

# Torsdag 24. mars kl 10.00

## Øvelse 1. 4\*50m lag medley, damer - Forsøk

### Senior

1	Stavanger SC J1 sr. Rebecca Holst: Henriette Martinsen: Ida Marko-Varga: Henriette Brekke:	SR	Stavanger SC	(0,65)	1.54,45	710
		31,13(31,13) 1.03,28(32,15) 1.29,55(26,27) 1.54,45(24,90)				
2	Lambertseter SK J1 sr. Heidi Vainio Gjøen: Sara Nordenstam: Line Løvberg: Victoria S. Løken:	SR	Lambertseter SK	(0,68)	1.56,11	680
		30,31(30,31) 1.02,18(31,87) 1.30,02(27,84) 1.56,11(26,09)				
3	Bergensv. J1 sr. Bryndis Run Hansen: Katrine Jensen: Lise Sand Syversen: Siri Løvold Magnussen:	SR	Bergensvømmerne	(0,66)	1.57,51	656
		29,39(29,39) 1.02,18(32,79) 1.30,72(28,54) 1.57,51(26,79)				
4	Bærumsv J1 sr. Elisabeth Jarland: Siri Eva Kristiansen: Emilie Nyenget Løvberg: Kristine Mella:	SR	Bærumsvømmerne	(0,70)	1.58,05	647
		30,52(30,52) 1.03,02(32,50) 1.30,86(27,84) 1.58,05(27,19)				
5	Lambertseter SK J2 sr. Christine M. Pedersen: Stina Kajsa Colleou: Vår Celine Sjøgaard: Elisabeth H. Svensson:	SR	Lambertseter SK	(0,71)	1.58,38	641
		29,91(29,91) 1.03,49(33,58) 1.31,88(28,39) 1.58,38(26,50)				
6	Asker SK J1 sr. Oda Marie Siljan: Rikke Nagell-Kleven: Mette Mellbye Larsen: Marte K. Bolstad:	SR	Asker SK	(0,64)	1.58,70	636
		29,88(29,88) 1.03,40(33,52) 1.31,43(28,03) 1.58,70(27,27)				
7	Madla SK J1 sr. Vanessa Tuxen: Maren Larsen: Marthe Berg Sørensen: Maria Thompson Clausen:	SR	Madla SK	(0,58)	1.59,04	631
		31,19(31,19) 1.04,96(33,77) 1.32,76(27,80) 1.59,04(26,28)				
8	Lambertseter SK J3 sr. Andrine Davidsen: Luna Elisabeth Sjøgaard: Malene M. Pedersen: Emma Isdahl:	SR	Lambertseter SK	(0,60)	2.00,22	612
		30,66(30,66) 1.03,80(33,14) 1.33,49(29,69) 2.00,22(26,73)				
9	Vestkantv. J1 sr. Benedicte Kausland: Stine Vindenes: Elida Hole: Andrea Haugstad:	SR	Vestkantvømmerne	(0,62)	2.00,91	602
		29,94(29,94) 1.02,77(32,83) 1.33,42(30,65) 2.00,91(27,49)				
10	Asker SK J2 sr. Helene Nordmark Skuterud: Mari Nerdrum: Helene Solberg: Elise Næss Olsen:	SR	Asker SK	(0,59)	2.01,21	597
		30,60(30,60) 1.05,55(34,95) 1.33,88(28,33) 2.01,21(27,33)				
11	Tromsø SK J1 sr. Ina Kvenshagen Gimse: Sophia Broberg Skeltved: Siv Fiske: Hanne Lockertsen:	SR	Tromsø SK	(0,68)	2.01,25	597
		30,74(30,74) 1.04,61(33,87) 1.33,19(28,58) 2.01,25(28,06)				
12	Madla SK J2 sr. Lotte Miller: Stine Mjøllhus Kristoffersen: Eva Marie W. Østerhus: Maria Wigestrånd:	SR	Madla SK	(0,58)	2.01,41	595
		31,42(31,42) 1.05,60(34,18) 1.34,70(29,10) 2.01,41(26,71)				

13	Delfana J1 sr.	SR	Delfana	(0,68)	2.03,00	572
	Helene Thunes Truyen:	32,08(32,08)				
	Tone Lill Evanger:	1.05,88(33,80)				
	Marie Reinertsen:	1.35,39(29,51)				
	Lisa Skogeng:	2.03,00(27,61)				
14	Bærumsv J2 sr.	SR	Bærumsvømmerne	(0,71)	2.05,01	545
	Anna Bølgen:	32,20(32,20)				
	Victoria Croker:	1.06,67(34,47)				
	Kjersti Dalen:	1.37,43(30,76)				
	Andrea Westbye:	2.05,01(27,58)				
15	Oslo IL J1 sr.	SR	Oslo IL	(0,64)	2.06,13	530
	Gry Bernakiewicz:	32,26(32,26)				
	Oda Almgren Lind:	1.08,00(35,74)				
	Kristin Blyverket:	1.37,17(29,17)				
	Nehna-Louise Møller-Pettersen:	2.06,13(28,96)				
16	Løren/Rælingen J1 sr.	SR	Lørenskog/Rælingen	(0,94)	2.08,15	506
	Marie Svensson:	33,12(33,12)				
	Rebecca Holt Clasen:	1.10,20(37,08)				
	Klara Farkas:	1.40,02(29,82)				
	Elina Øverås:	2.08,15(28,13)				
17	Mandal SK J1 sr.	SR	Mandal SK	(0,75)	2.08,23	505
	Kathrine O. Olsen:	33,83(33,83)				
	Stine E. Lande Bekken:	1.10,03(36,20)				
	Hanne Chr. Seyffarth:	1.40,24(30,21)				
	Hannah Wærenskjold:	2.08,23(27,99)				
18	Bærumsv J3 sr.	SR	Bærumsvømmerne	(0,69)	2.15,15	431
	Amanda Essebo:	36,53(36,53)				
	Rebekka Wiik Eckhoff:	1.14,41(37,88)				
	Helle Backer:	1.47,84(33,43)				
	Maria Bølgen:	2.15,15(27,31)				

## Øvelse 2. 800m fri, herrer - Direkte finale – Foreløpig før siste heat

### Senior

1	Christian Thorsen	91	Lambertseter SK	8.08,33	749
	28,90(28,90)	59,82(30,92)	1.30,91(31,09)	2.01,67(30,76)	
	2.32,68(31,01)	3.03,37(30,69)	3.34,51(31,14)	4.05,47(30,96)	
	4.36,18(30,71)	5.06,98(30,80)	5.37,88(30,90)	6.08,80(30,92)	
	6.39,22(30,42)	7.09,69(30,47)	7.39,98(30,29)	8.08,33(28,35)	
2	Henrik Christiansen	96	Skjetten Svømming	8.23,28	684
	29,00(29,00)	1.00,98(31,98)	1.32,41(31,43)	2.04,10(31,69)	
	2.35,70(31,60)	3.07,31(31,61)	3.39,17(31,86)	4.11,11(31,94)	
	4.42,72(31,61)	5.14,21(31,49)	5.46,01(31,80)	6.17,78(31,77)	
	6.49,46(31,68)	7.21,39(31,93)	7.52,96(31,57)	8.23,28(30,32)	
3	Morten Bordervich	94	Madla SK	8.26,76	670
	28,63(28,63)	59,89(31,26)	1.31,15(31,26)	2.02,74(31,59)	
	2.33,74(31,00)	3.05,38(31,64)	3.37,28(31,90)	4.09,30(32,02)	
	4.40,74(31,44)	5.13,18(32,44)	5.45,62(32,44)	6.18,23(32,61)	
	6.50,88(32,65)	7.24,04(33,16)	7.56,20(32,16)	8.26,76(30,56)	
4	Erik Tobias Sollesnes	95	Kolbotn IL	8.27,75	666
	28,17(28,17)	58,88(30,71)	1.30,01(31,13)	2.01,59(31,58)	
	2.33,13(31,54)	3.04,74(31,61)	3.36,74(32,00)	4.09,07(32,33)	
	4.41,05(31,98)	5.13,44(32,39)	5.45,94(32,50)	6.18,35(32,41)	
	6.51,08(32,73)	7.24,15(33,07)	7.56,74(32,59)	8.27,75(31,01)	
5	Ørjan Monsen	92	Madla SK	8.30,18	657
	29,05(29,05)	1.00,11(31,06)	1.31,74(31,63)	2.03,82(32,08)	
	2.36,05(32,23)	3.08,29(32,24)	3.40,65(32,36)	4.12,96(32,31)	
	4.45,41(32,45)	5.17,73(32,32)	5.49,97(32,24)	6.22,30(32,33)	
	6.54,44(32,14)	7.26,98(32,54)	7.59,30(32,32)	8.30,18(30,88)	
6	Sindre Nilo	90	Bærumsvømmerne	8.34,66	640
	28,12(28,12)	58,53(30,41)	1.29,60(31,07)	2.00,76(31,16)	
	2.32,16(31,40)	3.03,84(31,68)	3.35,65(31,81)	4.07,70(32,05)	
	4.40,16(32,46)	5.13,14(32,98)	5.46,23(33,09)	6.19,69(33,46)	
	6.53,25(33,56)	7.27,10(33,85)	8.01,21(34,11)	8.34,66(33,45)	

7	Robin H. Kleiven	93	Aalesund SLK	8.40,51	618
	29,86(29,86)	1.01,85(31,99)	1.33,60(31,75)	2.05,74(32,14)	
	2.38,30(32,56)	3.11,01(32,71)	3.44,14(33,13)	4.17,20(33,06)	
	4.49,71(32,51)	5.22,82(33,11)	5.55,83(33,01)	6.29,15(33,32)	
	7.02,25(33,10)	7.36,16(33,91)	8.08,34(32,18)	8.40,51(32,17)	
8	Sondre Kallhovd	93	Lambertseter SK	8.41,88	613
	28,97(28,97)	1.00,13(31,16)	1.32,01(31,88)	2.04,32(32,31)	
	2.36,84(32,52)	3.09,91(33,07)	3.42,64(32,73)	4.15,85(33,21)	
	4.48,64(32,79)	5.22,02(33,38)	5.55,70(33,68)	6.29,16(33,46)	
	7.02,45(33,29)	7.36,08(33,63)	8.10,17(34,09)	8.41,88(31,71)	
9	Martin Berger Oterholm	93	Kolbotn IL	8.42,04	613
	29,00(29,00)	1.00,32(31,32)	1.31,96(31,64)	2.04,05(32,09)	
	2.36,36(32,31)	3.09,10(32,74)	3.42,05(32,95)	4.15,30(33,25)	
	4.48,31(33,01)	5.21,58(33,27)	5.55,25(33,67)	6.28,80(33,55)	
	7.02,41(33,61)	7.35,83(33,42)	8.08,90(33,07)	8.42,04(33,14)	
10	Øystein Fjeldberg	93	Randaberg IL	8.43,95	606
	29,72(29,72)	1.01,77(32,05)	1.33,73(31,96)	2.06,27(32,54)	
	2.38,80(32,53)	3.11,73(32,93)	3.44,33(32,60)	4.18,07(33,74)	
	4.51,03(32,96)	5.24,48(33,45)	5.57,86(33,38)	6.31,66(33,80)	
	7.04,93(33,27)	7.38,57(33,64)	8.11,74(33,17)	8.43,95(32,21)	

## Øvelse 3. 400m fri, damer - Forsøk

## Senior

1	Cecilie W. Johannessen	90	Bergens SC	4.14,74	784
	29,05(29,05)	1.00,57(31,52)	1.32,62(32,05)	2.05,38(32,76)	
	2.37,40(32,02)	3.10,28(32,88)	3.43,78(33,50)	4.14,74(30,96)	
2	Ida Marko-Varga	85	Stavanger SC	4.16,05	772
	29,58(29,58)	1.01,45(31,87)	1.33,68(32,23)	2.05,86(32,18)	
	2.38,22(32,36)	3.10,99(32,77)	3.44,00(33,01)	4.16,05(32,05)	
3	Veronica Orheim Bjørlykke	94	Aalesund SLK	4.16,20	771
	29,17(29,17)	1.00,55(31,38)	1.32,58(32,03)	2.05,01(32,43)	
	2.37,82(32,81)	3.10,65(32,83)	3.43,90(33,25)	4.16,20(32,30)	
4	Elin Slaatmo	92	Hamar IL	4.17,10	763
	30,47(30,47)	1.02,56(32,09)	1.34,87(32,31)	2.07,48(32,61)	
	2.39,72(32,24)	3.12,78(33,06)	3.45,64(32,86)	4.17,10(31,46)	
5	Karoline Pedersen	94	BS/Delfana	4.17,20	762
	30,35(30,35)	1.02,50(32,15)	1.34,97(32,47)	2.07,73(32,76)	
	2.40,12(32,39)	3.12,84(32,72)	3.45,36(32,52)	4.17,20(31,84)	
6	Gina B. Andersen	90	Lambertseter SK	4.19,75	740
	29,75(29,75)	1.01,78(32,03)	1.34,45(32,67)	2.07,28(32,83)	
	2.40,23(32,95)	3.13,23(33,00)	3.46,60(33,37)	4.19,75(33,15)	
7	Eva Marie W. Østerhus	94	Madla SK	4.22,46	717
	30,72(30,72)	1.03,29(32,57)	1.36,43(33,14)	2.09,31(32,88)	
	2.42,39(33,08)	3.15,62(33,23)	3.49,13(33,51)	4.22,46(33,33)	
8	Susann Bjørnsen	93	Setermoen SK/NTG	4.23,43	709
	30,62(30,62)	1.03,77(33,15)	1.36,96(33,19)	2.10,42(33,46)	
	2.43,42(33,00)	3.16,51(33,09)	3.50,44(33,93)	4.23,43(32,99)	
9	Victoria Rung	92	Madla SK	4.24,69	699
	29,93(29,93)	1.02,25(32,32)	1.34,87(32,62)	2.08,08(33,21)	
	2.41,68(33,60)	3.15,66(33,98)	3.50,23(34,57)	4.24,69(34,46)	
10	Jacqueline Knutsson	93	Kongsten/NTG	4.25,00	697
	30,02(30,02)	1.02,20(32,18)	1.35,26(33,06)	2.08,88(33,62)	
	2.42,71(33,83)	3.16,83(34,12)	3.51,20(34,37)	4.25,00(33,80)	
11	Andrea Westbye	95	Bærumsvømmerne	4.25,72	691
	29,97(29,97)	1.03,01(33,04)	1.36,23(33,22)	2.10,06(33,83)	
	2.43,82(33,76)	3.18,12(34,30)	3.52,10(33,98)	4.25,72(33,62)	
12	Siri Anette Sønju	92	Asker SK/NTG	4.26,87	682
	30,70(30,70)	1.03,33(32,63)	1.36,98(33,65)	2.10,79(33,81)	
	2.44,81(34,02)	3.18,88(34,07)	3.53,15(34,27)	4.26,87(33,72)	
13	Oda Gjerde	95	Bryne SK	4.27,58	677
	31,09(31,09)	1.03,95(32,86)	1.37,22(33,27)	2.11,09(33,87)	
	2.45,11(34,02)	3.19,47(34,36)	3.53,93(34,46)	4.27,58(33,65)	
14	Maria Wigestrånd	94	Madla SK	4.30,42	656
	30,86(30,86)	1.05,02(34,16)	1.39,23(34,21)	2.13,65(34,42)	
	2.47,67(34,02)	3.22,10(34,43)	3.56,48(34,38)	4.30,42(33,94)	

15	Emilie Hellerud	92	Lambertseter SK/NTG	4.30,46	655
	30,53(30,53)	1.03,97(33,44)	1.37,80(33,83)	2.11,90(34,10)	
	2.46,30(34,40)	3.21,12(34,82)	3.56,08(34,96)	4.30,46(34,38)	
16	Ellen Camilla Hansen	95	Øvre Eiker SK	4.30,52	655
	31,17(31,17)	1.04,42(33,25)	1.38,25(33,83)	2.12,49(34,24)	
	2.46,76(34,27)	3.21,62(34,86)	3.56,34(34,72)	4.30,52(34,18)	
17	Stine Lise Stenseth	94	Øvre Eiker SK	4.31,20	650
	30,54(30,54)	1.03,39(32,85)	1.37,14(33,75)	2.11,26(34,12)	
	2.45,64(34,38)	3.20,77(35,13)	3.56,25(35,48)	4.31,20(34,95)	
18	Elin Haugland	96	Delfana	4.31,33	649
	30,14(30,14)	1.03,26(33,12)	1.37,14(33,88)	2.11,88(34,74)	
	2.46,99(35,11)	3.22,18(35,19)	3.57,43(35,25)	4.31,33(33,90)	
19	Lisa Skogeng	96	Delfana	4.33,77	632
	30,97(30,97)	1.04,78(33,81)	1.39,32(34,54)	2.14,17(34,85)	
	2.49,20(35,03)	3.24,26(35,06)	3.59,36(35,10)	4.33,77(34,41)	
20	Hanne Lockertsen	94	Tromsø SK/NTG	4.34,21	629
	31,49(31,49)	1.04,56(33,07)	1.38,59(34,03)	2.13,13(34,54)	
	2.47,95(34,82)	3.23,04(35,09)	3.58,69(35,65)	4.34,21(35,52)	
21	Andrea Haugstad	92	Vestkantsvømmerne	4.39,45	594
	31,74(31,74)	1.06,02(34,28)	1.40,99(34,97)	2.16,23(35,24)	
	2.51,90(35,67)	3.27,71(35,81)	4.03,88(36,17)	4.39,45(35,57)	

## Funksjonshemmede

1	Sara Louise Rung	89	Madla SK	6.04,72	267	S5 109,45 %
	42,22(42,22)	1.27,13(44,91)	2.12,89(45,76)	2.58,73(45,84)		
	3.44,81(46,08)	4.31,48(46,67)	5.18,48(47,00)	6.04,72(46,24)		
2	Hanne Farestvedt	93	Åstveit SK	5.44,69	317	S14 120,83 %
	36,00(36,00)	1.18,45(42,45)	2.01,90(43,45)	2.46,46(44,56)		
	3.30,47(44,01)	4.15,81(45,34)	5.00,84(45,03)	5.44,69(43,85)		

## Øvelse 4. 50m bryst, herrer - Forsøk

## Senior

1	Alexander Hetland	82	Bærumsvømmerne	28,35	707
2	Sverre Næss	92	Sarpsborg IL	28,69	682
3	Erik Dorch	83	Bergens SC	28,75	677
4	Alexander Dale Oen	85	Bærumsvømmerne	28,81	673
5	Marcus Tesdal	90	BS/Åstveit	28,96	663
6	Bernt M. Seyffarth	89	Mandal SK	29,09	654
7	Sebastian Wigstrøm	91	Bærumsvømmerne	29,18	648
8	Markus Vindenes	94	Vestkantsvømmerne	29,41	633
9	Mattis Saghaug	90	Øvre Eiker SK	29,66	617
10	Erling Mjøs Brattelid	91	BS/Åstveit	29,96	599
11	Thomas Breivoll	77	Madla SK	30,28	580
12	Aleksander Sire	93	Modum/NTG	30,48	569
13	Daniel Ommedal	92	Eid SK	30,80	551
14	Christoffer Tofte Hamborg	93	Vestbyen IL	30,96	542
15	Simen Dale	91	BS/Delfana	30,99	541
	Robin Palm	88	Sarpsborg IL	DISK	

## Øvelse 5. 50m rygg, damer - Forsøk

## Senior

1	Bryndis Run Hansen	93	BS/Åstveit	(0,73)	29,43	666
2	Oda Marie Siljan	92	Asker SK/TiT	(0,64)	29,70	648
3	Katrine Jensen	92	BS/Åstveit	(0,57)	29,96	631
4	Elisabeth Kristiansen	92	Haugesund SK	(0,61)	30,02	627
5	Christine M. Pedersen	93	Lambertseter SK	(0,70)	30,18	618
6	Heidi Vainio Gjøen	88	Lambertseter SK	(0,70)	30,26	613
7	Andrine Davidsen	95	Lambertseter SK	(0,61)	30,49	599
8	Camilla Moe	92	Ås IL	(0,67)	30,51	598
9	Helene Nordmark Skuterud	93	Asker SK	(0,60)	30,60	592
10	Elisabeth Jarland	85	Bærumsvømmerne	(0,67)	30,66	589
11	Bitte Fagermo	93	Narvik SK/NTG	(0,41)	30,81	580
12	Vilde Tengesdal	96	Bryne SK	(0,65)	30,82	580
13	Karoline Steffensen	96	Harstad SK	(0,64)	31,08	565
14	Elisabeth H. Svensson	91	Lambertseter SK	(0,73)	31,29	554
15	Ina Kvenshagen Gimse	95	Tromsø SK	(0,71)	31,37	550
15	Helene Solberg	91	Asker SK	(0,76)	31,37	550
17	Rebecca Holst	91	Stavanger SC	(0,60)	31,39	549
18	Elise Næss Olsen	97	Asker SK	(0,74)	31,42	547
19	Vår Celine Sjøgaard	96	Lambertseter SK	(0,67)	31,49	544
19	Vanessa Tuxen	92	Madla SK	(0,66)	31,49	544
21	Grethe Tenden	96	Ås IL	(0,70)	31,71	532
22	Iselin Mjøllner Dahlen	92	Skjetten Svømming/NTG	(0,77)	31,76	530
23	Lotte Miller	96	Madla SK	(0,63)	31,79	528
24	Ingrid Hystad	92	IL Solid	(0,68)	32,08	514
25	Benedicte Kausland	92	Vestkantsvømmerne	(0,63)	32,23	507
26	Ingrid Elise Woll	93	Narvik SK	(0,70)	32,53	493
	Eirin Røen Martinsen	93	Hamar IL			DISK

## Øvelse 6. 200m individuell medley, herrer - Forsøk

## Senior

1	Sebastian Wigstrøm	91	Bærumsvømmerne	2.05,61	700
	27,72(27,72)	59,63(31,91)	1.33,84(34,21)	2.05,61(31,77)	
2	Alexander Broberg Skeltved	87	Bergens SC	2.07,30	673
	27,12(27,12)	57,63(30,51)	1.34,77(37,14)	2.07,30(32,53)	
3	Sverre Næss	92	Sarpsborg IL	2.08,43	655
	27,34(27,34)	59,97(32,63)	1.36,61(36,64)	2.08,43(31,82)	
4	Fredrik K Hegdal	94	Stavanger SC	2.08,93	648
	27,66(27,66)	59,90(32,24)	1.38,68(38,78)	2.08,93(30,25)	
5	Sebastian Stordal	91	BS/Delfana	2.09,49	639
	27,63(27,63)	1.00,21(32,58)	1.39,26(39,05)	2.09,49(30,23)	
6	Markus Lie	95	Åstveit SK	2.11,65	608
	29,36(29,36)	1.02,86(33,50)	1.40,20(37,34)	2.11,65(31,45)	
7	Espen Halhjem	92	BS/Delfana	2.12,44	598
	27,57(27,57)	1.00,29(32,72)	1.40,11(39,82)	2.12,44(32,33)	
8	Aleksander Sire	93	Modum/NTG	2.13,61	582
	29,23(29,23)	1.03,97(34,74)	1.41,58(37,61)	2.13,61(32,03)	
9	Sindre Lilledahl	92	Haugesund SK	2.14,86	566
	29,19(29,19)	1.03,39(34,20)	1.44,03(40,64)	2.14,86(30,83)	
10	Eirik Nielsen	95	Poseidon	2.15,56	557
	28,97(28,97)	1.02,65(33,68)	1.41,94(39,29)	2.15,56(33,62)	
11	Kristoffer D. Birkeland	94	Bærum/NTG	2.18,21	526
	28,22(28,22)	1.05,10(36,88)	1.46,10(41,00)	2.18,21(32,11)	
	Morten Bordervich	94	Madla SK		BRUTT

## Øvelse 7. 100m butterfly, damer - Forsøk

## Senior

1	Ingvild Snildal	88	Asker SK	59,56	790
	28,37(28,37)	59,56(31,19)			
2	Ida Marko-Varga	85	Stavanger SC	1.00,99	735
	28,72(28,72)	1.00,99(32,27)			
3	Emilie Nyenget Løvberg	95	Bærumsvømmerne	1.01,85	705
	29,49(29,49)	1.01,85(32,36)			
4	Monica W. Johannessen	90	Bergens SC	1.02,34	689
	28,77(28,77)	1.02,34(33,57)			
5	Line Løvberg	91	Lambertseter SK	1.02,63	679
	29,44(29,44)	1.02,63(33,19)			
6	Bryndis Run Hansen	93	BS/Åstveit	1.02,66	678
	29,68(29,68)	1.02,66(32,98)			
7	Victoria S. Løken	91	Lambertseter SK	1.03,02	667
	29,11(29,11)	1.03,02(33,91)			
8	Stine Vindenes	93	Vestkantsvømmerne	1.03,51	651
	29,81(29,81)	1.03,51(33,70)			
9	Marthe Berg Sørensen	92	Madla SK	1.03,90	639
	30,09(30,09)	1.03,90(33,81)			
10	Klara Farkas	96	Lørenskog/Rælingen	1.04,23	630
	30,67(30,67)	1.04,23(33,56)			
11	Helene Solberg	91	Asker SK	1.04,34	626
	30,51(30,51)	1.04,34(33,83)			
12	Lise Sand Syversen	95	BS/Delfana	1.04,35	626
	30,17(30,17)	1.04,35(34,18)			
13	Jacqueline Knutsson	93	Kongsten/NTG	1.04,84	612
	30,43(30,43)	1.04,84(34,41)			
14	Mette Mellbye Larsen	95	Asker SK	1.05,08	605
	30,42(30,42)	1.05,08(34,66)			
15	Birgitte Elise Søfteland	94	Sarpsborg IL	1.05,60	591
	30,73(30,73)	1.05,60(34,87)			
16	Vilde Tengesdal	96	Bryne SK	1.05,69	589
	30,22(30,22)	1.05,69(35,47)			
17	Marte K. Bolstad	95	Asker SK	1.06,23	574
	31,17(31,17)	1.06,23(35,06)			
18	Kaja Bremer	93	Bergens SLK	1.06,49	568
	30,56(30,56)	1.06,49(35,93)			
19	Kristin Blyverket	92	Oslo IL	1.06,94	556
	31,25(31,25)	1.06,94(35,69)			
20	Elise Næss Olsen	97	Asker SK	1.07,14	551
	31,33(31,33)	1.07,14(35,81)			

## Øvelse 8. 200m rygg, herrer - Forsøk

## Senior

1	Sander Rødje	93	Haugesund SK	(0,73)	2.06,18	595
	29,74(29,74)	1.01,22(31,48)	1.33,55(32,33)	2.06,18(32,63)		
2	Lavrans Solli	92	Bergens SC	(0,74)	2.07,40	578
	28,67(28,67)	1.00,88(32,21)	1.34,30(33,42)	2.07,40(33,10)		
3	Even Vike Holm	90	BS/Arna	(0,72)	2.07,44	577
	30,08(30,08)	1.02,33(32,25)	1.35,46(33,13)	2.07,44(31,98)		
4	Henrik Wathne	94	Bærumsvømmerne	(0,75)	2.08,98	557
	30,46(30,46)	1.02,43(31,97)	1.35,41(32,98)	2.08,98(33,57)		
5	Vebjørn Lindhjem	95	Lørenskog/Rælingen	(0,68)	2.09,15	555
	30,26(30,26)	1.02,91(32,65)	1.36,11(33,20)	2.09,15(33,04)		
6	Vegard Nyenget Løvberg	91	Bærumsvømmerne	(0,65)	2.09,36	552
	30,44(30,44)	1.02,90(32,46)	1.35,68(32,78)	2.09,36(33,68)		

7	Eirik Runningen 30,37(30,37)	90	BS/Delfana 1.02,57(32,20)	(0,56) 2.09,97 2.09,97(33,66)	544
8	Thomas Brustveit 30,92(30,92)	93	Sandnes SLK 1.04,18(33,26)	(0,64) 2.10,03 2.10,03(32,90)	543
9	Per Øystein Turøy 30,98(30,98)	92	Stavanger SC 1.04,30(33,32)	(0,63) 2.12,06 2.12,06(33,99)	519
10	Henrik Knudsen 31,84(31,84)	94	Stavanger SC 1.05,22(33,38)	(0,67) 2.12,11 2.12,11(33,20)	518
11	Henrik Søfteland 31,28(31,28)	95	Delfana 1.04,86(33,58)	(0,66) 2.12,17 2.12,17(32,84)	517
12	Henning Kaland 32,26(32,26)	92	Oslo IL 1.05,65(33,39)	(0,64) 2.12,25 2.12,25(33,50)	517
13	Jørgen Agaard-Nilsen Wiik 30,22(30,22)	93	Larvik SK 1.03,56(33,34)	(0,59) 2.12,35 2.12,35(34,73)	515
14	Alexander Marki Mork 30,58(30,58)	95	Stavanger SC 1.04,23(33,65)	(0,69) 2.12,47 2.12,47(33,76)	514
15	Andreas Bergman 31,27(31,27)	93	Asker SK 1.04,67(33,40)	(0,71) 2.12,85 2.12,85(34,19)	510
16	Marius Thorsø 31,06(31,06)	93	Delfana 1.04,45(33,39)	(0,71) 2.13,83 2.13,83(34,65)	498
17	Christian Christiansen 30,88(30,88)	94	Kristiansund SLK/NTG 1.04,32(33,44)	(0,79) 2.14,32 2.14,32(35,79)	493
18	Erik Lauvbu 30,84(30,84)	94	Øvre Eiker SK 1.04,10(33,26)	(0,61) 2.15,62 2.15,62(36,64)	479
19	Markus Lie 31,49(31,49)	95	Åstveit SK 1.05,64(34,15)	(0,63) 2.15,96 2.15,96(35,38)	475
20	Kristoffer Brekke 31,81(31,81)	91	Vestkantsvømmerne 1.05,66(33,85)	(0,78) 2.16,92 2.16,92(35,25)	465
21	Daniel B. Havre 30,10(30,10)	93	Mandal SK 1.04,14(34,04)	(0,52) 2.17,37 2.17,37(36,66)	461
22	Andreas Bunæs 32,61(32,61)	95	Haldens SK 1.08,33(35,72)	(0,65) 2.25,03 2.25,03(38,18)	392

## Øvelse 9. 200m bryst, damer - Forsøk

### Senior

1	Stina Kajsa Colleou 34,03(34,03)	93	Lambertseter SK 1.11,75(37,72)	2.30,15 2.30,15(39,53)	720
2	Sara Nordenstam 35,90(35,90)	83	Lambertseter SK 1.15,31(39,41)	2.34,19 2.34,19(39,07)	665
3	Luna Elisabeth Sjøgaard 35,15(35,15)	94	Lambertseter SK 1.13,86(38,71)	2.34,63 2.34,63(40,81)	659
4	Malene M. Pedersen 35,75(35,75)	96	Lambertseter SK 1.14,42(38,67)	2.34,98 2.34,98(40,59)	655
5	Maren E.J. Bakke 35,90(35,90)	94	Setermoen SK 1.15,88(39,98)	2.35,39 2.35,39(40,45)	649
6	Rikke Nagell-Kleven 35,87(35,87)	95	Asker SK 1.15,48(39,61)	2.37,86 2.37,86(41,55)	619
7	Sophia Broberg Skeltved 36,22(36,22)	92	Tromsø SK/NTG 1.16,26(40,04)	2.39,26 2.39,26(41,82)	603
8	Mari Singstad 37,38(37,38)	91	Trondhjem SLK 1.18,22(40,84)	2.39,69 2.39,69(41,29)	598
9	Tone Lill Evanger 36,79(36,79)	96	Delfana 1.18,02(41,23)	2.42,12 2.42,12(42,33)	572
10	Mari Nerdrum 37,26(37,26)	95	Asker SK 1.18,18(40,92)	2.43,27 2.43,27(42,73)	560
11	Oda Gjerde 36,80(36,80)	95	Bryne SK 1.18,29(41,49)	2.43,77 2.43,77(42,83)	555
12	Majken Antonie Smith 37,43(37,43)	97	Asker SK 1.18,19(40,76)	2.43,84 2.43,84(43,41)	554
13	Stine Mjøthus Kristoffersen 36,47(36,47)	93	Madla SK 1.17,91(41,44)	2.44,95 2.44,95(43,84)	543

14	Kristine Mathingsdal Pedersen	94	Farsund SK	2.45,25	540
	37,02(37,02)	1.18,26(41,24)	2.01,02(42,76)	2.45,25(44,23)	
15	Stine Tveit	93	Trondhjem SLK	2.45,37	539
	36,91(36,91)	1.18,83(41,92)	2.01,75(42,92)	2.45,37(43,62)	
16	Karina Brunstad Fet	95	Aalesund SLK	2.50,33	493
	37,19(37,19)	1.19,55(42,36)	2.04,55(45,00)	2.50,33(45,78)	

## Øvelse 10. 50m butterfly, herrer - Forsøk

## Senior

1	Øystein R. Hetland	89	Bærumsvømmerne	24,18	733
2	Petter Sjødal	79	IL Varg	24,93	669
3	Erlend Ulveseter	92	BS/Åstveit	25,07	658
4	Sindri T. Jakobsson	91	BS/Delfana	25,08	657
5	Christer Koch Kvam	90	Øvre Eiker SK	25,10	655
6	Sindre Eilertsen	90	Lambertseter SK	25,14	652
7	Erik Dorch	83	Bergens SC	25,26	643
8	John Hage Gaarder	89	Lørenskog/Rælingen	25,63	615
9	Jørgen Møllerop	88	Bergens SC	25,84	600
10	Ole Martin Ree	92	Madla SK	25,91	596
11	Fredrik K Hegdal	94	Stavanger SC	26,00	589
12	Petter Solberg	85	BS/Delfana	26,04	587
13	Åsmund Karlsen	92	Eid SK	26,06	585
14	Stian S. Langeland	89	Bergens SC	26,12	581
15	Odin Spangen Normann	92	IL Varg	26,18	577
16	Gaute Ravndal	94	Madla SK	26,25	573
17	Dan Magnus Skibrek	87	Øvre Eiker SK	26,35	566
	Alexander Hetland	82	Bærumsvømmerne	BRUTT	

## Øvelse 11. 4\*200m fri, damer - Direkte finale – Foreløpig før siste heat

## Senior

1	Madla SK J1 sr.	SR	Madla SK	8.24,96	751
	Victoria Rung:	29,15(29,15)	1.00,19(31,04)		
		1.32,20(32,01)	2.04,34(32,14)	2.04,34	
		2.32,48(28,14)	3.04,63(32,15)		
	Maria Wigestrands:	3.38,26(33,63)	4.12,00(33,74)	2.07,66	
		4.41,62(29,62)	5.14,19(32,57)		
	Maria Thompson Clausen:	5.47,10(32,91)	6.20,52(33,42)	2.08,52	
		6.48,86(28,34)	7.19,97(31,11)		
	Eva Marie W. Østerhus:	7.52,56(32,59)	8.24,96(32,40)	2.04,44	
2	Asker SK J1 sr.	SR	Asker SK	8.41,46	682
	Helene Nordmark Skuterud:	30,64(30,64)	1.03,62(32,98)		
		1.38,43(34,81)	2.14,87(36,44)	2.14,87	
		2.43,14(28,27)	3.14,83(31,69)		
	Oda Marie Siljan:	3.47,57(32,74)	4.20,19(32,62)	2.05,32	
		4.50,20(30,01)	5.22,66(32,46)		
	Siri Anette Sønju:	5.56,06(33,40)	6.29,65(33,59)	2.09,46	
		6.59,70(30,05)	7.33,12(33,42)		
	Marte K. Bolstad:	8.07,17(34,05)	8.41,46(34,29)	2.11,81	
3	Delfana J1 sr.	SR	Delfana	8.47,60	658
	Elin Haugland:	29,71(29,71)	1.02,28(32,57)		
		1.36,37(34,09)	2.09,71(33,34)	2.09,71	
		2.39,64(29,93)	3.12,71(33,07)		
	Lisa Skogeng:	3.46,71(34,00)	4.19,97(33,26)	2.10,26	
		4.49,46(29,49)	5.23,58(34,12)		
	Karianne Reinertsen:	5.59,07(35,49)	6.34,66(35,59)	2.14,69	
		7.04,48(29,82)	7.38,10(33,62)		
	Vilde Stordal:	8.13,36(35,26)	8.47,60(34,24)	2.12,94	

4	Tromsø SK J1 sr.	SR	Tromsø SK	8.49,33	652
		30,64(30,64)	1.03,25(32,61)		
	Siv Fiske:	1.37,30(34,05)	2.12,04(34,74)	2.12,04	
		2.41,71(29,67)	3.14,88(33,17)		
	Ina Kvenshagen Gimse:	3.48,69(33,81)	4.22,70(34,01)	2.10,66	
		4.55,50(32,80)	5.29,58(34,08)		
	Sophia Broberg Skeltved:	6.03,82(34,24)	6.37,56(33,74)	2.14,86	
		7.09,08(31,52)	7.42,28(33,20)		
	Hanne Lockertsen:	8.15,84(33,56)	8.49,33(33,49)	2.11,77	
5	Vestkantsv. J1 sr.	SR	Vestkantsvømmerne	8.54,91	631
		30,87(30,87)	1.04,90(34,03)		
	Andrea Haugstad:	1.40,19(35,29)	2.15,04(34,85)	2.15,04	
		2.45,81(30,77)	3.19,51(33,70)		
	Stine Vindenes:	3.54,28(34,77)	4.28,92(34,64)	2.13,88	
		4.58,30(29,38)	5.32,85(34,55)		
	Elida Hole:	6.08,20(35,35)	6.42,68(34,48)	2.13,76	
		7.12,71(30,03)	7.46,45(33,74)		
	Tina Schütz:	8.20,89(34,44)	8.54,91(34,02)	2.12,23	
6	Bærumsv J2 sr.	SR	Bærumsvømmerne	9.01,97	607
		30,55(30,55)	1.03,71(33,16)		
	Anna Bølgen:	1.38,26(34,55)	2.12,65(34,39)	2.12,65	
		2.43,47(30,82)	3.18,08(34,61)		
	Kristine Mella:	3.53,34(35,26)	4.28,64(35,30)	2.15,99	
		5.00,19(31,55)	5.34,95(34,76)		
	Victoria Croker:	6.10,71(35,76)	6.46,89(36,18)	2.18,25	
		7.17,38(30,49)	7.52,27(34,89)		
	Maria Bølgen:	8.27,52(35,25)	9.01,97(34,45)	2.15,08	
7	Løren/Rælingen J1 sr.	SR	Lørenskog/Rælingen	9.11,70	575
		31,32(31,32)	1.05,09(33,77)		
	Susanne Fornasari:	1.40,77(35,68)	2.16,22(35,45)	2.16,22	
		2.47,42(31,20)	3.22,37(34,95)		
	Klara Farkas:	3.56,85(34,48)	4.30,25(33,40)	2.14,03	
		5.01,87(31,62)	5.36,96(35,09)		
	Jeanette Erlandsen:	6.11,37(34,41)	6.45,33(33,96)	2.15,08	
		7.17,57(32,24)	7.55,31(37,74)		
	Marie Svensson:	8.34,11(38,80)	9.11,70(37,59)	2.26,37	
8	Oslo IL J1 sr.	SR	Oslo IL	9.13,79	569
		30,28(30,28)	1.04,24(33,96)		
	Nehna-Louise Møller-Pettersen:	1.39,07(34,83)	2.13,60(34,53)	2.13,60	
		2.46,41(32,81)	3.22,57(36,16)		
	Gesine Laake:	4.00,10(37,53)	4.37,36(37,26)	2.23,76	
		5.08,60(31,24)	5.43,62(35,02)		
	Oda Almgren Lind:	6.19,15(35,53)	6.54,20(35,05)	2.16,84	
		7.26,04(31,84)	8.01,84(35,80)		
	Gry Bernakiewicz:	8.38,13(36,29)	9.13,79(35,66)	2.19,59	

