

## Lørdag 18. oktober kl 17.00 - Finaler

### Øvelse 23. 400m individuell medley, damer - Finale

Sponsor: Alstom

#### Senior

1	Sara Nordenstam	83	Lambertseter SK	4.43,56	876
	30,69(30,69)	1.04,76(34,07)	1.42,96(38,20)	2.20,15(37,19)	
	2.58,48(38,33)	3.37,46(38,98)	4.11,55(34,09)	4.43,56(32,01)	
2	Karoline Brudvik Sanderud	89	Hamar IL	4.44,11	871
	30,15(30,15)	1.03,78(33,63)	1.41,25(37,47)	2.18,25(37,00)	
	2.57,83(39,58)	3.38,41(40,58)	4.11,85(33,44)	4.44,11(32,26)	
3	Corinne Gambaiani	90	G.S. VVF Modena	5.02,54	721
	32,54(32,54)	1.09,19(36,65)	1.47,01(37,82)	2.24,59(37,58)	
	3.09,33(44,74)	3.54,07(44,74)	4.28,57(34,50)	5.02,54(33,97)	
4	Oona Ovesen	92	Elverum Svømming	5.11,51	660
	32,63(32,63)	1.10,56(37,93)	1.50,24(39,68)	2.29,28(39,04)	
	3.15,42(46,14)	4.02,13(46,71)	4.37,11(34,98)	5.11,51(34,40)	
5	Victoria T. Solberg	89	Asker SK	5.19,94	609
	33,43(33,43)	1.13,57(40,14)	1.54,06(40,49)	2.33,17(39,11)	
	3.20,03(46,86)	4.07,44(47,41)	4.44,60(37,16)	5.19,94(35,34)	
6	Irja Gravdahl	94	Trondheim SLK	5.36,91	522
	37,61(37,61)	1.21,73(44,12)	2.05,33(43,60)	2.48,75(43,42)	
	3.34,76(46,01)	4.20,81(46,05)	5.00,11(39,30)	5.36,91(36,80)	

### Øvelse 24. 400m individuell medley, herrer - Finale

Sponsor: Alstom

#### Senior

1	Filip Rawecki	90	Alingsås Sim & Liv	4.38,23	692
	29,73(29,73)	1.04,43(34,70)	1.38,81(34,38)	2.12,48(33,67)	
	2.52,93(40,45)	3.33,43(40,50)	4.06,63(33,20)	4.38,23(31,60)	
2	Augusto Bonilauri	93	G.S. VVF Modena	4.38,46	690
	29,92(29,92)	1.03,77(33,85)	1.40,40(36,63)	2.16,69(36,29)	
	2.56,24(39,55)	3.36,45(40,21)	4.08,75(32,30)	4.38,46(29,71)	
3	Sindre Nilo	90	Sandefjord SK/NTG	4.39,90	680
	29,65(29,65)	1.03,35(33,70)	1.38,01(34,66)	2.11,81(33,80)	
	2.52,60(40,79)	3.33,86(41,26)	4.07,68(33,82)	4.39,90(32,22)	
4	Matteo Beretta	93	G.S. VVF Modena	4.42,57	661
	31,28(31,28)	1.06,88(35,60)	1.43,23(36,35)	2.18,33(35,10)	
	2.59,15(40,82)	3.40,01(40,86)	4.11,62(31,61)	4.42,57(30,95)	
5	Sebastian Wigstrøm	91	Bærumsvømmerne	4.47,37	628
	30,79(30,79)	1.06,49(35,70)	1.44,36(37,87)	2.21,40(37,04)	
	3.00,21(38,81)	3.40,67(40,46)	4.14,58(33,91)	4.47,37(32,79)	
6	Mattia D'Aglio	93	G.S. VVF Modena	4.50,88	605
	30,20(30,20)	1.04,96(34,76)	1.42,80(37,84)	2.20,24(37,44)	
	3.02,53(42,29)	3.44,52(41,99)	4.18,41(33,89)	4.50,88(32,47)	

**Øvelse 25. 100m butterfly, damer - Finale****Sponsor: Arena****Senior**

1	Joline Høstman 29,28(29,28)	88	Göteborg SIM	1.02,57	769
2	Victoria S. Løken 30,01(30,01)	91	Team Stavanger	1.03,05	751
3	Caterina Brighi 30,04(30,04)	92	G.S. VVF Modena	1.03,34	741
4	Line Løvberg 30,43(30,43)	91	Lambertseter SK/NTG	1.04,18	712
5	Isabelle Høstman 29,86(29,86)	90	Göteborg SIM	1.04,69	696
6	Julie Borgen 30,84(30,84)	91	Sarpsborg IL	1.06,26	647

**Øvelse 26. 100m butterfly, herrer - Finale****Sponsor: Arena****Senior**

1	Gard Kvale 25,97(25,97)	84	Bergens SC	54,99	792
2	Stian S. Langeland 26,76(26,76)	89	Bergens SC	56,77	720
3	Alessio Negrelli 27,05(27,05)	93	G.S. VVF Modena	57,35	698
4	Øystein R. Hetland 26,56(26,56)	89	Bærumsvømmerne	58,67	652
5	Marcus Tesdal 26,85(26,85)	90	BS/Åstveit	58,83	647
6	Øivind A. S. Reinertsen 27,70(27,70)	88	Bergens SC	59,27	632

