2	Mikkel Brudvik Sanderud	87	Lambertseter SK	4.10,17	681
	29,67(29,67)	1.00,22(30,55)	1.31,84(31,62)	2.03,35(31,51)	
	2.35,56(32,21)	3.07,81(32,25)	3.40,69(32,88)	4.10,17(29,48)	
3	Magnus Klæboe Nordgård	89	Tromsø SK	4.17,77	622
	29,71(29,71)	1.01,66(31,95)	1.33,97(32,31)	2.06,89(32,92)	
	2.39,55(32,66)	3.12,85(33,30)	3.46,40(33,55)	4.17,77(31,37)	
4	Elias Damman	89	Bærumsvømmerne	4.19,10	613
	29,71(29,71)	1.01,25(31,54)	1.33,62(32,37)	2.06,45(32,83)	
	2.39,60(33,15)	3.12,83(33,23)	3.46,12(33,29)	4.19,10(32,98)	

Junior

1	Christian Thorsen	91	Lambertseter SK	4.08,66	693
	28,85(28,85)	1.00,15(31,30)	1.31,94(31,79)	2.03,81(31,87)	
	2.35,39(31,58)	3.07,44(32,05)	3.38,65(31,21)	4.08,66(30,01)	
2	Ole Martin Ree	92	TS/Sola SK	4.09,50	686
	28,52(28,52)	59,48(30,96)	1.30,96(31,48)	2.02,45(31,49)	
	2.34,45(32,00)	3.06,35(31,90)	3.38,86(32,51)	4.09,50(30,64)	
3	Bjarte Ravndal	91	TS/Sola SK	4.10,64	677
	28,39(28,39)	59,52(31,13)	1.32,22(32,70)	2.04,75(32,53)	
	2.36,80(32,05)	3.08,66(31,86)	3.39,97(31,31)	4.10,64(30,67)	
4	Eivind Johannesen	92	BS/Åstveit	4.14,45	647
	28,89(28,89)	1.00,42(31,53)	1.32,80(32,38)	2.05,55(32,75)	
	2.38,27(32,72)	3.11,07(32,80)	3.44,32(33,25)	4.14,45(30,13)	
5	Odin Spangen Normann	92	IL Varg	4.15,55	639
	28,52(28,52)	59,85(31,33)	1.32,39(32,54)	2.04,93(32,54)	
	2.37,43(32,50)	3.10,15(32,72)	3.43,32(33,17)	4.15,55(32,23)	
6	Morten Bordervich	94	TS/Sola SK	4.16,50	632
	29,66(29,66)	1.02,23(32,57)	1.35,00(32,77)	2.07,39(32,39)	
	2.40,28(32,89)	3.13,41(33,13)	3.45,50(32,09)	4.16,50(31,00)	
7	Ørjan Monsen	92	Sola SK	4.16,71	630
	29,89(29,89)	1.02,18(32,29)	1.34,78(32,60)	2.07,40(32,62)	
	2.40,07(32,67)	3.12,75(32,68)	3.45,06(32,31)	4.16,71(31,65)	
8	Jonas Ødegård Aanby	95	Delfana	4.20,25	605
	29,39(29,39)	1.00,51(31,12)	1.33,34(32,83)	2.06,22(32,88)	
	2.39,73(33,51)	3.13,22(33,49)	3.47,22(34,00)	4.20,25(33,03)	
9	Sondre Kallhovd	93	Lambertseter SK	4.20,27	605
	29,61(29,61)	1.02,07(32,46)	1.34,80(32,73)	2.08,44(33,64)	
	2.41,00(32,56)	3.14,38(33,38)	3.47,60(33,22)	4.20,27(32,67)	
10	Sander Rødje	93	Haugesund SK	4.20,36	604
	28,70(28,70)	1.00,11(31,41)	1.32,38(32,27)	2.05,48(33,10)	
	2.38,67(33,19)	3.12,35(33,68)	3.46,75(34,40)	4.20,36(33,61)	
11	Gunnar V. Skirbekk	91	Elverum Svømming	4.21,60	595
	28,71(28,71)	1.00,67(31,96)	1.33,38(32,71)	2.06,14(32,76)	
	2.39,55(33,41)	3.13,74(34,19)	3.48,59(34,85)	4.21,60(33,01)	
12	Thorbjørn Birkeland	93	Haugesund SK	4.25,91	567
	29,86(29,86)	1.03,05(33,19)	1.36,94(33,89)	2.10,91(33,97)	
	2.45,18(34,27)	3.19,24(34,06)	3.53,22(33,98)	4.25,91(32,69)	
13	Per Simen Holstad Gandrud	92	Sarpsborg IL	4.26,39	564
	29,53(29,53)	1.02,28(32,75)	1.35,53(33,25)	2.09,50(33,97)	
	2.43,53(34,03)	3.18,16(34,63)	3.52,86(34,70)	4.26,39(33,53)	
14	Martin Berger Oterholm	93	Kolbotn IL	4.26,66	562
	28,66(28,66)	59,60(30,94)	1.32,36(32,76)	2.06,13(33,77)	
	2.40,91(34,78)	3.16,02(35,11)	3.51,59(35,57)	4.26,66(35,07)	
15	Ivan Aleksander Larsen	95	Karmøy SK	4.26,81	561
	30,03(30,03)	1.02,89(32,86)	1.36,99(34,10)	2.10,95(33,96)	
	2.45,44(34,49)	3.20,01(34,57)	3.54,68(34,67)	4.26,81(32,13)	
16	Vebjørn Lindhjem	95	Lørenskog/Rælingen	4.27,65	556
	29,38(29,38)	1.01,91(32,53)	1.35,34(33,43)	2.08,91(33,57)	
	2.43,36(34,45)	3.17,98(34,62)	3.53,37(35,39)	4.27,65(34,28)	

17	Erik Tobias Sollesnes	95	Kolbotn IL	4.28,30	552
	29,43(29,43)	1.01,59(32,16)	1.35,47(33,88)	2.09,15(33,68)	
	2.44,31(35,16)	3.19,14(34,83)		4.28,30(1.09,16)	
18	Kim Rune Hansen	94	Øvre Eiker SK	4.29,57	544
	29,59(29,59)	1.02,51(32,92)	1.36,05(33,54)	2.10,37(34,32)	
	2.45,20(34,83)	3.20,46(35,26)	3.55,84(35,38)	4.29,57(33,73)	
19	Per Kristian Øyen	92	Molde SLK	4.32,86	525
	30,31(30,31)	1.03,17(32,86)	1.37,40(34,23)	2.11,83(34,43)	
	2.47,34(35,51)	3.22,81(35,47)	3.58,81(36,00)	4.32,86(34,05)	
20	Jonatan Olafsson	94	Sandefjord SK	4.34,53	515
	30,49(30,49)	1.04,66(34,17)	1.38,89(34,23)	2.13,89(35,00)	
	2.48,92(35,03)	3.24,30(35,38)	4.00,12(35,82)	4.34,53(34,41)	
21	Kristoffer Skribeland	91	Asker SK	4.36,22	506
	29,92(29,92)	1.03,04(33,12)	1.37,42(34,38)	2.12,37(34,95)	
	2.48,02(35,65)	3.23,94(35,92)	4.00,59(36,65)	4.36,22(35,63)	
22	Sigvart Evjen	91	Vestbyen IL	4.42,58	472
	30,78(30,78)	1.04,41(33,63)	1.39,62(35,21)	2.15,37(35,75)	
	2.51,72(36,35)	3.28,55(36,83)	4.06,24(37,69)	4.42,58(36,34)	

Øvelse 3. 100m bryst, damer - Forsøk

Senior

1	Sara Nordenstam	83	Lambertseter SK	1.12,68	697
	34,71(34,71)	1.12,68(37,97)			
2	Elisabeth Jarland	85	Bærumsvømmerne	1.13,02	688
	34,60(34,60)	1.13,02(38,42)			
3	Katharina Stüberg	88	Bjerkvik SK	1.13,24	681
	34,90(34,90)	1.13,24(38,34)			
4	Henriette Martinsen	85	Stavanger SC	1.13,65	670
	33,99(33,99)	1.13,65(39,66)			
5	Karoline Bergene	89	Lambertseter SK	1.14,88	638
	34,83(34,83)	1.14,88(40,05)			
6	Hanne Chr. Seyffarth	85	Mandal SK	1.16,65	594
	34,84(34,84)	1.16,65(41,81)			

Junior

1	Ingalill Urrang Naustvik	95	Karmøy SK	1.12,26	710
	34,04(34,04)	1.12,26(38,22)			
2	Stina Kajsa Colleou	93	Lambertseter SK	1.12,46	704
	34,43(34,43)	1.12,46(38,03)			
3	Luna Elisabeth Sjøgaard	94	Lambertseter SK	1.13,59	672
	33,93(33,93)	1.13,59(39,66)			
4	Sophia Broberg Skeltved	92	Tromsø SK/NTG	1.14,71	642
	34,71(34,71)	1.14,71(40,00)			
5	Kaja Bremer	93	Bergens SLK	1.15,69	617
	34,73(34,73)	1.15,69(40,96)			
6	Rikke Nagell-Kleven	95	Asker SK	1.16,65	594
	36,35(36,35)	1.16,65(40,30)			
7	Mari Singstad	91	Vestbyen IL	1.17,19	582
	35,99(35,99)	1.17,19(41,20)			
8	Stine Vindenes	93	Vestkantsvømmerne	1.17,74	570
	35,62(35,62)	1.17,74(42,12)			
9	Malene M. Pedersen	96	Lambertseter SK	1.18,35	557
	36,57(36,57)	1.18,35(41,78)			
10	Mari Nerdrum	95	Asker SK	1.18,46	554
	36,91(36,91)	1.18,46(41,55)			
11	Pernille Berntsen	95	Førde IL	1.18,78	548
	36,19(36,19)	1.18,78(42,59)			
12	Lene Lykke Erichsen	92	Bærumsvømmerne	1.19,02	543
	37,17(37,17)	1.19,02(41,85)			
13	Kristine Mathingsdal Pedersen	94	Farsund SK	1.19,33	536
	37,43(37,43)	1.19,33(41,90)			

14	Ida-Marie Dybdahl	94	Larvik SK	1.19,55	532
	37,32(37,32)	1.19,55(42,23)			
15	Karina Brunstad Fet	95	Aalesund SLK	1.20,19	519
	36,62(36,62)	1.20,19(43,57)			
16	Stine Tveit	93	Trondhjem SLK	1.20,40	515
	37,54(37,54)	1.20,40(42,86)			
17	Amalie Thorstensen	96	Vågsbygd SLK	1.20,65	510
	38,30(38,30)	1.20,65(42,35)			
18	Stine Mjøhus Kristoffersen	93	TS/Frisinn	1.20,77	508
	37,20(37,20)	1.20,77(43,57)			
19	Maren E.J. Bakke	94	Setermoen SK	1.21,20	500
	38,12(38,12)	1.21,20(43,08)			
20	Renate Ranaweera Aasland	91	TS/Madla SK	1.21,29	498
	36,39(36,39)	1.21,29(44,90)			
21	Therese Tronerud	93	Egersund SK	1.21,42	496
	36,79(36,79)	1.21,42(44,63)			
22	Julie Torgersen Nilsen	92	Hamar IL	1.22,17	483
	39,60(39,60)	1.22,17(42,57)			
23	Caroline R. Helgesen	95	Aalesund SLK	1.23,51	460
	37,87(37,87)	1.23,51(45,64)			
24	Martha Maria Songstad	94	Bergens SC	1.24,01	452
	38,60(38,60)	1.24,01(45,41)			
	Julie Horn Johnsen	92	Bergens SLK	DISK	
	Katrine Jensen	92	BS/Åstveit	DISK	

Funksjonshemmede

1	Marianne M. Fredbo	86	Vågsbygd SLK	1.58,83	160	SB6	118,72 %
	55,27(55,27)	1.58,83(1.03,56)					
2	Sara Louise Rung	89	TS/Madla SK	1.52,50	188	SB5	119,66 %
	52,89(52,89)	1.52,50(59,61)					
3	Ingrid Djupskås	89	Asker SK	2.09,10	124	SB7	141,87 %
	57,46(57,46)	2.09,10(1.11,64)					
4	Rona Hjelmstad	93	Skjetten Svømming	2.04,06	140	SB14	152,11 %
	58,17(58,17)	2.04,06(1.05,89)					

Øvelse 4. 100m butterfly, herrer - Forsøk

Senior

1	Alexander Broberg Skeltved	87	Vestkantsvømmerne	57,31	657
	27,03(27,03)	57,31(30,28)			
2	Jørgen Møllerop	88	TS/Madla SK	57,85	639
	27,68(27,68)	57,85(30,17)			
3	Christer Koch Kvam	90	Bærumsvømmerne	1.00,99	545
	27,20(27,20)	1.00,99(33,79)			
4	Alexander B. Havre	90	Mandal SK	1.01,87	522
	27,02(27,02)	1.01,87(34,85)			
	Sindre Eilertsen	90	Lambertseter SK	DISK	

Junior

1	Sindri T. Jakobsson 26,70(26,70)	91	BS/Delfana	57,19	661
2	Erlend Ulveseter 27,15(27,15)	92	BS/Åstveit	58,05	632
3	Fredrik K Hegdal 27,87(27,87)	94	Stavanger SC	59,42	589
4	Tor Hafnor 28,06(28,06)	91	Bærumsvømmerne	59,54	586
5	Thomas Myhrer 28,07(28,07)	94	Sarpsborg IL	59,74	580
6	Sebastian Stordal 27,97(27,97)	91	BS/Delfana	59,75	580
7	Jan Aleksander Bakke 28,17(28,17)	91	Asker SK	1.00,37	562
8	Erling Mjøs Brattelid 28,68(28,68)	91	TS/Sola SK	1.00,71	553
9	Martin Hammer 27,98(27,98)	93	Kongsten/NTG	1.00,74	552
10	Martin Gundersen 27,45(27,45)	93	IL Varg	1.00,75	552
11	Hans Østerdal 27,52(27,52)	93	Stavanger SC	1.00,95	546
12	Henning Kaland 28,14(28,14)	92	Oslo IL	1.01,36	535
13	Åsmund Karlsen 28,22(28,22)	92	Eid SK	1.01,37	535
14	Carl Andreas Wathne 28,90(28,90)	91	Bærumsvømmerne	1.01,55	530
15	Jan-Tore Jessen Eikrem 28,21(28,21)	91	IL Varg	1.02,49	507
16	Martin Berger Oterholm 30,09(30,09)	93	Kolbotn IL	1.03,10	492
17	Morten Wee Hollund 29,84(29,84)	96	Karmøy SK	1.03,13	491
18	Norbert Prokopiak 30,12(30,12)	94	Modum SK	1.03,43	485
19	Martin Schau 29,34(29,34)	91	Larvik SK	1.03,51	483
20	Torbjørn Øvrebø 29,36(29,36)	94	Lambertseter SK	1.03,53	482
21	Christian Tronvoll 30,23(30,23)	94	Vestbyen IL	1.04,10	470
22	Kacper Domanski 30,05(30,05)	96	Madla SK	1.04,40	463
23	Karl Inge Svendsen 30,01(30,01)	93	Hammerfest SLK/NTG	1.04,77	455
24	Berend de Waal 29,80(29,80)	94	IL Norodd	1.05,31	444
25	Arnt Martin Ystenes 29,77(29,77)	92	Trondhjem SLK	1.05,80	434
	Sigvart Evjen	91	Vestbyen IL	DISK	

Øvelse 5. 200m fri, damer - Forsøk

Senior

1	Cecilie W. Johannessen	90	Bergens SC	2.04,03	756
	28,88(28,88)	59,82(30,94)	1.31,66(31,84)	2.04,03(32,37)	
2	Ingvild Snildal	88	Asker SK	2.05,57	728
	29,51(29,51)	1.01,28(31,77)	1.33,89(32,61)	2.05,57(31,68)	
3	Monica W. Johannessen	90	Bergens SC	2.08,09	686
	30,08(30,08)	1.03,00(32,92)	1.36,74(33,74)	2.08,09(31,35)	
4	Gina B. Andersen	90	Lambertseter SK	2.08,14	685
	30,89(30,89)	1.03,09(32,20)	1.36,25(33,16)	2.08,14(31,89)	
5	Sofie Gjemmestad	89	Asker SK	2.09,62	662
	30,50(30,50)	1.03,09(32,59)	1.36,29(33,20)	2.09,62(33,33)	

Junior

1	Ingrid N. Knutzen	91	Lambertseter SK/NTG	2.07,24	700
	30,13(30,13)	1.02,05(31,92)	1.34,62(32,57)	2.07,24(32,62)	
2	Karoline Pedersen	94	BS/Delfana	2.07,42	697
	30,26(30,26)	1.02,06(31,80)	1.35,12(33,06)	2.07,42(32,30)	
3	Victoria Rung	92	TS/Frisinn	2.07,48	696
	30,13(30,13)	1.02,09(31,96)	1.34,76(32,67)	2.07,48(32,72)	
4	Veronica Orheim Bjørlykke	94	Aalesund SLK	2.07,95	688
	29,30(29,30)	1.01,05(31,75)	1.33,71(32,66)	2.07,95(34,24)	
5	Susann Bjørnsen	93	Setermoen SK	2.08,69	677
	30,23(30,23)	1.03,12(32,89)	1.36,25(33,13)	2.08,69(32,44)	
6	Emilie Nyenget Løvberg	95	Bærumsvømmerne	2.08,70	677
	29,99(29,99)	1.02,66(32,67)	1.35,78(33,12)	2.08,70(32,92)	
7	Christine M. Pedersen	93	Lambertseter SK	2.10,10	655
	30,58(30,58)	1.03,31(32,73)	1.36,96(33,65)	2.10,10(33,14)	
8	Victoria S. Løken	91	Team Stavanger	2.10,36	651
	30,09(30,09)	1.01,88(31,79)	1.35,73(33,85)	2.10,36(34,63)	
9	Terese Fosby	92	Sarpsborg IL	2.11,81	630
	30,45(30,45)	1.03,48(33,03)	1.38,11(34,63)	2.11,81(33,70)	
10	Line W. Lund	91	Sarpsborg IL	2.11,89	629
	31,12(31,12)	1.04,30(33,18)	1.38,30(34,00)	2.11,89(33,59)	
11	Eva Marie W. Østerhus	94	TS/Madla SK	2.12,15	625
	30,89(30,89)	1.03,92(33,03)	1.37,98(34,06)	2.12,15(34,17)	
12	Stine Lise Stenseth	94	Øvre Eiker SK	2.12,16	625
	31,67(31,67)	1.05,14(33,47)	1.39,06(33,92)	2.12,16(33,10)	
13	Emilie Hellerud	92	Lambertseter SK/NTG	2.12,26	623
	30,71(30,71)	1.04,24(33,53)	1.38,06(33,82)	2.12,26(34,20)	
14	Lise Sand Syversen	95	BS/Delfana	2.12,47	620
	30,85(30,85)	1.04,19(33,34)	1.38,33(34,14)	2.12,47(34,14)	
15	Hanne Lockertsen	94	Tromsø SK	2.13,20	610
	31,05(31,05)	1.04,33(33,28)	1.38,56(34,23)	2.13,20(34,64)	
16	Siv Fiske	92	Tromsø SK/NTG	2.13,43	607
	30,83(30,83)	1.03,76(32,93)	1.38,08(34,32)	2.13,43(35,35)	
17	Andrea Westbye	95	Bærumsvømmerne	2.13,73	603
	30,95(30,95)	1.04,76(33,81)	1.39,16(34,40)	2.13,73(34,57)	
18	Siri Anette Sønju	92	Øvre Eiker SK	2.13,79	602
	30,71(30,71)	1.03,78(33,07)	1.38,73(34,95)	2.13,79(35,06)	
19	Emma Isdahl	92	Lambertseter SK	2.14,52	592
	31,48(31,48)	1.05,98(34,50)	1.41,61(35,63)	2.14,52(32,91)	
20	Oda Gjerde	95	Bryne SK	2.14,56	592
	31,19(31,19)	1.04,67(33,48)	1.39,94(35,27)	2.14,56(34,62)	
21	Julie Rønningsen	94	Lambertseter SK	2.14,87	588
	31,22(31,22)	1.04,66(33,44)	1.40,67(36,01)	2.14,87(34,20)	
22	Oona Ovesen	92	Elverum Svømming	2.14,92	587
	30,56(30,56)	1.04,19(33,63)	1.40,00(35,81)	2.14,92(34,92)	
23	Ane Nygård	95	Stavanger SC	2.15,38	581
	30,66(30,66)	1.04,79(34,13)	1.40,07(35,28)	2.15,38(35,31)	
24	Elin Haugland	96	Delfana	2.15,42	581
	32,09(32,09)	1.06,32(34,23)	1.41,72(35,40)	2.15,42(33,70)	

25	Maria Wigestrånd	94	Sola SK	2.15,73	577
	30,68(30,68)	1.04,51(33,83)	1.39,91(35,40)	2.15,73(35,82)	
26	Pernille Berntsen	95	Førde IL	2.17,43	556
	30,98(30,98)	1.05,44(34,46)	1.41,77(36,33)	2.17,43(35,66)	
27	Andrea Hestdal	94	BS/Åstveit	2.18,00	549
	32,46(32,46)	1.07,71(35,25)	1.43,37(35,66)	2.18,00(34,63)	
28	Ellen Camilla Hansen	95	Øvre Eiker SK	2.19,39	532
	32,04(32,04)	1.07,02(34,98)	1.43,47(36,45)	2.19,39(35,92)	
29	Ingse Bergh Monsen	92	Bergens SC	2.21,40	510
	32,18(32,18)	1.07,17(34,99)	1.44,50(37,33)	2.21,40(36,90)	
30	Elina Øverås	95	Lørenskog/Rælingen	2.26,31	460
	32,60(32,60)	1.09,80(37,20)	1.48,69(38,89)	2.26,31(37,62)	
	Emilie Witzøe	93	Kolbotn IL	DISK	

Øvelse 6. 200m individuell medley, herrer - Forsøk

Senior

1	Alexander Broberg Skeltved	87	Vestkantsvømmerne	2.09,44	685
	27,99(27,99)	1.02,50(34,51)	1.39,09(36,59)	2.09,44(30,35)	
2	Eirik Ravnán	89	Hamar IL	2.09,72	681
	27,74(27,74)	1.01,53(33,79)	1.38,76(37,23)	2.09,72(30,96)	
3	Lars Andre Tolås	88	Bærumsvømmerne	2.10,89	662
	27,69(27,69)	1.00,84(33,15)	1.39,10(38,26)	2.10,89(31,79)	

Junior

1	Sverre Næss	92	Sarpsborg IL	2.04,86	763 NJR
	26,55(26,55)	59,58(33,03)	1.34,49(34,91)	2.04,86(30,37)	
2	Espen Halhjem	92	BS/Delfana	2.15,13	602
	28,36(28,36)	1.03,90(35,54)	1.43,26(39,36)	2.15,13(31,87)	
3	Sebastian Wigstrøm	91	Bærumsvømmerne	2.15,28	600
	28,20(28,20)	1.05,04(36,84)	1.42,67(37,63)	2.15,28(32,61)	
4	Tor Hafnor	91	Bærumsvømmerne	2.16,54	584
	28,59(28,59)	1.04,64(36,05)	1.45,74(41,10)	2.16,54(30,80)	
5	Runar Borgen	93	Tromsø SK/NTG	2.16,89	579
	28,07(28,07)	1.03,01(34,94)	1.44,50(41,49)	2.16,89(32,39)	
6	Alexander Schüssler	92	Lambertseter SK	2.16,99	578
	30,14(30,14)	1.06,19(36,05)	1.45,25(39,06)	2.16,99(31,74)	
7	Jonas Kirkeberg Jostad	92	Hamar IL	2.17,65	570
	29,22(29,22)	1.03,90(34,68)	1.45,32(41,42)	2.17,65(32,33)	
8	Sebastian Stordal	91	BS/Delfana	2.19,76	544
	29,27(29,27)	1.05,66(36,39)	1.48,58(42,92)	2.19,76(31,18)	
9	Markus Lie	95	Åstveit SK	2.20,03	541
	30,93(30,93)	1.06,91(35,98)	1.47,35(40,44)	2.20,03(32,68)	
10	Aleksander Sire	93	Modum SK	2.21,05	529
	29,31(29,31)	1.06,65(37,34)	1.46,94(40,29)	2.21,05(34,11)	
11	Carl Andreas Wathne	91	Bærumsvømmerne	2.21,37	526
	29,52(29,52)	1.06,68(37,16)	1.48,65(41,97)	2.21,37(32,72)	
12	Markus Vindenes	94	Vestkantsvømmerne	2.21,43	525
	28,52(28,52)	1.05,20(36,68)	1.45,81(40,61)	2.21,43(35,62)	
13	Andreas Mathingsdal Pedersen	92	Farsund SK	2.21,45	525
	30,83(30,83)	1.09,51(38,68)	1.49,44(39,93)	2.21,45(32,01)	
14	Gunnar V. Skirbekk	91	Elverum Svømming	2.22,28	516
	30,03(30,03)	1.07,70(37,67)	1.49,07(41,37)	2.22,28(33,21)	
15	Hans Andre Pedersen	92	Sandefjord SK	2.23,59	502
	30,03(30,03)	1.05,44(35,41)	1.49,78(44,34)	2.23,59(33,81)	
16	Eirik Nielsen	95	Poseidon	2.24,84	489
	30,19(30,19)	1.07,83(37,64)	1.49,08(41,25)	2.24,84(35,76)	
17	Norbert Prokopiak	94	Modum SK	2.25,16	486
	30,15(30,15)	1.08,14(37,99)	1.51,37(43,23)	2.25,16(33,79)	

Øvelse 7. 50m rygg, damer - Forsøk

Senior

1	Ingvild Snildal	88	Asker SK	(0,76)	29,65	760
2	Heidi Vainio Gjøen	88	Lambertseter SK	(0,71)	31,00	665
3	Katharina Stiberg	88	Bjerkvik SK	(0,64)	31,28	647
4	Trine Hovda	90	TS/Madla SK	(0,61)	33,50	527

Junior

1	Oda Marie Siljan	92	Poseidon/TiT	(0,67)	31,49	635
2	Andrine Davidsen	95	Lambertseter SK	(0,64)	31,63	626
3	Benedicte Kausland	92	Vestkantsvømmerne	(0,71)	31,64	626
4	Maria Gullvåg Aasen	92	Kristiansand SA/NTG	(0,67)	31,72	621
5	Camilla Moe	92	Ås IL		31,73	620
6	Line Løvberg	91	Lambertseter SK/NTG	(0,76)	31,88	612
7	Veronica Orheim Bjørlykke	94	Aalesund SLK	(0,76)	31,89	611
8	Aslaug Marie Hjelmaas	95	Bergens SLK	(0,76)	31,93	609
9	Elisabeth H. Svensson	91	Lambertseter SK/NTG	(0,70)	32,08	600
10	Elisabeth Kristiansen	92	Haugesund SK	(0,75)	32,11	598
11	Vår Celine Sjøgaard	96	Lambertseter SK	(0,68)	32,18	595
12	Christine M. Pedersen	93	Lambertseter SK	(0,83)	32,37	584
13	Susann Bjørnsen	93	Setermoen SK	(0,89)	32,78	563
14	Seline Vike Holm	92	BS/Arna	(0,61)	32,82	560
15	Nicole T. Næsheim	91	Stavanger SC	(0,74)	32,87	558
16	Marthe Helene Haganes	93	Vestkantsvømmerne	(0,74)	33,01	551
17	Helene Nordmark Skuterud	93	Asker SK	(0,74)	33,14	544
18	Eirin Røen Martinsen	93	Hamar IL		33,16	543
19	Katrine Jensen	92	BS/Åstveit	(0,67)	33,23	540
20	Iselin Mjøllner Dahlen	92	Skjetten Svømming/NTG		33,24	540
21	Lotte Miller	96	Madla SK	(0,69)	33,26	539
22	Vilde Tengesdal	96	Bryne SK	(0,63)	33,34	535
23	Ina Kvenshagen Gimse	95	Tromsø SK	(0,90)	33,36	534
24	Grethe Tenden	96	Ås IL	(0,71)	33,38	533
24	Vanessa Tuxen	92	TS/Sola SK	(0,67)	33,38	533
26	Oona Ovesen	92	Elverum Svømming	(0,68)	33,43	530
27	Siv Fiske	92	Tromsø SK/NTG	(0,81)	33,44	530
28	Helene Solberg	91	Skjetten Svømming	(0,75)	33,45	529
29	Marte Stamland	96	Poseidon	(0,75)	33,52	526
30	Kristin Blyverket	92	Oslo IL	(0,80)	33,67	519
31	Marie Øverland	94	Vestkantsvømmerne	(0,79)	33,71	517
32	Hanne Lockertsen	94	Tromsø SK	(0,76)	33,81	513
33	Tonje Stæhr Petersen	93	Moss SK	(0,84)	33,83	512
34	Emilie K. Hegdal	96	Stavanger SC		33,86	510
35	Birgitte Elise Søfteland	94	Sarpsborg IL	(0,85)	33,87	510
36	Helene Thunes Truyen	93	Delfana	(0,82)	33,90	509
37	Jacqueline Knutsson	93	Kongsten/NTG	(0,76)	33,99	505
38	Kristin Johnson	93	Elverum Svømming	(0,82)	34,04	502
39	Amalie Thorstensen	96	Vågsbygd SLK	(0,66)	34,05	502
40	Amalie Kristiansen	95	Haugesund SK	(0,78)	34,08	501
41	Juni Rugland	93	Vestkantsvømmerne	(0,72)	34,14	498
42	Karianne Reinertsen	97	Delfana	(0,75)	34,18	496
43	Silje Nilo	93	Sandefjord SK		34,35	489
44	Sofie Reisænen	97	Vågsbygd SLK	(0,73)	34,52	482
45	Anne Kristin Berge	95	Asker SK	(0,78)	34,53	481
	Fanny Moen Pettersen	93	Øvre Eiker SK		DISK	

Øvelse 8. 50m bryst, herrer - Forsøk

Senior

1	Bernt M. Seyffarth	89	Mandal SK	29,88	711
2	Marcus Tesdal	90	BS/Åstveit	29,94	707
3	Alexander Dale Oen	85	Vestkantsvømmerne	30,31	681
4	Mattis Saghaug	90	IL Varg/NTG	30,82	648
5	Øyvind Nyhus	69	Molde SLK	31,26	621
6	Erlend Wærnes	86	Vestbyen IL	32,38	559
7	Mathias Sørstrand Æsøy	90	BS/Delfana	33,76	493

Junior

1	Sverre Næss	92	Sarpsborg IL	28,86	789	NJR
2	Erling Mjøs Brattelid	91	TS/Sola SK	30,67	658	
3	Sebastian Wigstrøm	91	Bærumsvømmerne	30,74	653	
4	John Lekhmus	91	Tromsø SK	30,78	651	
5	Markus Vindenes	94	Vestkantsvømmerne	31,22	623	
6	Simen Dale	91	BS/Delfana	31,47	609	
7	Martin Gundersen	93	IL Varg	31,54	605	
8	Sindre Söderlund	91	Trondhjem SLK/NTG	31,70	596	
9	Aleksander Sire	93	Modum SK	31,92	583	
10	Daniel Ommedal	92	Eid SK	32,10	574	
11	Christopher Wolf	93	Vestbyen IL	32,22	567	
12	Andreas Manum Hagby	95	Asker SK	32,29	563	
13	Sondre Bryn	92	Åstveit SK	32,43	556	
14	Christoffer Tofte Hamborg	93	Vestbyen IL	32,49	553	
14	Christopher Williams	92	Bergens SLK	32,49	553	
16	Øyvind Malde	92	Madla SK	32,50	553	
17	Kristian Nygård	91	Lambertseter SK	32,81	537	
18	Sven Berg	92	Bergens SLK	32,89	533	
19	Henry Emil Nordhagen	93	Bærumsvømmerne	33,01	527	
20	Tom Duc Ngo Kaafjord	94	Vågsbygd SLK	33,11	523	
21	Erik Vassøy Olsen	91	Stavanger SC	33,18	519	
22	Didrik Nygård	94	Lambertseter SK	33,33	512	
23	Robin H. Kleiven	93	Aalesund SLK	33,40	509	
24	Martin B. Lund	92	Elverum Svømming	33,41	509	
25	Jarl André Bergsvenkerud	95	Lørenskog/Rælingen	33,49	505	
26	Håkon Brekke	93	Øvre Eiker SK	33,55	502	
27	Tore Skauge Bysting	92	Lørenskog/Rælingen	33,58	501	
28	Andreas Mathingsdal Pedersen	92	Farsund SK	33,59	501	
29	Berend de Waal	94	IL Norodd	33,89	487	
30	Martin Schau	91	Larvik SK	34,08	479	

Øvelse 9. 4*100m fri, damer - Junior

Junior

1	Lambertseter SK J1 jr.	JR	Lambertseter SK	3.58,70	698
	Christine M. Pedersen:	29,23(29,23)	1.00,87(31,64)	1.00,87	
	Emilie Hellerud:	1.29,10(28,23)	2.00,60(31,50)	59,73	
	Ingrid N. Knutzen:	2.29,21(28,61)	2.59,92(30,71)	59,32	
	Elisabeth H. Svensson:	3.28,58(28,66)	3.58,70(30,12)	58,78	
2	Team Stavanger J1 jr.	JR	Team Stavanger	4.00,30	684
	Victoria S. Løken:	28,70(28,70)	1.00,17(31,47)	1.00,17	
	Victoria Rung:	1.28,38(28,21)	1.59,76(31,38)	59,59	
	Marthe Berg Sørensen:	2.28,27(28,51)	2.59,91(31,64)	1.00,15	
	Eva Marie W. Østerhus:	3.28,32(28,41)	4.00,30(31,98)	1.00,39	

3	Lambertseter SK J2 jr.	JR	Lambertseter SK	4.04,73	647
	Emma Isdahl:	29,70(29,70)	1.00,16(30,46)	1.00,16	
	Line Løvberg:	1.29,05(28,89)	2.00,54(31,49)	1.00,38	
	Julie Rønningsen:	2.30,03(29,49)	3.02,60(32,57)	1.02,06	
	Stina Kajsa Colleou:	3.32,39(29,79)	4.04,73(32,34)	1.02,13	
4	Tromsø SK J1 jr.	JR	Tromsø SK	4.05,58	641
	Sophia Broberg Skeltved:	29,51(29,51)	1.02,11(32,60)	1.02,11	
	Siv Fiske:	1.31,11(29,00)	2.02,21(31,10)	1.00,10	
	Ina Kvenshagen Gimse:	2.31,74(29,53)	3.04,04(32,30)	1.01,83	
	Hanne Lockertsen:	3.33,64(29,60)	4.05,58(31,94)	1.01,54	
5	Bergensv. J1 jr.	JR	Bergensvømmerne	4.07,87	623
	Karoline Pedersen:	29,46(29,46)	1.00,22(30,76)	1.00,22	
	Hanne Søfteland:	1.29,86(29,64)	2.03,54(33,68)	1.03,32	
	Andrea Hestdal:	2.34,14(30,60)	3.07,84(33,70)	1.04,30	
	Lise Sand Syversen:	3.36,55(28,71)	4.07,87(31,32)	1.00,03	
6	Vestkantsv. J1 jr.	JR	Vestkantsvømmerne	4.08,20	621
	Stine Vindenes:	30,36(30,36)	1.02,30(31,94)	1.02,30	
	Andrea Haugstad:	1.31,68(29,38)	2.04,57(32,89)	1.02,27	
	Benedicte Kausland:	2.34,39(29,82)	3.06,33(31,94)	1.01,76	
	Marthe Helene Haganen:	3.35,36(29,03)	4.08,20(32,84)	1.01,87	
7	Asker SK J1 jr.	JR	Asker SK	4.08,42	619
	Mette Mellbye Larsen:	29,53(29,53)	1.02,24(32,71)	1.02,24	
	Marte K. Bolstad:	1.31,47(29,23)	2.03,23(31,76)	1.00,99	
	Rikke Nagell-Kleven:	2.32,84(29,61)	3.05,30(32,46)	1.02,07	
	Helene Nordmark Skuterud:	3.34,32(29,02)	4.08,42(34,10)	1.03,12	
8	Bærumsv J1 jr.	JR	Bærumsvømmerne	4.09,02	615
	Emilie Nyenget Løvberg:	29,02(29,02)	59,77(30,75)	59,77	
	Andrea Westbye:	1.29,06(29,29)	2.01,26(32,20)	1.01,49	
	Kjersti Dalen:	2.31,53(30,27)			
	Lene Lykke Erichsen:	3.35,00(1.03,47)	4.09,02(34,02)		
9	Sarpsborg IL J1 jr.	JR	Sarpsborg IL	4.10,17	606
	Birgitte Elise Søfteland:	30,11(30,11)	1.02,26(32,15)	1.02,26	
	Oda Emilie Haagensen:	1.32,06(29,80)	2.05,01(32,95)	1.02,75	
	Terese Fosby:	2.34,84(29,83)	3.08,39(33,55)	1.03,38	
	Line W. Lund:	3.37,77(29,38)	4.10,17(32,40)	1.01,78	
10	Aalesunds SLK J1 jr.	JR	Aalesund SLK	4.14,47	576
	Julie Hjellbakk Pettersen:	30,67(30,67)	1.04,28(33,61)	1.04,28	
	Caroline R. Helgesen:	1.35,22(30,94)	2.10,04(34,82)	1.05,76	
	Karina Brunstad Fet:	2.40,94(30,90)	3.15,47(34,53)	1.05,43	
	Veronica Orheim Bjørlykke:	3.43,88(28,41)	4.14,47(30,59)	59,00	
11	Øvre Eiker SK J1 jr.	JR	Øvre Eiker SK	4.14,52	576
	Ida Johansen:	29,98(29,98)	1.05,48(35,50)	1.05,48	
	Stine Lise Stenseth:	1.35,02(29,54)	2.06,93(31,91)	1.01,45	
	Ellen Camilla Hansen:	2.38,52(31,59)	3.13,07(34,55)	1.06,14	
	Siri Anette Sønju:	3.42,75(29,68)	4.14,52(31,77)	1.01,45	
12	Delfana J1 jr.	JR	Delfana	4.17,70	555
	Marie Reinertsen:	31,10(31,10)	1.04,98(33,88)	1.04,98	
	Elin Haugland:	1.36,17(31,19)	2.09,34(33,17)	1.04,36	
	Lisa Skogeng:	2.41,02(31,68)	3.13,84(32,82)	1.04,50	
	Vilde Stordal:	3.44,87(31,03)	4.17,70(32,83)	1.03,86	
13	Vestkantsv. J2 jr.	JR	Vestkantsvømmerne	4.18,72	548
	Sara N. Gjelsvik:	31,11(31,11)	1.04,08(32,97)	1.04,08	
	Elida Hole:	1.34,19(30,11)	2.07,50(33,31)	1.03,42	
	Juni Rugland:	2.38,95(31,45)	3.13,26(34,31)	1.05,76	
	Marie Øverland:	3.43,92(30,66)	4.18,72(34,80)	1.05,46	
14	Løren/Rælingen J1 jr.	JR	Lørenskog/Rælingen	4.19,06	546
	Susanne Fornasari:	30,60(30,60)	1.05,39(34,79)	1.05,39	
	Klara Farkas:	1.37,31(31,92)	2.13,29(35,98)	1.07,90	
	Jeanette Erlandsen:	2.42,50(29,21)	3.14,43(31,93)	1.01,14	
	Aurora Brandtzæg:	3.44,95(30,52)	4.19,06(34,11)	1.04,63	
15	Sandefjord SK J1 jr.	JR	Sandefjord SK	4.25,23	509
	Patricia Baay Kristoffersen:	29,84(29,84)	1.02,58(32,74)	1.02,58	
	Silje Nilo:	1.33,40(30,82)	2.08,27(34,87)	1.05,69	
	Madelen Fjørtoft Wolf:	2.41,55(33,28)	3.18,09(36,54)	1.09,82	
	Marie-Elise Eriksen:	3.50,35(32,26)	4.25,23(34,88)	1.07,14	
16	Trondhjem SLK J1 jr.	JR	Trondhjem SLK	4.25,61	506
	Viktoria Juel:	31,33(31,33)	1.06,22(34,89)	1.06,22	
	Åse Nytrø:	1.37,34(31,12)	2.10,68(33,34)	1.04,46	
	Malin Schanke Tømmervik:	2.42,29(31,61)			
	Stine Tveit:	3.49,46(1.07,17)	4.25,61(36,15)		

17	SK Speed J1 jr.	JR	SK Speed	4.27,23	497
	Sara Boukili:	30,02(30,02)	1.02,97(32,95)	1.02,97	
	Hege Strøm Haukeland:	1.32,73(29,76)	2.05,79(33,06)	1.02,82	
	Sara Torp Myhre:	2.37,77(31,98)	3.14,68(36,91)	1.08,89	
	Andrea Kvalheim:	3.48,54(33,86)	4.27,23(38,69)	1.12,55	
18	Bergens SC J1 jr.	JR	Bergens SC	4.30,00	482
	Ingse Bergh Monsen:	32,21(32,21)	1.07,54(35,33)	1.07,54	
	Eli Kristin Ølmheim:	1.38,33(30,79)	2.13,32(34,99)	1.05,78	
	Sara Petrine Veierød:	2.44,83(31,51)	3.19,98(35,15)	1.06,66	
	Martha Maria Songstad:	3.52,61(32,63)	4.30,00(37,39)	1.10,02	
	Stavanger SC J1 jr.	JR	Stavanger SC	DISK	
	Nicole T. Næsheim:	30,58(30,58)	1.02,46(31,88)	1.02,46	
	Caroline M. Mork:	1.33,66(31,20)	2.09,49(35,83)	1.07,03	
	Ane Nygård:	2.38,66(29,17)	3.12,62(33,96)	1.03,13	
	Karoline Eriksen:				

Øvelse 10. 4*200m fri, herrer - Junior

Junior

1	Team Stavanger G1 jr.	JR	Team Stavanger	7.57,26	674
		26,74(26,74)	56,29(29,55)		
	Bjarte Ravndal:	1.26,69(30,40)	1.57,55(30,86)	1.57,55	
		2.24,82(27,27)	2.55,33(30,51)		
	Morten Bordervich:	3.26,38(31,05)	3.57,63(31,25)	2.00,08	
		4.26,03(28,40)	4.57,27(31,24)		
	Erling Mjøs Brattelid:	5.29,64(32,37)	6.01,04(31,40)	2.03,41	
		6.27,63(26,59)	6.56,78(29,15)		
	Ole Martin Ree:	7.26,64(29,86)	7.57,26(30,62)	1.56,22	
2	Bergensv. G1 jr.	JR	Bergensvømmerne	8.02,56	653
		27,16(27,16)	56,85(29,69)		
	Sindri T. Jakobsson:	1.27,15(30,30)	1.57,23(30,08)	1.57,23	
		2.24,23(27,00)	2.54,63(30,40)		
	Eivind Johannesen:	3.25,94(31,31)	3.56,47(30,53)	1.59,24	
		4.24,56(28,09)	4.56,16(31,60)		
	Sebastian Stordal:	5.28,27(32,11)	5.59,35(31,08)	2.02,88	
		6.26,78(27,43)	6.57,42(30,64)		
	Espen Halhjem:	7.29,92(32,50)	8.02,56(32,64)	2.03,21	
3	Bærumsv G1 jr.	JR	Bærumsvømmerne	8.05,66	640
		27,90(27,90)	58,56(30,66)		
	Vegard Nyenget Løvberg:	1.29,91(31,35)	2.01,56(31,65)	2.01,56	
		2.28,67(27,11)	2.59,06(30,39)		
	Tor Hafnor:	3.30,58(31,52)	4.02,84(32,26)	2.01,28	
		4.30,73(27,89)	5.01,42(30,69)		
	Carl Andreas Wathne:	5.33,75(32,33)	6.05,93(32,18)	2.03,09	
		6.32,68(26,75)	7.02,44(29,76)		
	Sebastian Wigstrøm:	7.33,86(31,42)	8.05,66(31,80)	1.59,73	
4	Lambertseter SK G1 jr.	JR	Lambertseter SK	8.07,45	633
		27,57(27,57)	57,21(29,64)		
	Christian Thorsen:	1.28,01(30,80)	1.58,69(30,68)	1.58,69	
		2.26,55(27,86)	2.57,50(30,95)		
	Mathias Madsen:	3.28,84(31,34)	4.00,14(31,30)	2.01,45	
		4.28,76(28,62)	5.01,56(32,80)		
	Alexander Schüssler:	5.33,23(31,67)	6.03,93(30,70)	2.03,79	
		6.31,99(28,06)	7.03,41(31,42)		
	Kristian Nygård:	7.36,25(32,84)	8.07,45(31,20)	2.03,52	
5	IL Varg G1 jr.	JR	IL Varg	8.22,94	576
		28,08(28,08)	58,16(30,08)		
	Odin Spangen Normann:	1.29,29(31,13)	2.00,39(31,10)	2.00,39	
		2.28,66(28,27)	2.59,73(31,07)		
	Martin Gundersen:	3.33,10(33,37)	4.05,31(32,21)	2.04,92	
		4.33,76(28,45)	5.06,11(32,35)		
	Jan-Tore Jessen Eikrem:	5.40,32(34,21)	6.14,44(34,12)	2.09,13	
		6.42,54(28,10)	7.14,01(31,47)		
	Daniel Berenett:	7.48,13(34,12)	8.22,94(34,81)	2.08,50	

6	Bærumsv G2 jr.	JR	Bærumsvømmerne	8.23,52	574
		28,51(28,51)	1.00,69(32,18)		
	Henry Emil Nordhagen:	1.33,59(32,90)	2.06,55(32,96)	2.06,55	
		2.34,80(28,25)	3.06,16(31,36)		
	Henrik Wathne:	3.38,54(32,38)	4.11,82(33,28)	2.05,27	
		4.40,87(29,05)	5.12,00(31,13)		
	Lars Hvidsten:	5.44,85(32,85)	6.17,26(32,41)	2.05,44	
		6.45,89(28,63)	7.17,92(32,03)		
	Magnus Buch:	7.50,69(32,77)	8.23,52(32,83)	2.06,26	
7	Asker SK G1 jr.	JR	Asker SK	8.33,72	541
		28,89(28,89)	1.00,03(31,14)		
	Andreas Bergman:	1.33,24(33,21)	2.06,41(33,17)	2.06,41	
		2.36,86(30,45)	3.08,42(31,56)		
	Jan Aleksander Bakke:	3.42,48(34,06)	4.16,75(34,27)	2.10,34	
		4.45,26(28,51)	5.17,78(32,52)		
	Kristoffer Skribeland:	5.51,24(33,46)	6.24,48(33,24)	2.07,73	
		6.52,92(28,44)	7.25,23(32,31)		
	Eirik Standal Thoresen:	7.59,91(34,68)	8.33,72(33,81)	2.09,24	
8	Karmøy SK G1 jr.	JR	Karmøy SK	8.34,67	538
		28,95(28,95)	1.00,22(31,27)		
	Ivan Aleksander Larsen:	1.33,49(33,27)	2.05,62(32,13)	2.05,62	
		2.35,22(29,60)	3.08,60(33,38)		
	Morten Wee Hollund:	3.43,10(34,50)	4.15,59(32,49)	2.09,97	
		4.45,13(29,54)	5.18,10(32,97)		
	Daniel Sandhåland:	5.52,19(34,09)	6.25,53(33,34)	2.09,94	
		6.53,90(28,37)	7.25,79(31,89)		
	Simen Alvestad:	8.00,39(34,60)	8.34,67(34,28)	2.09,14	
9	Elverum IL G1 jr.	JR	Elverum Svømming	8.34,73	538
		29,55(29,55)	1.02,26(32,71)		
	Ingvar V. Skirbekk:	1.35,79(33,53)	2.09,75(33,96)	2.09,75	
		2.37,65(27,90)	3.09,60(31,95)		
	Gunnar V. Skirbekk:	3.42,20(32,60)	4.13,80(31,60)	2.04,05	
		4.43,27(29,47)	5.16,93(33,66)		
	Martin B. Lund:	5.52,02(35,09)	6.26,82(34,80)	2.13,02	
		6.54,12(27,30)	7.27,02(32,90)		
	Lars Rugsveen:	8.01,77(34,75)	8.34,73(32,96)	2.07,91	
10	Løren/Rælingen G1 jr.	JR	Lørenskog/Rælingen	8.37,21	530
		29,48(29,48)	1.01,76(32,28)		
	Jørgen Gundersen:	1.35,81(34,05)	3.14,07(34,21)		
		2.39,86(1.04,05)	3.14,07(34,21)		
	Tore Skauge Bysting:	3.48,53(34,46)	4.23,15(34,62)		
		4.51,53(28,38)	5.23,97(32,44)		
	Vebjørn Lindhjem:	5.56,66(32,69)	7.29,87(32,21)		
		6.57,66(1.01,00)	7.29,87(32,21)		
	Jarl André Bergsvenkerud:	8.03,58(33,71)	8.37,21(33,63)		
11	Madla SK G1 jr.	JR	Madla SK	8.44,45	508
		30,05(30,05)	1.02,13(32,08)		
	Sindre Aasland Ranaweera:	1.35,53(33,40)	2.09,09(33,56)	2.09,09	
		2.38,47(29,38)	3.11,59(33,12)		
	Øyvind Malde:	3.45,87(34,28)	4.19,11(33,24)	2.10,02	
		4.48,66(29,55)	5.23,15(34,49)		
	Marius Karstad:	5.58,20(35,05)	6.31,55(33,35)	2.12,44	
		7.01,69(30,14)	7.36,11(34,42)		
	Kacper Domanski:	8.11,25(35,14)	8.44,45(33,20)	2.12,90	
12	Ski SK G1 jr.	JR	Ski SK	9.30,58	395
		32,61(32,61)	1.08,69(36,08)		
	Sven Peder Oseth:	1.45,95(37,26)	2.22,72(36,77)	2.22,72	
		2.51,49(28,77)	3.24,84(33,35)		
	Einar Norum:	4.00,72(35,88)	4.36,33(35,61)	2.13,61	
		5.09,24(32,91)	5.46,56(37,32)		
	Eirik Nilsen:	6.25,67(39,11)	7.03,46(37,79)	2.27,13	
		7.36,72(33,26)	8.14,37(37,65)		
	Kristoffer Soot:	8.52,97(38,60)	9.30,58(37,61)	2.27,12	
	Stavanger SC G1 jr.	JR	Stavanger SC	DISK	
		26,80(26,80)	55,32(28,52)		
	Jørn Nygård:	1.25,30(29,98)	1.55,75(30,45)	1.55,75	
	Hans Østerdal:				
	Fredrik K Hegdal:				
	Henning S. Pryde:				

Stavanger SC G2 jr.	JR	Stavanger SC		DISK
Alexander Marki Mork:	29,21(29,21)	1.01,71(32,50)		
Henrik Knudsen:	1.35,48(33,77)	2.07,97(32,49)	2.07,97	
Erik Vassøy Olsen:				
Trond Vasslag:				
Time Trial 100m butterfly:				
Øystein Hetland	89	Bærumsvømmerne	55,33	730
25,34(25,34)	55,33(29,99)			

Torsdag 8. juli kl 18.00 – Finaler

Øvelse 1. 400m individuell medley, damer - Direkte finale

Junior

1	Jacqueline Knutsson	93	Kongsten/NTG	5.08,94	663
	31,45(31,45)	1.07,97(36,52)	1.49,11(41,14)	2.29,88(40,77)	
	3.12,60(42,72)	3.57,22(44,62)	4.33,21(35,99)	5.08,94(35,73)	
2	Oona Ovesen	92	Elverum Svømming	5.12,76	639
	31,42(31,42)	1.08,52(37,10)	1.48,67(40,15)	2.28,31(39,64)	
	3.13,38(45,07)	3.59,95(46,57)	4.36,91(36,96)	5.12,76(35,85)	
3	Lise Sand Syversen	95	BS/Delfana	5.13,19	637
	32,17(32,17)	1.08,70(36,53)	1.51,58(42,88)	2.32,42(40,84)	
	3.18,02(45,60)	4.03,93(45,91)	4.40,06(36,13)	5.13,19(33,13)	
4	Elin Haugland	96	Delfana	5.17,61	611
	33,59(33,59)	1.13,32(39,73)	1.53,78(40,46)	2.34,69(40,91)	
	3.19,21(44,52)	4.06,65(47,44)	4.42,47(35,82)	5.17,61(35,14)	
5	Ellen Camilla Hansen	95	Øvre Eiker SK	5.21,29	590
	34,25(34,25)	1.14,87(40,62)	1.55,96(41,09)	2.36,45(40,49)	
	3.21,22(44,77)	4.08,46(47,24)	4.45,46(37,00)	5.21,29(35,83)	
6	Vilde Stordal	95	Delfana	5.24,50	573
	32,99(32,99)	1.12,56(39,57)	1.55,55(42,99)	2.37,33(41,78)	
	3.24,81(47,48)	4.13,00(48,19)	4.48,99(35,99)	5.24,50(35,51)	
7	Siri Anette Sønju	92	Øvre Eiker SK	5.26,63	561
	33,02(33,02)	1.11,31(38,29)	1.55,79(44,48)	2.37,87(42,08)	
	3.25,65(47,78)	4.14,51(48,86)	4.51,01(36,50)	5.26,63(35,62)	
8	Tone Lill Evanger	96	Delfana	5.26,94	560
	34,59(34,59)	1.16,77(42,18)	1.58,55(41,78)	2.40,49(41,94)	
	3.25,43(44,94)	4.12,30(46,87)	4.50,16(37,86)	5.26,94(36,78)	
9	Julie Torgersen Nilsen	92	Hamar IL	5.29,32	548
	34,98(34,98)	1.14,77(39,79)	1.58,90(44,13)	2.41,74(42,84)	
	3.28,25(46,51)	4.14,67(46,42)	4.52,85(38,18)	5.29,32(36,47)	
10	Maren E.J. Bakke	94	Setermoen SK	5.31,98	535
	34,96(34,96)	1.14,73(39,77)	2.00,54(45,81)	2.44,90(44,36)	
	3.29,04(44,14)	4.15,50(46,46)	4.55,44(39,94)	5.31,98(36,54)	
11	Oda Emilie Haagensen	94	Sarpsborg IL	5.34,14	524
	33,00(33,00)	1.12,43(39,43)	1.56,92(44,49)	2.40,65(43,73)	
	3.26,43(45,78)	4.14,49(48,06)	4.56,52(42,03)	5.34,14(37,62)	
12	Sara N. Gjelsvik	93	Vestkantsvømmerne	5.34,79	521
	35,33(35,33)	1.16,58(41,25)	1.59,85(43,27)	2.42,62(42,77)	
	3.31,25(48,63)	4.20,32(49,07)	4.58,37(38,05)	5.34,79(36,42)	
13	Irja Gravdahl	94	Trondhjem SLK	5.39,27	501
	36,50(36,50)	1.20,73(44,23)	2.05,54(44,81)	2.49,60(44,06)	
	3.34,93(45,33)	4.20,98(46,05)	5.00,91(39,93)	5.39,27(38,36)	
14	Elida Hole	96	Vestkantsvømmerne	5.41,20	493
	33,18(33,18)	1.13,25(40,07)	1.57,30(44,05)	2.42,82(45,52)	
	3.31,90(49,08)	4.22,83(50,93)	5.02,98(40,15)	5.41,20(38,22)	
	Stine Lise Stenseth	94	Øvre Eiker SK	DISK	

