



NORTH SEA SWIM MEET 2011



PRIZES WORTH NOK. 150.000,-



City of Sports



**STA
VAN
GER**
Det e



The North Sea Meet

The first «North Sea Swim Meet», was arranged in 1973 as a result of the cooperation between Phillips Petroleum Co Norway and the Norwegian Swim Federation (NSF) together with Rogaland swimming union (RSK). It gave swimming in Rogaland, as well as in Norway as a whole, a real boost.

A great number of Norwegian and international records have been set in the Stavanger Swim Hall during through the years. The most spectacular of these is the world record set in 1993 by Angel Martino in 100 m backstroke and a total of 11 Norwegian records were set during the 2005 short course Norwegian Championship, in the 2006 North Sea Meet 12 national records and 4 world IPC records were set.

North Sea Meet has through the 38 years achieved the status as one of four national swimming highlights and is a qualifying meet for the European Short Course Swimming Championships in December.

Among top international swimmers who have come to compete in Stavanger we can mention Jenny Thompson, Marcel Wouda. Mark Veens, Mette Jacobsen, Tommy Werner, Karl Heinz Klenz, Antje Buschshulte, Martin Gustavsson, Hinkelien Schreuder, Petra Granlund, Aleksander Hetland, Norway's Olympic medal winners from Beijing 2008 Alexander Dale Oen and Sara Nordenstam.

Rogaland swimming union has together with the local community brought the North Sea Meet up to the excellent standard that swimmers have grown to expect. The North Sea Swim Meet achieved great popularity and status with both Norwegian and foreign swimmers. Stavanger Swim Hall is renowned for its special atmosphere and for being a very fast pool.

Thanks to Stavanger kommune for sponsoring international swimmers.

Information about the city of Stavanger is found here: <http://www.regionstavanger.com>

North Sea Swim Meet 2011

With the approval of the Norwegian Swimming Federation, Rogaland Swimming Union hereby invites to The North Sea Meet in Stavanger, November 11th – 13th, 2011.

Stavanger Swim hall

The pool has 6 lanes, is 25m long and the water temperature is 26° C.

Direct finals and Super finals

The meet will have direct finals. Participation is limited by qualifying times. Super finals in all individual events and relay events except 800m freestyle and 400IM. One heat in each event irrespective of age group, B finals for 50m and 100m events. National relay teams cannot qualify for the super finals.

The arranger reserves the right to change the start time for the direct finals.

Heat limitation

To ensure good conditions for the swimmers the arranger reserves the right to apply the following heat limitation:

50m events 4 heats, 100m events 3 heats, 200m and 400m events 2 heats.

Handicapped swimmers

Super finals in the 50m events, one heat in each event irrespective of class. If heat limitations do not apply HC swimmers may swim in age class heats for none HC events.

Swimmers will be ranked according to the Australian model for multi disability meets based on relative proximity to the world record in the respective classes. This procedure applies to selection for participation and for awards. The long course world records official at January 1st 2011 will be used as basis for the selection.

Awards - Total value NOK 150 000,-

Direct finals: Medals for 1st – 3rd place, individuals and relays.

Super Finals: 1. place is awarded **NOK 1500**, - . Gift awards for 2nd to 6th place.

Relay teams: Gift awards for 1st – 6th place.



The highest score ref. FINA 2010 tables irrespective of event, direct or super finals will be rewarded an **OMEGA** watch, men and women, value **NOK 15.000** each.

The best junior girl and boy swimmer from Rogaland will receive a Swatch watch each.

Watches are sponsored by:

Urmaker Torbjørnsen, Nytorget Stavanger.

The winner of the **OMEGA** watch will also be rewarded **NOK 10.000**. The second best score is used in case of a tie. Swimmers under the age of 15 are not eligible.

Two swimmers from Rogaland will receive a bike from **Spinn sykkelshop**

Competition rules based on overall performance applies for selecting the winners.

Awards Handicap classes

Direct finals: Medals for 1st – 3rd place, individuals and relays.

Super Finals: 1st place is awarded NOK **500,-**

Gift awards for 2nd – 6th place.

OMEGA Watch for the best HC swimmer irrespective of sex, value **NOK 15.000**

In the handicap classes the three best performances in the super finals irrespective of sex will be rewarded as follows: **NOK 5.000,-/ 2.000,-/ 1.000,-**.

An award is divided in case of a tie. Swimmers under the age of 15 are not eligible.

Entries:

Entries must be received by 24:00 October 24.2011

Qualification period: 25.10.10– 24.10.11

E-Mail entries are encouraged. E-Mail: nordsjo@medley.no

Mail entries to: John Erlend Christiansen Varderingen 10 2054 MOGREINA

All entries will be confirmed at receipt.