**Øvelse 27. 100m rygg, damer - Finale****Sponsor: Princess****Senior**

1	Anu Koivisto 29,40(29,40)	80	Lambertseter SK	(0,69)	1.01,59	850
2	Eleonor Lindborg 30,61(30,61)	92	Trelleborg Kappsim	(0,68)	1.02,71	806
3	Caterina Brighi 31,50(31,50)	92	G.S. VVF Modena	(0,71)	1.03,99	758
4	Gina B. Andersen 32,10(32,10)	90	Skjetten Svømming/NTG	(0,68)	1.04,60	737
5	Elisabeth Jarland 32,58(32,58)	85	Bærumsvømmerne	(0,79)	1.06,09	688
6	Iselin Mjøllner Dahlen 32,81(32,81)	92	Skjetten Svømming/NTG	(0,63)	1.07,23	654

**Øvelse 28. 100m rygg, herrer - Finale****Sponsor: Princess****Senior**

1	Christoffer Wikström 27,59(27,59)	87	Upsala SS	(0,74)	57,36	717
2	John Hage Gaarder 28,63(28,63)	89	Lørenskog/Rælingen	(0,64)	58,32	682
3	Mikael Bergene 28,49(28,49)	91	Lambertseter SK	(0,57)	58,41	679
4	Dominik Borkowski 28,17(28,17)	90	Skjetten Svømming/NTG(0,65)		58,45	677
5	Sverre Næss 28,71(28,71)	92	Sarpsborg IL	(0,65)	58,58	673
6	Lavrans Solli 28,94(28,94)	92	Bergens SC	(0,69)	59,21	651

**Øvelse 29. 100m bryst, damer - Finale****Sponsor: OBOS****Senior**

1	Joline Høstman 32,01(32,01)	88	Göteborg SIM		1.07,23	942
2	Sara Nordenstam 33,32(33,32)	83	Lambertseter SK		1.10,06	832
3	Katharina Stiberg 33,68(33,68)	88	Bjerkvik SK		1.11,30	789
4	Henriette Martinsen 34,11(34,11)	85	Trondheim SLK		1.12,84	740
5	Karin Ekholt 34,91(34,91)	89	Bærumsvømmerne		1.14,21	700
6	Maria Farestvedt 35,55(35,55)	90	BS/Åstveit		1.15,69	660

**Øvelse 30. 100m bryst, herrer - Finale****Sponsor: OBOS****Senior**

1	Deniz Hekmati 31,36(31,36)	89	Alingsås Sim & Liv		1.05,15	722
2	Michele Iotti 31,07(31,07)	92	G.S. VVF Modena		1.05,33	716
3	Sverre Næss 31,88(31,88)	92	Sarpsborg IL		1.06,45	680
3	Alexander Mokkelbost 31,13(31,13)	87	BS/Delfana		1.06,45	680
5	Philip Carlsson 31,87(31,87)	90	Alingsås Sim & Liv		1.08,47	622
6	Simen Dale 32,53(32,53)	91	BS/Delfana		1.08,50	621

## Øvelse 9. 1500m fri, damer

Sponsor: Cowi

## Klasse 89-90

1p	Corinne Gambaiani	90	G.S. VVF Modena	17.19,11	776
	33,01(33,01)	1.07,64(34,63)	1.42,75(35,11)	2.17,54(34,79)	
	2.52,44(34,90)	3.27,13(34,69)	4.01,91(34,78)	4.36,56(34,65)	
	5.11,19(34,63)	5.45,93(34,74)	6.20,44(34,51)	6.54,98(34,54)	
	7.29,58(34,60)	8.04,33(34,75)	8.38,89(34,56)	9.13,40(34,51)	
	9.47,84(34,44)	10.22,35(34,51)	10.57,02(34,67)	11.32,04(35,02)	
	12.06,83(34,79)	12.41,68(34,85)	13.16,57(34,89)	13.51,36(34,79)	
	14.26,14(34,78)	15.01,08(34,94)	15.35,74(34,66)	16.10,73(34,99)	
	16.45,31(34,58)	17.19,11(33,80)			
2	Line Cecilie Stenseth	90	Øvre Eiker SK	19.11,62	570
	34,29(34,29)	1.10,93(36,64)	1.48,23(37,30)	2.25,81(37,58)	
	3.03,83(38,02)	3.41,96(38,13)	4.20,13(38,17)	4.58,39(38,26)	
	5.36,73(38,34)	6.15,56(38,83)	6.54,06(38,50)	7.32,64(38,58)	
	8.11,37(38,73)	8.50,35(38,98)	9.29,62(39,27)	10.08,34(38,72)	
	10.47,28(38,94)	11.25,94(38,66)	12.04,56(38,62)	12.43,53(38,97)	
	13.22,35(38,82)	14.01,96(39,61)	14.40,78(38,82)	15.19,50(38,72)	
	15.58,77(39,27)	16.37,77(39,00)	17.16,34(38,57)	17.55,12(38,78)	
	18.34,00(38,88)	19.11,62(37,62)			