Senior

1	Sara Nordenstam	83	Lambertseter SK	4.44,81	847
	30,32(30,32)	1.04,06(33,74)	1.42,41(38,35)	2.18,93(36,52)	
	2.57,10(38,17)	3.36,08(38,98)	4.11,20(35,12)	4.44,81(33,61)	
2	Karoline Brudvik Sanderud	89	Hamar IL	4.58,21	738
	30,07(30,07)	1.03,91(33,84)	1.42,39(38,48)	2.20,80(38,41)	
	3.02,69(41,89)	3.46,16(43,47)	4.22,49(36,33)	4.58,21(35,72)	
3	Jacqueline Knutsson	93	Kongsten/NTG	5.08,94	663
	31,45(31,45)	1.07,97(36,52)	1.49,11(41,14)	2.29,88(40,77)	
	3.12,60(42,72)	3.57,22(44,62)	4.33,21(35,99)	5.08,94(35,73)	
4	Oona Ovesen	92	Elverum Svømming	5.12,76	639
	31,42(31,42)	1.08,52(37,10)	1.48,67(40,15)	2.28,31(39,64)	
	3.13,38(45,07)	3.59,95(46,57)	4.36,91(36,96)	5.12,76(35,85)	

5	Lise Sand Syversen	95	BS/Delfana	5.13,19	637
	32,17(32,17)	1.08,70(36,53)	1.51,58(42,88)	2.32,42(40,84)	
	3.18,02(45,60)	4.03,93(45,91)	4.40,06(36,13)	5.13,19(33,13)	
6	Elin Haugland	96	Delfana	5.17,61	611
	33,59(33,59)	1.13,32(39,73)	1.53,78(40,46)	2.34,69(40,91)	
	3.19,21(44,52)	4.06,65(47,44)	4.42,47(35,82)	5.17,61(35,14)	
7	Ellen Camilla Hansen	95	Øvre Eiker SK	5.21,29	590
	34,25(34,25)	1.14,87(40,62)	1.55,96(41,09)	2.36,45(40,49)	
	3.21,22(44,77)	4.08,46(47,24)	4.45,46(37,00)	5.21,29(35,83)	
8	Vilde Stordal	95	Delfana	5.24,50	573
	32,99(32,99)	1.12,56(39,57)	1.55,55(42,99)	2.37,33(41,78)	
	3.24,81(47,48)	4.13,00(48,19)	4.48,99(35,99)	5.24,50(35,51)	
9	Siri Anette Sønju	92	Øvre Eiker SK	5.26,63	561
	33,02(33,02)	1.11,31(38,29)	1.55,79(44,48)	2.37,87(42,08)	
	3.25,65(47,78)	4.14,51(48,86)	4.51,01(36,50)	5.26,63(35,62)	
10	Tone Lill Evanger	96	Delfana	5.26,94	560
	34,59(34,59)	1.16,77(42,18)	1.58,55(41,78)	2.40,49(41,94)	
	3.25,43(44,94)	4.12,30(46,87)	4.50,16(37,86)	5.26,94(36,78)	
11	Julie Torgersen Nilsen	92	Hamar IL	5.29,32	548
	34,98(34,98)	1.14,77(39,79)	1.58,90(44,13)	2.41,74(42,84)	
	3.28,25(46,51)	4.14,67(46,42)	4.52,85(38,18)	5.29,32(36,47)	
12	Maren E.J. Bakke	94	Setermoen SK	5.31,98	535
	34,96(34,96)	1.14,73(39,77)	2.00,54(45,81)	2.44,90(44,36)	
	3.29,04(44,14)	4.15,50(46,46)	4.55,44(39,94)	5.31,98(36,54)	
13	Oda Emilie Haagensen	94	Sarpsborg IL	5.34,14	524
	33,00(33,00)	1.12,43(39,43)	1.56,92(44,49)	2.40,65(43,73)	
	3.26,43(45,78)	4.14,49(48,06)	4.56,52(42,03)	5.34,14(37,62)	
14	Sara N. Gjelsvik	93	Vestkantsvømmerne	5.34,79	521
	35,33(35,33)	1.16,58(41,25)	1.59,85(43,27)	2.42,62(42,77)	
	3.31,25(48,63)	4.20,32(49,07)	4.58,37(38,05)	5.34,79(36,42)	
15	Irja Gravdahl	94	Trondhjem SLK	5.39,27	501
	36,50(36,50)	1.20,73(44,23)	2.05,54(44,81)	2.49,60(44,06)	
	3.34,93(45,33)	4.20,98(46,05)	5.00,91(39,93)	5.39,27(38,36)	
16	Elida Hole	96	Vestkantsvømmerne	5.41,20	493
	33,18(33,18)	1.13,25(40,07)	1.57,30(44,05)	2.42,82(45,52)	
	3.31,90(49,08)	4.22,83(50,93)	5.02,98(40,15)	5.41,20(38,22)	
	Stine Lise Stenseth	94	Øvre Eiker SK	DISK	

Øvelse 2. 400m fri, herrer - Finale

Senior

1	Gard Kvale	84	Bergens SC	4.04,36	730
	28,10(28,10)	58,09(29,99)	1.28,52(30,43)	1.59,76(31,24)	
	2.31,30(31,54)	3.02,89(31,59)	3.34,06(31,17)	4.04,36(30,30)	
2	Ole Martin Ree	92	TS/Sola SK	4.08,02	699
	28,88(28,88)	1.00,10(31,22)	1.31,94(31,84)	2.03,86(31,92)	
	2.35,90(32,04)	3.07,89(31,99)	3.39,26(31,37)	4.08,02(28,76)	
3	Mikkel Brudvik Sanderud	87	Lambertseter SK	4.08,22	697
	29,62(29,62)	1.00,63(31,01)	1.32,47(31,84)	2.04,34(31,87)	
	2.36,15(31,81)	3.08,19(32,04)	3.40,21(32,02)	4.08,22(28,01)	
4	Christian Thorsen	91	Lambertseter SK	4.11,62	669
	28,56(28,56)	59,51(30,95)	1.31,41(31,90)	2.03,06(31,65)	
	2.35,25(32,19)	3.07,65(32,40)	3.40,32(32,67)	4.11,62(31,30)	
5	Morten Bordervich	94	TS/Sola SK	4.12,61	661
	29,08(29,08)	1.00,97(31,89)	1.33,17(32,20)	2.05,71(32,54)	
	2.37,72(32,01)	3.09,68(31,96)	3.41,75(32,07)	4.12,61(30,86)	
6	Eivind Johannesen	92	BS/Åstveit	4.14,07	650
	28,74(28,74)	1.00,38(31,64)	1.32,62(32,24)	2.05,03(32,41)	
	2.37,44(32,41)	3.10,36(32,92)	3.43,26(32,90)	4.14,07(30,81)	
7	Bjarte Ravndal	91	TS/Sola SK	4.14,80	644
	28,96(28,96)	1.02,26(33,30)	1.35,02(32,76)	2.08,09(33,07)	
	2.40,47(32,38)	3.12,56(32,09)	3.43,72(31,16)	4.14,80(31,08)	
8	Odin Spangen Normann	92	IL Varg	4.18,20	619
	29,69(29,69)	1.02,76(33,07)	1.36,15(33,39)	2.09,12(32,97)	
	2.41,80(32,68)	3.14,41(32,61)	3.46,85(32,44)	4.18,20(31,35)	

Øvelse 3. 100m bryst, damer - Finale**Senior**

1	Sara Nordenstam	83	Lambertseter SK	1.10,20	774
	33,71(33,71)	1.10,20(36,49)			
2	Katharina Stiberg	88	Bjerkvik SK	1.11,51	732
	33,77(33,77)	1.11,51(37,74)			
3	Ingalill Urrang Naustvik	95	Karmøy SK	1.11,96	718
	34,48(34,48)	1.11,96(37,48)			
4	Henriette Martinsen	85	Stavanger SC	1.12,60	700
	33,77(33,77)	1.12,60(38,83)			
5	Elisabeth Jarland	85	Bærumsvømmerne	1.13,01	688
	34,19(34,19)	1.13,01(38,82)			
6	Stina Kajsa Colleou	93	Lambertseter SK	1.13,50	674
	34,95(34,95)	1.13,50(38,55)			
7	Luna Elisabeth Sjøgaard	94	Lambertseter SK	1.13,76	667
	34,56(34,56)	1.13,76(39,20)			
8	Sophia Broberg Skeltved	92	Tromsø SK/NTG	1.15,06	633
	35,45(35,45)	1.15,06(39,61)			

Øvelse 4. 100m butterfly, herrer - Finale**Senior**

1	Jørgen Møllerop	88	TS/Madla SK	56,99	668
	27,03(27,03)	56,99(29,96)			
2	Sindri T. Jakobsson	91	BS/Delfana	57,16	662
	26,90(26,90)	57,16(30,26)			
3	Erlend Ulveseter	92	BS/Åstveit	57,87	638
	27,00(27,00)	57,87(30,87)			
4	Tor Hafnor	91	Bærumsvømmerne	58,85	607
	27,65(27,65)	58,85(31,20)			
5	Fredrik K Hegdal	94	Stavanger SC	58,92	605
	27,78(27,78)	58,92(31,14)			
6	Sebastian Stordal	91	BS/Delfana	59,12	598
	28,20(28,20)	59,12(30,92)			
7	Thomas Myhrer	94	Sarpsborg IL	59,25	594
	27,75(27,75)	59,25(31,50)			
8	Jan Aleksander Bakke	91	Asker SK	59,63	583
	28,20(28,20)	59,63(31,43)			

Øvelse 5. 200m fri, damer - Finale**Senior**

1	Cecilie W. Johannessen	90	Bergens SC	2.01,39	806
	28,57(28,57)	59,14(30,57)	1.30,34(31,20)	2.01,39(31,05)	
2	Karoline Pedersen	94	BS/Delfana	2.05,03	738
	29,91(29,91)	1.01,68(31,77)	1.33,18(31,50)	2.05,03(31,85)	
3	Ingrid N. Knutzen	91	Lambertseter SK/NTG	2.07,37	698
	30,29(30,29)	1.02,17(31,88)	1.34,58(32,41)	2.07,37(32,79)	
4	Veronica Orheim Bjørlykke	94	Aalesund SLK	2.07,69	693
	30,02(30,02)	1.01,79(31,77)	1.34,77(32,98)	2.07,69(32,92)	
5	Monica W. Johannessen	90	Bergens SC	2.08,31	683
	29,63(29,63)	1.02,04(32,41)	1.35,57(33,53)	2.08,31(32,74)	
6	Victoria Rung	92	TS/Frisinn	2.09,01	672
	30,50(30,50)	1.02,94(32,44)	1.36,00(33,06)	2.09,01(33,01)	
7	Susann Bjørnsen	93	Setermoen SK	2.09,84	659
	30,07(30,07)	1.03,09(33,02)	1.37,40(34,31)	2.09,84(32,44)	
8	Gina B. Andersen	90	Lambertseter SK	2.10,69	646
	30,96(30,96)	1.03,60(32,64)	1.37,54(33,94)	2.10,69(33,15)	

Øvelse 6. 200m individuell medley, herrer - Finale**Senior**

1	Eirik Ravnan	89	Hamar IL	2.08,05	707
	27,88(27,88)	1.00,33(32,45)	1.37,68(37,35)	2.08,05(30,37)	
2	Alexander Broberg Skeltved	87	Vestkantsvømmerne	2.09,77	680
	27,60(27,60)	1.00,68(33,08)	1.38,70(38,02)	2.09,77(31,07)	
3	Lars Andre Tolås	88	Bærumsvømmerne	2.10,42	670
	27,71(27,71)	1.00,90(33,19)	1.39,37(38,47)	2.10,42(31,05)	
4	Sebastian Wigstrøm	91	Bærumsvømmerne	2.12,68	636
	29,02(29,02)	1.03,25(34,23)	1.40,60(37,35)	2.12,68(32,08)	
5	Runar Borgen	93	Tromsø SK/NTG	2.15,59	596
	28,04(28,04)	1.03,14(35,10)	1.44,65(41,51)	2.15,59(30,94)	
6	Espen Halhjem	92	BS/Delfana	2.17,02	577
	28,13(28,13)	1.03,97(35,84)	1.44,69(40,72)	2.17,02(32,33)	
7	Alexander Schüssler	92	Lambertseter SK	2.17,46	572
	30,48(30,48)	1.06,69(36,21)	1.46,39(39,70)	2.17,46(31,07)	
8	Sebastian Stordal	91	BS/Delfana	2.17,85	567
	28,62(28,62)	1.05,04(36,42)	1.46,57(41,53)	2.17,85(31,28)	

Øvelse 7. 50m rygg, damer - Finale**Senior**

1	Ingvild Snildal	88	Asker SK	(0,69)	28,94	818
2	Katharina Stiberg	88	Bjerkvik SK	(0,63)	30,36	708
3	Heidi Vainio Gjøn	88	Lambertseter SK	(0,66)	30,76	681
4	Camilla Moe	92	Ås IL		31,46	636
5	Oda Marie Siljan	92	Poseidon/TiT	(0,67)	31,54	632
5	Andrine Davidsen	95	Lambertseter SK	(0,67)	31,54	632
5	Benedicte Kausland	92	Vestkantsvømmerne	(0,77)	31,54	632
8	Maria Gullvåg Aasen	92	Kristiansand SA/NTG	(0,71)	31,73	620

Funksjonshemmede

1	Linn Haugen	87	Vestkantsvømmerne	(0,83)	42,48	258	S9 125,2 %
2	Hanne Farestvedt	93	Åstveit SK	(0,70)	40,79	292	S14 125,28 %
3	Ingrid Djupskås	89	Asker SK	(0,82)	44,84	220	S9 132,15 %
4	Rona Hjelmstad	93	Skjetten Svømming	(0,79)	44,34	227	S14 136,18 %

Øvelse 8. 50m bryst, herrer - Finale**Senior**

1	Alexander Dale Oen	85	Vestkantsvømmerne	28,12	853
2	Sverre Næss	92	Sarpsborg IL	28,90	786
3	Bernt M. Seyffarth	89	Mandal SK	29,83	715
4	Marcus Tesdal	90	BS/Åstveit	30,00	703
5	Sebastian Wigstrøm	91	Bærumsvømmerne	30,68	657
6	John Lekhmus	91	Tromsø SK	30,74	653
7	Mattis Saghaug	90	IL Varg/NTG	30,82	648
8	Erling Mjøs Brattelid	91	TS/Sola SK	30,87	645

Øvelse 9. 4*100m fri, damer - Senior

Senior

1	Bærumsv J1 sr.	SR	Bærumsvømmerne	3.57,98	704
	Kristine Mella:	28,82(28,82)	59,92(31,10)	59,92	
	Emilie Nyenget Løvberg:	1.28,13(28,21)	1.58,80(30,67)	58,88	
	Elisabeth Jarland:	2.26,95(28,15)	2.57,42(30,47)	58,62	
	Andrea Westbye:	3.26,26(28,84)	3.57,98(31,72)	1.00,56	
2	Lambertseter SK J1 sr.	SR	Lambertseter SK	3.58,18	702
	Heidi Vainio Gjøen:	29,34(29,34)	1.01,13(31,79)	1.01,13	
	Gina B. Andersen:	1.30,22(29,09)	2.00,59(30,37)	59,46	
	Ingrid N. Knutzen:	2.28,96(28,37)	2.59,30(30,34)	58,71	
	Elisabeth H. Svensson:	3.27,94(28,64)	3.58,18(30,24)	58,88	
3	Asker SK J1 sr.	SR	Asker SK	3.58,36	701
	Sofie Gjemmestad:	28,89(28,89)	1.00,22(31,33)	1.00,22	
	Mette Mellbye Larsen:	1.29,88(29,66)	2.01,49(31,61)	1.01,27	
	Marte K. Bolstad:	2.30,68(29,19)	3.02,42(31,74)	1.00,93	
	Ingvild Snildal:	3.29,43(27,01)	3.58,36(28,93)	55,94	
4	Vestkantv. J1 sr.	SR	Vestkantvømmerne	4.01,14	677
	Henriette Brekke:	27,03(27,03)	56,98(29,95)	56,98	
	Marthe Helene Haganen:	1.26,28(29,30)	1.58,96(32,68)	1.01,98	
	Benedicte Kausland:	2.28,38(29,42)	3.00,28(31,90)	1.01,32	
	Stine Vindenes:	3.29,49(29,21)	4.01,14(31,65)	1.00,86	
5	Lambertseter SK J2 sr.	SR	Lambertseter SK	4.01,36	675
	Emma Isdahl:	30,17(30,17)	1.01,06(30,89)	1.01,06	
	Line Løvberg:	1.30,08(29,02)	2.01,79(31,71)	1.00,73	
	Christine M. Pedersen:	2.29,75(27,96)	3.01,52(31,77)	59,73	
	Emilie Hellerud:	3.30,17(28,65)	4.01,36(31,19)	59,84	
6	Team Stavanger J1 sr.	SR	Team Stavanger	4.01,71	672
	Victoria S. Løken:	28,83(28,83)	1.00,10(31,27)	1.00,10	
	Victoria Rung:	1.28,49(28,39)	1.59,62(31,13)	59,52	
	Marthe Berg Sørensen:	2.28,40(28,78)	3.00,43(32,03)	1.00,81	
	Eva Marie W. Østerhus:	3.29,22(28,79)	4.01,71(32,49)	1.01,28	
7	Bergensv. J1 sr.	SR	Bergensvømmerne	4.06,19	636
	Karoline Pedersen:	29,33(29,33)	1.00,11(30,78)	1.00,11	
	Siri Løvold Magnussen:	1.29,18(29,07)	2.01,92(32,74)	1.01,81	
	Hanne Søfteland:	2.32,66(30,74)	3.05,64(32,98)	1.03,72	
	Lise Sand Syversen:	3.34,50(28,86)	4.06,19(31,69)	1.00,55	
8	Hamar IL J1 sr.	SR	Hamar IL	4.10,66	603
	Ingrid Kvaal:	30,54(30,54)	1.04,34(33,80)	1.04,34	
	Julie Torgersen Nilsen:	1.34,30(29,96)	2.07,42(33,12)	1.03,08	
	Eirin Røen Martinsen:	2.37,78(30,36)	3.10,40(32,62)	1.02,98	
	Karoline Brudvik Sanderud:	3.39,28(28,88)	4.10,66(31,38)	1.00,26	
9	Bærumsv J2 sr.	SR	Bærumsvømmerne	4.13,76	581
	Kjersti Dalen:	30,18(30,18)	1.02,47(32,29)	1.02,47	
	Victoria Croker:	1.32,90(30,43)	2.06,57(33,67)	1.04,10	
	Lene Lykke Erichsen:	2.37,39(30,82)	3.11,57(34,18)	1.05,00	
	Karolina Orleanski:	3.40,89(29,32)	4.13,76(32,87)	1.02,19	
10	Aalesunds SLK J1 sr.	SR	Aalesund SLK	4.14,16	578
	Caroline R. Helgesen:	30,71(30,71)	1.04,54(33,83)	1.04,54	
	Julie Hjelbakk Pettersen:	1.34,71(30,17)	2.08,04(33,33)	1.03,50	
	Karina Brunstad Fet:	2.39,58(31,54)	3.15,30(35,72)	1.07,26	
	Veronica Orheim Bjørlykke:	3.43,06(27,76)	4.14,16(31,10)	58,86	
11	Løren/Rælingen J1 sr.	SR	Lørenskog/Rælingen	4.14,91	573
	Aurora Brandtzæg:	31,10(31,10)	1.05,52(34,42)	1.05,52	
	Elin Overås:	1.35,64(30,12)	2.09,53(33,89)	1.04,01	
	Jeanette Erlandsen:	2.38,78(29,25)	3.09,94(31,16)	1.00,41	
	Susanne Fornasari:	3.40,08(30,14)	4.14,91(34,83)	1.04,97	
12	Vestkantv. J2 sr.	SR	Vestkantvømmerne	4.17,18	558
	Elida Hole:	30,82(30,82)			
	Andrea Haugstad:	1.33,15(1.02,33)			
	Marie Øverland:	2.36,57(1.03,42)			
	Sara N. Gjelsvik:	3.43,17(1.06,60)	4.17,18(34,01)		
13	Delfana J1 sr.	SR	Delfana	4.17,70	555
	Lisa Skogeng:	31,57(31,57)	1.04,70(33,13)	1.04,70	
	Elin Haugland:	1.35,56(30,86)	2.09,43(33,87)	1.04,73	
	Helene Thunes Truyen:	2.39,08(29,65)	3.12,40(33,32)	1.02,97	
	Karianne Reinertsen:	3.42,96(30,56)	4.17,70(34,74)	1.05,30	

14	Vestbyen IL J1 sr.	SR	Vestbyen IL	4.21,82	529
	Elise Strømsvik:	29,37(29,37)	1.02,57(33,20)	1.02,57	
	Mari Singstad:	1.33,89(31,32)	2.07,75(33,86)	1.05,18	
	Randi Gaasvik:	2.38,58(30,83)	3.13,35(34,77)	1.05,60	
	Marthe Korsvoll:	3.45,26(31,91)	4.21,82(36,56)	1.08,47	
15	NTNUI J1 sr.	SR	NTNUI	4.36,64	448
	Kjersti Arefjord:	31,77(31,77)	1.06,98(35,21)	1.06,98	
	Cathrine Aa Dalen:	1.39,28(32,30)	2.19,26(39,98)	1.12,28	
	Hilde Sund:	2.52,53(33,27)	3.28,83(36,30)	1.09,57	
	Vibeke Browne:	4.00,81(31,98)	4.36,64(35,83)	1.07,81	

Øvelse 10. 4*200m fri, herrer - Senior

Senior

1	Team Stavanger G1 sr.	SR	Team Stavanger	7.49,03	711
		27,47(27,47)	57,46(29,99)		
	Bjarte Ravndal:	1.28,36(30,90)	1.58,23(29,87)	1.58,23	
		2.25,06(26,83)	2.54,57(29,51)		
	Jørgen Møllerop:	3.24,40(29,83)	3.54,30(29,90)	1.56,07	
		4.21,54(27,24)	4.51,64(30,10)		
	Morten Bordervich:	5.22,37(30,73)	5.52,93(30,56)	1.58,63	
		6.19,84(26,91)	6.48,88(29,04)		
	Ole Martin Ree:	7.18,98(30,10)	7.49,03(30,05)	1.56,10	
2	Bærumsv G1 sr.	SR	Bærumsvømmerne	7.52,76	694
		27,31(27,31)	56,40(29,09)		
	Lars Andre Tolås:	1.26,00(29,60)	1.56,51(30,51)	1.56,51	
		2.23,86(27,35)	2.53,73(29,87)		
	Sebastian Wigstrøm:	3.24,20(30,47)	3.54,69(30,49)	1.58,18	
		4.21,06(26,37)	4.50,66(29,60)		
	Vegard Nyenget Løvberg:	5.21,54(30,88)	5.52,90(31,36)	1.58,21	
		6.20,29(27,39)	6.50,96(30,67)		
	Tor Hafnor:	7.21,67(30,71)	7.52,76(31,09)	1.59,86	
3	Bergensv. G1 sr.	SR	Bergensvømmerne	7.58,30	670
		27,58(27,58)	57,56(29,98)		
	Sindri T. Jakobsson:	1.28,33(30,77)	1.58,84(30,51)	1.58,84	
		2.26,78(27,94)	2.57,25(30,47)		
	Marcus Tesdal:	3.28,87(31,62)	4.00,12(31,25)	2.01,28	
		4.27,38(27,26)	4.57,34(29,96)		
	Even Vike Holm:	5.28,93(31,59)	5.59,49(30,56)	1.59,37	
		6.26,27(26,78)	6.55,40(29,13)		
	Sander Smørdal:	7.26,26(30,86)	7.58,30(32,04)	1.58,81	
4	Lambertseter SK G1 sr.	SR	Lambertseter SK	7.59,29	666
		28,25(28,25)	58,21(29,96)		
	Mikkel Brudvik Sanderud:	1.29,85(31,64)	2.00,43(30,58)	2.00,43	
		2.27,71(27,28)	2.58,06(30,35)		
	Christian Thorsen:	3.28,97(30,91)	3.58,92(29,95)	1.58,49	
		4.26,57(27,65)	4.55,86(29,29)		
	Sindre Eilertsen:	5.26,59(30,73)	5.58,13(31,54)	1.59,21	
		6.24,71(26,58)	6.55,17(30,46)		
	Mathias Madsen:	7.26,90(31,73)	7.59,29(32,39)	2.01,16	
5	Bergensv. G2 sr.	SR	Bergensvømmerne	8.12,93	612
		28,52(28,52)	58,90(30,38)		
	Eivind Johannesen:	1.30,81(31,91)	2.01,55(30,74)	2.01,55	
		2.29,08(27,53)	2.59,22(30,14)		
	Eirik Runningen:	3.31,87(32,65)	4.05,68(33,81)	2.04,13	
		4.32,64(26,96)	5.03,75(31,11)		
	Erlend Ulveseter:	5.37,08(33,33)	6.09,84(32,76)	2.04,16	
		6.38,21(28,37)	7.09,40(31,19)		
	Espen Halhjem:	7.41,33(31,93)	8.12,93(31,60)	2.03,09	
6	Bærumsv G2 sr.	SR	Bærumsvømmerne	8.14,72	606
		27,98(27,98)	58,18(30,20)		
	Elias Damman:	1.29,51(31,33)	2.00,71(31,20)	2.00,71	
		2.28,20(27,49)	2.59,31(31,11)		
	Christer Koch Kvam:	3.31,07(31,76)	4.04,47(33,40)	2.03,76	
		4.32,78(28,31)	5.03,90(31,12)		
	Carl Andreas Wathne:	5.36,72(32,82)	6.09,61(32,89)	2.05,14	
		6.37,88(28,27)	7.09,94(32,06)		
	Henrik Wathne:	7.42,48(32,54)	8.14,72(32,24)	2.05,11	

7	Løren/Rælingen G1 sr.	SR	Lørenskog/Rælingen	8.23,75	574
		27,82(27,82)	59,11(31,29)		
	John Hage Gaarder:	1.31,58(32,47)	2.04,09(32,51)	2.04,09	
		2.33,24(29,15)	3.05,16(31,92)		
	Vebjørn Lindhjem:	3.37,98(32,82)	4.10,81(32,83)	2.06,72	
		4.39,66(28,85)	5.12,37(32,71)		
	Jarl André Bergsvenkerud:	5.45,09(32,72)	6.16,62(31,53)	2.05,81	
		6.46,59(29,97)	7.18,80(32,21)		
	Jørgen Gundersen:	7.51,50(32,70)	8.23,75(32,25)	2.07,13	
8	Kristiansand SA G1 sr.	SR	Kristiansand SA	8.36,67	532
		28,19(28,19)	59,68(31,49)		
	Håkon Andersen:	1.32,81(33,13)	2.06,30(33,49)	2.06,30	
		2.35,36(29,06)	3.08,71(33,35)		
	Jonathan Nordhammer:	3.44,00(35,29)	4.19,21(35,21)	2.12,91	
		4.48,44(29,23)	5.20,69(32,25)		
	Kristian Evensen:	5.54,49(33,80)	6.28,15(33,66)	2.08,94	
		6.57,67(29,52)	7.29,89(32,22)		
	Jostein Dalshov Kringlen:	8.03,16(33,27)	8.36,67(33,51)	2.08,52	
9	Bærumsv G3 sr.	SR	Bærumsvømmerne	8.43,50	511
		29,25(29,25)	1.00,77(31,52)		
	Magnus Buch:	1.33,64(32,87)	2.06,30(32,66)	2.06,30	
		2.35,15(28,85)	3.06,83(31,68)		
	Iver Hvidsten:	3.40,38(33,55)	4.16,29(35,91)	2.09,99	
		4.46,00(29,71)	5.20,09(34,09)		
	Fridtjof Bache Hungnes:	5.55,07(34,98)	6.29,05(33,98)	2.12,76	
		6.59,31(30,26)	7.33,23(33,92)		
	Mathias Thorkildsen:	8.08,21(34,98)	8.43,50(35,29)	2.14,45	

Fredag 9. juli kl 10.00

Øvelse 11. 200m rygg, herrer - Forsøk

Senior

1	Eirik Ravnan	89	Hamar IL	(0,72)	2.09,21	650
	30,46(30,46)	1.02,39(31,93)	1.35,39(33,00)	2.09,21(33,82)		
2	Even Vike Holm	90	BS/Arna	(0,76)	2.12,05	609
	31,34(31,34)	1.04,66(33,32)	1.38,67(34,01)	2.12,05(33,38)		
3	Lars Andre Tolås	88	Bærumsvømmerne	(0,72)	2.14,19	580
	31,09(31,09)	1.05,11(34,02)	1.39,44(34,33)	2.14,19(34,75)		
4	John Hage Gaarder	89	Lørenskog/Rælingen	(0,53)	2.17,14	544
	31,33(31,33)	1.05,25(33,92)	1.40,67(35,42)	2.17,14(36,47)		
5	Eirik Runningen	90	BS/Delfana	(0,57)	2.18,05	533
	32,48(32,48)	1.07,20(34,72)	1.43,02(35,82)	2.18,05(35,03)		

Junior

1	Lavrans Solli	92	Bergens SC	(0,64)	2.07,39	678	NJR
	29,91(29,91)	1.01,46(31,55)	1.34,09(32,63)	2.07,39(33,30)			
2	Vegard Nyenget Løvberg	91	Bærumsvømmerne	(0,65)	2.13,53	589	
	30,89(30,89)	1.04,94(34,05)	1.39,31(34,37)	2.13,53(34,22)			
3	Sander Rødje	93	Haugesund SK	(0,72)	2.14,34	578	
	31,55(31,55)	1.05,59(34,04)	1.39,99(34,40)	2.14,34(34,35)			
4	Runar Borgen	93	Tromsø SK/NTG	(0,73)	2.15,62	562	
	31,27(31,27)	1.05,81(34,54)	1.41,55(35,74)	2.15,62(34,07)			
5	Vebjørn Lindhjem	95	Lørenskog/Rælingen	(0,65)	2.15,81	560	
	32,15(32,15)	1.06,49(34,34)	1.41,65(35,16)	2.15,81(34,16)			
6	Sander Andersen	96	Poseidon	(0,64)	2.16,77	548	
	32,32(32,32)	1.06,65(34,33)	1.41,64(34,99)	2.16,77(35,13)			
7	Julian Åsheim Mikkelsen	93	Ås IL/NTG	(0,71)	2.17,30	542	
	30,92(30,92)	1.05,00(34,08)	1.41,23(36,23)	2.17,30(36,07)			
8	Tor Hafnor	91	Bærumsvømmerne	(0,70)	2.17,60	538	
	32,57(32,57)	1.06,88(34,31)	1.42,66(35,78)	2.17,60(34,94)			
9	Henrik Wathne	94	Bærumsvømmerne	(0,67)	2.18,35	529	
	32,18(32,18)	1.06,73(34,55)	1.42,32(35,59)	2.18,35(36,03)			
10	Jørgen Aagaard-Nilsen Wiik	93	Larvik SK		2.18,62	526	
	31,51(31,51)	1.06,39(34,88)	1.42,43(36,04)	2.18,62(36,19)			
11	Henrik Knudsen	94	Stavanger SC	(0,68)	2.18,65	526	
	32,88(32,88)	1.08,19(35,31)	1.43,79(35,60)	2.18,65(34,86)			
12	Hans Andre Pedersen	92	Sandefjord SK	(0,79)	2.18,92	523	
	32,19(32,19)	1.07,06(34,87)	1.43,48(36,42)	2.18,92(35,44)			
13	Sebastian Stordal	91	BS/Delfana	(0,68)	2.19,43	517	
	32,96(32,96)	1.07,95(34,99)	1.44,41(36,46)	2.19,43(35,02)			
14	Christian Christiansen	94	Kristiansund SLK	(0,73)	2.19,53	516	
	32,54(32,54)	1.08,64(36,10)	1.44,34(35,70)	2.19,53(35,19)			
15	Sondre Kallhovd	93	Lambertseter SK	(0,70)	2.20,14	509	
	33,78(33,78)	1.09,66(35,88)	1.45,20(35,54)	2.20,14(34,94)			
16	Martin B. Lund	92	Elverum Svømming	(0,77)	2.21,01	500	
	32,80(32,80)	1.08,70(35,90)	1.45,12(36,42)	2.21,01(35,89)			
17	Henrik Søfteland	95	Delfana	(0,72)	2.21,26	497	
	33,09(33,09)	1.08,80(35,71)	1.45,53(36,73)	2.21,26(35,73)			
18	Markus Lie	95	Åstveit SK	(0,64)	2.21,28	497	
	32,63(32,63)	1.08,34(35,71)	1.44,96(36,62)	2.21,28(36,32)			
19	Gaute Ravndal	94	Sola SK	(0,76)	2.21,65	493	
	33,23(33,23)	1.08,74(35,51)	1.45,54(36,80)	2.21,65(36,11)			
20	Henning Kaland	92	Oslo IL	(0,63)	2.21,78	492	
	32,66(32,66)	1.08,50(35,84)	1.45,16(36,66)	2.21,78(36,62)			
21	Tore Skauge Bysting	92	Lørenskog/Rælingen	(0,66)	2.22,52	484	
	33,77(33,77)	1.09,63(35,86)	1.46,34(36,71)	2.22,52(36,18)			
22	Andreas Bergman	93	Asker SK	(0,83)	2.23,19	478	
	32,82(32,82)	1.08,80(35,98)	1.45,98(37,18)	2.23,19(37,21)			

23	Kristoffer Brekke	91	Vestkantsvømmerne	(0,81)	2.23,24	477
	32,41(32,41)	1.08,57(36,16)	1.45,88(37,31)	2.23,24(37,36)		
24	Aksel Øvern	93	Lambertseter SK	(0,55)	2.23,39	476
	33,19(33,19)	1.09,12(35,93)	1.46,04(36,92)	2.23,39(37,35)		
25	Marius Thorsø	93	Delfana	(0,74)	2.24,00	470
	34,36(34,36)	1.09,94(35,58)		2.24,00(1.14,06)		
26	Anders Færø	92	Bergens SLK	(0,59)	2.24,71	463
	33,81(33,81)	1.09,96(36,15)	1.47,13(37,17)	2.24,71(37,58)		
27	Daniel Sandhåland	95	Karmøy SK	(0,75)	2.25,04	459
	33,56(33,56)	1.10,34(36,78)	1.47,98(37,64)	2.25,04(37,06)		
28	Andreas Bunæs	95	Haldens SK	(0,64)	2.26,22	448
	33,32(33,32)	1.09,94(36,62)	1.48,27(38,33)	2.26,22(37,95)		
29	Øystein Fjeldberg	93	Randaberg IL	(0,81)	2.28,69	426
	34,84(34,84)	1.11,63(36,79)	1.50,20(38,57)	2.28,69(38,49)		

Øvelse 12. 50m fri, damer - Forsøk

Senior

1	Cecilie W. Johannessen	90	Bergens SC	26,41	725
2	Henriette Brekke	88	Vestkantsvømmerne	26,44	723
3	Ingvild Snildal	88	Asker SK	26,69	703
4	Sofie Gjemmestad	89	Asker SK	27,58	637
5	Monica W. Johannessen	90	Bergens SC	27,61	635
6	Elise Strømsvik	87	Vestbyen IL	28,03	607
7	Kristine Risanger Røsland	77	TS/Madla SK	28,47	579
8	Henriette Martinsen	85	Stavanger SC	28,60	571
9	Siri Løvold Magnussen	86	BS/Delfana	28,70	565
	Kristine Mella	90	Bærumsvømmerne	DISK	

Junior

1	Susann Bjørnsen	93	Setermoen SK	27,50	643
2	Victoria S. Løken	91	Team Stavanger	27,51	642
3	Emma Isdahl	92	Lambertseter SK	27,92	614
4	Aslaug Marie Hjelmaas	95	Bergens SLK	28,02	607
5	Maria Thompson Clausen	96	Madla SK	28,04	606
6	Pernille Berntsen	95	Førde IL	28,13	600
6	Kaja Bremer	93	Bergens SLK	28,13	600
8	Amalie Kristiansen	95	Haugesund SK	28,19	596
9	Elisabeth Kristiansen	92	Haugesund SK	28,26	592
10	Line W. Lund	91	Sarpsborg IL	28,28	591
11	Emilie Hellerud	92	Lambertseter SK/NTG	28,43	582
12	Elisabeth H. Svensson	91	Lambertseter SK/NTG	28,56	574
12	Ida Johansen	94	Øvre Eiker SK	28,56	574
14	Oda Marie Siljan	92	Poseidon/TiT	28,57	573
15	Siv Fiske	92	Tromsø SK/NTG	28,60	571
16	Mette Mellbye Larsen	95	Asker SK	28,63	569
17	Ingrid N. Knutzen	91	Lambertseter SK/NTG	28,67	567
18	Ingrid Hystad	92	IL Solid	28,72	564
19	Nicole T. Næsheim	91	Stavanger SC	28,73	563
20	Ingalill Urrang Naustvik	95	Karmøy SK	28,80	559
21	Ane Nygård	95	Stavanger SC	28,81	559
22	Karoline Pedersen	94	BS/Delfana	28,83	558
23	Jeanette Erlandsen	93	Lørenskog/Rælingen	28,88	555
24	Rikke Nagell-Kleven	95	Asker SK	28,90	554
25	Birgitte Elise Søfteland	94	Sarpsborg IL	28,91	553
26	Sophia Broberg Skeltved	92	Tromsø SK/NTG	28,98	549
26	Tonje Riise	93	Lakselv SK/NTG	28,98	549

28	Hanne Søfteland	92	BS/Delfana	29,03	546
29	Eva Marie W. Østerhus	94	TS/Madla SK	29,07	544
30	Kristin Blyverket	92	Oslo IL	29,15	539
31	Renate Ranaweera Aasland	91	TS/Madla SK	29,20	537
32	Marthe Helene Haganes	93	Vestkantsvømmerne	29,43	524
33	Patricia Baay Kristoffersen	96	Sandefjord SK	29,55	518
34	Juni Rugland	93	Vestkantsvømmerne	29,64	513
35	Ingrid Kvaal	94	Hamar IL	29,85	502
36	Marie Øverland	94	Vestkantsvømmerne	30,31	480
37	Caroline M. Mork	93	Stavanger SC	30,33	479

Øvelse 13. 100m fri, herrer - Forsøk

Senior

1	Thomas Ole Fadnes	87	Stavanger SC	52,60	709
	25,08(25,08)	52,60(27,52)			
2	Gard Kvale	84	Bergens SC	52,62	709
	25,70(25,70)	52,62(26,92)			
3	Sander Smørdal	85	BS/Arna	53,54	673
	25,91(25,91)	53,54(27,63)			
4	Bernt M. Seyffarth	89	Mandal SK	54,30	645
	25,12(25,12)	54,30(29,18)			
5	Elias Damman	89	Bærumsvømmerne	55,18	614
	26,89(26,89)	55,18(28,29)			
5	Christer Koch Kvam	90	Bærumsvømmerne	55,18	614
	26,67(26,67)	55,18(28,51)			
7	Mattis Saghaug	90	IL Varg/NTG	55,65	599
	26,33(26,33)	55,65(29,32)			
8	Alexander B. Havre	90	Mandal SK	56,55	571
	25,97(25,97)	56,55(30,58)			

Junior

1	Ole Martin Ree	92	TS/Sola SK	53,49	674
	26,21(26,21)	53,49(27,28)			
2	Martin Hammer	93	Kongsten/NTG	53,53	673
	26,16(26,16)	53,53(27,37)			
3	Jørn Nygård	92	Stavanger SC	53,59	671
	26,58(26,58)	53,59(27,01)			
4	Bjarte Ravndal	91	TS/Sola SK	53,66	668
	26,19(26,19)	53,66(27,47)			
5	Jonas Kirkeberg Jostad	92	Hamar IL	53,79	663
	26,10(26,10)	53,79(27,69)			
6	Hans Østerdal	93	Stavanger SC	55,32	610
	26,47(26,47)	55,32(28,85)			
7	Odin Spangen Normann	92	IL Varg	55,59	601
	26,81(26,81)	55,59(28,78)			
8	Erlend Ulveseter	92	BS/Åstveit	55,67	598
	27,02(27,02)	55,67(28,65)			
9	Håkon Andersen	92	Kristiansand SA	55,68	598
	26,70(26,70)	55,68(28,98)			
10	Mathias Madsen	92	Lambertseter SK	55,80	594
	27,88(27,88)	55,80(27,92)			
11	Morten Bordervich	94	TS/Sola SK	55,90	591
	27,20(27,20)	55,90(28,70)			
12	Alexander Schüssler	92	Lambertseter SK	56,27	579
	27,27(27,27)	56,27(29,00)			
13	Christian Thorsen	91	Lambertseter SK	56,46	574
	27,22(27,22)	56,46(29,24)			
14	Åsmund Karlsen	92	Eid SK	56,48	573
	27,44(27,44)	56,48(29,04)			

15	Markus Vindenes	94	Vestkant svømmerne	56,55	571
	26,70(26,70)	56,55(29,85)			
16	Thomas Myhrer	94	Sarpsborg IL	56,95	559
	27,25(27,25)	56,95(29,70)			
17	Sigvart Evjen	91	Vestbyen IL	57,02	557
	27,34(27,34)	57,02(29,68)			
18	Henry Emil Nordhagen	93	Bærumsvømmerne	57,13	554
	27,07(27,07)	57,13(30,06)			
19	Martin Gundersen	93	IL Varg	57,25	550
	26,76(26,76)	57,25(30,49)			
20	Henning S. Pryde	92	Stavanger SC	57,28	549
	27,75(27,75)	57,28(29,53)			
21	Berend de Waal	94	IL Norodd	57,41	546
	27,32(27,32)	57,41(30,09)			
22	Julian Åsheim Mikkelsen	93	Ås IL/NTG	57,42	545
	27,33(27,33)	57,42(30,09)			
23	Jan Aleksander Bakke	91	Asker SK	58,15	525
	27,31(27,31)	58,15(30,84)			
24	Kristoffer Skribeland	91	Asker SK	58,76	509
	28,03(28,03)	58,76(30,73)			
	Runar Borgen	93	Tromsø SK/NTG	BRUTT	

Øvelse 14. 200m butterfly, damer - Forsøk

Senior

1	Ingvild Snildal	88	Asker SK	2.14,04	780
	29,79(29,79)	1.03,72(33,93)	1.38,52(34,80)	2.14,04(35,52)	
2	Karoline Brudvik Sanderud	89	Hamar IL	2.18,93	701
	31,13(31,13)	1.05,75(34,62)	1.41,73(35,98)	2.18,93(37,20)	
3	Sara Nordenstam	83	Lambertseter SK	2.20,74	674
	31,55(31,55)	1.07,51(35,96)	1.43,80(36,29)	2.20,74(36,94)	
4	Karolina Orleanski	86	Bærumsvømmerne	2.26,33	600
	32,31(32,31)	1.08,87(36,56)	1.46,76(37,89)	2.26,33(39,57)	

Junior

1	Emilie Nyenget Løvberg	95	Bærumsvømmerne	2.22,01	656
	31,79(31,79)	1.08,07(36,28)	1.44,62(36,55)	2.22,01(37,39)	
2	Line Løvberg	91	Lambertseter SK/NTG	2.22,10	655
	31,06(31,06)	1.06,03(34,97)	1.43,54(37,51)	2.22,10(38,56)	
3	Victoria Rung	92	TS/Frisinn	2.22,97	643
	31,36(31,36)	1.07,24(35,88)	1.44,22(36,98)	2.22,97(38,75)	
4	Kristin Blyverket	92	Oslo IL	2.26,67	596
	33,85(33,85)	1.11,81(37,96)	1.49,81(38,00)	2.26,67(36,86)	
5	Jacqueline Knutsson	93	Kongsten/NTG	2.29,27	565
	31,60(31,60)	1.08,85(37,25)	1.48,74(39,89)	2.29,27(40,53)	
6	Marthe Berg Sørensen	92	TS/Frisinn	2.29,44	563
	33,28(33,28)	1.10,93(37,65)	1.50,09(39,16)	2.29,44(39,35)	
7	Stine Vindenes	93	Vestkant svømmerne	2.30,02	557
	32,56(32,56)	1.09,48(36,92)	1.49,30(39,82)	2.30,02(40,72)	
8	Mette Mellbye Larsen	95	Asker SK	2.32,18	533
	32,52(32,52)	1.11,74(39,22)	1.51,32(39,58)	2.32,18(40,86)	
9	Oona Ovesen	92	Elverum Svømming	2.33,59	519
	32,60(32,60)	1.11,06(38,46)	1.51,22(40,16)	2.33,59(42,37)	
10	Elin Haugland	96	Delfana	2.33,81	517
	33,84(33,84)	1.13,11(39,27)	1.53,99(40,88)	2.33,81(39,82)	
11	Hanne Sofie L. Nilsen	94	Kristiansand SA	2.34,07	514
	33,72(33,72)	1.13,00(39,28)	1.53,42(40,42)	2.34,07(40,65)	
12	Amalie Thorstensen	96	Vågsbygd SLK	2.35,25	502
	34,87(34,87)	1.13,87(39,00)	1.54,20(40,33)	2.35,25(41,05)	

13	Vilde Stordal	95	Delfana	2.36,18	493
	34,89(34,89)	1.14,51(39,62)	1.55,65(41,14)	2.36,18(40,53)	
14	Marte K. Bolstad	95	Asker SK	2.37,24	483
	32,97(32,97)	1.11,59(38,62)	1.52,81(41,22)	2.37,24(44,43)	
15	Maren E.J. Bakke	94	Setermoen SK	2.37,42	482
	34,20(34,20)	1.14,34(40,14)	1.55,68(41,34)	2.37,42(41,74)	
16	Hege Strøm Haukeland	94	SK Speed	2.39,22	466
	34,85(34,85)	1.14,84(39,99)	1.56,26(41,42)	2.39,22(42,96)	
17	Karoline Eriksen	92	Stavanger SC	2.40,52	454
	33,34(33,34)	1.13,20(39,86)	1.55,91(42,71)	2.40,52(44,61)	
18	Sara Petrine Veierød	93	Bergens SC	2.44,68	421
	34,37(34,37)	1.14,73(40,36)	1.58,52(43,79)	2.44,68(46,16)	

Øvelse 15. 200m bryst, herrer - Forsøk

Senior

1	Alexander Dale Oen	85	Vestkantsvømmerne	2.20,03	751
	31,56(31,56)	1.07,57(36,01)	1.44,87(37,30)	2.20,03(35,16)	
2	Marcus Tesdal	90	BS/Åstveit	2.20,57	743
	31,82(31,82)	1.07,23(35,41)	1.43,66(36,43)	2.20,57(36,91)	
3	Øyvind Nyhus	69	Molde SLK	2.37,78	525
	34,80(34,80)	1.14,31(39,51)	1.55,09(40,78)	2.37,78(42,69)	

Junior

1	Sverre Næss	92	Sarpsborg IL	2.19,95	753
	31,42(31,42)	1.06,75(35,33)	1.43,02(36,27)	2.19,95(36,93)	
2	Sebastian Wigstrøm	91	Bærumsvømmerne	2.25,04	676
	32,46(32,46)	1.08,76(36,30)	1.46,31(37,55)	2.25,04(38,73)	
3	John Lekhmus	91	Tromsø SK	2.27,74	640
	32,84(32,84)	1.09,30(36,46)	1.47,38(38,08)	2.27,74(40,36)	
4	Robin H. Kleiven	93	Aalesund SLK	2.31,19	597
	34,34(34,34)	1.12,42(38,08)	1.50,75(38,33)	2.31,19(40,44)	
5	Simen Dale	91	BS/Delfana	2.31,47	594
	33,37(33,37)	1.12,29(38,92)	1.51,60(39,31)	2.31,47(39,87)	
6	Alexander Schüssler	92	Lambertseter SK	2.32,68	580
	35,00(35,00)	1.14,39(39,39)	1.53,94(39,55)	2.32,68(38,74)	
7	Erling Mjøs Brattelid	91	TS/Sola SK	2.33,28	573
	34,01(34,01)	1.12,79(38,78)	1.53,57(40,78)	2.33,28(39,71)	
8	Aleksander Sire	93	Modum SK	2.34,07	564
	34,37(34,37)	1.13,97(39,60)	1.54,39(40,42)	2.34,07(39,68)	
9	Kristian Nygård	91	Lambertseter SK	2.34,32	561
	34,28(34,28)	1.13,15(38,87)	1.53,68(40,53)	2.34,32(40,64)	
10	Andreas Mathingsdal Pedersen	92	Farsund SK	2.35,74	546
	34,86(34,86)	1.14,18(39,32)	1.54,59(40,41)	2.35,74(41,15)	
11	Erik Vassøy Olsen	91	Stavanger SC	2.36,36	540
	35,68(35,68)	1.15,70(40,02)	1.55,82(40,12)	2.36,36(40,54)	
12	Gunnar V. Skirbekk	91	Elverum Svømming	2.36,39	539
	35,74(35,74)	1.15,95(40,21)	1.55,89(39,94)	2.36,39(40,50)	
13	Per Morten Halvorsen	94	Kolbotn IL	2.36,69	536
	35,64(35,64)	1.15,79(40,15)	1.56,81(41,02)	2.36,69(39,88)	
14	Espen Halhjem	92	BS/Delfana	2.36,74	536
	34,69(34,69)	1.13,88(39,19)	1.55,00(41,12)	2.36,74(41,74)	
15	Øyvind Malde	92	Madla SK	2.37,29	530
	35,16(35,16)	1.15,33(40,17)	1.56,34(41,01)	2.37,29(40,95)	
16	Christoffer Tofte Hamborg	93	Vestbyen IL	2.38,82	515
	34,50(34,50)	1.16,13(41,63)	1.58,59(42,46)	2.38,82(40,23)	
17	Christopher Wolf	93	Vestbyen IL	2.38,85	515
	35,65(35,65)	1.16,91(41,26)	1.58,25(41,34)	2.38,85(40,60)	
18	Sondre Bryn	92	Åstveit SK	2.39,18	512
	35,00(35,00)	1.15,55(40,55)	1.57,82(42,27)	2.39,18(41,36)	

19	Jarl André Bergsvenkerud	95	Lørenskog/Rælingen	2.39,47	509
	35,46(35,46)	1.15,76(40,30)	1.56,71(40,95)	2.39,47(42,76)	
20	Ingvar V. Skirbekk	93	Elverum Svømming	2.39,62	507
	36,55(36,55)	1.17,28(40,73)	1.58,49(41,21)	2.39,62(41,13)	
21	Trond Vasslag	94	Stavanger SC	2.40,71	497
	35,70(35,70)	1.16,87(41,17)	1.59,12(42,25)	2.40,71(41,59)	
22	Sindre Aasland Ranaweera	96	Madla SK	2.41,13	493
	36,27(36,27)	1.16,31(40,04)	1.57,87(41,56)	2.41,13(43,26)	
23	Daniel Ommedal	92	Eid SK	2.41,76	487
	36,00(36,00)	1.16,33(40,33)	1.58,84(42,51)	2.41,76(42,92)	
24	Sven Berg	92	Bergens SLK	2.42,30	483
	35,33(35,33)	1.15,77(40,44)	1.58,58(42,81)	2.42,30(43,72)	
25	Ivan Aleksander Larsen	95	Karmøy SK	2.42,82	478
	36,81(36,81)	1.18,47(41,66)	2.00,80(42,33)	2.42,82(42,02)	
26	Sigurd Ravnan	91	Hamar IL	2.43,54	472
	37,16(37,16)	1.19,06(41,90)	2.01,40(42,34)	2.43,54(42,14)	
27	Martin Schau	91	Larvik SK	2.44,01	468
	36,65(36,65)	1.19,22(42,57)	2.02,88(43,66)	2.44,01(41,13)	
28	Berend de Waal	94	IL Norodd	2.46,93	444
	37,84(37,84)	1.21,02(43,18)	2.04,90(43,88)	2.46,93(42,03)	
29	Didrik Nygård	94	Lambertseter SK	2.48,17	434
	38,26(38,26)	1.20,75(42,49)	2.04,81(44,06)	2.48,17(43,36)	
30	Tore Skauge Bysting	92	Lørenskog/Rælingen	2.48,40	432
	36,36(36,36)	1.19,98(43,62)	2.04,22(44,24)	2.48,40(44,18)	
31	Kjetil Flatland	94	Lørenskog/Rælingen	2.49,32	425
	38,15(38,15)	1.20,49(42,34)	2.05,15(44,66)	2.49,32(44,17)	
	Tom Duc Ngo Kaafjord	94	Vågsbygd SLK	DISK	
	Andreas Manum Hagby	95	Asker SK	DISK	

Øvelse 16. 100m rygg, damer - Forsøk

Senior

1	Ingvild Snildal	88	Asker SK	(0,15)	1.05,41	702
	32,27(32,27)	1.05,41(33,14)				
2	Heidi Vainio Gjøen	88	Lambertseter SK	(0,66)	1.06,71	661
	32,26(32,26)	1.06,71(34,45)				
3	Elisabeth Jarland	85	Bærumsvømmerne	(0,77)	1.07,18	648
	33,00(33,00)	1.07,18(34,18)				
4	Gina B. Andersen	90	Lambertseter SK	(0,73)	1.09,57	583
	34,49(34,49)	1.09,57(35,08)				
5	Trine Hovda	90	TS/Madla SK	(0,73)	1.12,14	523
	34,12(34,12)	1.12,14(38,02)				