## Øvelse 12. 4\*100m fri, herrer - Direkte finale – Foreløpig før siste heat

### Senior

1	Lambertseter SK G1 sr.	SR	Lambertseter SK	3.28,63	678
	Mikael Bergene:	25,31(25,31)	53,22(27,91)	53,22	
	Christian Thorsen:	1.17,74(24,52)	1.44,79(27,05)	51,57	
	Sindre Eilertsen:	2.08,90(24,11)	2.35,68(26,78)	50,89	
	Mathias Madsen:	3.00,99(25,31)	3.28,63(27,64)	52,95	
2	Bærumsv G2 sr.	SR	Bærumsvømmerne	3.33,65	632
	Henry Emil Nordhagen:	25,70(25,70)	53,64(27,94)	53,64	
	Elias Damman:	1.18,64(25,00)	1.45,71(27,07)	52,07	
	Carl Andreas Wathne:	2.10,82(25,11)	2.39,70(28,88)	53,99	
	Vegard Nyenget Løvberg:	3.05,21(25,51)	3.33,65(28,44)	53,95	
3	Bergensv. G2 sr.	SR	Bergensvømmerne	3.35,25	618
	Eirik Runningen:	25,74(25,74)	53,79(28,05)	53,79	
	Espen Halhjem:	1.19,00(25,21)	1.47,77(28,77)	53,98	
	Erling Mjøs Brattelid:	2.13,14(25,37)	2.41,69(28,55)	53,92	
	Eivind Johannesen:	3.07,04(25,35)	3.35,25(28,21)	53,56	
4	Mandal SK G1 sr.	SR	Mandal SK	3.39,86	579
	Tord Eirik Seyffarth:	25,82(25,82)	54,01(28,19)	54,01	
	Per Sondre Sodeland:	1.21,16(27,15)	1.50,74(29,58)	56,73	
	Daniel B. Havre:	2.17,53(26,79)	2.46,86(29,33)	56,12	
	Bernt M. Seyffarth:	3.11,53(24,67)	3.39,86(28,33)	53,00	

5	Vestbyen IL G1 sr.	SR	Vestbyen IL		3.40,25	576
	Christian Tronvoll:	25,41(25,41)	53,75(28,34)	53,75		
	Sigvart Evjen:	1.20,41(26,66)	1.50,03(29,62)	56,28		
	Fredrik Tronvoll:	2.16,24(26,21)	2.45,13(28,89)	55,10		
	Christoffer Tofte Hamborg:	3.11,55(26,42)	3.40,25(28,70)	55,12		
6	Bærumsv G3 sr.	SR	Bærumsvømmerne		3.40,28	576
	Henrik Wathne:	26,20(26,20)	54,83(28,63)	54,83		
	Sindre Nilo:	1.20,70(25,87)	1.49,06(28,36)	54,23		
	Andre Bratgjerd:	2.15,99(26,93)	2.46,54(30,55)	57,48		
	Kristoffer D. Birkeland:	3.12,09(25,55)	3.40,28(28,19)	53,74		
7	Løren/Rælingen G1 sr.	SR	Lørenskog/Rælingen		3.40,81	572
	Vebjørn Lindhjem:	26,75(26,75)	55,06(28,31)	55,06		
	John Hage Gaarder:	1.20,18(25,12)	1.48,22(28,04)	53,16		
	Jørgen Gundersen:	2.15,47(27,25)	2.45,15(29,68)	56,93		
	Jørgen Scheie Bråthen:	3.11,50(26,35)	3.40,81(29,31)	55,66		
8	Vestkantsv. G1 sr.	SR	Vestkantsvømmerne		3.45,18	539
	Markus Vindenes:	25,78(25,78)	53,47(27,69)	53,47		
	Sander Sivertsen:	1.19,68(26,21)	1.49,73(30,05)	56,26		
	Kristian Blummenfelt:	2.17,91(28,18)	2.48,78(30,87)	59,05		
	Kristoffer Brekke:	3.15,55(26,77)	3.45,18(29,63)	56,40		
9	Oslo IL G1 sr.	SR	Oslo IL		3.52,84	488
	Henning Kaland:	26,77(26,77)	55,12(28,35)	55,12		
	Mads Knutsen:	1.22,83(27,71)	1.54,16(31,33)	59,04		
	Alexander Thorvaldsen:	2.20,37(26,21)	2.50,45(30,08)	56,29		
	Eirik Helgaker:	3.19,97(29,52)	3.52,84(32,87)	1.02,39		
10	Bærumsv G4 sr.	SR	Bærumsvømmerne		3.53,11	486
	Jakob Bernstein:	27,16(27,16)	56,21(29,05)	56,21		
	Fridtjof Bache Hungnes:	1.24,37(28,16)	1.56,23(31,86)	1.00,02		
	Magnus Buch:	2.23,41(27,18)	2.53,84(30,43)	57,61		
	Johann David Ørbeck:	3.21,77(27,93)	3.53,11(31,34)	59,27		
	Madla SK G2 sr.	SR	Madla SK		DISK	
	Ole Martin Ree:					
	Bjarte Ravndal:					
	Gaute Ravndal:					
	Morten Bordervich:					
	Madla SK G1 sr.	SR	Madla SK		DISK	
	Ørjan Monsen:					
	Øyvind Malde:					
	Kacper Domanski:					
	Sindre Aasland Ranaweera:					

## Torsdag 24. mars kl 17.00 - Finaler

### Øvelse 1. 4\*50m lag medley, damer - Finale

#### Senior

1	Stavanger SC J1 sr.	SR	Stavanger SC	(0,64)	1.53,49	728
	Rebecca Holst:	30,87(30,87)				
	Henriette Martinsen:	1.02,50(31,63)				
	Ida Marko-Varga:	1.28,68(26,18)				
	Henriette Brekke:	1.53,49(24,81)				
2	Lambertseter SK J1 sr.	SR	Lambertseter SK	(0,70)	1.55,07	698 NR
	Christine M. Pedersen:	29,75(29,75)				
	Sara Nordenstam:	1.01,38(31,63)				
	Line Løvberg:	1.29,25(27,87)				
	Victoria S. Løken:	1.55,07(25,82)				
3	Bærumsv J1 sr.	SR	Bærumsvømmerne	(0,68)	1.57,00	664
	Elisabeth Jarland:	30,09(30,09)				
	Siri Eva Kristiansen:	1.02,32(32,23)				
	Emilie Nyenget Løvberg:	1.30,45(28,13)				
	Kristine Mella:	1.57,00(26,55)				
4	Asker SK J1 sr.	SR	Asker SK	(0,66)	1.57,13	662
	Oda Marie Siljan:	29,85(29,85)				
	Rikke Nagell-Kleven:	1.03,66(33,81)				
	Ingvild Snildal:	1.29,93(26,27)				
	Marte K. Bolstad:	1.57,13(27,20)				
5	Bergensv. J1 sr.	SR	Bergensvømmerne	(0,64)	1.57,70	653
	Bryndis Run Hansen:	29,27(29,27)				
	Katrine Jensen:	1.02,41(33,14)				
	Lise Sand Syversen:	1.31,13(28,72)				
	Siri Løvold Magnussen:	1.57,70(26,57)				
6	Lambertseter SK J2 sr.	SR	Lambertseter SK	(0,65)	1.57,81	651
	Heidi Vainio Gjøen:	29,86(29,86)				
	Luna Elisabeth Sjøgaard:	1.02,89(33,03)				
	Vår Celine Sjøgaard:	1.31,05(28,16)				
	Elisabeth H. Svensson:	1.57,81(26,76)				

### Øvelse 2. 800m fri, herrer - Direkte finale

#### Senior

1	Gard Kvale	84	Bergens SC	7.57,81	799
	27,55(27,55)	57,17(29,62)	1.26,91(29,74)	1.56,82(29,91)	
	2.26,58(29,76)	2.56,58(30,00)	3.26,58(30,00)	3.56,59(30,01)	
	4.26,94(30,35)	4.57,17(30,23)	5.27,48(30,31)	5.57,98(30,50)	
	6.28,21(30,23)	6.58,48(30,27)	7.28,75(30,27)	7.57,81(29,06)	
2	Christian Thorsen	91	Lambertseter SK	8.08,33	749
	28,90(28,90)	59,82(30,92)	1.30,91(31,09)	2.01,67(30,76)	
	2.32,68(31,01)	3.03,37(30,69)	3.34,51(31,14)	4.05,47(30,96)	
	4.36,18(30,71)	5.06,98(30,80)	5.37,88(30,90)	6.08,80(30,92)	
	6.39,22(30,42)	7.09,69(30,47)	7.39,98(30,29)	8.08,33(28,35)	
3	Jørn Nygård	92	Stavanger SC	8.13,20	727
	27,29(27,29)	57,39(30,10)	1.27,10(29,71)	1.57,23(30,13)	
	2.27,10(29,87)	2.57,57(30,47)	3.28,49(30,92)	4.00,05(31,56)	
	4.31,50(31,45)	5.03,80(32,30)	5.35,30(31,50)	6.07,31(32,01)	
	6.39,41(32,10)	7.11,01(31,60)	7.42,47(31,46)	8.13,20(30,73)	
4	Jonas Ødegård Aanby	95	Delfana	8.21,08	693
	28,38(28,38)	59,61(31,23)	1.30,81(31,20)	2.02,36(31,55)	
	2.33,59(31,23)	3.04,99(31,40)	3.36,61(31,62)	4.08,00(31,39)	
	4.39,46(31,46)	5.11,00(31,54)	5.42,73(31,73)	6.14,67(31,94)	
	6.46,20(31,53)	7.18,38(32,18)	7.50,16(31,78)	8.21,08(30,92)	
5	Henrik Christiansen	96	Skjetten Svømming	8.23,28	684
	29,00(29,00)	1.00,98(31,98)	1.32,41(31,43)	2.04,10(31,69)	
	2.35,70(31,60)	3.07,31(31,61)	3.39,17(31,86)	4.11,11(31,94)	
	4.42,72(31,61)	5.14,21(31,49)	5.46,01(31,80)	6.17,78(31,77)	
	6.49,46(31,68)	7.21,39(31,93)	7.52,96(31,57)	8.23,28(30,32)	

6	Morten Bordervich	94	Madla SK	8.26,76	670
	28,63(28,63)	59,89(31,26)	1.31,15(31,26)	2.02,74(31,59)	
	2.33,74(31,00)	3.05,38(31,64)	3.37,28(31,90)	4.09,30(32,02)	
	4.40,74(31,44)	5.13,18(32,44)	5.45,62(32,44)	6.18,23(32,61)	
	6.50,88(32,65)	7.24,04(33,16)	7.56,20(32,16)	8.26,76(30,56)	
7	Erik Tobias Sollesnes	95	Kolbotn IL	8.27,75	666
	28,17(28,17)	58,88(30,71)	1.30,01(31,13)	2.01,59(31,58)	
	2.33,13(31,54)	3.04,74(31,61)	3.36,74(32,00)	4.09,07(32,33)	
	4.41,05(31,98)	5.13,44(32,39)	5.45,94(32,50)	6.18,35(32,41)	
	6.51,08(32,73)	7.24,15(33,07)	7.56,74(32,59)	8.27,75(31,01)	
8	Elias Damman	89	Bærumsvømmerne	8.28,97	661
	28,83(28,83)	1.00,09(31,26)	1.31,39(31,30)	2.03,15(31,76)	
	2.35,08(31,93)	3.07,13(32,05)	3.39,49(32,36)	4.11,85(32,36)	
	4.44,35(32,50)	5.17,34(32,99)	5.49,95(32,61)	6.22,61(32,66)	
	6.54,91(32,30)	7.27,07(32,16)	7.58,60(31,53)	8.28,97(30,37)	
9	Ørjan Monsen	92	Madla SK	8.30,18	657
	29,05(29,05)	1.00,11(31,06)	1.31,74(31,63)	2.03,82(32,08)	
	2.36,05(32,23)	3.08,29(32,24)	3.40,65(32,36)	4.12,96(32,31)	
	4.45,41(32,45)	5.17,73(32,32)	5.49,97(32,24)	6.22,30(32,33)	
	6.54,44(32,14)	7.26,98(32,54)	7.59,30(32,32)	8.30,18(30,88)	
10	Sindre Nilo	90	Bærumsvømmerne	8.34,66	640
	28,12(28,12)	58,53(30,41)	1.29,60(31,07)	2.00,76(31,16)	
	2.32,16(31,40)	3.03,84(31,68)	3.35,65(31,81)	4.07,70(32,05)	
	4.40,16(32,46)	5.13,14(32,98)	5.46,23(33,09)	6.19,69(33,46)	
	6.53,25(33,56)	7.27,10(33,85)	8.01,21(34,11)	8.34,66(33,45)	
11	Oscar Slaatmo	94	Hamar IL	8.35,86	635
	28,16(28,16)	58,49(30,33)	1.29,02(30,53)	2.00,18(31,16)	
	2.31,82(31,64)	3.03,74(31,92)	3.35,79(32,05)	4.08,15(32,36)	
	4.41,11(32,96)	5.14,09(32,98)	5.47,28(33,19)	6.20,65(33,37)	
	6.54,29(33,64)	7.28,25(33,96)	8.02,03(33,78)	8.35,86(33,83)	
12	Eivind Johannesen	92	BS/Åstveit	8.38,92	624
	28,34(28,34)	59,43(31,09)	1.31,04(31,61)	2.02,85(31,81)	
	2.35,38(32,53)	3.08,11(32,73)	3.41,05(32,94)	4.13,83(32,78)	
	4.46,65(32,82)	5.19,95(33,30)	5.53,41(33,46)	6.26,57(33,16)	
	6.59,41(32,84)	7.32,61(33,20)	8.05,94(33,33)	8.38,92(32,98)	
13	Robin H. Kleiven	93	Aalesund SLK	8.40,51	618
	29,86(29,86)	1.01,85(31,99)	1.33,60(31,75)	2.05,74(32,14)	
	2.38,30(32,56)	3.11,01(32,71)	3.44,14(33,13)	4.17,20(33,06)	
	4.49,71(32,51)	5.22,82(33,11)	5.55,83(33,01)	6.29,15(33,32)	
	7.02,25(33,10)	7.36,16(33,91)	8.08,34(32,18)	8.40,51(32,17)	
14	Sondre Kallhovd	93	Lambertseter SK	8.41,88	613
	28,97(28,97)	1.00,13(31,16)	1.32,01(31,88)	2.04,32(32,31)	
	2.36,84(32,52)	3.09,91(33,07)	3.42,64(32,73)	4.15,85(33,21)	
	4.48,64(32,79)	5.22,02(33,38)	5.55,70(33,68)	6.29,16(33,46)	
	7.02,45(33,29)	7.36,08(33,63)	8.10,17(34,09)	8.41,88(31,71)	
15	Martin Berger Oterholm	93	Kolbotn IL	8.42,04	613
	29,00(29,00)	1.00,32(31,32)	1.31,96(31,64)	2.04,05(32,09)	
	2.36,36(32,31)	3.09,10(32,74)	3.42,05(32,95)	4.15,30(33,25)	
	4.48,31(33,01)	5.21,58(33,27)	5.55,25(33,67)	6.28,80(33,55)	
	7.02,41(33,61)	7.35,83(33,42)	8.08,90(33,07)	8.42,04(33,14)	
16	Øystein Fjeldberg	93	Randaberg IL	8.43,95	606
	29,72(29,72)	1.01,77(32,05)	1.33,73(31,96)	2.06,27(32,54)	
	2.38,80(32,53)	3.11,73(32,93)	3.44,33(32,60)	4.18,07(33,74)	
	4.51,03(32,96)	5.24,48(33,45)	5.57,86(33,38)	6.31,66(33,80)	
	7.04,93(33,27)	7.38,57(33,64)	8.11,74(33,17)	8.43,95(32,21)	

## Øvelse 3. 400m fri, damer - Finale

## Senior

1	Cecilie W. Johannessen	90	Bergens SC	4.08,42	846
	28,43(28,43)	59,84(31,41)	1.31,62(31,78)	2.03,71(32,09)	
	2.35,42(31,71)	3.07,17(31,75)	3.38,70(31,53)	4.08,42(29,72)	
2	Ida Marko-Varga	85	Stavanger SC	4.08,60	844
	28,63(28,63)	59,84(31,21)	1.31,76(31,92)	2.03,91(32,15)	
	2.35,73(31,82)	3.07,36(31,63)	3.39,23(31,87)	4.08,60(29,37)	
3	Elin Slaatmo	92	Hamar IL	4.15,26	779
	29,84(29,84)	1.01,77(31,93)	1.34,08(32,31)	2.06,36(32,28)	
	2.38,97(32,61)	3.12,15(33,18)	3.44,89(32,74)	4.15,26(30,37)	
4	Veronica Orheim Bjørlykke	94	Aalesund SLK	4.16,05	772
	29,89(29,89)	1.01,50(31,61)	1.33,86(32,36)	2.06,47(32,61)	
	2.39,15(32,68)	3.12,10(32,95)	3.44,63(32,53)	4.16,05(31,42)	
5	Gina B. Andersen	90	Lambertseter SK	4.18,60	750
	30,24(30,24)	1.02,40(32,16)	1.34,84(32,44)	2.07,62(32,78)	
	2.40,52(32,90)	3.13,09(32,57)	3.45,92(32,83)	4.18,60(32,68)	
6	Karoline Pedersen	94	BS/Delfana	4.18,74	748
	29,79(29,79)	1.01,48(31,69)	1.34,10(32,62)	2.06,91(32,81)	
	2.39,68(32,77)	3.12,85(33,17)	3.46,32(33,47)	4.18,74(32,42)	

## Øvelse 4. 50m bryst, herrer - Finale

## Senior

1	Alexander Hetland	82	Bærumsvømmerne	27,61	765
1	Alexander Dale Oen	85	Bærumsvømmerne	27,61	765
3	Erik Dorch	83	Bergens SC	28,31	710
4	Marcus Tesdal	90	BS/Åstveit	28,44	700
5	Bernt M. Seyffarth	89	Mandal SK	28,45	699
6	Markus Vindenes	94	Vestkantsvømmerne	29,71	614

## Øvelse 5. 50m rygg, damer - Finale

## Senior

1	Bryndis Run Hansen	93	BS/Åstveit	(0,63)	29,22	680
2	Katrine Jensen	92	BS/Åstveit	(0,63)	29,66	651
3	Christine M. Pedersen	93	Lambertseter SK	(0,69)	29,67	650
4	Oda Marie Siljan	92	Asker SK/TiT	(0,67)	29,75	645
5	Elisabeth Kristiansen	92	Haugesund SK	(0,68)	29,93	633
6	Heidi Vainio Gjøn	88	Lambertseter SK	(0,70)	30,01	628

## Funksjonshemmede

1	Hanne Farestvedt	93	Åstveit SK		38,89	289	S14 119,44 %
2	Mina Marie Heyerdahl Klausen	97	Drammen SK	(0,82)	51,67	123	S7 130,68 %
3	Ingrid Djupskås	89	Drammen SK	(0,76)	46,07	174	S9 135,78 %

## Øvelse 6. 200m individuell medley, herrer - Finale

## Senior

1	Sverre Næss	92	Sarpsborg IL	2.00,58	792
	26,12(26,12)	56,94(30,82)	1.31,69(34,75)	2.00,58(28,89)	
2	Alexander Broberg Skeltved	87	Bergens SC	2.01,23	779
	26,71(26,71)	57,59(30,88)	1.32,43(34,84)	2.01,23(28,80)	
3	Sebastian Wigstrøm	91	Bærumsvømmerne	2.03,81	731
	27,13(27,13)	59,08(31,95)	1.33,15(34,07)	2.03,81(30,66)	
4	Fredrik K Hegdal	94	Stavanger SC	2.07,91	663
	27,49(27,49)	59,27(31,78)	1.37,50(38,23)	2.07,91(30,41)	
5	Sebastian Stordal	91	BS/Delfana	2.08,32	657
	27,38(27,38)	59,80(32,42)	1.38,17(38,37)	2.08,32(30,15)	
6	Markus Lie	95	Åstveit SK	2.11,48	611
	28,92(28,92)	1.01,56(32,64)	1.39,41(37,85)	2.11,48(32,07)	

## Øvelse 7. 100m butterfly, damer - Finale

## Senior

1	Ingvild Snildal	88	Asker SK	59,10	808
	27,98(27,98)	59,10(31,12)			
2	Ida Marko-Varga	85	Stavanger SC	59,51	792
	28,09(28,09)	59,51(31,42)			
3	Monica W. Johannessen	90	Bergens SC	1.01,72	710
	28,74(28,74)	1.01,72(32,98)			
4	Emilie Nyenget Løvberg	95	Bærumsvømmerne	1.02,10	697
	29,43(29,43)	1.02,10(32,67)			
5	Bryndis Run Hansen	93	BS/Åstveit	1.02,45	685
	28,90(28,90)	1.02,45(33,55)			
6	Line Løvberg	91	Lambertseter SK	1.02,46	685
	29,35(29,35)	1.02,46(33,11)			

## Øvelse 8. 200m rygg, herrer - Finale

## Senior

1	Lavrans Solli	92	Bergens SC	(0,71)	1.58,18	724
	27,30(27,30)	56,91(29,61)	1.27,13(30,22)	1.58,18(31,05)		
2	Sander Rødje	93	Haugesund SK		2.05,79	600
	29,96(29,96)	1.02,18(32,22)	1.34,50(32,32)	2.05,79(31,29)		
3	Vegard Nyenget Løvberg	91	Bærumsvømmerne	(0,66)	2.05,94	598
	28,63(28,63)	1.00,13(31,50)	1.33,12(32,99)	2.05,94(32,82)		
4	Even Vike Holm	90	BS/Arna	(0,69)	2.06,32	593
	30,32(30,32)	1.02,68(32,36)	1.35,15(32,47)	2.06,32(31,17)		
5	Henrik Wathne	94	Bærumsvømmerne	(0,76)	2.07,26	580
	29,33(29,33)	1.01,57(32,24)	1.33,98(32,41)	2.07,26(33,28)		
6	Vebjørn Lindhjem	95	Lørenskog/Rælingen	(0,66)	2.09,56	549
	30,63(30,63)	1.03,95(33,32)	1.37,01(33,06)	2.09,56(32,55)		

## Øvelse 9. 200m bryst, damer - Finale

## Senior

1	Sara Nordenstam	83	Lambertseter SK	2.24,67	805
	33,42(33,42)	1.09,81(36,39)	1.46,85(37,04)	2.24,67(37,82)	
2	Stina Kajsa Colleou	93	Lambertseter SK	2.28,53	744
	33,80(33,80)	1.10,80(37,00)	1.49,16(38,36)	2.28,53(39,37)	
3	Luna Elisabeth Sjøgaard	94	Lambertseter SK	2.34,37	662
	34,96(34,96)	1.13,71(38,75)	1.53,79(40,08)	2.34,37(40,58)	
4	Malene M. Pedersen	96	Lambertseter SK	2.35,03	654
	35,78(35,78)	1.14,71(38,93)	1.54,33(39,62)	2.35,03(40,70)	
5	Maren E.J. Bakke	94	Setermoen SK	2.35,33	650
	35,78(35,78)	1.15,27(39,49)	1.55,25(39,98)	2.35,33(40,08)	
6	Rikke Nagell-Kleven	95	Asker SK	2.39,09	605
	36,20(36,20)	1.16,23(40,03)	1.57,06(40,83)	2.39,09(42,03)	

## Øvelse 10. 50m butterfly, herrer - Finale

## Senior

1	Øystein R. Hetland	89	Bærumsvømmerne	24,38	715
2	Sindri T. Jakobsson	91	BS/Delfana	24,47	707
3	Petter Sjødal	79	IL Varg	24,74	684
4	Erlend Ulveseter	92	BS/Åstveit	24,88	673
5	Sindre Eilertsen	90	Lambertseter SK	25,18	649
6	Christer Koch Kvam	90	Øvre Eiker SK	25,29	641

## Funksjonshemmede

1	Edvard Aasjord Møkleby	95	Bodø SK	35,30	236	S9 128,64 %
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## Øvelse 11. 4\*200m fri, damer - Direkte finale

## Senior

1	Bærumsv J1 sr.	SR	Bærumsvømmerne	8.15,24	796	NR
	Emilie Nyenget Løvberg:	29,27(29,27)	1.00,89(31,62)	2.04,89		
	Elisabeth Jarland:	1.33,10(32,21)	2.04,89(31,79)	2.02,86		
	Andrea Westbye:	2.33,79(28,90)	3.04,69(30,90)	2.04,96		
	Siri Eva Kristiansen:	3.35,94(31,25)	4.07,75(31,81)	2.02,53		
		4.36,16(28,41)	5.07,98(31,82)			
		5.40,24(32,26)	6.12,71(32,47)			
		6.41,14(28,43)	7.12,38(31,24)			
		7.44,20(31,82)	8.15,24(31,04)			
2	Lambertseter SK J1 sr.	SR	Lambertseter SK	8.16,17	791	
	Victoria S. Løken:	28,69(28,69)	58,73(30,04)	2.02,30		
	Gina B. Andersen:	1.29,99(31,26)	2.02,30(32,31)	2.03,68		
	Christine M. Pedersen:	2.30,79(28,49)	3.01,42(30,63)	2.06,02		
	Sara Nordenstam:	3.33,38(31,96)	4.05,98(32,60)	2.04,17		
		4.34,52(28,54)	5.06,52(32,00)			
		5.39,24(32,72)	6.12,00(32,76)			
		6.41,18(29,18)	7.13,19(32,01)			
		7.45,10(31,91)	8.16,17(31,07)			
3	Stavanger SC J1 sr.	SR	Stavanger SC	8.18,87	778	
	Ane Nygård:	29,27(29,27)	1.01,94(32,67)	2.11,80		
	Ida Marko-Varga:	1.36,42(34,48)	2.11,80(35,38)	1.58,32		
	Rebecca Holst:	2.38,05(26,25)	3.08,09(30,04)	2.06,84		
	Henriette Brekke:	3.39,33(31,24)	4.10,12(30,79)	2.01,91		
		4.39,49(29,37)	5.11,37(31,88)			
		5.43,81(32,44)	6.16,96(33,15)			
		6.44,24(27,28)	7.15,11(30,87)			
		7.47,07(31,96)	8.18,87(31,80)			

4	Madla SK J1 sr.	SR	Madla SK	8.24,96	751
		29,15(29,15)	1.00,19(31,04)		
	Victoria Rung:	1.32,20(32,01)	2.04,34(32,14)	2.04,34	
		2.32,48(28,14)	3.04,63(32,15)		
	Maria Wigestrand:	3.38,26(33,63)	4.12,00(33,74)	2.07,66	
		4.41,62(29,62)	5.14,19(32,57)		
	Maria Thompson Clausen:	5.47,10(32,91)	6.20,52(33,42)	2.08,52	
		6.48,86(28,34)	7.19,97(31,11)		
	Eva Marie W. Østerhus:	7.52,56(32,59)	8.24,96(32,40)	2.04,44	
5	Bergensv. J1 sr.	SR	Bergensvømmerne	8.26,24	745
		28,88(28,88)	59,55(30,67)		
	Karoline Pedersen:	1.31,25(31,70)	2.03,71(32,46)	2.03,71	
		2.31,84(28,13)	3.02,98(31,14)		
	Bryndis Run Hansen:	3.35,47(32,49)	4.07,76(32,29)	2.04,05	
		4.36,98(29,22)	5.09,78(32,80)		
	Siri Løvold Magnussen:	5.43,36(33,58)	6.17,69(34,33)	2.09,93	
		6.46,27(28,58)	7.18,57(32,30)		
	Lise Sand Syversen:	7.52,41(33,84)	8.26,24(33,83)	2.08,55	
6	Lambertseter SK J2 sr.	SR	Lambertseter SK	8.35,89	704
		30,12(30,12)	1.02,33(32,21)		
	Heidi Vainio Gjøen:	1.35,51(33,18)	2.08,76(33,25)	2.08,76	
		2.37,32(28,56)	3.09,72(32,40)		
	Emilie Hellerud:	3.43,50(33,78)	4.16,51(33,01)	2.07,75	
		4.45,70(29,19)	5.18,30(32,60)		
	Line Løvberg:	5.51,95(33,65)	6.25,13(33,18)	2.08,62	
		6.54,41(29,28)	7.27,93(33,52)		
	Elisabeth H. Svensson:	8.02,48(34,55)	8.35,89(33,41)	2.10,76	
7	Asker SK J1 sr.	SR	Asker SK	8.41,46	682
		30,64(30,64)	1.03,62(32,98)		
	Helene Nordmark Skuterud:	1.38,43(34,81)	2.14,87(36,44)	2.14,87	
		2.43,14(28,27)	3.14,83(31,69)		
	Oda Marie Siljan:	3.47,57(32,74)	4.20,19(32,62)	2.05,32	
		4.50,20(30,01)	5.22,66(32,46)		
	Siri Anette Sønju:	5.56,06(33,40)	6.29,65(33,59)	2.09,46	
		6.59,70(30,05)	7.33,12(33,42)		
	Marte K. Bolstad:	8.07,17(34,05)	8.41,46(34,29)	2.11,81	
8	Delfana J1 sr.	SR	Delfana	8.47,60	658
		29,71(29,71)	1.02,28(32,57)		
	Elin Haugland:	1.36,37(34,09)	2.09,71(33,34)	2.09,71	
		2.39,64(29,93)	3.12,71(33,07)		
	Lisa Skogeng:	3.46,71(34,00)	4.19,97(33,26)	2.10,26	
		4.49,46(29,49)	5.23,58(34,12)		
	Karianne Reinertsen:	5.59,07(35,49)	6.34,66(35,59)	2.14,69	
		7.04,48(29,82)	7.38,10(33,62)		
	Vilde Stordal:	8.13,36(35,26)	8.47,60(34,24)	2.12,94	
9	Tromsø SK J1 sr.	SR	Tromsø SK	8.49,33	652
		30,64(30,64)	1.03,25(32,61)		
	Siv Fiske:	1.37,30(34,05)	2.12,04(34,74)	2.12,04	
		2.41,71(29,67)	3.14,88(33,17)		
	Ina Kvenshagen Gimse:	3.48,69(33,81)	4.22,70(34,01)	2.10,66	
		4.55,50(32,80)	5.29,58(34,08)		
	Sophia Broberg Skeltved:	6.03,82(34,24)	6.37,56(33,74)	2.14,86	
		7.09,08(31,52)	7.42,28(33,20)		
	Hanne Lockertsen:	8.15,84(33,56)	8.49,33(33,49)	2.11,77	
10	Øvre Eiker SK J1 sr.	SR	Øvre Eiker SK	8.52,72	639
		29,18(29,18)	1.00,59(31,41)		
	Stine Lise Stenseth:	1.33,69(33,10)	2.07,81(34,12)	2.07,81	
		2.37,60(29,79)	3.10,44(32,84)		
	Ellen Camilla Hansen:	3.44,63(34,19)	4.18,49(33,86)	2.10,68	
		4.49,37(30,88)	5.23,99(34,62)		
	Fanny Moen Pettersen:	5.59,39(35,40)	6.34,95(35,56)	2.16,46	
		7.05,55(30,60)	7.40,31(34,76)		
	Elisabeth Støver:	8.16,56(36,25)	8.52,72(36,16)	2.17,77	
11	Vestkantv. J1 sr.	SR	Vestkantvømmerne	8.54,91	631
		30,87(30,87)	1.04,90(34,03)		
	Andrea Haugstad:	1.40,19(35,29)	2.15,04(34,85)	2.15,04	
		2.45,81(30,77)	3.19,51(33,70)		
	Stine Vindenes:	3.54,28(34,77)	4.28,92(34,64)	2.13,88	
		4.58,30(29,38)	5.32,85(34,55)		
	Elida Hole:	6.08,20(35,35)	6.42,68(34,48)	2.13,76	
		7.12,71(30,03)	7.46,45(33,74)		
	Tina Schütz:	8.20,89(34,44)	8.54,91(34,02)	2.12,23	

12	Bærumsv J2 sr.	SR	Bærumsvømmerne	9.01,97	607
	Anna Bølgen:	30,55(30,55)	1.03,71(33,16)		
		1.38,26(34,55)	2.12,65(34,39)	2.12,65	
	Kristine Mella:	2.43,47(30,82)	3.18,08(34,61)		
		3.53,34(35,26)	4.28,64(35,30)	2.15,99	
	Victoria Croker:	5.00,19(31,55)	5.34,95(34,76)		
		6.10,71(35,76)	6.46,89(36,18)	2.18,25	
	Maria Bølgen:	7.17,38(30,49)	7.52,27(34,89)		
		8.27,52(35,25)	9.01,97(34,45)	2.15,08	
13	Løren/Rælingen J1 sr.	SR	Lørenskog/Rælingen	9.11,70	575
	Susanne Fornasari:	31,32(31,32)	1.05,09(33,77)		
		1.40,77(35,68)	2.16,22(35,45)	2.16,22	
	Klara Farkas:	2.47,42(31,20)	3.22,37(34,95)		
		3.56,85(34,48)	4.30,25(33,40)	2.14,03	
	Jeanette Erlandsen:	5.01,87(31,62)	5.36,96(35,09)		
		6.11,37(34,41)	6.45,33(33,96)	2.15,08	
	Marie Svensson:	7.17,57(32,24)	7.55,31(37,74)		
		8.34,11(38,80)	9.11,70(37,59)	2.26,37	
14	Oslo IL J1 sr.	SR	Oslo IL	9.13,79	569
	Nehna-Louise Møller-Pettersen:	30,28(30,28)	1.04,24(33,96)		
		1.39,07(34,83)	2.13,60(34,53)	2.13,60	
	Gesine Laake:	2.46,41(32,81)	3.22,57(36,16)		
		4.00,10(37,53)	4.37,36(37,26)	2.23,76	
	Oda Almgren Lind:	5.08,60(31,24)	5.43,62(35,02)		
		6.19,15(35,53)	6.54,20(35,05)	2.16,84	
	Gry Bernakiewicz:	7.26,04(31,84)	8.01,84(35,80)		
		8.38,13(36,29)	9.13,79(35,66)	2.19,59	

## Øvelse 12. 4\*100m fri, herrer - Direkte finale

## Senior

1	Bergens SC G1 sr.	SR	Bergens SC	3.22,17	745	NR
	Gard Kvale:	24,35(24,35)	50,14(25,79)	50,14		
	Jørgen Møllerop:	1.14,18(24,04)	1.40,92(26,74)	50,78		
	Lavrans Solli:	2.05,34(24,42)	2.31,26(25,92)	50,34		
	Alexander Broberg Skeltved:	2.56,03(24,77)	3.22,17(26,14)	50,91		
2	Bærumsv G1 sr.	SR	Bærumsvømmerne	3.22,99	736	
	Øystein R. Hetland:	24,25(24,25)	50,49(26,24)	50,49		
	Alexander Dale Oen:	1.15,02(24,53)	1.41,96(26,94)	51,47		
	Alexander Hetland:	2.05,15(23,19)	2.31,55(26,40)	49,59		
	Sebastian Wigstrøm:	2.56,23(24,68)	3.22,99(26,76)	51,44		
3	Bergensv. G1 sr.	SR	Bergensvømmerne	3.28,58	679	
	Sindri T. Jakobsson:	25,11(25,11)	52,71(27,60)	52,71		
	Erlend Ulveseter:	1.16,92(24,21)	1.44,55(27,63)	51,84		
	Even Vike Holm:	2.09,78(25,23)	2.37,05(27,27)	52,50		
	Marcus Tesdal:	3.01,17(24,12)	3.28,58(27,41)	51,53		
4	Lambertseter SK G1 sr.	SR	Lambertseter SK	3.28,63	678	
	Mikael Bergene:	25,31(25,31)	53,22(27,91)	53,22		
	Christian Thorsen:	1.17,74(24,52)	1.44,79(27,05)	51,57		
	Sindre Eilertsen:	2.08,90(24,11)	2.35,68(26,78)	50,89		
	Mathias Madsen:	3.00,99(25,31)	3.28,63(27,64)	52,95		
5	Stavanger SC G1 sr.	SR	Stavanger SC	3.29,47	670	
	Jørn Nygård:	24,49(24,49)	51,49(27,00)	51,49		
	Hans Østerdal:	1.16,24(24,75)	1.43,38(27,14)	51,89		
	Per Øystein Turøy:	2.08,88(25,50)	2.36,68(27,80)	53,30		
	Fredrik K Hegdal:	3.01,54(24,86)	3.29,47(27,93)	52,79		
6	IL Varg G1 sr.	SR	IL Varg	3.30,32	662	
	Petter Braarud:	25,42(25,42)	53,76(28,34)	53,76		
	Petter Sjødal:	1.17,99(24,23)	1.44,63(26,64)	50,87		
	Håkon Skårud Karlsen:	2.10,10(25,47)	2.37,96(27,86)	53,33		
	Odin Spangen Normann:	3.02,92(24,96)	3.30,32(27,40)	52,36		
7	Øvre Eiker SK G1 sr.	SR	Øvre Eiker SK	3.31,33	653	
	Christer Koch Kvam:	25,04(25,04)	52,02(26,98)	52,02		
	Mattis Saghaug:	1.16,31(24,29)	1.45,18(28,87)	53,16		
	Jens Petter Loe:	2.10,23(25,05)	2.37,61(27,38)	52,43		
	Dan Magnus Skibrek:	3.02,06(24,45)	3.31,33(29,27)	53,72		

8	Bærumsv G2 sr.	SR	Bærumsvømmerne		3.33,65	632
	Henry Emil Nordhagen:	25,70(25,70)	53,64(27,94)	53,64		
	Elias Damman:	1.18,64(25,00)	1.45,71(27,07)	52,07		
	Carl Andreas Wathne:	2.10,82(25,11)	2.39,70(28,88)	53,99		
	Vegard Nyenget Løvberg:	3.05,21(25,51)	3.33,65(28,44)	53,95		
9	Bergensv. G2 sr.	SR	Bergensvømmerne		3.35,25	618
	Eirik Runningen:	25,74(25,74)	53,79(28,05)	53,79		
	Espen Halhjem:	1.19,00(25,21)	1.47,77(28,77)	53,98		
	Erling Mjøs Brattelid:	2.13,14(25,37)	2.41,69(28,55)	53,92		
	Eivind Johannesen:	3.07,04(25,35)	3.35,25(28,21)	53,56		
10	Mandal SK G1 sr.	SR	Mandal SK		3.39,86	579
	Tord Eirik Seyffarth:	25,82(25,82)	54,01(28,19)	54,01		
	Per Sondre Sodeland:	1.21,16(27,15)	1.50,74(29,58)	56,73		
	Daniel B. Havre:	2.17,53(26,79)	2.46,86(29,33)	56,12		
	Bernt M. Seyffarth:	3.11,53(24,67)	3.39,86(28,33)	53,00		
11	Vestbyen IL G1 sr.	SR	Vestbyen IL		3.40,25	576
	Christian Tronvoll:	25,41(25,41)	53,75(28,34)	53,75		
	Sigvart Evjen:	1.20,41(26,66)	1.50,03(29,62)	56,28		
	Fredrik Tronvoll:	2.16,24(26,21)	2.45,13(28,89)	55,10		
	Christoffer Tofte Hamborg:	3.11,55(26,42)	3.40,25(28,70)	55,12		
12	Bærumsv G3 sr.	SR	Bærumsvømmerne		3.40,28	576
	Henrik Wathne:	26,20(26,20)	54,83(28,63)	54,83		
	Sindre Nilo:	1.20,70(25,87)	1.49,06(28,36)	54,23		
	Andre Bratgjerd:	2.15,99(26,93)	2.46,54(30,55)	57,48		
	Kristoffer D. Birkeland:	3.12,09(25,55)	3.40,28(28,19)	53,74		
13	Løren/Rælingen G1 sr.	SR	Lørenskog/Rælingen		3.40,81	572
	Vebjørn Lindhjem:	26,75(26,75)	55,06(28,31)	55,06		
	John Hage Gaarder:	1.20,18(25,12)	1.48,22(28,04)	53,16		
	Jørgen Gundersen:	2.15,47(27,25)	2.45,15(29,68)	56,93		
	Jørgen Scheie Bråthen:	3.11,50(26,35)	3.40,81(29,31)	55,66		
14	Vestkantv. G1 sr.	SR	Vestkantvømmerne		3.45,18	539
	Markus Vindenes:	25,78(25,78)	53,47(27,69)	53,47		
	Sander Sivertsen:	1.19,68(26,21)	1.49,73(30,05)	56,26		
	Kristian Blummenfelt:	2.17,91(28,18)	2.48,78(30,87)	59,05		
	Kristoffer Brekke:	3.15,55(26,77)	3.45,18(29,63)	56,40		
15	Oslo IL G1 sr.	SR	Oslo IL		3.52,84	488
	Henning Kaland:	26,77(26,77)	55,12(28,35)	55,12		
	Mads Knutsen:	1.22,83(27,71)	1.54,16(31,33)	59,04		
	Alexander Thorvaldsen:	2.20,37(26,21)	2.50,45(30,08)	56,29		
	Eirik Helgaker:	3.19,97(29,52)	3.52,84(32,87)	1.02,39		
16	Bærumsv G4 sr.	SR	Bærumsvømmerne		3.53,11	486
	Jakob Bernstein:	27,16(27,16)	56,21(29,05)	56,21		
	Fridtjof Bache Hungnes:	1.24,37(28,16)	1.56,23(31,86)	1.00,02		
	Magnus Buch:	2.23,41(27,18)	2.53,84(30,43)	57,61		
	Johann David Ørbeck:	3.21,77(27,93)	3.53,11(31,34)	59,27		
	Madla SK G2 sr.	SR	Madla SK		DISK	
	Ole Martin Ree:					
	Bjarte Ravndal:					
	Gaute Ravndal:					
	Morten Bordervich:					
	Madla SK G1 sr.	SR	Madla SK		DISK	
	Ørjan Monsen:					
	Øyvind Malde:					
	Kacper Domanski:					
	Sindre Aasland Ranaweera:					

