

Welcome to Bergen, Bergen Swim Festival and AdO arena

We hope that you have a great time in Bergen and that all the participants end the weekend with good memories from AdO arena.

Here we have tried to summarize some of the information that may be important.

Entrance to AdO arena:

Each participant and trainer/team leader will receive an AdO arena bracelet that allows entrance to AdO arena and is used to lock/unlock the lockers in the locker rooms. It is advised that participants attach the bracelet to your backpack (if it is going into the swimming hall) or around a water bottle. This will help the bracelets to not be forgotten in your hotel room the next day. All bracelets need to be collected pr team and delivered back to the meet office after the finals on Sunday evening. If there are bracelets that are not delivered back the club will be sent a bill for NKr 100,- pr bracelet.

Lockers:

Lockers open automatically each evening at kl 21.00 and are emptied. Nothing can be left in lockers overnight.

Mealtimes:

All meals preordered fra Bergen Swim Festival are served in the cafeteria on the 2nd floor at the following times

- dinner Friday kl 18-20
- lunch Saturday and Sunday kl 12-14.30
- dinner Saturday kl 18-20.30

****If you have forgotten to order meals and would like to do so, it can be done until kl 14 on Friday the 27th of May in the meet office. Orders must be paid for in the meet office at the time of ordering.**

These orders are first come, first served as there is a limited number of extra meals.

The prices are as follows:

- lunch NKr 120,-
- dinner Friday NKr 150,-
- dinner Saturdag NKr 130,-

Hanging start:

During the morning qualifications the hanging start process will be implemented.

Grandstands:

*We would like your help to keep the stands clean. Please throw away your trash and clean up after yourselves before leaving the stands at the end of the session.

*Trainers and leaders should stay in the grandstand area. Only swimmers should be down on the pool deck during sessions.

National records:

If a national record is set by one of your participants please inform the meet office as soon as possible. We do the best we can but not all nations have their record pages updated online.

- Forgotten items will be collected and delivered to the meet office
- On Sunday there will be a locked room to leave luggage in.

Good luck and we hope you have a wonderful weekend in Bergen and the Alexander Dale Oen arena!