

# Veiledende tidsskjema Nordsjøstevnet 2008

## **Fredag:**

Event 1. 400m Freestyle, Women	14.00
Event 2. 400m Freestyle, Men	14.43
Event 3. 50m Backstroke, Women	15.28
Event 4. 50m Backstroke, Men	15.50
Event 5. 100m Breaststroke, Women	16.09
Event 6. 100m Breaststroke, Men	16.33
Event 7. 50m Freestyle, Women	16.54
Event 8. 50m Freestyle, Men	17.16
Event 9. 200m Medley, Women	17.35
Event 10. 200m Medley, Men	18.06
<b>Slutt</b>	<b>18.31</b>

## **Lørdag:**

Event 11. 100m Backstroke, Men	09.00
Event 12. 100m Backstroke, Women	09.19
Event 13. 50m Butterfly, Men	09.42
Event 14. 50m Butterfly, Women	10.02
Event 15. 100m Freestyle, Men	10.23
Event 16. 100m Freestyle, Women	10.41
Event 17. 200m Breaststroke, Men	11.02
Event 18. 200m Breaststroke, Women	11.34
Event 19. 4*50m Freestyle, Men	12.01
Event 20. 4*50m Freestyle, Women	12.21
<b>Slutt</b>	<b>12.35</b>

## **Søndag:**

Event 21. 100m Butterfly, Women	09.00
Event 22. 100m Butterfly, Men	09.22
Event 23. 50m Breaststroke, Women	09.41
Event 24. 50m Breaststroke, Men	10.03
Event 25. 200m Freestyle, Women	10.24
Event 26. 200m Freestyle, Men	10.53
Event 27. 100m Medley, Women	11.20
Event 28. 100m Medley, Men	11.43
Event 29. 4*50m Medley, Women	12.03
Event 30. 4*50m Medley, Men	12.23
<b>Slutt</b>	<b>12.40</b>

## **Superfinaler Lørdag:**

400m Freestyle, Men - Superfinal	17.00
400m Freestyle, Women - Superfinal	17.07
50m Butterfly, Men - HC Superfinal	17.18
50m Butterfly, Women - HC Superfinal	17.22
50m Butterfly, Men - Superfinal	17.29
50m Butterfly, Women - Superfinal	17.36
100m Backstroke, Men - Superfinal	17.43
100m Backstroke, Women - Superfinal	17.51
100m Breaststroke, Men - Superfinal	17.59
100m Breaststroke, Women - Superfinal	18.07
100m Freestyle, Men - Superfinal	18.15
100m Freestyle, Women - Superfinal	18.23
50m Backstroke, Men - HC Superfinal	18.31
50m Backstroke, Women - HC Superfinal	18.38
50m Backstroke, Men - Superfinal	18.45
50m Backstroke, Women - Superfinal	18.52
200m Medley, Men - Superfinal	18.59
200m Medley, Women - Superfinal	19.08
4*50m Freestyle, Men - Superfinal	19.17
4*50m Freestyle, Women - Superfinal	19.26
<b>Slutt</b>	<b>19.35</b>

## **Superfinaler Søndag:**

50m Freestyle, Women - HC Superfinal	16.00
50m Freestyle, Men - HC Superfinal	16.05
50m Freestyle, Women - Superfinal	16.12
50m Freestyle, Men - Superfinal	16.19
200m Breaststroke, Women - Superfinal	16.26
200m Breaststroke, Men - Superfinal	16.35
100m Butterfly, Women - Superfinal	16.44
100m Butterfly, Men - Superfinal	16.52
200m Freestyle, Women - Superfinal	17.00
200m Freestyle, Men - Superfinal	17.09
50m Breaststroke, Women - HC Superfinal	17.18
50m Breaststroke, Men - HC Superfinal	17.25
50m Breaststroke, Women - Superfinal	17.32
50m Breaststroke, Men - Superfinal	17.39
100m Medley, Women - Superfinal	17.46
100m Medley, Men - Superfinal	17.54
4*50m Medley, Women - Superfinal	18.02
4*50m Medley, Men - Superfinal	18.11
<b>Slutt</b>	<b>18.20</b>