# Fredag 25. mars kl 10.00

## Øvelse 13. 4\*50m lag medley, herrer - Forsøk

### Senior

1	Bergens SC G1 sr. Lavrans Solli: Erik Dorch: Alexander Broberg Skeltved: Gard Kvale:	SR 25,43(25,43) 53,39(27,96) 1.18,74(25,35) 1.41,75(23,01)	Bergens SC	(0,71)	1.41,75	641
2	Bærumsv G1 sr. Vegard Nyenget Løvberg: Alexander Dale Oen: Øystein R. Hetland: Alexander Hetland:	SR 27,33(27,33) 55,93(28,60) 1.19,97(24,04) 1.43,04(23,07)	Bærumsvømmerne	(0,62)	1.43,04	618
3	Bergensv. G1 sr. Even Vike Holm: Marcus Tesdal: Sindri T. Jakobsson: Petter Solberg:	SR 27,47(27,47) 55,60(28,13) 1.20,16(24,56) 1.43,63(23,47)	Bergensvømmerne	(0,69)	1.43,63	607
4	Madla SK G1 sr. Bjarte Ravndal: Thomas Breivoll: Gaute Ravndal: Ole Martin Ree:	SR 26,67(26,67) 56,17(29,50) 1.21,86(25,69) 1.45,03(23,17)	Madla SK	(0,45)	1.45,03	583
5	IL Varg G1 sr. Dominik Borkowski: Tor Arne Pedersen: Petter Sjødal: Petter Braarud:	SR 26,59(26,59) 56,93(30,34) 1.21,43(24,50) 1.45,19(23,76)	IL Varg	(0,65)	1.45,19	581
6	Øvre Eiker SK G1 sr. Christer Koch Kvam: Mattis Saghaug: Dan Magnus Skibrek: Jens Petter Loe:	SR 27,50(27,50) 56,51(29,01) 1.21,83(25,32) 1.45,45(23,62)	Øvre Eiker SK	(0,76)	1.45,45	576
7	Bergensv. G2 sr. Espen Halhjem: Erling Mjøs Brattelid: Sebastian Stordal: Erlend Ulveseter:	SR 28,48(28,48) 57,63(29,15) 1.23,39(25,76) 1.47,07(23,68)	Bergensvømmerne	(0,65)	1.47,07	550
8	Stavanger SC G1 sr. Per Øystein Turøy: Hans Østerdal: Fredrik K Hegdal: Jørn Nygård:	SR 28,47(28,47) 58,44(29,97) 1.24,05(25,61) 1.47,32(23,27)	Stavanger SC	(0,58)	1.47,32	547
9	Bærumsv G2 sr. Morten Hegdal: Sebastian Wigstrøm: Carl Andreas Wathne: Elias Damman:	SR 28,37(28,37) 57,05(28,68) 1.23,46(26,41) 1.47,34(23,88)	Bærumsvømmerne	(0,74)	1.47,34	546
10	Mandal SK G1 sr. Daniel B. Havre: Bernt M. Seyffarth: Tord Eirik Seyffarth: Per Sondre Sodeland:	SR 28,92(28,92) 57,21(28,29) 1.24,08(26,87) 1.47,86(23,78)	Mandal SK	(0,16)	1.47,86	538
11	Løren/Rælingen G1 sr. John Hage Gaarder: Jørgen Scheie Bråthen: Vebjørn Lindhjem: Kristian Thorsvald:	SR 26,83(26,83) 57,10(30,27) 1.24,39(27,29) 1.49,77(25,38)	Lørenskog/Rælingen	(0,54)	1.49,77	511
12	Bærumsv G3 sr. Henrik Wathne: Sindre Nilo: Kristoffer D. Birkeland: Henry Emil Nordhagen:	SR 28,51(28,51) 59,72(31,21) 1.26,56(26,84) 1.50,48(23,92)	Bærumsvømmerne	(0,67)	1.50,48	501

13	Modum SK G1 sr. Norbert Prokopiak: Aleksander Sire: Jarle S. Ødegård: Petter Koch:	SR 27,91(27,91) 58,17(30,26) 1.26,40(28,23) 1.51,29(24,89)	Modum SK	(0,52)	1.51,29	490
14	Vestbyen IL G1 sr. Fredrik Tronvoll: Christoffer Tofte Hamborg: Sigvart Evjen: Christian Tronvoll:	SR 29,27(29,27) 59,32(30,05) 1.27,81(28,49) 1.51,79(23,98)	Vestbyen IL	(0,63)	1.51,79	484
15	Bærumsv G4 sr. Lars Andre Tolås: Tollef Vollan: Jakob Bernstein: Andre Bratgjerd:	SR 26,54(26,54) 59,51(32,97) 1.26,90(27,39) 1.52,43(25,53)	Bærumsvømmerne	(0,68)	1.52,43	475
16	Vestkantsv. G1 sr. Kristoffer Brekke: Markus Vindenes: Sander Sivertsen: Kristian Blummenfelt:	SR 29,25(29,25) 58,68(29,43) 1.24,78(26,10) 1.52,50(27,72)	Vestkantsvømmerne	(0,74)	1.52,50	475
17	IL Varg G2 sr. Jonas Noreng Ravn: Odin Spangen Normann: Karl Otto Bratt: Håkon Skårud Karlsen:	SR 29,72(29,72) 1.01,79(32,07) 1.28,87(27,08) 1.52,80(23,93)	IL Varg	(0,82)	1.52,80	471
18	Madla SK G2 sr. Morten Bordervich: Øyvind Malde: Kacper Domanski: Ørjan Monsen:	SR 29,28(29,28) 1.00,57(31,29) 1.27,86(27,29) 1.53,36(25,50)	Madla SK	(0,61)	1.53,36	464
19	Sandefjord SK G1 sr. Hans Andre Pedersen: Robert Nilsen: Henrik From: Erik Andreassen:	SR 28,30(28,30) 1.00,99(32,69) 1.29,91(28,92) 1.55,76(25,85)	Sandefjord SK	(0,73)	1.55,76	436
20	Oslo IL G1 sr. Eirik Helgaker: Mads Knutsen: Henning Kaland: Alexander Thorvaldsen:	SR 33,28(33,28) 1.05,68(32,40) 1.32,42(26,74) 1.56,19(23,77)	Oslo IL	(0,69)	1.56,19	431
21	Bærumsv G5 sr. Fridtjof Bache Hungnes: Magnus Buch: Johann David Ørbeck: Carl Henrik Strandenæs:	SR 30,26(30,26) 1.04,04(33,78) 1.33,11(29,07) 2.01,83(28,72)	Bærumsvømmerne	(0,64)	2.01,83	374

### Øvelse 14. 800m fri, damer - Direkte finale – Foreløpig før siste heat

#### Senior

1	Gina B. Andersen 31,44(31,44) 2.45,79(33,59) 5.00,46(33,71) 7.16,79(34,29)	90 1.05,08(33,64) 3.19,47(33,68) 5.34,23(33,77) 7.50,67(33,88)	Lambertseter SK 1.38,52(33,44) 3.53,23(33,76) 6.08,29(34,06) 8.24,13(33,46)	8.56,26	738
2	Eva Marie W. Østerhus 31,16(31,16) 2.47,09(33,63) 5.02,86(33,70) 7.18,43(34,22)	94 1.04,68(33,52) 3.21,32(34,23) 5.36,28(33,42) 7.52,78(34,35)	Madla SK 1.39,10(34,42) 3.55,41(34,09) 6.10,28(34,00) 8.26,41(33,63)	8.59,38	725
3	Oda Gjerde 31,83(31,83) 2.46,64(33,87) 5.04,77(34,80) 7.24,56(35,22)	95 1.05,17(33,34) 3.21,14(34,50) 5.39,54(34,77) 7.59,71(35,15)	Bryne SK 1.39,10(33,93) 3.55,69(34,55) 6.14,52(34,98) 8.34,73(35,02)	9.08,55	689

4	Siri Anette Sønju	92	Asker SK/NTG	9.09,95	684
	31,18(31,18)	1.04,80(33,62)	1.39,40(34,60)	2.14,07(34,67)	
	2.48,58(34,51)	3.23,51(34,93)	3.58,24(34,73)	4.33,08(34,84)	
	5.07,82(34,74)	5.42,56(34,74)	6.17,50(34,94)	6.52,71(35,21)	
	7.27,40(34,69)	8.01,94(34,54)	8.36,55(34,61)	9.09,95(33,40)	
5	Andrea Westbye	95	Bærumsvømmerne	9.10,38	682
	31,19(31,19)	1.05,36(34,17)	1.39,94(34,58)	2.15,04(35,10)	
	2.50,04(35,00)	3.24,91(34,87)	3.59,89(34,98)	4.34,98(35,09)	
	5.09,74(34,76)	5.44,58(34,84)	6.19,58(35,00)	6.54,70(35,12)	
	7.28,92(34,22)	8.03,03(34,11)	8.37,12(34,09)	9.10,38(33,26)	
6	Elin Haugland	96	Delfana	9.14,84	666
	30,87(30,87)	1.04,97(34,10)	1.39,53(34,56)	2.14,28(34,75)	
	2.49,30(35,02)	3.24,31(35,01)	3.59,74(35,43)	4.34,90(35,16)	
	5.10,22(35,32)	5.45,46(35,24)	6.20,46(35,00)	6.55,44(34,98)	
	7.30,75(35,31)	8.05,61(34,86)	8.40,97(35,36)	9.14,84(33,87)	
7	Lisa Skogeng	96	Delfana	9.20,23	647
	31,96(31,96)	1.06,24(34,28)	1.41,32(35,08)	2.16,25(34,93)	
	2.51,28(35,03)	3.26,70(35,42)	4.02,32(35,62)	4.38,04(35,72)	
	5.13,76(35,72)	5.49,25(35,49)	6.24,90(35,65)	7.00,74(35,84)	
	7.36,12(35,38)	8.12,01(35,89)	8.47,48(35,47)	9.20,23(32,75)	
8	Tina Schütz	96	Vestkantsvømmerne	9.20,67	645
	31,82(31,82)	1.06,27(34,45)	1.41,34(35,07)	2.16,67(35,33)	
	2.51,99(35,32)	3.27,32(35,33)	4.02,71(35,39)	4.38,18(35,47)	
	5.14,16(35,98)	5.49,66(35,50)	6.25,39(35,73)	7.01,09(35,70)	
	7.36,77(35,68)	8.11,96(35,19)	8.46,94(34,98)	9.20,67(33,73)	
9	Maria Wigestrånd	94	Madla SK	9.22,04	641
	31,17(31,17)	1.05,53(34,36)	1.40,17(34,64)	2.15,38(35,21)	
	2.50,95(35,57)	3.26,64(35,69)	4.02,52(35,88)	4.38,17(35,65)	
	5.14,00(35,83)	5.49,85(35,85)	6.25,42(35,57)	7.01,09(35,67)	
	7.36,95(35,86)	8.12,58(35,63)	8.47,80(35,22)	9.22,04(34,24)	
10	Andrea Haugstad	92	Vestkantsvømmerne	9.27,96	621
	32,20(32,20)	1.06,84(34,64)	1.42,09(35,25)	2.17,62(35,53)	
	2.52,97(35,35)	3.28,93(35,96)	4.05,05(36,12)	4.41,16(36,11)	
	5.17,38(36,22)	5.53,40(36,02)	6.29,16(35,76)	7.05,08(35,92)	
	7.40,88(35,80)	8.16,93(36,05)	8.52,83(35,90)	9.27,96(35,13)	
11	Karianne Reinertsen	97	Delfana	9.39,80	584
	32,77(32,77)	1.08,34(35,57)	1.44,45(36,11)	2.20,93(36,48)	
	2.57,30(36,37)	3.34,06(36,76)	4.10,60(36,54)	4.47,50(36,90)	
	5.23,49(35,99)	6.00,22(36,73)	6.37,62(37,40)	7.14,34(36,72)	
	7.50,93(36,59)	8.27,61(36,68)	9.03,83(36,22)	9.39,80(35,97)	
12	Ane Nygård	95	Stavanger SC	9.48,03	559
	31,13(31,13)	1.06,40(35,27)	1.42,25(35,85)	2.18,46(36,21)	
	2.54,38(35,92)	3.30,75(36,37)	4.07,80(37,05)	4.45,00(37,20)	
	5.22,15(37,15)	5.59,93(37,78)	6.37,93(38,00)	7.15,56(37,63)	
	7.54,05(38,49)	8.31,84(37,79)	9.09,88(38,04)	9.48,03(38,15)	
	Elida Hole	96	Vestkantsvømmerne	DISK	

## Øvelse 15. 400m fri, herrer - Forsøk

## Senior

1	Jørn Nygård	92	Stavanger SC	3.56,56	728
	27,62(27,62)	57,33(29,71)	1.27,13(29,80)	1.57,28(30,15)	
	2.27,43(30,15)	2.57,42(29,99)	3.27,68(30,26)	3.56,56(28,88)	
2	Gard Kvale	84	Bergens SC	3.58,35	711
	27,64(27,64)	57,21(29,57)	1.27,11(29,90)	1.57,33(30,22)	
	2.27,89(30,56)	2.58,08(30,19)	3.28,54(30,46)	3.58,35(29,81)	
3	Christian Thorsen	91	Lambertseter SK	4.02,29	677
	28,29(28,29)	58,87(30,58)	1.29,36(30,49)	2.00,18(30,82)	
	2.30,97(30,79)	3.01,98(31,01)	3.33,01(31,03)	4.02,29(29,28)	
4	Jonas Ødegård Aanby	95	Delfana	4.02,91	672
	28,62(28,62)	59,19(30,57)	1.29,65(30,46)	2.00,38(30,73)	
	2.30,96(30,58)	3.02,04(31,08)	3.32,49(30,45)	4.02,91(30,42)	
5	Ole Martin Ree	92	Madla SK	4.03,58	667
	28,17(28,17)	58,93(30,76)	1.30,14(31,21)	2.01,63(31,49)	
	2.32,57(30,94)	3.03,28(30,71)	3.34,07(30,79)	4.03,58(29,51)	

6	Morten Bordervich 28,71(28,71) 2.31,65(29,92)	94	Madla SK 1.30,15(31,23) 3.34,06(30,93)	4.03,67 2.01,73(31,58) 4.03,67(29,61)	666
7	Sindre Nilo 28,11(28,11) 2.32,15(30,43)	90	Bærumsvømmerne 1.30,40(31,16) 3.33,77(30,98)	4.05,43 2.01,72(31,32) 4.05,43(31,66)	652
8	Henrik Christiansen 28,48(28,48) 2.33,03(31,11)	96	Skjetten Svømming 1.30,71(31,30) 3.35,75(31,44)	4.06,40 2.01,92(31,21) 4.06,40(30,65)	644
8	Ørjan Monsen 28,11(28,11) 2.32,75(31,35)	92	Madla SK 1.29,68(31,26) 3.35,80(31,38)	4.06,40 2.01,40(31,72) 4.06,40(30,60)	644
10	Eivind Johannesen 27,80(27,80) 2.32,54(31,53)	92	BS/Åstveit 1.29,32(31,45) 3.36,09(31,77)	4.07,13 2.01,01(31,69) 4.07,13(31,04)	638
11	Elias Damman 28,48(28,48) 2.33,51(31,50)	89	Bærumsvømmerne 1.30,28(31,24) 3.36,85(31,90)	4.08,35 2.02,01(31,73) 4.08,35(31,50)	629
12	Øystein Fjeldberg 28,46(28,46) 2.33,79(32,11)	93	Randaberg IL 1.29,72(30,91) 3.39,28(32,77)	4.10,89 2.01,68(31,96) 4.10,89(31,61)	610
13	Odin Spangen Normann 28,21(28,21) 2.34,40(31,92)	92	IL Varg 1.30,71(31,38) 3.39,14(32,54)	4.10,91 2.02,48(31,77) 4.10,91(31,77)	610
14	Sondre Kallhovd 28,72(28,72) 2.36,44(31,87)	93	Lambertseter SK 1.32,24(31,83) 3.40,81(32,24)	4.12,25 2.04,57(32,33) 4.12,25(31,44)	600
15	Erik Tobias Sollesnes 28,25(28,25) 2.34,90(32,32)	95	Kolbotn IL 3.41,17(32,94)	4.12,91 2.02,58(1.03,19) 4.12,91(31,74)	595
16	Sander Rødje 28,06(28,06) 2.35,39(32,34)	93	Haugesund SK 1.30,41(32,01) 3.41,44(33,01)	4.13,21 2.03,05(32,64) 4.13,21(31,77)	593
17	Martin Berger Oterholm 28,12(28,12) 2.35,11(32,60)	93	Kolbotn IL 1.30,32(31,57) 3.41,10(33,09)	4.13,30 2.02,51(32,19) 4.13,30(32,20)	593
18	Sindre Lilledahl 28,44(28,44) 2.37,87(32,27)	92	Haugesund SK 1.32,79(32,71) 3.43,51(32,66)	4.15,36 2.05,60(32,81) 4.15,36(31,85)	578
19	Kim Rune Hansen 27,86(27,86) 2.37,36(32,88)	94	Øvre Eiker SK 1.31,68(32,55) 3.44,24(33,32)	4.16,31 2.04,48(32,80) 4.16,31(32,07)	572
20	Henrik Wathne 28,94(28,94) 2.36,71(31,63)	94	Bærumsvømmerne 1.32,22(32,07) 3.43,77(33,65)	4.16,52 2.05,08(32,86) 4.16,52(32,75)	571

## Øvelse 16. 50m bryst, damer - Forsøk

### Senior

1	Henriette Brekke	88	Stavanger SC	32,88	672
2	Siri Eva Kristiansen	93	Bærumsvømmerne	33,13	657
3	Henriette Martinsen	85	Stavanger SC	33,19	653
4	Stina Kajsa Colleou	93	Lambertseter SK	33,41	641
5	Kaja Bremer	93	Bergens SLK	33,63	628
6	Stine Vindenes	93	Vestkantsvømmerne	33,78	620
7	Mari Singstad	91	Trondhjem SLK	33,89	614
8	Hanne Chr. Seyffarth	85	Mandal SK	34,00	608
9	Rikke Nagell-Kleven	95	Asker SK	34,11	602
10	Malene M. Pedersen	96	Lambertseter SK	34,38	588
11	Luna Elisabeth Sjøgaard	94	Lambertseter SK	34,40	587
12	Maren Larsen	94	Madla SK	34,60	577
13	Sophia Broberg Skeltved	92	Tromsø SK/NTG	34,70	572
14	Benedicte Kausland	92	Vestkantsvømmerne	34,74	570

14	Tone Lill Evanger	96	Delfana	34,74	570
16	Karina Brunstad Fet	95	Aalesund SLK	35,03	556
17	Maren E.J. Bakke	94	Setermoen SK	35,25	545
18	Siren Bergslid	93	Stavanger SC	35,49	534
19	Therese Tronerud	93	Egersund SK	36,39	496

### Øvelse 17. 50m rygg, herrer - Forsøk

#### Senior

1	Lavrans Solli	92	Bergens SC	(0,69)	25,49	698
2	Dominik Borkowski	90	IL Varg	(0,65)	26,28	637
3	Petter Sjødal	79	IL Varg		26,29	636
4	John Hage Gaarder	89	Lørenskog/Rælingen	(0,60)	26,57	616
5	Mikael Bergene	91	Lambertseter SK	(0,59)	26,62	613
6	Bjarte Ravndal	91	Madla SK	(0,70)	26,71	607
7	Sverre Næss	92	Sarpsborg IL	(0,94)	26,94	591
8	Even Vike Holm	90	BS/Arna	(0,73)	27,27	570
9	Norbert Prokopiak	94	Modum/NTG	(0,53)	27,39	563
10	Vegard Nyenget Løvberg	91	Bærumsvømmerne	(0,66)	27,93	531
11	Christer Koch Kvam	90	Øvre Eiker SK	(0,73)	28,01	526
12	Julian Åsheim Mikkelsen	93	Ås IL/NTG	(0,65)	28,02	525
13	Åsmund Karlsen	92	Eid SK	(0,67)	28,18	517
14	Christian Christiansen	94	Kristiansund SLK/NTG	(0,74)	28,21	515
15	Henry Emil Nordhagen	93	Bærumsvømmerne	(0,60)	28,26	512
16	Markus Lie	95	Åstveit SK	(0,58)	28,28	511
17	Fredrik Tronvoll	93	Vestbyen IL	(0,65)	28,35	507
18	Jørgen Aagaard-Nilsen Wiik	93	Larvik SK	(0,60)	28,47	501
19	Vebjørn Lindhjem	95	Lørenskog/Rælingen	(0,66)	28,55	497
20	Per Øystein Turøy	92	Stavanger SC	(0,59)	28,63	493
21	Henrik Wathne	94	Bærumsvømmerne	(0,68)	28,77	485
22	Henning Kaland	92	Oslo IL	(0,60)	29,00	474

### Øvelse 18. 200m individuell medley, damer - Forsøk

#### Senior

1	Ida Marko-Varga	85	Stavanger SC		2.16,87	754
	29,05(29,05)			1.03,50(34,45)	1.43,67(40,17)	2.16,87(33,20)
2	Susann Bjørnsen	93	Setermoen SK/NTG		2.18,28	732
	30,70(30,70)			1.07,04(36,34)	1.47,05(40,01)	2.18,28(31,23)
3	Elisabeth Jarland	85	Bærumsvømmerne		2.18,65	726
	30,26(30,26)			1.04,39(34,13)	1.45,30(40,91)	2.18,65(33,35)
4	Jacqueline Knutsson	93	Kongsten/NTG		2.19,58	711
	29,77(29,77)			1.05,33(35,56)	1.45,98(40,65)	2.19,58(33,60)
5	Sara Nordenstam	83	Lambertseter SK		2.19,89	707
	30,75(30,75)			1.07,42(36,67)	1.46,30(38,88)	2.19,89(33,59)
6	Victoria Rung	92	Madla SK		2.21,26	686
	30,86(30,86)			1.08,16(37,30)	1.49,11(40,95)	2.21,26(32,15)
7	Birgitte Elise Søfteland	94	Sarpsborg IL		2.22,17	673
	31,59(31,59)			1.07,38(35,79)	1.50,11(42,73)	2.22,17(32,06)
8	Emilie Nyenget Løvberg	95	Bærumsvømmerne		2.22,37	670
	30,04(30,04)			1.06,40(36,36)	1.49,95(43,55)	2.22,37(32,42)
9	Siri Eva Kristiansen	93	Bærumsvømmerne		2.22,50	669
	31,08(31,08)			1.09,11(38,03)	1.48,69(39,58)	2.22,50(33,81)
10	Maria Thompson Clausen	96	Madla SK		2.22,70	666
	30,73(30,73)			1.07,06(36,33)	1.49,13(42,07)	2.22,70(33,57)
11	Sophia Broberg Skeltved	92	Tromsø SK/NTG		2.25,80	624
	31,70(31,70)			1.08,50(36,80)	1.50,15(41,65)	2.25,80(35,65)

12	Eva Marie W. Østerhus 31,34(31,34)	94	Madla SK 1.52,60(44,30)	2.26,27 2.26,27(33,67)	618
13	Tone Lill Evanger 33,59(33,59)	96	Delfana 1.51,75(40,59)	2.26,73 2.26,73(34,98)	612
14	Stina Kajsa Colleou 32,82(32,82)	93	Lambertseter SK 1.51,41(39,33)	2.26,76 2.26,76(35,35)	612
15	Luna Elisabeth Sjøgaard 32,95(32,95)	94	Lambertseter SK 1.51,86(39,82)	2.27,39 2.27,39(35,53)	604
16	Ellen Camilla Hansen 33,32(33,32)	95	Øvre Eiker SK 1.54,79(43,77)	2.28,07 2.28,07(33,28)	596
17	Stine Mjøllhus Kristoffersen 31,17(31,17)	93	Madla SK 1.52,02(42,80)	2.28,17 2.28,17(36,15)	595
18	Stine Lise Stenseth 31,66(31,66)	94	Øvre Eiker SK 1.53,81(44,14)	2.29,49 2.29,49(35,68)	579
19	Klara Farkas 31,83(31,83)	96	Lørenskog/Rælingen 1.55,27(44,64)	2.29,62 2.29,62(34,35)	578
20	Lise Sand Syversen 30,74(30,74)	95	BS/Delfana 1.55,67(45,93)	2.31,71 2.31,71(36,04)	554

## Funksjonshemmede

1	Sara Louise Rung 49,65(49,65)	89	Madla SK 2.44,23(58,02)	3.30,58 3.30,58(46,35)	207 SM5 108,78 % VR
2	Ingrid Djupskås 55,97(55,97)	89	Drammen SK 3.02,49(1.15,10)	3.55,18 3.55,18(52,69)	149 SM8 148,56 %

## Øvelse 19. 100m butterfly, herrer - Forsøk

## Senior

1	Øystein R. Hetland 25,33(25,33)	89	Bærumsvømmerne 55,19(29,86)	55,19 55,19	678
2	Sindri T. Jakobsson 26,18(26,18)	91	BS/Delfana 56,00(29,82)	56,00 56,00	649
2	Fredrik K Hegdal 26,13(26,13)	94	Stavanger SC 56,00(29,87)	56,00 56,00	649
4	Alexander Broberg Skeltved 26,35(26,35)	87	Bergens SC 56,34(29,99)	56,34 56,34	637
5	Sindre Eilertsen 26,52(26,52)	90	Lambertseter SK 56,47(29,95)	56,47 56,47	633
6	Jørgen Møllerop 26,39(26,39)	88	Bergens SC 56,64(30,25)	56,64 56,64	627
7	Erlend Ulveseter 26,33(26,33)	92	BS/Åstveit 56,77(30,44)	56,77 56,77	623
8	Sebastian Stordal 26,84(26,84)	91	BS/Delfana 57,02(30,18)	57,02 57,02	615
9	Stian S. Langeland 26,78(26,78)	89	Bergens SC 57,51(30,73)	57,51 57,51	599
10	Hans Østerdal 27,15(27,15)	93	Stavanger SC 58,03(30,88)	58,03 58,03	583
11	Thomas Myhrer 27,21(27,21)	94	Sarpsborg IL/NTG 58,07(30,86)	58,07 58,07	582
12	Odin Spangen Normann 26,86(26,86)	92	IL Varg 58,27(31,41)	58,27 58,27	576
13	Henning Kaland 27,28(27,28)	92	Oslo IL 58,56(31,28)	58,56 58,56	567
14	Espen Halhjem 27,36(27,36)	92	BS/Delfana 59,08(31,72)	59,08 59,08	553
15	Petter Solberg 26,93(26,93)	85	BS/Delfana 59,29(32,36)	59,29 59,29	547
16	Åsmund Karlsen 27,73(27,73)	92	Eid SK 59,77(32,04)	59,77 59,77	534
17	Martin Hammer 27,43(27,43)	93	Kongsten/NTG 59,87(32,44)	59,87 59,87	531

## Funksjonshemmede

1	Edvard Aasjord Møkleby 37,52(37,52)	95	Bodø SK	1.23,24	198	S9 140,28 %
				1.23,24(45,72)		

## Øvelse 20. 200m rygg, damer - Forsøk

## Senior

1	Veronica Orheim Bjørlykke 31,70(31,70)	94	Aalesund SLK	2.12,61	744
				1.05,01(33,31)	
2	Oda Marie Siljan 30,87(30,87)	92	Asker SK/TiT	2.14,25	717
				(0,72) 2.14,25(35,14)	
3	Rebecca Holst 33,39(33,39)	91	Stavanger SC	2.17,91	662
				(0,67) 2.17,91(34,60)	
4	Heidi Vainio Gjøen 32,62(32,62)	88	Lambertseter SK	2.18,25	657
				(0,69) 2.18,25(35,35)	
5	Christine M. Pedersen 32,47(32,47)	93	Lambertseter SK	2.18,86	648
				(0,69) 2.18,86(35,59)	
6	Gina B. Andersen 33,57(33,57)	90	Lambertseter SK	2.18,94	647
				(0,69) 2.18,94(35,05)	
7	Bitte Fagermo 33,28(33,28)	93	Narvik SK/NTG	2.19,35	641
				(0,85) 2.19,35(35,71)	
8	Elisabeth Kristiansen 32,16(32,16)	92	Haugesund SK	2.19,46	640
				(0,70) 2.19,46(35,32)	
9	Ina Kvenshagen Gimse 32,71(32,71)	95	Tromsø SK	2.19,60	638
				(0,67) 2.19,60(35,66)	
10	Andrine Davidsen 32,39(32,39)	95	Lambertseter SK	2.19,91	634
				(0,61) 2.19,91(36,07)	
11	Marte Stamland 33,25(33,25)	96	Poseidon	2.21,41	614
				(0,69) 2.21,41(36,46)	
11	Line Løvberg 33,22(33,22)	91	Lambertseter SK	2.21,41	614
				(0,79) 2.21,41(36,74)	
13	Karoline Steffensen 33,05(33,05)	96	Harstad SK	2.21,60	611
				(0,64) 2.21,60(36,28)	
14	Vilde Tengedal 32,91(32,91)	96	Bryne SK	2.22,47	600
				(0,72) 2.22,47(36,31)	
15	Katrine Jensen 33,27(33,27)	92	BS/Åstveit	2.23,45	588
				(0,62) 2.23,45(37,73)	
16	Camilla Moe 33,75(33,75)	92	Ås IL	2.23,54	587
				(0,68) 2.23,54(36,26)	
17	Hanne Lockertsen 34,96(34,96)	94	Tromsø SK/NTG	2.24,36	577
				(0,73) 2.24,36(36,99)	
18	Fanny Moen Pettersen 35,12(35,12)	93	Øvre Eiker SK	2.26,20	555
				(0,84) 2.26,20(37,06)	
19	Elin Haugland 34,59(34,59)	96	Delfana	2.26,21	555
				(0,73) 2.26,21(36,86)	
20	Eirin Røen Martinsen 34,18(34,18)	93	Hamar IL	2.26,28	555
				(0,83) 2.26,28(37,64)	
21	Lotte Miller 33,90(33,90)	96	Madla SK	2.26,33	554
				(0,64) 2.26,33(37,96)	
22	Karianne Reinertsen 33,63(33,63)	97	Delfana	2.26,75	549
				(0,81) 2.26,75(37,95)	
	Sara Nordenstam	83	Lambertseter SK	BRUTT	

## Øvelse 21. 200m bryst, herrer - Forsøk

## Senior

1	Alexander Dale Oen	85	Bærumsvømmerne	2.16,45	692
	30,22(30,22)	1.04,74(34,52)	1.40,40(35,66)	2.16,45(36,05)	
2	Sebastian Wigstrøm	91	Bærumsvømmerne	2.16,55	690
	30,38(30,38)	1.04,42(34,04)	1.39,73(35,31)	2.16,55(36,82)	
3	Marcus Tesdal	90	BS/Åstveit	2.16,56	690
	30,97(30,97)	1.05,82(34,85)	1.41,50(35,68)	2.16,56(35,06)	
4	Sverre Næss	92	Sarpsborg IL	2.21,66	618
	30,98(30,98)	1.06,67(35,69)	1.44,20(37,53)	2.21,66(37,46)	
5	Markus Vindenes	94	Vestkantsvømmerne	2.22,87	603
	31,33(31,33)	1.07,04(35,71)	1.44,18(37,14)	2.22,87(38,69)	
6	Erling Mjøs Brattelid	91	BS/Åstveit	2.23,07	600
	31,87(31,87)	1.08,22(36,35)	1.45,39(37,17)	2.23,07(37,68)	
7	Simen Dale	91	BS/Delfana	2.23,74	592
	31,59(31,59)	1.08,41(36,82)	1.46,09(37,68)	2.23,74(37,65)	
8	Aleksander Sire	93	Modum/NTG	2.24,18	586
	31,92(31,92)	1.08,77(36,85)	1.46,25(37,48)	2.24,18(37,93)	
9	Robin H. Kleiven	93	Aalesund SLK	2.25,66	569
	32,88(32,88)	1.09,43(36,55)	1.46,79(37,36)	2.25,66(38,87)	
10	Jørgen Scheie Bråthen	95	Lørenskog/Rælingen	2.26,75	556
	32,91(32,91)	1.10,67(37,76)	1.48,65(37,98)	2.26,75(38,10)	
11	Andreas Mathingsdal Pedersen	92	Farsund SK	2.27,35	549
	33,15(33,15)	1.10,71(37,56)	1.48,98(38,27)	2.27,35(38,37)	
12	Daniel Ommedal	92	Eid SK	2.27,90	543
	32,61(32,61)	1.09,05(36,44)	1.47,28(38,23)	2.27,90(40,62)	
13	Sindre Aasland Ranaweera	96	Madla SK	2.28,28	539
	32,54(32,54)	1.09,80(37,26)	1.48,18(38,38)	2.28,28(40,10)	
14	Øyvind Malde	92	Madla SK	2.29,82	523
	32,39(32,39)	1.10,24(37,85)	1.49,81(39,57)	2.29,82(40,01)	
	Christopher Wolf	93	Vestbyen IL	DISK	

## Øvelse 22. 50m butterfly, damer - Forsøk

## Senior

1	Ida Marko-Varga	85	Stavanger SC	27,66	685
2	Ingvild Snildal	88	Asker SK	27,70	682
3	Bryndis Run Hansen	93	BS/Åstveit	28,18	648
4	Monica W. Johannessen	90	Bergens SC	28,26	642
5	Siri Løvold Magnussen	86	BS/Delfana	28,66	616
5	Emilie Nyenget Løvberg	95	Bærumsvømmerne	28,66	616
7	Mette Mellbye Larsen	95	Asker SK	28,72	612
8	Victoria S. Løken	91	Lambertseter SK	28,85	603
9	Helene Solberg	91	Asker SK	28,90	600
10	Marthe Berg Sørensen	92	Madla SK	28,92	599
11	Elise Næss Olsen	97	Asker SK	28,99	595
12	Jacqueline Knutsson	93	Kongsten/NTG	29,06	590
13	Elisabeth Kristiansen	92	Haugesund SK	29,39	571
14	Vår Celine Sjøgaard	96	Lambertseter SK	29,40	570
15	Rikke Nagell-Kleven	95	Asker SK	29,44	568
16	Stine Vindenes	93	Vestkantsvømmerne	29,56	561
17	Line Løvberg	91	Lambertseter SK	29,62	558
18	Vilde Tengedal	96	Bryne SK	29,69	554
19	Elisabeth H. Svensson	91	Lambertseter SK	29,72	552
20	Maria Thompson Clausen	96	Madla SK	29,79	548
21	Klara Farkas	96	Lørenskog/Rælingen	29,98	538

22	Elise Strømsvik	87	Vestbyen IL	30,05	534
23	Iselin Mjøllner Dahlen	92	Skjetten Svømming/NTG	30,09	532
24	Ingrid Hystad	92	IL Solid	30,14	529
25	Kaja Bremer	93	Bergens SLK	30,47	512
26	Kristine Mella	90	Bærumsvømmerne	30,83	495

### Øvelse 23. 4\*200m fri, herrer - Direkte finale – Foreløpig før siste heat

#### Senior

1	Lambertseter SK G1 sr.	SR	Lambertseter SK	7.40,02	713
		26,90(26,90)	55,23(28,33)		
	Christian Thorsen:	1.24,22(28,99)	1.53,23(29,01)	1.53,23	
		2.19,73(26,50)	2.48,45(28,72)		
	Sindre Eilertsen:	3.17,88(29,43)	3.47,55(29,67)	1.54,32	
		4.14,07(26,52)	4.43,61(29,54)		
	Mikael Bergene:	5.13,03(29,42)	5.41,89(28,86)	1.54,34	
		6.07,55(25,66)	6.37,46(29,91)		
	Mathias Madsen:	7.08,58(31,12)	7.40,02(31,44)	1.58,13	
2	Bærumsv G2 sr.	SR	Bærumsvømmerne	7.52,96	656
		27,56(27,56)	57,63(30,07)		
	Henry Emil Nordhagen:	1.28,14(30,51)	1.59,27(31,13)	1.59,27	
		2.26,13(26,86)	2.55,84(29,71)		
	Sindre Nilo:	3.26,54(30,70)	3.57,51(30,97)	1.58,24	
		4.24,91(27,40)	4.55,14(30,23)		
	Carl Andreas Wathne:	5.25,25(30,11)	5.55,73(30,48)	1.58,22	
		6.22,11(26,38)	6.52,07(29,96)		
	Kristoffer D. Birkeland:	7.22,75(30,68)	7.52,96(30,21)	1.57,23	
3	Vestkantsv. G1 sr.	SR	Vestkantsvømmerne	8.12,98	580
		27,96(27,96)	59,58(31,62)		
	Sander Sivertsen:	1.31,58(32,00)	2.03,60(32,02)	2.03,60	
		2.31,92(28,32)	3.03,17(31,25)		
	Markus Vindenes:	3.34,81(31,64)	4.05,87(31,06)	2.02,27	
		4.34,74(28,87)	5.06,64(31,90)		
	Kristoffer Brekke:	5.38,91(32,27)	6.10,67(31,76)	2.04,80	
		6.38,26(27,59)	7.09,52(31,26)		
	Kristian Blummenfelt:	7.41,75(32,23)	8.12,98(31,23)	2.02,31	
4	Vestbyen IL G1 sr.	SR	Vestbyen IL	8.23,54	544
		27,11(27,11)	57,95(30,84)		
	Christian Tronvoll:	1.30,77(32,82)	2.03,82(33,05)	2.03,82	
		2.33,31(29,49)	3.05,89(32,58)		
	Christopher Wolf:	3.40,30(34,41)	4.13,58(33,28)	2.09,76	
		4.41,82(28,24)	5.14,04(32,22)		
	Christoffer Tofte Hamborg:	5.46,57(32,53)	6.18,25(31,68)	2.04,67	
		6.46,45(28,20)	7.17,50(31,05)		
	Sigvart Evjen:	7.50,68(33,18)	8.23,54(32,86)	2.05,29	
5	Bærumsv G3 sr.	SR	Bærumsvømmerne	8.25,84	537
		28,87(28,87)	1.00,67(31,80)		
	Jakob Bernstein:	1.32,88(32,21)	2.05,29(32,41)	2.05,29	
		2.32,32(27,03)	3.03,01(30,69)		
	Henrik Wathne:	3.35,21(32,20)	4.07,83(32,62)	2.02,54	
		4.36,04(28,21)	5.08,61(32,57)		
	Fridtjof Bache Hungnes:	5.43,42(34,81)	6.18,40(34,98)	2.10,57	
		6.47,49(29,09)	7.19,84(32,35)		
	Magnus Buch:	7.53,24(33,40)	8.25,84(32,60)	2.07,44	