Start lists will be mailed out and placed on the following web page:

www.livetiming.no/nordsjo11, here you will find continually updated information as well as the results from the North Sea Meet 2005, 2006, 2007, 2008, 2009, 2010 + meet records.

Entry fee:

NOK 75, - per start and NOK 150, - per relay payable to bank account: 3201.28.82059

IBAN NO51 3201 2882 059, SWIFT SPRNO22 (Bank address on request)

Payment details/invoice will be sent by email as soon as starting list is verified.

Late entries at double entry fee will be accepted if heat limitations do not apply.

Information / registration

Meet Office: Stavanger Swim hall, open from Friday November 11th at 8:00am.

Leader meeting: A short info meeting at Friday November 11th at 10:30am, withdrawals to be delivered in writing a.s.a.p. by E-Mail or at the meet office.

Inquiries

Hans Hagenes, telephone: +47 928 11 685, E-Mail: hans.hagenes@gagdata.no

Warm up periods

Thursday	18:00 – 20:00		Super final swimmers
Friday	07:00 – 08:45	10:00 – 10:45	15:00 – 16:30
Saturday	07:00 – 08:45		15:00 – 16:45
Sunday	07:00 – 08:45		14:00 – 15:45

Hotels

We recommend the following hotel which is centrally placed in downtown Stavanger. The Stavanger Swim hall is only 1 to 3 minutes walking distance from the hotels.

Clarion Hotel Stavanger

References when ordering 170395 Telephone 51 50 25 27 Mail hege.rudshaug@choice.no

		Single	Double	Tipple	Four pr. room
Thursday	10.nov	1 280	1 380	1 480	1 580
Friday	11.nov	980	1 080	1 180	1 280
Saturday	12.nov	980	1 080	1 180	1 280
Sunday	13.nov	980	1 080	1 180	1 280

Comfort Hotel Square

References when ordering 11138 Telephone 51 56 80 00 (type 2) Mail co.square@choice.no

		Single	Double	Tipple	Four pr. room
Thursday	10.nov	1 130	1 230	1 330	1 430
Friday	11.nov	830	930	1 030	1 130
Saturday	12.nov	830	930	1 030	1 130
Sunday	13.nov	830	930	1 030	1 130

Comfort Hotel Stavanger

References when ordering 77892 Telephone 51 20 14 02 or booking.stavanger@choice.no

		Single	Double	Tipple	Four pr. room
Thursday	10.nov	980	1 180	1 280	1 380
Friday	11.nov	595	795	895	995
Saturday	12.nov	595	795	895	995
Sunday	13.nov	595	795	895	995

All prices are in Norwegian kroner.

Information about the city of Stavanger is found here: <http://www.regionstavanger.com>

Welcome to the North Sea Swim Meet 2011 **Rogaland Swimming Union**

Hans Bj. Hagenes
Chairman



Events and Qualifying Times 2011

Friday 09:00 Event no.	Event	Classes		Qualification time	Winning time 2010 (heats)
1	800 Free	Open	Women	9:34.00	8.54,95
2	800 Free	Open	Men	8:47.00	8.04,02