## Klasse 91-92

1p	Elin Slaatto	92	Hamar IL	16.29,82	898	NR
	30,45(30,45)	1.02,83(32,38)	1.35,38(32,55)	2.08,25(32,87)		
	2.41,06(32,81)	3.13,81(32,75)	3.46,71(32,90)	4.19,97(33,26)		
	4.52,91(32,94)	5.26,29(33,38)	5.59,40(33,11)	6.32,30(32,90)		
	7.05,66(33,36)	7.38,94(33,28)	8.12,19(33,25)	8.45,52(33,33)		
	9.18,86(33,34)	9.52,08(33,22)	10.25,38(33,30)	10.58,83(33,45)		
	11.32,16(33,33)	12.05,49(33,33)	12.39,01(33,52)	13.12,47(33,46)		
	13.46,00(33,53)	14.19,62(33,62)	14.53,23(33,61)	15.26,54(33,31)		
	15.59,74(33,20)	16.29,82(30,08)				
2p	Henriette With Bjørnstad	92	Ski SK	18.52,76	599	
	34,19(34,19)	1.10,81(36,62)	1.47,83(37,02)	2.25,46(37,63)		
	3.03,33(37,87)	3.41,45(38,12)	4.19,72(38,27)	4.58,12(38,40)		
	5.35,98(37,86)	6.14,03(38,05)	6.52,09(38,06)	7.29,98(37,89)		
	8.08,41(38,43)	8.46,91(38,50)	9.24,92(38,01)	10.02,71(37,79)		
	10.40,63(37,92)	11.18,73(38,10)	11.57,00(38,27)	12.35,40(38,40)		
	13.13,48(38,08)	13.52,38(38,90)	14.31,24(38,86)	15.10,22(38,98)		
	15.48,60(38,38)	16.26,25(37,65)	17.03,58(37,33)	17.41,00(37,42)		
	18.18,45(37,45)	18.52,76(34,31)				
3	Christine Svaland	92	Vågsbygd SLK	18.58,56	590	
	33,05(33,05)	1.08,63(35,58)	1.45,39(36,76)	2.22,78(37,39)		
	3.00,36(37,58)	3.38,31(37,95)	4.15,98(37,67)	4.53,85(37,87)		
	5.32,24(38,39)	6.10,11(37,87)	6.48,43(38,32)	7.26,72(38,29)		
	8.04,92(38,20)	8.43,05(38,13)	9.21,65(38,60)	9.59,97(38,32)		
	10.38,63(38,66)	11.17,16(38,53)	11.56,19(39,03)	12.34,57(38,38)		
	13.13,60(39,03)	13.51,98(38,38)	14.30,78(38,80)	15.09,50(38,72)		
	15.47,88(38,38)	16.26,27(38,39)	17.04,76(38,49)	17.43,28(38,52)		
	18.21,67(38,39)	18.58,56(36,89)				
4	Veronica B. Lundsten	92	Ski SK	19.27,26	548	
	34,98(34,98)	1.13,01(38,03)	1.51,46(38,45)	2.29,98(38,52)		
	3.08,57(38,59)	3.47,45(38,88)	4.26,17(38,72)	5.04,99(38,82)		
	5.43,68(38,69)	6.22,68(39,00)	7.01,67(38,99)	7.40,52(38,85)		
	8.19,63(39,11)	8.58,57(38,94)	9.37,57(39,00)	10.16,94(39,37)		
	10.56,54(39,60)	11.36,05(39,51)	12.15,53(39,48)	12.54,97(39,44)		
	13.34,25(39,28)	14.13,74(39,49)	14.52,98(39,24)	15.32,36(39,38)		
	16.11,66(39,30)	16.51,16(39,50)	17.30,54(39,38)	18.10,03(39,49)		
	18.49,08(39,05)	19.27,26(38,18)				
5	Hege Fuglerud Valle	91	Øvre Eiker SK	19.35,75	536	
	35,46(35,46)	1.13,43(37,97)	1.51,64(38,21)	2.30,26(38,62)		
	3.09,15(38,89)	3.48,01(38,86)	4.26,38(38,37)	5.04,92(38,54)		
	5.43,72(38,80)	6.22,80(39,08)	7.01,48(38,68)	7.40,53(39,05)		
	8.19,56(39,03)	8.58,78(39,22)	9.37,91(39,13)	10.17,35(39,44)		
	10.57,04(39,69)	11.36,70(39,66)	12.15,99(39,29)	12.55,93(39,94)		
	13.35,55(39,62)	14.15,21(39,66)	14.54,86(39,65)	15.34,42(39,56)		
	16.14,34(39,92)	16.55,04(40,70)	17.35,23(40,19)	18.15,33(40,10)		
	18.56,02(40,69)	19.35,75(39,73)				