## Øvelse 24. 4\*100m fri, damer - Direkte finale – Foreløpig før siste heat

## Senior

1	Lambertseter SK J2 sr.	SR	Lambertseter SK	3.57,89	671
	Emma Isdahl:	29,68(29,68)	1.00,68(31,00)	1.00,68	
	Christine M. Pedersen:	1.28,92(28,24)	2.00,24(31,32)	59,56	
	Heidi Vainio Gjøn:	2.27,98(27,74)	2.58,37(30,39)	58,13	
	Merete Løvberg:	3.26,69(28,32)	3.57,89(31,20)	59,52	
2	Tromsø SK J1 sr.	SR	Tromsø SK	3.58,08	669
	Siv Fiske:	28,82(28,82)	59,07(30,25)	59,07	
	Ina Kvenshagen Gimse:	1.27,27(28,20)	1.57,71(30,44)	58,64	
	Sophia Broberg Skeltved:	2.27,00(29,29)	2.58,06(31,06)	1.00,35	
	Hanne Lockertsen:	3.27,36(29,30)	3.58,08(30,72)	1.00,02	
3	Vestkantsv. J1 sr.	SR	Vestkantsvømmerne	4.00,27	651
	Andrea Haugstad:	29,17(29,17)	1.00,94(31,77)	1.00,94	
	Benedicte Kausland:	1.29,68(28,74)	2.01,06(31,38)	1.00,12	
	Elida Hole:	2.29,71(28,65)	3.01,44(31,73)	1.00,38	
	Stine Vindenes:	3.29,83(28,39)	4.00,27(30,44)	58,83	
4	Delfana J1 sr.	SR	Delfana	4.02,42	634
	Lisa Skogeng:	30,03(30,03)	1.01,63(31,60)	1.01,63	
	Marie Reinertsen:	1.29,63(28,00)	2.01,73(32,10)	1.00,10	
	Vilde Stordal:	2.30,82(29,09)	3.02,95(32,13)	1.01,22	
	Elin Haugland:	3.31,35(28,40)	4.02,42(31,07)	59,47	
5	Asker SK J2 sr.	SR	Asker SK	4.03,13	628
	Helene Nordmark Skuterud:	29,21(29,21)	1.01,61(32,40)	1.01,61	
	Rikke Nagell-Kleven:	1.30,84(29,23)	2.02,20(31,36)	1.00,59	
	Mette Mellbye Larsen:	2.31,10(28,90)	3.02,29(31,19)	1.00,09	
	Elise Næss Olsen:	3.31,35(29,06)	4.03,13(31,78)	1.00,84	
6	Bærumsv J2 sr.	SR	Bærumsvømmerne	4.03,75	623
	Maria Bølgen:	29,16(29,16)	1.00,93(31,77)	1.00,93	
	Kjersti Dalen:	1.30,81(29,88)	2.03,26(32,45)	1.02,33	
	Anna Bølgen:	2.32,47(29,21)	3.05,04(32,57)	1.01,78	
	Andrea Westbye:	3.33,14(28,10)	4.03,75(30,61)	58,71	
7	Madla SK J2 sr.	SR	Madla SK	4.04,38	619
	Maria Wigestrand:	29,42(29,42)	1.00,72(31,30)	1.00,72	
	Vanessa Tuxen:	1.29,66(28,94)	2.01,39(31,73)	1.00,67	
	Lotte Miller:	2.29,44(28,05)	3.00,63(31,19)	59,24	
	Maren Larsen:	3.30,53(29,90)	4.04,38(33,85)	1.03,75	
8	Øvre Eiker SK J1 sr.	SR	Øvre Eiker SK	4.08,38	589
	Stine Lise Stenseth:	29,64(29,64)	1.00,42(30,78)	1.00,42	
	Ellen Camilla Hansen:	1.30,16(29,74)	2.02,88(32,72)	1.02,46	
	Fanny Moen Pettersen:	2.33,34(30,46)	3.06,29(32,95)	1.03,41	
	Elisabeth Støver:	3.35,76(29,47)	4.08,38(32,62)	1.02,09	
9	Oslo IL J1 sr.	SR	Oslo IL	4.08,57	588
	Nehna-Louise Møller-Pettersen:	29,85(29,85)	1.02,08(32,23)	1.02,08	
	Kristin Blyverket:	1.31,06(28,98)	2.02,96(31,90)	1.00,88	
	Oda Almgren Lind:	2.32,77(29,81)	3.05,77(33,00)	1.02,81	
	Kari Flottorp:	3.35,44(29,67)	4.08,57(33,13)	1.02,80	
10	Løren/Rælingen J1 sr.	SR	Lørenskog/Rælingen	4.08,64	587
	Jeanette Erlandsen:	29,39(29,39)	1.00,63(31,24)	1.00,63	
	Susanne Fornasari:	1.30,40(29,77)	2.03,12(32,72)	1.02,49	
	Klara Farkas:	2.32,73(29,61)	3.04,55(31,82)	1.01,43	
	Elina Øverås:	3.33,86(29,31)	4.08,64(34,78)	1.04,09	
11	Bærumsv J3 sr.	SR	Bærumsvømmerne	4.24,36	489
	Helle Backer:	30,63(30,63)	1.04,80(34,17)	1.04,80	
	Victoria Croker:	1.35,16(30,36)	2.08,88(33,72)	1.04,08	
	Henriette Steinbakken:	2.40,41(31,53)	3.15,42(35,01)	1.06,54	
	Rebekka Wiik Eckhoff:	3.47,09(31,67)	4.24,36(37,27)	1.08,94	

**Fredag 25. mars kl 17.00 – Finaler****Øvelse 13. 4\*50m lag medley, herrer - Finale****Senior**

1	Bærumsv G1 sr.	SR	Bærumsvømmerne	(0,68)	1.38,08	716	NR
	Lars Andre Tolås:	26,24(26,24)					
	Alexander Dale Oen:	52,37(26,13)					
	Øystein R. Hetland:	1.16,03(23,66)					
	Alexander Hetland:	1.38,08(22,05)					
2	Bergens SC G1 sr.	SR	Bergens SC	(0,69)	1.38,70	703	
	Lavrans Solli:	24,85(24,85)					
	Erik Dorch:	52,31(27,46)					
	Alexander Broberg Skeltved:	1.16,48(24,17)					
	Gard Kvale:	1.38,70(22,22)					
3	Bergensv. G1 sr.	SR	Bergensvømmerne	(0,77)	1.43,05	617	
	Even Vike Holm:	26,99(26,99)					
	Marcus Tesdal:	55,37(28,38)					
	Sindri T. Jakobsson:	1.19,82(24,45)					
	Petter Solberg:	1.43,05(23,23)					
4	IL Varg G1 sr.	SR	IL Varg	(0,65)	1.43,72	606	
	Dominik Borkowski:	26,31(26,31)					
	Tor Arne Pedersen:	56,84(30,53)					
	Petter Sjødal:	1.20,43(23,59)					
	Petter Braarud:	1.43,72(23,29)					
5	Madla SK G1 sr.	SR	Madla SK	(0,72)	1.43,93	602	
	Bjarte Ravndal:	26,80(26,80)					
	Thomas Breivoll:	56,02(29,22)					
	Gaute Ravndal:	1.21,14(25,12)					
	Ole Martin Ree:	1.43,93(22,79)					
6	Øvre Eiker SK G1 sr.	SR	Øvre Eiker SK	(0,74)	1.44,84	586	
	Christer Koch Kvam:	27,36(27,36)					
	Mattis Saghaug:	56,20(28,84)					
	Dan Magnus Skibrek:	1.21,58(25,38)					
	Jens Petter Loe:	1.44,84(23,26)					

**Øvelse 14. 800m fri, damer - Direkte finale****Senior**

1	Cecilie W. Johannessen	90	Bergens SC		8.38,44	816	
	28,85(28,85)	1.00,81(31,96)	1.33,20(32,39)	2.06,23(33,03)			
	2.38,95(32,72)	3.12,15(33,20)	3.44,83(32,68)	4.17,77(32,94)			
	4.50,09(32,32)	5.22,51(32,42)	5.55,35(32,84)	6.28,33(32,98)			
	7.00,96(32,63)	7.33,86(32,90)	8.06,83(32,97)	8.38,44(31,61)			
2	Elin Slaatmo	92	Hamar IL		8.44,03	790	
	30,08(30,08)	1.02,30(32,22)	1.34,56(32,26)	2.07,51(32,95)			
	2.40,43(32,92)	3.13,62(33,19)	3.46,71(33,09)	4.19,71(33,00)			
	4.53,21(33,50)	5.26,64(33,43)	5.59,88(33,24)	6.33,47(33,59)			
	7.06,87(33,40)	7.40,44(33,57)	8.13,80(33,36)	8.44,03(30,23)			
3	Ida Marko-Varga	85	Stavanger SC		8.44,37	789	
	29,74(29,74)	1.01,87(32,13)	1.34,82(32,95)	2.07,63(32,81)			
	2.40,61(32,98)	3.13,99(33,38)	3.47,12(33,13)	4.20,23(33,11)			
	4.53,69(33,46)	5.27,17(33,48)	6.00,78(33,61)	6.34,37(33,59)			
	7.07,93(33,56)	7.41,14(33,21)	8.14,06(32,92)	8.44,37(30,31)			
4	Sara Nordenstam	83	Lambertseter SK		8.55,53	741	
	30,85(30,85)	1.03,90(33,05)	1.37,40(33,50)	2.11,13(33,73)			
	2.44,60(33,47)	3.18,42(33,82)	3.52,23(33,81)	4.26,33(34,10)			
	5.00,45(34,12)	5.34,65(34,20)	6.08,76(34,11)	6.42,84(34,08)			
	7.16,87(34,03)	7.50,92(34,05)	8.23,89(32,97)	8.55,53(31,64)			
5	Karoline Pedersen	94	BS/Delfana		8.55,73	740	
	30,75(30,75)	1.03,78(33,03)	1.37,10(33,32)	2.10,58(33,48)			
	2.44,17(33,59)	3.18,07(33,90)	3.51,96(33,89)	4.26,06(34,10)			
	5.00,25(34,19)	5.34,27(34,02)	6.08,24(33,97)	6.42,27(34,03)			
	7.16,30(34,03)	7.49,89(33,59)	8.23,97(34,08)	8.55,73(31,76)			

6	Gina B. Andersen	90	Lambertseter SK	8.56,26	738
	31,44(31,44)	1.05,08(33,64)	1.38,52(33,44)	2.12,20(33,68)	
	2.45,79(33,59)	3.19,47(33,68)	3.53,23(33,76)	4.26,75(33,52)	
	5.00,46(33,71)	5.34,23(33,77)	6.08,29(34,06)	6.42,50(34,21)	
	7.16,79(34,29)	7.50,67(33,88)	8.24,13(33,46)	8.56,26(32,13)	
7	Eva Marie W. Østerhus	94	Madla SK	8.59,38	725
	31,16(31,16)	1.04,68(33,52)	1.39,10(34,42)	2.13,46(34,36)	
	2.47,09(33,63)	3.21,32(34,23)	3.55,41(34,09)	4.29,16(33,75)	
	5.02,86(33,70)	5.36,28(33,42)	6.10,28(34,00)	6.44,21(33,93)	
	7.18,43(34,22)	7.52,78(34,35)	8.26,41(33,63)	8.59,38(32,97)	
8	Oda Gjerde	95	Bryne SK	9.08,55	689
	31,83(31,83)	1.05,17(33,34)	1.39,10(33,93)	2.12,77(33,67)	
	2.46,64(33,87)	3.21,14(34,50)	3.55,69(34,55)	4.29,97(34,28)	
	5.04,77(34,80)	5.39,54(34,77)	6.14,52(34,98)	6.49,34(34,82)	
	7.24,56(35,22)	7.59,71(35,15)	8.34,73(35,02)	9.08,55(33,82)	
9	Siri Anette Sønju	92	Asker SK/NTG	9.09,95	684
	31,18(31,18)	1.04,80(33,62)	1.39,40(34,60)	2.14,07(34,67)	
	2.48,58(34,51)	3.23,51(34,93)	3.58,24(34,73)	4.33,08(34,84)	
	5.07,82(34,74)	5.42,56(34,74)	6.17,50(34,94)	6.52,71(35,21)	
	7.27,40(34,69)	8.01,94(34,54)	8.36,55(34,61)	9.09,95(33,40)	
10	Ellen Camilla Hansen	95	Øvre Eiker SK	9.10,24	683
	31,80(31,80)	1.05,77(33,97)	1.39,96(34,19)	2.14,44(34,48)	
	2.49,24(34,80)	3.23,70(34,46)	3.58,70(35,00)	4.33,30(34,60)	
	5.08,23(34,93)	5.42,88(34,65)	6.17,68(34,80)	6.52,44(34,76)	
	7.27,20(34,76)	8.02,09(34,89)	8.36,58(34,49)	9.10,24(33,66)	
11	Andrea Westbye	95	Bærumsvømmerne	9.10,38	682
	31,19(31,19)	1.05,36(34,17)	1.39,94(34,58)	2.15,04(35,10)	
	2.50,04(35,00)	3.24,91(34,87)	3.59,89(34,98)	4.34,98(35,09)	
	5.09,74(34,76)	5.44,58(34,84)	6.19,58(35,00)	6.54,70(35,12)	
	7.28,92(34,22)	8.03,03(34,11)	8.37,12(34,09)	9.10,38(33,26)	
12	Elin Haugland	96	Delfana	9.14,84	666
	30,87(30,87)	1.04,97(34,10)	1.39,53(34,56)	2.14,28(34,75)	
	2.49,30(35,02)	3.24,31(35,01)	3.59,74(35,43)	4.34,90(35,16)	
	5.10,22(35,32)	5.45,46(35,24)	6.20,46(35,00)	6.55,44(34,98)	
	7.30,75(35,31)	8.05,61(34,86)	8.40,97(35,36)	9.14,84(33,87)	
13	Lisa Skogeng	96	Delfana	9.20,23	647
	31,96(31,96)	1.06,24(34,28)	1.41,32(35,08)	2.16,25(34,93)	
	2.51,28(35,03)	3.26,70(35,42)	4.02,32(35,62)	4.38,04(35,72)	
	5.13,76(35,72)	5.49,25(35,49)	6.24,90(35,65)	7.00,74(35,84)	
	7.36,12(35,38)	8.12,01(35,89)	8.47,48(35,47)	9.20,23(32,75)	
14	Tina Schütz	96	Vestkantsvømmerne	9.20,67	645
	31,82(31,82)	1.06,27(34,45)	1.41,34(35,07)	2.16,67(35,33)	
	2.51,99(35,32)	3.27,32(35,33)	4.02,71(35,39)	4.38,18(35,47)	
	5.14,16(35,98)	5.49,66(35,50)	6.25,39(35,73)	7.01,09(35,70)	
	7.36,77(35,68)	8.11,96(35,19)	8.46,94(34,98)	9.20,67(33,73)	
15	Maria Wigestrånd	94	Madla SK	9.22,04	641
	31,17(31,17)	1.05,53(34,36)	1.40,17(34,64)	2.15,38(35,21)	
	2.50,95(35,57)	3.26,64(35,69)	4.02,52(35,88)	4.38,17(35,65)	
	5.14,00(35,83)	5.49,85(35,85)	6.25,42(35,57)	7.01,09(35,67)	
	7.36,95(35,86)	8.12,58(35,63)	8.47,80(35,22)	9.22,04(34,24)	
16	Andrea Haugstad	92	Vestkantsvømmerne	9.27,96	621
	32,20(32,20)	1.06,84(34,64)	1.42,09(35,25)	2.17,62(35,53)	
	2.52,97(35,35)	3.28,93(35,96)	4.05,05(36,12)	4.41,16(36,11)	
	5.17,38(36,22)	5.53,40(36,02)	6.29,16(35,76)	7.05,08(35,92)	
	7.40,88(35,80)	8.16,93(36,05)	8.52,83(35,90)	9.27,96(35,13)	
17	Karianne Reinertsen	97	Delfana	9.39,80	584
	32,77(32,77)	1.08,34(35,57)	1.44,45(36,11)	2.20,93(36,48)	
	2.57,30(36,37)	3.34,06(36,76)	4.10,60(36,54)	4.47,50(36,90)	
	5.23,49(35,99)	6.00,22(36,73)	6.37,62(37,40)	7.14,34(36,72)	
	7.50,93(36,59)	8.27,61(36,68)	9.03,83(36,22)	9.39,80(35,97)	
18	Ane Nygård	95	Stavanger SC	9.48,03	559
	31,13(31,13)	1.06,40(35,27)	1.42,25(35,85)	2.18,46(36,21)	
	2.54,38(35,92)	3.30,75(36,37)	4.07,80(37,05)	4.45,00(37,20)	
	5.22,15(37,15)	5.59,93(37,78)	6.37,93(38,00)	7.15,56(37,63)	
	7.54,05(38,49)	8.31,84(37,79)	9.09,88(38,04)	9.48,03(38,15)	
	Elida Hole	96	Vestkantsvømmerne	DISK	

**Øvelse 15. 400m fri, herrer - Finale****Senior**

1	Gard Kvale	84	Bergens SC	3.49,74	794
	26,40(26,40)	54,69(28,29)	1.23,63(28,94)	1.52,97(29,34)	
	2.22,28(29,31)	2.51,73(29,45)	3.21,20(29,47)	3.49,74(28,54)	
2	Jørn Nygård	92	Stavanger SC	3.54,16	750
	26,74(26,74)	55,19(28,45)	1.24,62(29,43)	1.54,30(29,68)	
	2.24,13(29,83)	2.54,47(30,34)	3.24,76(30,29)	3.54,16(29,40)	
3	Christian Thorsen	91	Lambertseter SK	3.57,02	723
	27,62(27,62)	57,50(29,88)	1.27,83(30,33)	1.58,11(30,28)	
	2.28,13(30,02)	2.58,00(29,87)	3.27,94(29,94)	3.57,02(29,08)	
4	Ole Martin Ree	92	Madla SK	4.00,88	689
	27,43(27,43)	56,95(29,52)	1.27,32(30,37)	1.57,99(30,67)	
	2.28,63(30,64)	2.59,17(30,54)	3.29,74(30,57)	4.00,88(31,14)	
5	Morten Bordervich	94	Madla SK	4.02,21	678
	27,93(27,93)	58,05(30,12)	1.28,69(30,64)	1.59,21(30,52)	
	2.30,14(30,93)	3.01,27(31,13)	3.32,15(30,88)	4.02,21(30,06)	
6	Jonas Ødegård Aanby	95	Delfana	4.05,87	648
	27,95(27,95)	58,47(30,52)	1.29,24(30,77)	2.00,34(31,10)	
	2.31,09(30,75)	3.02,74(31,65)	3.34,50(31,76)	4.05,87(31,37)	

**Øvelse 16. 50m bryst, damer - Finale****Senior**

1	Siri Eva Kristiansen	93	Bærumsvømmerne	32,53	694
2	Henriette Martinsen	85	Stavanger SC	32,66	686
3	Henriette Brekke	88	Stavanger SC	32,78	678
4	Stina Kajsja Colleou	93	Lambertseter SK	33,31	646
5	Kaja Bremer	93	Bergens SLK	33,36	643
6	Stine Vindenes	93	Vestkantsvømmerne	33,53	634

**Funksjonshemmede**

1	Marianne Fredbo	86	Vågsbygd SLK	51,74	172	SB6 115,23 %
2	Mina Marie Heyerdahl Klausen	97	Drammen SK	53,99	152	SB7 121,96 %
3	Hanne Farestvedt	93	Åstveit SK	45,00	262	SB14 122,25 %
4	Ingrid Djupskås	89	Drammen SK	57,16	128	SB7 129,12 %

**Øvelse 17. 50m rygg, herrer - Finale****Senior**

1	Lavrans Solli	92	Bergens SC	(0,68)	24,91	748
2	Petter Sjødal	79	IL Varg	(0,69)	25,97	660
3	Dominik Borkowski	90	IL Varg	(0,64)	26,09	651
4	Mikael Bergene	91	Lambertseter SK	(0,58)	26,42	627
5	Bjarte Ravndal	91	Madla SK	(0,71)	26,69	608
6	John Hage Gaarder	89	Lørenskog/Rælingen	(0,58)	26,82	599

**Funksjonshemmede**

1	Edvard Aasjord Møkleby	95	Bodø SK	(0,88)	38,36	205	S9 128,72 %
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## Øvelse 18. 200m individuell medley, damer - Finale

## Senior

1	Ida Marko-Varga 28,72(28,72)	85	Stavanger SC 1.41,68(39,46)	2.12,88 2.12,88(31,20)	824
2	Susann Bjørnsen 30,22(30,22)	93	Setermoen SK/NTG 1.45,50(39,87)	2.15,76 2.15,76(30,26)	773
3	Elisabeth Jarland 30,41(30,41)	85	Bærumsvømmerne 1.43,40(38,88)	2.15,83 2.15,83(32,43)	772
4	Sara Nordenstam 30,09(30,09)	83	Lambertseter SK 1.44,17(36,96)	2.17,13 2.17,13(32,96)	750
5	Victoria Rung 29,87(29,87)	92	Madla SK 1.48,06(41,47)	2.20,17 2.20,17(32,11)	702
6	Jacqueline Knutsson 29,52(29,52)	93	Kongsten/NTG 1.46,28(41,38)	2.20,41 2.20,41(34,13)	699

## Øvelse 19. 100m butterfly, herrer - Finale

## Senior

1	Sindri T. Jakobsson 25,33(25,33)	91	BS/Delfana 53,78(28,45)	53,78 53,78(28,45)	733
2	Øystein R. Hetland 24,74(24,74)	89	Bærumsvømmerne 53,86(29,12)	53,86 53,86(29,12)	729
3	Alexander Broberg Skeltved 25,71(25,71)	87	Bergens SC 54,96(29,25)	54,96 54,96(29,25)	686
4	Fredrik K Hegdal 26,17(26,17)	94	Stavanger SC 56,17(30,00)	56,17 56,17(30,00)	643
5	Erlend Ulveseter 25,91(25,91)	92	BS/Åstveit 56,18(30,27)	56,18 56,18(30,27)	643
6	Sindre Eilertsen 26,14(26,14)	90	Lambertseter SK 56,21(30,07)	56,21 56,21(30,07)	642

## Øvelse 20. 200m rygg, damer - Finale

## Senior

1	Veronica Orheim Bjørlykke 31,48(31,48)	94	Aalesund SLK 1.38,15(33,30)	(0,83) 2.11,51 2.11,51(33,36)	763
2	Heidi Vainio Gjøn 32,11(32,11)	88	Lambertseter SK 1.40,24(34,28)	(0,66) 2.14,40 2.14,40(34,16)	715
3	Oda Marie Siljan 31,35(31,35)	92	Asker SK/TiT 1.40,34(35,06)	(0,75) 2.15,76 2.15,76(35,42)	694
4	Rebecca Holst 33,14(33,14)	91	Stavanger SC 1.42,62(34,58)	(0,67) 2.17,31 2.17,31(34,69)	670
5	Gina B. Andersen 32,83(32,83)	90	Lambertseter SK 1.43,07(35,50)	(0,67) 2.17,94 2.17,94(34,87)	661
6	Christine M. Pedersen 32,88(32,88)	93	Lambertseter SK 1.42,87(35,40)	(0,70) 2.18,16 2.18,16(35,29)	658

## Øvelse 21. 200m bryst, herrer - Finale

## Senior

1	Alexander Dale Oen	85	Bærumsvømmerne	2.12,17	761
	30,03(30,03)	1.03,15(33,12)	1.36,73(33,58)	2.12,17(35,44)	
2	Sverre Næss	92	Sarpsborg IL	2.13,52	738
	30,02(30,02)	1.04,51(34,49)	1.39,31(34,80)	2.13,52(34,21)	
3	Sebastian Wigstrøm	91	Bærumsvømmerne	2.14,13	728
	30,60(30,60)	1.04,70(34,10)	1.39,13(34,43)	2.14,13(35,00)	
4	Marcus Tesdal	90	BS/Åstveit	2.15,36	708
	30,35(30,35)	1.05,17(34,82)	1.40,00(34,83)	2.15,36(35,36)	
5	Erling Mjøs Brattelid	91	BS/Åstveit	2.21,59	619
	31,84(31,84)	1.08,32(36,48)	1.45,29(36,97)	2.21,59(36,30)	
6	Markus Vindenes	94	Vestkantvømmerne	2.22,00	614
	31,47(31,47)	1.07,93(36,46)	1.44,37(36,44)	2.22,00(37,63)	

## Øvelse 22. 50m butterfly, damer - Finale

## Senior

1	Ida Marko-Varga	85	Stavanger SC	27,31	711
2	Monica W. Johannessen	90	Bergens SC	27,44	701
3	Bryndis Run Hansen	93	BS/Åstveit	27,64	686
4	Emilie Nyenget Løvberg	95	Bærumsvømmerne	28,36	635
5	Siri Løvold Magnussen	86	BS/Delfana	28,59	620
6	Mette Mellbye Larsen	95	Asker SK	28,69	614

## Funksjonshemmede

1	Sara Louise Rung	89	Madla SK	45,60	153	S5 112,56 %
2	Marianne Fredbo	86	Vågsbygd SLK	40,30	221	S7 116,91 %
3	Hanne Farestvedt	93	Åstveit SK	37,18	282	S14 119,74 %

## Øvelse 23. 4\*200m fri, herrer - Direkte finale

## Senior

1	Bergens SC G1 sr.	SR	Bergens SC	7.22,05	804	NR
	Lavrans Solli:	25,75(25,75)	54,23(28,48)			
		1.23,44(29,21)	1.52,34(28,90)	1.52,34		
	Jørgen Møllerop:	2.17,58(25,24)	2.45,49(27,91)			
		3.14,64(29,15)	3.43,45(28,81)	1.51,11		
	Alexander Broberg Skeltved:	4.09,07(25,62)	4.37,64(28,57)			
		5.06,45(28,81)	5.34,25(27,80)	1.50,80		
	Gard Kvale:	5.58,41(24,16)	6.25,21(26,80)			
		6.53,23(28,02)	7.22,05(28,82)	1.47,80		
2	Madla SK G1 sr.	SR	Madla SK	7.31,43	755	
	Ole Martin Ree:	25,90(25,90)	53,84(27,94)			
		1.22,34(28,50)	1.51,20(28,86)	1.51,20		
		2.15,81(24,61)	2.44,10(28,29)			
	Bjarte Ravndal:	3.13,01(28,91)	3.41,51(28,50)	1.50,31		
		4.07,76(26,25)	4.37,42(29,66)			
	Morten Bordervich:	5.06,69(29,27)	5.36,10(29,41)	1.54,59		
		6.02,47(26,37)	6.31,97(29,50)			
	Ørjan Monsen:	7.01,76(29,79)	7.31,43(29,67)	1.55,33		

3	Bergensv. G1 sr.	SR	Bergensvømmerne	7.37,76	724
		26,25(26,25)	54,58(28,33)		
	Sindri T. Jakobsson:	1.23,81(29,23)	1.52,76(28,95)	1.52,76	
		2.18,40(25,64)	2.47,22(28,82)		
	Even Vike Holm:	3.16,77(29,55)	3.46,04(29,27)	1.53,28	
		4.11,71(25,67)	4.41,14(29,43)		
	Eivind Johannesen:	5.11,75(30,61)	5.42,08(30,33)	1.56,04	
		6.07,85(25,77)	6.37,12(29,27)		
	Sebastian Stordal:	7.07,45(30,33)	7.37,76(30,31)	1.55,68	
4	Lambertseter SK G1 sr.	SR	Lambertseter SK	7.40,02	713
		26,90(26,90)	55,23(28,33)		
	Christian Thorsen:	1.24,22(28,99)	1.53,23(29,01)	1.53,23	
		2.19,73(26,50)	2.48,45(28,72)		
	Sindre Eilertsen:	3.17,88(29,43)	3.47,55(29,67)	1.54,32	
		4.14,07(26,52)	4.43,61(29,54)		
	Mikael Bergene:	5.13,03(29,42)	5.41,89(28,86)	1.54,34	
		6.07,55(25,66)	6.37,46(29,91)		
	Mathias Madsen:	7.08,58(31,12)	7.40,02(31,44)	1.58,13	
5	Bærumsv G1 sr.	SR	Bærumsvømmerne	7.43,12	699
		25,72(25,72)	54,50(28,78)		
	Øystein R. Hetland:	1.24,53(30,03)	1.55,15(30,62)	1.55,15	
		2.21,48(26,33)	2.50,58(29,10)		
	Elias Damman:	3.20,53(29,95)	3.50,24(29,71)	1.55,09	
		4.16,77(26,53)	4.46,35(29,58)		
	Vegard Nyenget Løvberg:	5.16,96(30,61)	5.47,54(30,58)	1.57,30	
		6.13,73(26,19)	6.43,08(29,35)		
	Sebastian Wigstrøm:	7.13,01(29,93)	7.43,12(30,11)	1.55,58	
6	Stavanger SC G1 sr.	SR	Stavanger SC	7.48,03	677
		27,01(27,01)	56,58(29,57)		
	Fredrik K Hegdal:	1.27,11(30,53)	1.58,00(30,89)	1.58,00	
		2.23,36(25,36)	2.52,07(28,71)		
	Jørn Nygård:	3.22,10(30,03)	3.50,92(28,82)	1.52,92	
		4.17,96(27,04)	4.48,00(30,04)		
	Per Øystein Turøy:	5.18,24(30,24)	5.48,58(30,34)	1.57,66	
		6.15,06(26,48)	6.45,31(30,25)		
	Hans Østerdal:	7.16,50(31,19)	7.48,03(31,53)	1.59,45	
7	Bærumsv G2 sr.	SR	Bærumsvømmerne	7.52,96	656
		27,56(27,56)	57,63(30,07)		
	Henry Emil Nordhagen:	1.28,14(30,51)	1.59,27(31,13)	1.59,27	
		2.26,13(26,86)	2.55,84(29,71)		
	Sindre Nilo:	3.26,54(30,70)	3.57,51(30,97)	1.58,24	
		4.24,91(27,40)	4.55,14(30,23)		
	Carl Andreas Wathne:	5.25,25(30,11)	5.55,73(30,48)	1.58,22	
		6.22,11(26,38)	6.52,07(29,96)		
	Kristoffer D. Birkeland:	7.22,75(30,68)	7.52,96(30,21)	1.57,23	
8	Øvre Eiker SK G1 sr.	SR	Øvre Eiker SK	7.58,74	633
		26,54(26,54)	55,82(29,28)		
	Christer Koch Kvam:	1.25,99(30,17)	1.56,58(30,59)	1.56,58	
		2.22,66(26,08)	2.53,12(30,46)		
	Jens Petter Loe:	3.25,75(32,63)	3.59,31(33,56)	2.02,73	
		4.25,77(26,46)	4.55,13(29,36)		
	Kim Rune Hansen:	5.25,96(30,83)	5.56,65(30,69)	1.57,34	
		6.21,82(25,17)	6.51,41(29,59)		
	Mattis Saghaug:	7.24,25(32,84)	7.58,74(34,49)	2.02,09	
9	Vestkantsv. G1 sr.	SR	Vestkantsvømmerne	8.12,98	580
		27,96(27,96)	59,58(31,62)		
	Sander Sivertsen:	1.31,58(32,00)	2.03,60(32,02)	2.03,60	
		2.31,92(28,32)	3.03,17(31,25)		
	Markus Vindenes:	3.34,81(31,64)	4.05,87(31,06)	2.02,27	
		4.34,74(28,87)	5.06,64(31,90)		
	Kristoffer Brekke:	5.38,91(32,27)	6.10,67(31,76)	2.04,80	
		6.38,26(27,59)	7.09,52(31,26)		
	Kristian Blummenfelt:	7.41,75(32,23)	8.12,98(31,23)	2.02,31	
10	Vestbyen IL G1 sr.	SR	Vestbyen IL	8.23,54	544
		27,11(27,11)	57,95(30,84)		
	Christian Tronvoll:	1.30,77(32,82)	2.03,82(33,05)	2.03,82	
		2.33,31(29,49)	3.05,89(32,58)		
	Christopher Wolf:	3.40,30(34,41)	4.13,58(33,28)	2.09,76	
		4.41,82(28,24)	5.14,04(32,22)		
	Christoffer Tofte Hamborg:	5.46,57(32,53)	6.18,25(31,68)	2.04,67	
		6.46,45(28,20)	7.17,50(31,05)		
	Sigvart Evjen:	7.50,68(33,18)	8.23,54(32,86)	2.05,29	

11	Bærumsv G3 sr.	SR	Bærumsvømmerne	8.25,84	537
		28,87(28,87)	1.00,67(31,80)		
	Jakob Bernstein:	1.32,88(32,21)	2.05,29(32,41)	2.05,29	
		2.32,32(27,03)	3.03,01(30,69)		
	Henrik Wathne:	3.35,21(32,20)	4.07,83(32,62)	2.02,54	
		4.36,04(28,21)	5.08,61(32,57)		
	Fridtjof Bache Hungnes:	5.43,42(34,81)	6.18,40(34,98)	2.10,57	
		6.47,49(29,09)	7.19,84(32,35)		
	Magnus Buch:	7.53,24(33,40)	8.25,84(32,60)	2.07,44	

## Øvelse 24. 4\*100m fri, damer - Direkte finale

## Senior

1	Bærumsv J1 sr.	SR	Bærumsvømmerne	3.50,32	739
	Emilie Nyenget Løvberg:	27,77(27,77)	57,45(29,68)	57,45	
	Elisabeth Jarland:	1.25,61(28,16)	1.54,76(29,15)	57,31	
	Kristine Mella:	2.22,81(28,05)	2.54,02(31,21)	59,26	
	Siri Eva Kristiansen:	3.21,17(27,15)	3.50,32(29,15)	56,30	
2	Lambertseter SK J1 sr.	SR	Lambertseter SK	3.50,54	737
	Victoria S. Løken:	27,36(27,36)	57,16(29,80)	57,16	
	Elisabeth H. Svensson:	1.24,69(27,53)	1.54,95(30,26)	57,79	
	Emilie Hellerud:	2.22,44(27,49)	2.52,90(30,46)	57,95	
	Gina B. Andersen:	3.20,82(27,92)	3.50,54(29,72)	57,64	
3	Madla SK J1 sr.	SR	Madla SK	3.51,92	724
	Maria Thompson Clausen:	28,36(28,36)	58,88(30,52)	58,88	
	Victoria Rung:	1.25,85(26,97)	1.56,13(30,28)	57,25	
	Eva Marie W. Østerhus:	2.23,99(27,86)	2.53,92(29,93)	57,79	
	Marthe Berg Sørensen:	3.21,34(27,42)	3.51,92(30,58)	58,00	
4	Bergensv. J1 sr.	SR	Bergensvømmerne	3.53,65	708
	Bryndis Run Hansen:	27,16(27,16)	57,45(30,29)	57,45	
	Karoline Pedersen:	1.25,25(27,80)	1.55,49(30,24)	58,04	
	Siri Løvold Magnussen:	2.23,97(28,48)	2.55,44(31,47)	59,95	
	Lise Sand Syversen:	3.23,13(27,69)	3.53,65(30,52)	58,21	
5	Asker SK J1 sr.	SR	Asker SK	3.56,39	683
	Marte K. Bolstad:	28,51(28,51)	1.00,27(31,76)	1.00,27	
	Helene Solberg:	1.28,40(28,13)	1.59,58(31,18)	59,31	
	Siri Anette Sønju:	2.27,94(28,36)	2.58,72(30,78)	59,14	
	Oda Marie Siljan:	3.26,02(27,30)	3.56,39(30,37)	57,67	
6	Lambertseter SK J2 sr.	SR	Lambertseter SK	3.57,89	671
	Emma Isdahl:	29,68(29,68)	1.00,68(31,00)	1.00,68	
	Christine M. Pedersen:	1.28,92(28,24)	2.00,24(31,32)	59,56	
	Heidi Vainio Gjøen:	2.27,98(27,74)	2.58,37(30,39)	58,13	
	Merete Løvberg:	3.26,69(28,32)	3.57,89(31,20)	59,52	
7	Tromsø SK J1 sr.	SR	Tromsø SK	3.58,08	669
	Siv Fiske:	28,82(28,82)	59,07(30,25)	59,07	
	Ina Kvenshagen Gimse:	1.27,27(28,20)	1.57,71(30,44)	58,64	
	Sophia Broberg Skeltved:	2.27,00(29,29)	2.58,06(31,06)	1.00,35	
	Hanne Lockertsen:	3.27,36(29,30)	3.58,08(30,72)	1.00,02	
8	Vestkantsv. J1 sr.	SR	Vestkantsvømmerne	4.00,27	651
	Andrea Haugstad:	29,17(29,17)	1.00,94(31,77)	1.00,94	
	Benedicte Kausland:	1.29,68(28,74)	2.01,06(31,38)	1.00,12	
	Elida Hole:	2.29,71(28,65)	3.01,44(31,73)	1.00,38	
	Stine Vindenes:	3.29,83(28,39)	4.00,27(30,44)	58,83	
9	Delfana J1 sr.	SR	Delfana	4.02,42	634
	Lisa Skogeng:	30,03(30,03)	1.01,63(31,60)	1.01,63	
	Marie Reinertsen:	1.29,63(28,00)	2.01,73(32,10)	1.00,10	
	Vilde Stordal:	2.30,82(29,09)	3.02,95(32,13)	1.01,22	
	Elin Haugland:	3.31,35(28,40)	4.02,42(31,07)	59,47	
10	Asker SK J2 sr.	SR	Asker SK	4.03,13	628
	Helene Nordmark Skuterud:	29,21(29,21)	1.01,61(32,40)	1.01,61	
	Rikke Nagell-Kleven:	1.30,84(29,23)	2.02,20(31,36)	1.00,59	
	Mette Mellbye Larsen:	2.31,10(28,90)	3.02,29(31,19)	1.00,09	
	Elise Næss Olsen:	3.31,35(29,06)	4.03,13(31,78)	1.00,84	
11	Bærumsv J2 sr.	SR	Bærumsvømmerne	4.03,75	623
	Maria Bølgen:	29,16(29,16)	1.00,93(31,77)	1.00,93	
	Kjersti Dalen:	1.30,81(29,88)	2.03,26(32,45)	1.02,33	
	Anna Bølgen:	2.32,47(29,21)	3.05,04(32,57)	1.01,78	
	Andrea Westbye:	3.33,14(28,10)	4.03,75(30,61)	58,71	

12	Madla SK J2 sr.	SR	Madla SK		4.04,38	619
	Maria Wigestrand:	29,42(29,42)	1.00,72(31,30)	1.00,72		
	Vanessa Tuxen:	1.29,66(28,94)	2.01,39(31,73)	1.00,67		
	Lotte Miller:	2.29,44(28,05)	3.00,63(31,19)	59,24		
	Maren Larsen:	3.30,53(29,90)	4.04,38(33,85)	1.03,75		
13	Øvre Eiker SK J1 sr.	SR	Øvre Eiker SK		4.08,38	589
	Stine Lise Stenseth:	29,64(29,64)	1.00,42(30,78)	1.00,42		
	Ellen Camilla Hansen:	1.30,16(29,74)	2.02,88(32,72)	1.02,46		
	Fanny Moen Pettersen:	2.33,34(30,46)	3.06,29(32,95)	1.03,41		
	Elisabeth Støver:	3.35,76(29,47)	4.08,38(32,62)	1.02,09		
14	Oslo IL J1 sr.	SR	Oslo IL		4.08,57	588
	Nehna-Louise Møller-Pettersen:	29,85(29,85)	1.02,08(32,23)	1.02,08		
	Kristin Blyverket:	1.31,06(28,98)	2.02,96(31,90)	1.00,88		
	Oda Almgren Lind:	2.32,77(29,81)	3.05,77(33,00)	1.02,81		
	Kari Flottorp:	3.35,44(29,67)	4.08,57(33,13)	1.02,80		
15	Løren/Rælingen J1 sr.	SR	Lørenskog/Rælingen		4.08,64	587
	Jeanette Erlandsen:	29,39(29,39)	1.00,63(31,24)	1.00,63		
	Susanne Fornasari:	1.30,40(29,77)	2.03,12(32,72)	1.02,49		
	Klara Farkas:	2.32,73(29,61)	3.04,55(31,82)	1.01,43		
	Elina Øverås:	3.33,86(29,31)	4.08,64(34,78)	1.04,09		
16	Bærumsv J3 sr.	SR	Bærumsvømmerne		4.24,36	489
	Helle Backer:	30,63(30,63)	1.04,80(34,17)	1.04,80		
	Victoria Croker:	1.35,16(30,36)	2.08,88(33,72)	1.04,08		
	Henriette Steinbakken:	2.40,41(31,53)	3.15,42(35,01)	1.06,54		
	Rebekka Wiik Eckhoff:	3.47,09(31,67)	4.24,36(37,27)	1.08,94		
	Stavanger SC J1 sr.	SR	Stavanger SC		DISK	
	Henriette Brekke:	27,01(27,01)	55,56(28,55)	55,56		
	Henriette Martinsen:	1.23,74(28,18)	1.55,16(31,42)	59,60		
	Ida Marko-Varga:					
	Ane Nygård:					