Junior

1	Andrine Davidsen	95	Lambertseter SK	(0,67)	1.07,54	637
	32,90(32,90)	1.07,54(34,64)				
1	Christine M. Pedersen	93	Lambertseter SK	(0,75)	1.07,54	637
	32,53(32,53)	1.07,54(35,01)				
3	Elisabeth Kristiansen	92	Haugesund SK	(0,74)	1.07,66	634
	32,80(32,80)	1.07,66(34,86)				
4	Maria Gullvåg Aasen	92	Kristiansand SA/NTG	(0,75)	1.08,34	615
	32,95(32,95)	1.08,34(35,39)				
5	Aslaug Marie Hjelmaas	95	Bergens SLK	(0,79)	1.09,11	595
	33,07(33,07)	1.09,11(36,04)				
6	Oda Marie Siljan	92	Poseidon/TiT	(0,66)	1.09,23	592
	32,64(32,64)	1.09,23(36,59)				
7	Camilla Moe	92	Ås IL	(0,69)	1.09,35	589
	32,47(32,47)	1.09,35(36,88)				
8	Benedicte Kausland	92	Vestkantsvømmerne	(0,80)	1.09,58	583
	33,37(33,37)	1.09,58(36,21)				

9	Iselin Mjøllner Dahlen 33,86(33,86)	92	Skjetten Svømming/NTG(0,75)	1.10,17	568
10	Vår Celine Sjøgaard 33,96(33,96)	96	Lambertseter SK (0,74)	1.10,43	562
11	Ina Kvenshagen Gimse 34,67(34,67)	95	Tromsø SK (1,01)	1.10,62	557
12	Eirin Røen Martinsen 34,52(34,52)	93	Hamar IL (0,81)	1.10,69	556
13	Lotte Miller 34,68(34,68)	96	Madla SK (0,77)	1.10,90	551
14	Hanne Lockertsen 34,80(34,80)	94	Tromsø SK (0,78)	1.11,01	548
15	Helene Thunes Truyen 34,45(34,45)	93	Delfana (0,79)	1.11,13	546
16	Susann Bjørnsen 34,64(34,64)	93	Setermoen SK (0,89)	1.11,18	544
17	Marte Stamland 34,87(34,87)	96	Poseidon (0,79)	1.11,31	541
18	Seline Vike Holm 34,22(34,22)	92	BS/Arna (0,67)	1.11,32	541
19	Oona Ovesen 35,21(35,21)	92	Elverum Svømming (0,71)	1.11,63	534
20	Helene Nordmark Skuterud 33,67(33,67)	93	Asker SK (0,69)	1.11,92	528
21	Nicole T. Næsheim 35,12(35,12)	91	Stavanger SC	1.11,94	527
22	Karoline Steffensen 35,35(35,35)	96	Harstad SK (0,71)	1.12,19	522
23	Katrine Jensen 34,98(34,98)	92	BS/Åstveit (0,67)	1.12,21	521
24	Vanessa Tuxen 34,66(34,66)	92	TS/Sola SK (0,70)	1.12,33	519
25	Grethe Tenden 35,51(35,51)	96	Ås IL (0,79)	1.12,43	517
26	Emilie K. Hegdal 34,32(34,32)	96	Stavanger SC (0,83)	1.12,49	515
27	Amalie Thorstensen 35,74(35,74)	96	Vågsbygd SLK (0,63)	1.12,79	509
28	Fanny Moen Pettersen 35,09(35,09)	93	Øvre Eiker SK (0,87)	1.12,87	507
29	Anne Kristin Berge 34,49(34,49)	95	Asker SK (0,80)	1.12,98	505
30	Kristin Blyverket 35,76(35,76)	92	Oslo IL (0,82)	1.13,27	499
31	Amalie Kristiansen 34,87(34,87)	95	Haugesund SK (0,76)	1.13,64	492
32	Silje Nilo 35,09(35,09)	93	Sandefjord SK (0,69)	1.14,35	478
33	Marie Øverland 36,05(36,05)	94	Vestkantsvømmerne (0,79)	1.15,43	457
	Ingse Bergh Monsen	92	Bergens SC (0,69)	BRUTT	

Funksjonshemmede

1	Hanne Farestvedt 41,89(41,89)	93	Åstveit SK (0,65)	1.27,36	294	S14	125,23 %
2	Ingrid Djupskås 47,31(47,31)	89	Asker SK (0,89)	1.36,98	215	S9	139,94 %
3	Rona Hjelmstad 47,41(47,41)	93	Skjetten Svømming (0,88)	1.37,84	210	S14	140,25 %

Øvelse 17. 50m butterfly, herrer - Forsøk

Senior

1	John Hage Gaarder	89	Lørenskog/Rælingen	25,90	650
2	Paal Leversen	86	BS/Åstveit	25,99	643
3	Alexander B. Havre	90	Mandal SK	26,25	624
4	Alexander Broberg Skeltved	87	Vestkantsvømmerne	26,41	613
5	Christer Koch Kvam	90	Bærumsvømmerne	26,47	608
5	Mathias Sørstrand Æsøy	90	BS/Delfana	26,47	608
7	Alexander Dale Oen	85	Vestkantsvømmerne	26,50	606
8	Dan Magnus Skibrek	87	Øvre Eiker SK	26,51	606
9	Gard Kvale	84	Bergens SC	26,57	602
9	Sander Smørdal	85	BS/Arna	26,57	602
11	Sindre Eilertsen	90	Lambertseter SK	26,66	596
12	Mattis Saghaug	90	IL Varg/NTG	27,42	547

Junior

1	Sverre Næss	92	Sarpsborg IL	25,58	674
2	Sindri T. Jakobsson	91	BS/Delfana	25,72	663
3	Jan Aleksander Bakke	91	Asker SK	25,93	647
4	Erlend Ulveseter	92	BS/Åstveit	25,99	643
5	Tor Hafnor	91	Bærumsvømmerne	26,59	600
6	Lavrans Solli	92	Bergens SC	26,93	578
7	Fredrik K Hegdal	94	Stavanger SC	26,94	577
8	Odin Spangen Normann	92	IL Varg	26,97	575
9	Martin Gundersen	93	IL Varg	27,13	565
10	Thomas Myhrer	94	Sarpsborg IL	27,23	559
11	Henning Kaland	92	Oslo IL	27,42	547
12	Åsmund Karlsen	92	Eid SK	27,43	547
13	Hans Østerdal	93	Stavanger SC	27,45	546
14	Sebastian Stordal	91	BS/Delfana	27,46	545
15	Espen Halhjem	92	BS/Delfana	27,52	541
16	Martin Hammer	93	Kongsten/NTG	27,55	540
17	Marius Karstad	92	Madla SK	27,63	535
18	Christian Tronvoll	94	Vestbyen IL	27,72	530
19	Jan-Tore Jessen Eikrem	91	IL Varg	27,79	526
20	Eirik Standal Thoresen	93	Asker SK	27,81	525
21	Christian Thorsen	91	Lambertseter SK	27,93	518
22	Jonas Kirkeberg Jostad	92	Hamar IL	27,98	515
23	Martin Berger Oterholm	93	Kolbotn IL	28,02	513

Øvelse 18. 800m fri, damer - Direkte finale – Foreløpig før siste heat

Junior

1	Oda Gjerde	95	Bryne SK	9.26,14	665
	32,87(32,87)	1.07,74(34,87)	1.43,55(35,81)	2.18,63(35,08)	
	2.54,86(36,23)	3.30,61(35,75)	4.06,69(36,08)	4.42,35(35,66)	
	5.18,47(36,12)	5.54,00(35,53)	6.30,26(36,26)	7.05,99(35,73)	
	7.42,10(36,11)	8.17,81(35,71)	8.53,42(35,61)	9.26,14(32,72)	
2	Ellen Camilla Hansen	95	Øvre Eiker SK	9.26,25	664
	33,02(33,02)	1.08,41(35,39)	1.43,79(35,38)	2.19,22(35,43)	
	2.54,93(35,71)	3.30,57(35,64)	4.06,46(35,89)	4.42,25(35,79)	
	5.18,13(35,88)	5.53,67(35,54)	6.29,85(36,18)	7.06,19(36,34)	
	7.42,06(35,87)	8.18,00(35,94)	8.53,32(35,32)	9.26,25(32,93)	

3	Hanne Lockertsen	94	Tromsø SK	9.33,16	641
	33,48(33,48)	1.09,45(35,97)	1.45,44(35,99)	2.21,40(35,96)	
	2.57,21(35,81)	3.33,02(35,81)	4.08,93(35,91)	4.45,00(36,07)	
	5.20,57(35,57)	5.56,81(36,24)	6.33,15(36,34)	7.09,40(36,25)	
	7.45,31(35,91)	8.21,53(36,22)	8.57,50(35,97)	9.33,16(35,66)	
4	Elin Haugland	96	Delfana	9.33,48	640
	33,15(33,15)	1.09,19(36,04)	1.45,81(36,62)	2.22,28(36,47)	
	2.58,93(36,65)	3.35,33(36,40)	4.12,02(36,69)	4.48,25(36,23)	
	5.24,84(36,59)	6.01,00(36,16)	6.37,02(36,02)	7.12,85(35,83)	
	7.48,94(36,09)	8.24,98(36,04)	9.00,13(35,15)	9.33,48(33,35)	
5	Julie Rønningsen	94	Lambertseter SK	9.34,50	636
	32,93(32,93)	1.08,69(35,76)	1.43,82(35,13)	2.19,51(35,69)	
	2.55,67(36,16)	3.32,00(36,33)	4.07,78(35,78)	4.44,51(36,73)	
	5.21,19(36,68)	5.57,42(36,23)	6.33,99(36,57)	7.10,63(36,64)	
	7.47,60(36,97)	8.24,27(36,67)	9.00,65(36,38)	9.34,50(33,85)	
6	Tina Schütz	96	Vestkantsvømmerne	9.38,63	623
	33,76(33,76)	1.09,43(35,67)	1.46,20(36,77)	2.22,56(36,36)	
	2.59,37(36,81)	3.35,92(36,55)	4.12,82(36,90)	4.49,30(36,48)	
	5.26,26(36,96)	6.02,78(36,52)	6.39,32(36,54)	7.15,59(36,27)	
	7.52,08(36,49)	8.28,08(36,00)	9.03,83(35,75)	9.38,63(34,80)	
7	Stine Lise Stenseth	94	Øvre Eiker SK	9.41,66	613
	33,24(33,24)	1.09,37(36,13)	1.46,26(36,89)	2.22,84(36,58)	
	2.59,44(36,60)	3.36,19(36,75)	4.12,42(36,23)	4.48,23(35,81)	
	5.23,89(35,66)	6.00,21(36,32)	6.36,56(36,35)	7.13,48(36,92)	
	7.50,27(36,79)	8.27,61(37,34)	9.04,98(37,37)	9.41,66(36,68)	
8	Julie Torgersen Nilsen	92	Hamar IL	9.43,65	607
	33,38(33,38)	1.09,44(36,06)	1.45,90(36,46)	2.22,56(36,66)	
	2.58,93(36,37)	3.35,84(36,91)	4.12,78(36,94)	4.50,08(37,30)	
	5.26,99(36,91)	6.04,11(37,12)	6.40,59(36,48)	7.17,52(36,93)	
	7.54,10(36,58)	8.31,19(37,09)	9.07,54(36,35)	9.43,65(36,11)	
9	Andrea Haugstad	92	Vestkantsvømmerne	9.48,76	591
	33,16(33,16)	1.08,76(35,60)	1.45,01(36,25)	2.21,51(36,50)	
	2.58,13(36,62)	3.35,04(36,91)	4.11,98(36,94)	4.49,31(37,33)	
	5.26,68(37,37)	6.04,15(37,47)	6.41,34(37,19)	7.19,09(37,75)	
	7.56,82(37,73)	8.34,33(37,51)	9.12,11(37,78)	9.48,76(36,65)	
10	Ane Nygård	95	Stavanger SC	9.56,53	568
	32,38(32,38)	1.08,36(35,98)	1.44,54(36,18)	2.21,39(36,85)	
	2.58,44(37,05)	3.35,96(37,52)	4.13,39(37,43)	4.50,76(37,37)	
	5.28,35(37,59)	6.06,42(38,07)	6.44,22(37,80)	7.22,58(38,36)	
	8.01,17(38,59)	8.39,88(38,71)	9.18,41(38,53)	9.56,53(38,12)	

Senior

1	Oda Gjerde	95	Bryne SK	9.26,14	665
	32,87(32,87)	1.07,74(34,87)	1.43,55(35,81)	2.18,63(35,08)	
	2.54,86(36,23)	3.30,61(35,75)	4.06,69(36,08)	4.42,35(35,66)	
	5.18,47(36,12)	5.54,00(35,53)	6.30,26(36,26)	7.05,99(35,73)	
	7.42,10(36,11)	8.17,81(35,71)	8.53,42(35,61)	9.26,14(32,72)	
2	Ellen Camilla Hansen	95	Øvre Eiker SK	9.26,25	664
	33,02(33,02)	1.08,41(35,39)	1.43,79(35,38)	2.19,22(35,43)	
	2.54,93(35,71)	3.30,57(35,64)	4.06,46(35,89)	4.42,25(35,79)	
	5.18,13(35,88)	5.53,67(35,54)	6.29,85(36,18)	7.06,19(36,34)	
	7.42,06(35,87)	8.18,00(35,94)	8.53,32(35,32)	9.26,25(32,93)	
3	Hanne Lockertsen	94	Tromsø SK	9.33,16	641
	33,48(33,48)	1.09,45(35,97)	1.45,44(35,99)	2.21,40(35,96)	
	2.57,21(35,81)	3.33,02(35,81)	4.08,93(35,91)	4.45,00(36,07)	
	5.20,57(35,57)	5.56,81(36,24)	6.33,15(36,34)	7.09,40(36,25)	
	7.45,31(35,91)	8.21,53(36,22)	8.57,50(35,97)	9.33,16(35,66)	
4	Elin Haugland	96	Delfana	9.33,48	640
	33,15(33,15)	1.09,19(36,04)	1.45,81(36,62)	2.22,28(36,47)	
	2.58,93(36,65)	3.35,33(36,40)	4.12,02(36,69)	4.48,25(36,23)	
	5.24,84(36,59)	6.01,00(36,16)	6.37,02(36,02)	7.12,85(35,83)	
	7.48,94(36,09)	8.24,98(36,04)	9.00,13(35,15)	9.33,48(33,35)	
5	Julie Rønningsen	94	Lambertseter SK	9.34,50	636
	32,93(32,93)	1.08,69(35,76)	1.43,82(35,13)	2.19,51(35,69)	
	2.55,67(36,16)	3.32,00(36,33)	4.07,78(35,78)	4.44,51(36,73)	
	5.21,19(36,68)	5.57,42(36,23)	6.33,99(36,57)	7.10,63(36,64)	
	7.47,60(36,97)	8.24,27(36,67)	9.00,65(36,38)	9.34,50(33,85)	

6	Tina Schütz	96	Vestkantsvømmerne	9.38,63	623
	33,76(33,76)	1.09,43(35,67)	1.46,20(36,77)	2.22,56(36,36)	
	2.59,37(36,81)	3.35,92(36,55)	4.12,82(36,90)	4.49,30(36,48)	
	5.26,26(36,96)	6.02,78(36,52)	6.39,32(36,54)	7.15,59(36,27)	
	7.52,08(36,49)	8.28,08(36,00)	9.03,83(35,75)	9.38,63(34,80)	
7	Stine Lise Stenseth	94	Øvre Eiker SK	9.41,66	613
	33,24(33,24)	1.09,37(36,13)	1.46,26(36,89)	2.22,84(36,58)	
	2.59,44(36,60)	3.36,19(36,75)	4.12,42(36,23)	4.48,23(35,81)	
	5.23,89(35,66)	6.00,21(36,32)	6.36,56(36,35)	7.13,48(36,92)	
	7.50,27(36,79)	8.27,61(37,34)	9.04,98(37,37)	9.41,66(36,68)	
8	Julie Torgersen Nilsen	92	Hamar IL	9.43,65	607
	33,38(33,38)	1.09,44(36,06)	1.45,90(36,46)	2.22,56(36,66)	
	2.58,93(36,37)	3.35,84(36,91)	4.12,78(36,94)	4.50,08(37,30)	
	5.26,99(36,91)	6.04,11(37,12)	6.40,59(36,48)	7.17,52(36,93)	
	7.54,10(36,58)	8.31,19(37,09)	9.07,54(36,35)	9.43,65(36,11)	
9	Andrea Haugstad	92	Vestkantsvømmerne	9.48,76	591
	33,16(33,16)	1.08,76(35,60)	1.45,01(36,25)	2.21,51(36,50)	
	2.58,13(36,62)	3.35,04(36,91)	4.11,98(36,94)	4.49,31(37,33)	
	5.26,68(37,37)	6.04,15(37,47)	6.41,34(37,19)	7.19,09(37,75)	
	7.56,82(37,73)	8.34,33(37,51)	9.12,11(37,78)	9.48,76(36,65)	
10	Ane Nygård	95	Stavanger SC	9.56,53	568
	32,38(32,38)	1.08,36(35,98)	1.44,54(36,18)	2.21,39(36,85)	
	2.58,44(37,05)	3.35,96(37,52)	4.13,39(37,43)	4.50,76(37,37)	
	5.28,35(37,59)	6.06,42(38,07)	6.44,22(37,80)	7.22,58(38,36)	
	8.01,17(38,59)	8.39,88(38,71)	9.18,41(38,53)	9.56,53(38,12)	

Øvelse 19. 1500m fri, herrer - Direkte finale – Foreløpig før siste heat

Junior

1	Sondre Kallhovd	93	Lambertseter SK	17.07,04	617
	31,48(31,48)	1.05,92(34,44)	1.40,28(34,36)	2.14,18(33,90)	
	2.48,41(34,23)	3.22,45(34,04)	3.56,71(34,26)	4.31,43(34,72)	
	5.06,30(34,87)	5.40,82(34,52)	6.15,53(34,71)	6.50,39(34,86)	
	7.25,08(34,69)	8.00,12(35,04)	8.33,75(33,63)	9.07,90(34,15)	
	9.42,17(34,27)	10.16,70(34,53)	10.51,41(34,71)	11.25,27(33,86)	
	11.59,67(34,40)	12.34,06(34,39)	13.09,04(34,98)	13.43,42(34,38)	
	14.17,93(34,51)	14.52,38(34,45)	15.26,29(33,91)	16.01,82(35,53)	
	16.35,68(33,86)	17.07,04(31,36)			
2	Martin Berger Oterholm	93	Kolbotn IL	17.07,06	617
	31,90(31,90)	1.06,58(34,68)	1.40,45(33,87)	2.15,10(34,65)	
	2.49,96(34,86)	3.24,15(34,19)	3.58,98(34,83)	4.34,19(35,21)	
	5.07,44(33,25)	5.42,18(34,74)	6.16,99(34,81)	6.51,97(34,98)	
	7.25,98(34,01)	8.00,08(34,10)	8.33,87(33,79)	9.08,46(34,59)	
	9.42,39(33,93)	10.17,11(34,72)	10.51,41(34,30)	11.25,85(34,44)	
	12.00,18(34,33)	12.35,09(34,91)	13.09,71(34,62)	13.44,59(34,88)	
	14.18,98(34,39)	14.53,69(34,71)	15.28,14(34,45)	16.02,63(34,49)	
	16.36,43(33,80)	17.07,06(30,63)			
3	Ørjan Monsen	92	Sola SK	17.18,01	598
	31,20(31,20)	1.05,33(34,13)	1.39,99(34,66)	2.14,81(34,82)	
	2.49,25(34,44)	3.24,02(34,77)	3.58,79(34,77)	4.33,74(34,95)	
	5.08,74(35,00)	5.44,06(35,32)	6.18,96(34,90)	6.53,92(34,96)	
	7.29,08(35,16)	8.04,16(35,08)	8.39,18(35,02)	9.14,12(34,94)	
	9.49,33(35,21)	10.24,26(34,93)	10.59,30(35,04)	11.34,20(34,90)	
	12.09,17(34,97)	12.43,96(34,79)	13.19,05(35,09)	13.53,96(34,91)	
	14.28,84(34,88)	15.03,66(34,82)	15.38,59(34,93)	16.12,53(33,94)	
	16.46,39(33,86)	17.18,01(31,62)			
4	Gunnar V. Skirbekk	91	Elverum Svømming	17.20,41	594
	30,92(30,92)	1.05,12(34,20)	1.39,96(34,84)	2.15,16(35,20)	
	2.49,29(34,13)	3.24,18(34,89)	3.58,53(34,35)	4.32,92(34,39)	
	5.08,14(35,22)	5.43,14(35,00)	6.17,70(34,56)	6.52,69(34,99)	
	7.27,68(34,99)	8.02,12(34,44)	8.37,40(35,28)	9.12,67(35,27)	
	9.48,12(35,45)	10.22,37(34,25)	10.57,11(34,74)	11.32,62(35,51)	
	12.07,71(35,09)	12.42,41(34,70)	13.17,39(34,98)	13.52,08(34,69)	
	14.27,67(35,59)	15.03,27(35,60)	15.38,68(35,41)	16.13,75(35,07)	
	16.48,48(34,73)	17.20,41(31,93)			

5	Erik Tobias Sollesnes	95	Kolbotn IL	17.20,74	593
		1.05,36(1.05,36)		2.14,50(1.09,14)	
		4.35,97(2.21,47)	4.00,13(-0,84)		
	5.11,41(1.11,28)	5.46,04(34,63)		6.56,70(1.10,66)	
		8.06,45(1.09,75)	8.41,19(34,74)	9.16,02(34,83)	
		10.24,95(1.08,93)		11.33,68(1.08,73)	
	12.08,60(34,92)	12.44,00(35,40)	13.18,96(34,96)	13.53,89(34,93)	
	14.28,54(34,65)	15.03,12(34,58)	15.38,28(35,16)	16.13,14(34,86)	
	16.48,27(35,13)	17.20,74(32,47)			
6	Odin Spangen Normann	92	IL Varg	17.23,21	589
		1.04,00(34,04)	1.38,01(34,01)	2.13,01(35,00)	
		3.23,72(35,49)	3.59,03(35,31)	4.33,98(34,95)	
		5.44,22(35,23)	6.19,21(34,99)	6.54,32(35,11)	
		8.04,65(35,07)	8.39,59(34,94)	9.14,56(34,97)	
		10.25,38(35,28)	11.00,71(35,33)	11.36,09(35,38)	
		12.46,84(35,35)	13.21,77(34,93)	13.57,02(35,25)	
		15.07,41(35,11)	15.42,27(34,86)	16.17,36(35,09)	
	16.51,40(34,04)	17.23,21(31,81)			
7	Lars Rugsveen	94	Elverum Svømming	17.26,87	583
		1.06,91(35,18)	1.41,40(34,49)	2.16,87(35,47)	
		3.28,64(35,98)	4.03,66(35,02)	4.39,20(35,54)	
		5.50,57(35,78)	6.26,21(35,64)	7.01,53(35,32)	
		8.11,01(35,17)	8.45,27(34,26)	9.19,95(34,68)	
		10.30,16(35,02)	11.05,11(34,95)	11.40,16(35,05)	
		12.50,22(35,41)	13.24,73(34,51)	14.00,72(35,99)	
		15.10,21(34,95)	15.45,64(35,43)	16.20,94(35,30)	
	16.54,73(33,79)	17.26,87(32,14)			
8	Jonas Ødegård Aanby	95	Delfana	17.28,00	581
		1.05,25(34,28)	1.39,86(34,61)	2.14,86(35,00)	
		3.23,12(34,17)	3.58,06(34,94)	4.32,38(34,32)	
		5.40,56(34,03)	6.14,86(34,30)	6.49,35(34,49)	
		7.59,24(35,05)	8.34,01(34,77)	9.09,19(35,18)	
		10.19,29(35,20)	10.54,64(35,35)	11.30,39(35,75)	
		12.41,10(35,60)	13.16,73(35,63)	13.52,77(36,04)	
		15.04,43(36,34)	15.40,11(35,68)	16.16,30(36,19)	
	16.52,71(36,41)	17.28,00(35,29)			
9	Andreas Bergman	93	Asker SK	17.35,15	569
		1.04,76(33,53)	1.39,60(34,84)	2.15,24(35,64)	
		3.25,59(35,17)	4.00,81(35,22)	4.35,88(35,07)	
		5.46,28(35,22)	6.21,93(35,65)	6.57,10(35,17)	
		8.07,55(35,27)	8.42,99(35,44)	9.18,23(35,24)	
		10.29,43(35,28)	11.05,30(35,87)	11.40,75(35,45)	
		12.52,21(35,53)	13.28,19(35,98)	14.03,26(35,07)	
		15.14,40(35,13)	15.50,23(35,83)	16.25,97(35,74)	
	17.01,37(35,40)	17.35,15(33,78)			
10	Jørgen Gundersen	95	Lørenskog/Rælingen	17.40,45	561
		1.07,15(35,09)	1.42,89(35,74)	2.18,37(35,48)	
		3.29,25(35,52)	4.04,79(35,54)	4.40,28(35,49)	
		5.50,93(35,42)	6.25,94(35,01)	7.00,89(34,95)	
		8.10,85(35,24)	8.46,09(35,24)	9.20,99(34,90)	
		10.31,61(35,68)	11.07,02(35,41)	11.42,48(35,46)	
		12.53,97(35,90)	13.30,34(36,37)	14.06,21(35,87)	
		15.17,55(35,88)	15.53,80(36,25)	16.29,63(35,83)	
	17.05,52(35,89)	17.40,45(34,93)			
11	Ole Martin Bjørlykke	96	Aalesund SLK	17.48,77	548
		1.06,09(34,49)	1.41,35(35,26)	2.16,97(35,62)	
		3.28,21(35,47)	4.03,84(35,63)	4.39,29(35,45)	
		5.50,78(35,92)	6.26,44(35,66)	7.01,95(35,51)	
		8.13,04(35,50)	8.48,84(35,80)	9.24,52(35,68)	
		10.36,32(35,76)	11.11,95(35,63)	11.48,06(36,11)	
		13.00,42(36,12)	13.36,77(36,35)	14.12,80(36,03)	
		15.25,21(36,15)	16.01,62(36,41)	16.37,85(36,23)	
	17.13,88(36,03)	17.48,77(34,89)			
12	Henrik Søfteland	95	Delfana	17.50,09	546
		1.04,79(33,15)	1.39,22(34,43)	2.14,54(35,32)	
		3.26,07(35,71)	4.01,21(35,14)	4.36,84(35,63)	
		5.47,83(35,45)	6.23,67(35,84)	6.59,62(35,95)	
		8.11,67(36,11)	8.48,04(36,37)	9.24,17(36,13)	
		10.37,30(36,66)	11.13,44(36,14)	11.49,73(36,29)	
		13.02,05(36,35)	13.38,37(36,32)	14.15,04(36,67)	
		15.27,90(36,38)	16.03,87(35,97)	16.40,07(36,20)	
	17.15,57(35,50)	17.50,09(34,52)			

13	Jostein Dalshov Kringlen	94	Kristiansand SA	18.00,01	531
	32,08(32,08)	1.06,64(34,56)	1.41,97(35,33)	2.17,85(35,88)	
	2.53,69(35,84)	3.29,54(35,85)	4.04,98(35,44)	4.41,07(36,09)	
	5.17,45(36,38)	5.53,53(36,08)	6.29,96(36,43)	7.06,16(36,20)	
	7.42,49(36,33)	8.18,79(36,30)	8.54,58(35,79)	9.31,05(36,47)	
	10.07,58(36,53)	10.43,91(36,33)	11.19,83(35,92)	11.56,15(36,32)	
	12.32,27(36,12)	13.09,06(36,79)	13.45,50(36,44)	14.22,42(36,92)	
	14.58,65(36,23)	15.35,23(36,58)	16.11,31(36,08)	16.47,88(36,57)	
	17.24,27(36,39)	18.00,01(35,74)			
14	Sven Berg	92	Bergens SLK	18.02,28	528
	31,49(31,49)	1.05,70(34,21)	1.40,98(35,28)	2.16,51(35,53)	
	2.52,43(35,92)	3.28,34(35,91)	4.04,22(35,88)	4.40,24(36,02)	
	5.16,35(36,11)	5.52,41(36,06)	6.28,22(35,81)	7.04,86(36,64)	
	7.41,37(36,51)	8.18,16(36,79)	8.55,14(36,98)	9.31,67(36,53)	
	10.07,60(35,93)	10.44,11(36,51)	11.20,90(36,79)	11.57,76(36,86)	
	12.34,47(36,71)	13.11,37(36,90)	13.48,16(36,79)	14.25,18(37,02)	
	15.02,17(36,99)	15.39,45(37,28)	16.16,21(36,76)	16.52,36(36,15)	
	17.28,13(35,77)	18.02,28(34,15)			
15	Martin Næss Kjølholdt	95	Kolbotn IL	18.04,80	524
	31,65(31,65)	1.06,69(35,04)	1.42,01(35,32)	2.17,94(35,93)	
	2.53,99(36,05)	3.29,91(35,92)	4.05,56(35,65)	4.41,71(36,15)	
	5.17,22(35,51)	5.52,90(35,68)	6.28,66(35,76)	7.04,39(35,73)	
	7.40,37(35,98)	8.16,42(36,05)	8.52,66(36,24)	9.29,04(36,38)	
	10.05,17(36,13)	10.41,82(36,65)	11.18,33(36,51)	11.55,13(36,80)	
	12.32,13(37,00)	13.09,06(36,93)	13.46,36(37,30)	14.23,59(37,23)	
	15.01,05(37,46)	15.38,51(37,46)	16.15,93(37,42)	16.52,92(36,99)	
	17.30,59(37,67)	18.04,80(34,21)			
16	Alexander Marki Mork	95	Stavanger SC	18.04,86	524
	30,93(30,93)	1.05,57(34,64)	1.40,85(35,28)	2.16,40(35,55)	
	2.52,03(35,63)	3.27,89(35,86)	4.03,88(35,99)	4.40,18(36,30)	
	5.16,47(36,29)	5.52,87(36,40)	6.29,27(36,40)	7.05,69(36,42)	
	7.42,35(36,66)	8.19,02(36,67)	8.55,95(36,93)	9.32,78(36,83)	
	10.09,74(36,96)	10.46,66(36,92)	11.23,57(36,91)	12.00,56(36,99)	
	12.37,50(36,94)	13.14,69(37,19)	13.51,53(36,84)	14.28,40(36,87)	
	15.05,60(37,20)	15.42,43(36,83)	16.18,91(36,48)	16.54,84(35,93)	
	17.31,10(36,26)	18.04,86(33,76)			
17	Kristian Blummenfelt	94	Vestkantsvømmerne	18.10,10	516
	32,50(32,50)	1.07,46(34,96)	1.43,41(35,95)	2.18,46(35,05)	
	2.54,52(36,06)	3.30,15(35,63)	4.06,75(36,60)	4.42,29(35,54)	
	5.18,58(36,29)	5.54,52(35,94)	6.30,81(36,29)	7.07,55(36,74)	
	7.44,09(36,54)	8.20,81(36,72)	8.57,70(36,89)	9.34,07(36,37)	
	10.11,17(37,10)	10.47,79(36,62)	11.25,31(37,52)	12.02,07(36,76)	
	12.39,12(37,05)	13.16,22(37,10)	13.52,97(36,75)	14.29,88(36,91)	
	15.06,91(37,03)	15.44,02(37,11)	16.21,31(37,29)	16.58,10(36,79)	
	17.34,93(36,83)	18.10,10(35,17)			

Senior

1	Magnus Klæboe Nordgård	89	Tromsø SK	17.01,77	627
	30,35(30,35)	1.03,15(32,80)	1.36,70(33,55)	2.10,85(34,15)	
	2.45,03(34,18)	3.19,02(33,99)	3.53,20(34,18)	4.27,51(34,31)	
	5.02,16(34,65)	5.36,47(34,31)	6.10,80(34,33)	6.45,40(34,60)	
	7.19,56(34,16)	7.54,32(34,76)	8.28,86(34,54)	9.03,25(34,39)	
	9.37,56(34,31)	10.11,86(34,30)	10.46,14(34,28)	11.20,52(34,38)	
	11.54,70(34,18)	12.29,36(34,66)	13.03,75(34,39)	13.38,40(34,65)	
	14.12,99(34,59)	14.47,51(34,52)	15.21,80(34,29)	15.55,53(33,73)	
	16.29,91(34,38)	17.01,77(31,86)			
2	Sondre Kallhovd	93	Lambertseter SK	17.07,04	617
	31,48(31,48)	1.05,92(34,44)	1.40,28(34,36)	2.14,18(33,90)	
	2.48,41(34,23)	3.22,45(34,04)	3.56,71(34,26)	4.31,43(34,72)	
	5.06,30(34,87)	5.40,82(34,52)	6.15,53(34,71)	6.50,39(34,86)	
	7.25,08(34,69)	8.00,12(35,04)	8.33,75(33,63)	9.07,90(34,15)	
	9.42,17(34,27)	10.16,70(34,53)	10.51,41(34,71)	11.25,27(33,86)	
	11.59,67(34,40)	12.34,06(34,39)	13.09,04(34,98)	13.43,42(34,38)	
	14.17,93(34,51)	14.52,38(34,45)	15.26,29(33,91)	16.01,82(35,53)	
	16.35,68(33,86)	17.07,04(31,36)			

3	Martin Berger Oterholm	93	Kolbotn IL	17.07,06	617
	31,90(31,90)	1.06,58(34,68)	1.40,45(33,87)	2.15,10(34,65)	
	2.49,96(34,86)	3.24,15(34,19)	3.58,98(34,83)	4.34,19(35,21)	
	5.07,44(33,25)	5.42,18(34,74)	6.16,99(34,81)	6.51,97(34,98)	
	7.25,98(34,01)	8.00,08(34,10)	8.33,87(33,79)	9.08,46(34,59)	
	9.42,39(33,93)	10.17,11(34,72)	10.51,41(34,30)	11.25,85(34,44)	
	12.00,18(34,33)	12.35,09(34,91)	13.09,71(34,62)	13.44,59(34,88)	
	14.18,98(34,39)	14.53,69(34,71)	15.28,14(34,45)	16.02,63(34,49)	
	16.36,43(33,80)	17.07,06(30,63)			
4	Ørjan Monsen	92	Sola SK	17.18,01	598
	31,20(31,20)	1.05,33(34,13)	1.39,99(34,66)	2.14,81(34,82)	
	2.49,25(34,44)	3.24,02(34,77)	3.58,79(34,77)	4.33,74(34,95)	
	5.08,74(35,00)	5.44,06(35,32)	6.18,96(34,90)	6.53,92(34,96)	
	7.29,08(35,16)	8.04,16(35,08)	8.39,18(35,02)	9.14,12(34,94)	
	9.49,33(35,21)	10.24,26(34,93)	10.59,30(35,04)	11.34,20(34,90)	
	12.09,17(34,97)	12.43,96(34,79)	13.19,05(35,09)	13.53,96(34,91)	
	14.28,84(34,88)	15.03,66(34,82)	15.38,59(34,93)	16.12,53(33,94)	
	16.46,39(33,86)	17.18,01(31,62)			
5	Gunnar V. Skirbekk	91	Elverum Svømming	17.20,41	594
	30,92(30,92)	1.05,12(34,20)	1.39,96(34,84)	2.15,16(35,20)	
	2.49,29(34,13)	3.24,18(34,89)	3.58,53(34,35)	4.32,92(34,39)	
	5.08,14(35,22)	5.43,14(35,00)	6.17,70(34,56)	6.52,69(34,99)	
	7.27,68(34,99)	8.02,12(34,44)	8.37,40(35,28)	9.12,67(35,27)	
	9.48,12(35,45)	10.22,37(34,25)	10.57,11(34,74)	11.32,62(35,51)	
	12.07,71(35,09)	12.42,41(34,70)	13.17,39(34,98)	13.52,08(34,69)	
	14.27,67(35,59)	15.03,27(35,60)	15.38,68(35,41)	16.13,75(35,07)	
	16.48,48(34,73)	17.20,41(31,93)			
6	Erik Tobias Sollesnes	95	Kolbotn IL	17.20,74	593
		1.05,36(1.05,36)		2.14,50(1.09,14)	
		4.35,97(2.21,47)	4.00,13(-0,84)		
	5.11,41(1.11,28)	5.46,04(34,63)		6.56,70(1.10,66)	
		8.06,45(1.09,75)	8.41,19(34,74)	9.16,02(34,83)	
		10.24,95(1.08,93)		11.33,68(1.08,73)	
	12.08,60(34,92)	12.44,00(35,40)	13.18,96(34,96)	13.53,89(34,93)	
	14.28,54(34,65)	15.03,12(34,58)	15.38,28(35,16)	16.13,14(34,86)	
	16.48,27(35,13)	17.20,74(32,47)			
7	Odin Spangen Normann	92	IL Varg	17.23,21	589
	29,96(29,96)	1.04,00(34,04)	1.38,01(34,01)	2.13,01(35,00)	
	2.48,23(35,22)	3.23,72(35,49)	3.59,03(35,31)	4.33,98(34,95)	
	5.08,99(35,01)	5.44,22(35,23)	6.19,21(34,99)	6.54,32(35,11)	
	7.29,58(35,26)	8.04,65(35,07)	8.39,59(34,94)	9.14,56(34,97)	
	9.50,10(35,54)	10.25,38(35,28)	11.00,71(35,33)	11.36,09(35,38)	
	12.11,49(35,40)	12.46,84(35,35)	13.21,77(34,93)	13.57,02(35,25)	
	14.32,30(35,28)	15.07,41(35,11)	15.42,27(34,86)	16.17,36(35,09)	
	16.51,40(34,04)	17.23,21(31,81)			
8	Lars Rugsveen	94	Elverum Svømming	17.26,87	583
	31,73(31,73)	1.06,91(35,18)	1.41,40(34,49)	2.16,87(35,47)	
	2.52,66(35,79)	3.28,64(35,98)	4.03,66(35,02)	4.39,20(35,54)	
	5.14,79(35,59)	5.50,57(35,78)	6.26,21(35,64)	7.01,53(35,32)	
	7.35,84(34,31)	8.11,01(35,17)	8.45,27(34,26)	9.19,95(34,68)	
	9.55,14(35,19)	10.30,16(35,02)	11.05,11(34,95)	11.40,16(35,05)	
	12.14,81(34,65)	12.50,22(35,41)	13.24,73(34,51)	14.00,72(35,99)	
	14.35,26(34,54)	15.10,21(34,95)	15.45,64(35,43)	16.20,94(35,30)	
	16.54,73(33,79)	17.26,87(32,14)			
9	Jonas Ødegård Aanby	95	Delfana	17.28,00	581
	30,97(30,97)	1.05,25(34,28)	1.39,86(34,61)	2.14,86(35,00)	
	2.48,95(34,09)	3.23,12(34,17)	3.58,06(34,94)	4.32,38(34,32)	
	5.06,53(34,15)	5.40,56(34,03)	6.14,86(34,30)	6.49,35(34,49)	
	7.24,19(34,84)	7.59,24(35,05)	8.34,01(34,77)	9.09,19(35,18)	
	9.44,09(34,90)	10.19,29(35,20)	10.54,64(35,35)	11.30,39(35,75)	
	12.05,50(35,11)	12.41,10(35,60)	13.16,73(35,63)	13.52,77(36,04)	
	14.28,09(35,32)	15.04,43(36,34)	15.40,11(35,68)	16.16,30(36,19)	
	16.52,71(36,41)	17.28,00(35,29)			
10	Andreas Bergman	93	Asker SK	17.35,15	569
	31,23(31,23)	1.04,76(33,53)	1.39,60(34,84)	2.15,24(35,64)	
	2.50,42(35,18)	3.25,59(35,17)	4.00,81(35,22)	4.35,88(35,07)	
	5.11,06(35,18)	5.46,28(35,22)	6.21,93(35,65)	6.57,10(35,17)	
	7.32,28(35,18)	8.07,55(35,27)	8.42,99(35,44)	9.18,23(35,24)	
	9.54,15(35,92)	10.29,43(35,28)	11.05,30(35,87)	11.40,75(35,45)	
	12.16,68(35,93)	12.52,21(35,53)	13.28,19(35,98)	14.03,26(35,07)	
	14.39,27(36,01)	15.14,40(35,13)	15.50,23(35,83)	16.25,97(35,74)	
	17.01,37(35,40)	17.35,15(33,78)			

11	Jørgen Gundersen	95	Lørenskog/Rælingen	17.40,45	561
	32,06(32,06)	1.07,15(35,09)	1.42,89(35,74)	2.18,37(35,48)	
	2.53,73(35,36)	3.29,25(35,52)	4.04,79(35,54)	4.40,28(35,49)	
	5.15,51(35,23)	5.50,93(35,42)	6.25,94(35,01)	7.00,89(34,95)	
	7.35,61(34,72)	8.10,85(35,24)	8.46,09(35,24)	9.20,99(34,90)	
	9.55,93(34,94)	10.31,61(35,68)	11.07,02(35,41)	11.42,48(35,46)	
	12.18,07(35,59)	12.53,97(35,90)	13.30,34(36,37)	14.06,21(35,87)	
	14.41,67(35,46)	15.17,55(35,88)	15.53,80(36,25)	16.29,63(35,83)	
	17.05,52(35,89)	17.40,45(34,93)			
12	Ole Martin Bjørlykke	96	Aalesund SLK	17.48,77	548
	31,60(31,60)	1.06,09(34,49)	1.41,35(35,26)	2.16,97(35,62)	
	2.52,74(35,77)	3.28,21(35,47)	4.03,84(35,63)	4.39,29(35,45)	
	5.14,86(35,57)	5.50,78(35,92)	6.26,44(35,66)	7.01,95(35,51)	
	7.37,54(35,59)	8.13,04(35,50)	8.48,84(35,80)	9.24,52(35,68)	
	10.00,56(36,04)	10.36,32(35,76)	11.11,95(35,63)	11.48,06(36,11)	
	12.24,30(36,24)	13.00,42(36,12)	13.36,77(36,35)	14.12,80(36,03)	
	14.49,06(36,26)	15.25,21(36,15)	16.01,62(36,41)	16.37,85(36,23)	
	17.13,88(36,03)	17.48,77(34,89)			
13	Henrik Søfteland	95	Delfana	17.50,09	546
	31,64(31,64)	1.04,79(33,15)	1.39,22(34,43)	2.14,54(35,32)	
	2.50,36(35,82)	3.26,07(35,71)	4.01,21(35,14)	4.36,84(35,63)	
	5.12,38(35,54)	5.47,83(35,45)	6.23,67(35,84)	6.59,62(35,95)	
	7.35,56(35,94)	8.11,67(36,11)	8.48,04(36,37)	9.24,17(36,13)	
	10.00,64(36,47)	10.37,30(36,66)	11.13,44(36,14)	11.49,73(36,29)	
	12.25,70(35,97)	13.02,05(36,35)	13.38,37(36,32)	14.15,04(36,67)	
	14.51,52(36,48)	15.27,90(36,38)	16.03,87(35,97)	16.40,07(36,20)	
	17.15,57(35,50)	17.50,09(34,52)			
14	Jostein Dalshov Kringlen	94	Kristiansand SA	18.00,01	531
	32,08(32,08)	1.06,64(34,56)	1.41,97(35,33)	2.17,85(35,88)	
	2.53,69(35,84)	3.29,54(35,85)	4.04,98(35,44)	4.41,07(36,09)	
	5.17,45(36,38)	5.53,53(36,08)	6.29,96(36,43)	7.06,16(36,20)	
	7.42,49(36,33)	8.18,79(36,30)	8.54,58(35,79)	9.31,05(36,47)	
	10.07,58(36,53)	10.43,91(36,33)	11.19,83(35,92)	11.56,15(36,32)	
	12.32,27(36,12)	13.09,06(36,79)	13.45,50(36,44)	14.22,42(36,92)	
	14.58,65(36,23)	15.35,23(36,58)	16.11,31(36,08)	16.47,88(36,57)	
	17.24,27(36,39)	18.00,01(35,74)			
15	Sven Berg	92	Bergens SLK	18.02,28	528
	31,49(31,49)	1.05,70(34,21)	1.40,98(35,28)	2.16,51(35,53)	
	2.52,43(35,92)	3.28,34(35,91)	4.04,22(35,88)	4.40,24(36,02)	
	5.16,35(36,11)	5.52,41(36,06)	6.28,22(35,81)	7.04,86(36,64)	
	7.41,37(36,51)	8.18,16(36,79)	8.55,14(36,98)	9.31,67(36,53)	
	10.07,60(35,93)	10.44,11(36,51)	11.20,90(36,79)	11.57,76(36,86)	
	12.34,47(36,71)	13.11,37(36,90)	13.48,16(36,79)	14.25,18(37,02)	
	15.02,17(36,99)	15.39,45(37,28)	16.16,21(36,76)	16.52,36(36,15)	
	17.28,13(35,77)	18.02,28(34,15)			
16	Martin Næss Kjøholdt	95	Kolbotn IL	18.04,80	524
	31,65(31,65)	1.06,69(35,04)	1.42,01(35,32)	2.17,94(35,93)	
	2.53,99(36,05)	3.29,91(35,92)	4.05,56(35,65)	4.41,71(36,15)	
	5.17,22(35,51)	5.52,90(35,68)	6.28,66(35,76)	7.04,39(35,73)	
	7.40,37(35,98)	8.16,42(36,05)	8.52,66(36,24)	9.29,04(36,38)	
	10.05,17(36,13)	10.41,82(36,65)	11.18,33(36,51)	11.55,13(36,80)	
	12.32,13(37,00)	13.09,06(36,93)	13.46,36(37,30)	14.23,59(37,23)	
	15.01,05(37,46)	15.38,51(37,46)	16.15,93(37,42)	16.52,92(36,99)	
	17.30,59(37,67)	18.04,80(34,21)			
17	Alexander Marki Mork	95	Stavanger SC	18.04,86	524
	30,93(30,93)	1.05,57(34,64)	1.40,85(35,28)	2.16,40(35,55)	
	2.52,03(35,63)	3.27,89(35,86)	4.03,88(35,99)	4.40,18(36,30)	
	5.16,47(36,29)	5.52,87(36,40)	6.29,27(36,40)	7.05,69(36,42)	
	7.42,35(36,66)	8.19,02(36,67)	8.55,95(36,93)	9.32,78(36,83)	
	10.09,74(36,96)	10.46,66(36,92)	11.23,57(36,91)	12.00,56(36,99)	
	12.37,50(36,94)	13.14,69(37,19)	13.51,53(36,84)	14.28,40(36,87)	
	15.05,60(37,20)	15.42,43(36,83)	16.18,91(36,48)	16.54,84(35,93)	
	17.31,10(36,26)	18.04,86(33,76)			
18	Magnus Bru	87	Asker SK	18.05,65	523
	32,06(32,06)	1.06,74(34,68)	1.41,95(35,21)	2.17,42(35,47)	
	2.52,44(35,02)	3.28,20(35,76)	4.03,84(35,64)	4.39,52(35,68)	
	5.15,10(35,58)	5.51,10(36,00)	6.27,28(36,18)	7.03,57(36,29)	
	7.39,94(36,37)	8.16,11(36,17)	8.52,08(35,97)	9.28,54(36,46)	
	10.04,72(36,18)	10.41,84(37,12)	11.18,98(37,14)	11.56,21(37,23)	
	12.33,02(36,81)	13.10,31(37,29)	13.47,40(37,09)	14.24,71(37,31)	
	15.02,02(37,31)	15.39,32(37,30)	16.16,20(36,88)	16.53,31(37,11)	
	17.29,99(36,68)	18.05,65(35,66)			

19	Kristian Blummenfelt	94	Vestkant svømmerne	18.10,10	516
	32,50(32,50)	1.07,46(34,96)	1.43,41(35,95)	2.18,46(35,05)	
	2.54,52(36,06)	3.30,15(35,63)	4.06,75(36,60)	4.42,29(35,54)	
	5.18,58(36,29)	5.54,52(35,94)	6.30,81(36,29)	7.07,55(36,74)	
	7.44,09(36,54)	8.20,81(36,72)	8.57,70(36,89)	9.34,07(36,37)	
	10.11,17(37,10)	10.47,79(36,62)	11.25,31(37,52)	12.02,07(36,76)	
	12.39,12(37,05)	13.16,22(37,10)	13.52,97(36,75)	14.29,88(36,91)	
	15.06,91(37,03)	15.44,02(37,11)	16.21,31(37,29)	16.58,10(36,79)	
	17.34,93(36,83)	18.10,10(35,17)			

Øvelse 20. 4*100m lag medley, damer - Junior

Junior

1	Lambertseter SK J1 jr.	JR	Lambertseter SK	4.22,39	693	NJR
	Andrine Davidsen:	32,96(32,96)	1.07,62(34,66)	1.07,62		
	Stina Kajsa Colleou:	1.41,41(33,79)	2.19,65(38,24)	1.12,03		
	Line Løvberg:	2.49,10(29,45)	3.23,83(34,73)	1.04,18		
	Elisabeth H. Svensson:	3.51,84(28,01)	4.22,39(30,55)	58,56		
2	Lambertseter SK J2 jr.	JR	Lambertseter SK	(0,75)	4.26,11	664
	Christine M. Pedersen:	32,64(32,64)	1.07,03(34,39)	1.07,03		
	Luna Elisabeth Sjøgaard:	1.40,77(33,74)	2.19,41(38,64)	1.12,38		
	Ingrid N. Knutzen:	2.49,13(29,72)	3.25,86(36,73)	1.06,45		
	Emilie Hellerud:	3.54,57(28,71)	4.26,11(31,54)	1.00,25		
3	Tromsø SK J1 jr.	JR	Tromsø SK	(0,83)	4.32,85	616
	Ina Kvenshagen Gimse:	34,74(34,74)	1.10,37(35,63)	1.10,37		
	Sophia Broberg Skeltved:	1.44,58(34,21)	2.24,18(39,60)	1.13,81		
	Siv Fiske:	2.54,59(30,41)	3.31,64(37,05)	1.07,46		
	Hanne Lockertsen:	4.01,15(29,51)	4.32,85(31,70)	1.01,21		
4	Bergensv. J1 jr.	JR	Bergensvømmerne	(0,59)	4.35,35	600
	Seline Vike Holm:	34,35(34,35)	1.11,66(37,31)	1.11,66		
	Katrine Jensen:	1.47,37(35,71)	2.29,33(41,96)	1.17,67		
	Lise Sand Syversen:	2.59,66(30,33)	3.35,21(35,55)	1.05,88		
	Karoline Pedersen:	4.04,01(28,80)	4.35,35(31,34)	1.00,14		
5	Asker SK J1 jr.	JR	Asker SK	(0,57)	4.36,67	591
	Helene Nordmark Skuterud:	33,84(33,84)	1.12,56(38,72)	1.12,56		
	Rikke Nagell-Kleven:	1.48,39(35,83)	2.29,34(40,95)	1.16,78		
	Mette Mellbye Larsen:	2.59,74(30,40)	3.35,28(35,54)	1.05,94		
	Marte K. Bolstad:	4.04,64(29,36)	4.36,67(32,03)	1.01,39		
6	Vestkant sv. J1 jr.	JR	Vestkant svømmerne	(0,74)	4.42,06	558
	Benedicte Kausland:	33,75(33,75)	1.10,01(36,26)	1.10,01		
	Andrea Haugstad:	1.47,37(37,36)	2.31,96(44,59)	1.21,95		
	Stine Vindenes:	3.02,65(30,69)	3.39,36(36,71)	1.07,40		
	Marthe Helene Haganas:	4.09,30(29,94)	4.42,06(32,76)	1.02,70		
7	Bærumsv J1 jr.	JR	Bærumsvømmerne	(0,85)	4.42,38	556
	Andrea Westbye:	36,34(36,34)	1.15,42(39,08)	1.15,42		
	Lene Lykke Erichsen:	1.51,88(36,46)	2.34,22(42,34)	1.18,80		
	Emilie Nyenget Løvberg:	3.04,39(30,17)	3.39,95(35,56)	1.05,73		
	Kjersti Dalen:	4.09,77(29,82)	4.42,38(32,61)	1.02,43		
8	Delfana J1 jr.	JR	Delfana	(0,83)	4.44,61	543
	Helene Thunes Truyen:	34,63(34,63)	1.11,44(36,81)	1.11,44		
	Tone Lill Evanger:	1.49,04(37,60)	2.31,51(42,47)	1.20,07		
	Vilde Stordal:	3.03,33(31,82)	3.41,19(37,86)	1.09,68		
	Elin Haugland:	4.11,51(30,32)	4.44,61(33,10)	1.03,42		
9	Trondhjem SLK J1 jr.	JR	Trondhjem SLK	(0,75)	4.51,31	506
	Åse Nytrø:	35,46(35,46)	1.12,95(37,49)	1.12,95		
	Stine Tveit:	1.49,12(36,17)	2.31,08(41,96)	1.18,13		
	Viktoria Juel:	3.04,12(33,04)	3.44,15(40,03)	1.13,07		
	Malin Schanke Tømmervik:	4.15,84(31,69)	4.51,31(35,47)	1.07,16		
10	Løren/Rælingen J1 jr.	JR	Lørenskog/Rælingen	(0,66)	4.55,66	484
	Jeanette Erlandsen:	37,75(37,75)	1.18,10(40,35)	1.18,10		
	Rebecca Holt Clasen:	1.55,40(37,30)	2.39,57(44,17)	1.21,47		
	Klara Farkas:	3.11,89(32,32)	3.49,48(37,59)	1.09,91		
	Aurora Brandtzæg:	4.20,91(31,43)	4.55,66(34,75)	1.06,18		
11	Vestkant sv. J2 jr.	JR	Vestkant svømmerne	(0,74)	4.58,66	470
	Juni Rugland:	36,56(36,56)	1.14,80(38,24)	1.14,80		
	Sara N. Gjelsvik:	1.54,41(39,61)	2.39,21(44,80)	1.24,41		
	Elida Hole:	3.12,62(33,41)	3.52,37(39,75)	1.13,16		
	Tina Schütz:	4.24,41(32,04)	4.58,66(34,25)	1.06,29		