Friday 11:00 Event no.	Event	Classes		Qualification time	Winning time 2010 (heats)
3	200 Medley	98 - 97	Women	2:38.00	2.21,61
		96 - 95	Women	2:35.00	2.25,76
		94 - 93	Women	2:33.00	2.22,39
		92 and older	Women	2:30.00	2.18,36
4	200 Medley	98 - 97	Men	2:32:00	2.17,02
		96 - 95	Men	2.25:00	2.07,77
		94 - 93	Men	2.18:00	2.03,62
		92 and older	Men	2:16.00	2.05,06
5	50 Free	98 - 97	Women	30.50	27,20
		96 - 95	Women	29.50	27,14
		94 - 93	Women	29.25	26,65
		92 and older	Women	29.00	25,32
		Handicapped	Women	150% of WR	29,57 (103%)
6	50 Free	98 - 97	Men	29.50	25,91
		96 - 95	Men	26.50	24,31
		94 - 93	Men	26.00	23,74
		92 and older	Men	25.00	22,78
		Handicapped	Men	150% of WR	26,93 (114%)
7	100 Breast	98 - 97	Women	1:23.00	1.15,73
		96 - 95	Women	1:22.00	1.14,27
		94 - 93	Women	1:20.00	1.13,94
		92 and older	Women	1:18.00	1.09,43
		Handicapped	Women	150% of WR	1.52,70 (98%)
8	100 Breast	98 - 97	Men	1:20.00	1.10,77
		96 - 95	Men	1:16.00	1.07,95
		94 - 93	Men	1:12.00	1.05,36
		92 and older	Men	1:10.00	1.02,25
		Handicapped	Men	150% of WR	
9	50 Back	98 - 97	Women	36.00	31,39
		96 - 95	Women	35.00	29,96
		94 - 93	Women	34.00	30,37
		92 and older	Women	33.00	28,43
		Handicapped	Women	150% of WR	35,37 (103%)
10	50 Back	98 - 97	Men	35.00	29,91
		96 - 95	Men	32.00	27,68
		94 - 93	Men	30.50	25,35
		92 and older	Men	29.00	25,82
		Handicapped	Men	150% of WR	37,04 (127%)
11	200 Butterfly	98 - 97	Women	2:50.00	2.18,23
		96 - 95	Women	2:45.00	2.44,35
		94 - 93	Women	2:40.00	2.23,98
		92 and older	Women	2:38.00	2.13,79
12	200 Butterfly	98 - 97	Men	2:56.00	2.22,31
		96 - 95	Men	2:35.00	2.07,36
		94 - 93	Men	2.22.00	2.06,65
		92 and older	Men	2:18.00	2.04,01

Events and Qualifying Times 2011

Saturday @ 09:00					
Event no.	Event	Classes		Qualification time	Winning time 2010(heats)
13	400 Free	98 - 97	Men	4:40.00	4.15,36
		96 - 95	Men	4:30.00	4.07,47
		94 - 93	Men	4:20.00	3.59,24
		92 and older	Men	4:15.00	3.57,24
14	400 Free	98 - 97	Women	4:55.00	4.25,77
		96 - 95	Women	4:50.00	4.22,32
		94 - 93	Women	4:45.00	4.32,50
		92 and older	Women	4:40.00	4.19,58
15	100 Back	98 - 97	Men	1:13.00	1.02,42
		96 - 95	Men	1:07.00	59,82
		94 - 93	Men	1:06.00	55,86
		92 and older	Men	1:03.00	58,32
		Handicapped	Men	150% of WR	
16	100 Back	98 - 97	Women	1:15.00	1.07,71
		96 - 95	Women	1:12.00	1.07,75
		94 - 93	Women	1:11.00	1.04,84
		92 and older	Women	1:10.00	1.04,67
		Handicapped	Women	150% of WR	1.32,99 (133%)
17	50 Butterfly	98 - 97	Men	33.00	27,68
		96 - 95	Men	29.50	26,06
		94 - 93	Men	28.50	25,57
		92 and older	Men	27.50	25,26
		Handicapped	Men	150% of WR	28,28 (110%)
18	50 Butterfly	98 - 97	Women	34.00	29,13
		96 - 95	Women	32.50	31,28
		94 - 93	Women	32.00	29,01
		92 and older	Women	30.50	27,01
		Handicapped	Women	150% of WR	32,11 (100%)
19	100 Free	98 - 97	Men	1:03.00	56,98
		96 - 95	Men	56.50	53,33
		94 - 93	Men	55.00	50,24
		92 and older	Men	54.00	50,74
		Handicapped	Men	150% of WR	57,14 (111%)
20	100 Free	98 - 97	Women	1:05.50	58,89
		96 - 95	Women	1:02.50	58,32
		94 - 93	Women	1:02.00	57,82
		92 and older	Women	1:01.50	55,20
		Handicapped	Women	150% of WR	1.05,73 (106%)

Events and Qualifying Times 2011

Saturday continues...					
Event no.	Event	Classes		Qualification time	Winning time 2010(heats)
21	200 Breast	98 - 97	Men	2:55.00	2.34,86
		96 - 95	Men	2:48.50	2.26,28
		94 - 93	Men	2:36.00	2.19,87
		92 and older	Men	2:35.00	2.16,80
22	200 Breast	98 - 97	Women	2:58.00	2.39,68
		96 - 95	Women	2:56.00	2.45,85
		94 - 93	Women	2:53.00	2.41,80
		92 and older	Women	2:48.00	2.31,52
23	4 x 50 Free	Open	Men	--:--	1.34,75
24	4 x 50 Free	Open	Women	--:--	1.48,10