## Lørdag 26. mars kl 10.00

## Øvelse 25. 400m individuell medley, damer - Direkte finale – Foreløpig før siste heat

## Senior

1	Oda Gjerde	95	Bryne SK	5.04,12	632
	32,60(32,60)	1.10,82(38,22)	1.49,51(38,69)	2.28,47(38,96)	
	3.10,65(42,18)	3.54,45(43,80)	4.30,24(35,79)	5.04,12(33,88)	
2	Malene M. Pedersen	96	Lambertseter SK	5.07,56	611
	32,65(32,65)	1.10,13(37,48)	1.50,24(40,11)	2.29,24(39,00)	
	3.12,70(43,46)	3.56,11(43,41)	4.33,14(37,03)	5.07,56(34,42)	
3	Tone Lill Evanger	96	Delfana	5.07,74	610
	34,08(34,08)	1.13,84(39,76)	1.53,59(39,75)	2.32,19(38,60)	
	3.14,08(41,89)	3.56,92(42,84)	4.33,52(36,60)	5.07,74(34,22)	
4	Maren E.J. Bakke	94	Setermoen SK	5.11,43	589
	33,97(33,97)	1.12,46(38,49)	1.53,97(41,51)	2.35,25(41,28)	
	3.17,02(41,77)	3.59,93(42,91)	4.36,98(37,05)	5.11,43(34,45)	
5	Klara Farkas	96	Lørenskog/Rælingen	5.12,57	582
	32,68(32,68)	1.09,93(37,25)	1.50,03(40,10)	2.29,65(39,62)	
	3.16,18(46,53)	4.02,98(46,80)	4.38,57(35,59)	5.12,57(34,00)	
6	Vilde Stordal	95	Delfana	5.13,94	575
	32,47(32,47)	1.10,24(37,77)	1.51,03(40,79)	2.30,74(39,71)	
	3.16,13(45,39)	4.02,48(46,35)	4.39,03(36,55)	5.13,94(34,91)	
7	Karianne Reinertsen	97	Delfana	5.17,41	556
	32,86(32,86)	1.11,50(38,64)	1.51,25(39,75)	2.31,04(39,79)	
	3.16,85(45,81)	4.04,37(47,52)	4.40,34(35,97)	5.17,41(37,07)	
8	Stine Mjøllhus Kristoffersen	93	Madla SK	5.21,97	533
	32,70(32,70)	1.11,39(38,69)	1.53,42(42,03)	2.35,05(41,63)	
	3.19,09(44,04)	4.05,19(46,10)	4.44,27(39,08)	5.21,97(37,70)	
9	Ingrid Bergslid	97	Madla SK	5.22,80	529
	34,21(34,21)	1.13,11(38,90)	1.55,06(41,95)	2.36,42(41,36)	
	3.22,54(46,12)	4.09,01(46,47)	4.46,84(37,83)	5.22,80(35,96)	
10	Stina Victoria Nordberg	96	Ski SK	5.23,20	527
	33,46(33,46)	1.13,33(39,87)	1.56,92(43,59)	2.39,53(42,61)	
	3.24,32(44,79)	4.10,28(45,96)	4.47,43(37,15)	5.23,20(35,77)	
11	Andrea Haugstad	92	Vestkantsvømmerne	5.26,32	512
	32,74(32,74)	1.10,70(37,96)	1.53,51(42,81)	2.36,13(42,62)	
	3.23,51(47,38)	4.12,75(49,24)	4.50,36(37,61)	5.26,32(35,96)	

## Øvelse 26. 4\*50m fri, herrer - Forsøk

## Senior

1	Bærumsv G1 sr.	SR	Bærumsvømmerne	1.33,07	719
	Øystein R. Hetland:	23,30(23,30)			
	Alexander Hetland:	45,73(22,43)			
	Alexander Dale Oen:	1.09,02(23,29)			
	Sebastian Wigstrøm:	1.33,07(24,05)			
2	Øvre Eiker SK G1 sr.	SR	Øvre Eiker SK	1.34,28	692
	Mattis Saghaug:	23,93(23,93)			
	Christer Koch Kvam:	47,17(23,24)			
	Jens Petter Loe:	1.10,42(23,25)			
	Dan Magnus Skibrek:	1.34,28(23,86)			
3	Bergens SC G1 sr.	SR	Bergens SC	1.34,30	691
	Lavrans Solli:	23,95(23,95)			
	Jørgen Møllerop:	47,56(23,61)			
	Erik Dorch:	1.10,92(23,36)			
	Gard Kvale:	1.34,30(23,38)			
4	Madla SK G1 sr.	SR	Madla SK	1.34,34	690
	Bjarte Ravndal:	23,52(23,52)			
	Ole Martin Ree:	46,60(23,08)			
	Thomas Breivoll:	1.10,94(24,34)			
	Gaute Ravndal:	1.34,34(23,40)			

5	Bergensv. G1 sr. Marcus Tesdal: Petter Solberg: Even Vike Holm: Erlend Ulveseter:	SR 24,08(24,08) 47,83(23,75) 1.11,53(23,70) 1.34,83(23,30)	Bergensvømmerne	1.34,83	680
6	IL Varg G1 sr. Petter Sjødal: Dominik Borkowski: Petter Braarud: Håkon Skårud Karlsen:	SR 23,94(23,94) 47,53(23,59) 1.11,01(23,48) 1.34,97(23,96)	IL Varg	1.34,97	677
7	Stavanger SC G1 sr. Jørn Nygård: Alexander Marki Mork: Hans Østerdal: Per Øystein Turøy:	SR 23,97(23,97) 47,98(24,01) 1.11,55(23,57) 1.36,21(24,66)	Stavanger SC	1.36,21	651
8	Mandal SK G1 sr. Tord Eirik Seyffarth: Per Sondre Sodeland: Daniel B. Havre: Bernt M. Seyffarth:	SR 24,70(24,70) 48,63(23,93) 1.13,33(24,70) 1.36,22(22,89)	Mandal SK	1.36,22	651
9	Bærumsv G2 sr. Carl Andreas Wathne: Elias Damman: Tor Hafnor: Henry Emil Nordhagen:	SR 25,10(25,10) 49,39(24,29) 1.13,73(24,34) 1.37,14(23,41)	Bærumsvømmerne	1.37,14	632
10	Bergensv. G2 sr. Eirik Runningen: Erling Mjøs Brattelid: Espen Halhjem: Eivind Johannesen:	SR 24,68(24,68) 48,68(24,00) 1.13,36(24,68) 1.37,86(24,50)	Bergensvømmerne	1.37,86	619
11	Vestbyen IL G1 sr. Christian Tronvoll: Fredrik Tronvoll: Sigvart Evjen: Christoffer Tofte Hamborg:	SR 24,25(24,25) 48,93(24,68) 1.14,73(25,80) 1.39,17(24,44)	Vestbyen IL	1.39,17	594
12	IL Varg G2 sr. Odin Spangen Normann: Jonas Noreng Ravn: Karl Otto Bratt: Halvor Ekeland:	SR 24,72(24,72) 49,47(24,75) 1.14,65(25,18) 1.39,47(24,82)	IL Varg	1.39,47	589
13	Løren/Rælingen G1 sr. John Hage Gaarder: Kristian Thorsvald: Vebjørn Lindhjem: Jørgen Scheie Bråthen:	SR 24,24(24,24) 49,56(25,32) 1.14,84(25,28) 1.39,89(25,05)	Lørenskog/Rælingen	1.39,89	582
14	Bærumsv G3 sr. Kristoffer D. Birkeland: Vegard Nyenget Løvberg: Henrik Wathne: Morten Hegdal:	SR 25,24(25,24) 50,18(24,94) 1.15,25(25,07) 1.40,03(24,78)	Bærumsvømmerne	1.40,03	579
15	Modum SK G1 sr. Aleksander Sire: Petter Koch: Jarle S. Ødegård: Norbert Prokopiak:	SR 24,70(24,70) 49,53(24,83) 1.15,69(26,16) 1.40,39(24,70)	Modum SK	1.40,39	573
16	Vestkantv. G1 sr. Kristoffer Brekke: Markus Vindenes: Sander Sivertsen: Kristian Blummenfelt:	SR 26,16(26,16) 49,61(23,45) 1.14,38(24,77) 1.41,53(27,15)	Vestkantvømmerne	1.41,53	554
17	Madla SK G2 sr. Morten Bordervich: Ørjan Monsen: Øyvind Malde: Kacper Domanski:	SR 24,87(24,87) 50,39(25,52) 1.15,92(25,53) 1.41,63(25,71)	Madla SK	1.41,63	552
18	Sandefjord SK G1 sr. Jonatan Olafsson: Hans Andre Pedersen: Erik Andreassen: Henrik From:	SR 25,40(25,40) 50,44(25,04) 1.15,96(25,52) 1.42,04(26,08)	Sandefjord SK	1.42,04	546

19	Ås IL G1 sr.	SR	Ås IL	1.42,38	540
	Julian Åsheim Mikkelsen:	24,99(24,99)			
	Nils Mulder:	50,93(25,94)			
	Adrian Åsheim Mikkelsen:	1.16,99(26,06)			
	Håvard Langdalen:	1.42,38(25,39)			
20	Bærumsv G4 sr.	SR	Bærumsvømmerne	1.42,50	538
	Jakob Bernstein:	25,83(25,83)			
	Sindre Nilo:	51,27(25,44)			
	Andre Bratgjerd:	1.16,93(25,66)			
	Tollef Vollan:	1.42,50(25,57)			
21	Oslo IL G1 sr.	SR	Oslo IL	1.44,98	501
	Alexander Thorvaldsen:	25,09(25,09)			
	Henning Kaland:	50,63(25,54)			
	Mads Knutsen:	1.16,47(25,84)			
	Eirik Helgaker:	1.44,98(28,51)			
22	Bærumsv G5 sr.	SR	Bærumsvømmerne	1.46,70	477
	Mads Henry Steinland:	26,90(26,90)			
	Magnus Buch:	53,17(26,27)			
	Johann David Ørbeck:	1.19,48(26,31)			
	Fridtjof Bache Hungnes:	1.46,70(27,22)			

## Øvelse 27. 200m fri, damer - Forsøk

### Senior

1	Cecilie W. Johannessen	90	Bergens SC	2.02,10	755
	27,84(27,84)	58,21(30,37)	1.30,12(31,91)	2.02,10(31,98)	
2	Victoria S. Løken	91	Lambertseter SK	2.02,41	749
	28,81(28,81)	59,58(30,77)	1.30,68(31,10)	2.02,41(31,73)	
3	Veronica Orheim Bjørlykke	94	Aalesund SLK	2.02,56	746
	29,20(29,20)	59,89(30,69)	1.31,15(31,26)	2.02,56(31,41)	
4	Victoria Rung	92	Madla SK	2.03,82	724
	28,99(28,99)	59,89(30,90)	1.31,49(31,60)	2.03,82(32,33)	
5	Emilie Nyenget Løvberg	95	Bærumsvømmerne	2.04,15	718
	29,10(29,10)	1.00,68(31,58)	1.32,41(31,73)	2.04,15(31,74)	
6	Susann Bjørnsen	93	Setermoen SK/NTG	2.04,51	712
	29,64(29,64)	1.01,35(31,71)	1.33,24(31,89)	2.04,51(31,27)	
7	Elin Slaatmo	92	Hamar IL	2.04,95	704
	29,97(29,97)	1.01,77(31,80)	1.33,58(31,81)	2.04,95(31,37)	
8	Karoline Pedersen	94	BS/Delfana	2.05,77	691
	29,80(29,80)	1.01,55(31,75)	1.33,77(32,22)	2.05,77(32,00)	
9	Stine Lise Stenseth	94	Øvre Eiker SK	2.05,90	688
	30,11(30,11)	1.01,84(31,73)	1.33,88(32,04)	2.05,90(32,02)	
10	Gina B. Andersen	90	Lambertseter SK	2.06,20	684
	30,21(30,21)	1.01,60(31,39)	1.33,70(32,10)	2.06,20(32,50)	
11	Eva Marie W. Østerhus	94	Madla SK	2.06,22	683
	29,41(29,41)	1.01,09(31,68)	1.33,67(32,58)	2.06,22(32,55)	
12	Lise Sand Syversen	95	BS/Delfana	2.08,52	647
	29,70(29,70)	1.02,15(32,45)	1.35,50(33,35)	2.08,52(33,02)	
13	Jacqueline Knutsson	93	Kongsten/NTG	2.08,83	643
	29,34(29,34)	1.01,66(32,32)	1.35,17(33,51)	2.08,83(33,66)	
14	Sara Louise Pedersen	96	Poseidon	2.08,98	640
	29,75(29,75)	1.01,40(31,65)	1.34,72(33,32)	2.08,98(34,26)	
15	Emilie Hellerud	92	Lambertseter SK/NTG	2.09,53	632
	29,40(29,40)	1.01,84(32,44)	1.35,59(33,75)	2.09,53(33,94)	
16	Andrea Westbye	95	Bærumsvømmerne	2.09,58	631
	30,15(30,15)	1.02,80(32,65)	1.35,74(32,94)	2.09,58(33,84)	
17	Maria Wigestrands	94	Madla SK	2.09,71	630
	29,52(29,52)	1.02,05(32,53)	1.35,78(33,73)	2.09,71(33,93)	
18	Lisa Skogeng	96	Delfana	2.11,64	602
	30,75(30,75)	1.03,84(33,09)	1.37,74(33,90)	2.11,64(33,90)	
19	Ellen Camilla Hansen	95	Øvre Eiker SK	2.13,05	583
	30,61(30,61)	1.04,12(33,51)	1.38,75(34,63)	2.13,05(34,30)	
20	Siv Fiske	92	Tromsø SK/NTG	2.14,59	564
	30,81(30,81)	1.03,91(33,10)	1.38,74(34,83)	2.14,59(35,85)	

## Funksjonshemmede

1	Sara Louise Rung 42,47(42,47)	89	Madla SK 2.11,33(45,12)	2.55,90 2.55,90(44,57)	252	S5 106,86 % VR
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## Øvelse 28. 200m butterfly, herrer - Forsøk

## Senior

1	Alexander Broberg Skeltved 27,85(27,85)	87	Bergens SC 1.31,49(32,45)	2.05,01 2.05,01(33,52)	665
2	Sindri T. Jakobsson 27,32(27,32)	91	BS/Delfana 1.33,59(34,56)	2.05,52 2.05,52(31,93)	657
3	Jørgen Møllerop 28,36(28,36)	88	Bergens SC 1.33,60(32,99)	2.06,13 2.06,13(32,53)	647
4	Sebastian Stordal 27,90(27,90)	91	BS/Delfana 1.32,82(32,82)	2.06,15 2.06,15(33,33)	647
5	Fredrik K Hegdal 28,22(28,22)	94	Stavanger SC 1.32,88(32,71)	2.07,00 2.07,00(34,12)	634
6	Sindre Eilertsen 28,73(28,73)	90	Lambertseter SK 1.33,46(32,91)	2.07,59 2.07,59(34,13)	625
7	Stian S. Langeland 28,54(28,54)	89	Bergens SC 1.35,18(34,20)	2.10,18 2.10,18(35,00)	589
8	Carl Andreas Wathne 30,10(30,10)	91	Bærumsvømmerne 1.37,22(33,72)	2.11,92 2.11,92(34,70)	566
9	Thomas Myhrer 28,96(28,96)	94	Sarpsborg IL/NTG 1.36,98(34,67)	2.12,68 2.12,68(35,70)	556
10	Sindre Lilledahl 29,76(29,76)	92	Haugesund SK 1.39,43(35,39)	2.15,30 2.15,30(35,87)	524
11	Per Øystein Turøy 29,82(29,82)	92	Stavanger SC 1.39,60(35,42)	2.15,51 2.15,51(35,91)	522
12	Åsmund Karlsen 28,96(28,96)	92	Eid SK 1.39,58(35,70)	2.15,59 2.15,59(36,01)	521
13	Henrik Søfteland 30,57(30,57)	95	Delfana 1.40,19(35,66)	2.15,87 2.15,87(35,68)	518
14	Sander Sivertsen 29,58(29,58)	96	Vestkantsvømmerne 1.40,26(36,21)	2.16,21 2.16,21(35,95)	514
15	Markus Lie 29,88(29,88)	95	Åstveit SK 1.40,57(35,47)	2.16,30 2.16,30(35,73)	513
16	Espen Halhjem 29,05(29,05)	92	BS/Delfana 1.39,62(36,46)	2.16,55 2.16,55(36,93)	510
17	Andreas Mathingsdal Pedersen 30,22(30,22)	92	Farsund SK 1.40,89(35,78)	2.17,21 2.17,21(36,32)	503
18	Henning Kaland 29,76(29,76)	92	Oslo IL 1.41,44(36,62)	2.17,39 2.17,39(35,95)	501
19	Jakob Bernstein 30,29(30,29)	95	Bærumsvømmerne 1.42,00(36,44)	2.17,61 2.17,61(35,61)	498
20	Norbert Prokopiak 30,59(30,59)	94	Modum/NTG 1.42,25(36,48)	2.18,46 2.18,46(36,21)	489
21	Arnt Martin Ystenes 30,61(30,61)	92	Trondhjem SLK 1.42,08(36,21)	2.19,09 2.19,09(37,01)	483
22	Kacper Domanski 29,16(29,16)	96	Madla SK 1.41,81(37,41)	2.20,51 2.20,51(38,70)	468

## Øvelse 29. 100m rygg, damer - Forsøk

## Senior

1	Ida Marko-Varga	85	Stavanger SC	(0,67)	1.02,25	698
	29,95(29,95)	1.02,25(32,30)				
2	Veronica Orheim Bjørlykke	94	Aalesund SLK	(0,66)	1.02,84	679
	30,82(30,82)	1.02,84(32,02)				
3	Oda Marie Siljan	92	Asker SK/TiT	(0,24)	1.03,20	667
	30,49(30,49)	1.03,20(32,71)				
4	Heidi Vainio Gjøen	88	Lambertseter SK	(0,70)	1.04,06	641
	31,20(31,20)	1.04,06(32,86)				
5	Katrine Jensen	92	BS/Åstveit	(0,61)	1.04,35	632
	30,81(30,81)	1.04,35(33,54)				
6	Christine M. Pedersen	93	Lambertseter SK	(0,71)	1.04,52	627
	31,08(31,08)	1.04,52(33,44)				
7	Elisabeth Kristiansen	92	Haugesund SK		1.04,54	627
	30,97(30,97)	1.04,54(33,57)				
8	Andrine Davidsen	95	Lambertseter SK	(0,65)	1.04,67	623
	31,22(31,22)	1.04,67(33,45)				
9	Benedicte Kausland	92	Vestkantsvømmerne	(0,66)	1.05,18	608
	31,30(31,30)	1.05,18(33,88)				
10	Rebecca Holst	91	Stavanger SC	(0,63)	1.05,29	605
	31,98(31,98)	1.05,29(33,31)				
11	Karoline Steffensen	96	Harstad SK	(0,63)	1.05,36	603
	31,98(31,98)	1.05,36(33,38)				
12	Ina Kvenshagen Gimse	95	Tromsø SK	(0,48)	1.05,54	598
	31,64(31,64)	1.05,54(33,90)				
13	Camilla Moe	92	Ås IL	(0,69)	1.05,67	595
	31,77(31,77)	1.05,67(33,90)				
14	Vilde Tengedal	96	Bryne SK	(0,68)	1.06,03	585
	31,81(31,81)	1.06,03(34,22)				
15	Marte Stamland	96	Poseidon	(0,66)	1.07,37	551
	32,92(32,92)	1.07,37(34,45)				
16	Helene Nordmark Skuterud	93	Asker SK	(0,52)	1.07,84	540
	32,71(32,71)	1.07,84(35,13)				
17	Helene Thunes Truyen	93	Delfana	(0,65)	1.07,97	537
	32,62(32,62)	1.07,97(35,35)				
18	Vår Celine Søgaaard	96	Lambertseter SK	(0,68)	1.08,31	529
	32,56(32,56)	1.08,31(35,75)				
18	Lotte Miller	96	Madla SK	(0,61)	1.08,31	529
	32,34(32,34)	1.08,31(35,97)				
20	Hanne Lockertsen	94	Tromsø SK/NTG	(0,66)	1.08,48	525
	33,78(33,78)	1.08,48(34,70)				
21	Ingrid Elise Woll	93	Narvik SK	(0,76)	1.12,49	442
	35,34(35,34)	1.12,49(37,15)				

## Funksjonshemmede

1	Hanne Farestvedt	93	Åstveit SK		1.24,06	284	S14 120,5 %
	40,84(40,84)	1.24,06(43,22)					
2	Ingrid Djupskås	89	Drammen SK	(0,81)	1.42,40	157	S9 147,76 %
	49,86(49,86)	1.42,40(52,54)					

## Øvelse 30. 100m fri, herrer - Forsøk

## Senior

1	Gard Kvale	84	Bergens SC		50,64	699
	24,38(24,38)	50,64(26,26)				
2	Robin Dale Oen	80	Øygarden SK		50,73	695
	24,71(24,71)	50,73(26,02)				
3	Lavrans Solli	92	Bergens SC		50,85	690
	24,84(24,84)	50,85(26,01)				

4	Ole Martin Ree 24,86(24,86)	92	Madla SK	51,18	677
5	Øystein R. Hetland 24,51(24,51)	89	Bærumsvømmerne	51,23	675
6	Bjarte Ravndal 24,85(24,85)	91	Madla SK	51,38	669
7	Even Vike Holm 25,20(25,20)	90	BS/Arna	52,15	640
8	Martin Hammer 25,26(25,26)	93	Kongsten/NTG	52,44	629
9	Mikael Bergene 25,76(25,76)	91	Lambertseter SK	52,88	614
10	Mathias Madsen 25,58(25,58)	92	Lambertseter SK	52,89	613
11	Hans Østerdal 25,58(25,58)	93	Stavanger SC	52,93	612
12	Elias Damman 25,96(25,96)	89	Bærumsvømmerne	53,19	603
13	Gaute Ravndal 25,95(25,95)	94	Madla SK	53,27	600
14	John Hage Gaarder 25,75(25,75)	89	Lørenskog/Rælingen	53,31	599
15	Sander Rødje 25,87(25,87)	93	Haugesund SK	53,77	584
	Sverre Næss	92	Sarpsborg IL		DISK

## Funksjonshemmede

1	Edvard Aasjord Møkleby 35,18(35,18)	95	Bodø SK	1.12,82	235	S9 131,68 %
2	Ola Riise 36,81(36,81)	77	Asker SK	1.23,56	156	S14 150,99 %

## Øvelse 31. 50m fri, damer - Forsøk

## Senior

1	Cecilie W. Johannessen	90	Bergens SC	25,73	738
2	Henriette Brekke	88	Stavanger SC	25,85	728
3	Ida Marko-Varga	85	Stavanger SC	26,01	714
4	Bryndis Run Hansen	93	BS/Åstveit	26,15	703
5	Siri Eva Kristiansen	93	Bærumsvømmerne	26,32	689
6	Monica W. Johannessen	90	Bergens SC	26,43	681
7	Victoria S. Løken	91	Lambertseter SK	26,46	678
8	Susann Bjørnsen	93	Setermoen SK/NTG	26,56	671
9	Emilie Nyenget Løvberg	95	Bærumsvømmerne	27,01	638
10	Maria Thompson Clausen	96	Madla SK	27,04	636
11	Marthe Berg Sørensen	92	Madla SK	27,21	624
12	Emilie Hellerud	92	Lambertseter SK/NTG	27,33	616
12	Kristine Mella	90	Bærumsvømmerne	27,33	616
14	Oda Marie Siljan	92	Asker SK/TiT	27,37	613
15	Siv Fiske	92	Tromsø SK/NTG	27,38	612
15	Amalie Kristiansen	95	Haugesund SK	27,38	612
17	Elisabeth H. Svensson	91	Lambertseter SK	27,42	610
18	Siri Løvold Magnussen	86	BS/Delfana	27,44	608
19	Kaja Bremer	93	Bergens SLK	27,51	604
20	Tonje Riise	93	Lakselv SK/NTG	27,52	603
21	Elise Strømsvik	87	Vestbyen IL	27,65	595
22	Stine Lise Stenseth	94	Øvre Eiker SK	27,72	590
23	Marie Reinertsen	93	Delfana	27,75	588
24	Mette Mellbye Larsen	95	Asker SK	28,00	573
25	Emma Isdahl	92	Lambertseter SK	28,08	568

**Øvelse 32. 100m bryst, herrer - Forsøk****Senior**

1	Alexander Dale Oen	85	Bærumsvømmerne	1.03,43	674
	29,96(29,96)	1.03,43(33,47)			
2	Marcus Tesdal	90	BS/Åstveit	1.03,72	665
	29,70(29,70)	1.03,72(34,02)			
3	Sverre Næss	92	Sarpsborg IL	1.03,79	663
	30,06(30,06)	1.03,79(33,73)			
4	Robin Palm	88	Sarpsborg IL	1.04,29	647
	30,41(30,41)	1.04,29(33,88)			
5	Bernt M. Seyffarth	89	Mandal SK	1.04,36	645
	29,27(29,27)	1.04,36(35,09)			
6	Sebastian Wigstrøm	91	Bærumsvømmerne	1.04,39	644
	30,31(30,31)	1.04,39(34,08)			
7	Erling Mjøs Brattelid	91	BS/Åstveit	1.04,70	635
	30,25(30,25)	1.04,70(34,45)			
8	Markus Vindenes	94	Vestkantsvømmerne	1.04,74	634
	30,93(30,93)	1.04,74(33,81)			
9	Simen Dale	91	BS/Delfana	1.05,31	617
	30,94(30,94)	1.05,31(34,37)			
10	Aleksander Sire	93	Modum/NTG	1.06,23	592
	31,06(31,06)	1.06,23(35,17)			
11	Jørgen Scheie Bråthen	95	Lørenskog/Rælingen	1.06,80	577
	31,74(31,74)	1.06,80(35,06)			
12	Tord Eirik Seyffarth	92	Mandal SK	1.08,03	546
	31,45(31,45)	1.08,03(36,58)			
13	Robin H. Kleiven	93	Aalesund SLK	1.08,90	526
	32,27(32,27)	1.08,90(36,63)			
14	Christopher Wolf	93	Vestbyen IL	1.09,43	514
	32,23(32,23)	1.09,43(37,20)			
	Christoffer Tofte Hamborg	93	Vestbyen IL	DISK	

**Øvelse 33. 100m individuell medley, damer - Forsøk****Senior**

1	Ingvild Snildal	88	Asker SK	1.03,29	759
	28,39(28,39)	1.03,29(34,90)			
2	Elisabeth Jarland	85	Bærumsvømmerne	1.04,40	721
	29,95(29,95)	1.04,40(34,45)			
3	Henriette Brekke	88	Stavanger SC	1.04,81	707
	30,79(30,79)	1.04,81(34,02)			
4	Siri Eva Kristiansen	93	Bærumsvømmerne	1.05,22	694
	31,38(31,38)	1.05,22(33,84)			
5	Birgitte Elise Søfteland	94	Sarpsborg IL	1.05,56	683
	30,76(30,76)	1.05,56(34,80)			
6	Maria Thompson Clausen	96	Madla SK	1.05,99	670
	31,41(31,41)	1.05,99(34,58)			
7	Katrine Jensen	92	BS/Åstveit	1.06,19	664
	30,93(30,93)	1.06,19(35,26)			
8	Benedicte Kausland	92	Vestkantsvømmerne	1.06,30	661
	30,64(30,64)	1.06,30(35,66)			
9	Stine Vindenes	93	Vestkantsvømmerne	1.06,43	657
	31,31(31,31)	1.06,43(35,12)			
10	Sophia Broberg Skeltved	92	Tromsø SK/NTG	1.06,99	640
	31,37(31,37)	1.06,99(35,62)			
11	Rikke Nagell-Kleven	95	Asker SK	1.07,22	634
	31,44(31,44)	1.07,22(35,78)			

12	Vilde Tengesdal 31,07(31,07)	96	Bryne SK	1.07,66	621
13	Kaja Bremer 32,69(32,69)	93	Bergens SLK	1.07,68	621
14	Emma Isdahl 31,41(31,41)	92	Lambertseter SK	1.07,72	620
15	Luna Elisabeth Sjøgaard 32,18(32,18)	94	Lambertseter SK	1.07,78	618
16	Hanne Chr. Seyffarth 31,06(31,06)	85	Mandal SK	1.08,47	600
17	Karoline Steffensen 31,60(31,60)	96	Harstad SK	1.08,48	599
18	Stina Kajsa Colleou 32,68(32,68)	93	Lambertseter SK	1.08,84	590
19	Elise Næss Olsen 31,59(31,59)	97	Asker SK	1.08,92	588
20	Mari Singstad 32,65(32,65)	91	Trondhjem SLK	1.09,15	582
21	Ellen Magnussen 32,86(32,86)	84	Sarpsborg IL	1.10,42	551
22	Maren E.J. Bakke 33,54(33,54)	94	Setermoen SK	1.10,71	544

## Funksjonshemmede

1	Sara Louise Rung 50,73(50,73)	89	Madla SK	1.41,24	186 SM5 89,14 %	VR
2	Ingrid Djupskås 49,91(49,91)	89	Drammen SK	1.48,72	150 SM8 150,44 %	

## Øvelse 34. 1500m fri, herrer - Direkte finale – Foreløpig for siste heat

## Senior

1	Henrik Christiansen 29,80(29,80) 2.38,27(32,06) 4.47,60(32,63) 6.56,92(32,18) 9.05,46(32,14) 11.13,88(31,99) 13.23,12(32,80) 15.33,07(32,45)	96	Skjetten Svømming	16.04,35	685
				1.01,98(32,18) 3.10,48(32,21) 5.20,04(32,44) 7.29,12(32,20) 9.37,67(32,21) 11.45,95(32,07) 13.55,51(32,39) 16.04,35(31,28)	
				1.34,22(32,24) 3.42,71(32,23) 5.52,18(32,14) 8.01,25(32,13) 10.09,80(32,13) 12.17,97(32,02) 14.27,96(32,45)	
				2.06,21(31,99) 4.14,97(32,26) 6.24,74(32,56) 8.33,32(32,07) 10.41,89(32,09) 12.50,32(32,35) 15.00,62(32,66)	
2	Sindre Nilo 29,79(29,79) 2.38,45(32,04) 4.46,17(31,73) 6.54,59(32,35) 9.04,78(32,72) 11.15,71(32,77) 13.27,61(33,06) 15.41,20(34,19)	90	Bærumsvømmerne	16.13,77	665
				1.01,90(32,11) 3.10,74(32,29) 5.17,98(31,81) 7.27,03(32,44) 9.37,57(32,79) 11.48,60(32,89) 14.00,71(33,10) 16.13,77(32,57)	
				1.34,16(32,26) 3.42,63(31,89) 5.50,02(32,04) 7.59,39(32,36) 10.10,26(32,69) 12.21,55(32,95) 14.33,97(33,26)	
				2.06,41(32,25) 4.14,44(31,81) 6.22,24(32,22) 8.32,06(32,67) 10.42,94(32,68) 12.54,55(33,00) 15.07,01(33,04)	
3	Ørjan Monsen 29,16(29,16) 2.38,64(32,56) 4.51,35(33,31) 7.04,09(33,27) 9.18,14(33,51) 11.30,90(32,68) 13.43,74(33,28) 15.55,55(32,62)	92	Madla SK	16.26,50	640
				1.00,74(31,58) 3.11,73(33,09) 5.24,82(33,47) 7.37,77(33,68) 9.51,73(33,59) 12.03,92(33,02) 14.17,02(33,28) 16.26,50(30,95)	
				1.33,32(32,58) 3.44,74(33,01) 5.57,68(32,86) 8.11,14(33,37) 10.24,91(33,18) 12.37,13(33,21) 14.50,26(33,24)	
				2.06,08(32,76) 4.18,04(33,30) 6.30,82(33,14) 8.44,63(33,49) 10.58,22(33,31) 13.10,46(33,33) 15.22,93(32,67)	

4	Andreas Bergman	93	Asker SK	16.39,81	615
	28,75(28,75)	1.00,15(31,40)	1.32,41(32,26)	2.04,63(32,22)	
	2.37,53(32,90)	3.10,46(32,93)	3.42,79(32,33)	4.15,02(32,23)	
	4.47,77(32,75)	5.20,41(32,64)	5.53,45(33,04)	6.26,78(33,33)	
	6.59,80(33,02)	7.33,19(33,39)	8.06,81(33,62)	8.40,62(33,81)	
	9.14,73(34,11)	9.48,83(34,10)	10.23,20(34,37)	10.57,10(33,90)	
	11.31,65(34,55)	12.06,00(34,35)	12.40,56(34,56)	13.14,99(34,43)	
	13.49,57(34,58)	14.24,17(34,60)	14.58,58(34,41)	15.32,99(34,41)	
	16.07,26(34,27)	16.39,81(32,55)			
5	Kristian Blummenfelt	94	Vestkantsvømmerne	16.45,09	605
	30,59(30,59)	1.03,25(32,66)	1.36,56(33,31)	2.09,80(33,24)	
	2.43,15(33,35)	3.16,63(33,48)	3.50,17(33,54)	4.23,96(33,79)	
	4.57,45(33,49)	5.30,96(33,51)	6.04,85(33,89)	6.38,71(33,86)	
	7.12,47(33,76)	7.46,22(33,75)	8.20,07(33,85)	8.54,01(33,94)	
	9.28,07(34,06)	10.02,00(33,93)	10.35,92(33,92)	11.09,39(33,47)	
	11.43,28(33,89)	12.17,10(33,82)	12.51,00(33,90)	13.24,81(33,81)	
	13.58,80(33,99)	14.32,52(33,72)	15.06,23(33,71)	15.40,03(33,80)	
	16.13,29(33,26)	16.45,09(31,80)			
6	Jørgen Gundersen	95	Lørenskog/Rælingen	16.46,35	603
	30,88(30,88)	1.03,71(32,83)	1.36,96(33,25)	2.10,33(33,37)	
	2.43,66(33,33)	3.17,04(33,38)	3.50,67(33,63)	4.24,34(33,67)	
	4.57,82(33,48)	5.31,37(33,55)	6.04,98(33,61)	6.38,72(33,74)	
	7.12,30(33,58)	7.46,17(33,87)	8.20,09(33,92)	8.54,06(33,97)	
	9.28,06(34,00)	10.02,12(34,06)	10.36,10(33,98)	11.09,69(33,59)	
	11.43,48(33,79)	12.17,31(33,83)	12.51,17(33,86)	13.25,04(33,87)	
	13.58,98(33,94)	14.32,77(33,79)	15.06,47(33,70)	15.39,94(33,47)	
	16.13,43(33,49)	16.46,35(32,92)			
7	Carl Andreas Wathne	91	Bærumsvømmerne	16.48,94	598
	29,57(29,57)	1.01,89(32,32)	1.34,55(32,66)	2.07,83(33,28)	
	2.40,93(33,10)	3.14,09(33,16)	3.47,59(33,50)	4.20,90(33,31)	
	4.55,16(34,26)	5.29,68(34,52)	6.04,09(34,41)	6.38,42(34,33)	
	7.12,48(34,06)	7.47,08(34,60)	8.21,43(34,35)	8.55,37(33,94)	
	9.29,95(34,58)	10.04,22(34,27)	10.38,03(33,81)	11.12,40(34,37)	
	11.46,93(34,53)	12.21,00(34,07)	12.54,96(33,96)	13.28,00(33,04)	
	14.00,71(32,71)	14.34,56(33,85)	15.08,45(33,89)	15.42,63(34,18)	
	16.16,51(33,88)	16.48,94(32,43)			
8	Ole Martin Bjørlykke	96	Aalesund SLK	16.52,81	591
	30,05(30,05)	1.02,51(32,46)	1.35,34(32,83)	2.08,63(33,29)	
	2.42,08(33,45)	3.15,38(33,30)	3.49,00(33,62)	4.22,73(33,73)	
	4.56,39(33,66)	5.29,99(33,60)	6.03,75(33,76)	6.37,55(33,80)	
	7.11,17(33,62)	7.45,17(34,00)	8.19,24(34,07)	8.53,38(34,14)	
	9.27,32(33,94)	10.01,74(34,42)	10.35,99(34,25)	11.10,16(34,17)	
	11.44,28(34,12)	12.18,64(34,36)	12.52,88(34,24)	13.27,50(34,62)	
	14.01,46(33,96)	14.35,66(34,20)	15.09,96(34,30)	15.44,37(34,41)	
	16.17,31(32,94)	16.52,81(35,50)			
9	Eirik Nielsen	95	Poseidon	17.09,48	563
	29,89(29,89)	1.02,30(32,41)	1.35,73(33,43)	2.08,82(33,09)	
	2.42,27(33,45)	3.15,67(33,40)	3.49,16(33,49)	4.23,13(33,97)	
	4.57,37(34,24)	5.31,94(34,57)	6.06,50(34,56)	6.40,88(34,38)	
	7.15,67(34,79)	7.50,67(35,00)	8.25,65(34,98)	9.00,79(35,14)	
	9.36,18(35,39)	10.11,32(35,14)	10.46,51(35,19)	11.22,44(35,93)	
	11.57,71(35,27)	12.32,85(35,14)	13.07,84(34,99)	13.43,00(35,16)	
	14.17,15(34,15)	14.51,64(34,49)	15.26,71(35,07)	16.01,84(35,13)	
	16.35,95(34,11)	17.09,48(33,53)			
10	Martin Næss Kjølholdt	95	Kolbotn IL	17.36,87	520
	30,34(30,34)	1.03,89(33,55)	1.37,73(33,84)	2.11,80(34,07)	
	2.45,70(33,90)	3.20,28(34,58)	3.55,29(35,01)	4.29,87(34,58)	
	5.05,03(35,16)	5.40,08(35,05)	6.14,83(34,75)	6.50,62(35,79)	
	7.25,85(35,23)	8.01,02(35,17)	8.36,86(35,84)	9.12,09(35,23)	
	9.47,26(35,17)	10.23,40(36,14)	10.59,24(35,84)	11.35,82(36,58)	
	12.11,71(35,89)	12.48,28(36,57)	13.24,28(36,00)	14.00,49(36,21)	
	14.36,79(36,30)	15.13,52(36,73)	15.49,46(35,94)	16.26,00(36,54)	
	17.02,51(36,51)	17.36,87(34,36)			
11	Andreas Bunæs	95	Haldens SK	18.08,36	477
	31,12(31,12)	1.04,76(33,64)	1.39,32(34,56)	2.13,79(34,47)	
	2.48,72(34,93)	3.24,13(35,41)	3.59,92(35,79)	4.36,27(36,35)	
	5.12,29(36,02)	5.48,89(36,60)	6.24,96(36,07)	7.01,29(36,33)	
	7.38,24(36,95)	8.14,82(36,58)	8.51,70(36,88)		
	10.06,00(1.14,30)	10.43,09(37,09)	11.21,32(38,23)	11.58,87(37,55)	
	12.35,75(36,88)	13.14,28(38,53)	13.51,69(37,41)	14.28,30(36,61)	
	15.04,49(36,19)	15.42,16(37,67)	16.18,95(36,79)	16.56,34(37,39)	
	17.33,17(36,83)	18.08,36(35,19)			