12	SK Speed J1 jr.	JR	SK Speed	(0,76)	5.00,67	461
	Sara Boukili:	35,10(35,10)	1.12,57(37,47)	1.12,57		
	Sara Torp Myhre:	1.51,78(39,21)	2.35,93(44,15)	1.23,36		
	Hege Strøm Haukeland:	3.09,15(33,22)	3.48,24(39,09)	1.12,31		
	Andrea Kvalheim:	4.22,12(33,88)	5.00,67(38,55)	1.12,43		
	Bergens SC J1 jr.	JR	Bergens SC	(0,72)	DISK	
	Ingse Bergh Monsen:	35,01(35,01)	1.11,26(36,25)	1.11,26		
	Eli Kristin Ølmheim:	1.47,89(36,63)	2.31,71(43,82)	1.20,45		
	Sara Petrine Veierød:	3.04,25(32,54)	3.42,97(38,72)	1.11,26		
	Martha Maria Songstad:					
	Aalesunds SLK J1 jr.	JR	Aalesund SLK	(0,79)	DISK	
	Veronica Orheim Bjørlykke:	32,47(32,47)	1.07,76(35,29)	1.07,76		
	Caroline R. Helgesen:	1.44,75(36,99)	2.29,51(44,76)	1.21,75		
	Karina Brunstad Fet:	3.01,22(31,71)	3.43,14(41,92)	1.13,63		
	Julie Hjellbakk Pettersen:					
	Team Stavanger J1 jr.	JR	Team Stavanger	(0,77)	DISK	
	Eva Marie W. Østerhus:	33,53(33,53)	1.09,46(35,93)	1.09,46		
	Stine Mjøllhus Kristoffersen:	1.45,84(36,38)	2.30,06(44,22)	1.20,60		
	Victoria S. Løken:	2.59,26(29,20)	3.34,42(35,16)	1.04,36		
	Victoria Rung:					
Time Trial 50m butterfly:						
	Øystein Hetland	89	Bærumsvømmerne		25,18	707

Fredag 9. juli kl 18.00 – Finaler

Øvelse 11. 200m rygg, herrer - Finale

Senior

1	Lavrans Solli	92	Bergens SC	(0,60)	2.06,34	695	NJR
	30,11(30,11)	1.02,64(32,53)	1.35,35(32,71)	2.06,34(30,99)			
2	Eirik Ravnán	89	Hamar IL	(0,76)	2.08,81	656	
	30,60(30,60)	1.03,39(32,79)	1.36,37(32,98)	2.08,81(32,44)			
3	Lars Andre Tolås	88	Bærumsvømmerne	(0,70)	2.11,76	613	
	29,78(29,78)	1.02,33(32,55)	1.36,13(33,80)	2.11,76(35,63)			
4	Even Vike Holm	90	BS/Arna	(0,78)	2.13,15	594	
	32,01(32,01)	1.05,23(33,22)	1.39,32(34,09)	2.13,15(33,83)			
5	Vegard Nyenget Løvberg	91	Bærumsvømmerne	(0,68)	2.13,60	588	
	30,83(30,83)	1.04,30(33,47)	1.39,51(35,21)	2.13,60(34,09)			
6	Vebjørn Lindhjem	95	Lørenskog/Rælingen	(0,66)	2.15,89	559	
	31,73(31,73)	1.05,84(34,11)	1.40,74(34,90)	2.15,89(35,15)			
7	Sander Andersen	96	Poseidon	(0,61)	2.17,90	535	
	31,74(31,74)	1.06,44(34,70)	1.42,23(35,79)	2.17,90(35,67)			
8	Tor Hafnor	91	Bærumsvømmerne	(0,71)	2.18,04	533	
	31,89(31,89)	1.06,47(34,58)	1.42,16(35,69)	2.18,04(35,88)			

Øvelse 12. 50m fri, damer - Finale

Senior

1	Cecilie W. Johannessen	90	Bergens SC	25,92	767
2	Ingvild Snildal	88	Asker SK	26,35	730
3	Henriette Brekke	88	Vestkantsvømmerne	26,38	728
4	Monica W. Johannessen	90	Bergens SC	27,02	677
5	Susann Bjørnsen	93	Setermoen SK	27,32	655
6	Victoria S. Løken	91	Team Stavanger	27,56	638
7	Sofie Gjermestad	89	Asker SK	27,79	623
8	Emma Isdahl	92	Lambertseter SK	28,02	607

Funksjonshemmede

1	Sara Louise Rung	89	TS/Madla SK	40,24	205	S6 113,03 %
2	Hanne Farestvedt	93	Åstveit SK	33,52	355	S14 115,79 %
3	Rona Hjelmstad	93	Skjetten Svømming	35,63	295	S14 123,07 %
4	Linn Haugen	87	Vestkantsvømmerne	35,94	288	S9 123,76 %
5	Marianne M. Fredbo	86	Vågsbygd SLK	44,71	150	S7 135,81 %
6	Ingrid Djupskås	89	Asker SK	39,71	213	S9 136,74 %

Øvelse 13. 100m fri, herrer - Finale**Senior**

1	Gard Kvale	84	Bergens SC	51,39	761
	25,20(25,20)	51,39(26,19)			
2	Thomas Ole Fadnes	87	Stavanger SC	51,81	742
	24,80(24,80)	51,81(27,01)			
3	Sander Smørdal	85	BS/Arna	52,48	714
	25,10(25,10)	52,48(27,38)			
4	Jørn Nygård	92	Stavanger SC	53,42	677
	26,58(26,58)	53,42(26,84)			
5	Ole Martin Ree	92	TS/Sola SK	53,47	675
	25,76(25,76)	53,47(27,71)			
6	Martin Hammer	93	Kongsten/NTG	53,61	670
	25,97(25,97)	53,61(27,64)			
7	Bjarte Ravndal	91	TS/Sola SK	54,23	647
	26,74(26,74)	54,23(27,49)			
8	Jonas Kirkeberg Jostad	92	Hamar IL	54,26	646
	26,27(26,27)	54,26(27,99)			

Øvelse 14. 200m butterfly, damer - Finale**Senior**

1	Sara Nordenstam	83	Lambertseter SK	2.13,58	789
	30,63(30,63)	1.04,71(34,08)	1.39,11(34,40)	2.13,58(34,47)	
2	Karoline Brudvik Sanderud	89	Hamar IL	2.17,35	725
	30,56(30,56)	1.04,67(34,11)	1.40,17(35,50)	2.17,35(37,18)	
3	Emilie Nyenget Løvberg	95	Bærumsvømmerne	2.21,70	661
	32,46(32,46)	1.08,61(36,15)	1.45,29(36,68)	2.21,70(36,41)	
4	Victoria Rung	92	TS/Frisinn	2.22,00	656
	31,70(31,70)	1.07,92(36,22)	1.44,72(36,80)	2.22,00(37,28)	
5	Line Løvberg	91	Lambertseter SK/NTG	2.22,24	653
	31,66(31,66)	1.08,36(36,70)	1.45,19(36,83)	2.22,24(37,05)	
6	Kristin Blyverket	92	Oslo IL	2.26,04	603
	33,01(33,01)	1.11,08(38,07)	1.48,37(37,29)	2.26,04(37,67)	
7	Karolina Orleanski	86	Bærumsvømmerne	2.26,89	593
	32,18(32,18)	1.09,10(36,92)	1.47,52(38,42)	2.26,89(39,37)	
8	Jacqueline Knutsson	93	Kongsten/NTG	2.30,57	551
	32,02(32,02)	1.09,55(37,53)	1.49,86(40,31)	2.30,57(40,71)	

Øvelse 15. 200m bryst, herrer - Finale**Senior**

1	Sverre Næss	92	Sarpsborg IL	2.13,77	862	NJR
	30,35(30,35)	1.04,83(34,48)	1.39,59(34,76)	2.13,77(34,18)		
2	Alexander Dale Oen	85	Vestkantvømmerne	2.14,20	854	
	30,05(30,05)	1.03,87(33,82)	1.38,49(34,62)	2.14,20(35,71)		
3	Marcus Tesdal	90	BS/Åstveit	2.19,94	753	
	31,66(31,66)	1.07,03(35,37)	1.42,85(35,82)	2.19,94(37,09)		
4	John Lekhmus	91	Tromsø SK	2.27,10	648	
	32,92(32,92)	1.09,37(36,45)	1.47,60(38,23)	2.27,10(39,50)		
5	Sebastian Wigstrøm	91	Bærumsvømmerne	2.28,02	636	
	31,89(31,89)	1.07,96(36,07)	1.46,52(38,56)	2.28,02(41,50)		
6	Alexander Schüssler	92	Lambertseter SK	2.31,14	598	
	34,49(34,49)	1.13,17(38,68)	1.52,20(39,03)	2.31,14(38,94)		
7	Simen Dale	91	BS/Delfana	2.31,80	590	
	32,25(32,25)	1.09,79(37,54)	1.49,65(39,86)	2.31,80(42,15)		
8	Robin H. Kleiven	93	Aalesund SLK	2.34,95	555	
	34,72(34,72)	1.13,39(38,67)	1.53,87(40,48)	2.34,95(41,08)		

Øvelse 16. 100m rygg, damer - Finale

Senior

1	Ingvild Snildal	88	Asker SK	(0,72)	1.02,60	800
	30,61(30,61)	1.02,60(31,99)				
2	Heidi Vainio Gjøen	88	Lambertseter SK	(0,65)	1.04,66	726
	31,34(31,34)	1.04,66(33,32)				
3	Elisabeth Jarland	85	Bærumsvømmerne	(0,75)	1.07,12	649
	32,89(32,89)	1.07,12(34,23)				
4	Christine M. Pedersen	93	Lambertseter SK	(0,75)	1.07,40	641
	32,55(32,55)	1.07,40(34,85)				
5	Andrine Davidsen	95	Lambertseter SK	(0,64)	1.07,67	634
	33,02(33,02)	1.07,67(34,65)				
6	Maria Gullvåg Aasen	92	Kristiansand SA/NTG	(0,74)	1.08,43	613
	33,44(33,44)	1.08,43(34,99)				
7	Aslaug Marie Hjelmaas	95	Bergens SLK	(0,76)	1.08,85	602
	32,85(32,85)	1.08,85(36,00)				
8	Elisabeth Kristiansen	92	Haugesund SK	(0,73)	1.08,88	601
	32,94(32,94)	1.08,88(35,94)				

Øvelse 17. 50m butterfly, herrer - Finale

Senior

1	Sindri T. Jakobsson	91	BS/Delfana		25,84	654
2	John Hage Gaarder	89	Lørenskog/Rælingen		25,97	644
2	Paal Leversen	86	BS/Åstveit		25,97	644
4	Jan Aleksander Bakke	91	Asker SK		25,98	644
5	Alexander Broberg Skeltved	87	Vestkantsvømmerne		26,01	641
6	Erlend Ulveseter	92	BS/Åstveit		26,08	636
7	Christer Koch Kvam	90	Bærumsvømmerne		26,18	629
8	Alexander B. Havre	90	Mandal SK		26,49	607

Øvelse 18. 800m fri, damer - Direkte finale

Junior

1	Lise Sand Syversen	95	BS/Delfana		9.02,35	756
	31,10(31,10)	1.04,04(32,94)	1.37,71(33,67)	2.11,71(34,00)		
	2.45,92(34,21)	3.20,09(34,17)	3.54,36(34,27)	4.28,80(34,44)		
	5.03,15(34,35)	5.37,49(34,34)	6.11,92(34,43)	6.46,19(34,27)		
	7.20,54(34,35)	7.55,36(34,82)	8.29,43(34,07)	9.02,35(32,92)		
2	Karoline Pedersen	94	BS/Delfana		9.11,74	718
	31,92(31,92)	1.05,83(33,91)	1.40,06(34,23)	2.14,47(34,41)		
	2.48,76(34,29)	3.23,37(34,61)	3.57,96(34,59)	4.32,71(34,75)		
	5.07,84(35,13)	5.43,02(35,18)	6.18,00(34,98)	6.53,16(35,16)		
	7.28,03(34,87)	8.03,19(35,16)	8.37,96(34,77)	9.11,74(33,78)		
3	Veronica Orheim Bjørlykke	94	Aalesund SLK		9.13,71	711
	31,07(31,07)	1.05,32(34,25)	1.40,42(35,10)	2.15,81(35,39)		
	2.50,25(34,44)	3.24,75(34,50)	3.59,54(34,79)	4.34,49(34,95)		
	5.09,61(35,12)	5.44,89(35,28)	6.20,06(35,17)	6.55,63(35,57)		
	7.30,78(35,15)	8.06,01(35,23)	8.40,41(34,40)	9.13,71(33,30)		
4	Andrea Westbye	95	Bærumsvømmerne		9.24,05	672
	31,51(31,51)	1.05,61(34,10)	1.40,47(34,86)	2.16,03(35,56)		
	2.52,00(35,97)	3.27,36(35,36)	4.02,78(35,42)	4.38,42(35,64)		
	5.14,16(35,74)	5.49,98(35,82)	6.25,72(35,74)	7.01,91(36,19)		
	7.37,93(36,02)	8.13,46(35,53)	8.49,05(35,59)	9.24,05(35,00)		
5	Oda Gjerde	95	Bryne SK		9.26,14	665
	32,87(32,87)	1.07,74(34,87)	1.43,55(35,81)	2.18,63(35,08)		
	2.54,86(36,23)	3.30,61(35,75)	4.06,69(36,08)	4.42,35(35,66)		
	5.18,47(36,12)	5.54,00(35,53)	6.30,26(36,26)	7.05,99(35,73)		
	7.42,10(36,11)	8.17,81(35,71)	8.53,42(35,61)	9.26,14(32,72)		

6	Ellen Camilla Hansen	95	Øvre Eiker SK	9.26,25	664
	33,02(33,02)	1.08,41(35,39)	1.43,79(35,38)	2.19,22(35,43)	
	2.54,93(35,71)	3.30,57(35,64)	4.06,46(35,89)	4.42,25(35,79)	
	5.18,13(35,88)	5.53,67(35,54)	6.29,85(36,18)	7.06,19(36,34)	
	7.42,06(35,87)	8.18,00(35,94)	8.53,32(35,32)	9.26,25(32,93)	
7	Hanne Lockertsen	94	Tromsø SK	9.33,16	641
	33,48(33,48)	1.09,45(35,97)	1.45,44(35,99)	2.21,40(35,96)	
	2.57,21(35,81)	3.33,02(35,81)	4.08,93(35,91)	4.45,00(36,07)	
	5.20,57(35,57)	5.56,81(36,24)	6.33,15(36,34)	7.09,40(36,25)	
	7.45,31(35,91)	8.21,53(36,22)	8.57,50(35,97)	9.33,16(35,66)	
8	Eva Marie W. Østerhus	94	TS/Madla SK	9.33,46	640
	31,09(31,09)	1.05,21(34,12)	1.39,96(34,75)	2.16,12(36,16)	
	2.52,25(36,13)	3.28,74(36,49)	4.05,29(36,55)	4.42,29(37,00)	
	5.18,76(36,47)	5.55,54(36,78)	6.31,55(36,01)	7.07,98(36,43)	
	7.44,22(36,24)	8.20,56(36,34)	8.56,72(36,16)	9.33,46(36,74)	
9	Elin Haugland	96	Delfana	9.33,48	640
	33,15(33,15)	1.09,19(36,04)	1.45,81(36,62)	2.22,28(36,47)	
	2.58,93(36,65)	3.35,33(36,40)	4.12,02(36,69)	4.48,25(36,23)	
	5.24,84(36,59)	6.01,00(36,16)	6.37,02(36,02)	7.12,85(35,83)	
	7.48,94(36,09)	8.24,98(36,04)	9.00,13(35,15)	9.33,48(33,35)	
10	Julie Rønningsen	94	Lambertseter SK	9.34,50	636
	32,93(32,93)	1.08,69(35,76)	1.43,82(35,13)	2.19,51(35,69)	
	2.55,67(36,16)	3.32,00(36,33)	4.07,78(35,78)	4.44,51(36,73)	
	5.21,19(36,68)	5.57,42(36,23)	6.33,99(36,57)	7.10,63(36,64)	
	7.47,60(36,97)	8.24,27(36,67)	9.00,65(36,38)	9.34,50(33,85)	
11	Siri Anette Sønju	92	Øvre Eiker SK	9.35,28	634
	32,13(32,13)	1.06,31(34,18)	1.41,68(35,37)	2.17,87(36,19)	
	2.54,05(36,18)	3.30,53(36,48)	4.07,05(36,52)	4.44,04(36,99)	
	5.20,27(36,23)	5.56,93(36,66)	6.33,37(36,44)	7.10,28(36,91)	
	7.46,63(36,35)	8.23,33(36,70)	8.59,40(36,07)	9.35,28(35,88)	
12	Tina Schütz	96	Vestkantsvømmerne	9.38,63	623
	33,76(33,76)	1.09,43(35,67)	1.46,20(36,77)	2.22,56(36,36)	
	2.59,37(36,81)	3.35,92(36,55)	4.12,82(36,90)	4.49,30(36,48)	
	5.26,26(36,96)	6.02,78(36,52)	6.39,32(36,54)	7.15,59(36,27)	
	7.52,08(36,49)	8.28,08(36,00)	9.03,83(35,75)	9.38,63(34,80)	
13	Stine Lise Stenseth	94	Øvre Eiker SK	9.41,66	613
	33,24(33,24)	1.09,37(36,13)	1.46,26(36,89)	2.22,84(36,58)	
	2.59,44(36,60)	3.36,19(36,75)	4.12,42(36,23)	4.48,23(35,81)	
	5.23,89(35,66)	6.00,21(36,32)	6.36,56(36,35)	7.13,48(36,92)	
	7.50,27(36,79)	8.27,61(37,34)	9.04,98(37,37)	9.41,66(36,68)	
14	Julie Torgersen Nilsen	92	Hamar IL	9.43,65	607
	33,38(33,38)	1.09,44(36,06)	1.45,90(36,46)	2.22,56(36,66)	
	2.58,93(36,37)	3.35,84(36,91)	4.12,78(36,94)	4.50,08(37,30)	
	5.26,99(36,91)	6.04,11(37,12)	6.40,59(36,48)	7.17,52(36,93)	
	7.54,10(36,58)	8.31,19(37,09)	9.07,54(36,35)	9.43,65(36,11)	
15	Andrea Haugstad	92	Vestkantsvømmerne	9.48,76	591
	33,16(33,16)	1.08,76(35,60)	1.45,01(36,25)	2.21,51(36,50)	
	2.58,13(36,62)	3.35,04(36,91)	4.11,98(36,94)	4.49,31(37,33)	
	5.26,68(37,37)	6.04,15(37,47)	6.41,34(37,19)	7.19,09(37,75)	
	7.56,82(37,73)	8.34,33(37,51)	9.12,11(37,78)	9.48,76(36,65)	
16	Ane Nygård	95	Stavanger SC	9.56,53	568
	32,38(32,38)	1.08,36(35,98)	1.44,54(36,18)	2.21,39(36,85)	
	2.58,44(37,05)	3.35,96(37,52)	4.13,39(37,43)	4.50,76(37,37)	
	5.28,35(37,59)	6.06,42(38,07)	6.44,22(37,80)	7.22,58(38,36)	
	8.01,17(38,59)	8.39,88(38,71)	9.18,41(38,53)	9.56,53(38,12)	

Senior

1	Cecilie W. Johannessen	90	Bergens SC	8.57,08	779
	29,45(29,45)	1.02,30(32,85)	1.36,20(33,90)	2.10,11(33,91)	
	2.44,08(33,97)	3.18,64(34,56)	3.53,20(34,56)	4.28,13(34,93)	
	5.02,32(34,19)	5.36,26(33,94)	6.09,39(33,13)	6.43,12(33,73)	
	7.17,61(34,49)	7.51,62(34,01)	8.25,14(33,52)	8.57,08(31,94)	
2	Lise Sand Syversen	95	BS/Delfana	9.02,35	756
	31,10(31,10)	1.04,04(32,94)	1.37,71(33,67)	2.11,71(34,00)	
	2.45,92(34,21)	3.20,09(34,17)	3.54,36(34,27)	4.28,80(34,44)	
	5.03,15(34,35)	5.37,49(34,34)	6.11,92(34,43)	6.46,19(34,27)	
	7.20,54(34,35)	7.55,36(34,82)	8.29,43(34,07)	9.02,35(32,92)	

3	Karoline Brudvik Sanderud	89	Hamar IL	9.09,56	727
	31,62(31,62)	1.05,45(33,83)	1.39,57(34,12)	2.14,06(34,49)	
	2.48,38(34,32)	3.23,19(34,81)	3.57,97(34,78)	4.32,83(34,86)	
	5.07,79(34,96)	5.42,54(34,75)	6.17,13(34,59)	6.51,65(34,52)	
	7.25,88(34,23)	8.00,61(34,73)	8.35,24(34,63)	9.09,56(34,32)	
4	Karoline Pedersen	94	BS/Delfana	9.11,74	718
	31,92(31,92)	1.05,83(33,91)	1.40,06(34,23)	2.14,47(34,41)	
	2.48,76(34,29)	3.23,37(34,61)	3.57,96(34,59)	4.32,71(34,75)	
	5.07,84(35,13)	5.43,02(35,18)	6.18,00(34,98)	6.53,16(35,16)	
	7.28,03(34,87)	8.03,19(35,16)	8.37,96(34,77)	9.11,74(33,78)	
5	Veronica Orheim Bjørlykke	94	Aalesund SLK	9.13,71	711
	31,07(31,07)	1.05,32(34,25)	1.40,42(35,10)	2.15,81(35,39)	
	2.50,25(34,44)	3.24,75(34,50)	3.59,54(34,79)	4.34,49(34,95)	
	5.09,61(35,12)	5.44,89(35,28)	6.20,06(35,17)	6.55,63(35,57)	
	7.30,78(35,15)	8.06,01(35,23)	8.40,41(34,40)	9.13,71(33,30)	
6	Andrea Westbye	95	Bærumsvømmerne	9.24,05	672
	31,51(31,51)	1.05,61(34,10)	1.40,47(34,86)	2.16,03(35,56)	
	2.52,00(35,97)	3.27,36(35,36)	4.02,78(35,42)	4.38,42(35,64)	
	5.14,16(35,74)	5.49,98(35,82)	6.25,72(35,74)	7.01,91(36,19)	
	7.37,93(36,02)	8.13,46(35,53)	8.49,05(35,59)	9.24,05(35,00)	
7	Oda Gjerde	95	Bryne SK	9.26,14	665
	32,87(32,87)	1.07,74(34,87)	1.43,55(35,81)	2.18,63(35,08)	
	2.54,86(36,23)	3.30,61(35,75)	4.06,69(36,08)	4.42,35(35,66)	
	5.18,47(36,12)	5.54,00(35,53)	6.30,26(36,26)	7.05,99(35,73)	
	7.42,10(36,11)	8.17,81(35,71)	8.53,42(35,61)	9.26,14(32,72)	
8	Ellen Camilla Hansen	95	Øvre Eiker SK	9.26,25	664
	33,02(33,02)	1.08,41(35,39)	1.43,79(35,38)	2.19,22(35,43)	
	2.54,93(35,71)	3.30,57(35,64)	4.06,46(35,89)	4.42,25(35,79)	
	5.18,13(35,88)	5.53,67(35,54)	6.29,85(36,18)	7.06,19(36,34)	
	7.42,06(35,87)	8.18,00(35,94)	8.53,32(35,32)	9.26,25(32,93)	
9	Hanne Lockertsen	94	Tromsø SK	9.33,16	641
	33,48(33,48)	1.09,45(35,97)	1.45,44(35,99)	2.21,40(35,96)	
	2.57,21(35,81)	3.33,02(35,81)	4.08,93(35,91)	4.45,00(36,07)	
	5.20,57(35,57)	5.56,81(36,24)	6.33,15(36,34)	7.09,40(36,25)	
	7.45,31(35,91)	8.21,53(36,22)	8.57,50(35,97)	9.33,16(35,66)	
10	Eva Marie W. Østerhus	94	TS/Madla SK	9.33,46	640
	31,09(31,09)	1.05,21(34,12)	1.39,96(34,75)	2.16,12(36,16)	
	2.52,25(36,13)	3.28,74(36,49)	4.05,29(36,55)	4.42,29(37,00)	
	5.18,76(36,47)	5.55,54(36,78)	6.31,55(36,01)	7.07,98(36,43)	
	7.44,22(36,24)	8.20,56(36,34)	8.56,72(36,16)	9.33,46(36,74)	
11	Elin Haugland	96	Delfana	9.33,48	640
	33,15(33,15)	1.09,19(36,04)	1.45,81(36,62)	2.22,28(36,47)	
	2.58,93(36,65)	3.35,33(36,40)	4.12,02(36,69)	4.48,25(36,23)	
	5.24,84(36,59)	6.01,00(36,16)	6.37,02(36,02)	7.12,85(35,83)	
	7.48,94(36,09)	8.24,98(36,04)	9.00,13(35,15)	9.33,48(33,35)	
12	Julie Rønningsen	94	Lambertseter SK	9.34,50	636
	32,93(32,93)	1.08,69(35,76)	1.43,82(35,13)	2.19,51(35,69)	
	2.55,67(36,16)	3.32,00(36,33)	4.07,78(35,78)	4.44,51(36,73)	
	5.21,19(36,68)	5.57,42(36,23)	6.33,99(36,57)	7.10,63(36,64)	
	7.47,60(36,97)	8.24,27(36,67)	9.00,65(36,38)	9.34,50(33,85)	
13	Siri Anette Sønju	92	Øvre Eiker SK	9.35,28	634
	32,13(32,13)	1.06,31(34,18)	1.41,68(35,37)	2.17,87(36,19)	
	2.54,05(36,18)	3.30,53(36,48)	4.07,05(36,52)	4.44,04(36,99)	
	5.20,27(36,23)	5.56,93(36,66)	6.33,37(36,44)	7.10,28(36,91)	
	7.46,63(36,35)	8.23,33(36,70)	8.59,40(36,07)	9.35,28(35,88)	
14	Tina Schütz	96	Vestkantsvømmerne	9.38,63	623
	33,76(33,76)	1.09,43(35,67)	1.46,20(36,77)	2.22,56(36,36)	
	2.59,37(36,81)	3.35,92(36,55)	4.12,82(36,90)	4.49,30(36,48)	
	5.26,26(36,96)	6.02,78(36,52)	6.39,32(36,54)	7.15,59(36,27)	
	7.52,08(36,49)	8.28,08(36,00)	9.03,83(35,75)	9.38,63(34,80)	
15	Stine Lise Stenseth	94	Øvre Eiker SK	9.41,66	613
	33,24(33,24)	1.09,37(36,13)	1.46,26(36,89)	2.22,84(36,58)	
	2.59,44(36,60)	3.36,19(36,75)	4.12,42(36,23)	4.48,23(35,81)	
	5.23,89(35,66)	6.00,21(36,32)	6.36,56(36,35)	7.13,48(36,92)	
	7.50,27(36,79)	8.27,61(37,34)	9.04,98(37,37)	9.41,66(36,68)	
16	Julie Torgersen Nilsen	92	Hamar IL	9.43,65	607
	33,38(33,38)	1.09,44(36,06)	1.45,90(36,46)	2.22,56(36,66)	
	2.58,93(36,37)	3.35,84(36,91)	4.12,78(36,94)	4.50,08(37,30)	
	5.26,99(36,91)	6.04,11(37,12)	6.40,59(36,48)	7.17,52(36,93)	
	7.54,10(36,58)	8.31,19(37,09)	9.07,54(36,35)	9.43,65(36,11)	

17	Andrea Haugstad	92	Vestkantsvømmerne	9.48,76	591
	33,16(33,16)	1.08,76(35,60)	1.45,01(36,25)	2.21,51(36,50)	
	2.58,13(36,62)	3.35,04(36,91)	4.11,98(36,94)	4.49,31(37,33)	
	5.26,68(37,37)	6.04,15(37,47)	6.41,34(37,19)	7.19,09(37,75)	
	7.56,82(37,73)	8.34,33(37,51)	9.12,11(37,78)	9.48,76(36,65)	
18	Ane Nygård	95	Stavanger SC	9.56,53	568
	32,38(32,38)	1.08,36(35,98)	1.44,54(36,18)	2.21,39(36,85)	
	2.58,44(37,05)	3.35,96(37,52)	4.13,39(37,43)	4.50,76(37,37)	
	5.28,35(37,59)	6.06,42(38,07)	6.44,22(37,80)	7.22,58(38,36)	
	8.01,17(38,59)	8.39,88(38,71)	9.18,41(38,53)	9.56,53(38,12)	

Øvelse 19. 1500m fri, herrer - Direkte finale

Junior

1	Sindri T. Jakobsson	91	BS/Delfana	16.25,15	700
	28,37(28,37)	1.00,10(31,73)	1.32,42(32,32)	2.05,07(32,65)	
	2.37,93(32,86)	3.11,05(33,12)	3.44,36(33,31)	4.18,28(33,92)	
	4.51,81(33,53)	5.25,17(33,36)	5.59,11(33,94)	6.33,33(34,22)	
	7.06,70(33,37)	7.40,44(33,74)	8.12,94(32,50)	8.45,73(32,79)	
	9.18,79(33,06)	9.52,56(33,77)	10.25,64(33,08)	10.59,62(33,98)	
	11.33,38(33,76)	12.06,98(33,60)	12.39,53(32,55)	13.12,28(32,75)	
	13.45,29(33,01)	14.18,44(33,15)	14.51,31(32,87)	15.23,84(32,53)	
	15.55,79(31,95)	16.25,15(29,36)			
2	Morten Bordervich	94	TS/Sola SK	16.34,90	679
	29,33(29,33)	1.01,21(31,88)	1.33,77(32,56)	2.06,10(32,33)	
	2.39,29(33,19)	3.12,51(33,22)	3.45,83(33,32)	4.18,92(33,09)	
	4.52,38(33,46)	5.25,74(33,36)	5.59,33(33,59)	6.32,80(33,47)	
	7.06,25(33,45)	7.39,54(33,29)	8.13,30(33,76)	8.46,58(33,28)	
	9.19,87(33,29)	9.53,15(33,28)	10.27,20(34,05)	11.00,91(33,71)	
	11.34,56(33,65)	12.08,12(33,56)	12.42,06(33,94)	13.15,60(33,54)	
	13.49,37(33,77)	14.22,77(33,40)	14.56,42(33,65)	15.29,97(33,55)	
	16.03,01(33,04)	16.34,90(31,89)			
3	Eivind Johannesen	92	BS/Åstveit	16.59,24	632
	29,84(29,84)	1.02,20(32,36)	1.35,33(33,13)	2.08,68(33,35)	
	2.42,41(33,73)	3.16,52(34,11)	3.49,98(33,46)	4.24,24(34,26)	
	4.58,71(34,47)	5.33,40(34,69)	6.07,85(34,45)	6.43,00(35,15)	
	7.17,57(34,57)	7.52,60(35,03)	8.27,31(34,71)	9.02,21(34,90)	
	9.37,75(35,54)	10.12,85(35,10)	10.47,65(34,80)	11.22,44(34,79)	
	11.55,78(33,34)	12.30,88(35,10)	13.05,33(34,45)	13.40,25(34,92)	
	14.14,61(34,36)	14.49,00(34,39)	15.22,91(33,91)	15.56,77(33,86)	
	16.29,23(32,46)	16.59,24(30,01)			
4	Sondre Kallhovd	93	Lambertseter SK	17.07,04	617
	31,48(31,48)	1.05,92(34,44)	1.40,28(34,36)	2.14,18(33,90)	
	2.48,41(34,23)	3.22,45(34,04)	3.56,71(34,26)	4.31,43(34,72)	
	5.06,30(34,87)	5.40,82(34,52)	6.15,53(34,71)	6.50,39(34,86)	
	7.25,08(34,69)	8.00,12(35,04)	8.33,75(33,63)	9.07,90(34,15)	
	9.42,17(34,27)	10.16,70(34,53)	10.51,41(34,71)	11.25,27(33,86)	
	11.59,67(34,40)	12.34,06(34,39)	13.09,04(34,98)	13.43,42(34,38)	
	14.17,93(34,51)	14.52,38(34,45)	15.26,29(33,91)	16.01,82(35,53)	
	16.35,68(33,86)	17.07,04(31,36)			
5	Martin Berger Oterholm	93	Kolbotn IL	17.07,06	617
	31,90(31,90)	1.06,58(34,68)	1.40,45(33,87)	2.15,10(34,65)	
	2.49,96(34,86)	3.24,15(34,19)	3.58,98(34,83)	4.34,19(35,21)	
	5.07,44(33,25)	5.42,18(34,74)	6.16,99(34,81)	6.51,97(34,98)	
	7.25,98(34,01)	8.00,08(34,10)	8.33,87(33,79)	9.08,46(34,59)	
	9.42,39(33,93)	10.17,11(34,72)	10.51,41(34,30)	11.25,85(34,44)	
	12.00,18(34,33)	12.35,09(34,91)	13.09,71(34,62)	13.44,59(34,88)	
	14.18,98(34,39)	14.53,69(34,71)	15.28,14(34,45)	16.02,63(34,49)	
	16.36,43(33,80)	17.07,06(30,63)			
6	Carl Andreas Wathne	91	Bærumsvømmerne	17.10,18	612
	30,06(30,06)	1.03,20(33,14)	1.37,48(34,28)	2.12,21(34,73)	
	2.46,50(34,29)	3.20,94(34,44)	3.55,81(34,87)	4.30,57(34,76)	
	5.05,41(34,84)	5.40,06(34,65)	6.15,05(34,99)	6.49,76(34,71)	
	7.25,05(35,29)	7.59,80(34,75)	8.34,19(34,39)	9.08,39(34,20)	
	9.42,38(33,99)	10.17,01(34,63)	10.51,30(34,29)	11.25,67(34,37)	
	12.00,57(34,90)	12.34,91(34,34)	13.09,84(34,93)	13.44,66(34,82)	
	14.19,49(34,83)	14.54,20(34,71)	15.28,58(34,38)	16.03,38(34,80)	
	16.37,61(34,23)	17.10,18(32,57)			

7	Sander Rødje	93	Haugesund SK	17.15,57	602
	29,76(29,76)	1.02,90(33,14)	1.37,04(34,14)	2.11,36(34,32)	
	2.45,89(34,53)	3.20,30(34,41)	3.55,40(35,10)	4.29,83(34,43)	
	5.04,54(34,71)	5.39,25(34,71)	6.14,10(34,85)	6.49,00(34,90)	
	7.24,24(35,24)	7.59,16(34,92)	8.34,01(34,85)	9.08,61(34,60)	
	9.43,58(34,97)	10.18,38(34,80)	10.53,56(35,18)	11.28,62(35,06)	
	12.03,71(35,09)	12.38,72(35,01)	13.13,80(35,08)	13.48,93(35,13)	
	14.23,48(34,55)	14.57,65(34,17)	15.32,48(34,83)	16.07,43(34,95)	
	16.42,09(34,66)	17.15,57(33,48)			
8	Ørjan Monsen	92	Sola SK	17.18,01	598
	31,20(31,20)	1.05,33(34,13)	1.39,99(34,66)	2.14,81(34,82)	
	2.49,25(34,44)	3.24,02(34,77)	3.58,79(34,77)	4.33,74(34,95)	
	5.08,74(35,00)	5.44,06(35,32)	6.18,96(34,90)	6.53,92(34,96)	
	7.29,08(35,16)	8.04,16(35,08)	8.39,18(35,02)	9.14,12(34,94)	
	9.49,33(35,21)	10.24,26(34,93)	10.59,30(35,04)	11.34,20(34,90)	
	12.09,17(34,97)	12.43,96(34,79)	13.19,05(35,09)	13.53,96(34,91)	
	14.28,84(34,88)	15.03,66(34,82)	15.38,59(34,93)	16.12,53(33,94)	
	16.46,39(33,86)	17.18,01(31,62)			
9	Øystein Fjeldberg	93	Randaberg IL	17.20,18	594
	30,71(30,71)	1.03,28(32,57)	1.37,28(34,00)	2.11,84(34,56)	
	2.46,23(34,39)	3.21,18(34,95)	3.55,58(34,40)	4.30,14(34,56)	
	5.05,45(35,31)	5.40,15(34,70)	6.14,95(34,80)	6.49,85(34,90)	
	7.25,01(35,16)	7.59,71(34,70)	8.34,93(35,22)	9.09,77(34,84)	
	9.45,19(35,42)	10.20,23(35,04)	10.55,44(35,21)	11.30,81(35,37)	
	12.06,28(35,47)	12.41,34(35,06)	13.17,31(35,97)	13.52,45(35,14)	
	14.27,91(35,46)	15.03,16(35,25)	15.38,25(35,09)	16.13,23(34,98)	
	16.47,43(34,20)	17.20,18(32,75)			
10	Gunnar V. Skirbekk	91	Elverum Svømming	17.20,41	594
	30,92(30,92)	1.05,12(34,20)	1.39,96(34,84)	2.15,16(35,20)	
	2.49,29(34,13)	3.24,18(34,89)	3.58,53(34,35)	4.32,92(34,39)	
	5.08,14(35,22)	5.43,14(35,00)	6.17,70(34,56)	6.52,69(34,99)	
	7.27,68(34,99)	8.02,12(34,44)	8.37,40(35,28)	9.12,67(35,27)	
	9.48,12(35,45)	10.22,37(34,25)	10.57,11(34,74)	11.32,62(35,51)	
	12.07,71(35,09)	12.42,41(34,70)	13.17,39(34,98)	13.52,08(34,69)	
	14.27,67(35,59)	15.03,27(35,60)	15.38,68(35,41)	16.13,75(35,07)	
	16.48,48(34,73)	17.20,41(31,93)			
11	Erik Tobias Sollesnes	95	Kolbotn IL	17.20,74	593
		1.05,36(1.05,36)		2.14,50(1.09,14)	
		4.35,97(2.21,47)	4.00,13(-0,84)		
	5.11,41(1.11,28)	5.46,04(34,63)		6.56,70(1.10,66)	
		8.06,45(1.09,75)	8.41,19(34,74)	9.16,02(34,83)	
		10.24,95(1.08,93)		11.33,68(1.08,73)	
	12.08,60(34,92)	12.44,00(35,40)	13.18,96(34,96)	13.53,89(34,93)	
	14.28,54(34,65)	15.03,12(34,58)	15.38,28(35,16)	16.13,14(34,86)	
	16.48,27(35,13)	17.20,74(32,47)			
12	Odin Spangen Normann	92	IL Varg	17.23,21	589
	29,96(29,96)	1.04,00(34,04)	1.38,01(34,01)	2.13,01(35,00)	
	2.48,23(35,22)	3.23,72(35,49)	3.59,03(35,31)	4.33,98(34,95)	
	5.08,99(35,01)	5.44,22(35,23)	6.19,21(34,99)	6.54,32(35,11)	
	7.29,58(35,26)	8.04,65(35,07)	8.39,59(34,94)	9.14,56(34,97)	
	9.50,10(35,54)	10.25,38(35,28)	11.00,71(35,33)	11.36,09(35,38)	
	12.11,49(35,40)	12.46,84(35,35)	13.21,77(34,93)	13.57,02(35,25)	
	14.32,30(35,28)	15.07,41(35,11)	15.42,27(34,86)	16.17,36(35,09)	
	16.51,40(34,04)	17.23,21(31,81)			
13	Lars Rugsveen	94	Elverum Svømming	17.26,87	583
	31,73(31,73)	1.06,91(35,18)	1.41,40(34,49)	2.16,87(35,47)	
	2.52,66(35,79)	3.28,64(35,98)	4.03,66(35,02)	4.39,20(35,54)	
	5.14,79(35,59)	5.50,57(35,78)	6.26,21(35,64)	7.01,53(35,32)	
	7.35,84(34,31)	8.11,01(35,17)	8.45,27(34,26)	9.19,95(34,68)	
	9.55,14(35,19)	10.30,16(35,02)	11.05,11(34,95)	11.40,16(35,05)	
	12.14,81(34,65)	12.50,22(35,41)	13.24,73(34,51)	14.00,72(35,99)	
	14.35,26(34,54)	15.10,21(34,95)	15.45,64(35,43)	16.20,94(35,30)	
	16.54,73(33,79)	17.26,87(32,14)			
14	Jonas Ødegård Aanby	95	Delfana	17.28,00	581
	30,97(30,97)	1.05,25(34,28)	1.39,86(34,61)	2.14,86(35,00)	
	2.48,95(34,09)	3.23,12(34,17)	3.58,06(34,94)	4.32,38(34,32)	
	5.06,53(34,15)	5.40,56(34,03)	6.14,86(34,30)	6.49,35(34,49)	
	7.24,19(34,84)	7.59,24(35,05)	8.34,01(34,77)	9.09,19(35,18)	
	9.44,09(34,90)	10.19,29(35,20)	10.54,64(35,35)	11.30,39(35,75)	
	12.05,50(35,11)	12.41,10(35,60)	13.16,73(35,63)	13.52,77(36,04)	
	14.28,09(35,32)	15.04,43(36,34)	15.40,11(35,68)	16.16,30(36,19)	
	16.52,71(36,41)	17.28,00(35,29)			

15	Andreas Bergman	93	Asker SK	17.35,15	569
	31.23(31,23)	1.04,76(33,53)	1.39,60(34,84)	2.15,24(35,64)	
	2.50,42(35,18)	3.25,59(35,17)	4.00,81(35,22)	4.35,88(35,07)	
	5.11,06(35,18)	5.46,28(35,22)	6.21,93(35,65)	6.57,10(35,17)	
	7.32,28(35,18)	8.07,55(35,27)	8.42,99(35,44)	9.18,23(35,24)	
	9.54,15(35,92)	10.29,43(35,28)	11.05,30(35,87)	11.40,75(35,45)	
	12.16,68(35,93)	12.52,21(35,53)	13.28,19(35,98)	14.03,26(35,07)	
	14.39,27(36,01)	15.14,40(35,13)	15.50,23(35,83)	16.25,97(35,74)	
	17.01,37(35,40)	17.35,15(33,78)			
16	Jørgen Gundersen	95	Lørenskog/Rælingen	17.40,45	561
	32.06(32,06)	1.07,15(35,09)	1.42,89(35,74)	2.18,37(35,48)	
	2.53,73(35,36)	3.29,25(35,52)	4.04,79(35,54)	4.40,28(35,49)	
	5.15,51(35,23)	5.50,93(35,42)	6.25,94(35,01)	7.00,89(34,95)	
	7.35,61(34,72)	8.10,85(35,24)	8.46,09(35,24)	9.20,99(34,90)	
	9.55,93(34,94)	10.31,61(35,68)	11.07,02(35,41)	11.42,48(35,46)	
	12.18,07(35,59)	12.53,97(35,90)	13.30,34(36,37)	14.06,21(35,87)	
	14.41,67(35,46)	15.17,55(35,88)	15.53,80(36,25)	16.29,63(35,83)	
	17.05,52(35,89)	17.40,45(34,93)			
17	Ole Martin Bjørlykke	96	Aalesund SLK	17.48,77	548
	31.60(31,60)	1.06,09(34,49)	1.41,35(35,26)	2.16,97(35,62)	
	2.52,74(35,77)	3.28,21(35,47)	4.03,84(35,63)	4.39,29(35,45)	
	5.14,86(35,57)	5.50,78(35,92)	6.26,44(35,66)	7.01,95(35,51)	
	7.37,54(35,59)	8.13,04(35,50)	8.48,84(35,80)	9.24,52(35,68)	
	10.00,56(36,04)	10.36,32(35,76)	11.11,95(35,63)	11.48,06(36,11)	
	12.24,30(36,24)	13.00,42(36,12)	13.36,77(36,35)	14.12,80(36,03)	
	14.49,06(36,26)	15.25,21(36,15)	16.01,62(36,41)	16.37,85(36,23)	
	17.13,88(36,03)	17.48,77(34,89)			
18	Henrik Søfteland	95	Delfana	17.50,09	546
	31.64(31,64)	1.04,79(33,15)	1.39,22(34,43)	2.14,54(35,32)	
	2.50,36(35,82)	3.26,07(35,71)	4.01,21(35,14)	4.36,84(35,63)	
	5.12,38(35,54)	5.47,83(35,45)	6.23,67(35,84)	6.59,62(35,95)	
	7.35,56(35,94)	8.11,67(36,11)	8.48,04(36,37)	9.24,17(36,13)	
	10.00,64(36,47)	10.37,30(36,66)	11.13,44(36,14)	11.49,73(36,29)	
	12.25,70(35,97)	13.02,05(36,35)	13.38,37(36,32)	14.15,04(36,67)	
	14.51,52(36,48)	15.27,90(36,38)	16.03,87(35,97)	16.40,07(36,20)	
	17.15,57(35,50)	17.50,09(34,52)			
19	Jostein Dalshov Kringlen	94	Kristiansand SA	18.00,01	531
	32.08(32,08)	1.06,64(34,56)	1.41,97(35,33)	2.17,85(35,88)	
	2.53,69(35,84)	3.29,54(35,85)	4.04,98(35,44)	4.41,07(36,09)	
	5.17,45(36,38)	5.53,53(36,08)	6.29,96(36,43)	7.06,16(36,20)	
	7.42,49(36,33)	8.18,79(36,30)	8.54,58(35,79)	9.31,05(36,47)	
	10.07,58(36,53)	10.43,91(36,33)	11.19,83(35,92)	11.56,15(36,32)	
	12.32,27(36,12)	13.09,06(36,79)	13.45,50(36,44)	14.22,42(36,92)	
	14.58,65(36,23)	15.35,23(36,58)	16.11,31(36,08)	16.47,88(36,57)	
	17.24,27(36,39)	18.00,01(35,74)			
20	Sven Berg	92	Bergens SLK	18.02,28	528
	31.49(31,49)	1.05,70(34,21)	1.40,98(35,28)	2.16,51(35,53)	
	2.52,43(35,92)	3.28,34(35,91)	4.04,22(35,88)	4.40,24(36,02)	
	5.16,35(36,11)	5.52,41(36,06)	6.28,22(35,81)	7.04,86(36,64)	
	7.41,37(36,51)	8.18,16(36,79)	8.55,14(36,98)	9.31,67(36,53)	
	10.07,60(35,93)	10.44,11(36,51)	11.20,90(36,79)	11.57,76(36,86)	
	12.34,47(36,71)	13.11,37(36,90)	13.48,16(36,79)	14.25,18(37,02)	
	15.02,17(36,99)	15.39,45(37,28)	16.16,21(36,76)	16.52,36(36,15)	
	17.28,13(35,77)	18.02,28(34,15)			
21	Martin Næss Kjøholdt	95	Kolbotn IL	18.04,80	524
	31.65(31,65)	1.06,69(35,04)	1.42,01(35,32)	2.17,94(35,93)	
	2.53,99(36,05)	3.29,91(35,92)	4.05,56(35,65)	4.41,71(36,15)	
	5.17,22(35,51)	5.52,90(35,68)	6.28,66(35,76)	7.04,39(35,73)	
	7.40,37(35,98)	8.16,42(36,05)	8.52,66(36,24)	9.29,04(36,38)	
	10.05,17(36,13)	10.41,82(36,65)	11.18,33(36,51)	11.55,13(36,80)	
	12.32,13(37,00)	13.09,06(36,93)	13.46,36(37,30)	14.23,59(37,23)	
	15.01,05(37,46)	15.38,51(37,46)	16.15,93(37,42)	16.52,92(36,99)	
	17.30,59(37,67)	18.04,80(34,21)			
22	Alexander Marki Mork	95	Stavanger SC	18.04,86	524
	30.93(30,93)	1.05,57(34,64)	1.40,85(35,28)	2.16,40(35,55)	
	2.52,03(35,63)	3.27,89(35,86)	4.03,88(35,99)	4.40,18(36,30)	
	5.16,47(36,29)	5.52,87(36,40)	6.29,27(36,40)	7.05,69(36,42)	
	7.42,35(36,66)	8.19,02(36,67)	8.55,95(36,93)	9.32,78(36,83)	
	10.09,74(36,96)	10.46,66(36,92)	11.23,57(36,91)	12.00,56(36,99)	
	12.37,50(36,94)	13.14,69(37,19)	13.51,53(36,84)	14.28,40(36,87)	
	15.05,60(37,20)	15.42,43(36,83)	16.18,91(36,48)	16.54,84(35,93)	
	17.31,10(36,26)	18.04,86(33,76)			

23	Kristian Blumenfelt	94	Vestkantvømmerne	18.10,10	516
	32,50(32,50)	1.07,46(34,96)	1.43,41(35,95)	2.18,46(35,05)	
	2.54,52(36,06)	3.30,15(35,63)	4.06,75(36,60)	4.42,29(35,54)	
	5.18,58(36,29)	5.54,52(35,94)	6.30,81(36,29)	7.07,55(36,74)	
	7.44,09(36,54)	8.20,81(36,72)	8.57,70(36,89)	9.34,07(36,37)	
	10.11,17(37,10)	10.47,79(36,62)	11.25,31(37,52)	12.02,07(36,76)	
	12.39,12(37,05)	13.16,22(37,10)	13.52,97(36,75)	14.29,88(36,91)	
	15.06,91(37,03)	15.44,02(37,11)	16.21,31(37,29)	16.58,10(36,79)	
	17.34,93(36,83)	18.10,10(35,17)			

Senior

1	Mikkel Brudvik Sanderud	87	Lambertseter SK	16.24,72	701
	29,89(29,89)	1.01,84(31,95)	1.34,43(32,59)	2.07,23(32,80)	
	2.39,82(32,59)	3.12,97(33,15)	3.46,33(33,36)	4.19,72(33,39)	
	4.52,97(33,25)	5.26,29(33,32)	5.59,76(33,47)	6.32,79(33,03)	
	7.06,07(33,28)	7.39,25(33,18)	8.12,30(33,05)	8.45,48(33,18)	
	9.19,06(33,58)	9.52,66(33,60)	10.26,15(33,49)	10.59,80(33,65)	
	11.33,62(33,82)	12.07,29(33,67)	12.40,35(33,06)	13.12,91(32,56)	
	13.45,86(32,95)	14.19,05(33,19)	14.51,90(32,85)	15.24,46(32,56)	
	15.56,74(32,28)	16.24,72(27,98)			
2	Sindri T. Jakobsson	91	BS/Delfana	16.25,15	700
	28,37(28,37)	1.00,10(31,73)	1.32,42(32,32)	2.05,07(32,65)	
	2.37,93(32,86)	3.11,05(33,12)	3.44,36(33,31)	4.18,28(33,92)	
	4.51,81(33,53)	5.25,17(33,36)	5.59,11(33,94)	6.33,33(34,22)	
	7.06,70(33,37)	7.40,44(33,74)	8.12,94(32,50)	8.45,73(32,79)	
	9.18,79(33,06)	9.52,56(33,77)	10.25,64(33,08)	10.59,62(33,98)	
	11.33,38(33,76)	12.06,98(33,60)	12.39,53(32,55)	13.12,28(32,75)	
	13.45,29(33,01)	14.18,44(33,15)	14.51,31(32,87)	15.23,84(32,53)	
	15.55,79(31,95)	16.25,15(29,36)			
3	Morten Bordervich	94	TS/Sola SK	16.34,90	679
	29,33(29,33)	1.01,21(31,88)	1.33,77(32,56)	2.06,10(32,33)	
	2.39,29(33,19)	3.12,51(33,22)	3.45,83(33,32)	4.18,92(33,09)	
	4.52,38(33,46)	5.25,74(33,36)	5.59,33(33,59)	6.32,80(33,47)	
	7.06,25(33,45)	7.39,54(33,29)	8.13,30(33,76)	8.46,58(33,28)	
	9.19,87(33,29)	9.53,15(33,28)	10.27,20(34,05)	11.00,91(33,71)	
	11.34,56(33,65)	12.08,12(33,56)	12.42,06(33,94)	13.15,60(33,54)	
	13.49,37(33,77)	14.22,77(33,40)	14.56,42(33,65)	15.29,97(33,55)	
	16.03,01(33,04)	16.34,90(31,89)			
4	Elias Damman	89	Bærumsvømmerne	16.58,80	633
	30,74(30,74)	1.04,02(33,28)	1.37,78(33,76)	2.11,91(34,13)	
	2.46,08(34,17)	3.20,84(34,76)	3.54,93(34,09)	4.29,68(34,75)	
	5.04,00(34,32)	5.38,56(34,56)	6.12,87(34,31)	6.47,50(34,63)	
	7.22,13(34,63)	7.56,79(34,66)	8.31,29(34,50)	9.05,90(34,61)	
	9.40,42(34,52)	10.14,90(34,48)	10.49,25(34,35)	11.23,69(34,44)	
	11.57,85(34,16)	12.32,28(34,43)	13.06,61(34,33)	13.40,82(34,21)	
	14.15,12(34,30)	14.49,13(34,01)	15.23,16(34,03)	15.56,76(33,60)	
	16.29,29(32,53)	16.58,80(29,51)			
5	Eivind Johannesen	92	BS/Åstveit	16.59,24	632
	29,84(29,84)	1.02,20(32,36)	1.35,33(33,13)	2.08,68(33,35)	
	2.42,41(33,73)	3.16,52(34,11)	3.49,98(33,46)	4.24,24(34,26)	
	4.58,71(34,47)	5.33,40(34,69)	6.07,85(34,45)	6.43,00(35,15)	
	7.17,57(34,57)	7.52,60(35,03)	8.27,31(34,71)	9.02,21(34,90)	
	9.37,75(35,54)	10.12,85(35,10)	10.47,65(34,80)	11.22,44(34,79)	
	11.55,78(33,34)	12.30,88(35,10)	13.05,33(34,45)	13.40,25(34,92)	
	14.14,61(34,36)	14.49,00(34,39)	15.22,91(33,91)	15.56,77(33,86)	
	16.29,23(32,46)	16.59,24(30,01)			
6	Magnus Klæboe Nordgård	89	Tromsø SK	17.01,77	627
	30,35(30,35)	1.03,15(32,80)	1.36,70(33,55)	2.10,85(34,15)	
	2.45,03(34,18)	3.19,02(33,99)	3.53,20(34,18)	4.27,51(34,31)	
	5.02,16(34,65)	5.36,47(34,31)	6.10,80(34,33)	6.45,40(34,60)	
	7.19,56(34,16)	7.54,32(34,76)	8.28,86(34,54)	9.03,25(34,39)	
	9.37,56(34,31)	10.11,86(34,30)	10.46,14(34,28)	11.20,52(34,38)	
	11.54,70(34,18)	12.29,36(34,66)	13.03,75(34,39)	13.38,40(34,65)	
	14.12,99(34,59)	14.47,51(34,52)	15.21,80(34,29)	15.55,53(33,73)	
	16.29,91(34,38)	17.01,77(31,86)			