## Klasse 93-95

1p	Stine Lise Stenseth	94	Øvre Eiker SK	18.02,60	686
	32,20(32,20)	1.06,86(34,66)	1.42,33(35,47)	2.17,85(35,52)	
	2.53,99(36,14)	3.30,44(36,45)	4.07,02(36,58)	4.43,40(36,38)	
	5.19,81(36,41)	5.56,12(36,31)	6.32,15(36,03)	7.08,57(36,42)	
	7.45,11(36,54)	8.21,63(36,52)	8.58,15(36,52)	9.34,71(36,56)	
	10.11,01(36,30)	10.46,96(35,95)	11.23,28(36,32)	11.59,29(36,01)	
	12.35,53(36,24)	13.11,77(36,24)	13.48,10(36,33)	14.24,63(36,53)	
	15.00,90(36,27)	15.37,49(36,59)	16.14,11(36,62)	16.50,87(36,76)	
	17.27,27(36,40)	18.02,60(35,33)			
2p	Julie Rønningsen	94	Lambertseter SK	18.39,83	620
	32,47(32,47)	1.08,27(35,80)	1.44,97(36,70)	2.21,88(36,91)	
	2.58,99(37,11)	3.36,34(37,35)	4.13,40(37,06)	4.50,86(37,46)	
	5.28,47(37,61)	6.06,10(37,63)	6.43,68(37,58)	7.21,22(37,54)	
	7.58,81(37,59)	8.36,59(37,78)	9.14,26(37,67)	9.51,80(37,54)	
	10.29,29(37,49)	11.07,15(37,86)	11.45,19(38,04)	12.23,04(37,85)	
	13.00,85(37,81)	13.38,84(37,99)	14.16,80(37,96)	14.54,71(37,91)	
	15.32,58(37,87)	16.10,55(37,97)	16.48,66(38,11)	17.26,40(37,74)	
	18.03,70(37,30)	18.39,83(36,13)			
3p	Julie Hegvik	93	Trondheim SLK	18.52,74	599
	34,26(34,26)	1.11,87(37,61)	1.49,85(37,98)	2.28,10(38,25)	
	3.06,41(38,31)	3.45,02(38,61)	4.23,21(38,19)	5.01,96(38,75)	
	5.40,53(38,57)	6.19,09(38,56)	6.57,61(38,52)	7.35,69(38,08)	
	8.14,09(38,40)	8.52,48(38,39)	9.30,70(38,22)	10.08,36(37,66)	
	10.46,39(38,03)	11.24,54(38,15)	12.02,56(38,02)	12.40,52(37,96)	
	13.18,39(37,87)	13.56,99(38,60)	14.34,42(37,43)	15.12,07(37,65)	
	15.49,51(37,44)	16.26,28(36,77)	17.03,77(37,49)	17.40,31(36,54)	
	18.17,76(37,45)	18.52,74(34,98)			
4	Malin Schanke Tømmervik	94	Trondheim SLK	19.10,32	572
	35,28(35,28)	1.13,55(38,27)	1.51,90(38,35)	2.29,91(38,01)	
	3.08,62(38,71)	3.47,13(38,51)	4.25,47(38,34)	5.04,16(38,69)	
	5.42,88(38,72)	6.20,74(37,86)	6.59,41(38,67)	7.38,44(39,03)	
	8.16,54(38,10)	8.54,75(38,21)	9.32,97(38,22)	10.11,50(38,53)	
	10.49,94(38,44)	11.28,78(38,84)	12.07,31(38,53)	12.46,13(38,82)	
	13.25,03(38,90)	14.04,30(39,27)	14.42,85(38,55)	15.21,67(38,82)	
	16.00,53(38,86)	16.39,38(38,85)	17.17,69(38,31)	17.55,84(38,15)	
	18.34,14(38,30)	19.10,32(36,18)			
5	Hedda Østgaard	94	Trondheim SLK	20.10,10	491
	36,12(36,12)	1.16,58(40,46)	1.57,41(40,83)	2.38,12(40,71)	
	3.18,81(40,69)	3.59,29(40,48)	4.40,08(40,79)	5.20,90(40,82)	
	6.01,15(40,25)	6.41,87(40,72)	7.21,87(40,00)	8.02,63(40,76)	
	8.42,55(39,92)	9.22,97(40,42)	10.03,53(40,56)	10.44,06(40,53)	
	11.24,56(40,50)	12.05,22(40,66)	12.45,83(40,61)	13.26,28(40,45)	
	14.06,60(40,32)	14.46,95(40,35)	15.27,18(40,23)	16.07,84(40,66)	
	16.48,75(40,91)	17.29,47(40,72)	18.10,02(40,55)	18.50,70(40,68)	
	19.31,16(40,46)	20.10,10(38,94)			
6	Christiane Sandbye	93	Skjetten Svømming	20.51,41	444
	34,73(34,73)	1.11,67(36,94)	1.49,59(37,92)	2.28,17(38,58)	
	3.06,61(38,44)	3.45,35(38,74)	4.24,52(39,17)	5.04,31(39,79)	
	5.44,64(40,33)	6.25,64(41,00)	7.07,95(42,31)	7.51,22(43,27)	
		9.17,57(1.26,35)	10.01,13(43,56)	10.44,77(43,64)	
	11.28,45(43,68)	12.12,34(43,89)	12.56,29(43,95)	13.40,11(43,82)	
	14.24,16(44,05)	15.06,24(42,08)	15.50,69(44,45)	16.34,99(44,30)	
	17.18,01(43,02)	18.01,85(43,84)	18.46,56(44,71)	19.28,55(41,99)	
	20.10,45(41,90)	20.51,41(40,96)			
7	Mischa van der Linden	93	Skjetten Svømming	21.09,22	426
	36,16(36,16)	1.17,59(41,43)	1.59,76(42,17)	2.41,88(42,12)	
	3.24,19(42,31)	4.06,66(42,47)	4.48,92(42,26)	5.31,53(42,61)	
	6.14,13(42,60)	6.56,74(42,61)	7.38,96(42,22)	8.21,32(42,36)	
	9.04,27(42,95)	9.46,86(42,59)	10.29,35(42,49)	11.12,04(42,69)	
	11.54,80(42,76)	12.37,52(42,72)	13.20,51(42,99)	14.03,48(42,97)	
	14.45,80(42,32)	15.28,30(42,50)	16.11,04(42,74)	16.53,64(42,60)	
	17.36,10(42,46)	18.19,48(43,38)	19.02,91(43,43)	19.45,70(42,79)	
	20.27,91(42,21)	21.09,22(41,31)			
	Irja Gravdahl	94	Trondheim SLK	DISK	