## Øvelse 35. 4\*100m lag medley, damer - Direkte finale – Foreløpig før siste heat

## Senior

1	Lambertseter SK J3 sr.	SR	Lambertseter SK	(0,62)	4.23,92	644
	Andrine Davidsen:	31,70(31,70)	1.05,32(33,62)	1.05,32		
	Luna Elisabeth Søggaard:	1.38,82(33,50)	2.17,36(38,54)	1.12,04		
	Malene M. Pedersen:	2.48,56(31,20)	3.24,88(36,32)	1.07,52		
	Elisabeth H. Svensson:	3.53,12(28,24)	4.23,92(30,80)	59,04		
2	Madla SK J1 sr.	SR	Madla SK	(0,61)	4.25,72	631
	Vanessa Tuxen:	32,29(32,29)	1.07,39(35,10)	1.07,39		
	Maren Larsen:	1.42,05(34,66)	2.24,02(41,97)	1.16,63		
	Victoria Rung:	2.52,88(28,86)	3.27,42(34,54)	1.03,40		
	Maria Thompson Clausen:	3.55,31(27,89)	4.25,72(30,41)	58,30		
3	Vestkantv. J1 sr.	SR	Vestkantvømmerne	(0,68)	4.27,08	622
	Benedicte Kausland:	31,96(31,96)	1.06,42(34,46)	1.06,42		
	Elida Hole:	1.41,66(35,24)	2.22,89(41,23)	1.16,47		
	Stine Vindenes:	2.53,00(30,11)	3.26,88(33,88)	1.03,99		
	Andrea Haugstad:	3.55,66(28,78)	4.27,08(31,42)	1.00,20		
4	Asker SK J2 sr.	SR	Asker SK	(0,61)	4.27,47	619
	Helene Nordmark Skuterud:	32,59(32,59)	1.07,97(35,38)	1.07,97		
	Mari Nerdrum:	1.42,67(34,70)	2.23,55(40,88)	1.15,58		
	Mette Mellbye Larsen:	2.53,03(29,48)	3.27,98(34,95)	1.04,43		
	Siri Anette Sønju:	3.56,39(28,41)	4.27,47(31,08)	59,49		
5	Tromsø SK J1 sr.	SR	Tromsø SK	(0,68)	4.28,00	616
	Ina Kvenshagen Gimse:	32,38(32,38)	1.05,84(33,46)	1.05,84		
	Sophia Broberg Skeltved:	1.40,70(34,86)	2.20,42(39,72)	1.14,58		
	Siv Fiske:	2.51,52(31,10)	3.27,44(35,92)	1.07,02		
	Hanne Lockertsen:	3.56,95(29,51)	4.28,00(31,05)	1.00,56		
6	Madla SK J2 sr.	SR	Madla SK	(0,79)	4.28,10	615
	Eva Marie W. Østerhus:	32,77(32,77)	1.08,18(35,41)	1.08,18		
	Stine Mjøllhus Kristoffersen:	1.43,40(35,22)	2.24,56(41,16)	1.16,38		
	Marthe Berg Sørensen:	2.54,32(29,76)	3.28,87(34,55)	1.04,31		
	Lotte Miller:	3.56,92(28,05)	4.28,10(31,18)	59,23		
7	Bærumsv J2 sr.	SR	Bærumsvømmerne	(0,69)	4.34,24	574
	Anna Bølgen:	32,66(32,66)	1.08,18(35,52)	1.08,18		
	Victoria Croker:	1.42,67(34,49)	2.23,33(40,66)	1.15,15		
	Kjersti Dalen:	2.55,82(32,49)	3.34,16(38,34)	1.10,83		
	Maria Bølgen:	4.02,47(28,31)	4.34,24(31,77)	1.00,08		
8	Løren/Rælingen J1 sr.	SR	Lørenskog/Rælingen	(0,92)	4.36,81	559
	Marie Svensson:	34,16(34,16)	1.11,22(37,06)	1.11,22		
	Rebecca Holt Clasen:	1.48,20(36,98)	2.32,63(44,43)	1.21,41		
	Klara Farkas:	3.02,54(29,91)	3.36,29(33,75)	1.03,66		
	Jeanette Erlandsen:	4.05,66(29,37)	4.36,81(31,15)	1.00,52		
9	Oslo IL J1 sr.	SR	Oslo IL	(0,67)	4.38,61	548
	Gry Bernakiewicz:	34,40(34,40)	1.11,09(36,69)	1.11,09		
	Oda Almgren Lind:	1.48,23(37,14)	2.30,58(42,35)	1.19,49		
	Kristin Blyverket:	3.00,91(30,33)	3.36,83(35,92)	1.06,25		
	Nehna-Louise Møller-Pettersen:	4.06,16(29,33)	4.38,61(32,45)	1.01,78		
10	Øvre Eiker SK J1 sr.	SR	Øvre Eiker SK	(0,71)	4.44,80	513
	Elisabeth Støver:	33,92(33,92)	1.10,75(36,83)	1.10,75		
	Ellen Camilla Hansen:	1.48,38(37,63)	2.32,62(44,24)	1.21,87		
	Fanny Moen Pettersen:	3.04,80(32,18)	3.45,50(40,70)	1.12,88		
	Stine Lise Stenseth:	4.13,82(28,32)	4.44,80(30,98)	59,30		
	Delfana J1 sr.	SR	Delfana		DISK	
	Helene Thunes Truyen:					
	Tone Lill Evanger:					
	Elin Haugland:					
	Lisa Skogeng:					

## Lørdag 26. mars kl 17.00 – Finaler

## Øvelse 25. 400m individuell medley, damer - Direkte finale

## Senior

1	Ida Marko-Varga	85	Stavanger SC	4.44,35	774
	29,20(29,20)	1.02,55(33,35)	1.39,18(36,63)	2.15,61(36,43)	
	2.55,81(40,20)	3.37,09(41,28)	4.11,18(34,09)	4.44,35(33,17)	
2	Sara Nordenstam	83	Lambertseter SK	4.46,17	759
	30,86(30,86)	1.06,27(35,41)	1.44,48(38,21)	2.21,35(36,87)	
	2.59,70(38,35)	3.38,69(38,99)	4.13,56(34,87)	4.46,17(32,61)	
3	Jacqueline Knutsson	93	Kongsten/NTG	4.51,77	716
	30,90(30,90)	1.06,20(35,30)	1.44,48(38,28)	2.21,86(37,38)	
	3.02,87(41,01)	3.45,27(42,40)	4.19,12(33,85)	4.51,77(32,65)	
4	Susann Bjørnsen	93	Setermoen SK/NTG	4.52,68	709
	31,39(31,39)	1.07,17(35,78)	1.46,75(39,58)	2.24,60(37,85)	
	3.06,07(41,47)	3.48,20(42,13)	4.22,12(33,92)	4.52,68(30,56)	
5	Elin Haugland	96	Delfana	5.02,34	644
	31,56(31,56)	1.08,36(36,80)	1.47,68(39,32)	2.26,23(38,55)	
	3.09,56(43,33)	3.54,25(44,69)	4.29,01(34,76)	5.02,34(33,33)	
6	Oda Gjerde	95	Bryne SK	5.04,12	632
	32,60(32,60)	1.10,82(38,22)	1.49,51(38,69)	2.28,47(38,96)	
	3.10,65(42,18)	3.54,45(43,80)	4.30,24(35,79)	5.04,12(33,88)	
7	Malene M. Pedersen	96	Lambertseter SK	5.07,56	611
	32,65(32,65)	1.10,13(37,48)	1.50,24(40,11)	2.29,24(39,00)	
	3.12,70(43,46)	3.56,11(43,41)	4.33,14(37,03)	5.07,56(34,42)	
8	Tone Lill Evanger	96	Delfana	5.07,74	610
	34,08(34,08)	1.13,84(39,76)	1.53,59(39,75)	2.32,19(38,60)	
	3.14,08(41,89)	3.56,92(42,84)	4.33,52(36,60)	5.07,74(34,22)	
9	Ellen Camilla Hansen	95	Øvre Eiker SK	5.08,60	605
	33,56(33,56)	1.12,24(38,68)	1.51,88(39,64)	2.31,11(39,23)	
	3.14,42(43,31)	3.59,15(44,73)	4.34,65(35,50)	5.08,60(33,95)	
10	Maren E.J. Bakke	94	Setermoen SK	5.11,43	589
	33,97(33,97)	1.12,46(38,49)	1.53,97(41,51)	2.35,25(41,28)	
	3.17,02(41,77)	3.59,93(42,91)	4.36,98(37,05)	5.11,43(34,45)	
11	Klara Farkas	96	Lørenskog/Rælingen	5.12,57	582
	32,68(32,68)	1.09,93(37,25)	1.50,03(40,10)	2.29,65(39,62)	
	3.16,18(46,53)	4.02,98(46,80)	4.38,57(35,59)	5.12,57(34,00)	
12	Vilde Stordal	95	Delfana	5.13,94	575
	32,47(32,47)	1.10,24(37,77)	1.51,03(40,79)	2.30,74(39,71)	
	3.16,13(45,39)	4.02,48(46,35)	4.39,03(36,55)	5.13,94(34,91)	
13	Karianne Reinertsen	97	Delfana	5.17,41	556
	32,86(32,86)	1.11,50(38,64)	1.51,25(39,75)	2.31,04(39,79)	
	3.16,85(45,81)	4.04,37(47,52)	4.40,34(35,97)	5.17,41(37,07)	
14	Stine Mjøhus Kristoffersen	93	Madla SK	5.21,97	533
	32,70(32,70)	1.11,39(38,69)	1.53,42(42,03)	2.35,05(41,63)	
	3.19,09(44,04)	4.05,19(46,10)	4.44,27(39,08)	5.21,97(37,70)	
15	Ingrid Bergslid	97	Madla SK	5.22,80	529
	34,21(34,21)	1.13,11(38,90)	1.55,06(41,95)	2.36,42(41,36)	
	3.22,54(46,12)	4.09,01(46,47)	4.46,84(37,83)	5.22,80(35,96)	
16	Stina Victoria Nordberg	96	Ski SK	5.23,20	527
	33,46(33,46)	1.13,33(39,87)	1.56,92(43,59)	2.39,53(42,61)	
	3.24,32(44,79)	4.10,28(45,96)	4.47,43(37,15)	5.23,20(35,77)	
17	Andrea Haugstad	92	Vestkantsvømmerne	5.26,32	512
	32,74(32,74)	1.10,70(37,96)	1.53,51(42,81)	2.36,13(42,62)	
	3.23,51(47,38)	4.12,75(49,24)	4.50,36(37,61)	5.26,32(35,96)	

## Øvelse 26. 4\*50m fri, herrer - Finale

## Senior

1	Bergens SC G1 sr.	SR	Bergens SC	1.31,39	759
	Lavrans Solli:	23,24(23,24)			
	Jørgen Møllerop:	45,90(22,66)			
	Erik Dorch:	1.08,99(23,09)			
	Gard Kvale:	1.31,39(22,40)			
2	Bærumsv G1 sr.	SR	Bærumsvømmerne	1.31,45	758
	Øystein R. Hetland:	22,66(22,66)			
	Alexander Dale Oen:	45,91(23,25)			
	Lars Andre Tolås:	1.09,47(23,56)			
	Alexander Hetland:	1.31,45(21,98)			
3	Madla SK G1 sr.	SR	Madla SK	1.33,86	701
	Bjarte Ravndal:	23,34(23,34)			
	Ole Martin Ree:	46,34(23,00)			
	Thomas Breivoll:	1.10,53(24,19)			
	Gaute Ravndal:	1.33,86(23,33)			
4	Øvre Eiker SK G1 sr.	SR	Øvre Eiker SK	1.33,90	700
	Mattis Saghaug:	24,02(24,02)			
	Christer Koch Kvam:	46,79(22,77)			
	Jens Petter Loe:	1.09,96(23,17)			
	Dan Magnus Skibrek:	1.33,90(23,94)			
5	Bergensv. G1 sr.	SR	Bergensvømmerne	1.34,12	695
	Even Vike Holm:	24,08(24,08)			
	Petter Solberg:	47,77(23,69)			
	Erlend Ulveseter:	1.10,64(22,87)			
	Marcus Tesdal:	1.34,12(23,48)			
6	IL Varg G1 sr.	SR	IL Varg	1.34,38	690
	Håkon Skårud Karlsen:	24,69(24,69)			
	Petter Sjødal:	47,22(22,53)			
	Petter Braarud:	1.11,02(23,80)			
	Dominik Borkowski:	1.34,38(23,36)			

## Øvelse 27. 200m fri, damer - Finale

## Senior

1	Cecilie W. Johannessen	90	Bergens SC	1.57,38	850	NR
	27,35(27,35)	56,95(29,60)	1.27,09(30,14)	1.57,38(30,29)		
2	Victoria S. Løken	91	Lambertseter SK	2.02,40	749	
	28,93(28,93)	59,76(30,83)	1.30,81(31,05)	2.02,40(31,59)		
3	Emilie Nyenget Løvberg	95	Bærumsvømmerne	2.03,36	732	
	29,03(29,03)	1.00,35(31,32)	1.32,10(31,75)	2.03,36(31,26)		
4	Victoria Rung	92	Madla SK	2.03,72	726	
	28,81(28,81)	59,89(31,08)	1.31,52(31,63)	2.03,72(32,20)		
5	Elin Slaatmo	92	Hamar IL	2.04,23	717	
	29,55(29,55)	1.01,57(32,02)	1.33,60(32,03)	2.04,23(30,63)		
6	Karoline Pedersen	94	BS/Delfana	2.06,53	678	
	29,29(29,29)	1.00,86(31,57)	1.33,54(32,68)	2.06,53(32,99)		

**Øvelse 28. 200m butterfly, herrer - Finale****Senior**

1	Sindri T. Jakobsson	91	BS/Delfana	1.59,89	754
	27,00(27,00)	57,84(30,84)	1.28,93(31,09)	1.59,89(30,96)	
2	Alexander Broberg Skeltved	87	Bergens SC	2.01,72	720
	27,03(27,03)	57,87(30,84)	1.28,97(31,10)	2.01,72(32,75)	
3	Jørgen Møllerop	88	Bergens SC	2.02,32	710
	27,51(27,51)	58,43(30,92)	1.30,27(31,84)	2.02,32(32,05)	
4	Sebastian Stordal	91	BS/Delfana	2.04,03	681
	27,73(27,73)	59,17(31,44)	1.31,28(32,11)	2.04,03(32,75)	
5	Sindre Eilertsen	90	Lambertseter SK	2.06,81	637
	28,21(28,21)	1.00,09(31,88)	1.32,76(32,67)	2.06,81(34,05)	
6	Fredrik K Hegdal	94	Stavanger SC	2.09,03	605
	28,39(28,39)	1.00,68(32,29)	1.34,34(33,66)	2.09,03(34,69)	

**Øvelse 29. 100m rygg, damer - Finale****Senior**

1	Ida Marko-Varga	85	Stavanger SC	(0,70)	1.02,03	706
	30,09(30,09)	1.02,03(31,94)				
2	Veronica Orheim Bjørlykke	94	Aalesund SLK	(0,79)	1.02,57	688
	30,56(30,56)	1.02,57(32,01)				
3	Heidi Vainio Gjøn	88	Lambertseter SK	(0,69)	1.03,21	667
	30,80(30,80)	1.03,21(32,41)				
4	Oda Marie Siljan	92	Asker SK/TiT	(0,70)	1.04,16	638
	30,91(30,91)	1.04,16(33,25)				
5	Katrine Jensen	92	BS/Åstveit	(0,61)	1.04,55	626
	31,20(31,20)	1.04,55(33,35)				
6	Christine M. Pedersen	93	Lambertseter SK	(0,70)	1.04,63	624
	31,33(31,33)	1.04,63(33,30)				

**Øvelse 30. 100m fri, herrer - Finale****Senior**

1	Gard Kvale	84	Bergens SC	49,86	732
	24,31(24,31)	49,86(25,55)			
2	Lavrans Solli	92	Bergens SC	50,45	707
	24,85(24,85)	50,45(25,60)			
3	Robin Dale Oen	80	Øygarden SK	50,51	704
	24,16(24,16)	50,51(26,35)			
4	Øystein R. Hetland	89	Bærumsvømmerne	50,55	703
	23,93(23,93)	50,55(26,62)			
5	Bjarte Ravndal	91	Madla SK	50,71	696
	24,45(24,45)	50,71(26,26)			
6	Ole Martin Ree	92	Madla SK	51,24	675
	24,64(24,64)	51,24(26,60)			

**Øvelse 31. 50m fri, damer - Finale****Senior**

1	Cecilie W. Johannessen	90	Bergens SC	25,24	782
2	Henriette Brekke	88	Stavanger SC	25,63	746
3	Monica W. Johannessen	90	Bergens SC	25,99	716
4	Bryndis Run Hansen	93	BS/Åstveit	26,17	701
5	Siri Eva Kristiansen	93	Bærumsvømmerne	26,18	700
6	Victoria S. Løken	91	Lambertseter SK	26,74	657

## Funksjonshemmede

1	Hanne Farestvedt	93	Åstveit SK	32,95	351	S14 113,82 %
2	Marianne Fredbo	86	Vågsbygd SLK	40,67	187	S7 128,54 %
3	Mina Marie Heyerdahl Klausen	97	Drammen SK	43,85	149	S7 138,59 %
4	Ingrid Djupskås	89	Drammen SK	41,12	181	S9 141,6 %

## Øvelse 32. 100m bryst, herrer - Finale

## Senior

1	Alexander Dale Oen	85	Bærumsvømmerne	1.00,07	793
	28,22(28,22)	1.00,07(31,85)			
2	Sverre Næss	92	Sarpsborg IL	1.01,45	741
	28,81(28,81)	1.01,45(32,64)			
3	Marcus Tesdal	90	BS/Åstveit	1.02,39	708
	29,04(29,04)	1.02,39(33,35)			
4	Sebastian Wigstrøm	91	Bærumsvømmerne	1.03,34	677
	29,80(29,80)	1.03,34(33,54)			
5	Robin Palm	88	Sarpsborg IL	1.03,89	659
	30,25(30,25)	1.03,89(33,64)			
6	Bernt M. Seyffarth	89	Mandal SK	1.04,74	634
	28,94(28,94)	1.04,74(35,80)			

## Øvelse 33. 100m individuell medley, damer - Finale

## Senior

1	Ingvild Snildal	88	Asker SK	1.02,03	807
	27,98(27,98)	1.02,03(34,05)			
2	Henriette Brekke	88	Stavanger SC	1.03,28	760
	30,15(30,15)	1.03,28(33,13)			
3	Elisabeth Jarland	85	Bærumsvømmerne	1.03,83	740
	29,52(29,52)	1.03,83(34,31)			
4	Siri Eva Kristiansen	93	Bærumsvømmerne	1.04,88	705
	30,81(30,81)	1.04,88(34,07)			
5	Maria Thompson Clausen	96	Madla SK	1.05,54	684
	30,81(30,81)	1.05,54(34,73)			
6	Birgitte Elise Søfteland	94	Sarpsborg IL	1.05,94	671
	30,95(30,95)	1.05,94(34,99)			

## Øvelse 34. 1500m fri, herrer - Direkte finale

## Senior

1	Christian Thorsen	91	Lambertseter SK	15.33,75	755
	28,63(28,63)	59,67(31,04)	1.30,64(30,97)	2.01,50(30,86)	
	2.32,48(30,98)	3.03,60(31,12)	3.34,59(30,99)	4.05,53(30,94)	
	4.36,87(31,34)	5.08,12(31,25)	5.39,44(31,32)	6.10,64(31,20)	
	6.42,04(31,40)	7.13,27(31,23)	7.44,48(31,21)	8.15,86(31,38)	
	8.46,94(31,08)	9.18,28(31,34)	9.49,67(31,39)	10.21,03(31,36)	
	10.52,36(31,33)	11.23,65(31,29)	11.55,05(31,40)	12.26,41(31,36)	
	12.57,81(31,40)	13.29,43(31,62)	14.00,81(31,38)	14.32,36(31,55)	
	15.03,82(31,46)	15.33,75(29,93)			
2	Morten Bordervich	94	Madla SK	15.56,59	702
	28,87(28,87)	1.00,10(31,23)	1.31,62(31,52)	2.03,24(31,62)	
	2.34,85(31,61)	3.06,65(31,80)	3.38,72(32,07)	4.10,62(31,90)	
	4.42,57(31,95)	5.14,53(31,96)	5.46,66(32,13)	6.18,90(32,24)	
	6.50,56(31,66)	7.22,54(31,98)	7.54,85(32,31)	8.26,82(31,97)	
	8.58,82(32,00)	9.31,25(32,43)	10.03,63(32,38)	10.36,18(32,55)	
	11.08,12(31,94)	11.40,58(32,46)	12.13,06(32,48)	12.45,71(32,65)	
	13.17,99(32,28)	13.50,28(32,29)	14.22,45(32,17)	14.54,68(32,23)	
	15.26,89(32,21)	15.56,59(29,70)			

3	Henrik Christiansen	96	Skjetten Svømming	16.04,35	685
	29,80(29,80)	1.01,98(32,18)	1.34,22(32,24)	2.06,21(31,99)	
	2.38,27(32,06)	3.10,48(32,21)	3.42,71(32,23)	4.14,97(32,26)	
	4.47,60(32,63)	5.20,04(32,44)	5.52,18(32,14)	6.24,74(32,56)	
	6.56,92(32,18)	7.29,12(32,20)	8.01,25(32,13)	8.33,32(32,07)	
	9.05,46(32,14)	9.37,67(32,21)	10.09,80(32,13)	10.41,89(32,09)	
	11.13,88(31,99)	11.45,95(32,07)	12.17,97(32,02)	12.50,32(32,35)	
	13.23,12(32,80)	13.55,51(32,39)	14.27,96(32,45)	15.00,62(32,66)	
	15.33,07(32,45)	16.04,35(31,28)			
4	Sindre Nilo	90	Bærumsvømmerne	16.13,77	665
	29,79(29,79)	1.01,90(32,11)	1.34,16(32,26)	2.06,41(32,25)	
	2.38,45(32,04)	3.10,74(32,29)	3.42,63(31,89)	4.14,44(31,81)	
	4.46,17(31,73)	5.17,98(31,81)	5.50,02(32,04)	6.22,24(32,22)	
	6.54,59(32,35)	7.27,03(32,44)	7.59,39(32,36)	8.32,06(32,67)	
	9.04,78(32,72)	9.37,57(32,79)	10.10,26(32,69)	10.42,94(32,68)	
	11.15,71(32,77)	11.48,60(32,89)	12.21,55(32,95)	12.54,55(33,00)	
	13.27,61(33,06)	14.00,71(33,10)	14.33,97(33,26)	15.07,01(33,04)	
	15.41,20(34,19)	16.13,77(32,57)			
5	Elias Damman	89	Bærumsvømmerne	16.15,04	663
	29,19(29,19)	1.00,88(31,69)	1.32,89(32,01)	2.05,03(32,14)	
	2.37,34(32,31)	3.09,90(32,56)	3.42,42(32,52)	4.15,05(32,63)	
	4.48,08(33,03)	5.20,75(32,67)	5.53,77(33,02)	6.26,50(32,73)	
	6.59,42(32,92)	7.32,25(32,83)	8.05,57(33,32)	8.39,00(33,43)	
	9.11,93(32,93)	9.44,75(32,82)	10.17,56(32,81)	10.50,70(33,14)	
	11.23,52(32,82)	11.56,61(33,09)	12.29,52(32,91)	13.02,42(32,90)	
	13.35,39(32,97)	14.08,11(32,72)	14.40,63(32,52)	15.12,78(32,15)	
	15.44,64(31,86)	16.15,04(30,40)			
6	Jonas Ødegård Aanby	95	Delfana	16.21,05	651
	29,43(29,43)	1.01,03(31,60)	1.32,80(31,77)	2.04,95(32,15)	
	2.36,73(31,78)	3.08,89(32,16)	3.41,34(32,45)	4.13,28(31,94)	
	4.45,89(32,61)	5.18,31(32,42)	5.50,65(32,34)	6.23,22(32,57)	
	6.55,92(32,70)	7.28,81(32,89)	8.01,70(32,89)	8.34,32(32,62)	
	9.07,37(33,05)	9.40,78(33,41)	10.14,10(33,32)	10.47,55(33,45)	
	11.20,87(33,32)	11.54,29(33,42)	12.27,87(33,58)	13.01,30(33,43)	
	13.34,84(33,54)	14.08,31(33,47)	14.41,92(33,61)	15.15,54(33,62)	
	15.48,85(33,31)	16.21,05(32,20)			
7	Ørjan Monsen	92	Madla SK	16.26,50	640
	29,16(29,16)	1.00,74(31,58)	1.33,32(32,58)	2.06,08(32,76)	
	2.38,64(32,56)	3.11,73(33,09)	3.44,74(33,01)	4.18,04(33,30)	
	4.51,35(33,31)	5.24,82(33,47)	5.57,68(32,86)	6.30,82(33,14)	
	7.04,09(33,27)	7.37,77(33,68)	8.11,14(33,37)	8.44,63(33,49)	
	9.18,14(33,51)	9.51,73(33,59)	10.24,91(33,18)	10.58,22(33,31)	
	11.30,90(32,68)	12.03,92(33,02)	12.37,13(33,21)	13.10,46(33,33)	
	13.43,74(33,28)	14.17,02(33,28)	14.50,26(33,24)	15.22,93(32,67)	
	15.55,55(32,62)	16.26,50(30,95)			
8	Øystein Fjeldberg	93	Randaberg IL	16.29,42	634
	30,12(30,12)	1.02,55(32,43)	1.35,89(33,34)	2.08,93(33,04)	
	2.42,16(33,23)	3.14,89(32,73)	3.48,19(33,30)	4.21,27(33,08)	
	4.54,51(33,24)	5.27,86(33,35)	6.01,23(33,37)	6.34,27(33,04)	
	7.07,61(33,34)	7.40,81(33,20)	8.14,28(33,47)	8.47,52(33,24)	
	9.20,61(33,09)	9.53,94(33,33)	10.27,20(33,26)	11.00,41(33,21)	
	11.33,81(33,40)	12.06,93(33,12)	12.39,86(32,93)	13.13,20(33,34)	
	13.46,63(33,43)	14.19,86(33,23)	14.53,13(33,27)	15.25,51(32,38)	
	15.58,35(32,84)	16.29,42(31,07)			
9	Andreas Bergman	93	Asker SK	16.39,81	615
	28,75(28,75)	1.00,15(31,40)	1.32,41(32,26)	2.04,63(32,22)	
	2.37,53(32,90)	3.10,46(32,93)	3.42,79(32,33)	4.15,02(32,23)	
	4.47,77(32,75)	5.20,41(32,64)	5.53,45(33,04)	6.26,78(33,33)	
	6.59,80(33,02)	7.33,19(33,39)	8.06,81(33,62)	8.40,62(33,81)	
	9.14,73(34,11)	9.48,83(34,10)	10.23,20(34,37)	10.57,10(33,90)	
	11.31,65(34,55)	12.06,00(34,35)	12.40,56(34,56)	13.14,99(34,43)	
	13.49,57(34,58)	14.24,17(34,60)	14.58,58(34,41)	15.32,99(34,41)	
	16.07,26(34,27)	16.39,81(32,55)			
10	Kristian Blumenfelt	94	Vestkantsvømmerne	16.45,09	605
	30,59(30,59)	1.03,25(32,66)	1.36,56(33,31)	2.09,80(33,24)	
	2.43,15(33,35)	3.16,63(33,48)	3.50,17(33,54)	4.23,96(33,79)	
	4.57,45(33,49)	5.30,96(33,51)	6.04,85(33,89)	6.38,71(33,86)	
	7.12,47(33,76)	7.46,22(33,75)	8.20,07(33,85)	8.54,01(33,94)	
	9.28,07(34,06)	10.02,00(33,93)	10.35,92(33,92)	11.09,39(33,47)	
	11.43,28(33,89)	12.17,10(33,82)	12.51,00(33,90)	13.24,81(33,81)	
	13.58,80(33,99)	14.32,52(33,72)	15.06,23(33,71)	15.40,03(33,80)	
	16.13,29(33,26)	16.45,09(31,80)			

11	Jørgen Gundersen	95	Lørenskog/Rælingen	16.46,35	603
	30,88(30,88)	1.03,71(32,83)	1.36,96(33,25)	2.10,33(33,37)	
	2.43,66(33,33)	3.17,04(33,38)	3.50,67(33,63)	4.24,34(33,67)	
	4.57,82(33,48)	5.31,37(33,55)	6.04,98(33,61)	6.38,72(33,74)	
	7.12,30(33,58)	7.46,17(33,87)	8.20,09(33,92)	8.54,06(33,97)	
	9.28,06(34,00)	10.02,12(34,06)	10.36,10(33,98)	11.09,69(33,59)	
	11.43,48(33,79)	12.17,31(33,83)	12.51,17(33,86)	13.25,04(33,87)	
	13.58,98(33,94)	14.32,77(33,79)	15.06,47(33,70)	15.39,94(33,47)	
	16.13,43(33,49)	16.46,35(32,92)			
12	Carl Andreas Wathne	91	Bærumsvømmerne	16.48,94	598
	29,57(29,57)	1.01,89(32,32)	1.34,55(32,66)	2.07,83(33,28)	
	2.40,93(33,10)	3.14,09(33,16)	3.47,59(33,50)	4.20,90(33,31)	
	4.55,16(34,26)	5.29,68(34,52)	6.04,09(34,41)	6.38,42(34,33)	
	7.12,48(34,06)	7.47,08(34,60)	8.21,43(34,35)	8.55,37(33,94)	
	9.29,95(34,58)	10.04,22(34,27)	10.38,03(33,81)	11.12,40(34,37)	
	11.46,93(34,53)	12.21,00(34,07)	12.54,96(33,96)	13.28,00(33,04)	
	14.00,71(32,71)	14.34,56(33,85)	15.08,45(33,89)	15.42,63(34,18)	
	16.16,51(33,88)	16.48,94(32,43)			
13	Ole Martin Bjørlykke	96	Aalesund SLK	16.52,81	591
	30,05(30,05)	1.02,51(32,46)	1.35,34(32,83)	2.08,63(33,29)	
	2.42,08(33,45)	3.15,38(33,30)	3.49,00(33,62)	4.22,73(33,73)	
	4.56,39(33,66)	5.29,99(33,60)	6.03,75(33,76)	6.37,55(33,80)	
	7.11,17(33,62)	7.45,17(34,00)	8.19,24(34,07)	8.53,38(34,14)	
	9.27,32(33,94)	10.01,74(34,42)	10.35,99(34,25)	11.10,16(34,17)	
	11.44,28(34,12)	12.18,64(34,36)	12.52,88(34,24)	13.27,50(34,62)	
	14.01,46(33,96)	14.35,66(34,20)	15.09,96(34,30)	15.44,37(34,41)	
	16.17,31(32,94)	16.52,81(35,50)			
14	Eirik Nielsen	95	Poseidon	17.09,48	563
	29,89(29,89)	1.02,30(32,41)	1.35,73(33,43)	2.08,82(33,09)	
	2.42,27(33,45)	3.15,67(33,40)	3.49,16(33,49)	4.23,13(33,97)	
	4.57,37(34,24)	5.31,94(34,57)	6.06,50(34,56)	6.40,88(34,38)	
	7.15,67(34,79)	7.50,67(35,00)	8.25,65(34,98)	9.00,79(35,14)	
	9.36,18(35,39)	10.11,32(35,14)	10.46,51(35,19)	11.22,44(35,93)	
	11.57,71(35,27)	12.32,85(35,14)	13.07,84(34,99)	13.43,00(35,16)	
	14.17,15(34,15)	14.51,64(34,49)	15.26,71(35,07)	16.01,84(35,13)	
	16.35,95(34,11)	17.09,48(33,53)			
15	Martin Næss Kjøholdt	95	Kolbotn IL	17.36,87	520
	30,34(30,34)	1.03,89(33,55)	1.37,73(33,84)	2.11,80(34,07)	
	2.45,70(33,90)	3.20,28(34,58)	3.55,29(35,01)	4.29,87(34,58)	
	5.05,03(35,16)	5.40,08(35,05)	6.14,83(34,75)	6.50,62(35,79)	
	7.25,85(35,23)	8.01,02(35,17)	8.36,86(35,84)	9.12,09(35,23)	
	9.47,26(35,17)	10.23,40(36,14)	10.59,24(35,84)	11.35,82(36,58)	
	12.11,71(35,89)	12.48,28(36,57)	13.24,28(36,00)	14.00,49(36,21)	
	14.36,79(36,30)	15.13,52(36,73)	15.49,46(35,94)	16.26,00(36,54)	
	17.02,51(36,51)	17.36,87(34,36)			
16	Andreas Bunæs	95	Haldens SK	18.08,36	477
	31,12(31,12)	1.04,76(33,64)	1.39,32(34,56)	2.13,79(34,47)	
	2.48,72(34,93)	3.24,13(35,41)	3.59,92(35,79)	4.36,27(36,35)	
	5.12,29(36,02)	5.48,89(36,60)	6.24,96(36,07)	7.01,29(36,33)	
	7.38,24(36,95)	8.14,82(36,58)	8.51,70(36,88)		
	10.06,00(1.14,30)	10.43,09(37,09)	11.21,32(38,23)	11.58,87(37,55)	
	12.35,75(36,88)	13.14,28(38,53)	13.51,69(37,41)	14.28,30(36,61)	
	15.04,49(36,19)	15.42,16(37,67)	16.18,95(36,79)	16.56,34(37,39)	
	17.33,17(36,83)	18.08,36(35,19)			
	Oscar Slaatmo	94	Hamar IL	BRUTT	

## Øvelse 35. 4\*100m lag medley, damer - Direkte finale

## Senior

1	Stavanger SC J1 sr.	SR	Stavanger SC	(0,69)	4.08,34	774
	Rebecca Holst:	31,79(31,79)	1.05,11(33,32)	1.05,11		
	Henriette Martinsen:	1.37,27(32,16)	2.15,05(37,78)	1.09,94		
	Ida Marko-Varga:	2.42,08(27,03)	3.13,28(31,20)	58,23		
	Henriette Brekke:	3.39,67(26,39)	4.08,34(28,67)	55,06		
2	Lambertseter SK J1 sr.	SR	Lambertseter SK	(0,70)	4.09,57	762 NR
	Heidi Vainio Gjøen:	30,79(30,79)	1.03,34(32,55)	1.03,34		
	Sara Nordenstam:	1.35,46(32,12)	2.11,45(35,99)	1.08,11		
	Line Løvberg:	2.39,80(28,35)	3.12,97(33,17)	1.01,52		
	Victoria S. Løken:	3.39,81(26,84)	4.09,57(29,76)	56,60		
3	Bærumsv J1 sr.	SR	Bærumsvømmerne	(0,74)	4.15,71	709
	Elisabeth Jarland:	31,55(31,55)	1.04,04(32,49)	1.04,04		
	Siri Eva Kristiansen:	1.37,19(33,15)	2.14,29(37,10)	1.10,25		
	Emilie Nyenget Løvberg:	2.43,27(28,98)	3.16,93(33,66)	1.02,64		
	Andrea Westbye:	3.44,85(27,92)	4.15,71(30,86)	58,78		
4	Lambertseter SK J2 sr.	SR	Lambertseter SK	(0,76)	4.17,65	693
	Christine M. Pedersen:	31,34(31,34)	1.04,50(33,16)	1.04,50		
	Stina Kajsa Colleou:	1.37,91(33,41)	2.15,61(37,70)	1.11,11		
	Vår Celine Søgaard:	2.45,25(29,64)	3.20,14(34,89)	1.04,53		
	Gina B. Andersen:	3.48,06(27,92)	4.17,65(29,59)	57,51		
5	Bergensv. J1 sr.	SR	Bergensvømmerne	(0,66)	4.20,28	672
	Katrine Jensen:	31,43(31,43)	1.04,76(33,33)	1.04,76		
	Bryndis Run Hansen:	1.38,63(33,87)	2.17,48(38,85)	1.12,72		
	Lise Sand Syversen:	2.46,42(28,94)	3.20,89(34,47)	1.03,41		
	Karoline Pedersen:	3.49,28(28,39)	4.20,28(31,00)	59,39		
6	Asker SK J1 sr.	SR	Asker SK	(0,71)	4.20,58	670
	Oda Marie Siljan:	31,19(31,19)	1.04,46(33,27)	1.04,46		
	Rikke Nagell-Kleven:	1.38,71(34,25)	2.17,81(39,10)	1.13,35		
	Helene Solberg:	2.47,20(29,39)	3.21,40(34,20)	1.03,59		
	Marte K. Bolstad:	3.49,60(28,20)	4.20,58(30,98)	59,18		
7	Lambertseter SK J3 sr.	SR	Lambertseter SK	(0,62)	4.23,92	644
	Andrine Davidsen:	31,70(31,70)	1.05,32(33,62)	1.05,32		
	Luna Elisabeth Søgaard:	1.38,82(33,50)	2.17,36(38,54)	1.12,04		
	Malene M. Pedersen:	2.48,56(31,20)	3.24,88(36,32)	1.07,52		
	Elisabeth H. Svensson:	3.53,12(28,24)	4.23,92(30,80)	59,04		
8	Madla SK J1 sr.	SR	Madla SK	(0,61)	4.25,72	631
	Vanessa Tuxen:	32,29(32,29)	1.07,39(35,10)	1.07,39		
	Maren Larsen:	1.42,05(34,66)	2.24,02(41,97)	1.16,63		
	Victoria Rung:	2.52,88(28,86)	3.27,42(34,54)	1.03,40		
	Maria Thompson Clausen:	3.55,31(27,89)	4.25,72(30,41)	58,30		
9	Vestkantv. J1 sr.	SR	Vestkantvømmerne	(0,68)	4.27,08	622
	Benedicte Kausland:	31,96(31,96)	1.06,42(34,46)	1.06,42		
	Elida Hole:	1.41,66(35,24)	2.22,89(41,23)	1.16,47		
	Stine Vindenes:	2.53,00(30,11)	3.26,88(33,88)	1.03,99		
	Andrea Haugstad:	3.55,66(28,78)	4.27,08(31,42)	1.00,20		
10	Asker SK J2 sr.	SR	Asker SK	(0,61)	4.27,47	619
	Helene Nordmark Skuterud:	32,59(32,59)	1.07,97(35,38)	1.07,97		
	Mari Nerdrum:	1.42,67(34,70)	2.23,55(40,88)	1.15,58		
	Mette Mellbye Larsen:	2.53,03(29,48)	3.27,98(34,95)	1.04,43		
	Siri Anette Sønju:	3.56,39(28,41)	4.27,47(31,08)	59,49		
11	Tromsø SK J1 sr.	SR	Tromsø SK	(0,68)	4.28,00	616
	Ina Kvenshagen Gimse:	32,38(32,38)	1.05,84(33,46)	1.05,84		
	Sophia Broberg Skeltved:	1.40,70(34,86)	2.20,42(39,72)	1.14,58		
	Siv Fiske:	2.51,52(31,10)	3.27,44(35,92)	1.07,02		
	Hanne Lockertsen:	3.56,95(29,51)	4.28,00(31,05)	1.00,56		
12	Madla SK J2 sr.	SR	Madla SK	(0,79)	4.28,10	615
	Eva Marie W. Østerhus:	32,77(32,77)	1.08,18(35,41)	1.08,18		
	Stine Mjøllhus Kristoffersen:	1.43,40(35,22)	2.24,56(41,16)	1.16,38		
	Marthe Berg Sørensen:	2.54,32(29,76)	3.28,87(34,55)	1.04,31		
	Lotte Miller:	3.56,92(28,05)	4.28,10(31,18)	59,23		
13	Bærumsv J2 sr.	SR	Bærumsvømmerne	(0,69)	4.34,24	574
	Anna Bølgen:	32,66(32,66)	1.08,18(35,52)	1.08,18		
	Victoria Croker:	1.42,67(34,49)	2.23,33(40,66)	1.15,15		
	Kjersti Dalen:	2.55,82(32,49)	3.34,16(38,34)	1.10,83		
	Maria Bølgen:	4.02,47(28,31)	4.34,24(31,77)	1.00,08		