7	Sondre Kallhovd	93	Lambertseter SK	17.07,04	617
	31,48(31,48)	1.05,92(34,44)	1.40,28(34,36)	2.14,18(33,90)	
	2.48,41(34,23)	3.22,45(34,04)	3.56,71(34,26)	4.31,43(34,72)	
	5.06,30(34,87)	5.40,82(34,52)	6.15,53(34,71)	6.50,39(34,86)	
	7.25,08(34,69)	8.00,12(35,04)	8.33,75(33,63)	9.07,90(34,15)	
	9.42,17(34,27)	10.16,70(34,53)	10.51,41(34,71)	11.25,27(33,86)	
	11.59,67(34,40)	12.34,06(34,39)	13.09,04(34,98)	13.43,42(34,38)	
	14.17,93(34,51)	14.52,38(34,45)	15.26,29(33,91)	16.01,82(35,53)	
	16.35,68(33,86)	17.07,04(31,36)			
8	Martin Berger Oterholm	93	Kolbotn IL	17.07,06	617
	31,90(31,90)	1.06,58(34,68)	1.40,45(33,87)	2.15,10(34,65)	
	2.49,96(34,86)	3.24,15(34,19)	3.58,98(34,83)	4.34,19(35,21)	
	5.07,44(33,25)	5.42,18(34,74)	6.16,99(34,81)	6.51,97(34,98)	
	7.25,98(34,01)	8.00,08(34,10)	8.33,87(33,79)	9.08,46(34,59)	
	9.42,39(33,93)	10.17,11(34,72)	10.51,41(34,30)	11.25,85(34,44)	
	12.00,18(34,33)	12.35,09(34,91)	13.09,71(34,62)	13.44,59(34,88)	
	14.18,98(34,39)	14.53,69(34,71)	15.28,14(34,45)	16.02,63(34,49)	
	16.36,43(33,80)	17.07,06(30,63)			
9	Carl Andreas Watthne	91	Bærumsvømmerne	17.10,18	612
	30,06(30,06)	1.03,20(33,14)	1.37,48(34,28)	2.12,21(34,73)	
	2.46,50(34,29)	3.20,94(34,44)	3.55,81(34,87)	4.30,57(34,76)	
	5.05,41(34,84)	5.40,06(34,65)	6.15,05(34,99)	6.49,76(34,71)	
	7.25,05(35,29)	7.59,80(34,75)	8.34,19(34,39)	9.08,39(34,20)	
	9.42,38(33,99)	10.17,01(34,63)	10.51,30(34,29)	11.25,67(34,37)	
	12.00,57(34,90)	12.34,91(34,34)	13.09,84(34,93)	13.44,66(34,82)	
	14.19,49(34,83)	14.54,20(34,71)	15.28,58(34,38)	16.03,38(34,80)	
	16.37,61(34,23)	17.10,18(32,57)			
10	Sander Rødje	93	Haugesund SK	17.15,57	602
	29,76(29,76)	1.02,90(33,14)	1.37,04(34,14)	2.11,36(34,32)	
	2.45,89(34,53)	3.20,30(34,41)	3.55,40(35,10)	4.29,83(34,43)	
	5.04,54(34,71)	5.39,25(34,71)	6.14,10(34,85)	6.49,00(34,90)	
	7.24,24(35,24)	7.59,16(34,92)	8.34,01(34,85)	9.08,61(34,60)	
	9.43,58(34,97)	10.18,38(34,80)	10.53,56(35,18)	11.28,62(35,06)	
	12.03,71(35,09)	12.38,72(35,01)	13.13,80(35,08)	13.48,93(35,13)	
	14.23,48(34,55)	14.57,65(34,17)	15.32,48(34,83)	16.07,43(34,95)	
	16.42,09(34,66)	17.15,57(33,48)			
11	Ørjan Monsen	92	Sola SK	17.18,01	598
	31,20(31,20)	1.05,33(34,13)	1.39,99(34,66)	2.14,81(34,82)	
	2.49,25(34,44)	3.24,02(34,77)	3.58,79(34,77)	4.33,74(34,95)	
	5.08,74(35,00)	5.44,06(35,32)	6.18,96(34,90)	6.53,92(34,96)	
	7.29,08(35,16)	8.04,16(35,08)	8.39,18(35,02)	9.14,12(34,94)	
	9.49,33(35,21)	10.24,26(34,93)	10.59,30(35,04)	11.34,20(34,90)	
	12.09,17(34,97)	12.43,96(34,79)	13.19,05(35,09)	13.53,96(34,91)	
	14.28,84(34,88)	15.03,66(34,82)	15.38,59(34,93)	16.12,53(33,94)	
	16.46,39(33,86)	17.18,01(31,62)			
12	Øystein Fjeldberg	93	Randaberg IL	17.20,18	594
	30,71(30,71)	1.03,28(32,57)	1.37,28(34,00)	2.11,84(34,56)	
	2.46,23(34,39)	3.21,18(34,95)	3.55,58(34,40)	4.30,14(34,56)	
	5.05,45(35,31)	5.40,15(34,70)	6.14,95(34,80)	6.49,85(34,90)	
	7.25,01(35,16)	7.59,71(34,70)	8.34,93(35,22)	9.09,77(34,84)	
	9.45,19(35,42)	10.20,23(35,04)	10.55,44(35,21)	11.30,81(35,37)	
	12.06,28(35,47)	12.41,34(35,06)	13.17,31(35,97)	13.52,45(35,14)	
	14.27,91(35,46)	15.03,16(35,25)	15.38,25(35,09)	16.13,23(34,98)	
	16.47,43(34,20)	17.20,18(32,75)			
13	Gunnar V. Skirbekk	91	Elverum Svømming	17.20,41	594
	30,92(30,92)	1.05,12(34,20)	1.39,96(34,84)	2.15,16(35,20)	
	2.49,29(34,13)	3.24,18(34,89)	3.58,53(34,35)	4.32,92(34,39)	
	5.08,14(35,22)	5.43,14(35,00)	6.17,70(34,56)	6.52,69(34,99)	
	7.27,68(34,99)	8.02,12(34,44)	8.37,40(35,28)	9.12,67(35,27)	
	9.48,12(35,45)	10.22,37(34,25)	10.57,11(34,74)	11.32,62(35,51)	
	12.07,71(35,09)	12.42,41(34,70)	13.17,39(34,98)	13.52,08(34,69)	
	14.27,67(35,59)	15.03,27(35,60)	15.38,68(35,41)	16.13,75(35,07)	
	16.48,48(34,73)	17.20,41(31,93)			
14	Erik Tobias Sollesnes	95	Kolbotn IL	17.20,74	593
		1.05,36(1.05,36)		2.14,50(1.09,14)	
		4.35,97(2.21,47)	4.00,13(-0,84)		
	5.11,41(1.11,28)	5.46,04(34,63)		6.56,70(1.10,66)	
		8.06,45(1.09,75)	8.41,19(34,74)	9.16,02(34,83)	
		10.24,95(1.08,93)		11.33,68(1.08,73)	
	12.08,60(34,92)	12.44,00(35,40)	13.18,96(34,96)	13.53,89(34,93)	
	14.28,54(34,65)	15.03,12(34,58)	15.38,28(35,16)	16.13,14(34,86)	
	16.48,27(35,13)	17.20,74(32,47)			

15	Odin Spangen Normann	92	IL Varg	17.23,21	589
	29,96(29,96)	1.04,00(34,04)	1.38,01(34,01)	2.13,01(35,00)	
	2.48,23(35,22)	3.23,72(35,49)	3.59,03(35,31)	4.33,98(34,95)	
	5.08,99(35,01)	5.44,22(35,23)	6.19,21(34,99)	6.54,32(35,11)	
	7.29,58(35,26)	8.04,65(35,07)	8.39,59(34,94)	9.14,56(34,97)	
	9.50,10(35,54)	10.25,38(35,28)	11.00,71(35,33)	11.36,09(35,38)	
	12.11,49(35,40)	12.46,84(35,35)	13.21,77(34,93)	13.57,02(35,25)	
	14.32,30(35,28)	15.07,41(35,11)	15.42,27(34,86)	16.17,36(35,09)	
	16.51,40(34,04)	17.23,21(31,81)			
16	Lars Rugsveen	94	Elverum Svømming	17.26,87	583
	31,73(31,73)	1.06,91(35,18)	1.41,40(34,49)	2.16,87(35,47)	
	2.52,66(35,79)	3.28,64(35,98)	4.03,66(35,02)	4.39,20(35,54)	
	5.14,79(35,59)	5.50,57(35,78)	6.26,21(35,64)	7.01,53(35,32)	
	7.35,84(34,31)	8.11,01(35,17)	8.45,27(34,26)	9.19,95(34,68)	
	9.55,14(35,19)	10.30,16(35,02)	11.05,11(34,95)	11.40,16(35,05)	
	12.14,81(34,65)	12.50,22(35,41)	13.24,73(34,51)	14.00,72(35,99)	
	14.35,26(34,54)	15.10,21(34,95)	15.45,64(35,43)	16.20,94(35,30)	
	16.54,73(33,79)	17.26,87(32,14)			
17	Jonas Ødegård Aanby	95	Delfana	17.28,00	581
	30,97(30,97)	1.05,25(34,28)	1.39,86(34,61)	2.14,86(35,00)	
	2.48,95(34,09)	3.23,12(34,17)	3.58,06(34,94)	4.32,38(34,32)	
	5.06,53(34,15)	5.40,56(34,03)	6.14,86(34,30)	6.49,35(34,49)	
	7.24,19(34,84)	7.59,24(35,05)	8.34,01(34,77)	9.09,19(35,18)	
	9.44,09(34,90)	10.19,29(35,20)	10.54,64(35,35)	11.30,39(35,75)	
	12.05,50(35,11)	12.41,10(35,60)	13.16,73(35,63)	13.52,77(36,04)	
	14.28,09(35,32)	15.04,43(36,34)	15.40,11(35,68)	16.16,30(36,19)	
	16.52,71(36,41)	17.28,00(35,29)			
18	Andreas Bergman	93	Asker SK	17.35,15	569
	31,23(31,23)	1.04,76(33,53)	1.39,60(34,84)	2.15,24(35,64)	
	2.50,42(35,18)	3.25,59(35,17)	4.00,81(35,22)	4.35,88(35,07)	
	5.11,06(35,18)	5.46,28(35,22)	6.21,93(35,65)	6.57,10(35,17)	
	7.32,28(35,18)	8.07,55(35,27)	8.42,99(35,44)	9.18,23(35,24)	
	9.54,15(35,92)	10.29,43(35,28)	11.05,30(35,87)	11.40,75(35,45)	
	12.16,68(35,93)	12.52,21(35,53)	13.28,19(35,98)	14.03,26(35,07)	
	14.39,27(36,01)	15.14,40(35,13)	15.50,23(35,83)	16.25,97(35,74)	
	17.01,37(35,40)	17.35,15(33,78)			
19	Jørgen Gundersen	95	Lørenskog/Rælingen	17.40,45	561
	32,06(32,06)	1.07,15(35,09)	1.42,89(35,74)	2.18,37(35,48)	
	2.53,73(35,36)	3.29,25(35,52)	4.04,79(35,54)	4.40,28(35,49)	
	5.15,51(35,23)	5.50,93(35,42)	6.25,94(35,01)	7.00,89(34,95)	
	7.35,61(34,72)	8.10,85(35,24)	8.46,09(35,24)	9.20,99(34,90)	
	9.55,93(34,94)	10.31,61(35,68)	11.07,02(35,41)	11.42,48(35,46)	
	12.18,07(35,59)	12.53,97(35,90)	13.30,34(36,37)	14.06,21(35,87)	
	14.41,67(35,46)	15.17,55(35,88)	15.53,80(36,25)	16.29,63(35,83)	
	17.05,52(35,89)	17.40,45(34,93)			
20	Ole Martin Bjørlykke	96	Aalesund SLK	17.48,77	548
	31,60(31,60)	1.06,09(34,49)	1.41,35(35,26)	2.16,97(35,62)	
	2.52,74(35,77)	3.28,21(35,47)	4.03,84(35,63)	4.39,29(35,45)	
	5.14,86(35,57)	5.50,78(35,92)	6.26,44(35,66)	7.01,95(35,51)	
	7.37,54(35,59)	8.13,04(35,50)	8.48,84(35,80)	9.24,52(35,68)	
	10.00,56(36,04)	10.36,32(35,76)	11.11,95(35,63)	11.48,06(36,11)	
	12.24,30(36,24)	13.00,42(36,12)	13.36,77(36,35)	14.12,80(36,03)	
	14.49,06(36,26)	15.25,21(36,15)	16.01,62(36,41)	16.37,85(36,23)	
	17.13,88(36,03)	17.48,77(34,89)			
21	Henrik Søfteland	95	Delfana	17.50,09	546
	31,64(31,64)	1.04,79(33,15)	1.39,22(34,43)	2.14,54(35,32)	
	2.50,36(35,82)	3.26,07(35,71)	4.01,21(35,14)	4.36,84(35,63)	
	5.12,38(35,54)	5.47,83(35,45)	6.23,67(35,84)	6.59,62(35,95)	
	7.35,56(35,94)	8.11,67(36,11)	8.48,04(36,37)	9.24,17(36,13)	
	10.00,64(36,47)	10.37,30(36,66)	11.13,44(36,14)	11.49,73(36,29)	
	12.25,70(35,97)	13.02,05(36,35)	13.38,37(36,32)	14.15,04(36,67)	
	14.51,52(36,48)	15.27,90(36,38)	16.03,87(35,97)	16.40,07(36,20)	
	17.15,57(35,50)	17.50,09(34,52)			
22	Jostein Dalshov Kringlen	94	Kristiansand SA	18.00,01	531
	32,08(32,08)	1.06,64(34,56)	1.41,97(35,33)	2.17,85(35,88)	
	2.53,69(35,84)	3.29,54(35,85)	4.04,98(35,44)	4.41,07(36,09)	
	5.17,45(36,38)	5.53,53(36,08)	6.29,96(36,43)	7.06,16(36,20)	
	7.42,49(36,33)	8.18,79(36,30)	8.54,58(35,79)	9.31,05(36,47)	
	10.07,58(36,53)	10.43,91(36,33)	11.19,83(35,92)	11.56,15(36,32)	
	12.32,27(36,12)	13.09,06(36,79)	13.45,50(36,44)	14.22,42(36,92)	
	14.58,65(36,23)	15.35,23(36,58)	16.11,31(36,08)	16.47,88(36,57)	
	17.24,27(36,39)	18.00,01(35,74)			

23	Sven Berg	92	Bergens SLK	18.02,28	528
	31,49(31,49)	1.05,70(34,21)	1.40,98(35,28)	2.16,51(35,53)	
	2.52,43(35,92)	3.28,34(35,91)	4.04,22(35,88)	4.40,24(36,02)	
	5.16,35(36,11)	5.52,41(36,06)	6.28,22(35,81)	7.04,86(36,64)	
	7.41,37(36,51)	8.18,16(36,79)	8.55,14(36,98)	9.31,67(36,53)	
	10.07,60(35,93)	10.44,11(36,51)	11.20,90(36,79)	11.57,76(36,86)	
	12.34,47(36,71)	13.11,37(36,90)	13.48,16(36,79)	14.25,18(37,02)	
	15.02,17(36,99)	15.39,45(37,28)	16.16,21(36,76)	16.52,36(36,15)	
	17.28,13(35,77)	18.02,28(34,15)			
24	Martin Næss Kjølholdt	95	Kolbotn IL	18.04,80	524
	31,65(31,65)	1.06,69(35,04)	1.42,01(35,32)	2.17,94(35,93)	
	2.53,99(36,05)	3.29,91(35,92)	4.05,56(35,65)	4.41,71(36,15)	
	5.17,22(35,51)	5.52,90(35,68)	6.28,66(35,76)	7.04,39(35,73)	
	7.40,37(35,98)	8.16,42(36,05)	8.52,66(36,24)	9.29,04(36,38)	
	10.05,17(36,13)	10.41,82(36,65)	11.18,33(36,51)	11.55,13(36,80)	
	12.32,13(37,00)	13.09,06(36,93)	13.46,36(37,30)	14.23,59(37,23)	
	15.01,05(37,46)	15.38,51(37,46)	16.15,93(37,42)	16.52,92(36,99)	
	17.30,59(37,67)	18.04,80(34,21)			
25	Alexander Marki Mork	95	Stavanger SC	18.04,86	524
	30,93(30,93)	1.05,57(34,64)	1.40,85(35,28)	2.16,40(35,55)	
	2.52,03(35,63)	3.27,89(35,86)	4.03,88(35,99)	4.40,18(36,30)	
	5.16,47(36,29)	5.52,87(36,40)	6.29,27(36,40)	7.05,69(36,42)	
	7.42,35(36,66)	8.19,02(36,67)	8.55,95(36,93)	9.32,78(36,83)	
	10.09,74(36,96)	10.46,66(36,92)	11.23,57(36,91)	12.00,56(36,99)	
	12.37,50(36,94)	13.14,69(37,19)	13.51,53(36,84)	14.28,40(36,87)	
	15.05,60(37,20)	15.42,43(36,83)	16.18,91(36,48)	16.54,84(35,93)	
	17.31,10(36,26)	18.04,86(33,76)			
26	Magnus Bru	87	Asker SK	18.05,65	523
	32,06(32,06)	1.06,74(34,68)	1.41,95(35,21)	2.17,42(35,47)	
	2.52,44(35,02)	3.28,20(35,76)	4.03,84(35,64)	4.39,52(35,68)	
	5.15,10(35,58)	5.51,10(36,00)	6.27,28(36,18)	7.03,57(36,29)	
	7.39,94(36,37)	8.16,11(36,17)	8.52,08(35,97)	9.28,54(36,46)	
	10.04,72(36,18)	10.41,84(37,12)	11.18,98(37,14)	11.56,21(37,23)	
	12.33,02(36,81)	13.10,31(37,29)	13.47,40(37,09)	14.24,71(37,31)	
	15.02,02(37,31)	15.39,32(37,30)	16.16,20(36,88)	16.53,31(37,11)	
	17.29,99(36,68)	18.05,65(35,66)			
27	Kristian Blummenfelt	94	Vestkantsvømmerne	18.10,10	516
	32,50(32,50)	1.07,46(34,96)	1.43,41(35,95)	2.18,46(35,05)	
	2.54,52(36,06)	3.30,15(35,63)	4.06,75(36,60)	4.42,29(35,54)	
	5.18,58(36,29)	5.54,52(35,94)	6.30,81(36,29)	7.07,55(36,74)	
	7.44,09(36,54)	8.20,81(36,72)	8.57,70(36,89)	9.34,07(36,37)	
	10.11,17(37,10)	10.47,79(36,62)	11.25,31(37,52)	12.02,07(36,76)	
	12.39,12(37,05)	13.16,22(37,10)	13.52,97(36,75)	14.29,88(36,91)	
	15.06,91(37,03)	15.44,02(37,11)	16.21,31(37,29)	16.58,10(36,79)	
	17.34,93(36,83)	18.10,10(35,17)			

Øvelse 20. 4*100m lag medley, damer - Senior

Senior

1	Lambertseter SK J1 sr.	SR	Lambertseter SK	(0,66)	4.19,04	720	NR
	Heidi Vainio Gjøen:	32,00(32,00)	1.05,78(33,78)	1.05,78			
	Sara Nordenstam:	1.38,59(32,81)	2.15,74(37,15)	1.09,96			
	Line Løvberg:	2.45,27(29,53)	3.19,78(34,51)	1.04,04			
	Elisabeth H. Svensson:	3.48,26(28,48)	4.19,04(30,78)	59,26			
2	Lambertseter SK J2 sr.	SR	Lambertseter SK	(0,75)	4.23,83	682	
	Christine M. Pedersen:	32,36(32,36)	1.07,24(34,88)	1.07,24			
	Stina Kajsa Colleou:	1.40,93(33,69)	2.19,49(38,56)	1.12,25			
	Ingrid N. Knutzen:	2.49,77(30,28)	3.25,12(35,35)	1.05,63			
	Emma Isdahl:	3.53,05(27,93)	4.23,83(30,78)	58,71			
3	Lambertseter SK J3 sr.	SR	Lambertseter SK	(0,64)	4.27,43	654	
	Andrine Davidsen:	33,06(33,06)	1.08,02(34,96)	1.08,02			
	Luna Elisabeth Sjøgaard:	1.41,60(33,58)	2.20,40(38,80)	1.12,38			
	Vår Celine Sjøgaard:	2.50,84(30,44)	3.27,78(36,94)	1.07,38			
	Emilie Hellerud:	3.56,22(28,44)	4.27,43(31,21)	59,65			
4	Stavanger SC J1 sr.	SR	Stavanger SC	(0,73)	4.31,14	628	
	Nicole T. Næsheim:	33,45(33,45)	1.11,10(37,65)	1.11,10			
	Henriette Martinsen:	1.44,03(32,93)	2.23,41(39,38)	1.12,31			
	Karoline Eriksen:	2.53,83(30,42)	3.30,84(37,01)	1.07,43			
	Ane Nygård:	3.59,06(28,22)	4.31,14(32,08)	1.00,30			

5	Bærumsv J1 sr.	SR	Bærumsvømmerne	(0,76)	4.31,92	623
	Emilie Nyenget Løvberg:	35,02(35,02)	1.11,61(36,59)	1.11,61		
	Elisabeth Jarland:	1.45,52(33,91)	2.23,87(38,35)	1.12,26		
	Kristine Mella:	2.53,38(29,51)	3.29,94(36,56)	1.06,07		
	Andrea Westbye:	3.59,29(29,35)	4.31,92(32,63)	1.01,98		
6	Bergensv. J1 sr.	SR	Bergensvømmerne	(0,65)	4.35,54	598
	Seline Vike Holm:	34,33(34,33)	1.11,78(37,45)	1.11,78		
	Katrine Jensen:	1.47,96(36,18)	2.29,79(41,83)	1.18,01		
	Lise Sand Syversen:	3.00,13(30,34)	3.34,65(34,52)	1.04,86		
	Karoline Pedersen:	4.04,02(29,37)	4.35,54(31,52)	1.00,89		
7	Team Stavanger J1 sr.	SR	Team Stavanger	(0,67)	4.41,22	563
	Vanessa Tuxen:	34,08(34,08)	1.11,96(37,88)	1.11,96		
	Renate Ranaweera Aasland:	1.48,48(36,52)	2.32,65(44,17)	1.20,69		
	Marthe Berg Sørensen:	3.02,54(29,89)	3.39,25(36,71)	1.06,60		
	Trine Hovda:	4.08,59(29,34)	4.41,22(32,63)	1.01,97		
8	Bærumsv J2 sr.	SR	Bærumsvømmerne	(0,75)	4.43,49	549
	Kjersti Dalen:	37,43(37,43)	1.16,44(39,01)	1.16,44		
	Victoria Croker:	1.51,55(35,11)	2.32,47(40,92)	1.16,03		
	Karolina Orleanski:	3.03,16(30,69)	3.39,22(36,06)	1.06,75		
	Lene Lykke Erichsen:	4.09,60(30,38)	4.43,49(33,89)	1.04,27		
9	Aalesunds SLK J1 sr.	SR	Aalesund SLK	(0,78)	4.44,27	545
	Veronica Orheim Bjørlykke:	33,07(33,07)	1.07,44(34,37)	1.07,44		
	Caroline R. Helgesen:	1.44,87(37,43)	2.28,46(43,59)	1.21,02		
	Karina Brunstad Fet:	3.00,43(31,97)	3.41,36(40,93)	1.12,90		
	Julie Hjellbakk Pettersen:	4.11,11(29,75)	4.44,27(33,16)	1.02,91		
10	Delfana J1 sr.	SR	Delfana	(0,80)	4.46,88	530
	Karianne Reinertsen:	35,95(35,95)	1.13,69(37,74)	1.13,69		
	Tone Lill Evanger:	1.50,76(37,07)	2.32,92(42,16)	1.19,23		
	Marie Reinertsen:	3.04,22(31,30)	3.42,40(38,18)	1.09,48		
	Lisa Skogeng:	4.13,31(30,91)	4.46,88(33,57)	1.04,48		
11	Løren/Rælingen J1 sr.	SR	Lørenskog/Rælingen	(0,68)	4.51,12	507
	Jeanette Erlandsen:	36,65(36,65)	1.16,42(39,77)	1.16,42		
	Rebecca Holt Clasen:	1.53,21(36,79)	2.36,43(43,22)	1.20,01		
	Klara Farkas:	3.08,93(32,50)	3.46,18(37,25)	1.09,75		
	Susanne Fornasari:	4.16,48(30,30)	4.51,12(34,64)	1.04,94		
12	Vestbyen IL J1 sr.	SR	Vestbyen IL	(0,71)	4.53,63	494
	Elise Strømsvik:	34,71(34,71)	1.14,63(39,92)	1.14,63		
	Mari Singstad:	1.49,20(34,57)	2.29,81(40,61)	1.15,18		
	Randi Gaasvik:	3.02,90(33,09)	3.45,73(42,83)	1.15,92		
	Marthe Korsvoll:	4.17,30(31,57)	4.53,63(36,33)	1.07,90		
13	NTNUI J1 sr.	SR	NTNUI	(0,63)	5.09,38	423
	Vibeke Browne:	35,35(35,35)	1.13,23(37,88)	1.13,23		
	Cathrine Aa Dalen:	1.54,54(41,31)	2.46,78(52,24)	1.33,55		
	Kjersti Arefjord:	3.19,43(32,65)	3.59,33(39,90)	1.12,55		
	Hilde Sund:	4.33,01(33,68)	5.09,38(36,37)	1.10,05		
	Asker SK J1 sr.	SR	Asker SK	(0,57)	DISK	
	Helene Nordmark Skuterud:	33,42(33,42)	1.10,44(37,02)	1.10,44		
	Rikke Nagell-Kleven:					
	Mette Mellbye Larsen:					
	Marte K. Bolstad:					

Lørdag 10. juli kl 10.00

Øvelse 21. 400m individuell medley, herrer - Direkte finale – Foreløpig før siste heat

Junior

1	Gunnar V. Skirbekk	91	Elverum Svømming	4.53,16	575
	31,25(31,25)	1.07,73(36,48)	1.45,73(38,00)	2.23,37(37,64)	
	3.03,79(40,42)	3.45,46(41,67)	4.19,86(34,40)	4.53,16(33,30)	
2	Sander Andersen	96	Poseidon	4.55,78	560
	31,53(31,53)	1.08,02(36,49)	1.43,98(35,96)	2.20,36(36,38)	
	3.03,14(42,78)	3.46,91(43,77)	4.21,62(34,71)	4.55,78(34,16)	
3	Per Simen Holstad Gandrud	92	Sarpsborg IL	5.00,62	534
	30,28(30,28)	1.05,18(34,90)	1.45,07(39,89)	2.25,73(40,66)	
	3.08,19(42,46)	3.52,35(44,16)	4.27,76(35,41)	5.00,62(32,86)	
4	Carl Andreas Wathne	91	Bærumsvømmerne	5.01,23	530
	30,22(30,22)	1.04,74(34,52)	1.44,92(40,18)	2.24,58(39,66)	
	3.09,58(45,00)	3.55,15(45,57)	4.28,71(33,56)	5.01,23(32,52)	
5	Eirik Nielsen	95	Poseidon	5.01,33	530
	30,23(30,23)	1.05,31(35,08)	1.43,59(38,28)	2.22,30(38,71)	
	3.04,91(42,61)	3.49,75(44,84)	4.26,32(36,57)	5.01,33(35,01)	
6	Andreas Mathingsdal Pedersen	92	Farsund SK	5.02,49	524
	31,62(31,62)	1.08,98(37,36)	1.49,59(40,61)	2.29,82(40,23)	
	3.11,38(41,56)	3.53,60(42,22)	4.29,24(35,64)	5.02,49(33,25)	
7	Martin Schau	91	Larvik SK	5.07,60	498
	30,91(30,91)	1.07,08(36,17)	1.49,52(42,44)	2.29,57(40,05)	
	3.12,83(43,26)	3.57,26(44,43)		5.07,60(1.10,34)	
8	Tore Skauge Bysting	92	Lørenskog/Rælingen	5.08,18	495
	31,66(31,66)	1.08,61(36,95)	1.49,48(40,87)	2.28,59(39,11)	
	3.11,55(42,96)	3.56,36(44,81)	4.34,20(37,84)	5.08,18(33,98)	
9	Daniel Sandhåland	95	Karmøy SK	5.08,51	494
	30,80(30,80)	1.07,66(36,86)	1.47,00(39,34)	2.26,19(39,19)	
	3.11,68(45,49)	3.57,80(46,12)	4.33,75(35,95)	5.08,51(34,76)	
10	Sindre Aasland Ranaweera	96	Madla SK	5.08,89	492
	32,33(32,33)	1.09,62(37,29)	1.49,04(39,42)	2.28,28(39,24)	
	3.11,08(42,80)	3.55,40(44,32)	4.32,57(37,17)	5.08,89(36,32)	
11	Jonas Ødegård Aanby	95	Delfana	5.09,75	488
	33,04(33,04)	1.11,15(38,11)	1.51,50(40,35)	2.31,08(39,58)	
	3.15,11(44,03)	4.00,77(45,66)	4.36,13(35,36)	5.09,75(33,62)	
12	Henrik Wathne	94	Bærumsvømmerne	5.11,92	478
	30,88(30,88)	1.05,11(34,23)	1.44,70(39,59)	2.23,25(38,55)	
	3.10,31(47,06)	3.57,47(47,16)	4.36,23(38,76)	5.11,92(35,69)	
13	Ivan Aleksander Larsen	95	Karmøy SK	5.16,80	456
	32,08(32,08)	1.10,85(38,77)	1.53,41(42,56)	2.36,15(42,74)	
	3.19,74(43,59)	4.04,91(45,17)	4.41,68(36,77)	5.16,80(35,12)	
	Martin B. Lund	92	Elverum Svømming	DISK	

Senior

1	Gunnar V. Skirbekk	91	Elverum Svømming	4.53,16	575
	31,25(31,25)	1.07,73(36,48)	1.45,73(38,00)	2.23,37(37,64)	
	3.03,79(40,42)	3.45,46(41,67)	4.19,86(34,40)	4.53,16(33,30)	
2	Sander Andersen	96	Poseidon	4.55,78	560
	31,53(31,53)	1.08,02(36,49)	1.43,98(35,96)	2.20,36(36,38)	
	3.03,14(42,78)	3.46,91(43,77)	4.21,62(34,71)	4.55,78(34,16)	
3	Per Simen Holstad Gandrud	92	Sarpsborg IL	5.00,62	534
	30,28(30,28)	1.05,18(34,90)	1.45,07(39,89)	2.25,73(40,66)	
	3.08,19(42,46)	3.52,35(44,16)	4.27,76(35,41)	5.00,62(32,86)	
4	Carl Andreas Wathne	91	Bærumsvømmerne	5.01,23	530
	30,22(30,22)	1.04,74(34,52)	1.44,92(40,18)	2.24,58(39,66)	
	3.09,58(45,00)	3.55,15(45,57)	4.28,71(33,56)	5.01,23(32,52)	
5	Eirik Nielsen	95	Poseidon	5.01,33	530
	30,23(30,23)	1.05,31(35,08)	1.43,59(38,28)	2.22,30(38,71)	
	3.04,91(42,61)	3.49,75(44,84)	4.26,32(36,57)	5.01,33(35,01)	

6	Andreas Mathingsdal Pedersen	92	Farsund SK	5.02,49	524
	31,62(31,62)	1.08,98(37,36)	1.49,59(40,61)	2.29,82(40,23)	
	3.11,38(41,56)	3.53,60(42,22)	4.29,24(35,64)	5.02,49(33,25)	
7	Martin Schau	91	Larvik SK	5.07,60	498
	30,91(30,91)	1.07,08(36,17)	1.49,52(42,44)	2.29,57(40,05)	
	3.12,83(43,26)	3.57,26(44,43)		5.07,60(1.10,34)	
8	Tore Skauge Bysting	92	Lørenskog/Rælingen	5.08,18	495
	31,66(31,66)	1.08,61(36,95)	1.49,48(40,87)	2.28,59(39,11)	
	3.11,55(42,96)	3.56,36(44,81)	4.34,20(37,84)	5.08,18(33,98)	
9	Daniel Sandhåland	95	Karmøy SK	5.08,51	494
	30,80(30,80)	1.07,66(36,86)	1.47,00(39,34)	2.26,19(39,19)	
	3.11,68(45,49)	3.57,80(46,12)	4.33,75(35,95)	5.08,51(34,76)	
10	Sindre Aasland Ranaweera	96	Madla SK	5.08,89	492
	32,33(32,33)	1.09,62(37,29)	1.49,04(39,42)	2.28,28(39,24)	
	3.11,08(42,80)	3.55,40(44,32)	4.32,57(37,17)	5.08,89(36,32)	
11	Jonas Ødegård Aanby	95	Delfana	5.09,75	488
	33,04(33,04)	1.11,15(38,11)	1.51,50(40,35)	2.31,08(39,58)	
	3.15,11(44,03)	4.00,77(45,66)	4.36,13(35,36)	5.09,75(33,62)	
12	Henrik Wathne	94	Bærumsvømmerne	5.11,92	478
	30,88(30,88)	1.05,11(34,23)	1.44,70(39,59)	2.23,25(38,55)	
	3.10,31(47,06)	3.57,47(47,16)	4.36,23(38,76)	5.11,92(35,69)	
13	Ivan Aleksander Larsen	95	Karmøy SK	5.16,80	456
	32,08(32,08)	1.10,85(38,77)	1.53,41(42,56)	2.36,15(42,74)	
	3.19,74(43,59)	4.04,91(45,17)	4.41,68(36,77)	5.16,80(35,12)	
	Martin B. Lund	92	Elverum Svømming	DISK	

Øvelse 22. 400m fri, damer - Forsøk

Senior

1	Cecilie W. Johannessen	90	Bergens SC	4.27,58	714
	30,05(30,05)	1.03,17(33,12)	1.37,24(34,07)	2.11,31(34,07)	
	2.45,79(34,48)	3.20,32(34,53)	3.54,33(34,01)	4.27,58(33,25)	
2	Gina B. Andersen	90	Lambertseter SK	4.29,82	696
	31,01(31,01)	1.04,63(33,62)	1.39,14(34,51)	2.13,93(34,79)	
	2.48,64(34,71)	3.22,75(34,11)	3.56,98(34,23)	4.29,82(32,84)	

Junior

1	Ingrid N. Knutzen	91	Lambertseter SK/NTG	4.24,94	735
	31,18(31,18)	1.04,00(32,82)	1.37,73(33,73)	2.11,35(33,62)	
	2.44,75(33,40)	3.18,39(33,64)	3.52,09(33,70)	4.24,94(32,85)	
2	Karoline Pedersen	94	BS/Delfana	4.26,78	720
	30,81(30,81)	1.03,95(33,14)	1.37,87(33,92)	2.11,82(33,95)	
	2.45,57(33,75)	3.19,79(34,22)	3.53,58(33,79)	4.26,78(33,20)	
3	Lise Sand Syversen	95	BS/Delfana	4.30,03	695
	30,51(30,51)	1.03,66(33,15)	1.38,03(34,37)	2.12,54(34,51)	
	2.47,00(34,46)	3.21,84(34,84)	3.55,94(34,10)	4.30,03(34,09)	
4	Veronica Orheim Bjørlykke	94	Aalesund SLK	4.31,40	684
	30,99(30,99)	1.05,05(34,06)	1.38,60(33,55)	2.13,11(34,51)	
	2.47,84(34,73)	3.22,59(34,75)	3.57,74(35,15)	4.31,40(33,66)	
5	Susann Bjørnsen	93	Setermoen SK	4.34,25	663
	30,61(30,61)	1.04,49(33,88)	1.39,43(34,94)	2.15,03(35,60)	
	2.50,10(35,07)	3.25,54(35,44)	4.00,64(35,10)	4.34,25(33,61)	
6	Christine M. Pedersen	93	Lambertseter SK	4.34,62	660
	31,07(31,07)	1.04,63(33,56)	1.39,20(34,57)	2.13,92(34,72)	
	2.49,11(35,19)	3.24,38(35,27)	4.00,01(35,63)	4.34,62(34,61)	
7	Terese Fosby	92	Sarpsborg IL	4.36,99	644
	30,99(30,99)	1.04,78(33,79)	1.40,17(35,39)	2.15,10(34,93)	
	2.50,65(35,55)	3.26,46(35,81)	4.02,76(36,30)	4.36,99(34,23)	
8	Oda Gjerde	95	Bryne SK	4.38,39	634
	32,19(32,19)	1.06,51(34,32)	1.41,50(34,99)	2.16,76(35,26)	
	2.52,19(35,43)	3.28,36(36,17)	4.03,92(35,56)	4.38,39(34,47)	
9	Elin Haugland	96	Delfana	4.39,09	629
	31,84(31,84)	1.07,11(35,27)	1.42,71(35,60)	2.18,45(35,74)	
	2.54,10(35,65)	3.29,88(35,78)	4.05,07(35,19)	4.39,09(34,02)	

10	Julie Rønningsen	94	Lambertseter SK	4.39,85	624
	32,22(32,22)	1.06,99(34,77)	1.42,14(35,15)	2.17,80(35,66)	
	2.53,42(35,62)	3.30,07(36,65)	4.06,29(36,22)	4.39,85(33,56)	
11	Hanne Lockertsen	94	Tromsø SK	4.40,35	621
	32,55(32,55)	1.07,49(34,94)	1.42,93(35,44)	2.18,24(35,31)	
	2.53,75(35,51)	3.29,59(35,84)	4.05,37(35,78)	4.40,35(34,98)	
12	Emilie Hellerud	92	Lambertseter SK/NTG	4.40,55	619
	31,51(31,51)	1.06,12(34,61)	1.42,04(35,92)	2.17,24(35,20)	
	2.53,66(36,42)	3.29,82(36,16)	4.06,02(36,20)	4.40,55(34,53)	
13	Ellen Camilla Hansen	95	Øvre Eiker SK	4.41,83	611
	32,43(32,43)	1.07,53(35,10)	1.43,63(36,10)	2.20,00(36,37)	
	2.55,36(35,36)	3.31,32(35,96)	4.06,89(35,57)	4.41,83(34,94)	
14	Andrea Westbye	95	Bærumsvømmerne	4.42,32	608
	31,64(31,64)	1.06,03(34,39)	1.40,95(34,92)	2.17,38(36,43)	
	2.54,10(36,72)	3.30,21(36,11)	4.06,61(36,40)	4.42,32(35,71)	
15	Malene M. Pedersen	96	Lambertseter SK	4.42,55	606
	32,58(32,58)	1.07,77(35,19)	1.43,64(35,87)	2.19,19(35,55)	
	2.55,46(36,27)	3.31,72(36,26)	4.07,90(36,18)	4.42,55(34,65)	
16	Stine Lise Stenseth	94	Øvre Eiker SK	4.42,76	605
	32,29(32,29)	1.08,28(35,99)	1.44,90(36,62)	2.21,36(36,46)	
	2.57,35(35,99)	3.32,78(35,43)	4.08,96(36,18)	4.42,76(33,80)	
17	Emilie Witzøe	93	Kolbotn IL	4.43,33	601
	32,22(32,22)	1.07,69(35,47)	1.43,62(35,93)	2.19,59(35,97)	
	2.55,56(35,97)	3.32,08(36,52)	4.08,03(35,95)	4.43,33(35,30)	
18	Tina Schütz	96	Vestkantsvømmerne	4.43,45	601
	32,80(32,80)	1.08,43(35,63)	1.44,37(35,94)	2.20,67(36,30)	
	2.56,92(36,25)	3.32,90(35,98)	4.09,02(36,12)	4.43,45(34,43)	
19	Lisa Skogeng	96	Delfana	4.43,60	600
	32,63(32,63)	1.07,87(35,24)	1.43,89(36,02)	2.20,18(36,29)	
	2.56,29(36,11)	3.32,96(36,67)	4.09,16(36,20)	4.43,60(34,44)	
20	Ane Nygård	95	Stavanger SC	4.43,69	599
	31,26(31,26)	1.06,13(34,87)	1.41,97(35,84)	2.18,47(36,50)	
	2.54,48(36,01)	3.31,07(36,59)	4.07,41(36,34)	4.43,69(36,28)	
21	Julie Torgersen Nilsen	92	Hamar IL	4.44,17	596
	32,14(32,14)	1.06,94(34,80)	1.42,99(36,05)	2.19,15(36,16)	
	2.55,71(36,56)	3.31,95(36,24)	4.08,32(36,37)	4.44,17(35,85)	
22	Elida Hole	96	Vestkantsvømmerne	4.44,98	591
	32,79(32,79)	1.09,09(36,30)	1.45,73(36,64)	2.22,30(36,57)	
	2.58,77(36,47)	3.34,68(35,91)	4.10,49(35,81)	4.44,98(34,49)	
23	Siv Flatås Hoddø	91	Namsos SK	4.45,81	586
	31,75(31,75)	1.06,63(34,88)	1.42,72(36,09)	2.19,13(36,41)	
	2.55,91(36,78)	3.32,97(37,06)	4.10,21(37,24)	4.45,81(35,60)	
24	Hege Strøm Haukeland	94	SK Speed	4.48,64	569
	33,67(33,67)	1.10,57(36,90)	1.47,10(36,53)	2.23,70(36,60)	
	2.59,77(36,07)	3.36,48(36,71)	4.12,79(36,31)	4.48,64(35,85)	
25	Maria Wigestrånd	94	Sola SK	4.50,45	558
	32,10(32,10)	1.07,49(35,39)	1.43,92(36,43)	2.21,05(37,13)	
	2.58,60(37,55)	3.36,11(37,51)	4.13,53(37,42)	4.50,45(36,92)	
26	Sara Boukili	95	SK Speed	4.50,50	558
	33,38(33,38)	1.09,62(36,24)	1.46,56(36,94)	2.23,54(36,98)	
	2.59,60(36,06)	3.37,03(37,43)	4.14,42(37,39)	4.50,50(36,08)	

Funksjonshemmede

1	Sara Louise Rung	89	TS/Madla SK	5.52,94	311	S6	106,49 %
	42,81(42,81)	1.26,89(44,08)	2.10,72(43,83)	2.55,39(44,67)			
	3.39,21(43,82)	4.23,89(44,68)	5.08,46(44,57)	5.52,94(44,48)			
2	Hanne Farestvedt	93	Åstveit SK	5.53,66	309	S14	123,98 %
	37,93(37,93)	1.20,31(42,38)	2.05,59(45,28)	2.49,93(44,34)			
	3.35,63(45,70)	4.21,60(45,97)	5.08,35(46,75)	5.53,66(45,31)			
3	Linn Haugen	87	Vestkantsvømmerne	5.38,57	352	S9	128,34 %
	38,74(38,74)	1.20,52(41,78)	2.03,20(42,68)	2.46,10(42,90)			
	3.29,10(43,00)	4.12,93(43,83)	4.56,35(43,42)	5.38,57(42,22)			
4	Rona Hjelmsstad	93	Skjetten Svømming	6.15,86	258	S14	131,76 %
	41,98(41,98)	1.28,86(46,88)	2.17,16(48,30)	3.06,76(49,60)			
	3.55,33(48,57)	4.43,33(48,00)	5.30,05(46,72)	6.15,86(45,81)			

Øvelse 23. 100m bryst, herrer - Forsøk

Senior

1	Alexander Dale Oen	85	Vestkantsvømmerne	1.04,79	739
	29,69(29,69)	1.04,79(35,10)			
2	Marcus Tesdal	90	BS/Åstveit	1.05,83	705
	30,45(30,45)	1.05,83(35,38)			
3	Robin Palm	88	Sarpsborg IL	1.08,75	619
	31,81(31,81)	1.08,75(36,94)			
4	Bernt M. Seyffarth	89	Mandal SK	1.09,18	607
	30,97(30,97)	1.09,18(38,21)			
5	Mattis Saghaug	90	IL Varg/NTG	1.09,55	598
	32,77(32,77)	1.09,55(36,78)			
6	Øyvind Nyhus	69	Molde SLK	1.11,08	560
	32,77(32,77)	1.11,08(38,31)			
7	Erlend Wærnes	86	Vestbyen IL	1.11,39	553
	32,84(32,84)	1.11,39(38,55)			

Junior

1	Sverre Næss	92	Sarpsborg IL	1.05,05	730
	30,66(30,66)	1.05,05(34,39)			
2	Erling Mjøs Brattelid	91	TS/Sola SK	1.07,32	659
	31,25(31,25)	1.07,32(36,07)			
3	John Lekhmus	91	Tromsø SK	1.07,35	658
	31,42(31,42)	1.07,35(35,93)			
4	Sebastian Wigstrøm	91	Bærumsvømmerne	1.07,81	645
	31,68(31,68)	1.07,81(36,13)			
5	Markus Vindenes	94	Vestkantsvømmerne	1.07,91	642
	32,17(32,17)	1.07,91(35,74)			
6	Simen Dale	91	BS/Delfana	1.09,78	592
	31,93(31,93)	1.09,78(37,85)			
7	Alexander Schüssler	92	Lambertseter SK	1.10,34	578
	33,62(33,62)	1.10,34(36,72)			
8	Sindre Søderlund	91	Trondhjem SLK/NTG	1.10,67	570
	33,09(33,09)	1.10,67(37,58)			
9	Robin H. Kleiven	93	Aalesund SLK	1.10,72	568
	33,21(33,21)	1.10,72(37,51)			
10	Aleksander Sire	93	Modum SK	1.10,73	568
	33,13(33,13)	1.10,73(37,60)			
11	Kristian Nygård	91	Lambertseter SK	1.10,88	565
	33,29(33,29)	1.10,88(37,59)			
12	Christopher Wolf	93	Vestbyen IL	1.11,36	553
	32,56(32,56)	1.11,36(38,80)			
13	Andreas Manum Hagby	95	Asker SK	1.11,39	553
	33,49(33,49)	1.11,39(37,90)			
14	Øyvind Malde	92	Madla SK	1.11,81	543
	33,59(33,59)	1.11,81(38,22)			
15	Mathias Madsen	92	Lambertseter SK	1.11,92	540
	33,63(33,63)	1.11,92(38,29)			
16	Daniel Ommedal	92	Eid SK	1.11,95	540
	32,92(32,92)	1.11,95(39,03)			
17	Sondre Bryn	92	Åstveit SK	1.12,01	538
	33,70(33,70)	1.12,01(38,31)			
18	Tom Duc Ngo Kaafjord	94	Vågsbygd SLK	1.12,09	537
	34,44(34,44)	1.12,09(37,65)			
19	Martin Gundersen	93	IL Varg	1.12,11	536
	32,98(32,98)	1.12,11(39,13)			
20	Christoffer Tofte Hamborg	93	Vestbyen IL	1.12,31	532
	32,97(32,97)	1.12,31(39,34)			
21	Erik Vassøy Olsen	91	Stavanger SC	1.12,83	520
	34,17(34,17)	1.12,83(38,66)			
22	Sven Berg	92	Bergens SLK	1.14,15	493
	33,99(33,99)	1.14,15(40,16)			

23	Henry Emil Nordhagen	93	Bærumsvømmerne	1.14,37	489
	34,90(34,90)	1.14,37(39,47)			
24	Christopher Williams	92	Bergens SLK	1.14,68	483
	33,51(33,51)	1.14,68(41,17)			
25	Berend de Waal	94	IL Norodd	1.14,78	481
	34,70(34,70)	1.14,78(40,08)			
26	Didrik Nygård	94	Lambertseter SK	1.15,05	476
	34,96(34,96)	1.15,05(40,09)			
27	Tore Skauge Bysting	92	Lørenskog/Rælingen	1.17,85	426
	37,04(37,04)	1.17,85(40,81)			
	Jarl André Bergsvenkerud	95	Lørenskog/Rælingen	DISK	
	Andreas Mathingsdal Pedersen	92	Farsund SK	DISK	

Øvelse 24. 100m butterfly, damer - Forsøk

Senior

1	Ingvild Snildal	88	Asker SK	1.00,30	804
	28,64(28,64)	1.00,30(31,66)			
2	Monica W. Johannessen	90	Bergens SC	1.05,17	637
	30,19(30,19)	1.05,17(34,98)			
3	Kristine Mella	90	Bærumsvømmerne	1.06,84	590
	30,27(30,27)	1.06,84(36,57)			

Junior

1	Victoria S. Løken	91	Team Stavanger	1.04,43	659
	29,85(29,85)	1.04,43(34,58)			
2	Victoria Rung	92	TS/Frisinn	1.04,72	650
	30,27(30,27)	1.04,72(34,45)			
3	Emilie Nyenget Løvberg	95	Bærumsvømmerne	1.04,91	644
	31,11(31,11)	1.04,91(33,80)			
4	Helene Solberg	91	Skjetten Svømming	1.05,27	634
	30,39(30,39)	1.05,27(34,88)			
5	Line Løvberg	91	Lambertseter SK/NTG	1.05,31	632
	30,62(30,62)	1.05,31(34,69)			
6	Ingrid N. Knutzen	91	Lambertseter SK/NTG	1.05,65	623
	31,29(31,29)	1.05,65(34,36)			
7	Maria Gullvåg Aasen	92	Kristiansand SA/NTG	1.06,06	611
	30,78(30,78)	1.06,06(35,28)			
8	Marthe Berg Sørensen	92	TS/Frisinn	1.06,28	605
	30,79(30,79)	1.06,28(35,49)			
9	Stine Vindenes	93	Vestkantsvømmerne	1.06,33	604
	30,71(30,71)	1.06,33(35,62)			
10	Oona Ovesen	92	Elverum Svømming	1.06,52	599
	30,52(30,52)	1.06,52(36,00)			
11	Kristin Blyverket	92	Oslo IL	1.07,05	584
	31,94(31,94)	1.07,05(35,11)			
12	Jacqueline Knutsson	93	Kongsten/NTG	1.07,25	579
	30,49(30,49)	1.07,25(36,76)			
13	Vår Celine Sjøgaard	96	Lambertseter SK	1.07,59	571
	31,24(31,24)	1.07,59(36,35)			
14	Mette Mellbye Larsen	95	Asker SK	1.07,85	564
	31,77(31,77)	1.07,85(36,08)			
15	Siv Fiske	92	Tromsø SK/NTG	1.08,35	552
	31,95(31,95)	1.08,35(36,40)			
16	Marte K. Bolstad	95	Asker SK	1.08,69	544
	32,23(32,23)	1.08,69(36,46)			
17	Karoline Eriksen	92	Stavanger SC	1.08,70	543
	31,56(31,56)	1.08,70(37,14)			
18	Line W. Lund	91	Sarpsborg IL	1.08,89	539
	32,09(32,09)	1.08,89(36,80)			

19	Iselin Mjøllner Dahlen 31,72(31,72)	92	Skjetten Svømming/NTG	1.08,95	537
20	Birgitte Elise Søfteland 32,29(32,29)	94	Sarpsborg IL	1.09,02	536
21	Andrine Davidsen 32,67(32,67)	95	Lambertseter SK	1.09,57	523
22	Vilde Stordal 32,88(32,88)	95	Delfana	1.10,27	508
23	Marie Reinertsen 32,47(32,47)	93	Delfana	1.10,95	493
24	Ingse Bergh Monsen 33,19(33,19)	92	Bergens SC	1.10,97	493
25	Seline Vike Holm 32,49(32,49)	92	BS/Arna	1.11,43	483
26	Caroline M. Mork 33,07(33,07)	93	Stavanger SC	1.12,23	468

Øvelse 25. 200m fri, herrer - Forsøk

Senior

1	Gard Kvale 27,44(27,44)	84	Bergens SC	1.56,75	667
2	Lars Andre Tolås 27,31(27,31)	88	Bærumsvømmerne	1.56,93	664
3	Elias Damman 28,36(28,36)	89	Bærumsvømmerne	2.01,02	599
4	Eirik Runningen 28,86(28,86)	90	BS/Delfana	2.01,86	586

Junior

1	Jørn Nygård 27,65(27,65)	92	Stavanger SC	1.55,54	688
2	Ole Martin Ree 27,71(27,71)	92	TS/Sola SK	1.55,76	684
3	Bjarte Ravndal 27,50(27,50)	91	TS/Sola SK	1.57,09	661
4	Jonas Kirkeberg Jostad 27,69(27,69)	92	Hamar IL	1.59,00	630
5	Christian Thorsen 27,91(27,91)	91	Lambertseter SK	1.59,95	615
6	Morten Bordervich 28,14(28,14)	94	TS/Sola SK	1.59,98	614
7	Martin Hammer 27,60(27,60)	93	Kongsten/NTG	2.00,20	611
8	Sander Rødje 27,69(27,69)	93	Haugesund SK	2.00,34	609
9	Odin Spangen Normann 27,63(27,63)	92	IL Varg	2.01,12	597
10	Fredrik K Hegdal 27,88(27,88)	94	Stavanger SC	2.01,15	597
11	Eivind Johannesen 28,26(28,26)	92	BS/Åstveit	2.03,67	561
12	Sigvart Evjen 28,77(28,77)	91	Vestbyen IL	2.04,83	546
13	Vebjørn Lindhjem 29,47(29,47)	95	Lørenskog/Rælingen	2.05,62	535
14	Martin Berger Oterholm 29,32(29,32)	93	Kolbotn IL	2.05,97	531
15	Gunnar V. Skirbekk 28,99(28,99)	91	Elverum Svømming	2.07,18	516
16	Henning S. Pryde 29,22(29,22)	92	Stavanger SC	2.09,02	494

Øvelse 26. 200m individuell medley, damer - Forsøk

Senior

1	Elisabeth Jarland	85	Bærumsvømmerne	2.23,20	684
	31,58(31,58)	1.08,81(37,23)	1.48,92(40,11)	2.23,20(34,28)	
2	Sara Nordenstam	83	Lambertseter SK	2.24,14	670
	31,81(31,81)	1.09,61(37,80)	1.49,42(39,81)	2.24,14(34,72)	
3	Karoline Brudvik Sanderud	89	Hamar IL	2.26,58	637
	30,64(30,64)	1.09,48(38,84)	1.51,31(41,83)	2.26,58(35,27)	
4	Karolina Orleanski	86	Bærumsvømmerne	2.32,79	563
	31,77(31,77)	1.11,89(40,12)	1.56,86(44,97)	2.32,79(35,93)	