## Øvelse 10. 1500m fri, herrer

Sponsor: Cowi

## Senior

1p	Robert Aronsen	86	Bærumsvømmerne	16.11,55	722
	30,41(30,41)	1.02,51(32,10)	1.34,97(32,46)	2.07,52(32,55)	
	2.40,05(32,53)	3.12,76(32,71)	3.45,76(33,00)	4.18,90(33,14)	
	4.52,04(33,14)	5.25,10(33,06)	5.58,19(33,09)	6.30,63(32,44)	
	7.03,40(32,77)	7.36,18(32,78)	8.08,92(32,74)	8.41,43(32,51)	
	9.13,79(32,36)	9.46,17(32,38)	10.17,93(31,76)	10.50,21(32,28)	
	11.22,76(32,55)	11.54,99(32,23)	12.27,09(32,10)	12.59,23(32,14)	
	13.31,82(32,59)	14.04,23(32,41)	14.36,84(32,61)	15.09,24(32,40)	
	15.41,64(32,40)	16.11,55(29,91)			

## Klasse 89-90

1p	Sindre Nilo	90	Sandefjord SK/NTG	16.32,55	678
	29,91(29,91)	1.02,20(32,29)	1.34,59(32,39)	2.07,24(32,65)	
	2.39,96(32,72)	3.12,69(32,73)	3.45,60(32,91)	4.18,86(33,26)	
	4.52,17(33,31)	5.25,43(33,26)	5.58,81(33,38)	6.32,18(33,37)	
	7.04,73(32,55)	7.37,72(32,99)	8.10,43(32,71)	8.43,33(32,90)	
	9.17,04(33,71)	9.50,69(33,65)	10.24,25(33,56)	10.57,46(33,21)	
	11.30,70(33,24)	12.03,83(33,13)	12.37,26(33,43)	13.10,76(33,50)	
	13.44,36(33,60)	14.18,33(33,97)	14.51,98(33,65)	15.25,96(33,98)	
	15.59,83(33,87)	16.32,55(32,72)			
2	Elias Damman	89	Bærumsvømmerne	16.41,19	660
	29,51(29,51)	1.01,40(31,89)	1.33,87(32,47)	2.06,98(33,11)	
	2.40,46(33,48)	3.14,03(33,57)	3.47,50(33,47)	4.20,97(33,47)	
	4.54,75(33,78)	5.28,48(33,73)	6.01,96(33,48)	6.35,67(33,71)	
	7.09,36(33,69)	7.42,94(33,58)	8.16,68(33,74)	8.50,44(33,76)	
	9.24,14(33,70)	9.57,86(33,72)	10.31,52(33,66)	11.05,41(33,89)	
	11.38,98(33,57)	12.12,80(33,82)	12.46,87(34,07)	13.20,51(33,64)	
	13.54,23(33,72)	14.28,01(33,78)	15.01,70(33,69)	15.35,53(33,83)	
	16.09,16(33,63)	16.41,19(32,03)			

## Klasse 91-92

1p	Sindri T. Jakobsson	91	BS/Delfana	16.15,29	714
	29,53(29,53)	1.02,10(32,57)	1.35,03(32,93)	2.07,82(32,79)	
	2.40,51(32,69)	3.13,36(32,85)	3.46,08(32,72)	4.18,96(32,88)	
	4.51,84(32,88)	5.24,74(32,90)	5.57,58(32,84)	6.30,35(32,77)	
	7.03,32(32,97)	7.36,30(32,98)	8.09,46(33,16)	8.42,13(32,67)	
	9.14,63(32,50)	9.47,73(33,10)	10.20,65(32,92)	10.53,38(32,73)	
	11.26,18(32,80)	11.58,69(32,51)	12.31,65(32,96)	13.04,20(32,55)	
	13.36,74(32,54)	14.08,99(32,25)	14.41,30(32,31)	15.13,44(32,14)	
	15.45,31(31,87)	16.15,29(29,98)			
2p	Michele Iotti	92	G.S. VVF Modena	16.20,44	703
	29,57(29,57)	1.02,12(32,55)	1.34,92(32,80)	2.07,62(32,70)	
	2.40,04(32,42)	3.12,79(32,75)	3.45,66(32,87)	4.18,66(33,00)	
	4.51,84(33,18)	5.24,62(32,78)	5.57,79(33,17)	6.30,69(32,90)	
	7.03,52(32,83)	7.36,43(32,91)	8.09,52(33,09)	8.41,96(32,44)	
	9.14,82(32,86)	9.47,90(33,08)	10.21,18(33,28)	10.54,15(32,97)	
	11.27,09(32,94)	11.59,93(32,84)	12.32,62(32,69)	13.05,41(32,79)	
	13.38,09(32,68)	14.10,89(32,80)	14.43,80(32,91)	15.16,54(32,74)	
	15.48,81(32,27)	16.20,44(31,63)			
3p	Daniel Berenett	91	IL Varg/NTG	16.37,42	668
	29,59(29,59)	1.01,90(32,31)	1.34,73(32,83)	2.07,23(32,50)	
	2.40,00(32,77)	3.12,72(32,72)	3.45,63(32,91)	4.18,57(32,94)	
	4.51,85(33,28)	5.24,82(32,97)	5.58,02(33,20)	6.31,69(33,67)	
	7.04,80(33,11)	7.38,34(33,54)	8.12,06(33,72)	8.45,58(33,52)	
	9.19,14(33,56)	9.52,84(33,70)	10.26,67(33,83)	11.00,53(33,86)	
	11.34,14(33,61)	12.07,41(33,27)	12.41,39(33,98)	13.14,97(33,58)	
	13.48,75(33,78)	14.22,74(33,99)	14.56,40(33,66)	15.30,51(34,11)	
	16.04,08(33,57)	16.37,42(33,34)			