14	Løren/Rælingen J1 sr.	SR	Lørenskog/Rælingen	(0,92)	4.36,81	559
	Marie Svensson:	34,16(34,16)	1.11,22(37,06)	1.11,22		
	Rebecca Holt Clasen:	1.48,20(36,98)	2.32,63(44,43)	1.21,41		
	Klara Farkas:	3.02,54(29,91)	3.36,29(33,75)	1.03,66		
	Jeanette Erlandsen:	4.05,66(29,37)	4.36,81(31,15)	1.00,52		
15	Oslo IL J1 sr.	SR	Oslo IL	(0,67)	4.38,61	548
	Gry Bernakiewicz:	34,40(34,40)	1.11,09(36,69)	1.11,09		
	Oda Almgren Lind:	1.48,23(37,14)	2.30,58(42,35)	1.19,49		
	Kristin Blyverket:	3.00,91(30,33)	3.36,83(35,92)	1.06,25		
	Nehna-Louise Møller-Pettersen:	4.06,16(29,33)	4.38,61(32,45)	1.01,78		
16	Øvre Eiker SK J1 sr.	SR	Øvre Eiker SK	(0,71)	4.44,80	513
	Elisabeth Støver:	33,92(33,92)	1.10,75(36,83)	1.10,75		
	Ellen Camilla Hansen:	1.48,38(37,63)	2.32,62(44,24)	1.21,87		
	Fanny Moen Pettersen:	3.04,80(32,18)	3.45,50(40,70)	1.12,88		
	Stine Lise Stenseth:	4.13,82(28,32)	4.44,80(30,98)	59,30		
	Delfana J1 sr.	SR	Delfana		DISK	
	Helene Thunes Truyen:					
	Tone Lill Evanger:					
	Elin Haugland:					
	Lisa Skogeng:					

## Søndag 27. mars kl 09.00

## Øvelse 36. 400m individuell medley, herrer - Direkte finale – Foreløpig før siste heat

## Senior

1	Markus Lie	95	Åstveit SK	4.40,94	602
	30,69(30,69)	1.06,51(35,82)	1.42,47(35,96)	2.17,55(35,08)	
	2.56,74(39,19)	3.36,72(39,98)	4.09,63(32,91)	4.40,94(31,31)	
2	Sindre Nilo	90	Bærumsvømmerne	4.41,02	602
	30,89(30,89)	1.07,00(36,11)	1.42,73(35,73)	2.17,90(35,17)	
	2.57,30(39,40)	3.37,46(40,16)	4.09,90(32,44)	4.41,02(31,12)	
3	Henrik Wathne	94	Bærumsvømmerne	4.42,89	590
	29,05(29,05)	1.02,50(33,45)	1.37,79(35,29)	2.13,03(35,24)	
	2.54,87(41,84)	3.37,36(42,49)	4.10,88(33,52)	4.42,89(32,01)	
4	Øystein Fjeldberg	93	Randaberg IL	4.43,06	589
	29,55(29,55)	1.03,03(33,48)	1.38,56(35,53)	2.14,30(35,74)	
	2.55,91(41,61)	3.38,78(42,87)	4.11,45(32,67)	4.43,06(31,61)	
5	Eirik Nielsen	95	Poseidon	4.45,10	576
	29,93(29,93)	1.04,18(34,25)	1.40,48(36,30)	2.16,53(36,05)	
	2.56,25(39,72)	3.37,04(40,79)	4.12,28(35,24)	4.45,10(32,82)	
6	Vebjørn Lindhjem	95	Lørenskog/Rælingen	4.45,35	575
	29,68(29,68)	1.04,50(34,82)	1.39,62(35,12)	2.15,73(36,11)	
	2.56,14(40,41)	3.38,91(42,77)	4.12,69(33,78)	4.45,35(32,66)	
7	Robin H. Kleiven	93	Aalesund SLK	4.46,85	566
	31,53(31,53)	1.07,75(36,22)	1.45,13(37,38)	2.22,12(36,99)	
	3.00,55(38,43)	3.41,00(40,45)	4.15,09(34,09)	4.46,85(31,76)	
8	Carl Andreas Wathne	91	Bærumsvømmerne	4.46,91	566
	29,34(29,34)	1.03,28(33,94)	1.39,64(36,36)	2.15,84(36,20)	
	2.58,39(42,55)	3.41,45(43,06)	4.15,36(33,91)	4.46,91(31,55)	
9	Henrik Søfteland	95	Delfana	4.49,41	551
	30,63(30,63)	1.04,99(34,36)	1.41,37(36,38)	2.17,19(35,82)	
	3.00,63(43,44)	3.44,08(43,45)	4.17,42(33,34)	4.49,41(31,99)	
10	Andreas Mathingsdal Pedersen	92	Farsund SK	4.49,89	548
	30,61(30,61)	1.06,82(36,21)	1.45,22(38,40)	2.23,97(38,75)	
	3.03,37(39,40)	3.43,90(40,53)	4.18,04(34,14)	4.49,89(31,85)	
11	Sindre Lilledahl	92	Haugesund SK	4.51,24	541
	30,50(30,50)	1.05,83(35,33)	1.42,56(36,73)	2.18,74(36,18)	
	3.00,83(42,09)	3.44,33(43,50)	4.18,55(34,22)	4.51,24(32,69)	
12	Norbert Prokopiak	94	Modum/NTG	4.56,09	515
	30,17(30,17)	1.04,94(34,77)	1.41,82(36,88)	2.19,06(37,24)	
	3.03,11(44,05)	3.47,28(44,17)	4.22,53(35,25)	4.56,09(33,56)	
	Hans Andre Pedersen	92	Sandefjord SK	BRUTT	

## Øvelse 37. 4\*50m fri, damer - Forsøk

## Senior

1	Stavanger SC J1 sr.	SR	Stavanger SC	1.46,09	728
	Henriette Brekke:	25,97(25,97)			
	Ane Nygård:	53,11(27,14)			
	Rebecca Holst:	1.20,05(26,94)			
	Ida Marko-Varga:	1.46,09(26,04)			
2	Bærumsv J1 sr.	SR	Bærumsvømmerne	1.46,78	714
	Emilie Nyenget Løvberg:	27,62(27,62)			
	Elisabeth Jarland:	54,13(26,51)			
	Kristine Mella:	1.20,72(26,59)			
	Siri Eva Kristiansen:	1.46,78(26,06)			
3	Madla SK J1 sr.	SR	Madla SK	1.47,22	705
	Maria Thompson Clausen:	27,46(27,46)			
	Victoria Rung:	54,21(26,75)			
	Eva Marie W. Østerhus:	1.20,88(26,67)			
	Marthe Berg Sørensen:	1.47,22(26,34)			

4	Lambertseter SK J1 sr. Victoria S. Løken: Elisabeth H. Svensson: Emilie Hellerud: Emma Isdahl:	SR 27,25(27,25) 54,11(26,86) 1.20,72(26,61) 1.47,46(26,74)	Lambertseter SK	1.47,46	701
5	Bergens SC J1 sr. Monica W. Johannessen: Hedvig Hjertaker: Anne-Mari Gulbrandsen: Cecilie W. Johannessen:	SR 26,52(26,52) 54,42(27,90) 1.23,58(29,16) 1.49,01(25,43)	Bergens SC	1.49,01	671
6	Madla SK J2 sr. Vanessa Tuxen: Maria Wigestrånd: Lotte Miller: Stine Mjøllhus Kristoffersen:	SR 28,13(28,13) 54,96(26,83) 1.21,78(26,82) 1.49,74(27,96)	Madla SK	1.49,74	658
7	Lambertseter SK J2 sr. Heidi Vainio Gjøen: Merete Løvberg: Christine M. Pedersen: Gina B. Andersen:	SR 28,58(28,58) 55,61(27,03) 1.22,99(27,38) 1.50,22(27,23)	Lambertseter SK	1.50,22	649
8	Asker SK J1 sr. Marte K. Bolstad: Helene Solberg: Elise Næss Olsen: Rikke Nagell-Kleven:	SR 27,95(27,95) 55,14(27,19) 1.22,58(27,44) 1.50,37(27,79)	Asker SK	1.50,37	647
9	Tromsø SK J1 sr. Siv Fiske: Ina Kvenshagen Gimse: Sophia Broberg Skeltved: Hanne Lockertsen:	SR 27,44(27,44) 54,97(27,53) 1.22,66(27,69) 1.50,66(28,00)	Tromsø SK	1.50,66	642
10	Delfana J1 sr. Lisa Skogeng: Marie Reinertsen: Karianne Reinertsen: Elin Haugland:	SR 28,72(28,72) 56,02(27,30) 1.23,65(27,63) 1.51,12(27,47)	Delfana	1.51,12	634
11	Vestkantv. J1 sr. Elida Hole: Benedicte Kausland: Andrea Haugstad: Tina Schütz:	SR 28,11(28,11) 55,52(27,41) 1.23,22(27,70) 1.53,15(29,93)	Vestkantvømmerne	1.53,15	600
12	Bærumsv J2 sr. Maria Bølgen: Andrea Westbye: Anna Bølgen: Kjersti Dalen:	SR 29,10(29,10) 57,36(28,26) 1.26,40(29,04) 1.54,45(28,05)	Bærumsvømmerne	1.54,45	580
13	Asker SK J2 sr. Helene Nordmark Skuterud: Siri Anette Sønju: Majken Antonie Smith: Mari Nerdrum:	SR 28,54(28,54) 56,73(28,19) 1.24,87(28,14) 1.54,93(30,06)	Asker SK	1.54,93	573
14	Løren/Rælingen J1 sr. Elina Øverås: Susanne Fornasari: Marie Svensson: Jeanette Erlandsen:	SR 28,91(28,91) 58,22(29,31) 1.27,31(29,09) 1.54,94(27,63)	Lørenskog/Rælingen	1.54,94	573
15	Mandal SK J1 sr. Hannah Wærenskjold: Hanne Chr. Seyffarth: Kathrine O. Olsen: Stine E. Lande Bekken:	SR 28,55(28,55) 56,90(28,35) 1.25,64(28,74) 1.55,12(29,48)	Mandal SK	1.55,12	570
16	Oslo IL J1 sr. Nehna-Louise Møller-Pettersen: Oda Almgren Lind: Gry Bernakiewicz: Kristin Blyverket:	SR 28,88(28,88) 57,31(28,43) 1.27,34(30,03) 1.55,48(28,14)	Oslo IL	1.55,48	565
17	Ås IL J1 sr. Grethe Tenden: Camilla Moe: Ida Louise Tenden: Hannah Eriksen Mehlum:	SR 28,64(28,64) 56,99(28,35) 1.26,22(29,23) 1.55,98(29,76)	Ås IL	1.55,98	557

18	Bærumsv J3 sr.	SR	Bærumsvømmerne	1.59,03	515
	Elise Raaen Bø:	29,89(29,89)			
	Helle Backer:	59,22(29,33)			
	Victoria Croker:	1.28,74(29,52)			
	Henriette Steinbakken:	1.59,03(30,29)			
	Bergensv. J1 sr.	SR	Bergensvømmerne	DISK	
	Bryndis Run Hansen:				
	Siri Løvold Magnussen:				
	Karoline Pedersen:				
	Lise Sand Syversen:				

### Øvelse 38. 200m fri, herrer - Forsøk

#### Senior

1	Jørn Nygård	92	Stavanger SC	1.51,77	703
	26,56(26,56)	54,84(28,28)	1.23,59(28,75)	1.51,77(28,18)	
2	Gard Kvale	84	Bergens SC	1.54,18	659
	26,52(26,52)	55,11(28,59)	1.24,75(29,64)	1.54,18(29,43)	
3	Ole Martin Ree	92	Madla SK	1.54,19	659
	26,26(26,26)	54,68(28,42)	1.24,13(29,45)	1.54,19(30,06)	
4	Christian Thorsen	91	Lambertseter SK	1.54,69	650
	26,87(26,87)	55,76(28,89)	1.25,53(29,77)	1.54,69(29,16)	
5	Morten Bordervich	94	Madla SK	1.54,97	646
	27,30(27,30)	56,54(29,24)	1.25,62(29,08)	1.54,97(29,35)	
6	Bjarte Ravndal	91	Madla SK	1.55,09	644
	26,20(26,20)	55,32(29,12)	1.25,12(29,80)	1.55,09(29,97)	
7	Eirik Runningen	90	BS/Delfana	1.55,68	634
	27,07(27,07)	55,79(28,72)	1.25,48(29,69)	1.55,68(30,20)	
8	Sindre Eilertsen	90	Lambertseter SK	1.56,04	628
	27,77(27,77)	56,96(29,19)	1.26,39(29,43)	1.56,04(29,65)	
9	Sander Rødje	93	Haugesund SK	1.56,70	617
	26,99(26,99)	56,43(29,44)	1.26,61(30,18)	1.56,70(30,09)	
10	Elias Damman	89	Bærumsvømmerne	1.57,20	610
	27,04(27,04)	56,88(29,84)	1.27,29(30,41)	1.57,20(29,91)	
11	Eivind Johannesen	92	BS/Åstveit	1.57,35	607
	27,17(27,17)	56,53(29,36)	1.27,02(30,49)	1.57,35(30,33)	
12	Odin Spangen Normann	92	IL Varg	1.57,49	605
	27,20(27,20)	56,82(29,62)	1.27,31(30,49)	1.57,49(30,18)	
13	Kristoffer D. Birkeland	94	Bærum/NTG	1.58,00	597
	27,14(27,14)	56,86(29,72)	1.27,63(30,77)	1.58,00(30,37)	
14	Jonas Ødegård Aanby	95	Delfana	1.58,25	593
	27,81(27,81)	57,35(29,54)	1.27,88(30,53)	1.58,25(30,37)	
15	Frede Rønning Rangnes	94	Tønsberg SK	1.58,39	591
	27,66(27,66)	57,68(30,02)	1.28,50(30,82)	1.58,39(29,89)	
16	Martin Hammer	93	Kongsten/NTG	1.59,15	580
	27,28(27,28)	57,15(29,87)	1.27,95(30,80)	1.59,15(31,20)	
17	Jonatan Olafsson	94	Sandefjord SK	2.03,39	522
	28,09(28,09)	58,62(30,53)	1.30,79(32,17)	2.03,39(32,60)	

#### Funksjonshemmede

1	Edvard Aasjord Møkleby	95	Bodø SK	2.45,88	215	S9 133,4 %
	37,98(37,98)	1.21,86(43,88)	2.06,84(44,98)	2.45,88(39,04)		

## Øvelse 39. 200m butterfly, damer - Forsøk

## Senior

1	Ida Marko-Varga	85	Stavanger SC	2.15,46	709
	30,13(30,13)	1.04,36(34,23)	1.39,61(35,25)	2.15,46(35,85)	
2	Line Løvberg	91	Lambertseter SK	2.18,78	659
	30,92(30,92)	1.05,98(35,06)	1.42,12(36,14)	2.18,78(36,66)	
3	Victoria Rung	92	Madla SK	2.20,18	640
	31,51(31,51)	1.06,47(34,96)	1.42,27(35,80)	2.20,18(37,91)	
4	Jacqueline Knutsson	93	Kongsten/NTG	2.20,98	629
	31,08(31,08)	1.06,51(35,43)	1.43,60(37,09)	2.20,98(37,38)	
5	Stine Vindenes	93	Vestkantsvømmerne	2.21,35	624
	31,63(31,63)	1.07,31(35,68)	1.44,03(36,72)	2.21,35(37,32)	
6	Emilie Nyenget Løvberg	95	Bærumsvømmerne	2.22,12	614
	31,22(31,22)	1.07,02(35,80)	1.44,07(37,05)	2.22,12(38,05)	
7	Klara Farkas	96	Lørenskog/Rælingen	2.23,92	591
	32,74(32,74)	1.10,24(37,50)	1.46,83(36,59)	2.23,92(37,09)	
8	Eva Marie W. Østerhus	94	Madla SK	2.24,28	587
	32,05(32,05)	1.09,10(37,05)	1.46,68(37,58)	2.24,28(37,60)	
9	Marthe Berg Sørensen	92	Madla SK	2.26,26	563
	32,28(32,28)	1.09,14(36,86)	1.47,34(38,20)	2.26,26(38,92)	
10	Kristin Blyverket	92	Oslo IL	2.26,49	560
	33,25(33,25)	1.10,24(36,99)	1.48,75(38,51)	2.26,49(37,74)	
11	Lise Sand Syversen	95	BS/Delfana	2.27,46	549
	31,68(31,68)	1.09,07(37,39)	1.47,95(38,88)	2.27,46(39,51)	
12	Elin Haugland	96	Delfana	2.28,78	535
	32,92(32,92)	1.10,09(37,17)	1.49,07(38,98)	2.28,78(39,71)	
13	Vilde Tengesdal	96	Bryne SK	2.29,68	525
	32,41(32,41)	1.11,30(38,89)	1.51,16(39,86)	2.29,68(38,52)	
14	Marte K. Bolstad	95	Asker SK	2.32,03	501
	32,83(32,83)	1.09,46(36,63)	1.49,40(39,94)	2.32,03(42,63)	
15	Oda Gjerde	95	Bryne SK	2.32,12	501
	33,69(33,69)	1.13,59(39,90)	1.52,88(39,29)	2.32,12(39,24)	
16	Nora Næss	93	Haldens SK	2.32,68	495
	32,37(32,37)	1.10,95(38,58)	1.51,63(40,68)	2.32,68(41,05)	
17	Vilde Stordal	95	Delfana	2.33,60	486
	34,25(34,25)	1.11,99(37,74)	1.52,24(40,25)	2.33,60(41,36)	
18	Hanne Sofie L. Nilsen	94	Kristiansand SA	2.36,24	462
	33,29(33,29)	1.13,27(39,98)	1.54,47(41,20)	2.36,24(41,77)	
19	Ingrid Bergslid	97	Madla SK	2.38,81	440
	34,75(34,75)	1.14,32(39,57)	1.56,42(42,10)	2.38,81(42,39)	

## Øvelse 40. 100m rygg, herrer - Forsøk

## Senior

1	Dominik Borkowski	90	IL Varg	(0,69)	56,77	641
	27,18(27,18)	56,77(29,59)				
2	Even Vike Holm	90	BS/Arna	(0,74)	57,92	603
	27,86(27,86)	57,92(30,06)				
3	Mikael Bergene	91	Lambertseter SK	(0,61)	58,17	596
	28,50(28,50)	58,17(29,67)				
4	Lavrans Solli	92	Bergens SC	(0,82)	58,90	574
	28,81(28,81)	58,90(30,09)				
5	John Hage Gaarder	89	Lørenskog/Rælingen	(0,63)	59,30	562
	28,67(28,67)	59,30(30,63)				
6	Vegard Nyenget Løvberg	91	Bærumsvømmerne	(0,70)	59,55	555
	28,74(28,74)	59,55(30,81)				
7	Henrik Wathne	94	Bærumsvømmerne	(0,71)	59,95	544
	29,51(29,51)	59,95(30,44)				
8	Fredrik K Hegdal	94	Stavanger SC	(0,71)	1.00,18	538
	28,84(28,84)	1.00,18(31,34)				

9	Christian Christiansen 28,87(28,87)	94	Kristiansund SLK/NTG (0,80)	1.00,20	537
10	Vebjørn Lindhjem 29,84(29,84)	95	Lørenskog/Rælingen (0,76)	1.00,65	525
11	Thomas Brustveit 29,76(29,76)	93	Sandnes SLK (0,62)	1.00,69	524
11	Jørgen Aagaard-Nilsen Wiik 29,28(29,28)	93	Larvik SK (0,65)	1.00,69	524
13	Markus Lie 29,70(29,70)	95	Åstveit SK (0,61)	1.00,96	517
14	Henrik Knudsen 29,92(29,92)	94	Stavanger SC (0,64)	1.01,07	515
15	Hans Andre Pedersen 29,66(29,66)	92	Sandefjord SK (0,72)	1.01,15	513
16	Henning Kaland 29,71(29,71)	92	Oslo IL (0,66)	1.01,45	505
17	Per Øystein Turøy 30,17(30,17)	92	Stavanger SC (0,64)	1.01,82	496
18	Sondre Kallhovd 30,66(30,66)	93	Lambertseter SK (0,83)	1.02,59	478
19	Morten Hegdal 29,23(29,23)	83	Bærumsvømmerne (0,80)	1.02,90	471

**Funksjonshemmede**

1	Edvard Aasjord Møkleby 42,15(42,15)	95	Bodø SK (0,78)	1.26,08	184	S9 139,18 %
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**Øvelse 41. 100m fri, damer - Forsøk**

**Senior**

1	Cecilie W. Johannessen 27,33(27,33)	90	Bergens SC	56,54	734
2	Henriette Brekke 27,35(27,35)	88	Stavanger SC	57,00	717
3	Susann Bjørnsen 27,84(27,84)	93	Setermoen SK/NTG	57,47	699
4	Monica W. Johannessen 27,78(27,78)	90	Bergens SC	57,49	699
5	Stine Lise Stenseth 28,30(28,30)	94	Øvre Eiker SK	57,82	687
6	Siri Eva Kristiansen 28,16(28,16)	93	Bærumsvømmerne	57,93	683
7	Victoria S. Løken 28,25(28,25)	91	Lambertseter SK	58,05	679
8	Bryndis Run Hansen 27,50(27,50)	93	BS/Åstveit	58,11	676
9	Emilie Nyenget Løvberg 28,49(28,49)	95	Bærumsvømmerne	58,56	661
10	Elisabeth Jarland 28,39(28,39)	85	Bærumsvømmerne	58,60	660
11	Maria Wigestrands 28,26(28,26)	94	Madla SK	58,74	655
12	Maria Thompson Clausen 28,40(28,40)	96	Madla SK	58,76	654
13	Birgitte Elise Søfteland 28,84(28,84)	94	Sarpsborg IL	59,22	639
14	Elisabeth H. Svensson 29,12(29,12)	91	Lambertseter SK	59,53	629
15	Emilie Hellerud 28,89(28,89)	92	Lambertseter SK/NTG	59,70	624
16	Siv Fiske 29,07(29,07)	92	Tromsø SK/NTG	59,74	623

17	Tonje Riise	93	Lakselv SK/NTG	59,98	615
	29,09(29,09)	59,98(30,89)			
18	Amalie Kristiansen	95	Haugesund SK	1.00,11	611
	28,65(28,65)	1.00,11(31,46)			
19	Kristine Mella	90	Bærumsvømmerne	1.00,16	610
	29,17(29,17)	1.00,16(30,99)			
20	Emma Isdahl	92	Lambertseter SK	1.00,20	608
	29,24(29,24)	1.00,20(30,96)			
21	Elisabeth Kristiansen	92	Haugesund SK	1.00,50	599
	28,54(28,54)	1.00,50(31,96)			
22	Christine M. Pedersen	93	Lambertseter SK	1.00,81	590
	29,12(29,12)	1.00,81(31,69)			
23	Heidi Vainio Gjøen	88	Lambertseter SK	1.01,02	584
	29,39(29,39)	1.01,02(31,63)			

## Funksjonshemmede

1	Sara Louise Rung	89	Madla SK	1.25,65	211	S5 111,74 %
	41,77(41,77)	1.25,65(43,88)				
2	Hanne Farestvedt	93	Åstveit SK	1.14,57	320	S14 119,48 %
	35,52(35,52)	1.14,57(39,05)				
3	Mina Marie Heyerdahl Klausen	97	Drammen SK	1.39,90	133	S7 145,95 %
	46,09(46,09)	1.39,90(53,81)				

## Øvelse 42. 50m fri, herrer - Forsøk

## Senior

1	Alexander Hetland	82	Bærumsvømmerne	23,14	675
2	Robin Dale Oen	80	Øygarden SK	23,17	673
3	Bernt M. Seyffarth	89	Mandal SK	23,34	658
4	Bjarte Ravndal	91	Madla SK	23,40	653
5	Øystein R. Hetland	89	Bærumsvømmerne	23,41	652
6	Ole Martin Ree	92	Madla SK	23,88	614
7	Christer Koch Kvam	90	Øvre Eiker SK	24,05	601
8	Christian Tronvoll	94	Vestbyen IL	24,08	599
9	Erlend Ulveseter	92	BS/Åstveit	24,15	594
10	Petter Solberg	85	BS/Delfana	24,43	574
11	Per Sondre Sodeland	91	Mandal SK	24,57	564
12	Martin Hammer	93	Kongsten/NTG	24,87	544
12	Dan Magnus Skibrek	87	Øvre Eiker SK	24,87	544
14	Elias Damman	89	Bærumsvømmerne	25,10	529
	Gard Kvale	84	Bergens SC	BRUTT	
	Alexander Dale Oen	85	Bærumsvømmerne	BRUTT	
	Gaute Ravndal	94	Madla SK	BRUTT	

## Øvelse 43. 100m bryst, damer - Forsøk

## Senior

1	Stina Kajsa Colleou	93	Lambertseter SK	1.11,24	682
	33,75(33,75)	1.11,24(37,49)			
2	Sara Nordenstam	83	Lambertseter SK	1.12,29	652
	34,56(34,56)	1.12,29(37,73)			
3	Stine Vindenes	93	Vestkantsvømmerne	1.12,44	648
	34,39(34,39)	1.12,44(38,05)			
4	Mari Singstad	91	Trondhjem SLK	1.12,50	647
	34,31(34,31)	1.12,50(38,19)			
5	Elisabeth Jarland	85	Bærumsvømmerne	1.13,02	633
	34,90(34,90)	1.13,02(38,12)			

6	Kaja Bremer 34,46(34,46)	93	Bergens SLK	1.13,33	625
7	Luna Elisabeth Søggaard 34,83(34,83)	94	Lambertseter SK	1.13,89	611
8	Katrine Jensen 34,71(34,71)	92	BS/Åstveit	1.14,18	604
9	Malene M. Pedersen 35,35(35,35)	96	Lambertseter SK	1.15,10	582
10	Tone Lill Evanger 35,38(35,38)	96	Delfana	1.15,45	574
11	Rikke Nagell-Kleven 35,97(35,97)	95	Asker SK	1.15,68	569
12	Maren E.J. Bakke 35,79(35,79)	94	Setermoen SK	1.15,91	564
13	Hanne Chr. Seyffarth 34,97(34,97)	85	Mandal SK	1.16,01	561
14	Sophia Broberg Skeltved 35,88(35,88)	92	Tromsø SK/NTG	1.16,52	550
15	Karina Brunstad Fet 36,15(36,15)	95	Aalesund SLK	1.16,68	547
16	Benedicte Kausland 35,25(35,25)	92	Vestkantsvømmerne	1.16,77	545
17	Ida-Marie Dybdahl 36,32(36,32)	94	Larvik SK	1.17,21	536
18	Stine Tveit 36,52(36,52)	93	Trondhjem SLK	1.17,30	534
19	Maren Larsen 35,49(35,49)	94	Madla SK	1.17,36	532
20	Stine Mjøllhus Kristoffersen 37,04(37,04)	93	Madla SK	1.18,59	508
	Siri Eva Kristiansen	93	Bærumsvømmerne	BRUTT	

## Funksjonshemmede

1	Sara Louise Rung 53,97(53,97)	89	Madla SK	1.53,46	169	SB4 100,73 %	VR
2	Marianne Fredbo 53,35(53,35)	86	Vågsbygd SLK	1.53,62	168	SB6 118,96 %	
3	Mina Marie Heyerdahl Klausen 56,61(56,61)	97	Drammen SK	1.57,67	151	SB7 129,31 %	
4	Ingrid Djupskås 1.00,01(1.00,01)	89	Drammen SK	2.09,52	113	SB7 142,33 %	

## Øvelse 44. 100m individuell medley, herrer - Forsøk

## Senior

1	Sebastian Wigstrøm 27,42(27,42)	91	Bærumsvømmerne	58,25	662
2	Markus Vindenes 27,68(27,68)	94	Vestkantsvømmerne	58,59	650
3	John Hage Gaarder 27,37(27,37)	89	Lørenskog/Rælingen	59,98	606
4	Mattis Saghaug 27,69(27,69)	90	Øvre Eiker SK	1.00,02	605
5	Bernt M. Seyffarth 27,89(27,89)	89	Mandal SK	1.00,24	598
6	Håkon Skårud Karlsen 28,78(28,78)	79	IL Varg	1.01,04	575
7	Per Øystein Turøy 29,15(29,15)	92	Stavanger SC	1.02,11	546
8	Tord Eirik Seyffarth 28,91(28,91)	92	Mandal SK	1.02,20	543

## Øvelse 45. 1500m fri, damer - Direkte finale – Foreløpig før siste heat

## Senior

1	Karoline Pedersen	94	BS/Delfana	17.06,98	739
	31,53(31,53)	1.05,08(33,55)	1.39,23(34,15)	2.13,29(34,06)	
	2.47,50(34,21)	3.21,87(34,37)	3.56,28(34,41)	4.30,66(34,38)	
	5.05,31(34,65)	5.39,50(34,19)	6.13,79(34,29)	6.48,28(34,49)	
	7.22,63(34,35)	7.57,16(34,53)	8.31,53(34,37)	9.05,84(34,31)	
	9.40,55(34,71)	10.14,86(34,31)	10.49,14(34,28)	11.23,47(34,33)	
	11.57,71(34,24)	12.32,30(34,59)	13.06,62(34,32)	13.41,12(34,50)	
	14.15,57(34,45)	14.49,99(34,42)	15.24,37(34,38)	15.58,86(34,49)	
	16.33,31(34,45)	17.06,98(33,67)			
2	Oda Gjerde	95	Bryne SK	17.29,67	692
	32,52(32,52)	1.07,20(34,68)	1.42,35(35,15)	2.17,46(35,11)	
	2.52,59(35,13)	3.27,18(34,59)	4.02,36(35,18)	4.37,49(35,13)	
	5.12,78(35,29)	5.47,60(34,82)	6.22,83(35,23)	6.58,09(35,26)	
	7.33,03(34,94)	8.08,06(35,03)	8.43,17(35,11)	9.18,41(35,24)	
	9.53,45(35,04)	10.28,51(35,06)	11.03,65(35,14)	11.38,82(35,17)	
	12.14,04(35,22)	12.49,32(35,28)	13.24,56(35,24)	13.59,54(34,98)	
	14.35,10(35,56)	15.10,69(35,59)	15.45,79(35,10)	16.21,00(35,21)	
	16.56,15(35,15)	17.29,67(33,52)			
3	Elin Haugland	96	Delfana	17.45,94	661
	31,63(31,63)	1.05,95(34,32)	1.40,97(35,02)	2.16,19(35,22)	
	2.51,87(35,68)	3.27,05(35,18)	4.02,18(35,13)	4.37,51(35,33)	
	5.13,20(35,69)	5.48,95(35,75)	6.25,29(36,34)	7.00,58(35,29)	
	7.36,81(36,23)	8.12,98(36,17)	8.48,83(35,85)	9.25,27(36,44)	
	10.01,08(35,81)	10.37,47(36,39)	11.13,56(36,09)	11.50,23(36,67)	
	12.26,04(35,81)	13.01,86(35,82)	13.38,27(36,41)	14.14,10(35,83)	
	14.49,74(35,64)	15.25,21(35,47)	16.01,89(36,68)	16.36,73(34,84)	
	17.11,99(35,26)	17.45,94(33,95)			
4	Tina Schütz	96	Vestkantsvømmerne	17.53,98	646
	32,69(32,69)	1.07,74(35,05)	1.43,42(35,68)	2.19,08(35,66)	
	2.55,08(36,00)	3.30,80(35,72)	4.06,71(35,91)	4.42,75(36,04)	
	5.18,48(35,73)	5.54,42(35,94)	6.30,80(36,38)	7.06,88(36,08)	
	7.43,12(36,24)	8.19,36(36,24)	8.55,70(36,34)	9.31,74(36,04)	
	10.08,11(36,37)	10.44,50(36,39)	11.20,88(36,38)	11.57,11(36,23)	
	12.33,25(36,14)	13.09,17(35,92)	13.45,38(36,21)	14.21,15(35,77)	
	14.56,91(35,76)	15.32,80(35,89)	16.08,26(35,46)	16.43,84(35,58)	
	17.19,28(35,44)	17.53,98(34,70)			
5	Malene M. Pedersen	96	Lambertseter SK	17.56,28	642
	33,94(33,94)	1.09,78(35,84)	1.45,90(36,12)	2.21,87(35,97)	
	2.57,56(35,69)	3.33,33(35,77)	4.09,00(35,67)	4.44,70(35,70)	
	5.20,49(35,79)	5.56,11(35,62)	6.31,69(35,58)	7.07,59(35,90)	
	7.43,49(35,90)	8.19,27(35,78)	8.55,41(36,14)	9.31,65(36,24)	
	10.07,95(36,30)	10.44,53(36,58)	11.20,84(36,31)	11.56,92(36,08)	
	12.32,88(35,96)	13.08,86(35,98)	13.45,05(36,19)	14.21,21(36,16)	
	14.57,07(35,86)	15.33,26(36,19)	16.09,43(36,17)	16.45,75(36,32)	
	17.21,43(35,68)	17.56,28(34,85)			
6	Fanny Moen Pettersen	93	Øvre Eiker SK	18.17,82	605
	32,33(32,33)	1.07,93(35,60)	1.43,82(35,89)	2.20,25(36,43)	
	2.56,59(36,34)	3.33,04(36,45)	4.09,61(36,57)	4.46,23(36,62)	
	5.23,03(36,80)	5.59,83(36,80)	6.36,16(36,33)	7.12,87(36,71)	
	7.49,47(36,60)	8.26,28(36,81)	9.03,01(36,73)	9.40,18(37,17)	
	10.17,39(37,21)	10.54,37(36,98)	11.31,14(36,77)	12.08,25(37,11)	
	12.45,31(37,06)	13.22,18(36,87)	13.59,22(37,04)	14.36,42(37,20)	
	15.13,50(37,08)	15.50,37(36,87)	16.27,46(37,09)	17.04,29(36,83)	
	17.41,63(37,34)	18.17,82(36,19)			
7	Karianne Reinertsen	97	Delfana	18.26,27	592
	32,48(32,48)	1.07,86(35,38)	1.44,44(36,58)	2.20,90(36,46)	
	2.57,61(36,71)	3.34,18(36,57)	4.11,20(37,02)	4.48,36(37,16)	
	5.25,14(36,78)	6.02,28(37,14)	6.39,34(37,06)	7.16,29(36,95)	
	7.53,15(36,86)	8.30,40(37,25)	9.07,52(37,12)	9.44,97(37,45)	
	10.22,05(37,08)	10.59,02(36,97)	11.36,25(37,23)	12.13,59(37,34)	
	12.50,94(37,35)	13.28,74(37,80)	14.06,00(37,26)	14.43,06(37,06)	
	15.20,63(37,57)	15.58,05(37,42)	16.35,50(37,45)	17.12,90(37,40)	
	17.50,18(37,28)	18.26,27(36,09)			

8	Anna Forsstrøm	94	Haldens SK	18.39,95	570
	33,02(33,02)	1.09,20(36,18)	1.46,53(37,33)	2.23,94(37,41)	
	3.01,06(37,12)	3.38,66(37,60)	4.15,58(36,92)	4.52,84(37,26)	
	5.30,90(38,06)	6.08,56(37,66)	6.45,98(37,42)	7.24,41(38,43)	
	8.02,52(38,11)	8.41,13(38,61)	9.18,97(37,84)	9.56,63(37,66)	
	10.34,42(37,79)	11.11,90(37,48)	11.49,79(37,89)	12.27,70(37,91)	
	13.04,87(37,17)	13.42,84(37,97)	14.20,65(37,81)	14.58,12(37,47)	
	15.35,54(37,42)	16.13,40(37,86)	16.50,20(36,80)	17.27,48(37,28)	
	18.04,22(36,74)	18.39,95(35,73)			
9	Stina Victoria Nordberg	96	Ski SK	18.59,33	542
	32,52(32,52)	1.08,25(35,73)	1.45,20(36,95)	2.21,78(36,58)	
	2.58,98(37,20)	3.36,42(37,44)	4.14,44(38,02)	4.52,32(37,88)	
	5.30,66(38,34)	6.09,36(38,70)	6.47,85(38,49)	7.26,25(38,40)	
	8.05,46(39,21)	8.44,16(38,70)	9.22,54(38,38)	10.01,33(38,79)	
	10.40,13(38,80)	11.19,27(39,14)	11.58,37(39,10)	12.36,37(38,00)	
	13.14,99(38,62)	13.54,65(39,66)	14.33,80(39,15)	15.12,52(38,72)	
	15.50,30(37,78)	16.28,80(38,50)	17.08,13(39,33)	17.46,53(38,40)	
	18.23,83(37,30)	18.59,33(35,50)			
10	Malin Schanke Tømmervik	94	Trondhjem SLK	19.15,58	519
	33,01(33,01)	1.09,27(36,26)	1.46,78(37,51)	2.24,67(37,89)	
	3.02,82(38,15)	3.40,91(38,09)	4.19,74(38,83)	4.58,30(38,56)	
	5.37,21(38,91)	6.15,91(38,70)	6.54,79(38,88)	7.33,33(38,54)	
	8.11,78(38,45)	8.50,70(38,92)	9.29,82(39,12)	10.09,27(39,45)	
	10.48,56(39,29)	11.28,63(40,07)	12.07,68(39,05)	12.46,04(38,36)	
	13.25,17(39,13)	14.04,95(39,78)	14.44,63(39,68)	15.23,45(38,82)	
	16.02,74(39,29)	16.41,20(38,46)	17.20,47(39,27)	17.59,36(38,89)	
	18.38,39(39,03)	19.15,58(37,19)			

### Øvelse 46. 4\*100m lag medley, herrer - Direkte finale – Foreløpig før siste heat

#### Senior

1	Lambertseter SK G1 sr.	SR	Lambertseter SK	(0,61)	3.49,37	655
	Mikael Bergene:	28,15(28,15)	57,55(29,40)	57,55		
	Christian Thorsen:	1.28,05(30,50)	2.02,37(34,32)	1.04,82		
	Sindre Eilertsen:	2.27,22(24,85)	2.57,46(30,24)	55,09		
	Mathias Madsen:	3.22,14(24,68)	3.49,37(27,23)	51,91		
2	Bergensv. G2 sr.	SR	Bergensvømmerne	(0,65)	3.54,85	610
	Espen Halhjem:	29,34(29,34)	1.01,68(32,34)	1.01,68		
	Erling Mjøs Brattelid:	1.30,87(29,19)	2.05,55(34,68)	1.03,87		
	Sebastian Stordal:	2.31,61(26,06)	3.02,22(30,61)	56,67		
	Eirik Runningen:	3.27,17(24,95)	3.54,85(27,68)	52,63		
3	Bærumsv G2 sr.	SR	Bærumsvømmerne	(0,65)	4.00,07	571
	Vegard Nyenget Løvberg:	29,27(29,27)	59,91(30,64)	59,91		
	Henry Emil Nordhagen:	1.31,05(31,14)	2.08,17(37,12)	1.08,26		
	Carl Andreas Wathne:	2.35,06(26,89)	3.06,66(31,60)	58,49		
	Elias Damman:	3.32,08(25,42)	4.00,07(27,99)	53,41		
4	Løren/Rælingen G1 sr.	SR	Lørenskog/Rælingen	(0,61)	4.00,90	565
	John Hage Gaarder:	27,75(27,75)	57,56(29,81)	57,56		
	Jørgen Scheie Bråthen:	1.28,73(31,17)	2.04,48(35,75)	1.06,92		
	Vebjørn Lindhjem:	2.32,45(27,97)	3.04,45(32,00)	59,97		
	Jørgen Gundersen:	3.31,66(27,21)	4.00,90(29,24)	56,45		
5	Vestbyen IL G1 sr.	SR	Vestbyen IL	(0,67)	4.05,22	536
	Fredrik Tronvoll:	29,61(29,61)	1.02,11(32,50)	1.02,11		
	Christoffer Tofte Hamborg:	1.31,90(29,79)	2.06,96(35,06)	1.04,85		
	Christopher Wolf:	2.35,67(28,71)	3.10,23(34,56)	1.03,27		
	Christian Tronvoll:	3.35,75(25,52)	4.05,22(29,47)	54,99		
6	Vestkantv. G1 sr.	SR	Vestkantvømmerne	(0,60)	4.05,68	533
	Kristoffer Brekke:	30,37(30,37)	1.02,75(32,38)	1.02,75		
	Markus Vindenes:	1.32,78(30,03)	2.07,69(34,91)	1.04,94		
	Sander Sivertsen:	2.34,73(27,04)	3.06,42(31,69)	58,73		
	Kristian Blummenfelt:	3.34,86(28,44)	4.05,68(30,82)	59,26		
7	Madla SK G2 sr.	SR	Madla SK	(0,78)	4.07,35	522
	Sindre Aasland Ranaweera:	30,51(30,51)	1.03,80(33,29)	1.03,80		
	Øyvind Malde:	1.35,06(31,26)	2.11,66(36,60)	1.07,86		
	Kacper Domanski:	2.39,47(27,81)	3.13,64(34,17)	1.01,98		
	Ørjan Monsen:	3.39,54(25,90)	4.07,35(27,81)	53,71		