Sunday @ 09:00					
Event no.	Event	Classes		Qualification time	Winning time 2010 (heats)
25	400 Medley	Open	Women	5:35.00	4.54,52
26	400 Medley	Open	Men	4:55.00	4.23,21
27	100 Butterfly	98 - 97	Women	1:14.50	1.04,99
		96 - 95	Women	1:11.50	1.07,66
		94 - 93	Women	1:09.00	1.04,98
		92 and older	Women	1:08.00	1.05,45
		Handicapped	Women	150% of WR	
28	100 Butterfly	98 - 97	Men	1:13.00	1.00,57
		96 - 95	Men	1:05.00	56,73
		94 - 93	Men	1:02.00	58,03
		92 and older	Men	1:00.50	56,00
		Handicapped	Men	150% of WR	1.00,51 (107%)
29	200 Back	98 - 97	Women	2:38.00	2.28,09
		96 - 95	Women	2:33.00	2.18,55
		94 - 93	Women	2:32.00	2.19,54
		92 and older	Women	2:30.00	2.21,68
30	200 Back	98 - 97	Men	2:32.00	2.20,43
		96 - 95	Men	2:24.00	2.11,26
		94 - 93	Men	2:22.00	2.04,84
		92 and older	Men	2:20.00	2.09,52
31	50 Breast	98 - 97	Women	40.00	34,01
		96 - 95	Women	38.50	33,64
		94 - 93	Women	36.50	34,37
		92 and older	Women	36.00	30,98
		Handicapped	Women	150% of WR	53,29 (101%)

Sunday continues...					
Event no.	Event	Classes		Qualification time	Winning time 2010 (heats)
32	50 Breast	98 - 97	Men	38.00	32,31
		96 - 95	Men	35.50	30,93
		94 - 93	Men	33.50	30,16
		92 and older	Men	32.00	29,01
		Handicapped	Men	150% of WR	36,88 (115%)
33	200 Free	98 - 97	Women	2:22.00	2.06,22
		96 - 95	Women	2:18.00	2.05,30
		94 - 93	Women	2:16.00	2.04,74
		92 and older	Women	2:12.00	2.00,52
34	200 Free	98 - 97	Men	2:17.00	2.01,89
		96 - 95	Men	2:08.00	1.56,84
		94 - 93	Men	2:00.00	1.51,45
		92 and older	Men	1:58.00	1.50,02
35	100 Medley	98 - 97	Women	1:15.00	1.06,90
		96 - 95	Women	1:12.00	1.07,65
		94 - 93	Women	1:10.50	1.06,10
		92 and older	Women	1:10.00	1.06,52
		Handicapped	Women	150% of WR	1.36,26 (115%)
36	100 Medley	98 - 97	Men	1:13.00	1.04,02
		96 - 95	Men	1:07.00	1.02,54
		94 - 93	Men	1:03.00	57,36
		92 and older	Men	1:02.00	59,97
		Handicapped	Men	150% of WR	
37	4 x 50 Medley	Open	Women	--:--	2.02,35
38	4 x 50 Medley	Open	Men	--:--	1.44,51



Super final events 2011 & winning times 2010

Friday @ 17:00		
Event	Men winning time 2010	Women winning time 2010
200 Medley	1.57,92	2.15,25
50 Free HC / 50 Free *	22,52	25,29
100 Breast *	1.01,65	1.07,24
50 Back HC/ 50 Back *	24,99	27,64
200 Butterfly	1.58,57	2.06,66
* = A+B finals		

Saturday @ 17:00		
Event	Men winning time 2010	Women winning time 2010
400 Free	3.51,82	4.11,43
100 Back *	53,90	1.00,57
50 Butterfly HC/50 Butterfly *	24,40	26,64
100 Free *	50,36	53,59
200 Breast	2.12,35	2.25,74
4 x 50 Free	1.33,88	1.45,56
* = A+B finals		

Sunday @ 16:00		
Event	Men winning time 2010	Women winning time 2010
100 Butterfly *	53,94	1.00,92
200 Back	2.02,83	2.13,96
50 Breast HC/ 50 Breast *	28,66	30,84
100 Medley *	55,79	1.00,72
200 Free	1.48,62	1.55,78
4 x 50 Medley	1.42,82	1.57,58
* = A+B finals		

URMAKER THV. THORBJØRNSEN AS
DIN OMEGA URMAKER



Tlf: 51 52 07 66 / 900 70 268 Nytorget 12, 4013 Stavanger

OMEGA

Nordsjøstevnet 2011

**First Price
3 classes**



Seamaster

Ω
OMEGA
swiss made since 1848

URMAKER THV. THORBJØRNSEN AS

DIN OMEGA URMAKER I STAVANGER

Tlf: 51 52 07 66 / 900 70 268 Nytorget 12, 4013 Stavanger