4	Eivind Johannesen	92	BS/Åstveit	16.54,86	634
	30.75(30,75)	1.04,55(33,80)	1.38,33(33,78)	2.12,39(34,06)	
	2.46,78(34,39)	3.19,85(33,07)	3.54,46(34,61)	4.28,31(33,85)	
	5.03,08(34,77)	5.37,95(34,87)	6.11,19(33,24)	6.45,24(34,05)	
	7.19,19(33,95)	7.53,56(34,37)	8.27,66(34,10)	9.02,10(34,44)	
	9.36,26(34,16)	10.10,70(34,44)	10.44,92(34,22)	11.19,29(34,37)	
	11.52,02(32,73)	12.25,44(33,42)	12.59,51(34,07)	13.33,92(34,41)	
	14.08,02(34,10)	14.42,23(34,21)	15.16,07(33,84)	15.49,78(33,71)	
	16.23,42(33,64)	16.54,86(31,44)			
5	Espen Halhjem	92	BS/Delfana	17.23,69	583
	30.80(30,80)	1.04,71(33,91)	1.38,86(34,15)	2.13,06(34,20)	
	2.47,98(34,92)	3.22,70(34,72)	3.57,77(35,07)	4.32,94(35,17)	
	5.07,68(34,74)	5.42,40(34,72)	6.17,39(34,99)	6.52,65(35,26)	
	7.27,74(35,09)	8.03,08(35,34)	8.37,82(34,74)	9.12,76(34,94)	
	9.47,86(35,10)	10.23,13(35,27)	10.58,48(35,35)	11.32,85(34,37)	
	12.08,60(35,75)	12.43,43(34,83)	13.18,66(35,23)	13.54,17(35,51)	
	14.29,46(35,29)	15.04,55(35,09)	15.39,51(34,96)	16.14,60(35,09)	
	16.49,74(35,14)	17.23,69(33,95)			
6	Odin Spangen Normann	92	IL Varg	17.32,43	568
	30.78(30,78)	1.04,81(34,03)	1.39,29(34,48)	2.14,39(35,10)	
	2.49,77(35,38)	3.24,53(34,76)	3.59,79(35,26)	4.34,66(34,87)	
	5.10,43(35,77)	5.45,62(35,19)	6.20,85(35,23)	6.56,40(35,55)	
	7.31,78(35,38)	8.07,47(35,69)	8.43,14(35,67)	9.18,95(35,81)	
	9.54,80(35,85)	10.30,91(36,11)	11.06,32(35,41)	11.42,11(35,79)	
	12.17,31(35,20)	12.52,79(35,48)	13.28,13(35,34)	14.03,12(34,99)	
	14.38,71(35,59)	15.13,83(35,12)	15.49,31(35,48)	16.24,64(35,33)	
	16.59,52(34,88)	17.32,43(32,91)			
7	Per Simen Holstad Gandrud	92	Sarpsborg IL	18.06,62	516
	32.66(32,66)	1.08,97(36,31)	1.46,57(37,60)	2.23,66(37,09)	
	3.00,43(36,77)	3.37,50(37,07)	4.14,55(37,05)	4.51,33(36,78)	
	5.28,11(36,78)	6.04,46(36,35)	6.41,20(36,74)	7.17,49(36,29)	
	7.53,61(36,12)	8.29,62(36,01)	9.05,81(36,19)	9.41,86(36,05)	
	10.18,21(36,35)	10.54,22(36,01)	11.30,76(36,54)	12.06,01(35,25)	
	12.42,62(36,61)	13.18,71(36,09)	13.54,34(35,63)	14.30,58(36,24)	
	15.06,52(35,94)	15.42,62(36,10)	16.18,96(36,34)	16.54,93(35,97)	
	17.31,69(36,76)	18.06,62(34,93)			