Junior

1	Sophia Broberg Skeltved	92	Tromsø SK/NTG	2.25,09	657
	32,39(32,39)	1.09,85(37,46)	1.50,86(41,01)	2.25,09(34,23)	
2	Susann Bjørnsen	93	Setermoen SK	2.26,01	645
	32,33(32,33)	1.10,43(38,10)	1.53,86(43,43)	2.26,01(32,15)	
3	Jacqueline Knutsson	93	Kongsten/NTG	2.26,53	638
	31,16(31,16)	1.09,29(38,13)	1.52,41(43,12)	2.26,53(34,12)	
4	Oona Ovesen	92	Elverum Svømming	2.27,97	620
	30,71(30,71)	1.08,45(37,74)	1.53,44(44,99)	2.27,97(34,53)	
5	Luna Elisabeth Sjøgaard	94	Lambertseter SK	2.28,46	614
	32,50(32,50)	1.13,23(40,73)	1.53,01(39,78)	2.28,46(35,45)	
6	Stina Kajsa Colleou	93	Lambertseter SK	2.29,01	607
	33,08(33,08)	1.14,32(41,24)	1.54,31(39,99)	2.29,01(34,70)	
7	Maria Thompson Clausen	96	Madla SK	2.29,13	605
	32,04(32,04)	1.11,79(39,75)	1.54,37(42,58)	2.29,13(34,76)	
8	Benedicte Kausland	92	Vestkantsvømmerne	2.29,71	598
	33,40(33,40)	1.10,99(37,59)	1.54,44(43,45)	2.29,71(35,27)	
9	Elisabeth Kristiansen	92	Haugesund SK	2.31,70	575
	31,02(31,02)	1.10,30(39,28)	1.56,39(46,09)	2.31,70(35,31)	
10	Stine Mjøllhus Kristoffersen	93	TS/Frisinn	2.32,21	569
	32,49(32,49)	1.12,40(39,91)	1.56,00(43,60)	2.32,21(36,21)	
11	Elin Haugland	96	Delfana	2.33,39	556
	33,04(33,04)	1.13,08(40,04)	1.59,06(45,98)	2.33,39(34,33)	
12	Andrea Hestdal	94	BS/Åstveit	2.33,68	553
	32,41(32,41)	1.12,24(39,83)	1.57,28(45,04)	2.33,68(36,40)	
13	Amalie Thorstensen	96	Vågsbygd SLK	2.33,69	553
	33,34(33,34)	1.12,08(38,74)	1.57,27(45,19)	2.33,69(36,42)	
14	Stine Lise Stenseth	94	Øvre Eiker SK	2.34,06	549
	34,95(34,95)	1.15,35(40,40)	1.59,98(44,63)	2.34,06(34,08)	
15	Oda Emilie Haagensen	94	Sarpsborg IL	2.35,80	531
	32,58(32,58)	1.13,49(40,91)	1.59,56(46,07)	2.35,80(36,24)	
16	Kjersti Dalen	93	Bærumsvømmerne	2.36,10	528
	32,67(32,67)	1.14,45(41,78)	2.00,68(46,23)	2.36,10(35,42)	
17	Vilde Tengesdal	96	Bryne SK	2.36,57	523
	32,01(32,01)	1.11,30(39,29)	1.59,03(47,73)	2.36,57(37,54)	
18	Ellen Camilla Hansen	95	Øvre Eiker SK	2.37,66	512
	35,93(35,93)	1.18,25(42,32)	2.03,85(45,60)	2.37,66(33,81)	
19	Oda Gjerde	95	Bryne SK	2.37,67	512
	34,13(34,13)	1.15,82(41,69)	2.02,52(46,70)	2.37,67(35,15)	
20	Julie Torgersen Nilsen	92	Hamar IL	2.37,81	511
	34,43(34,43)	1.17,56(43,13)	2.01,84(44,28)	2.37,81(35,97)	
21	Caroline R. Helgesen	95	Aalesund SLK	2.38,23	507
	34,58(34,58)	1.15,79(41,21)	2.00,30(44,51)	2.38,23(37,93)	
	Malene M. Pedersen	96	Lambertseter SK	BRUTT	
	Birgitte Elise Søfteland	94	Sarpsborg IL	DISK	

Øvelse 27. 50m rygg, herrer - Forsøk**Senior**

1	Lars Andre Tolås	88	Bærumsvømmerne	(0,69)	28,07	628
2	John Hage Gaarder	89	Lørenskog/Rælingen	(0,57)	28,31	612
3	Alexander B. Havre	90	Mandal SK	(0,68)	28,68	589
4	Even Vike Holm	90	BS/Arna	(0,75)	29,08	565
5	Mathias Sørstrand Æsøy	90	BS/Delfana	(0,74)	29,49	542
6	Sindre Eilertsen	90	Lambertseter SK	(0,66)	29,67	532

Junior

1	Sverre Næss	92	Sarpsborg IL	(0,68)	26,66	733
2	Lavrans Solli	92	Bergens SC	(0,59)	27,05	702
3	Vegard Nyenget Løvberg	91	Bærumsvømmerne	(0,69)	27,98	634
4	Julian Åsheim Mikkelsen	93	Ås IL/NTG	(0,70)	28,29	614
5	Tor Hafnor	91	Bærumsvømmerne	(0,71)	29,42	546
6	Norbert Prokopiak	94	Modum SK	(0,64)	29,45	544
7	Christian Christiansen	94	Kristiansund SLK	(0,69)	29,50	541
8	Jan Aleksander Bakke	91	Asker SK	(0,83)	29,59	536
9	Åsmund Karlsen	92	Eid SK	(0,73)	29,78	526
10	Jørgen Aagaard-Nilsen Wiik	93	Larvik SK	(0,62)	29,84	523
11	Henry Emil Nordhagen	93	Bærumsvømmerne	(0,64)	30,02	514
12	Henning Kaland	92	Oslo IL	(0,67)	30,10	509
13	Hans Andre Pedersen	92	Sandefjord SK	(0,75)	30,14	507
14	Vebjørn Lindhjem	95	Lørenskog/Rælingen	(0,67)	30,15	507
15	Kristoffer Brekke	91	Vestkantsvømmerne	(0,80)	30,28	500
16	Fredrik Tronvoll	93	Vestbyen IL	(0,69)	30,33	498
17	Erlend Tveteraas	91	TS/Madla SK	(0,59)	30,34	497
18	Håkon Andersen	92	Kristiansand SA	(0,62)	30,61	484
19	Aksel Øvern	93	Lambertseter SK	(0,62)	30,64	483
20	Henrik Wathne	94	Bærumsvømmerne	(0,69)	30,67	482
21	Marius Karstad	92	Madla SK	(0,62)	30,70	480
22	Eirik S. Jørgensen	95	Kristiansand SA	(0,60)	30,86	473
23	Fredrik Johansen Nielsen	93	Moss SK	(0,70)	30,93	470
24	Marius Thorsø	93	Delfana	(0,74)	31,03	465
25	Daniel Sandhåland	95	Karmøy SK	(0,73)	31,11	461
	Andreas Bunæs	95	Haldens SK	(0,61)	DISK	

Øvelse 28. 50m bryst, damer - Forsøk**Senior**

1	Henriette Martinsen	85	Stavanger SC		33,51	703
2	Sara Nordenstam	83	Lambertseter SK		34,40	650
3	Katharina Stiberg	88	Bjerkvik SK		34,44	648
4	Karoline Bergene	89	Lambertseter SK		34,53	643
5	Hanne Chr. Seyffarth	85	Mandal SK		34,57	641

Junior

1	Ingalill Urrang Naustvik	95	Karmøy SK		33,60	698
2	Kaja Bremer	93	Bergens SLK		33,96	676
3	Stina Kajsa Colleou	93	Lambertseter SK		34,18	663
4	Sophia Broberg Skeltved	92	Tromsø SK/NTG		34,52	643
4	Luna Elisabeth Sjøgaard	94	Lambertseter SK		34,52	643
6	Renate Ranaweera Aasland	91	TS/Madla SK		35,48	593
7	Stine Vindenes	93	Vestkantsvømmerne		35,61	586

8	Pernille Berntsen	95	Førde IL	35,96	569
9	Mari Singstad	91	Vestbyen IL	36,08	563
10	Maren Larsen	94	Madla SK	36,19	558
11	Stine Tveit	93	Trondhjem SLK	36,20	558
12	Ida-Marie Dybdahl	94	Larvik SK	36,31	553
13	Karina Brunstad Fet	95	Aalesund SLK	36,42	548
14	Kristine Mathingsdal Pedersen	94	Farsund SK	36,68	536
15	Frida Brunvoll	93	Molde SLK	36,69	536
16	Stine Mjøllhus Kristoffersen	93	TS/Frisinn	36,74	534
17	Lene Lykke Erichsen	92	Bærumsvømmerne	36,75	533
17	Katrine Jensen	92	BS/Åstveit	36,75	533
19	Therese Tronerud	93	Egersund SK	36,88	528
19	Rikke Nagell-Kleven	95	Asker SK	36,88	528
21	Tonje Stæhr Petersen	93	Moss SK	36,98	523
22	Helene Moholt	95	Modum SK	37,09	519
23	Maren E.J. Bakke	94	Setermoen SK	37,18	515
24	Martha Maria Songstad	94	Bergens SC	37,63	497
25	Caroline R. Helgesen	95	Aalesund SLK	38,13	477
26	Amalie Thorstensen	96	Vågsbygd SLK	38,15	477
27	Malene M. Pedersen	96	Lambertseter SK	38,21	474

Øvelse 29. 4*100m fri, herrer - Junior

Junior

1	Stavanger SC G1 jr.	JR	Stavanger SC	3.38,15	642
	Jørn Nygård:	26,34(26,34)	53,51(27,17)	53,51	
	Hans Østerdal:	1.19,47(25,96)	1.47,39(27,92)	53,88	
	Henning S. Pryde:	2.14,83(27,44)	2.44,08(29,25)	56,69	
	Fredrik K Hegdal:	3.09,94(25,86)	3.38,15(28,21)	54,07	
2	Team Stavanger G1 jr.	JR	Team Stavanger	3.39,19	633
	Bjarte Ravndal:	26,36(26,36)	53,79(27,43)	53,79	
	Morten Bordervich:	1.20,70(26,91)	1.49,48(28,78)	55,69	
	Vegard Belaska:	2.16,45(26,97)	2.46,51(30,06)	57,03	
	Ole Martin Ree:	3.11,67(25,16)	3.39,19(27,52)	52,68	
3	Bærumsv G1 jr.	JR	Bærumsvømmerne	3.39,99	627
	Vegard Nyenget Løvberg:	26,40(26,40)	55,24(28,84)	55,24	
	Tor Hafnor:	1.20,90(25,66)	1.49,65(28,75)	54,41	
	Sebastian Wigstrøm:	2.15,29(25,64)	2.44,03(28,74)	54,38	
	Henry Emil Nordhagen:	3.10,12(26,09)	3.39,99(29,87)	55,96	
4	Bergensv. G1 jr.	JR	Bergensvømmerne	3.40,49	622
	Sindri T. Jakobsson:	26,30(26,30)	54,83(28,53)	54,83	
	Erlend Ulveseter:	1.20,25(25,42)	1.48,43(28,18)	53,60	
	Sebastian Stordal:	2.15,09(26,66)	2.44,64(29,55)	56,21	
	Espen Halhjem:	3.10,61(25,97)	3.40,49(29,88)	55,85	
5	Lambertseter SK G1 jr.	JR	Lambertseter SK	3.40,61	621
	Mathias Madsen:	26,71(26,71)	55,06(28,35)	55,06	
	Christian Thorsen:	1.20,81(25,75)	1.49,46(28,65)	54,40	
	Alexander Schüssler:	2.15,84(26,38)	2.44,69(28,85)	55,23	
	Kristian Nygård:	3.11,41(26,72)	3.40,61(29,20)	55,92	
6	IL Varg G1 jr.	JR	IL Varg	3.47,88	564
	Odin Spangen Normann:	27,15(27,15)	56,22(29,07)	56,22	
	Martin Gundersen:	1.22,98(26,76)	1.52,73(29,75)	56,51	
	Jan-Tore Jessen Eikrem:	2.19,43(26,70)	2.49,60(30,17)	56,87	
	Daniel Berenett:	3.16,88(27,28)	3.47,88(31,00)	58,28	
7	Vestbyen IL G1 jr.	JR	Vestbyen IL	3.48,21	561
	Sigvart Evjen:	28,04(28,04)	57,14(29,10)	57,14	
	Christian Tronvoll:	1.24,18(27,04)	1.53,37(29,19)	56,23	
	Fredrik Tronvoll:	2.19,24(25,87)	2.49,78(30,54)	56,41	
	Gunnar Evjen:	3.17,68(27,90)	3.48,21(30,53)	58,43	
8	Asker SK G1 jr.	JR	Asker SK	3.48,98	556
	Eirik Standal Thoresen:	27,54(27,54)	57,14(29,60)	57,14	
	Andreas Bergman:	1.24,58(27,44)	1.55,00(30,42)	57,86	
	Jan Aleksander Bakke:	2.21,92(26,92)	2.50,93(29,01)	55,93	
	Andreas Manum Hagby:	3.18,56(27,63)	3.48,98(30,42)	58,05	

9	Bærumsv G2 jr.	JR	Bærumsvømmerne	3.49,05	555
	Carl Andreas Wathne:	27,34(27,34)	56,97(29,63)	56,97	
	Henrik Wathne:	1.24,21(27,24)	1.53,94(29,73)	56,97	
	Lars Hvidsten:	2.20,96(27,02)	2.51,31(30,35)	57,37	
	Magnus Buch:	3.19,22(27,91)	3.49,05(29,83)	57,74	
10	Løren/Rælingen G1 jr.	JR	Lørenskog/Rælingen	3.54,43	518
	Jarl André Bergsvenkerud:	28,22(28,22)	59,03(30,81)	59,03	
	Tore Skauge Bysting:	1.26,48(27,45)	1.57,96(31,48)	58,93	
	Vebjørn Lindhjem:	2.25,12(27,16)	2.54,53(29,41)	56,57	
	Kjetil Flatland:	3.22,36(27,83)	3.54,43(32,07)	59,90	
11	Elverum IL G1 jr.	JR	Elverum Svømming	3.55,28	512
	Lars Rugsveen:	28,62(28,62)	59,85(31,23)	59,85	
	Gunnar V. Skirbekk:	1.27,28(27,43)	1.57,18(29,90)	57,33	
	Ingvar V. Skirbekk:	2.24,70(27,52)	2.55,23(30,53)	58,05	
	Martin B. Lund:	3.23,94(28,71)	3.55,28(31,34)	1.00,05	
12	Karmøy SK G1 jr.	JR	Karmøy SK	3.55,82	509
	Daniel Sandhåland:	28,44(28,44)	1.00,10(31,66)	1.00,10	
	Morten Wee Hollund:	1.28,69(28,59)	1.59,99(31,30)	59,89	
	Simen Alvestad:	2.27,01(27,02)	2.58,16(31,15)	58,17	
	Ivan Aleksander Larsen:	3.25,60(27,44)	3.55,82(30,22)	57,66	
13	Stavanger SC G2 jr.	JR	Stavanger SC	3.56,33	505
	Alexander Marki Mork:	28,04(28,04)	57,44(29,40)	57,44	
	Henrik Knudsen:	1.24,90(27,46)	1.54,34(29,44)	56,90	
	Trond Vasslag:	2.22,41(28,07)	2.55,31(32,90)	1.00,97	
	Erik Vassøy Olsen:	3.24,41(29,10)	3.56,33(31,92)	1.01,02	
14	Lambertseter SK G2 jr.	JR	Lambertseter SK	3.57,39	499
	Sondre Kallhovd:	28,35(28,35)	58,43(30,08)	58,43	
	Torbjørn Øvrebø:	1.26,44(28,01)	1.57,98(31,54)	59,55	
	Aksel Øvern:	2.25,37(27,39)	2.56,23(30,86)	58,25	
	Didrik Nygård:	3.25,97(29,74)	3.57,39(31,42)	1.01,16	
15	Kristiansand SA G1 jr.	JR	Kristiansand SA	3.58,85	490
	Håkon Andersen:	26,91(26,91)	56,04(29,13)	56,04	
	Jonathan Nordhammer:	1.23,78(27,74)	1.55,53(31,75)	59,49	
	Eirik S. Jørgensen:		2.59,62(1.04,09)	1.04,09	
	Jostein Dalshov Kringlen:	3.27,64(28,02)	3.58,85(31,21)	59,23	
16	Ski SK G1 jr.	JR	Ski SK	4.15,55	400
	Einar Norum:	27,72(27,72)	58,89(31,17)	58,89	
	Sven Peder Oseth:	1.29,31(30,42)	2.02,90(33,59)	1.04,01	
	Eirik Nilsen:	2.34,44(31,54)	3.09,70(35,26)	1.06,80	
	Morten Molin Wang:	3.40,91(31,21)	4.15,55(34,64)	1.05,85	
	Madla SK G1 jr.	JR	Madla SK	DISK	
	Sindre Aasland Ranaweera:	28,68(28,68)	1.00,03(31,35)	1.00,03	
	Øyvind Malde:	1.28,82(28,79)	2.00,21(31,39)	1.00,18	
	Marius Karstad:				
	Kacper Domanski:				

Øvelse 30. 4*200m fri, damer - Junior

Junior

1	Lambertseter SK J1 jr.	JR	Lambertseter SK	8.39,29	705
	Christine M. Pedersen:	29,96(29,96)	1.02,42(32,46)	2.09,93	
		1.36,64(34,22)	2.09,93(33,29)		
		2.40,02(30,09)	3.11,69(31,67)		
	Ingrid N. Knutzen:	3.44,99(33,30)	4.17,82(32,83)	2.07,89	
		4.47,20(29,38)	5.20,31(33,11)		
	Emilie Hellerud:	5.54,79(34,48)	6.28,93(34,14)	2.11,11	
		6.58,61(29,68)	7.31,61(33,00)		
	Elisabeth H. Svensson:	8.05,42(33,81)	8.39,29(33,87)	2.10,36	
2	Team Stavanger J1 jr.	JR	Team Stavanger	8.44,26	685
	Victoria Rung:	30,36(30,36)	1.03,02(32,66)	2.09,41	
		1.36,25(33,23)	2.09,41(33,16)		
		2.38,55(29,14)	3.09,87(31,32)		
	Victoria S. Løken:	3.43,93(34,06)	4.18,57(34,64)	2.09,16	
		4.49,47(30,90)	5.23,99(34,52)		
	Marthe Berg Sørensen:	5.59,23(35,24)	6.33,45(34,22)	2.14,88	
		7.03,08(29,63)	7.35,86(32,78)		
	Eva Marie W. Østerhus:	8.09,74(33,88)	8.44,26(34,52)	2.10,81	

3	Lambertseter SK J2 jr.	JR	Lambertseter SK	8.54,39	647
			31,26(31,26)		
	Emma Isdahl:		1.39,05(33,62)	2.10,84	
			2.41,80(30,96)		
	Line Løvberg:		3.50,93(34,57)	2.14,00	
			4.55,72(30,88)		
	Julie Rønningsen:		6.05,70(35,83)	2.15,34	
			7.11,15(30,97)		
	Malene M. Pedersen:		8.19,79(35,00)	2.14,21	
4	Tromsø SK J1 jr.	JR	Tromsø SK	9.00,84	624
			31,42(31,42)		
	Hanne Lockertsen:		1.39,63(34,29)	2.14,08	
			2.44,85(30,77)		
	Siv Fiske:		3.55,08(35,34)	2.15,05	
			4.59,47(30,34)		
	Ina Kvenshagen Gimse:		6.10,44(36,04)	2.16,91	
			7.17,28(31,24)		
	Sophia Broberg Skeltved:		8.26,27(34,76)	2.14,80	
5	Bærumsv J1 jr.	JR	Bærumsvømmerne	9.04,32	612
			31,09(31,09)		
	Emilie Nyenget Løvberg:		1.38,76(33,71)	2.11,91	
			2.42,27(30,36)		
	Andrea Westbye:		3.50,50(34,45)	2.12,93	
			4.56,03(31,19)		
	Kjersti Dalen:		6.06,71(35,92)	2.17,25	
			7.14,23(32,14)		
	Lene Lykke Erichsen:		8.27,25(36,97)	2.22,23	
6	Vestkantsv. J1 jr.	JR	Vestkantsvømmerne	9.08,94	596
			31,61(31,61)		
	Elida Hole:		1.42,08(35,57)	2.17,94	
			2.50,40(32,46)		
	Tina Schütz:		4.01,79(36,37)	2.19,26	
			5.08,06(30,86)		
	Stine Vindenes:		6.17,57(35,09)	2.14,93	
			7.23,72(31,59)		
	Benedicte Kausland:		8.34,23(35,55)	2.16,81	
7	Delfana J1 jr.	JR	Delfana	9.09,64	594
			32,41(32,41)		
	Helene Thunes Truyen:		1.42,04(35,66)	2.17,87	
			2.50,09(32,22)		
	Elin Haugland:		4.01,07(36,06)	2.17,86	
			5.07,63(31,90)		
	Lisa Skogeng:		6.17,91(35,39)	2.16,99	
			7.24,22(31,50)		
	Vilde Stordal:		8.35,29(36,07)	2.16,92	
8	Aalesunds SLK J1 jr.	JR	Aalesund SLK	9.15,46	576
			29,46(29,46)		
	Veronica Orheim Bjørlykke:		1.35,42(33,89)	2.09,18	
			2.40,82(31,64)		
	Caroline R. Helgesen:		3.54,37(37,14)	2.21,94	
			5.02,93(31,81)		
	Karina Brunstad Fet:		6.17,23(37,83)	2.23,27	
			7.25,57(31,18)		
	Julie Hjellbakk Pettersen:		8.37,57(37,43)	2.21,07	
9	Asker SK J1 jr.	JR	Asker SK	9.16,04	574
			31,63(31,63)		
	Marte K. Bolstad:		1.42,55(35,95)	2.19,34	
			2.50,13(30,79)		
	Helene Nordmark Skuterud:		3.59,80(35,08)	2.15,85	
			5.06,29(31,10)		
	Mette Mellbye Larsen:		6.18,69(36,70)	2.20,19	
			7.27,00(31,62)		
	Anne Kristin Berge:		8.40,26(37,50)	2.20,66	
10	Sandefjord SK J1 jr.	JR	Sandefjord SK	9.36,41	515
			32,33(32,33)		
	Silje Nilo:		1.44,83(36,45)	2.20,42	
			2.51,59(31,17)		
	Patricia Baay Kristoffersen:		4.03,30(36,66)	2.18,73	
			5.13,71(34,56)		
	Marie-Elise Eriksen:		6.31,56(39,11)	2.30,83	
			7.44,04(34,06)		
	Madelen Fjørtoft Wolf:		9.00,11(38,29)	2.26,43	

11	Trondhjem SLK J1 jr.	JR	Trondhjem SLK	9.39,87	506
		33,44(33,44)	1.10,10(36,66)		
	Irja Gravdahl:	1.47,69(37,59)	2.24,98(37,29)	2.24,98	
		2.57,79(32,81)	3.34,18(36,39)		
	Åse Nytrø:	4.11,51(37,33)	4.46,69(35,18)	2.21,71	
		5.18,88(32,19)	5.56,82(37,94)		
	Viktoria Juel:	6.36,83(40,01)	7.16,38(39,55)	2.29,69	
		7.48,20(31,82)	8.24,18(35,98)		
	Malin Schanke Tømmervik:	9.02,74(38,56)	9.39,87(37,13)	2.23,49	
12	SK Speed J1 jr.	JR	SK Speed	9.41,45	502
		31,69(31,69)	1.06,42(34,73)		
	Hege Strøm Haukeland:	1.41,66(35,24)	2.17,29(35,63)	2.17,29	
		2.48,39(31,10)	3.23,18(34,79)		
	Sara Boukili:	3.58,67(35,49)	4.34,02(35,35)	2.16,73	
		5.07,30(33,28)	5.45,46(38,16)		
	Sara Torp Myhre:	6.24,60(39,14)	7.02,74(38,14)	2.28,72	
		7.37,59(34,85)	8.18,20(40,61)		
	Andrea Kvalheim:	8.59,96(41,76)	9.41,45(41,49)	2.38,71	
13	Løren/Rælingen J1 jr.	JR	Lørenskog/Rælingen	9.45,53	491
		33,70(33,70)	1.10,18(36,48)		
	Klara Farkas:	1.48,69(38,51)	2.27,29(38,60)	2.27,29	
		3.01,21(33,92)	3.40,22(39,01)		
	Susanne Fornasari:	4.19,90(39,68)	4.58,60(38,70)	2.31,31	
		5.31,05(32,45)	6.08,34(37,29)		
	Jeanette Erlandsen:	6.46,77(38,43)	7.23,95(37,18)	2.25,35	
		7.55,33(31,38)	8.31,00(35,67)		
	Aurora Brandtzæg:	9.07,96(36,96)	9.45,53(37,57)	2.21,58	
14	Bergens SC J1 jr.	JR	Bergens SC	9.53,26	473
		31,85(31,85)	1.09,05(37,20)		
	Eli Kristin Ølmheim:	1.48,56(39,51)	2.28,53(39,97)	2.28,53	
		3.01,60(33,07)	3.38,45(36,85)		
	Ingse Bergh Monsen:	4.16,06(37,61)	4.52,94(36,88)	2.24,41	
		5.25,21(32,27)	6.02,67(37,46)		
	Sara Petrine Veierød:	6.41,52(38,85)	7.20,71(39,19)	2.27,77	
		7.54,19(33,48)	8.32,60(38,41)		
	Martha Maria Songstad:	9.12,91(40,31)	9.53,26(40,35)	2.32,55	
Time Trial 100m fri:					
	Øystein Hetland	89	Bærumsvømmerne	52,42	717
	24,99(24,99)	52,42(27,43)			

Lørdag 10. juli kl 18.00 – Finaler

Øvelse 21. 400m individuell medley, herrer - Direkte finale

Junior

1	Sindri T. Jakobsson	91	BS/Delfana	4.40,83	655
	28,23(28,23)	1.01,19(32,96)	1.37,53(36,34)	2.13,47(35,94)	
	2.54,04(40,57)	3.35,52(41,48)	4.08,71(33,19)	4.40,83(32,12)	
2	Espen Halhjem	92	BS/Delfana	4.45,71	622
	29,30(29,30)	1.03,41(34,11)	1.41,62(38,21)	2.19,59(37,97)	
	2.59,55(39,96)	3.40,26(40,71)	4.13,39(33,13)	4.45,71(32,32)	
3	Sebastian Stordal	91	BS/Delfana	4.47,60	609
	29,15(29,15)	1.02,54(33,39)	1.40,46(37,92)	2.17,54(37,08)	
	3.00,35(42,81)	3.43,14(42,79)	4.15,42(32,28)	4.47,60(32,18)	
4	Sebastian Wigstrøm	91	Bærumsvømmerne	4.47,82	608
	29,79(29,79)	1.04,35(34,56)	1.42,93(38,58)	2.21,12(38,19)	
	2.59,92(38,80)	3.41,33(41,41)	4.15,70(34,37)	4.47,82(32,12)	
5	Gunnar V. Skirbekk	91	Elverum Svømming	4.53,16	575
	31,25(31,25)	1.07,73(36,48)	1.45,73(38,00)	2.23,37(37,64)	
	3.03,79(40,42)	3.45,46(41,67)	4.19,86(34,40)	4.53,16(33,30)	
6	Sander Andersen	96	Poseidon	4.55,78	560
	31,53(31,53)	1.08,02(36,49)	1.43,98(35,96)	2.20,36(36,38)	
	3.03,14(42,78)	3.46,91(43,77)	4.21,62(34,71)	4.55,78(34,16)	
7	Per Simen Holstad Gandrud	92	Sarpsborg IL	5.00,62	534
	30,28(30,28)	1.05,18(34,90)	1.45,07(39,89)	2.25,73(40,66)	
	3.08,19(42,46)	3.52,35(44,16)	4.27,76(35,41)	5.00,62(32,86)	
8	Hans Andre Pedersen	92	Sandefjord SK	5.01,13	531
	30,28(30,28)	1.06,73(36,45)	1.45,27(38,54)	2.23,08(37,81)	
	3.09,45(46,37)	3.54,22(44,77)	4.28,67(34,45)	5.01,13(32,46)	
9	Carl Andreas Wathne	91	Bærumsvømmerne	5.01,23	530
	30,22(30,22)	1.04,74(34,52)	1.44,92(40,18)	2.24,58(39,66)	
	3.09,58(45,00)	3.55,15(45,57)	4.28,71(33,56)	5.01,23(32,52)	
10	Eirik Nielsen	95	Poseidon	5.01,33	530
	30,23(30,23)	1.05,31(35,08)	1.43,59(38,28)	2.22,30(38,71)	
	3.04,91(42,61)	3.49,75(44,84)	4.26,32(36,57)	5.01,33(35,01)	
11	Andreas Mathingsdal Pedersen	92	Farsund SK	5.02,49	524
	31,62(31,62)	1.08,98(37,36)	1.49,59(40,61)	2.29,82(40,23)	
	3.11,38(41,56)	3.53,60(42,22)	4.29,24(35,64)	5.02,49(33,25)	
12	Martin Schau	91	Larvik SK	5.07,60	498
	30,91(30,91)	1.07,08(36,17)	1.49,52(42,44)	2.29,57(40,05)	
	3.12,83(43,26)	3.57,26(44,43)		5.07,60(1.10,34)	
13	Tore Skauge Bysting	92	Lørenskog/Rælingen	5.08,18	495
	31,66(31,66)	1.08,61(36,95)	1.49,48(40,87)	2.28,59(39,11)	
	3.11,55(42,96)	3.56,36(44,81)	4.34,20(37,84)	5.08,18(33,98)	
14	Daniel Sandhåland	95	Karmøy SK	5.08,51	494
	30,80(30,80)	1.07,66(36,86)	1.47,00(39,34)	2.26,19(39,19)	
	3.11,68(45,49)	3.57,80(46,12)	4.33,75(35,95)	5.08,51(34,76)	
15	Sindre Aasland Ranaweera	96	Madla SK	5.08,89	492
	32,33(32,33)	1.09,62(37,29)	1.49,04(39,42)	2.28,28(39,24)	
	3.11,08(42,80)	3.55,40(44,32)	4.32,57(37,17)	5.08,89(36,32)	
16	Jonas Ødegård Aanby	95	Delfana	5.09,75	488
	33,04(33,04)	1.11,15(38,11)	1.51,50(40,35)	2.31,08(39,58)	
	3.15,11(44,03)	4.00,77(45,66)	4.36,13(35,36)	5.09,75(33,62)	
17	Henrik Wathne	94	Bærumsvømmerne	5.11,92	478
	30,88(30,88)	1.05,11(34,23)	1.44,70(39,59)	2.23,25(38,55)	
	3.10,31(47,06)	3.57,47(47,16)	4.36,23(38,76)	5.11,92(35,69)	
18	Ivan Aleksander Larsen	95	Karmøy SK	5.16,80	456
	32,08(32,08)	1.10,85(38,77)	1.53,41(42,56)	2.36,15(42,74)	
	3.19,74(43,59)	4.04,91(45,17)	4.41,68(36,77)	5.16,80(35,12)	
	Martin B. Lund	92	Elverum Svømming	DISK	

Senior

1	Eirik Ravnan	89	Hamar IL	4.32,71	715
	28,43(28,43)	1.00,90(32,47)	1.35,94(35,04)	2.10,07(34,13)	
	2.48,88(38,81)	3.28,57(39,69)	4.01,47(32,90)	4.32,71(31,24)	
2	Alexander Broberg Skeltved	87	Vestkantsvømmerne	4.35,94	690
	28,43(28,43)	1.00,25(31,82)	1.36,62(36,37)	2.13,18(36,56)	
	2.51,40(38,22)	3.30,52(39,12)	4.03,72(33,20)	4.35,94(32,22)	
3	Sindri T. Jakobsson	91	BS/Delfana	4.40,83	655
	28,23(28,23)	1.01,19(32,96)	1.37,53(36,34)	2.13,47(35,94)	
	2.54,04(40,57)	3.35,52(41,48)	4.08,71(33,19)	4.40,83(32,12)	
4	Espen Halhjem	92	BS/Delfana	4.45,71	622
	29,30(29,30)	1.03,41(34,11)	1.41,62(38,21)	2.19,59(37,97)	
	2.59,55(39,96)	3.40,26(40,71)	4.13,39(33,13)	4.45,71(32,32)	
5	Sebastian Stordal	91	BS/Delfana	4.47,60	609
	29,15(29,15)	1.02,54(33,39)	1.40,46(37,92)	2.17,54(37,08)	
	3.00,35(42,81)	3.43,14(42,79)	4.15,42(32,28)	4.47,60(32,18)	
6	Sebastian Wigstrøm	91	Bærumsvømmerne	4.47,82	608
	29,79(29,79)	1.04,35(34,56)	1.42,93(38,58)	2.21,12(38,19)	
	2.59,92(38,80)	3.41,33(41,41)	4.15,70(34,37)	4.47,82(32,12)	
7	Lars Andre Tolås	88	Bærumsvømmerne	4.48,05	607
	29,04(29,04)	1.03,12(34,08)	1.39,94(36,82)	2.15,78(35,84)	
	2.57,28(41,50)	3.40,35(43,07)	4.14,46(34,11)	4.48,05(33,59)	
8	Gunnar V. Skirbekk	91	Elverum Svømming	4.53,16	575
	31,25(31,25)	1.07,73(36,48)	1.45,73(38,00)	2.23,37(37,64)	
	3.03,79(40,42)	3.45,46(41,67)	4.19,86(34,40)	4.53,16(33,30)	
9	Sander Andersen	96	Poseidon	4.55,78	560
	31,53(31,53)	1.08,02(36,49)	1.43,98(35,96)	2.20,36(36,38)	
	3.03,14(42,78)	3.46,91(43,77)	4.21,62(34,71)	4.55,78(34,16)	
10	Per Simen Holstad Gandrud	92	Sarpsborg IL	5.00,62	534
	30,28(30,28)	1.05,18(34,90)	1.45,07(39,89)	2.25,73(40,66)	
	3.08,19(42,46)	3.52,35(44,16)	4.27,76(35,41)	5.00,62(32,86)	
11	Hans Andre Pedersen	92	Sandefjord SK	5.01,13	531
	30,28(30,28)	1.06,73(36,45)	1.45,27(38,54)	2.23,08(37,81)	
	3.09,45(46,37)	3.54,22(44,77)	4.28,67(34,45)	5.01,13(32,46)	
12	Carl Andreas Wathne	91	Bærumsvømmerne	5.01,23	530
	30,22(30,22)	1.04,74(34,52)	1.44,92(40,18)	2.24,58(39,66)	
	3.09,58(45,00)	3.55,15(45,57)	4.28,71(33,56)	5.01,23(32,52)	
13	Eirik Nielsen	95	Poseidon	5.01,33	530
	30,23(30,23)	1.05,31(35,08)	1.43,59(38,28)	2.22,30(38,71)	
	3.04,91(42,61)	3.49,75(44,84)	4.26,32(36,57)	5.01,33(35,01)	
14	Andreas Mathingsdal Pedersen	92	Farsund SK	5.02,49	524
	31,62(31,62)	1.08,98(37,36)	1.49,59(40,61)	2.29,82(40,23)	
	3.11,38(41,56)	3.53,60(42,22)	4.29,24(35,64)	5.02,49(33,25)	
15	Martin Schau	91	Larvik SK	5.07,60	498
	30,91(30,91)	1.07,08(36,17)	1.49,52(42,44)	2.29,57(40,05)	
	3.12,83(43,26)	3.57,26(44,43)		5.07,60(1.10,34)	
16	Tore Skauge Bysting	92	Lørenskog/Rælingen	5.08,18	495
	31,66(31,66)	1.08,61(36,95)	1.49,48(40,87)	2.28,59(39,11)	
	3.11,55(42,96)	3.56,36(44,81)	4.34,20(37,84)	5.08,18(33,98)	
17	Daniel Sandhåland	95	Karmøy SK	5.08,51	494
	30,80(30,80)	1.07,66(36,86)	1.47,00(39,34)	2.26,19(39,19)	
	3.11,68(45,49)	3.57,80(46,12)	4.33,75(35,95)	5.08,51(34,76)	
18	Sindre Aasland Ranaweera	96	Madla SK	5.08,89	492
	32,33(32,33)	1.09,62(37,29)	1.49,04(39,42)	2.28,28(39,24)	
	3.11,08(42,80)	3.55,40(44,32)	4.32,57(37,17)	5.08,89(36,32)	
19	Jonas Ødegård Aanby	95	Delfana	5.09,75	488
	33,04(33,04)	1.11,15(38,11)	1.51,50(40,35)	2.31,08(39,58)	
	3.15,11(44,03)	4.00,77(45,66)	4.36,13(35,36)	5.09,75(33,62)	
20	Henrik Wathne	94	Bærumsvømmerne	5.11,92	478
	30,88(30,88)	1.05,11(34,23)	1.44,70(39,59)	2.23,25(38,55)	
	3.10,31(47,06)	3.57,47(47,16)	4.36,23(38,76)	5.11,92(35,69)	
21	Ivan Aleksander Larsen	95	Karmøy SK	5.16,80	456
	32,08(32,08)	1.10,85(38,77)	1.53,41(42,56)	2.36,15(42,74)	
	3.19,74(43,59)	4.04,91(45,17)	4.41,68(36,77)	5.16,80(35,12)	
	Martin B. Lund	92	Elverum Svømming	DISK	

Øvelse 22. 400m fri, damer - Finale

Senior

1	Cecilie W. Johannessen	90	Bergens SC	4.20,11	777
	28,78(28,78)	1.00,11(31,33)	1.32,70(32,59)	2.06,47(33,77)	
	2.39,94(33,47)	3.13,75(33,81)	3.47,40(33,65)	4.20,11(32,71)	
2	Karoline Pedersen	94	BS/Delfana	4.23,87	744
	30,66(30,66)	1.03,40(32,74)	1.36,87(33,47)	2.10,36(33,49)	
	2.43,76(33,40)	3.17,56(33,80)	3.51,21(33,65)	4.23,87(32,66)	
3	Lise Sand Syversen	95	BS/Delfana	4.24,98	735
	30,35(30,35)	1.03,59(33,24)	1.37,29(33,70)	2.11,32(34,03)	
	2.45,15(33,83)	3.19,27(34,12)	3.53,21(33,94)	4.24,98(31,77)	
4	Ingrid N. Knutzen	91	Lambertseter SK/NTG	4.25,09	734
	31,14(31,14)	1.03,68(32,54)	1.37,14(33,46)	2.10,81(33,67)	
	2.44,63(33,82)	3.18,86(34,23)	3.52,73(33,87)	4.25,09(32,36)	
5	Veronica Orheim Bjørlykke	94	Aalesund SLK	4.28,66	705
	30,60(30,60)	1.03,92(33,32)	1.37,63(33,71)	2.11,70(34,07)	
	2.46,08(34,38)	3.20,52(34,44)	3.55,32(34,80)	4.28,66(33,34)	
6	Christine M. Pedersen	93	Lambertseter SK	4.33,87	666
	30,71(30,71)	1.04,30(33,59)	1.38,87(34,57)	2.13,38(34,51)	
	2.48,70(35,32)	3.23,98(35,28)	3.59,47(35,49)	4.33,87(34,40)	
7	Gina B. Andersen	90	Lambertseter SK	4.33,88	666
	31,73(31,73)	1.05,07(33,34)	1.39,46(34,39)	2.14,44(34,98)	
	2.49,63(35,19)	3.24,77(35,14)	3.59,89(35,12)	4.33,88(33,99)	
8	Terese Fosby	92	Sarpsborg IL	4.35,88	651
	31,23(31,23)	1.04,97(33,74)	1.39,74(34,77)	2.14,86(35,12)	
	2.50,28(35,42)	3.25,57(35,29)	4.01,14(35,57)	4.35,88(34,74)	

Øvelse 23. 100m bryst, herrer - Finale

Senior

1	Alexander Dale Oen	85	Vestkantsvømmerne	1.00,79	895
	28,59(28,59)	1.00,79(32,20)			
2	Sverre Næss	92	Sarpsborg IL	1.02,05	841 NJR
	29,56(29,56)	1.02,05(32,49)			
3	Marcus Tesdal	90	BS/Åstveit	1.05,75	707
	30,89(30,89)	1.05,75(34,86)			
4	Markus Vindenes	94	Vestkantsvømmerne	1.07,04	667
	31,75(31,75)	1.07,04(35,29)			
5	John Lekhmus	91	Tromsø SK	1.07,23	662
	31,72(31,72)	1.07,23(35,51)			
6	Erling Mjøs Brattelid	91	TS/Sola SK	1.07,48	654
	31,61(31,61)	1.07,48(35,87)			
7	Robin Palm	88	Sarpsborg IL	1.08,38	629
	31,60(31,60)	1.08,38(36,78)			
8	Bernt M. Seyffarth	89	Mandal SK	1.09,49	599
	31,13(31,13)	1.09,49(38,36)			

Øvelse 24. 100m butterfly, damer - Finale**Senior**

1	Ingvild Snildal	88	Asker SK	1.00,36	801
	28,44(28,44)	1.00,36(31,92)			
2	Victoria Rung	92	TS/Frisinn	1.03,92	675
	29,79(29,79)	1.03,92(34,13)			
3	Victoria S. Løken	91	Team Stavanger	1.04,15	667
	29,79(29,79)	1.04,15(34,36)			
4	Monica W. Johannessen	90	Bergens SC	1.04,42	659
	30,27(30,27)	1.04,42(34,15)			
5	Emilie Nyenget Løvberg	95	Bærumsvømmerne	1.04,61	653
	31,11(31,11)	1.04,61(33,50)			
6	Helene Solberg	91	Skjetten Svømming	1.04,99	642
	30,80(30,80)	1.04,99(34,19)			
6	Line Løvberg	91	Lambertseter SK/NTG	1.04,99	642
	30,84(30,84)	1.04,99(34,15)			
8	Ingrid N. Knutzen	91	Lambertseter SK/NTG	1.06,70	594
	31,55(31,55)	1.06,70(35,15)			

Øvelse 25. 200m fri, herrer - Finale**Senior**

1	Gard Kvale	84	Bergens SC	1.52,64	743
	26,53(26,53)	54,65(28,12)	1.23,60(28,95)	1.52,64(29,04)	
2	Jørn Nygård	92	Stavanger SC	1.54,66	704
	27,13(27,13)	55,62(28,49)	1.25,14(29,52)	1.54,66(29,52)	
3	Ole Martin Ree	92	TS/Sola SK	1.56,58	670
	27,36(27,36)	56,58(29,22)	1.26,76(30,18)	1.56,58(29,82)	
4	Bjarte Ravndal	91	TS/Sola SK	1.57,17	660
	27,62(27,62)	56,82(29,20)	1.27,01(30,19)	1.57,17(30,16)	
5	Lars Andre Tolås	88	Bærumsvømmerne	1.57,27	658
	27,29(27,29)	56,68(29,39)	1.27,09(30,41)	1.57,27(30,18)	
6	Jonas Kirkeberg Jostad	92	Hamar IL	1.59,59	620
	27,57(27,57)	56,87(29,30)	1.27,74(30,87)	1.59,59(31,85)	
7	Martin Hammer	93	Kongsten/NTG	1.59,80	617
	27,40(27,40)	56,71(29,31)	1.27,66(30,95)	1.59,80(32,14)	
8	Morten Bordervich	94	TS/Sola SK	2.00,56	606
	28,11(28,11)	57,92(29,81)	1.29,15(31,23)	2.00,56(31,41)	

Øvelse 26. 200m individuell medley, damer - Finale**Senior**

1	Sara Nordenstam	83	Lambertseter SK	2.16,75	785
	29,80(29,80)	1.05,73(35,93)	1.43,54(37,81)	2.16,75(33,21)	
2	Elisabeth Jarland	85	Bærumsvømmerne	2.18,47	756
	30,79(30,79)	1.06,31(35,52)	1.45,58(39,27)	2.18,47(32,89)	
3	Karoline Brudvik Sanderud	89	Hamar IL	2.22,03	701
	30,29(30,29)	1.06,62(36,33)	1.48,23(41,61)	2.22,03(33,80)	
4	Susann Bjørnsen	93	Setermoen SK	2.25,33	654
	32,03(32,03)	1.09,36(37,33)	1.52,36(43,00)	2.25,33(32,97)	
5	Jacqueline Knutsson	93	Kongsten/NTG	2.27,68	623
	31,07(31,07)	1.09,57(38,50)	1.53,42(43,85)	2.27,68(34,26)	
6	Sophia Broberg Skeltved	92	Tromsø SK/NTG	2.27,88	621
	32,26(32,26)	1.09,90(37,64)	1.52,66(42,76)	2.27,88(35,22)	
7	Oona Ovesen	92	Elverum Svømming	2.29,33	603
	30,63(30,63)	1.08,52(37,89)	1.54,35(45,83)	2.29,33(34,98)	
8	Luna Elisabeth Sjøgaard	94	Lambertseter SK	2.30,28	592
	32,45(32,45)	1.13,58(41,13)	1.53,85(40,27)	2.30,28(36,43)	

Øvelse 27. 50m rygg, herrer - Finale**Senior**

1	Lavrans Solli	92	Bergens SC	26,85	718
2	Vegard Nyenget Løvberg	91	Bærumsvømmerne	27,88	641
3	Julian Åsheim Mikkelsen	93	Ås IL/NTG	28,16	622
4	John Hage Gaarder	89	Lørenskog/Rælingen	28,48	601
5	Alexander B. Havre	90	Mandal SK	29,12	563
6	Even Vike Holm	90	BS/Arna	29,14	561
7	Tor Hafnor	91	Bærumsvømmerne	29,24	556
8	Lars Andre Tolås	88	Bærumsvømmerne	29,58	537

Øvelse 28. 50m bryst, damer - Finale**Senior**

1	Katharina Stiberg	88	Bjerkvik SK	32,20	793
2	Sara Nordenstam	83	Lambertseter SK	33,11	729
3	Henriette Martinsen	85	Stavanger SC	33,51	703
4	Kaja Bremer	93	Bergens SLK	33,66	694
5	Ingalill Urrang Naustvik	95	Karmøy SK	34,05	670
6	Stina Kajsa Colleou	93	Lambertseter SK	34,20	662
7	Sophia Broberg Skeltved	92	Tromsø SK/NTG	34,59	639
8	Luna Elisabeth Sjøgaard	94	Lambertseter SK	34,83	626

Funksjonshemmede

1	Marianne M. Fredbo	86	Vågsbygd SLK	53,92	169	SB6 114,94 %
2	Sara Louise Rung	89	TS/Madla SK	52,46	183	SB5 120,07 %
3	Ingrid Djupskås	89	Asker SK	55,49	155	SB7 125,34 %
4	Hanne Farestvedt	93	Åstveit SK	46,99	255	SB14 127,66 %
5	Rona Hjelmstad	93	Skjetten Svømming	57,00	143	SB14 154,85 %

Øvelse 29. 4*100m fri, herrer - Senior**Senior**

1	Stavanger SC G1 sr.	SR	Stavanger SC	3.32,68	693
	Jørn Nygård:	26,38(26,38)	53,38(27,00)	53,38	
	Thomas Ole Fadnes:	1.17,53(24,15)	1.44,21(26,68)	50,83	
	Hans Østerdal:	2.09,94(25,73)	2.37,85(27,91)	53,64	
	Fredrik K Hegdal:	3.03,59(25,74)	3.32,68(29,09)	54,83	
2	Bergensv. G1 sr.	SR	Bergensvømmerne	3.34,61	675
	Sander Smørdal:	25,20(25,20)	52,67(27,47)	52,67	
	Erlend Ulveseter:	1.18,28(25,61)	1.46,72(28,44)	54,05	
	Sindri T. Jakobsson:	2.12,68(25,96)	2.41,03(28,35)	54,31	
	Marcus Tesdal:	3.06,68(25,65)	3.34,61(27,93)	53,58	
3	Vestkantv. G1 sr.	SR	Vestkantvømmerne	3.35,47	667
	Robin Dale Oen:	26,06(26,06)	52,85(26,79)	52,85	
	Alexander Dale Oen:	1.18,14(25,29)	1.46,76(28,62)	53,91	
	Markus Vindenes:	2.12,88(26,12)	2.42,31(29,43)	55,55	
	Alexander Broberg Skeltved:	3.07,95(25,64)	3.35,47(27,52)	53,16	
4	Team Stavanger G1 sr.	SR	Team Stavanger	3.35,48	667
	Bjarte Ravndal:	26,23(26,23)	53,82(27,59)	53,82	
	Jørgen Møllerop:	1.19,22(25,40)	1.47,22(28,00)	53,40	
	Morten Bordervich:	2.14,15(26,93)	2.42,98(28,83)	55,76	
	Ole Martin Ree:	3.07,93(24,95)	3.35,48(27,55)	52,50	

5	Bærumsv G1 sr.	SR	Bærumsvømmerne	3.36,79	655
	Lars Andre Tolås:	26,10(26,10)	53,99(27,89)	53,99	
	Sebastian Wigstrøm:	1.19,89(25,90)	1.48,18(28,29)	54,19	
	Vegard Nyenget Løvberg:	2.14,22(26,04)	2.42,62(28,40)	54,44	
	Tor Hafnor:	3.08,38(25,76)	3.36,79(28,41)	54,17	
6	Lambertseter SK G1 sr.	SR	Lambertseter SK	3.40,36	623
	Mathias Madsen:	27,23(27,23)	55,58(28,35)	55,58	
	Christian Thorsen:	1.21,64(26,06)	1.51,45(29,81)	55,87	
	Sindre Eilertsen:	2.17,19(25,74)	2.45,74(28,55)	54,29	
	Mikkel Brudvik Sanderud:	3.12,01(26,27)	3.40,36(28,35)	54,62	
7	Bærumsv G2 sr.	SR	Bærumsvømmerne	3.41,48	614
	Elias Damman:	26,94(26,94)	55,04(28,10)	55,04	
	Christer Koch Kvam:	1.20,40(25,36)	1.49,11(28,71)	54,07	
	Henry Emil Nordhagen:	2.15,94(26,83)	2.45,39(29,45)	56,28	
	Carl Andreas Wathne:	3.11,80(26,41)	3.41,48(29,68)	56,09	
8	Bergensv. G2 sr.	SR	Bergensvømmerne	3.41,58	613
	Mathias Sørstrand Æsøy:	26,50(26,50)	56,47(29,97)	56,47	
	Even Vike Holm:	1.22,27(25,80)	1.50,91(28,64)	54,44	
	Espen Halhjem:	2.17,77(26,86)	2.47,59(29,82)	56,68	
	Paal Leversen:	3.13,07(25,48)	3.41,58(28,51)	53,99	
9	Mandal SK G1 sr.	SR	Mandal SK	3.45,48	582
	Tord Eirik Seyffarth:	27,04(27,04)	57,09(30,05)	57,09	
	Daniel B. Havre:	1.24,69(27,60)	1.56,05(31,36)	58,96	
	Alexander B. Havre:	2.22,02(25,97)	2.52,04(30,02)	55,99	
	Bernt M. Seyffarth:	3.17,16(25,12)	3.45,48(28,32)	53,44	
10	Asker SK G1 sr.	SR	Asker SK	3.47,16	569
	Eirik Standal Thoresen:	27,48(27,48)	57,42(29,94)	57,42	
	Andreas Bergman:	1.24,92(27,50)	1.55,03(30,11)	57,61	
	Jan Aleksander Bakke:	2.21,14(26,11)	2.50,05(28,91)	55,02	
	Kristoffer Skribeland:	3.17,13(27,08)	3.47,16(30,03)	57,11	
11	Bergensv. G3 sr.	SR	Bergensvømmerne	3.48,89	556
	Eirik Runningen:	26,86(26,86)	56,62(29,76)	56,62	
	Eivind Johannesen:	1.23,11(26,49)	1.52,33(29,22)	55,71	
	Simen Dale:	2.20,09(27,76)	2.52,05(31,96)	59,72	
	Sebastian Stordal:	3.19,08(27,03)	3.48,89(29,81)	56,84	
12	Vestbyen IL G1 sr.	SR	Vestbyen IL	3.51,39	538
	Christian Tronvoll:	27,97(27,97)	57,42(29,45)	57,42	
	Sigvart Evjen:	1.25,03(27,61)	1.54,92(29,89)	57,50	
	Erlend Wærnes:	2.21,89(26,97)	2.53,36(31,47)	58,44	
	Christoffer Tofte Hamborg:	3.21,42(28,06)	3.51,39(29,97)	58,03	
13	Løren/Rælingen G1 sr.	SR	Lørenskog/Rælingen	3.52,00	534
	Vebjørn Lindhjem:	27,69(27,69)	56,88(29,19)	56,88	
	Jarl André Bergsvenkerud:	1.24,67(27,79)	1.55,23(30,56)	58,35	
	Tore Skauge Bysting:	2.22,30(27,07)	2.53,19(30,89)	57,96	
	Jørgen Gundersen:	3.21,53(28,34)	3.52,00(30,47)	58,81	
14	Bærumsv G3 sr.	SR	Bærumsvømmerne	3.57,16	500
	Henrik Wathne:	27,55(27,55)	57,41(29,86)	57,41	
	Iver Hvidsten:	1.24,86(27,45)	1.55,93(31,07)	58,52	
	Mathias Thorkildsen:	2.24,32(28,39)	2.56,00(31,68)	1.00,07	
	Fridtjof Bache Hungnes:	3.24,51(28,51)	3.57,16(32,65)	1.01,16	
15	NTNUI G1 sr.	SR	NTNUI	4.08,94	432
	Christian Sunde:	26,25(26,25)	55,95(29,70)	55,95	
	Torgeir Solvin:	1.24,51(28,56)	1.58,45(33,94)	1.02,50	
	Endre Bjørsvik:	2.31,07(32,62)	3.09,12(38,05)	1.10,67	
	Kristian Solvin:	3.36,26(27,14)	4.08,94(32,68)	59,82	
16	Ski SK G1 sr.	SR	Ski SK	4.35,62	319
	Morten Molin Wang:	31,41(31,41)	1.05,73(34,32)	1.05,73	
	Eirik Nilsen:	1.38,18(32,45)	2.13,25(35,07)	1.07,52	
	Arjan Nilsen:	2.49,03(35,78)	3.27,81(38,78)	1.14,56	
	Kristoffer Soot:	4.00,34(32,53)	4.35,62(35,28)	1.07,81	