8	Mandal SK G1 sr.	SR	Mandal SK	(0,61)	4.07,73	520
	Daniel B. Havre:	29,57(29,57)	1.01,97(32,40)	1.01,97		
	Bernt M. Seyffarth:	1.31,97(30,00)	2.09,35(37,38)	1.07,38		
	Tord Eirik Seyffarth:	2.37,20(27,85)	3.12,19(34,99)	1.02,84		
	Per Sondre Sodeland:	3.38,13(25,94)	4.07,73(29,60)	55,54		
9	Bærumsv G3 sr.	SR	Bærumsvømmerne	(0,69)	4.09,22	510
	Henrik Wathne:	29,83(29,83)	1.03,13(33,30)	1.03,13		
	Sindre Nilo:	1.34,82(31,69)	2.12,52(37,70)	1.09,39		
	Kristoffer D. Birkeland:	2.40,14(27,62)	3.12,20(32,06)	59,68		
	Magnus Buch:	3.39,20(27,00)	4.09,22(30,02)	57,02		
10	Bærumsv G4 sr.	SR	Bærumsvømmerne	(0,61)	4.14,62	479
	Fridtjof Bache Hungnes:	31,53(31,53)	1.06,04(34,51)	1.06,04		
	Mads Henry Steinland:	1.38,46(32,42)	2.15,92(37,46)	1.09,88		
	Jakob Bernstein:	2.44,29(28,37)	3.16,95(32,66)	1.01,03		
	Andre Bratgjerd:	3.43,23(26,28)	4.14,62(31,39)	57,67		
11	Askimsvømmerne G1 sr.	SR	Askimsvømmerne	(0,69)	4.31,52	395
	Martin Grønlund:	32,48(32,48)	1.09,81(37,33)	1.09,81		
	Knut Oscar Skipperud:	1.44,57(34,76)	2.26,02(41,45)	1.16,21		
	Morgan Lund:	2.55,13(29,11)	3.30,40(35,27)	1.04,38		
	Sverre Kristian Wium:	3.58,82(28,42)	4.31,52(32,70)	1.01,12		
	Oslo IL G1 sr.	SR	Oslo IL			DISK
	Henning Kaland:	30,32(30,32)	1.01,37(31,05)	1.01,37		
	Didrik Nygård:	1.33,89(32,52)	2.13,74(39,85)	1.12,37		
	Mads Knutsen:					
	Alexander Thorvaldsen:					
	Sandefjord SK G1 sr.	SR	Sandefjord SK	(0,71)		DISK
	Hans Andre Pedersen:	30,24(30,24)	1.01,83(31,59)	1.01,83		
	Jonatan Olafsson:	1.35,96(34,13)	2.15,47(39,51)	1.13,64		
	Henrik From:	2.46,44(30,97)	3.23,02(36,58)	1.07,55		
	Erik Andreassen:					

## Søndag 27. mars kl 16.00 – Finaler

## Øvelse 36. 400m individuell medley, herrer - Direkte finale

## Senior

1	Alexander Broberg Skeltved	87	Bergens SC	4.22,45	739
	27,41(27,41)	58,76(31,35)	1.32,81(34,05)	2.06,52(33,71)	
	2.43,65(37,13)	3.20,82(37,17)	3.52,01(31,19)	4.22,45(30,44)	
2	Sverre Næss	92	Sarpsborg IL	4.24,17	725
	26,81(26,81)	59,10(32,29)	1.34,52(35,42)	2.09,85(35,33)	
	2.46,44(36,59)	3.23,56(37,12)	3.55,31(31,75)	4.24,17(28,86)	
3	Christian Thorsen	91	Lambertseter SK	4.24,96	718
	28,48(28,48)	1.01,48(33,00)	1.37,34(35,86)	2.11,95(34,61)	
	2.48,74(36,79)	3.26,04(37,30)	3.56,18(30,14)	4.24,96(28,78)	
4	Sebastian Wigstrøm	91	Bærumsvømmerne	4.33,09	656
	28,80(28,80)	1.01,46(32,66)	1.37,12(35,66)	2.12,24(35,12)	
	2.48,75(36,51)	3.26,67(37,92)	4.00,15(33,48)	4.33,09(32,94)	
5	Sebastian Stordal	91	BS/Delfana	4.37,19	627
	28,57(28,57)	1.01,26(32,69)	1.36,82(35,56)	2.11,88(35,06)	
	2.52,85(40,97)	3.33,79(40,94)	4.06,07(32,28)	4.37,19(31,12)	
6	Markus Lie	95	Åstveit SK	4.40,94	602
	30,69(30,69)	1.06,51(35,82)	1.42,47(35,96)	2.17,55(35,08)	
	2.56,74(39,19)	3.36,72(39,98)	4.09,63(32,91)	4.40,94(31,31)	
7	Sindre Nilo	90	Bærumsvømmerne	4.41,02	602
	30,89(30,89)	1.07,00(36,11)	1.42,73(35,73)	2.17,90(35,17)	
	2.57,30(39,40)	3.37,46(40,16)	4.09,90(32,44)	4.41,02(31,12)	
8	Espen Halhjem	92	BS/Delfana	4.42,43	593
	28,90(28,90)	1.03,16(34,26)	1.38,72(35,56)	2.13,88(35,16)	
	2.54,60(40,72)	3.35,93(41,33)	4.09,35(33,42)	4.42,43(33,08)	
9	Henrik Wathne	94	Bærumsvømmerne	4.42,89	590
	29,05(29,05)	1.02,50(33,45)	1.37,79(35,29)	2.13,03(35,24)	
	2.54,87(41,84)	3.37,36(42,49)	4.10,88(33,52)	4.42,89(32,01)	
10	Øystein Fjeldberg	93	Randaberg IL	4.43,06	589
	29,55(29,55)	1.03,03(33,48)	1.38,56(35,53)	2.14,30(35,74)	
	2.55,91(41,61)	3.38,78(42,87)	4.11,45(32,67)	4.43,06(31,61)	
11	Eirik Nielsen	95	Poseidon	4.45,10	576
	29,93(29,93)	1.04,18(34,25)	1.40,48(36,30)	2.16,53(36,05)	
	2.56,25(39,72)	3.37,04(40,79)	4.12,28(35,24)	4.45,10(32,82)	
12	Vebjørn Lindhjem	95	Lørenskog/Rælingen	4.45,35	575
	29,68(29,68)	1.04,50(34,82)	1.39,62(35,12)	2.15,73(36,11)	
	2.56,14(40,41)	3.38,91(42,77)	4.12,69(33,78)	4.45,35(32,66)	
13	Robin H. Kleiven	93	Aalesund SLK	4.46,85	566
	31,53(31,53)	1.07,75(36,22)	1.45,13(37,38)	2.22,12(36,99)	
	3.00,55(38,43)	3.41,00(40,45)	4.15,09(34,09)	4.46,85(31,76)	
14	Carl Andreas Wathne	91	Bærumsvømmerne	4.46,91	566
	29,34(29,34)	1.03,28(33,94)	1.39,64(36,36)	2.15,84(36,20)	
	2.58,39(42,55)	3.41,45(43,06)	4.15,36(33,91)	4.46,91(31,55)	
15	Henrik Søfteland	95	Delfana	4.49,41	551
	30,63(30,63)	1.04,99(34,36)	1.41,37(36,38)	2.17,19(35,82)	
	3.00,63(43,44)	3.44,08(43,45)	4.17,42(33,34)	4.49,41(31,99)	
16	Andreas Mathingsdal Pedersen	92	Farsund SK	4.49,89	548
	30,61(30,61)	1.06,82(36,21)	1.45,22(38,40)	2.23,97(38,75)	
	3.03,37(39,40)	3.43,90(40,53)	4.18,04(34,14)	4.49,89(31,85)	
17	Sindre Lilledahl	92	Haugesund SK	4.51,24	541
	30,50(30,50)	1.05,83(35,33)	1.42,56(36,73)	2.18,74(36,18)	
	3.00,83(42,09)	3.44,33(43,50)	4.18,55(34,22)	4.51,24(32,69)	
18	Norbert Prokopiak	94	Modum/NTG	4.56,09	515
	30,17(30,17)	1.04,94(34,77)	1.41,82(36,88)	2.19,06(37,24)	
	3.03,11(44,05)	3.47,28(44,17)	4.22,53(35,25)	4.56,09(33,56)	
	Hans Andre Pedersen	92	Sandefjord SK	BRUTT	

## Øvelse 37. 4\*50m fri, damer - Finale

## Senior

1	Stavanger SC J1 sr.	SR	Stavanger SC	1.43,88	776
	Henriette Brekke:	25,81(25,81)			
	Henriette Martinsen:	52,45(26,64)			
	Ida Marko-Varga:	1.17,32(24,87)			
	Rebecca Holst:	1.43,88(26,56)			
2	Bærumsv J1 sr.	SR	Bærumsvømmerne	1.44,77	756
	Siri Eva Kristiansen:	26,34(26,34)			
	Elisabeth Jarland:	52,26(25,92)			
	Kristine Mella:	1.18,61(26,35)			
	Emilie Nyenget Løvberg:	1.44,77(26,16)			
3	Madla SK J1 sr.	SR	Madla SK	1.46,46	720
	Maria Thompson Clausen:	26,83(26,83)			
	Victoria Rung:	53,30(26,47)			
	Marthe Berg Sørensen:	1.19,83(26,53)			
	Eva Marie W. Østerhus:	1.46,46(26,63)			
4	Bergens SC J1 sr.	SR	Bergens SC	1.46,90	712
	Monica W. Johannessen:	26,27(26,27)			
	Hedvig Hjertaker:	54,03(27,76)			
	Cecilie W. Johannessen:	1.18,75(24,72)			
	Anne-Mari Gulbrandsen:	1.46,90(28,15)			
5	Lambertseter SK J1 sr.	SR	Lambertseter SK	1.46,94	711
	Victoria S. Løken:	26,93(26,93)			
	Emma Isdahl:	53,60(26,67)			
	Emilie Hellerud:	1.20,45(26,85)			
	Elisabeth H. Svensson:	1.46,94(26,49)			
6	Madla SK J2 sr.	SR	Madla SK	1.48,63	678
	Maria Wigestrånd:	27,51(27,51)			
	Vanessa Tuxen:	54,54(27,03)			
	Lotte Miller:	1.20,77(26,23)			
	Stine Mjølhus Kristoffersen:	1.48,63(27,86)			

## Øvelse 38. 200m fri, herrer - Finale

## Senior

1	Gard Kvale	84	Bergens SC	1.47,95	780
	25,57(25,57)	53,03(27,46)	1.20,48(27,45)	1.47,95(27,47)	
2	Ole Martin Ree	92	Madla SK	1.49,15	755
	25,55(25,55)	53,07(27,52)	1.20,91(27,84)	1.49,15(28,24)	
3	Jørn Nygård	92	Stavanger SC	1.52,47	690
	25,75(25,75)	53,58(27,83)	1.22,71(29,13)	1.52,47(29,76)	
4	Christian Thorsen	91	Lambertseter SK	1.52,64	687
	26,33(26,33)	54,83(28,50)	1.23,98(29,15)	1.52,64(28,66)	
5	Bjarte Ravndal	91	Madla SK	1.53,94	663
	26,25(26,25)	54,39(28,14)	1.23,92(29,53)	1.53,94(30,02)	
6	Morten Bordervich	94	Madla SK	1.56,43	622
	26,95(26,95)	56,00(29,05)	1.25,99(29,99)	1.56,43(30,44)	

**Øvelse 39. 200m butterfly, damer - Finale****Senior**

1	Ida Marko-Varga	85	Stavanger SC	2.10,32	796
	28,88(28,88)	1.01,55(32,67)	1.35,36(33,81)	2.10,32(34,96)	
2	Line Løvberg	91	Lambertseter SK	2.16,84	688
	31,02(31,02)	1.05,77(34,75)	1.40,91(35,14)	2.16,84(35,93)	
3	Victoria Rung	92	Madla SK	2.18,39	665
	30,98(30,98)	1.05,07(34,09)	1.40,98(35,91)	2.18,39(37,41)	
4	Emilie Nyenget Løvberg	95	Bærumsvømmerne	2.19,12	654
	31,01(31,01)	1.06,03(35,02)	1.42,17(36,14)	2.19,12(36,95)	
5	Stine Vindenes	93	Vestkantsvømmerne	2.20,63	634
	31,41(31,41)	1.06,39(34,98)	1.42,84(36,45)	2.20,63(37,79)	
6	Jacqueline Knutsson	93	Kongsten/NTG	2.21,02	628
	30,68(30,68)	1.05,89(35,21)	1.42,73(36,84)	2.21,02(38,29)	

**Øvelse 40. 100m rygg, herrer - Finale****Senior**

1	Lavrans Solli	92	Bergens SC	(0,69)	54,32	731
	25,93(25,93)	54,32(28,39)				
2	Dominik Borkowski	90	IL Varg	(0,66)	56,96	634
	27,15(27,15)	56,96(29,81)				
3	Mikael Bergene	91	Lambertseter SK	(0,58)	57,26	624
	28,02(28,02)	57,26(29,24)				
3	John Hage Gaarder	89	Lørenskog/Rælingen	(0,58)	57,26	624
	27,97(27,97)	57,26(29,29)				
5	Even Vike Holm	90	BS/Arna	(0,72)	57,30	623
	27,62(27,62)	57,30(29,68)				
6	Vegard Nyenget Løvberg	91	Bærumsvømmerne	(0,63)	58,44	587
	28,08(28,08)	58,44(30,36)				

**Øvelse 41. 100m fri, damer - Finale****Senior**

1	Cecilie W. Johannessen	90	Bergens SC	54,34	827
	26,65(26,65)	54,34(27,69)			
2	Henriette Brekke	88	Stavanger SC	55,96	757
	27,03(27,03)	55,96(28,93)			
2	Susann Bjørnsen	93	Setermoen SK/NTG	55,96	757
	27,57(27,57)	55,96(28,39)			
4	Monica W. Johannessen	90	Bergens SC	56,24	746
	27,38(27,38)	56,24(28,86)			
5	Siri Eva Kristiansen	93	Bærumsvømmerne	57,95	682
	28,05(28,05)	57,95(29,90)			
6	Stine Lise Stenseth	94	Øvre Eiker SK	58,87	651
	28,38(28,38)	58,87(30,49)			

**Øvelse 42. 50m fri, herrer - Finale****Senior**

1	Alexander Hetland	82	Bærumsvømmerne	22,66	719
2	Øystein R. Hetland	89	Bærumsvømmerne	22,77	709
3	Robin Dale Oen	80	Øygarden SK	22,99	688
4	Bernt M. Seyffarth	89	Mandal SK	23,27	664
5	Bjarte Ravndal	91	Madla SK	23,34	658
6	Ole Martin Ree	92	Madla SK	23,54	641

**Funksjonshemmede**

1	Edvard Aasjord Møkleby	95	Bodø SK	31,81	260	S9 125,58 %
2	Ola Riise	77	Asker SK	34,95	196	S14 138,2 %
3	Andreas Bjørnstad	97	Drammen SK	39,19	139	S8 148,17 %

**Øvelse 43. 100m bryst, damer - Finale****Senior**

1	Sara Nordenstam	83	Lambertseter SK	1.08,76	758
	32,85(32,85)	1.08,76(35,91)			
2	Stina Kajsa Colleou	93	Lambertseter SK	1.10,22	712
	33,46(33,46)	1.10,22(36,76)			
3	Elisabeth Jarland	85	Bærumsvømmerne	1.11,14	685
	33,80(33,80)	1.11,14(37,34)			
4	Stine Vindenes	93	Vestkantsvømmerne	1.11,92	663
	33,71(33,71)	1.11,92(38,21)			
5	Mari Singstad	91	Trondhjem SLK	1.12,19	655
	33,82(33,82)	1.12,19(38,37)			
6	Kaja Bremer	93	Bergens SLK	1.13,17	629
	34,54(34,54)	1.13,17(38,63)			

**Øvelse 44. 100m individuell medley, herrer - Finale****Senior**

1	Sebastian Wigstrøm	91	Bærumsvømmerne	57,55	686
	26,88(26,88)	57,55(30,67)			
2	Markus Vindenes	94	Vestkantsvømmerne	58,22	663
	27,13(27,13)	58,22(31,09)			
3	Mattis Saghaug	90	Øvre Eiker SK	58,92	639
	26,67(26,67)	58,92(32,25)			
4	Bernt M. Seyffarth	89	Mandal SK	59,89	609
	27,97(27,97)	59,89(31,92)			
5	Håkon Skårud Karlsen	79	IL Varg	1.01,33	567
	29,05(29,05)	1.01,33(32,28)			
	John Hage Gaarder	89	Lørenskog/Rælingen	DISK	

## Øvelse 45. 1500m fri, damer - Direkte finale

## Senior

1	Elin Slaatmo	92	Hamar IL	16.47,41	783
	30,32(30,32)	1.02,67(32,35)	1.35,31(32,64)	2.08,23(32,92)	
	2.41,14(32,91)	3.14,42(33,28)	3.47,66(33,24)	4.21,24(33,58)	
	4.54,50(33,26)	5.28,05(33,55)	6.01,95(33,90)	6.35,57(33,62)	
	7.09,50(33,93)	7.43,23(33,73)	8.17,11(33,88)	8.51,05(33,94)	
	9.24,99(33,94)	9.59,47(34,48)	10.33,39(33,92)	11.07,63(34,24)	
	11.41,82(34,19)	12.16,31(34,49)	12.50,63(34,32)	13.24,84(34,21)	
	13.59,03(34,19)	14.32,96(33,93)	15.07,46(34,50)	15.41,75(34,29)	
	16.15,60(33,85)	16.47,41(31,81)			
2	Veronica Orheim Bjørlykke	94	Aalesund SLK	16.58,96	757
	30,13(30,13)	1.02,64(32,51)	1.35,42(32,78)	2.08,47(33,05)	
	2.41,93(33,46)	3.15,38(33,45)	3.49,03(33,65)	4.22,87(33,84)	
	4.57,03(34,16)	5.31,40(34,37)	6.05,62(34,22)	6.39,88(34,26)	
	7.14,25(34,37)	7.48,60(34,35)	8.23,07(34,47)	8.57,34(34,27)	
	9.31,80(34,46)	10.06,24(34,44)	10.40,83(34,59)	11.15,47(34,64)	
	11.49,85(34,38)	12.24,31(34,46)	12.59,08(34,77)	13.33,54(34,46)	
	14.08,04(34,50)	14.42,61(34,57)	15.17,36(34,75)	15.51,87(34,51)	
	16.26,14(34,27)	16.58,96(32,82)			
3	Karoline Pedersen	94	BS/Delfana	17.06,98	739
	31,53(31,53)	1.05,08(33,55)	1.39,23(34,15)	2.13,29(34,06)	
	2.47,50(34,21)	3.21,87(34,37)	3.56,28(34,41)	4.30,66(34,38)	
	5.05,31(34,65)	5.39,50(34,19)	6.13,79(34,29)	6.48,28(34,49)	
	7.22,63(34,35)	7.57,16(34,53)	8.31,53(34,37)	9.05,84(34,31)	
	9.40,55(34,71)	10.14,86(34,31)	10.49,14(34,28)	11.23,47(34,33)	
	11.57,71(34,24)	12.32,30(34,59)	13.06,62(34,32)	13.41,12(34,50)	
	14.15,57(34,45)	14.49,99(34,42)	15.24,37(34,38)	15.58,86(34,49)	
	16.33,31(34,45)	17.06,98(33,67)			
4	Ellen Camilla Hansen	95	Øvre Eiker SK	17.14,25	724
	31,10(31,10)	1.04,30(33,20)	1.38,14(33,84)	2.12,23(34,09)	
		3.20,67(1.08,44)	3.54,88(34,21)	4.29,01(34,13)	
	5.03,45(34,44)	5.38,17(34,72)	6.12,84(34,67)	6.47,63(34,79)	
	7.22,75(35,12)	7.57,50(34,75)	8.32,12(34,62)	9.06,62(34,50)	
	9.41,47(34,85)	10.16,42(34,95)	10.51,32(34,90)	11.26,59(35,27)	
	12.01,48(34,89)	12.36,41(34,93)	13.11,33(34,92)	13.46,78(35,45)	
	14.21,60(34,82)	14.56,61(35,01)	15.31,66(35,05)	16.06,39(34,73)	
	16.40,97(34,58)	17.14,25(33,28)			
5	Eva Marie W. Østerhus	94	Madla SK	17.16,86	718
	30,88(30,88)	1.04,14(33,26)	1.37,85(33,71)	2.12,16(34,31)	
	2.46,38(34,22)	3.20,59(34,21)	3.55,27(34,68)	4.30,24(34,97)	
	5.05,06(34,82)	5.40,14(35,08)	6.15,19(35,05)	6.50,27(35,08)	
	7.25,09(34,82)	7.59,81(34,72)	8.34,99(35,18)	9.10,18(35,19)	
	9.45,01(34,83)	10.20,26(35,25)	10.54,78(34,52)	11.29,58(34,80)	
	12.04,24(34,66)	12.39,19(34,95)	13.14,27(35,08)	13.49,15(34,88)	
	14.23,72(34,57)	14.58,21(34,49)	15.32,84(34,63)	16.07,63(34,79)	
	16.43,05(35,42)	17.16,86(33,81)			
6	Oda Gjerde	95	Bryne SK	17.29,67	692
	32,52(32,52)	1.07,20(34,68)	1.42,35(35,15)	2.17,46(35,11)	
	2.52,59(35,13)	3.27,18(34,59)	4.02,36(35,18)	4.37,49(35,13)	
	5.12,78(35,29)	5.47,60(34,82)	6.22,83(35,23)	6.58,09(35,26)	
	7.33,03(34,94)	8.08,06(35,03)	8.43,17(35,11)	9.18,41(35,24)	
	9.53,45(35,04)	10.28,51(35,06)	11.03,65(35,14)	11.38,82(35,17)	
	12.14,04(35,22)	12.49,32(35,28)	13.24,56(35,24)	13.59,54(34,98)	
	14.35,10(35,56)	15.10,69(35,59)	15.45,79(35,10)	16.21,00(35,21)	
	16.56,15(35,15)	17.29,67(33,52)			
7	Andrea Westbye	95	Bærumsvømmerne	17.36,37	679
	31,06(31,06)	1.04,56(33,50)	1.38,56(34,00)	2.12,98(34,42)	
		3.22,45(1.09,47)	3.57,47(35,02)	4.32,90(35,43)	
	5.08,46(35,56)	5.44,00(35,54)	6.19,43(35,43)	6.55,04(35,61)	
	7.30,71(35,67)	8.05,96(35,25)	8.41,66(35,70)	9.17,45(35,79)	
	9.53,02(35,57)	10.28,77(35,75)	11.04,58(35,81)	11.40,60(36,02)	
	12.16,72(36,12)	12.52,54(35,82)	13.28,47(35,93)	14.04,41(35,94)	
	14.40,23(35,82)	15.16,05(35,82)	15.51,93(35,88)	16.27,72(35,79)	
	17.01,87(34,15)	17.36,37(34,50)			

8	Siri Anette Sønju	92	Asker SK/NTG	17.36,85	678
	30,68(30,68)	1.03,94(33,26)	1.37,87(33,93)	2.12,37(34,50)	
		3.22,12(1.09,75)	3.57,24(35,12)	4.32,62(35,38)	
	5.08,21(35,59)	5.43,60(35,39)	6.19,27(35,67)	6.54,75(35,48)	
	7.30,23(35,48)	8.05,58(35,35)	8.41,26(35,68)	9.16,94(35,68)	
	9.52,66(35,72)	10.28,47(35,81)	11.04,28(35,81)	11.40,48(36,20)	
	12.16,59(36,11)	12.52,34(35,75)	13.28,32(35,98)	14.04,44(36,12)	
	14.40,37(35,93)	15.16,24(35,87)	15.51,91(35,67)	16.27,78(35,87)	
	17.02,85(35,07)	17.36,85(34,00)			
9	Elin Haugland	96	Delfana	17.45,94	661
	31,63(31,63)	1.05,95(34,32)	1.40,97(35,02)	2.16,19(35,22)	
	2.51,87(35,68)	3.27,05(35,18)	4.02,18(35,13)	4.37,51(35,33)	
	5.13,20(35,69)	5.48,95(35,75)	6.25,29(36,34)	7.00,58(35,29)	
	7.36,81(36,23)	8.12,98(36,17)	8.48,83(35,85)	9.25,27(36,44)	
	10.01,08(35,81)	10.37,47(36,39)	11.13,56(36,09)	11.50,23(36,67)	
	12.26,04(35,81)	13.01,86(35,82)	13.38,27(36,41)	14.14,10(35,83)	
	14.49,74(35,64)	15.25,21(35,47)	16.01,89(36,68)	16.36,73(34,84)	
	17.11,99(35,26)	17.45,94(33,95)			
10	Tina Schütz	96	Vestkantsvømmerne	17.53,98	646
	32,69(32,69)	1.07,74(35,05)	1.43,42(35,68)	2.19,08(35,66)	
	2.55,08(36,00)	3.30,80(35,72)	4.06,71(35,91)	4.42,75(36,04)	
	5.18,48(35,73)	5.54,42(35,94)	6.30,80(36,38)	7.06,88(36,08)	
	7.43,12(36,24)	8.19,36(36,24)	8.55,70(36,34)	9.31,74(36,04)	
	10.08,11(36,37)	10.44,50(36,39)	11.20,88(36,38)	11.57,11(36,23)	
	12.33,25(36,14)	13.09,17(35,92)	13.45,38(36,21)	14.21,15(35,77)	
	14.56,91(35,76)	15.32,80(35,89)	16.08,26(35,46)	16.43,84(35,58)	
	17.19,28(35,44)	17.53,98(34,70)			
11	Malene M. Pedersen	96	Lambertseter SK	17.56,28	642
	33,94(33,94)	1.09,78(35,84)	1.45,90(36,12)	2.21,87(35,97)	
	2.57,56(35,69)	3.33,33(35,77)	4.09,00(35,67)	4.44,70(35,70)	
	5.20,49(35,79)	5.56,11(35,62)	6.31,69(35,58)	7.07,59(35,90)	
	7.43,49(35,90)	8.19,27(35,78)	8.55,41(36,14)	9.31,65(36,24)	
	10.07,95(36,30)	10.44,53(36,58)	11.20,84(36,31)	11.56,92(36,08)	
	12.32,88(35,96)	13.08,86(35,98)	13.45,05(36,19)	14.21,21(36,16)	
	14.57,07(35,86)	15.33,26(36,19)	16.09,43(36,17)	16.45,75(36,32)	
	17.21,43(35,68)	17.56,28(34,85)			
12	Fanny Moen Pettersen	93	Øvre Eiker SK	18.17,82	605
	32,33(32,33)	1.07,93(35,60)	1.43,82(35,89)	2.20,25(36,43)	
	2.56,59(36,34)	3.33,04(36,45)	4.09,61(36,57)	4.46,23(36,62)	
	5.23,03(36,80)	5.59,83(36,80)	6.36,16(36,33)	7.12,87(36,71)	
	7.49,47(36,60)	8.26,28(36,81)	9.03,01(36,73)	9.40,18(37,17)	
	10.17,39(37,21)	10.54,37(36,98)	11.31,14(36,77)	12.08,25(37,11)	
	12.45,31(37,06)	13.22,18(36,87)	13.59,22(37,04)	14.36,42(37,20)	
	15.13,50(37,08)	15.50,37(36,87)	16.27,46(37,09)	17.04,29(36,83)	
	17.41,63(37,34)	18.17,82(36,19)			
13	Karianne Reinertsen	97	Delfana	18.26,27	592
	32,48(32,48)	1.07,86(35,38)	1.44,44(36,58)	2.20,90(36,46)	
	2.57,61(36,71)	3.34,18(36,57)	4.11,20(37,02)	4.48,36(37,16)	
	5.25,14(36,78)	6.02,28(37,14)	6.39,34(37,06)	7.16,29(36,95)	
	7.53,15(36,86)	8.30,40(37,25)	9.07,52(37,12)	9.44,97(37,45)	
	10.22,05(37,08)	10.59,02(36,97)	11.36,25(37,23)	12.13,59(37,34)	
	12.50,94(37,35)	13.28,74(37,80)	14.06,00(37,26)	14.43,06(37,06)	
	15.20,63(37,57)	15.58,05(37,42)	16.35,50(37,45)	17.12,90(37,40)	
	17.50,18(37,28)	18.26,27(36,09)			
14	Anna Forsstrøm	94	Haldens SK	18.39,95	570
	33,02(33,02)	1.09,20(36,18)	1.46,53(37,33)	2.23,94(37,41)	
	3.01,06(37,12)	3.38,66(37,60)	4.15,58(36,92)	4.52,84(37,26)	
	5.30,90(38,06)	6.08,56(37,66)	6.45,98(37,42)	7.24,41(38,43)	
	8.02,52(38,11)	8.41,13(38,61)	9.18,97(37,84)	9.56,63(37,66)	
	10.34,42(37,79)	11.11,90(37,48)	11.49,79(37,89)	12.27,70(37,91)	
	13.04,87(37,17)	13.42,84(37,97)	14.20,65(37,81)	14.58,12(37,47)	
	15.35,54(37,42)	16.13,40(37,86)	16.50,20(36,80)	17.27,48(37,28)	
	18.04,22(36,74)	18.39,95(35,73)			
15	Stina Victoria Nordberg	96	Ski SK	18.59,33	542
	32,52(32,52)	1.08,25(35,73)	1.45,20(36,95)	2.21,78(36,58)	
	2.58,98(37,20)	3.36,42(37,44)	4.14,44(38,02)	4.52,32(37,88)	
	5.30,66(38,34)	6.09,36(38,70)	6.47,85(38,49)	7.26,25(38,40)	
	8.05,46(39,21)	8.44,16(38,70)	9.22,54(38,38)	10.01,33(38,79)	
	10.40,13(38,80)	11.19,27(39,14)	11.58,37(39,10)	12.36,37(38,00)	
	13.14,99(38,62)	13.54,65(39,66)	14.33,80(39,15)	15.12,52(38,72)	
	15.50,30(37,78)	16.28,80(38,50)	17.08,13(39,33)	17.46,53(38,40)	
	18.23,83(37,30)	18.59,33(35,50)			

16	Malin Schanke Tømmervik	94	Trondhjem SLK	19.15,58	519
	33,01(33,01)	1.09,27(36,26)	1.46,78(37,51)	2.24,67(37,89)	
	3.02,82(38,15)	3.40,91(38,09)	4.19,74(38,83)	4.58,30(38,56)	
	5.37,21(38,91)	6.15,91(38,70)	6.54,79(38,88)	7.33,33(38,54)	
	8.11,78(38,45)	8.50,70(38,92)	9.29,82(39,12)	10.09,27(39,45)	
	10.48,56(39,29)	11.28,63(40,07)	12.07,68(39,05)	12.46,04(38,36)	
	13.25,17(39,13)	14.04,95(39,78)	14.44,63(39,68)	15.23,45(38,82)	
	16.02,74(39,29)	16.41,20(38,46)	17.20,47(39,27)	17.59,36(38,89)	
	18.38,39(39,03)	19.15,58(37,19)			

## Øvelse 46. 4\*100m lag medley, herrer - Direkte finale

## Senior

1	Bærumsv G1 sr.	SR	Bærumsvømmerne	(0,68)	3.37,35	769	NR
	Lars Andre Tolås:	27,26(27,26)	56,86(29,60)	56,86			
	Alexander Dale Oen:	1.23,36(26,50)	1.54,44(31,08)	57,58			
	Øystein R. Hetland:	2.18,75(24,31)	2.48,12(29,37)	53,68			
	Alexander Hetland:	3.11,02(22,90)	3.37,35(26,33)	49,23			
2	Bergens SC G1 sr.	SR	Bergens SC	(0,69)	3.42,19	720	
	Lavrans Solli:	26,42(26,42)	54,32(27,90)	54,32			
	Gard Kvale:	1.22,88(28,56)	1.56,38(33,50)	1.02,06			
	Alexander Broberg Skeltved:	2.21,88(25,50)	2.51,11(29,23)	54,73			
	Jørgen Møllerop:	3.15,11(24,00)	3.42,19(27,08)	51,08			
3	Bergensv. G1 sr.	SR	Bergensvømmerne	(0,72)	3.47,95	667	
	Even Vike Holm:	27,94(27,94)	57,95(30,01)	57,95			
	Marcus Tesdal:	1.26,32(28,37)	2.00,30(33,98)	1.02,35			
	Erlend Ulveseter:	2.25,25(24,95)	2.55,41(30,16)	55,11			
	Petter Solberg:	3.20,02(24,61)	3.47,95(27,93)	52,54			
4	Lambertseter SK G1 sr.	SR	Lambertseter SK	(0,61)	3.49,37	655	
	Mikael Bergene:	28,15(28,15)	57,55(29,40)	57,55			
	Christian Thorsen:	1.28,05(30,50)	2.02,37(34,32)	1.04,82			
	Sindre Eilertsen:	2.27,22(24,85)	2.57,46(30,24)	55,09			
	Mathias Madsen:	3.22,14(24,68)	3.49,37(27,23)	51,91			
5	IL Varg G1 sr.	SR	IL Varg	(0,66)	3.52,94	625	
	Dominik Borkowski:	27,14(27,14)	56,26(29,12)	56,26			
	Tor Arne Pedersen:	1.27,95(31,69)	2.05,22(37,27)	1.08,96			
	Petter Sjødal:	2.30,31(25,09)	3.00,07(29,76)	54,85			
	Odin Spangen Normann:	3.24,93(24,86)	3.52,94(28,01)	52,87			
6	Bergensv. G2 sr.	SR	Bergensvømmerne	(0,65)	3.54,85	610	
	Espen Halhjem:	29,34(29,34)	1.01,68(32,34)	1.01,68			
	Erling Mjøs Brattelid:	1.30,87(29,19)	2.05,55(34,68)	1.03,87			
	Sebastian Stordal:	2.31,61(26,06)	3.02,22(30,61)	56,67			
	Eirik Runningen:	3.27,17(24,95)	3.54,85(27,68)	52,63			
7	Stavanger SC G1 sr.	SR	Stavanger SC	(0,68)	3.59,73	573	
	Fredrik K Hegdal:	29,43(29,43)	1.00,76(31,33)	1.00,76			
	Alexander Marki Mork:	1.32,06(31,30)	2.09,78(37,72)	1.09,02			
	Hans Østerdal:	2.36,11(26,33)	3.08,30(32,19)	58,52			
	Jørn Nygård:	3.32,92(24,62)	3.59,73(26,81)	51,43			
8	Bærumsv G2 sr.	SR	Bærumsvømmerne	(0,65)	4.00,07	571	
	Vegard Nyenget Løvberg:	29,27(29,27)	59,91(30,64)	59,91			
	Henry Emil Nordhagen:	1.31,05(31,14)	2.08,17(37,12)	1.08,26			
	Carl Andreas Wathne:	2.35,06(26,89)	3.06,66(31,60)	58,49			
	Elias Damman:	3.32,08(25,42)	4.00,07(27,99)	53,41			
9	Øvre Eiker SK G1 sr.	SR	Øvre Eiker SK	(0,55)	4.00,57	567	
	Erik Lauvbu:	30,42(30,42)	1.02,86(32,44)	1.02,86			
	Mattis Saghaug:	1.32,93(30,07)	2.10,20(37,27)	1.07,34			
	Christer Koch Kvam:	2.35,77(25,57)	3.07,49(31,72)	57,29			
	Jens Petter Loe:	3.33,00(25,51)	4.00,57(27,57)	53,08			
10	Løren/Rælingen G1 sr.	SR	Lørenskog/Rælingen	(0,61)	4.00,90	565	
	John Hage Gaarder:	27,75(27,75)	57,56(29,81)	57,56			
	Jørgen Scheie Bråthen:	1.28,73(31,17)	2.04,48(35,75)	1.06,92			
	Vebjørn Lindhjem:	2.32,45(27,97)	3.04,45(32,00)	59,97			
	Jørgen Gundersen:	3.31,66(27,21)	4.00,90(29,24)	56,45			
11	Vestbyen IL G1 sr.	SR	Vestbyen IL	(0,67)	4.05,22	536	
	Fredrik Tronvoll:	29,61(29,61)	1.02,11(32,50)	1.02,11			
	Christoffer Tofte Hamborg:	1.31,90(29,79)	2.06,96(35,06)	1.04,85			
	Christopher Wolf:	2.35,67(28,71)	3.10,23(34,56)	1.03,27			
	Christian Tronvoll:	3.35,75(25,52)	4.05,22(29,47)	54,99			

12	Vestkantsv. G1 sr.	SR	Vestkantsvømmerne	(0,60)	4.05,68	533
	Kristoffer Brekke:	30,37(30,37)	1.02,75(32,38)	1.02,75		
	Markus Vindenes:	1.32,78(30,03)	2.07,69(34,91)	1.04,94		
	Sander Sivertsen:	2.34,73(27,04)	3.06,42(31,69)	58,73		
	Kristian Blummenfelt:	3.34,86(28,44)	4.05,68(30,82)	59,26		
13	Madla SK G2 sr.	SR	Madla SK	(0,78)	4.07,35	522
	Sindre Aasland Ranaweera:	30,51(30,51)	1.03,80(33,29)	1.03,80		
	Øyvind Malde:	1.35,06(31,26)	2.11,66(36,60)	1.07,86		
	Kacper Domanski:	2.39,47(27,81)	3.13,64(34,17)	1.01,98		
	Ørjan Monsen:	3.39,54(25,90)	4.07,35(27,81)	53,71		
14	Mandal SK G1 sr.	SR	Mandal SK	(0,61)	4.07,73	520
	Daniel B. Havre:	29,57(29,57)	1.01,97(32,40)	1.01,97		
	Bernt M. Seyffarth:	1.31,97(30,00)	2.09,35(37,38)	1.07,38		
	Tord Eirik Seyffarth:	2.37,20(27,85)	3.12,19(34,99)	1.02,84		
	Per Sondre Sodeland:	3.38,13(25,94)	4.07,73(29,60)	55,54		
15	Bærumsv G3 sr.	SR	Bærumsvømmerne	(0,69)	4.09,22	510
	Henrik Wathne:	29,83(29,83)	1.03,13(33,30)	1.03,13		
	Sindre Nilo:	1.34,82(31,69)	2.12,52(37,70)	1.09,39		
	Kristoffer D. Birkeland:	2.40,14(27,62)	3.12,20(32,06)	59,68		
	Magnus Buch:	3.39,20(27,00)	4.09,22(30,02)	57,02		
16	Bærumsv G4 sr.	SR	Bærumsvømmerne	(0,61)	4.14,62	479
	Fridtjof Bache Hungnes:	31,53(31,53)	1.06,04(34,51)	1.06,04		
	Mads Henry Steinland:	1.38,46(32,42)	2.15,92(37,46)	1.09,88		
	Jakob Bernstein:	2.44,29(28,37)	3.16,95(32,66)	1.01,03		
	Andre Bratgjerd:	3.43,23(26,28)	4.14,62(31,39)	57,67		
17	Askimsvømmerne G1 sr.	SR	Askimsvømmerne	(0,69)	4.31,52	395
	Martin Grønlund:	32,48(32,48)	1.09,81(37,33)	1.09,81		
	Knut Oscar Skipperud:	1.44,57(34,76)	2.26,02(41,45)	1.16,21		
	Morgan Lund:	2.55,13(29,11)	3.30,40(35,27)	1.04,38		
	Sverre Kristian Wium:	3.58,82(28,42)	4.31,52(32,70)	1.01,12		
	Oslo IL G1 sr.	SR	Oslo IL			DISK
	Henning Kaland:	30,32(30,32)	1.01,37(31,05)	1.01,37		
	Didrik Nygård:	1.33,89(32,52)	2.13,74(39,85)	1.12,37		
	Mads Knutsen:					
	Alexander Thorvaldsen:					
	Sandefjord SK G1 sr.	SR	Sandefjord SK	(0,71)		DISK
	Hans Andre Pedersen:	30,24(30,24)	1.01,83(31,59)	1.01,83		
	Jonatan Olafsson:	1.35,96(34,13)	2.15,47(39,51)	1.13,64		
	Henrik From:	2.46,44(30,97)	3.23,02(36,58)	1.07,55		
	Erik Andreassen:					