## Klasse 93-95

1p	Gunnar Evjen	93	Vestbyen IL	18.00,22	525
	31.58(31,58)	1.06,36(34,78)	1.41,96(35,60)	2.17,73(35,77)	
	2.53,79(36,06)	3.29,78(35,99)	4.05,78(36,00)	4.41,44(35,66)	
	5.17,75(36,31)	5.53,93(36,18)	6.30,12(36,19)	7.07,10(36,98)	
	7.44,02(36,92)	8.20,85(36,83)	8.57,78(36,93)	9.34,20(36,42)	
	10.10,78(36,58)	10.46,97(36,19)	11.23,96(36,99)	12.00,16(36,20)	
	12.36,41(36,25)	13.12,86(36,45)	13.49,20(36,34)	14.25,94(36,74)	
	15.02,03(36,09)	15.37,92(35,89)	16.13,97(36,05)	16.50,45(36,48)	
	17.26,04(35,59)	18.00,22(34,18)			
2p	Ingvar V. Skirbekk	93	Elverum Svømming	18.10,03	511
	31.95(31,95)	1.06,42(34,47)	1.41,72(35,30)	2.17,31(35,59)	
	2.52,90(35,59)	3.28,91(36,01)	4.05,15(36,24)	4.41,75(36,60)	
	5.18,25(36,50)	5.54,96(36,71)	6.31,82(36,86)	7.08,60(36,78)	
	7.45,27(36,67)	8.21,73(36,46)	8.58,62(36,89)	9.35,70(37,08)	
	10.12,73(37,03)	10.49,39(36,66)	11.26,11(36,72)	12.03,41(37,30)	
	12.40,19(36,78)	13.16,98(36,79)	13.53,74(36,76)	14.30,44(36,70)	
	15.07,13(36,69)	15.43,65(36,52)	16.20,51(36,86)	16.57,37(36,86)	
	17.34,76(37,39)	18.10,03(35,27)			
3	Zakarias Nouri	93	Oslo IL	18.36,21	476
	34.58(34,58)	1.11,49(36,91)	1.48,93(37,44)	2.26,27(37,34)	
	3.04,14(37,87)	3.41,34(37,20)	4.19,19(37,85)	4.56,87(37,68)	
	5.34,72(37,85)	6.11,77(37,05)	6.48,80(37,03)	7.26,62(37,82)	
	8.03,88(37,26)	8.41,96(38,08)	9.18,60(36,64)	9.56,25(37,65)	
	10.33,95(37,70)	11.10,61(36,66)	11.47,95(37,34)	12.25,65(37,70)	
	13.01,99(36,34)	13.39,86(37,87)	14.16,84(36,98)	14.53,77(36,93)	
	15.31,36(37,59)	16.08,99(37,63)	16.47,35(38,36)	17.23,76(36,41)	
	18.00,64(36,88)	18.36,21(35,57)			

4	Tom Kaafjord	94	Vågsbygd SLK	18.42,07	469
	33,15(33,15)	1.09,56(36,41)	1.46,55(36,99)	2.24,45(37,90)	
	3.02,21(37,76)	3.40,18(37,97)	4.18,39(38,21)	4.56,21(37,82)	
	5.33,69(37,48)	6.11,74(38,05)	6.49,38(37,64)	7.28,45(39,07)	
	8.06,80(38,35)	8.44,40(37,60)	9.21,29(36,89)	9.58,53(37,24)	
	10.35,40(36,87)	11.12,05(36,65)	11.49,05(37,00)	12.25,74(36,69)	
	13.01,88(36,14)	13.39,29(37,41)	14.15,42(36,13)	14.53,44(38,02)	
	15.30,73(37,29)	16.07,75(37,02)	16.45,98(38,23)	17.25,70(39,72)	
	18.04,75(39,05)	18.42,07(37,32)			
5	Vetle Henriksen	95	Trondheim SLK	20.01,98	381
	34,60(34,60)	1.12,89(38,29)	1.51,93(39,04)	2.31,39(39,46)	
	3.11,38(39,99)	3.51,23(39,85)	4.30,66(39,43)	5.10,46(39,80)	
	5.50,86(40,40)	6.31,53(40,67)	7.11,29(39,76)	7.51,81(40,52)	
	8.32,17(40,36)	9.12,66(40,49)	9.52,49(39,83)	10.33,59(41,10)	
	11.14,33(40,74)	11.55,32(40,99)	12.35,55(40,23)	13.16,50(40,95)	
	13.57,88(41,38)	14.39,14(41,26)	15.20,20(41,06)	16.01,06(40,86)	
	16.43,12(42,06)	17.23,15(40,03)	18.04,65(41,50)	18.45,06(40,41)	
	19.24,18(39,12)	20.01,98(37,80)			

**Øvelse 33. 100m fri, damer - Finale****Sponsor: Jernia, Mortensrud****Senior**

1	Nathalie Lindborg	91	Trelleborg Kappsim	56,01	842
	27,06(27,06)	56,01(28,95)			
2	Henriette Brekke	88	Vestkantsvømmerne	57,11	794
	27,41(27,41)	57,11(29,70)			
3	Caterina Brighi	92	G.S. VVF Modena	59,18	713
	28,66(28,66)	59,18(30,52)			
4	Elisabeth Jarland	85	Bærumsvømmerne	59,40	705
	28,80(28,80)	59,40(30,60)			
5	Elise Strømsvik	87	Vestbyen IL	1.00,42	670
	29,17(29,17)	1.00,42(31,25)			
6	Ingrid N. Knutzen	91	Lambertseter SK/NTG	1.01,07	649
	29,38(29,38)	1.01,07(31,69)			