Øvelse 30. 4*200m fri, damer - Senior

Senior

1	Lambertseter SK J1 sr.	SR	Lambertseter SK	8.30,73	741	NR
		30,67(30,67)	1.03,56(32,89)			
	Heidi Vainio Gjøen:	1.37,30(33,74)	2.10,57(33,27)	2.10,57		
		2.40,08(29,51)	3.12,00(31,92)			
	Gina B. Andersen:	3.44,86(32,86)	4.16,97(32,11)	2.06,40		
		4.46,79(29,82)	5.18,48(31,69)			
	Ingrid N. Knutzen:	5.51,39(32,91)	6.24,32(32,93)	2.07,35		
		6.53,65(29,33)	7.25,51(31,86)			
	Sara Nordenstam:	7.58,31(32,80)	8.30,73(32,42)	2.06,41		
2	Bærumsv J1 sr.	SR	Bærumsvømmerne	8.38,32	709	
		30,76(30,76)	1.04,42(33,66)			
	Emilie Nyenget Løvberg:	1.37,56(33,14)	2.09,43(31,87)	2.09,43		
		2.38,29(28,86)	3.09,91(31,62)			
	Elisabeth Jarland:	3.42,29(32,38)	4.14,90(32,61)	2.05,47		
		4.44,37(29,47)	5.17,46(33,09)			
	Kristine Mella:	5.51,66(34,20)	6.25,63(33,97)	2.10,73		
		6.55,38(29,75)	7.28,89(33,51)			
	Andrea Westbye:	8.03,56(34,67)	8.38,32(34,76)	2.12,69		
3	Lambertseter SK J2 sr.	SR	Lambertseter SK	8.42,54	692	
		31,14(31,14)	1.04,43(33,29)			
	Emma Isdahl:	1.37,70(33,27)	2.10,22(32,52)	2.10,22		
		2.39,53(29,31)	3.12,00(32,47)			
	Christine M. Pedersen:	3.45,93(33,93)	4.19,48(33,55)	2.09,26		
		4.49,36(29,88)	5.23,06(33,70)			
	Emilie Hellerud:	5.57,40(34,34)	6.31,47(34,07)	2.11,99		
		7.01,29(29,82)	7.34,92(33,63)			
	Elisabeth H. Svensson:	8.09,63(34,71)	8.42,54(32,91)	2.11,07		
4	Bergensv. J1 sr.	SR	Bergensvømmerne	8.50,10	662	
		29,97(29,97)	1.02,56(32,59)			
	Karoline Pedersen:	1.36,54(33,98)	2.10,04(33,50)	2.10,04		
		2.40,48(30,44)	3.14,58(34,10)			
	Siri Løvold Magnussen:	3.49,38(34,80)	4.24,40(35,02)	2.14,36		
		4.56,19(31,79)	5.31,25(35,06)			
	Andrea Hestdal:	6.05,99(34,74)	6.40,51(34,52)	2.16,11		
		7.10,28(29,77)	7.43,29(33,01)			
	Lise Sand Syversen:	8.17,06(33,77)	8.50,10(33,04)	2.09,59		
5	Vestkantv. J1 sr.	SR	Vestkantvømmerne	8.51,55	657	
		28,34(28,34)	59,80(31,46)			
	Henriette Brekke:	1.32,85(33,05)	2.05,99(33,14)	2.05,99		
		2.35,87(29,88)	3.10,06(34,19)			
	Elida Hole:	3.46,69(36,63)	4.22,69(36,00)	2.16,70		
		4.53,38(30,69)	5.27,52(34,14)			
	Benedicte Kausland:	6.03,23(35,71)	6.38,27(35,04)	2.15,58		
		7.09,05(30,78)	7.42,78(33,73)			
	Stine Vindenes:	8.17,56(34,78)	8.51,55(33,99)	2.13,28		
6	Delfana J1 sr.	SR	Delfana	9.04,34	612	
		31,35(31,35)	1.05,35(34,00)			
	Lisa Skogeng:	1.40,59(35,24)	2.15,41(34,82)	2.15,41		
		2.46,42(31,01)	3.21,65(35,23)			
	Tone Lill Evanger:	3.57,67(36,02)	4.32,90(35,23)	2.17,49		
		5.03,91(31,01)	5.39,00(35,09)			
	Marie Reinertsen:	6.14,98(35,98)	6.50,55(35,57)	2.17,65		
		7.21,36(30,81)	7.55,50(34,14)			
	Elin Haugland:	8.30,19(34,69)	9.04,34(34,15)	2.13,79		
7	Bærumsv J2 sr.	SR	Bærumsvømmerne	9.16,07	574	
		31,58(31,58)	1.06,05(34,47)			
	Kjersti Dalen:	1.41,93(35,88)	2.17,41(35,48)	2.17,41		
		2.47,98(30,57)	3.22,18(34,20)			
	Karolina Orleanski:	3.58,13(35,95)	4.34,08(35,95)	2.16,67		
		5.05,68(31,60)	5.40,91(35,23)			
	Victoria Croker:	6.17,81(36,90)	6.54,34(36,53)	2.20,26		
		7.26,67(32,33)	8.02,51(35,84)			
	Lene Lykke Erichsen:	8.39,85(37,34)	9.16,07(36,22)	2.21,73		

8	Løren/Rælingen J1 sr.	SR	Lørenskog/Rælingen	9.28,77	536
		32,07(32,07)	1.08,08(36,01)		
	Aurora Brandtzæg:	1.44,98(36,90)	2.23,11(38,13)	2.23,11	
		2.53,25(30,14)	3.27,06(33,81)		
	Jeanette Erlandsen:	4.02,31(35,25)	4.37,10(34,79)	2.13,99	
		5.11,28(34,18)	5.48,63(37,35)		
	Klara Farkas:	6.25,83(37,20)	7.02,62(36,79)	2.25,52	
		7.34,60(31,98)	8.11,45(36,85)		
	Susanne Fornasari:	8.50,35(38,90)	9.28,77(38,42)	2.26,15	

Søndag 11. juli kl 10.00

Øvelse 31. 200m rygg, damer - Forsøk

Senior

1	Heidi Vainio Gjøen	88	Lambertseter SK	(0,67)	2.25,85	627
	33,73(33,73)	1.10,49(36,76)	1.48,31(37,82)		2.25,85(37,54)	
2	Gina B. Andersen	90	Lambertseter SK	(0,75)	2.27,47	606
	35,98(35,98)	1.13,10(37,12)	1.50,98(37,88)		2.27,47(36,49)	

Junior

1	Christine M. Pedersen	93	Lambertseter SK	(0,79)	2.22,69	669
	33,20(33,20)	1.09,04(35,84)	1.45,83(36,79)		2.22,69(36,86)	
2	Veronica Orheim Bjørlykke	94	Aalesund SLK	(0,88)	2.24,02	651
	33,79(33,79)	1.10,47(36,68)	1.47,78(37,31)		2.24,02(36,24)	
3	Elisabeth Kristiansen	92	Haugesund SK	(0,70)	2.24,94	639
	33,71(33,71)	1.10,45(36,74)	1.48,16(37,71)		2.24,94(36,78)	
4	Andrine Davidsen	95	Lambertseter SK	(0,72)	2.25,34	633
	34,27(34,27)	1.11,71(37,44)	1.49,77(38,06)		2.25,34(35,57)	
5	Line Løvberg	91	Lambertseter SK/NTG	(0,74)	2.26,61	617
	34,10(34,10)	1.11,31(37,21)	1.48,95(37,64)		2.26,61(37,66)	
6	Camilla Moe	92	Ås IL	(0,75)	2.29,92	577
	34,23(34,23)	1.12,53(38,30)	1.51,21(38,68)		2.29,92(38,71)	
7	Vår Celine Sjøgaard	96	Lambertseter SK	(0,70)	2.30,09	575
	35,30(35,30)	1.13,54(38,24)	1.52,57(39,03)		2.30,09(37,52)	
8	Lotte Miller	96	Madla SK	(0,69)	2.30,48	571
	34,45(34,45)	1.11,94(37,49)	1.51,08(39,14)		2.30,48(39,40)	
9	Iselin Mjøllner Dahlen	92	Skjetten Svømming/NTG	(0,75)	2.30,56	570
	35,06(35,06)	1.12,39(37,33)	1.51,68(39,29)		2.30,56(38,88)	
10	Fanny Moen Pettersen	93	Øvre Eiker SK	(0,81)	2.31,52	559
	36,13(36,13)	1.14,65(38,52)	1.53,49(38,84)		2.31,52(38,03)	
11	Hanne Lockertsen	94	Tromsø SK	(0,78)	2.31,89	555
	35,93(35,93)	1.13,67(37,74)	1.52,66(38,99)		2.31,89(39,23)	
12	Eirin Røen Martinsen	93	Hamar IL	(0,81)	2.32,71	546
	35,77(35,77)	1.14,12(38,35)	1.53,86(39,74)		2.32,71(38,85)	
13	Benedicte Kausland	92	Vestkant svømmerne	(0,68)	2.32,94	543
	34,50(34,50)	1.13,25(38,75)	1.53,24(39,99)		2.32,94(39,70)	
14	Helene Thunes Truyen	93	Delfana	(0,83)	2.33,59	537
	36,02(36,02)	1.14,60(38,58)	1.54,03(39,43)		2.33,59(39,56)	
15	Seline Vike Holm	92	BS/Årna	(0,39)	2.34,71	525
	35,73(35,73)	1.14,61(38,88)	1.55,34(40,73)		2.34,71(39,37)	
16	Ingse Bergh Monsen	92	Bergens SC	(0,74)	2.35,34	519
	36,67(36,67)	1.15,83(39,16)	1.55,61(39,78)		2.35,34(39,73)	
17	Sara Boukili	95	SK Speed	(0,80)	2.35,57	516
	36,92(36,92)	1.16,17(39,25)	1.56,20(40,03)		2.35,57(39,37)	
18	Silje Nilo	93	Sandefjord SK	(0,72)	2.35,61	516
	35,78(35,78)	1.15,18(39,40)	1.55,85(40,67)		2.35,61(39,76)	
19	Emilie K. Hegdal	96	Stavanger SC	(0,84)	2.36,06	512
	36,31(36,31)	1.15,79(39,48)	1.55,84(40,05)		2.36,06(40,22)	
20	Elin Haugland	96	Delfana	(0,74)	2.36,37	508
	36,58(36,58)	1.15,78(39,20)	1.56,29(40,51)		2.36,37(40,08)	
21	Andrea Hestdal	94	BS/Åstveit	(0,81)	2.36,39	508
	37,03(37,03)	1.16,07(39,04)	1.56,33(40,26)		2.36,39(40,06)	
22	Elina Øverås	95	Lørenskog/Rælingen	(0,69)	2.40,79	468
	37,45(37,45)	1.18,54(41,09)	1.59,80(41,26)		2.40,79(40,99)	
23	Marie-Elise Eriksen	94	Sandefjord SK	(0,70)	2.44,88	434
	38,06(38,06)	1.19,48(41,42)	2.02,73(43,25)		2.44,88(42,15)	

Øvelse 32. 50m fri, herrer - Forsøk**Senior**

1	Thomas Ole Fadnes	87	Stavanger SC	23,37	719
2	Robin Dale Oen	80	Vestkantsvømmerne	23,82	679
3	Sander Smørdal	85	BS/Arna	24,03	662
4	Bernt M. Seyffarth	89	Mandal SK	24,46	627
5	Christer Koch Kvam	90	Bærumsvømmerne	25,07	583
6	Dan Magnus Skibrek	87	Øvre Eiker SK	25,14	578
7	Christian Sunde	89	NTNUI	25,25	570
7	Paal Leversen	86	BS/Åstveit	25,25	570
9	Jari K. Mikkelsen	88	IL Varg	25,27	569
10	Alexander B. Havre	90	Mandal SK	25,36	563
11	Mattis Saghaug	90	IL Varg/NTG	25,39	561
12	Elias Damman	89	Bærumsvømmerne	25,50	554
13	Mathias Sørstrand Æsøy	90	BS/Delfana	25,59	548

Junior

1	Sverre Næss	92	Sarpsborg IL	23,98	666
2	Bjarte Ravndal	91	TS/Sola SK	24,58	618
3	Ole Martin Ree	92	TS/Sola SK	24,75	606
4	Martin Hammer	93	Kongsten/NTG	24,96	590
5	Lavrans Solli	92	Bergens SC	24,99	588
6	Erlend Ulveseter	92	BS/Åstveit	25,33	565
7	Jonas Kirkeberg Jostad	92	Hamar IL	25,34	564
8	Markus Vindenes	94	Vestkantsvømmerne	25,38	562
9	Hans Østerdal	93	Stavanger SC	25,39	561
10	Jørn Nygård	92	Stavanger SC	25,42	559
11	Sander Rødje	93	Haugesund SK	25,45	557
12	Håkon Andersen	92	Kristiansand SA	25,60	547
13	Julian Åsheim Mikkelsen	93	Ås IL/NTG	25,64	545
14	Jan Aleksander Bakke	91	Asker SK	25,70	541
14	Jørgen Aagaard-Nilsen Wiik	93	Larvik SK	25,70	541
16	Alexander Schüssler	92	Lambertseter SK	25,78	536
17	Gaute Ravndal	94	Sola SK	25,85	532
18	Mathias Madsen	92	Lambertseter SK	25,87	530
19	Berend de Waal	94	IL Norodd	25,95	525
20	Martin Gundersen	93	IL Varg	25,99	523
21	Henry Emil Nordhagen	93	Bærumsvømmerne	26,02	521
22	Thomas Myhrer	94	Sarpsborg IL	26,07	518
23	Åsmund Karlsen	92	Eid SK	26,20	511
24	Aleksander Sire	93	Modum SK	26,33	503

Øvelse 33. 100m fri, damer - Forsøk**Senior**

1	Ingvild Snildal	88	Asker SK	56,97	764
	27,36(27,36)	56,97(29,61)			
2	Cecilie W. Johannessen	90	Bergens SC	57,31	750
	27,54(27,54)	57,31(29,77)			
3	Henriette Brekke	88	Vestkantsvømmerne	57,55	741
	27,48(27,48)	57,55(30,07)			
4	Monica W. Johannessen	90	Bergens SC	58,86	692
	28,27(28,27)	58,86(30,59)			
5	Sofie Gjemmestad	89	Asker SK	59,16	682
	28,55(28,55)	59,16(30,61)			

Junior

1	Susann Bjørnsen 28,74(28,74)	93	Setermoen SK	59,30	677
2	Victoria Rung 28,87(28,87)	92	TS/Frisinn	59,48	671
3	Victoria S. Løken 28,73(28,73)	91	Team Stavanger	59,67	664
4	Ingrid N. Knutzen 29,29(29,29)	91	Lambertseter SK/NTG	59,92	656
5	Emma Isdahl 29,48(29,48)	92	Lambertseter SK	1.00,52	637
6	Emilie Nyenget Løvberg 29,27(29,27)	95	Bærumsvømmerne	1.00,75	630
7	Kaja Bremer 28,95(28,95)	93	Bergens SLK	1.00,80	628
8	Line W. Lund 29,61(29,61)	91	Sarpsborg IL	1.00,84	627
9	Aslaug Marie Hjelmaas 29,17(29,17)	95	Bergens SLK	1.01,06	620
10	Emilie Hellerud 29,68(29,68)	92	Lambertseter SK/NTG	1.01,21	616
11	Siv Fiske 29,19(29,19)	92	Tromsø SK/NTG	1.01,23	615
12	Karoline Pedersen 29,57(29,57)	94	BS/Delfana	1.01,30	613
13	Jeanette Erlandsen 29,98(29,98)	93	Lørenskog/Rælingen	1.01,48	608
14	Stine Lise Stenseth 29,91(29,91)	94	Øvre Eiker SK	1.01,63	603
15	Oona Ovesen 30,07(30,07)	92	Elverum Svømming	1.02,42	580
16	Nicole T. Næsheim 29,42(29,42)	91	Stavanger SC	1.02,45	580
17	Stine Vindenes 30,20(30,20)	93	Vestkantsvømmerne	1.02,46	579
18	Terese Fosby 30,25(30,25)	92	Sarpsborg IL	1.02,51	578
19	Birgitte Elise Søfteland 30,34(30,34)	94	Sarpsborg IL	1.02,56	577
19	Pernille Berntsen 29,46(29,46)	95	Førde IL	1.02,56	577
21	Marte K. Bolstad 30,22(30,22)	95	Asker SK	1.02,57	576
22	Ane Nygård 29,80(29,80)	95	Stavanger SC	1.02,70	573
23	Marthe Berg Sørensen 30,07(30,07)	92	TS/Frisinn	1.02,79	570
24	Tonje Riise 29,97(29,97)	93	Lakselv SK/NTG	1.03,47	552
25	Andrea Westbye 30,83(30,83)	95	Bærumsvømmerne	1.04,48	527

Funksjonshemmede

1	Sara Louise Rung	89	TS/Madla SK	1.24,93	230	S6	111,44 %
	41,63(41,63)	1.24,93(43,30)					
2	Hanne Farestvedt	93	Åstveit SK	1.15,96	322	S14	121,71 %
	35,34(35,34)	1.15,96(40,62)					
3	Linn Haugen	87	Vestkantsvømmerne	1.17,85	299	S9	127,46 %
	37,37(37,37)	1.17,85(40,48)					
4	Rona Hjelmstad	93	Skjetten Svømming	1.22,29	253	S14	131,85 %
	38,89(38,89)	1.22,29(43,40)					
5	Ingrid Djupskås	89	Asker SK	1.30,88	188	S9	148,79 %
	42,13(42,13)	1.30,88(48,75)					

Øvelse 34. 200m butterfly, herrer - Forsøk

Senior

1	Alexander Broberg Skeltved	87	Vestkantsvømmerne	2.09,67	636
	29,00(29,00)	1.01,62(32,62)	1.35,54(33,92)	2.09,67(34,13)	
2	Jørgen Møllerop	88	TS/Madla SK	2.09,71	635
	29,28(29,28)	1.01,94(32,66)	1.36,21(34,27)	2.09,71(33,50)	
3	Eirik Ravnán	89	Hamar IL	2.09,72	635
	28,63(28,63)	1.01,91(33,28)	1.36,73(34,82)	2.09,72(32,99)	
4	Sindre Eilertsen	90	Lambertseter SK	2.15,40	559
	30,71(30,71)	1.04,72(34,01)	1.40,07(35,35)	2.15,40(35,33)	
5	Kristian Evensen	90	Kristiansand SA	2.26,99	437
	32,27(32,27)	1.09,14(36,87)	1.47,65(38,51)	2.26,99(39,34)	

Junior

1	Sindri T. Jakobsson	91	BS/Delfana	2.05,79	697
	27,75(27,75)	59,88(32,13)	1.32,89(33,01)	2.05,79(32,90)	
2	Sebastian Stordal	91	BS/Delfana	2.12,18	600
	29,16(29,16)	1.02,20(33,04)	1.36,78(34,58)	2.12,18(35,40)	
3	Fredrik K Hegdal	94	Stavanger SC	2.12,74	593
	29,36(29,36)	1.02,16(32,80)	1.37,55(35,39)	2.12,74(35,19)	
4	Espen Halhjem	92	BS/Delfana	2.15,64	556
	29,47(29,47)	1.04,02(34,55)	1.39,18(35,16)	2.15,64(36,46)	
5	Christian Thorsen	91	Lambertseter SK	2.16,13	550
	30,57(30,57)	1.04,88(34,31)	1.40,62(35,74)	2.16,13(35,51)	
6	Morten Wee Hollund	96	Karmøy SK	2.17,51	533
	30,19(30,19)	1.04,99(34,80)	1.41,54(36,55)	2.17,51(35,97)	
7	Thomas Myhrer	94	Sarpsborg IL	2.17,99	528
	29,72(29,72)	1.05,23(35,51)	1.41,91(36,68)	2.17,99(36,08)	
8	Henrik Søfteland	95	Delfana	2.22,06	484
	31,43(31,43)	1.05,77(34,34)	1.43,68(37,91)	2.22,06(38,38)	
9	Andreas Mathingsdal Pedersen	92	Farsund SK	2.22,44	480
	31,07(31,07)	1.07,05(35,98)	1.44,45(37,40)	2.22,44(37,99)	
10	Norbert Prokopiak	94	Modum SK	2.23,77	467
	31,94(31,94)	1.09,40(37,46)	1.46,76(37,36)	2.23,77(37,01)	
11	Henning Kaland	92	Oslo IL	2.24,17	463
	30,61(30,61)	1.05,83(35,22)	1.44,99(39,16)	2.24,17(39,18)	
12	Sigvart Evjen	91	Vestbyen IL	2.25,02	455
	30,38(30,38)	1.05,88(35,50)	1.43,52(37,64)	2.25,02(41,50)	
13	Arnt Martin Ystenes	92	Trondhjem SLK	2.25,33	452
	31,28(31,28)	1.08,80(37,52)	1.47,77(38,97)	2.25,33(37,56)	
14	Vegard Belaska	93	TS/Madla SK	2.25,69	448
	32,13(32,13)	1.09,33(37,20)	1.48,15(38,82)	2.25,69(37,54)	

15	Carl Andreas Wathne 30,79(30,79)	91	Bærumsvømmerne 1.44,96(38,42)	2.25,83 2.25,83(40,87)	447
16	Karl Inge Svendsen 32,04(32,04)	93	Hammerfest SLK/NTG 1.46,52(38,64)	2.28,21 2.28,21(41,69)	426
17	Kacper Domanski 31,59(31,59)	96	Madla SK 1.49,81(39,49)	2.29,17 2.29,17(39,36)	418
18	Jostein Dalshov Kringlen 32,06(32,06)	94	Kristiansand SA 1.49,90(40,59)	2.32,73 2.32,73(42,83)	389
	Sebastian Wigstrøm	91	Bærumsvømmerne	BRUTT	
	Tor Hafnor	91	Bærumsvømmerne	DISK	

Øvelse 35. 200m bryst, damer - Forsøk

Senior

1	Elisabeth Jarland 36,67(36,67)	85	Bærumsvømmerne 1.58,52(41,80)	2.39,53 2.39,53(41,01)	678
2	Sara Nordenstam 35,72(35,72)	83	Lambertseter SK 1.57,78(41,57)	2.39,57 2.39,57(41,79)	677
	Katharina Stiberg	88	Bjerkvik SK	BRUTT	

Junior

1	Stina Kajsa Colleou 35,09(35,09)	93	Lambertseter SK 1.54,95(40,71)	2.36,24 2.36,24(41,29)	721
2	Ingalill Urrang Naustvik 35,21(35,21)	95	Karmøy SK 1.57,40(42,46)	2.40,28 2.40,28(42,88)	668
3	Luna Elisabeth Sjøgaard 36,47(36,47)	94	Lambertseter SK 1.59,66(41,85)	2.41,58 2.41,58(41,92)	652
4	Sophia Broberg Skeltved 35,88(35,88)	92	Tromsø SK/NTG 2.00,47(43,54)	2.44,52 2.44,52(44,05)	618
5	Malene M. Pedersen 38,00(38,00)	96	Lambertseter SK 2.03,13(43,27)	2.46,89 2.46,89(43,76)	592
6	Rikke Nagell-Kleven 38,55(38,55)	95	Asker SK 2.04,21(42,99)	2.47,27 2.47,27(43,06)	588
7	Lene Lykke Erichsen 38,38(38,38)	92	Bærumsvømmerne 2.04,10(43,44)	2.48,20 2.48,20(44,10)	578
8	Mari Nerdrum 38,17(38,17)	95	Asker SK 2.05,34(44,13)	2.49,27 2.49,27(43,93)	567
9	Stine Tveit 37,70(37,70)	93	Trondhjem SLK 2.05,02(44,88)	2.50,03 2.50,03(45,01)	560
10	Mari Singstad 37,01(37,01)	91	Vestbyen IL 2.04,27(44,86)	2.50,34 2.50,34(46,07)	557
11	Amalie Thorstensen 38,90(38,90)	96	Vågsbygd SLK 2.06,51(44,72)	2.51,28 2.51,28(44,77)	547
12	Julie Torgersen Nilsen 40,55(40,55)	92	Hamar IL 2.09,75(45,39)	2.52,83 2.52,83(43,08)	533
13	Kristine Mathingsdal Pedersen 39,35(39,35)	94	Farsund SK 2.07,61(44,64)	2.52,96 2.52,96(45,35)	532
14	Maren E.J. Bakke 38,97(38,97)	94	Setermoen SK 2.07,49(44,87)	2.53,00 2.53,00(45,51)	531
15	Stine Mjøllhus Kristoffersen 38,72(38,72)	93	TS/Frisinn 2.08,40(45,87)	2.54,24 2.54,24(45,84)	520
16	Guro Aas 39,08(39,08)	96	Vågsbygd SLK 2.08,49(45,39)	2.54,35 2.54,35(45,86)	519
17	Karina Brunstad Fet 38,71(38,71)	95	Aalesund SLK 2.09,43(46,89)	2.56,72 2.56,72(47,29)	498
18	Caroline R. Helgesen 39,69(39,69)	95	Aalesund SLK 2.11,60(46,69)	2.58,67 2.58,67(47,07)	482

Øvelse 36. 100m rygg, herrer - Forsøk

Senior

1	Eirik Ravnan	89	Hamar IL	(0,73)	1.00,99	618
	29,98(29,98)	1.00,99(31,01)				
2	Lars Andre Tolås	88	Bærumsvømmerne	(0,64)	1.01,49	603
	29,76(29,76)	1.01,49(31,73)				
3	John Hage Gaarder	89	Lørenskog/Rælingen	(0,61)	1.01,81	593
	29,82(29,82)	1.01,81(31,99)				
4	Even Vike Holm	90	BS/Arna	(0,80)	1.02,84	565
	30,62(30,62)	1.02,84(32,22)				
5	Eirik Runningen	90	BS/Delfana	(0,55)	1.05,32	503
	31,41(31,41)	1.05,32(33,91)				
6	Sindre Eilertsen	90	Lambertseter SK	(0,60)	1.06,05	486
	32,17(32,17)	1.06,05(33,88)				

Junior

1	Lavrans Solli	92	Bergens SC	(0,64)	59,30	672
	29,44(29,44)	59,30(29,86)				
2	Vegard Nyenget Løvberg	91	Bærumsvømmerne	(0,68)	1.00,05	647
	29,34(29,34)	1.00,05(30,71)				
3	Julian Åsheim Mikkelsen	93	Ås IL/NTG	(0,71)	1.00,59	630
	29,28(29,28)	1.00,59(31,31)				
4	Sander Rødje	93	Haugesund SK	(0,75)	1.02,52	573
	30,50(30,50)	1.02,52(32,02)				
5	Christian Christiansen	94	Kristiansund SLK	(0,70)	1.02,59	571
	30,15(30,15)	1.02,59(32,44)				
6	Jonas Kirkeberg Jostad	92	Hamar IL	(0,75)	1.03,76	541
	31,28(31,28)	1.03,76(32,48)				
7	Jørgen Aagaard-Nilsen Wiik	93	Larvik SK	(0,63)	1.04,18	530
	31,18(31,18)	1.04,18(33,00)				
8	Vebjørn Lindhjem	95	Lørenskog/Rælingen	(0,66)	1.04,66	518
	31,58(31,58)	1.04,66(33,08)				
9	Henrik Knudsen	94	Stavanger SC	(0,69)	1.04,71	517
	31,86(31,86)	1.04,71(32,85)				
10	Henning Kaland	92	Oslo IL	(0,63)	1.04,87	513
	31,79(31,79)	1.04,87(33,08)				
11	Åsmund Karlsen	92	Eid SK	(0,74)	1.05,26	504
	31,60(31,60)	1.05,26(33,66)				
12	Kristoffer Brekke	91	Vestkantsvømmerne	(0,75)	1.05,29	503
	31,69(31,69)	1.05,29(33,60)				
13	Henrik Watne	94	Bærumsvømmerne	(0,76)	1.05,46	500
	31,58(31,58)	1.05,46(33,88)				
14	Fredrik Tronvoll	93	Vestbyen IL	(0,72)	1.05,53	498
	31,60(31,60)	1.05,53(33,93)				
15	Daniel Sandhåland	95	Karmøy SK	(0,71)	1.05,72	494
	32,07(32,07)	1.05,72(33,65)				
16	Sander Andersen	96	Poseidon	(0,61)	1.06,05	486
	32,38(32,38)	1.06,05(33,67)				
17	Hans Andre Pedersen	92	Sandefjord SK	(0,74)	1.06,17	484
	32,83(32,83)	1.06,17(33,34)				
18	Henrik Søfteland	95	Delfana	(0,79)	1.06,55	475
	32,52(32,52)	1.06,55(34,03)				
19	Marius Thorsø	93	Delfana	(0,79)	1.06,77	471
	32,90(32,90)	1.06,77(33,87)				
20	Alexander Schüssler	92	Lambertseter SK	(0,74)	1.06,89	468
	32,41(32,41)	1.06,89(34,48)				
21	Erlend Tveteraas	91	TS/Madla SK	(0,64)	1.07,32	459
	32,14(32,14)	1.07,32(35,18)				
22	Norbert Prokopiak	94	Modum SK	(0,65)	1.07,98	446
	33,38(33,38)	1.07,98(34,60)				

Øvelse 37. 50m butterfly, damer - Forsøk**Senior**

1	Katharina Stiberg	88	Bjerkvik SK	28,15	706
2	Monica W. Johannessen	90	Bergens SC	28,74	664
3	Kristine Mella	90	Bærumsvømmerne	28,98	647
4	Karoline Brudvik Sanderud	89	Hamar IL	29,13	637
5	Sara Nordenstam	83	Lambertseter SK	29,83	594
6	Sofie Gjemmestad	89	Asker SK	30,10	578
7	Siri Løvold Magnussen	86	BS/Delfana	30,11	577
8	Henriette Martinsen	85	Stavanger SC	30,43	559
9	Elise Strømsvik	87	Vestbyen IL	30,54	553

Junior

1	Helene Solberg	91	Skjetten Svømming	29,21	632
2	Victoria S. Løken	91	Team Stavanger	29,33	624
3	Emilie Nyenget Løvberg	95	Bærumsvømmerne	29,35	623
4	Maria Gullvåg Aasen	92	Kristiansand SA/NTG	29,46	616
5	Marthe Berg Sørensen	92	TS/Frisinn	29,70	601
6	Elisabeth Kristiansen	92	Haugesund SK	29,79	596
7	Victoria Rung	92	TS/Frisinn	29,86	592
7	Mette Mellbye Larsen	95	Asker SK	29,86	592
9	Jacqueline Knutsson	93	Kongsten/NTG	30,14	575
10	Line Løvberg	91	Lambertseter SK/NTG	30,18	573
11	Ingrid Hystad	92	IL Solid	30,24	570
12	Stine Vindenes	93	Vestkantsvømmerne	30,31	566
13	Rikke Nagell-Kleven	95	Asker SK	30,39	561
14	Oona Ovesen	92	Elverum Svømming	30,40	561
15	Ingrid N. Knutzen	91	Lambertseter SK/NTG	30,43	559
15	Kaja Bremer	93	Bergens SLK	30,43	559
17	Vår Celine Sjøgaard	96	Lambertseter SK	30,44	559
18	Iselin Mjøllner Dahlen	92	Skjetten Svømming/NTG	30,55	553
19	Birgitte Elise Søfteland	94	Sarpsborg IL	30,58	551
20	Karoline Eriksen	92	Stavanger SC	30,68	546
21	Stine Mjøllhus Kristoffersen	93	TS/Frisinn	30,80	539
22	Siv Fiske	92	Tromsø SK/NTG	30,81	539
23	Lise Sand Syversen	95	BS/Delfana	30,82	538
24	Kristin Blyverket	92	Oslo IL	31,00	529
25	Emma Isdahl	92	Lambertseter SK	31,05	526
26	Line W. Lund	91	Sarpsborg IL	31,54	502
27	Hanne Søfteland	92	BS/Delfana	31,93	484

Øvelse 38. 800m fri, herrer - Direkte finale – Foreløpig før siste heat**Junior**

1	Ørjan Monsen	92	Sola SK	8.56,84	597
	31,15(31,15)	1.04,12(32,97)	1.37,71(33,59)	2.11,19(33,48)	
	2.44,51(33,32)	3.18,69(34,18)	3.52,86(34,17)	4.27,38(34,52)	
	5.01,34(33,96)	5.35,67(34,33)	6.09,65(33,98)	6.44,00(34,35)	
	7.18,32(34,32)	7.52,46(34,14)	8.25,98(33,52)	8.56,84(30,86)	
2	Robin H. Kleiven	93	Aalesund SLK	8.57,13	596
	30,82(30,82)	1.04,07(33,25)	1.37,90(33,83)	2.11,51(33,61)	
	2.44,64(33,13)	3.18,87(34,23)	3.53,18(34,31)	4.28,04(34,86)	
	5.01,94(33,90)	5.36,18(34,24)	6.10,60(34,42)	6.45,66(35,06)	
	7.19,67(34,01)	7.53,69(34,02)	8.26,00(32,31)	8.57,13(31,13)	

3	Jonas Ødegård Aanby	95	Delfana	8.58,91	590
	30,61(30,61)	1.04,00(33,39)	1.37,82(33,82)	2.12,13(34,31)	
	2.45,50(33,37)	3.19,34(33,84)	3.53,39(34,05)	4.27,55(34,16)	
	5.01,38(33,83)	5.35,43(34,05)	6.09,86(34,43)	6.43,99(34,13)	
	7.18,24(34,25)	7.52,83(34,59)	8.26,53(33,70)	8.58,91(32,38)	
4	Erik Tobias Sollesnes	95	Kolbotn IL	9.06,94	565
		1.05,14(1.05,14)		2.14,65(1.09,51)	
		3.24,74(1.10,09)		4.34,55(1.09,81)	
		5.45,18(1.10,63)		6.54,72(1.09,54)	
		8.03,53(1.08,81)		9.06,94(1.03,41)	
5	Martin Berger Oterholm	93	Kolbotn IL	9.07,71	562
	31,32(31,32)	1.05,05(33,73)	1.39,58(34,53)	2.14,59(35,01)	
	2.50,25(35,66)	3.26,21(35,96)	4.01,07(34,86)	4.35,21(34,14)	
	5.10,38(35,17)	5.45,31(34,93)	6.20,06(34,75)	6.54,27(34,21)	
	7.28,03(33,76)	8.02,16(34,13)	8.35,47(33,31)	9.07,71(32,24)	
6	Andreas Bergman	93	Asker SK	9.11,44	551
	29,76(29,76)	1.01,75(31,99)	1.35,67(33,92)	2.10,22(34,55)	
	2.45,13(34,91)	3.20,41(35,28)	3.55,43(35,02)	4.30,44(35,01)	
	5.05,36(34,92)	5.40,80(35,44)	6.16,23(35,43)	6.51,67(35,44)	
	7.26,87(35,20)	8.02,31(35,44)	8.37,18(34,87)	9.11,44(34,26)	
7	Jostein Dalshov Kringlen	94	Kristiansand SA	9.14,41	542
	31,70(31,70)	1.06,45(34,75)	1.41,37(34,92)	2.16,65(35,28)	
	2.51,93(35,28)	3.27,06(35,13)	4.02,07(35,01)	4.37,29(35,22)	
	5.12,43(35,14)	5.47,46(35,03)	6.22,13(34,67)	6.57,50(35,37)	
	7.32,12(34,62)	8.06,72(34,60)	8.41,09(34,37)	9.14,41(33,32)	
8	Ivan Aleksander Larsen	95	Karmøy SK	9.19,17	529
	30,43(30,43)	1.04,33(33,90)	1.39,15(34,82)	2.14,11(34,96)	
	2.49,37(35,26)	3.24,47(35,10)	4.00,00(35,53)	4.34,96(34,96)	
	5.10,48(35,52)	5.45,81(35,33)	6.20,88(35,07)	6.57,11(36,23)	
	7.33,43(36,32)	8.09,40(35,97)	8.44,77(35,37)	9.19,17(34,40)	
9	Thorbjørn Birkeland	93	Haugesund SK	9.22,42	519
	31,58(31,58)	1.06,88(35,30)	1.42,36(35,48)	2.17,70(35,34)	
	2.53,47(35,77)	3.29,23(35,76)	4.04,64(35,41)	4.40,50(35,86)	
	5.15,86(35,36)	5.51,66(35,80)	6.26,80(35,14)	7.02,56(35,76)	
	7.37,95(35,39)	8.13,61(35,66)	8.48,63(35,02)	9.22,42(33,79)	
10	Per Simen Holstad Gandrud	92	Sarpsborg IL	9.23,81	516
	30,56(30,56)	1.04,46(33,90)	1.38,54(34,08)	2.12,88(34,34)	
	2.47,36(34,48)	3.22,32(34,96)	3.57,87(35,55)	4.34,26(36,39)	
	5.10,41(36,15)	5.46,38(35,97)	6.22,39(36,01)	6.58,91(36,52)	
	7.35,57(36,66)	8.11,56(35,99)	8.47,99(36,43)	9.23,81(35,82)	
11	Per Kristian Øyen	92	Molde SLK	9.32,10	494
	31,56(31,56)	1.05,90(34,34)	1.41,15(35,25)	2.16,76(35,61)	
	2.52,77(36,01)	3.29,12(36,35)	4.05,39(36,27)	4.41,53(36,14)	
	5.17,96(36,43)	5.53,88(35,92)	6.30,39(36,51)	7.06,84(36,45)	
	7.43,34(36,50)	8.19,66(36,32)	8.56,49(36,83)	9.32,10(35,61)	

Senior

1	Ørjan Monsen	92	Sola SK	8.56,84	597
	31,15(31,15)	1.04,12(32,97)	1.37,71(33,59)	2.11,19(33,48)	
	2.44,51(33,32)	3.18,69(34,18)	3.52,86(34,17)	4.27,38(34,52)	
	5.01,34(33,96)	5.35,67(34,33)	6.09,65(33,98)	6.44,00(34,35)	
	7.18,32(34,32)	7.52,46(34,14)	8.25,98(33,52)	8.56,84(30,86)	
2	Robin H. Kleiven	93	Aalesund SLK	8.57,13	596
	30,82(30,82)	1.04,07(33,25)	1.37,90(33,83)	2.11,51(33,61)	
	2.44,64(33,13)	3.18,87(34,23)	3.53,18(34,31)	4.28,04(34,86)	
	5.01,94(33,90)	5.36,18(34,24)	6.10,60(34,42)	6.45,66(35,06)	
	7.19,67(34,01)	7.53,69(34,02)	8.26,00(32,31)	8.57,13(31,13)	
3	Jonas Ødegård Aanby	95	Delfana	8.58,91	590
	30,61(30,61)	1.04,00(33,39)	1.37,82(33,82)	2.12,13(34,31)	
	2.45,50(33,37)	3.19,34(33,84)	3.53,39(34,05)	4.27,55(34,16)	
	5.01,38(33,83)	5.35,43(34,05)	6.09,86(34,43)	6.43,99(34,13)	
	7.18,24(34,25)	7.52,83(34,59)	8.26,53(33,70)	8.58,91(32,38)	
4	Erik Tobias Sollesnes	95	Kolbotn IL	9.06,94	565
		1.05,14(1.05,14)		2.14,65(1.09,51)	
		3.24,74(1.10,09)		4.34,55(1.09,81)	
		5.45,18(1.10,63)		6.54,72(1.09,54)	
		8.03,53(1.08,81)		9.06,94(1.03,41)	

5	Martin Berger Oterholm	93	Kolbotn IL	9.07,71	562
	31,32(31,32)	1.05,05(33,73)	1.39,58(34,53)	2.14,59(35,01)	
	2.50,25(35,66)	3.26,21(35,96)	4.01,07(34,86)	4.35,21(34,14)	
	5.10,38(35,17)	5.45,31(34,93)	6.20,06(34,75)	6.54,27(34,21)	
	7.28,03(33,76)	8.02,16(34,13)	8.35,47(33,31)	9.07,71(32,24)	
6	Andreas Bergman	93	Asker SK	9.11,44	551
	29,76(29,76)	1.01,75(31,99)	1.35,67(33,92)	2.10,22(34,55)	
	2.45,13(34,91)	3.20,41(35,28)	3.55,43(35,02)	4.30,44(35,01)	
	5.05,36(34,92)	5.40,80(35,44)	6.16,23(35,43)	6.51,67(35,44)	
	7.26,87(35,20)	8.02,31(35,44)	8.37,18(34,87)	9.11,44(34,26)	
7	Jostein Dalshov Kringlen	94	Kristiansand SA	9.14,41	542
	31,70(31,70)	1.06,45(34,75)	1.41,37(34,92)	2.16,65(35,28)	
	2.51,93(35,28)	3.27,06(35,13)	4.02,07(35,01)	4.37,29(35,22)	
	5.12,43(35,14)	5.47,46(35,03)	6.22,13(34,67)	6.57,50(35,37)	
	7.32,12(34,62)	8.06,72(34,60)	8.41,09(34,37)	9.14,41(33,32)	
8	Ivan Aleksander Larsen	95	Karmøy SK	9.19,17	529
	30,43(30,43)	1.04,33(33,90)	1.39,15(34,82)	2.14,11(34,96)	
	2.49,37(35,26)	3.24,47(35,10)	4.00,00(35,53)	4.34,96(34,96)	
	5.10,48(35,52)	5.45,81(35,33)	6.20,88(35,07)	6.57,11(36,23)	
	7.33,43(36,32)	8.09,40(35,97)	8.44,77(35,37)	9.19,17(34,40)	
9	Thorbjørn Birkeland	93	Haugesund SK	9.22,42	519
	31,58(31,58)	1.06,88(35,30)	1.42,36(35,48)	2.17,70(35,34)	
	2.53,47(35,77)	3.29,23(35,76)	4.04,64(35,41)	4.40,50(35,86)	
	5.15,86(35,36)	5.51,66(35,80)	6.26,80(35,14)	7.02,56(35,76)	
	7.37,95(35,39)	8.13,61(35,66)	8.48,63(35,02)	9.22,42(33,79)	
10	Per Simen Holstad Gandrud	92	Sarpsborg IL	9.23,81	516
	30,56(30,56)	1.04,46(33,90)	1.38,54(34,08)	2.12,88(34,34)	
	2.47,36(34,48)	3.22,32(34,96)	3.57,87(35,55)	4.34,26(36,39)	
	5.10,41(36,15)	5.46,38(35,97)	6.22,39(36,01)	6.58,91(36,52)	
	7.35,57(36,66)	8.11,56(35,99)	8.47,99(36,43)	9.23,81(35,82)	
11	Per Kristian Øyen	92	Molde SLK	9.32,10	494
	31,56(31,56)	1.05,90(34,34)	1.41,15(35,25)	2.16,76(35,61)	
	2.52,77(36,01)	3.29,12(36,35)	4.05,39(36,27)	4.41,53(36,14)	
	5.17,96(36,43)	5.53,88(35,92)	6.30,39(36,51)	7.06,84(36,45)	
	7.43,34(36,50)	8.19,66(36,32)	8.56,49(36,83)	9.32,10(35,61)	

Øvelse 39. 1500m fri, damer - Direkte finale – Foreløpig før siste heat

Junior

1	Oda Gjerde	95	Bryne SK	18.16,17	636
	33,57(33,57)	1.09,65(36,08)	1.45,76(36,11)	2.22,07(36,31)	
	2.58,79(36,72)	3.35,34(36,55)	4.11,99(36,65)	4.48,29(36,30)	
	5.25,34(37,05)	6.01,90(36,56)	6.38,52(36,62)	7.15,28(36,76)	
	7.52,05(36,77)	8.28,31(36,26)	9.04,99(36,68)	9.41,94(36,95)	
	10.18,53(36,59)	10.55,77(37,24)	11.32,39(36,62)	12.09,71(37,32)	
	12.46,08(36,37)	13.23,31(37,23)	13.59,99(36,68)	14.37,40(37,41)	
	15.14,41(37,01)	15.51,15(36,74)	16.28,17(37,02)	17.05,10(36,93)	
	17.41,67(36,57)	18.16,17(34,50)			
2	Stine Lise Stenseth	94	Øvre Eiker SK	18.20,98	627
	34,09(34,09)	1.10,85(36,76)	1.48,00(37,15)	2.24,66(36,66)	
	3.01,60(36,94)	3.38,20(36,60)	4.15,34(37,14)	4.51,76(36,42)	
	5.28,49(36,73)	6.04,86(36,37)	6.41,33(36,47)	7.17,83(36,50)	
	7.54,22(36,39)	8.30,51(36,29)	9.07,13(36,62)	9.43,71(36,58)	
	10.20,65(36,94)	10.57,31(36,66)	11.34,03(36,72)	12.10,71(36,68)	
	12.47,26(36,55)	13.24,09(36,83)	14.01,31(37,22)	14.38,76(37,45)	
	15.16,10(37,34)	15.53,72(37,62)	16.30,89(37,17)	17.08,04(37,15)	
	17.44,88(36,84)	18.20,98(36,10)			
3	Malin Schanke Tømmervik	94	Trondhjem SLK	19.20,96	535
	33,60(33,60)	1.11,20(37,60)	1.49,09(37,89)	2.27,27(38,18)	
	3.05,60(38,33)	3.44,43(38,83)	4.23,13(38,70)	5.01,81(38,68)	
	5.40,48(38,67)	6.19,66(39,18)	6.58,41(38,75)	7.37,13(38,72)	
	8.16,09(38,96)	8.55,44(39,35)	9.34,52(39,08)	10.13,83(39,31)	
	10.53,25(39,42)	11.32,96(39,71)	12.12,89(39,93)	12.52,67(39,78)	
	13.32,16(39,49)	14.11,93(39,77)	14.50,89(38,96)	15.29,56(38,67)	
	16.08,90(39,34)	16.47,74(38,84)	17.26,33(38,59)	18.05,29(38,96)	
	18.43,69(38,40)	19.20,96(37,27)			

Senior

1	Oda Gjerde	95	Bryne SK	18.16,17	636
	33,57(33,57)	1.09,65(36,08)	1.45,76(36,11)	2.22,07(36,31)	
	2.58,79(36,72)	3.35,34(36,55)	4.11,99(36,65)	4.48,29(36,30)	
	5.25,34(37,05)	6.01,90(36,56)	6.38,52(36,62)	7.15,28(36,76)	
	7.52,05(36,77)	8.28,31(36,26)	9.04,99(36,68)	9.41,94(36,95)	
	10.18,53(36,59)	10.55,77(37,24)	11.32,39(36,62)	12.09,71(37,32)	
	12.46,08(36,37)	13.23,31(37,23)	13.59,99(36,68)	14.37,40(37,41)	
	15.14,41(37,01)	15.51,15(36,74)	16.28,17(37,02)	17.05,10(36,93)	
	17.41,67(36,57)	18.16,17(34,50)			
2	Stine Lise Stenseth	94	Øvre Eiker SK	18.20,98	627
	34,09(34,09)	1.10,85(36,76)	1.48,00(37,15)	2.24,66(36,66)	
	3.01,60(36,94)	3.38,20(36,60)	4.15,34(37,14)	4.51,76(36,42)	
	5.28,49(36,73)	6.04,86(36,37)	6.41,33(36,47)	7.17,83(36,50)	
	7.54,22(36,39)	8.30,51(36,29)	9.07,13(36,62)	9.43,71(36,58)	
	10.20,65(36,94)	10.57,31(36,66)	11.34,03(36,72)	12.10,71(36,68)	
	12.47,26(36,55)	13.24,09(36,83)	14.01,31(37,22)	14.38,76(37,45)	
	15.16,10(37,34)	15.53,72(37,62)	16.30,89(37,17)	17.08,04(37,15)	
	17.44,88(36,84)	18.20,98(36,10)			
3	Malin Schanke Tømmervik	94	Trondhjem SLK	19.20,96	535
	33,60(33,60)	1.11,20(37,60)	1.49,09(37,89)	2.27,27(38,18)	
	3.05,60(38,33)	3.44,43(38,83)	4.23,13(38,70)	5.01,81(38,68)	
	5.40,48(38,67)	6.19,66(39,18)	6.58,41(38,75)	7.37,13(38,72)	
	8.16,09(38,96)	8.55,44(39,35)	9.34,52(39,08)	10.13,83(39,31)	
	10.53,25(39,42)	11.32,96(39,71)	12.12,89(39,93)	12.52,67(39,78)	
	13.32,16(39,49)	14.11,93(39,77)	14.50,89(38,96)	15.29,56(38,67)	
	16.08,90(39,34)	16.47,74(38,84)	17.26,33(38,59)	18.05,29(38,96)	
	18.43,69(38,40)	19.20,96(37,27)			

Øvelse 40. 4*100m lag medley, herrer – Junior

Junior

1	Bærumsv G1 jr.	JR	Bærumsvømmerne	(0,60)	3.59,47	649
	Vegard Nyenget Løvberg:	29,10(29,10)	59,84(30,74)	59,84		
	Sebastian Wigstrøm:	1.29,93(30,09)	2.04,89(34,96)	1.05,05		
	Tor Hafnor:	2.32,01(27,12)	3.03,61(31,60)	58,72		
	Carl Andreas Wathne:	3.29,90(26,29)	3.59,47(29,57)	55,86		
2	Team Stavanger G1 jr.	JR	Team Stavanger	(0,36)	4.04,67	608
	Erlend Tveteraas:	31,54(31,54)	1.06,58(35,04)	1.06,58		
	Erling Mjøs Brattelid:	1.38,36(31,78)	2.14,39(36,03)	1.07,81		
	Ole Martin Ree:	2.40,79(26,40)	3.11,71(30,92)	57,32		
	Bjarte Ravndal:	3.37,48(25,77)	4.04,67(27,19)	52,96		
3	Bergensv. G1 jr.	JR	Bergensvømmerne	(0,70)	4.05,09	605
	Espen Halhjem:	31,28(31,28)	1.05,31(34,03)	1.05,31		
	Simen Dale:	1.36,51(31,20)	2.13,41(36,90)	1.08,10		
	Sindri T. Jakobsson:	2.39,69(26,28)	3.11,31(31,62)	57,90		
	Erlend Ulveseter:	3.36,82(25,51)	4.05,09(28,27)	53,78		
4	Stavanger SC G1 jr.	JR	Stavanger SC	(0,70)	4.07,57	587
	Henrik Knudsen:	31,79(31,79)	1.04,16(32,37)	1.04,16		
	Erik Vassøy Olsen:	1.37,54(33,38)	2.16,64(39,10)	1.12,48		
	Fredrik K Hegdal:	2.43,46(26,82)	3.14,72(31,26)	58,08		
	Jørn Nygård:	3.40,12(25,40)	4.07,57(27,45)	52,85		
5	Lambertseter SK G1 jr.	JR	Lambertseter SK	(0,65)	4.09,66	572
	Aksel Øvern:	31,49(31,49)	1.07,04(35,55)	1.07,04		
	Alexander Schüssler:	1.39,41(32,37)	2.16,17(36,76)	1.09,13		
	Christian Thorsen:	2.43,05(26,88)	3.14,37(31,32)	58,20		
	Mathias Madsen:	3.40,92(26,55)	4.09,66(28,74)	55,29		
6	Vestbyen IL G1 jr.	JR	Vestbyen IL	(0,75)	4.16,13	530
	Fredrik Tronvoll:	32,16(32,16)	1.05,96(33,80)	1.05,96		
	Christopher Wolf:	1.37,50(31,54)	2.16,64(39,14)	1.10,68		
	Sigvart Evjen:	2.45,28(28,64)	3.20,18(34,90)	1.03,54		
	Christian Tronvoll:	3.46,59(26,41)	4.16,13(29,54)	55,95		
7	Stavanger SC G2 jr.	JR	Stavanger SC	(0,73)	4.18,18	517
	Alexander Marki Mork:	32,43(32,43)	1.06,08(33,65)	1.06,08		
	Trond Vasslag:	1.40,13(34,05)	2.19,92(39,79)	1.13,84		
	Hans Østerdal:	2.46,54(26,62)	3.19,41(32,87)	59,49		
	Henning S. Pryde:	3.47,21(27,80)	4.18,18(30,97)	58,77		

8	Karmøy SK G1 jr.	JR	Karmøy SK	(0,74)	4.18,78	514
	Daniel Sandhåland:	32,19(32,19)	1.05,17(32,98)	1.05,17		
	Ivan Aleksander Larsen:	1.40,20(35,03)	2.18,89(38,69)	1.13,72		
	Morten Wee Hollund:	2.48,17(29,28)	3.21,38(33,21)	1.02,49		
	Simen Alvestad:	3.48,67(27,29)	4.18,78(30,11)	57,40		
9	Lambertseter SK G2 jr.	JR	Lambertseter SK	(0,72)	4.21,23	500
	Sondre Kallhovd:	32,33(32,33)	1.05,87(33,54)	1.05,87		
	Didrik Nygård:	1.41,08(35,21)	2.21,27(40,19)	1.15,40		
	Torbjørn Øvrebø:	2.49,81(28,54)	3.24,70(34,89)	1.03,43		
	Kristian Nygård:	3.51,70(27,00)	4.21,23(29,53)	56,53		
10	Løren/Rælingen G1 jr.	JR	Lørenskog/Rælingen	(0,67)	4.22,47	493
	Vebjørn Lindhjem:	31,67(31,67)	1.04,69(33,02)	1.04,69		
	Jarl André Bergsvenkerud:	1.38,49(33,80)	2.16,05(37,56)	1.11,36		
	Kjetil Flatland:	2.46,61(30,56)	3.24,10(37,49)	1.08,05		
	Tore Skauge Bysting:	3.51,23(27,13)	4.22,47(31,24)	58,37		
11	Madla SK G1 jr.	JR	Madla SK	(0,51)	4.24,83	479
	Marius Karstad:	32,44(32,44)	1.07,33(34,89)	1.07,33		
	Øyvind Malde:	1.40,01(32,68)	2.18,82(38,81)	1.11,49		
	Kacper Domanski:	2.49,00(30,18)	3.24,31(35,31)	1.05,49		
	Sindre Aasland Ranaweera:	3.53,05(28,74)	4.24,83(31,78)	1.00,52		
12	Elverum IL G1 jr.	JR	Elverum Svømming	(0,75)	4.26,86	469
	Martin B. Lund:	32,91(32,91)	1.07,51(34,60)	1.07,51		
	Ingvar V. Skirbekk:	1.41,90(34,39)	2.21,46(39,56)	1.13,95		
	Gunnar V. Skirbekk:	2.51,44(29,98)	3.26,07(34,63)	1.04,61		
	Lars Rugsveen:	3.55,22(29,15)	4.26,86(31,64)	1.00,79		
13	Kristiansand SA G1 jr.	JR	Kristiansand SA	(0,62)	4.30,77	449
	Eirik S. Jørgensen:	33,34(33,34)	1.09,47(36,13)	1.09,47		
	Håkon Andersen:	1.44,48(35,01)	2.25,21(40,73)	1.15,74		
	Jostein Dalshov Kringlen:	2.56,05(30,84)	3.31,65(35,60)	1.06,44		
	Jonathan Nordhammer:	3.59,78(28,13)	4.30,77(30,99)	59,12		
14	Bærumsv G2 jr.	JR	Bærumsvømmerne	(0,68)	4.32,30	441
	Fridtjof Bache Hungnes:	33,10(33,10)	1.08,56(35,46)	1.08,56		
	Mathias Thorkildsen:	1.45,02(36,46)	2.26,89(41,87)	1.18,33		
	Lars Hvidsten:	2.56,72(29,83)	3.33,45(36,73)	1.06,56		
	Iver Hvidsten:	4.01,20(27,75)	4.32,30(31,10)	58,85		
15	Ski SK G1 jr.	JR	Ski SK	(0,75)	5.15,59	283
	Kristoffer Soot:	38,79(38,79)	1.20,20(41,41)	1.20,20		
	Morten Molin Wang:	1.58,10(37,90)	2.42,92(44,82)	1.22,72		
	Arjan Nilsen:	3.23,25(40,33)	4.08,12(44,87)	1.25,20		
	Eirik Nilsen:	4.40,62(32,50)	5.15,59(34,97)	1.07,47		
	Asker SK G1 jr.	JR	Asker SK	(0,85)	DISK	
	Andreas Bergman:	33,10(33,10)	1.07,50(34,40)	1.07,50		
	Andreas Manum Hagby:	1.40,82(33,32)	2.20,28(39,46)	1.12,78		
	Jan Aleksander Bakke:					
	Eirik Standal Thoresen:					

Time Trial 50m fri:

Øystein Hetland	89	Bærumsvømmerne	23,63	696
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Søndag 11. juli kl 18.00 – Finaler**Øvelse 31. 200m rygg, damer - Finale****Senior**

1	Heidi Vainio Gjøen	88	Lambertseter SK	(0,66)	2.22,91	666
	33,65(33,65)	1.09,89(36,24)	1.46,35(36,46)	2.22,91(36,56)		
2	Andrine Davidsen	95	Lambertseter SK	(0,66)	2.23,09	664
	33,70(33,70)	1.10,02(36,32)	1.47,24(37,22)	2.23,09(35,85)		
3	Christine M. Pedersen	93	Lambertseter SK	(0,81)	2.23,21	662
	32,99(32,99)	1.08,80(35,81)	1.45,95(37,15)	2.23,21(37,26)		
4	Elisabeth Kristiansen	92	Haugesund SK	(0,73)	2.25,13	636
	33,93(33,93)	1.11,00(37,07)	1.48,69(37,69)	2.25,13(36,44)		
5	Camilla Moe	92	Ås IL	(0,71)	2.26,83	614
	34,24(34,24)	1.12,10(37,86)	1.50,00(37,90)	2.26,83(36,83)		
6	Gina B. Andersen	90	Lambertseter SK	(0,74)	2.26,92	613
	35,65(35,65)	1.12,91(37,26)	1.50,84(37,93)	2.26,92(36,08)		
7	Line Løvberg	91	Lambertseter SK/NTG	(0,74)	2.26,93	613
	34,65(34,65)	1.11,88(37,23)	1.49,69(37,81)	2.26,93(37,24)		
8	Vår Celine Sjøgaard	96	Lambertseter SK		2.30,46	571
	35,09(35,09)	1.12,76(37,67)	1.52,13(39,37)	2.30,46(38,33)		

Øvelse 32. 50m fri, herrer - Finale**Senior**

1	Thomas Ole Fadnes	87	Stavanger SC	23,40	717
2	Robin Dale Oen	80	Vestkantsvømmerne	23,79	682
3	Sander Smørødal	85	BS/Arna	23,83	679
4	Bernt M. Seyffarth	89	Mandal SK	24,26	643
5	Bjarte Ravndal	91	TS/Sola SK	24,61	616
6	Martin Hammer	93	Kongsten/NTG	24,86	598
7	Ole Martin Ree	92	TS/Sola SK	24,96	590
8	Christer Koch Kvam	90	Bærumsvømmerne	25,21	573

Øvelse 33. 100m fri, damer - Finale**Senior**

1	Cecilie W. Johannessen	90	Bergens SC	56,32	790
	26,93(26,93)	56,32(29,39)			
2	Henriette Brekke	88	Vestkantsvømmerne	57,56	740
	27,33(27,33)	57,56(30,23)			
3	Monica W. Johannessen	90	Bergens SC	58,00	724
	28,03(28,03)	58,00(29,97)			
4	Susann Bjørnsen	93	Setermoen SK	59,29	677
	28,45(28,45)	59,29(30,84)			
5	Sofie Gjermestad	89	Asker SK	59,34	676
	28,29(28,29)	59,34(31,05)			
6	Victoria Rung	92	TS/Frisinn	59,51	670
	28,71(28,71)	59,51(30,80)			
7	Victoria S. Løken	91	Team Stavanger	59,59	667
	29,11(29,11)	59,59(30,48)			
8	Ingrid N. Knutzen	91	Lambertseter SK/NTG	59,69	664
	29,13(29,13)	59,69(30,56)			

Øvelse 34. 200m butterfly, herrer - Finale**Senior**

1	Sindri T. Jakobsson	91	BS/Delfana	2.06,29	688
	28,12(28,12)	1.00,31(32,19)	1.33,62(33,31)	2.06,29(32,67)	
2	Eirik Ravnán	89	Hamar IL	2.06,49	685
	28,24(28,24)	1.00,30(32,06)	1.33,25(32,95)	2.06,49(33,24)	
3	Jørgen Møllerop	88	TS/Madla SK	2.06,90	679
	28,55(28,55)	1.00,61(32,06)	1.33,42(32,81)	2.06,90(33,48)	
4	Christian Thorsen	91	Lambertseter SK	2.11,81	605
	30,15(30,15)	1.03,99(33,84)	1.38,44(34,45)	2.11,81(33,37)	
5	Sebastian Stordal	91	BS/Delfana	2.12,28	599
	29,80(29,80)	1.04,03(34,23)	1.37,91(33,88)	2.12,28(34,37)	
6	Sindre Eilertsen	90	Lambertseter SK	2.13,60	581
	29,83(29,83)	1.03,21(33,38)	1.38,52(35,31)	2.13,60(35,08)	
7	Espen Halhjem	92	BS/Delfana	2.17,33	535
	30,06(30,06)	1.05,34(35,28)	1.41,34(36,00)	2.17,33(35,99)	
8	Fredrik K Hegdal	94	Stavanger SC	2.18,60	521
	29,86(29,86)	1.05,24(35,38)	1.42,11(36,87)	2.18,60(36,49)	

Øvelse 35. 200m bryst, damer - Finale**Senior**

1	Sara Nordenstam	83	Lambertseter SK	2.28,55	839
	33,94(33,94)	1.11,70(37,76)	1.49,75(38,05)	2.28,55(38,80)	
2	Elisabeth Jarland	85	Bærumsvømmerne	2.36,52	717
	34,97(34,97)	1.13,76(38,79)	1.54,58(40,82)	2.36,52(41,94)	
3	Stina Kajsa Colleou	93	Lambertseter SK	2.37,59	703
	35,25(35,25)	1.14,79(39,54)	1.55,93(41,14)	2.37,59(41,66)	
4	Ingalill Urrang Naustvik	95	Karmøy SK	2.39,66	676
	35,30(35,30)	1.15,97(40,67)	1.58,10(42,13)	2.39,66(41,56)	
5	Sophia Broberg Skeltved	92	Tromsø SK/NTG	2.43,15	633
	36,54(36,54)	1.18,63(42,09)	2.01,15(42,52)	2.43,15(42,00)	
6	Lene Lykke Erichsen	92	Bærumsvømmerne	2.46,18	599
	38,03(38,03)	1.19,70(41,67)	2.02,66(42,96)	2.46,18(43,52)	
7	Rikke Nagell-Kleven	95	Asker SK	2.46,94	591
	38,32(38,32)	1.20,14(41,82)	2.03,98(43,84)	2.46,94(42,96)	
8	Malene M. Pedersen	96	Lambertseter SK	2.47,95	581
	37,97(37,97)	1.19,99(42,02)	2.03,31(43,32)	2.47,95(44,64)	

Øvelse 36. 100m rygg, herrer - Finale**Senior**

1	Lavrans Solli	92	Bergens SC	(0,62)	57,86	723
	28,18(28,18)	57,86(29,68)				
2	Vegard Nyenget Løvberg	91	Bærumsvømmerne	(0,66)	1.00,07	646
	29,10(29,10)	1.00,07(30,97)				
3	John Hage Gaarder	89	Lørenskog/Rælingen	(0,69)	1.00,17	643
	29,35(29,35)	1.00,17(30,82)				
4	Julian Åsheim Mikkelsen	93	Ås IL/NTG	(0,71)	1.00,77	624
	29,05(29,05)	1.00,77(31,72)				
5	Eirik Ravnán	89	Hamar IL	(0,69)	1.01,09	615
	30,01(30,01)	1.01,09(31,08)				
6	Lars Andre Tolås	88	Bærumsvømmerne	(0,67)	1.01,57	600
	29,50(29,50)	1.01,57(32,07)				
7	Christian Christiansen	94	Kristiansund SLK	(0,70)	1.02,19	583
		1.02,19(1.02,19)				
8	Sander Rødje	93	Haugesund SK	(0,67)	1.03,76	541
	31,04(31,04)	1.03,76(32,72)				

Øvelse 37. 50m butterfly, damer - Finale

Senior

1	Katharina Stiberg	88	Bjerkvik SK	27,96	721
2	Monica W. Johannessen	90	Bergens SC	28,14	707
3	Kristine Mella	90	Bærumsvømmerne	28,83	658
4	Karoline Brudvik Sanderud	89	Hamar IL	28,87	655
5	Helene Solberg	91	Skjetten Svømming	29,19	634
6	Emilie Nyenget Løvberg	95	Bærumsvømmerne	29,35	623
7	Victoria S. Løken	91	Team Stavanger	29,44	618
8	Marthe Berg Sørensen	92	TS/Frisinn	29,55	611

Funksjonshemmede

1	Hanne Farestedt	93	Åstveit SK	37,49	299	S14 120,74 %
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Øvelse 38. 800m fri, herrer - Direkte finale

Junior

1	Morten Bordervich	94	TS/Sola SK	8.41,70	651
	29,81(29,81)	1.01,15(31,34)	1.33,96(32,81)	2.06,45(32,49)	
	2.39,33(32,88)	3.12,20(32,87)	3.45,58(33,38)	4.18,70(33,12)	
	4.51,97(33,27)	5.25,41(33,44)	5.58,89(33,48)	6.32,36(33,47)	
	7.05,91(33,55)	7.39,26(33,35)	8.11,87(32,61)	8.41,70(29,83)	
2	Eivind Johannesen	92	BS/Åstveit	8.47,81	629
	28,95(28,95)	1.00,65(31,70)	1.33,02(32,37)	2.05,54(32,52)	
	2.38,48(32,94)	3.12,02(33,54)	3.45,79(33,77)	4.19,72(33,93)	
	4.53,51(33,79)	5.26,92(33,41)	6.00,67(33,75)	6.34,42(33,75)	
	7.08,39(33,97)	7.42,33(33,94)	8.15,89(33,56)	8.47,81(31,92)	
3	Gunnar V. Skirbekk	91	Elverum Svømming	8.52,76	611
	29,49(29,49)	1.01,59(32,10)	1.34,50(32,91)	2.07,71(33,21)	
	2.41,62(33,91)	3.15,64(34,02)	3.49,98(34,34)	4.24,01(34,03)	
	4.58,20(34,19)	5.32,82(34,62)	6.06,80(33,98)	6.41,20(34,40)	
	7.15,14(33,94)	7.49,09(33,95)	8.21,80(32,71)	8.52,76(30,96)	
4	Odin Spangen Normann	92	IL Varg	8.54,60	605
	29,00(29,00)	1.00,97(31,97)	1.34,10(33,13)	2.07,56(33,46)	
	2.41,59(34,03)	3.15,81(34,22)	3.49,94(34,13)	4.24,17(34,23)	
	4.58,36(34,19)	5.32,69(34,33)	6.07,01(34,32)	6.41,59(34,58)	
	7.15,77(34,18)	7.49,79(34,02)	8.22,77(32,98)	8.54,60(31,83)	
5	Ørjan Monsen	92	Sola SK	8.56,84	597
	31,15(31,15)	1.04,12(32,97)	1.37,71(33,59)	2.11,19(33,48)	
	2.44,51(33,32)	3.18,69(34,18)	3.52,86(34,17)	4.27,38(34,52)	
	5.01,34(33,96)	5.35,67(34,33)	6.09,65(33,98)	6.44,00(34,35)	
	7.18,32(34,32)	7.52,46(34,14)	8.25,98(33,52)	8.56,84(30,86)	
6	Robin H. Kleiven	93	Aalesund SLK	8.57,13	596
	30,82(30,82)	1.04,07(33,25)	1.37,90(33,83)	2.11,51(33,61)	
	2.44,64(33,13)	3.18,87(34,23)	3.53,18(34,31)	4.28,04(34,86)	
	5.01,94(33,90)	5.36,18(34,24)	6.10,60(34,42)	6.45,66(35,06)	
	7.19,67(34,01)	7.53,69(34,02)	8.26,00(32,31)	8.57,13(31,13)	
7	Jonas Ødegård Aanby	95	Delfana	8.58,91	590
	30,61(30,61)	1.04,00(33,39)	1.37,82(33,82)	2.12,13(34,31)	
	2.45,50(33,37)	3.19,34(33,84)	3.53,39(34,05)	4.27,55(34,16)	
	5.01,38(33,83)	5.35,43(34,05)	6.09,86(34,43)	6.43,99(34,13)	
	7.18,24(34,25)	7.52,83(34,59)	8.26,53(33,70)	8.58,91(32,38)	
8	Erik Tobias Sollesnes	95	Kolbotn IL	9.06,94	565
		1.05,14(1.05,14)		2.14,65(1.09,51)	
		3.24,74(1.10,09)		4.34,55(1.09,81)	
		5.45,18(1.10,63)		6.54,72(1.09,54)	
		8.03,53(1.08,81)		9.06,94(1.03,41)	
9	Martin Berger Oterholm	93	Kolbotn IL	9.07,71	562
	31,32(31,32)	1.05,05(33,73)	1.39,58(34,53)	2.14,59(35,01)	
	2.50,25(35,66)	3.26,21(35,96)	4.01,07(34,86)	4.35,21(34,14)	
	5.10,38(35,17)	5.45,31(34,93)	6.20,06(34,75)	6.54,27(34,21)	
	7.28,03(33,76)	8.02,16(34,13)	8.35,47(33,31)	9.07,71(32,24)	

10	Andreas Bergman	93	Asker SK	9.11,44	551
	29.76(29,76)	1.01.75(31,99)	1.35.67(33,92)	2.10.22(34,55)	
	2.45.13(34,91)	3.20.41(35,28)	3.55.43(35,02)	4.30.44(35,01)	
	5.05.36(34,92)	5.40.80(35,44)	6.16.23(35,43)	6.51.67(35,44)	
	7.26.87(35,20)	8.02.31(35,44)	8.37.18(34,87)	9.11.44(34,26)	
11	Jostein Dalshov Kringlen	94	Kristiansand SA	9.14,41	542
	31.70(31,70)	1.06.45(34,75)	1.41.37(34,92)	2.16.65(35,28)	
	2.51.93(35,28)	3.27.06(35,13)	4.02.07(35,01)	4.37.29(35,22)	
	5.12.43(35,14)	5.47.46(35,03)	6.22.13(34,67)	6.57.50(35,37)	
	7.32.12(34,62)	8.06.72(34,60)	8.41.09(34,37)	9.14.41(33,32)	
12	Ivan Aleksander Larsen	95	Karmøy SK	9.19,17	529
	30.43(30,43)	1.04.33(33,90)	1.39.15(34,82)	2.14.11(34,96)	
	2.49.37(35,26)	3.24.47(35,10)	4.00.00(35,53)	4.34.96(34,96)	
	5.10.48(35,52)	5.45.81(35,33)	6.20.88(35,07)	6.57.11(36,23)	
	7.33.43(36,32)	8.09.40(35,97)	8.44.77(35,37)	9.19.17(34,40)	
13	Thorbjørn Birkeland	93	Haugesund SK	9.22,42	519
	31.58(31,58)	1.06.88(35,30)	1.42.36(35,48)	2.17.70(35,34)	
	2.53.47(35,77)	3.29.23(35,76)	4.04.64(35,41)	4.40.50(35,86)	
	5.15.86(35,36)	5.51.66(35,80)	6.26.80(35,14)	7.02.56(35,76)	
	7.37.95(35,39)	8.13.61(35,66)	8.48.63(35,02)	9.22.42(33,79)	
14	Per Simen Holstad Gandrud	92	Sarpsborg IL	9.23,81	516
	30.56(30,56)	1.04.46(33,90)	1.38.54(34,08)	2.12.88(34,34)	
	2.47.36(34,48)	3.22.32(34,96)	3.57.87(35,55)	4.34.26(36,39)	
	5.10.41(36,15)	5.46.38(35,97)	6.22.39(36,01)	6.58.91(36,52)	
	7.35.57(36,66)	8.11.56(35,99)	8.47.99(36,43)	9.23.81(35,82)	
15	Per Kristian Øyen	92	Molde SLK	9.32,10	494
	31.56(31,56)	1.05.90(34,34)	1.41.15(35,25)	2.16.76(35,61)	
	2.52.77(36,01)	3.29.12(36,35)	4.05.39(36,27)	4.41.53(36,14)	
	5.17.96(36,43)	5.53.88(35,92)	6.30.39(36,51)	7.06.84(36,45)	
	7.43.34(36,50)	8.19.66(36,32)	8.56.49(36,83)	9.32.10(35,61)	

Senior

1	Gard Kvale	84	Bergens SC	8.26,30	712
	28.66(28,66)	59.15(30,49)	1.30.61(31,46)	2.02.24(31,63)	
	2.34.38(32,14)	3.06.66(32,28)	3.39.09(32,43)	4.11.46(32,37)	
	4.44.14(32,68)	5.16.18(32,04)	5.48.82(32,64)	6.21.20(32,38)	
	6.53.70(32,50)	7.26.21(32,51)	7.59.08(32,87)	8.26.30(27,22)	
2	Morten Bordervich	94	TS/Sola SK	8.41,70	651
	29.81(29,81)	1.01.15(31,34)	1.33.96(32,81)	2.06.45(32,49)	
	2.39.33(32,88)	3.12.20(32,87)	3.45.58(33,38)	4.18.70(33,12)	
	4.51.97(33,27)	5.25.41(33,44)	5.58.89(33,48)	6.32.36(33,47)	
	7.05.91(33,55)	7.39.26(33,35)	8.11.87(32,61)	8.41.70(29,83)	
3	Mikkel Brudvik Sanderud	87	Lambertseter SK	8.41,87	650
	29.89(29,89)	1.01.34(31,45)	1.34.23(32,89)	2.06.94(32,71)	
	2.40.04(33,10)	3.13.24(33,20)	3.46.76(33,52)	4.20.26(33,50)	
	4.53.18(32,92)	5.26.20(33,02)	5.59.89(33,69)	6.33.36(33,47)	
	7.07.14(33,78)	7.40.45(33,31)	8.13.18(32,73)	8.41.87(28,69)	
4	Eivind Johannesen	92	BS/Åstveit	8.47,81	629
	28.95(28,95)	1.00.65(31,70)	1.33.02(32,37)	2.05.54(32,52)	
	2.38.48(32,94)	3.12.02(33,54)	3.45.79(33,77)	4.19.72(33,93)	
	4.53.51(33,79)	5.26.92(33,41)	6.00.67(33,75)	6.34.42(33,75)	
	7.08.39(33,97)	7.42.33(33,94)	8.15.89(33,56)	8.47.81(31,92)	
5	Gunnar V. Skirbekk	91	Elverum Svømming	8.52,76	611
	29.49(29,49)	1.01.59(32,10)	1.34.50(32,91)	2.07.71(33,21)	
	2.41.62(33,91)	3.15.64(34,02)	3.49.98(34,34)	4.24.01(34,03)	
	4.58.20(34,19)	5.32.82(34,62)	6.06.80(33,98)	6.41.20(34,40)	
	7.15.14(33,94)	7.49.09(33,95)	8.21.80(32,71)	8.52.76(30,96)	
6	Elias Damman	89	Bærumsvømmerne	8.53,80	608
	30.15(30,15)	1.02.80(32,65)	1.36.07(33,27)	2.09.76(33,69)	
	2.43.72(33,96)	3.18.36(34,64)	3.52.59(34,23)	4.27.22(34,63)	
	5.00.99(33,77)	5.35.02(34,03)	6.09.02(34,00)	6.43.07(34,05)	
	7.16.82(33,75)	7.50.10(33,28)	8.23.21(33,11)	8.53.80(30,59)	
7	Odin Spangen Normann	92	IL Varg	8.54,60	605
	29.00(29,00)	1.00.97(31,97)	1.34.10(33,13)	2.07.56(33,46)	
	2.41.59(34,03)	3.15.81(34,22)	3.49.94(34,13)	4.24.17(34,23)	
	4.58.36(34,19)	5.32.69(34,33)	6.07.01(34,32)	6.41.59(34,58)	
	7.15.77(34,18)	7.49.79(34,02)	8.22.77(32,98)	8.54.60(31,83)	

8	Magnus Klæboe Nordgård	89	Tromsø SK	8.55,36	602
	30,35(30,35)	1.03,08(32,73)	1.36,06(32,98)	2.09,56(33,50)	
	2.43,19(33,63)	3.17,45(34,26)	3.51,57(34,12)	4.25,92(34,35)	
	4.59,75(33,83)	5.33,92(34,17)	6.08,30(34,38)	6.42,75(34,45)	
	7.17,14(34,39)	7.51,05(33,91)	8.25,23(34,18)	8.55,36(30,13)	
9	Ørjan Monsen	92	Sola SK	8.56,84	597
	31,15(31,15)	1.04,12(32,97)	1.37,71(33,59)	2.11,19(33,48)	
	2.44,51(33,32)	3.18,69(34,18)	3.52,86(34,17)	4.27,38(34,52)	
	5.01,34(33,96)	5.35,67(34,33)	6.09,65(33,98)	6.44,00(34,35)	
	7.18,32(34,32)	7.52,46(34,14)	8.25,98(33,52)	8.56,84(30,86)	
10	Robin H. Kleiven	93	Aalesund SLK	8.57,13	596
	30,82(30,82)	1.04,07(33,25)	1.37,90(33,83)	2.11,51(33,61)	
	2.44,64(33,13)	3.18,87(34,23)	3.53,18(34,31)	4.28,04(34,86)	
	5.01,94(33,90)	5.36,18(34,24)	6.10,60(34,42)	6.45,66(35,06)	
	7.19,67(34,01)	7.53,69(34,02)	8.26,00(32,31)	8.57,13(31,13)	
11	Jonas Ødegård Aanby	95	Delfana	8.58,91	590
	30,61(30,61)	1.04,00(33,39)	1.37,82(33,82)	2.12,13(34,31)	
	2.45,50(33,37)	3.19,34(33,84)	3.53,39(34,05)	4.27,55(34,16)	
	5.01,38(33,83)	5.35,43(34,05)	6.09,86(34,43)	6.43,99(34,13)	
	7.18,24(34,25)	7.52,83(34,59)	8.26,53(33,70)	8.58,91(32,38)	
12	Erik Tobias Sollesnes	95	Kolbotn IL	9.06,94	565
		1.05,14(1.05,14)		2.14,65(1.09,51)	
		3.24,74(1.10,09)		4.34,55(1.09,81)	
		5.45,18(1.10,63)		6.54,72(1.09,54)	
		8.03,53(1.08,81)		9.06,94(1.03,41)	
13	Martin Berger Oterholm	93	Kolbotn IL	9.07,71	562
	31,32(31,32)	1.05,05(33,73)	1.39,58(34,53)	2.14,59(35,01)	
	2.50,25(35,66)	3.26,21(35,96)	4.01,07(34,86)	4.35,21(34,14)	
	5.10,38(35,17)	5.45,31(34,93)	6.20,06(34,75)	6.54,27(34,21)	
	7.28,03(33,76)	8.02,16(34,13)	8.35,47(33,31)	9.07,71(32,24)	
14	Andreas Bergman	93	Asker SK	9.11,44	551
	29,76(29,76)	1.01,75(31,99)	1.35,67(33,92)	2.10,22(34,55)	
	2.45,13(34,91)	3.20,41(35,28)	3.55,43(35,02)	4.30,44(35,01)	
	5.05,36(34,92)	5.40,80(35,44)	6.16,23(35,43)	6.51,67(35,44)	
	7.26,87(35,20)	8.02,31(35,44)	8.37,18(34,87)	9.11,44(34,26)	
15	Jostein Dalshov Kringlen	94	Kristiansand SA	9.14,41	542
	31,70(31,70)	1.06,45(34,75)	1.41,37(34,92)	2.16,65(35,28)	
	2.51,93(35,28)	3.27,06(35,13)	4.02,07(35,01)	4.37,29(35,22)	
	5.12,43(35,14)	5.47,46(35,03)	6.22,13(34,67)	6.57,50(35,37)	
	7.32,12(34,62)	8.06,72(34,60)	8.41,09(34,37)	9.14,41(33,32)	
16	Ivan Aleksander Larsen	95	Karmøy SK	9.19,17	529
	30,43(30,43)	1.04,33(33,90)	1.39,15(34,82)	2.14,11(34,96)	
	2.49,37(35,26)	3.24,47(35,10)	4.00,00(35,53)	4.34,96(34,96)	
	5.10,48(35,52)	5.45,81(35,33)	6.20,88(35,07)	6.57,11(36,23)	
	7.33,43(36,32)	8.09,40(35,97)	8.44,77(35,37)	9.19,17(34,40)	
17	Thorbjørn Birkeland	93	Haugesund SK	9.22,42	519
	31,58(31,58)	1.06,88(35,30)	1.42,36(35,48)	2.17,70(35,34)	
	2.53,47(35,77)	3.29,23(35,76)	4.04,64(35,41)	4.40,50(35,86)	
	5.15,86(35,36)	5.51,66(35,80)	6.26,80(35,14)	7.02,56(35,76)	
	7.37,95(35,39)	8.13,61(35,66)	8.48,63(35,02)	9.22,42(33,79)	
18	Per Simen Holstad Gandrud	92	Sarpsborg IL	9.23,81	516
	30,56(30,56)	1.04,46(33,90)	1.38,54(34,08)	2.12,88(34,34)	
	2.47,36(34,48)	3.22,32(34,96)	3.57,87(35,55)	4.34,26(36,39)	
	5.10,41(36,15)	5.46,38(35,97)	6.22,39(36,01)	6.58,91(36,52)	
	7.35,57(36,66)	8.11,56(35,99)	8.47,99(36,43)	9.23,81(35,82)	
19	Per Kristian Øyen	92	Molde SLK	9.32,10	494
	31,56(31,56)	1.05,90(34,34)	1.41,15(35,25)	2.16,76(35,61)	
	2.52,77(36,01)	3.29,12(36,35)	4.05,39(36,27)	4.41,53(36,14)	
	5.17,96(36,43)	5.53,88(35,92)	6.30,39(36,51)	7.06,84(36,45)	
	7.43,34(36,50)	8.19,66(36,32)	8.56,49(36,83)	9.32,10(35,61)	

Øvelse 39. 1500m fri, damer - Direkte finale

Junior

1	Lise Sand Syversen	95	BS/Delfana	17.40,98	701
	31,59(31,59)	1.06,08(34,49)	1.41,59(35,51)	2.16,92(35,33)	
	2.52,57(35,65)	3.27,87(35,30)	4.03,11(35,24)	4.38,58(35,47)	
	5.14,13(35,55)	5.49,74(35,61)	6.25,45(35,71)	7.01,02(35,57)	
	7.36,21(35,19)	8.11,26(35,05)	8.46,56(35,30)	9.22,07(35,51)	
	9.57,81(35,74)	10.33,75(35,94)	11.09,48(35,73)	11.44,85(35,37)	
	12.20,47(35,62)	12.56,46(35,99)	13.32,29(35,83)	14.08,53(36,24)	
	14.44,23(35,70)	15.20,28(36,05)	15.56,46(36,18)	16.32,18(35,72)	
	17.07,04(34,86)	17.40,98(33,94)			
2	Andrea Westbye	95	Bærumsvømmerne	17.43,51	696
	31,92(31,92)	1.06,56(34,64)	1.41,66(35,10)	2.17,23(35,57)	
	2.52,88(35,65)	3.28,37(35,49)	4.03,83(35,46)	4.39,27(35,44)	
	5.14,68(35,41)	5.50,36(35,68)	6.26,10(35,74)	7.01,68(35,58)	
	7.37,32(35,64)	8.12,96(35,64)	8.48,50(35,54)	9.24,34(35,84)	
	9.59,80(35,46)	10.35,61(35,81)	11.11,30(35,69)	11.47,24(35,94)	
	12.23,07(35,83)	12.59,11(36,04)	13.35,13(36,02)	14.11,35(36,22)	
	14.46,99(35,64)	15.23,12(36,13)	15.58,44(35,32)	16.34,26(35,82)	
	17.09,35(35,09)	17.43,51(34,16)			
3	Karoline Pedersen	94	BS/Delfana	17.43,56	696
	32,14(32,14)	1.06,52(34,38)	1.41,87(35,35)	2.17,20(35,33)	
	2.52,61(35,41)	3.27,93(35,32)	4.03,43(35,50)	4.38,61(35,18)	
	5.14,21(35,60)	5.49,77(35,56)	6.25,45(35,68)	7.01,22(35,77)	
	7.36,89(35,67)	8.12,49(35,60)	8.48,62(36,13)	9.24,65(36,03)	
	10.00,72(36,07)	10.36,67(35,95)	11.12,95(36,28)	11.48,90(35,95)	
	12.25,10(36,20)	13.01,27(36,17)	13.37,37(36,10)	14.12,99(35,62)	
	14.48,97(35,98)	15.24,55(35,58)	16.00,32(35,77)	16.35,62(35,30)	
	17.10,52(34,90)	17.43,56(33,04)			
4	Elin Haugland	96	Delfana	17.58,92	667
	32,27(32,27)	1.07,45(35,18)	1.43,09(35,64)	2.19,14(36,05)	
	2.55,14(36,00)	3.31,15(36,01)	4.07,20(36,05)	4.43,67(36,47)	
	5.19,53(35,86)	5.54,95(35,42)	6.31,47(36,52)	7.07,55(36,08)	
	7.43,78(36,23)	8.19,91(36,13)	8.55,98(36,07)	9.31,73(35,75)	
	10.07,89(36,16)	10.44,52(36,63)	11.21,33(36,81)	11.57,65(36,32)	
	12.34,22(36,57)	13.10,47(36,25)	13.47,28(36,81)	14.23,08(35,80)	
	14.59,23(36,15)	15.35,73(36,50)	16.12,28(36,55)	16.48,13(35,85)	
	17.23,90(35,77)	17.58,92(35,02)			
5	Siri Anette Sønju	92	Øvre Eiker SK	18.04,87	656
	32,14(32,14)	1.06,78(34,64)	1.42,25(35,47)	2.17,98(35,73)	
	2.53,96(35,98)	3.29,99(36,03)	4.06,01(36,02)	4.42,12(36,11)	
	5.18,54(36,42)	5.54,97(36,43)	6.31,68(36,71)	7.08,29(36,61)	
	7.44,94(36,65)	8.21,53(36,59)	8.58,10(36,57)	9.34,63(36,53)	
	10.11,26(36,63)	10.47,51(36,25)	11.24,08(36,57)	12.00,44(36,36)	
	12.37,01(36,57)	13.13,43(36,42)	13.50,12(36,69)	14.26,63(36,51)	
	15.03,32(36,69)	15.39,87(36,55)	16.16,45(36,58)	16.52,95(36,50)	
	17.29,25(36,30)	18.04,87(35,62)			
6	Julie Rønningsen	94	Lambertseter SK	18.10,74	645
	32,98(32,98)	1.08,86(35,88)	1.44,46(35,60)	2.21,28(36,82)	
	2.57,81(36,53)	3.34,48(36,67)	4.10,83(36,35)	4.47,54(36,71)	
	5.23,91(36,37)	6.00,75(36,84)	6.37,24(36,49)	7.13,67(36,43)	
	7.50,66(36,99)	8.27,36(36,70)	9.03,85(36,49)	9.40,43(36,58)	
	10.17,37(36,94)	10.53,79(36,42)	11.30,57(36,78)	12.07,39(36,82)	
	12.44,20(36,81)	13.20,75(36,55)	13.57,82(37,07)	14.34,04(36,22)	
	15.10,94(36,90)	15.47,91(36,97)	16.24,22(36,31)	17.00,71(36,49)	
	17.37,17(36,46)	18.10,74(33,57)			
7	Tina Schütz	96	Vestkantsvømmerne	18.11,42	644
	33,20(33,20)	1.08,84(35,64)	1.45,32(36,48)	2.21,47(36,15)	
	2.58,31(36,84)	3.34,89(36,58)	4.11,52(36,63)	4.47,99(36,47)	
	5.24,71(36,72)	6.01,29(36,58)	6.37,90(36,61)	7.14,77(36,87)	
	7.51,52(36,75)	8.28,30(36,78)	9.04,87(36,57)	9.41,73(36,86)	
	10.18,51(36,78)	10.55,05(36,54)	11.31,83(36,78)	12.08,53(36,70)	
	12.45,28(36,75)	13.22,07(36,79)	13.58,45(36,38)	14.34,94(36,49)	
	15.11,47(36,53)	15.47,98(36,51)	16.24,24(36,26)	17.00,55(36,31)	
	17.36,69(36,14)	18.11,42(34,73)			

8	Ellen Camilla Hansen	95	Øvre Eiker SK	18.12,77	642
	32,52(32,52)	1.07,76(35,24)	1.43,78(36,02)	2.19,73(35,95)	
	2.55,61(35,88)	3.31,21(35,60)	4.07,26(36,05)	4.43,36(36,10)	
	5.19,88(36,52)	5.56,11(36,23)	6.32,83(36,72)	7.09,24(36,41)	
	7.45,70(36,46)	8.22,34(36,64)	8.59,22(36,88)	9.36,37(37,15)	
	10.12,95(36,58)	10.49,78(36,83)	11.26,48(36,70)	12.03,65(37,17)	
	12.40,93(37,28)	13.17,89(36,96)	13.55,46(37,57)	14.32,64(37,18)	
	15.09,86(37,22)	15.46,74(36,88)	16.23,82(37,08)	17.00,88(37,06)	
	17.37,32(36,44)	18.12,77(35,45)			
9	Oda Gjerde	95	Bryne SK	18.16,17	636
	33,57(33,57)	1.09,65(36,08)	1.45,76(36,11)	2.22,07(36,31)	
	2.58,79(36,72)	3.35,34(36,55)	4.11,99(36,65)	4.48,29(36,30)	
	5.25,34(37,05)	6.01,90(36,56)	6.38,52(36,62)	7.15,28(36,76)	
	7.52,05(36,77)	8.28,31(36,26)	9.04,99(36,68)	9.41,94(36,95)	
	10.18,53(36,59)	10.55,77(37,24)	11.32,39(36,62)	12.09,71(37,32)	
	12.46,08(36,37)	13.23,31(37,23)	13.59,99(36,68)	14.37,40(37,41)	
	15.14,41(37,01)	15.51,15(36,74)	16.28,17(37,02)	17.05,10(36,93)	
	17.41,67(36,57)	18.16,17(34,50)			
10	Stine Lise Stenseth	94	Øvre Eiker SK	18.20,98	627
	34,09(34,09)	1.10,85(36,76)	1.48,00(37,15)	2.24,66(36,66)	
	3.01,60(36,94)	3.38,20(36,60)	4.15,34(37,14)	4.51,76(36,42)	
	5.28,49(36,73)	6.04,86(36,37)	6.41,33(36,47)	7.17,83(36,50)	
	7.54,22(36,39)	8.30,51(36,29)	9.07,13(36,62)	9.43,71(36,58)	
	10.20,65(36,94)	10.57,31(36,66)	11.34,03(36,72)	12.10,71(36,68)	
	12.47,26(36,55)	13.24,09(36,83)	14.01,31(37,22)	14.38,76(37,45)	
	15.16,10(37,34)	15.53,72(37,62)	16.30,89(37,17)	17.08,04(37,15)	
	17.44,88(36,84)	18.20,98(36,10)			
11	Malin Schanke Tømmervik	94	Trondhjem SLK	19.20,96	535
	33,60(33,60)	1.11,20(37,60)	1.49,09(37,89)	2.27,27(38,18)	
	3.05,60(38,33)	3.44,43(38,83)	4.23,13(38,70)	5.01,81(38,68)	
	5.40,48(38,67)	6.19,66(39,18)	6.58,41(38,75)	7.37,13(38,72)	
	8.16,09(38,96)	8.55,44(39,35)	9.34,52(39,08)	10.13,83(39,31)	
	10.53,25(39,42)	11.32,96(39,71)	12.12,89(39,93)	12.52,67(39,78)	
	13.32,16(39,49)	14.11,93(39,77)	14.50,89(38,96)	15.29,56(38,67)	
	16.08,90(39,34)	16.47,74(38,84)	17.26,33(38,59)	18.05,29(38,96)	
	18.43,69(38,40)	19.20,96(37,27)			

Senior

1	Lise Sand Syversen	95	BS/Delfana	17.40,98	701
	31,59(31,59)	1.06,08(34,49)	1.41,59(35,51)	2.16,92(35,33)	
	2.52,57(35,65)	3.27,87(35,30)	4.03,11(35,24)	4.38,58(35,47)	
	5.14,13(35,55)	5.49,74(35,61)	6.25,45(35,71)	7.01,02(35,57)	
	7.36,21(35,19)	8.11,26(35,05)	8.46,56(35,30)	9.22,07(35,51)	
	9.57,81(35,74)	10.33,75(35,94)	11.09,48(35,73)	11.44,85(35,37)	
	12.20,47(35,62)	12.56,46(35,99)	13.32,29(35,83)	14.08,53(36,24)	
	14.44,23(35,70)	15.20,28(36,05)	15.56,46(36,18)	16.32,18(35,72)	
	17.07,04(34,86)	17.40,98(33,94)			
2	Andrea Westbye	95	Bærumsvømmerne	17.43,51	696
	31,92(31,92)	1.06,56(34,64)	1.41,66(35,10)	2.17,23(35,57)	
	2.52,88(35,65)	3.28,37(35,49)	4.03,83(35,46)	4.39,27(35,44)	
	5.14,68(35,41)	5.50,36(35,68)	6.26,10(35,74)	7.01,68(35,58)	
	7.37,32(35,64)	8.12,96(35,64)	8.48,50(35,54)	9.24,34(35,84)	
	9.59,80(35,46)	10.35,61(35,81)	11.11,30(35,69)	11.47,24(35,94)	
	12.23,07(35,83)	12.59,11(36,04)	13.35,13(36,02)	14.11,35(36,22)	
	14.46,99(35,64)	15.23,12(36,13)	15.58,44(35,32)	16.34,26(35,82)	
	17.09,35(35,09)	17.43,51(34,16)			
3	Karoline Pedersen	94	BS/Delfana	17.43,56	696
	32,14(32,14)	1.06,52(34,38)	1.41,87(35,35)	2.17,20(35,33)	
	2.52,61(35,41)	3.27,93(35,32)	4.03,43(35,50)	4.38,61(35,18)	
	5.14,21(35,60)	5.49,77(35,56)	6.25,45(35,68)	7.01,22(35,77)	
	7.36,89(35,67)	8.12,49(35,60)	8.48,62(36,13)	9.24,65(36,03)	
	10.00,72(36,07)	10.36,67(35,95)	11.12,95(36,28)	11.48,90(35,95)	
	12.25,10(36,20)	13.01,27(36,17)	13.37,37(36,10)	14.12,99(35,62)	
	14.48,97(35,98)	15.24,55(35,58)	16.00,32(35,77)	16.35,62(35,30)	
	17.10,52(34,90)	17.43,56(33,04)			

4	Elin Haugland	96	Delfana	17.58,92	667
	32.27(32,27)	1.07,45(35,18)	1.43,09(35,64)	2.19,14(36,05)	
	2.55,14(36,00)	3.31,15(36,01)	4.07,20(36,05)	4.43,67(36,47)	
	5.19,53(35,86)	5.54,95(35,42)	6.31,47(36,52)	7.07,55(36,08)	
	7.43,78(36,23)	8.19,91(36,13)	8.55,98(36,07)	9.31,73(35,75)	
	10.07,89(36,16)	10.44,52(36,63)	11.21,33(36,81)	11.57,65(36,32)	
	12.34,22(36,57)	13.10,47(36,25)	13.47,28(36,81)	14.23,08(35,80)	
	14.59,23(36,15)	15.35,73(36,50)	16.12,28(36,55)	16.48,13(35,85)	
	17.23,90(35,77)	17.58,92(35,02)			
5	Siri Anette Sønju	92	Øvre Eiker SK	18.04,87	656
	32,14(32,14)	1.06,78(34,64)	1.42,25(35,47)	2.17,98(35,73)	
	2.53,96(35,98)	3.29,99(36,03)	4.06,01(36,02)	4.42,12(36,11)	
	5.18,54(36,42)	5.54,97(36,43)	6.31,68(36,71)	7.08,29(36,61)	
	7.44,94(36,65)	8.21,53(36,59)	8.58,10(36,57)	9.34,63(36,53)	
	10.11,26(36,63)	10.47,51(36,25)	11.24,08(36,57)	12.00,44(36,36)	
	12.37,01(36,57)	13.13,43(36,42)	13.50,12(36,69)	14.26,63(36,51)	
	15.03,32(36,69)	15.39,87(36,55)	16.16,45(36,58)	16.52,95(36,50)	
	17.29,25(36,30)	18.04,87(35,62)			
6	Julie Rønningsen	94	Lambertseter SK	18.10,74	645
	32,98(32,98)	1.08,86(35,88)	1.44,46(35,60)	2.21,28(36,82)	
	2.57,81(36,53)	3.34,48(36,67)	4.10,83(36,35)	4.47,54(36,71)	
	5.23,91(36,37)	6.00,75(36,84)	6.37,24(36,49)	7.13,67(36,43)	
	7.50,66(36,99)	8.27,36(36,70)	9.03,85(36,49)	9.40,43(36,58)	
	10.17,37(36,94)	10.53,79(36,42)	11.30,57(36,78)	12.07,39(36,82)	
	12.44,20(36,81)	13.20,75(36,55)	13.57,82(37,07)	14.34,04(36,22)	
	15.10,94(36,90)	15.47,91(36,97)	16.24,22(36,31)	17.00,71(36,49)	
	17.37,17(36,46)	18.10,74(33,57)			
7	Tina Schütz	96	Vestkantsvømmerne	18.11,42	644
	33,20(33,20)	1.08,84(35,64)	1.45,32(36,48)	2.21,47(36,15)	
	2.58,31(36,84)	3.34,89(36,58)	4.11,52(36,63)	4.47,99(36,47)	
	5.24,71(36,72)	6.01,29(36,58)	6.37,90(36,61)	7.14,77(36,87)	
	7.51,52(36,75)	8.28,30(36,78)	9.04,87(36,57)	9.41,73(36,86)	
	10.18,51(36,78)	10.55,05(36,54)	11.31,83(36,78)	12.08,53(36,70)	
	12.45,28(36,75)	13.22,07(36,79)	13.58,45(36,38)	14.34,94(36,49)	
	15.11,47(36,53)	15.47,98(36,51)	16.24,24(36,26)	17.00,55(36,31)	
	17.36,69(36,14)	18.11,42(34,73)			
8	Ellen Camilla Hansen	95	Øvre Eiker SK	18.12,77	642
	32,52(32,52)	1.07,76(35,24)	1.43,78(36,02)	2.19,73(35,95)	
	2.55,61(35,88)	3.31,21(35,60)	4.07,26(36,05)	4.43,36(36,10)	
	5.19,88(36,52)	5.56,11(36,23)	6.32,83(36,72)	7.09,24(36,41)	
	7.45,70(36,46)	8.22,34(36,64)	8.59,22(36,88)	9.36,37(37,15)	
	10.12,95(36,58)	10.49,78(36,83)	11.26,48(36,70)	12.03,65(37,17)	
	12.40,93(37,28)	13.17,89(36,96)	13.55,46(37,57)	14.32,64(37,18)	
	15.09,86(37,22)	15.46,74(36,88)	16.23,82(37,08)	17.00,88(37,06)	
	17.37,32(36,44)	18.12,77(35,45)			
9	Oda Gjerde	95	Bryne SK	18.16,17	636
	33,57(33,57)	1.09,65(36,08)	1.45,76(36,11)	2.22,07(36,31)	
	2.58,79(36,72)	3.35,34(36,55)	4.11,99(36,65)	4.48,29(36,30)	
	5.25,34(37,05)	6.01,90(36,56)	6.38,52(36,62)	7.15,28(36,76)	
	7.52,05(36,77)	8.28,31(36,26)	9.04,99(36,68)	9.41,94(36,95)	
	10.18,53(36,59)	10.55,77(37,24)	11.32,39(36,62)	12.09,71(37,32)	
	12.46,08(36,37)	13.23,31(37,23)	13.59,99(36,68)	14.37,40(37,41)	
	15.14,41(37,01)	15.51,15(36,74)	16.28,17(37,02)	17.05,10(36,93)	
	17.41,67(36,57)	18.16,17(34,50)			
10	Stine Lise Stenseth	94	Øvre Eiker SK	18.20,98	627
	34,09(34,09)	1.10,85(36,76)	1.48,00(37,15)	2.24,66(36,66)	
	3.01,60(36,94)	3.38,20(36,60)	4.15,34(37,14)	4.51,76(36,42)	
	5.28,49(36,73)	6.04,86(36,37)	6.41,33(36,47)	7.17,83(36,50)	
	7.54,22(36,39)	8.30,51(36,29)	9.07,13(36,62)	9.43,71(36,58)	
	10.20,65(36,94)	10.57,31(36,66)	11.34,03(36,72)	12.10,71(36,68)	
	12.47,26(36,55)	13.24,09(36,83)	14.01,31(37,22)	14.38,76(37,45)	
	15.16,10(37,34)	15.53,72(37,62)	16.30,89(37,17)	17.08,04(37,15)	
	17.44,88(36,84)	18.20,98(36,10)			
11	Malin Schanke Tømmervik	94	Trondhjem SLK	19.20,96	535
	33,60(33,60)	1.11,20(37,60)	1.49,09(37,89)	2.27,27(38,18)	
	3.05,60(38,33)	3.44,43(38,83)	4.23,13(38,70)	5.01,81(38,68)	
	5.40,48(38,67)	6.19,66(39,18)	6.58,41(38,75)	7.37,13(38,72)	
	8.16,09(38,96)	8.55,44(39,35)	9.34,52(39,08)	10.13,83(39,31)	
	10.53,25(39,42)	11.32,96(39,71)	12.12,89(39,93)	12.52,67(39,78)	
	13.32,16(39,49)	14.11,93(39,77)	14.50,89(38,96)	15.29,56(38,67)	
	16.08,90(39,34)	16.47,74(38,84)	17.26,33(38,59)	18.05,29(38,96)	
	18.43,69(38,40)	19.20,96(37,27)			

Øvelse 40. 4*100m lag medley, herrer - Senior

Senior

1	Vestkantsv. G1 sr.	SR	Vestkantsvømmerne	(0,61)	3.52,25	711
	Markus Vindenes:	30,22(30,22)	1.03,32(33,10)	1.03,32		
	Alexander Dale Oen:	1.31,39(28,07)	2.03,97(32,58)	1.00,65		
	Alexander Broberg Skeltved:	2.30,23(26,26)	3.00,36(30,13)	56,39		
	Robin Dale Oen:	3.25,09(24,73)	3.52,25(27,16)	51,89		
2	Bergensv. G1 sr.	SR	Bergensvømmerne	(0,74)	3.55,26	684
	Even Vike Holm:	29,71(29,71)	1.01,30(31,59)	1.01,30		
	Marcus Tesdal:	1.31,66(30,36)	2.06,20(34,54)	1.04,90		
	Sindri T. Jakobsson:	2.32,99(26,79)	3.03,93(30,94)	57,73		
	Sander Smørdal:	3.28,29(24,36)	3.55,26(26,97)	51,33		
3	Team Stavanger G1 sr.	SR	Team Stavanger	(0,85)	3.59,13	651
	Bjarte Ravndal:	31,33(31,33)	1.03,08(31,75)	1.03,08		
	Erling Mjøs Brattellid:	1.33,90(30,82)	2.10,17(36,27)	1.07,09		
	Jørgen Møllerop:	2.36,13(25,96)	3.06,46(30,33)	56,29		
	Ole Martin Ree:	3.31,16(24,70)	3.59,13(27,97)	52,67		
4	Lambertseter SK G1 sr.	SR	Lambertseter SK	(0,63)	4.05,73	600
	Sondre Kallhovd:	31,67(31,67)	1.05,06(33,39)	1.05,06		
	Alexander Schüssler:	1.37,00(31,94)	2.13,34(36,34)	1.08,28		
	Sindre Eilertsen:	2.40,07(26,73)	3.11,35(31,28)	58,01		
	Christian Thorsen:	3.36,99(25,64)	4.05,73(28,74)	54,38		
5	Bergensv. G2 sr.	SR	Bergensvømmerne	(0,59)	4.10,40	567
	Eirik Runningen:	31,62(31,62)	1.06,74(35,12)	1.06,74		
	Simen Dale:	1.38,48(31,74)	2.15,03(36,55)	1.08,29		
	Sebastian Stordal:	2.42,99(27,96)	3.15,62(32,63)	1.00,59		
	Erlend Ulveseter:	3.41,61(25,99)	4.10,40(28,79)	54,78		
6	Mandal SK G1 sr.	SR	Mandal SK	(0,70)	4.11,72	558
	Daniel B. Havre:	31,83(31,83)	1.06,23(34,40)	1.06,23		
	Bernt M. Seyffarth:	1.37,25(31,02)	2.14,42(37,17)	1.08,19		
	Alexander B. Havre:	2.41,17(26,75)	3.14,94(33,77)	1.00,52		
	Tord Eirik Seyffarth:	3.41,84(26,90)	4.11,72(29,88)	56,78		
7	Løren/Rælingen G1 sr.	SR	Lørenskog/Rælingen	(0,61)	4.15,45	534
	John Hage Gaarder:	29,89(29,89)				
	Jarl André Bergsvenkerud:	1.35,41(1.05,52)	2.14,52(39,11)			
	Tore Skauge Bysting:	2.44,10(29,58)	3.18,89(34,79)	1.04,37		
	Vebjørn Lindhjem:	3.46,16(27,27)	4.15,45(29,29)	56,56		
8	Bærumsv G2 sr.	SR	Bærumsvømmerne	(0,69)	4.16,64	527
	Henrik Wathne:	31,41(31,41)	1.05,88(34,47)	1.05,88		
	Henry Emil Nordhagen:	1.38,72(32,84)	2.18,58(39,86)	1.12,70		
	Carl Andreas Wathne:	2.46,57(27,99)	3.21,03(34,46)	1.02,45		
	Christer Koch Kvam:	3.46,05(25,02)	4.16,64(30,59)	55,61		
9	Vestbyen IL G1 sr.	SR	Vestbyen IL	(0,70)	4.20,55	503
	Gunnar Evjen:	32,53(32,53)	1.06,16(33,63)	1.06,16		
	Christoffer Tofte Hamborg:	1.38,83(32,67)	2.19,03(40,20)	1.12,87		
	Sigvart Evjen:	2.48,18(29,15)	3.23,24(35,06)	1.04,21		
	Christian Tronvoll:	3.50,26(27,02)	4.20,55(30,29)	57,31		
10	Bærumsv G3 sr.	SR	Bærumsvømmerne	(0,69)	4.34,01	433
	Fridtjof Bache Hungnes:	33,15(33,15)	1.08,60(35,45)	1.08,60		
	Mathias Thorkildsen:	1.45,26(36,66)	2.27,54(42,28)	1.18,94		
	Lars Hvidsten:	2.57,87(30,33)	3.35,98(38,11)	1.08,44		
	Magnus Buch:	4.03,98(28,00)	4.34,01(30,03)	58,03		
11	Ski SK G1 sr.	SR	Ski SK	(0,91)	4.51,87	358
	Sven Peder Oseth:	35,41(35,41)	1.13,59(38,18)	1.13,59		
	Morten Molin Wang:	1.52,37(38,78)	2.37,01(44,64)	1.23,42		
	Einar Norum:	3.06,86(29,85)	3.43,89(37,03)	1.06,88		
	Eirik Nilsen:	4.16,18(32,29)	4.51,87(35,69)	1.07,98		
12	NTNUI G1 sr.	SR	NTNUI	(0,69)	4.56,84	340
	Torgeir Solvin:	35,47(35,47)	1.16,22(40,75)	1.16,22		
	Christian Sunde:	1.49,09(32,87)	2.27,26(38,17)	1.11,04		
	Kristian Solvin:	2.59,01(31,75)	3.44,99(45,98)	1.17,73		
	Endre Bjørsvik:	4.17,74(32,75)	4.56,84(39,10)	1.11,85		
	Bærumsv G1 sr.	SR	Bærumsvømmerne	(0,70)	DISK	
	Vegard Nyenget Løvberg:	28,86(28,86)	59,74(30,88)	59,74		
	Sebastian Wigstrøm:					
	Tor Hafnor:					
	Lars Andre Tolås:					