**Øvelse 34. 100m fri, herrer - Finale****Sponsor: Jernia, Mortensrud****Senior**

1	Christoffer Wikström	87	Upsala SS	50,05	828
	24,13(24,13)	50,05(25,92)			
2	Gard Kvale	84	Bergens SC	50,25	818
	24,81(24,81)	50,25(25,44)			
3	Sander Smørdal	85	BS/Arna	50,67	798
	24,49(24,49)	50,67(26,18)			
4	Øystein R. Hetland	89	Bærumsvømmerne	52,37	722
	25,06(25,06)	52,37(27,31)			
5	Mattis Saghaug	90	IL Varg/NTG	52,43	720
	24,52(24,52)	52,43(27,91)			
6	Michele Iotti	92	G.S. VVF Modena	54,29	648
	26,63(26,63)	54,29(27,66)			

**Øvelse 35. 4\*50m lag medley, damer - Finale****Sponsor: Gainomax****Senior**

1	Lambertseter SK J1 sr.	SR	Lambertseter SK	(0,65)	1.57,69	805
	Anu Koivisto:	28,53(28,53)				
	Sara Nordenstam:	1.00,96(32,43)				
	Line Løvberg:	1.29,69(28,73)				
	Ingrid N. Knutzen:	1.57,69(28,00)				
2	Bergensv. J1 sr.	SR	Bergensvømmerne	(0,68)	2.03,79	692
	Katja Heinänen:	33,41(33,41)				
	Maria Farestvedt:	1.07,45(34,04)				
	Hanne Søfteland:	1.37,82(30,37)				
	Siri Løvold Magnussen:	2.03,79(25,97)				
3	IL Varg J1 sr.	SR	IL Varg	(0,70)	2.06,23	652
	Lene Jacobsen:	32,07(32,07)				
	Annelin Stenersen:	1.07,34(35,27)				
	Rebecca Calder:	1.36,43(29,09)				
	Elin Roscher:	2.06,23(29,80)				
4	Osby SS J1 sr.	SR	Osby SS	(0,69)	2.07,07	639
	Josefin Palm:	32,05(32,05)				
	Silje Bergström Tronsmoen:	1.07,44(35,39)				
	Amina Gummesson:	1.38,67(31,23)				
	Erica Ydesand:	2.07,07(28,40)				
5	Vestbyen IL J1 sr.	SR	Vestbyen IL	(0,70)	2.08,97	612
	Elise Strømsvik:	32,88(32,88)				
	Mari Singstad:	1.07,63(34,75)				
	Randi Gaasvik:	1.41,17(33,54)				
	Ingrid Marie Rytter:	2.08,97(27,80)				
6	Øvre Eiker SK J1 sr.	SR	Øvre Eiker SK	(0,70)	2.10,77	587
	Siri Anette Sønju:	34,60(34,60)				
	Stine Lise Stenseth:	1.10,13(35,53)				
	Guro Knutsen:	1.41,21(31,08)				
	Inger-Cathrine Wium:	2.10,77(29,56)				

**Øvelse 36. 4\*50m lag medley, herrer - Finale****Sponsor: Gainomax****Senior**

1	Bergensv. G1 sr.	SR	Bergensvømmerne	(0,77)	1.46,61	707
	Even Vike Holm:	28,54(28,54)				
	Alexander Mokkelbost:	57,87(29,33)				
	Marcus Tesdal:	1.23,47(25,60)				
	Sander Smørdal:	1.46,61(23,14)				
2	Bærumsv G1 sr.	SR	Bærumsvømmerne	(0,68)	1.46,71	705 NJR
	Tor Hafnor:	27,84(27,84)				
	Sebastian Wigstrøm:	58,43(30,59)				
	Christer Koch Kvam:	1.23,47(25,04)				
	Øystein R. Hetland:	1.46,71(23,24)				
3	Bergens SC G1 sr.	SR	Bergens SC	(0,65)	1.47,26	694
	Lavrans Solli:	27,98(27,98)				
	Gard Kvale:	57,37(29,39)				
	Stian S. Langeland:	1.23,24(25,87)				
	Karsten W. Johannessen:	1.47,26(24,02)				
4	IL Varg G1 sr.	SR	IL Varg	(0,74)	1.47,41	691
	Andrè Bratgjerd:	28,28(28,28)				
	Thomas Breivoll:	57,87(29,59)				
	Bjørnar Gaasvik:	1.23,63(25,76)				
	Karl Otto Bratt:	1.47,41(23,78)				
5	Alingsås G1 sr.	SR	Alingsås Sim & Liv	(0,72)	1.49,15	659
	Filip Rawecki:	28,55(28,55)				
	Deniz Hekmati:	57,75(29,20)				
	Axel Aversund:	1.24,25(26,50)				
	Philip Carlsson:	1.49,15(24,90)				
6	G.S. VVF Modena G1 sr.	SR	G.S. VVF Modena	(0,54)	1.49,17	658
	Alessio Negrelli:	27,78(27,78)				
	Michele Iotti:	58,56(30,78)				
	Augusto Bonilauri:	1.25,20(26,64)				
	Mattia D'Aglio:	1.49,17(23,97)				